

DARKER EVENINGS

Daylight saving time ends Sunday, Nov. 5. Clocks will fall back one hour at 2 a.m. leading to light earlier in the mornings; dark earlier at night.

KILLINGTON CONSIDERS CANNABIS RETAIL ZONING

The Killington Planning Commission voted to present "Cannabis Establishments Zoning" regulations for the Select Board's consideration and possible adoption at Town Meeting in March 2024.

Page 3



By David Davis Charli Fahoury of Wallingford get her face painted for the parade.

100 SKELLIES AT RUTLAND HALLOWEEN PARADE

At almost 100 members, the group took over at least a block's length of the parade. The iconic group has been a crowd favorite for over a decade!

Page 5



By Polly Miku

First snow, resort teases opening

On Tuesday, Oct. 31, Killington's Superstar slope was blanketed in its first snow of the season. With cold temperatures forecasted, snowguns are on. Opening day will likely be soon. Stay tuned!

Killington to host world-class acts

Young The Giant, Mix Master Mike, Matisyahu and 220 KID to play 2023 Stifel Killington Cup Thanksgiving weekend

Killington Resort announced the entertainment lineup for the 2023 Stifel Killington Cup on Monday, Oct. 30.

Killington will host concerts on the Kona Big Wave Stage throughout the weekend, featuring Young the Giant, Mix Master Mike, Matisyahu and 220 KID.

Taking place Nov. 24-26, the seventh edition of the

Audi FIS Ski World Cup will bring together the fastest female technical Alpine skiers in the world with live concerts, movies, fireworks and more.

"World-class skiing isn't the only reason to attend the Stifel Killington Cup," said Killington President and General Manager Mike Solimano. "We have assembled a stellar lineup of music to keep the party going all weekend long. New this year, don't miss the movie showing Saturday night, following a panel discussing the experience of women in the industry."

Kicking off the entertainment on Friday, which includes the athlete bib presentation and a fireworks display, will be 220 KID. With

Killington Cup → 6

Woodstock officials show need for new school

By Katy Savage

The Woodstock Union Middle-High School building is at risk of complete system failure, according to District Buildings and Grounds Manager Joe Rigoli.

"We're at the end of the lifespan of this building," Rigoli said. "We're at the point now where we're beyond repair, it needs to be replaced."

Rigoli said there are concerns about the roof structure, the heating system, air quality and moisture issues.

The Mountain View Supervisory Union has hosted multiple meetings and walk-throughs of the school as they plan to put a \$80 to \$85 million-plus bond to build a new school to voters in March.

About 50 people attended a building walk-through on Thursday, Oct. 26, with Rigoli leading a group through classrooms, the cafeteria, locker room, gym, auditorium and bandroom. The 1957 high school, which includes a middle school addition that dates back to 1968, is no longer functional, School tour \rightarrow 7

40+ acre site fronting the Ottauquechee River

Mountain Views in 3 directions

Less than 2 miles from Woodstock village

Vermont vernacular design referencing a collection or "village" of barns

Submitted

The new architectural plans for the new school call for a two-story, 163,000-square-foot building with a capacity for 700 students. Tours of the current school and its needs are ongoing.

Town of Killington receives additional Catalyst funding, bringing awards total to \$3m

On Thursday, Oct. 26, Governor Phil Scott and the Northern Border Regional Commission (NBRC) announced that the town of Killington has received another Catalyst grant, bringing the total grant to \$3 million for its municipal water system and a redesigned roadway systems.

The first awarded amount of \$2.25 million on Aug. 23, 2023, was reduced from the town's original request. But the state of Vermont put the town's project forward for an additional consideration of \$750,000 through a funding partnership between NBRC and EDA, and informed the town last Thursday that the project was approved for the additional funding.

Despite multiple sources of funding, the town's grant will be administered as a single NBRC award.

The additional \$750,000 funding will provide infrastructure improvements to the town's planned municipal water system and a redesigned roadway system which is required for the development of the Killington Village project.

The second NBRC award was part of \$3 million in funding

for four projects through a partnership between the NBRC and the U.S. Economic Development Administration (EDA) to amplify both agencies' economic development impact in Northern Border communities.

The four awards all were for \$750,000 to support vital water and wastewater infrastructure in rural communities across the Northeast. The other awards were for projects in Eagle Lake, Maine; Lancaster, New Hampshire; Lawrence, New York.

"These investments will help rural communities build and improve infrastructure that is critical to economic growth. Recognizing that the cost of these projects are often too expensive for residents and rate payers in small towns to undertake on their own, NBRC has prioritized the needs of very small communities in its grant making," said NBRC Federal Co-Chair Chris Saunders. "We are proud of this partnership with EDA, which will deliver this funding to four small towns all of which have populations under 5,000 people."

Two local motocyclist died in crashes Saturday

Staff report

Police reported two separate fatal motorcycle crashes last Saturday, Oct. 28.

Saturday morning at 9:34 a.m. Castleton Police were dispatched to a two-vehicle crash where a Toyota Tacoma, driven by Harry Wagner, 69, of Stafford, Connecticut, collided with a motorcycle being operated by Stanley Borucki, 56, of Pittsford near Castleton Four Corners. Wagner, who was traveling south on Route 30, crossed

Deadly crash → 10

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2023 'Fantastic Farmer' award recognizes Hartland dairy and cheese operation

Nestled near a hillside in Hartland sits land that has seen agricultural uses since the 1770s. Now home to Cedar Mountain Farm and Cobb Hill Cheese, this land continues to support Vermont's agricultural traditions with an eye toward the future under the watchful leadership and experienced hands of Kerry Gawalt.

Emphasizing sustainability, stewardship, education, diversity, value, and heritage since 1999, Gawalt exemplifies all the qualities needed to receive the third annual 'Fantastic Farmer' title and a significant award of \$5000 from the A. Pizzagalli Family Farm Fund.

While working to restore and maintain a healthy farm system on the centuries old agricultural land in Windsor County, Cedar Mountain Farm and Gawalt manage draft horses, maintain a dairy cow herd of 60 Jerseys, manage 72 acres with 26 varieties of vegetables and herbs on a one-acre plot. Additionally, the property hosts a 1000-tap maple sugaring operation, and supplies milk for Cobb Hill Cheese, an award-winning artisan cheese brand owned and operated by Gawalt and the farm.

"I really love working with cows, caring for the land, and sharing what I know about farming. I have been very lucky to have had some amazing mentors during my life. Farming and nature have been a part of my world since birth," Gawalt said. "Many people have influenced me and shared their knowledge of animals, farming and cooking over the years. I am fortunate to have the opportunity to work in agriculture and hope to continue to share my love of farming with others. Vermont has a wealth of agricultural history which I am always learning more about every day."

The Fantastic Farmer title is one of three annual award programs supported by the A.Pizzagalli Family Farm Fund. Including the Vermont Barn Painting Project and the High-Quality Milk Awards, the mission of the Fund is to support farmer efforts to grow their business, cultivate, and deliver their products to the consumer, in a way that respects the heritage, culture, and stewardship that our farmers and farming community strive for every day.

In March, The Vermont Dairy Industry Association (VDIA), announced the 2022 Vermont High-Quality Milk Awards. The awards recognize the dairy farmers who produced Vermont's best quality milk in 2022. These farmers were recognized at the annual Vermont Dairy Producers Conference, held for the first time in-person since the beginning of the pandemic.

Dairy award \rightarrow 10

DC's Batman sculpture unveiled downtown

"It took far longer than expected, but today we are thrilled to bring Batman back to Rutland," organizers of the Rutland Sculpture Trail said as they unveiled a marble sculpture inspired by Batman and Rutland Halloween Parade leader Tom Fagan on Oct. 25

The project, first announced in October 2020, was repeatedly delayed due to the pandemic, bad weather, travel issues, and other complications. Six months after the initial announcement of a sculpture featuring Fagan, organizers of the Rutland Sculpture Trail and DC Comics announced Fagan would be paired with the ultimate Superhero, DC's Batman. The piece is the 11th sculpture added to the trail in Downtown

The massive sculpture is based on a panel from DC Comics "Batman No. 237" a 1971 comic book. Standing 10 feet tall and weighing 12 tons, the sculpture features a



Submitted

DC Comics Batman, the 11th sculpture along Rutland's Sculpture Trail was unveiled in Downtown Rutland on Saturday, Oct. 28.

Standing 10 feet fall and weighing Rutland on Saturday, Oct. 28.

12 tons, the sculpture features a rumpled Fagan, dressed as Batman, shaking hands with the DC Superhero.

"From the beginning, we wanted to include Batman in the sculpture, and we were thrilled when Sen. Patrick Leahy helped us connect with folks at DC, who graciously granted permission," organizers said. Leahy is a lifelong Batman fan, and has appeared in several Batman movies.

The sculpture was carved at the Carving Studio and Sculpture Center in West Rutland by Italian sculptor Alessandro Lombardo, in Danby White marble donated by Vermont Quarries. It is based on a design from award-winning Chinese artist Jiannan Wu.

Fagan's connections with comic book artists helped make the parade famous across the country, with a deep connection to Batman. Comic book creators attended the parade and huge parties that followed in the early '70s, and incorporated Fagan and the City of Rutland into story lines in more than two dozen comic books.

The sculpture of Fagan and the DC Super Hero stands on West Street, between Merchants Row and Cottage Street.

"It is a powerful, fun piece of art with deep connections to the parade's history, and Batman's role in it," organizers said.

Batman first appeared in Detective Comics No. 27 on March 30, 1939, and has stood as a symbol of determination, courage, and justice to generations of fans for over 80 years. He has influenced every area of modern

The massive sculpture is based on a panel from DC Comics "Batman No. 237" a 1971 comic book.

entertainment, appearing in countless DC comic books, Saturday morning cartoons, multiple television series, video games, theme parks and experiences, toys, collectibles, and apparel and lifestyle products, as well as blockbuster animated and live-action films. Batman continues to be one of the most popular DC Super Heroes ever created.

"I can't think of a greater superhero to join me in Rutland," Captain Credit Union said at the unveiling. "It's an honor to help unveil this sculpture, and we're ecstatic over how it came out."

PEGTV, which has a decades-long relationship with the parade, filmed the unveiling and will air it repeatedly. "We've been part of the parade for a long time, and it feels like the sculpture brings the parade's history full circle," said Tom Leypoldt, PEGTV's executive director. "It's an amazing story, one the sculpture will keep alive for generations to come."

The Rutland Sculpture Trail was started in 2017 by the Carving Studio and Sculpture Center to create art and interest downtown, generate community pride, and highlight local and regional history. The Batman sculpture joins 11 pieces already carved and installed in downtown Rutland, with several others in various stages of planning and development.

OBITUARY

Remembering Jeffrey Cushing, 73

It's with great sadness and a heavy heart that we announce the death of a great guy, Jeffrey Cushing. Jeff Cushing was 73, a resident of Killington Vermont, who peacefully passed away on Oct. 22 surrounded by loved ones. He fought a courageous three year battle with cancer.

Jeffrey Cushing was born on March 6,1950, to Betty and Homer Cushing of Saugus, Massachusetts. He worked for GE in Lynn, Massachusetts until 1973, when he moved to Killington to pursue the skiing lifestyle. In 1978, he met Pat, his soon to be spouse. Living in town, they raised two children, Patrick and Dana.

Words can not encompass the many ways Jeff Cushing has touched the lives of those around him. The memories and connections he made with people are vast. Cushing was involved in many aspects of the Killington Community. It feels as if there was not a business on the Killington Access Road in which he did not bartend. He cultivated long time friendships that started with his days working at Bilbos and the Kings Four and he loved being the sidekick to that infamous piano player at the Mountain Inn. His personality and humor are memorable as exemplified, for those who remember, by his antics at the Killington Trike Races.

During the 1990s, Jeff was part owner of the Clear River Inn and Tavern as well as the Outer



Submitted

Jeff Cushing

Limits Snowmobile Touring company in Pittsfield. He also worked as a builder with Rick Moore Construction and in various positions with Killington Snow Corp. He served as an active member of the Vermont Association of Snow Travelers. In this role and others, he never hesitated to help those around him. He served as a local volunteer firefighter. He assisted others, by putting in windows, shoveling snow or doing yard work for neighbors. He

Cushing → 6

Killington Resort and Great Gulf pledge \$700,000 to support workforce housing

KILLINGTON—Killington Resort in partnership with Great Gulf announced it will donate a total of \$700,000 to the town of Killington, presenting a ceremonial check at the community update Oct. 19.

The money is allocated to fund 70 acres of land in Killington on which to develop workforce housing, part of the area's ongoing Killington Forward initiative. Killington Resort is committed to supporting the community through Play Forever, an initiative which aims to strengthen the place where we live with donations such as this one.

The 70-acre plot is located off Nanak Way in Killington and will be serviced by the new municipal water system being installed over the next several years. The land is mapped for a total of 250-300 housing units, with six to eight multifamily apartment buildings and 16-20 duplex or single-family homes with ample green space.

"We are excited to offer this funding to the town of Killington in support of future workforce housing in the area," stated Killington President and General Manager Mike Solimano, in a news release Oct. 27. "We all know the area is in need of this type of development, which will provide housing for the workers who support the whole community and will be integral to the success of the new ski village by Great Gulf."

"We understand the importance of this endeavor and are committed to ensuring that the dedicated team of people, who will make the experience at the future mountain village remarkable, have affordable and secure housing options," said Michael Sneyd, president of the resort residential division of Great Gulf.

"Not only will affordable housing boost our economy by increasing discretionary spending throughout Rutland County, but more importantly, it will allow people who work in Killington to live and raise their families in this amazing place we get to call home," said Killington Town Manager Michael Ramsey. "The implementation of affordable/workforce housing in our community wouldn't be a reality without the support from partners like Great Gulf and Killington Resort, and we are thrilled to see through hard work and partnerships that the Killington Forward Initiative is continuing to transform from a vision to a reality."



By Brooke Ge

A \$700,000 check was presented to the Town of Killington by Killington Resort in partnership with Great Gulf at the community update Oct. 19.

Mountain Views Supervisory Union recovers funds from recent electronic fraud incident

On Aug. 16, 2023, the Mountain Views Supervisory Union, which serves students from Barnard, Bridgewater, Killington, Pittsfield, Plymouth, Pomfret, Reading and Woodstock, was targeted in an electronic fraud scheme, according to a news release shared by the district, Oct. 24. A vendor affiliated with the school district experienced a compromise in their electronic communications, leading them to inadvertently send us fraudulent banking details. This led to the district mistakenly transferring funds to an unauthorized bank account in Indiana.

"We identified the fraud on Sept. 6, 2023, and took swift action," the district stated. "We reported the incident to our treasurer, our local bank, the Woodstock Police Department, the FBI, and our insurance provider. We are pleased to inform the public that, with the assistance of our bank, we have successfully recovered all misplaced funds. Additionally, our district is fully insured against such fraudulent incidents."

An in-depth third-party review confirmed that the school district's electronic communication systems remained secure throughout the incident, and no internal breaches occurred.

As a precautionary measure, the district have also collaborated with its insurance provider to establish new procedures to further safeguard against potential fraud in the future.

Killington considers cannabis retail zoning

By Curt Peterson

The Killington Planning Commission voted to present "Cannabis Establishments Zoning" regulations for the Select Board's consideration and possible adoption at Town Meeting in March 2024.

Prior to a vote the planning commission will also hold a public hearing on Jan. 3 and the Select Board will hold a public hearing in early February. The Town Meeting ballot vote in March is only on retail. All other types of cannabis establishments are allowed subject to obtaining a license from the Vermont

Cannabis Control Commission.

Vermont towns have been mulling over cannabis acceptance since October 2020 when the state legislature approved licensing cannabis businesses, and retailers began selling cannabis and cannabis products in some towns in October 2022.

With approval of its non-"tax-andregulate" scheme, Vermont became the 11th state to approve growing, selling and using marijuana. The federal government still rules the drug illegal, complicating things for state legislators, growers, sellers and users.

The Killington zoning bylaw proposal is intended "to provide for the placement of cannabis establishments in suitable locations," with consideration for protection of "residential neighborhoods, civic and educational institutions, and public gathering places from any adverse secondary impacts."

According to Town Planner Lisa Davis Lewis, "adverse secondary impacts" might include "odor or security issues," but the commission tried to contem-

Cannabis → 6

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Preparing for winter: Okemo swap is around the corner

By Karen D. Lorentz

With cooler temperatures and leaves falling, skiers and snowboarders know winter is just around the corner. But before the snow arrives and the lifts spin, you've got to make sure you're ready! Do you have your pass, equipment and layers? There's still time and Okemo will host its ski and snowboard swap Nov. 17-19 at the Jackson Gore Base Area. It's a great time to find deals on skis, snowboards, boots, poles, clothing, and other winter gear like snowshoes, cross-country skis, and ice skates, noted Okemo Mountain School's Head of School Mariel Meringolo. Children's gear "goes fast," she said.

You can donate equipment or place it on consignment, but it should be no older than 7 to 10 years and

in good working condition, Meringolo noted. All donations are tax deductible, including the 25% of sale consignments which go to OMS.

Swap items drop-off times are 10 – 3 p.m., Nov. 11, 12 and 15 at the Jackson Gore Round House. If items don't sell, people can pick them up or leave for donation to a non-profit PTA.

Swap hours are: 4-7 p.m. Friday, 9-5 p.m. Saturday, and 9-1 p.m. Sunday. Proceeds go to OMS' operating costs to keep tuition as affordable as possible for all students. (The Swap raised a record \$37,000 last year.)

