



Courtesy Killington Resort  
*The top of Killington Road leads to snowy Superstar. Ski top-to-bottom June 1.*

## LAST CHANGE TO SKI & RIDE IS JUNE 1

Killington Resort will cap off the longest ski season in the East on Thursday, June 1 — 181 days after opening Nov. 17. Head to the Superstar Express Quad at 9 a.m. for top-to-bottom turns. All proceeds from lift tickets (\$25) will be donated to Rutland County Pride in honor of Pride Month.

## SCOTT VETOES BUDGET

Gov. Phil Scott vetoed the state's \$8.5 billion budget on May 27. The budget is an estimated 13% increase in spending from last year — up from Scott's proposed 9% increase.

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## NEW MTB TRAIL TO OPEN

The Killington Mountain Bike Club is opening a new trail on Saturday, June 3, called Sherburner. There will be a barbecue and grand opening celebration starting at 1 p.m.

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## BEAR ACTIVITY TO INCREASE IN JUNE

VTF&W cautions folks to be bear-aware, secure trash and report violators.

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By Brooke Geery, Killington Resort

## Sky-high appreciation

*Killington Resort held an Employee Appreciation Day Thursday, May 25, inviting staff to enjoy Adventure Center attractions and break in the bike park before a cocktail party at the Umbrella bar.*

# Castleton steps up for West African student

By Katy Savage

Samuel Koroma came to Vermont last August hoping to escape hardships from back home, but the hardships seem to have followed him.

Koroma, 26, grew up in a rural area west of Freetown, Sierra Leone in West Africa. Just after his family dropped Koroma off at the airport so he could attend Castleton University, they were caught in a violent protest over rising fuel and food prices. Koroma's uncle, who was paying for Koroma's education, was severely beaten in the protests and hospitalized before he died from his injuries in October.

Now, Koroma owes Castleton University about \$8,000 and is at risk of being sent back home.

"Covering the cost of tuition, books, and other expenses due to my situation has been a major challenge for me," Koroma said. "As of right now I owe too much to be registered for the fall

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# Rutland rep co-founds Young Democrats of Vermont

Rutland local Anna Tadio has co-founded Vermont's first Young Democrats group along with Giovanni Falco. Falco currently serves as the president of the organization while Tadio serves as general counsel.

The founders and board of directors of the Vermont Young

Democrats officially launched the organization last week, joining the Vermont Democratic Party at the University of Vermont's Davis Center for the 24th annual Curtis-Hoff Dinner. During the event, Falco and Tadio met with leaders across the state to launch Vermont's first chapter of

the Young Democrats.

Tadio, an attorney in Rutland, leads the Rutland City Democrats and is vice chair of the Rutland County Democrats. Falco is currently a Northeastern University student and current staffer for Congressman David Trone (D-MD) in Washington, D.C.

The Vermont Young Democrats empowers and engages youth in civic discourse across the state of Vermont from Burlington to Rutland to Bennington. It is "the largest youth-led, partisan political organization in the nation and serves as the

Young Dems → 4

## Students pitch products in entrepreneurship class

By Katy Savage

Households spent an average of \$326 on veterinary care in 2020, according to Forbes Magazine.

Ameila Jones, a student at the Killington School of Resort Management, wants to change that. She presented a product she said "will help save your pets' lives," to a group of investors at Killington Grand Hotel on May 23.

Her product — a pet water bowl — comes with a three dimensional shape in the middle that changes color when bacteria is detected. She said the product would cut down on vet bills and help pets live healthier.

Jones asked for a \$300,000 loan, payable in five years with a 50% return on investment — and she got it.

"It's a great idea," said Bill Moran, one of the investors. "My wife will probably buy quite a few of them."

Jones' H2O Bowl was the winner of a fictitious investment as part of her entrepreneurship class led by Chris Coughlin, the vice president of mortgage servicing at Heritage Family Credit Union.

She secured an 'A' for the class for her winning product.

"I was happy for her," Coughlin said. "She's always been a quiet kid. They could see it selling in the marketplace. It wasn't overpriced."

Coughlin has been leading the entrepreneurship competition for 15 years. This year, students were tasked with developing products that have never been on the market before, developing a prototype, a marketing plan, and a financial

Entrepreneurs → 6

## Bergeron retires as snow sports operations manager at Killington

By Brooke Geery

After a 37-year career in snow sports, Dan Bergeron is retiring. Prior to his 11 years as snow sports operations manager at Killington, he served as the ski school director at Okemo for 22 years and the ski school director for Mount Ascutney before that.

As a divisional clinic leader and development team member for the eastern division of PSIA, Bergeron educated and evaluated ski instructors throughout the East Coast. He was also a member of the Snow Sports Management Committee, which established direction for educational content and was awarded the PSIA's Einer Aas award for Excellence in Snow Sports School Management in December 2022.

"Over his successful career Dan always put people first,"



By Brooke Geery

Dan Bergeron

said Killington Snow Sports Manager Dave Lacombe. "He was progressive in his thinking, caring in his actions, and kind in his words. We'll still be

seeing him around Killington where he'll be enjoying time on the slopes with his family. We wish him the best of luck in retirement."



# TOWN OF KILLINGTON VERMONT

## Do I need a zoning permit?

**“Yes,”** the zoning administrator says:  
“If you’re asking this question, you most likely do.”

### Here’s more details:

#### A Zoning Permit is only not required for:

- Fences and walls under 6 feet high and which do not interfere with corner visibility and are outside the town road right-of-way
- A free standing residential accessory structure such as a shed, tree house, doghouse, child’s playhouse or similar structure that does not exceed 144 square feet in size and is 12 feet or less in height and does not have plumbing.  
But It ***MUST*** meet setback requirements.
- Interior renovations that do not increase the overall floor area ***or result in additional bedrooms***  
Increasing bedrooms ***ALWAYS*** requires a permit.
- Patios at grade level
- General maintenance such as painting, roofing and siding

#### Now that that’s cleared up, here’s more detail on filing for permits:

The Town of Killington requires various permits and approvals for development. A Zoning Permit is required for any project that involves:

- New buildings or building additions
- Porches, decks and similar structures
- Swimming pools
- Accessory apartments (in house or over garage)
- Projects that increase the footprint or floor area of a building
- Change of use (***yes, this includes adding additional bedrooms!***)
- Subdivision, parcel merger, and boundary line adjustments

An application for a zoning permit is here: [bit.ly/KillingtonPermitApp](https://bit.ly/KillingtonPermitApp)

**Note:** If your project was approved by Act 250 you must also contact [Rick.Overkirch@vermont.gov](mailto:Rick.Overkirch@vermont.gov)

#### Let’s not forget about short-term rentals:

Yes, the town requires short-term rentals registration to safely bring as many guests as legally possible. The advertised capacity of a short-term rental is limited to its approved septic or sewer capacity. All short-term rentals are subject to inspection by the state Division of Fire Safety, although self-certification is an option for rental properties with an occupancy of 8 or less.

To register your short term rental, visit: [bit.ly/KillingtonSTR](https://bit.ly/KillingtonSTR)  
Contact asst. state fire marshal Joshua Maxham at 802-786-0071 or [Joshua.Maxham@vermont.gov](mailto:Joshua.Maxham@vermont.gov) for an inspection.  
For a short-term rental checklist go to [firesafety.vermont.gov](https://firesafety.vermont.gov).

#### Little info for you condo owners, too:

Condominiums are regulated by the state Division of Fire Safety and the state Act 250 Program. Changes beyond painting or decorating may require Division of Fire Safety approval. Increases to the floor area or creation of an additional bedroom would require Act 250 approval. Contact your condominium association before making any changes beyond painting or decorating.

#### PLANNING & ZONING

Tel: 802-422-3241 x 3

Email: [planner@killingtontown.com](mailto:planner@killingtontown.com)  
2706 River Road, P.O. Box 429, Killington, VT 05751  
[killingtontown.com](https://killingtontown.com)

#### When do I need a driveway permit?

The Zoning Administrator says “yes, this should be the first thing you do!” A Driveway Access Permit is required from the town Selectboard for a new or modified driveway off a town road. Contact the Town Manager to start this process. A State Highway Access and Work Permit is required from the state Agency of Transportation (VTrans) for a new or modified driveway off U.S. Route 4 or VT Route 100. For a Frequently Asked Questions sheet on state highway access and work permits visit: [vtrans.vermont.gov/planning/permitting/faqs](https://vtrans.vermont.gov/planning/permitting/faqs).

#### How about commercial business?

You always need a permit for business signs.  
Visit: [bit.ly/KillingtonSign](https://bit.ly/KillingtonSign). Most commercial development will need to be reviewed by the Development Review Board and Division of Fire Safety. Killington is a 1-acre town. Anything over could be subject to Act 250 review and approval. Questions? Request a Project Review Sheet from state permit specialist Rick Overkirch at 802-282-6488 or [Rick.Overkirch@vermont.gov](mailto:Rick.Overkirch@vermont.gov).



For more information about zoning permits scan or click: [bit.ly/KillingtonPermits](https://bit.ly/KillingtonPermits)

**Please don’t live by: “build it and they will come...”**  
**It’s *NOT* better to beg for forgiveness than ask for permission.”**





By Rick Russell

Murray McGrath (center) of Killington portrays Joab Hoisington and Patty McGrath (left) portrays Mrs. Hoisington in the performance of "Woodstock Anthology," a play that Murray's father wrote about the settlers to that town the first 100 years. The story is of the settlers' reactions to what was happening in imagined voices — some funny, some grumpy, some inspirational.

# Tales of Old Woodstock, a staged reading of the historic town's first 100 years, performed Sunday

On Sunday, June 4 at 4 p.m., a locally written play about early Woodstock residents will be performed by locals at North Chapel in Woodstock.

Who was Lucy McKenzie? Why did the Baptist deacon want to reshape the fiddle? Have you heard the rumors of disinterment? Did you know Norman Williams was an engineer turned doctor turned engineer who donated funds to build the library? Farmer, miller, innkeeper, priest, doctor, baker, judge and deceased— hear their stories in the voices of men and women from Woodstock's first 100 years as creatively written by local historian Kyran McGrath.

"Tales of Old Woodstock," a staged reading of "Woodstock Anthology, Woodstock's first 100 years," will entertain, teach about local history, and raise some money to support North Chapel. Admission by donation. No reservations needed, but parking is limited so arrive early.

North Chapel Unitarian Universalist Church is located at 7 Church Street in Woodstock.

## OBITUARY

### Richard Blaise Garofalo, 79

Richard Blaise Garofalo, formerly of Monroe, New York and a 27-year resident of Pittsfield, passed away on May 18, 2023 after a long illness. He was born to Stella and Philip Garofalo on July 30, 1943 in Queens, New York.

He attended Flushing High School, and joined the U.S. Army National Guard after graduation. Upon completing his military service, he began his career in the construction industry in New York City and soon became a high rise construction supervisor. He worked in Iran in the 1970s for an American based construction company as a Superintendent Project Manager. After returning home to the U.S., he started his own construction/renovations business where he worked until his retirement.



Richard Blaise Garofalo

Richie Garofalo loved spending time with family and friends. His door was always opened and he entertained often whether it be a small dinner gathering or a large party. Of course, the large parties always included dancing in the garage to rock and roll music of the 1950s.

He was an avid skier,

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### Celebration of life for Fiore to be held Sunday, June 11

A celebration of life is scheduled for James Fiore at the Foundry in Killington on June 11 at 1 p.m. The former deputy fire chief in Killington died May 6.

"Please join us in celebrating the life of Jimmy," the family announced. "Bring your stories and memories to share."

## KILLINGTON FOOD SHELF

We are stocked with nonperishable food, paper goods & cleaning supplies. Any person in need, please call to arrange a pickup. Donations accepted. Please call Nan Salamon, 422-9244 or Ron Willis, 422-3843.

**Sherburne UCC "Little White Church," Killington, VT**

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## MOUNTAIN TIMES

is a community newspaper covering Central Vermont that aims to engage and inform as well as empower community members to have a voice.

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# Bear conflicts are expected to increase in June

The Vermont Fish and Wildlife Department (VTF&W) is increasing outreach efforts to encourage Vermont residents and visitors to get ahead of an anticipated jump in bear conflicts this June.

“Last year, we saw reported bear incidents spike from 206 in May to 473 in June,” said the department’s Black Bear Project Lead Biologist Jaclyn Comeau. “We want to head off that spike

this year, and we need the public’s help to do it.”

The department has seen increasing bear conflicts between May and June over the past several years. However, 2022 showed a more pronounced spike than the three-year average of 182 reports in May and 370 reports in June. This year the department had already received 136 reports as of May 27. That

“Last year, we saw reported bear incidents spike from 206 in May to 473 in June,” said Comeau.

number does not include incidents reported directly to game wardens and will likely grow as warden reports are processed over the next two weeks, according to VTF&W.

To increase awareness about the steps Vermonters can take to prevent bear conflicts, the Vermont Fish and Wildlife Department is expanding its outreach effort this year.

“This month, Fish and Wildlife will be using every channel we have to reach everyone who lives in or visits Vermont with the message that bear coexistence is a shared respon-

sibility,” said Comeau. “For the first time, we are teaming up with the Department of Forests, Parks, and Recreation and the Department of Environmental Conservation to put up ‘Keep Bears Wild’ signs at state parks and transfer stations. Anywhere there is a risk of bears learning to look for food near people, we want people to be able to see how to reduce that risk.”

Bears → 5



Submitted

Members of the Vermont Young Democrats’ board of directors take a photo with U.S. Rep. Becca Balint at the Curtis-Hoff Dinner in Burlington. From left: Anna Tadio, Rep. Balint, Giovanni Falco, and Joshua Ferguson.

**← Young Dems:** from page 1

national federation for all state and territorial Young Democrat chapters.” Anyone below the age of 36 can be a Young Democrat. Currently, Vermont is not one of the 49 U.S. states and territories with an officially recognized chapter. The organization is getting young Democratic Vermonters engaged in their communities and with politics on the local, state, and federal levels.

The goal of the organization is to create a party that represents Vermont’s demographic, keep young people in Vermont; provide workshops and learning opportunities for young people to learn how to organize and engage with politics, causes, and campaigns; get young Vermonters engaged with their communities; coordinate and partner with the state party; help and encourage young Vermonters to run for elected office; and give Vermont a voice at the national convention.

At the event, Falco and Tadio met with

former Lieutenant Governor Molly Gray, U.S. Representative Becca Balint, Executive Director of Emerge Vermont Elaine Haney, and others to discuss the future of the organization and how to work together to engage young people in Vermont.

“We hear from politicians across the state that more and more young Vermonters are leaving, yet we provide limited opportunities for students and young adults to engage with their communities, join an organization, or fight for a cause that matters to them,” said Falco of the Vermont Young Democrats. “This organization will provide young people with the tools, resources, and voice to build a Vermont that helps keep folks in the state by engaging in civic discourse. This is not only beneficial to the longevity of the party but for the future of Vermont.”

Follow the Vermont Young Democrats at @YoungDemsVT for updates on Twitter, Facebook, and Instagram.

**← CU steps up:** from page 1

semester 2023 but I still hope to find another source of funding.”

Friends of Castleton International Students is trying to raise enough money so Koroma can stay through the next semester while many locals have rallied support. Rich Bryne bought him groceries, took him to get his haircut and gave him a bike so he could commute to campus. Laurie Welch Provin provided Koroma clothes while Sonya Saltis invited him to live in her home last semester so he wouldn’t have to pay room and board.

“The more I get to know him I can’t tell you how kind and how nice he is,” Saltis said. Saltis also took Koroma to the dentist — a new experience.

“In Africa you only visit the dentist to get your tooth pulled,” Saltis said.

Charlotte Gerstein, the librarian at Castleton, organized a GoFundMe for Koroma’s tuition and living expenses. So far, more than 100 people have donated \$9,500 toward the \$15,000 fundraising goal.

“After the great effort and sacrifice of his family to get him here, leaving after one semester would be a waste, and also a waste of an opportunity for the CU community to get to know this young man with so much to teach us, including about opportunities we take for granted,” Gerstein wrote on the GoFundMe page.

Coming to the United States has been an adjustment for Koroma. Back home, the minimum wage is the equivalent of \$58 a month. Most people in West Africa live in poverty, lack access to electricity, clean water, good hygiene and proper nutrition. Sierra Leone is plagued with violence and civil unrest and the life expectancy is low. Koroma’s father is elderly and his mother is dead.

“There are many things lacking in my country, like a poor educational system,” Koroma said. “And after you graduate from college, the chances of you getting a job are very little if you don’t have connections in government institutions and private businesses, and that is why many youths in my country are frustrated.”

Koroma is one year away from earning his bachelor’s degree in business administration at Castleton. He ultimately hopes to bring his younger siblings to the United States.

“I’m majoring in business management and taking courses in social work,” he said. “I wish to gain experience in management in a business in the U.S., and especially Vermont, and later to work in any U.S. Non-Governmental Organization (NGO), especially the charitable ones to help support people all over the world, or open a business to help in the socioeconomic development in my country.”

Koroma is applying for work visa so he can work two jobs on campus this summer to earn money for his stay.

“Castleton is a very nice community with very nice people,” Koroma said. “I really appreciate the opportunity given to me by the university to be here to further my studies and I appreciate all my professors, who have been very nice to me.”

Visit [gofundme.com/f/help-samuel-stay-at-castleton-for-spring-semester-to-donate](https://gofundme.com/f/help-samuel-stay-at-castleton-for-spring-semester-to-donate).



Submitted

Samuel Koroma, from West Africa, needs help finishing his education at Castleton University.





## GE volunteers clean cemetery in West Rutland

GE volunteers and members of the GE Veterans Network fixed up and cleaned up the grounds of West Street cemetery in Rutland on Friday, May 26, in advance of Memorial Day observations.



## Turtles on the roadway need your help

Drivers should be alert, especially near ponds and wetlands

Vermont's turtles are on the move, and the Vermont Fish and Wildlife Department (VTF&W) is asking for the public's help in keeping them safe.

