

# Cabin Fever?

Not possible. Look inside for lots of reasons to get outside.





### Volume 40, Number 5

**Central Vermont's Premier Weekly Newspaper** 

February 3-9, 2011

### **BOOMERS**



Don't Touch that Dial Certain movies simply

pull me in and I cannot make myself turn the channel no matter how I try to rationalize it with the "I have already seen this movie way too many times" statement. **PAGE 16** 

# JUST FOR FUN Movies



See what critics are saying about new releases "The Mechanic" and "The Rite". Maybe you should head to Flagship Cinemas

in downtown Rutland and decide for yourself.

**PAGE 10** 

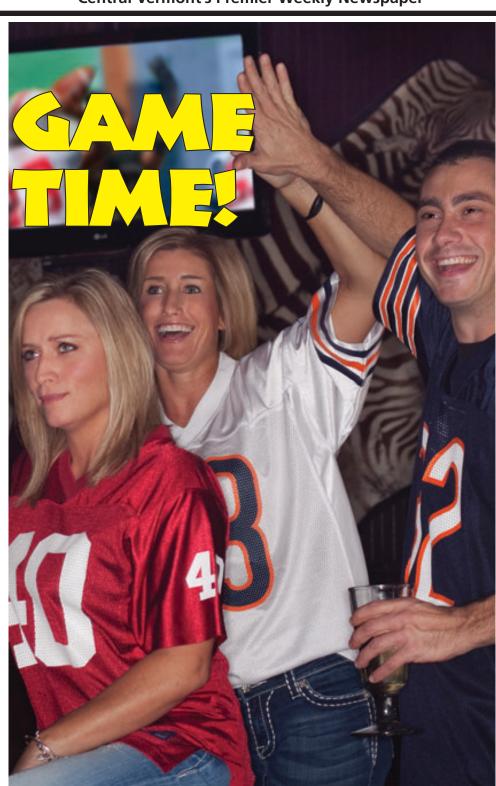
### **LOCAL SECTION**

# **Regional News**

**"The facts Ma'am. Just the facts."** The Mountain Times gives you good, clean, local news without the editorializing. You're smart enough to figure it out for yourself!

### **PAGES 19-22**





# **Super Bowl Sunday!**

# Chinese New Year

by Lani Duke

In Chinese culture, spring comes early, the same time as the New Year, the first day of the first lunar month. The Year of the Rabbit begins with the new moon on We dn es day, February 3, an occasion celebrated far

longer than a single day. Just how long depends on where you are.

In Hong Kong and Macau, celebration of the Spring Festival lasts only three days. If one of those three days is a Sunday, the holiday also includes the evening before the New Year begins, rather like New Year's Eve in the U.S. Mainland China celebrates for seven days, for the most part, February 3 through 9 in 2011. Although most people go back to work, the time of public celebrations may continue through the full moon. Spring Festival is also an official holiday in Taiwan, Malaysia, Singapore and Vietnam.

The Spring Festival marks the end of fall and the harvest season (there is no winter in the Chinese roster of seasons). The most important holiday in the traditional year, it brings families together to rest and relax. One year of work has ended and another will soon begin.

When you think Chinese New Year, you probably envision crowded streets, firecrackers, and a group of dark-haired men dancing along under the cover of a papier-maché and silk dragon. You're fairly accurate. But why is there a dragon in the Spring Festival parade? And why all the exploding firecrackers?

Traditional legends give the dragon the name of Nian, a monster that lived at

No matter how many years of driving experience you may have, Vermont's winter weather always presents a wide variety of driving challenges.

### **PAGE 23**

### **REAL ESTATE**

# In the Market for a New Home?

Check out the great listings offered by the area's Real Estate agencies

### **PAGES 30-31**

Visit our website www.mountaintimes.info

### by Dave Hoffenberg

Sunday, Sunday, Super Bowl Sunday. It is the biggest Sunday of the year. Last year over 106 million people tuned in to watch the Saints win their first championship and they broke a 27 year old record in the process. M\*A\*S\*H finale stood as the most watched TV show ever, until last February. This year Super Bowl XLV features two legendary teams, the Green Bay Packers and the Pittsburgh Steelers, vying for the ultimate prize; the Vince Lombardi trophy.

The Steelers have played in seven Super Bowls, winning six of them, which is more than any other team. To win lucky

number seven they'll have to beat the team that was coached in the 1960's by the trophy's namesake. If they win they'll be doing it on the field of their storied rival, the Dallas Cowboys. The Steelers are led by QB Ben Roethlisberger, who had a difficult beginning to 2010. He was suspended the first four games of the season and rumored to be on his way out from Pittsburgh. But since returning to the Steelers in week 6, he has played well and is leading his team to their third Super Bowl appearance in three years. If Big Ben and the Steelers win, he will join Aikman, Brady, Montana, and Bradshaw as the only men to start and win three Su-Super Bowl, Page 2 the bottom of the sea, coming out Spring Festival Eve to consume livestock, crops, and people, especially children. Villagers would flee to the remote interior to hide.

Until one year, that is, when an old beggar came to town, asking for food, just as the inhabitants of Taohua (Peach Blooms) village were leaving to escape Nian, taking their livestock with them. An old woman gave him food and told him he too must flee. He replied that if he was allowed to stay one night in her house, he would get rid of the monster. She could not persuade him to leave the village and she herself left. The beggar stayed.

Chinese New Year, Page 3

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				10	Local News	19-22	Surviving The Tim	nes 23	V V	Sunday	Cloudy	27°	
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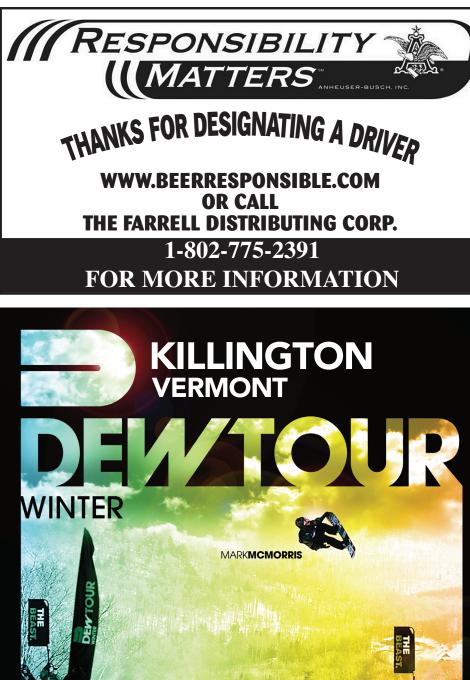
### 2 • The Mountain Times • February 3-9, 2011 Super Bowl

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per Bowls - and he is only 27 years old.

The Green Bay Packers are going to the Super Bowl for the first time in 13 years for their fifth appearance. They won the very first Super Bowl back in 1967, repeated in 1968 and then had a 29 year lay off before beating the New England patriots in 1997. They advanced to the big game by winning three consecutive games on the road against the NFC's top three seeds. They also have not trailed by more than seven points at any point this season. QB Aaron Rodgers in just his third season as a starter is going to his first Super Bowl. You don't have to be a Packers' fan to know how much Rodgers has been through when it comes to a certain old Green Bay quarterback. If Rodgers can win Super Bowl XLV, then maybe we can shut the case once and for all on Aaron Rodgers vs. Brett Favre.

Sunday is not just about the game. It's also about parties, square pools, betting and the commercials. Thirtysecond spots during Super Bowl XLV were sold for \$2.8-\$3 million. I know that I enjoy the commercials and don't want to miss any. That is why at my house party, I have a TV in every room of the house, including the bathroom. You don't miss a second of the action. Of course the next day the game will be talked about, but at the water cooler, the commercials are talked about more. Every bar and office in the country has a square pool, where you can win money on the score of the game. It also means you don't have to know anything about football as it all comes down to the luck of the draw. You'll find yourself rooting for safeties and twopoint conversions to help your cause. About 100 million dollars is bet on the Super Bowl and many bettors are torn on which side they want to throw money on. Not between the Green Bay Packers and Pittsburgh Steelers, but between heads or tails--the two sides



of the Super Bowl coin. The coin toss is always a popular prop bet because, well... it just is. It's a guy flipping a coin into the air, only much more intense because millions of coins are wagered on that one special coin. Heading or tailing into Super Bowl XLV, the Super Bowl coin toss had landed on heads 22 times and tails 22 times, astonishingly splitting the first 44 Super Bowls. Amazingly enough is the fact that the NFC has won the last 13 tosses.

Now let's talk about parties. Killington is already a big party town and now on Super Bowl Sunday you have great choices on where to party and watch the big game. If you're looking for quantity, then head to Moguls Sports Pub where you have 26 TV's to watch, including my favorite as previously mentioned, a TV in each restroom. Each fan will receive a limited edition t-shirt. If size is important to you, then go to the Wobbly Barn where you'll find the mega jumbo screen, which is the biggest screen to watch the game in town. You'll enjoy club surround sound and a free nacho bar. Food will be available for purchase at the bar as well. If you're looking for great TV's and pools then head to the Lookout Bar and Grill where they have four 50" HDTV's and surrounding smaller TV's too. You can also enjoy wing deals and free peanuts. Charity's Restaurant has a big party on tap, with dinner specials and Coors Light specials too. Make sure you try their famous wings. You'll be able to see the game on their big screen as well as on 9 other TV's and hear it through their state of the art sound system. There will be half-time giveaways and post game you can enjoy an all request dance party with DJ Dave. The Grist Mill restaurant packs their dance floor with tables and chairs so everyone can sit down and enjoy the game. They have six big HDTV's with surround sound. There will be Coors Light specials and \$4 food specials at the bar. Chef Joe McBeth is whipping up food specials native to Green Bay and Pittsburgh. At Outback Pizza you can get half price pizza from kick-off until half-time. They have ten TV's, including a big screen, with super surround sound. Coors Light will be on special with prize giveaways. In the Mountain Green Resort make sure you check out Double D's where you can watch the game on 9 TV's and enjoy beer and wing specials. Sushi Yoshi Chinese Gourmet will have the game showing on two their large flatscreen TV's. Come in for a seat at the bar and enjoy the game Sushi style!

If you're looking for something a little different, then head to On the Rocs Lounge to watch the game. Chef Franco is putting out an upscale tailgating buffet. It's all you can munch on for only \$25. They also have two big 50" HDTV's. Another place in that category is the Summit Lodge. They have four TV's in the bar and they put two in the living room for theatre style viewing. They also have a \$25 buffet and pools.

Just off the mountain there are some great places to watch the game as well. At McGrath's Irish Pub they have a brand new HDTV, great pub food with an Irish flavor and it's the only place where you can eat delicious Shepherd's Pie while watching the game. They will also pour you the best Guinness around. In Pittsfield you can drive or ride your snowmobile over to the Clear River Tavern. They have three TV's including a projector screen. You can enjoy specials on Super Bowl comfort food like wings and chili. If you're over in Bridgewater make sure you head to Ramunto's Brick & Brew Pizza for a rocking 802 Party. There will be a snowboard giveaway and Long Trail tap specials. You can also buy two beers and an order of wings for only \$12. The Palms Restaurant in Rutland will be a great place to holler for your team and enjoy some great pizza and Italian Food specials. South Station has TV's on around the bar as well - gather a few friends and head out for some apps or dinner and fun while watching the big game.

If you're going to skip the bar scene and enjoy the game at home, make sure you stock up on supplies. The Bridgewater Corners Country Store offers deli platters, cold beer, wine, groceries and a bakery to cover your needs. Stop by the Phat Italian for one of their signature sandwiches. Their deli features Boars Head meats, real New York bagels and fresh breads delivered daily. They have a party catering menu with 6 Foot Heros. Visit their wine & cheese room and beer cave to complete your party. The Killington Super Market has breakfast, lunch and dinner to-go depending on how long your party lasts. Their grocery has meats, seafood, beer, wine, a delicatessen, bakery and catering. They also have a wide range of local Vermont products.

So I hope all that information makes your Super Bowl Sunday spectacular. Enjoy the game, have fun and be safe. By the way, my prediction for the game is Green Bay 27 Pittsburgh 20. Aaron Rodgers will win the MVP award and make the Cheese Heads forget about Favre. Oh, and I like tails.



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# **Chinese New Year**

continued from page 1

When Nian came to the village at midnight, he saw something different than he had seen in other years. There was red paper glued all over the old woman's door and her house was lit up by candlelight rather than dark. Nian howled in anger and rushed at the gate to the house. Fireworks exploded and the door opened. Out stepped the old beggar, dressed in red, and laughed at Nian. Frightened at the change, the dragon fled.

As the villagers came back in the morn-

prevent bad luck. Even more so should a married daughter not visit her parents, because she will bring not only bad luck but economic hardship. Don't sweep; sweeping the floor on the first day of the year sweeps away wealth.

On the other hand, other admonitions for the first two weeks of the New Year Visiting the hospital may result in illness

Guo Nian foods, said to help you achieve ebration, the more money you'll make in

The words Nian Gao, the name for the



ebrate Winter at Winter Fest 2011 with sledding, snowshoeing and other exciting activities for the whole family. The fun starts at 11 am on Saturday, February 5, 2011 at Giorgetti Park in Rutland. Activities include sledding, snowshoeing, snow carving and snow shelter building. There will also be an obstacle course, a snow maze, a story walk and marshmallow toasting.

All participants will get a free skating pass plus there will be raffle prizes, free food and hot drinks for everyone. Just come to Giorgetti Park on Saturday, February 5th at the corner of Preville Avenue and Oak Street from 11am to 3pm. Winter Fest 2011 is free and open to the public. For more information, please call 802-773-1822.





### 4 • The Mountain Times • February 3-9, 2011 **A Winter Playground**



Riley Rink at Hunter Park (RRHP) is open seven days a week in winter with skating programs that start as early as 6:00 AM

and hockey games

that last until midnight. The typical weekly schedule is as follows. Lunch skate Mon –Fri. 10-12:45; the RRHP School Skate Program teaches skills to students from 12 area schools Tues.. – Fri 1:00 – 2:45. No sooner are they off the ice than it's Stick & Puck time or else practice time for BBA's hockey teams. The varsity boys' team plays U-32 High on Wed. Feb. 2nd at 5:30 and the varsity girls' team plays Champlain Valley High on Sat. Feb. 5th at 5:30. Fri. night, UCS is sponsoring a middle school skate from 7:15-9:15 and weekend family skating is 1:45-3:45 on Sat. and Sun. For other programs such as Parent & Me, Connections, Power Skate, and Curling, call the Rink at 802-362-0150.

# **Killington This Week**

### by Kim Jackson

It appears that the competition season is heating up in Killington. First it was the nationally-broadcast Winter Dew Tour and then last weekend was the feeder, amateur tour of the Dew Tour—the Free Flow Tour—that came to town. Whether it's in the pipe, slopestyle or in the bumps, freestyle skiing is sick to watch and can leave you feeling a bit like, hey, maybe I can do that.

What started in the 1990s as a ski week, the weekend warrior that has a bit of nerve and the belief to let the skis fly, this weekend's Adults and Kids Mogul Weekend is a great place to start. Home to the steepest, longest mogul trail in the East, Killington and its famed Outer Limits trail make a natural classroom for anyone wanting to learn how to turn and burn in the bumps. But not to fear, you won't be starting off on the mammoth bumps of OL. The mogul instructors from the Killington Ski School and the Killington Competitions Department, which Killington says has coached many Olympic mogul standouts over the year, will start participants off easy on seeded bumps on easy and intermediate trails.



While the end goal is to master Outer Limits, it's all about progression.

The two-day clinic includes a 2-day lift ticket and four and a half hours of daily coaching and is for blue level skiers and above. Helmets are required. The crew starts off each day at 8:45 a.m. on the third floor of the K-1 Lodge and the cost for the two-day program is \$278 per person.

Of course, if you're more of a spectator and prefer to keep your skis firmly planted on snow, you can head over to the Timberline Terrain Park or to the bumps on Vertigo this weekend and watch some of the up and coming amateur freestyle skiers compete in moguls, slopestyle and aerials in the USSA Eastern Freestyle Killington B Klassic.

Killington's highly acclaimed women's weekend program also is this weekend. For women and taught by women, the Women's Weekend allows women to master both the physical and mental aspects of skiing or riding. The weekend actually began as the Women's Ski Experience back in the 1989-90 season, headed by Janet Spangler. On-mountain coaching, video-analysis, fitness and equipment seminars, and social activities were all part of the week's schedule. Now the program is offered on a weekend. The weekend provides participants with not just a way to understand the elements of skiing from a woman's perspective, but also to enjoy the camaraderie of skiing and riding with women who have similar goals of improving their skill levels. Killington offers almost 20 years of expertise in women-only clinics. Participants receive a two-day lift ticket, four and a half hours of coaching each day, and it is for skiers and riders of all abilities. The group meets at 8:45 a.m. each day on the third floor of the K-1 Lodge. The cost is \$278 per person. Call 800-923-9444 for reservations and information.



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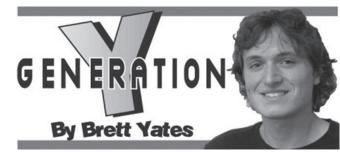
### SPORTS

Shopping for some winter sports gear?

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Be sure to check out Killington Sports located in all of Killington Resort's Lodges and at the base of Killington Road on Route 4.

New for this year, Killington Sports Route 4 is featuring the Obermeyer Concept Store and fifteen specialty shops from Auclair, Bonfire, Bula, Burton, Giro, Gordini, Helly Hansen, Oakley, O'Neill, Scott, Skullcandy, Smith Optics, Spyder, The North Face,and Under Armour. Corner of Killington Road & Route 4 - 802-422-6800 Corner of Killington Road & Route 4 - 802-422-6800 Corner of Killington Road & Route 4 - 802-422-6800 Saturday 7:30a-9p, Sunday 7:30-6p Saturday 7:30a-9p, Sunday 7:30-6p



# What's in a Name?

With Oscar season now in full swing, there is one question on everybody's mind: what is Natalie Portman, the adorable, vegan, Harvard-educated star of "Black Swan," going to name her baby? This is important stuff.

It's not an easy question, I know. What name could possibly be worthy of the singularly beautiful and talented fetus currently growing inside the radiant soonto-be Best Actress?

I've come up with ten guesses: for a girl, Ipomoea Brandeis, Jambonette Uganda, Catawba Aubergine, Origami Karenina, or Amelie Marimba; for a boy, Plautus Mayaguez, Dijon Gestalt, Cinquain Delphinium, Duomo Eremerus, or iPad Seppuku. I'm expecting something simple, you see.

Of course, I wish Natalie all the best, even though "Black Swan" was pretty bad, and I hope she doesn't get too mad at me and my jokes when she (inevitably) reads this. But I was thinking yesterday about the strange names that celebrities tend to give to their children and, at the same time, the equally strange resentment that we bear toward them for giving their children such strange names.

If you don't know what I'm talking about, here is a list of the ten silliest – according to me – Hollywood baby names, with the celebrity-parents responsible for them in parentheses: 1. Jermajesty (Jermaine Jackson); 2. Kal-El (Nicolas Cage); 3. Moxie Crimefighter (Penn Jillette); 4. Buddy Bear Maurice (Jamie Oliver); 5. Pilot Inspektor (Jason Lee); 6. Audio Science (Shannyn Sossamon); 7. Tabooger (Dan Cortese); 8. Bluebell Madonna (Gerri Halliwell and Sacha Gervasi); 8. Diva Thin Muffin Pigeen (Frank Zappa); 9. Reignbeau (Ving Rhames); 10. Speck Wildhorse (John Mellencamp). These are all totally real – I didn't make up any of them.