Swinging closer to winter, "Okemo will be firing up the snowguns when Mother Nature gives us her blessing. The ideal temperature is 28 degrees and 50% relative humidity for effi-

cient snowmaking. We'll announce the opening date when we're sure of it a week in advance," spokesperson Joe Healy said, adding that Okemo's website, social media, and passholder communications will keep people updated.

With an El Niño winter forecast, Okemo may see lots of snow from the sky, but regardless, the snowmaking team can fill in for Mother Nature with one of the largest snowmaking systems in the East and a 150-million-gallon snowmaking pond to withdraw water from.

Although Ludlow saw July flooding, the mountain returned to full summer operations three weeks later, and "Okemo looks forward to winter operations as usual," Healy added.



By Kim Lampert

Heidi Baitz of Ludlow receives the Vocational Service Award from Rotary's past president Jim Rumrill.

Ludlow Rotary honors revered teacher Heidi Baitz

At its Oct. 24 meeting, the Ludlow Rotary Club surprised Ludlow Elementary's long time sixth grade teacher, Heidi Baitz, by presenting her with its annual Vocational Service Award. Baitz, who retired in June, thought she was going to a craft show with her sister at the United Church of Ludlow. She arrived to find the Ludlow Rotary Club meeting where she was the honored guest. Her husband, Mike Normyle was there waiting as well.

Rotary's Past President Jim Rumrill emceed the awards ceremony listing many of Baitz's outstanding contribu-

tions during her 38-year career at Ludlow Elementary School. Baitz coached sixth grade teams for Odyssey of the Mind for many years, qualifying for Worlds two times. She worked with parents and

"If you searched
Wikipedia for
educator, the
definition would read
Heidi Baitz," said
former Town Manager
Frank Heald.

students to fundraise for field trips to Boston and Washington, D.C. Rumrill and Bruce Schmidt shared tributes from former students to Mrs. Baitz, crediting her for setting them on the road to success.

Baitz always made sure the students were involved in community service, helping them understand the importance of it. Sharon Bixby spoke about Baitz's role in her students' developing permanent exhibits at Black River Academy Museum, including historic downtown Ludlow, and the Floods of 2011 compared to 1927. Baitz was the epitome of a comprehensive educator, according to former Town Manager Frank Heald, who added that "if you searched Wikipedia for educator, the definition would read Heidi Baitz."

Given the chance to speak at the end, Heidi stated that she loved her job, which made it so wonderful to work for so many years with Ludlow's students and their families. She was presented with flowers as well as the Vocational Service Award.



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100 Skellies carry on iconic Rutland tradition

"When rhythm transcends to the

body, we find a new source of our

individuality," said Meitrott.

For decades, the Skellies have been entertaining the Rutland area community under the leadership of Gary Meitrott, owner of Drum Journeys of Earth in Rutland. Musicians, dancers, puppeteers, acrobats, fire-jugglers, stilt-walkers and human-propelled floats have been part of this highly anticipated and well rounded group.

The new theme this year was Pirates of the Caribbean. The iconic giant skellie was adorned in pirate gear, and while the debut of the Black Pearl pirate ship did not disappoint. At almost 100 members, the group took over at least a block's length of the parade.

"We look forward to the parade every year, the Skellies are always my favorite part," said Margo Jones.

Meitrott, who has a masters degree in consciousness studies, said his inspiration for the skellies was driven to give his drum students a place to perform, which soon grew to adding dance and puppets to promote play and embody artistry.

"As a society, we often play from the intellect alone. However, when rhythm transcends to the body, we find a new source of our individuality. To keep our understanding in our mind alone limits ourselves. Dancing and music pulls together

our physical, emotional and mental states; it enlivens the spirit," said Meitrott.

When Meitrott shifts into his skellie character — this year as Captain Jack Sparrow

— he unfolds and expresses himself, all while absorbing the power and connection of his feet on the street.

"The street is a place of power for the common person; to be seen and heard," Meitrott said in a recent interview.

Bela Schug, make-up artist and dancing Bonita for 18 years, said she honors the creative outlet that the parade provides, but also the deeper meaning that Meitrott weaves into the underpinnings of the Skellie Clan.

The evolution of the Skellies has allowed Meitrott to address his desire to encourage all generations, youth, parent and elder, to participate together. Under the umbrella of our ancestors, we recognize each other through the play of music, dance and cos-

"We perform to honor our loved ones who have passed on. The deeper message is that forming loving bonds, having fun with

those who are close to you and doing well by your neighbors, matters a whole lot more than your status in life," Schug said.

Owner of Cobra Gymnastics & Dance

Center, Shelby Barsalou, has been dancing with the Skellies since 2005.

"I met Gary in 2003 when I took

a class at his drum school. I saw his skellie group perform in the parade that year and my heart picked up a few beats. Once they integrated dancing into the show, it was an easy yes for me," said Barsalou.

Between 20-40 skellies each year are made up of Cobra gymnasts. "I proposed a cartwheel clan to Gary and he was immediately on board. The kids have been tumbling in the streets now since 2011," Barsalou said.

Karena Kuehl, 17, has been cartwheeling with the Skellies for over a decade.

"Growing up as a skellie gave me a chance to explore how I express myself, without the burden of judgment," Kuehl said. "Now that I'm older, I feel a sense of freedom and comfort in myself and my performance that I think most of society loses as a child; Skellies has keep that joy

"Gary taught me long time ago that it is important to create a safe place for our youth and for each other to be creative, so they can develop themselves fully," Barsalou said. "I have done that at Cobra and he has done that with not just the Skellies, but at his drum studio as well."

As a result, Meitrott commented that "there are those willing to risk, to be vulnerable, to let in and to receive. Instead of being viewed as weak, they are a source of strength and courage for our communities."

"Our culture is often concerned about getting from to point A to point B. With drumming and dancing you aren't ahead or behind, you are right in the moment; and that is power," Meitrott said.

At age 73, Meitrott is passing the leadership torch to his many volunteers and "clan leaders" who will carry the load of the organization forward in the years to come.

"He has taught us to find strength in the unity of a group, but to also recognize that we have individual expression that is vital to the pulse of our personal existence," Barsalou said.

"I am deeply grateful for being given this opportunity to create. It gives me hope for our future generations," said Meitrott.





By David Davis Bottom left: Paul Colletti, Gary Meitrott and Bridget Martain - the three remaining from the original skellie group.



Top: Entire Skellie crew poses for group shot in the Howe Center before the parade begins.

Bottom middle (l-r): Ava John, Catherine Welch, Charlie Fahoury, Emilia Riviera, Shelby Barsalou, Karena Kuehl, Lucille Goelz and Domenica Gagliardi Right: Gary Meitrott (as Captain

Jack Sparrow) gives his opening remarks to the Skellies before they marched in the parade.



helped because he saw there was a need, and he was happy to be the one to extend a hand. He volunteered his time instead of waiting for someone to ask.

As his children grew, Cushing participated in all aspects of their lives. He was a volunteer coach in Little League Baseball, a Junior Program ski instructor dad, and a VINs instructor. With a zeal for life, he filled the lives of those around him with laughter, love and joy. Jeff Cushing loved life and will be greatly missed by all. In his memory please keep his joy of life and laughter going.

Jeff Cushing is predeceased by his parents, Betty and Homer. He is survived by his wife, Patricia, and his two children and their spouses, Dana Leigh Cushing Olverson and David Olverson and Patrick M. Cushing and Jennifer Cushing, four grandchildren, his brother Joel Cushing and spouse Nancy Cushing, sister Mary Melody Scimone, brother Dana R. Cushing and spouse Eleanor Cushing. Please consider a donation to The American Cancer Society in memory of Jeff Cushing.



plate a myriad of other undesirable situations.

Cannabis businesses are categorized as Indoor Cultivation, Manufacturing of Cannabis Products, Cannabis Retail Sales, Cannabis Testing Laboratories, and Cannabis Wholesalers.

The state reclassified outdoor cannabis cultivation as "agriculture," making regulation outside the town's zoning jurisdiction, Davis told the Mountain Times.

Among existing zones, manufacturing, testing

laboratories and wholesalers may apply for permits within the Killington Business and "Valley" zones. Retail stores, which would be limited to 3,000 s/f of public access $area, can\, operate\, only\, in\, the$ Business zone.

The proposal also prohibits comingling of different categories within one establishment, e.g., a grower may not also include a retail shop.

Physical separation requirements are based on property lines rather than building footprints. Properties containing retailers cannot be closer than 500 feet from "a licensed childcare facility or any public or private school certified by the Vermont Agency of Education," as measured by the "nearest point of the property line in question to the nearest point of the property line where the cannabis retailer will be located."

Retailers must also be at least 250 feet from town parks and recreation area properties.

Multiple retailers within

one building must be at least 500 feet from each other within the structure.

There are visual regulations in the proposal as well—including prominent "MUST BE 21 TO ENTER" notices, and prohibition of publicly visible displays of products or "gear."

Permit applicants have to provide clear plans for controlling odor, even though usage in public is disallowed, and applications have to include detailed security protection.

Killington Cup: ... from page 1

over 15 million monthly listeners and 900 million streams, 220 KID has been on a stratospheric rise to the top. The double Brit-nominated, multi-platinum-selling songwriter and producer not only mixes and produces for the best, but has written hit after hit, helping to launch the careers of up-andcoming artists such as JC Steward, Gracie, Lany and Jem Cooke. 2023 has kicked off 220 KID's global acclaim with his most recent project, "Look Where We Are," a crossgenre collaboration with K-Pop Idol Kangdaniel and Willim. He is exploring new sounds and avenues, as he hits the studio to produce exciting new materials and premiere a whole new live show.

On Saturday, between runs, catch Mix Master Mike. He's been called "the world's greatest DJ" by USA Today and the "Jimi Hendrix of the turntables" by MTV's Kurt Loder. His skillful, hard-hitting scratch work has rightfully earned him the status of a pioneer in the hip-hop and DJ communities. The Grammy-award-winning DJ was

inducted into the Rock 'n Roll Hall of Fame in 2012 with the Beastie Boys and has toured with Cypress Hill, Metallica and more. He's also made waves in the VR world and created music featured on major television networks such as the theme music for Cartoon Network's Team Titans. From his early days in the Bay Area until now, Mix Master Mike has always been looking for new ways to create art that challenges the status quo, keeping his brand relevant and exciting for fans of all ages.

After the races conclude on Saturday, critically-acclaimed, multi-platinum selling artist Young The Giant will headline. The band's latest album, "American Bollywood" tells the multi-generational saga of the American immigrant, and the origins, exiles, battles, and denouement of reclaiming their collective identity while spanning genres from traditional Indian sounds to more western rock and pop. Young the Giant's 2023 headline tour was the biggest to date with over 60 shows that saw the band performing to

238K+ fans across 10 countries.

Following the concert, the action moves to the Snowshed Lodge where stand-out women from the ski industry and beyond will discuss the contributions of women in the industry on a panel as part of U.S. Ski and Snowboard's HERoic initiative. Then, catch a showing of the all-female ski movie "Advice for Girls." Saturday will wrap up with the official Killington Cup After Party at the Wobbly Barn, featuring a second set by 220 KID and performance by Philadelphia-based Steal the Sky.

On Sunday, Grammy-nominated Matisyahu performs between runs. Matisyahu is a singer, songwriter, rapper, and alternative rock musician. He's known for his skill in blending reggae and hip hop as he provides a raw expression of his spirituality. His long and winding career consists of seven albums including chart-topping Light, Youth, Spark Seeker, Akeda, and Undercurrent with hits like "One Day," "Sunshine," and "King Without A Crown." Through his lyrics,

Matisyahu develops a personal, artistic, and sophisticated way to express the yearning for deep spiritual meaning, and as his own beliefs opened up to find more variety and depth, the desire for his performances to match the unpredictable flow of life developed as well.

Ticketed event

The 2023 Stifel Killington Cup is a fully ticketed event. All attendees will need either a General admission ticket. Grandstand ticket or Great Gulf livekillington. com VIP ticket to enter the Festival Village, concerts and spectating areas. General admission tickets are available online in advance for \$10, with a portion of proceeds benefiting the Killington World Cup Foundation, which supports athlete hospitality and provides grants to support winter sports infrastructure and access to winter sports throughout the region. A $limited\,number\,of\,Grand stand$ tickets are still available for purchase, providing an unparalleled location to view the Giant Slalom

and Slalom races.

Event highlights of the 2023 Killington Cup:

Friday, Nov. 24

(no ticket required):

- Athlete bib presentation
- Fireworks display
- Music by 220 KID

Saturday, Nov. 25

(tickets required):

- Giant Slalom races at 10
- Mix Master Mike performing between runs
- Young the Giant performing after the second run
- Heroic "Doing it All" panel
- Women's ski film screening "Advice for Girls"
- Wobbly Barn Party postrace party with 220 KID and Steal the Sky

Sunday, Nov. 26

(tickets required):

- Slalom races at 10 a.m.
- Matisyahu performing between runs

For more information, visit: Killington.com/worldcup.



Courtesy Killington Resort 220 KID

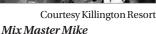




Courtesy Killington Resort Young the Giant



Courtesy Killington Resort Matisyahu

















District Buildings and Grounds Manager Joe Rigoli shows areas of erosion, corosion, and moisture damage, along with other factors, that have led to risk of complete system failures during a recent walk-through tour of The Woodstock Union Middle-High School building. The next tour will be offered Tuesday, Nov. 28 at 6:30 p.m.



according to Rigoli. The roof above the gym has cracks in the corner from stress fractures due to the weight of snow and water. And, moisture is an issue throughout the building. The walls in some classrooms are degrading, indicating water is entering the building.

"We're not quite sure how it's getting into the building," Rigoli siad.

In other parts of the school, windows from the 1980s weren't installed correctly.

The school doesn't have an adequate sprinkler system and it doesn't meet ADA compliance. The building has one tiny cafeteria, which can't fit many tables, causing most students to walk around or sit elsewhere when they eat.

The air quality, lighting and acoustics are uncomfortable throughout the building.

Rigoli pointed to the band room, which is enclosed with six layers of concrete.

"Directly above us is the gymnasium," Rigoli said. "And as soon as kids start running, it's thundering hoofbeats. You can hear it, it's loud and it amplifies in here."

Rigoli said a long stretch of hallway in the middle school doesn't meet safety standards anymore.

"Kids lovingly refer to this as 'The Green Mile," Rigoli said, referring to the long, awkward hallway with poor lighting. "It's kind of like a jail."

Aidan Keough-Vella, a junior in high school, said sometimes bathrooms and water fountains break and get shut down, making students walk to the other end of the building. Wi-Fi constantly cuts in and out, causing disruptions.

Keough-Vella said there are also inequities in the sports fields, with the girls feeling their practice facilities aren't as adequate as the boys' fields.

"I've heard from a lot of athletes on the girls' teams, how they feel like their fields can just be kind of neglected at times and compared to the boys' fields," Keough-Vella said.

The dated heating system, which uses steam technology, is difficult to manage. Sometimes the building is too hot, sometimes it's too cold.

School districts were asked to self-report their building conditions for a 2022 study by the Vermont Dept. of Education.

Woodstock reported an 89.2% depletion percentage, placing the school district the second worst in the state, behind Orange Southwest Unified Union School District, which reported a 90.5% depletion percentage.

The study found schools throughout Vermont are significantly deteriorating, with heating, windows, roof, electrical and plumbing issues.

 $Discussion\, around\, building\, a\, new\, school\, in\, Woodstock$ started in 2016, when a group started evaluating the facility. In 2017, the school secured \$150,000 for the preparation of a facility analysis and master plan. In 2019, the school district used \$200,000 in private funding for planning. In 2021, a schematic design was completed, estimating a new building would cost around \$73.5 million. Then in 2022, the Woodstock Economic Development Commission granted funds to hire a part-time fundraising manager. In 2023, voters approved a \$1.65 million bond for designing and permitting a new school.

The new architectural plans for the new school call for a two-story, 163,000-square-foot building with a capacity for 700 students. It would feature a multipurpose theater, a natural light-filled atrium and a double gym that opens for events if needed.

The new design also features solar panels on the roof and energy-efficient systems. It would be ADA compliant and have new sports fields.

The new school would also be located adjacent to the current school building. The school board plans to allow classes to continue in the old building until the new building is ready.

"We're building a building that we hope will serve you

for a solid 75 years," said Leigh Sherwood, a consultant from Lavalle Brensinger Architects, suggesting systems could start failing at that time. "That doesn't mean it won't last 100 years."

Sherwood said the architectural plans reflect a "future-ready" school, with flexible classrooms that can adapt to future technology and advances in education.

The school board is hoping students from neighboring districts will choose to go to Woodstock if there's a new building.

"If we build it, they'll come," School Board vice chair Ben Ford said.

The new building will offer about 35,000 square feet of more space than the current school building.

People of all ages attended the walkthrough on Oct. 26.

April Pauly and her husband Ben of Woodstock carried their 6-month-old daughter, hoping she would get to attend the new high school one day.

Eddie English, a lifelong resident, was among the first student to graduate in the new building in 1963.

"We're putting a Band-Aid on this old building," English said, expressing the need for a new school.

However, English was concerned about how voters would feel about the cost of building a new school.

"I'm worried the bond might not pass," he said. "There has

to be middle ground."

A final costing analysis of the new build will be ready in December to get the numbers on the town meeting ballot on March 5. If the vote is successful, an assessment will be added to homestead property owners' education taxes within the supervisory union's seven member towns. Homestead property owners making less than \$138,400 receive credits of up to \$5,600 a year to help reduce the amount due. Owners of a \$400,000 property, making more than \$138,400 would see an increase of about \$100 a month during the first years of the bond repayment.

GUEST EDITORIAL

Ray of hope, or more chaos?

By Angelo Lynn

Editor's note: Angelo Lynn is the editor and publisher of the Addison County Independent, a sister publication to the Mountain Times.