Female turtles will soon be looking for places to deposit their eggs, and they sometimes choose inconvenient or

dangerous locations. For example, turtles often lay eggs in gravel parking lots and driveways and along road shoulders, which puts them at risk of being hit by motor vehicles.

Turtle nesting activity peaks between late May and early June.

"Turtles commonly cross roads as they move to nesting sites and summer foraging habitats," said Luke Groff, biologist for the Vermont Fish and Wildlife Department. "Many turtles killed on roads are nesting females, so not only is the female taken from the population but so are her future progeny. Turtles grow slowly and females may not reproduce until 10 or even 15 years old. So, for some species, the loss of mature breeding females may have population-level effects."

Turtle nesting activity peaks between late May and early June. Drivers are urged to keep an eye out for turtles on the road – especially when driving near ponds and wetlands.

"Turtles are usually slow to move, so they have a tough time safely crossing roads. If you spot a turtle on the road, please consider helping it across but be sure you're in a safe spot to pull over and get out of your car. Human safety comes first," said Groff. "If you're going to move a turtle off the road, always move it in the direction it was traveling. They know where they're going."

Most turtles can be picked up and carried across the road.

However, snapping turtles have long necks and a powerful bite, so people should be alert and know what the species looks like. If the turtle is large or if it lacks colorful lines, spots, or other markings, then it may be a snapper.

Instead of picking up snappers, try pushing them across the road with a shovel or pulling them across the road on cardboard or a car floor mat, VTF&W suggests.

Instead of picking up snappers, try pushing them across the road with a shovel or pulling them across the road on cardboard or a car floor mat, VTF&W suggests.

## Bears: from page 4

In Vermont, the leading cause of bear conflicts is unsecured garbage, including household trash collection bins and dumpsters at businesses and campgrounds. Keeping garbage bins inside until a few hours before trash collection can significantly reduce the risk of bear conflicts in residential neighborhoods. Insisting that garbage collectors provide businesses and public facilities with bear-proof dumpsters can reduce the risk of conflicts in other locations.



When preventative steps are not in place and bears learn that unsecured garbage is an easy food source, they can quickly become bold, and sometimes aggressive.

In Vermont, the leading cause of bear conflicts is unsecured garbage.

"If a bear develops aggressive behaviors like breaking into buildings in search of food, the department may have to kill that bear to protect human safety—nobody wants that outcome," said Comeau.

"Our goal is for everyone to know the steps to prevent bear conflicts from happening in the first place. Proactive coexistence is the best thing for bears and for people, and it will only work if everyone who lives in or visits Vermont treats it as a shared responsibility."

A full list of steps for coexisting with bears is available on the department's website at: [vtfishandwildlife.com/learn-more/living-with-wildlife/living-with-black-bears](http://vtfishandwildlife.com/learn-more/living-with-wildlife/living-with-black-bears).

Vermonters who notice bears seeking food in their yards or in public places are advised to report the incident at: [anrweb.vt.gov/FWD/FW/WildlifeBearReport.aspx](http://anrweb.vt.gov/FWD/FW/WildlifeBearReport.aspx).



Turtles are on the move and may be encountered on roads. Drivers are urged to keep an eye out for them and, if safe to do so, help them cross the road.

By Dale Cockrell, VTF&W



# As motel program winds down for unhoused Vermonters, state looks to out-of-state contractors for solution, staffing

By Lola Duffort/VT Digger

With close to 3,000 unhoused Vermonters slated to leave a state-run motel program in two waves over the spring and summer and local shelters already full, the state is beginning to sketch out an emergency response — by looking outside Vermont's borders for a solution.

The Agency of Human Services on Wednesday, May 24, released a request for proposals for emergency shelter staffing and services, with the goal of providing up to 1,000 shelter beds statewide. The state will prioritize congregate day and overnight shelters in Washington, Rutland and Chittenden counties, according to the request.

Skyrocketing housing prices has contributed to the state's growing homelessness. The state's

request is the first public evidence that it is in fact contemplating a massive mobilization — one that could, if successfully enacted, more than double the state's existing shelter capacity.

Separately, the Department for Children and Families reached out to local service providers on Monday to solicit "letters of interest" about support services, shelter expansions or outreach programs the state might fund. The department's commissioner, Chris Winters, said Thursday those projects remain the priority. But local nonprofits have said for months that they have little capacity to scale up

"When you consider many in the program are no better off than they were three years ago, after spending almost \$200 million dollars, you can see why we might conclude there must be a better way," Gov. Scott said.

their services, and Winters characterized the request for proposals as a "contingency plan" in the event that large gaps in coverage do indeed emerge.

"We keep hearing there's just no one to run these shelters — all these community action agencies are stressed out and fully tapped for all of their resources," he said. "So one way that we could help them, or do it separately, is to have

staffing come in. And that staffing might be from out of state."

Winters acknowledged a significant amount of uncertainty about what might come out of the state's open-ended request — including who might respond, or how much they might ask to charge. At the last minute, lawmakers added \$12.5 million into next year's budget to spend on a transition plan out of the hotels, and Winters said this is the pot of money the department is planning to lean on to fund the effort.

Asked if this might be enough to cover a yearlong contract to deliver such services on this scale, Winters said he wasn't sure.

"We don't quite know the size and scope yet. And we don't know what the bids are going to look like when they come in," he said.

Winters also said that mobilizing the Vermont National Guard remains "on the table," and under active discussion. But the Guard, like local shelters, he said, is "woefully understaffed."

"They have a lot of vacancies in the National Guard — a lot less people than they used to have. And if we do call on the National Guard, it pulls them away from all the other good work they're doing — lots of folks working as first responders or, you know, in health care," he said. And running a homeless shelter, he added, "looks a lot different than temporarily

Housing the homeless → 7



Submitted

Amelia Jones was the winner of her entrepreneurship class with her H2O pet bowl. Left, Jones stands with teacher Chris Coughlin. Right, students present a project for a golf ball GPS.

## ← Entrepreneurs: from page 1

analysis and an investment pitch. The class is modeled after the popular "Shark Tank" television show on ABC.

Four local business people—Dylan Watts, a commercial lender; Bill Ackerman, the chief marketing strategist at Killington Resort; Kirk Shields, the director of renewable project development and fleet operations at Green Mountain Power; and Moran, the owner of multiple rental properties, were given fictitious millions of dollars to invest in the students' companies. They could choose just one winner.

A golf ball that comes with a GPS locator piqued the interest of the sharks, most of whom were golfers. The ball would connect to a cell phone and beep when the golfer is close.

But, the sharks questioned the physics behind the golf ball and the weight of the battery and electronics.

"I think once you're in business, people will be hot on your tail. I think the competition will get crazy," Ackerman said, adding: "I think it's a great idea. I would buy it."

Another group of students pitched a wristband that holds credit card chips to make payments effortless and

cashless. You cut the chip out of the card and put it into a locket in the bracelet. The sharks liked the product but were concerned about security issues.

There was also a water bottle that turns snow into drinking water. The 34-ounce water bottle would come with double layered insulation and a heating pad on the bottom and a filtered straw. The product would be geared toward people who ski and snowboard in the backcountry.

A smart ski rack with Bluetooth technology that sends a notification when you've left your ski rack open was another popular product. It would be sold at a premium price for \$650.

"No more driving away with your ski rack open," one of the students, Charlie said.

Charlie, who worked as a parking attendant for Killington in the winter, said many people leave their ski racks open and drive away.

"I saw it more times than I can count," he told the sharks in his pitch. "It happens more than you think."

The winning product surprised Coughlin. He guessed the wristband payment product would win.

"I get it wrong every year," he said.

He liked the wristband for the sake of convenience.

"How cool would that be?" he said. "I want one of those."

The sharks said the ski rack was too expensive and they were concerned there were too many water bottles already on the market.

"They felt the golf ball would get too damaged for golfers who frequently replace their balls," Coughlin said. "I didn't think that would appeal to the average golfer."

As for Jones' project, Coughlin didn't think much of it. "I didn't really have an opinion on that one," he said. "I thought it was good, I thought it could win. I liked the simplicity, I liked the global reach."

Jones did the project herself after two of her teammates dropped out.

"She was an island on her own," Coughlin said. "She did great."

It also pleased the sharks for its simplicity.

It didn't have any complicated science behind it," Coughlin said.



# Phil Scott vetoes Vermont's \$8.5B state budget, House Speaker calls for state of emergency

By Lola Duffort/VTDigger

Gov. Phil Scott on Saturday vetoed the \$8.5 billion state budget sent his way by the Democratic-controlled Legislature.

The governor's action was widely anticipated, but in a more unexpected turn of events, House Speaker Jill Krowinski, D-Burlington, followed the governor's announcement by calling on Scott to declare a state of emergency "to address the transition of those in motels and avoid mass homelessness in Vermont."

A battle over whether to continue providing shelter to nearly 3,000 unhoused Vermonters who've been relying on a state-run motel program has dominated this year's budget debate. But that debate has been between Democratic leaders and their left flank — not Democrats and Scott. Both legislative leaders and the governor have argued the program is simply unaffordable absent the federal cash that underwrote the effort during the pandemic, and must come to an end.

Under pressure from left-leaning lawmakers and advocates, the Legislature at the last minute added \$12.5 million to the budget to ease the transition for those about to lose their housing, and Democrats, including Krowinski, have pointed to this pot of funding as evidence that the budget needed to be enacted without delay.

"With this veto, that means we don't have a budget and so the money that could have went out the door to help with this transition, with helping community partners and municipalities have the resources to help with this — there's nothing," she said in an interview Saturday.

Senate President Pro Tempore Phil Baruth, D/P-Chittenden Central, did not join Krowinski in her call for a state of emergency, but in a blistering statement released Saturday afternoon, he deemed Scott's



By Glenn Russell

After speculation, Gov. Phil Scott vetoed the proposed \$8.5 billion budget on Saturday, May 27.

veto "the most flawed and harmful of any in recent memory." Some 800 people are slated to leave the motels as soon as June 1, with more following later this summer, and Baruth wrote that "the Governor knows that June is the crucial month."

"He knows very well that the Legislature cannot act until late June; with this veto, he has made continuing uncertainty about (motel) funding and solutions a certainty," he wrote.

"Our approach to the (motel) program transition has been based on the notion that the Administration could be counted on to act swiftly, and in concert with the

Legislature, as expanded eligibility wound down. Clearly, that trust was misplaced," he continued.

The governor did not appear inclined to answer Krowinski's call, although administration officials have previously acknowledged that certain measures, such as deploying the Vermont National Guard, are already under consideration. His press secretary, Jason Maulucci, wrote in an email that administration officials were "taking action to prepare for the transition that the Administration, Speaker and Senate Pro Tem have all agreed must take place." He added that the governor would "take all

steps and use any tools he feels are appropriate to ensure the best outcomes for the state."

Scott's veto letter to lawmakers Saturday itself made no mention of the motel program. He focused instead on the message that he has been delivering for months now: that the budget spends too much and hikes taxes at a time when Vermonters can least afford them.

Universal school meals are expected to put roughly \$30 million in additional pressure on the property tax and Department of Motor Vehicles fees are slated to rise by 20% across-the-board. The budget also makes a downpayment on child care legislation that will require a 0.44% payroll tax beginning the following year.

"My budget leveraged a historic \$390 million in surplus revenue to fund our shared priorities like childcare, voluntary paid family and medical leave, housing, climate change mitigation, and more — all without raising taxes or fees," Scott wrote. "This approach is critical because Vermonters have made it clear that living in our state is not affordable."

After years of unprecedented budget surpluses thanks to an influx of federal spending during the pandemic, there is increasingly concrete evidence that a downturn is close at hand. Budget negotiations at the federal level could see the country default on its debt as soon as June 5, plunging the economy into chaos. And in Vermont, for the first time this fiscal year, all three of the state's major funds missed their revenue targets in April.

"I'm also concerned the substantial increase in ongoing base spending, that Vermonters must bear into the future, is not sustainable," Scott added. "This increase —

Veto → 10

## ← Housing the homeless: from page 6

housing someone in the middle of a disaster."

Whatever new supports are stood up will need to go up within an extraordinarily tight timeline. Roughly 800 people will lose their eligibility for motel shelter on June 1. Another 2,000 people who qualified for an extra month of housing because of their age, disability or special circumstance, will follow on July 1.

Whether or not to continue the motel program, which was dramatically expanded during the pandemic thanks to an influx of federal cash — now gone — has been the subject of fierce debate throughout the session. Progressives continue to pressure Democratic leaders to re-open budget talks to continue the program. While Gov. Scott insists that not only is the program unaffordable (costing \$8 million a month or about \$145 a day per room) but

it is also not serving those in it very well.

"When you consider many in the program are no better off than they were three years ago, after spending almost \$200 million dollars, you can see why we might conclude there must be a better way," Gov. Scott said in the weekly press conference May 26. "This may be one of the many reasons why Congress and President chose not to extend the programs, so states could return to a system of with clear eligibility, reasonable requirements, and sustainable funding. With that in mind, AHS has been working for months, reaching out to people in this program as we transition back to a housing program with a better connection to Vermont's wrap around services which are among the most generous in the nation," Scott concluded.

When asked about the criticism that the state's effort was welcome but late, Winters said that administration officials hadn't known "where the Legislature was going to land."

"Everybody was talking about it coming to an end and then pushing it out for another three months, or another six months, or pushing it out for another year. And so there's never been, you know, this inflection point of OK, it's really ending right? Here's how we enact the action plan," he said.

Paul Dragon, the executive director of the Champlain Valley Office of Economic Opportunity, said he understood that the state was in a "tough bind," and needed to urgently expand shelter capacity. But he also expressed frustration that the state had not more diligently invested in such infrastructure

before now.

"I've been testifying for the past three years — ever since I've been with CVOEO — on the need for additional emergency shelter space," he said.

Dragon added that what Vermont needs most is trauma-informed shelter space, with single-occupancy rooms, not congregate facilities. And he expressed some apprehension about who, exactly, might be inclined to answer the state's call.

"And I guess my question would be: Are these nonprofits that are coming in? What's their motiva-

tion?" he said. "Our correctional system is already privatized and we know that that has not had necessarily the best outcomes when we bring in outside contractors to do the work for Vermonters who are most

Motels are currently sheltering an estimated 80% of the state's unhoused population, and shelter providers ... are already at capacity.

vulnerable."

Minors alone account for nearly 600 of the individuals living in motels.

Motels are currently sheltering an estimated 80% of the state's unhoused population, and shelter providers up and down the state have made clear that they are already at capacity, with few realistic avenues for rapid expansions.



## GUEST EDITORIAL

# Transform Ryegate, Yankee for jobs and for the climate

By Jim Hurt

*Editor's note: Jim Hurt is a resident of Woodstock.*

Here is the gist of recent recommendations to the Vermont Climate Council calling for the profitable renovation of Vermont's two wood plants, McNeil and Ryegate, thereby transforming them into negative-emission power and storage stations.

These stations will emit very little but remove much CO<sub>2</sub> from the sky. A similar plan for Vermont Yankee is also financially attractive and will certainly create more jobs, profits and climate benefits than a new nuclear power plant at Vermont Yankee, as industry advocates still seek. Any nuke plan for Vermont Yankee, if seriously proposed, is likely to become a radioactive third rail to most voters in the tri-state region. The nuclear waste crisis is only getting worse.

Besides, Vermont can generate more green watts from more green resources in Vermont, i.e. solar and hemp, as Canada is doing. Hemp makes CBD, milk, bread, fabrics, drywall, car parts and biofuels. Hemp is a cash and cover crop that restores soil and rotates easily between other cash crops. Moreover, hemp removes CO<sub>2</sub> from air faster than trees via photosynthesis.

CO<sub>2</sub> gas from burning hemp biofuels can be captured at the point of emission and chemically reused to make synthetic e-fuels and feedstocks, i.e. H<sub>2</sub>, ethanol, gasoline, diesel, butanol, graphene and more. A new kind of multi-system power station can evolve out of the old plant.

The ever-useful switching yard can incorporate a) local solar farms, b) megawatt-scale storage and c) hemp biofuel generation with CO<sub>2</sub> capture and reuse.

Besides, central power and storage can only help accelerate distributed PV. Diverse companies like Siemens, Porsche

and LanzaTech are engineering a biofuel and e-fuel revolution for transportation, electricity and building heat.

Moreover, Vermont is overdependent on out-of-state power, including nuclear and Hydro-Quebec, which is not the benign green resource HQ claims it is. Rotting biomass emits much greenhouse gas. Worse, native fishing villages have suffered terribly from methyl-mercury poisoning over decades.

Vermont's premise for buying HQ power — that it's green and benign — is tragically wrong. The better choice by far is to keep more green in Vermont by generating more green power in the Green Mountain State. Gov. Scott should make the case for a profitable free-market climate plan, i.e. Vermont green is Vermont strong for Vermont's economy. And solar and hemp are green.

Yet, Gov. Scott and Vermont utilities are still marching toward ever-greater dependence on Hydro-Quebec and outside nuke power to cover new demand for electric cars and heat pumps. That means more Vermont green will be leaving Vermont just when Vermont farmers, especially dairy farmers, need new cash crops and markets, i.e. hemp and solar.

Then, too, the Vermont Climate Council might want to reduce CO<sub>2</sub> emissions by another 500,000 tons or more per year to compensate for the implosion of the Transportation & Climate Initiative and other setbacks. Yet, there is still no focus in the governor's office or Vermont utilities or the council on renovating Vermont's wood plants. Though small, these two plants emit together over 600,000 tons of

Green power → 10



By Curt Peterson, Hartland

## LETTERS

## A history of wildlife protection in Vermont

Dear Editor,

In response to a local Protect Our Wildlife representative's letter in Front Porch Forum I'd like to offer a timeline as to how we sportsmen and women lived without "help" before the advent of non-consumptive users. This information is available to the public on the Fish and Wildlife Department's timeline page.

Here are a few entries on that timeline I have chosen:

In 1876, Legislature gave the fish commissioner's authority over game as well as fish.

In 1878, 17 white-tailed deer were brought in from New York and stocked in Bennington and Rutland Counties.

In 1906, the Fish & Game Department was created with one commissioner.