The first time I ever felt truly annoyed at a celebrity for her choice of baby-name was when Gwyneth Paltrow decided to call her daughter "Apple," which, compared to the bizarre choices above, seems actually quite normal. But at the time, I thought, What a selfish, stupid act it is to saddle an innocent child with this twee monument to bad taste, affected



simplicity, and overdetermined uniqueness. It was a product, I believed, of the same bad taste that had made Paltrow herself, a ditzy, dainty, hollowly "elegant" performer, an Oscar winner.

If we were all reasonable about it, the most important question when naming a child would always be: Is this name going to ruin my child's life? More specifically: will he be teased mercilessly in the schoolyard just so I can impress my friends with my creativity? If my child wants to run for president, will he be able to do so successfully with the name Buddy Bear Maurice? If she wants to be a lawyer, will anyone hire her with the name Diva Thin Muffin Pigeen?

Most stars, it seems, don't ask these questions. But are we really concerned only about children's welfare when we mock names like "Speck Wildhorse," or is there something else going on? My guess is that, most of the time, we're upset because, by giving their children resolutely uncommon names, celebrities are tacitly acknowledging that they live on a different plane of existence than the rest of us – the Sarahs, the Janes, the Johns. They belong to an exclusive club of superhumans, and consequently, their superhuman children deserve very exclusive names.

This may or may not be true, but it's the very reason we worship Hollywood royalty: as we see it, they occupy a glamorous place in the universe that we can only dream about. It's also the reason we resent them, and it's in order to curtail this resentment that every starlet, in every interview, goes to great lengths to explain what an "average" gal she is, with her daily routine consisting of laundry, grocery shopping, baby-feeding, and TiVo. They must always say this, even though they know it's false, and we know it's false, and they know that we know it's false - because the only way we can negotiate the weird, adoringly hostile relationship we have with famous actors is by believing simultaneously that they are both just like us and far, far superior to us. The alikeness should be emphasized constantly, while the superiority should be unspoken.

That's why, when we hear a name like "Bluebell Madonna," we bristle: it comes too close to stating outright that these parents are not like us. Consequently, we make jokes to belittle the mother and father responsible



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– to bring them back down to earth. This seems deeply unhealthy to me, so I'm going to try to change my way of thinking. If I'm going to participate in People Magazine culture – which, after all, is fun – I have to do so with an attitude that grants celebrities their interestingness and differentness without any accompanying idolatry or jealousy. If they want to call their kid Reignbeau, fine – maybe it fits.

An interesting thing I noticed is that, while the preeningly eccentric names of Hollywood's princes and princesses tend to irritate me, I almost always think that the unusual, made-up names of famous athletes are fantastic: Knowshon, Marreese. I'll never forget God Shammgod, who played point guard briefly for the Washington Wizards. Maybe the difference is that most of these guys are undeniably talented and therefore, in some way, deserve unique monikers, whereas the child of Ginger Spice, perhaps, does not.

On the other hand, maybe the quality of the names is the issue. God Shammgod – a gracefully profound oxymoron – is remarkable, isn't it? I read in a Yahoo! article that he named his son the same thing. Well, why not?







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## 6 • The Mountain Times • February 3-9, 2011 **Big Game Weekend** Savings at Okemo

Whether football fans are cheering for the Steelers or the Packers, Okemo Mountain Resort has the ticket to pregame skiing and riding with the Big Game Sunday Solution, Feb. 6, and an even better deal for Monday-morning quarterbacks the day after, Feb. 7.

Okemo understands that sports fans may want to make it home in time for pre-game revelry, so the Big Game Sunday Solution ticket takes another \$10 off Okemo's already reduced Sunday Solution rate. That means skiers and riders can enjoy the slopes from 8 a.m. to 1:30 p.m. for only \$61 for Adults, \$52 for Young Adults and Seniors, and \$38 for Juniors.

For Monday-morning quarterbacks who prefer to re-live every play of the

game from the comfort of a chairlift, Okemo has an extra special lift ticket value that depends entirely on the final score of Sunday's game. On Monday, Feb. 7, the price of a full-day lift ticket will be charged at \$1 per point, based on the total combined points scored during Sunday's Big Game. If the final score of the game is Packers 24 and Steelers 21, the price of a lift ticket on Monday will be \$45. How low could it go? A scoreless game would mean free lift tickets; however, the lowest combined score in Super Bowl history was 21 points in 1973. In case of a highscore game, Okemo is capping the Feb. 7 lift ticket price at \$59.

For more information about Okemo Mountain Resort, please call 802-228-1600.



# 32nd ANNUAL **CABIN FEVER ANTIQUES SHOW**

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# **KMS J3 Racers Hold** on to MVC Banner



KILLINGTON, Vt. (Jan. 31, 2011)-The Killington Mountain School girl's J3 racers swept the podium and the boys took the top two spots in yet another stellar alpine team performance at Middlebury College SnowBowl yesterday, to retain the Mid-Vermont Council team banner for the third week in a row.

J3 Banner is awarded to the winning team each week, as teams vie for the J3 Mid-Vermont Council team title at the end of the year. Rankings from these

council races also are used to select racers for the J3 States at the end of the season.

Alli Price, of Rutland, took top honors for the girl's team with a combined time of 1:46:63 while Piper Jenne, of Bridgewater, finished second. Carolyn Hofley, of Bow, N.H. finished third for the KMS podium sweep. Allison Smith finished 11th, followed by Katherine Nelligan (15th), Heather Desino with an 11th place second run finished 16th, Sarah Mason (17th), and Molly Peek (18th). Mikala Smith had a great first run, finishing fourth, but DNFed on her second run.

James Ferri, of Farmington, Conn., who won last weekend, took the top spot again yesterday with a combined time of 1:45.57. Wyatt Queirolo, also of Farmington, Conn., won silver with a combined time of 1:45:93, right behind his teammate. Tommy Shebell finished fifth, his best result of the season, followed by Jonathan Schwartz in seventh. They were followed by Jacob Tarricone (12th), Brendan Byron (15th), Matthew Moore (35th), and William Cannistraro (37th).

To learn more about alpine, snowboard, freestyle, and freeride training and opportunities, call 802.422.KMS1.





10:00 a.m. ~ 4:00 p.m.

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# Health& Fitness

# **Chiropractic Now Offered at The Sanctuary**

"Most people have back pain; you just need to learn to deal with it." This is what was told to a young boy about 10 years old, after months of intense low back pain. This was following only 1 minute of discussion with the boy's primary care physician. No physical exam, no further testing ordered or even considered, no visual inspection of the area, and the consultation was over. This young boy knew there had to be more to his symptoms than the fact that he was alive, and it was "normal" to have pain. Even at his young age he refused the anti-inflammatory and pain meds because he understood they would simply mask his pain, and not eliminate the root of the problem. He spent time researching his symptoms and over the next few years he personally developed a plan that would change his life forever. He began a regular exercise routine focusing on increasing core strength, and followed a healthy diet to achieve the pain-free lifestyle that he continues to enjoy to this day.

Almost twenty years later, that 10 year old boy is now a Doctor of Chiropractic, and has an unparalleled compassion to help guide people to a healthy and pain free lifestyle, that can change their lives forever. Dr. Kevin Andrews is a chiropractic physician that focuses on whole body wellness. This includes the diagnosis and treatment of specific injuries allowing implementation of lifestyle changes to improve overall health and wellbeing. Dr. Andrews also has a background in personal training and understands the importance of proper nutrition and regular exercise.

Dr. Andrews completed his Bachelor of Sciences undergraduate studies at Penn State University, and then moved on to graduate from the New York Chiropractic College located in the Finger Lakes region of New York. NYCC is a fully accredited chiropractic college that emphasizes evidence-based medicine in a multidisciplinary setting. Through his studies at NYCC he had the opportunity to treat patients at different settings includingVA hospitals, community hospitals, and in a hospice setting. He had the privilege during the last nine months of his education to work at an internship in Syracuse, NY where the majority of his patients were referred directly from an urgent care center of the adjacent hospital. It



was through this opportunity that he was able to build great relationships with all types of practitioners including MDs, PAs, RNs, nurse practitioners, physiatrists, and neurologists. He is very comfortable co-managing patient's care with other physicians, and enjoys keeping the communication lines open between himself and other community practitioners.

Participating in many different sports growing up Dr. Andrews has a strong interest in sports related injuries, rehabilitation, and building individualized exercise routines. He observed the stress and injuries that sports can place on the human body. He witnessed the human body's limitations and learned the correct way to train the body to improve performance, and reduce the chance of injury. Dr. Andrews will use that knowledge everyday in the office to help improve recovery time, prevent future injuries, and help his patients meet their health and fitness goals.

Dr. Andrews moved to Vermont over a year ago for it's abundance of available outdoor activities. He is a snowboarder of 17 years, and has recently picked up snowshoeing in the winter. During the other three seasons he enjoys hiking, kayaking, trail running, fishing, and hunting. He and his fiancé, Emily, and their two dogs look forward to becoming part of the Rutland community. He is a proud member of the Vermont Chiropractic Association, and the American Chiropractic Association.

Dr. Andrews has recently joined Sanctuary Integrative Medicine, and is excited to be a part of such a wonderful and progressive group. Dr. Andrews understands his role in the evolving health care model, and is excited to be part of a group that is at the forefront of this movement. He is currently accepting new patients, and looks forward to becoming your health and wellness coach. He will be in the office four days per week and is an in network provider for BCBS, AETNA, MVP, Medicaid, and will soon be accepting CIGNA. Please call for more information, and to take charge of your health!

Sanctuary Integrative Medicine is located at 90 Mahoney Avenue, Rutland, VT 05701. Call them at (802) 775-7848.



# HEALTH CALENDAR

Suggested donation \$2 blood pressure, \$5 foot care. 362-1200. Feb 3 - Randolph. American Red Cross Blood Drive at Randolph UHS, 10-3. Help a patient in need - donate during challenging Winter season.

Feb. 4 - Poultney. RAVNAH Blood Pressure & Foot Care clinic: Young at Heart Center, 9:30am. Suggested donation \$2 blood pressure, \$5 foot care. 775-0568. Feb. 4 - Ira. RAVNAH Blood Pressure & Foot Care clinic: Ira Town Hall, 12:30pm. Suggested donation \$2 blood pressure, \$5 foot care. 775-0568.

Feb. 5 - Killington. Aprés ski yoga class, Kripalu, all levels welcome. Sats. 4:30pm. \$12 drop in, \$10 owner/member. Spa at the Woods. 422-3139.
Feb. 7 - Pittsford. RAVNAH Blood Pressure & Foot Care clinic: Village Manor 11:30am. Suggested donation \$2 blood pressure, \$5 foot care. 362-1200.
Feb. 7 - Rutland. Girl Talk meetings at Rutland Free Clinic, sponsored by BRMC's Breast Care Program & Susan G Komen For The Cure Learn about

RRMC's Breast Care Program & Susan G Komen For The Cure. Learn about breast health. 6-7pm. Mar. 7 also. Attendees receive \$20 Wal-Mart Gift Card. Limited space, rsvp 775-1360. Feb. 7 & 9 - Rutland. RAVNAH Bereavement Workshops at RAVNAH Office -

Coping with the Loss of a Grandchild. Feb. 7, noon-1:30pm; Feb. 9, 6-7:30pm Pre-registration required, 770-1514.

Feb. 8 - Castleton. Laughter Yoga at Castleton Community Center. Combines unconditional laughter with Yogic breathing. Come try it!

Feb. 9 - W. Rutland. RRMC Commit to Quit Smoking workshop, at NeighborWorks of West Rutland, 1-2PM, registrations appreciated, 747-3768. Ongoing

**Mons.** - Rutland. Look Good...Feel Better program. Free. Female cancer patients learn beauty techniques; 1pm, 1st Mon. of month, RRMC. 1-800-ACS-2345.

Mons. - Bridgewater. Zumba at Bridgewater Grange, \$4. 6:30pm.

Mon. Wed. Fri. - Rochester. Free aerobics at Rochester Church. Mon. Wed. Fri. - Rutland. 10:30-11:30am - Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10 classes. Holiday Inn Pool, 775-1911.

Mon. & Thurs. - Rochester. Bone Builders exercise program meets 9am, Park House. Lightweight resistance training to help slow down or reverse osteoporosis. 767-3416.

Mons. & Thurs. - Rutland. Commit to Quit program at RRMC. 4 wk program begins 1st Mon. of each month. Mons. 4:30-5:30pm or Thurs. 9-10am. Register 747-3768. Free!

Tues. Sex Addicts Anonymous – SAA. Are you suffering from compulsive sexual behavior? Call hotline 1-800-477-8191. Rutland's 12 step group meets weekly at Grace Church, 8 Court St, Rutland. 6:30-7:30pm. Tues. & Thurs. - Mendon. Weekly Senior Citizens Bone Builders free exercise

classes. 10-11am. Mendon Methodist Church. 773-2694. Mon., Tues. & Thurs. Killington - Anusara Inspired Yoga classes, Mon. 8:30am mixed level, Tues Level 1 & Thurs Level 2, 5:30pm. Pilates Fri. 8:30am. Sat. 4:30pm, mixed level @ Base Camp Outfitters. killingtonyoga. com. 422-4500. Killington Yoga.

Weds. - Mendon. Mendon Senior Citizens plan meeting 1st Wed. of month at Mendon Methodist Church. 773-4187.

Weds. - Rutland. Man-to-Man Prostate Cancer Support Group meet 5:30pm, 4th Wed. of month @ RRMC. 1-800-ACS-2345.

Thurs. - Mendon. Mendon Sr. Citizens monthly gathering for meals at Countrymen's Pleasure, 4pm or Sugar & Spice 11:30am. 2nd Thurs. of month, rotating location. \$5 donation. RSVP 773-4187.

Thurs. - Brandon. Weight Watchers Meeting, 5pm, Brandon Senior Center. Killington - Kripalu Yoga LouiseHarrison@live.com or call Louise 747-8444. Weds. 8:45am, ongoing class. Private & small group classes by appt. Poultney - Young at Heart Senior Center has Free Bone Building Class Tues

Poultney - Young at Heart Senior Center has Free Bone Building Class Tues & Thurs, 9:30-10:30am. 287-9200. Pittsfield - Bikram Yoga @ Pilates, Yoga & Adventure Center. Mon. & Wed. 5:30 & 7:15pm. Tues. & Thurs. 6am, noon, 5:30pm. Fri. noon. Sat. 9am. Sun. 9am & 4pm. All ages & abilities. 866-677-4268.

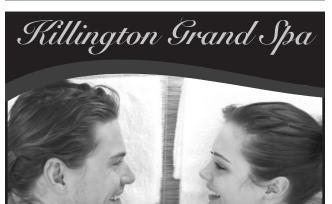
San & 4pm. All ages & abilities. 866-677-4268.
 Castleton - Castleton Community Center offers Bone Builders, Movement Medley, Better Balance programs, more. Call 468-3093.

Medley, Better Balance programs, more. Call 468-3093. Rutland - Pyramid Holistic Wellness Center offers yoga, kickboxing, meditation, dance, martial art & more. All classes drop-in. See ad for details. 775-8080.

dance, martial art & more. All classes drop-in. See ad for details. 775-8080. **Rutland -** RAVNAH and RRMC offer classes for parents-to-be including Birth and Beyond, Birthshop. Register: 775-0568.

Rutland - AA Hotline, Rutland area: 802-775-0402, 24 hours.

Rutland - Al Anon: Call Pete: 773-9548 or Marcia: 775-7479 for meeting info. Beginner meeting Fris, 7pm, The Evergreen Ctr.



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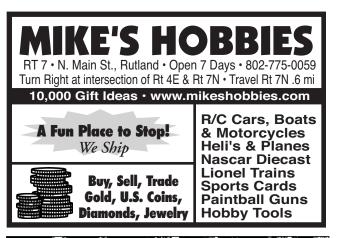


# NIGHTCLUBS

**THURSDAY, FEBRUARY 3** Clear River TavernEve-Open Mic w/ Clear River Band Santa Fe Eve-Myk Sno Wobbly Barn **Eve-**Joey Leone Trio HH-Guy & Wayne Grist Mill Saint's Pub @ Summit Lodge Eve-Musician's Showcase w/Frank Chase **Double D's Eve-**Music & Dancing **FRIDAY, FEBRUARY 4** Outback Eve-Joey Leone's Trio Rocks w/ DJ Tony C **Grist Mill** HH-Guy & Wayne **Eve-**Long Trail Party w/Vibratones Santa Fe Eve-Myk Sno Eve-Johnny Drama Wobbly Barn **Eve-**Karaoke with Tiffany Z **Double D's** McGrath's Irish Pub **Eve**-Trinity **Clear River Tavern** Eve-Po' Boyz Saint's Pub @ Summit Lodge Eve-Frank Chase **SATURDAY, FEBRUARY 5** Wobbly Barn HH-Bobby Darling Show **Eve-**Johnny Drama Saint's Pub @ Summit Lodge Eve-Frank Chase Outback Eve-Joey Leone's Trio Rocks w/ DJ Tony C **Grist Mill HH-**Guy & Wayne **Eve-**Vibratones McGrath's Irish Pub **Eve**-Trinity **Double D's** HH-James Mee Eve-Music & Dancing Santa Fe Eve-Myk Sno & K-Town's Finest **Clear River Tavern Eve-**Duane Carleton **SUNDAY, FEBRUARY 6** Saint's Pub @ Summit Lodge HH-Annual Super Bowl Extravaganza **HH-**Super Bowl Sunday! Grist Mill **Clear River Tavern Eve-**Super Bowl Party

Outback Ramunto's B'Water McGrath's Irish Pub **Double D's** 

Eve-Uncivilized Super Bowl Sunday HH/Eve-Super Bowl Party **HH-**Super Bowl! Eve-Music & Dancing



### **MONDAY, FEBRUARY 7**

**Double D's** Eve-Music & Dancing Santa Fe **Eve-**Joey Leone Jazz Eve-Jimmy's Pizza Buffet w/ Landshark Outback **TUESDAY, FEBRUARY 8** Outback Eve-Magic Hat Karaoke w/ DJ Evan **Double D's** Eve-Music & Dancing

WEDNESDAY, FEBRUARY 9 **Clear River Tavern** Outback **Grist Mill** Double D's

**Eve-**PBR Pool League Eve-Joey Solo HH-Guy & Wayne Eve-Music & Dancing

# **MUSIC**

Feb. 4 - Chittenden. First Friday Open Mic Night, 7pm, Church of the Wildwood. Musicians, poet, storytellers of all ages invited to perform. Desserts/coffee available. Portion of free-will donation benefits Rutland County Women's Shelter. 483-2234 for 10 minute spot.

Feb. 4-5 - Rochester. Cabin Fever Music Series at Sandy's Books and Bakery. Feb. 4, The Kind Buds, 7pm. Feb. 5, Spencer Lewis & Vermont Folk Project 7pm.

Feb. 5 - Rutland, Academy of St. Martin in the Fields Chamber Ensemble begins North America Tour at Paramount Theatre, 8pm. One show only! Tickets 775-0903.

Feb. 12 - Mendon. Live music with Chad Hollister 8-11pm, Red Clover Inn. 775-2290.

### Ongoing:

Suns. - Brandon. Informal musical entertainment Sunday afternoons, if & when musicians turn up! We invite competent musicians to come & perform - no fee, no formality! Brandon Music.



Feb. 2, 9 - Killington. Bud Light Race Series is back at Killington Resort. Each Weds., on Highline. Party location following, TBD. Come watch racers race down the course. Feb. 4 - Castleton. Castleton Community Center Board Game Day, 1-2:30 in the Dining Room. Dominoes, Scrabble, Backgammon, Monopoly, Parcheesi, Checkers, or bring your favorite. Free.