Out of the chaos of the past three weeks, is Rep. Mike Johnson, the newly elected U.S. House Speaker, a ray of hope that the Republican-led House of Representatives can finally govern?

Perhaps.

Rep. Johnson, 51, is a social conservative, ardent Christian, who has strong views against abortion and gay rights. He's that kind of conservative, meaning a religious ideologue. He also has been a solid Trump supporter, including in the effort to overturn President Biden's electoral victory and supporting Trump despite his sordid and amoral affairs with women, blatant racism, an ignorance of Christianity and fake embrace of it.

With that background, one might think Johnson is ill-informed and poorly educated.

But he's not. He graduated with a law degree from Louisiana State University and practiced conIt's too bad that Rep.
Tom Emmer, R-Minn.,
withdrew his party's
nomination to the
speakership before
Democrats had the
opportunity to work
with him.

stitutional law for 20 years. He was first elected to the state's House of Representatives in 2015, then elected to Congress in 2016 and was elected to his fourth two-year term in 2022. He has won his district by large margins. He says he supports Israel's and Ukraine's fight to preserve their independence. He and his wife have been married for 24 years and have four children. He is described by colleagues as "principled" and "moral."

It's a description, and a record, that offers some hope. It's too bad that Rep. Tom Emmer, R-Minn., withdrew his party's nomination to the speakership before Democrats had the opportunity to work with him. He was more moderate and more reasonable, and the best of the candidates seeking the post so far, but that didn't happen. Johnson is now the man of the hour. It will behoove Democrats in the House to work with him to the extent that budgets can be passed within the next two weeks to prevent a government shutdown and crucial aid can be approved to both Israel and Ukraine.

Of Johnson's election to speaker, New York Times reporter Annie Karni summed up his unlikely rise to the top. Karni said Johnson, a little-known conservative, made his election look relatively easy "only because Republicans have been worn down over the past three weeks, rejecting three speaker designates, and have finally decided to rally around someone without a big profile, who they view as sufficiently conservative and who they don't personally despise."

That's a low bar to pass and a sad commentary on the state of today's GOP, but Democrats should give Johnson a good-faith opportunity to lead — and hope for a partner who is at least rational on that side of the aisle.





Thoughts and Prayers by Dave Whamond, Canada, PoliticalCartoons

LETTERS

Thanks for successful chicken BBQ

Dear Editor,

In August the Expeditionary School at Black River and Ludlow Legion hosted a sold out chicken BBQ, raising just over \$2,000 and selling out of over 120 chicken meals.

At that time, ESBR was still in the midst of the Vermont State Board of Education's Approval Process. Although it was important for the school to continue a steadfast fundraising plan, after the July flood hit ESBR knew they needed to share the proceeds, so half the proceeds would be donated to the Black River Good Neighbor Services to assist their efforts in flood relief.

On Sept. 26, and as part of this year's curriculum, students presented the \$1,000 check to BRGNS.

A tremendous thank you to the Ludlow Legion and Black River Good Neighbor Services, and the Community as a whole. It is also inspiring to see the students interact with community groups, which is one of the main pillars of expeditionary learning. It is amazing to see it in action.

Marissa Selleck,Ludlow

Come support students at antiracism event

Dear Editor,

Join Vermont students, advocates, nonprofit leaders, equity directors, and more for an event on Nov. 8.

In 2023, the Vermont Student Anti-Racism Network and the Rutland NAACP sent out a survey asking about student experiences with racism in schools. We got alarming — but not necessarily surprising —

At this event, we are releasing the survey results, hosting a panel discussion

of students and administrators, and hearing from national speaker Professor Loretta J Ross, talking about book bans and racial justice in America.

Join us at the Center for Community & Social Justice at Champlain College or on Zoom on Nov. 8 from 7 p.m. to 9 p.m. to be a part of our movement.

This event is the launch of a larger campaign to address racism in schools through workshops, presentations, and distribution of resources in schools.

This event is led by the Vermont Student Anti-Racism Network, Rutland NAACP, Building Fearless Futures, VT Racial Justice Alliance, and a broad coalition of equity directors and leaders. Register at: forms.gle/MMpWQHXfxH-GJqKap6

Addie Lentzner and Aaliyah Wilburn

Students, Vermont Student Anti-Racism Network

More support needed on college system

Dear Editor,

For the benefit of Vermont, it is our duty and our obligation to serve, educate, and sustain our citizenry, yet Vermont allocates fewer public dollars to its state college system than any other state. How do we ensure stability in our public colleges, engage the public, and insist that the Vermont Legislature provide deeper legislative oversight and involvement to protect these important legacy institutions from further erosion and possible closure? It is our belief that the state of Vermont is obligated to restore our public universities to their rightful and necessary place among our institutions of higher learning to do what they were established to do: serve the people of Vermont. Yet, we cannot do so without thoroughly reviewing the investment made, or not, in these colleges and more importantly in our students.

Despite the infusion of funds over the past few years from the \$10.9 billion dollars Vermont received during the Covid crisis, and of which the VSC received \$43.32 million, our public universities are struggling. More than 70% of VSC students are from Vermont. UVM alone received \$36.79 million, just

under 15% less than the VSC received. Fewer than 23% of UVM's students are from Vermont.

Over the past five years, the Vermont State College System has seen two name changes, a loss of numerous programs, faculty, staff, and administrator attrition through retirement and outsourcing to adjunct online faculty, and a poorlyconceived, badly researched recommendation to close libraries and redefine athletics.

At the same time, the chancellors' office administrators earn 87% more

College system → 31



CAPITAL QUOTES

President Biden announced sweeping executive actions on Monday to try to establish oversight of the rapidly evolving artificial intelligence sector, setting new standards for safety tests for AI products — as well as a system for federal tests of major systems.

"The most consequential technology of our time, artificial intelligence, is accelerating that change...We're going to see more technological change in the next 10, maybe the next five years, than we've seen in the last 50 years,"

said **Joe Biden** during remarks at the White House.

"So we've set the new standards on how we work with the private sector on AI, and those are standards that we're going to make sure the private companies live up to...AI can use data — your own personal data — to make social media even more addictive for you or your kids. That's not a good thing. AI systems can use your data to discriminate against a person of color who wants to buy a home. That's unacceptable,"

said White House Chief of Staff Jeff Zients.

"The actual present danger is not AI becoming too intelligent. It's more that humans are using AI in ways that are counter to our democratic beliefs about equal opportunity and equal protection...It does not have any specific mandate regarding enforcement actions regarding AI hiring, to ensure that it's not being discriminatory,"

said Ifeoma Ajunwa of Emory University.

"Without a real enforcement mechanism, which the executive order does not seem to have, the concept is great but adherence may be very limited,"

said Bradley Tusk, CEO at Tusk Ventures.

COMMENTARY

Revisiting Oppenheimer and science: 'It's not a priesthood'

"Science grows out

of common sense,

curiosity, observation,

and reflection,"

Oppenheimer said.

Science involves a

quest for "harmony,

elegance, and

beauty," he said. "We

hunger for nobility."

By David Moats

David Moats, an author and journalist who lives in Salisbury, is a regular columnist for VTDigger. He is editorial page editor emeritus of the Rutland Herald, where he won the 2001 Pulitzer Prize for a series of editorials on Vermont's civil union law.

At a time when facts, science, and the very idea of objective truth are under assault from many quarters, it's ironic that one of the big movies of the season has focused on the life of one of the most celebrated scientists of

the 20th century.

That irony is not lost on Rich Wolfson, who from 1976 to 2019 was a professor of physics at Middlebury College. Wolfson appreciated that the science presented in the movie "Oppenheimer" was largely accurate and also that physics, his field, took center stage in the movie.

The story of J. Robert Oppenheimer deserves

to be remembered. The movie is based on the book "American Prometheus: The Triumph and Tragedy of J. Robert Oppenheimer" by Kai Bird and Michael Sherman

Oppenheimer's most noted triumph was his success as director of the Manhattan Project during World War II, leading the effort to build the first nuclear atomic bomb. But it was a triumph that haunted him for the rest of his life because he could not look away from the fact that he had helped to create weapons capable of destroying all of humanity.

Then in 1954 his reputation came under the shadow of McCarthyite paranoia when the government revoked his security clearance after a campaign of character assassination had raised specious questions about his patriotism.

The Oppenheimer story resonates with Rich Wolfson in part because Wolfson's work as a physicist has led him to try to shed light on the benefits and dangers of nuclear technology. He is the author of a book called "Nuclear Choices for the Twenty-First Century: A Citizen's Guide," written with co-author Ferenc Dalnoki-Veress. It is a primer on various useful and/or dangerous forms of nuclear technology, including nuclear medicine, nuclear power generation and waste, and nuclear weapons. The book is meant to provide a basic understanding of the questions confronting the public in these complex areas of public policy.

Oppenheimer's work as a scientist placed him in that elite priesthood of physicists developing an understanding of quantum theory and the mysterious properties of the atom. Wolfson has labored over the years to make the baffling realities of modern physics accessible to those beyond that priesthood — to the nonscientific lay public.

Toward that end he is the author also of a widely used physics text and of a book

called "Simply Einstein," which seeks to explain Einstein's theory of relativity in a way that is comprehensible to the nonscientist. And he has produced a series of 24 half-hour video lectures explaining Einstein's theory of relativity and quantum theory to a nonscientist audience. (They are available on YouTube from The Great Courses.)

Both the book and the videos require close

attention, but they succeed in showing that Einstein's theory was based on common-sense, if counterintuitive, observations that make sense when carefully explained.

Oppenheimer was conscious of the fact that science existed within a broader culture and was, in fact, an important force in shaping modern culture. This was evident in a lecture he delivered in 1965 — a lecture, it turns out, where I happened to be in the audience.

I had a vague memory that Oppenheimer had delivered an address at the University of California at Santa Barbara when I was there. I remembered little about it and wasn't sure it had actually occurred. I could find no mention of the event online, but the public affairs office at UCSB managed to track down a tape of the speech in the university library. At my request, the library forwarded to me an audio file of the speech, which Oppenheimer had delivered for the university convocation of October 1965.

At his home in Middlebury, Wolfson and I listened to Oppenheimer at the lectern in California 58 years ago. It was a learned, thoughtful speech, ranging over the history of science from ancient Greece to Isaac Newton to Darwin and up to that day in 1965, with fleeting reference to the ultimate danger represented by nuclear weapons.

It was so learned that Wolfson won-Revisiting science \rightarrow 10

Revisiting science:

from page 9

dered if a contemporary audience could sit still for it, or if after five minutes they would be fidgeting with their phones. In 1965, Oppenheimer earned enthusiastic and prolonged applause.

Before science became a force in human culture, Oppenheimer suggested, culture mainly served to stop change, to defend what he called "the eternal verities." But after Galileo, Newton and the scientific advances that followed, science became an agent of change that was irreversible. What brought about the scientific revolution, Oppenheimer said, was "an

idea of progress" and the idea that "the betterment of man's condition has meaning."

"Science grows out of common sense, curiosity, observation, and reflection," Oppenheimer said. It was an "immense job" to teach the complex les-

sons of science, but he said that science was not merely a "quantitative" endeavor. It involves a quest for "harmony, elegance, and beauty," he said. "We hunger for nobility."

If a belief in objective truth has come under siege in contemporary America, Oppenheimer had a rejoinder in his understanding of the laws of physics. He said that if alien beings were studying physics on a distant planet, they might not find the same answers as humans have found, but that would be because they were asking different questions. If they were asking the same questions, they would get the same answers. The laws of physics pertain everywhere.

After hearing Oppenheimer's 1965 lecture, Wolfson said that science need not be a priesthood. "It is still tied to everyday experience," he said. "A huge portion of

everyday experience can be explained by Newtonian science."

That science is woven into the fabric of society is evident everywhere — from the science that developed the computers on which this story is appearing, to the vaccines that have kept millions of people alive, not just through Covid, but through epidemics as varied as smallpox, measles and polio.

Wolfson quoted a former senator from Oklahoma, James Inhofe, who asserted that his opinion was as good as any science. It turns out that in the face of recent

Oppenheimer had good advice 58 years ago. "We need to reknit the discourse and understanding between us," he said. "We have to learn to talk to one another.

And we have to hear."

climate-related disasters, Inhofe's opinions about climate change have proven to be irrelevant, except insofar as they have retarded action addressing the crisis. The laws of physics do not concern themselves with the opinions of an Oklahoman with a political agenda.

In fact, the inconvenient truths of climate change have been before us for decades. We look away at our peril.

Thus, Wolfson's focus in recent years has shifted away from the nuclear danger to the reality of climate change. It is an apt topic for a physicist.

"Climate is all about energy," he said. On that topic, as on others, Oppenheimer had good advice 58 years ago. "We need to reknit the discourse and understanding between us," he said. "We have to learn to talk to one another. And we have to hear."



Deadly crash: from page '

into the northbound lane,

colliding head-on with Borucki.

Borucki was taken by helicopter to Albany Medical Center in Albany, New York, where he was pronounced dead.

Wagner was cited for negligent operation with death resulting and scheduled to appear in Rutland County Superior Court Criminal Division at a later time. Castleton Police were assisted by Vermont State Police Field Force. Vermont State Police Crash Reconstruction Team, Fair Haven Police, Regional

Ambulance, Castleton First Response, and Castleton Fire Department.

The second motorcycle fatality happened on Saturday at 1:08 p.m., on Route 4 near the entrance to Pico Mountain. The victim was identified as 34-year-old Rutland resident Nicholas Lizotte.

According to police, the accident happened when Ross Gatcomb, 35, of Connecticut, made a left turn off Route 4 west into the entrance of Pico, Lizotte, on a motorcycle, was traveling east and collided with the turning vehicle.

Lizotte was pronounced deceased at the scene.

The Killington Police Department has taken charge of the ongoing investigation. Anyone with information about the incident is asked to reach out to Officer Christopher Roy at 802-422-3200.

The Killington Police Department was assisted by the Vermont State Police, State Police Crash Reconstruction Team, Rutland Town Police Department, Regional Ambulance Service and Killington Fire and Rescue at the scene.



Dairy award: ... from page 2

These awards were presented to:

- First \$2,500 Howmars Farm The Gates family
- Second \$1,500 Essex Farm LLC The Essex family
- Third \$1,000 Dubois Farm Inc. The Dubois family

Also this summer, four barns around the state received a fresh coat of paint through the Vermont Barn Painting Project, with two more approved. These barns were painted by their owners, who then received an \$8,000 micro-grant from the A. Pizzagalli Family Farm Fund. This program reimburses barn owners for improving and preserving their barns and farm property for future generations and improving their roadside appeal across Vermont, for their local communities, visitors, and tourists.

"The goal of the A. Pizzagalli Family Fund is to support and reward Vermont's hard working agricultural entrepreneurs, maintain the integrity of barns across the state, and preserve Vermont's vistas for visitors and Vermonters alike," said Lisa Pizzagalli. "The Pizzagalli family thanks our farmers for their hard work and looks forward to these programs benefitting more agricultural families in the coming years."

"We are grateful for all these programs that are helping our farmers. These investments by the Pizzagalli Family are making a difference across Vermont. These dollars are supporting our hard-working farmers and improving our rural economy. We are fortunate to have these grants," said Agriculture Secretary Anson Tebbetts.

The Vermont Barn Painting Project will continue the program next year and beyond. Vermont barn owners interested in the program should visit the Vermont Barn Painting Project at: agriculture.vermont.gov/administration/vermont-barn-painting.



Questions? Contact Scott: sellis@uvacswim.org · 802.296.2850 ex 105



WORDPLAY

MEN'S HEALTH WORD SEARCH: Find the words hidden vertically, horizontally, diagonally and backwards

L K D P R В K Н R V D 0 н М Ε D Ι A C Y K C В F D Ι Н R E C N A C L C C G S Т T L W W S Y P 0 S 0 N 0 L 0 K T C Ε E H R R R U R V V K G М A K X V V F C R Ι T C S D Ε G N V U M Н D D М R Ε Ε М T B В S P Ι W N N U D X W Ι G T S N Ι R C T R В R U Ν L T C G Н C N Ι 0 Y Y 0 G S P T X Ε V Ε U M X D 0 G W X L R Y X T L K Α R Т R L E K R Ι R L D V E N S Y Ι P R Ε F D R E K T X T 0 0 0 U R D E 0 V Ι В Т E S C Ι Н L L Т Α Α Ν K Н W S G Ι В C W S P U 0 E S N T N W W X E K T P F Ε Ν Ε Н D R В W Н 0 Y K X R Т Ι U G G T Ι R N S X E 0 T B R X Т G В Ι R B E D Ε Ι P X S S P P M S 0 V E Н R W L H В L F G Н Ι М S P R 0 S T A T Ε K K T P N N T М F Ι В F V P B W Α T R N Α Α Н Y Ι В V Ε В Ε E Ι В Y 0 D 0 М 0 М R R T U Α Y K M Α Н S D M Α X E В N Y V Н Ε L Τ R S 0 C Ι T Ε N E G F R U C W C W K A D

ANXIETY BALDING BENIGN CANCER

COLONOSCOPY DEPRESSION DIABETES

DYSFUNCTION

INFERTILITY KIDNEYS

OBESITY OVERWEIGHT PROSTATE STRENGTH

TESTICULAR TESTOSTERONE

Solutions →21

56. Green vegetable

58

wine)

59. Troubles

62. Camper

60. Singer Charles

57. Tough outer skin of fruit

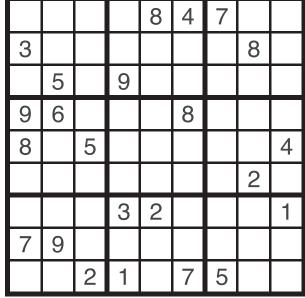
Spumante (Italian

SUDOKU

Solutions \rightarrow 21

How to Play

Each block is divided by its own matrix of nine cells. The rule for solving Sudoku puzzles are very simple. Each row, column and block, must contain one of the numbers from "1" to "9". No number may appear more than once in any row, column, or block. When you've filled the entire grid the puzzle is solved.



