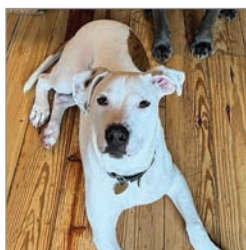




GYMNAST WOWS AT COMPETITION

Hazel Mabey, an 8-year-old gymnast from Wallingford, received a rare perfect score at a recent gymnastics competition at the Royal Regal Classic in Essex Jan. 14-15.

Page 3



DOG FOUND SAFE

Arlo, a 1-year-old pit bull mix, was found safe after a two-day community-wide effort to find him after he escaped a car crash last Friday.

Page 3

EGGS, ARE THEY TOO EXPENSIVE OR NOT COSTLY ENOUGH?

Letter writer offers different perspective.

Page 8



SOLIMANO DISCUSSES FUTURE DEVELOPMENT

Mike Solimano answers questions about the Killington Forward initiative and its impact on the town and resort's future growth.

Page 2

Killington Cup will return

Killington Resort will host its 7th FIS World Cup ski race Nov. 25-26, 2023

The World Cup is returning to Killington for the seventh time next year, the Resort announced Jan. 17. The race features the fastest female alpine ski racers in the world. Part of the International Ski and Snowboard Federation's Audi FIS Ski World Cup Circuit, the Killington Cup is the world's most attended women's Audi FIS Ski World Cup.

The "Heroic" initiative will also be back for the second year in a row, a program designed to empower and create opportunities for women in the ski industry.

The Stifel Killington Cup Giant Slalom and Slalom will be held Nov. 25-26, 2023.

"We are excited to again host this race at Killington Resort. This is an event that draws spectators from around the world to one of the premier resort destinations in the U.S., which continuously puts on the best event of the circuit," said Powdr CEO Justin Sibley.

Mike Solimano, president and general manager of Killington Resort & Pico Mountain, added, "Hosting the Stifel Killington Cup is a great way to kick off the ski season in Vermont. Having the fastest female ski racers in the world compete on our slopes is a source of great pride for our entire team here at Killington & Pico. We look forward to having the athletes, entertainers, and partners back again for a seventh time."

The race brings about 40,000 people to spectate at the base of Superstar over the course of the weekend's events.

"Seeing nearly 40,000 fans at Killington every year shows how incredible World Cups in the U.S. can be," said U.S. Ski & Snowboard President and CEO Sophie Goldschmidt.

The race brings about 40,000 people to spectate at the base of Superstar.



Courtesy Gilmore Home Center

Gilmore Home Center destroyed in fire

By Katy Savage

Gilmore Home Center, which has been part of the Castleton community for more than 60 years, was

destroyed in a fire on Sunday night.

Castleton Fire Chief Heath Goyette said the building is a

total loss. "They're a staple operation in this community," he said. "It's going to be missed."

Fire → 9

With low snow, ski areas focus on 'adapting'

Snowmaking allows resorts to hosts crowds over MLK weekend

By Emma Cotton/VTDigger and Polly Mikula

The start of the winter season has been difficult for snow sport enthusiasts across Vermont—and the Northeast.

Save for one big storm in December in the south-central mountains — when Killington logged 2 feet of snow in one storm — the state (and entire Northeast) has remained mostly shades of green and brown, only occasionally blanketed with a thin cover of white.

Scientists in Vermont have documented the state's rapidly warming winters. As snowmakers at ski resorts hustle to keep pace with the changes in weather conditions, skiers have felt the impacts.

Vermonters have, on occasion, seen less snow and felt warmer temperatures in the winter, even before climate change became a household term. But many people in the snow sports industry say the unseasonable weather has become a trend and it feel less and less like the past "norm."

"I've asked the same thing myself — is this normal?" said Robert Drake, director of Rikert Outdoor Center in Ripton, which hosts cross-country ski trails. "No, it's not normal. This is the worst year that we have seen here

at Rikert in quite some time."

Rikert maintains 55 kilometers of trails. Artificial snow is available on 5 kilometers, and half as many have snow cover.

It's even worst on the Catamount Trail, a network of cross-country ski paths that run the length of Vermont, as it relies entirely on natural snow.

"It's pretty thin everywhere," said Greg Maino, the organization's communication director. "Anecdotally, I know most of our tours that are across the state are being canceled right now."

The Vermont Association of Snow Travelers (VAST), which maintains and grooms over 4,700 miles of trails in Vermont for snowmobiling had zero trails open as of Monday, Jan. 16.

Alpine resorts, too, faced closures. Mad River Glen closed on Monday and Tuesday, Jan. 9-10, to stockpile its artificial snow for the busier days of Martin Luther King Day weekend.

Ry Young, marketing and events manager at Mad River Glen, said every year "presents

Winter temps → 4

New moniker is simply 'Rutland'

Mascot debate settled after 3 years

By Katy Savage

Rutland School Board members settled the mascot debate on Jan. 10 and decided Rutland High School will simply be called "Rutland."

The approval of the name came after three years of contentious debate and community divide about what the mascot should be. The former Raiders mascot, deemed racist, was retired in August 2022.

Principal Greg Schillinger suggested students were fed up with the discussion.

"There are a significant number of students that just really want to be done with this conversation," Schillinger told the board on Jan. 10. "They want to stop and

they want the adults to be done with this conversation."

The discussion about the name Rutland took place over two meetings and was presented as the name chosen by students. But some board members were disappointed the students settled on Rutland and didn't present a mascot.

Board member Marybeth Lennox-Levins, an associate professor at Castleton University and former soccer coach, said at a December meeting she wanted the students to have a mascot.

"It would be great for kids to do what kids do and embrace a mascot," she said at

Mascot → 5

Q&A: Mike Solimano shares his thoughts on Killington Forward

Can you tell readers a little bit about the history of Killington's desire to develop a ski village?

Mike Solimano: In 2001, I was hired as the director of finance, and there was already conversation about developing a village. And, I thought—there's a lot going on in Killington and this is going to be really cool. Despite all the upgrades and investments we've made at the resort, we really don't have much ski-on/ski-off terrain. There are a lot of other resorts that have built villages or lodging near trails where people could ski directly to their door. We're missing both.

Now it's 20 years later, and we have a really good partner in Great Gulf. They have enough money and resources to execute on the plan unrelated to the ups and downs in the real estate market. And, there is a willingness to agree on things to make this happen.

Michael Sneyd from Great Gulf said that the projected Six Peaks Village was "designed with the skier in mind." Is that not true for all ski resorts? How is this one different?

MS: One of the things about Michael Sneyd and his team at Great Gulf, they're actually skiers. They aren't a bunch of people that just want to build condos, make a bunch of money, move on and leave. They're excited about the mountain! Knowing how to build housing is only part of it. They understand that we can't ruin everyone's ski experience while they build the first phase of the village. They know how to adjust, and they'll make sure there's constant access to the lodges and facilities during early stages of construction.

And, they know that the village needs to be a hub of activity. Whether it's something like ice skating or concerts, a lot of people in the area want to come to a place and hang out together. People don't come to Killington for the small, quaint New England feel, right? We're a big, kind of aggressive mountain. That's why we're the "Beast of the East." It can be a little bit of something for everybody, which is awesome.

What seasonal opportunities will Killington Resort be able to develop with this expanded village footprint?

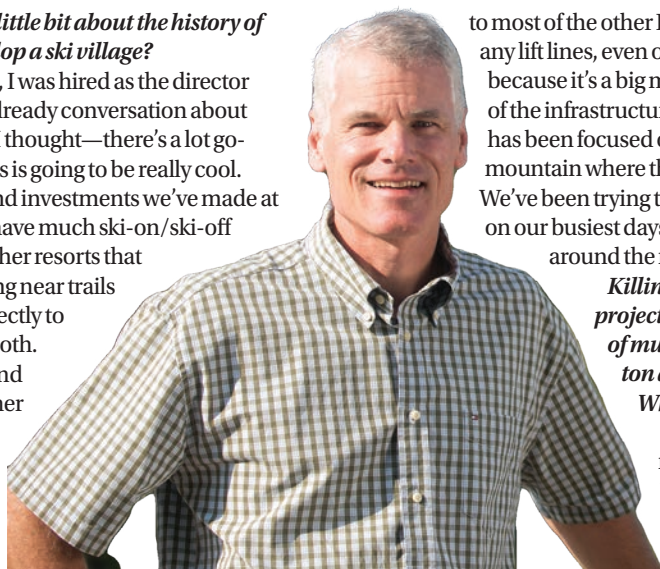
MS: I think the advantage we'll have with the village is the layout, thinking about it as a four-season resort as opposed to just for skiing. We're already running a lift every weekend of the year, all year round. Lift-served mountain biking and gondola rides for hikers or leaf peepers take us right up to the ski season. And then we transition right back to mountain biking on Memorial Day weekend!

The village gives us the opportunity to do a lot of new things, especially if we have enough people. Up until now, we've been working a bit on the margins. Rather than just having mostly local acts, we'll be able to draw much bigger names and special events. With more resources, there can be an added event and marketing budget. We can offer a whole new level of world-class entertainment that will make Killington even better.

The Six Peaks Village is projected to have between 1,935 and 2,300 residential units. How will that influx of housing affect the resort experience? The character of the place?

MS: There's not enough housing in Killington. As a resort, we bought buildings for employee housing, which squeezes the market even more. That wasn't really our ideal solution, but we needed to house our staff. But I feel like the market will keep evolving. Some people will move into the village and that will free up other properties at different price points, and probably raise the overall yield.

Building a village is not really about packing in more people on Saturday—that's definitely not the model. I think the model for us is growing midweek and spreading people out. We want people to have a good experience. If you look at us compared



We're already running a lift every weekend of the year, all year round.

to most of the other Eastern resorts, we barely have any lift lines, even on a busy Saturday. It's partly because it's a big mountain with a ton of lifts. Some of the infrastructure we've put in in the last 10 years has been focused on moving people to parts of the mountain where they haven't historically skied. We've been trying to make it feel less crowded, even on our busiest days, by creating tunnels and bridges around the mountain.

Killington Forward is a multi-faceted project that also involves the provision of municipal, clean water to Killington and major road reconstruction.

Why are these elements important?

MS: One of the most basic needs in the world is clean water. We are probably just starting to figure out what the problems with the water are for Killington as a whole. Every couple months, we have a new business testing positive for PFOAs. It's cost prohibitive. Access to water, and even the challenges of wastewater disposal, has always been the challenge, and historically

a limiting factor in developing properties. We all knew we needed that water for the actual village, but now we can use it for both the village and the town. I think everything is aligned. We're lucky, honestly, that the town and the Select Board understand all those pieces together.

In terms of the road reconstruction, if you can make the road safer with nice lighting, crosswalks, and bus stops, I just think that's going to be a huge improvement for all seasons. We have a lot of staff that are living in buildings along the access road. I love the idea of having a little bus shelter as part of this. People can stay warm and safe, and the bus can actually pull over completely without blocking traffic. The town has been building a sidewalk up most of the road over the last 10 or 15 years, but you still find people going downhill, walking in the right hand lane and there's literally a sidewalk on the other side of the road.

As a resident of the area, what do you think the ripple effect of Killington Forward will be on the area beyond the resort?

MS: This development will help free up the housing market. I think expanding the stock can only help. It's naive to think a new, million dollar condo will help somebody who can't afford the current cost of living in this area. But, I think naturally expanding the housing stock is going to help because more people will be able to spread out. We do need to get more affordable housing. I think between here and Rutland, everybody knows we need more of it.

As voters complete their ballot at home or go to the polls on Town Meeting Day, what do you think they should keep in mind as they consider voting for Killington Forward?

MS: I would ask them, in the last 10 years, has Killington Resort done what they've said they'd do? Have we worked with the town, the residents, and the business owners to make the area better, and more thriving? Do they believe that we've done things in the interest of the whole community and not just the resort? I think most people are going to say, "yeah," and then, hopefully, they'll continue to give us the benefit of the doubt.

There's no doubt that they think this place is better than it was 10 years ago. Most people like to see that we have more people here, businesses aren't closed up in the summer, and people are cutting the grass. All those things come from expansion of our summer business. As the resort expands and does better, everyone in the community does better. Restaurants are finally making and investing money by creating more outdoor patio spaces for year-round capabilities. It becomes contagious. Everybody stepped up their game, which I think ends up being a way better product for everybody else.

College of St. Joseph's assessed for mixed-income housing, child care center

By Tiffany Tan/VT Digger

A Rutland housing organization plans to build dozens of housing units at the former College of St. Joseph and possibly convert an existing campus building into a child care center.

The Housing Trust of Rutland County moved closer to implementing those plans last week, when it secured an option to buy the last available parcel of land at the defunct college. The 30-acre parcel, on the campus's western portion, encompasses two historic buildings and three smaller ones.

The Housing Trust has until mid-March to make a purchase deal with Heritage Family Credit Union, which foreclosed on the college after it lost accreditation in 2019.

"This is one step of a thousand steps we need to take," said Mary Cohen, the Housing Trust's executive director. She declined to divulge the purchase price in the deal, first reported by the Rutland Herald.

With the lack of housing in Vermont reaching crisis levels, the nonprofit organization plans to put up two residential buildings at the shuttered college, with 60 total units of affordable and market-rate residences. The number of affordable housing units has not yet been determined.

"What we do know for sure is that it will be a mixed-income project," Cohen said in an interview.

St. Joe's → 6

Sugarbush submits applications to town for 200+ workforce housing

On Tuesday, January 3, Sugarbush Resort submitted two sets of applications to the town of Warren Development Review Board seeking approval to redevelop the former Rosita's Restaurant and three of the four parcels known as the "Sugar Cube" to house Sugarbush Resort employees.

The Rosita's project contemplates a four-story apartment building housing 16 studio apartments along with four floors of congregate living. The congregate living units include a total of 176 single occupancy bedrooms with shared living, dining, kitchen, bathroom, and laundry facilities.

The Sugar Cube project contemplates rebuilding three existing single-family dwellings. The redevelopment plan includes one 2-bedroom, one 4-bedroom and one 6-bedroom single family dwelling(s).

"We are incredibly excited to bring these projects to the table," said John Hammond, president and COO of Sugarbush Resort. "Workforce housing has been in short supply in the Mad River Valley for a long time. We believe these projects will support the resort's employee housing needs for many years to come."

Both projects are located along the Sugarbush Access Road in Warren, in the vacation residential and/or Sugarbush commercial zoning districts. Construction could begin as early as summer 2023.

The resort is currently housing 212 employees for the current 2022/23 ski season in a mix of owned and rented facilities.

Currently Sugarbush Resort hires approximately 160 international employees and 50 domestic employees for the ski season who require housing to work at Sugarbush during winter months. The resort estimates it will need to house up to 250 employees in the coming years.

Alterra Mountain Company, Sugarbush's parent company, has elevated workforce housing as a top priority across the enterprise and is currently investing \$55 million at Winter Park Resort in Colorado on a 332-bed workforce housing project. Alterra is assessing employee housing needs across all resorts within the portfolio and is now looking forward to making significant investment at Sugarbush towards workforce housing.

8-year-old gymnast from Wallingford scores perfect 10.0

The score is currently the best in the country for Xcel Silver balance beam

Since Nadia Comaneci set the precedent in 1976 with her first score of a perfect 10.0, it's been the dream achievement of most gymnasts in the sport. This past weekend, Jan. 14-15, Hazel Mabey, an 8-year-old from Wallingford, scored Cobra's first ever 10.0 on balance beam at the Royal Regal Classic in Essex, Vermont.

Hazel began gymnastics at Cobra at age 2 and has been on their competitive team since 2020. This is her first year as an Xcel Silver. She is a devoted athlete that spends six hours a week training at Cobra and when asked added, "I've been practicing a lot on my beam at home."

The score is currently the best in the country for Xcel Silver balance beam.

Hazel also captured first place finishes on bars (9.725) and all-around (38.625), setting a record for Cobra as the highest all-around achieved in its 11 years of hosting competitive gymnastics.

Hazelled her team to a second place finish with a score of 115.375.

Teammates Bay Sparks of Castleton (9.8, bars) and Freyja Borgia of Winhall (9.6, floor) also captured gold medals for the Silver team.

Cobra's most advanced team, the Xcel Diamond team, captured first place in the competition winning with a score of 107.575. Karena Kuehl of Rutland won the all-

Gymnasts → 10



Courtesy Cobra Gymnastics
Hazel Mabey, 8, got a perfect score in gymnastics.

Killington community finds missing dog involved in car crash

By Katy Savage

When a dog went missing in the woods after a car crash in Killington, about 40 people teamed up to find him.

They printed fliers, organized search teams, hiked day and night and flew drones.

They found the dog two days later. Arlo, a 1-year-old pit bull mixed breed, was found near the Killington Deli and Market place on Jan. 15.

"I was ecstatic. It was exciting. There were so many people out there looking for this puppy," said Val Hannan, who manages the deli.

Lynne Aylesworth, a manager at Chalet Killington, saw Arlo as she pulled into the parking lot. She parked her car, opened her door and called the dog, according to Nancy Koch, who owns the deli. Aylesworth brought Arlo to the front of the store and held him in her lap.

Koch said Arlo was brought to a vet shortly after.

"He was a little chilly, definitely hungry and tired but he was wagging his tail," Koch said. "I think he was happy to be in the back seat of a car. He was in great shape."

Arlo was in a head-on collision around 4:30 p.m. on Jan. 13 when the pickup truck he was in collided with a tractor trailer.

According to police, Joseph Ceccacci of Killington, the owner of Arlo, was



Submitted
Arlo was found safe after running in the woods for two days.

traveling west on Route 4 in the passing lane heading up Sherburne pass near Winterberry Road in a 2005 Dodge Ram pickup. Witnesses told police Ceccacci's vehicle went into a spin and contacted a tractor trailer that was traveling east down the hill.

Ceccacci's vehicle spun around three times before stopping in a ditch, police said witnesses had reported. Ceccacci was ejected from his vehicle and found lying unconscious beside it where he was administered medical

attention by bystanders. Arlo was seen running into the woods near Winterberry Road just after the crash.

The tractor trailer, operated by Hunter Daniels, attempted to brake but due to icy conditions, traveled across both westbound lanes before hitting the ditch, police said.

Daniels was not injured in the crash, according to police, while Ceccacci was transported via ambulance to Rutland Regional Medical Center with serious injuries.

Daniels told police he had been hauling water but the truck was currently empty. The tanker came to rest blocking both westbound lanes. Traffic in both directions was stopped for approximately two hours before opening up to one lane of travel and then intermittently closed while wreckers positioned for safe removal of both vehicles.

Ceccacci's vehicle was towed by Killington Auto. The tractor trailer was removed by Lyman's Towing of Royalton after emergency officials worked to separate the tractor and trailer.

Off-duty Fair Haven Police Officer Cheri Mcdermott hiked into the woods in an effort to find Arlo just after the crash but could not find him.

Many of Ceccacci's friends worked day and night over Martin Luther King weekend to search for Arlo.

Arlo → 10

LOCAL PEOPLE.
LOCAL SERVICE.

HOME COMFORT
ALL SEASON LONG!

- **HEATING** - Boilers, Furnaces, Space Heating
- Heat pumps
- Water heaters
- Generators
- Smart Home
- Fuel Stops
- Fuel storage tanks
- Propane & Fuel Delivery
- Tank monitoring
- 24/7 Emergency Service



Call us now at 866-326-0535

NO NEWS IS GOOD NEWS?
WE DON'T THINK SO.

WHAT'S THE WORD
ON THE STREET?

Email editor@mountaintimes.info

Come for the View,
Stay for the Experience!



Amazing Views • Sleigh Rides
Spa Treatments • Delicious Meals
Luxurious Stays!

[reservations necessary]

Ask about our 'Winter Special'
Cranberry Butter Cream Spa Treatments



Joanne Pearson

802.483.2311 • mountaintopinn.com

Mountain Top Rd. Chittenden

MOUNTAIN TOP
RESORT

Winter temps: Warm weather has impact from page 1

its own set of challenges, especially these days, living in New England. We see a lot of temperature swings.”

“That’s just part of the business,” he said. “We are a very weather-dependent business, obviously, being a ski area, so, we just need to be flexible and adapt to whatever challenges are presented to us.”

Jay Peak, near the Canadian border, has recently been faring a little better than the rest of the state, according to Mike Chait, the resort’s communications manager.

“It’ll snow for three, four days straight, and you know, pick up all this good snow,” he said. “That’ll open up new terrain temporarily, and then we’ll have one of those meltdown events that forces us to close things down.”

While it’s cold, snowmakers get to work, building up a base that can make it through the next melt event, Chait said.

Killington Resort, known for its snowmaking prowess, has fared better — with 72 of 155 trails open and 13 of 22 lifts as of Tuesday, Jan. 17 — but it’s a far cry from being full open as it usually is this time of year.

The lack of terrain makes trails that are open even more crowded than usual, which is why the resort took every opportunity possible to make snow leading up the the past MLK long weekend. Killington’s snowmaking system can cover 600 skiable acres — about the size of Okemo’s total terrain.

“Our snowmakers have been working around the clock and the past five days of cold temperatures have gotten us back to solid coverage on all open trails,” the resort wrote it’s its Drift newsletter, Thursday, Jan. 12. “Yesterday, patrol dropped the ropes on Highline where huge whales made for some amazing expert skiing and riding. Snow-making continued through the night and the grooming team should have that trail primed for the weekend.”

Killington gets an average of 250 inches of natural

By the end of January, Killington has typically logged 7.5 feet of natural snowfall.



By Glenn Russell/VTDigger

A skier carries their gear at the Mad River Glen ski area in Fayston on Wednesday, Jan. 11. As resorts hustle to keep pace with the changes in weather conditions, skiers and riders are feeling the impacts. Snowmaking is now more crucial than ever.

snowfall each winter. Of that, 18" typically falls in November, 39" in December, 34" in January, 45" in February, 29" in March and about 10" in April on average. In other words, by the end of January, Killington has typically logged 7.5 feet of natural snowfall. This year, it has only recorded 61" total.

Robert Haynes, a meteorologist with the Burlington station of the National Weather Service, said it’s been warmer than normal for the last three months. “The impacts of climate change are being realized on a regional

and local level,” he said. Average temperatures in the last three months have floated between 3 and 5 degrees Fahrenheit higher than normal, according to Haynes. At 52 degrees, the warm weather set a temperature record on Dec. 30. In the Vermont Climate Assessment, issued in November 2021, scientists showed that winters are already getting warmer by almost 2 degrees Fahrenheit since 1900. The freeze-free period has become three weeks longer since 1960. The season for snow sports will continue to become shorter, the assessment says.

“Downhill skiing, with the help of snowmaking, will likely remain largely viable in Vermont up until approximately 2050,” the report states. “By 2080, the Vermont ski season will be shortened by two weeks (under a low emissions scenario) or by a whole month (under a high emissions scenario), and some ski areas will remain viable.”

This winter rain has often been accompanied by wind, which, according to Chait at Jay Peak, melts snow faster than almost anything else.

“Think about it like a hair dryer,” he said. “If you brought in a pile of snow and stuck it on the dinner table and watched it melt, that’s one thing. If you sprinkle some water on it, it’ll melt, but it will also become kind of dense until it meets that critical water content percentage, and then it’ll start to flop away. But if you were to take a hair dryer to it, it’ll go fast.”