Feb. 4 - Rutland. Pink the Rink Castleton Women's Ice Hockey match at Spartan Arena to support Breast Cancer Program at RRMC. 7pm, vs. Nichols College. Jerseys avail. prior to game, benefits Breast Cancer Program. Admission \$6 adults, \$4 faculty/srs./alumni, \$2 students. 468-6427 for info.

Feb. 5-6 - Killington. Adults & Kids Mogul Weekend & Women's Weekend at Killington Resort. 2 day clinics includes lift tickets, daily coaching. Both start 8:45am each day at K-1 Lodge. \$278 per person, per class. 800-923-9444.

Feb. 6 - Shrewsbury. Killington Section GMC Outing: Hot Dog Roast at Minerva Hinchey Shelter on LT. BYO dogs. Hot drinks provided. Snowshoes may be needed. Meet Rutland's Main St Park 10am. 773-6997.

Feb. 6 - Killington. Race Arena Fundraiser for

Feb. 13 - Killington. Downhill for Diabetes Charity event at Pico Mtn. Raise money to ski or snowboard. 100% proceeds diabetes research. Info, donationsfordiabetes. org.

Mar. 5 - Pittsfield. 5th Annual Pittsfield Snowshoe Marathon, 8am, Amee Farm. Mar. 4, 2nd Annual 100-Miler March at Amee Farm, 4pm. Registration at peakraces.com

Mar. 7 - Rutland. Hunter Education Course at Rutland Elks Club. Thru Apr. 18, 5:30-8pm. Register by Feb. 25, limited enrollment. Visit Rutland Rec & Parks Dept to register. 773-1822.

### Ongoing:

Killington. Killington Parks & Rec Dept. hosts open gyms throughout winter. Tues. pick-up volleyball. Thurs. pick-up soccer. 7-9pm each night. \$2 per night. 18 yrs. +. 422-3932.

Woodstock. Public Skates at Union Arena: Mon. - Fri. 1:30-3pm. Sat. & Sun. 2:40-4:10pm. \$6 adults, \$5 age 14 & under. Skate rentals \$6, sharpening \$6. 457-2500.

Rutland. Swimming - The Mitchell Therapy Pool at VAC offers general swimming, aquacise & aquaerobics, swim lessons for infants to adults & private pool rentals. 773-7187 for more info.

Ludlow. Okemo Valley Nordic Center is open with 22K of well groomed conditions. Rentals avail. Open 7 days. 228-1396, call for conditions.

Pittsford. Pittsford Rec Dept offers guided walks on Pittsford Trail Network. Walk, hike, snowshoe. Get some exercise, meet new people, get to know trail system. RSVP 468-6500 x17.

Manchester - Riley Rink at Hunter Park schedule: M-F, 10-12:45, lunch skate. Tu-Fr, 1-2:45, Skate Program, then Stick & Puck. Fri, middle school skate 7:15-9:15pm. Weekend family skating Sat. & Sun, 1:45-3:45pm. More, rileyrink.com

Thurs. - Rutland. ACBL Sanctioned Bridge Games nights @ Godnick Senior Center. \$5/ player, guaranteed partner. 287-5756.

Thurs. - Rutland. Chess Club, 7pm, Dana Rec Ctr. Rm. 32. Open to public, free, all ages. Beginners welcome. 773-1822.

Thurs. & Suns. - Wells. Modern Woodmen of America holds Bingo, including special game to benefit a local charity or good cause.

Fridays - Pittsford. Adult Women's Basketball - Open Gym. Friday nights, 6-8PM. Police Academy, Furnace Road. More info: Tara 417-7331.

Daily - Woodstock. Cardio/Weights, Cardio Power Stations, Dance, Spinning, Yoga, Ballet, Sun style tai chi, more. Woodstock Rec. Fitness Center, M-F, 6am-8pm, Sat 8am-2pm. 457-1502.



Feb - Ludlow. Classes at Fletcher Farm School: Feb. 5, make Timba Scarves. Feb. 5-6, Watercolor Painting for the beginner. Feb. 12, Kaleidoscope Scarf making. Feb. 19-20, Mini Punchneedle Purse/Cell Phone Bag or Lapidary Arts, Rock Weekend. Feb. 23, Vessels of Light and Garbage. 228-8770 for times, fees, details.

Feb. 3 - Ludlow. Free program at Fletcher Memorial Library - Basic Computer Skills, 5:30-7pm. Part of



on the Slopes, 10:30-3:30, Pico Mountain. Prizes for those interested in quitting tobacco habit. \$5 donation. All ages. 770-4693.

Feb. 6 - Ludlow. Ski Okemo Mountain for reduced rate Sunday lift ticket & still get home to watch Super Bowl. Discount Monday as well. 228-1600 for details.



e-vermont grant. Bring laptop if you have one.

Feb. 3 - Cavendish. Cavendish Community & Conservation Assn hosts presentation on Cavendish Wildlife Corridors by Forrest Hammond of Vt Fish & Wildlife Department, 6-7pm, Town Offices. 226-7736.

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CUSTOM FRAMING

The Mountain Times • February 3-9, 2011 • 9

Feb. 3 & 4 - Rutland. Chaffee Art Center classes, Life Drawing Thursdays, 5-8pm, all mediums & levels welcome. Writing as an Art Form Fridays, 11-1pm, donations welcome. 775-0356.

Feb. 7 - Rutland. CSJ Forum on Vermont Education, 6-8pm, Tuttle Hall Theater. Subject, School District Consolidation & School Choice.

Feb. 4 - Mendon. Wines of the World Dinner, 6:30pm, Red Clover Inn. 5 course dinner featuring wines & food from around the world. \$75. 1st Fridays of month. 775-2290.

Feb. 5 - Rutland. Winter Fest 2011 at Giorgetti Park, 11-3. Sledding, snowshoeing, snow carving, shelter building, obstacle course, snow maze, story walk, marshmallow toasting. 773-1822 for details.

Feb. 5 - Castleton. Cabin Fever Basket Party, 11am doors, 2pm drawing. \$5 admission includes 25 tickets. Baskets, silent auction, door prizes, food, more. American Legion.747-0490.

Feb. 5 - Killington. Killington Mountain School 27th Annual Auction & Dinner at Killington Grand Resort Hotel, 6pm cocktails & silent auction; 7:30pm dinner & live auction. RSVP by Jan. 30 at 422-5671.

Feb. 5-6 - Woodstock. Sleigh Ride Weekend at Billings Farm & Museum. 10am-3:30pm daily. Working dairy farm, 1890 farm house, sledding with jack jumper sleds, horse drawn sleigh rides. 457-2355.

Feb. 6 - Rochester. Rochester Rec Committee Winterfest & Chinese New Year celebrations at SkateSpace rink & fields of Rochester School. Bonfire 11am, open skating 11am-1pm, snowmobile rides, telemark ski lessons, pickup hockey. Kids activities. Story time. More. 767-4701.

Feb. 8 - Rutland. Rutland Natural Resources Conservation District will host a workshop. "What Every Forest Landowner Should Know" 6-8:30pm, US Forest Service Conference Rm. \$10, pre-register, space limited. 775-8034 x17.

Feb. 8 - Manchester. Hildene Winter History Series lecture 7pm. This week: Kendall Thompson, Superintendent at Lincoln Boyhood National Museum. Beckwith Room. 367-7960. Free, open to public.

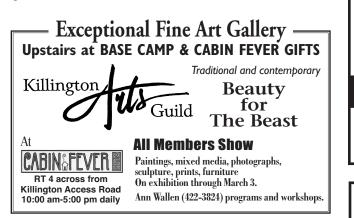
Feb. 8 - Pittsford. Otter Valley Aquarium Society Rit Forcier, Chairman of American Livebearer Assn. presents 3 Weeks Collecting Fish in Mexico. 7:30pm, Maclure Library.

Feb. 9 - Pittsford. Pittsford Business Meeting with Leanne Tingay and her marketing presentation "Surviving and even thriving in business during construction," 5:30-7pm & Feb. 10, 8:30-10am - Inn at Logan's Run. RSVP 483-6686.

Feb. 9 - Rutland. ARC Self Advocates invite you to come celebrate! Free pizza, beverages, dessert. Education & Wellness Ctr at Rutland Mental Health Services, 6:30-8pm. RSVP 775-1370.

Feb. 10-13 - Ludlow. Ludlow Winter Carnival. Various events around the Village, including Ice Bocce, snow sculptures, scavenger hunt, ski & board fashion show, xc ski & snowshoe fun race, fireworks, parade, more. 228-7530 for details.

Feb. 11 - Clarendon. Clarendon Elementary School & VFD invite family & friends for Valentine Kisses, 5-8pm, school gym. 5pm spaghetti dinner; 6:30pm Box of Kisses Choir welcomes home our troops. 7pm music, dancing, games.



Feb. 11 - Rutland. Jewelry Art Show at Art & Antiques On Center. Artist crafted jewelry featured just in time for Valentine's Day: Opening Show: ArtHop Friday, Feb 11th from 5-8pm...music & light refreshments. 786-1530. Ongoing

Rutland - Boys & Girls Club open 2:30-7:30pm school days. Drop in \$1/visit. Lots of events. 747-4944 for details. Killington - Sherburne Memorial Library Events: Killington Arts Guild acrylics workshop meets every Tues., 10am-noon, free. Tues, 2pm - Matinees. Weds - Mother Goose Story Time, 10:30am. Fris - Preschool StoryTime, 1:30pm. 422-3824.

Plymouth - Sleigh Rides at Hawk Resort. Rides through VT countryside in old-fashioned sleigh pulled by Belgian draft horses. 7 days during holiday periods, weekend thru winter. XC Skiing & ice skating also. Reservations needed, 672-3811.

Mons. - Pittsfield. Pittsfield Historical Society meeting, Town Hall 3rd Monday of the month, 7pm.

Tues. - Rutland. 1st & 3rd Tues. of month, Rutland Area Toastmasters Club meets 6:30-8pm, Dana Rec Ctr. Open to all. International organization which fosters public speaking & leadership skills through local clubs. Weds. - Killington. Killington Rotary Club meets at Peppino's, 6-8pm for full dinner, guest speaker and/or discussion. Seeking new members!

Sats. - Ludlow. Winter Farmers Market at Ludlow Masonic Lodge, 9am-1pm. Localvore galore.

Sats. - Rutland. Farmers' Market, inside at Rutland Co-op, Wales St. Vendors sell fresh veggies, flowers, breads, baked goods, maple products, much more. Live entertainment. 10am-2pm.



Art & Antiques on Center - 17 Center St, Downtown Rutland. Hours: M-Sat, 10-5. Open ArtHop Fridays (2nd of month) til 8pm. 786-1530.

Billings Farm & Museum - Woodstock. Nov. - Feb., open weekends, 10am-3:30pm. Rt 12N & River Rd. 457-2355. A first-class working farm, operating with a museum of Vermont's rural heritage, dating back to 1871. Sleigh Ride Weekends, 10-3:30, Jan. & Feb.

Brandon Artists Guild - Brandon. Open daily 10am-5pm. Brandon Music - 62 Country Club Rd., Brandon. Art Gallery open 10-6 daily, closed Tues. Harmony English Tea room 2-5pm daily, closed Tues.

Brick Box - at Paramount Theatre, Center St., Rutland. Gallery hrs: Thurs-Fri, 11am-6pm & Sat., 10am-2pm & during Paramount Theatre performances. 775-0903.

Carving Studio & Sculpture Center - Marble St., W. Rutland. 438-2097, carving@vermontel.net. Sats. & Suns., 1-4pm & by appt.

Chaffee Center for the Visual Arts - S. Main St., Rutland. Weds.-Sat. 10-5, Sun. 10-4, closed Mon. & Tues. Vermont Women exhibit thru Feb. 13. Feb. 5 -



Artist talk w/ Cameron Schmitz & movie screening, 2-5pm. 775-0356.

Chandler Gallery - Randolph. Gallery hrs: Thurs. 4-6pm, Sat. & Sun. 1-3pm. 728-9878.

Green Mountain College - William Feick Arts Center, Poultney. Gallery hours M-F, 1-5pm. 287-8000.

Killington Arts Guild Fine Art Gallery - at Cabin Fever, Rt. 4. Open business days 9-6:30pm. Winter show, Beauty for the Beast, thru March. 422-3824.

Lulu's Artisan Gallery - 34 Strongs Ave., Rutland. Featuring Jan Sabataso-McGinnis. 353-0045.

Maclure Library - Rt. 7, Pittsford. Mon., Tue., Fri., 1-6pm; Wed., 10-8; Thur., 10-6; Sat., 9am-noon. 483-2972.

Montshire Museum of Science - Norwich. Open 7 days year round, 10am-5pm. 649-2200. Blue Man Group-Making Waves exhibit thru May 8.

Norman Rockwell Museum - Rt. 4E, Rutland. 773-6095. Self-guided tour. Open daily.

Norman Williams Public Library - Woodstock. 457-2644. Open Mon., Fri., & Sat., 10-5, Tues., Wed., Thurs. 10-7.

Rutland Historical Society - 96 Center St., Rutland, 775-2006. Year-round, Mon., 6-9 pm, Sat, 1-4pm, by appointment for schools or other groups.

Rutland Railway Association - Center Rutland Depot. Former Rutland Railroad depot. Museum exhibits the Rutland Railroad. HO & N scale models. Open Saturdays 11am-3pm.

Slate Valley Museum - Water St., Granville, NY. 518-642-1417 for info.

Timco Gallery - Center St., Rutland. Gallery hrs Mon - Sat. 773-3377. Portion of sales proceed local student art programs.

VINS Nature Center - Rt 4 (Next to the Quechee Gorge) Quechee. Daily activities, programs, exhibits. 359-5000 for info.

Wallingford Historical Society Museum - Town Hall, School St., Wallingford. 446-2831. Permanent collection of costumes, photographs, memorabilia.

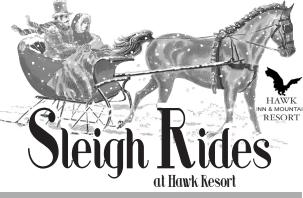
Woodstock History Center - 26 Elm St, Woodstock. Fri-Sun 12-4pm. Other days by appointment. Art, furniture, clothing, musical instruments, more. 457-1822 for info.



Feb. 11/14 - Rutland. Emmy Award winner Ed Asner stars in solo performance, 8pm, Paramount Theatre. Feb. 14, The Legendary Drifters perform. 775-0903 for tickets, info.



# CHAFFEE ART CENTER Rutland Area Art Association An Exhibit of Their Own January 14 — February 13 artist talk: Cameron Schmitz MOVIE screening: WHO DOES SHE THINK SHE IS? Saturday, February 5, 2-5 PM www.chaffeeartcenter.org



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# Justforfun

Capsule reviews of films opening this week by The Associated Press

# "The Mechanic"

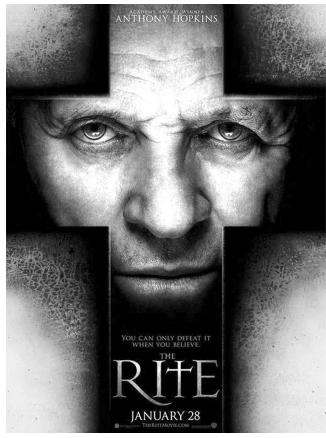
JASON STATHAM BEN FOSTER



### by Christy Lemire, AP Movie Critic

It's probably blasphemy to even think this, much less say it out loud, but here goes: This remake starring Jason Statham is better than the 1972 original starring Charles Bronson - and Statham is better in the lead role than Bronson was. Now, "The Mechanic" may not have been one of Bronson's stronger films during this era but it has achieved a certain following among genre fans. In retrospect it was a bit languid, it meandered here and there with its groovy vibe - although it did feature a breathtakingly wordless, 15-minute opening as Bronson's assassin character laid out the works for an elaborate kill in a seedy, downtown Los Angeles apartment building. That's the whole point of both films: The hit men at the center of them pull off assassinations that don't look like assassinations. Both function in a world where morals and rules don't seem to apply, where law enforcement is practically nonexistent and the relationship between a hit man and his mentor is meant to seem as touching as the one between a father and son. Director Simon West ("Con Air") and screenwriter Richard Wenk have taken those core concepts from Lewis John Carlino's original script, moved the action to steamy New Orleans and pumped out a movie that's slicker and sleeker, leaner and meaner - not in an idiotic way, but rather to reflect the actor and the times. R for strong brutal violence throughout, language, some sexual content and nudity. Running time: 92 minutes. Three stars out of four.

# "The Rite"



### by Christy Lemire, AP Movie Critic

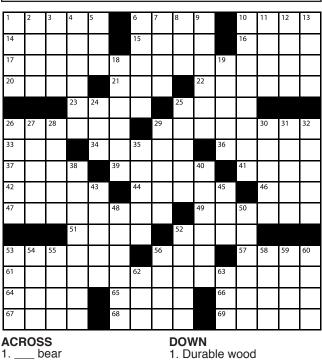
Anthony Hopkins classes this up, as you can imagine he would in almost every situation. But even his otherworldly powers can only make this overly familiar demonic possession thriller engaging for so long. Despite the ads that would suggest otherwise, Hopkins is a supporting player here. The center of the film is Colin O'Donoghue, making his confident, impressive feature debut as Michael Kovak, an aspiring Catholic priest suffering a spiritual crisis. Following his mother's death, Michael joined his father (Rutger Hauer) in the family mortuary business. Swedish director Mikael Hafstrom ("Evil," "1408") details the painstaking process of cleaning and preparing a body for a funeral with precise, clear-eyed detail, which makes it seem even creepier. Still, Michael is obviously a caring and conscientious young man, and it makes sense that he'd be interested in tending to others through the church. Trouble is, he's not sure what he believes. Michael Petroni's script, "suggested by" a novel that was "inspired by" actual events, is surprisingly reasonable and even-tempered with its discussions about the nature of faith. For a while, it is neither hyperbolic nor preachy, but open to all possibilities and levels of devotion - or lack thereof. All of this intelligent setup, as well as the moody, atmospheric way Hafstrom takes advantage of locations in Rome and Budapest, make the over-the-top climax feel like even more of a letdown. PG-13 for disturbing thematic material, violence, frightening images and language including sexual references. Running time: 113 minutes.

Two and a half stars out of four.

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2	3	7	6			9		
	5		1	8		2		
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	2				3			
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Each block is divided by its own matrix of nine cells. The rule for solving Sudoku puzzles are very simple. Each row, column and block, must contain one of the numbers from "1" to "9". No number may appear more than once in any row, column, or block. When you've filled the entire grid the puzzle is solved.