Level: Intermediate

CLUES ACROSS

- 1. A way to drop
- 4. Bits per inch 7. Ghosts
- 12 Presents
- 15. Noises
- 16. Honorable
- fourth name in ancient Rome
- 18. Elevated railroad 19. A way to
- drench 20. The Tarheel
- State 21. Lilly and Manning are two
- 24. Where golfers begin 27. Harvester
- 30. Unit of subjective loudness
- 31. Jewish calen-
- dar month
- 33. Dash
- 34. Armed conflict
- 35. Daisy Broadway actress
- 37. Jump
- 39. Get free of
- 41. A written proposal or reminder 42. Organic
- chemistry reactive structure
- 44. African country
- 47. Cool! 48. Used to treat Parkinson's
- disease
- 49 _ route 50. Ed Murrow's

home

CROSSWORD

- 52. Lethal dose 53. Give cards
- incorrectly 56. A treeless
- grassy plain 61. Famed R.L. Stevenson novel
- 63. In an incisive way 64. Mark Wahl-
- berg's screen partner 65. Criticize
- **CLUES DOWN** 1. Mountain in
- the Julian Alps 2. A domed or
- vaulted recess 3. Trade agree-
- ment 4. Larger
- 5. Edged
- 6. Data 7. Something curved in shape
- 8. Root mean square (abbr.) 9. Farm state
- 10. Pre-1917 emperor of Russia 11. Short-term
- memory 12. Indigenous peoples of central
- Canada 13. Honor as holy
- 14. Monetary unit of Samoa
- 17. Company that rings receipts
- 36. Move head slightly 22. City in Finland 38. Plain-woven fabric

23. Small finch

26. Very willing

29. Turntable

24. Arctic explorers (abbr.)

25. Mild yellow Dutch

28. Partner to "oohed"

32. Major Hindu deity

cheese made in balls

EXAM GENETIC HEALTH

PUZZLE

HEART DISEASE MOVEMBER

STROKE

Guess Who?

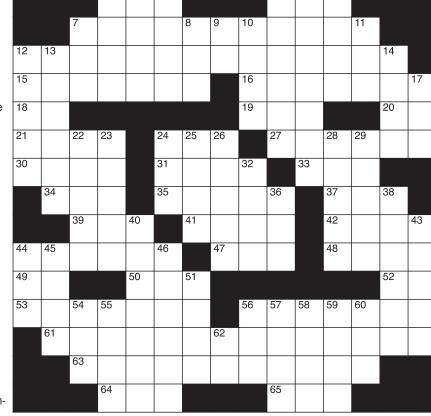
I am a journalist born in London on November 3, 1949. I am well-known in the fashion industry. For many years, I was the editor-in-chief of a well-known ashion magazine, then going on to direct the publishing house of that magazine. I am known for my signature sunglasses.

Answer: Anna Wintour

NO NEWS IS GOOD NEWS? WE DON'T THINK SO.

WHAT'S THE WORD THE STREET?

Tell us about it! Email editor@mountaintimes.info



40. Die

prized

person

46. Humbled

43. Shipped as cargo

44. Something highly

45. Individual thing or

51. Speak indistinctly

54. No seats available

55. Financial obligation



WEDNESDAY

Early Literacy Playgroup
10 a.m.-Noon. Weekly. Fox Room, Rutland Free Library, 10 Court
St., Rutland. Free. For 2-to-5-year-olds. Rutland County ParentChild Center's Miss Allie, a certified teacher, leads a literacy-based
playgroup. Light snacks will be provided, along with crafts, song,
rames, and morel To register, email allie griffiths@recec.org. Infogames, and more! To register, email allie.griffiths@rcpcc.org. Info:

Fall Storytime (5 and under)
10:30-11:15 a.m. (Wednesdays through Nov.15) Fletcher Memorial Library, 88 Main St., Ludlow. Each week focuses on early literacy activities, stories, songs and ends with a craft or science exploration. It is a great opportunity for your child to socialize and meet new friends and for adult caregivers to connect. Info: fmlnews.org/youth.

Acoustic Jam Session

6:30 p.m. 2095 Pomfret Road, South Pomfret. Free. Bring your instrument and a few songs or tunes to play. Everyone gets a chance to call the tune (and a key!) Info: artistreevt.org.

THURSDAY

Storytime!

10-11 a.m. Weekly. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. Storytime promotes early literacy and socialization skills in a fun setting. Each session may offer stories, movement, and/or an activity. Geared toward ages 2-5. Info: rutlandfree.org. Weekly except Thanksgiving Thursday.

Killington Bone Builders

"YOUPRE A

GOOD ME

FRIDAY - SUNDAY

10 a.m. Weekly. Sherburne Memorial Library, 2998 River Road, Killington. Free. Weights are provided. For additional information call the library at 802-422-9765.

Toddler Storytime

10:30-11:30 a.m. Weekly. Norman Williams Public Library, 10 The Green, Woodstock. Free. Join us to enjoy stories, socializing, and often a project tied into the theme of the week. For young children ages 20 months to 3½ years. Info: normanwilliams.org.

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Ukulele GroupNoon-1 p.m. Weekly. Chaffee Art Center, 16 So. Main St.,
Rutland. Free. Musician Steven Wilson leads the group through specific sheet music. All levels welcome. Must pre-register: chaffeeartcenter.square.site or call 802-775-0356.

Play Bridge!

2-4 p.m. Weekly. Norman Williams Public Library, 10 The Green, Woodstock. Members of the Friends of NWPL will have priority at the tables. These are not bridge lessons, although beginners are welcome to observe. Please email Peggy Fraser at fraserusa@gmail. com to reserve a seat or for more information. (RSVP requested) Info: normanwilliams.org.

'Taylor Swift: The Eras Tour'

6 p.m. Woodstock Town Hall Theatre, 31 The Green, Woodstock. Tickets: \$19.19 adults; \$13.13 kids. The cultural phenomenon continues on the big screen. Info: pentanglearts.org.

'You're A Good Man, Charlie Brown'

7 p.m. Casella Theater, Castleton Fine Arts Center, 45 Alumni Dr., Castleton. \$15-\$20. Explore life through the eyes of Charlie Brown and odasteton: 07-92-00. Explore line through the eyes of orlane blown and the "Peanuts" gang. This revue of songs and vignettes is based on the beloved Charles Schulz comic strip. Tickets can be reserved by calling the Casella Box Office at 802-468-1119. Info: vermontstate.edu/calendar.

FRIDAY

Health Connections for Kids and Families

10-11 a.m. Rutland Free Library, 10 Court St., Rutland. Free. Join Ms. Kathryn from the Vermont Department of Health for some fun, hands-on activities to learn about how we can stay safe and healthy. Along the way, we'll be introduced to other great resources and people who are here to help us. No registration required.

Artery at Chaffee Art Center

10 a.m.-Noon. Fridays. Chaffee Art Center, 16 So. Main St., Rutland. \$10-\$20. Adult group for connection and inspiration. Painting in all mediums welcome. Participants will work on their individual artwork When possible, a 30-minute focus on technique focus will be held. Must pre-register. Info and registration: chaffeeartcenter.org.

Story Time at the Library 10:30-11:30 a.m. Fridays. Sherburne Memorial Library, 2998 River Road, Killington. Free. Info: sherburnelibrary.org.

'1 Am Vermont Too' Photo-Story Exhibit 1-4:30 p.m. VTSU Castleton Bank Gallery, 104 Merchants Row, Rutland. Free. This photo exhibit displays photos highlighting communities of color and their many stories. Info: therootsjc.org/i-am-vt-too.

UVM Osher lecture: 'Unveiling the Secrets of the State's Landscape'

1:30-3 p.m. Godnick Adult Center, 1 Deer St., Rutland. \$8. Join Dr. Helen Mango, retired professor of geology and chemistry from Castleton University, as she takes you on a journey through Vermont's geological features, delving into the interplay between mountain building events, erosion, and glaciation that have shaped the state's distinctive landscapes and abundant resources. Info: learn.uvm.edu/osher-lifelong-learning/ statewide/#rutland.

TWIST 2.0: Comics & 'Zine

4-8 p.m. Junction Arts & Media (JAM), 5 S. Main St., White River Junction. The Twin State Comics & 'Zine Fair showcases comics, 'zines, poetry chapbooks, and other self-published work by talented local artists and Center for Cartoon Studies students. It's a great opportunity to find unique holiday gifts. info: uvjam.org/gather/.

Holiday Artisan Gift Show

4-7 p.m. Chaffee Art Center, 16 So. Main St., Rutland. Free. Shop for unique, handmade, affordable gift items such as cards, pottery, omaments, jewelry, and more. There will also be a hot beverage bar and a free make your own card station for young artists. Info:chaffeeartcenter.org. 'You're A Good Man, Charlie Brown'

7 p.m. Casella Theater, Castleton Fine Arts Center, 45 Alumni Dr., Castleton. \$15-\$20. Explore life through the eyes of Charlie Brown and the "Peanuts" gang. This revue of songs and vignettes is based on the beloved Charles Schulz comic strip. Tickets can be reserved by calling the Casella Box Office at 802-468-1119. Info: vermontstate.edu/

'Vanish – Disappearing Icons of a Rural America' 7-9 p.m. Paramount Theatre, 30 Center St., Rutland. \$15. A remarkable story of past and present, "Vanish" chronicles the "visual preservation" adventures of fine art photographer Jim Westphalen as he travels across the country seeking out and creating stunning imagery of America's disappearing rural structures. Info: paramountvt.org/event/



Holiday Bag Sale and Open House

All day. Main Street, Poultney. All Poultney Area Chamber of Commerce members and other businesses and organizations in Poultney are invited to participate. Info: poultneyareachamber.com.

Painting the Vibrant Colors of Fall in Watercolor with Rob O'Brien

9:30 a.m.-4 p.m. Gallery at the VAULT, 68 Main St., Springfield. \$85. Learn to paint the palette of fall with watercolorist Robert J. O'Brien. This workshop will focus on capturing the vibrancy of autumn colors through layering techniques and creating light and shadow. Open to all abilities with some watercolor experience suggested. Info: galleryvault. ora/workshops.

Holiday Artisan Gift Show
10 a.m.-4 p.m. Chaffee Art Center, 16 So. Main St., Rutland. Free.
Shop for unique, handmade, affordable gift items such as cards, pottery, ornaments, jewelry, and more. There will also be a hot beverage bar and a free make-your-own-card station for young artists. Info:chaffeeartcenter.org.

American Legion Auxiliary Holiday Craft Fair 10 a.m.-3 p.m. Post 25, 4 Court St., Windsor. Free. A wide variety of crafts, concessions, and a raffle and silent auction. Perfect for holiday preparations. Info: tinyurl.com/3f837wpa.

Contemporary Art Installations
10-11 a.m. Saturday & Sunday. Hall Art Foundation, 544 VT-106,
Reading. \$9-\$18. A one-hour docent-led tour of our rotating, temporary
exhibitions of contemporary art from major collections. Exhibitions are
held seasonally, from May through November. Info: hallartfoundation.

Intro to Vineyards and Verjus at Billings Farm &

10-11:30 a.m. Visitor Center Learning Kitchen, Billings Farm and Museum, 69 Old River Road, Woodstock. \$15 person/\$10 member. Curious about starting your own vineyard? What is verjus? (Hint: it's French for verjuice, pressed from unripe grapes.) Sharen Conner and Martha Esersky Lorden are here to answer your questions. Info:

Holiday Fest and Silent Auction
10 a.m.-3 p.m. Rutland United Methodist Church, 60 Strongs Ave.,
Rutland. Bid on the many silent auction items, purchase treats from the
bake sale, and enjoy a homemade lunch. Bidding on the silent auction
will close at 2 p.m. Info: companionsinwholeness.com.

The Vermont Farmers' Market

10 a.m.-2 p.m. Howe Center, 1 Scale Ave. (off Strongs Avenue), Suite 92, Rutland. Free. The Vermont Farmers' Market has moved indoors for the winter. Find seasonal harvest, winter veggies, crafts and more. Info: vtfarmersmarket.org.

Storytime!

10-10:45 a.m. Saturdays. Hartland Public Library, 153 Route 5, Hartland. Explore a different theme through reading and activities. We'll read, make crafts, create experiments, and play games. Saturday Story Time is intended for preschool and early elementary aged kids, but all are welcome. Info: hartlandlibraryvt.org.

Make & Take Saturday Kids' Class

10:30-11:30 a.m. Saturdays. Ages: 6-12. Weekly fun activity featuring arts and crafts. \$15. A minimum of 5 students is required to run the class. Must pre-register. Info: chaffeeartcenter.org.

Rutland Railway Museum & Model Club

11 a.m.-3 p.m. 79 Depot Lane, Center Rutland. Free. Maintained by the Rutland Railway Association, Inc., the historic depot is now a museum that houses an operating HO scale model railroad setup and displays hundreds of rare or antique model trains, photographs, signs and diverse memorabilia saved from an earlier time, including the former Rutland Railroad Caboose #45. Info: rutlandrailway.org.



Drop 'N' Paint

Noon-2 p.m. Chaffee Art Center, 16 So. Main St., Rutland. \$25. All ages. All materials will be set up and ready for you with a choice of three images to paint. Fee includes use of canvas, paints, brushes, easel, smock. Youth must be accompanied by an adult. Must pre-register. Info and registration: chaffeeartcenter.org.

Artist Member Show

Noon-2 p.m. Stone Valley Arts, 145 E. Main St., Poultney. Twenty-one talented artists showcasing a variety of media including painting, photography, woodturnings, pottery, collage, and mixed media. Info: stonevalleyarts.org.

D. Scotti Hanson: Artist's Reception and Talk 2-3:30 p.m. Norman Williams Public Library, 10 The Green, Woodstock. Join us for a reception and artist talk in the mezzanine gallery by D. Scotti Hanson as part of her "Mindful Musings" exhibition, featuring paintings exploring childhood memories and hidden identities. Info: normanwilliams.org.

33rd Annual Sushi Yoshi Good Guy's Party

3-10 p.m. Sushi Yoshi, 1807 Killington Road, Killington. \$10 per card/per person or it's free to exchange. Must have last year's card to exchange for a new one. The Good Guys Card offers 50% off Chinese Appetizers, 50% off House Rolls & Sushi/Sashimi a la Carte, 50% off Hibachi (Excludes Filet, Lobster & Kid's Meals) The card valid Sun.-Fri. from 3-6 p.m.Excludes Saturdays & Holidays. The discount is valid for the card holder only. Card is valid for 10% off (dine-in and take-out) anytime it is not Good Guys time. For more info, visit: vermontsushi.

Whitman Brook: An Apple Orchard and the Nature

3 p.m. Billings Farm & Museum Visitor Center Theater. Billings Farm and Museum, 69 Old River Road, Woodstock. \$15 nonmember/\$12 Billings Farm member. Directed by Ben Silberfarb. Q&A with filmmaker Ben Silberfarb and Whitman Brook Orchard's Terry Dorman following the Saturday screening. 68 minutes duration. Not rated. Info:

Chamber Music Recital
3-5 p.m. Stone Valley Arts, 145 E. Main St., Poultney. Donations are appreciated. Chamber music recital featuring pianist Cynthia Huard, flautist Susan Schiffman, oboist Lyndon Moors, and clarinetist Diane Bargiel. The recital will showcase a variety of musical configurations, ranging from solo piano and unaccompanied oboe to the full quartet. The repertoire will include works by Saint-Saens, Haydn, Debussy, Destenay, and others. Info: stonevalleyarts.org.

Roast Pork Dinner

4:30 p.m. Pawlet Community Church, 38 VT-133, Pawlet. Adults \$12; Children over 5 y/o \$5; 5 and under free. We welcome everyone, whether you'd like to dine indoors and visit with old friends or order take out. Please call ahead to place any orders to-go at 802-325-3022.

'A Seed for the Future:' Tasting and Documentary

Screening 5-6:30 p.m. Fable Farm, 22 Orchard Hill Road, Barnard. Free. The White River Land Collaborative will screen the short documentary 'A Seed for the Future,' that showcases the work and importance of this community-driven initiative. Enjoy tasting flights of Fable Farm's apple wine, cheese boards, and personal pizzas. Bottle sales are available. Reserve a spot at tinyurl.com/4kd23vs4. Info: fablefarmfermentory.

'Taylor Swift: The Eras Tour' 6 p.m. Woodstock Town Hall Theatre, 31 The Green, Woodstock. Tickets: \$19.19 adults; \$13.13 kids. The cultural phenomenon continues on the big screen. Info: pentanglearts.org.

Sayon Camara and Landaya

7 p.m. North Chapel UU Church, 7 Church St, Woodstock. \$5-10 Sayon Camara is a djembe drummer from the Sankaran region of Guinea will perform with longtime collaborators Dave Kobrenski and Grant Ellerbeck. As Sayon Camara and Landaya, they will bring you to the heart of Sayon's culture through drumming, fula flute, bolon, song and story in a participatory performance of traditional music from Sayon's home village. Info and tickets: barnarts.org/sayon-camara.