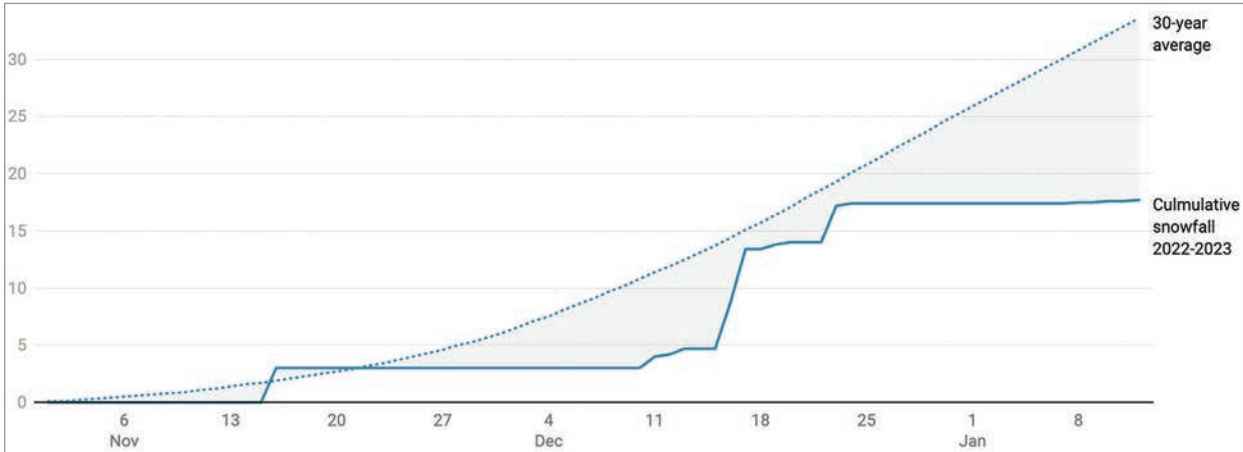
In the last several years, the changes in weather have prompted many resorts to sink large amounts of money into state-of-the-art snowmaking systems, which can deftly cover large swaths of ski terrain.

It’s helped mountains become more flexible, Chait said.

“I think we really, we just try to stay adaptable, and as things change, we try to change with them,” he said. “We do what we can to roll with the punches and make things as snowy as we can as quickly as we can.”

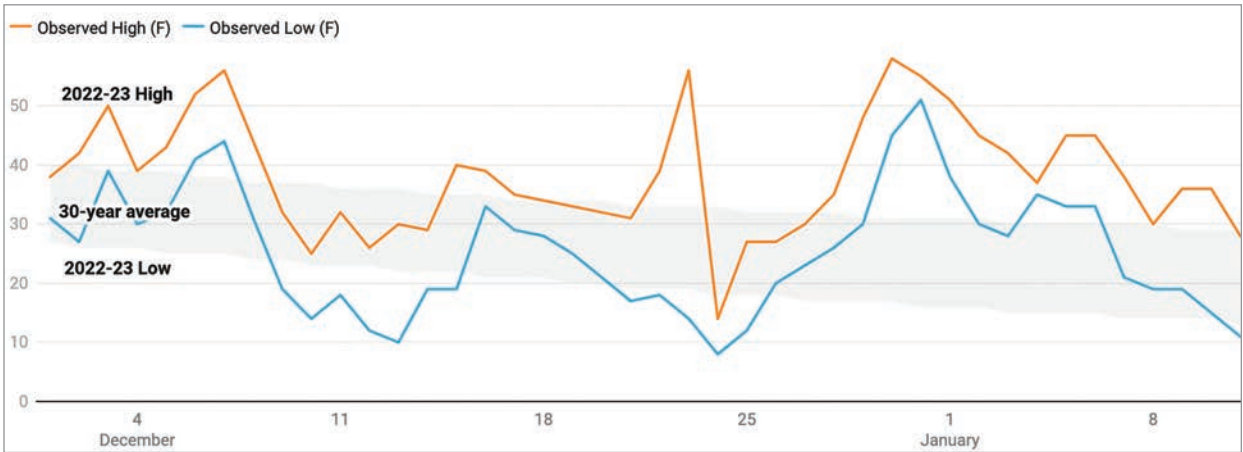
Drake, at Rikert, remembers hearing about the Vermont Climate Assessment through a story on Vermont Public, which highlighted the shortening of the snow sports season. He felt choked up, he said, thinking about his kids and the future.

“It’s such a part of who we are,” he said. “It’s in my kids’ blood, and they’re not super excited to go skiing because the skiing is not fantastic right now this season. So it’s a huge concern of mine.”



By Erin Petenko, VTD, data courtesy of NWS Burlington

Chart shows snowfall totals by month recorded in Burlington compared with the 30-year average. This year it’s about half.



By Erin Petenko, VTD, data courtesy of NWS Burlington

Chart shows Burlington temperatures consistently above the 30-year average (in grey) over the past two months.

Winter weather's ups and downs affect business, skiers/riders

By Victoria Gaither

The calendar says it is the winter season, but mother nature is acting fickle. You never know what to expect from one day to the next. Rain, snow, and a drop in temperature, anything is possible.

Some visitors to Killington were experiencing this up-and-down crazy weather.

Donald Cossack of New Jersey said, "Today, it feels like winter, but we are kind of led to believe that it will feel like spring on Friday."

Cossack was in Killington skiing. It's been 10 years since he skied at the Beast.

Although the weather sends a mixed bag of precipitation, he still praised the mountain for dealing with the lack of natural snow.

"The snow is a little thin on the mountain, but they have done a reasonable job blowing snow where they need to," he said, thus allowing him to have a good experience and leave the mountain happy.

Emma Smith was visiting Killington from Waterbury, Connecticut and had a hard time packing, "What to bring? The forecast was rain one day, cold the next, and a warming," said Smith, a mother of three.

Her solution was to "just pack for three seasons and hope for the best" she said, as she laughed on the side of



Base Camp Outfitters Owner Ben Colona and staff were busy over MLK weekend with eager skiers and riders.

her car for the interview.

"To be in January and see no snow is weird," she said.

Yet, she was grateful for artificial snow, explaining, "It's going this way at ski mountains. At least we get to ski."

Cossack and Smith don't know each other but deal with the same issue, planning a winter vacation season that doesn't feel much like winter.

Rutland builder Jason Johnson isn't surprised by the up-and-down winter weather.

"Everything has changed for me," he said. "We have lost a lot of the winter

season, and it's getting warmer and warmer."

Johnson, who just retired four weeks ago, believes we no longer have four seasons.

"We go from winter to summer, and our winter season is pushed into the summer season," he said.

Still, businesses in Killington always hope for natural snow but understand you can't control a fickle mother nature.

"I think the seasons have shifted a little bit and maybe have been prolonged... it seems like it is harder and harder to nail the Christmas week and the early winter season as well," Base Camp Outfitters owner Ben Colona said.

Three weeks into winter, skier Moe Levy wanted to know where winter is.

"It typically feels like this winter is subpar. It feels like winter, but something is missing. It's not the winters of old," said the New Jersey resident.

Levy left Killington as the Martin Luther King holiday weekend started.

Colona, meanwhile, was gearing up for a busy crowd at Base Camp.

"MLK is a great weekend for us in Killington for all the ski shops people will still be coming into town, and we just try to have a good attitude with it and hope everyone has a great time."

Mascot: Students decide they don't want a mascot at Rutland High School, school will be called "Rutland" from page 1

the Dec. 13 meeting. "I just think we owe the kids more and we can do better than not having a mascot."

Board member Kevin Kiefaber argued the name "Rutland" wouldn't satisfy the issue with the name "Raiders."

"If we don't replace it, people will continue calling us and our teams the Raiders," he said in December. "I think that's a racist situation. I don't think doing that really addresses the issue."

Schillinger explained "Rutland" was picked as the winner after three rounds of voting. The community was asked an open-ended question on the topic.

"Rutland" was the most suggested name at 34 times. The second most frequently requested name was mentioned just 12 times.

The top names from the open-ended question were then put to a vote. About two-thirds of the school community voted in total. Schillinger said 43% voted for Rutland as the new

name, 26% voted for Raptors, 15.8% for Ravens and 14.9% for Red Bulls.

Lennox-Levins said she was concerned for the students who voted against "Rutland."

"I'm a math nerd," she

43% voted for Rutland as the new name, 26% voted for Raptors, 15.8% for Ravens and 14.9% for Red Bulls.

said on Jan. 10. "I look at it the other way around and 57% wanted a mascot, wanted something. I want to be confident this is what they want."

Schillinger assured the board in both meetings that "Rutland" was the name students chose, while explaining nothing was going to satisfy the entire student body. He said the sports teams have been called "Rutland" by default since the Raiders name was retired and in choosing Rutland as a name, "there was

a palpable sense of relief" among the students.

"What the students were describing was, 'We are Rutland,'" Schillinger said in December. "The young people of Rutland are the future of the community."

We are Rutland. We want to honor and respect our community. They talked about the need to do it right now. This is different, this is not like everyone else and I like that."

Schillinger said he recently searched archived images of Rutland High School and saw a blocked "R." He suggested students might use a similar "R" for imagery.

"That's been there for more than a century," he said.

The name was approved on Jan 10 after an original

motion to delay the vote again until June received some pushback.

"We're talking about semantics between moniker and mascot," board member Charlene Seward said. "We move to June and then what? We're going to talk about it again?"

Cathy Solsaa was the only board member to vote against the Rutland name. Solsaa argued earlier in the meeting that a vote wasn't needed since there was no mascot.

"We are already Rutland. Rutland appears on our uniforms...I don't think we need to vote on approving Rutland," she said.

Board member Karen Bossi argued against Solsaa and said a vote was needed.

"I think it's very important that we conclude this," she said, suggesting the debate would only continue in June.

The school board is asking the students to design a moniker by June to be approved by the School Board.

OPEN 11-5PM THURSDAY-SUNDAY & MONDAY 12-5PM

SOUP DOG KILLINGTON
HOMEMADE SOUPS & CREATIVE HOTDOGS
KILLINGTON VT
2822 KILLINGTON RD BEHIND DOMENIC'S PIZZERIA

802-353-9277

Table of contents

Local news	2
State news.....	6
Opinion	8
Puzzles	11
Calendar.....	12
Arts, Dining, Entertainment.....	14
Pets	22
Horoscopes.....	23
Columns.....	24
Classifieds	28
Real estate	29

MOUNTAIN TIMES

is a community newspaper covering Central Vermont that aims to engage and inform as well as empower community members to have a voice.

Polly Lynn Mikula Editor & Co-Publisher
Jason Mikula Marketing Manager & Co-Publisher
Katy Savage Assistant Editor/Office Manager
Lindsey Rogers Marketing/Advertising Consultant
Pat Wise Graphic Designer

Interested in advertising? Call 802-422-2399

Email: lindsey@mountaintimes.info

For classifieds/yard sales: classifieds@mountaintimes.info
For events: events@mountaintimes.info

Contributors:

Julia Purdy
Curt Peterson
Gary Salmon
Dom Cioffi
Mary Ellen Shaw
Paul Holmes
Merisa Sherman
Liz DiMarco Weinmann

Sandra Dee Owens
Brett Yates
Kevin Theissen
Robin Alberti
Dave Hoffenberg
Victoria Gaither
Jim Harrison
Alison Clarkson



©The Mountain Times 2022

The Mountain Times • P.O. Box 183
Killington, VT 05751 • 802-422-2399
Email: editor@mountaintimes.info

mountaintimes.info

GMP to help low income Vters get solar

Green Mountain Power (GMP) is launching two programs to connect income-qualified customers with solar energy that has too often been out of reach for them. The Shared Solar Program (SSP) unlocks incentives in the federal Inflation Reduction Act (IRA) to create a qualified low-income program that saves participants money. Another program, the Affordable Community Renewable Energy (ACRE) Pilot, will use a state grant so eligible customers can take part in new Vermont solar projects, providing them discounts for five years. Together, these new programs will help thousands of eligible GMP customers save money while growing new Vermont community solar.

The projects built for this program will be some of the first in Vermont sparked by the renewable energy provisions of the IRA and state recovery funds. GMP will also look to add energy storage to the projects to create more benefits for all customers, increasing resiliency, strengthening the grid, and further lowering costs.

“These projects will help thousands of Vermonters who are low income reduce their monthly energy statements by unlocking financial benefits in the federal Inflation Reduction Act, all while boosting local solar energy,” said Candace Solar → 29

Half of homeowner pandemic assistance program funding awarded

The Vermont Homeowner Assistance Program (VHAP) has paid over \$22.5 million in grants to assist homeowners impacted by the pandemic. This repre-

To date VHAP has assisted 4,202 households from across Vermont.

sents nearly 55% of total program funding available to homeowners.

Administered by the Vermont Housing Finance Agency, VHAP launched in January 2022 to assist homeowners who have

faced economic hardship brought on by the Covid-19 pandemic. The program, funded by the federal American Rescue Plan Act, provides grants of up to \$30,000 per household towards overdue mortgage payments, utility bills, property taxes, and property association charges. Application assistance and counseling is available through local nonprofit partners.

“We continue to hear that Vermonters are facing challenges with their housing expenses,” remarked VHFA Executive Director Maura Collins. “VHAP remains Homeowner grants → 29

New session, new bills

With the start of the new legislative biennium, all legislative proposals must start fresh. Bills that were proposed on the past, but not enacted, can be re-introduced again, as well as brand new initiatives. In a typical year there may be 600-700 new bills with about 10-15% of them getting enacted into law.



By Rep. Jim Harrison

Each new bill is referred to a committee for consideration. It is that committee that screens the proposals it receives and decides which ones it believes should be taken up given its priorities and time constraints.

During the first two weeks, 68 House and Senate bills have been introduced. Over the next several weeks, hundreds more will surface as lawmakers finalize their ideas for new legislation.

Meanwhile, some highlights:

Democratic legislators are planning to unveil a bill soon to provide up to 12 weeks of paid family leave to all Vermont employees. Qualifying for leave would include the birth or adoption of a child, personal medical issues, victims of domestic violence and more. Each employee would pay a modest payroll tax on their wages, while the employer would be assessed a similar charge on all of their employees. The governor has proposed a voluntary program that employers could opt-in. He vetoed a similar initiative in 2019 because of the necessary tax increase needed for a mandatory plan.

The Senate Judiciary Committee is considering a package of firearm restrictions in a new bill, S.4. The measure includes prohibiting possession of a firearm with a defaced serial number, purchasing of firearms for others not allowed to purchase on their own, possession of firearms by fugitives from justice, possession of semiautomatic assault weapons by persons under 21 years of age, and makes juvenile case records available for background checks conducted prior to new gun purchases for a person under 21.

A new version of last session's Clean Heat Standard, now called the Affordable Heat Act, has been introduced in the Senate (S.5) by the chair of the Natural Resources Committee, Chris Bray along with 12 other Democratic senators. The measure, which was vetoed by Scott last session, would set up a regulated system for the heating fuels industry with tradable credits for reduction measures. The administration has indicated their concern for increased heating costs to consumers and delegating the design of the program to an unelected commission.

Last Friday, Rep. Dan Noyes (D-Wolcott) and I shared a summary of our legislation, H.32, to the House Ways and Means Committee, that would increase the income threshold before social security benefits are taxed. Under current law, there is no Vermont tax on social security benefits for single filers with less than \$50k adjusted gross income and less than \$65k for joint filers. The bill would increase those numbers to \$57.5k and \$72.5k respectively, along with a phase-out and add a CPI adjuster in future years.

The House Appropriations Committee continues its work on the mid-year budget adjustment proposal from the Scott administration. The \$283 million plan includes transferring of funds between agencies based on six months of actual expenses in the current fiscal year as well as some one-time funding initiatives. The additional spending is largely from federal funds, such as Medicaid.

According to a recent poll from Morning Consult, Phil Harrison → 10

St. Joe's: New plans are in place to turn the former CSJ campus into daycare, mixed housing units from page 2

One idea, she said, is to build multifamily units near a wooded area with hiking trails. The Rutland Recreation Community Center, which moved to a building on the main campus in 2019, is currently maintaining some of the hiking trails.

This summer, Casella Waste Systems struck a deal to buy the main campus, where it plans to set up new offices, a training center and employee housing.

Another idea of the Housing Trust — which could address a similarly pressing need in the state — is to open a child care center in what's known as the carriage house. It's among the 19th-century buildings in a section of the campus that used to be the Clementwood estate, once home to Rutland's prominent Clement family and now listed on the National Register of Historic Places.

Cohen said Clementwood mansion, the former family residence, could also be transformed into a venue for events such as concerts and parties. The home was constructed around 1860 in the Italian villa architectural style and is associated with the early development of Rutland's marble industry.

Since the Housing Trust's expertise is in housing rather than child care or events, Cohen said another entity would run those planned facilities.

While the Housing Trust is conducting due diligence on its potential real estate purchase, Cohen said the organization will start raising venture equity capital of \$1 million. The money would go toward predevelopment work on the property, such as feasibility studies on environmental matters and historical conservation.

The Housing Trust also would

be applying for funding, including government grants. “We’re taking one step at a time and figuring out what we need,” Cohen said.

The Vermont Affordable Housing Coalition, which includes the Housing Trust of Rutland County, said the organization's plans are significant, given the “severe shortage” of housing in the state, particularly for people with low to moderate incomes.

According to a report by the National Low Income Housing Coalition, a person in Vermont needs to earn at least

The Vermont Affordable Housing Coalition... said the organization's plans are significant, given the “severe shortage” of housing.

\$23.40 an hour to rent a modest two-bedroom apartment without spending more than 30% of their income on housing.

“Most service-sector workers make much less than that,” said Michelle Kersey, chair of the Vermont Affordable Housing Coalition.

As of 2019, according to data from the U.S. Census Bureau, 26% of renters in Vermont were spending 30-49% of their income on housing-related costs. Another 25% were spending at least 50% of their income on these expenses.

The rental vacancy rate statewide stood at 3.4%, down from 7% in 2010.

In Rutland County, the rental vacancy was at 3.9%, and 65% of the people in the workforce didn't live in the town where they worked.

Kersey said increasing the supply of affordable housing is also key to solving Vermont's workforce shortage.

State legislative leaders have already said housing should be at the top of the agenda when they reconvene in Montpelier next month.

The Rutland Regional Planning Commission said the Housing Trust of Rutland County's plans at the former college will have multiple economic and social benefits. Besides enhancing the area's workforce, it would grow Rutland's grand list of taxable property and attract new residents who would help reverse decades of population decline in the county.

Redeveloping the former college campus “presents some challenges but many opportunities,” said Devon Neary, chair of the regional planning commission.

He said its location outside the city center means local leaders will need to offer alternative modes of transportation to meet increased demand, such as organizing public transit and ensuring bike-friendly routes.

But having the recreation community center, Casella corporate center and the Housing Trust's new residential units in one area “has the potential to create an exciting new dynamic focused on community and economic development,” Neary said.

Heritage Family's president and CEO, Matthew Levandowski, said a handful of other parties had been interested in the campus's western portion but the credit union believed the Housing Trust would be the best fit for the property.

The Housing Trust's presence on the site, he said, would enable the campus “to become a vibrant part of the community again.”

With property values soaring, most Vt. towns need reappraisals

Obstacle: assessors in Vermont are in short supply

By Ethan Weinstein/VTDigger

Two-thirds of Vermont’s 254 municipalities can expect a reappraisal order this year, according to the state’s Department of Taxes. And with so many townwide reappraisals in order, the state faces another issue: a lack of resources to handle the demand.

“There’re not enough firms to go around to do this; that’s a huge problem,” Jill Remick, the tax department’s director of property valuation and review, told the House Ways and Means Committee on Thursday, Jan. 12.

Even towns with full-time assessors almost always contract with a company to perform townwide appraisals, which estimate the value of each property. Those valuations form the basis of property tax bills.

In Vermont, where there have been an average of 16 reappraisals a year over the last decade, there simply aren’t enough appraisers to handle 165 towns.

If a town’s CLA dips to 85% or rises above 115% — signaling a significant change in property values — it triggers a mandatory reappraisal.

Unlike many states, Vermont does not mandate that towns update their property values on a regular basis. With the real estate market ballooning in the last two years, towns’ grand lists no longer reflect reality. Now, municipalities up and down the state will have to find contractors to perform reappraisals, fighting over a dwindling pool of expert assessors.

“Since Covid, we’ve seen a gangbusters real estate market,” Jake Feldman, a senior fiscal analyst in the department, said in the presentation to lawmakers Thursday. Feldman, along with Remick, delivered a presentation on the Common Level of Appraisal, or CLA — a percentage applied to a town’s education property tax rate, which serves to correct the town’s grand list property values.

If a town has a low CLA, it means houses are selling for more than their grand list value.

If a town’s CLA dips to 85% or rises above 115% — signaling a significant change in property values — it triggers a mandatory reappraisal. And according to the state’s 2022 equalization study, 137 municipalities have fallen below the 85% threshold, though they still have the opportunity to appeal their CLA before this spring.

Even the statewide CLA — a metric the tax department calculated to emphasize its point — fell to 83.1%.

“That’s like saying, maybe the whole state needs to reappraise,” Feldman said.

But Vermont lacks the experts required for the statewide demand.

“Not only are there limited numbers of contract reappraisal firms, but many towns have already and are about to transition from elected boards of listers to appointed contract assessors,” explained Lisa Wright, president of the Vermont Assessors and Listers Association, “and there is a very limited pool of qualified individuals for that role as well.”

With few firms to choose from, towns risk sacrificing quality, she suggested, by working with people who lack sufficient experience for the job.

According to Wright, the field suffers from “graying,” and many qualified assessors are on their way toward retirement. Part of her job is figuring out how to recruit more people to the profession.

Ed Clodfelter, a senior appraiser with the Franklin County-based firm New England Municipal Resource

More than 100 of the towns that need reappraisals haven’t done so for more than eight years, according to the tax department’s data.

Equalization Study Results: Number of Towns by CLA Bracket by Year					
	2018 (FY20)	2019 (FY21)	2020 (FY22)	2021 (FY23)	2022 (FY24)
Less than 85%	3	4	5	24	137
85 to 100%	112	150	176	203	110
100 to 115%	142	105	79	33	13
115% or More	3	1	0	0	0

First year listed is the year of the equalization study, second year is the fiscal year impacted

Equalization study results are superseded by a reappraisal CLA, if applicable

CLAs below 85% or above 115% trigger a reappraisal, per 32 V.S.A. § 4041a

Chart courtesy of Vermont Dept. of Tax

Rising property values have triggered a wave of reappraisals across the state; the volume is too much for the limited assessors.