In 1909, the first resident hunting license was created at a fee of 50 cents.

In 1920, six county wardens were added as full-time personnel with a yearly salary.

In 1937, Federal Aid in Wildlife Restoration (Pittman-Robertson) Act (an excise tax proposed by sportsmen, and women) was passed, providing funding to wildlife restora-

tion efforts in the states. The funding source is a federal tax on the manufacture of sporting arms and ammunition.

In 1941, beavers were again found in all 14 counties.

In 1955, a bull moose was spotted in Reading and another in Plymouth in 1956. Estimated to be 10 in the state. (how many are there now?)

Sportsmen and women and the Fish and Wildlife Department have brought this renewable resource to where it is today.

In 1969-1970, Biologist Bill Drake live-trapped 31 wild turkeys in southwestern New York and stocked them in Pawlet and Castleton. (Again, how many are there now?)

In 1971, the department gains support for deer management after the movie "Winter Bottleneck" showing deer die off in winter produced, and the last of Vermont's bounties (on bobcats and rattlesnakes) were repealed.

In 1977, first reintroduction of peregrine falcons in Groton.

In 1988, ospreys nested on an artificial nesting platform near the mouth of Otter Creek. In 2005, common loon, peregrine falcon and osprey were removed from the State Threatened and Endangered Species List.

I could not find any data about the historical numbers of black bears, but did find current data which states that "currently

estimated at between 4,600 and 5,700 bears" and that "Their numbers are higher today than they have been in 200 years."

Sportsmen and women and the Fish and Wildlife Department have brought this renewable resource to where it is today, since it was all almost wiped out by land clearing for farming in the mid to late 1800s. All this before the advent of activist groups that oppose the science of wildlife management. Yes, we did it without their help, and we still are.

Support VTF&W → 10

## Housing funds are still needed

Dear Editor,

Two years ago my spouse and I, ages 74 and 75, resided at the Sonesta ES Suites in Burlington. We stayed there for four weeks. We paid. We awaited a new condo to be ready that we had purchased.

We soon noticed that there were others housed there because of being homeless. They had children and sometimes I met them outside walking with their children or doing their laundry. Once my spouse drove a father and his child (in a car seat) to do some errands.

I am dismayed to see that funding for such places will soon end. In my 40-year career in Massachusetts with children and their families, I never knew any family that wanted to remain without a permanent home of their own. I worked in shelters in Framingham, Mass., with parents and their young children. There were wait lists for mental health services and affordable housing. These parents worked.

I hope the Vermont legislators support continued funding.

Anne C. Sullivan,  
Hinesburg



# CAPITAL QUOTES

After a months-long standoff, President Joe Biden and Republican Kevin McCarthy reached a deal after a 90-minute phone conversation on Saturday, May 27 on the government's \$3.41 trillion debt ceiling. They will suspend the debt to January 2025 and make budget cuts on Covid funds, food aid programs and other areas.

“I just got off the phone with the president a bit ago. After he wasted time and refused to negotiate for months, we’ve come to an agreement in principle that is worthy of the American people,”

Kevin McCarthy tweeted.

“The agreement represents a compromise, which means not everyone gets what they want. That’s the responsibility of governing,”

President Joe Biden said.

“The Biden defense budget was a joke before, and if we adopt it as Republicans we will be doing a great disservice to the party of Ronald Reagan. The biggest winner of the Biden defense budget is China because they’ll have a bigger navy; and it will be Putin. There’s nothing in the budget for Biden to help Ukraine win a war that they’re on the verge of driving the Russians out. So I like Kevin a lot, but don’t tell me that the Biden defense budget fully funds the military,”

Sen. Lindsey Graham said.

“It is inescapable to me. It has to be done. I don’t make single decisions like that alone. And so it depends on what the members who have courage,”

Rep. Dan Bishop (R-N.C.) told reporters on Tuesday, May 30, threatening to oust McCarthy.

## OP-ED

# Help for veterans who struggle with substance abuse

By Veronica Raussin

Editor’s note: Veronica Raussin is the community outreach coordinator for Addicted.org.

On Memorial Day, millions of American families took time to honor the memory of those who lost their lives fighting in one of the nation’s wars. It can be challenging for families who recently lost a loved one.

We must also never forget the veterans who lost their lives after making it home because of addiction, drug overdose, or suicide.

According to the National Survey on Drug Use and Health, over 3.9 million veterans nationally have a substance use disorder or mental illness. Substance use disorder significantly increases suicidality among veterans ages 18 and older. Suicidal thoughts and behaviors are also common among veterans ages 18 to 49.

“Early intervention saves lives, but it can be challenging for families to know where to seek help or how to access treatment,” said Michael Leach of Addicted.org.

Numerous causative factors lead to substance use disorders among veterans. For instance, many vets struggle to adjust to civilian life. They may experience financial hardships, difficulty finding employment, or accessing benefits. Many other veterans struggle with mental and emotional health problems. This can often be compounded with physical pain or chronic injury leading to pain medication use. Untreated trauma,

for example, increases rates of drug use to cope with unwanted feelings.

There can also be barriers to treatment, such as cost and gaps in health insurance. Stigma regarding addiction is still prominent. Veterans in rural areas have limited access to treatment. Communities may not have enough funding for more support options.

Besides the usual support provided by the U.S. Department of Veterans Affairs and the VA facility locator, other support options may include:

- Vermont Office of Veterans Affairs provides support for veterans and their families;
- ThinkVermont offers various services and support for veterans, such as job transition assistance;
- Pathways Vermont provides supportive services for veterans’ families;
- Helpful hotlines include the Veteran Crisis Line, 1-800-273-8255, and the Lifeline for Vets, 1-888-777-4443;
- SAMHSA has a treatment facility locator where veterans can find specific help for addiction in Vermont.

Families also play a critical role in helping their loved ones addicted to drugs. It’s ok to express concern about their drug and alcohol use. Speak to them openly and honestly about their substance use. Help them find treatment.

# A New England dream home should be sustainable

By Guy Payne

Editor’s note: Guy Payne is executive director of SEON (Sustainable Energy Outreach Network).

Embodying the New England dream entails not only appreciating the region’s natural beauty, history and culture, but also actively engaging in the community and building a sustainable home. To live the New England dream, you must first build the New England dream. This piece delves into why sustainable living in a high-performance house is an integral part of this dream, aligning with regional values and aspirations.

The New England dream encompasses not only residing in a picturesque, historic region but also actively participating in community life. By maintaining a sustainable home and engaging with the community, you preserve the area’s beauty and heritage while fostering a sense of belonging.

In order to truly invest in your home, neighborhood, and community, it is crucial to start with constructing an efficient, sustainable house that minimizes waste and environmental impact while saving on

building costs. This involves using eco-friendly building materials and designing an energy-efficient home with features like quality insulation, energy-saving windows, and airtight construction. Reducing waste during construction is also vital, which

can be achieved through quality prefabricated components and reusing or recycling materials.

Caring for your home goes beyond cleanliness and maintenance; it involves making sustain-

able choices like using energy-efficient appliances, conserving water and selecting sustainable materials. By doing so, you save on utility bills, reduce your carbon footprint and contribute to a greener future for the region.

Engaging with your neighborhood and community means volunteering, supporting local organizations, and advocating for positive change. This fosters a more equitable and sustainable future for all New England residents while promoting a sense of community and belonging.

Sustainable living in a high-performance Sustainable home → 10



Green power:  
from page 8

CO2 per year based on EPA estimates.

Or Vermont, Vermont utilities and Vermont power plant owners can profitably renovate these two plants with EPA blessings and Department of Energy support to reduce CO2 emissions by 600,000 tons per year and remove 600,000 tons per year from the sky at the same time. Carbon offsets and/or credits will no doubt apply.

Theoretically, a sustainably managed forest or set of forests can store more carbon in trees per year than released by logging and downstream use, including for wood chips and pellets for power plants or buildings. Let carbon forests proliferate by harvesting wisely. Don't cut too much too soon.

Ideally, Vermont's wood plants can burn a mixture of a) wood pellets from carbon forests that are managed and certified to store more carbon than is released per year, b) energy pellets from the stem of the hemp plant (the shiv), c) biodiesel from hemp seeds and d) ethanol from hemp leaves. These fuels can also be sold as carbon-neutral or nearly neutral biofuels for vehicles and buildings.

Finally, the Affordable Heat Act should be supported by a robust hemp cultivation program in order to, in their own

words, "deliver fuel and technologies that reduce greenhouse gas emissions." In that case, hemp biofuels should fit right in.

"All biofuels are not equal," Sen. Anne Watson recently said. Indeed, hemp is a superior crop for biofuels and many other

These two wood power plants emit together over 600,000 tons of CO2 per year based on EPA estimates.

products or the Canadian government would not be promoting it over many years. Hemp is a prodigious and rapid absorber of CO2 from the atmosphere and yet has much lower life-cycle carbon intensity than fossil fuels or monoculture palm oil.

Surely, transforming Ryegate into a negative-emission power and storage station is better than closing Ryegate, which will lead to the permanent loss of many jobs and much revenue to Ryegate Township and local economy.

Closing Vermont Yankee was a victory for nuclear safety and an economic disaster for the tri-state region. With hindsight and new chemistry, transformation is the optimal solution and a good example for the nation, world and Joe Biden too.

Support VTF&W:  
from page 8

In closing I would like to say that if you are interested in wildlife, and supporting a whole ecosystem agenda, you can't do better than investing your money in the people that have brought Vermont from a condition of one big pasture in the late 1800s, to the healthy,

diverse ecosystem that we can enjoy today.

You don't hunt, or fish? You can still put your money where your mouth is. Contribute to the Non-game tax check off, buy a habitat stamp, or buy conservation license plates.

Protesting those who

brought us to where we are today is in this case not a sound investment in the future of our environment. Support sound, proven management practices. Support our Vermont Fish and Wildlife Department.

**Pat Finnie,  
Calais**

Garofalo:  
from page 3

golfer, cyclist and enjoyed tending to his garden in his spare time. But his true passion was skiing. He enrolled in the Professional Ski Instructors Clinic (PSI) and received the "Top Gun" certificate of his class. He loved to teach kids and volunteered as coach for both the Killington Ski School Superstar Program and the Killington After School Ski Program for many years.

He also volunteered for various events sponsored by Killington Resort includ-

ing the Women's Ski World Cup for four years and the junior golf championship (AJGA) for seven years.

Richie Garofalo never discussed politics but was determined to get his point across when it came to his personal life.

He used that same determination when it came to others. He would be the first one to step up if needed. He was a caregiver for many years for a friend who had no one else. A task he took on without question.

He was a loyal friend and devoted to his family.

He is predeceased by his parents, and survived by his long-term companion Paulette Pagnotta, two daughters Audra Castelli and Tricia and her husband Matt Darch, two granddaughters Olivia Castelli and Avery Darch, two brothers Philip and wife Fran, Blaise and wife Linda and several nieces and nephews.

A celebration of life will be held at a later date.

Sustainable home:  
from page 9

house aligns with the New England dream in various ways, such as energy efficiency, indoor air quality, durability, comfort, resilience, renewable energy,

water efficiency, healthy living, cost savings and environmental stewardship.

As an increasing number of New England homeowners strive for sustain-

ability, high performance houses offer an appealing solution that caters to their needs while championing a greener future for the region.



By Donald Dill

Boot Pro in Ludlow expands with bike program

*Celebrating its recent expansion in Ludlow for a new bike program, the Okemo Valley Regional Chamber of Commerce held a ribbon cutting ceremony for The Boot Pro. From left, Chamber Director Carol Lighthall, Boot Pro owners Alex and Shon Racicot, and bike program manager Doug Earle.*

Veto:  
from page 7

more than twice the rate of current inflation — is especially concerning because it does not include the full cost of the new programs created this year that rely on new tax revenue or will otherwise add to Vermonters' costs."

The budget proposal Scott presented to lawmakers in January itself represented a roughly 9% increase in spending; the budget the Legislature ultimately passed upped that to 13%.

"With one-time money subtracted, the Legislature's budget and the Governor's differ by about three percent — with nearly all of that difference flowing to mental health, adult-days and other critical service providers," Baruth wrote in his statement.

Democrats command supermajorities in both the House and the Senate, but overriding the governor is still expected to be a complicated task, particularly in the lower chamber. Twelve Democrats and five Progressives in the House voted against the budget in mid-May to protest the bipartisan decision to end the motel program.

Democratic organizers of the effort have said they plan to sustain the governor's veto in hopes of forcing legislative leadership to re-open the budget and continue the motel program — at least temporarily. Despite motels sheltering the vast majority of the state's unhoused population, local shelters are already full, and the dissident lawmakers say the state needs more time to put adequate alterna-

tives in place.

One of them, Conor Casey, D-Montpelier, who once served as the executive director of the Vermont Democratic Party, said Friday bucking his party's leadership is difficult.

"I've worked with them for years. I know they're really good people. I know they have big hearts. But I think we have to, we have to have a position of strength here, as a separate branch of government with veto proof majorities. And we can do it," he said.

And the sum in the budget set aside for the transition was ultimately "a Band-Aid," he said.

"You can send out this \$12.5 million, but these service agencies — they're not going to be hiring new employees that they then have to, like, lay off in a year because it's one-time funding. And they're not going to be able to hire contract positions either," he said.

An override requires support from at least two-thirds of the members present in each chamber. It's unclear if the group that initially voted against the budget will all stick together during the vote. But if they do, Democratic leaders will have two choices: negotiate with their left wing to continue the program, or negotiate with Scott and Republicans to cut from the budget and arrive at a deal that way.

Lawmakers are set to reconvene June 20 to take up any vetoed legislation, facing a compressed timeline to act. The new fiscal year begins July 1.



WORDPLAY

Tossed Salad' Find the words hidden vertically, horizontally, diagonally and backwards

SUDOKU

Solutions →27

D	H	I	R	Y	H	M	L	I	N	O	I	N	O	P	A	E	U	P	H
S	N	A	E	B	T	U	O	G	K	B	B	E	E	T	S	D	D	P	T
L	G	S	C	A	L	U	G	U	R	A	C	B	B	T	K	Y	D	S	O
G	R	V	R	B	I	V	R	A	D	I	S	H	E	S	P	O	O	A	M
H	L	A	I	H	V	P	D	S	R	M	Y	S	D	L	O	V	P	T	A
I	B	O	C	U	K	E	E	P	L	P	E	Y	G	U	A	U	S	P	T
L	N	I	P	U	O	P	T	D	E	V	Y	E	Y	V	C	K	M	K	O
V	O	A	P	G	P	P	N	P	I	V	C	H	C	A	N	I	P	S	E
L	I	C	V	K	M	E	R	L	E	U	M	C	L	V	D	M	B	I	S
M	L	N	N	O	P	R	O	Y	T	C	H	T	T	H	N	C	U	I	M
L	S	R	E	Y	C	S	G	T	O	I	V	E	E	D	N	T	C	H	A
V	P	G	H	G	O	A	E	S	C	H	P	U	M	S	L	H	C	L	A
T	R	N	N	V	A	L	D	K	Y	O	I	S	E	K	O	C	T	N	E
N	O	D	H	O	P	R	P	O	O	U	D	I	R	G	R	C	S	P	E
P	U	I	C	R	T	E	O	P	G	E	R	P	E	O	L	C	T	C	Y
B	T	M	S	T	A	I	B	B	E	R	N	Y	U	T	T	C	B	E	M
O	S	O	L	D	H	G	D	S	E	M	C	T	S	T	U	N	N	L	T
N	G	S	E	L	P	P	A	B	V	V	O	L	E	E	D	L	U	E	O
R	C	R	E	H	O	I	O	C	P	N	M	O	A	E	S	H	E	R	A
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- APPLES  
ARUGULA  
AVOCADO  
BEANS
- BEETS  
BERRIES  
CELERY  
CHICKEN
- CHICKPEA  
CROUTONS  
KALE  
LETTUCE
- NUTS  
OIL  
OLIVES  
ONION
- PEPPERS  
RADISHES  
SEEDS  
SPINACH
- SPROUTS  
TOMATO  
VINEGAR

CROSSWORD PUZZLE

Solutions →21

CLUES ACROSS

1. Sloping position  
5. Descendant of a notable family  
10. Following accepted norms  
12. Root vegetable  
14. Having a shape that reduces drag from air  
16. Integrated circuit  
18. Records electric currents of the heart  
19. Used to anoint  
20. Japanese city  
22. After B  
23. Muffles  
25. Pass over  
26. Vase  
27. Soft touch  
28. A baglike structure in a plant or animal  
30. Patti Hearst's captors  
31. Israeli politician  
33. Degrade  
35. Type of wrap  
37. Polyurethane fabric  
38. Avoids capture  
40. Vegetarians avoid it  
41. Decay  
42. Soviet Socialist Republic  
44. Vessel to bathe in  
45. Inches per minute (abbr.)

48. Frosts  
50. Dipped into  
52. Controversial replay system in soccer  
53. Comforts  
55. Needed for yoga  
56. Ands/\_  
57. South Dakota  
58. Printing system  
63. Dramatic works set to music  
65. Highest points  
66. Social division  
67. Used to treat Parkinson's disease

CLUES DOWN

1. Hill or rocky peak  
2. Initial public offering  
3. Type of light  
4. Test  
5. Flaky coverings  
6. Former NFLer Newton  
7. Part of the eye  
8. Roman god of the underworld  
9. Negative  
10. Indiana pro basketball player  
11. Replaces lost tissue  
13. Denotes one from whom title is taken  
15. Historic college hoops tournament  
17. Hut by a swimming pool  
18. Defunct European monetary unit  
21. Feeds on insects  
23. Adult male  
24. Melancholic  
27. Sheets of glass  
29. Slang for famous person  
32. Not good  
34. "Ghetto Superstar" singer  
35. The "World" is one

36. Used to make guacamole  
39. Midway between south and southwest  
40. Wet dirt  
43. Ancient Egyptian name  
44. Set of four  
46. Strips  
47. Wife  
49. More dried-up  
51. Socially inept person

54. Clusters on fern fronds  
59. Bar bill  
60. Prefix indicating "away from"  
61. Very important person  
62. Fiddler crabs  
64. Special therapy

How to Play

Each block is divided by its own matrix of nine cells. The rule for solving Sudoku puzzles are very simple. Each row, column and block, must contain one of the numbers from "1" to "9". No number may appear more than once in any row, column, or block. When you've filled the entire grid the puzzle is solved.