Joan Aleshire Reads from Her New Novel, 'Belfield: A Novel'

7 p.m. Shrewsbury Library, 9823 Cold River Road, Shrewsbury. Free. Joan Aleshire will read from her new novel, "Belfield: A Novel," out now from Green Writers Press. The novel is based on an incident in the life of Charles Willson Peale, early American portraits and Revolutionary War veteran, whose perceptive portraits from life of Benjamin Franklin, the young George Washington and others bring them into our living rooms. Copies will be available for sale at the reading or at Bookshop. org. Info: shrewsburyvt.org.

'You're A Good Man, Charlie Brown'

7 p.m. Casella Theater, Castleton Fine Arts Center, 45 Alumni Dr., Castleton. \$15-\$20. See Charlie Brown and the "Peanuts" gang. This revue of songs and vignettes is based on the beloved Charles Schulz comic strip. Tickets can be reserved by calling the Casella Box Office at 802-468-1119. Info: vermontstate.edu/

Railroad Earth Comes

to Rutland

7:30-10 p.m. Paramount Theatre, 30 Center St., Rutland. \$25-\$35. For over two decades, Americanabluegrass Railroad Earth. Info: paramountvt.org/ event/railroad-earth

SUNDAY

Contemporary Art

Installations

10-11 a.m. Saturday & Sunday.
Hall Art Foundation, 544 VT-106,
Reading. \$9-\$18. A one-hour
docent-led tour of our rotating,
temporary exhibitions of contemporary
art from major collections. Exhibitions art from major collections. Exhibitions are held seasonally, from May through November. Info: hallartfoundation.org.

Artist Member Show

Noon-2 p.m. Stone Valley Arts, 145 E Main St., Poultney. 21 talented artists showcase a variety of media including painting, photography, woodturning, pottery, collage, and mixed media. Info:

Make Your Own Winter Holiday Crafts, Decorations,

& Gifts (ZOOM)

1 - 3 p.m. Online. \$20. Join Christine Mix in a virtual workshop to create holiday ornaments using natural materials and other finds. The workshop is 2 hours long and a supply list will be provided upon registration. Register by Wednesday, November 1 to receive the Zoom link. Suitable for friends and family to participate together. info: galleryvault.org/workshops.

'You're A Good Man, Charlie Brown'

5 p.m. Casella Theater, Castleton Fine Arts Center, 45 Alumni Dr.. Castleton. \$15-\$20. Explore life through the eyes of Charlie Brown and the "Peanuts" gang. This revue of songs and vignettes is based on the beloved Charles Schulz comic strip. Tickets can be reserved by calling the Casella Box Office at 802-468-1119. Info: vermontstate.edu/

125th Proctor Fire Department Recognition Ceremony

3-5 p.m. Proctor High School Gym, 4 Park St., Proctor. Meet the Proctor firefighters. Historical display, refreshments, try on turnout gear, selfies with firetruck. The recognition ceremony will begin at 3:30 p.m.

Whitman Brook: An Apple Orchard and the Nature

3 p.m. Billings Farm & Museum Visitor Center Theater, Billings Farm and Museum, 69 Old River Road. Woodstock. \$15 person/\$12 Billings Farm member. Directed by Ben Silberfarb. 68 minutes. Not rated. Q&A with filmmaker Ben Silberfarb and Whitman Brook Orchard's Terry Dorman following the Saturday screening. Info: billingsfarm.org.



Book discussion: Literary Pairs1-2:30 p.m. Norman Williams Public Library, 10 The Green, Woodstock Free. Librarians Kathy Beaird and Lori Mitchell will host a discussion of books that complement each other. This group meets quarterly on the 1st Wednesday, so mark your calendars. Dessert will be provided! We will discuss Born a Crime by Trevor Noah and Did Ye Hear Mammy Died: A Memoir by Seamus O'Reilly. Visit https://normanwilliams.org/bookgroups/#pairs for titles.

1-2:30 Babies and Toddlers Rock

10-10:30 a.m. Weekly, Fox Room, Rutland Free Library, 10 Court St. Rutland. Free. A music and pre-literacy program for children 0-24 months. Children and caregivers love this program, join us and see why. Info: rutlandfree.org.



Killington Bone Builders 10 a.m. Weekly. Sherburne Memorial Library, 2998 River Road, Killington. Free. Weights are provided. For additional information call the library at 802-422-9765.

SATURDAY 7:30 P.M.

Monday Movie 1-3 p.m. Weekly. Sherburne Memorial Library, 2998 River Road, Killington. Free. Info: sherburnelibrary.org.

TUESDAY

Storytime at Hartland Public Library

10:30-11:30 a.m. Weekly. Hartland Public Library, 153 Route 5, Hartland. We'll read books, color, play with Legos, and have fun. Each week we'll explore different themes in books. Recommended for ages 0-5 but all are welcome. All books read during story time count toward "1000 Books Before Kindergarten." Info: hartlandlibraryvt.org.

Baby Story Time
10:30-11 a.m. Norman Williams Public Library, 10 The Green,
Woodstock. Free. This story time features short stories,
interspersed with songs, finger puppet plays, free play, and more.
It is geared for children ages birth to 20 months and will run for about 20 minutes. Info: normanwilliams.org.

Stories on a String 10-10:30 a.m. Weekly. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. Join Ms. Helen of Green Mountain Music for interactive storytelling and songs for all ages! No registration is required, free to all. Geared for ages 2 and up. Info: rutlandfree.

Joni B. Cole: 'Party Like It's 2044'
6-7 p.m. Norman Williams Public Library, 10 The Green,
Woodstock. Free. Join acclaimed writer and teacher Joni B. Cole
as she discusses her collection of eclectic essays in conversation
with Liza Bernard, as she "finds the funny in life and death." Info: normanwilliams.org.

Play Chess & Backgammon! 5-7 p.m. Weekly. Norman Williams Public Library, 10 The Green, Woodstock. Play in the company of fellow enthusiasts where everyone is welcome. Info: normanwilliams.org.

Film chronicles disappearing rural structures in America

Friday, Nov. 3 at 7 p.m.—RUTLAND— "Vanish —Disappearing Icons of a Rural America" is a remarkable story of past and present. "Vanish" chronicles the "visual preservation" adventures of fine art photographer Jim Westphalen as he travels across the country seeking out and creating stunning imagery of America's disappearing rural structures.

Equal parts art, history and seat-of-the-pants storm chasing, travel with Westphalen as he races against time and the unrelenting elements to capture the extraordinary beauty of aging barns, oneroom schoolhouses, grain elevators, prairie churches and all the classic structures that our country's rural heritage was built upon.

Though many of these evocative relics will eventually surrender to the elements, the film captures firsthand the passionate people who strive and struggle to save these gems, revealing stories of dreams, loss and hope.

Watch the trailer at: vimeo.com/331061290.

The film will be screened at the Paramount Theatre in downtown Rutland Friday at 7 p.m.

Tickets are \$15 + tax/ fees. For more information and tickets visit: paramountvt.org/event/ film-vanish.



Courtesy Paramount Theatre "Vanish" will be screened Friday at the Paramount Theatre.



Submitted

Joan Aleshire

Joan Aleshire will visit **Shrewsbury Library to read** from her new novel, 'Belfield'

Saturday, Nov. 4 at 7 p.m.—SHREWSBURY—Joan Aleshire, Vermont author and founder of SAGE, an organization that supports sustainable agricultural education and the arts, will be at the Shrewsbury Library to read from her new novel, "Belfield," out now from Green

The novel is based on an incident in the life of Charles Willson Peale, Early American portraitist, Revolutionary War veteran, inventor, museum founder, and farmer. Although he opposed slavery publicly, Peale accepted an enslaved family into his household as payment for a debt. He freed the husband and wife after a few years, but held their son, Moses Williams, until he was 26, and taught him to be a profile cutter, working in his Philadelphia natural history museum. In imagining the Peale family's life on an 18th-century farm, the book explores ethics and inclusion: the contradictions at the heart of this country.

Copies will be available for sale at the reading or at Bookshop.org.



SALES FOR NOVEMBER 2023

Items on sale Nov. 1-30, 2023

TEQUILA

750ML

ABSOLUT

VODKA

1.75L

\$34<u>99</u>



PATRON SILVER

TEQUILA

750ML

\$**54**⁹⁹

KETEL ONE



Not responsible for typographical errors



JAMESON IRISH WHISKEY 1.75L

SALE PRICE \$**54**⁹⁹

MAKER'S MARK BOURBON WHISKEY 1.75L \$**54**⁹⁹

\$29<u>99</u> SAVE \$4.00

CAPTAIN MORGAN

SPICED RUM RPET

1.75L

SVEDKA VODKA 1.75L SVEDK/ \$18<u>99</u>

TANQUERAY GIN 1.75L \$**44**99



\$52⁹⁹ **BACARDI SUPERIOR**

RUM 750ML \$10⁹⁹

750ML \$3<u>5</u>99

JIM BEAM **BOURBON** 750ML

JACK DANIEL'S OLD

#7 BLACK

1.75L

\$42⁹⁹

HENDRICK'S

\$1 5⁹⁹

VODKA 1.75L SALE PRICE

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FIREBALL CINNAMON WHISKY 750ML

\$1299

This ad is paid for by Vt. or individual companies.

MUSIC Scene

By DJ Dave Hoffenberg Have a music scene coming up? Email djdavehoff@gmail.com

POULTNEY

7 p.m. The Poultney Pub – Open Mic hosted by Danny Lang QUECHEE 6 p.m. Public House Pub – Kim

BRIDGEWATER CORNERS

5 p.m. Long Trail Brewing - Nick

KILLINGTON

5 p.m. Moguls Sports Pub – Duane Carleton

6 p.m. The Foundry - Live Music

LONDONDERRY

7 p.m. New American Grill – Open Mic Night hosted by DJ Jazzy Joel & Catnip John

LUDLOW

6:30 p.m. The Killarney – Irish Session with Gypsy Reel

POULTNEY

7 p.m. The Poultney Pub – Vinyl Night with Ken

QUECHEE

6:30 p.m. Public House Pub – Trivia with Questionable Company RUTLAND 6:30 p.m. Angler Pub – Open Mic hosted by John Lafave

8 p.m. Center Street Alley – Karaoke 101 hosted by Tenacious

SOUTH POMFRET

7 p.m. Artistree – Open Mic Night

BOMOSEEN

5:30 p.m. Bomoseen Lodge and Taproom - Aaron Audet

CASTLETON

6 p.m. Blue Cat Bistro – Music by Cooper

KILLINGTON

6 p.m. Still on the Mountain – Live Music

6 p.m. The Foundry – Live Music

7:30 p.m. McGrath's Irish Pub -Erin's Guild

8 p.m. Jax Food & Games – Rick Webb

LUDLOW

8 p.m. Off the Rails – The Wag plays The Beatles and More

POULTNEY

6 p.m. The Poultney Pub – Mean Waltons

QUECHEE

5:30 p.m. Public House Pub -Duane Carleton

STOCKBRIDGE

7:30 p.m. Wild Fern - Heather

BRIDGEWATER

8 p.m. Woolen Mill Comedy Club –Comedy Night with Bryan McKenna

CHESTER

6:30 p.m. Pizza Stone VT – Nick Bredice

KILLINGTON

6 p.m. Moguls Sports Pub – Duane Carleton

6 p.m. Still on the Mountain – Live Music

6 p.m. The Foundry - Live Music

7:30 p.m. McGrath's Irish Pub -Erin's Guild

8 p.m. Pickle Barrel Nightclub – House Pass Party with Aaron Audet

LUDLOW

6 p.m. Calcuttas – Live Music

8:30 p.m. Off the Rails - Live

QUECHEE

5:30 p.m. Public House Pub – Brooks Hubbard

RANDOLPH

7:30 p.m. Underground Listening Room – Sam Weber w/ Scott Aronson

RUTLAND

9 p.m. Center Street Alley - Karaoke 101 hosted by Tenacious T

STOCKBRIDGE

7:30 p.m. Wild Fern – Rick Redington & Tuff Luv

WOODSTOCK

7 p.m. North Chapel UU Church -Sayon Camara & Landaya

BRIDGEWATER CORNERS

3 p.m. Long Trail Brewing - Nick Bredice

KILLINGTON

5 p.m. The Foundry – Jazz Night with the Summit Pond Quartet

8 p.m. Jax Food & Games – Jenny Porter



STOCKBRIDGE

7:30 p.m. Wild Fern – Rick Redington's Looping Mayhem

WOODSTOCK

12 p.m. Mon Vert Café – Jim Yeager and Jeff Stedman



KILLINGTON

5:30 p.m. Mary Lou's – BAK'n

LUDLOW

8 p.m. The Killarney – Open Mic with Indigenous Entertainment

WOODSTOCK

5 p.m. The Village Inn – Jim Yeager and Jeff Stedman

KILLINGTON

5:30 p.m. Mary Lou's – Mountain Music with Bow Thayer & Krishna

6 p.m. Jax Food & Games – Taco Tuesday with Rick Webb

LONDONDERRY

6:30 p.m. New American Grill – Trivia hosted by Zach Yakaitis

LUDLOW 6 p.m. The Killarney – Trivia with Rick Davis

PITTSFIELD

7 p.m. Town Hall – Acoustic Music Jam

POULTNEY

7 p.m. The Poultney Pub – Bluegrass Jam

QUECHEE

5 p.m. The Public House – Jim Yeager and Chris Campbell

RUTLAND

8:30 p.m. Center Street Alley – Acoustic Open Mic hosted by











Railroad Earth and their inspiring improv hits the spotlight at The Paramount Theatre

Saturday, Nov. 4 at 7:30 p.m.—RUTLAND—Railroad Earth, a celebrated quintet from New Jersey, has been captivating audiences with their unpredictable live shows and eloquent studio output for over two decades. The group introduced their signature sound, bluegrass-influenced Americana, on 2001's "The Black Bear Sessions. "Since then, they have sold out hallowed venues such as Red Rocks Amphitheatre in Morrison, Colorado, and launched the longstanding annual Hangtown Music Festival in Placerville, California, and Hillberry: The Harvest Moon Festival in Ozark, Arkansas—both running for a decade-plus. Railroad Earth has earned widespread critical acclaim from David Fricke of Rolling Stone, American Songwriter, Glide Magazine, and NPR, among others.

In 2018, Railroad Earth bade farewell to founding member Andy Goessling, who passed away from cancer. His shadow loomed over the process as the band retreated to New Orleans for the first time to record their seventh full-length album, "All For The Song. "The album chronicles the twists and turns of the band's journey through eloquent songcraft, bluegrass soul, and rock 'n' roll spirit.

"Perhaps it represents the journey we've been on for 20 years as a band and as a family," observed Carey Harmon, the band's drummer, according to the band's biography on www. railroad.earth.

The guys retreated to New Orleans to record the album, and

it was a homecoming of sorts for Anders Osborne,

who produced the record. It might've been the

from the outside is usually pretty essential. Anders was the voice." Todd Sheaffer, the band's lead vocalist and acoustic guitarist, agrees: "He brought a pure and striving soul, unforgettable laugh, rich palette of emotion, a great stash of guitars and amps, philosophical driftings, freedom, unguarded honesty, warmth, and love." The band paved the way for the album with "The Great Divide," "It's So Good," and "Runnin'

contagious," exclaimed Harmon. "There are five producers in this band, so a strong-willed voice

Wild." Beyond those initial singles, the record picks up steam on "Blues Highway." Over dusty acoustic guitar, hummable fiddle, and a banjo pluck, Todd Sheaffer, (lead vocals, accoustic guitars,) recounted a particular road trip down Route. 61, which ended in "the most downpour of rain I've ever experienced."

"We had a show in Natchez, so I decided to make my own adventure out of the trip," he recalled. "I flew to New Orleans, rented a car, and drove up the Blues Highway like a tourist, stopping and touring the old plantations and blues honky-tonks. I was smelling the river and the refineries. On my return to New Orleans, I drove into what might've been a hurricane with intense and terrifying lightning to boot. In the dead of night, I gave up trying to inch down the road, pulled over, and waited it out. The trip seemed like a parallel for my life at the time and inspired the song."

The epic "Driftin' The Bardo" hinges on one of the final recordings of Goessling on ukulele and high-strung guitar. It slips into a poignant piano-driven crescendo punctuated by cinemat-

"As we were recording it, 'The Bardo' came to represent Andy's transition," revealed Tim





Submitted

Renowned watercolorist Robert J. O'Brien will be on hand at Gallery at the Vault in Springfield to teach a one-day workshop on painting the vibrant colors of fall using watercolors.

Paint with renowned watercolorist Robert J. O'Brien at Gallery at the Vault

Saturday, Nov. 4, 9:30 a.m.-4 p.m.— SPRINGFIELD-Watercolorist Robert J. O'Brien will teach a one-day workshop on painting the vibrant colors of fall using watercolors. This workshop is open to all abilities, although some experience with watercolors is suggested.

The workshop will take place at the Gallery at the VAULT in Springfield. The instructor, Robert J. O'Brien, is a watercolorist known for his ability to capture the essence of nature. During the workshop, he will demonstrate his technique for capturing the brilliance of autumn colors through the layering process. Additionally, he will share techniques for creating light and shadow, which are essential for bringing depth and realism to watercolor paintings.

The workshop will be divided into two parts. The morning session will begin with a demonstration by Robert J. O'Brien. He will explain his approach to painting fall land-

scapes, allowing participants to observe the techniques used he uses.

The afternoon session will be dedicated to hands-on painting. O'Brien will be available to provide individual guidance and answer any questions.

At the end of the session, there will be a critique where participants can share their work and receive feedback from the instructor and fellow artists. This critique session is a valuable opportunity to learn from each other's successes and challenges, and to grow as an artist.

Experience with watercolors is reccomended. However, all abilities are welcome. A materials list is available upon request. Bring watercolor paints, brushes, and paper. It is also advisable to bring a sketchbook for preliminary sketches and

For more information, visit: galleryvault. org/workshops.