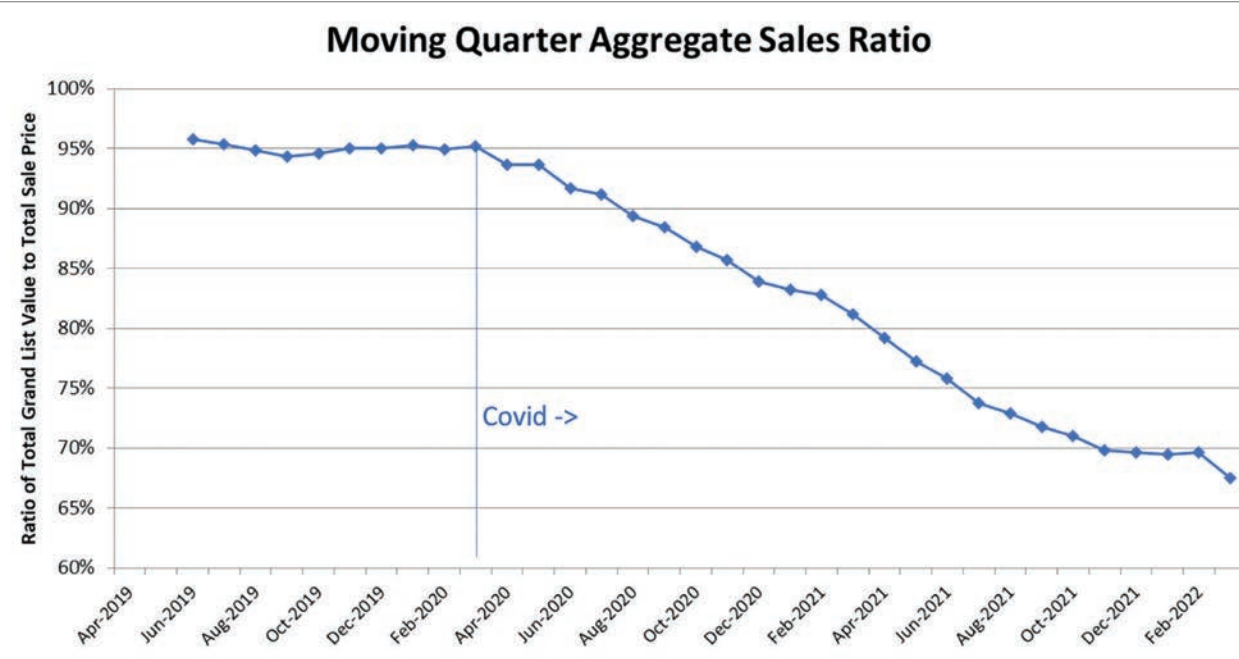


Chart courtesy of Vermont Dept. of Tax

Since Covid, properties have sold for increasingly more than their grand list values; pushing ratios down steeply.

Center, says the firm has already hired extra staff and is continuing to hire to meet the increased demand.

“This is a niche employment career that many do not know about,” he said. “We are always looking for qualified staff,” adding that the company is currently booked through 2025 for projects.

Many states require towns to reappraise on a regular basis, Remick, the property valuation director, told lawmakers on Thursday, calling a four-to-six-year schedule a “national standard.” In Vermont, some towns haven’t reappraised since 2005. More than 100 of the towns that need reappraisals haven’t done so for more than eight years, according to the tax department’s data.

In all likelihood, towns triggered for reappraisal might not be able to book a contractor for several years, and the tax department has never punished a municipality for failing to perform a reappraisal fast enough, Remick said. But every year, towns are required to submit a plan regarding their ordered reappraisal.

Financially, reappraisals shouldn’t burden towns, but that’s not always the case. According to Remick, the projects typically cost about \$100 per parcel. Each year,

towns receive \$8.50 per parcel from the state that they’re supposed to save toward hiring an appraisal firm, but the legislation does allow leeway, and some towns spend the money elsewhere, she said. Plus, with reappraisal firms in hot demand, some towns prove less desirable customers than others.

“There are smaller towns that can’t even get a contractor to reply” to their request for proposals, Remick said. She also pointed out that multiple municipalities can band together to hire a firm, which can solve the conundrum for small towns.

In theory, reappraisals don’t significantly impact the tax burden on homeowners despite the widespread undervaluing of property. If a property rises in value similarly to other properties in town, there should be little effect on an individual’s taxes. Next year, Vermonters can expect to pay 3.7% more in property taxes, even though the statewide CLA dropped more than 8%, according to the tax department.

Next week, the House Ways and Means Committee will reconvene to discuss reappraisals in further depth, according to Rep. Emily Kornheiser, D-Brattleboro, the committee’s chair.

“I know it’s a really hot topic for constituents,” she said. “I’m going to encourage us to learn about it thoroughly, and then do the hot topic-ing next week.”

GUEST EDITORIAL

Covid showed us the value of public investment

By Jack Hoffman

Editor's note: Jack Hoffman is senior analyst at Public Assets Institute (www.publicassets.org), a non-partisan, non-profit organization based in Montpelier. He is a resident of Marshfield currently living in France.

There were two threads running through Gov. Phil Scott's fourth inaugural address last week. One was a clear, even refreshing, acknowledgement of the role that government and money played in the last few years to protect Vermonters and improve their lives. The other was the governor's vision of a future Vermont where all communities, big and small, have the tools they need to be "more dynamic and vibrant."

The challenge of this new biennium will be to keep these two threads connected. Continued public investment—government and money—will be required to provide the kind of infrastructure and services the governor wants Vermonters to have.

Governor Scott painted an inspiring picture of what Vermont could achieve. It's hard to argue with his to-do list. He asked his audience to imagine a state where:

- "Workers and families from Newport to Newfane have equal access to education, childcare, afterschool programs, quality healthcare, good jobs, and decent affordable housing.
- "Vibrant communities include 'mom and pop' stores, restaurants and taverns and broadband
- "Our largest cities and our smallest towns have safe welcoming neighborhoods, healthy downtowns, and reliable and resilient infrastructure.
- "The costs of living and tax burden don't grow faster than paychecks, so families keep more of what they earn, move up, and enjoy the quality of life they've worked so hard for."

If that carried a whiff of pie-in-the-sky, the governor explained that Vermont had already begun to revitalize communities thanks to federal pandemic relief funds and economy stimulus money. Vermont individuals, businesses, organizations, and state and local governments received more than \$10 billion in federal aid in the wake of the pandemic. That money, in turn, stimulated economic activity in Vermont, which produced record-breaking state tax revenues.

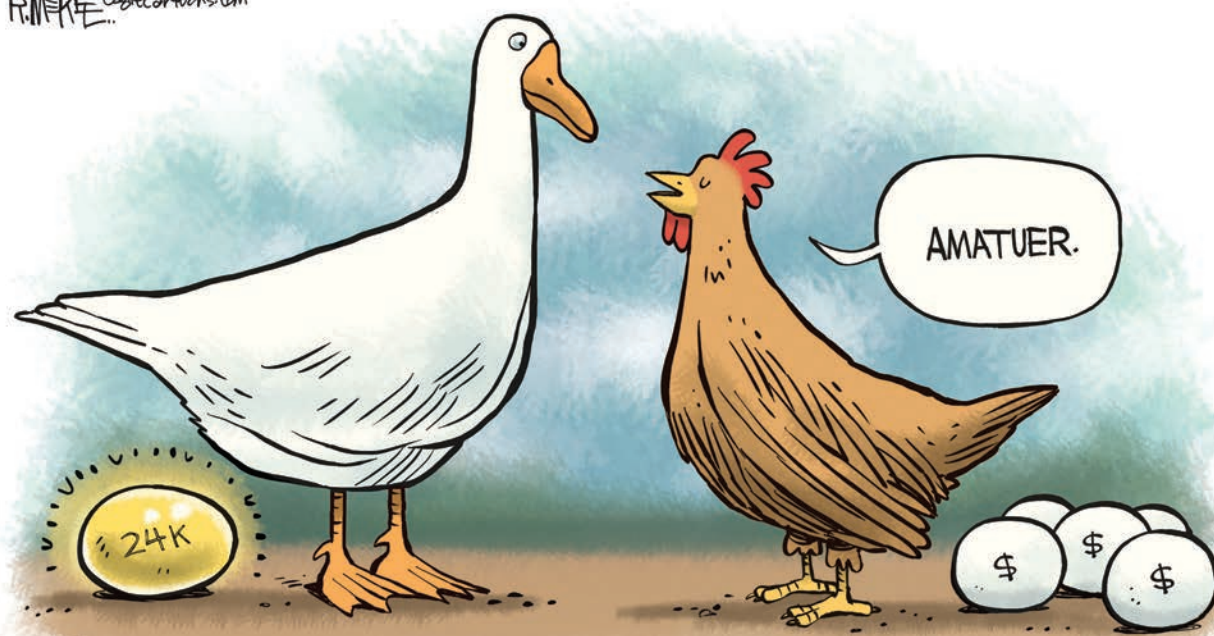
"This isn't just high-flying rhetoric ...," the governor said. "With pandemic recovery funds, we are investing in fundamentals like broadband, water, sewer and stormwater systems, climate change resiliency, housing and economic revitalization."

The governor went on to describe the many serious problems still facing the state: the effects of climate change, the lack of affordable housing, the need for more childcare and pre-k programs, the shortage of workers. He suggested regulatory changes could help with some problems. He also emphasized the need for teamwork, working together, and paying more attention to the individual needs of each community. Another option he seemed to suggest was reallocating money Vermont already spends, including some of the \$2 billion in the Education Fund.

The governor appeared to rule out asking Vermont to contribute more to the effort to revitalize communities. The way to generate more tax revenue, he said, was not by raising taxes, but by making our communities more attractive to new families, new homeowners, new workers, and more schoolchildren.

That's a worthy goal, but improving communities to attract these newcomers will require continued investment after all of the additional federal funds have run out. Vermont has the resources, and we've seen what public investments can do. We just have to decide if we want a future, as the governor described, with equal access to education and childcare, quality healthcare, good jobs, decent affordable housing, safe welcoming neighborhoods, healthy downtowns, and reliable and resilient infrastructure.

R. MCKE cartoonists.com



The GOOSE THAT LAID the GOLDEN EGG

The CHICKEN THAT LAID JUST REGULAR OL' EGGS

Expensive Eggs by Rick McKee, CagleCartoons

LETTERS

Egg prices are not high enough

Dear Editor,

Egg prices have tripled in some states in the past year, largely because of the slaughter of nearly 58 million birds sickened by bird flu.

Yet, no price can possibly justify the cruelty inherent in egg production. When chicks are hatched, all "useless" males are ground up alive or suffocated in large plastic bags. The "lucky" females are crammed five to a wire cage the size of a folded newspaper, where they are unable to spread their wings or display other normal behaviors. The wire floor cuts painfully into their feet, as the walls tear out their feathers. When their egg production drops after 18 months, they are simply ground up for pet food.

But there is more. Eggs contain saturated fat and cholesterol, key factors in incidence of heart disease, stroke, cancer, and diabetes. They also frequently carry food-borne bacteria, which account for 1.3 million U.S. illnesses and 500 deaths annually.

Entering "egg-free" in a search engine returns tons of recipes for delicious, compassionate, healthful, eco-friendly egg substitutes and egg-free food products.

**Rudy Hitchcock,
Rutland**

Traditional Medicare is under attack

Dear Editor,

I've spent my professional life as a primary care pediatrician, mostly in Vermont. Now I'm retired and the beneficiary of Medicare.

I see alarming signs that Medicare, a public good, is being privatized and abused by for-profit insurance companies. Their greed threatens the integrity and sustainability of Medicare.

Medicare Advantage plans are actively hawked on TV by aggressive private insurers who stand to gain handsomely by enrolling healthier younger seniors. Since they are paid based on each patient's medical record, these private companies routinely "upcode" or exaggerate diagnoses to make their patients appear sicker and thus receive enhanced compensation. One can only use doctors "in network" and care is often delayed or denied by requirements of prior authorization for treatments, medications, tests and consultations.

According to an independent analysis by the Kaiser Family Foundation, in 2019 Medicare Advantage plans cost the government \$7 billion more compared to spending for similar beneficiaries under traditional Medicare.

So much of what troubles our current healthcare

system is attributable to the dysfunction of private, for-profit companies seeking ways to milk Medicare for their investors' benefit and to the detriment of seniors.

This is the same "managed care" that was unsuccessful as the HMO model of our recent past. Private companies and accountable care organizations are paid a fixed

Greed threatens the integrity and sustainability of Medicare.

monthly fee to provide care rather than billing for the care rendered, as is customary with traditional Medicare.

Traditional Medicare is chosen by 52% of seniors. It is now the target of a program initiated by the Center for Medicare & Medicaid Innovation of the Center for Medicare and Medicaid Services during the Trump administration called Medicare Direct Contracting. This program has been given the go-ahead to enroll up to 30 million of the 36 million current recipients of traditional Medicare without their consent in a new arrangement with a direct contracting entity, now called REACH.

These direct contracting entities would be permitted to spend as little as 60%

to 75% of their payments on patient care and could keep the rest for profit and expenses. In comparison, traditional Medicare pays 98% of its expenditures on patient care, with only 2% spent for administrative costs. Direct contracting entities have attracted lots of interest from Wall Street investors because they are profitable.

We are still tinkering about the edges of the failed model of health care as a marketplace. It is not, and our health care as a nation suffers from inequality, poor access, and personal expense.

Every other industrialized nation provides nationalized care and gets better outcomes for their public investment in care for all. There are many models, but they are based on the premise of equal access to health care for all. That was the promise of Medicare too, but it is being undermined by greedy insurance companies and investors.

I am reminded of what Winston Churchill said of America: "You can always count on the Americans to do the right thing after they have tried everything else."

**Jack Mayer, M.D., MPH,
Middlebury.**

Mayer is a retired pediatrician. He is a long-time critic of the private health care system in the U.S.

CAPITAL QUOTES

Boston unveiled a new sculpture honoring Martin Luther King and Coretta Scott King on Jan. 13, depicting the moment Martin Luther King, Jr. hugged his wife after receiving the Nobel Peace Prize in 1964. The \$10 million statue, called "The Embrace" received mixed reviews...

"Is it really that hard to get a decent MLK statue? One of the greatest American icons in all of history and I really feel like we can deliver much better,"

said **Meghan McCain**, television personality and daughter of the late politician John McCain.

"This is a piece that was selected by the people of Boston. This is not Hank just came and put something. Thousands of people worked on this, thousands of people actually put it together and no one saw this, I would say, perverse perspective,"

said **Hank Willis Thomas**, the artist.

"For such a large statue, dismembering MLK and Coretta Scott King is... a choice. A deliberate one... Boston's Embrace statue perfectly represents how White America loves to butcher MLK. Cherry-picking quotes about love and violence,"

wrote Washington Post columnist **Karen Attiah**.

"I'm satisfied... Yeah, it didn't have my mom and dad's images but it represents something that brings people together. And in this day and age, when there's so much division, we need symbols that talk about bringing us together."

said **Martin Luther King III**, the eldest son of Dr. Martin Luther King Jr. and Coretta Scott King.

COMMENTARY

OneCare Vt. is improving the quality of care and reducing costs

By Anya Rader Wallack

Editor's note: Anna Wallack is the chair of the OneCare Vermont board of managers.

OneCare Vermont is improving the health of Vermonters and lowering the cost of health care. OneCare is an Accountable Care Organization (ACO). We partner with health insurance companies, hospitals, independent medical practices, community health organizations and community collaborators to improve the quality of healthcare and make it more affordable for Vermonters. OneCare is an important piece of the health care reform puzzle.

OneCare is working. OneCare is improving the quality of care and reducing costs in Vermont.

A primary goal of health care reform in Vermont has been to move health care spending away from the fee for service model, which is how most health care is paid for in the United States. Fee for service means paying for specific services, such as visits, operations or tests on an individual basis. This model is, in large part, responsible for the unsustainable growth in health care costs in the U.S.

In place of fee for service Vermont health

care reform aims to move toward a value-based payment model, which prioritizes and compensates providers based on health outcomes rather than services. In other words, providers are paid for making patients healthy instead of being paid to perform specific services like running tests and operations. OneCare has been the main vehicle for meeting this goal. OneCare was established to manage the transition to value based payments and manage the payment model once implemented.

OneCare has made significant progress toward its goal by holding more than 5,000 Vermont health care providers responsible for the cost and quality of the care they provide through payment contracts. Indeed, between 30 and 40% of Vermont residents will receive care that is partially linked to outcomes-based payments in 2023.

OneCare also makes available support services to providers so that they can reduce costs and improve quality. These services include providing data to help identify which Vermonters need outreach and where areas of care need to improve; fund-

One Care → 10



Fire: Gilmore Home Center os deemed a complete loss in weekend fire
from page 1

Goyette first responded to a report of a vehicle emitting smoke in the parking lot of Gilmore Home Center around 11 p.m. on Jan. 15.

"On my way there, it was the building showing heavy smoke," he said.

Goyette saw no visible flames at first, but minutes later, "The front of the building had opened up and heavy fire was shown all throughout the building," he said. "We just started battling the blaze."

Eleven other fire departments were called in to help. It took fire crews about six hours to put the fire out. Route 4A was closed down in the meantime.

"The fire load was just massive," Goyette said. "We couldn't even begin to overcome it."

Goyette said the fire eventually burned through the roof and ventilated itself while an aerial truck from the West Rutland Fire Dept. poured water from the top.

Extinguishing the flames took the community's help. Two excavation companies — Trudo and Sons and Jack Bowen Excavating from next door started tearing down part of the building with excavators so crews could put

the fire out.

"The hardware portion of the building is a total loss," Goyette said.

Goyette said a lumber yard, which stretches 3/4 of an acre, and Gilmore Home Center's kitchen and bath

"The fire load was just massive," Goyette said.

showroom, called Collaborations, were both salvaged.

"They hope to get a temporary office put up so they can at least keep the lumber yard portion of the business up and going," Goyette said.

It's unclear what caused the fire. The store was open until 2 p.m. on Saturday and it was closed on Sunday when the fire occurred. Goyette said the fire could have been smoldering for a while.

Goyette said a salvaged hard drive with video camera footage might be able to pinpoint the cause.

"Maybe the cameras could pick up where they first saw fire," Goyette said.

The 60-by-125-foot building contained a number of fire hazards, such as stains,

plumbing and electric supplies. The fire is not suspicious at this time, Goyette said. Fire inspectors were on scene on Tuesday, Jan. 17.

It's unclear what the total loss would be assessed at.

"If somebody said it was over \$500,000 to \$1 million it wouldn't surprise me," Goyette said.

Gilmore Home Center thanked the community on Facebook and asked what they would like to see at the location as they plan to rebuild.

"We look forward to serving in the future and will announce our plans as they unfold," the post said, adding, "We can feel the wind shifting now toward a bright future for our community as we process the loss and plan for the next chapter of Gilmore Home Center."

Goyette said he went in the store multiple times a week himself "to pick up odds and ends."

"I'm sure hoping that they are going to rebuild," he said.

Goyette thanked the community, explaining a number of people made the fire fighters hot chocolate and coffee.

"The community was awesome for us," Goyette said.



Volunteers at Gifford Woods State Park searching for Arlo Saturday afternoon.
By Victoria Gaither



Jim Lewis searches for Arlo in Gifford Woods on Saturday, Jan. 14 with Slim Jims.
By Victoria Gaither

Arlo: Killington community rallies to find lost dog after Friday's car crash

"People take their dogs very seriously here in Vermont and particularly here in the community of Killington where everybody does a very good job of looking out for each other," Jim Lewis of Killington said as he searched Gifford Woods State Park for Arlo the afternoon of Jan. 14.

When he was finally found, it was emotional for some. Ceccacci's friend Kevin Olaynack said he was moved to tears.

"This is our community. We are one big family," Olaynack said. "We all just stick together, and when someone is hurting, we pick them up, and when someone is in need, we take care of them."

Koch, a friend of Ceccacci's, said they were just about to set up a feeding station Arlo before he was found.

Koch said she drove around most of Saturday and Sunday searching for Arlo.

"It's one of those things where everyone has the feeling of one more," she said. "We would never regret that one more drive at night."

Ceccacci, who was awake and conscious at the hospital, was immediately told Arlo had been found.

"Joe is very happy," said Koch just after Arlo was found. "His whole family is in tears in the hospital right now, but they are all very happy. It's great; it's awesome."

Koch said Ceccacci is in "good spirits" and expected to make a full recovery.

"He has a lot of broken parts but he's on the mend," said Koch, explaining Ceccacci has a broken rib, a collapsed lung and broken collarbone.

"All he was ever asking about was Arlo," Koch said. "He just wanted updates and leads as much as possible."

A Go Fund Me has been started to help Ceccacci's recovery. About \$35,000 had been raised as of Jan. 17.

"This community is one of a kind honestly. A lot of people come together when they need to, especially in a time of need and hardship," Koch said.

Victoria Gaither contributed to this report.

One Care: Delivering higher quality care, savings from page 9

ing primary care providers with predictable monthly payments; delivering on waivers from rules that get in the way of high-quality patient care; and supporting higher quality care through prevention efforts.

And, again, it's working. Through this work OneCare has been improving the quality of Vermonter's health care while reducing costs. Specifically, OneCare's results include:

Significant health care savings

Savings for Medicare of over \$50 million have been realized since 2018.

Lower costs

Vermont has been able to reduce high-cost services such as inpatient and emergency room visits as well as overall Medicaid cost growth. OneCare achieved Medicare gross spending reductions in all years it was evaluated by the federal government.

Stabilized access to primary care

Due to the predictable monthly funding from OneCare, Vermonters have maintained access to primary care, the heart of a better model for care delivery. Primary Care Health Partners, the largest employer of independent primary care physicians in Vermont, recently wrote, "Had it not been for the [OneCare's] Comprehensive Payment Reform Program (CPR), it is likely several of our practices would not exist today... We believe OneCare's CPR program has been one of the greatest innovative care models aimed at preserving independent primary care in the state."

High quality

OneCare's providers have consistently scored above average on quality of care. For example, in 2021 OneCare providers scored in the 90th percentile nationally for diabetes management.

Stakeholder support

OneCare provides an important, unifying forum for providers, payers, and the state to engage in meaningful discussions about healthcare reform and set goals. The model is also strengthening relationships among a variety of providers, which has proven to be critical during the pandemic.

Overall, providers in OneCare are delivering higher quality care and more savings. Reforming the healthcare system is imperative and we are making progress. While health care reform isn't simple and isn't going to happen overnight, OneCare's efforts to improve the quality of healthcare and lower costs is a giant step in the right direction.

Harrison: from page 6

Scott is currently rated as the most popular governor in the U.S. with an 81% approval by Vermonters.

Several important events will take place this week that could shape much of what the rest of the session will look like. On Tuesday, Jan. 17, the state economists presented an update of their revenue forecast, which could significantly influence the shape of next year's budget and any proposals with an appropriation attached.

Also on Tuesday, will be the release of a report commissioned by the Legislature, with the estimated cost of subsidizing the cost of childcare in Vermont so that no family pays more than 10% of its income. It is expected to call for new taxes to support that benefit level.

And to close out the week, Governor Scott is scheduled to present his budget plan for the fiscal year beginning July 1 on Friday afternoon before a joint assembly of the legislature.

Jim Harrison is a state house representative for Chittenden, Killington, Mendon and Pittsfield. He can be reached at: JHarrison@leg.state.vt.us or harrisonforvermont.com.

Gymnasts: Cobra teams took top prizes at last weekend's Royal Classic from page 3

around (36.9), vault (9.1), bars (9.175) and floor (9.5). Teammates Nadia Tarbell of Danby (9.25, balance beam), Mia Harrington of Danby (8.55, bars) and Maleah Jones of Rutland (8.8, vault and 9.375, floor) also captured gold medals for the Cobra team.

The Bronze team placed second with a 113.775, while the Gold team placed third with a 109.10 at the event.

First place event finishes for the Bronze team include Catherine Welch of Poultney (37.55, all-around), Maddison Larson of West Rutland (9.575, beam) and Charli Fahoury (9.45, bars).

The Cobra team continues its competition season this month with meets in Waterbury, Vermont and Hampton, New Hampshire.