This week's solution on page 29



### bear 6. Change states, in a way

- 10. Brother 14. Like some walls 15. Product of protein metabolism 16. "I had no 17. Not given to a common fund 20. The America's Cup trophy, e.g. 21. "Absolutely!" 22. Cook too long 23. "Desire Under the 25. Part of BYO
- 11. Aroma 12. Doofus 13. Send to the canvas Proper maintenance or

3

18. The young of an insect

"Fantasy Island" prop

10. Beveling the ends to

About

Acknowledge Opening time, maybe Dictate

"Much

Blows it

9. No-nos

form a joint

Nothing' 6. Muffles

### THE JOKE'S ON YOU

# by Phil Ryder & YOU



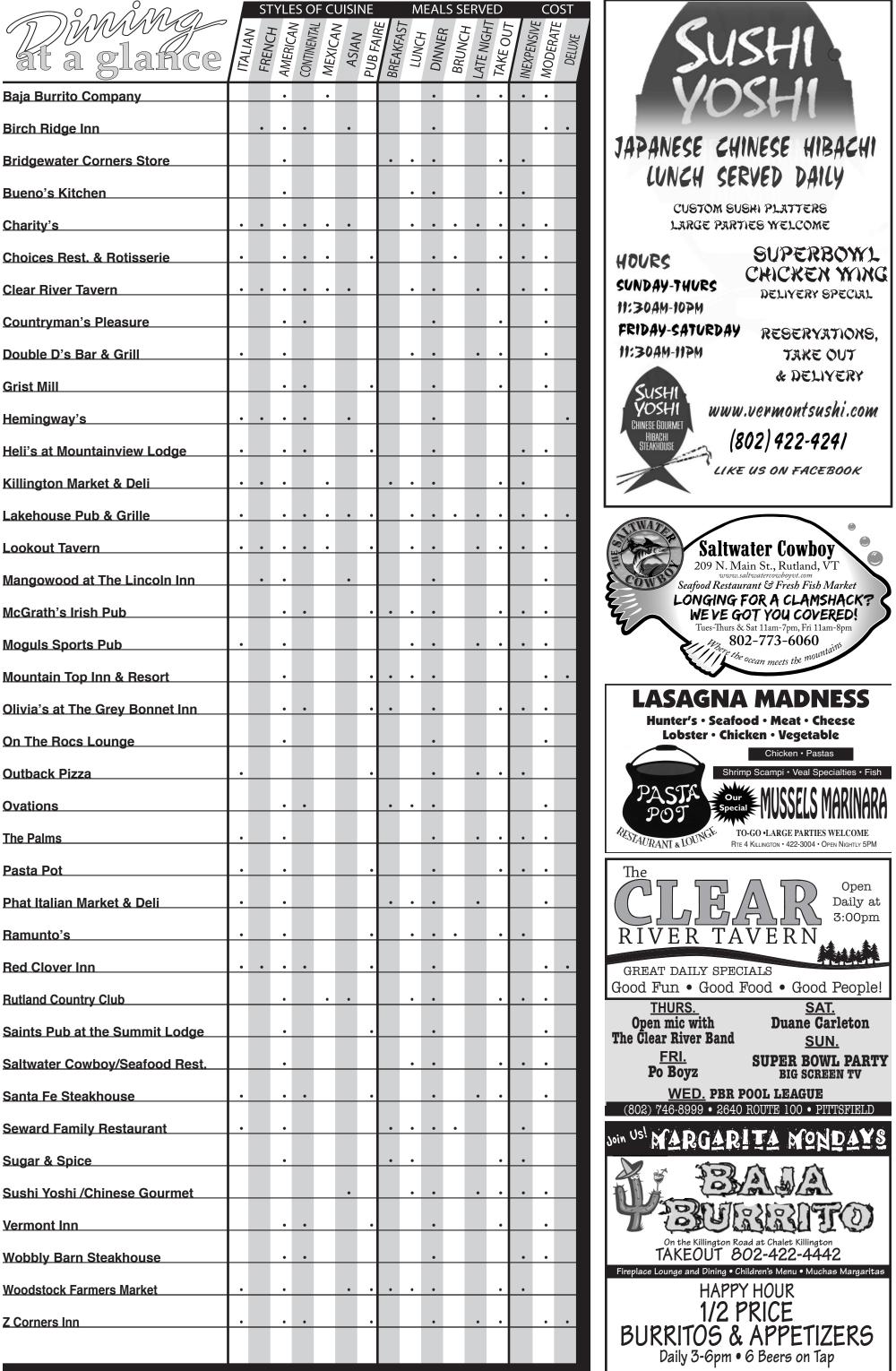
"I'd like to start off the discussion with, 'I'm rubber, and you're glue...'" - Amy Sherman • Glen Ellyn, IL

FLAGSHIP Dre										
Showings February 3-9, 2011										
Downtown Rutlanc 143 Merchants Row, I	d Shopping Plaza Rutland, VT 05701									
MOVIES	TIMES									
Black Swan - R	1:40 4:05 7:15 9:45									
The Green Hornet (3D) - PG-13	1:35 4:15 6:50 9:25									
The Kings Speech-R	1:55 4:25 6:55 9:30									
The Mechanic-R	2:15 4:30 7:05 9:55									
No Strings Attached-R	2:10 4:25 7:10 9:50									
The Rite-PG-13	1:50 4:20 7:00 9:35									
The Roommate-PG-13	2:00 4:10 6:45 9:20									
Sanctum-R	2:05 4:35 7:05 9:40									
Tangled-PG	1:45 4:00									
True Grit-PG-13	6:40 9:15									

rep 29. Luminescence from Victorian lamppost 33. "My man! 34. "Yeah" 36. Bother 37. "One of " (Willa Cather novel) 39. Parlor 41. Have a sudden inspiration? 42. Monroe's successor 44. Fore-and-aft-rigged vessel 46. bit 47. Stick-to-it-iveness 49. One's regular course or circuit 51. When repeated, like some shows 52. Intensifies, with "up" 53. Stables 56. "Dilbert" cartoonist Scott Adams has one: Abbr. 57. Early pulpit 61. Oversized publication for display 64. Biology lab supply 65. Flimsy, as an excuse 66. \_\_\_\_ Bowl 67. Bloody 68. Donnýbrook 69. Have another go at

(pl. 19. Throat dangler 24. Romanian čoin 25. "Hurray!" 26. Depth charge target 27. Victorian, maybe 28. Holy text 29. Small ravine 30. Worn away 31. Bamboozled 32. Varieties 35. Dispatch 38. Children 40. Everyday 43. Bathroom item 45. Appear, with "up" 48. Reflexive third person singular 50. Functional 52. Monastery or convent 53. Heroin, slangily 54. Like some orders 55. Way, way off 56. "Oh, 58. Debatable 59. 1922 Physics Nobelist 60. "Comme ci, comme ca" 62. Toni Morrison's " Baby 63. Ring bearer, maybe

Solution 
Page 23



Birch Ridge Inn

**Bueno's Kitchen** 

**Clear River Tavern** 

Charity's

Grist Mill

Hemingway's

Lookout Tavern

Outback Pizza

**Ovations** 

The Palms

Pasta Pot

Ramunto's

Red Clover Inn

Saints Pub at the Summit Lodge		•			•			•					•	
Saltwater Cowboy/Seafood Rest.							•	•			•	•	•	
Santa Fe Steakhouse			•		•			•		•	•		•	
Seward Family Restaurant									•					
-		Ì					•	•	•					
Sugar & Spice		•				•	•				•	٠		_
Sushi Yoshi /Chinese Gourmet		4		•			•	•		•	•	•	•	_
Vermont Inn			•		•			•			•		•	
Wobbly Barn Steakhouse			•					•				•	•	
Woodstock Farmers Market					•									
		·			-							-		
Z Corners Inn	•	•	•	 _	•			•		•	•		•	•



# DiningGuide 422-4442

### **BAJA BURRITO CO.**

Killington Road, Killington

In the Chalet Killington. Featuring a wide variety of Mexican-inspired and American dishes. Children's menu, fireplace lounge, game room, muchas margaritas! 6 beers on tap. Half-priced burritos and appetizers 3-6PM daily. MC, VISA, DC.

### **BIRCH RIDGE INN**

422-4293

Serving a totally delicious combination of American and Continental cuisines. Choose to dine from our tastefully affordable menu in the dining room, or break bread with friends in the Great Room Lounge. We have an extensive selection of martinis and a fine wine list. Homemade desserts. Reservations available for the dining room. "...where memorable experiences begin..." www.birchridge.com AMEX, MC, VISA, DISC.

### BRIDGEWATER CORNER STORE 672-6241 5680 Route 4, Bridgewater

Olson's BW Corners Country Store provides you with the freshest meats, cheeses & dressings from Boar's Head brand-also available to purchase for sandwiches made at home. Check out our Early Bird Special - bacon, ham or sausage, egg & cheese on an English muffin or roll \$2.75. VISA, MC, AMEX **BUENO'S KITCHEN** 772-7346

### Southfork Plaza, Rutland

Good eats at a great price. Specializing in comfort foods - dine in or take out - like Chili, Soups, Burritos, Pot Roast with Potatoes and Gravy, Shepherd's Pie, Chicken Salad Wraps, Veggies and Vegetarian entrees; daily specials. All home-made using no excess salt, sugar; and no MSG ever. Good ingredients make good eats. Get a full meal for under \$10. Major Credit Cards.

### **CHARITY'S TAVERN**

422-3800

Killington Rd., Killington Everybody loves Charity's. A family owned Killington tradition since 1971. Serving our famous French onion soup, and burgers, salads, soups, pasta, sandwiches and more. Aprés ski headquarters 2-6pm. Children's Menu. Tavern Menu "All trails lead to Charity's." VISA, MC, AMEX.

### **CHOICES RESTAURANT** & ROTISSERIE

422-4030

422-3344

422-3970

Glazebrook Center, Killington Rd., Killington Chef Claude and his staff offer exceptional food, service and views in a bistro setting. The Rotisserie offers chicken, lamb and pork, and the menu features sandwiches, homemade pastas and the finest in steaks, fish and seafood. VISA, MC, AMEX. **CLEAR RIVER TAVERN** 746-8999

### Route 100 North, Pittsfield

Chef owned restaurant featuring lite fare and family dining just 6 miles from Killington. Join us in our tavern and play pool, other tavern game MC, VISA COUNTRYMAN'S PLEASURE 802-773-7141 off Rte. 4, on Townline Rd. Mendon

Countryman's Pleasure is one of the region's most reliably excellent dining houses. The Entinger Family is led by Munich, Germany's Simon Knoll Culinary

### **HELI'S RESTAURANT**

at the Mendon Mountainview Lodge

78 US Route 4, Mendon Offering an artful selection of American and European cuisine combined with a casual atmosphere.

Dine by our wood burning stone fireplace and enjoy spectacular views of Pico. Reservations appreciated. MC, VISA, AMEX, DISC **HEMINGWAY'S** 

### 422-3886

773-4311

Route 4, Killington

With nearly 30 years using fresh Vermont products, Hemingway's offers the area unparalleled wholesome, scrumptious cuisine. In a beautifully romantic 1860 house you'll find where food & wine meet their match. Titillate your senses with the best of local flavors. Vegetarian too! Reservations. MC, VISA, AMEX

### **KILLINGTON MARKET & DELI** 422-7594 2023 Killington Road, Killington

Our deli offers fresh meats and cheese for a variety of sandwiches, served on locally baked bread. Daily lunch hot specials, fresh salads, homemade soups and in-house baked goodies. Dinner takeout entrees. Extensive selection of wine, beer/microbrews. Vermont specialty food products, maple syrup. Open 7 days a week. The only full service grocery store on the mountain.

### LAKE HOUSE PUB & GRILLE 273-3000 3569 Route 30 North, Bomoseen

Chef owners, Brad Burns and Fred Field invite you to the Lake House Pub & Grille. Live Sunday jazz brunch entertainment, special children's meals, full bar and an extensive wine list. Lake views on beautiful Lake Bomoseen. Also private parties, rehearsal dinners, showers and weddings. AMEX, VISA, MC, DISC

### LOOKOUT TAVERN Killington Road, Killington

422-LOOK (5665)

422-4777

We feature creative & classic soups, salads, burgers, sandwiches and entrees in a casual dining room with incredible views of Killington. We offer Chicken Wings Daily from 3-6 pm for Killington's finest Happy Hour! Takout and Delivery. FREE Shuttle. Kids Menu Available! MC, VISA, AMEX MANGOWOOD RESTAURANT & BAR457-3312

at The Lincoln Inn at The Covered Bridge 530 Woodstock Road, Route 4, Woodstock Just fifteen minutes from Killington! Our Chefs blend American food you know and love with the finest Asian herbs and spices. Looking for the best Martini on Rte 4? Our three fireplaces make us a favorite stop for fireside cocktails, appetizers and casual fine dining. AMEX, MC, VISA

### McGRATH'S IRISH PUB 775-7181 at the Inn at Long Trail

Rt. 4, at the top of the Sherburne Pass, Killington McGrath's Irish Pub at The Inn at Long Trail invites



### Comfy Seating & Great Viewing **Complimentary Food** Giveaways

www.killingtonsbest.com • Open Nightly Located in the Mountain Inn at the top of the Killington Rd



### Open for dinner Thursday to Monday 5:30 to 9pm

Valentine's Day - February 14th Bring your sweetie to The Red Clover Inn for a four course Chef's Tasting Menu. The dinner will be \$40.00 per person (plus tax & gratuity).

Live Music with Chad Hollister Feb. 12th & 19th from 8-11pm

### Wines of the World Dinner

This Friday's dinner has already sold out! Make your reservations for March early! Our next dinner is on March 4th and will be a five course dinner with food and wine from California. \$75 per person (plus tax & gratuity)

54 Red Clover Lane, Mendon, Vermont 800-752-0571 / 802-775-2290 www.redcloverinn.com

School graduate, Chef Hans Entinger. Renowned for Austrian, German and American creations that are beautifully balanced on the palate, and delightful in appearance on your plate. Cozy and casual atmosphere, and the service friendly and efficient. Reservations recommended,. Major Credit Cards accepted. HHHMobil. AAA.

### **DOUBLE D'S BAR & GRILL**

133 East Mountain Road, Killington

Located at the top of the Access Road, inside the Mountain Green Resort. Serving burgers, soups, salads, sandwiches, pasta, full pizza and sub menu. Children's menu available. Music and dancing nightly. Open 3pm to 2am. Delivery until 2am. VISA, MC

### **GRIST MILL RESTAURANT** Killington Rd., Killington

Offering spectacular views, casual atmosphere and world-class entertainment. Our dining room features classic American cuisine with a flair. Our lounge offers the options of casual dining and pub fare. Enjoy our dining with views. Major CC.

you to try our famous Guinness stew. Candlelite dining. Live Irish music weekends! MC, VISA, AMEX.

### **MOGULS SPORTS PUB**

Killington Road, Killington

Family dining offering steaks, burgers, pasta and more. With over 20 TVs, pool table, arcade games - Moguls is your place for a good time. An affordable menu featuring our world famous Barbecue Ribs. Free Shuttle, Take out and delivery. Open daily. Mon-Thu 3PM-2AM. Serving Lunch Fri, Sat and Sun at noon.

### **MOUNTAIN TOP INN & RESORT** 483-2311

Mountain Top Rd., Chittenden

Only 11 miles from Killington and Rutland. Dining complemented by breathtaking views of the lake and mountains. Creative American cuisine in the Highlands Dining Room. Casual dining and pub fare in the Highlands Tavern. Extensive selection of wine and beer. Full bar available. Open year round to the public. Reservations suggested. Kids welcome. www.mountaintopinn.com. MC, VISA, AMEX

# DiningGuide

### OLIVIA'S

at the Grey Bonnet Inn Rt. 100N, Killington

Romantic dining featuring fine American cuisine with fresh seafood, steak and pasta dishes, homemade soups and desserts with nightly specials. Reservations appreciated for dinner. AMEX, MC, VISA, DISC. **ON THE ROCS LOUNGE** 422-7627

### 2384 Killington Rd., Killington

Gather together in our speak-easy lounge. Enjoy a relaxed atmosphere in an intimate setting. Let On The Rocs make you one of their speciality cocktails while you enjoy a conversation with friends. Serving Tapas and Dinner. AMEX, MC, VISA

### OUTBACK PIZZA

**ZZA** 422-9885

Top of the Killington Rd. at Outback Killington's best pizza is baked in a 900 degree wood-fire brick oven. We feature the best live music in Killington. Voted Killington's best place to dance. AMEX, MC, VISA

### OVATIONS RESTAURANT 422-6111

at The Killington Grand Hotel, Killington

Dine in the most spectacular mountain setting in the region. Tantalizing dishes prepared by our award winning chef. Bistro menu available. Vegetarian selections. Specialty requests graciously prepared. Extensive breakfast and dinner menus.

### THE PALMS

36 Strongs Ave., Rutland

Award member of World Famous Restaurants International. Chef owned and family operated for over 65 years. Highly recommended and complimented for its originality. Yankee Travel Magazine Editor's Choice 2000. Specializing in such gourmets as Baked Lasagna, Veal a la Palms and Steak Delmonico. Also, fresh seafood, chicken and chops. MC, VISA, AMEX.

### PASTA POT

### 422-3004

### Route 4 East, Killington

Aclassic Italian Pasta house. Italian food and wines at their best. Pastas, pizza, subs, Italian entrees are all homemade. Chef owned. MC, VISA

THE PHAT ITALIAN MARKET & DELI 422-3636 2384 Killington Rd., Killington

Authentic Italian cuisine with attitude. Premium Boarshead meats. NY bread and bagels. Check out our coldest, inexpensive beer cave. Don't forget to stop in our wine room. Come on in or call for delivery! Bada Bing. MC, VISA, AMEX, DISC **RAMUNTO'S BRICK & BREW PIZZA672-1120** 

### Route 4, Bridgewater

Real New York pizza, salads, sandwiches, featuring chicken ranch pizza and garlic knots. 20 draft beers, outdoor deck dining, 3 flat screen TVs. MC, Visa, AMEX, DISC

RED	CLOVER	INN	
Moor	word Dd	Mondon	

775-2290

773-9153

### 775-2537 SALTWATER COWBOY/SEAFOOD REST. 773-6060

209 W. Main St., Rutland

Saltwater Cowboy's "clamshack" atmosphere makes you feel like you've entered a quaint place on the coast. They offer a variety of fried and broiled seafood and don't forget the lobsters. If you feel like cooking your own fresh seafood, they've got a fish market stocked daily from Boston. Eat in or take out. saltwatercowboyvt.com. AMEX, MC, VISA, DISCOVER.

### SANTA FE STEAKHOUSE at The Mountain Inn

Killington Road, Killington

Named by New Yorker Magazine as "Killington's #1 Steakhouse." Serving the finest steaks, seafood, chicken and pasta. Santa Fe offers classic upbeat dining. Dine above the rest. "Upstairs" at Santa Fe. Reservations. Entertainment. VISA, MC, AMEX **SEWARD FAMILY RESTAURANT** 773-2738 224 N. Main St. (Rt. 7), Rutland

VT home-cooking at affordable prices. Breakfast, Lunch & Dinner, daily specials. Steaks, chicken, seafood, wonderful burgers, sandwiches, even "Heart Healthy" menu items, salad bar, and children's menu. Our own ice cream- 39 flavors! Large parties welcome. Our dairy-gift store has Vt. foods & lots of gifts. MC, VISA, DISC.

### SUGAR AND SPICE RESTAURANT 773-7832 Route 4, Mendon

Serving breakfast and lunch seven days a week. Specialties run from pancakes & French toast with real maple syrup processed on premises, soups, sandwiches, burgers. Working sugar house. Gift shop featuring Vermont products. Homemade candy and ice cream. MC, VISA

### SUSHI YOSHI/CHINESE GOURMET HIBACHI STEAKHOUSE

1807 Killington Rd., Killington

422-4241

775-0708

422-2124

Sushi Yoshi offers the best in Chinese and Japanese cuisine with Hibachi Tables, a Sushi Bar, and 6 Tatame rooms. Featuring an extensive Wine and Sake list including Mai Thais and Scorpion Bowls. There is a Kids Game room and pool table. Takeout and Delivery. All major credit cards accepted.

### THE VERMONT INN Route 4, Killington

Enjoy New England and Continental Cuisine by a wood burning stone fireplace in a comfortable and warm c. 1840 farmhouse style dining room. Game Room. Children's menu. Full bar and wine list. Dinner Reservations Sugg. Drop in late afternoon or even after dinner for cocktails, appetizers, a light dinner, or desserts at Duffy's Pub. Enjoy a wood burning stove, television, and casual conversation with guest and Innkeepers at the Bar.