D. Scotti Hanson - Reception & Artist Talk



Nov. 1. Reception is Saturday.

By D. Scotti Hanson Exhibit "Mindful Musings" is on display at Norman Williams Library in Woodstock starting

 $Saturday, Nov.\,4\,at\,2\,p.m.-WOODSTOCK--``Mindful$ Musings," an exhibition of paintings by D. Scotti Hanson, is on display in the Mezzanine Gallery of Norman Williams Public Library from Nov. 1-Dec. 31. Hanson will be on hand on Saturday for a reception and artist talk.

Hanson discussed his art style: "My artistic development stems from years photographing human hidden faces, exploring the acceptance of the physical body, discovering what could be held inside a protective shell, to an inquiry into my own childhood history and how I identify today.

"Currently, I am exploring, through the daily practice of photographing visual notes and then transposing what I saw, heard, thought, remembered or dreamt on to paper.

"As a child I was carefree, inquisitive, and life was magical. I want the viewer to see this playful view of my childhood surroundings. By throwing a light on my past experiences, I flick a switch unlocking the viewers' own historical memories."

For more info, visit: normanwilliams.org/events.

Castleton theatre presents: 'You're a Good Man Charlie Brown'

Thursday-Sunday, Nov. 2-5 — CASTLE-TON-VTSU Castleton Theatre Arts Presents "You're a Good Man, Charlie Brown"

Happiness is great musical theatre! With charm, wit, and heart, "You're A Good Man, Charlie Brown" explores life through the eyes of Charlie Brown and his friends in the "Peanuts" gang. This revue of songs and vignettes, based on the beloved Charles Schulz comic strip, is the ideal first show for those who would like to do a musical. Musical numbers include "My Blanket and Me," "The Kite," "The Baseball Game," "Little Known Facts," "Suppertime," and "Happiness." Guaranteed to please audiences of all ages!

Performances are Thursday, Nov. 2, Friday Nov. 3, and Saturday Nov. 4t at 7 p.m. and Sunday, Nov. 5 at 2 p.m. in Casella Theater in the VSTU Castleton Fine Arts Center.

Tickets can be reserved by calling the Casella Box Office at 802-468-1119. The Box Office will open one hour before all shows. All tickets are General Admission.

Tickets are \$15 for adults and \$10 for students, seniors, and VTSU alumni.

Same Sun to Host Solar Event at the **Clear River Inn & Tavern**

Thursday, Nov. 2, 5-7 p.m. —PITTSFIELD — Same Sun of Vermont welcomes participants to the Clear River Inn & Tavern to learn about the benefits of solar energy. Complementary food, drinks and giveaways will be offered to all.

The evening is part of a series known as The River Events, celebrating Same Sun's 13th year in business at solar-powered venues. Same Sun installed 162 solar modules on the south, west and east roofs of the tavern in 2018.

All attendees will be entered in a drawing to win prizes, including a bottle of WhistlePig Rye, and tickets to holiday events at the Paramount Theatre. All will receive access to our River Event Promotion, offering a free solar site evaluation, and a potential discount of up to \$1,000 dollars off your solar project if you decide to move forward.

For those who are unable to attend, there is another opportunity a week later, on Thursday Nov. 9 at The River Pub & Grill in Brandon.

The Clear River Tavern is located at 2640 VT-100 in Pittsfield.

Same Sun of Vermont, Inc. was established in 2011 by Marlene Lederman Allen and Philip Allen of Rutland Town as a solar sales and service firm. More recently, Same Sun specializes in installations of EV chargers. Headquartered in historic downtown Rutland, Same Sun focuses on customer-driven solutions for the residential and commercial marketplace in Vermont, New Hampshire and New York.

For more information, visit: samesunvt.com.



Same Sun of Vermont will host an evening of complementary food, drinks and giveaway at Clear River Tavern on Thursday as part of a series known as The River Events, celebrating Same Sun's 13th year in business at solar-powered venues.

The Blue Cat Music Series heats up the Castleton bistro

CASTLETON—Castleton's neighborhood hot spot, Blue Cat Bistro, has partnered with George Nostrand of Rutland's A Sound Space to bring 10 shows to their venue, every Friday through the end of the year, starting Nov. 3.

The bar/bistro is owned by John Rehlen, who also ownsthe Castleton Pizza Place & Deli, the Castleton Village Store, and the Birdseye Diner. Rehlen reached out to George Nostrand of A Sound Space after hearing about his successful bookings at Scotch Hill Brewing and Poultney Pub.

"We heard good things about George and have been wanting to do more music here," said Rehln. "There are so many things to manage around here that having someone who knows a lot of musicians is really helpful."

The series features a different local solo artist every Friday, who will be playing from 6-9 p.m. "I'm really excited about this line-up," said Nostrand. "It's the most diverse I've booked so far, as far as age, genre and style goes. I have some veterans I've known for years, but also some young artists I'm really excited to be able to showcase."

Patrick Sargent of Arlington, opened the first night of the event.

"I met Patrick at a record store day event and he oozed charisma," said Nostrand. "He backed it up when he got on stage and I've been trying to find a place to book him ever since."

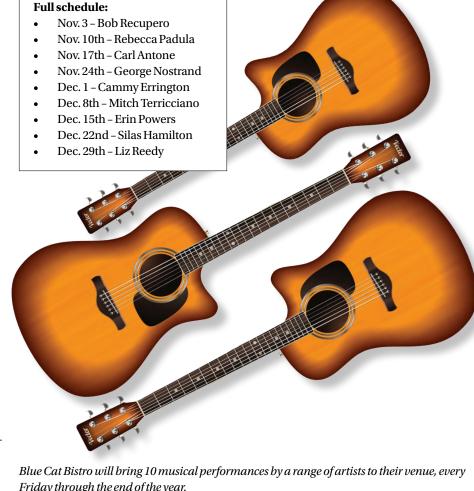
Nostrand started booking musicians under the label of "Trust Us Music" in recent years in an effort to support the local music scene.

"I had seen some shady deals with another booking agent and I wanted to show people the right way to do it. I work very closely with both the venues and the artists to facilitate shows with low drama that run smoothly. I don't take a dime from the artists. I get paid by the venue and offer them a number of services beyond just lining up artists."

Nostrand, who used to work for the Rutland Herald, puts his writing skills to work, writing press releases and putting together promotional materials for the venues. He also helps make sure there's a quality house p.a. system.

"Having a house p.a. system makes life so much easier for musicians," says Nostrand. "Rather than having to haul all their gear around, they can show up and know they can plugin and play without a lot of fuss or extra time."

There are 10 musicians in all, representing a wide variety of styles and coming from all



Friday through the end of the year.

Dynamic display of artisinal talent featured at The Chaffee Art Center's third annual holiday artisan gift show

Friday-Saturday, Nov. 3-4—RUTLAND—The 3rd annual Holiday Artisan Gift Show at the Chaffee Art Center Friday, Nov. 3 from 4-7 p.m., and Saturday, Nov. 4 from 10 a.m.-4 p.m. will feature items that are unique, handmade and affordable.

 $This \, event \, is \, perfect \, for \, gift \, giving \, or \, to \, treating \, your self. \, \, Vendors \, will \, be \, selling \, pottery, \,$ ornaments, planters, handmade books, journals, art in all sizes and various mediums, assortment of jewelry such as sterling silver with fused glass and semi precious stones, copper plant stakes and much more.

Free admission and free Ann Clark LTD Cookie Cutter with purchase. Limit one per person. For more information, visit: chaffeeartcenter.org.



Submitted

Chaffee Art Center will hold its 3rd annual Holiday Artisan Gift Show at the Chaffee Art Center Friday, Nov. 3 from 4-7 p.m., and Saturday, Nov. 4, 10 a.m.-4 p.m.



The 'I Am Vermont Too' photo-story project held at VTSU Castleton Bank Gallery

RUTLAND—"I Am Vermont Too" a photo-story project on view at VTSU Castleton Bank Gallery on 104 Merchants Row in Rutland, began in March of 2014. Modeled after the "I, Too, Am Harvard" initiative, the "I Am Vermont Too" photo-story project shines a light on the diversity of identities and experiences of Black, Indigenous and People of Color (BIPOC) all across the state of Vermont. It looks to provide an opportunity for reflection and dialogue for majority-white communities who may be unaware of their participation in perpetuating racial stereotypes and harming BIPOC.

Members of majority-white communities in Vermont often do not interact with BIPOC on a daily basis. When they do, they can be unaware of their offensive and racist acts and behaviors, say organizers of the initiative. Often these offensive acts and $behaviors\,come\,in\,the\,form\,of\,racial\,microaggressions.\,Racial\,microaggressions\,are\,subtle\,behaviors, acts, or\,environmental\,constant and acts and acts are subtle, and account a subtle, and acts are subtle, and acts ar$ ditions that either intentionally or unintentionally communicate hostile, derogatory, or negative racial slights and insults towards BIPOC. These forms of aggression have a significant impact on one's sense of self and place in a community.

"The 'I Am Vermont Too' project is a medium for BIPOC to tell our own stories and convey that this type of racism has a significant impact in our lives," organizers stated.

This is the first known statewide, multi-generation project done only $by \, BIPOC \, living \, and \, going \, to \, school \, in \,$ the state.

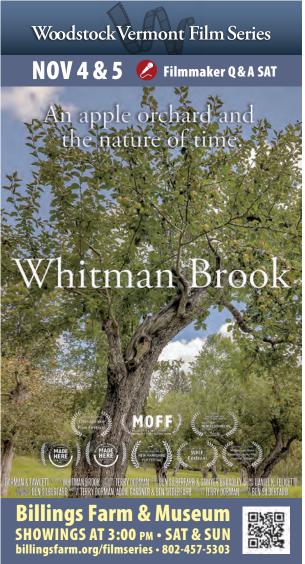
As the collection of photos continues to grow, organizers have been collaborating with organizations throughout the state to host "Visible in Vermont" events, which consists of community-based photo booth sessions, a public exhibition of the "I Am Vermont Too" collection, and a BIPOC-led panel discussion.

For more information, visit: therootsjc.org/i-am-vt-too.



Photographs and Curation by Sha'an Mouliert

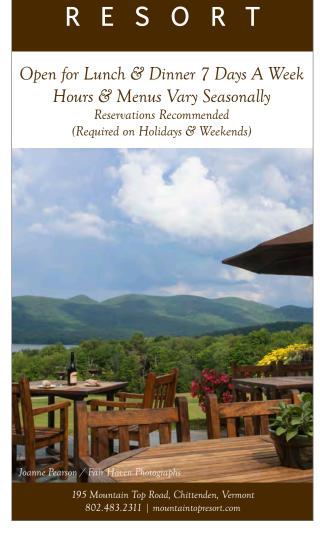
The "I Am Vermont Too" photo-story project shines a light on the diversity of identities and experiences of Black, Indigenous and People of Color (BIPOC) all across the state.





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Sweethearts & Heroes brings more HOPE to Ludlow

Thursday-Friday, Nov. 2-3—LUDLOW—Benson's Chevrolet Inc. in Ludlow has partnered with an amazing team of superheroes without capes to spread more HOPE (Hold On, Possibilities Exist) at Green Mountain Union High School and

within the local commu-

Pat Fish, of Sweethearts & Heroes, will be at Green Mountain Union High School on Thursday, Nov. 2 and Friday, Nov. 3.

Sweethearts and Heroes is a student empowerment and empathy activation team that aims to prevent bullying and suicide with a focus on the basic components of social-emotional learning (SEL). Sweethearts & Heroes offers a profound, engaging signature presentation that called for HOPE, Empathy and Action Circle, which is built on the ancient ritual

of communicating in a circle to build empathy; and BRAVES Buddies, which trains older students in bully drills that they, in turn, teach to students in lower grades.

The Sweethearts & Heroes team is: Tom Murphy, director and founder, of St. Albans; Ret. U.S. Army Sgt. Rick Yarosh, a HOPE expert and motivational speaker from New York who was burned severely while serving in Iraq; and Pat Fish, BRAVES and Circle leader, who first saw Sweethearts & Heroes when he was a student in South Glens Falls, New York.

Fish's upcoming work in Ludlow will focus on Circle. He will lead Circles in 7th and 8th grade classrooms along with a few mixed-grade high school classrooms. Yarosh and Murphywere at Green Mountain Union High School last February; Fish's visit is a natural follow-up to their work.

Fish said, "Circle is an opportunity for amazing stories to be shared and heard. Amazing isn't good or bad. Some amazing stories I've heard are heartbreaking, others are heartwarming, and others are hilarious. But every single one of us has an amazing story, because we all have unique experiences. Circle allows everyone the chance to share those stories and, more importantly, to practice listening so that we can learn from others' amazing stories. Also, there are various social-emotional skills practiced in Circle. What sets us apart? We make it fun! Everywhere we go, there's a thirst for Circle from students of all ages, social groups, and backgrounds. They want to connect further with the people around them. Circle is a vehicle for

Benson's Chevrolet Inc. sponsored Sweethearts & Heroes events at Green Mountain Union High School last February. The dealership is also sponsoring Fish's follow-up visit on Nov. $2\,and\,3.\,The\,North\,Country\,Chevy\,Dealers\,group\,is\,a\,passionate$ partner of Sweethearts & Heroes.

"This is a program we are very proud to sponsor," said George Benson of Benson's Chevrolet Inc. "Anything we can do to help support our schoolchildren is what it's all about. We all want joy and happiness, and it starts with our young children and adults. Growing up in today's world is very challenging for all our children, as we all know. Sweethearts & Heroes provides an extra opportunity for our children, so they don't get 'left in the dark.' This is not our first sponsorship for Sweethearts &

Heroes, and the feedback we've received from the teachers confirms that Sweethearts & Heroes is truly helping our community."

Murphy said, "We're cultivating compassion and empathy

in schools again this year, and we're glad that our friends in Ludlow invited us back. We aim to stop students from making destructive decisions and help them treat each other with kindness. We also make our messages sustainable in schools, so that they also have an eventual and sustainable effect on the local community. The spider web effect is powerful, and there's HOPE for everyone."

To ensure such sustainability, Sweethearts & Heroes created The HOPE Classroom, a digital subscription service designed for various grade levels and different school sizes. This value-packed offering can allow Sweethearts & Heroes to be in every school in the U.S.



High School on Thursday, Nov. 2 and Friday, Nov. 3.

Courtesy Sweethearts & Heroes Pat Fish, of Sweethearts & Heroes, will be at Green Mountain Union

Green Mountain Union High School Counselor Allyson Oswald said, "We are excited to have Pat's skillful facilitation of Circles in our classes with students and to share those skills with teachers. It's a valuable skill to create spaces for students to share their stories and lives with one another and places for them to be heard."

Oswald added, "At Green Mountain, we value a culture of collaboration and a strong school community that looks out for one another. Sweethearts & Heroes has provided opportunities for our students to come together and share their stories. Their framework and Circle practices are a great way to focus on building our skills and making positive change in school communities. Several staff members attended and enjoyed the summer training (that Sweethearts & Heroes) offered in Rutland and are excited to have Pat in the school and continue Circle work."

For more than 16 years, Sweethearts & Heroes has presented what Murphy calls "the 'stop, drop and roll' of bullying" to more than 2.5 million students in school districts from New England to Hawaii and north into Canada. Sweethearts & Heroes also tailors its presentations and workshops for businesses, non-profits and civic groups. Murphy said, "We go where we're needed. That's what heroes do."

In 2021, Sweethearts & Heroes released "13 Pillows For Affective Teachers," a novel that covers the themes of HOPE, Empathy and Action in the Sweethearts & Heroes curriculum. "13 Pillows" is based on real students and teachers that Sweethearts & Heroes has encountered. Murphy co-wrote the book with Brian McKeon, of New York. "13 Pillows" is available on Amazon. Digital or printed copies are available upon request. The audiobook is on Audible or visit: facebook.com/13Pillows. For more on Circle, visit: youtube.com/watch?v=Q286yIL9L1E. For more information on Sweethearts & Dry; Heroes, visit: sweetheartsandheroes.com.

Or watch these short, impactful trailers:

- youtu.be/SWY6Lr3LWaY
- youtu.be/RnNW42RPhpQ
- Facebook.com/sweetheartsandheroes

For more information visit: the hope classroom.com.

'Whitman Brook: An Apple Orchard and the Nature of Time' showing at Billings Farm

Saturday-Sunday, Nov. 4-5 at 3 p.m.—WOOD-STOCK—Billings Farm and Museum will present the film, "Whitman Brook: An Apple Orchard and the Nature of Time," directed by Ben Silberfarb, in the Billings Farm & Museum Visitor Center Theater.

"This film is about life's pace. It's about our place in time, environmental stewardship, and it's a love story," said Ben Silverfarb.

When Terry Dorman moved to Quechee in 1980, his plan didn't include rescuing an abandoned, 100-year-

old apple orchard. His mind was on the farm he and his wife, Sara, were planning to build, an idea rooted in the loss of his family's land in Massachusetts decades earlier. But there it was—rows of gnarled, drooping trees in danger of being reclaimed by the forested hillside. So, he began to experiment with restoration pruning and grafting and soon he was in the orchard in every season, in every kind of weather.

"Whitman Brook" is the story of an orchard, and also its stewards—Dorman and the others who work among

the trees. It's the story of love, of loss, and of rejuvenation through the act of caring for a place that will continue long into the future. And it's a call to pay attention—to the natural world, to the passing of time, and to each other

There will be a question and answer session with filmmaker Ben Silberfarb and Whitman Brook Orchard's Terry Dorman following the Saturday screening.

Tickets are \$15 person/\$12 Billings Farm member. For more information, visit: billingsfarm.org.