Cobra's Diamond team won the Royal Classic last weekend.
Courtesy Cobra Gymnastics

WORDPLAY

'Bath Safety' word search: Find the words hidden vertically, horizontally, diagonally and backwards

Solutions → 27

I C O M M O D E A V E Z T T A Z R T M L
R S U U I S Y G Z R A D J U S T A B L E
H E E Z L A I S U C I K B W R R E D F P
H O C I B N O T I K T I F E H K E V V T
Y H A N G S A N M C R T F L E I U W A T
T R D I A R L S K I C S M S P A G E E U
E I U E E T J I A T N E M E V O R P M I
F R U P S S S O P A M I P M P T A B G Y
A O M E B I N I R P Y A M G N I L L A F
S E J S M R A T S V E O S I G P K I U T
T H H O K H H R C S S R Y Z Z B C M C I
M O D I F Y K S D D A K Y L I E N V W S
T Z M W U T G G W P S W V S C A L D K M
G K M P I L S N O N N O I T U A C E R P
G S E I H K V S L S M E E D P V G A P R
A P S N M I K N P H R V S H O W E R N G
E J E B S T E P I N C A S R E S I R U D
D I A N H D V I D I A P B P D I H L E I
O O T G R P E M O O R H T A B B E P U B
S E Y N D S A G B H T A S K S D J R J R

- ADJUSTABLE
AGING
ASSISTANCE
BARS
BATHROOM
COMMUNE
- FALLING
IMPROVEMENT
MINIMIZE
MODIFY
NONSLIP
PRECAUTION
- RAILS
RAISED
RISERS
SAFETY
SCALD
SEAT
- SHOWER
SLIPPERY
STEP-IN
TASKS
TEMPERATURE

CROSSWORD PUZZLE

Solutions → 27

CLUES ACROSS

1. Not invited
6. Whale ship captain
10. One point south of southwest
14. Small cavity in a rock
15. Recidivists
17. City of Angels hoopster
19. A way to mark with one's signature
20. OJ trial judge
21. Rice cooked in broth
22. One point east of due south
23. One point east of southeast
24. Complements an entree
26. Grouped by twos
29. Disfigure
31. Woods
32. Political action committee
34. Longer of 2 bones in the forearm
35. Kin groups
37. Philippine Island
38. Contrary to
39. Bluish-gray fur
40. Comprehend the written word
41. Natural depressions
43. Felines

45. Breathe noisily
46. Taxi
47. Pancake made from buckwheat flour
49. Swiss river
50. Foot (Latin)
53. Have surgery
57. Formal withdrawal
58. Monetary units of Peru
59. Greek war god
60. 2,000 lbs.
61. High points

CLUES DOWN

1. Green and yellow citrus fruit
2. A bright color
3. Thicket
4. Journalist Tarbell
5. A place to work or relax
6. Sharp mountain ridge
7. Helicopter
8. Mimic
9. Suggests
10. More musty
11. Large, flightless rail
12. Make beer
13. Soviet Socialist Republic
16. People who can account for you
18. Taunt
22. South Dakota

23. Cover the entirety of
24. Kids' favorite visitor
25. A way to save for retirement
27. Fencing swords
28. C. China mountain range
29. Type of sandwich

30. Team
31. Paddle
33. Partly digested food
35. Most cagey
36. Shoppers make one
37. Cathode-ray tube
39. Food supplies
42. Backbones

43. Concern
44. Blood group
46. Broadway song-writer Sammy
47. Dutch colonist
48. Full-grown pike fish
49. Deity of a monotheistic cult
50. Type of bread

51. S. Nigerian people
52. Scottish tax
53. Young women's association
54. Brazilian city
55. Hide of a young animal
56. Midway between north and northeast

SUDOKU

How to Play

Each block is divided by its own matrix of nine cells. The rule for solving Sudoku puzzles are very simple. Each row, column and block, must contain one of the numbers from “1” to “9”. No number may appear more than once in any row, column, or block. When you’ve filled the entire grid the puzzle is solved.

6				9		4		
			8		4	5		
		7			5			
			7			3		
		4	1					
3		6					9	
4	7			3	1			6
		2						
		5		7				9

Level: Intermediate

Eat, Drink, Shop *Locally*

MOUNTAIN TIMES

Guess Who?

I am a rapper born in Florida on January 15, 1981. My mother threw me out of her house for dealing drugs. I wisely turned my life around and became a music sensation. My stage name is a tough breed of dog.

Answer: Pitbull

KILLINGTON FOOD SHELF

We are stocked with nonperishable food, paper goods & cleaning supplies. Any person in need, please call to arrange a pickup. Donations accepted. Please call Nan Salamon, 422-9244 or Ron Willis, 422-3843.

Sherburne UCC “Little White Church,” Killington, VT

WEDNESDAY JAN. 18

Storytime!

10:30-11 a.m. Kimball Library, 67 N Main St, Randolph. Free. Join Kimball Library for songs, books, and crafts during storytime. Recommended for ages 2-6 but all are welcome. The event will be held outside, weather permitting. For more info visit kimballlibrary.org.

Winter Story Time

10:30-11:30 a.m. Fletcher Memorial Library, 88 Main Street, Ludlow. Free. Story Time is the perfect opportunity for children and caregivers to make new friends, practice early literacy and language skills and have fun! Each week features stories, songs and hands on art or STEM activities. For more info visit: fmlnews.org.

Movers and Shakers

11 a.m. Godnick Center, 1 Deer Street in Rutland. Free. This free program of low-impact exercise is designed for people with Parkinson's, or anyone else who wishes to maintain or improve flexibility, strength, and balance in a supportive and relaxing environment. Start your week off right and work out with us. Call 802-773-1853 to reserve your spot.

RFL Book Club

1-3 p.m. Rutland Free Library 10 Court St, Rutland. Free. Monthly book discussion group, all are welcome! For questions, please contact facilitator Al Wilkinson at alwilkin@comcast.net For more info visit: rutlandfree.org.

Movie/Popcorn

3:30-5:30 p.m. Sherburne Memorial Library, 2998 River Road, Killington. Free. Head to the Sherburne Library in Killington for an afternoon of entertainment with movie and popcorn. Movie: TBA. For more info visit: sherburnelibrary.org.

Chaffee Book Group

4-5 p.m. Chaffee Art Center, 16 South Main Street, Rutland. Free. Book Group will discuss "Atomic Habits: An Easy and Proven Way to Build Good Habits and Break Bad Ones" by James Clear. Group meets 3rd Wednesday of each month. RSVP Required: info@chaffeeartcenter.org or 802-775-0356.

THURSDAY JAN. 19

West Rutland marsh bird monitoring walk

8 a.m. Kiosk on Marble Street in West Rutland. Free. Join our friendly and knowledgeable birders on our monthly marsh walk in this Audubon Important Bird Area. No experience necessary. Go the entire 3.7 mile loop or go halfway. For more info, email: birding@rutlandcountyaudubon.org.

Bone Builders Mendon Seniors

10 a.m. Roadside Chapel, 1680 Townline Road, Mendon. Free. Join Mendon Seniors for their bone building session every Tuesday and Thursday. For more info call Pat 802-422-3368.

Circle of Parents

10 a.m. Virtual. Free. Virtual. Circle of Parents is a professionally facilitated, peer led self-help support group for parents and other caregivers. Participants meet weekly for 60-90 minutes online in virtual meetings. For more info and to join a group contact Amber at amenard@pcavt.org or 802-498-0603.

Storytime: Yarn

10 a.m. Rutland Free Library 10 Court St, Rutland. Free. Storytime promotes early literacy and socialization skills in a fun setting. Each session might offer stories, movement, and an activity. No registration required, free and open to all. Fox Room, Geared towards ages 2-5. For more info visit: rutlandfree.org.

Killington Bone Builders

10 a.m. Sherburne Memorial Library, 2998 River Road, Killington. Free. In the meeting room at Sherburne Memorial Library. Weights provided. For more info visit: sherburnelibrary.org.

Drive-up pick-up meals

12 p.m. Godnick Center, 1 Deer Street, Rutland. \$3.50 donation ages 65+, \$6 fee under age 65. Reservations required. Godnick Center, in partnership with Southwestern Vermont Council on Aging and Meals on Wheels, is providing drive-up pick-up meals on Mondays and Thursdays at noon at the Godnick Center. For more info. visit namivt.org/support/peer-support-groups.

Circle of Parents in Recovery

3 p.m. Virtual. Free. Support group meets weekly online on Thursdays from 3-4:30 p.m. For more info visit: pcavt.org.

NAMI Connection peer support group

3 p.m. Virtual. Free. Struggling with managing your mental health? NAMI Connection Peer Support Group can help. This is a free, 90-minute recovery support group for people living with a mental health condition. For more info visit: namivt.org.

Snow Forts

3:30-4:30 p.m. Sherburne Memorial Library, 2998 River Road, Killington. Free. Head to Sherburne Library in Killington for an activity involving snow forts. Check the library website or Facebook page for updates. For more info visit: sherburnelibrary.org.

Kids painting class

4-5:30 p.m. Chaffee Art Center, 16 South Main Street, Rutland. Free. Participant. Instructor Dale Bills will help kids paint with a 12 inch canvas. Class requires a minimum of five kids. Pre-reg required 802-775-0356 or info@chaffeeartcenter.org. Prep at chaffeeartcenter.square.site.

Circle of Parents for Grandparents

4 p.m. Virtual. Free. Meets weekly online. Run by Prevent Child Abuse VT. For more info visit: pcavt.org.

Yoga with Kellie

4-5 p.m. Rutland Free Library 10 Court St, Rutland. Free. Join Kellie for yoga weekly in the Fox Room. For more info visit: rutlandfree.org.

VINS: A Forest of Lights

5-7 p.m. VINS, 149 Natures Way, Quechee. \$10/adults. \$5/youth (4-17). The VINS Forest Canopy Walk and surrounding woodland will take on a festive look and feel this winter. Covered in thousands of lights, the Forest Canopy Walk will glow with magic and enchantment. Visitors are invited to stroll through the immersive forest of lights and experience the peace and wonder of the Forest Canopy Walk at night. For more info or to purchase tickets visit vinsweb.org.

Book Art

6:30-7:30 p.m. Kimball Library in Randolph. Free. Create art with discarded books. Supplies available at the Library. Bring your ideas. For more info visit kimballlibrary.org.

Open gym: basketball

7-9 p.m. Killington Elementary School Gymnasium, 686 School House Road, Killington. \$5 at the door or \$20 for a 10-visit punch card. Open gym will run until March. Thursdays will be basketball. The cost of entry is either \$5 at the door or you can purchase a 10-visit punch card for \$20. Cash payments or checks will be accepted, no credit cards. You may not purchase punch cards in advance. For more info visit: Killingtonvt.myrec.com.

FRIDAY JAN. 20

All about the arts for ages 3-5

11 a.m.-12 p.m. Chaffee Art Center, 16 South Main Street, Rutland. Free. Students will have fun creating and doing activities with art, music, literature, and more with instructor Lori Sullivan. One free book per student will be given weekly (while supplies last) thanks to our partners at Rutland Free Library. Adult must accompany children under age 4 and must pre-register by Wednesday each week. The class requires a minimum of three students. For more info visit chaffeeartcenter.org.

Lego Play

2-5 p.m. Kimball Library, 67 N Main St, Randolph. Free. Come to the Kimball library on Friday afternoons for free play and creative building. For more info visit kimballlibrary.org.

Explore drawing animals, age 6-12

3:45-5 p.m. Chaffee Art Center, 16 South Main Street, Rutland. \$100 per participant. All supplies included. Students will learn about the principals of drawing with instructor Helvi Abatiell. The four-week course will focus on drawing animals. Course dates are: Jan. 20, Jan. 27, Feb. 3 and Feb. 10. Attendees will receive their own sketchbook. A minimum of five students are required. All must pre-register. For more info visit chaffeeartcenter.org.

VINS: A Forest of Lights

5-7 p.m. VINS, 149 Natures Way, Quechee. \$10/adults. \$5/youth (4-17). The VINS Forest Canopy Walk and surrounding woodland will take on a festive look and feel this winter. Covered in thousands of lights, the Forest Canopy Walk will glow with magic and enchantment. Visitors are invited to stroll through the immersive forest of lights and experience the peace and wonder of the Forest Canopy Walk at night. For more info or to purchase tickets visit vinsweb.org.



**PSYCHIC MEDIUM
LIVE AT THE PARAMOUNT**
FRI., JAN. 20

Psychic medium live at the Paramount

7:30 p.m. The Paramount Theatre, 30 Center Street, Rutland. Tickets are \$63.80 - \$111.50 including fees. America's top psychic medium Matt Fraser will take the Paramount stage Friday. The event is nearly sold-out. He'll give live audience readings at the event. His readings lead guests through a rollercoaster of emotions from laughing to crying, turning skeptics into believers with stunning details. His dynamic readings frequently include names, dates, and locations he couldn't possibly know, only adding to his long-established reputation. Admission to event at the Paramount does not guarantee a reading. For more info visit: paramountvt.org.

SATURDAY JAN. 21

Winter Farmers Market

10 a.m.-2 p.m. Franklin Conference Center, 1 Scale Avenue, Suite 92, Rutland. The Vermont Farmers Market is one of the largest and most diverse farmers markets in Vermont, and the first to operate 52 weeks out of the year. The farmers market bring together as many as 60 vendors. With a seasonal variety of produce, local grass-fed meat, eggs, artisan cheeses, freshly baked breads, jellies and jams, maple products, honey, CBD Products, delicious hot foods, wine and spirits, artisan crafts and more, the Winter Market is a great place to shop, eat and visit. For more info visit: vtfarmersmarket.org.

"The Snowy Day" workshop


11 a.m.-2 p.m. Chaffee Art Center, 16 South Main Street, Rutland. Free. Create your own snowperson! Thanks to our partners, Karen Wurster-Sinax and the Life Intervention Team for their help with this event! For more info visit: chaffeeartcenter.org.

Rutland Railroad Museum & model club

11 a.m.-1 p.m. 79 Depot Lane (off Route 4) Center Rutland. Free. Children of all ages will delight in the HO scale model railroad operating display (HO is a rail transport modeling scale using a 1:87 scale). The depot is now a museum that displays hundreds of rare or antique model trains, photographs, signs and diverse memorabilia saved from an earlier time, including the former Rutland Railroad caboose #45. For more info visit: rutlandrailway.org.

Woodstock Film Series screens "Bitterbrush"

3 p.m. Billings Farm and Museum, 69 Old River Road in Woodstock. Tickets are \$15 for all regular screenings, and \$12 for Billings Farm & Museum members. Hollyn and Colie spend a last, long summer working as range riders herding cattle in remote Idaho. Totally off-grid, and alone with each other, the young women brave inclement weather and perilous work conditions as they ponder their futures. A portrait of friendship, life transitions, and the work of two skilled young women in the isolated and beautiful landscape of the American West, Bitterbrush is an intimate portrayal of a way of life rarely seen on film. Directed by Emelie Mahdavian. 91 minutes. Not rated. For more info visit: billingsfarm.org.

 **Calendar:** Email events@mountaintimes.info from page 12

Playing every town

3 p.m. First Congregational Church, 2596 Route 113, Thetford. Free. Last May composer-pianist David Feurzeig embarked on Play Every Town: 252 free concerts in each of Vermont's 252 towns to combat climate change through the power of community and music. With this project, he will become the first musician to perform in every Vermont municipality. On Saturday, he'll play his 23rd concert at the First Congregational Church in Thetford. For more info visit: visit PlayEveryTown.com.

Cantabile women's chorus presents "All Shall Be Well"

3 p.m. Norwich Congregational Church, Norwich. Adults \$15, seniors \$10, students \$5, children 12 and under accompanied by an adult are free. Tickets are available online or at the door (cash or check only). Cantabile women's chorus, under Director Kathy Sherlock-Green, will perform its winter concert, All Shall Be Well, with accompanist Jeanne Chambers. All Shall Be Well is Cantabile's first winter program in three years and seeks to provide comfort and encouragement through the performance of choral music written for soprano and alto voices. The program explores pieces from across centuries and traditions, including classic works by Mendelssohn, Debussy, Britten, and Faure as well as compositions by Gjeilo, Quartel, Silvey, and many others. For more information visit: CantabileWomen.org.

VINS: A Forest of Lights

5-7 p.m. VINS, 149 Natures Way, Quechee. \$10/adults. \$5/youth (4-17). The VINS Forest Canopy Walk and surrounding woodland will take on a festive look and feel this winter. Covered in thousands of lights, the Forest Canopy Walk will glow with magic and enchantment. Visitors are invited to stroll through the immersive forest of lights and experience the peace and wonder of the Forest Canopy Walk at night. To purchase tickets visit vinsweb.org. For more info or to purchase tickets visit vinsweb.org.

Comedian Brian Glowacki at the Paramount

7:30 p.m. The Paramount Theatre, 30 Center Street, Rutland. \$32 including fees. Glowacki's comedy feels like home. His playful style and originality have quickly taken him from a small town class clown to a nationwide crowd favorite. Glowacki's likability on stage paired with sharp observations on life have quickly catapulted him into one of the nation's premier emerging talents. For more info visit: paramountvt.org.

SUNDAY JAN. 22

36th Annual Rutland Bridal Show

11:30 a.m. Noel's at Franklin Event Center in the Howe Center in Rutland. Tickets are \$6 per person in advance or \$7 at the door. Celebrate your engagement and meet the largest group of the area's top wedding professionals at the Rutland Bridal Show. Visit vendors to find great ideas and offers to make your special day, the very best it can be and enter to win a large selection of prizes. For more information, registration, tickets and an updated list of prizes, visit: Rutlandbridalshow.com.

36TH ANNUAL RUTLAND BRIDAL SHOW

SUN., JAN. 22



Open gym: intermediate/advanced pickleball

2-4 p.m. Killington Elementary School Gymnasium, 686 School House Road, Killington. \$5 at the door or \$20 for a 10-visit punch card. Open gym will run until March. Sundays will be pickleball (for intermediate/ advanced level players). The cost of entry is either \$5 at the door or you can purchase a 10-visit punch card for \$20. Cash payments or checks will be accepted, no credit cards. You may not purchase punch cards in advance. For more info visit: Killingtonvt.myrec.com.

Woodstock Film Series screens "Bitterbrush"

3 p.m. Billings Farm and Museum, 69 Old River Road in Woodstock. Tickets are \$15 for all regular screenings, and \$12 for Billings Farm & Museum members. Hollyn and Colie spend a last, long summer working as range riders herding cattle in remote Idaho. Totally off-grid, and alone with each other, the young women brave inclement weather and perilous work conditions as they ponder their futures. A portrait of friendship, life transitions, and the work of two skilled young women in the isolated and beautiful landscape of the American West, Bitterbrush is an intimate portrayal of a way of life rarely seen on film. Directed by Emelie Mahdavian. 91 minutes. Not rated. For more info visit: billingsfarm.org.

MONDAY JAN. 23

Babies and Toddlers Rock

10-10:30 a.m. Fox Room, Rutland Free Library, 10 Court St, Rutland. Free. A music and pre-literacy program for children 0-24 months with Linda McFarlane. Free and open to all. For more info visit: rutlandfree.org.

A Community of Parents

10 a.m. Wonderfeet Kids' Museum, 11 Center Street, Rutland. Free. The community meets from 10-11:30 a.m. at Wonderfeet Kids' Museum. Snacks provided, siblings welcome. Find connection, education, and a community to share with. They're here to support you during the transition of adding a new baby or child to your family - or whenever you need a community of parents to listen! All parents including expecting parents and caregivers welcome. For more info visit bit.ly/frontlineworkerssupport.

Killington Bone Builders

10 a.m. Sherburne Memorial Library, 2998 River Road, Killington. Free. In the meeting room at Sherburne Memorial Library. Weights provided. For more info visit kimballlibrary.org.

Innkeepers ski and snowboard weekly race

10 a.m. - 12 p.m. Wardance Trail at Okemo Resort. Free. For over 20 years, Okemo has staged a weekly locals ski and snowboard race called Innkeepers. Traditionally held on Tuesdays, it has been switched to Mondays this year. Both individuals and teams of up to 7 sponsored by local restaurants, ski shops and businesses compete in this weekly race series. Both skier and snowboarder courses are set on the Wardance trail. Competitor categories: skiers / snowboarders, male / female, and the appropriate age category ranging from 18 - 70-plus. There is a wide range of abilities from the very competitive to the intermediate skier or rider just out to have some fun. End of the year trophies and of course bragging rights are awarded to the fastest team for the season as well as the team with the highest point total across the various age brackets. This season there will be eight weekly races on Mondays, starting Jan. 2, from 10 a.m.-12-noon. Following the race, the tradition is to be hosted by a local bar for an après-ski get-together from 5-7 p.m. For more information contact okemoracing@gmail.com.

Drive-up pick-up meals

12 p.m. Godnick Center, 1 Deer Street in Rutland. \$3.50 donation ages 65+, \$6 fee under age 65. Reservations required. Godnick Center, in partnership with Southwestern Vermont Council on Aging and Meals on Wheels, is providing drive-up pick-up meals on Mondays and Thursdays at noon at the Godnick Center. Call (802)773-1853 for information or to make a reservation for pick-up.

Bingo

1:15 p.m. Godnick Center, 1 Deer Street in Rutland. Cost varies. Come play bingo at the Gonick Center in Rutland on Mondays at 1:15 p.m. This is a drop-in activity.

Knit Night

6 p.m. Kimball Library, 67 N Main St, Randolph. Free. Bring your knitting - or other handcraft - and enjoy an evening of crafting and socializing. For all ages and experience levels. For more info visit kimballlibrary.org.

Open gym: indoor soccer

7 - 9 p.m. Killington Elementary School Gymnasium, 686 School House Road, Killington. \$5 at the door or \$20 for a 10-visit punch card. Open gym will run Mondays until March for indoor soccer. The cost of entry is either \$5 at the door or you can purchase a 10-visit punch card for \$20. Cash payments or checks will be accepted, no credit cards. You may not purchase punch cards in advance. For more info visit: Killingtonvt.myrec.com.

NAMI Connection peer support group

7 p.m. Virtual. Free. Struggling with managing your mental health? NAMI Connection Peer Support Group can help. This is a free, 90-minute recovery support group for people living with a mental health condition. For more info visit: nami.org.

TUESDAY JAN. 24

Bone Builders Mendon Seniors

10 a.m. Roadside Chapel, 1680 Townline Rd in Mendon. Free. Join Mendon Seniors for their bone building session every Tuesday and Thursday.

Cannabis for Health: Guidelines and considerations presented

12:30 p.m. Jeffords Center Auditorium, Castleton University, Castleton. Free. RSVP required. Jessilyn Dolan, director of the American Cannabis Nurses Association, will present a lecture and discussion panel regarding the advantages and disadvantages of cannabis use from medical and healthcare perspectives. Panel members will include experts from the Castleton nursing department, Cannabis Studies certificate program, and wellness center. Proposed topics for this event include medical cannabis implications and interactions, lab testing and packaging, harm reduction, and more. For more info visit: castleton.edu/calendars.

Chess Club

4 p.m. Godnick Center, 1 Deer Street, Rutland. Free. Like Chess? Come challenge an opponent to a friendly game and hone your skills. To register call 802-855-4533.

Circle of Fathers

4 p.m. Virtual. Free. Fathers Support Group. Run by Prevent Child Abuse VT. For more info visit: pcavt.org.