7								
				8	3			5
	9	1					8	
			4				1	
	2		5			9		
					8			
1			3		6			
	4				1	2		
3		8		9			5	

Level: Intermediate

Guess Who?

I am an actress born in California on May 29, 1989. I did runway modeling for Dolce & Gabbana as a teenager. I started in independent films and then went on to bigger roles. I am the granddaughter of a famous singer.

Answer: Riley Keough

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## WEDNESDAY

### 5/31

#### Pre-K Storytime at Billings Farm & Museum

9:30-11 a.m. Billings Farm & Museum, 69 Old River Road. Cost is \$12/child or \$10/member child. Young ones from near and far are invited to the beautiful land of Billings Farm & Museum to hear farm tales wrapped in rich engagement, make a craft, and enjoy a snack. Adult attendance is required. One adult admitted free with a paid child. For more info visit: [billingsfarm.org](http://billingsfarm.org).

#### Early Literacy Playgroup

10 a.m.-12 p.m. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. A fun playgroup for your 2-5 year old. Miss Allie, a certified teacher, hosts. For more info visit: [rutlandfree.org](http://rutlandfree.org).

#### Graphic Novel Book Club for Kids

3-4 p.m. Norman Williams Public Library, 10 The Green, Woodstock. Come learn about new graphic novels, talk about your favorites, and maybe create your own. Grades 3 through 6. Children 10 and younger must be accompanied by a caregiver who is 14 or older. For more info visit: [adrian@normanwilliams.org](mailto:adrian@normanwilliams.org).

#### Name that Fish Stew! Cooking Class.

6:30-9:30 p.m. Bridgewater Corners, Bridgewater. Cost is \$95. Chef Ted will teach the skills to create a delicious New England seafood stew with shellfish and vegetables. For more info visit [odysseyeventsvt.com](http://odysseyeventsvt.com)

#### Jazz Cafe series: New Kanon Jazz Trio

7 p.m. every 2nd and 4th Wednesday of the months June through October. Stone Valley Arts, 145 E. Main St., Poultney. Suggested \$10 donation. SVA invites you to come out and savor an evening with high-toned live jazz music, enjoy bar snacks and homemade desserts, BYOB. New Kanon Jazz Trio is a talented trio of musicians who will perform a popular jazz repertoire and original tunes composed by Gary Schmidt. Professional bassist and educator Ron White is well versed in jazz, rock, classical and American roots music contributes to the trio's mellow tone. Nick Aloï brings his unique swinging style, developed over the last 50 years of playing on international stages and locally throughout the New England area. Gary Schmidt, a versatile pianist and composer who has concertized throughout the U.S., leads the group on the piano with clarity, adeptness and finesse. For more info visit [stone-valley-arts.loxi.io/](http://stone-valley-arts.loxi.io/)

## THURSDAY

### 6/1

#### Audubon West Rutland Marsh Monitoring Walk

7 a.m. Marsh boardwalk kiosk on Marble St. Free. Join our friendly and knowledgeable birders on our monthly marsh walk in this Audubon important bird area. No experience necessary. Go the entire 3.7 mile loop or go halfway. All are welcome. For more info visit [birding@rutlandcountyaudubon.org](mailto:birding@rutlandcountyaudubon.org).

#### Storytime at Rutland Free Library: 'Jungle'

10 a.m. Rutland Free Library, 10 Court St., Rutland. Free. Storytime promotes early literacy and socialization skills in a fun setting. Each session might offer stories, movement, and an activity. No registration required, free and open to all. Fox room. Geared towards ages 2-5. For more info visit: [rutlandfree.org](http://rutlandfree.org)

#### Toddler Storytime

10:30-11:30 a.m. Norman Williams Public Library 10 The Green, Woodstock. Join us to read a few books on a theme of the week! Enjoy stories, socializing, and often a project tied into the theme. For young children ages 20 months - 3 1/2 years. Info@normanwilliams.org.

#### Black River Memory Café

11 a.m.-1 p.m. Ludlow Community Center, 211 Main St., Ludlow. Free. Black River Good Neighbor Services is sponsoring a Memory Café for caregivers & their loved ones. Games and music. Lunch provided. For more info contact: [brgoodneighbor@gmail.com](mailto:brgoodneighbor@gmail.com) or call 802-293-7663.

#### Ukelele Group

12-1 p.m. Chaffee Art Center, 16 So. Main St., Rutland. Free. Meet on Thursdays as musician Steven Wilson leads attendees through specific sheet music. All levels welcome. This is not a class, but a group enjoying playing the ukulele together. Must pre-register: [chaffeeartcenter.square.site](http://chaffeeartcenter.square.site) or call 802-775-0356.

#### Drive-up-pick-up Meals

12 p.m. Godnick Center, 1 Deer St., Rutland. \$3.50 donation ages 65+, \$6 fee under age 65. Reservations required. Godnick Center, in partnership with Southwestern Vermont Council on Aging and Meals on Wheels, is providing drive-up pick-up meals on Mondays and Thursdays at noon at the Godnick Center. To order, call 802-773-1853 during business hours.

#### NAMI Connection Peer Support Group

3 p.m. Virtual. Free. Struggling with managing your mental health? NAMI Connection Peer Support Group can help. This is a free, 90-minute recovery support group for people living with a mental health condition. For more info visit: [namivt.org/support-groups/peer-support](http://namivt.org/support-groups/peer-support).

#### Crafts for Kids

3:30-4:30 p.m. Hartland Public Library, 153 Route 5, Hartland. Free. Every Thursday, join us for crafts in the Juvenile Fiction Room! Bookmark and card making, collaging, creative writing, glitter, drawing, painting, and more. For more info visit: [hartlandlibraryvt.org](http://hartlandlibraryvt.org).

#### Yoga with Kellie

4-5 p.m. Rutland Free Library 10 Court St., Rutland. Free. Join Kellie for yoga weekly in the Fox Room. For more info visit: [rutlandfree.org](http://rutlandfree.org).

#### Barn Arts Feast & Field presents 'Bow, Jack and Krishna'

5:30 every Thursday evening. Fable Farm, 1525 Royalton Turnpike, Barnard. \$5-\$25 sliding scale. Bow Thayer will perform his ever evolving and unpredictable music, spanning genres of Americana, folk, prog, blues, world music, and psychedelia on his journey to bring backwoods music to the present. A full-time artist, Bow has devoted his life to spreading his tales, truths and fantasies about the human condition wherever he goes and invites you to catch an earful. For tickets and more info visit [feast-and-field.square.site/tickets](http://feast-and-field.square.site/tickets).

#### Kids and Adults Ballroom Classes with Patti Panebianco

5-7:50 p.m. Green Mountain Community School, Brennan Circle in Poultney. Cost is \$15-\$112. Ballroom dancing classes for kids and adults. For more info visit: [stone-valley-arts.loxi.io/ballroom-dance-with-patti-panebianco](http://stone-valley-arts.loxi.io/ballroom-dance-with-patti-panebianco).

## FRIDAY

### 6/2

#### Audubon Bird Walk in Pittsford

7 a.m. Meet at the parking area at the Cooley Covered bridge approximately one mile south on Elm St. from US 7 and Kamuda's Market in Pittsford. Car pooling is encouraged as parking is limited. Free. This will be a 3-mile bird walk open to all. Should see some birds along the rivers, warblers and other interesting wildlife. For more info visit: [rutlandcountyaudubon.org](http://rutlandcountyaudubon.org).

#### Brandon Farmers' Market

9:30 a.m.-2:30 p.m. Central Park, Conant Square, Brandon. Free. The Brandon Farmers Market started over 40 years ago to serve the Brandon and surrounding communities by providing a non-commercial positive atmosphere for Brandon area consumers to purchase quality locally made produce, goods, and crafts, while also providing an outlet for local farmers and crafts people to sell their wares. For more info visit [brandonfarmersmarketvt.com/about](http://brandonfarmersmarketvt.com/about).

#### WoodSpryte Early

#### Learning Adventures

9:30-10:30 a.m. Green Mountain Community School, 1 Brennan Circle, Poultney. Cost: \$12/class. In May and throughout the summer, WoodSpryte Arts classes will be focused primarily around WoodSpryte Garden, our little garden bed in front of the Stone Valley Arts building. As we prepare our bed, we'll learn about worms and other soil critters! During the weeks of late spring and through the summer, our stories and activities will be guided by what we are planting, what creatures are visiting, what is growing, what we are tasting and/or preparing...all through stories, songs, hands-on gardening activities, as well as the arts and cooking projects. Bring your young sprouts to join us on the SVA lawn Fridays Ages 2-8. For info call 802-235-2209, email [woodsprytearts@vermontel.net](mailto:woodsprytearts@vermontel.net), or find us on Facebook at [tinyurl.com/stonevalleyartswoodspryte](http://tinyurl.com/stonevalleyartswoodspryte).

#### Adult Artery Weekly Friday Workshop

10 a.m.-12 p.m. Chaffee Art Center, 16 So. Main St., Rutland. Cost with 3 options: 1. Bring own painting supplies \$10; 2. Use of any one Chaffee supply \$5 additional; \$20 total if more supplies used; 3. Chaffee provides all supplies: paint (watercolor, acrylic, oil, pastel), canvas, brushes, easel \$20. Join us every Friday 10am-Noon. Adult group for connection and inspiration. A time and place to create with others. Painting in all mediums welcome. For more info visit [chaffeeartcenter.org](http://chaffeeartcenter.org).

#### All About the Arts

11 a.m.-Noon on Fridays. Chaffee Art Center, 16 So. Main St. in Rutland. Free for ages 3-5. Students will have fun creating and doing activities with art, music, literature, and more! Adult must accompany children under age 4. For more info visit [chaffeeartcenter.org](http://chaffeeartcenter.org).

#### Stephen A. Douglas Museum: Davenport Film: 'The Indomitable Blacksmith'

2 p.m. Brandon Town Hall, 1 Conant Squar, Brandon. Free. This special World Premiere Of "The Indomitable Blacksmith" tells the true story of Brandon's own Thomas Davenport, the pioneering electric motor he invented in 1834. As an added bonus, we will have another showing of Dr. Kevin Thornton's "Death In The Wilderness", his very successful Civil War Movie about Brandon's Frankie Davenport. For more info visit [brandontownhall.com/calendar-1](http://brandontownhall.com/calendar-1)

#### That's Amore! Pizza & Calzone Cooking Class

6:30-9:30 p.m. Bridgewater Corners, Bridgewater. Cost is \$80. Award-winning Chef Ted will then lead a hands-on pizza and calzone-making class. Come have a fun cooking party workshop! We'll greet you with a warm welcome at our mountain top retreat which, wherever you look, has views and picturesque vignettes. Award-winning Chef Ted will then lead a hands-on pizza and calzone-making class. We'll use mostly organic and regional ingredients that herald mainly from nearby Vermont farms. BYOB and eat what you make. Call or email us to discuss. 802-342-1513 / [info@odysseyeventsvt.com](mailto:info@odysseyeventsvt.com)

#### Stephen A. Douglas Museum: Davenport Film: 'The Indomitable Blacksmith'

7 p.m. Brandon Town Hall, 1 Conant Squar, Brandon. Free. This special World Premiere Of "The Indomitable Blacksmith" tells the true story of Brandon's own Thomas Davenport, the pioneering electric motor he invented in 1834. As an added bonus, we will have another showing of Dr. Kevin Thornton's "Death In The Wilderness", his very successful Civil War Movie about Brandon's Frankie Davenport. For more info visit [brandontownhall.com/calendar-1](http://brandontownhall.com/calendar-1)

#### Spring/Summer Film Series at Stone Valley Arts:

#### "Thunder Road" (2018)

7-8:30 p.m. Stone Valley Arts, 145 E. Main St., Poultney. Stone Valley Arts is hosting a film series expanding their busy schedule of cultural programs for the community. The film series will feature award-winning classic films from 2017 - 2021, including fantasy, dramas, and comedies. Two films will be shown each month, screenings Friday nights at 7 p.m. and Sunday afternoons at 3 p.m. and will be followed by a brief discussion. For more info visit [stone-valley-arts.loxi.io/](http://stone-valley-arts.loxi.io/)

Calendar → 13

**DEBUT OF NEW MTB  
TRAIL "SHERBURNER"**  
SATURDAY AT 1 P.M.





← **Calendar:** Email [events@mountaintimes.info](mailto:events@mountaintimes.info) from page 12

## SATURDAY 6/3

### Audobon Bird Walk.

7 a.m. Marble Street boardwalk in West Rutland and the Whipple Hollow Trail on Whipple Hollow Road in West Rutland. Free. Our annual attempt to tally 100 species or more in Rutland County. Join a team to visit some birding hotspots or stop by the 'Big Sits' at the Marble Street boardwalk in West Rutland and the Whipple Hollow Trail on Whipple Hollow Road. For more info or to join a team contact: [birding@rutlandcountyaudubon.org](mailto:birding@rutlandcountyaudubon.org).

### Drawing from Nature, Class 1: Reptiles and Amphibians

9 a.m.-12 p.m. VINS Nature Center, 149 Nature's Way, Queechee. Cost: \$50 general public; \$45 VINS Member. In this first Drawing from Nature class, the focus will be on the region's native reptiles and amphibians. The workshop will begin with a walk on the trails of the VINS Nature Center exploring habitats used by reptiles and amphibians while discussing their biology and conservation. Following that, the class will have the opportunity to get up-close with VINS' reptile ambassadors and will spend the rest of the workshop creating illustrations and watercolors in nature journals. For more info visit: [events@vinsweb.org](mailto:events@vinsweb.org).

### Vermont Farmers' Market

9 a.m.-2 p.m. Franklin Conference Center, 1 Scale Ave., Suite 92, Rutland. Free. Every Saturday, all summer, shop local at the Vermont Farmers Market at Depot Park in Downtown Rutland, VT. We also have mid-week summer markets every Wednesday in Rutland (Beginning June 7th) and every Thursday (Beginning June 8th) in Fair Haven through the end of October. For more info visit: [vtfarmersmarket.org](http://vtfarmersmarket.org).

### Spring Landscape in Watercolor with Robert O'Brien

9:30 a.m.-4 p.m. Great Hall in Springfield (100 River St.) Cost: \$85. Register by May 31. In this class, students will learn to paint the beautiful New England landscape in spring in watercolor. We will incorporate some of these landscapes with bursts of floral color. Composition and values will be emphasized. The class will begin with a demonstration by the instructor followed by class painting. A critique will be held at the end of the session. This class is open to all levels with some watercolor experience suggested.

### The 'Touch-A-Truck event takes place at the Sherburne Library

10 a.m. Sherburne Library, 2998 River Road Fork, Killinton. Free. The Sherburne Library will host the "Touch-a-Truck Event" on Saturday starting at 10 a.m. featuring a short story time with the smallest patrons. After the story, the kids will be able to touch real firetrucks, dumptrucks and more. There will be trucks from the Killington Fire Department, Casella, Killington Police Department, Mosher Excavating, and GMP will be there. We are waiting for confirmation The Vermont National Guard and Mr. Ding-a-Ling. For more info visit [sherburnelibrary.org](http://sherburnelibrary.org).

### Vermont Plants Sunflowers for Ukraine

10 a.m.-12 p.m. Castleton Community Center, 2108 Main St., Castleton. Free. To show our solidarity with the people of Ukraine on Saturday, participants will be planting sunflowers in our garden and on the walking trail. There will be a craft project, snacks and a "Sun Flowers Fun Facts" walk around the trail. This is also the date of the Center's annual plant swap: "bring a plant take a plant". The event is free and open to all. For information call 802-468-3093 or visit our website [www.castletoncsi.org](http://www.castletoncsi.org).

### Artisan Marketplace

10 a.m.-2 p.m. Chaffee Art Center, 16 So. Main St., Rutland. Free. 10x10 booths featuring all forms of the arts, variety of crafts, specialty foods and more will be at the Chaffee Art Center on the front lawn, side yard and on our grounds near the Carriage House. For more info visit [chaffeeartcenter.org](http://chaffeeartcenter.org).

### Remarkable Reptile Day

10 a.m.-5 p.m. VINS Nature Center, 149 Nature's Way, Queechee. Included with general admission Join us for a day celebrating all things reptilian! From turtle shells to snake smells, you will discover the amazing world of reptile adaptations. Enjoy close encounters, hands-on activities, crafts and more. With special guests, the Southern Vermont Natural History Museum and Wildlife Encounters showcasing their reptile ambassadors, it is guaranteed to be a Remarkable Reptile Day! For more info visit: [events@vinsweb.org](mailto:events@vinsweb.org).

### Huck Finn Catfish Derby to benefit Killington Elementary School

11 a.m. The Foundry, 63 Summit Rd, Killington. The Foundry will hold the Huck Finn Catfish Derby. With rod and gear in hand, fishers from all around will gather to try their luck at Summit Pond for a shot to win one of the winners trophies. Burgers and hot dogs will be available. All proceeds go to benefit the Killington Elementary School. \$5 to register. For more info visit [foundrykillington.com/entertainment/2018/6/9/huck-finn-catfish-derby](http://foundrykillington.com/entertainment/2018/6/9/huck-finn-catfish-derby)

### Rutland Railroad Museum & Model Club

11 a.m.-1 p.m. 79 Depot Lane, Center Rutland. Free. Children of all ages will delight in the HO scale model railroad operating display (HO is a rail transport modeling scale using a 1:87 scale). The depot is now a museum that displays hundreds of rare or antique model trains, photographs, signs and diverse memorabilia saved from an earlier time, including the former Rutland Railroad caboose #45. For more info visit: [rutlandrailway.org](http://rutlandrailway.org).