 $Courtesy\,whit man brook film.com$

Director of "Whitman Brook: An Apple Orchard and the Nature of Time," Ben Silberfarb (above) and Whitman Brook Orchard's Terry Dorman will be on hand for a question and answer session after the film screening on Saturday at Billings Farm and Museum in Woodstock.



Solutions From page 11															e 11									
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ORANGE CATS

Orange cats are our No. 1 requested color and right now we have several!! These sweeties range from 4 months to 2 years old. They are waiting here to be yours! We are open Wed-Sat from noon to 4 for walk-ins. Join us on Oct. 28 here at the shelter for a cat and dog vaccine clinic. It is on a first come basis. If you want to guarantee a spot call 802-885-3997 to sign up and pre pay. For more information call us or check out our events on Facebook.

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Rutland County Humane Society



Carlos—2-months-old. Neutered Male. Domestic longhair.



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Cookie—5-year-old. Spayed female. Hound mix.



Buddy—6-year-old. Neutered male. Domestic shorthair.



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Neutered male. Domestic



Maggie—3-year-old. Female. English mastiff mix.

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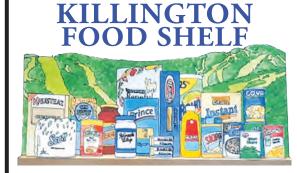
There is nothing quite like a dream to reveal that which you do not wish to see. If you're looking for the answers to your questions, in slumber is where you'll find them. Take extra care of your sleep hygiene. Create a relaxing ritual that prepares you for sleep. A dream journal is worthwhile to help you remember some bright and inspiring new ideas that will ar-



etting back to basics is often Jthe best thing you can do when things feel shaky. Tend the hearth. Spend more time with those you hold dear. Make more of an effort to radiate light toward your family. When you do, all that light and effort gets reflected right back at you. When you do, everything else in life just seems to work out. Don't worry so much, just keep shining.



he weight of recent choices re-■ garding your family life and living situation may begin to kick in. While the weight of the load you're carrying may feel heavier, you may also feel more grounded than you have in a long time. Be sure to get plenty of rest and don't neglect your physical wellness either. Slowly, things are all coming together, even if the progress feels painfully slow. Hang in there. Keep the faith!



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rive. Be not afraid.

Taurus

clipses in your sign may be over, Ebut they still linger. Tension between you and someone else still needs to be resolved. Thankfully, you're well positioned to offer solutions or be the person who takes the high road. Your patience and grace can really be a virtue. So with that in mind, don't let someone else push your buttons, just because they can. This goes for your friends and colleagues as well.



ou're treading a fine line this Y week. Do you ask more questions, do more research and get to the bottom of the problem you're trying to solve? Or, do you just go with the flow a little bit and trust that everything will work out the way you want? Can it be a little bit of both/and rather than either/or? Do your due diligence and then let the Universe do the rest for you.



Capricorn

our patron planet, Saturn, begins Y to move forward again this week giving you a fresh-start feel. You may begin to feel increasingly busy as you get clearer on the things you need to do. The little things count right now, so don't take for granted the compounded effect of your efforts. Being grounded and focused is your superpower. Let it serve you well, especially during the moments when you don't feel like it!

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Gemini

good dose of healthy escapism can be just what you need now. The chance to take a step back and make room for creation can be so inspiring. If your output is already maxed out, then you need to nourish yourself. Good books may help. Netflix might too! Sometimes the most productive thing you can do is nothing at all! Take it easy this week and carefully consider your bigger picture plans.



ruch of October has revealed the patterns you need to break. Now that November arrives, it's time to practice the art of a new routine. It may take some discipline, a nose to the grindstone approach. You may have to do things you'd rather not do or face. But do and face them you must. You'll be all the better for doing so. Make your own choices and you'll be glad you did.



Aguarius

f you haven't by now, I implore you Lto take a good look at your money. Have you stuck to the budget or the goals you set for yourself? Have you done the things you needed to do to slash some unnecessary expenditures or excess spending? The weight of responsibility in this area is about to be felt. Avoid it if you choose, but shortterm pain is the secret for long-term gain!





Cancer June 21 - July 20

October has been a wild month of eclipses that have shaken up parts of life you hold dear. This may have left you feeling sensitive and uncertain about your next steps regarding your living situation and/or a friend. When all else fails, leaning into a sense of faith and spirituality can help. Whatever brings you meaning and purpose,

double down on that now. It will serve

in the longer-term as well.



Scorpio

Finding the middle ground between you and somebody else is the way to some kind of harmony this week. Perhaps harmony isn't quite the right word, but some kind of balance, possibly even peace, at the minimum. You can dig your heels in, to be sure, but you do need to show some grace. Everyone makes mistakes, including you. Happiness often involves a sacrifice. Are vou willing to make it, even just for yourself?



This week gives you the opportunity to do one of two things. Take on more weight, to the point of which you could break. Or, you can free yourself of something that has taken care this week may help you decide

Pisces February 21 - March 20 t's not been the easiest of years I for you so far. The weight you've carried has been quite significant.

a real toll on you. A little bit of selfon which choice to make.

Empowering you to lead a divinely inspired life.

Cassandra has studied astrology for about 20 years. She is an international teacher of astrology who has been published all over the globe.



Thinly veiled

Cosmic

Catalogue

By Cassandra

Tyndall

The veil between the worlds is thin

right now, in more ways than one. For some, what's been behind the smoke and mirrors for some time has been obvious and apparent. While for others, oblivion continues.

Either willfully ignorant or easily led, why can't you see?

The astrology of the moment does make it hard to see both sides of an equation. To obtain what is right, just

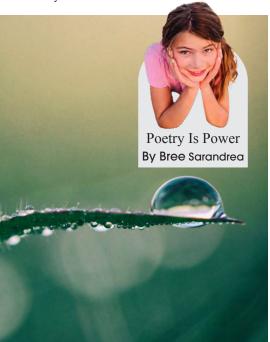
and true will eventually arrive, but not without extreme effort or sacrifice. An eye for an eve makes us both blind in some beliefs. For others, the sacrifice of an eye is the gateway to sacred knowledge.

It doesn't matter what your opinions

or beliefs are because they are yours and yours alone. They are designed to be a source of spiritual nourishment, a lighthouse in the dark. Right now, you're being invited to stretch yourself toward another point of view, another perspective. As I mentioned last week, high tides raise all boats. As Saturn stations, the tide will turn and the waters rise. You can

choose to show grace and build an ark of love or you can fall deep into the Great

Question everything. Let your humanity find the answer.



Drop of joy

Like little crystals, Falling from the sky, The raindrops sparkle, In the glittering light, Sinking into the ground, Absorbing into the earth, Flowing over the roots of trees, Dripping down leaves, Into the earth, Where it started, Making the earth happy, Letting the planet live, Sharing its kindness, And it's happiness, With all of nature, And with all life, Raindrops are, A drop of joy.

Practice: Part 2

scares you a little and excites you a lot

-Eleanor Roosevelt

 $completed\,book\,manuscript$ had been sent to the printer. I packed for a solo trip that I was afraid to take.

As a happy, busy grandmother for 10 years, the fear gremlin surrounding solo travel had settled into my psyche. It started innocently enough, the fear gremlin can be quite subtle. But as the years went by, I found myself harboring more discomfort around the idea of

traveling on my own again. I decided it was time I addressed this unwarranted fear in the best way I knew how.

me, with as much fun and excitement as

outside zipper of my backpack and set a goal to read it live to family and friends at some yet-to-be-discovered location.

> little scary and very exciting. Excitement was the key to shifting my relationship with the fear gremlin. Like fun, it is a natural motivator. You get good at what you practice.

> methodology) surrounding the

The goal of my trip was twofold: To prac-Funologist 26 →

A witch in the woods

The Outside

Story

By

D. Glenn Miller

In late autumn, well past the showy blossoms of summer, even after fall's late bloomers have faded and the trees have dropped

their leaves, there is one shrubby plant still putting on a flower show: American witch hazel (Hamamelis virginiana). Four slender, wrinkly yellow petals, about ¾ of an inch long, adorn each of the shrub's flowers. These flowers, which grow along the ends of witch hazel's branches, begin blooming in October and may persist into December.

Like all flowering plants, witch hazel must be pollinated to produce fruit and seeds, and for this, it relies on insects. These include late-flying gnats and flies as well as forest-dwelling owlet moths, all drawn to the scented flowers and the sweet nectar within.

The large family of owlet moths, Noctuidae. includes some 12.000 species worldwide. Owlet moths are primarily nocturnal and therefore often go unnoticed. Some species are agricultural pests and are commonly known as armyworms or cutworms. The forest-oriented species that polli-

nate witch hazel flowers remain active after most other pollinators have died or retired for the season. Renowned biologist and naturalist Bernd Heinrich first documented the relationship between witch hazel and owlet moths belonging to the genus Eupsilia in a 1987 article published in Scientific American.

Cold-adapted owlet moths can stay active during nights when the temperature remains at or slightly below freezing. They do this by shivering, a behavior that can raise their body temperature by an impressive 86 degrees above the ambient air level. Heinrich observed owlet moths feeding on witch hazel flowers at the end of October. The key part of $a\,moth's\,body\,needing\,warmth,\,as\,Heinrich$ explained in his article, is the thorax. That's where the wing muscles are, and heat is essential for them to keep functioning.

Pollinated witch hazel flowers produce fruit capsules, each containing two seeds. These capsules remain on the shrub for an entire year after pollination. Witch hazel's genus name - Hamamelis, which translates to "fruit together"—is a nod to the coexistence of the flowers and seeds. Plants have evolved various mechanisms for seed dispersal, and witch hazel achieves it with something of a flare. In autumn, once a witch hazel seed capsule is fully developed, it ruptures, launching its pair of seeds into the air, send-

ing them up to 30 feet from the parent shrub. After launching and landing, the seeds settle into the duff where they will remain for

up to two years. Like many seeds, those of witch hazel must go through "stratification"—a series of warm and cold conditionsbefore germinating. Witch hazel can also reproduce from vegetative sprouts. But cross-pollination and seed production are what allow for diversifying the gene pool, and witch hazel that sprouts from seeds is important for long-term

> adaptation and survival of the species.

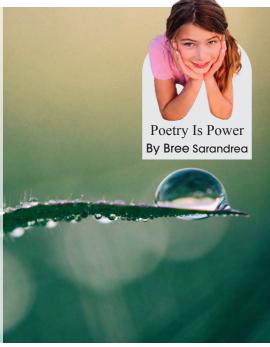
In the Northeast, witch hazel grows in hardwood or mixed hardwood-and-conifer forest understories. Although it can reach small-tree height of 20 feet or more. it's often smaller and usually multi-stemmed. Witch hazel is relatively easy to identify by its leaves, which have asymmetrical bases, distinctive veining, and wavy edges. In winter, the leaf buds look like deer hooves in profile. It might take a little imagination to see that detail, but it's a feature that instructors in university dendrology courses often

use for teaching tree and shrub identification.

Owlet moths are not the only organisms that benefit from witch hazel. Wild turkeys and other woodland animals eat the seeds, and deer browse the leaves and stems. And there's another insect, one having no interest in the witch hazel flowers, that makes use of the shrub's leaves. The witch hazel leaf gall aphid spends part of its life cycle in coneshaped galls it creates on witch hazel leaves, which provide both food and shelter. The presence of these distinctive galls can even aid in identifying the shrub.

People have recognized witch hazel's medicinal and therapeutic properties since at least pre-colonial times in North America, and it is still a common ingredient in many commercial products, including shampoos and lotions. More importantly, witch hazel provides a food source for late-flying owlet moths and other insects—and a bit of color to the late autumn woods.

D. Glenn Miller is a freelance writer and naturalist based in northeast Connecticut. His writing has appeared in American Forests magazine, Boys' Life (now Scout Life), and the Hartford Courant. Illustration by Adelaide Murphy Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine and sponsored by the Wellborn Ecology Fund of the New Hampshire Charitable Foundation: nhcf.org.



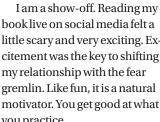
Every day, you should do something that

I was ready to wander. My

The **Funologist** By Sandra Dee Owens

To go out and do the thing that scared

I packed the mock-up of my book in an



Fear is the second book in the "Meet The Gremlins" series. "Should", was the first. These tiny, quick-read books share my methodosophy (philosophy +

gremlins of negativity that haunt us.

tice doing everything that scared me—and to swim in every Loch, Sea Loch, Alpine $pond, and \, the \, ocean \, whenever \, I \, encountered \,$ them. The northern waters of Scotland would

Larger than life

The Movie

Diary

By Dom Cioffi

On several occasions when I was a teenager, my parents gave me the option of either going on a summer trip to a foreign country or attending a weeklong basketball camp. I always chose the basketball camp.

Looking back, I may have been shortsighted with those decisions since my parents took fantastic trips to places like Portugal, Spain, and Italy. My basketball camps, on the other hand, were held maybe an hour or two away on beaten-down college campuses.

The fact was, I loved basketball, I loved it so much that I spent all my free time playing the sport. And if I had the opportunity to stay overnight for a week playing the game day and night with a bunch of other guys who also loved basketball, then you can bet I was going to do it.

And as much as I loved my parents, the idea of spending a week with them wandering around museums and sightseeing in foreign cities didn't sound appealing. (Ironically, now I can't think of anything I'd rather do more than wander through a museum for an entire day.)

I now look back and think that I could have done without one or two of those camps just to have witnessed some of the things my parents saw; epic feats of human art and ingenuity like the Colosseum in Rome and the Sagrada Familia in Spain.

In a funny twist of fate, I grew up and had my own son. And he just happens to be a basketball fanatic too. In fact, he loves the sport so much that he spends most of his free time playing. And when we asked him last summer if he was interested in taking a family trip to Italy, he immediately balked, claiming that it would interfere with the basketball camp that he was looking forward to attending.

My wife wanted to override his decision and force him to go, but I understood where he was at, so I conceded to his wishes.

So, last summer I played a lot of golf, my wife played a lot of tennis, and my son played a lot of basketball.

It's always exhilarating to drop your kid off at a sleepover camp. It's fun to see the excitement on their faces while also knowing that you're on the verge of a week with far fewer responsibilities. The only problem is, our son almost always comes home from camp sick.

We used to get concerned, but now we just expect it. After all, he's being physically exhausted for most of the day, eating junk food for every meal, barely showering, and avoiding sleep at all costs. If there was ever a recipe for getting sick, that most certainly is it.

On almost every occasion that I've picked up my son from a sports camp, he's asleep in the backseat before we get out of the parking lot.

During his last camp, I went into the gym for the final assembly and met his coach. My son had told me during the week that his coach was a former NBA player. I initially didn't believe him, but with a little research, I found out that he did play a few seasons in the NBA, but spent most of his

career as a journeyman player in Europe.

My son walked me over and introduced me and I was immediately awestruck by this gentleman's size. He stood at a gargantuan 6'10" and was easily 280 pounds of muscle. When he shook my hand, it felt like someone was wrapping a baseball glove around my lower arm. And even though I'm over 6 feet tall, my neck actually hurt staring up at him.

This was the first time in my life that I felt like another human could snap

me in half without much effort.

The experience reminded me of my wife's common complaint that she doesn't like crowds because, being barely 5 feet tall, she feels intimidated being around so many larger people (which is almost everyone compared to her). I always thought she was being silly until I met my son's coach. Now

Speaking of silly, this week's feature, "Freelance" starring John Cena and Alison Brie, might be the silliest waste of time I've had at the theater in years. I can usually put up with some bad movies, but this one was bordering on painful.

I get it.

John Cena portrays an ex-military operative who's switched to a humble desk job. However, an opportunity arises for Cena to take a freelance gig escorting a journalist while she interviews a South American dictator. Things don't go as planned (shocker) and the three find themselves maneuvering through the jungles trying to stay alive.

There are "bad" movies and then there are "BAD," movies, but this one is "REALLY BAD."Cena can be funny, but this vehicle did not play to his comedic sensibilities. Besides that, this film failed on nearly every front, from the screenwriting to the acting to the dismal storyline. If you've got theater dollars to spend, cross this one off your "must-see" list immediately.

A dismal "D" for "Freelance," now playing in theaters everywhere.

Got a question or comment for Dom? You can email him at moviediary@att.net.



A snowgun aims at Launchpad crosssing over Superstar at sunrise a few years back.

Webcam anticipation the right wet bulbs.

You could feel the air changing. Even inside the house, I knew that this morning would be different. The air was just that much thinner and my hands were cold as they lay outside my blanket. I could actually feel my fingers stiffening up and had to pull them back inside when I woke up for a moment.

But not before I checked the webcam. Yep, I rolled over at 3 a.m. on Halloween morning and knew this was the day. I mean, obviously I have been checking the weather report on a daily basis waiting for the first snowfall or even the first frost. I had been thinking that it was going to happen overnight on Monday but I guess there was just too much moisture in the air for



Livin' the Dream By Merisa Sherman

again and was comforted to see that the snowmakers had produced a bunch more snow over the past two hours and the top of the Glades was looking sufficiently white. The pine trees between Rime and Upper East Glade were covered in white, looking for all

 $the \, world \, like \, it \, had \, snowed \, last$

night but then you could see the

Around 5 a.m. I rolled over

clear snow line down the skier's left. Without the noise of the guns, it was a beautiful sight to

I stayed awake for a while watching the large number of headlamps wandering $around \, on \, Lower \, Superstar. \, At \, first \, there \, was \,$ Living the dream \rightarrow 26

Remembering pro tennis matches in Vermont

My husband, Peter, and I are fans of both men's and women's professional tennis. When the US Open is over in September there is a sharp decrease in the number of matches that we can watch on TV. But after New Year's Day they return as players get ready for the $Australian\,Open\,later\,in\,January.$

As we watch the various tournaments on TV throughout the year we can't help but recall the wonderful professional matches

that we saw back in the '70s, '80s and '90s right here in Vermont.