Movie: "Smallfoot"

3:30-5 p.m. Fox Room Rutland Free Library, 10 Court St, Rutland. Free. Come watch "Smallfoot" on the big screen in the Fox Room of the Rutland Free Library! Snacks will be available for all movie-goers. This program is supported by the Institute of Museum and Library Services, a federal agency, through the Library Services and Technology Act as administered by the Vermont Department of Libraries. For more info visit: rutlandfree.org.

Circle of Parents in Recovery

5:30 p.m. Virtual. Free. Virtual support group. Run by Prevent Child Abuse VT. For more info visit: pcavt.org.

Grief support

6 p.m. VNA & Hospice of the Southwest Region's Rutland office at 7 Albert Cree Drive, Rutland and virtually. Free. The VNA & Hospice of the Southwest Region, (VNAHSR) will provide grief support services both in-person and virtually every Tuesday from 6-7 p.m. at the VNA & Hospice of the Southwest Region's Rutland office on 7 Albert Cree Drive. Led by Spiritual and Bereavement Coordinator, Collin Terenzini. Space is limited. For more info visit: vermontvisitingnurses.org.

The majestic natural beauty of the Grand Tetons

7 p.m. Fellowship Room of the Grace Congregational Church, 8 Court St, Rutland. Free. Follow Sue and Marv Elliott, long-time Rutland birders and Audubon members, as they visit and photograph The Grand Tetons. Learn some of the history, flora and fauna of this beautiful American natural area. For more info, email: birding@rutlandcountyaudubon.org.

Open gym: beginner pickleball

7-9 p.m. Killington Elementary School Gymnasium, 686 School House Road, Killington. \$5 at the door or \$20 for a 10-visit punch card. Open gym will run until March. Tuesdays will be pickleball for beginner level players. The cost of entry is either \$5 at the door or you can purchase a 10-visit punch card for \$20. Cash payments or checks will be accepted, no credit cards. You may not purchase punch cards in advance. For more info visit: Killingtonvt.myrec.com.



For live music events see
calendar on page 15.

Rockin the Region: Royals to play Pickle Barrel

Royals are bringing their pop masterpiece to the Pickle Barrel this Friday at 8 p.m. and Saturday at 9 p.m. I saw them last winter for their first time in Killington and my first time seeing them. I'm really looking forward to seeing the show again. I highly recommend you go as it will be one of the best weekends of the season.



Rockin' the Region
By DJ Dave Hoffenberg

Royals are a four-piece band with Kyle on drums, Mike on bass, Kenny on guitar and Rocco is the lead singer. You can find them on Facebook at "Royalscovers" and on Instagram "@royalsusa."

Rocco described the show and said, "We're a Pop Act. It's high energy. We're non-stop dancing. We don't have any songs that are slow. It's very have a good time, party anthem, Top 40 music. We love if you haven't seen us before because we're new, we're fresh, we're modern. Come have some fun, let's party all night."

Royals loved playing at the Pickle last winter. Rocco said, "Pickle Barrel is easily one of my favorite nightclubs, for the simple fact that it's a vibe that has that friendly atmosphere. Two floors where it's so packed you're right on top of each other and that's what this band loves so much about the Pickle Barrel. It's very connected in a way of we're all together, we're all here with a tight squeeze. Let's have some fun."

Royals play some clubs in New Jersey that are 3,000-capacity rooms. Rocco said, "It's hard to reach that audience all the way in the back. This has a very intimate feel. Everyone is there for a good time. It's one of those rooms where you get off the ski lift and that's the place to be. It's an incredible venue all around. Pickle staff is great, the bartenders are great, owner and the people who come in there. Royals fit so well in that room because of the demographic of that crowd... and we love that we get to play two nights in a row."

They take what they do seriously. They're in rehearsal now two to three times a week, prepping for summer which is their big season. They want to make sure the flow of the set is correct.

Rocco explained, "It's so important we give the crowd the very best show and seem like it's seamless." They don't have to be the tightest band. Rocco added, "So many bands worry about being tight. For us it's the entertaining. We're not a band, we're an entertainment act. That's what's different about this. We're making sure the show is correct. At the end of the day people don't care about the chords, they care about the songs. They have a short attention span, so we have to

make sure we're on our game 24/7."

Rocco started playing the drums when he was 8 and says he always had a passion to play music. He grew up listening to KISS and Elvis. He said, "My parents had me listening to them a lot. I always loved singing; I've been singing forever. I found a passion in the performing end of it. It's what I really wanted to do."

He was a drummer for a band up until high school but knew if he wanted to follow his passion, he had to get off the drums and front. He added, "I play bass, guitar, keys but it took a toll on me freshman year when I realized I had to front. I was watching an old singer of mine and knew I could do 10 times better. I took the reins and lead vocals, and it took off from there."

His current influences include: Maroon 5, Bruno Mars, Charlie Puth, Harry Styles and Michael Jackson.

What sets Royals aside from other cover bands is, they just play pop music. They started out with a variety of genres including rock and heavy metal but knew it wasn't for them. Pop became their identity. Royals have only been on the scene for two short years but it definitely doesn't show. They were an original band in 2016, having released an album, but it was more for fun. When Covid shut everything down, they decided to become a cover band.

Rocco said, "We got to work heavy behind the scenes, getting super tight, trying to find our identity, our brand and how to market this correctly. That's when Royals came about, when we made it a brand."

Their hard work is tremendous but signing with Rob "Monte" Montesdeoca and Monte Entertainment has worked wonders for them since they're now playing all the top clubs.

Rocco said, "It's a power team. When we first met Rob, it was our first time signing with an agency. I was blown away that Rob wanted to work with us. We were so early in our career, but he saw something in us. Rob has now become like my second dad. Rob is the man, he got us to this level. He was the only one who believed in us and what we were trying to do. We wouldn't be anything without him. He really understood us and that's what it's all about."

(I thought only the "Hokey Pokey" knew that, haha!)

And Royals continue to push new limits. Rocco said, "We have so much growing to do and so much stuff to get done but we're not going to stop until we're the best band. I promise we'll be untouchable soon."

That's confidence, not cockiness. There's a big difference and I totally understand.

The band is appreciative of their fans for supporting them.

Rocco said, "We really appreciate all the love and support. I love the show and the atmosphere, performing is just what I do, it's everything to me. I go on that stage with knowing I'm going to be free and if you want to dance, let's dance and if not that's OK because I'm still going to have the time of my life up there."



Royals promise to put on an entertaining show at the Pickle Barrel this Friday and Saturday.

Submitted

[MUSIC Scene]

By DJ Dave Hoffenberg
Have a music scene coming up? Email djdavehoff@gmail.com

WED.
1/18

KILLINGTON
2 p.m. K1 Base Lodge – Live Music
6 p.m. Rivershed – April Cushman
6 p.m. The Foundry – Silas Hamilton
8 p.m. Jax Food & Games – King Arthur Jr

LUDLOW
7 p.m. Off The Rails – Chris Pallutto

QUECHEE
6 p.m. The Public House – Lily Welch

POULTNEY
7 p.m. The Poultney Pub – Open Mic hosted by Danny Lang

RANDOLPH
7 p.m. Kuyas at One Main – Open Mic with host Silas McPrior

RUTLAND
5:30 p.m. Strangefellows – Duane Carleton
9:30 p.m. Center Street Alley – Open Mic hosted by Rick Urbani

WOODSTOCK
5 p.m. Sante – Jim Yeager

THURS.
1/19

BETHEL
7 p.m. Babes Bar – Bow Thayer

BRANDON
6 p.m. Ripton Mountain Distillery – Open Jam

KILLINGTON
2 p.m. K1 Base Lodge – Sammy B
2 p.m. Pico’s Last Run Lounge – Daniel Brown and Silas McPrior
2 p.m. Snowshed’s Long Trail Pub – Live Music
5 p.m. Moguls Sports Pub – Duane Carleton
5 p.m. The Foundry – Ryan Fuller
6 p.m. Liquid Art – Open Mic hosted by Tee Boneicus Jones
6 p.m. Still on the Mountain – Red Daisy Revival
7 p.m. Rivershed – Chris Pallutto
8 p.m. Pickle Barrel – Organically Good Trio
9 p.m. Jax Food & Games – Jenny Porter & Friends

LUDLOW
8 p.m. Off The Rails – Bob & Liz

POULTNEY
7 p.m. The Poultney Pub – Vinyl Night with Ken

QUECHEE
6:30 p.m. The Public House – Name That Tune Bingo with DJ Dave

RUTLAND
6 p.m. Strangefellows Pub – Trivia Night
6:30 p.m. Angler Pub – Open Mic hosted by John Lafave

SOUTH ROYALTON
6 p.m. 802 Pizza – Open Mic hosted by George Nostrand

POULTNEY
7 p.m. The Poultney Pub – Josh Jakab

QUECHEE
5:30 p.m. The Public House – Bobby Sheehan

RANDOLPH
7:30 p.m. The Underground Listening Room - Kristian Montgomery and the Winterkill Band with A Day Without Love

LUDLOW
8 a.m. Okemo’s Six Pack Bubble Lift – Music by DJ Dave
2 p.m. Jackson Gore Courtyard – Apres Afternoon with Tony Lee Thomas
3 p.m. Okemo’s Sitting Bull Lounge – Acoustik Ruckus
6:30 p.m. Calcuttas – Silas McPrior
8:30 p.m. Off The Rails – Bear Mountain Boys

QUECHEE
5:30 p.m. The Public House – Eric King

SUN.
1/22

KILLINGTON
12 p.m. Rivershed – Brunch with Brother Other
1 p.m. Pico’s Last Run Lounge – Duane Carleton
2 p.m. K1 Base Lodge – Live Music
2 p.m. Snowshed’s Long Trail Pub – Pallutto & Prior
5 p.m. The Foundry – Summit Pond Jazz
6 p.m. Liquid Art – Tee Boneicus Jones
6 p.m. Rivershed – Trivia
7 p.m. Pickle Barrel – Egg
9 p.m. Jax Food & Games – Jenny Porter

STOCKBRIDGE
7 p.m. Wild Fern – Live Music

SAT.
1/21

KILLINGTON
1 p.m. Bear Mountain Base Lodge – Chris P & Josh L Duo
2 p.m. K1 Base Lodge – Live Music
2 p.m. Pico’s Last Run Lounge – Live Music
2 p.m. Snowshed’s Long Trail Pub – Live Music
4 p.m. Pickle Barrel – Happy Hour with Jamie’s Junk Show and special guest opener Jenny & Liz
5 p.m. Mary Lou’s – All Request Apres Ski with DJ Dave
6 p.m. Rivershed – Brother Other
6 p.m. Still on the Mountain – Sammy B
6 p.m. The Foundry – Jenny Porter
6 p.m. Wobbly Barn – Krishna Guthrie Band
7:30 p.m. McGrath’s Irish Pub – Donal O’Shaughnessy
8 p.m. Moguls Sports Pub – Duane Carleton
9 p.m. Jax Food & Games – Aaron Audet Duo
9 p.m. Pickle Barrel – Royals
9:30 p.m. Wobbly Barn – Nine Deez Nite

LUDLOW
7 p.m. Off The Rails – Karaoke

PITTSFIELD
8 p.m. Clear River Tavern – Gully Boys Trio

MON.
1/23

KILLINGTON
2 p.m. K1 Base Lodge – Duane Carleton
5 p.m. Mary Lou’s – BAK’n
6 p.m. Rivershed – Acoustik Ruckus
6 p.m. The Foundry – Blues Night with the Chris P Trio

LUDLOW
7 p.m. Off The Rails – Sammy B
8 p.m. The Killarney – Open Mic hosted by King Arthur Jr

WOODSTOCK
5 p.m. The Village Inn – Jim Yeager and Jeff Stedman

TUES.
1/24

KILLINGTON
2 p.m. K1 Base Lodge – Silas McPrior
5 p.m. Mary Lou’s – Mountain Music with Bow Thayer & Jack Snyder
6 p.m. Jax Food & Games – Taco Tuesday with Rick Webb
6 p.m. Rivershed – Name That Tune Bingo with DJ Dave

LUDLOW
8 p.m. Off The Rails – SINGO

POULTNEY
7 p.m. The Poultney Pub – Open Bluegrass Jam

QUECHEE
5 p.m. The Public House – Jim Yeager



THE LOGGER
Rusty Dewees
Comedy and Music Show
"the NEW and the OLD"

Fun For the whole family ... almost.

West Rutland Town Hall
Feb 18, 7:30
Reserve call 802-793-1901
Benefits Town Dog Park
Rated "sc" some cussin
\$22.00

MOGULS
SPORTS PUB

THE GAME ROOM IS BACK

**PIZZA~BURGERS~WINGS~BBQ RIBS
SALADS~GYROS~ 16 DRAFT BEERS**

**FREE POOL WEDNESDAYS
20 TV SCREENS
GAME ROOM~DARTS**

**3 NFL TICKETS
SUNDAY FOOTBALL
IS ON**

**LIVE ENTERTAINMENT
THURS, FRI & SAT**

**WE’VE GOT YOUR GAME
OPEN WED. - SAT. @ 3P.M.
SUN. @ NOON**

**ON THE KILLINGTON
ACCESS ROAD**

**TAKE-OUT
802-422-4777**



Submitted

Find common (and perhaps rare) birds during a morning walk at the marsh this Thursday.

Audubon West Rutland marsh bird monitoring walk held Thursday

Thursday, Jan. 19 at 8 a.m.—WEST RUTLAND— Join our friendly and knowledgeable birders on our monthly marsh walk in this Audubon important bird area. No experience necessary. Go the entire 3.7-mile loop or go halfway. Meet at the marsh boardwalk kiosk on Marble Street in West Rutland at 8 a.m. All are welcome! For more info, email: birding@rutlandcountyaudubon.org.

CHOICES

RESTAURANT & ROTISSERIE

In-house made pasta, breads, and desserts

21+ Wines by the glass Chef owned

Dine in or take out:

2820 Killington Rd
802.422.4030
ChoicesVT.com

Thurs-Mon 5-9PM
Brunch Sundays
11am-2:30




GREEN MOUNTAIN ROCK CLIMBING CENTER

INDOOR

www.VERMONTCLIMBING.COM

Open:
Mon thru Fri 3-9
Sat & Sun 12-5



RUTLAND | 802-773-3343 | 223 WOODSTOCK AVE, RT.4

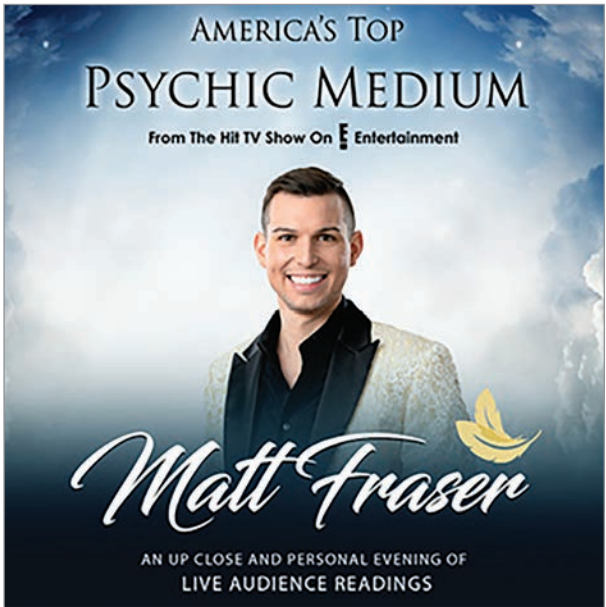
Psychic medium to give live audience readings at Paramount

Show is nearly sold out

Friday, Jan. 20 at 7:30 p.m.—RUTLAND—Matt Fraser is America's pop psychic medium and star of the hit television series on E! Entertainment.

His sold-out live events, television appearances, and spiritual teachings have allowed him to bring healing, hope and laughter to a global audience of fans and followers from all around the world. From heartfelt emotional readings to stunning revelations, Matt Fraser has audiences on the edge of their seats with his outrageous personality and unique approach to mediumship.

His readings lead guests through a rollercoaster of emotions from laughing to crying, turning skeptics into believers with stunning details. His dynamic readings frequently include names, dates, and locations he couldn't possibly know, only adding to his long-established reputation. Fraser's uncanny abilities and extreme accuracy have allowed him to reach millions world-wide from A-list celebrities and



Submitted

America's top psychic medium Matt Fraser takes the stage on Friday at The Paramount.

influencers to everyday people looking to get in touch with those they have lost.

The bestselling author of "When Heaven Calls," he has caught the attention of major media outlets across the nation including the New York Times, People magazine, and CBS Radio. He has also been a sought-after guest on

popular TV shows such as "The Real Housewives," "Botched," "The Doctors," and many more.

Admission to the event at the Paramount does not guarantee a reading.

Tickets are \$63.80 - \$111.50 including fees (only a few in the balcony remained as of Monday, Jan. 16). For more info, visit: paramountvt.org.

Comedian Brian Glowacki takes the Paramount stage, Saturday

Saturday, Jan. 21 at 7:30 p.m.—RUTLAND—Brian Glowacki's comedy feels like home. His playful style and originality have quickly taken him from a small town class clown to a nationwide crowd favorite. Glowacki's likability on stage paired with sharp observations on life have quickly catapulted him into one of the nation's premier emerging talents.

Glowacki is the national touring

opener for comedian Bob Marley as well as headlining many clubs and festivals on his own. Most notably he became the first independent, local comedian to headline the historic Wilbur Theatre in Boston. "BGlow" has performed on the Funny or Die "Oddball Comedy and Curiosity Festival." He received "Best of Fest" honors at Burbank Comedy Festival, Big Pine Comedy Festival and San Diego Comedy Festival. He connects daily to his growing tribe on social media through short videos about his family and his travels.

Tickets are \$32 including fees. For more information visit: paramountvt.org.



Submitted

"Comedian Brian "BGlow" Glowacki



Vt. musician aims to play every town

252 community concerts aim to bring awareness of climate impacts

Saturday, Jan. 21, at 3 p.m. — Thetford — Last May composer-pianist David Feurzeig embarked on "Play Every Town": 252 free concerts in each of Vermont's 252 towns to combat climate change through the power of community and music. With this project, he will become the first musician to perform in every Vermont municipality.

On Saturday, he'll play his 22nd concert at the at the First Congregational Church, 2596 Route 113, in Thetford. Admission is free. Donations will be accepted to benefit 350 Vermont (350vermont.org).

He is traveling in his solar-charged electric vehicle throughout the state, offering free concerts to bring attention to the interrelated issues of climate and community, while bringing the joy of music to his audiences.

"Like so much of our everyday life, routine jet travel is unsustainable—which means something it's literally not possible to keep doing. I want to model a performance culture that doesn't require hopping on a plane and flying all over the world," Feurzeig said.

"I want to support Vermont's local communities with live performance in village centers and downtowns, while fulfilling UVM's mission to serve as a resource for the whole state," he added.

Feurzeig, a professor of music at UVM since 2008, specializes in genre-defying recitals that bring together an astonishing variety of musical styles, from ancient and classical to jazz, avant-garde, and popular traditions. These striking juxtapositions, peppered with informative and humorous commentary,

create eye- and ear-opening programs that will change how you hear all kinds of music.

Each program includes customization to the time or place. The Ludlow program featured "Happy Birthday Martin," Feurzeig's tribute to Martin Luther King, born this day in 1929. Like every performance on the tour, this one will include its the appropriate Scarlatti keyboard sonata: Sonata No. 22 for this 22nd concert in the project. The concert will include ragtime in surprisingly varied styles from Joplin to contemporary works, including Feurzeig's "Stride Rite," a ragtime parody of Stravinsky's "Rite of Spring," and "Celebration Rag" by Vermont composer Preston Murph. Short classical pieces will round out the program, including "Another Time" by Vermont composer Eve Beglarian.

Feurzeig finds his approach attracts new audiences to classical music and brings new insight to existing fans.

"Classical music culture puts the 'Great Composers' on an almost religious pedestal. Once this was an indication of the audience's love and respect, but it distances people from the music. It turns away new listeners, who feel like they're in a stuffy museum instead of a live concert," he explained.

"Sure, the music can be serious, but there's no reason anyone should feel intimidated. And if I don't get a laugh from the audience in the first two minutes, I get worried!"

In summary, Feurzeig added: "Not just for stars, but in academia as well there are pressures on musicians to travel far and wide, to maintain an international presence. We take this and a thousand similar practices for granted—but they're simply not compatible with a livable world."

For more info: Instagram, find up-to-date events for your town via Facebook, or visit PlayEveryTown.com.



Submitted

Composer-pianist David Feurzeig has embarked on "Play Every Town," set to become the first musician to perform in every Vermont municipality.



LIQUID ART

COFFEEHOUSE & EATERY

Open DAILY

- Live Music *
- THURSDAYS: OPEN MIC
- SUNDAYS: T BONEICUS JONES

More than just Coffee

Healthy Fare
Dine In or Take Out

BREAKFAST | LUNCH | DINNER

Mon - Wed 8am - 3 pm | Thurs & Fri 8am - 9pm | Sun 7am - 9pm

KILLINGTON, VT | 802-422-2787 | LIQUIDARTVT.COM

MAPLE Sugar & Spice

VERMONT

Come to our sugarhouse for the best breakfast around! After breakfast, check out our gift shop for all your souvenir, gift, and maple syrup needs. We look forward to your visit!

Dine-in or Take-out available.

Serving Breakfast & Lunch
7a.m. - 2p.m. daily

Check out our menu online!

Sugar & Spice Restaurant & Gift Shop
Rt. 4 Mendon, VT
802-773-7832 | www.vtsugarandspice.com

SANA

AT STOWE

The Strength to Heal

At Sana, we offer trauma-informed medically assisted treatment for substance use disorders in a beautiful, serene, and private setting. Our mission is to create the foundation for long-term recovery and restoring quality of life.

Our Pillars

Health ~ Comfort ~ Wellness ~ Recovery ~ Growth

866-575-9958 | sanastowe.health

Accepting all private insurance & in-network with major insurance plans

SUSHI YOSHI

CHINESE GOURMET HIBACHI STEAKHOUSE

WE WILL, WE WILL, WOK YOU.

Mid-way up Killington Access Rd.
Open for Indoor Dining, Take-Out and Delivery
Serving Lunch & Dinner Tues.-Sun.
vermontsushi.com • 802.422.4241

HIBACHI | SUSHI | ASIAN

WINDSOR CENTRAL SUPERVISORY UNION

2023/2024 Prekindergarten Registration

Barnard Academy • Killington Elementary
Reading Elementary • Woodstock Elementary

The application window for new PreK students is now open through January 20, 2023.

In-district resident families with children who have reached the age of three or four years old by September 1, 2023, can submit an application for the 2023/2024 prekindergarten school year. If you are interested in a private or out-of-district PreK program, Act 166 funding is available to district families to help offset tuition. Please visit <http://www.wcsu.net/prek> for more information and to access the Step 1 application.



Inn at Long Trail

McGrath's Irish Pub

Pub Open Daily @ 11:30 a.m.
Jan 6 & 7 Open @ 3 p.m.

Live music:
Donal O' Shaughnessy
Fri. & Sat. 7:30 p.m.