### KMS Awards Ceremony

11 a.m. Killington Grand Hotel Free. All KMS full term and winter term students chosen by faculty to receive awards this year will be recognized at this event. Light refreshments provided. For more info visit [tinyurl.com/3sd2k82e](http://tinyurl.com/3sd2k82e)

### Miss Jackie's Studio of

#### Dance Recital: 'Rising Stars'

12 p.m. Paramount Theatre, 30 Center St., Rutland. Tickets: Adults: \$29 + tax/fees; Students: \$19 + tax/fees. Miss Jackie's Studio of Dance students and teachers produce an exciting show of ballet, pointe, tap, jazz, lyrical, modern, hip hop, baton and acrobatic performances. The recital is Miss Jackie's 67th season and 66th recital, a culmination of the dedication, hard work and love that is poured into their classes, emulating Miss Jackie's style and passion. For more info visit [paramountvt.org](http://paramountvt.org).

### The Soufflé Also Rises and Apple-Tart

#### Cooking Class

12-3 p.m. Bridgewater Corners, Bridgewater. Cost is \$80. Learn how to make our un-classic fallen soufflé. First, we handle the classic combo of Vermont dairy and eggs in an unclassic "fallen" soufflé. Then with apples from local orchards, you'll learn to make a light and delicious apple tart with Vermont maple cream. If it's sugaring season we may even walk to our neighbor's shack to see some of the processes. BYOB and eat what you make. Call or email us to discuss. 802-342-1513 / [info@odysseyeventsvt.com](mailto:info@odysseyeventsvt.com)

### Killington Mountain Bike Club new trail opening ceremony

1 p.m. Base Camp 2363 U.S. 4 Killington. Free. Killington Mountain Bike Club (KMBC) announces grand opening of new trail on Saturday, June 3. KMBC, a chapter of the Vermont Mountain Bike Association, will host a Grand Opening on June 3, in conjunction with National Trails Day to celebrate their new trail, Sherburner. The ribbon cutting will begin at 1 p.m. followed by an inaugural group ride and a BBQ, "Cans and Jams" at 3 p.m. For more information or to RSVP for the event, please visit [eventbrite.com/e/602795917817](https://eventbrite.com/e/602795917817). This is a community event, there is no cost to participate.

### Silent Movie: Greta Garbo, 'The Temptress' (1926)

7 p.m. Brandon Town Hall, 1 Conant Squar, Brandon. Free. MGM drama with Garbo destroying the lives of men on two continents. Unusual in that the film was made with two very different endings per order of studio boss Louis B. Mayer; we'll screen both of them. [brandontownhall.com/calendar-1](http://brandontownhall.com/calendar-1)

### Miss Jackie's Studio of Dance Recital: 'Rising Stars'

12 p.m. Paramount Theatre, 30 Center St., Rutland. Tickets: Adults: \$29 + tax/fees; Students: \$19 + tax/fees. Miss Jackie's Studio of Dance students and teachers produce an exciting show of ballet, pointe, tap, jazz, lyrical, modern, hip hop, baton and acrobatic performances. The recital is Miss Jackie's 67th season and 66th recital, a culmination of the dedication, hard work and love that is poured into their classes, emulating Miss Jackie's style and passion. For more info visit [paramountvt.org](http://paramountvt.org).

## SUNDAY 6/4

### The Soufflé Also Rises and Apple-Tart Cooking Class

12-3 p.m. Bridgewater Corners, Bridgewater. Cost is \$80. Learn how to make our un-classic fallen soufflé. First, we handle the classic combo of Vermont dairy and eggs in an unclassic "fallen" soufflé. Then with apples from local orchards, you'll learn to make a light and delicious apple tart with Vermont maple cream. If it's sugaring season we may even walk to our neighbor's shack to see some of the processes. BYOB and eat what you make. For more info, call or email us to discuss. 802-342-1513 / [info@odysseyeventsvt.com](mailto:info@odysseyeventsvt.com)



**REMARKABLE  
REPTILE DAY**

**SATURDAY 10 A.M.-5 P.M.**

### MET Opera: Die Zaubeflote (Mozart)

12:55 p.m. Paramount Theatre, 30 Center St., Rutland. Tickets: \$27.00 including fees  
For more info visit [paramountvt.org](http://paramountvt.org).

### Modern Western Square Dance with Caller Peter Tobin.

1-4:30 p.m. Trinity Church, 85 West St., Rutland. Cost: \$8 per dancer + \$2 advanced. Advanced Level: 1 p.m., mainstream and Plus 2p.m. Instructor: Peter Tobin. New club graduates welcome! Spectators or folks interested in square dancing welcome! Fabulous gift basket raffle as well as 50/50 Raffle. Snacks and Beverages. Excellent social time dancing with others. For more info visit: [castoff8s.com](http://castoff8s.com).

### Howard Coffin: 'The President I Thought I Knew'

2 p.m. Bridgewater Grange Hall, 129 Route 100A, Bridgewater Corners. Free. This year marks the 100th anniversary of the swearing in of Calvin Coolidge as our 30th president. In celebration, the Bridgewater Historical Society presents Vermont historian Howard Coffin who will discuss "Calvin Coolidge as I understood him, a complex and somewhat mysterious human being." Howard knew and wrote about many who remembered Coolidge. He has done considerable research over the years and was a member of the board of the Coolidge Foundation. <http://www.bridgewaterhistory.org/events/>

### Spring/Summer Film Series at Stone Valley Arts:

#### "Thunder Road" (2018)

7-8:30 p.m. Stone Valley Arts, 145 E. Main St., Poultney. Stone Valley Arts is hosting a film series expanding their busy schedule of cultural programs for the community. The film series will feature award-winning classic films from 2017 - 2021, including fantasy, dramas, and comedies. Two films will be shown each month, screenings Friday nights at 7 p.m. and Sunday afternoons at 3 p.m. and will be followed by a brief discussion. For more info visit [stone-valley-arts.loxi.io/](http://stone-valley-arts.loxi.io/)

### 'Tales of Old Woodstock'

4 p.m. North Chapel, 7 Church St., Woodstock. Admission by donation. 'Tales of Old Woodstock,' a staged reading of "Woodstock Anthology, Woodstock's first 100 years," will entertain us, teach us about local history, and raise some money to support North Chapel. Farmer, miller, innkeeper, priest, doctor, baker, judge and deceased, your neighbors will tell their stories in the voices of men and women from Woodstock's first 100 years as creatively written by local historian Kyran McGrath. Who was Lucy McKenzie? Why did the Baptist deacon want to reshape the fiddle? Have you heard the rumors of disinterment? Did you know Norman Williams was an engineer turned doctor turned engineer who donated funds to build the library?

### Hands-on Hand-made Pasta Lesson

6:30-9:30 p.m. Bridgewater Corners, Bridgewater. Cost is \$85. Learn how to make three different types of pasta: tortellini, fettuccini, and ravioli plus three different fillings and three accompanying sauces. BYOB and eat what you make. Call or email us to discuss. 802-342-1513 / [info@odysseyeventsvt.com](mailto:info@odysseyeventsvt.com)



**Calendar:**

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# MONDAY

## 6/5

**Babies and Toddlers Rock**

10-10:30 a.m. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. A music and pre-literacy program for children 0-24 months with Linda McFarlane. Free and open to all. For more info visit: rutlandfree.org.

**Drive-up-pick-up meals**

12 p.m. Godnick Center, 1 Deer St., Rutland. \$3.50 donation ages 65+, \$6 fee under age 65. Reservations required. Godnick Center, in partnership with Southwestern Vermont Council on Aging and Meals on Wheels, is providing drive-up pick-up meals on Mondays and Thursdays at noon at the Godnick Center. Call 802-773-1853 for information or to make a reservation for pick-up.

**The Soufflé Also Rises and Apple-Tart Cooking Class**

12-3 p.m. Bridgewater Corners, Bridgewater. Cost is \$80. Learn how to make our un-classic fallen soufflé. First, we handle the classic combo of Vermont dairy and eggs in an unclassic "fallen" soufflé. Then with apples from local orchards, you'll learn to make a light and delicious apple tart with Vermont maple cream. If it's sugaring season we may even walk to our neighbor's shack to see some of the processes. BYOB and eat what you make. For more info, call or email us to discuss. 802-342-1513 / info@odysseyeventsvt.com

**Bingo**

1:15 p.m. Godnick Center, 1 Deer St., in Rutland. Cost varies. Come play bingo at the Godnick Center in Rutland on Mondays at 1:15 p.m. This is a drop-in activity. Info: rutlandrec.com/godnick.

**Chronicles of Yarnia**

3-4 p.m. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. Want to learn how to knit, crochet, or anything else with yarn? Already know but want some company? We'll make lots of cool things, chat, and have snacks. For more info visit: rutlandfree.org.

**Knit Night**

6 p.m. Kimball Library, 67 N Main St., Randolph. Free. Bring your knitting - or other handicraft - and enjoy an evening of crafting and socializing. For all ages and experience levels. For more info visit kimballlibrary.org.

**Hands-on Hand-made Pasta Lesson**

6:30-9:30 p.m. Bridgewater Corners, Bridgewater. Cost is \$85. Learn how to make three different types of pasta: tortellini, fettuccini, and ravioli plus three different fillings and three accompanying sauces. BYOB and eat what you make. Call or email us to discuss. 802-342-1513 / info@odysseyeventsvt.com

# TUESDAY

## 6/6

**Audubon Delaney Woods Bird Walk**

7:30 a.m. Delaney Woods Trailhead, Wells. Enter Delaney Cross Road off North Street in Wells, across from the Lakeside Park, and look for the parking area on the right. Easy to Moderate terrain, 3.4 miles. Free. For more info visit Joel Tilley at jptilley50@gmail.com (preferred method), or 802-598-2583, evenings 7-8pm.

**Spring Bird, Wildflower Walks**

7:30 a.m. Meet at the Endless Brook trailhead (Endless Brook Road, on left, 0.9 mi in from VT Route 30). Free. Join Slate Valley Trails and the Rutland County Audubon Society for weekly slow-paced (3 to 4 miles, 3 to 4 hours) bird & wildflower hikes. For more info visit: slatevalleytrails.org.

**Stories on a String**

10-10:30 a.m. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. A music and pre-literacy program for children 0-24 months. Free and open to all. Children and caregivers love this program. For more info visit: rutlandfree.org.

**Children's Indoor Storytime**

10:30-11:30 a.m. Hartland Public Library, 153 Route 5, Hartland. Meets every Tuesday at 10:30 am in the Community Meeting Room. Storytime is offered for children, from infants to age 5, but everyone is welcome. For more info visit: hartlandlibraryvt.org or contact Traci at kids@hartlandlibraryvt.org.

**Chess Club**

4 p.m. Godnick Center, 1 Deer St., Rutland. Free. Like chess? Come challenge an opponent to a friendly game and hone your skills. To register call 802-855-4533.

**Yoga with Emma! (Kids)**

4:30-5:15 p.m. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. Yoga with Emma! A safe environment where we will imagine, create, dance, play, explore and be free in our bodies. Please bring an open heart and your smile. We will have some yoga mats available for use. Kidding Around Yoga (KAY), a style of yoga that was created by Haris Lender, provides an amazing curriculum designed to motivate children to be active, build confidence, and manage the spectrum of emotions that they might experience in their day-to-day activities while encompassing the 5 branches of yoga in a clear and engaging method. info@rutlandfree.org/calendar-events.

**Poetry Reading I Laura Foley & Sarah Dickenson Snyder**

6 p.m. Norman Williams Public Library, 10 The Green, Woodstock. Free. Please join us for a reading of newly published work by local poets Laura Foley and Sarah Dickenson Snyder. Following the formal reading, we'll open up the evening to attendees who would like to share a poem of their own so come prepared if you wish to read. The author of nine poetry collections, Laura Foley's most recent is "It's This." Her poems have won numerous awards and national recognition, read frequently on "The Writers Almanac" and appearing in Ted Kooser's "American Life in Poetry." Sarah Dickenson Snyder's poems have been nominated for Best of Net and Pushcart Prizes. For more info visit: normanwilliams.org.

**Learn to Create Top-Notch Veggie Dishes, Cooking Class**

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# [MUSIC Scene]

By DJ Dave Hoffenberg  
Have a music scene coming up? Email [djdavehoff@gmail.com](mailto:djdavehoff@gmail.com)

WED  
5/31

**POULTNEY**

7 p.m. The Poultney Pub – Open Mic hosted by Danny Lang

**QUECHEE**

6 p.m. Public House Pub – Lily Welch

**RANDOLPH**

7 p.m. Kuyas at One Main – Open Mic with Indigenous Entertainment

**RUTLAND**

5:30 p.m. Strangefellows – Ryan Fuller

9:30 p.m. Center Street Alley – Open Mic hosted by Rick Urbani

THURSDAY  
6/1

**BARNARD**

5:30 p.m. Fable Farm – Feast & Field with Bow, Jack and Krishna

**BETHEL**

7 p.m. Babes Bar – Trivia Night hosted by The Babes

**BRANDON**

6 p.m. Ripton Mountain Distillery – Open Jam

**BRIDGEWATER**

**CORNERS**

3 p.m. Long Trail Brewery – Nick Bredice

**CASTLETON**

6 p.m. Third Place Pizza – Josh Jakab

**LONDONDERRY**

7 p.m. New American Grill – OpenMic Night hosted by DJ Jazzy Joel

**LUDLOW**

7 p.m. Off the Rails – Tony Lee Thomas

**POULTNEY**

7 p.m. The Poultney Pub – Vinyl Night with Ken

**QUECHEE**

6:30 p.m. Public House Pub – Trivia with Questionable Company

**RUTLAND**

3 p.m. Casey's Caboose – Silas McPrior

6 p.m. Rivershed Killington – Chris Pallutto

6 p.m. Strangefellows Pub – Trivia Night

6:30 p.m. Angler Pub – Open Mic hosted by John Lafave

**SOUTH POMFRET**

7 p.m. Artistree Community Arts Center – Open Mic Night

**SOUTH ROYALTON**

5 p.m. 802 Pizza – Open Mic hosted by George Nostrand

FRI  
6/2

**BOMOSEEN**

6 P.M. Bomoseen Lodge and Taproom – Aaron Audet

6 p.m. Lake House Pub & Grille – Ryan Fuller

**KILLINGTON**

6 p.m. Rivershed Killington – Rob Pagnano

6 p.m. Still on the Mountain – Nick Bredice

6 p.m. The Foundry – Liz Reedy

7:30 p.m. McGrath's Irish Pub – Craic Agus Ceol

**LUDLOW**

6 p.m. Calcuttas – Red Daisy Revival

8:30 p.m. Off the Rails – A Band Called Paint

**POULTNEY**

5:30 p.m. The Poultney Pub – Mean Waltons

**PROCTORSVILLE**

6 p.m. Smokin' Bowls – Sammy B

**QUECHEE**

6 p.m. Public House Pub – Live Music

**BRIDGEWATER**

8 p.m. Woolen Mill Comedy Club - Dartmouth Invades VT: Openers from Dartmouth Comedy Network plus Headliners Matt Vita & Collen Doyle

10 p.m. Woolen Mill Comedy Club - Dartmouth Invades VT with Openers from Dartmouth Comedy Network plus Headliners Jeff Toohey & Dennis Rooney

**SOUTH ROYALTON**

8 p.m. 802 Pizza SoRo - Comedy Night with Mike Toohey and Dennis Rooney to benefit the Royalton Old Home Days



SAT  
6/3

**BRIDGEWATER**

8 p.m. Woolen Mill Comedy Club– Comedy Night

**KILLINGTON**

2 p.m. Still on the Mountain – Jim Yeager

5 p.m. Charity's 1887 Saloon – James Joel

6 p.m. Rivershed Killington – Rob Pagnano

6 p.m. Still on the Mountain – Jim Yeager

6 p.m. The Foundry – Nick Bredice

7:30 p.m. McGrath's Irish Pub – Craic Agus Ceol

**LONDONDERRY**

4 p.m. Magic Mountain - West River Sports 50th Anniversary Fundraiser with music by Bow Thayer and his Band with special guests Saints & Liars

**LUDLOW**

6 p.m. Calcuttas – Liz Reedy

8:30 p.m. Off the Rails – Red Daisy Revival

**POULTNEY**

5:30 p.m. The Poultney Pub – Josh Jakab

**PROCTORSVILLE**

4 p.m. Outer Limits Brewing – Sammy B

**QUECHEE**

6 p.m. Public House Pub – Live Music

**RUTLAND**

8 p.m. Angler Pub – Cuzin It

**STOCKBRIDGE**

7:30 p.m. Wild Fern – Rick Redington & Tuff Luv

**BRIDGEWATER**

8 p.m. Woolen Mill Comedy Club - Comedy Night with Co-Headliners Jeff Toohey & Dennis Rooney

SUN  
6/4

**BRIDGEWATER**

**CORNERS**

3 p.m. Long Trail Brewery – Ben Kogan

**KILLINGTON**

5 p.m. Still on the Mountain – Open Mic hosted by Indigenous Entertainment

5 p.m. The Foundry – Summit Pond Jazz

**LUDLOW**

7 p.m Off the Rails – Nick Bredice

**SHARON**

4 p.m. Sharon Adademy - Phoenix Phest (a benefit for Sharon Academy)- Bow Thayer

**WOODSTOCK**

12 p.m. Mon Vert Café – Jim Yeager and Jeff Stedman

MON  
6/5

**KILLINGTON**

5 p.m. Mary Lou's – BAK'n

6 p.m. Rivershed Killington – Mandatory Mondays with Name That Tune Bingo by DJ Dave

**LUDLOW**

6 p.m. Off the Rails – Sammy B

8 p.m. The Killarney – Open Mic with King Arthur Jr

**WOODSTOCK**

5 p.m. The Village Inn – Jim Yeager and Jeff Stedman

TUES  
6/6

**KILLINGTON**

6 p.m. Jax Food & Games – Taco Tuesday with Rick Webb

**LONDONDERRY**

6 p.m. New American Grill – Trivia Tuesdays with Zach and Jamie

**LUDLOW**

8 p.m. Off the Rails – SINGO

**PITTSFIELD**

6:30 p.m. Town Hall – Acoustic Jam

**POULTNEY**

7 p.m. The Poultney Pub – Open Bluegrass Jam

**QUECHEE**

5 p.m. The Public House – Jim Yeager and Chris Campbell



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## Brandon silent film series screens 'The Temptress'

Saturday, June 3, at 7 p.m. —BRANDON—Greta Garbo stars in "The Temptress" (1926), which has two endings. The film will be screened with live music on Saturday, June 3, at 7 p.m. at the Brandon Town Hall and Community Center. All are welcome to this family-friendly event. Admission is free, with free will donations accepted in support of ongoing Town Hall renovations. For more info, visit [brandontownhall.com](http://brandontownhall.com).