**WOBBLY BARN STEAKHOUSE** 422-6171 #1 Mid-way on the Killington Road. Killington



in a casual rustic atmosphere Open for Lunch & Dinner 7 Days



### Our dairy-gift store has Vt. VISA, DISC.

woodward Rd., Wendon

American Cuisine with a European Flair. Extensive wine list. Charming surroundings. Open for fine dining or tavern fare. AMEX, MC, VISA, DISC.

### RUTLAND COUNTRY CLUB

North Grove St., Rutland

Open to the public. Serving Lunch and Dinner daily. Sunday breakfast. Serving a delicious American fare w/moderate prices & casual attire. Function rooms available. MC, VISA.

### SAINTS PUB AT THE SUMMIT LODGE422-3535

200 Summit Path, Killington Road

Best kept secret on the mountain. Cozy atmosphere, chef Jeremy's pub fare menu, local brews on top and wine selection, live entertainment Fri-Sun with Frank Chase. Open nightly, serving 5-9 except Tuesday. AMEX, MC, VISA. The best steakhouse in ski country. Serving the finest in prime rib, steaks and seafoods with The Wobbly's famous soup, salad and bread bar. High altitude live entertainment. MC, VISA, AMEX. **WOODSTOCK FARMERS' MARKET 457-3658** Rt4, 10 miles east of the Skyeship, West Woodstock. Incredible creations from our award-winning "best take-out in central Vermont" kitchen crew. Great morning food: lattés, coffee cakes, muffins and bagels; amazing lunch and dinner take out: hot daily entrees, soups, salads and famous 20 sandwich menu, fresh desserts. Catering menus and mail Order on line at www.woodstockfarmersmarket. com. VISA, MC. Closed Mondays.

### Z Corners Inn

396-0036

52 uppper Road, Bridgewater Corners

Join us at the New Z Corners Inn featuring Chef Gui's brand new menu, great wine list and comfortable atmosphere. Call for reservations. See you soon.

802-422-3800 • Midway on the Killington Road





and let Executive **Chef Stephen Hatch** prepare you the most wonderful Valentine's dinner. 3 course dinner for \$35 pp plus tax and gratuity. Reservations highly recommended.

\*Lodging package valid only on February 14, 2011 and only while availability exists tax and gratuity not included

Call 802-775-0708 for Reservations Route 4 Killington, Vermont • www.vermontinn.com



When I was a kid, one of my favorite television shows was Love That Bob starring Bob Cummings. He was a womanizing photographer who was involved in some madcap adventure each week. The show's intro had Bob poised to shoot a picture, and as he ducks under the camera curtain, he booms, "Hold it, I think you're gonna like this picture."

I feel this way when I channel surf and come upon one of my favorite movies. It takes just a split second to recognize one of them, and when I do, it's as if my hand stops working and I enter a zombie-like state. Certain movies simply pull me in and I cannot make myself turn the channel no matter how I try to rationalize it with the "I have already seen this movie way too many times" statement. You know what I am talking about, you have your own list of movies that illicit the same trance. As a Boomer, I think many of the hits on my list have earned their place because of the memories they invoke. Take a look and see if you agree.

"The Wizard of Oz" (1939) - Hard to imagine this movie was released 15 years before I was even born, yet it continues to delight us even today. Judy Garland would make that fateful journey down the yellow brick road once a year, usually aired on a Sunday night right after the Ed Sullivan Show. And who has never uttered the fateful cry, "I'm melting?"

"West Side Story" (1961) – I was pretty young when this movie premiered. My mother packed up the car for a night at the drive-in. She would pack enough food for a family of four to live on for a week. She and my older sister were all pumped about seeing this movie. When they told me the name of it, I whined that I had no inter-



est in seeing a Western. Of course I fell in love with it that night and spent years singing along with the soundtrack we bought the next day.

"The Sound of Music" (1965) - Not only can I not turn it off, I also must sing along with the Von Trapp family on every song! Yes, another movie soundtrack we purchased the next day.

"Dr. Zhivago" (1965) – Ah, was anyone more romantic than Yuri Zhivago? Here's a movie where you can simply get lost in the scenery.

"The Way We Were" (1973) – Redford and Streisand at their best. Being so in love with the wrong person.

"A Star is Born" (1976) - The Streisand version, again at her best. Kristofferson? Not so great in the acting department, but no shirt and those low slung jeans – nirvana.

"Saturday Night Fever" (1977) – When we all realized that goofy Vinny Barbarino from "Welcome Back Kotter" was actually a hunk. White polyester suits became the rage.

"The Deer Hunter" (1978) – In my opinion, the best Vietnam War movie. The cast singing God Bless America after Christopher Walken's funeral is one of the most emotional movie scenes ever filmed.

"The Big Chill" (1983) – Reminds me so much of my college gang. Have seen it at least 25 times.

"Terms of Endearment" (1983) – The epitome of the mother-daughter, love-hate relationship.

"Dirty Dancing" (1987) - Haven't we all had a summer crush that still grips our heart? Oh, if they had really looked, and moved, like Johnny Castle.

"Pretty Woman" (1990) / "Erin Brockovich" (2000) - Same theme - trashy lady hits the jackpot. It's a Cinderella story. (I have to admit, I find it hard to turn the channel on any Richard Gere movie.)

Anything based on a Nicholas Sparks book. "The Notebook," "Message in a Bottle," etc. We all need a good cry sometimes.

"Bridges of Madison County" (1995) - Go ahead, admit it. You thought that WAS a Nicholas Sparks book. I know many women think Clint Eastwood is one of the sexiest men alive, but I will go to my grave believing Robert Redford would have made a better Robert Kincaid.

I could go on, the list is long. A few honorable mentions include "Moonstruck," "Arthur," "The Breakfast Club," "St. Elmo's Fire," "Pretty in Pink," "The Godfather," "The Graduate," "To Kill a Mockingbird," "Sleepless in Seattle," "Caddyshack" and, one of my all time favorites, "Big." I also love the really old movies and can spend an afternoon with the TCM channel, especially when they do a Susan Hayward festival.

Think you know your movies? See if you can identify these lines from some of my faves:

"Nobody puts Baby in a corner."

"It's a Cinderella story....It's in the hole, It's in the hole."

"You see, Sarah, Harold, we took a secret vote. We're not leaving. We're never leaving."

"This kind of certainty comes but once in a lifetime."

"You're girl is lovely, Hubbell."

"Give my daughter the shot!"

"Snap out of it!"

If you get stuck on any of them, just e-mail me at cphillipsauthor@yahoo.com. I'll get right back to you, so long as I am not watching a movie.



Serving Breakfast § lunch 7am-2pm daily Breakfast all day, lunch after 11am

VERMONT

Come to our sugarhouse for the best breakfast around! After breakfast check out our giftshop for all your souvenier, gift, and maple syrup needs. We look forward to your visit!

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www.vtsugarandspice.com

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**Real New York Pizza** 

Awesome Pizza

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Salads, Sandwiches

20 Draft Beers 3 Flat Screen TV's ~ Major Credit Cards Accepted ~

Mon-Thurs 11am-10pm, Fri & Sat 11am-11pm

Sun 11am-9pm

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- Fresh all-natural meats and poultry
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Open year-round! Closed Mondays Rt. 4 West, Woodstock, VT 802.457.3658

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WOODSTOCK FARMERS' MARKET MAIL ORDER Shop by phone, online or at the Market — it's that easy! woodstockfarmersmarket.com Located in the Mountain Green Resort



# 802-422-3344

# Thursday-Saturday 3pm-2am Sunday 12pm-8pm

133 East Mountain Road Killington, VT 05701

# **Chaffee Art Center News**

- The Chaffee Art Center plans a year-long celebration of its 50th anniversary, with a calendar rich in exhibits and events. Congratulations to director Mary Mitiguy, her hard-working board and dedicated volunteers. Join in the celebration by becoming a member and receive advance notice of Chaffee activities, discounts on classes and purchases, and the opportunity to display your artwork in all member exhibits.

- The Chaffee Art Center recently hung "An Exhibit of Their Own: Six Featured Women Artists." It comprises work by Tiffany Torre, Cameron Schmitz, Claudette Enman, Josephine Habeski, Georgina Forbes and Carrie Bagalio. Drop in to see it between now and Sunday, February 13.

- The Chaffee Art Center invites writers and writer 'wannabes' to meet at the Chaffee Friday mornings from 11:00 - 1:00. Writers of all levels, all genres, and at any point in the writing process are welcome. Poetry, short story, memoir, flash fiction, the novel, and nonfiction are all forms of the art of story-telling that can be explored in these meetings. Participants will talk about their goals for writing, and as a group, will discuss how best to use our time together. Possible topics

of focus could include: how to begin writing, how to complete pieces, discussions about why we write, the use of prompts to hone specific writing skills and craft, and sharing writings with the group for critique and feedback. Terri Jordan, an enthusiastic writer and local retired teacher with a Master of Education (and Chaffee volunteer), will facilitate meetings.

- Call to Artists: Goddess themed ART in correlation to each month and the corresponding Goddess & God. You choose the medium, size, etc. These will be raffled off at the par-TEA on May 1st, 2011. 50% to you and 50% to the Pink Ribbon Butterfly Project, LTD.

Fashion Designers - Goddess themed fashions in correlation to each month and the corresponding Goddess. All fashions are to be made from up-cycled materials or fashions, wearable & function-able . . . to be for sale at the par-TEA on May 1, 2011. 50% to you and 50% to the Pink Ribbon Butterfly Project. You should work with the model for each month so that it fits & suits her. The Gods (male escorts) will be wearing suits, tuxes or togas ~ so no designing needed.

For information visit16 South Main Street Rutland, VT or call (802) 775-0356.

# Woodstock Film Festival

Billings Farm & Museum will host the Woodstock Vermont Film Festival Winter Series on select Saturday afternoons through April. In partnership with the Environmental Film Festival in the Nation's Capital six films and documentaries have been selected for the "big screen" in the museum's newly renovated theater, with its state-of-the-art HD digital cinema and Dolby surround-sound technology. All films are open to the public and accessible to people with disabilities. Tickets may be purchased in advance or at the door, seating permitting: six-film packages: \$50 or \$10/film. Billings Farm members receive a discount.

The Gift of the Pachamama – Saturday, February 12, 3:00 p.m.

This is a spiritual docudrama set in Bolivia, where a 13-year-old boy lives a traditional life with his family near Uyuni, a salt lake. One spring, he goes with his father on his first caravan. With blocks of salt strapped to their herd of llamas, they travel "The Salt Trail" for several months, exchanging salt for other products of the Andes and interacting with the indigenous cultures seemingly untouched by modernity.

Upcoming Films include: Frozen River - Saturday, March 5; The Cave of the Yellow Dog - Saturday, March

s Restauran At the Mendon MountainVi Lodge pen Wednesday — Sunday Serving 5:30 to 9:00pm Casual~Cozy~Friendly **Fireside Dining** Famous for our Wiener Schnitzel Between Rutland & Killington at US Rt. 4, Mendon www.mendonmountainview.com ~ Reservations 802.773.4311 SOUTH 20 Trolley Square Arollev Davern STATION) Rutland Super

19; The Garden - Saturday, April 2; Rabbit-Proof Fence -Saturday, April 16. All films show at 3:00 p.m.

For a complete list of screenings and ticket information: www.billingsfarm.org/filmfest or call 802-457-2355. Tell them you saw it in The Mountain Times.

# **Neshobe Turkey Dinner**

The Neshobe Sportsman Club is hosting a Roast Turkey Dinner on Saturday, February 12, 2011 from 5:00 to 7:00 PM. On the menu is roast turkey, mashed potatoes, gravy, stuffing, veggies, beverages, and dessert. The cost for the dinner is \$9 for adults. \$5 for kids age 5-10 years. and free for those under the age of 5. Want to take it home? No problem ... take outs are available. The public is welcome - come enjoy!

The Neshobe Sportsman Club is located at 97 Frog Hollow Road off Route 73 East in Brandon, Vermont. For information, please call 802-247-6687.



# The Mountain Times • February 3-9, 2011 • 15 Valentine Kisses **Welcomes Home** Troops

Clarendon Elementary School and Clarendon Volunteer Fire Department invite family and friends for Valentine Kisses Friday, February 11, 2011 5:00-8:00 p.m. at the school gym.

From 5:00-6:30 p.m. will be a spaghetti dinner with salad, bread, dessert and drink. The cost is \$5 per person or \$20 for a family, and a senior price of \$4.

From 6:30-7:00 p.m., Box of Kisses Children's Choir will perform live with MRUHS student Lillian Pritchard as lead vocal as a special welcome home to all our troops. There will be a showing of a community video and the local National Guard will speak as well.

From 7:00-8:00 p.m., enjoy music, dancing, and games for the family with Chris O'Neil, Cat Country 105.3 DJ.

Please come and bring your family and friends for an evening of celebration.



# **Football Sunday**

Join us for the big SUPER SUNDAY GAME Great Food, Door Prizes, Drinks Specials and Good Fun, Football Pool Come and party so others get Food and Shelter

Cost \$15.00 per person Plus tax (15.50) **\$10.00** Charitable Donation for

**Rutland Open Door Mission** 



uffet plus 10% R & M Tax Appetizers Served at the First Quarter Full Buffet Served at Half Time **Door Prizes Every Quarter** 50/50 Cash Raffle 1/2 to Rutland Mission to 1/2 to winners who are present

> All starts at 5:00 pm Sunday Feb. 6, 2011 775-1736



**Contemporary American Cuisine** 

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802-457-3312

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Seasonal selections include... Asian Style Shrimp Sonai Selections include... Asian Style Shrimp & Salmon Cakes • Jicama & Leeks Spring Roll • Sweet & Spicy Chicken Wings • Black Pepper Sesame Tofu Fries • Leeks, Chinese Mushroom, Goat Cheese, Moscatel Brulée • Peking Duck Quesadilla • Creamy Coconut Risotto Cakes, Thai Peanut Pesto • Black Sesame Salmon • Oven Posted Tandoori Sesame Salmon • Oven Roasted Tandoori Spice Chicken Breast • Grilled Tamarind Tiger Prawns & Smoked Sausage Skewers • Lamb Lollipop, Plum & Mint Glaze, Pineapple Mojito Couscous • All Natural Open Tuesday - Saturday Evenings from 6-9 pm Grass Fed 9oz Sirloin, Aged Chinese Dinner Reservations Vinegar Reduction • House Special Crispy Whole Fish

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The Classic Vermont Experience with a twist... ONE DESTINATION



Vermont Apple Pies Baked Goods • Cheese, Syrup Breads & Microbrews



### 16 • The Mountain Times • February 3-9, 2011 VSO Instant Wine Cellar Raffle

The Vermont Symphony Orchestra has come up with a unique way to raise money to support its statewide concert programming and educational outreach - the Instant Wine Cellar Raffle. This second annual event features a prize worth more than \$4,500. The winner receives an "instant" 100-bottle wine collection and an elegant stainless steel wine cooler appliance.

The drawing takes place at Waltz Night, the VSO's annual gala, on Saturday, February 5 (winner need not be present to

The Vermont Symphony Orchestra as come up with a unique way to raise oney to support its statewide concert rogramming and educational outreach the Instant Wine Cellar Raffle. This sec-

> Many individuals and businesses have donated wine to make up the incredible cellar. The complete wine list and donor list is viewable on the VSO website. Raffle tickets are \$35 each or three for \$100. A maximum of 350 tickets will be sold. Information is available by calling (802) 864-5741, extension 25.

# **Vacation Fun at Billings Farm**

Billings Farm & Museum, gateway to Vermont's rural heritage, will offer its annual February school vacation week programs that will feature a hands-on experience of the farm during winter.

A Day at the Farm, designed for children ages 8 to 12, is set for Monday, February 14, from 9:30 a.m. to 4:00 p.m. Children can help feed the Jersey herd and churn butter, bake cookies in the farmhouse woodstove, sled with jack jumpers, and climb aboard the horse-drawn sleigh for a ride around the fields. Program Fee: \$30/Farm & Museum members; \$35/ non-members.

Winter Warmth on the Farm, offered Wednesday, February 16 or Thursday, February 17 from 9:00 a.m. to 1:30 p.m., is designed for children ages 6 to 8. Children will visit the livestock barns to learn how farm animals adapt to winter conditions, bake cookies in the farmhouse woodstove, dip candles to take home, listen to stories by the fire, and enjoy a sleigh ride. Program Fee: \$20 for Farm & Museum members; \$25/non-members.

All programs require warm, comfortable clothing for indoor and outdoor activities, a bag lunch, (milk is provided) and an appetite for farm work–and fun! To register or for additional information, please call the museum on weekdays between 8:00 a.m. and 4:30 p.m. at 802-457-2355. Each program has limited enrollment and advance registration is required.



# Express Yourself, Vermont Undergrads

January 19, 2011 - The Chaffee Art Center will honor the works of younger Vermont artists with the February 18 opening of an exhibit titled Made in Vermont: The Art of VT Undergrads. Any full-time student enrolled in any college or university in Vermont is encouraged to submit works, in any media. Students do not need to be enrolled in an art program to participate.

Vermont undergraduates are encouraged to check out the guidelines and application at The Chaffee's website: www. chaffeeartcenter.org/Entry\_Form.pdf and submit 1 or 2 pieces of work. Application deadline is Tuesday, Feb. 1 and must include a \$5.00 entry fee. Delivery of artwork to The Chaffee can be no later than Sun., Feb. 13, from 12:00-4:00. Other information, dates and deadlines can be found at the above website. Artists may choose to put their pieces up for sale.

In this exhibit, The Chaffee hopes to explore what our young artists are thinking about, how they use art to express themselves and to offer budding artists the experience of being involved in a professional art exhibition. The opening reception for this show will include a live acoustic performance by the VT jamband, Twiddle, who met while involved with Castleton State College. Vermont undergrads! Show us how you express yourself!

For more information about this upcoming exhibit contact Jessica Kaminski, Gallery Coordinator, at 775-0356.

# What's Happening at the Paramount Emmy Winner Ed Asner Appears

Ed Asner, recipient of seven Emmy Awards ("Mary Tyler Moore Show," "Lou Grant") and 16 nominations, five Golden Globe Awards, and member of the TV Academy Hall of Fame, will star in the solo performance drama, "FDR," based upon Dore Schary's Broadway hit "Sunrise at Campobello," (which ran 70 weeks on Broadway) on Friday, February 11, 2011 at 8pm at The Paramount Theatre in Rutland, Vermont.

FDR explores the life of one of America 's best-loved presidents and the events and decisions that shaped a nation. This

## **Drifters Coming For Valentines Day**

The Legendary singing quartet who sang "Under the Boardwalk" will be in Rutland, Vermont on Monday, February 14, 2011 in a concert honoring Valentines Day with their romantic, doo-wop styled hits.

The Legendary Drifters have been hailed as the best of its genre on the music scene today! They reflect the entire Legendary Drifters' presence in the music industry, and weave a blend of nostalgic magic with on-stage excitement. The Drifters story began with their first Atlantic Records recording "Money Honey" in 1953. From 1959 through 1964, The Drifters made musical history, setting musical trends for the nation and the world to follow!

The Legend continues today, as the group is now headed by the sweet powerful one-man production follows the iconic president as he reflects on his years in office, from inauguration to the trials of World War II.