#1 Après SKI DESTINATION

Rte. 4 between Killington & Pico
802-775-7181
innatlongtrail.com
 Rooms & Suites available

Deer Leap 2.2 mi. from start to

GUINNESS

ESTD 1759

Facebook icon

36th annual Rutland Bridal Show is Sunday

Sunday, Jan. 22 — RUTLAND—Celebrate your engagement and meet the largest group of the area's top wedding professionals at the Rutland Bridal Show. Visit vendors to find great ideas and offers to make your special day, the very best it can be and enter to win a large selection of prizes.

The largest number of engagements happens from Thanksgiving to Valentine's Day — over the holidays as couples plan to spend time with family and want to share their exciting news.

Vermont Wedding Association (VWA) has been presenting bridal shows since 2001 and they have been voted the top bridal shows in the industry by brides, grooms and wedding professionals.

The 36th annual Rutland Bridal Show is at a new location: Noel's at Franklin Event Center in the Howe Center in Rutland. Noel's

Specialty Food & Catering has over 25 years experience as a full-service, award-winning, versatile catering company. Come see what your wedding could look like at the recently re-opened Noel's at Franklin Event Center where so many have had amazing and memorable events!

Grand prizes include packages from Noel's at Franklin Event Center, The Barnstead Inn, PumpTech Luxury Restrooms, The Vermont Inn, Sound Wave Entertainment, Tri-Sate Transportation, Melissa Seabury Photography and Flowers 4 All.

Doors open at 11:30 a.m. with grand prizes awarded at 2 p.m. Tickets are \$6 per person in advance or \$7 at the door; purchase four and get the fifth free.


For more information, registration, tickets and an updated list of prizes, visit: Rutlandbridalshow.com.

Jan. 22

Donor match

Everyday approximately 6,000 patients who need life-saving marrow are searching for a donor match. For over 13 years the Vermont Wedding Association has partnered with Kerry Ellis and the Marrow Donor Program at Rutland Regional Medical Center donating a table at each of our bridal shows to welcome couples and their families to find a match.

VWA is pleased to share that we have found a match at five of our shows and some have gone on to become donors!



TOWN OF KILLINGTON VERMONT

NOTICE OF PUBLIC HEARING

Monday, January 30, 2023 at 6:00 PM

The Selectboard of the Town of Killington will hold a public informational hearing to consider approval of a ballot item for Town Meeting Day (March 7, 2023) on a bond vote for the Killington Tax Financing District (TIF), to be serviced by tax increment financing. At this hearing, information will be provided to the voters on the amount of TIF District debt proposed to be incurred, the expected improvements to be financed to serve the TIF District, the estimated amount and type(s) of financing, the estimated related costs to be paid from TIF incremental revenues, whether interfund loans or interim financing will be used, and the anticipated development expected from the financing for the TIF District.

The public hearing will take place on Monday, January 30, 2023 at 6:00 P.M. at the Killington Public Safety Building at 800 Killington Road.

The Public Hearing will precede a Selectboard Meeting which is expected to begin at 7:00 P.M. at the Public Safety Building at which the Selectboard will consider the ballot item.

"Cannabis for Health" to present guidelines and considerations

Tuesday, Jan. 24 at 12:30 p.m.—CASTLETON—Jessilyn Dolan, director of the American Cannabis Nurses Association, will present a lecture and discussion panel regarding the advantages and disadvantages of cannabis use from medical and healthcare perspectives at 12:30 p.m. on Tuesday at the Jeffords Center Auditorium at Castleton University. Panel members

will include experts from the Castleton nursing department, cannabis studies certificate program, and wellness center. Proposed topics for this event include medical cannabis implications and interactions, lab testing and packaging, harm reduction, and more. This event is free and open to the public. Advance sign-up is required at: castleton.edu/calendars.



Cannabis lecture to be given by Jessalyn Dolan at Castleton University on Tuesday.

Submitted

Youthful pickers exhibit treasures

By Curt Peterson

Fourteen-year-old Abraham Dunne of Hartland has selected pieces from his “treasure trove,” for display in White River Junction as a “One Piece Curation” reserved by the Main Street Museum “for younger folks involved firsthand with storytelling through museum curation.” His finds will be exhibited until March 31.

Dunne, an engaging, articulate and poised freshman at The Sharon Academy, first found his passion for collecting when he found a 1914 U.S. quarter among his foreign currency collection.

“After that I went into the rabbit hole of treasure hunting,” he says in the museum brochure. Subsequently he got into metal detecting.

Dunne lives with his parents, Matt Dunne and author Sarah Stewart Taylor, in an 18th-century farmhouse on Clay Hill Road, where his mother also raises sheep. On the 100-acre property is “an old dump in a ravine.”

“I was showing my friends the dump and saw a little bottle sticking out of the top of it,” Dunne said. “It turned out to be an 1890s French perfume bottle.”

“I really started getting into dump-dig-

ging,” he says. He told the Mountain Times he wants to become a professional archaeologist.

Most of his finds have come from the ravine or wide-area metal detecting.

Among the 23 interesting items on display is an elaborate cast iron clock frame (*sans* clock), probably used as marketing swag around 1885 for J. C. Child’s “Green Label Beef Iron and Wine,” which Dunne says had “the alcohol content of vodka.”

Dunne has found two antique cast iron cap guns — his favorite is in the display, and is probably one of the latest made, circa 1920s.

His Whiting & Davis Co. mesh purse, also from the 1920s, is in amazing condition with a fragile metal chain strap.

The most eerie treasure is a tiny ceramic figure called a “frozen Charlotte doll,” made sometime between 1850 and 1920. There was a ballad about a vain girl who traveled in winter without warm covering because she wanted to be seen, and froze to death.

“The bright white color of the dolls made people think of the song,” he said.

White River Junction is an “up and coming” area destination town, boasting galleries, the Center for Cartoon Studies, the Northern Stage, the Amtrak station and shop, a couple of good restaurants and, last but not least, the Main Street Museum.

The first challenge is finding the museum (Hint: use your GPS) at 58 Bridge St. (yes, not Main Street), but the hunt is worth it.



Submitted

Abe Dunne showcases some of his unique collections. The 14-year-old will be displaying his finds through March.

JANUARY 22 RUTLAND BRIDAL SHOW 2023

36th Annual Rutland Bridal Show
Noel's at Franklin Event Center, Rutland, VT
Scan QR Code below for Registration & Tickets
Doors open at 11:30 am Grand Prizes 2 pm
More info & Vendor opps 802.459.2897



DISCOVER VERMONT'S BEST BOOTFITTERS



ASK OUR PROS ABOUT:

- SKI & BOOT SALES
- RACE CENTER
- PRECISION TUNING
- AT/BACKCOUNTRY
- CROSS COUNTRY
- RENTALS
- DEMOS

COME SEE US, SHOP ONLINE OR CALL THE PROS!

OKEMO ACCESS RD thebootpro.net 802-228-2776
LUDLOW, VT



killington market GROCERY

ATM LOTTERY

MEATS, PRODUCE & SEAFOOD
beer and wine
DELICATESSEN



Baked Goods & Breads
Pizza ~ Maple Syrup

OPEN 7 DAYS A WEEK
SUN-THURS 7 A.M. - 10 P.M.
FRI/SAT 7 A.M. TO 11 P.M.
2023 KILLINGTON RD
802-422-7736

WINE
Champagne
VT CRAFT
BREWS
CIDERS

Take-Out Convenience:
Breakfast, Lunch & Dinner

f Daily Specials posted on Facebook &
Call Deli 802-422-7594

Special requests are always welcome!



Did we miss
a local event?

Email your
upcoming
event to:

events@
mountaintimes.info



**LOOK OUT
TAVERN**

OPEN DAILY 11:30-9 P.M.
FRI & SAT 11:30-10 P.M.

BURGERS BURRITOS HOMEMADE SPECIALS BEST WINGS	SANDWICHES NACHOS KIDS MENU FAMILY-FRIENDLY
--	--

* RENOVATED GAME ROOM * EV SUPERCHARGERS
* EPIC WIDESCREEN TV'S * NEW DINNER MENU

**PARTIES OF 8 OR MORE RESERVATIONS ACCEPTED
WE LOVE GROUPS AND BIG PARTIES**

**LOTS OF FUN AT THE
LOOK OUT
TAVERN**

2910 KILLINGTON ROAD, KILLINGTON VT
802-422-LOOK : LOOKOUTVT.COM

Great Breakfast & Brunch at the

**BACK
COUNTRY
CAFE**

Open
Daily
at 7 A.M.

EGGS • OMELETTES • PANCAKES • WAFFLES
TAKE-OUT AVAILABLE
923 KILLINGTON RD. 802-422-4411



Back Country Café
The Back Country Café is a hot spot for delicious breakfast foods. Choose from farm fresh eggs, multiple kinds of pancakes and waffles, omelets or daily specials to make your breakfast one of a kind. Just the right heat Bloody Marys, Mimosas, Bellini, VT Craft Brews, Coffee and hot chocolate drinks. Maple Syrup and VT products for sale. Check Facebook for daily specials. 802-422-4411.



Dream Maker Bakers
Dream Maker Bakers is an all-butter, from-scratch bakery making breads, bagels, croissants, cakes and more daily. It serves soups, salads and sandwiches and offers seating with free Wifi. At 5501 US Route 4, Killington, VT. No time to wait? Call ahead. Curb-side pick up available. dreammakerbakers.com, 802-422-5950.

killington market

Take breakfast, lunch or dinner on the go at Killington Market, Killington's on-mountain grocery store for the last 30 years. Choose from breakfast sandwiches, hand carved dinners, pizza, daily fresh hot panini, roast chicken, salad and specialty sandwiches. Vermont products, maple syrup, fresh meat and produce along with wine and beer are also for sale. killingtonmarket.com 802-422-7736 or 802-422-7594.



Inn at Long Trail

Looking for something a little different? Hit up McGrath's Irish Pub for a perfectly poured pint of Guinness, live music on the weekends and delicious food. Guinness not your favorite? They also have Vermont's largest Irish Whiskey selection. Visit innatlongtrail.com, 802-775-7181.



Liquid Art

Relax in the warm atmosphere at Liquid Art. Look for artfully served lattes from their La Marzocco espresso machine, or if you want something stronger, try their signature cocktails. Serving breakfast, lunch and dinner, they focus on healthy fare and provide you with a delicious meal different than anything else on the mountain. liquidartvt.com, (802) 422-2787.



**THE
PARTY
STORE**

Shop Today - Party Tonight !!!

- 1000s of Costumes
- Birthday Themes
- Balloon Creations
- Custom Banners
- Cake & Candy Making Supplies
- Shop Local

The Party Store | 129 Strongs Ave Rutland | 802-773-3155



Lookout Tavern

A place for fun, friends and good times here in Killington! Everything from soup to nuts for lunch and dinner; juicy burgers, fresh salads, delicious sandwiches and K-Town's best wings. Your first stop after a full day on the Mountain for a cold beer or specialty drink and a great meal! lookoutvt.com, 802-422-5665.



Moguls

Voted the best ribs and burger in Killington, Moguls is a great place for the whole family. Soups, onion rings, mozzarella sticks, chicken fingers, buckets of chicken wings, salads, subs and pasta are just some of the food that's on the menu. Free shuttle and take away and delivery options are available. mogulssportspub.com 802-422-4777.

MOUNTAIN TOP INN & RESORT

Mountain Top Inn

Whether staying overnight or visiting for the day, Mountain Top's Dining Room & Tavern serve delicious cuisine amidst one of Vermont's best views. A mix of locally inspired and International cuisine – including salads, seafood, poultry and a new steakhouse menu - your taste buds are sure to be satisfied. Choose from 12 Vermont craft brews on tap. Warm up by the terrace fire pit after dinner! A short drive from Killington. mountaintopinn.com, 802-483-2311.



Soup Dog

The only place like it in Killington! Soups served hot or in a 32 oz that you can heat up when convenient. We have a great selection of hotdog toppings to choose from. Mountain photography, clothing, syrup, and gifts in this quaint mountain side hidden gem! 2822 Killington Rd, behind Domenic's Pizzeria 802-353-9277.



Sugar and Spice

Stop on by to Sugar and Spice for a home style breakfast or lunch served up right. Try six different kinds of pancakes and/or waffles or order up some eggs and home fries. For lunch they offer a Filmore salad, grilled roast beef, burgers and sandwiches. Take away available. www.vtsugarandspice.com 802-773-7832.



Sushi Yoshi

Sushi Yoshi is Killington's true culinary adventure. With Hibachi, Sushi, Chinese and Japanese, we have something for every age and palate. Private Tatame rooms and large party seating available. We boast a full bar with 20 craft beers on draft. We are chef-owned and operated. Serving lunch and dinner. Delivery or take away option available. Now open year round. www.vermontsushi.com 802-422-4241.

Need pet papers?

We've got you covered.
Call 802-422-2399 or
stop by the office
at 5465 U.S. Route 4, Killington

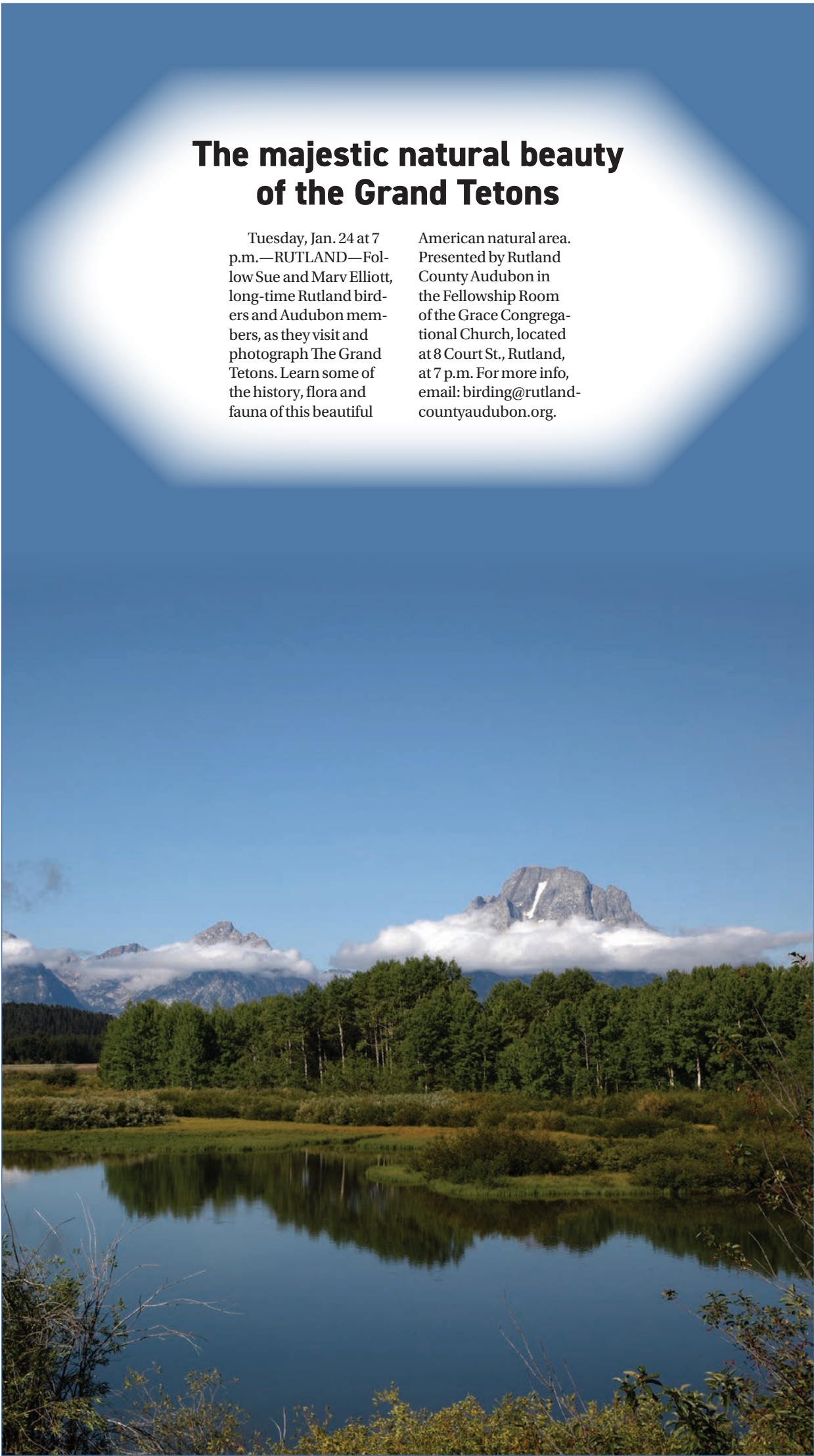


Give us a call at 802.422.2399
or visit us at 5465 US-4, Killington.

The majestic natural beauty of the Grand Tetons

Tuesday, Jan. 24 at 7 p.m.—RUTLAND—Follow Sue and Marv Elliott, long-time Rutland birders and Audubon members, as they visit and photograph The Grand Tetons. Learn some of the history, flora and fauna of this beautiful

American natural area. Presented by Rutland County Audubon in the Fellowship Room of the Grace Congregational Church, located at 8 Court St., Rutland, at 7 p.m. For more info, email: birding@rutland-county-audubon.org.



Sue and Marv Elliot will discuss their journey in the Grand Tetons of Wyoming at Grace Church in Rutland, Tuesday night. Submitted

Delicious Food with a Spectacular View!



Tavern & Restaurant Dining
— 12 VT Craft Brews On Tap! —
Luxurious Lodging, Spa & Salon and so much more!



(Reservations Recommended)
802.483.2311 • mountaintoppinn.com
Mountain Top Rd. - Chittenden

MOUNTAIN TOP RESORT

Woodstock Vermont Film Series



JAN 21 & 22
Showings at 3:00 PM

Billings Farm & Museum
billingsfarm.org/filmseries
802-457-5303



Rutland County Humane Society



KELLY & LYNN

Kelly and Lynn are 5-month-old spayed lop mixes looking for an indoor home together. They are friendly girls that love their veggies and if adopted before Christmas promise to share their carrots with Rudolph. We have reduced their adoption fee to \$75 for the pair. These sweet girls deserve a loving home to grow up in. To adopt them go to our website spfldhumane.org and fill out an application or call 802-885-3997 for more information.

This pet is available for adoption at
Springfield Humane Society
 401 Skitchewaugh Trail, Springfield, VT • (802) 885-3997
 *Open by appointment only. spfldhumane.org



JESSICA

My name's Jessica and I'm an 8-year-old spayed female. My life took an unexpected turn, due to no fault of my own, which is why I am at Lucy Mackenzie. Sometimes I sleep so soundly that I get a bit startled when I hear my cage door open. The kind doctor and people here think that "hearing" may actually be a problem for me, which is a good reason I get such good slumber! The wonderful people here make sure to give me plenty of affection while I'm awaiting finding my very own forever home - a place where I can lovingly spend my golden years. It would be nice to have a warm, cozy fireplace to snuggle up near, or a chair that's my very own to cuddle up in. I just know that my new family and I will have so much love to give each other - it'll be a perfect way to spend the next chapters of my life.

This pet is available for adoption at
Lucy Mackenzie Humane Society
 4832 VT-44, Windsor, VT • (802) 484-5829
 *(By appointment only at this time.) Tues. - Sat. 12-4 p.m.
 & Thurs. 12-7 p.m. • lucymac.org

Catamount Pet Supply Company, inc.

296 U.S. Route 4 East
 Rutland Town, VT 05701 | 802-773-7642



OPEN

MON. - FRI. 10am - 6:30pm & SAT. 10am - 5pm

Grooming by appointment | 802-773-7636



Apollo—2-year-old. Neutered male. Pointer mix. Black/white. Apollo is a sweet boy who requires patience. Apollo would do best in a home without kids.



Ava—3-year-old. female. Lab mix. Black/brown. Ava may be too much for young kids. She has lived with other dogs and did well. She has shown playful curiosity with cats.



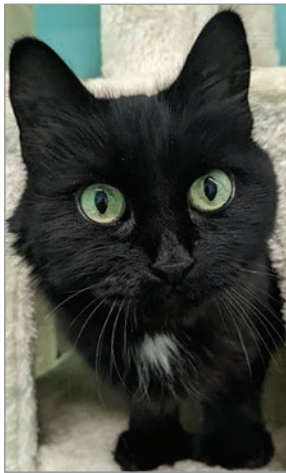
Grace—2-year-old. Spayed female. Pitbull mix. Black with white. Grace is a sweet girl, who needs someone to give her patience and time to settle in. She will need to work on leash manners. She is also very reactive with other dogs, so someone will need to be willing to work her through that.



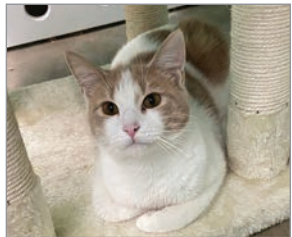
Radcliff—2.5-year-old. Neutered male. Arabian Village dog. Tan. He thrives on consistency and strong leadership and would do best with someone who can work with him often and keep his mind engaged.



Mac—2-year-old. Neutered male. Border collie mix. Black with white. Mac is a very sweet boy who has a lot of love to give. Mac was being treated for heartworm. Now he is heartworm free and ready to go home!



Zephyr—6-year-old. Spayed female. Domestic longhair. Black. Zephyr is a very petite cat who almost looks like a kitten! She is very sweet, and affectionate, but also pretty chill.



Cupid—1-year-old. Spayed female. Domestic shorthair. Buff and white. Cupid is as sweet as pie! She is mellow, but has a playful side and loves affection.



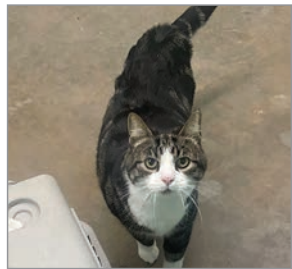
Beethoven—4-month-old. Spayed female. Domestic shorthair. "Tuxedo" coloring.



Dasher—1-year-old. Spayed female. Domestic shorthair. Torbie with white. She is lovely but pretty timid at first. She is currently in our community cat room where she is able to socialize.



Mathews—10-year-old. Neutered male. Domestic shorthair. Brown tiger with white. Mathews has so much love left to give!



Ruger—10-year-old. Neutered male. Domestic shorthair. Brown tiger with white. Ruger is so very loveable.



PRINCE

Prince—4-year-old. Neutered male. Pit mix. Chocolate. If you are looking for a stoic, smart, and sweet pup, please consider Prince! He lives up to his name and is very regal. Prince was brought to us as an owner surrender because his previous owner no longer wanted him.

All of these pets are available for adoption at
Rutland County Humane Society
 765 Stevens Road, Pittsford, VT • (802) 483-6700
 Tues. - Sat. 11-5 p.m. for adoptions
 *(By appointment only at this time.)
 Closed Sun. & Mon. • www.rchsvt.org

Make your pet a part of your 2022 new year's resolutions

The new year is the perfect time for setting goals and starting fresh, and that includes your pets! The Rutland County Humane Society (RCHS) would like to offer some ideas on how to make it the best year yet for your pet! It's very easy for your pet's weight to increase gradually over time, so make sure you are measuring out food daily and choosing an age-appropriate diet. Incorporate more play time into its routine or try a new activity to keep your pet active and help maintain that healthy weight. Don't forget to schedule regular check-ups with your veterinarian to stay up to date on vaccines and help to detect any concerns early on. Your vet can also offer tips on practicing good oral hygiene and grooming habits with your pet as well! And don't forget mental health. Teaching new tricks or replacing old toys with new ones can help with your pet's mental stimulation. For more information and tips, please contact the Adoption Center at 802-483-6700.