The opportunity to attend matches began back in 1978 in Stowe. There was a men's tournament known originally as the Stowe Open



Looking Back By Mary Ellen Shaw

and later as the Head Classic which was played until 1983. From 1984 to 1988 there were exhibition matches at Stowe. Jimmy Connors won the event in 1978 and 1979. He must have liked playing in Stowe because he was back there for an exhibition tournament in 1985 which he won.

The opportunity to view matches at Stratton Mountain began in 1985. I won tickets to a mid-week match through a radio

station contest. We both took a vacation day and headed down.

When we arrived we were directed to a parking lot and from there took a bus to the Looking Back → 26 26 · NEWS BRIEFS The Mountain Times • Nov. 1-7, 2023



be chilly, challenging, and fun for me. I was taking fun seriously-the Funology credo!

Scared: As a teenager, I had (solo) bicycled and hitchhiked in the British Isles but not driven a car on the left-hand side of

Practice: 2 weeks before my trip, I set the GPS voiceover on my cell phone to a British accent and rented a manual shift car. Budget traveling, I planned to car camp.

These practices prepared me to do the things that scared me. The British accent on my GPS added pre-trip excitement.

My plane landed in the early morning hours at Heathrow Airport outside London. Weaving my way through customs, up and down elevators, past baggage carousels, and art-filled hallways, I exited the airport and breathed the outside air. I felt a buzz of excitement at just being somewhere else. I was traveling-solo.

I waited with others in the gray morning light for a shuttle bus that circled the inner ring road of the airport. Most of us got out at the same economy car rental site.

I took a number and went outside to stand and wait. I had had enough sitting and preferred to watch the airport comings and goings, than listen to others navigate their car rental. When my number was called, I filled out paperwork and waited another hour for the car to be brought to a side entrance for me. I noted any dings and dents, making sure they were circled on the car diagram I signed off on.

The rental site was yards from the on-ramp of what looked and sounded like a race track. The high-speed, multi-lane traffic circled the airport and left my palms slippery on the wheel as I craned my neck, depressed the clutch, shifted into first gear, and prepared to zoom into the nearest lane. A small opening appeared and hitting the gas pedal with enthusiasm, I let out the clutch and heard the engine roar. The car did not zoom.

 $Instead\ of\ engine\ racing, it\ rolled\ forward\ at\ horse\ and$ buggy speed directly into a blaze of cars. Terrified, I crushed the clutch pedal underfoot, shifted into second gear, and slammed the emergency brake down again and again, hoping that whatever was wrong with the car would fix itself with aggressive jamming and slamming.

It did not. Panic-sweating, I saw cars in every mirror, zip up fast behind me, flash their lights angrily, then gun around me.

On my second trip around the beltway, I took an exit just as smoke bellowed out the sides of the hood. I smelled clutch. At a stop sign, in the lead of a jam-packed center lane on a 5-lane road, the car died. Oh, the honking and "pull-over" finger-jabbing. If only I could my friend, if only I could.

I punched the 4-way hazard button and at the next red light, got out of the car, left it dead and in place, then wove my way on

I felt more relaxed being out of the car and watching drivers interact with the dead car from the curb. My shoulders pumped up and down in the "I don't know" gesture as drivers lowered their windows to tell me to move the car. I could not move a car by myself.

Finally, a kind man pulled onto a nearby side street and helped me roll the car out of the dangerous thoroughfare and onto the street behind his. I didn't want to be where I was but it was better than where I had just been.

The rest of the day was spent waiting for the car rental company to send a tow truck and driver to return me to the airport. I argued that I had not single-handedly burned up a clutch in the 10 minutes I had driven the car. They argued otherwise.

Tired, stressed, and desperately wanting to leave the airport's orbit, I switched to an automatic and headed north. I had given the manual shift a try when the fear gremlin told me I couldn't. It wasn't much but it was something.

I didn't care where I was headed as long as it was north and away from the airport. I would plot a general course in the

For now, I concentrated on embracing driving on the left-hand side of the road and navigating roundabouts. I had prepared in advance as best I could to enjoy this driving experience rather than dread it.

When I saw my first roundabout. I felt the fear gremlin rumbling but breathed deeply, relaxed my shoulders, and embraced the roundabout as if it were an exciting carnival ride.

I listened to my British voiceover gal and entered the roundabout calm, and smiling, with the knowledge that I could simply go round and round as long as I needed to. No worries.

I slid easily into the busy circle and slid out at the correct exit. I smiled, noting the unique roundabout protocol I would need for the rest of the trip. The practice I had started before ever leaving home was incredibly effective. The fear gremlin was not in the driver's seat. I was.

At sunset, I drove the car down a long, single-track road in the English countryside and more tired than hungry, parked, peed, and brushed my teeth.

Fear tour

As night crept around the car, I felt the fear gremlin whisper that I was alone and vulnerable. This whisper was familiar and oddly—comforting. I knew this whisper and I

My eyes blinked sleepily as I reflected that I had driven a manual shift vehicle on the left-hand side of the road and had navigated my first roundabout with ease.

I counted my first day of the Fear tour as a success. I was ready to wander.

To be continued...

To learn more about Sandra visit: sandradeeowens.com

as much as Peter and I did!



Living the dream:... from page 25

only one large clump and then it broke off into smaller groups making their way to their assigned tasks. It was like stealing a magical moment, watching these brave souls work through the night.

The resort webcams have always confused me. I know lots of folks who have the camera open on their desk at all times, always pushing for a moment during their busy day to see what's going on off the summit or on the North Ridge. That must be torture, I always thought, to be stuck at work while watching others ski.

But yet here I was, nestled in bed at 5 a.m. watching the guns. You couldn't see much off the peak cam because the sun hadn't yet risen. But, more likely, I couldn't figure out how to get that camera to work while still half asleep.

Before webcams, I would have gotten out of bed and hiked up the 2 miles to see the guns for myself. I would have heard the roar of the guns get louder and louder the closer I got to the North Ridge. I would have had my skis on my backpack and risked everything to make those first turns of the season. My knees, my skis and even my pass as I skied the super sketchy and thick, heavy mung that shoots out of the guns during those first few hours. The crew lay it on thick and wet, hoping to $weigh\,down\,the\,grass\,so\,it\,folds\,over\,instead\,of$ sticking straight up through the snow. But it's not solid. One wrong step and you can go up to your thigh.

Preseason skiing is extremely dangerous. When I was in my 20s I was invincible and

in my 30s I was too stubborn to admit to the stupidity of making those pre-season turns. Because I couldn't wait. I had to be the first. I love watching the manmade snow shoot up into the hot pink line over the horizon as the sun comes up. There's nothing quite like a snowgun at sunrise, especially with a little hoar frost thrown in.

So now it is time for those ski season resolutions. How many days do you plan on skiing? What percentage of those days will be at Killington vs using your Ikon pass to travel around the world? What percentage of those days will be earned turns rather than just riding the lift? Will you add some nordic or backcountry days to your count this year or make it a point to ski every single trail? What kind of skier will you be this winter? What kind of commitment are you willing to make to the mountain, to the snow, to yourself?

I've been focusing on safety and longevity over the past five years. Maybe it's time to put an end to all of that and try to do a few stupid things again. Maybe this is the year that I finally let my skis leave the ground or go back to making those preseason turns. Who knows what opening day will bring, but one thing is for sure — I hope to see you all on the mountain whenever they decide to let us up. Wishing all you more days on snow this year than the last!

Merisa Sherman is a long time Killington resident. She can be reached at femaleskibum@gmail.com.



Looking Back:.... from page 25

tennis courts. Our seats were up high and when we reached them I looked down on the court and realized that I was afraid of heights! We left our seats between matches to walk around the grounds. I literally crept down the steps with my eyes focused on my husband's back as we descended. That way I couldn't see what was below me. Once I got back down I watched the other matches by standing at the edge of the handicapped ramp. I looked around and made a mental note of the sections where I would like to be seated next summer. Can you imagine how I would have reacted if I had been attending the US Open and was seated near the top? Those high seats look like they are in the "nose bleed section!"

The Volvo International at Stratton was a men's ATP event. Even if you aren't a tennis $fan \,you \,will \,probably \,recognize \,the \,names$ of some of the players in that tournament. Among them were John McEnroe, Ivan Lendl, Paul Annacone and Brad Gilbert. The prize money for the winner in 1985 was \$40,000. That went to John McEnroe.

The 1986 tournament saw Ivan Lendlas the winner over Boris Becker, another well known name in the tennis world. This was the year that Andre Agassi made his professional debut. With his long flowing hair he stood out from all the other players. Agassi played McEnroe in the quarter finals and lost. McEnroe advised him to "get a hair cut."

The 1987 tournament final was cancelled due to rain and was never played at a later

date. McEnroe and Lendl were scheduled to play and both were given "runner-up status." In 1988 Andre Agassi claimed the title over

Paul Annacone. He still had his long hair!

1989 saw Brad Gilbert claim the title over Jim Pugh. By 1990 the Volvo International moved to New Haven, Connecticut. According to my research the reason was financial differences between the tournament organizers and Stratton Mountain resort. Players had voted the event as the best tournament on the tour so no doubt they missed not going there

But Stratton was home to professional tennis once again in 1993 and 1994. A women's WTA Acura Hardcourt tournament was played there. In 1993 Zina Garrison won the event and in 1994 Conchita Martinez won and received \$79,500. She said she was headed to Manchester VT to shop! Other well known players who played in the 1994 Acura event were Mary Jo Fernandez and Arantxa Sanchez Vicario. A tournament was scheduled for 1995 but it was cancelled when Acura pulled out stating scheduling conflicts for the players.

Many of the players we saw in Stratton or Stowe are still public figures in the tennis world. John McEnroe, Brad Gilbert and Paul Annacone can be found in the broadcast booth at most of the major events. As we listen to them we can't help but think back to the days when we saw them actively engaged as players. We were fortunate to watch them play so close to home. Those were the days!

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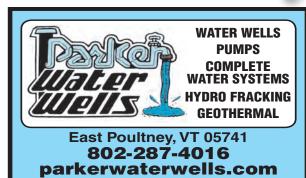


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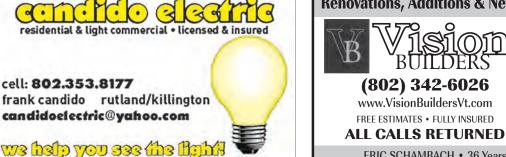
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BUSY PITTSFIELD CON-VENIENCE store. Full and part time positions available. No nights. Experience preferred but not necessary. Call Roger 802-345-5622.

MOGULS SPORTS PUB Help Wanted: waitstaff, linecook, dishwasher. Apply in person at Moguls M-F, on the Killington Access Road.

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HOMESTEAD ACREAGES FOR SALE! All enjoy appealing country ambiance, surveys and septic testing or permits. CHITTENDEN: Several Parcels available, ranging from 1 to 12+/acres:some with subdivision potential, ranging from \$65K to \$99,500. Minutes to Killington Resort, National Forest and Rutland City services. Unusual BRANDON two acre Lot with end-ofroad location and house site at base of a 120 ft. high Cliff! Asking \$49K.OKEMO Country 3 acres with View in small ski home community offered for \$62,500.Contact Jeff at VT Country Sales & Consulting Services: Landtrade@ aol.com (802) 770-0380. Unique rural property is my specialty!

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Foreclosure: 3BD/2BA Mobile Home with 1500± SF on 1.2± acres REAL ESTATE AUCTION

5190 Whipple Hollow Road, Pittsford, VT



LIVE AUCTION: Thursday, Nov. 9th @ 11AM Register & Inspect from 10AM

3BD/2BA home with 1500± SF on 1.2± acres in Florence, VT. Needs some TLC. Only 10 miles to Rutland, VT, 40 mins to Killington Ski areas, close to Routes 4 and 7



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in Rochester, VT is looking to hire a licensed plumber or a plumber's helper.

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Please call **802-767-3241 or 3318** or send an email to harveype@sover.net





Located in bucolic Pittsfield, Vermont and just minutes to the Killington Ski Area, this is a 2-unit commercial property consisting of a **2-bedroom** apartment, a spacious main floor office unit with a 1/2 bath and a former studio with a 1/2 bath. The property has flat, easy access with plenty of parking and great sight lines. Previously a successful country store, butcher shop and yoga studio, there is enormous potential. Turn your dream into a reality here!

Listed by: Walter Findeisen



802-422-3610



Judy Storch

killingtonvalleyrealestate.com

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Killington Valley Real Estate

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Trail Creek #39

Ski-home Trail Creek condo at the base of Snowshed. 1BR/1BA ground level with natural wood accents and wood-burning fireplace adding warmth to the open living area. Updated kitchen and bathroom facilities.

Offered at \$399,000



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STRONG INVESTMENT OPPORTUNITY IN A PRIME SPOT MINUTES TO KILLINGTON & SUGARBUSH! Located directly off scenic Route VT 100 in the Village of Rochester VT. The Cushman Building is a 4,272 square foot commercial building w/multiple units. On thefirst floor is a turnkey retail store w/private 1/2 bath, bamboo floors, and street front access. Also, on the first level is another office w/ private 1/2 bath, wood floors, and street front access. The second level has 4 more spacious office rooms w/ loads of light. There is a 1/2 bath for all tenants to use on this level. All units are currently tenant occupied. The remaining areas and rooms in the building are occupied by a 25 year old successful turnkey specialty linen rental service business & operation (The Linen Shop). The Linen Shop has a fully insulated warehouse, newly renovated basement w/ radiant heated floors, commercial linen cleaning system & 3 Rinnai Hot Water On Demand. This immaculately maintained property is being sold w/ the real estate and The Linen Shop business/ operation.

The Linen Shop business services all over VT for weddings and all kinds of functions. The business has stellar reviews and a wonderful existing client base. The building has a new roof, well taken care of mechanicals & a dumbwaiter that goes to multiple floors. Schedule a tour of this unique property today in the heart of the beautiful Green Mountains. So much potential here, you must see to appreciate! \$745,000



FIRST TIME OFFERED ON MARKET. RARE OPPORTUNITY!

Prime spot a second away from the Long Trail Brewery. Minutes to Killington & direct access to VAST Trails. Magical Antique 4-bedroom Farmhouse with large attached barn. 19 acres with huge pond. 2 car detached garage & pole barn. CALL FOR PRICE.



2 MILES TO OKEMO MOUNTAIN RESORT & JACKSON GORE! HARRY'S CAFE. Well known just outside of Ludlow VT for wonderful

cuisine & a relaxing chill atmosphere.
Successfully run for 35 years with a huge following of customers from near & far. Newly renovated in 2018. Permitted as a 68-seat restaurant. The sale includes the real estate, business, all equipment & appliances, and the land which consists of 5.47 acres inclusive of a separately deeded 4.5 acre parcel. Mount Holly has no zoning so one could build another house or an investment property or whatever you could imagine adding at this location.

Loads of opportunity here! \$439,900



College system:

from page 8

than the national average for their work. This ongoing struggle has shaken our public universities to their very foundation. The cost of these changes was ill-advised and could have been better used to support students in their educational pursuits.

The No. 1 problem with Vermont students attending our public college system is affordability.

In 2021, near the beginning of the conversion of our public colleges to serve a workforce development agenda, Jake Wheeler, a

50-plus year resident of the Northeast Kingdom, said of Lyndon and Johnson, "NVU is a major economic and cultural driver in Vermont's northern region. In fact, NVU's total economic impact in northern Vermont is conservatively estimated

at more than \$100 million annually. NVU's students and graduates are trained for Vermont's job market — ski area managers, mental health professionals, teachers, business owners, and meteorologists... just some examples."

Wheeler went on to say,

"Additionally, NVU brings 18,000 people to our region every year. These students, graduates, faculty, staff, and family members boost our local economy every single day by skiing and riding at our local mountains and Nordic trails, biking at Kingdom

Trails, buying from our local stores, eating at our area restaurants, and more. Furthermore, NVU provides vital access for Vermont students who might not otherwise attend college."

> Mary L. Collins, Lake Elmore

Mountainside at Killington



- Private, singlefamily home
- ctacular views of the mountains of Killington and the valleys beyond
- Property management, complete year-round service with house
- Ski home, enjoy hiking and mountain bike trails



Mountainside Properties

2023 Killington Road, Killington, VT 05751 Mountainsideproperties@aol.com mountainsidepropertiesvt.com/glades/ 802-236-1360

2024/2025 PRE-K REGISTRATION

The Mountain Views Supervisory Union will open the initial application window for prekindergarten registration on Monday, November 6, 2023, for the 2024/2025 school year. Students must have reached the minimum age of three years old on or before Sept. 1, 2024, to be eligible.

The initial application and more information can be found on our website at https://mtnviews.org/prek.





YOU'LL CALL THIS KILLINGTON HOME, HOME!

ON DEPOSIT

3 BR, 3.5 BA, on 1.74 Acres @ The Meadows

*3.665 SaFt, propane heat, walk-

*1st level has an ensuite w/private

*Deck off of Living-Dining area, Furnished

*Fireplace, indoor hot tub & sauna \$730K

TRAIL CREEK - SKI HOME & SHUTTLE SERVICE



3BR, 1.5BA, End Unit * Mtn Trail views. decks 1,168 sq.ft., W/ dryer, fireplace * remote thermostat, furnished, \$520K



*2BR/2BA, Upper Unit 1,342 'wood burning fireplace, across from Golf Course *has a 1BR/1BA Lock-Off *great rental history

Common: indoor pool,hot

sauna, game room — \$740K

















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