For tickets to this one night only, very special event (\$25.50-36.50) please contact the Paramount Theatre Box Office by visiting the Box Office located at 30 Center Street, charge by phone by calling 802-775-0903 or purchase your tickets online at ParamountLive.org. The Paramount Theatre is a not-for-profit arts center located at 30 Center Street in historic downtown Rutland, Vermont.

tenor voice of Lee Logan. Lee has had the pleasure of singing with the legendary original Legendary Drifters for almost 40 years and has traveled the world over singing these timeless hits Logan is joined by Yohan Harbin, Jerry Hendrix and Ed Collins and together they have formed one great team, vowing to never let the magic die! Come and share the most electrifying experience in the entertainment world today, enjoying rave reviews worldwide. Tickets are \$34.50 plus tax and are available beginning January 14 by phoning The Paramount Theatre Box Office at 802 775-0903. Tickets may also be purchased online at www.paramountlive.org or at The Paramount Theatre Box Office at 30 Center Street.





BREAKFAST Breakfast Burrito\$4.50 Egg, cheese, homefries, ham, sausage or bacon, peppers, onions

### Breakfast Cup\$4.50

two eggs scrambled, homefries with sausage or bacon

Steak and Egg on a roll.....\$5.75 Egg Sandwich\$3.25 one egg on a roll

add cheese..... \$.50 add egg ..... \$.50 add meat..... \$.75

Bagels, English Muffins and Fresh Baked Muffins

At the Olson's Bridgewater Corners Country Store our policy is to provide you with the freshest premium foods. We use only quality provisions by

Boar's Head

New Englander....\$5.50 Roast Beef, Vermont cheddar, lettuce, tomato and horseradish sauce on white roll Amazing Chicken..\$5.50

Sliced Chicken with Vermont Cheddar, apple butter, sliced apples and honey mustard on a wheat roll.

The Sunny .... \$5.50 Turkey, Fresh Mozzarella, sundried tomato, Balsamic vinegar and oil on whole wheat bread. Italian...\$7.75

Capicola ham, genoa salami, mortadella, provolone,olive oil, sweet roasted red peppers and pepperoncini on a white sub roll. **The Corners Club...\$7.95** Turkey and Ham, bacon, lettuce & tomato on whole wheat bread. rye bread. The Hill...\$6.25

Hot Roast Beef with sautéed onions & peppers, melted cheddar and ranch dressing on white bread. **Turkey Gobbler...\$5.50** Turkey, stuffing, cranberry sauce &

mayo on wheat bread. Belly Burner...\$7.75 Ham, genoa salami, provolone cheese, lettuce, tomato, onions, pickles, hot peppers, and olive oil on a white sub roll.

The Hollow ... \$6.25 Hot baked Ham with melted Swiss cheese, honey mustard on grilled rye. Rough Rider...\$6.25 Turkey, bacon and swiss cheese grilled on rye bread with thousand is land dressing

GROCERIES • COLD BEER & WINE • BAKERY CATERING MENU • DELI • VERMONT CHEESES GIFTS • VERMONT MAPLE SYRUP • ATM DELI PLATTERS • MOBIL GAS • ICE • COFFEE HUNTING & FISHING LICENSES • WORMS • MOVIES

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The "BEST VALUE" in Killington! Kids Welcome!

Serving Monday-Friday at 3pm Saturday and Sunday at 11:30am



Friday & Saturday February 4 & 5 Trinity Join us in the PUB FOR the Super Bowl Cozy Rooms - Fireplace Suites 802-775-7181

# Served Daily 7:30am-9:30am GIFT CERTIFICATES AVAILABLE

Route 4 between Killington & Pico The McGrath Family Innkeepers Since 1977

# **Woodchuck Festival** and Firemen's Games

For the all-out, flat-out action of the 8th Annual Woodchuck Festival and Firemen's Games, come to the Mettawee Community School, Vt. Route 153, Satur-

day, February 12th starting at 9 a.m. VIP, Mr. 'W.P.' Woodchuck will be out of hibernation to greet guests, humor children and confirm the forecast.

The Woodchuck Festival is a flurry of activity starting at 9 a.m. when

the Woodchuck Café and the Vendor Marketplace open for business. The café will serve hot beverages, burgers, dogs, the chef's special, "Woodchuck Stew," chowder and more.

The Vendor Marketplace showcases over 30 regional vendors including festival collaborating artist, Roy Egg, plus wildlife photographers, potters, jewelers, hand crafters and antiques; it is the place to find delicious and local specialty cheeses, and foods. Shop while being serenaded by live music played by Woodchuck's Revenge.

The Ladies' Auxiliary will have numerous items on display donated from local business at their Silent Auction. All Silent Auction bidding will close at 2:00 p.m. and proceeds benefit the WPVFD Ladies' Auxiliary serving the community for over 40 years.

Children's activities include face painting by talented local artist Heidi Hammell whose beautiful murals grace the walls of the Pawlet Library; a Woodchuck coloring contest with Adele Seamans starting at 9 a.m. for ages 0-6 and 7-12. The col-

> oring contest will be judged by Roy Egg at 2 p.m. with prizes for 1st place in each age group.

Outdoors, you can check on the Cow Plop Bingo Contest starting at 11 a.m. and 'finishing' up when Blizzard and Sun-

day, well, plop. Due to the popularity of Cow Plop Bingo, this year features two grids of 100 squares each on sale now for \$5.00 per square. Get your tickets from Harley at 645-1977 or Shannon at 645-0158.

At 1 p.m., the main event, the Woodchuck Rescue Challenge begins. This is a highly physical mid-winter team competition. Regional fire departments come together in a competitive team training event to run an obstacle course carrying a stretcher and 'dummy' while navigating a smoke filled building, crawling over, under and through obstacles. The course is varied each year for an element of surprise, and awards are given to teams with the three best times. Fire departments can enter by calling Ken 802-353-0705.

All proceeds for the 8th Annual West Pawlet Volunteer Fire Department Woodchuck Festival and Firemen's games benefit the WPVFD. For more info call 645-0158.

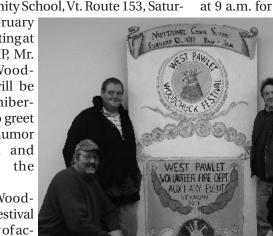
# **Brandon Town Players** Celebrate the 30's

The Brandon Town Players will be offering a buffet dinner and staged reading of The Lux Radio Theater's presentation of "The Thin Man" at the South Station Restaurant in Rutland on Friday and Saturday, February 25th & 26th. Enjoy a buffet dinner complete with salad, entrees, potatoes, vegetables, rolls and coffee plus a Viennese style dessert plate for each table. After dinner, step back in time. Watch and listen as we recreate how people spent their evenings back in the early 1930's with you

as the studio audience through everyone's favorite entertainment vehicle, the radio. Cost for the entire evening is \$30 per person. Payment must be made in advance and reservations are required. Reservations can be made by calling Dennis at 802-247-5420. There will be a cash bar before the meal, dinner will be served at 6:30 with the show starting at 7:45 followed by dessert to complete the evening. Hope to see you all there for a very different kind of entertainment and a great night out!







**ON THE** Û  $\prod$ l ξ

Plan to Join us

February 14

<sup>for a Tasty</sup> Valentine Treat

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**Friday Late Night Menu** Until Midnight

On The Rocs is a classic speakeasy style cocktail lounge. Enjoy fresh squeezed juices, homemade ginger beer and soda from glass bottles, our eclectic wine selection and our 20 oz. Imperial pints poured from frosted towers.

Open Daily 3pm-closing 0802-422-ROCS www.OnTheRocsLounge.com Located above The Phat Italian • 2384 Killington Road

& Cheese Room and the Beer Cave



Take Home Dinners from our **Bachelor Corner** 

teeas 30-40 people includes bucket of winas 3-2 liter sodas \$164.99 excludes tax

ft hero feeds 15-25 people includes bucket of wings 3-2 liters of soda \$99.99 excludes tax

Please order by Friday, Feb. 4th



Open Sunday-Thursday 7am-midnight Friday & Saturday 7am-2am Killington Road at the Mobil Station 802-422-PHAT (7428)

# 18 • The Mountain Times • February 3-9, 2011 **Tinmouth Community Church Hosts Valentine's Breakfast**

Bring your sweetie and the kids too! The Tinmouth Community Church at the Tinmouth Community Center is having a Valentine's Breakfast Buffet Saturday, February 12 from 8:00 to 11:00 a.m. The cost is \$8.50, and children age 5 and under are free.

Indulge on waffles, real maple syrup, whipped cream, egg strata, fresh fruit, homemade donuts, juice, coffee and hot chocolate. There will be a prize drawing at 10:00 a.m.

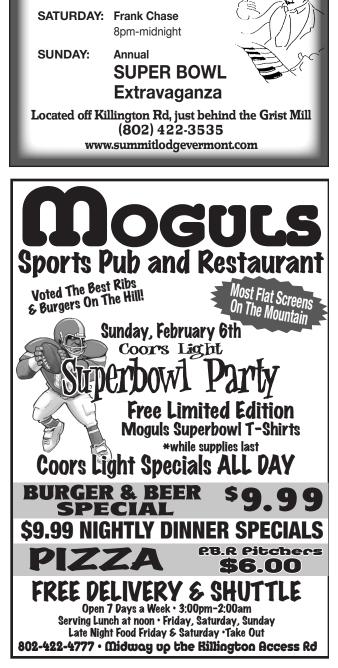
Take a chance at winning your choice of 6 great prizes: Vermont Teddy Bear Co. Sweetheart Bear (\$70 value); A Lia Sophia "Love note bracelet" cut crystals/ hematite finish (\$44 value); A Pampered Chef valentine gift package, contains cherry almond sauce, chocolate raspberry sauce, simple additions heart dish, cranberry vine guest towel set (\$37 value); \$35 gift certificate from Touch of Elegance Floral Design; \$30 gift certificate at The Bear Paw restaurant; Elegant, yet decadent chocolate heart shaped valentine cake (\$20 value).



Frank Chase 8PM-midnight

**Jager Night** 

FRIDAY:



# Organic

Growing grapes is much like growing any other fruit or vegetable, but the grapevine can be a very fussy plant. Depending on where it is planted, it is faced with a multitude of pests and diseases. Grape growers will have to find ways to protect the plants, if they want any reliable harvest. The easy way out is the use of pesticides, which along with industrial fertilizers is the commonly accepted practice among commercial grape growers. But there is increasing call for natural agricultural products, and wine is no different. Naturally, sustainable, and organically grown grapes are in growing demand. But it is not only the way grapes are cultivated that determines whether wine will qualify as organic; wine production methods would also need to be organic for truly organic wine.

Organic viticulture prohibits the use of chemical pesticides, fungicides and fertilizers - any treatments must be natural. The chemicals used in conventional vine growing can potentially end up in the wine as residue, and ultimately in the drinker, so why isn't all wine organic?

Soil is one reason. Depending on where in the world (and even where in the vineyard) the vines are grown, the soil will vary in its make-up. A holistic approach to organic farming that works with, rather than against natural systems believes that the driving force behind sustainability and environmental preservation comes through a healthy living soil.

The commercial viability of working an organic vineyard is also largely dependent on climate. While organic wines are produced in most major wine regions, it is only those areas with a warm, dry climate with less risk of fungal diseases - and therefore less need for chemical sprays - that can hope to regularly produce commercial quantities of high-quality grapes. Organic vineyards tend to result in a reduction of crops, and together with labour-intensive production are less profitable for most winemakers. Working with natural fertilizers and pesticides and doing away with herbicides is used by most



producers as a way to achieve higher quality. The lack of use of chemical compounds, such as weed-killers, fertilizers, etc., is supposed to maintain and increase the soils biological activity. Based on the concept that all living organisms of the ecosystem are allies to the labor of the organic farmer, they should consequently not be ill treated or attacked.

Vines growing within a balanced organic eco-system are harmonious, healthy and low production plants. Small grain grapes are obtained from a good relationship between surface, skin, and pulp; resulting in wines with good concentration in tannins, alcoholic level and sufficient bouquet and flavor complexity to express the typical character of the varietals and the native soil.

To be truly organic wine, the fermenting and winemaking process up until bottling needs to include only organic matter. This ranges from the yeast needed to start fermentation to cleaning products within the winery, and there is no clearly defined standard yet. As an alcoholic beverage wine is under regulation of the ATF, which is still looking for a comprehensive definition of organic wine versus wine made from organically grown grapes. In 1990 congress passed a National Organic Foods Act that put the USDA in charge of establishing regulations; they in turn established a National Organics Standards Board (NOSB); then along came National Organic Program (NOP) as part of the USDA to set specific guidelines.

Certain rules and regulations are in place, but also constantly challenged, in the end it's still all rather confusing. And to make matters worse, each wine-growing country still has their own policies.

# **Arts and Crafts Classes at Fletcher Farm**

Put an end to Cabin Fever and take part in one of our fabulous classes this February.

Learn to make gorgeous Silk and Wool, Timba Scarves with Fiber Artist, Josie Speckert. On February 5 & 6 try your hand at Watercolor for the Beginner with acclaimed local artist, Robert Sydorowich.

February 12, Learn the art of dying in Kaleidoscope Scarves class, with Josie Speckert. This technique is similar to tie dying using silk scarves. Also on February



Full Bar ~ Extensive Wine List ~ Fireside Dining

12, learn to create fabulous modern art lighting fixtures using some new and some recycled materials in Vessels of Light and Garbage with artist, Brian Jewett.

February 19 & 20, Mini Punchneedle Purse or Cell Phone Bag with Layne Herschel Sign up early for this class as it sells out fast! On the same weekend try your hand at Lapidary Arts, Rock Weekend, from Cabbing to Carving with Derek Levin.

Try a one day class, February 27, Needle Felting Characters with Jane MacKugler or try on of the hottest and meditative arts, Zen Drawing. February 26 & 27, expand your Artistic horizons wind learn the art of Oil Pastels with Chester Kasnowski.

Please call for a flyer and for tuition pricing at 802-228-8770. A materials fee is paid to the instructor in class and most courses also have a Supply List which includes items that students need to bring to class. Please plan ahead so as to insure space availability in the course of your choice. One-on-one instruction is always emphasized in all of our classes. If you are a Ludlow, Cavendish or Proctorsville resident (age 7 & up) you are entitled to 50% off one class per calendar year.





# **LOCANOR** Thanks Town on Thin Ice



# Dew Thanks Killington

The Winter Dew Tour would like to thank Killington Resort and the greater Killington community for being gracious hosts of our event this January. We hope that you share the same sentiment when we say that the Winter Dew Tour at Killington was a resounding success. The tremendous support we received from the resort and local community was a critical part of this success – we could not have done it without you. We were thrilled to show your great mountain and community to millions of people both in the United States and around the world.

The Winter Dew Tour team understands the commitment, time and energy that go into hosting events of this scale, and we appreciate your passion. On behalf of our partners, athletes, and guests – Thank You Killington! Sincerely,

The Winter Dew Tour team

# **EDT and Town of Killington News** EDT and Town of Killington Secure \$285,000 In Grants

The Town of Killington has been awarded more than \$285,000 in Vermont State Transportation grants to extend sidewalks on the Killington Access Road and begin planning for a Route 4 Gateway to create a sense of arrival in town.

Killington will receive \$255,120 to extend the walkway on Killington Road from Schoolhouse Hill Road to West Hill Road. The project includes a six-foot walkway, street lighting, benches and landscaping. The project supports the town's Economic Development and Tourism strategic plan as well as the goals and objectives of the Killington Town Plan and the town Recreation Master Plan.

"Our ability to secure these grants means we can complete the sidewalk project and initiate the Gateway study without having to dip deeply into town coffers," said Killington Town Manager Kathleen Ramsay. "During these incredibly challenging economic times that's a tremendous value for our community and its taxpayers. We will continue to cultivate the strong relationships we are building in Montpelier so we can build on successes like this in the future."

The grant writing for this project was originally written by Town Manager Kathleen Ramsey in 2009, and was recently updated by EDT staff. Updates included rewriting sections, adding maps, pictures and letters of support, and lobbying in Montpelier.

The Town will also receive \$30,000 to address planning for the Route 4 Killington Gateway Corridor so the area addresses infrastructure required to adequately serve travelers and provide a sense of arrival in the Town of Killington. The planning study will focus on the roughly half mile beginning a tenth of a mile east of Killington Road and continuing west to the bottom of Sherburne Pass. The study will address pedestrian walkway and bicycle lanes; landscaping for comfort and traffic safety barrier; designated crossing areas; and signage to encourage a "share the road" mentality for motorists. The grant writing for this was done specifically by the EDT.

 Route 4 "Crossroad of Vermont Byway" - Just One Step From Official Designation

An application spearheaded by the TownofKillingtontohaveRoute4through the region identified as "Crossroad ofVermont Byway" has been approved by the Vermont Scenery Preservation Council (SPC) and is now just one step from offi-

# ve every day. We generally do not fan the fires of controversy, and do not intend il- to do so now.

As a media organization, we have fairly unlimited access to all relevant local factual information, both public and private, and if nothing else, this makes us reasonable and well informed observers.

Commentary by

Royal Barnard, Publisher

the anger, mean spirit and self serving

arguments that are permeating politics

and decision making in the Town of Kil-

lington regarding budget processes. I am

arguments from all sides, on all issues,

As your local newspaper we hear

compelled to reflect upon the situation.

I am very taken aback these days by

As an individual I began my relationship with Killington as a lift operator in 1962. I returned as a resident to the town in 1971. In 1986 my family was living in Rutland and we purchased The Mountain Times, and we continue to maintain it as a family business.

History notes that Killington Resort began here 50+ years ago and grew, under the ownership of founder, Pres Smith, to the largest mountain resort in the Eastern United States. It was subsequently taken over by Les Otten's American Skiing Co, which later went bankrupt. During Otten's ownership the resort initially prospered, and ultimately suffered, but is now running well again under Killington Pico Ski Resort Partners, LLC's direction who operate the resort for Powdr Corp.

In March of 2008 the Town of Killington presented a measure on the ballot to adopt a town Options Tax. Quoting from The Mountain Times article at the time:

"The Local Option Tax was thoroughly discussed and after everyone had a chance to speak their mind, a ballot vote was taken, and the Article 8, Local Option Tax, was approved by the voters by a margin of 167 for and 87 against." Article 8 reads, "To see if the Town will, pursuant to T24 Section 138 V.S.A., assess (1) a one percent sales tax; (2) a one percent meals and alcoholic beverages tax; and, (3) a one percent rooms tax, all being effective as of October 1, 2008. The revenues shall be expended by the Board of Selectmen only for municipal services which will be used for the creation, funding and staffing of a municipal Department of Economic Development and a volunteer advisory Commission and to generate

additional four season business activity while stimulating the local economy through diversification and expansion of entertainment, special events and infrastructure to ensure that the Town of Killington remains a dynamic and vibrant destination."

It is relevant to note that on Town Meeting day in 2008 the relationship between the new operators of Killington Resort, Killington Pico Ski Resort Partners, LLC, and some of the community around it was not particularly happy. Because, shortly after KPSRP took over operations, they needed to restructured the company, change the operating format and make additional changes to the way things had been done here in Killington for many years.... a major change is hardly ever a popular thing.

From my vantage point, the Town Options Tax passed, at the time, in great deal because of the lack of understanding between the resort and the town, and a somewhat threatened feeling that the town needed to "create a life of their own" separate from the resort.

History reveals that the first plan to fund the town's proposed "new life" was the discussion of a property tax increase. This was not popular with either residents or second home owners. The Options Tax, however, seemed a convenient way to garner the funds from the tourists, with the compromise that ALL the funds that served to raise prices and the burden on businesses owners would be returned in a way to also increase overall tourist revenues. Thus, the measure passed.