Cosmic Catalogue

Copyright ©2021 - Cassandra Tyndall



Aries

March 21 - April 20

You may be breathing a sigh of relief now that Mars, your guiding star, is no longer heading in reverse. That said, the red planet is still moving super slow. With that in mind, so should you be. Do yourself a favor and continue to think about how you can improve your daily habits and rituals that not only support you this week, but for the rest of this year. Connections with friends may help you see a fresh perspective.



Leo

July 21 - August 20

When it comes to your relationships, both personal and professional, you have the chance to start over this week. A New Moon in your relationship zone is your annual opportunity to wipe the slate clean and start afresh, especially after a couple of years of traversing rocky roads. Setting new intentions will help you stay on course. While one relationship chapter winds down, another one will soon begin. Now's the time to start envisioning how that might look.



Sagittarius

November 21 - December 20

Love and money have been a tricky topic for a while now, but that storm is beginning to clear. As you step outside and assess the damage, you'll get a sense of what can be rebuilt and what can't. You don't have to overcomplicate this or put your cart before your horse. Start back at the beginning. Make the room and take the time to reconnect. Listen to understand, not to respond. Make the appropriate adjustments to your daily rituals.



Taurus

April 21 - May 20

It's not easy to get you to make a move before you're ready to. Your astrological totem is the bull, after all, though I must ask, "If not now, when?" The time for procrastination is over and the time for action is now. Topics involving your career, life direction and cash are active and it's something that shouldn't be taken for granted or assume there won't be changes. A preemptive strike may be exactly what you need to do now.



Virgo

August 21 - September 20

I'd be loath to count my chickens, but things really do begin to get back to regular programming this week. You'll be increasingly able to make more choices that align with where you want to head professionally, as well as how that fits in with your private life. This really is your week to begin reverse-engineering how you want this year to look, as opposing to continually bending, flexing and going with the flow and wearing yourself out.



Capricorn

December 21 - January 20

It will begin to feel like all systems are going for you this week. The time you've spent reflecting, researching and revising will have been well worth it. A New Moon in your money zone offers a fresh start on topics involving your income and cash flow, as well as your confidence too. If you've been thinking of doing a complete financial overhaul, this is a great week to begin initiating that process. Set some goals, take some action and see what happens.



Gemini

May 21 - June 20

You've just been through a rare rite of passage that has equipped you with a sharper sword. Your job now is to decide which battles you want to tackle this year. Hint, you're likely to undergo a process of aligning your professional / public life with your spiritual or life philosophies. You'll have less tolerance for duality than you've had in a while which will help you in making your choices count. Decide which proverbial hill you're willing to die on.



Libra

September 21 - October 20

How are things going when it comes to your love life, happiness and joy? Are you doing the things you want to be doing? Is there room for improvement? Do you just need to make a decision and roll with it, one way or another? The good news is this week, choices that have been lagging will become so much easier to commit to. More than likely, it will be worth it. Choose your choices and your choices will choose you.



Aquarius

January 21 - February 20

If you're not feeling it yet, you soon will. 2023 will turn out to be one of those years that when you look back, there will be pre-2023 and post-2023. After a couple of years of hard knocks, it's possible you could face a few more. It's also possible you'll grow your beautiful wings and fly. Profound changes are on the way. This week, make a wish on how you might like those changes to manifest.



Cancer

June 21 - July 20

This week sees a New Moon in one of your cash zones, namely the one that speaks to debt, savings, investments and the resources you share with other people. Regardless of your situation, a New Moon here offers the chance for a fresh start or a new perspective. Deep down, you already know you have to do this. Don't let fear or avoidance get in the way of clarity on this sometimes tricky area of life.



Scorpio

October 21 - November 20

This week really has a back to basics feel to it for you. For a while now, you've been delving into the bowels of your psyche, facing fears and slaying demons. It's now time to begin the process of rebuilding things, brick by brick. A New Moon at the very foundation of your solar horoscope will help you do this. Decide what it is you want and allow what you want to want you. That is where the magic will happen.



Pisces

February 21 - March 20

It may seem counterintuitive to think you need more time off after the holidays. If you can wangle it, I'd highly suggest it. If not, more time alone, more time to meditate and imagine will be what your soul craves. As planets that have been moving in reverse start to slowly gather speed again, you may, in fact, have to speed up too. Resist. If you can't, then be sure to not bite off more than you're ready to chew.



GUEST INSTRUCTOR LEAH MATTSON

Noon Friday 1/20

INFERNO PILATES~
60 Minute Low Impact
Bodyweight Interval Training

90 MINUTE YIN YOGA
W/AMY LEWIS

Sunday, Jan 22 @ Noon

FIRST DAY \$10



VIEW FULL SCHEDULE:

- BOOT CAMP
- STRENGTH
- BUTTS AND GUTS
- WINTER SPORTS CONDITIONING
- YOGA
- TRAPEZE YOGA
- CYCLE CIRCUIT
- PLIABILITY
- BOXING CIRCUIT



CONVENIENTLY LOCATED WHERE THE KILLINGTON ACCESS RD MEETS US-4
2363 US-4, KILLINGTON | 802-558-0547 | KBCKBC.COM
KILLINGTONBOOTCAMP@GMAIL.COM

Always buying USA Made Denim



camille's
- EXPERIENCED CLOTHING -

44 Merchants Row
Downtown Rutland

Open Tuesday- Saturday
11AM-5PM

ACCEPTING FALL AND WINTER CONSIGNMENT

RUTLAND'S PREMIERE YOGA & PILATES STUDIO



TRUE YOGA
VERMONT

22 WALES STREET, RUTLAND

Go online to see our full schedule:
trueyogavermont.com

@trueyogavt



FOUR T'S
Thrift Shop

OPEN:
MON-SAT 9 - 5
SUNDAYS 10 - 3

802.558.7334
30 Merchants Row, Rutland

ACCEPTING DONATIONS DAILY

*ALL DONATIONS MUST BE IN GOOD CONDITION. NOT ACCEPTING MATTRESSES

Empowering you to lead a divinely inspired life.

Cassandra has studied astrology for about 20 years. She is an international teacher of astrology who has been published all over the globe.

Subscribe to the newsletter:

Cosmic Catalogue

email: editor@mountaintimes.info

Don't underestimate yourself

Here we are, at the midpoint of January and staring down the barrel of February already. Time seems to generate speed, so much so, it's easy to lose a sense of traction or momentum. While it might be tempting to go even faster in order to keep up the pace, the opposite, in fact, is true. When time speeds up, it can be counterproductive to match it. It results in spinning in circles, much like a dog spins round and round before getting comfy on his bed. Instead, challenge it to maintain a



Cosmic Catalogue
By Cassandra Tyndall

moderate to slow pace. The truth is, most people overestimate what they can achieve in a day, but underestimate what they can achieve in a year. There's a method in the madness as far as the current sky vibe is concerned. It may appear that little progress is being made, but when you look back, you'll be able to connect the dots and everything will make so much more sense. This week, even this month is about deciding which direction you want to head in prior to the sky vibe drastically shifting in just a couple of months.

Boost the health, beauty of houseplants

Fight the post-holiday blues with a bit of indoor gardening. Keeping your houseplants healthy and looking their best with a bit of grooming this winter is sure to lift your spirits.



Great Gardens
By Melinda Myers

Clip off any dead leaves as they appear. Use a sharp snips or bypass pruner to make a clean cut that looks tidy and closes up quickly. An occasional brown leaf is not usually a problem but if browning continues, it might be time to take action. Evaluate the growing conditions and make needed adjustments.

Brown leaves are often caused by low humidity which is common in many homes during winter. Boost the humidity in your home by grouping plants together. As one plant loses moisture through its leaves through transpiration the neighboring plants benefit. Add pebbles or marbles to the saucer or trays beneath the plants. Allow excess water to collect in the pebbles below the pot. As the water evaporates it increases

the humidity right around the plant. Move plants that require moist soil and high humidity into a terrarium. They are attractive living decorations and make caring for high-maintenance plants easier.

Over and under-watering can also result in brown leaves, leaf edges, and tips. Water thoroughly when needed. Base frequency on the plants you are growing, room temperature and humidity. Tropical plants need more consistently moist soil while cacti and succulents like it drier. With lower light conditions in many homes, plants grow slower and may need less frequent watering in winter. Pour off any excess water that collects in the saucer which can lead to root rot.

Stop fertilizing indoor plants in winter unless they are actively growing. Applying fertilizer that plants don't need can cause root damage, leading to leaf discoloration.

Trim off brown tips that are common on spider plants, dracaenas, Ti plants, and prayer plants sensitive to the chlorine and fluoride in water. Avoid the problem by using chemical-free water.

Wipe dust off the leaves with a damp cloth. Use a cosmetic brush to clean the fuzzy leaves of plants like African violets.

Great Gardens → 27



There's more to fur than meets the eye

A flash of orange streaks across the meadow—a red fox, like a starburst in the snow. Its fur shimmers in the early morning light, and I, bundled in my winter layers and still shivering cold, envy the fox's luxurious coat.

At its simplest, hair—or fur—keeps mammals warm by trapping heat close to the skin. Fur can also repel water. A careful look at winter pelts reveals that not all fur is the same. Long strands of bristle-like fur, known as guard hairs, make up the outside surface of many species' coats. This fur often gives the animal its color and pattern. Under the guard hairs, thick, wavy underfur increases the coat's surface area and traps warm air against the body.

All types of fur are made of keratin, the same insoluble protein that forms our fingernails and our own mane of hair. This protein coats each strand of hair, preventing water from soaking through. A fox's long guard hairs act like a raincoat, shedding water, while its dense undercoat is like the insulating base layers we wear on cold winter days.

For semi-aquatic mammals such as mink and beaver, fur can be virtually waterproof. These animals have glands near the base of their tails which produce oil. The animals spread this oil across their pelts through consistent and careful grooming to help seal their fur from

moisture and keep their bodies dry and reasonably warm, even as they swim under the ice.

Most mammals shed their summer hair and grow new winter-worthy fur in the fall. Deer lose their reddish coats, which lack underfur, and grow gray-brown pelts with thick, woolly undercoats. Their winter guard hairs are hollow-shafted, which allows them to retain

warmed air, and deer use special muscles to adjust the direction of these hairs and optimize their insulation.

Other mammals go for a completely new winter look. Snowshoe hares and most weasels in the Northeast turn white in the winter, increasing their ability to blend into a snowy landscape. Recent research suggests decreasing snowfall due to climate change will adversely impact these animals; instead of blending into their environment for protection from predators, their winter white will stick out on a brown landscape.

Fur plays other essential roles in most mammals' lives, including visual communication. Think, for instance, of a dog raising its hackles to appear larger when threatened. Whiskers, another type of hair, are specialized for sensory reception; nerves at the base of each of these unique hairs alert mammals to vibrations and air currents, helping them judge distances, navigate burrows and other



The Outside Story
By Susie Spikol

WINTER WONDERS CAMP

FEB 20-24 • 9:00AM-12:30PM

Ages 6-8 or grades 1-3

A "FUN" TASTIC FARM ADVENTURE

Outdoor Adventures
Wildlife Explorations
Sledding & Winter Crafts
Cozy Cooking & More!



69 OLD RIVER ROAD • WOODSTOCK, VT
BILLINGSFARM.ORG • 802-457-2355



Wandering into trouble

Have you ever had one of those days at work when everything goes wrong? And then, when you finally head home to recover, you get an email about work that kicks things up another notch?

I had one of those days recently. But then it got even worse.

It was around 7 p.m. I was home, reeling from the day's bruising and preoccupied with the chaos that had ensued. I decided that I earned some "me-time," so I meandered over to my small kitchen bar and poured myself a rare mid-week cocktail.

I then retired to the living room, took a long sip off my drink, and slouched into my favorite chair. That's when I made the fatal flaw of looking at my cellphone, whereby I saw the aforementioned email.

After cringing at what I read, I tossed my cellphone aside, took another long sip, and stared at the wall.

And then I heard it: *drip... drip... drip...*

My ears perked up as I tried to discern the noise. Was it the gutter outside leaking leftover rainwater? Did I leave the kitchen sink slightly ajar? Was it the toilet?

I stood up to get a better sense of the location and determined that it was actually coming from upstairs, so I headed in that direction. My stomach tightened as I walked up each successive step; I somehow knew this was not going to be good.

The foreign sound was clear when I arrived the top of the stairs. By that point, I could tell it was water dripping onto a wet carpet (that sound is very distinct).

I rounded the corner into our spare bedroom and looked down at what appeared to be a wet splotch of the floor. Just then, a droplet splashed hard enough that I could feel it on my bare foot.

I slowly, hesitantly tilted my head skyward. My mouth fell agape when the white ceiling came into focus.

There above me was a mass of water-soaked drywall, cracked and starting to break away. My heart dropped along with my head as I realized I had a legitimate emergency on my hands.

I climbed into my attic and discovered that one of my two water heaters had broken and was leaking through the floor into the spare bedroom. I quickly looked for a solution, but nothing looked obvious to my untrained eye.

I grabbed my cellphone and did a quick

Google search for "plumbing repair." I recognized one of the more prominent names and called immediately. The woman on the other end was spectacular. She put me at ease and told me a repairman would be there within the hour.

One hour later, a young man named Tom showed up. I met him at the door, offered him a soda, and then showed him upstairs.

It took Tom less than a minute to dissect the problem. He then spent the next 10 minutes preaching to me why about putting a water heater in your attic is a bad idea. I agreed completely, while acknowledging that it wasn't my decision; the house came that way.

Tom told me he could have it fixed in an hour, but he had to wait for the water heater to drain. He started the process and then came downstairs. We started to chat and I learned that Tom was an Army veteran with two tours of duty in Iraq.

I'm the curious type so I tend to ask a lot of questions. After 15 minutes of chatting, I had a newfound respect for my plumber, having learned about his war injuries and commitment to protecting his country and everything it stood for.

Tom turned out to be a spectacular guy with a high moral compass and an intense desire to do the right thing — all of that hiding behind a plumber's façade. I can honestly say I was proud to meet him, partly for his character and partly for his ability to stop my guest bedroom ceiling from completely evaporating.

In this week's feature, "The Hatchet Wielding Hitchhiker," I got introduced to another young man who wasn't exactly what he appeared to be at first glance.

Kai Lawrence was just a wandering hitchhiker in 2013 when he ran to the aid of a young woman being attacked. In a flash, he killed a man and became a hero. But then the media got hold of the story and turned Kai's life upside down.

This is an intriguing documentary about mental health and the ills of modern media. No matter where you find yourself leaning at the end of this film, you can't help but feel sympathy for this tortured young man.

An itinerant "B-" for "The Hatchet Wielding Hitchhiker," now available for streaming on Netflix.

Got a question or comment for Dom? You can email him at moviediary@att.net.



The Movie Diary
By Dom Cioffi

After 15 minutes of chatting, I had a newfound respect for my plumber.



East coast skiing has perks!

We all moved across the bridge together, probably over a thousand cars all creeping precariously across the Hudson or wherever. Sure, there were some moving in faster bursts in an attempt to get around and others just maintaining a constant speed, but we were indeed all moving together.

An aerial photo would not have been able to determine the difference between all the little colored boxes littering the roadway. But there we were.

Driving requires some weird kind of teamwork. Everyone has to stay within the lines and agree to travel at an acceptable rate of speed otherwise the whole thing turns from a moving grid into a honking herd of chaos. Yet somehow, all these folks manage to work together to get to their job or wherever else they are going but inadvertently combine their efforts for success.

Somehow, we forget teamwork when we are skiing. When the work clothes come off, there is this sense that skiing is our own time, our relaxing time when we can be free and not care about anything else in the world. For most of us, this is why we head to the mountains; but some days we have to share. We have to share our beloved freedom with thousands of our closest friends — why friends, you say? Well, because no matter the color of our skin — or the state on

our driver's license — all the people on that mountain love to ski and snowboard. We are all kindred spirits. Yes, they might not like the same kind of riding that we do, but they belong on that mountain just as much.

When we were younger, like back in our ski instructor days where we thought we were the biggest rock stars on the mountain, people asked us when we were moving "out West." As if somehow "out West" was some kind of college that you went to after spending high school here in the East. Like somehow you would work here on the "East Coast" and then graduate to go "Out West."

I know lots of people who have done this with an amazing amount of success. A ski patrol friend of ours moved "out West" after working on our patrol and was treated with such respect he ended up working on ski patrol at the Olympics. One of my young coaches from Ministars moved "out West" and is now the head of marketing at some award winning mountain out there. I've got snowmaker friends, bartender friends, even regular job worker friends that have gone out there to play in the champagne powder or whatever other fancy names they call their snow that we don't have here.

But I bet they don't have sugar snow that is so deep that it goes over your boot top and you struggle to have any control over your skis whatsoever. They don't have death cookies so large they seem more like the Devil's Biscuits than a little cookie. They don't have snow guns that pelt you in the face so hard that they bounce off your clothes or sticky guns that stop you dead in your tracks and coat your entire being in a hard candy shell.

Living the Dream → 27



Living the Dream
By Merisa Sherman



Vermont woods without enough snow can be full of obstacles... but I still love my mountains.

By Merisa Sherman



PLUMBING + HEATING
Professional Service You Can Trust
802-770-8088 LICENSED & INSURED
www.JWplumb.com

WASHBURN & WILSON AGENCY, Inc.
144 Main St. • P.O. Box 77 • Bethel, VT 05032
Providing Insurance for your Home, Auto or Business
Short Term Rentals • High Value Homes
Free Insurance Quotes 
Call Mel or Matt 802-234-5188
www.washburnandwilson.com



BUDGET BLINDS
Style and service for every budget.
35% Off SAVINGS
*Excludes Lutron
Budget Blinds of Rutland
802-417-0020
• Blinds • Drapes • Shutters • Shades •
• Home Automation •
Your trusted local resource.




Professional Service, Professional Results
For All Your Plumbing & Heating Needs
Specializing in Home Efficiency & Comfort
24 Hour Emergency Service
(802) 353-0125


K&N | Kitchen and Bath Design, LLC
— Cabinets — Hardware
— Countertops — Plumbing Fixtures
— Flooring — Installation
Kelly & Nick | 802-245-4474
125 Valley View Drive, Mendon, Vermont
kndesigns125@gmail.com

TWIN STATE POOL SPA & BILLIARDS
SALES & RESTORATION

Don White
603-543-0505
twinstatepool@hotmail.com



WATER WELLS PUMPS
COMPLETE WATER SYSTEMS
HYDRO FRACKING GEOTHERMAL
East Poultney, VT 05741
802-287-4016
parkerwaterwells.com

PRIOR FOR HIRE LLC

Handyman Services
Snow Removal
Jeremy Prior 802.353.1806

Plumbing and Heating, Inc.
Michael J. Belanger
Residential/Commercial/ Backflow Testing
VT Master Plumber
Serving Central VT
802-797-8292

candido electric
residential & light commercial • licensed & insured
office: **802.772.7221**
cell: **802.353.8177**
frank candido rutland/killington
candidoelectric@yahoo.com
we help you see the light! 



For All Your Home and Commercial Petroleum Needs
746-8018 • 1-800-281-8018
Route 100, Pittsfield, VT 05762 • **cvoil.com**

Goodro Lumber **Bring Your Home Improvement Project To Us!**
We Offer Solutions
Building Supplies, Hardware & Paint
802-422-3469 | M-F 7:30-4:30 Sat 8-Noon | Route 4 Killington, VT

SINCE 1875

Clifford Funeral Home
2 Washington Street • Rutland, VT 05701
(802) 773-3010
Gary H. Clifford • James J. Clifford

Eat, Drink, **Shop Locally**

Renovations, Additions & New Construction
 **Vision BUILDERS**
(802) 342-6026
www.VisionBuildersVt.com
FREE ESTIMATES • FULLY INSURED
ALL CALLS RETURNED
ERIC SCHAMBACH • 36 Years Experience

- Structural Repairs
- Preventative Maintenance
- Siding
- Framing
- Decks

The Emporium TOBACCO & GIFT SHOP
Full Service Vape Shop
Humidified Premium Cigars • Hand Blown Glass Pipes
Hookahs & Shisha Roll Your Own Tobacco & Supplies
CBD Products • Smoking Accessories
131 Strongs Avenue Rutland, VT
(802) 775-2552
Call For Shuttle Schedule
Like us on Facebook! 


Handyman Services
Serving the Killington Area
• 802.345.7500
• Emergency Repairs
• 25 Years Experience
Billy Leimgruber | Williamleimgruber1@gmail.com

←

Living the Dream: Appreciating the proximity of mountains to play on daily, and the cities for occasional visits
from page 25

They don't have loose granular, or frozen granular and any other kind of snow that could be referred to more like a good product than anything else. They don't have to judge the width of the stream crossing by the length of their skis. My athletes have been waiting all winter for this one stream on Ramshead to get to kid size so they can practice their stream crossings. They get very excited about rivers and bridges.

I love waking up and having the mountain just a quick, mostly traffic free drive from my home. It takes me 15 minutes to get to the mountain, which is enough for at least an hour of playtime everyday. I don't have to commit an entire day to the mountain, separating from the rest of my life.

Here the mountain is part of my everyday life. And that is just how I love it.

Sure, they have a lot of fancy things that we don't have on the "East Coast." They've got homes that are so big that

they're sold more like compounds than homes, and million dollar trailer parks.

But we can drive three hours and be in Boston, four hours and be in New York or Montreal and a few more hours than that and we've reached Philly or Syracuse or Washington DC. That's not a mountain in the middle of nowhere — that's a ski community in the middle of everything!

And so here we are, a wonderful ski community in the middle of everything. A community that looks for a scared, lost dog because we all love the same thing and we all truly wish that mountain happiness on each other and all peoples. Sure, I've been making sacrifices to Ullr, practicing my snow dance and praying for snow, but leave my home and my Killington family? Uh, no thanks. I'll keep skiing our painted trails until I cannot breathe anymore. And then I hope you'll take one more run for me after that.

←

Great Gardens: Keep your indoor plants thriving through the winter, it helps to reduce 'winter-blues'
from page 24

Keeping your plants clean and well-groomed also helps reduce insect and disease problems.

Further protect plants from pests with Summit Sticky Traps. Just place one or two in the pot with the sticky side exposed. The yellow attracts fungus gnats, aphids, thrips, leaf miners, and other harmful pests feeding on your plants. The sticky surface traps the insects causing them to die without the use of pesticides.

Replace the trap once it is covered with insects or every three months.

Boost indoor plant resilience by providing the right amount of light. Move plants to a sunnier window or add artificial lights as needed. Then give plants a quarter turn every time you water. This promotes more balanced growth by exposing all parts of the plant to the light source.

Taking time to tend to your plants improves their health and beauty while elevating your mood and helping fight stress.



Submitted
A Summit Sticky Trap is one way to protect your plants from pests feeding on them.