It's a film with two completely different endings: one sad and tragic, and the other uplifting and positive. It's "The Temptress" (1926), an MGM romantic drama starring Greta Garbo, then just starting a legendary Hollywood career.

Studio boss Louis B. Mayer found the original ending to "The Temptress" so depressing, he ordered a second — and much happier — conclusion. See both endings when this steamy silent romantic drama is screened with live music at Brandon Town Hall and Community Center on Saturday at 7 p.m.

All are welcome to this family-friendly event. Admission is free, with free will donations accepted in support of ongoing Town Hall renovations.

The screening, the latest in the venue's silent film series, will feature live accompaniment by Jeff Rapsis, a New Hampshire-based composer who specializes in creating music for silent films.

In "The Temptress," Garbo plays Elena, the wife of Monsieur Canterac (Lionel Barrymore) and the mistress of rich Parisian banker Monsieur Fontenoy (Marc MacDermott). When the banker's friend Robledo (Antonio Moreno), a dynamic young engineer building a massive dam in Argentina, visits Paris, the fickle Elena immediately falls in love with him.

Elena follows Robledo to Argentina, where her presence leads to a whip duel between Robledo and his rival, Manos Duros (Roy D'Arcy). She then indirectly causes the collapse of Robledo's dam, which is where the two versions of the film diverge.



Submitted

"The Temptress" featuring Greta Garbo to be shown at Brandon Town Hall.

In the original version, Elena returns to Paris and the movie concludes tragically.

The revised version sees the film end in Argentina on a much happier note.

Both endings will be screened in Brandon: first the original "tragic" conclusion, then the more optimistic ending.

Garbo, who first won notice in her native Sweden, came to Hollywood at age 19. "The Temptress," her second film for MGM, helped establish her as a major star. Initially, the director of "The Temptress" was Garbo's mentor-lover, the brilliant Mauritz Stiller. But he was replaced halfway through by Fred Niblo, giving "The Temptress" two different styles.

This is the 13th year of Brandon's popular silent film series, which gives residents and visitors a chance to see great movies from the pioneering days of cinema as they were meant to be shown — on the big screen, with an audience, and accompanied by live music.

Screenings are held once a month, generally on Saturday nights and running through November.

### Other films in this silent film series include:

- Saturday, July 15, 7 p.m.: "The General" (1926) starring Buster Keaton. Buster's Civil War-era masterpiece tells the story of a Confederate railroad engineer whose train is hijacked by Northern spies. One of the great movies of any era!
- Friday, Aug. 18, 7 p.m.: "The Ten Commandments" (1923) directed by Cecil B. DeMille. Long before Charlton Heston played Moses in Technicolor, director Cecil B. DeMille filmed this silent blockbuster on a grand scale. Many say it surpasses the remake — see for yourself as we celebrate the 100th anniversary of the film's original release.
- Saturday, Sept. 9, 7 p.m.: "The Freshman" (1925) starring Harold Lloyd, Jobyna Ralston. We welcome football season with Harold Lloyd's blockbuster hit about a college boy who dreams of gridiron greatness. One of Lloyd's all-time best.
- Saturday, Oct. 7, 7 p.m.: "My Best Girl" (1926) starring Mary Pickford, Charles "Buddy" Rogers. In a big city department store, romance blossoms between a humble stockroom clerk and the store owner's son — who is already engaged! A sparkling "rich man, poor girl" romantic comedy from 1927 starring screen icon Mary Pickford and Charles "Buddy Rogers," her future real-life husband.
- Friday, Oct. 27, 7 p.m.: "The Cat and the Canary" (1927) Can a group of distant relatives survive the night in a haunted house to learn the secret of a madman's will? Find out in the original Gothic thriller from silent film director Paul Leni. Just in time for Halloween, a movie filled with deep shadows, dark secrets, and a surprisingly timeless mix of humor and horror that will keep you guessing.
- Saturday, Nov. 11, 7 p.m.: "The Big Parade" (1925) starring John Gilbert. We salute Veterans Day with this sweeping saga about U.S. doughboys signing up and shipping off to France in 1917, where they face experiences that will change their lives forever — if they return. MGM blockbuster directed by King Vidor; one of the biggest box office triumphs of the Silent Era.



Submitted

Firetrucks, dumptrucks and other types of vehicles will be on hand for children to see at the Touch-A-Truck event held at the Sherburne Library Saturday.

## The 'Touch-A-Truck' event takes place at the Sherburne Library

Saturday, June 3—Killington—The Sherburne Library will host the "Touch-a-Truck Event" on Saturday starting at 10 a.m. featuring a short story time with the smallest patrons. After the story, the kids will be able to touch real firetrucks, dumptrucks and more. There will be trucks from the Killington Fire Department, Casella, Killington Police Department, Mosher Excavating, and GMP will be there. We are waiting for confirmation The Vermont National Guard and Mr. Ding-a-Ling. If you know of someone with a truck that might like to be included, please give us a call at the library at 422-9765. There are also volunteer opportunities that can count towards your Merchant Pass hours! All ages are welcome. The program will happen rain or shine.

## Huck Finn Catfish Derby to benefit Killington Elementary School

Saturday, June 3—Killington—This Saturday at 11 a.m. The Foundry in Killington will hold the Huck Finn Catfish Derby. With rod and gear in hand, fishers from all around will gather to try their luck at Summit Pond for a shot to win one of the winners trophies. Burgers and hot dogs will be available. All proceeds go to benefit the Killington Elementary School. \$5 to register. For more info visit [foundrykillington.com/entertainment/2018/6/9/huck-finn-catfish-derby](http://foundrykillington.com/entertainment/2018/6/9/huck-finn-catfish-derby)



Submitted

A young fisherman tries his luck to catch a catfish at the catfish derby which will be held at Summit Pond this Saturday at 11 a.m.





Submitted

Glimpses mountain bikers enjoying some of the mountain biking trails in Sherburne along with a glimpse of the new mountain biking trail "Sherburner" which will open on Saturday.

## Killington Mountain Bike Club to cut ribbon on new trail to mountain bike park

Saturday, June 3—KILLINGTON—Killington Mountain Bike Club (KMBC) announces the grand opening of a new trail on Saturday, June 3. KMBC, a chapter of the Vermont Mountain Bike Association, will host a grand opening on June 3, in conjunction with National Trails Day to celebrate their new trail, Sherburner, on Saturday, June 3 at the Sherburne Trails in Killington.

The new trail is built by Lepesquer & Daughters Trailworks. It's a directional trail in the Gifford network that's approximately three miles long. Sherburner is an intermediate trail with a 600-foot climb and an exhilarating descent of similar size.

KMBC held a naming contest this spring. There were many excellent submissions but ultimately Sherburner, submitted by Tony

Sudol, was the winner.

State officials and members of the VOREC committee have been invited to attend the grand opening. There will be a ribbon cutting to officially open the new trail, followed by an inaugural group ride.

Everyone is invited to enjoy a complimentary BBQ provided by Lookout Tavern and live music from Last Chair at Base

Camp, 3 p.m. to 5 p.m.

### Schedule:

- 1 p.m. Ribbon cutting
- 1:30 p.m. Inaugural group ride
- 3-5 p.m. Cans 'n Jams

For more information or to RSVP for the event, please visit [eventbrite.com/e/602795917817](https://eventbrite.com/e/602795917817). This is a community event, there is no cost to participate.



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DIRECTIONS

# Vermont Plants Sunflowers for Ukraine

Saturday, June 3—CASTLETON—The Castleton Community Center will be participating in a sunflower project to show our solidarity with the people of Ukraine on Saturday June 3 from 10 a.m.-noon. Participants will be planting sunflowers in our garden and on the walking trail.

There will be a craft project, snacks and a “Sunflowers Fun Facts” walk around the trail. This is also the date of the Center’s Annual Plant Swap: “bring a plant take a plant.” The event is free and open to all. For information call 802-468-3093 or visit [castletoncsc.org](http://castletoncsc.org).



Submitted  
*Vermonters to plant sunflowers as a show of solidarity in honor of Ukrainians this Saturday at the Castleton Community Center.*

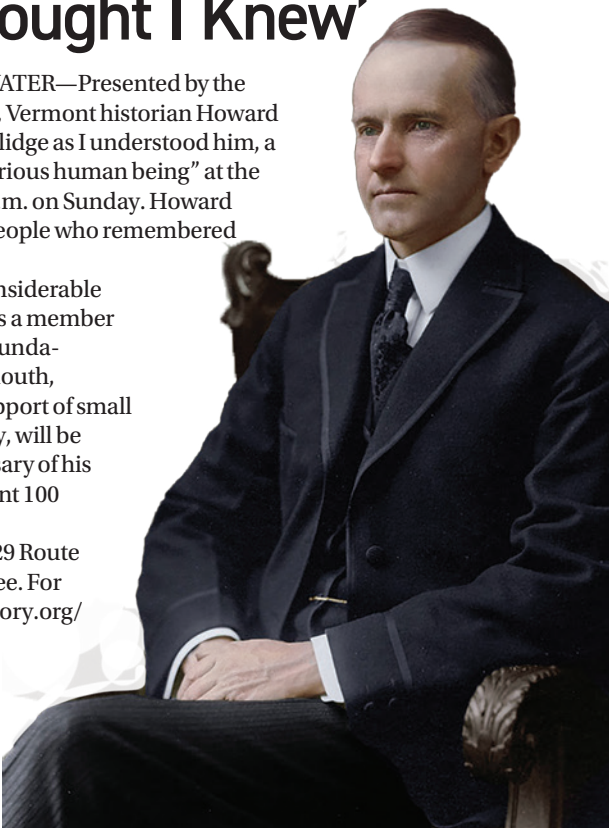
# Howard Coffin: ‘The President I Thought I Knew’

Sunday, June 4—BRIDGEWATER—Presented by the Bridgewater Historical Society, Vermont historian Howard Coffin will discuss “Calvin Coolidge as I understood him, a complex and somewhat mysterious human being” at the Bridgewater Grange Hall at 2 p.m. on Sunday. Howard knew and wrote about many people who remembered Coolidge.

Howard Coffin has done considerable research over the years and was a member of the board of the Coolidge Foundation. Coolidge, a native of Plymouth, Vermont and known for his support of small government and racial equality, will be discussed to mark the anniversary of his swearing in as the 30th president 100 years ago.

Bridgewater Grange Hall, 129 Route 100A, Bridgewater Corners. Free. For more info visit [bridgewaterhistory.org/](http://bridgewaterhistory.org/) events.

Submitted  
*President Calvin Coolidge, 1923-1929*





# Comparing annuals versus perennials

By Deborah J. Benoit

Deborah J. Benoit is a UVM Extension Master Gardener from North Adams, Massachusetts.

You've probably heard plants described as annual, biennial or perennial. You may have even heard some called a "tender perennial." When planning a garden, knowing the difference can help you decide which type of plants you want to include.

An annual plant is one that completes its life cycle in one year. That means a seed is sown, germinates, grows, flowers, fruits, goes to seed and dies during one growing season.

A biennial plant completes its life over the course of two years. A seed will germinate and grow foliage during the first year, and in the second year it will flower, produce seeds and die. Foxglove (*Digitalis*) and hollyhocks (*Alcea rosea*) are examples of biennials.

In contrast, a perennial plant can live many years, depending on its cold hardiness. While it may take more than one year for a perennial to flower or reach its mature size, it will come back year after year.

Some, such as moss phlox (*Phlox subulata*), will remain evergreen over the winter. Others, such as hostas (*Hosta*), will die back to the ground after a killing frost although their root system will survive beneath the surface.

In the spring, they'll reemerge. To make it easier to recognize them, it's a good idea to mark the location of such perennials, particularly those that emerge later in the spring after weeds have begun to grow.

Some plants are referred to as "tender perennials." These perennials will thrive outdoors only in warmer climates.

U.S. Department of Agriculture plant hardiness zone information can be found on perennial plant tags and in online descriptions. A higher zone number means a warmer climate, so a plant suitable for zones 9-11 won't survive the winter in zone 4.

Tender perennials are often sold



By Deborah J. Benoit

Although perennials, such as moss phlox, heuchera and hostas, are more expensive to purchase than annuals, one big benefit to adding perennials to the garden is that they will come back year after year, making the long-term investment worthwhile.

and treated as annuals in colder climates. You can check the hardiness zone for your location at [plant-hardiness.ars.usda.gov](https://www.ars.usda.gov).

Many houseplants are tender perennials. What does this have to do with selecting plants for your garden? Tender perennials such as fuchsia (*Fuchsia magellanica*) that are annuals in your garden can be overwintered indoors like houseplants and returned to the garden in the spring.

Perennials tend to be more expensive than annuals, but they're an investment for the long term. They'll come back each year, while new annual plants will need to be purchased. However, if you like to create a new garden design each year, annuals offer the opportunity to experiment with garden layouts and plant size, color, shape and leaf texture.

Flowers are another factor to consider. Annuals tend to have a longer bloom time than perennials. If you like colorful flowers all season long, annu-

als may be the best choice. Even if you prefer the longevity of perennial plants, including annuals in the bed will add variety and extend bloom time.

In new garden beds, allowing sufficient space between perennials to accommodate their size at maturity means there initially may be more space between plants than you would like. Annuals are a good solution. They will fill the empty spaces between young perennials. Each year fewer annuals will be needed as the perennials grow and mature.

Using annual plants is more labor intensive than using perennials alone. Annuals need to be replaced each year. In addition, annuals are likely to require more frequent watering since their root systems aren't as extensive or deep as those of perennials.

Whether an annual or a perennial is the better choice for your garden is purely a matter of personal preference. Knowing the difference will help you build the best garden for you.



A hosta is a great addition to any garden. Hostas are a little more expensive but are sure to return every year.

Submitted

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# How to grow herbs for tea

By Andrea Knepper

Andrea Knepper is a UVM Extension Master Gardener from Bolton.

Herbs are attractive in the garden, easy to grow and a pleasure to use. Many common herbs can also be brewed into delicious herbal teas.

Chamomile is one of the most popular herbal teas and is easy to grow in the garden. Choose German chamomile (*Matricaria chamomilla*), which is less bitter than its relative, Roman chamomile (*Chamaemelum nobile*).

Sow seeds, pressing gently into the surface, about four weeks before the last frost. Chamomile reseeds readily, so you can expect your patch to return every year. Harvest the flowers when they are nearly in full bloom.

Dry the flowers by spreading them on a tray or in a dehydrator. Then steep one to two teaspoons in hot water for a soothing herbal tea.

An herb you may already have in your garden that makes a lovely tea is lemon thyme (*Thymus citriodorus*). It is a perennial in many Vermont locations as it is hardy in U.S. Department of Agriculture Plant Hardiness Zones 5-9. Look for plants at your local garden center as this herb can be difficult to start from seed.

Harvest 5- to 6-inch long stems, tie them together and hang them to dry. When ready to consume, steep one or two stems in hot water. This herb is very flavorful, so experiment to find your preferred strength.

Anise hyssop (*Agastache foeniculum*) is a short-lived perennial that is loved by pollinators, especially bees, butterflies and hummingbirds. The seeds need cold stratification and light to germinate.

Sow the seeds about four weeks before the last frost, lightly pressing them into the soil. Harvest the licorice-

scented leaves after the flowers have bloomed and then dry in a dehydrator. Or cut stems, secure them in a bundle and hang them upside down to dry. Brew tea by steeping two to three teaspoons of dried leaves in hot water.

If you prefer your tea with an added sweetener, try growing stevia (*Stevia rebaudiana*). Stevia can be difficult to start from seed, so check with your local garden center for a plant. Both fresh and dried stevia leaves can be enjoyed in your teas.

Harvest leaves when the plant reaches about 8 inches tall and before it blooms. Stems can be trimmed, secured together and hung to dry. Stevia leaves are significantly sweeter than granulated sugar, so experiment with the quantity to find your desired sweetness.

Perhaps the most versatile herb you can

grow for herbal teas is tulsi, sometimes known as holy basil. Tulsi (*Ocimum tenuiflorum*) is an herb native to India that is well known for its delicious flavor and adaptogenic properties. Adaptogens are plants that promote overall wellbeing by helping your body respond to tiredness, stress and anxiety.

Tulsi is easy to start from seed. Seeds can be started indoors about four weeks before the last frost and transplanted or direct seeded in the garden after all danger of frost has passed.

Begin harvesting tulsi when the plant starts to develop flowers. Trim stems above a growth node, bundle them together and hang them to dry. Tulsi tea is delicious when brewed on its own or blended with other herbs to suit your taste.

View additional resources on growing and using herbs at [uvm.edu/extension/mastergardener/garden-ing-resources](http://uvm.edu/extension/mastergardener/garden-ing-resources).



Submitted  
Herbs are attractive in the garden, easy to grow and a pleasure to use. Many common herbs can also be brewed into delicious herbal teas.

## New Cider Garden opens in Shoreham

Friday, June 2 —SHOREHAM—The Cider Garden grand opening will be Friday, June 2, from 2-8 p.m. at Champlain Orchards, Route 74W in Shoreham.

The new Cider Garden area features picnic tables under shade sails and market lights, and a fire pit for roasting marshmallows. Guests are also welcome to throw down a blanket and picnic on the lawn. Enjoy walking the scenic paths at the orchard to take in views of Lake Champlain and the Adirondacks (great photo opportunities), or play lawn games such as corn hole and ring toss, and a variety of nostalgic board games. A children's playground is adjacent to the Cider Garden area. Dogs are welcome.