Today, there is a strong element in town that wishes to change all that by passing the following measure:

"Shall the Town authorize the Select Board to spend revenues from the local option tax for any lawful municipal purpose which the Select Board deems appropriate? Such uses of the local option tax revenues may include, but need not be limited to, the economic development purposes which were originally authorized by the voters on March 4, 2008"

Reading this proposal carefully it must be noted that any funding for economic development "may" be authorized but that the Select Board is authorized to spend any or all of the funds "for any lawful municipal purpose which the Select Board deems appropriate."



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# To the Editor:

We are very pleased that Jay Hickory has announced his candidacy for Selectman for the Town of Killington. Over the past few years Jay has completed several construction projects for us and we have found him to have an extraordinary work ethic and skill. Jay is fair minded, intelligent, and has a tremendous amount of common sense. Jay is a past member of the Killington Fire and Rescue, an active supporter of the Teen Center, a member of the Town of Killington Zoning Board of Adjustment and has been diligent in his filming of the Selectboard meetings for PEG-TV for the past several years. Bob and I believe Jay Hickory would prove to be the best man for the position of Selectman. Sincerely, Bob and Deb Burke



Feb. 3 - Woodstock. Hand in Hand community meal, Thurs., 5-7pm. This Week: Happy Anniversary, Hand in Hand - 6 yrs. Social Hall, N. Unitarian Chapel Society. All welcome, donations accepted. 457-9272.

Feb. 11 - Killington. Chocolate Festival at Sherburne United Church of Christ - evening of everything chocolate! Bring your favorite chocolate dessert & Valentine to be randomly exchanged. 6pm. 422-3484.

### Ongoing

Mons.-Rutland. Rutland Kiwanis Club meets at South Station Restaurant 6:30pm. All welcome. 773-6251.

Mon.-Sat.- Wallingford, Hands for Hope Thrift Store open, 9am-6pm Mon-Fri & Sats, 9am-2pm.

Mons. & Weds. - Brandon. Meals-On-Wheels delivered to Brandon Senior Citizen Center, except holidays. \$3. Age 55+. 247-3121 to sign up or come by.

Tues. - W. Bridgewater. Blanche & Bill's hosts Aunt Francie's Southern Kitchen community dinner each week, 5:30pm til food runs out. \$12.50/ person, family style.

Tues. - Brandon. Lions meet at Brandon Senior Center, 7pm. 1st & 3rd Tues. of the month.

Weds. - Brandon. Cub Scouts - Wolf Den 123 meet at Brandon Senior Center, 3-4pm.

Thurs.. - Rutland. Vt Christian Riders from Motorcyclists for Jesus Ministries meeting 3rd Thurs. of month, Denny's Restaurant. 6pm. 483-2540 or Email Bikingforj@Msn.Com.

Thurs. - Danby. Christian Reading Room @ Danby Congregational Church parsonage open Thurs., 4:30-7pm. Check out, reference or personal study books & computer reference material. 770-2976.

Thurs. - Rochester. Acapella singing group meets Thurs., 5-6pm, Federated Church of Rochester. Practice spiritual music to sing to ill folk. Come & sing! 767-3012.

Thurs.-Rochester. Green Mountain Interfaith Group sponsors Spiritual Cinema Circle 2nd & 4th Thurs., 7-8:30pm, Park House. 767-4905.

Fris. - Rochester. 1st & last Fris. of month, Rochester Federated Church invites parents & kids for Play Group. Birth - 2 yrs. 10:30am-noon, nursery rm. above Fellowship Hall.

Killington - Saturday Worship, Roman Catholic Mass, 4pm. Our Lady of the Mountains. 457-2322, call for Holy Day schedules.

Killington - Sunday Worship, 9:30am, Church of Our Saviour (Episcopal). Small, welcoming, inclusive. 422-9064.

Killington-Sunday Protestant Service, 9am, Sherburne United Church of Christ, Rt. 4. All Welcome. 422-9440.

Mendon - Community Church, (50 Rte 4 East) Communion 1st Sunday of each month; Sunday worship 9:30am; Children's church 9:45am; Fellowship 10:30am; Adult study time 11am. Rev. Ronald Sherwin, 459-2070.

# What's Happening In & Around Killington

The Killington-Pico Rotary Club's Ice Out Contest to benefit the club's local and international charities is now in full swing, with the ice out hut now having being placed on the solid ice of the Grist Mill Pond on January 25. In the ice out hut is a 72 pound concrete block with an ice out clock. Guess the month, day, hour and second that the ice melts and the block sinks into the pond, and if you have the correct guess, you win half the monies collected that could possibly reach up to \$20,000. Closest entry to the exact time of ice out determines the winner. Closing of the receipt of entries is the last day in February. Ticket purchasers must be at least age 18 and older. In the event that any unforeseen occurrence (malicious act, tampering, act of nature or otherwise) makes it impossible to determine the exact time of ice out, one winner will be determined by drawing one winning ticket in lottery fashion. Ice Out tickets are only \$1 each, and may be obtained from the ticket boxes placed at the Wobbly Barn, Dominic's Pizza, The Killington Deli, Peak Performance Ski Shop, Northern Ski Shop, the Grist Mill, the Lookout, Grand Hotel, Sun Up Bakery, Sushi Yoshi and Peppino's Restaurant. You may also obtain ice out tickets from your computer by visiting the website www.KillingtonPicoRotary.org and print out tickets from your own printer and mail in your entries. Enter early and often!

At the January 12, 2011 meeting of the Town of Killington Zoning Board of Adjustment, Chairman Ron Riquier re-opened the hearing on the application by Barry Merrill for a variance to permit the operation of a vehicle maintenance and repair shop at 2749 River Road which is located in a Residential-3 Zoning District and had previously operated at this site as a home occupation. As requested by the Board, Zoning Administrator Dick Horner contacted the Town Attorney and received an opinion regarding Variance Criterion C which he distributed. Dick advised that David Cooper signed as the applicant and Barry Merrill signed as the owner. After a discussion, it was agreed that the Board does need to consider each application on a case by case basis and should render a decision accordingly. Regarding Criterion D, Commissioner Demarest moved that the variance, if authorized, will not alter the essential character of the neighborhood or district in which the property is located, nor substantially or permanently impair the appropriate use or development of adjacent property nor be detrimental to the public welfare. Commissioner Hickory seconded the motion and the motion was approved unanimously.

By Debbie Burke

Regarding Criterion E, Ken Loeliger-Myers moved that the variance, if authorized, will represent the minimum variance that will afford relief and will represent the least modification possible of the zoning regulations and of the comprehensive plan. Commissioner Jay Hickory seconded the motion, which was then approved unanimously.

The Board placed the following conditions on this variance: 1. screening is to be maintained as it currently exists. 2. Car storage is limited to a maximum of 12 cars at one time, of which only 3 can be non-registered vehicles. 3. The garage will be operated in the same manner as it was operated in the past 28 years. 4. Signage is limited to the current area of 9 square feet.

Commissioner Jay Hickory moved that the variance as conditioned is approved. Commissioner Ken Loeliger-Myers seconded the motion, which was approved unanimously.

# Help Plan For Killington's 250th Celebration

How time flies! It seems like just yesterday the Town of Killington was chartered (1761 to be exact) then renamed Town of Sherburne, and then re-renamed Town of Killington. The Town Economic and Development Commission has created a number of ideas for events and activities to mark the occasion, and we're inviting Killington residents wishing to steer the town's celebration to help in the planning. The first meeting of the 250th Committee is scheduled for 3pm February 10th at the Town Hall.

"We're tremendously excited to reach this historic town landmark and want to include as many residents as possible in planning the celebration," says Beverly Anderson, EDT Commissioner and chair of the 250th Celebration Committee. "We invite every Killington resident to join us in planning a day worthy of our 250th birthday and urge everyone to attend the meeting on February 10 to get the ball rolling."

Discussion of possible events will include a memory night for Killington residents, historical presentations, a town time capsule, and numerous other potential celebratory initiatives. The EDT asks that residents planning to attend RSVP to Beverly Anderson at brandx@vermontel.net.

"We're open to creative and fun suggestions," notes Anderson. "It will be up to Killington residents to decide how they want to celebrate. We look forward to an infusion of ideas beginning with our meeting on the 10th of February."

# Town

### continued from page 19\_

By its very nature, this proposal makes two important a inferences:

1. Those who support this plan are suggesting that the economic development effort is not a giant success, and that they can just as well take away all or part of the EDTC budget without harm to the intended purpose of the original measure.

2. These supporters also suggest that there is no other way to "fix" the golf course problem without simply spending more money.

and ugly precedent in the history of the town.... the same stuff we bitch about when Washington does it.

We may also expect this measure to impart grave damage to a relationship between the town and the resort that is just beginning to bloom.

It is my observation that there is now respect for KP-SRP and Powdr Corp. as a stable and responsible resort operator. I also observe a growing understanding in the community of how and what the new owner and operator needed to do in order to create a stable business model and find growth within a declining industry and a dismal economy and build a sustainable business. It would clearly not be moral or responsible for the town to take funds derived from the resort to subsidize a municipally owned competitor of the resort.... no more than it would be fair for the town to open or subsidize a restaurant, a hotel or start another newspaper or magazine with public funds. I don't believe anybody in town dislikes the municipal golf course or the people who work there. That's not the issue. The issue is whether it's logical to continue losing \$400,000 a year in a town venture that was built to make money, and pretend that nothing wrong is happening ..... and is it moral for an organization or a government to take dues or taxes from its supporters to bail out departments so they can better compete with its supporters? Finally, if the town uses the "tourist tax" to avoid having to increase the burden on the "property tax" for a marginal deal made in the past, then we will have, once again, avoided facing up to public problems, and failed to accept that we need to hold our elected representative's collective "feet to the fire" and actually fix things at their source.

Pittsfield-Sunday Worship, 9am. Pittsfield Federated Church. Rt. 100 N. Communion Service 1st Sun. each month. Bible Study Weds. Eves 7pm. Rev. Dr. Howard Gunter, Pastor. 746-8698.

Chittenden - Sunday Worship, 11am. United Methodist Church of the Wildwood. Open hearts, open minds, open doors. Rev. Shirley Oskamp. 483-2909.

Rutland - Unitarian Universalist Church of Rutland,117 West St. Sunday Services 10:30am. Rev. Erica Baron. 775-0850.

Rutland - Sunday Service, children & adult religious instruction 10:30am. Sat., 5:30pm worship. Good Shepherd Lutheran Church. 773-9659.

Rutland - Weekend Catholic Mass, Christ the King, Sat. 5:15pm, Sun. 7:30, 9:30, 11am. Immaculate Heart of Mary, Sat. 4:30pm, Sun. 8am, 10:15am. St. Peter, Sat. 5:15pm, Sun. 8:30, 10:30am.

Rutland - Sunday Worship Services, 10:30am, First Baptist Church of Rutland City. Sunday School Classes, 9am for all ages. 773-8010.

Brandon - Sunday Services: 10am, Adult Bible Study, 5+ Sunday School, Nursery. 11am, Worship service. Wed. Services: 6:30pm, Adult Prayer & Bible Study, Youth Groups 5+. Brandon Baptist Church. 247-6770.

Rochester - Federated Church of Rochester invites everyone to Bible Study Tues., 10:30am in French Rm. & 6pm Weds. at parsonage & Thurs., 7pm at Mather's on Kirby Dr. 767-3012. Fair Haven - Our Lady of Seven Dolors Mass Times: Saturday 4:30pm. Sunday 9am.

The biggest difficulty, however, is the moral hazard, dangerous precedent and damaging relationship with the community that this plan advances.

In question is the intent for the town to divert funds intended for community development to cover all or part of the financial losses of the public golf course - - which shows a growing cash flow loss in excess of \$400,000 per year.

At the same time, the Select Board quietly passed a budget for the golf course that included numerous cost increases amid stagnant revenues, and showed no indication that reducing losses was of any concern to them. Instead, the discussion is a refinancing plan that takes no corrective action upon true cash flow losses.

Meanwhile, I observe that the private golf course in town, owned by the resort, runs at about half the costs of the municipal operation and does a splendid job.

And worse of all.... should the town actually use options tax revenues - at least half of which are derived from the resort - to prop up a municipal, commercial golf course that competes with the resort, then we will have reached the bottom of fairness and decency in government. We will have seen the worst form of government laziness. We will have set the most self serving



by Johnnie Goldfish

There is no detail so small, no thought however fleeting, no word unspoken, no deed mindlessly performed, that doesn't send its vibration into the unseen, reaching the heart of hearts, where it echoes and returns as more of the same. As your cumulative manifestations draw your attention to the stunning and absolute power you have over your destiny, you'll come to see that, really and truly, there's no such thing as a small detail. You have the keys; go unlock your kingdom or queendom.

The Rochester Recreation Committee Winterfest and Chinese New Year celebrations organized by Barb Shenton will be held on Sunday, February 6 at the SkateSpace rink and in the fields to the north of the Rochester School. The bonfire next to the rink will begin at 11 am. There will be open skating from 11 am to 1 pm at SkateSpace and there will be snowmobile rides provided by several members of the Route 100 Snow travelers. Dean Mendell will give telemark ski lessons at 11:30 am and at 1 pm a pick-up hockey game will get underway at the rink. Children's activities will include snow shoe races, snow games and more throughout the day. The Rochester High School Honor Society will sell food. The Chinese New Year event will blend in and out of Winterfest for all who wish to participate in the 2011 Year of the Rabbit. Barb has planned crafts, a burning of wishes (you will have to come to find out what this is), bubble wrap firecrackers, and a story time with renowned author Greg Crawford whose whimsical drawings and stories often front the Mountain Times, all followed by the Year of the Rabbit Parade. For questions about Winterfest call Joanne McDonnell at 767-4701 and to inquire about the Chinese New Year celebration call Barb Shenton at 767-9320.

Riddle: Pick an animal, in this list: ant, bird, zebra, spider, \_\_\_\_\_\_. Which of the following animals should be next, and why? Monkey, elephant, giraffe, dog, or beetle? Answer is below.

The Rochester School and Public Library will show How to Train Your Dragon at their Friday Night Free Movie on February 4 in the school auditorium. All are welcome. For more information you can call the library at 767-3927. A Driving Message: YOU ARE FOUR TIMES, it's hard to, MORE LIKELY TO, concentrate on, HAVE A CRASH, two things, WHEN YOU ARE ON, at the same time, A MOBILE PHONE. It is a myth! Recent studies show that we cannot truly multitask. The pathways to our brains are capable of only processing a finite amount of information at one time. When doing two things, driving and talking for example, our brains are in fact switching from one task to the other and back again. In this process reaction time slows down as incoming information, in the form of electrical impulses, stack up like holiday flights over New York airports. Hang up the phone and drive smart.

Performers are being sought for a Coffeehouse and Soup Supper Benefit to be held on February, February 12 from 5:30 to 8 pm in Fellowship Hall at the Federated Church of Rochester on Main Street. The supper will include homemade soup, bread, and finger food desserts made by the members of the church choir. Admission is by donation at the door, and all proceeds will benefit the food shelf. Donations of food and other nonperishable items will also be collected for the food shelf.

Performances can be vocal or acoustic instrumental. This is just before Valentine's, so performers are encouraged to select music that celebrates love: love of life, that special somebody or something serious or silly. Anyone wishing to perform is asked to contact Susie Smolen at 767-9501.

Sandy's Books and Bakery in Rochester on Main Street presents a Cabin Fever Music Series that is free and open to the public. On Friday, February 4 The Kind Buds kick off the series at 7 pm followed on Saturday, February 5 by Spencer Lewis and the Vermont Folk Project at 7 pm.

The Peace Report: War is delightful to those who have had no experience of it. – Deciderius Erasmus.

Riddle solution: Giraffe should be next, because it has seven letters. The number of letters is increasing by one in each animal name.

Thought for the Week: "More powerful than all of the armies of the world, is an idea whose time has come." – Victor Hugo, (French poet, playwright and essayist, 1802-1885).

Send your ideas to johnniegoldfish@yahoo.com.

# Mendon/Chittenden/ Pittsford/Brandon Notes

Spend the weekend of February 26 and 27 in Brandon, Vermont and experience the Winter Arts and Wine Festival and the Art in the Snow event. There will be open studios, classes, and demonstrations in a variety of visual arts media, artists talks, galleries, wine tasting parties, music, fine gourmet cuisine, casual dining, antiques, books and special gifts. The Avant Garde Dogs Band will play on February 26 at the Brandon Inn from 7:30pm to 10pm with an admission cost of \$6, a cash bar is available. The Avant Garde Dogs Band has a song repertoire for dancing or listening of R & B, John Hiatt, Los Lobos, the Rolling Stones, The Band, Bruce Cockburn and more. Sounds like a lot of fun and not to be missed!

One of the noted artists who calls Brandon home is Warren Kimball, America's favorite contemporary folk artist. Warren is having an open house in his new gallery at 10 Park Street on February 26 from 4pm to 6pm. Enjoy hors d'ouvres while tasting wine from Brandon's very own winery, the Neshobe River Winery while you enjoy Warren Kimball's amazing artwork. Warren will also offer a limited enrollment folk art painting class at 9am, for a fee Follow the Wine Trail in Brandon during this exciting weekend. The Vermont Grape and Wine Council is made up of vineyards and wineries all dedicate to providing our visitors with high quality Vermont wines. The Council educates people on types of grapes and wines Vermont has to offer, from grape and fruit wines to mead and ice cider. There will be five Vermont wineries in Brandon's Art in the Snow weekend. The East Shore Vinevard will be at the Brandon Artist Guild at 7 Center Street; Artesano Mead will be at Brandon Music at 62 Country Club Road; North Branch Vineyards will be at Liza Myers Gallery at 22 Center Street; Neshobe River Winery will be at Tastes of the Valley at 6 Park Street.

Rosebelle's Victorian Inn on 31 Franklin Street on February 26 at 1pm. This class will last about 3 hours and the cost is \$65 per person.

There will be a weaving open studio at Lee's Studio at the Granary at 29 Union Street from 11am to 4pm. Weaver Lee Greenewait will be spending the Art in the Snow weekend demonstrating her techniques. Lee operates Big Sky Farm Handweaving. She weaves rag rugs from recycled fabrics in bright colors and has been doing this art for over 30 years. Lee also makes wool blankets in many patterns and sizes. There is no fee for the demonstrations.

Judith's Gallery and Studio is taking part in the open gallery all weekend long, and Judith Reilly is an award winning Fabric Artist whose work has been exhibited in numerous national and international exhibitions as well as in museums, galleries, and government buildings. She has traveled extensively teaching and speaking most notably sharing her inspiration on the topic

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cial designation. The Vermont Transportation Board will hold a final hearing on the proposal Thursday February 10th in Killington. Designation as a byway should attract new travel, tourism and grant dollars to the region.

The Crossroad of Vermont Byway would extend from Interstate 91 to Route 7 and include the communities of Rutland, Rutland Town, Mendon, Killington, Bridgewater, Woodstock, Quechee and Hartford. There currently are six Vermont Byways, a designation through state and federal governments as part of America's Byways Program. The program is designed to encourage towns to work together to promote their scenic, historical, recreational, cultural, archeological and natural qualities. Killington initiated the Crossroads of Vermont Byway application process in March 2010.

The Transportation Board will take up the application at 5pm February 10th at Killington's Town Office on River Road. Additional Crossroad of Vermont Byway information is available at discoverkillington.com. An overview of the Vermont Byway Program can be found at www.Vermont-byways.us.



# ARE YOU:

- 1) An Elder?
- 2) Family Caregiver to an Elder?
- 3) A Person with a physical Disability?
- 4) Caregiver to a Disabled Person?

We would like your input on the challenges you face. This is sponsored by the Vermont Department of Disabilities, Aging and Independent Living.