**THE KILLINGTON GROUP**
REAL ESTATE SERVICES

#1 RENTAL AND MANAGEMENT OFFICE
IN KILLINGTON FOR 45+ YEARS

- VACATION RENTALS
- PROPERTY MANAGEMENT
- CLEANING SERVICES

KILLINGTONGROUP.COM
KILLINGTON ROAD - (802) 422-2300

**RED DUCK
Refuse & Recycling**

Weekly • Bi-Weekly • Seasonal • Year-Round
802-422-2230 • redduckrefuse.com

NEWSPAPERS

Build Literacy

Expand Minds

Educate Students

Inspire Achievement

← PUZZLES page 11

CROSSWORD PUZZLE

U	N	B	I	D		A	H	A	B		S	W	B	S
G	E	O	D	E		R	E	P	E	A	T	E	R	S
L	O	S	A	N	G	E	L	E	S	L	A	K	E	R
I	N	K				I	T	O		P	I	L	A	W
					S	B	E			S	E	B	E	
			S	I	D	E			P	A	I	R	E	D
S	C	A	R				O	A	K	S		P	A	C
U	L	N	A		C	L	A	N	S		C	E	B	U
B	U	T		V	A	I	R				R	E	A	D
	B	A	S	I	N	S			C	A	T	S		
			P	A	N	T		C	A	B				
	B	L	I	N	I		A	A	R		P	E	S	
G	O	U	N	D	E	R	T	H	E	K	N	I	F	E
S	E	C	E	S	S	I	O	N		I	N	T	I	S
A	R	E	S		T	O	N			P	E	A	K	S

SUDOKU

6	5	8	3	9	7	4	1	2
9	1	3	8	2	4	5	6	7
2	4	7	6	1	5	9	8	3
5	2	1	7	6	9	3	4	8
7	9	4	1	8	3	6	2	5
3	8	6	5	4	2	7	9	1
4	7	9	2	3	1	8	5	6
8	3	2	9	5	6	1	7	4
1	6	5	4	7	8	2	3	9

SUBSCRIBE
to our free e-newsletter
TODAY

- Get this week's news right to your inbox.
- Join thousands of other subscribers.
- Get the scoop on the weekend ski reports.

Visit mountaintimes.info to subscribe.

Employment

KILLINGTON MARKET
Deli Prep Cook, Sandwich Makers, Cashier positions available. FT/PT, call 802-558-0793.

MOGULS SPORTS PUB
Help Wanted: waitstaff, kitchen staff, line-cook, bartender, dishwasher, door person. Apply in person at Moguls M-F, on the Killington Access Road.

For Sale

CONSTRUCTION EQUIPMENT and tools for sale. Ladders, Staging, Heaters, Saws Etc. Call Jeff at 802-770-0148. Email – jeffrey@roaringbrookconstructors.com

SKIS FOR SALE Vokl and other accessories 732-330-1891.

RALEIGH MERIT 3 ROAD BIKE, very good condition, 54CM, aluminum frame, carbon fork, weighs 23.2 lbs, Shimano 105 Group Set, 2 sets of tires (700x28, 700x32) each set hardly used, \$ 525 firm. Call Bernie in Killington 978-697-6676.

SARIS "FLUID TRAINER" bike trainer \$ 125 firm. Call Bernie in Killington 978-697-6676.

Free

FREE TAX ASSISTANCE for seniors and low-to-middle income younger taxpayers is offered by Rutland AARP Tax Aid volunteers certified by IRS. Taxes done by appointment only. Now through April 18. For appointment call 802-772-0530

Services

BEAUREGARD PAINTING, 30 years experience. 802-436-1337.

RUTLAND CHIROPRACTOR 6:30 a.m to 6 p.m Monday, Wednesday, Friday. Beyond the spine treating all muscles, nerve, joint pain, numbness, stiffness and aches. 802-775-6961. Rutlandchiropractor.com

Real Estate

HOMES SITES available. New single family home sites available in The Glades at Killington and Skye Ridge on the Ottauquechee River at Killington, Mountainside properties custom and green home designs, year-round property management available. For more information, contact Mountainsideproperties@aol.com or call 802-236-1360

KILLINGTON PICO REALTY supports the courageous people of Ukraine and has pledged to donate 1% of every dollar we earn in 2022 helping clients buy and sell real estate to internationally acclaimed Ukrainian relief organizations. 2814 Killington Road, Killington. 802-422-3600. info@killingtonpicorealty.com

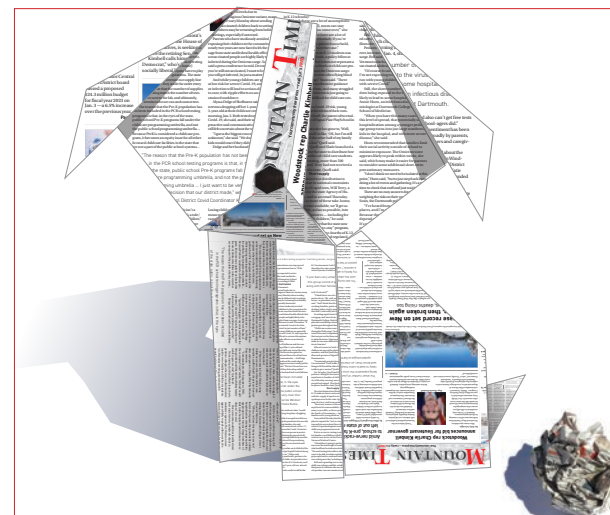
KILLINGTON VALLEY REAL ESTATE Specializing in the Killington region for Sales and Listings for Homes, Condos & Land as well as Winter seasonal rentals. Call, email or stop in. We are the red farm house located next to the Wobbly Barn. PO Box 236, 2281 Killington Rd., Killington. 802-422-3610, bret@killingtonvalleyrealestate.com.

KW VERMONT - Killington (Keller Williams Realty) Specializing in Real Estate Sales of Homes, Condos, Investment, Commercial and Land in the Killington, Okemo and Woodstock Areas of Vermont. 505 Killington Road, Killington. Call 802-353-1604. Marni@peakpropertyrealestate.com. VTProperties.net.

PRESTIGE REAL ESTATE of Killington, 2922 Killington Rd., Killington. Specializing in the listing & sales of Killington Condos, Homes, & Land. Call 802-422-3923. prestigekillington.com.

SKI COUNTRY REAL ESTATE 335 Killington Rd., Killington. 802-775-5111. SkiCountryRealEstate.com – 8 agents servicing: Killington, Bridgewater, Mendon, Pittsfield, Plymouth, Stockbridge, Woodstock areas. Sales & Winter Seasonal Rentals. Open Monday-Saturday: 10 am – 4 pm. Sunday by appointment.

THE PERFORMANCE GROUP Real Estate 1810 Killington Rd., Killington. 802-422-3244 or 800-338-3735. vthomes.com. As the name implies " We preform for you!"



Need paper?

- Fire starter
- Base for a new litter of puppies
- Arts & Crafts

The Mountain Times is happy to share!

Call 802-422-2399

and we'll set aside extras for you!



CAREERS As Amazing As The View!



Mountain Top Resort is looking for talented & inspired Team Members to fill these exciting & rare career opportunities.

MARKETING • If you have hands-on brand marketing experience (*hospitality sector a plus*), we would love to speak with you! This full-time/year-round position coordinates our (traditional & digital) day-to-day marketing initiatives across-the-board. Salary & title commensurate with experience.

FOH MANAGER • Reporting to our F&B Director, lead our talented front of house restaurant & tavern teams to maintain quality & productivity. Experience necessary. Involves night/weekend shifts.

FRONT DESK • Work with teams resort-wide to create the perfect guest experience from reservation through departure (& beyond!).

Please email your information to hr@mountaintopinn.com Enjoy industry-leading compensation & a full suite of benefits you can rely on.

**MOUNTAIN TOP
RESORT**

195 Mountain Top Rd Chittenden, VT • www.mountaintopinn.com

THE SPA AT THE WOODS

The Woods in Killington Vermont is the only luxury condominium and townhouse complex that has a European Spa, indoor pool, gym and tennis courts. A true indication in the name, The Woods feels as if you are in the woods of Killington Vermont, away from the hustle and bustle.

We are looking to refresh our European Spa with an experienced **Spa Director**. This individual needs to be proficient in spa director activities, to include a passion for excellence, pampering, and a 5-star customer experience.

Please refer to our job posting at indeed.com/job/spa-director or email us at HR@woodsresort.net to apply

2 Unit 4BR Home on 0.1± Acre

ABSOLUTE AUCTION

Thursday, February 9 @ 11AM

80 River St., Rutland, VT

Open House: Tues., Jan. 24, 11AM-1PM



Two 2BR/1BA (1,600± SF total) units make this a great investment opportunity! Neighborhood location near shopping & essentials. Town W&S, full basement. Sells to the highest bidder!

Property is occupied. Please respect privacy of occupants.



THOMAS HIRCHAK COMPANY
THCAuction.com • 800-634-SOLD



Want to submit a listing?

Email classifieds@mountaintimes.info
or call

802-422-2399

by Monday at 4 p.m.

Rates are 50 cents
per word, per week;
free ads are free!



Solar: GMP announced the debut of a program to help lower income Vermonters afford solar energy from page 6

Morgan, GMP's director of corporate and legislative affairs. "We're looking forward to seeing strong proposals from local solar developers to make sure we can connect our customers with cost-effective solar energy, and to partner with them to add storage to these projects too."

The monthly savings for qualified customers will be in addition to discounts that customers can already receive through GMP's energy assistance program. The funding from the federal and state programs allows GMP to flow through discounts to participants while adding new solar at no increased cost, which further enhances the equity of these programs for all customers. GMP plans to start enrolling customers for solar savings as soon as this summer, with projects starting to generate power by the end of the year.

"We know these new GMP solar programs are so important because they increase equity for those who need it most and serve a need that is currently unmet. We see this every day in CVOEO's GreenSavingSmart Program in which our Financial Energy Coach works with Vermonters to navigate green energy choices available to them. Often, Vermonters who face financial challenges can't go solar because they don't own a home, or they have credit issues.

GMP's initiative will change that in a meaningful way," said Paul Dragon, CEO of Central Vermont Office of Economic Opportunity. GMP opened its request for proposals to solar developers for the Shared Solar Program in December 2022, and the window to file proposals closes Jan. 26, 2023. GMP received the ACRE grant from the state in December. GMP filed plans with Vermont regulators for both the Shared Solar and ACRE programs this week. Combined, the two programs equal at least 40MW of new cost-effective solar, enough to power about 11,000 homes for a year. Each program provides a path for federal funds that are intended to incentivize expansion of renewable energy production to directly benefit low-income customers.

"We are grateful for the leadership Green Mountain Power is providing to ensure low-income Vermonters can save money while also strengthening our local economy through the deployment of new renewable energy sources supported by the Federal Inflation Reduction Act," said Jim Merriam, CEO of Norwich Solar, which plans to submit site proposals for the programs.

More information for solar developers interested in participating is available in the "What's New" section of GMP's regulatory page.

Homeowner grants: Pandemic aid received from page 6

available to help homeowners find stability and stay in their homes."

To date VHAP has assisted 4,202 households from across Vermont. Most households receiving grants have low or moderate incomes, with the median household earning \$34,393 per year.

"I lost my good paying job and have had to find two jobs to try and get by. This led to falling behind in my utility bills and my mortgage... I cannot even express how grateful I am to this program and the wonderful people who work here. I am now caught up with both my water and electric bills," Hannah from Grand Isle said.

To date VHAP has assisted 4,202 households from across Vermont.

Currently, about 78% of total VHAP funding has been requested or paid out, although funds that have been applied for may become available again as applications are processed, assistance amounts are reviewed and adjusted, and some applications are denied or withdrawn. VHAP is expected to continue to accept applications on behalf of eligible homeowners through the spring of 2023, assuming demand remains consistent.

VHFA will closely monitor application volume and will work with the state to ensure that the public has sufficient notice as VHAP winds down. Currently, VHFA intends to release public notice 60 days in advance of the anticipated closure of the program to new applicants. After 60 days, VHFA will offer new applicants the option to sign up for a funding prioritization waitlist. VHFA will contact these applicants individually to let them know if they can submit an application based on funding availability at that point. VHFA makes weekly updates to a dashboard on its website that displays program activity.

For more information visit: vermonthap.vhfa.org.

FEATURED LISTING
SKYE RIDGE SITES, KILLINGTON



Choose from one of **three available building lots in the Skye Ridge development** with amazing valley views from every lot. Build your dream getaway in Skye Ridge and enjoy the benefits of a private community with protective covenants and convenient access to all the outdoor recreation amenities that Killington has to offer - skiing, snowboarding, mountain biking, hiking and more. Conveniently located less than a mile from the Skyship gondola and base lodge offering quick access to The Beast of the east. Underground utilities are available & buyer will need a septic design and secure wastewater permit, but with one lot already sold and permitted, the process should be seamless.

THREE LOTS FOR SALE: Lot 2, \$225,000 Lot 3, \$275,000 Lot 4, \$199,000



Judy Storch
BROKER

Bret Williamson
BROKER, OWNER

Sarah Vigneau
REALTOR®

802-422-3610 killingtonvalleyrealestate.com



DESIGN
BUILD

802.457.3995

ACSDesignBuild.com

ARCHITECTURAL DESIGN
BUILDING CONSTRUCTION
GENERAL CONTRACTING

Incorporated 1982

ASSOCIATE MEMBER
AMERICAN INSTITUTE OF ARCHITECTS


kw VERMONT
802.353.1604
VTPROPERTIES.NET

IDEAL PROPERTIES CLOSE TO
 KILLINGTON, OKEMO OR WOODSTOCK!
 HOMES | CONDOS | LAND
 COMMERCIAL | INVESTMENT



Marni Rieger
 802.353.1604



Tucker A. Lange
 303.818.8068



Samantha Ecke
 802.661.8069



Alexandra Lemesciuc
 518.760.1294



William Spanos
 802.345.0693



Lindsay Cimadon
 860.681.9302

Marni@PeakPropertyRealEstate.com
 1995 Route 4, Killington VT
 59 Central Street, Woodstock VT


NOW ACCEPTING NEW LISTINGS! CONTACT US FOR A FREE MARKET ANALYSIS!


**FIRST TIME OFFERED
 ON MARKET. RARE
 OPPORTUNITY.**

Prime spot a second away from the Long Trail Brewery. Minutes to Killington & direct access to VAST Trails. Magical Antique 4-bedroom Farmhouse with large, attached barn. 19 acres with huge pond. 2 car detached garage & pole barn.
\$1,299,000



**PRIME KILLINGTON
 LOCATION. NESTLED
 IN THE HEART OF
 KILLINGTON'S
 ACCESS RD.**

Newly updated 4 bed/ 3.5 bath open concept contemporary has multiple living areas ideal for entertaining. Outdoor hot tub. Strong rental potential. **\$929,000**



**THE ICONIC BACK
 BEHIND RESTAURANT &
 SMOKEHOUSE.**

High visibility located on the corner of Route 4 and Route 100 South. A minute away from the Killington Skyship. Dining room & bar permitted to seat 109 & outdoor seating up to 50. Newly updated commercial kitchen. Awesome opportunity here.
\$549,900


KILLINGTON PICO REALTY


www.1992EastMountainRoad.com

**Killington - 3BR/4BA
 beautifully renovated
 mountainside home.
 Offered at \$995,000**

"Hilltop Chalet" is a quintessential Vermont ski home. Multiple living spaces, gorgeous hot tub room, oversized mudroom w/built-ins and radiant floors, heated 2 car garage and stunning 2 story river rock fireplace. Newly renovated mountainside 3BR/4BA home has over 2900 sqft., ideally located minutes from all Killington base lodges and restaurants. Main level: gourmet kitchen w/ granite countertops, rustic wood shelves, double oven and large breakfast bar. Kitchen opens to dining and family room w/new furnishings. Just off living area is a large deck w/new propane grill, electric smoker, space heater and custom outdoor furniture for enjoying the mountain views. Offered at \$995,000. "Hilltop Chalet" is a quintessential Vermont ski home. Multiple living spaces, gorgeous hot tub room, oversized mudroom w/built-ins and radiant floors, heated 2 car garage and stunning 2 story river rock fireplace. Newly renovated mountainside 3BR/4BA home has over 2900 sqft., ideally located minutes from all Killington base lodges and restaurants. Main level: gourmet kitchen w/ granite countertops, rustic wood shelves, double oven and large breakfast bar. Kitchen opens to dining and family room w/new furnishings. Just off living area is a large deck w/new propane grill, electric smoker, space heater and custom outdoor furniture for enjoying the mountain views. Offered at **\$995,000**



Killington Pico Realty proudly donates 1% of every dollar earned to internationally acclaimed Ukrainian relief organizations.

2814 Killington Rd.
 802-422-3600

www.KillingtonPicoRealty.com



Kyle Kershner
 Broker/Owner



Jessica Posch
 REALTOR®



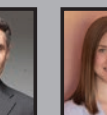
Daniel Pol
 Associate Broker



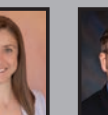
Jane Johnson,
 ALHS, ASP(R)
 REALTOR®



Edward Herson
 Lic. Assoc.
 R.E. Broker



Krista Neary
 REALTOR®



John Humphreys
 REALTOR®


Prestige Real Estate
 of KILLINGTON

Exclusively Killington!
PINNACLE END UNIT CONDO


- 2-bedroom/2-bath
- Close to world class skiing
- Near dining and shopping
- Shuttle in/out
- In unit washer/dryer
- Tastefully updated bathrooms & kitchen
- Private balcony
- Access to amenities



Pinnacle Unit D-8
\$399,000

NEW CONSTRUCTION


A collection of uniquely designed 4-bedroom townhomes within a private, gated community setting

EXCLUSIVE SKI IN/OUT LIVING

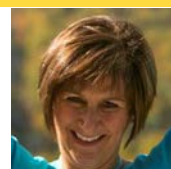
- 3000+ square feet
- Bear Mtn. ski trail views
- Direct ski in/ski out access
- 4-bedroom/4-bath
- 2-car heated garage
- Landscaped grounds
- Starting at \$2,301,000



Base Camp
 at Bear Mountain



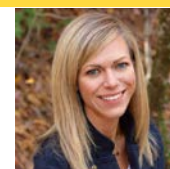
Please call for details regarding the reservation process.

ABOUT US


Heidi Bomengen
 802.342.0355



Kaitlyn Hummel
 802.353.6665



Liz Sailer
 802.353.5555

**#1 IN KILLINGTON
 REAL ESTATE
 SALES**

**WOMEN-OWNED
 AND
 OPERATED**

Prestige Real Estate sets a new standard of service. We specialize in listing and selling Killington condominiums, townhomes, single-family homes, multi-family homes and land. You can expect unrivaled customer service and local knowledge.

www.prestigekillington.com | 802-422-3923 | info@prestigekillington.com

Fur: Not just for warmth, uses are manifold for animals in the Vermont woods from page 24

dark spaces, find prey, and sense danger. Some small mammals may use hair—beyond their whiskers—to identify danger, perhaps relying on guard hairs to detect predators.

Ian Baker, a wildlife enthusiast and physicist specializing in infrared sensors, noticed when he watched trail cam videos that certain predators, such as owls and cats, hunted

in ways that seemed to conceal their body heat. Cats, he observed, ambushed their prey with their bodies stacked up behind their cold nose, and barn owls

twisted their torsos, obscuring the hottest parts of their body—their legs and wing pits. He wondered if predators conceal their body heat because their prey can sense it.

Baker collected guard hairs of mice and examined them under the microscope. He noticed these hairs had evenly-spaced bands of pigment, similar to structures he was familiar with from his work with infrared sensors. The pigment bands matched measurements of tools—such as thermal cameras—designed to pick up the heat signature of life. The hair also shared many structural similarities to these heat-sensitive antennae, including such characteristics as stiffness, inability to rotate or spiral, and each hair

ending in a long, tapered tip.

Baker looked at other small mammals, including rats, squirrels, shrews, and rabbits, which all seemed to share the same guard hair structure. Could it be that this fur acts not only as a warm winter coat, but also as a predator detector tuned perfectly to the heat signature of those most likely to eat them? Scientists are still

Could it be that this fur acts not only as a warm winter coat, but also as a predator detector tuned perfectly to the heat signature of those most likely to eat them?

working to verify this discovery.

Meanwhile, in the early morning light of winter, I watch the red fox disappear into the woods, and I feel the hair on my neck tingle. I lean into this feeling, wondering what that bit of electricity I'm feeling is really trying to tell me.

Susie Spikol is the community program director for the Harris Center for Conservation Education in Hancock, New Hampshire, and author of "The Animal Adventurer's Guide: How to Prowl for an Owl, Make Snail Slime, and Catch a Frog." Illustration by Adelaide Murphy Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine and sponsored by the Wellborn Ecology Fund of the New Hampshire Charitable Foundation: nhcf.org.

Mountainside at Killington



- Private, single-family home sites
- Spectacular views of the mountains of Killington and the valleys beyond
- Property management, complete year-round service with house checks
- Ski home, enjoy hiking and mountain bike trails



Mountainside Properties

2023 Killington Road, Killington, VT 05751
Mountainsideproperties@aol.com
mountainsidepropertiesvt.com/glades/
 802-236-1360

Branding
Engage
BE found

Marketing brought to you by the MOUNTAIN TIMES

Need help marketing your business online?

It's a complex ecosystem to navigate. Let us help! (don't worry, it's cheap and easy)

802.422.2399

Ski Country REAL ESTATE

Celebrating 33 years!

802.775.5111
 335 Killington Rd.
 Killington, VT 05751

MOUNTAIN GREEN - MAIN BLDG 3

- Location: Upper Snowshed parking area 1BR \$200K
- Common area: Laundry, health club, indoor pool, sauna, racquetball court, outdoor pool, on-site restaurant & ski shop



MOUNTAIN GREEN - BLDG 1 & 2

- Bldg #1: 1BR/1BA
- Next to outdoor pool \$175-\$225K
- 2BR/1.5 BA: \$229,900-\$245K
- Bldg #2: 1BR/1BA: \$225K



WOULD YOU LIKE TO KNOW WHAT PROPERTIES ARE SELLING FOR?

HERE ARE A FEW PROPERTIES WE LISTED AND/OR SOLD IN DECEMBER



WINTERGREEN	1BR/1BA	\$110,500
MTN GREEN (BLDG 1)	1BR/1BA	\$175,000
KILLINGTON GATEWAY	2BR/1BA	\$226,000
RUTLAND HOME (LITCHFIELD)	3BR/2BA	\$400,000
HIGHRIDGE	2BR/2BA	\$440,000
KING'S PINES	3BR/4BA	\$699,000



Lenore Bianchi



Tricia Carter



Pat Linnemayr



Chris Bianchi



Michelle Lord



Meghan Charlebois



Katie McFadden



Patrick Bowen



Kerry Dismuke



Carolyn Bianchi

the performance group real estate



Visit our office at 1810 Killington Rd, Killington

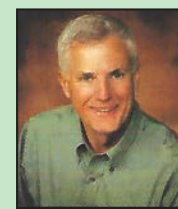
Ready To Serve Your Real Estate Needs

www.vthomes.com

Our Professional Team



Augie Stuart
Principal Broker
astuart@vthomes.com
(802) 353-0460



Gary Thompson
Associate Broker
gary@vthomes.com
(802) 779-2722



Cathy Quaglia
Associate Broker
cathyq@aspeneast.com
(802) 345-3797

email: info@vthomes.com

P: 802-422-3244

Sellers and Buyers

Contact us for the Best Representation.
Request your free Market Evaluation.



EXPRESS YOURSELF

FAST TRACKS IS YOUR ALL-DAY ACCESS TO EXPRESS LIFT LANES



Your time is limited, so The Beast is offering you priority access to our biggest lifts. Experience life in the fast line with **Fast Tracks** and you'll spend more of your time on the slopes at Killington Resort.



SCAN TO ADD FAST TRACKS NOW