There will be full pours and tasting flights of award-winning Champlain Orchards hard ciders, cider slushies (hard and non-alcoholic), local craft sodas, water, and sweet cider. Our food menu includes charcuterie boards composed of locally-sourced ingredients, sweet and savory tarts, daily homemade soup specials, soft pretzels with mustard, s'mores kits, apples and honey sticks, and apple cider fritters from our bakery (we're very excited about this one!). People can also shop at the farm market for other foods like local cheeses, crackers, popcorn, Vermont Smoke & Cure products, etc. and create their own picnic. As we progress we'll expand our food offerings and



Submitted  
Champlain Orchards to unveil new cider garden on Friday.

occasionally will bring in food trucks as we build out an events calendar (more to follow). Champlain Orchards is located at 3597 Route 74 West in Shoreham, VT, 4 miles from Rt. 22A and 1 mile up the road from the Fort Ticonderoga Ferry.



# 4-Hers gather in Rutland for clinic

It was everything equine for the 40 4-H'ers from Addison, Bennington and Rutland Counties who took part in the 2023 Rutland County 4-H Horse Clinic, May 19-21. No horse was required, just an interest in learning more about horsemanship and stable management.

The clinic was held at the Vermont State Fairgrounds in Rutland. Members of the Horsepower 4-H Club, Silver Hooves 4-H Club, Shoreham; Trail Blazers 4-H Club and Tuff Riders 4-H Club, both from Rutland Town; and Young Explorers 4-H Club, Bennington, participated.

Twenty-three 4-H'ers brought horses, which they stabled in the 4-H Horse Barn on the fairgrounds. They had two riding lessons on Saturday and one on Sunday where they practiced groundwork, jumping, gymkhana patterns and barrel racing. Their instructors were Stepheni Newton, Middlebury; Betsy Porter, Bethel; Jessica Rabidoux, Hinesburg; and Amanda Reynolds, Proctor.

Instructors Breanna Johnson, Castleton and Stephanie Wissel, Fair Haven, and 4-H teen leader Luci Badillo, Rutland Town, worked with the 16 youths who attended without horses. This group worked with exhibition horses to learn how to muck out horse stalls, tack up horses, load and unload horses on a trailer and wrap the legs of a horse. Prior to the clinic they participated in workshops to make their own hobby horses, which they used for two lessons to practice the same skills as the mounted riders. Many participants joined in the day.

## Mounted youth

Rutland County: Vi Alexander and Alana Smith, both from Tinmouth; Olivia Bullock and Landon Bullock, Evelyn Canfield and Nora Dechen, all from Rutland Town; Anna Campopiano, Thea Chase and Grace Radican, all from Mount Holly; Kelsey Davis, Amie Thurston and Teigan

Williams, all from Clarendon; Addie and Seanna Erickson, Florence; Lyla Jones, Whitehall, New York (Rutland County 4-H club member); Aubrie Kellogg, Fair Haven; Rose Ouimet, Castleton; Brie and Jenna Pikkarainen, East Wallingford; Alex Ryan; Chase Stone, Wallingford; Johanna Stone,

West Rutland; Charlotte Thompson, Ira

## Unmounted youth

Addison County: Iris Bassett, New Haven  
Bennington County: Sophia Zampini, Pownal  
Rutland County: Jude Badillo, Lily and Milo Mazzabufi, Olyvia Rooney and Luci Stubbins, all from Rutland Town; Charlotte Bowen and Nieve Noonan, Fair Haven; Paisley Flanders and Julianna Gouchberg, both from Clarendon; Wes Griffin, Rutland City; Juju and Elliot Michael and Ashlynn Pikkarainen, all from East Wallingford; Cecelia Pearson, Mount Holly

The clinic was organized by Tracey Stubbins, University of Vermont Extension 4-H educator for Rutland and Bennington Counties, and

Kristen McLaughlin from Rutland Town, a 4-H volunteer and Horse Project Department Head. Scott Pikkarainen, East Wallingford, helped set up riding arenas and move equipment.

4-H volunteers who assisted with the event were Stephanie Bradley, Clarendon; Gail Campopiano and Beth Chase, both from Mount Holly; Alexa McLaughlin, Rutland Town; Mendi Michael and Amy Pikkarainen, both from East Wallingford; Sue Ouimet, Castleton; and Sherry Stubbins, Pittsford.

To learn more about the 4-H horse program in Rutland and Bennington counties, contact Stubbins at [tracey.stubbins@uvm.edu](mailto:tracey.stubbins@uvm.edu). For Addison County, contact Martha Seifert at [martha.seifert@uvm.edu](mailto:martha.seifert@uvm.edu).



Tracey Stubbins/UVM Extension  
4-HVi Alexander, Tinmouth, practices jumping under the direction of instructor Jessica Rabidoux, Hinesburg, at the 2023 Rutland County 4-H Horse Clinic, May 19-21 in Rutland.

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SUDOKU

PUZZLES page 11

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# Rutland County Humane Society



## MAYBELLE

Primrose and her six 5 month old babies came to us from an overcrowded Georgia shelter. They have been waiting so long for a family/person to love and be loved by us and we want to get them into homes fast! Pups are 18-21 pounds and mom is 45. If you want to be the lucky person to give them what they have never had before go to our website [spfldhumane.org](http://spfldhumane.org) and fill out an application or call 802-885-3997 for more information.

This pet is available for adoption at  
**Springfield Humane Society**  
401 Skitchewaugh Trail, Springfield, VT • (802) 885-3997  
\*Open by appointment only. [spfldhumane.org](http://spfldhumane.org)



## OLIVER

I'm a 6-year-old neutered male. I came to Lucy Mackenzie with my buddies and siblings when our beloved human companion passed away. It was a very, very sad time in our lives and all so confusing, but we've adjusted well since then. While we miss our home and human family, it's actually quite nice here. We're all together in a lovely room here at the shelter and are now officially having a blast making new human and cat friends all the time. We're all working on slimming our magnificent figures down a little bit through exercise (some of us more than others!) and diet. I'm a very curious and outgoing fella that just adores attention, and will seek it out. I love my naps and exploring new spaces equally. And, I truly do love my feline companions.

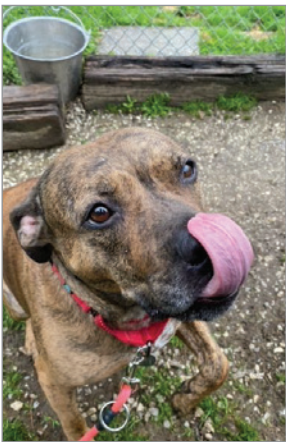
This pet is available for adoption at  
**Lucy Mackenzie Humane Society**  
4832 VT-44, Windsor, VT • (802) 484-5829  
\*(By appointment only at this time.) Tues. - Sat. 12-4 p.m.  
& Thurs. 12-7 p.m. • [lucymac.org](http://lucymac.org)

Catamount Pet Supply  
Company, inc.

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Rutland Town, VT 05701 | 802-773-7642

OPEN  
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Grooming by appointment | 802-773-7636



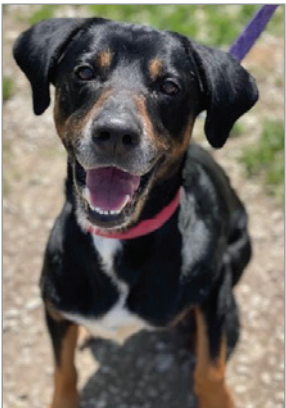
Luah—5-year-old. Spayed female. Pit Bull mix. Brindle. Luah is goofy, energetic and will be sure to put a smile on your face.



Guernsey—7-month-old. Neutered male. Lab mix. Tan and white. Once Guernsey gets to know you, he is just a big goofy guy.



Bandit—1-year-old. Neutered male. Husky/Pit bull mix. Black. Bandit wants to play fetch with you.



Sox—5-year-old. Neutered male. Lab mix. Black and tan. Sox is an exuberant people lover who wants to be outside.



Cooper—1 ½-year-old. Neutered male. Terrier/Lab mix. Tan and black. Cooper loves to go for walks, and how can you say no to a face like his?!



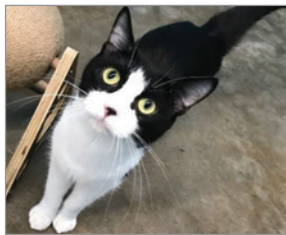
Wendy—1-year-old. female. Pit Bull Terrier mix. Brindle. If you are looking for a butt-wiggling sweet to greet you, Wendy is your girl.

All of these pets are available for adoption at  
**Rutland County Humane Society**  
765 Stevens Road, Pittsford, VT • (802) 483-6700  
Tues. - Sat. 11-5 p.m. for adoptions  
\*(By appointment only at this time.)  
Closed Sun. & Mon. • [www.rchsvt.org](http://www.rchsvt.org)

Gardening and pets. Many of us are getting excited about putting in our gardens and planting our flowers but the Rutland County Humane Society would like to remind you of a few things to keep in mind if you have pets. Poisonous plants: Rhododendron and azaleas for instance are toxic to both dogs and cats. Mushrooms and other Cycads (the Sago Palm is a popular houseplant in this category) can cause liver failure. Other dangerous plants include Lily of the valley, oleander, foxglove and kalanchoe can damage your pet's heart. Fertilizer: Carefully choose your fertilizer if you have pets and follow instructions carefully about when to let your pet outside unsupervised after spreading it. Cocoa mulch: That wonderful chocolate smell is tempting to dogs but it poses the same health risks chocolate can when consumed. Insecticides: Always store pesticides carefully and use them carefully. Follow the manufacturers' label and don't place where your pets can be exposed to or ingest them. Garden tools: The hazards are obvious but the dirt caked into sharp tools pose a risk for tetanus to you and your pet. If your pet ingests something you think may be toxic, contact your veterinarian. There is a pet poison hotline that can be reached at 888-426-4435.



Lizzy—5-year-old. Spayed female. Domestic shorthair. Dilute torti. Lizzy is a sweet cat looking for a home where she can play and snuggle.



Marcy—1-year-old. Spayed female. Domestic shorthair. black and White. Marcy is a charming cat who loves to play.



Diesel—2-year-old. Spayed female. Domestic shorthair. Orange and white. Diesel is is a sweet, mellow girl that loves soaking up the sun.



Fern—1-year-old. Spayed female. Domestic shorthair. White with black. Fern will give you a big loving greeting. She loves treats and full-body pets!



Maverick—5-year-old. Neutered male. Domestic shorthair. Brown tiger and white. Maverick is shy, but once comfortable, he's so loving and playful.



Kevin—2-year-old. Neutered male. Domestic medium hair. Grey tiger. Kevin is affectionate but might give you a little love nibble when you pet him.



# Cosmic Catalogue



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## Aries

March 21 - April 20

You're probably the least risk shy of all the signs which may or may not serve in your best interest this week. If you're considering make a money move, it will be wise to get all the information and perspectives you can about it. Speak to those who've done what you want to do, not so - called "experts." The proof is in the pudding, as they say. A bright idea or a piece of good news can help you make the right choice.



## Leo

July 21 - August 20

Life is about to get a whole lot more exciting for you this week. As new opportunities open up professionally or in regard to your big life plans, Venus will arrive in your sign. She's going to be there for some time. So with that in mind, you've got plenty of time to figure out what is going to be right for you and what isn't. You don't have to have all the answers, just follow your joy and the rest will fall into place.



## Sagittarius

November 21 - December 20

You've been going through the motions for some time now hoping things will change. You're a believer at heart, but when is enough, enough? A Full Moon in your sign this week will put the focus back on you, your wants and desires. It might be time for you to make a clean break with something or someone that can't see future possibilities in the same way you can. Have faith things will work out, just not in the way you've been thinking they will.



## Taurus

April 21 - May 20

If there's something you're considering dividing - like land, your time or your personal priorities or obligations, this could be a great week to take action. You can't be cloned, to be sure, but in many cases two is better than one. Whether you choose to multiply or divide, it's up to you. Sooner you make a move, the smoother this process will be. Avoid making a change and the change chooses you and you might not like what that looks like.



## Virgo

August 21 - September 20

You've been toying with new ideas for some time without any real breakthrough. That changes this week and you may unlock a piece of the puzzle that helps you move forward. It might be about work-related travel or study plans or a spiritual path you've been experimenting with. It often feels like a breakdown before the breakthrough and this week, the path you've been seeking for while be illuminated and all you have to do is follow it.



## Capricorn

December 21 - January 20

There is so much joy and happiness up for grabs in your life right now. It may be stemming from a creative outlet or hobby, from children or perhaps your romantic life is blossoming in a way it hasn't in some time. Anything is possible now, so be open to new ways of cracking the code to experiencing more of the good stuff in life. New realizations may help you reach a different perspective on life, happiness and career.



## Gemini

May 21 - June 20

You're in a deep state of hibernation, likely wanting to be anywhere but where you are. What is it that you dream of? What is your ultimate fairytale or daydream? What vision do you have of your future and what is in the way of you achieving that? - hint, it's probably you! You have the chance to change your inner narrative of how life gets to work for you. Good news, you get to decide and this week. Once you do, then go for it.



## Libra

September 21 - October 20

Finances and emotional entanglements are a key theme this week. Whether it's love, money or some fears or phobias you have in relation to them, an exciting breakthrough is possible that unlocks the past and jailbreaks you into the future. It's exciting indeed! Good fortune arrives too, which may take shape in the form of a friend or ally or someone in a position to help you get to where you want to be. Attracting the right person or the right support will be easier than you think.



## Aquarius

January 21 - February 20

Exciting progress is possible on the domestic front this week. Solutions to problems. Breakthroughs and new ideas may bring welcome progress. It's one thing to have things moving in the right direction, but it's quite another to have it be a lucky break too! A Full Moon in your luck zone may bring you the right opportunity at just the right time. Just because it may not arrive in the shape or form you thought it would, doesn't mean it's not a chance worth exploring.



## Cancer

June 21 - July 20

You're torn between the social possibilities and your desire to stay home. A Full Moon this week will illuminate the little things you have to attend to, but would rather not. It might be difficult to make a choice, but you don't really have to. Having the best of both worlds is possible for you. It may be a case of aligning with the people who'll fan your flames and encourage you to follow your dreams. They are the only friends worth having anyway.



## Scorpio

October 21 - November 20

All things love, work and money look fantastic for you this week. You might be in the right position to attract all it is that you want in these areas. There is a catch though, you have to be willing to think differently to a situation than you currently are, which isn't always easy for you. That said, how can you fully embrace all that is possible for you if you stay stuck on what's in the past? Your future awaits. Seize it.



## Pisces

February 21 - March 20

A revelation or a new routine may come just at the right time for you this week. You've been curious for a while now about how you can bring more meaning and purpose into your everyday life and this week delivers a bright idea or breakthrough. Don't think too much about it, just go for it. It could light up a new pathway or direction that really inspires and uplifts you! It's the little things that can make all the difference.

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Cassandra has studied astrology for about 20 years. She is an international teacher of astrology who has been published all over the globe.

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## Without risk, there's no reward

If it seems too good to be true, then it probably is — it's not advice you'll want to take this week. An opening, an opportunity or a portal of some kind may arrive that could truly change the course of things for you.

Now that you know this, you'll be anxiously waiting for something to happen. It might not be so much about what happens, but rather, the fire inside you being stoked for possibility. Real change and progress tends to happen when that quiet voice inside your head grows louder. It may involve having to change perspectives. It might mean looking at things from

an angle you've yet to consider. We all know that a ship is safe in the harbor, but we also know that's not what ships are built for.

All great adventures begin and all wide horizons are discovered when you're ready to leave the security and comfort of your current position. When you're brave enough to think differently than everyone else. When you believe something to be true inside your heart. When everyone says you're mad. When all the odds are seemingly stacked up against you. No one has done anything great without risk, for without risk, there is no reward.



Cosmic  
Catalogue  
By Cassandra  
Tyndall

## The Power of a Hummingbird

Hummingbirds,  
They make me so happy,  
So small,  
So powerful,  
So bright,  
So beautiful,  
Fluttering around,  
Having fun,  
The sweet nectary water,  
The cute little bird,  
Something so small yet so beautiful,  
So much power packed into one little body,  
You have that power too,  
It might be somewhere hidden inside you,  
You have so much power yet to discover,  
Believe you can do it,  
I'm sure you can,  
Believe in yourself,  
I believe in you.



Poetry is  
Power  
By Bree Sarandrea

## Holding the perimeter: Part 1

I mowed the lawn today. The mower choked its way slowly through the chest-high grass, hidden saplings, and lush wildflowers.

If left unattended for an entire summer, our lawn's perimeter would disappear. Within five summers, our homemade house would be camouflaged by the surrounding forest. Mother nature is always busy filling in the holes.

Forty-two years ago, when my husband and I were first married, we spent every weekend driving around northern Vermont looking for land to buy. When the apartment building we were living in sold, we were told by the new owners that the rent would double. Effective immediately.

We were having trouble making the rent before the building sold.

Unable to find an affordable apartment, we drove to Sears and bought a family-sized tent. We secretly stashed our belongings in

the dirt basement of the apartment building and hoped someday we could reclaim them.

One month before our second child was born, we pitched our tent in a friend's yard in the mountains and moved outdoors. Homeless camping.

We lived outdoors that summer, then moved to a relative's house while they were living elsewhere.

A year later, we saw an ad for two acres of land in Western Vermont that had a small garage and a burnt-down house on it for \$12,000. Excited, we packed the kids in the car and drove across the state to meet with the local realtor.

Abandoned after the fire, the property had neck-high grass and all the remains of the burnt-down house still on it. It was a mess.

But there was a driveway, deeded well water, a septic system, and the main object of our attention; a small, old garage with no running water. We envisioned being able to live temporarily in the garage while we rebuilt.

As rough as it was, we were thrilled at the thought of settling on a piece of land we could call our own. Though we had no tools, money, or building experience, our youthful spirit and strength kept us focused

Funologist → 28



The  
Funologist  
By Sandra Dee  
Owens

## How to rescue a baby bird – and when to leave it alone

This is the time of year when my yard feels bursting with life, as the neighborhood welcomes eastern phoebes, ruby-throated hummingbirds, and broad-winged hawks back from their long migrations. At the Center for Wild Bird Rehabilitation at the Vermont Institute of Natural Science, where I work, "baby bird season" is also underway.

The dedicated rehabilitation staff will spend the next few months, from dawn until dusk, caring for hundreds of injured and orphaned birds, getting them healthy and strong enough to be released back into the wild. However, rehabilitators don't have the resources to leave their current patients and go out to rescue every injured bird. They rely on the rest of us to be "first responders," able to observe a potentially injured creature and bring it in for treatment if necessary. Because it can be hard to tell the difference between a bird that is truly injured and one that is perfectly healthy, we give these creatures the best chance for survival by recognizing when help is needed and knowing exactly how to get it for them.

Nearly all of the hungry, hurt, or weakened birds treated at the Center are brought in by caring members of the public who find them. They may have flown into windows, been hit by cars, or are simply too young to be out of the nest on their own. Wildlife rehabilitators are professionals who specialize in treating sick, injured, and orphaned wild animals so that they can be returned to their natural habitats. Because all native birds – and many mammals, reptiles, and amphibians – are protected by law, wildlife rehabilitators are required to hold permits allowing them to care for these creatures.

The most common interaction people have with wildlife is when a baby appears to be separated from its parents. A young bird out of the nest may indeed be in trouble – or it may be on the cusp of independence. Rather than guess at what might be going on, your first step should be to call for advice. If you live in the Upper Valley, VINS' Center for Wild Bird Rehabilitation is your closest rehabilitator. If you live elsewhere in Vermont or New Hampshire, calling VINS is

still a good idea, as they can provide contact information for a rehabilitator closer to you. If you are outside of these places, your state's Fish and Wildlife agency should have

a list of all licensed rehabilitators in your area. (Most rehabilitators are only licensed to care for certain species, another important reason to call before transporting an animal!)

Wildlife rehabilitators are very busy people, so you may need to leave a message. Give as much relevant information as you can, including what kind of animal you have found

and where you are located. If you've found a baby bird, do you see the nest or adults of the species? Is there an injury? If the bird is bleeding, is covered in flies or other insects, or was observed being caught by a cat or dog, the bird likely needs medical care. It is up to the rehabilitator to listen to these details and advise you with the next steps.

If you can't bring the bird to the rehabilitator right away, and are, for example, advised to keep it overnight, you'll want to put together a rescue kit. Get a cardboard box with a lid and a soft towel folded in the bottom, and place the bird inside the box, which should be kept in a warm, dark area. Rehabilitators will likely direct you not to give the bird any food or water. This is to prevent further stress, as the bird may get chilled from a spill or could be too weak to handle solid food.

Finally, keep yourself safe, and wash your hands. Although there are few diseases birds can transmit to humans, it is always smart to protect yourself and others in your household.

There are many, many ways that wild animals get injured, and wildlife rehabilitators have years of experience and many resources that allow them to give the best possible care to wild animals. We, too, can make our human environments safer for wild birds in a variety of ways. Making large windows bird-safe, keeping cats indoors, picking up litter, and avoiding pesticide use are excellent ways to help birds right in your backyard – and reduce the number of birds in need of rescue.

*Anna Morris is an environmental educator at the Vermont Institute of Natural Science.*

*Illustration by Adelaide Murphy Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine and sponsored by the Wellborn Ecology Fund of the N.H. Charitable Foundation: nhcf.org.*



The Outside  
Story  
By Anna Morris





## Go and be heard

As a child, my parents were against excessive television watching, so, consequently, I had to find something else to do when the outdoor option was unavailable. Because of this, I became enamored with board and card games.

I started with Chutes and Ladders, Candy Land, checkers, and a variety of card games. Once I matured, I opted for chess, Monopoly, and Scrabble. If you visited my house or stayed overnight, you were going to be my opponent, whether you liked it or not. My mother and grandmother were also good about appeasing my need to play games, since I always seemed to be in the mood.

I think this is where my competitive edge evolved. I loved to win and hated to lose. And the hating to lose part forced me to develop a sense of strategy, which in turn made me successful at playing.

Unfortunately, at some point in my teenage years, the losing started to get to me. In fact, it caused me so much angst that I began to limit my playing. Eventually, I got to the point where even the idea of playing a board or card game made me uncomfortable.

Years later, my wife (who also grew up loving to play games), badgered me to play backgammon or rummy 500 with her, but I rarely engaged. I'd make up excuses or say I wasn't in the mood, but eventually I told her that I simply hated games and not to ask me anymore.

I never gave this aversion to games much thought until my wife began to inquire. That's when I started to question why it felt so uncomfortable. Eventually I landed on the aforementioned competitive theory that the possibility of losing wasn't worth the effort of playing.

Since that revelation, I've tried to reintroduce a few games like backgammon and cribbage back into my life, but the passion of my youth has never been fully reignited.

And then one day several weeks ago, the algorithm on YouTube offered me up a film called "AlphaGo," and while it didn't initially appear interesting, after further inquiry, I decided to give it a try.

I realized that my recent infatuation with artificial intelligence and the emergence of ChatGPT likely forced the film into my YouTube feed. YouTube is crafty that way; it's always trying to find an angle to keep your attention on its platform. If it senses that you've found a new interest, it will dig deep into its archives to find any video that might relate.

In short, "AlphaGo" is a documentary about Google's DeepMind supercomputer and the greatest living Go player on earth trying to see who can outsmart who.

Go is a Chinese abstract strategy game that's been around for over 2,500 years and widely considered the oldest continuously played board game in history. You may have seen the game at some point in your life, but you likely haven't played it, which is ironic since it's ridiculously popular in many countries and apparently has somewhere in the vicinity of 65 million players worldwide (most of whom are in East Asia).

Go is played on a standard board that has a 19x19 grid of lines containing 361 points where two players place black or white "stones" in alternating moves. The idea is to surround your opponent's pieces to remove them from the board. The player who has the most pieces on the board at the end of the game is declared the winner.

It sounds simple, but the strategy and tactics require immense concentration and full mental immersion. By the time I was finished watching this film and listening to people talk about how Go emulates life and personal psychology, I was convinced I had to play.

I went to Amazon.com and found a mid-priced Go board and put it in my basket. I haven't purchased it yet, but I think it's inevitable. My wife has agreed to learn to play with me so

stay tuned — my youthful love of board games may be on the verge of a rekindling.

Remember, when world chess champion Garry Kasparov played IBM's Deep Blue computer back in the late 1990s.

Kasparov initially won, but the next year Deep Blue prevailed, proving to the world that computers were on the fast track to supremacy.

That was 25 years ago — now we have AlphaGo. And while the premise is the same, the stakes are even higher.

If you have any interest in artificial intelligence and where we may be headed, definitely check this documentary out. It's scary and disturbing in a very entertaining way. And who knows, maybe you'll be intrigued enough to buy your own Go board.

A digitizing "B" for "AlphaGo," currently available for free on YouTube.

Got a question or comment for Dom? You can email him at [movied diary@att.net](mailto:movied diary@att.net).



The Movie  
Diary  
By Dom Cioffi



## Joys of watching a dump truck

You could hear the screaming from our house as the truck rolled into town. No matter what day it was, kids would come running out of their homes in all directions in a mass frenzy, making their way to the safe spot, a non-verbally agreed to location where our parents felt we would be safe from interference. It was in the middle of the gravel parking lot, so not exactly the safest of places but we wouldn't bother the guys at their work.

We would stand there, kids of all different ages. The older ones stood with just as much rapture as the littlest ones, only they pretended they were supervising the rest of us so as not to appear like the children. But they were there, like they had been for years, watching the greatness happen like our moms would watch a royal wedding.

This wasn't just something that we watched. We participated in this greatness by doing our chores. All the garbage was in the dumpster because we had put it in there, half carrying, half dragging the 13 gallon white trash bags down the hill on our way to the beach or the candy store or some other awesome adventure.

For me, the journey was pretty short, the only tricky part was figuring out how to carry the bag down the rock wall. We were one of the closest houses to the dumpster, giving us the privilege of being one of the sounders of the garbage truck alarm. We could even see the truck from our bedroom window on a rainy day — who was the coolest kid in the neighborhood on those days?

As I got older, I realized that I could leave the bag at the top of the rock wall, walk down, open the dumpster and then return to the top of the wall to throw the bag majestically down into the dumpster, rejoicing as it floated through the sky. I felt like a superhero the day I realized that, if only because the younger garbage carriers couldn't make the throw. I had to rock back and forth a bit, like a softball pitcher, to get the momentum for a Monday morning bag toss. I only missed once, grimacing with pain as the bag hit the corner and exploded everywhere. That was not a good day.

Yes, the weekly garbage truck run was probably one of the biggest excitements in my neighborhood and definitely the loudest. There were three dumpsters in our community, and on a good day, we could run along the paths and watch all three dumpsters being lifted to the heavens and dumped into the truck. We were a tight knit community, so there were days when we could even recognize the garbage that was being dumped.

I don't know how you all watched the dumpster, but ours would happen in complete silence. We wouldn't want to miss the screech of the doors as they swung open. That screech would echo through the hills and we would stifle a giggle. Garbage dumping was serious business and not an appropriate time for laughter, at least in our neighborhood.

Our garbage men would never even acknowledge our presence, even as we ran after the truck. They avoided our existence in such a weird way that, even though we were in the middle of the parking lot, we felt like we were doing something super sneaky. I mean, we were obviously there, standing as still as statues, afraid that any movement on our part would get us banned from

Living the dream → 30



Livin' the Dream  
By Merisa  
Sherman

## No phys ed or female sports back in the day

A classmate recently told me that she didn't remember any sports for girls during our high school years at Mount St. Joseph Academy in the early 1960s. I didn't recall any either so I checked the yearbooks online to see if we were correct.

The ski team was the only sports related activity showing a picture of female students. If you weren't a skier then you were on your own to get some exercise.

However, the teachers in elementary

school apparently knew that young people needed to get exercise during the day in order to facilitate the learning process. I guess that is what recess is all about.

My elementary school days back in the 50s were spent at Christ the King School. There were no gym classes and there was not an "official" playground. In fact, the school grounds consisted of a blacktop surface. There wasn't a blade of grass to be found. Most of us got to school early enough in the morning to have a little play time with our friends. The girls congregated on the south side of the school which sloped down to the city sidewalk. The boys hung out on the back side which was flat.


Jumping rope was popular with the girls. Double Dutch was particularly

Looking Back → 27



Looking  
Back  
By Mary Ellen Shaw





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### Looking Back: from page 26

appealing because you couldn't do that at home on your own. It was done by jumping between two ropes twirling in opposite directions. More than one person could be jumping at the same time as the rope was quite long. The fact that you

Double Dutch was particularly appealing because you couldn't do that at home on your own. It was done by jumping between two ropes twirling in opposite directions.

were jumping on a sloped surface was a challenge. Looking back I realize it was a great form of exercise that allowed us to practice our coordination.

At recess we got our exercise by playing volleyball. I remember one time that did not go well for a friend of mine. A group of us tried to get the ball and she was pushed. Her foot went into a hole and a broken ankle resulted. I probably played a part in that mishap but it was "group" guilt and not "individual" guilt which made me feel a little better! She wore a plaster cast that was signed by all of her classmates and teachers. Sometimes exercise isn't all it's cracked up to be!

One of our more interesting forms of exercise was when Sister Margaret Henry brought my whole class across Route 7 to Main Street Park. She played kick ball with us and the veil of her habit was flying

as she ran. She was the closest we had to a phys ed teacher as she took all eight grades over to the park. She just liked to move around and have fun!

In high school being a cheerleader or majorette gave a girl an opportunity for physical activity. Since a very limited number of girls could participate the rest of us had to get our exercise with friends. In the winter we could do that at three ice skating rinks in

Rutland, all of which were very popular. The Rutland Country Club had a rope tow and many of us learned to ski there. In the summer local tennis courts were busy from morning until night. And of course, there was the city pool on North Main Street. It served as both a place for lessons as well as recreational swimming.

Most of us walked to and from school and rode our bikes to the pool. Even though physical fitness wasn't talked about much back then we managed to get plenty of exercise without Phys Ed classes and gym workouts. Walking was sometimes the only way to get from one place to another. Most families had only one car and our fathers took it to work. So kids were on their own to get to their destination.

The "outdoors" was our gym and there is nothing wrong with that!

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## ← Living the Dream: from page 25

watching the greatness.

To this day, I am fascinated. I love when the recycling compressor gets turned on. In fact, I will stock up my recycling just in the hopes that I will fill the receptacle at the transfer station and they will have to compress everything. I love seeing

what stuff everyone brings to Bulky Day and I usually end up leaving with something magnificent. This past bulky day, I won a hula hoop that lights up! During the pandemic, I got the BF and I lacrosse sticks and we played on the lawn for weeks. One man's trash is another

I love when the recycling compressor gets turned on.

man's treasure.

This coming weekend, I'll be nonchalantly heading down to the Touch-A-Truck at the Sherburne Memorial Library. Not because I totally want to see a dump truck again, but because I want to supervise all the little kids that will be walking around with their mouths open. Because there is something oddly

magical about watching Men-At-Work (a really good B movie for dump truck fans) and watching the dumpster lift into the air and then watching garbage fall from the dumpster into the truck.

*Merisa Sherman is a full-time Killington resident, bartender, KMS coach and realtor. She can be reached at femaleskibum@gmail.com.*

## ← Funologist: from page 24

on the positives.

Cleaning up the remains of the burnt-down house was a daunting task to do by hand. It took us two years. Very slowly, with a pickaxe, shovel, wheelbarrow, and rake, we began to create a narrow strip of lawn.

Holding the lawn's perimeter became my domain. When I asked my husband to help me mow, he did a bad job of it. Annoyed and disinterested, he left strips of unmowed grass and swung wide around obstacles rather than take the time to move them. He was a lazy landscaper. Instead, he was singlemindedly focused on teaching himself to build a house.

Fair enough.

While taming the lawn and taking on the landscaping tasks, I realized that the land surrounding me provided all the fitness I needed.

Mother Nature is my close neighbor on all sides.

Every spring I plan numerous large and small outdoor projects. Mowing, stonework, tree cutting, bucking, and stacking of firewood, provide me with all the daily movement I need for strength and fitness.

If I am willing to see it as such (and I am), my work is my play, and vice versa. I have all the out-the-door fitness I need. And right in my own backyard.

Any time I am in a negative mood, or have a boo-boo or injury, my projects help me regain wellness while I steadily make progress on my projects. Problem solving my own physical therapy is something I have come to love because I have learned to trust myself.

Holding the perimeter on my health isn't someone else's job. It is mine. Happily.

*For more information visit: sandradeeowens.com.*

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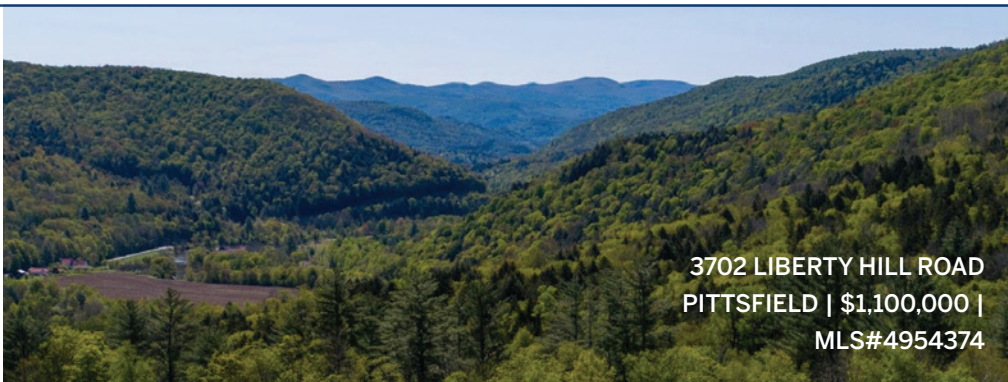
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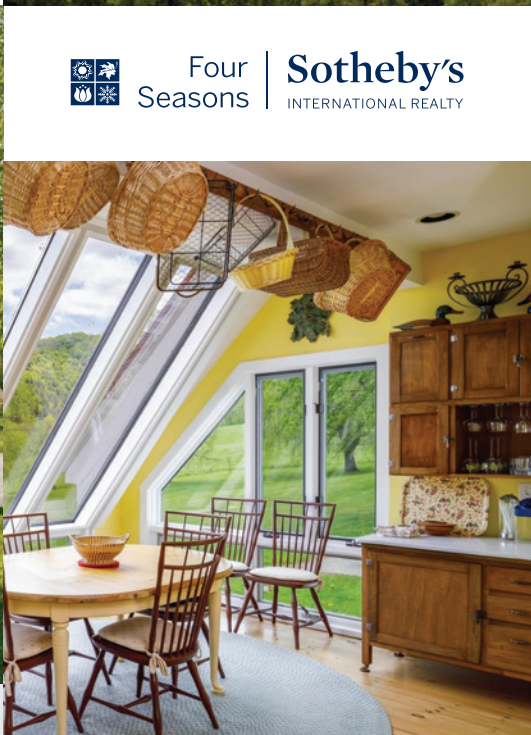
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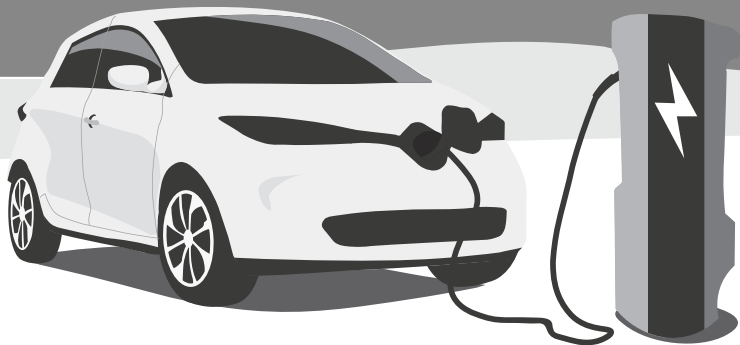
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