You will be paid \$60 for your input in our round table discussion group.

Held in Rutland, In Early February 2011

If you would like to participate in this valuable study or have questions, please call (802) 489-1937.

This is a research study and we only want your opinions. You will NOT be asked or solicited to participate in any program.



You may learn how to knit a "Thrummed" mitten at

"Twelve Life Lessons for Creativity." Using fabric, paint and thread she creates beautiful artwork.

At the end of the weekend, The Boys and Girls Club of Brandon will host their second annual fundraiser, the Taste of Vermont, an afternoon of tasting the finest of Vermont cheesemakers, farms, vintners, and chefs, starting at 4pm on Sunday February 27 at the Lilac Inn with hors d'ouvres. Event goers will then be taken by horse drawn carriage to the Brandon Inn for main dishes. The Taste of Vermont also includes a silent and live auction of great prizes.

These are just some of the activities offered during the Winter Arts and Wine Festival in conjunction with the Brandon Art in the Snow event. Do make plans to be in Brandon the weekend of February 26 and 27. For finding out how to make reservations or for questions call the Brandon Chamber of Commerce at 247-6401.



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ARIES: March 21 - April 20: You've had enough of the high life. What used to be your favorite arena is too full of nothing to warrant spending time there. Stretch that thought to suit your own scenarios; this is about whatever you're doing losing its meaning. Stay in close touch with the newly begotten desire to slow down and listen to yourself. Things have been so weird, for so long, you're not sure where to go for anything anymore. That's OK. Think of it this way; by definition when life loses its meaning all it means is we're about to find it again. Perk up. This is a new beginning.

TAURUS: April 21 - May 20: Things would be going a whole lot better if your sense of superiority and/or entitlement wasn't driving everyone around you nuts. Take a good look at what's going on; whatever your truth or your path or your goals are, don't lord things over people and don't expect them to drop down and agree with you. You could do so much with all the power your loan to yourself. Maybe this is all about you finding out that any power we have is meant to be given away. The less you make everything be about you the happier you and everyone around you will be.

GEMINI: May 21 - June 20: This is getting ridiculous. How long have you been debating over this one? I don't know what it's all about but I can see that you're wondering how much it will cost you to get involved. There are two things you need to think about. One is; sometimes people need you more than you need them. The other thing is; will this weaken or strengthen you? In a lot of ways you'd be better off on your own. But if this seems like a really good bet go ahead and do it. As long as you don't have to bow too much to compromise, it'll be worth it to take the risk.

CANCER: June 21 - July 20: Don't try to figure this out. Too much is in a state of flux for you to know for sure what's going on. The impulse to respond from a place of righteousness, or fear is only there because nothing in you knows how to handle this. Others are testing your limits; in some instances it's you who's doing the testing. There is no textbook solution. No matter how it looks from your angle and no matter what shape your circumstances are in, it's time to stretch your mind far enough to embrace things that challenge all of your ideas about how life and love are supposed to turn out.

LEO: July 21 - August 20: There's always a certain sense of satisfaction that comes from being able to say, "I told you so". You were right about this all along. Now that you've been vindicated, the ones who didn't listen will want to patch up their differences. If that's the way it goes, don't lord anything over them and try to forgive them for being so stupid. This lesson has taught you more about yourself than 100 years of therapy. What you take from it won't be clear for a while, but the first part of the lesson seems to be about knowing enough to trust your intuition 100% of the time.

VIRGO: August 21 - September 20: You'd be happier about this if it paid more. I'm not so sure it's just about money; a lot of things have been coming up short lately. Don't take it personally and don't get depressed about it. You can't always be shining like a star. I have a feeling you're getting a lesson in humility - or perhaps going through one of those 'consider the uses of adversity' scenarios. One way or another, this is the way it is. Instead of getting paranoid about what it says about you, get real enough to see that this is all a matter of time and circumstance and try to find the light in it.

LIBRA: September 21 - October 20: If you weren't such a wreck you would see that others don't know what they want out of this. They are just as unsure about you as you are about them. Many of you think it's time to call it quits when in fact this is one of those experiences that will only bring you closer. What happens next will be easier all the way around if you can be big enough to let others find out for themselves how much they need you to stand by them. If you can rise above your fears and bend enough to let them grow they will begin to see how foolish they would be to let you go.

SCORPIO: October 21 - November 20: You could get more out of this if you were willing to let your experience show you how things need to go. If you keep trying to force your pictures onto a situation that has no room for them, nothing you're trying to accomplish will bear fruit. You need to examine any tendencies that call you to keep beating a dead horse and be especially vigilant when it comes to where you direct your energy. Keep an eye on your motives. Anything that leads you to push the envelope will work out or it won't, depending on where you're coming from when you decide to take the risk

SAGITTARIUS: November 21 - December 20: You are getting pulled back and forth by a choice that would be easier to make if you weren't so heavily invested in saving face, or in trying to prove to everyone that you knew what you were doing when you made your last move. Anyone can see that it's time to cut your losses and get back to square one. Others are more than willing to embrace any changes you want to make - and you need to stop futzing around and get real. This is no time to be complicating your life with more drama than it already has. Pull yourself together and start focusing on what counts.

CAPRICORN: December 21 - January 20: This is something that you would do better to let your heart figure out. Any attempt to apply logic to it will only confuse the issue. All of us go through times when there's no way to explain to ourselves or others why we need to do what we do. At ening up to the idea tanding your situation involves that others will be there for you no matter what. By the time your experiences show you that it's safe to trust your feelings you'll be able to see that you are supported by people who would do anything to get you to see how much they care.



The Paramount Theatre builds on success with a second BrewHaHa, building an on-stage comedy club with Long Trail Brewing Company providing Vermont-made beverage samples while you laugh yourself silly at 8:00 p.m., Saturday, February 19. Wine and soft drinks will also be provided. Call 775-0903 for specifics.

Celebrate Christ the King School's 125th birthday at 1:00 p.m., Thursday, February 3, at the school. Please drop in for a visit.

English chamber ensemble Academy of St. Martin in the Fields performs at The Paramount at 8:00 p.m., Saturday, February 5, as part of the Passages at The Paramount series. Call 775-0903 for tickets.

Join in the fun at Rutland's ninth annual Winter Fest from 11:00 a.m. to 3:00 p.m., Saturday, February 5, at Giorgetti Park. Learn to snowshoe and carve snow, build a quinzee and run the obstacle course, follow the story walk and navigate the snow maze. Thanks to Rutland Region Rec and Parks Department, RRMC, BC/BS of VT and RAPAC for putting this event together, with additional support from Back Home Again Café, the Boys and Girls Club of Rutland County, the Green Mountain Rock Climbing Center, Hands On Minds On, Hathaway Farm, Rutland Kiwanis, WJJR and Eastern Mountain Sports. Call 773-1822 for details.

Learn about normal brain aging and diseases at the seventh annual Brain Health and Fitness caregiver conference, 9:00 a.m. to 2:30 p.m., Saturday, at the Community Education Center at Rutland Regional Medical Center. Call Brenda, Vermont Council on Aging, 786-5990, to find out more.

Join in a Green Mountain Club hike to Minerva Hinchey Shelter on the Long Trail, on Sunday, February 6. Meet the group bearing your own hot dogs or other food for campfire roasting, 10:00 a.m. at Main Street Park, Rutland. You may need snowshoes for part of the walk. Call 773-6997 for specifics.

The Rutland Chamber of Commerce holds its February mixer on ice, 5:00 to 7:00 p.m., Tuesday, February 8, at Spartan Arena. Call 773-2747 to find out more.

Thanks to all who volunteer for United Way, including Volunteer of the Year Mike Jakubowski and Really Big Show Committee members Pat Wener, Sheila McKutcheon, and Nichole Fabian.

Osher Institute sessions in February focus on "four flying Bs," beginning with Birds and their Changing Habits, by Chip Darmstadt, executive director, North Branch Nature Center, at 1:30 p.m., Friday, February 4, in the Godnick Adult Center. Subsequent programs are Bats in the Balance, Scott Darling, Vermont Fish and Wildlife Department; Health and the Hive, Todd Harvie, beekeeper/owner of Hone Gardens in Ferrisburg; and



Vermont Butterflies, Precious Pollinators, Kent McFarland, conservation biologist. Call 446-2041 for details.

Most all local towns have one or more contested races at this spring's town meeting, perhaps for select board or school board. Do your part and vote for the candidate(s) you trust the most.

Both the Birdseye Mountain ATV Club and the West Rutland ATV Sportsman's Club received special recognition at the annual Vermont All Terrain Vehicle Sportsman's Association (VASA) annual meeting recently. The two clubs had worked together to create family-oriented trail riding opportunities in Rutland County, putting together an interconnected system of ATV trails in the areas of Ira, West Rutland, and Middletown Springs, modeled somewhat on the state's interconnect snow trail system network.

Two students at Stafford Technical Center recently receive perfect scores on Hazards Materials Awareness certification testing. Nicole Bogucki of Poultney High and Emily Johnson of West Rutland High were two of 10 students in the Forestry and Natural Resources and Public Safety Services Programs taking the test. Also receiving their national certification were Peter Davidson of Rutland High; Kim Rupe of Poultney High; Ashley Smith of Otter Valley Union; Neal Hier of Fair Haven Union, and Amber Hannan, Aaron Bosch, and Alan Greenier of Mill River Union.

Celebrate spring and support the American Cancer Society by buying your bouquet through Daffodil Days of Vermont. Order through March 1. Call 770-4693.

You've been hearing about what happens when Rutland City piping that's been in constant use for more than a century begins to fail. It recently occurred. A 3-inch pipe under Chestnut Avenue wore out, clogged with the guck of all those years of use and further impaired with a puncture. City Public Works crews replaced a 21-inch section, knowing they have 623 feet to go eventually.

Vermont's senior senator spoke with a Rutland High civics and economics class recently, discussing education, Vermont Yankee and renewable energy in an online session.

Sunset Home, a residential "level-three" residence for women, recently announced it will close its doors on March 31. Licensed for 12 beds, the facility was founded in 1866 to provide for Civil War widows.

Walking and biking support projects are receiving a million dollars in federal money (20 percent match). Rutland's bicycle path along East Creek receives one of the \$300,000 grants.

# **Rutland Student Wins Karate Award**

Eleven year old Michael Orvis of Rutland has been crowned the "New Champion" in his age category by the I.P.P.O.N.E. Martial Arts Tournament Circuit. Michael was the top point winner in both Male Kata and Male Point Sparring. His rating in Point Sparring was nearly twice as high as his nearest competitor. Michael was trained by hid dad, Dave, and local instructors Chad Denton and Rick Morello.

AQUARIUS: January 21 - February 20: This is huge; even if you're not feeling it, so many things are coming together, your life is about to pop. Don't take this to mean there'll be a lot of fanfare; some things show up as peace and contentment. Whatever it is, right now you're growing into something that will refine itself as time goes on. The tendency to get over excited needs to be tempered with patience. Keep working on your craft and stay connected to your bliss. What you're doing right now isn't just being done for you; it'll help a lot of people wake up and begin to believe in themselves.

PISCES: February 21 - March 20: How easy it is to play both ends to the middle. If you keep this up, issues of integrity are bound to come to the surface. Maybe you've been able to justify speaking out of both sides of your mouth, and maybe there's a need for you to do what's expedient. If I were you I'd take a good long look at your motives for doing either one; because anything you do out of fear, or out of some need to hoard what's slipping away, will not yield anything productive. The burning question of the day is; how much will it cost you to stop telling people what they want to hear?

# Mother of the Skye

Mother of the Skye has 30 years of experience as an astrologer and tarot consultant. She may be reached by email to cal.garrison@gmail.com

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# It IS Too Good To Be True...

The Better Business Bureau today released a list of the top 10 scams and rip-offs of 2010. Job hunters and those struggling to make money and get out of debt were common targets of fraudsters, hackers and deceptive businesses in this tough economy.

Following, in no particular order, is BBB's list of top scams and rip-offs that took advantage of consumers and small business owners across the U.S. in 2010:

Job Hunter Scams – Scams targeting job hunters vary and include attempts to gain access to personal information such as bank account or social security numbers and requirements to pay a fee in order to even be considered for the job.

Debt Relief and Settlement Services – BBB warned consumers in 2010 to seriously consider third-party assistance for getting out of debt. These companies often require upfront fees and potentially leave the consumer drowning in even more debt. Complaints to BBB about debt relief and settlement services increased by approximately 30 percent in

2010, according to tentative year-end estimates.

Work from Home Schemes – Some work from home schemes promise to teach the secrets to making money online, others claim you can make money assembling items at home or get paid to be a mystery shopper. Some victims even found that their opportunity to work from home was a job to fence stolen goods. The end result is that instead of getting paid, you can end up losing hundreds—if not thousands—of dollars.

Timeshare Resellers – Complaints to the BBB about the timeshare industry—including deceptive resellers—increased by over 40 percent according to 2010 estimates. Timeshare owners who are desperate to get rid of their costly vacation property are being targeted by companies that claim they have an eager buyer. The company tells the seller they just have to pay up to several thousand dollars to cover fees. After paying the fees, the seller never hears from the company again.

Not So "Free" Trial Offers – Misleading free trial offers online for diet supplements, penny auctions and money making schemes blanket the internet resulting in thousands of complaints ever year. The free trial offers seem no-risk but complainants state they were repeatedly billed every month and found it extremely difficult to cancel.

Itinerant Home Repair/Roofers – BBBs across the country received complaints from consumers who answered a knock from a door to door salesman or itinerant worker who eventually failed to deliver on promises to fix their roof or conduct other work to the home. Complaints to BBB about roofing companies increased by roughly 40 percent in 2010, according to tentative estimates, due in part to one company that solicited door to door, American Shingle, which received nearly 1,000 complaints nationwide after going bankrupt and not

providing new roofs to angry customers.

Lottery and Sweepstakes Scams – The victim, often a senior citizen, receives a letter in the mail or phone call from someone pretending to be with Reader's Digest, Publisher's Clearing House or a phony foreign lottery. The scammer claims that the victim has won millions but must first wire hundreds or even thousands of

> dollars back to the scammers to cover taxes or some other bogus fee. The victim wires the money, but the prize never arrives.

Identity Theft – There are any number of ways a person can become a victim of identity theft. Through low-tech theft, phishing emails, vishing phone calls, smishing text messages, or even through no fault of your own as the result of a corporate data breach, millions fall victim to identity theft every year.

Advance Fee Loan Scams–A perennial problem, advance fee loan scams prey on consumers and business owners who are struggling financially. Victims are told they qualify

for large loans but must pay upfront fees—often more than a thousand dollars. The victim wires money to the scammers, but never receives the loan.

Over-Payment Scams - Over-payment scams typically target small business owners, landlords or individuals with rooms to rent and sellers on classifieds or sites like Craigslist. The scammers overpay the amount for the services or products and then ask the victim to wire the extra amount back to them or to another fraudulent entity. Ultimately though, the check is forged and the victim is out the money wired back to the scammers.

Consumers or small business owners victimized by a scam can contact their local BBB or file a complaint at bbb.org. Always research a business with BBB before you sign any contracts or hand over any money.



# Stay Safe on the Winter Roads

### by Julie Lee, Director AARP Driver Safety Program

No matter how many years of driving experience you may have, Vermont's winter weather always presents a wide variety of driving challenges. Snow, ice, fog and early nightfall are a few of the dangerous conditions you'll have to prepare for in the winter months.

Stay safe on the road by following these winter driving tips, as recommended by the AARP Driver Safety Program.

—Winterize your vehicle to make sure your brakes, wipers, defroster, headlights and heater are all working properly.

—Stop gently to avoid skidding. If your wheels start to lock up, ease off the brake.

—Turn on your headlights to increase your visibility to other motorists, and keep your lights clean and free of ice or debris.

—In unfavorable driving conditions, reduce your speed and increase the distance between your car and the one in front of you.

---Stayalert. Look ahead to give yourself more time to react safely to situations without suddenly braking or skidding.

—Before driving, clear all snow and ice from your vehicle's hood, windows and roof.

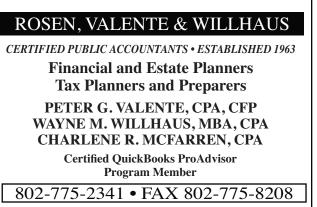
—Use snow or all-season tires or chains for better traction and smoother slowing. Remember that even with snow tires, you should use extra caution while driving in inclement weather.

—Take extra precautions on bridges, overpasses, and shaded areas, which can freeze first, and remain icy longer than roadways. A road on which ice and snow are completely frozen is pretty slippery, even though it provides more traction than a road with melting ice.

—In wet driving conditions, do not drive faster than the windshield wipers can clear water from the windshield. Make sure your wiper blades are in good shape, and replace them yearly.

—Equip your car with emergency supplies, such as blankets, food, water, spare fuses, a flashlight with batteries, an ice scraper, flares and a first-aid kit.

Changing seasons bring new and different driving conditions, so consider registering for a driver-improvement course, such as the classroom or online courses offered by the AARP Driver Safety Program to learn valuable safety tips to keep you and your passengers safe all year round.





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# View From Ludlow

with a cap at \$59.

by Ralph Pace

Okemo Mountain Ski Area hasn't forgotten that

many skiers and boarders will still be very interested

in viewing the Super Bowl on Sunday, February 6. To

accommodate them, Okemo has a reduced rate Sun-

day lift ticket that will enable you to enjoy the slopes

but still get home in time to view the Super Bowl ac-

tion. Even more interesting, Okemo has decided to

make its Monday lift ticket price following the Super

Bowl equal to the combined score in the Super Bowl

George Thomson, Principal of Cavendish Township Elementary School, will be taking a plunge on Saturday, February 5 - a plunge that most of us would consider a bit "out of the ordinary." George is planning on joining other like souls in a dip in Lake Champlain. An active resident of Ludlow, George is doing this to raise funds for "First Giving" by participating in the "Penguin Plunge." He had a goal of raising \$1,000 for Special Olympics, noting "I have worked with children for over 30 years, and know some children who

at http://www.firstgiving.com/fundraiser/george-

thomson-1/georgethomson. Incidentally, George has

the 9th annual Okemo Comedy Night on February 26 at

Okemo Mountain Lodge. The event will feature comedi-

an Bob Marley. Proceeds from the event will benefit the

Okemo Community Challenge grant fund. Tickets are available at Peoples United Bank, Jackson Gore, Wine

FOLA (Friends of Ludlow Auditorium) has announced

two new events at the Auditorium in Ludlow's Town Hall.

On March 26 at 7 PM, FOLA will sponsor an appearance

by the Rutland Curbstone Chorus. Following this, Skip

Gorman and Connie Dover, two country western sing-

ers with a Celtic twist, will be featured by FOLA at the

auditorium on April 16 at 7 PM. For ticket information

ner, look no further than the February 26 dinner being

offered by United Church of Ludlow from 5 to 7 PM.

According to our secret informant, the enticing menu

will include home-style chicken and vegetables in gravy

served over homemade biscuits. Adding to the flavor

will be copper carrots, cranberry sauce, homemade

pies, and beverages. You can get additional information

If you're in the mode for a home cooked chicken din-

Vermont Properties and Development will sponsor

also indicated this is a "bucket list" item for him.

and Cheese Depot, and Vermont Properties.

have participated in Special Olympics and know how much it meant to them, consequently I thought I would support the program." When we last looked at his web site, he had raised over \$1,225. Contributions to helping George surpass this mark may be made Ludlow-Rutland Curbstone Chorus

through the web site

call 802-228-7239.

at 802-228-4211.



Black River Academy Museum (BRAM) is presenting a special treat for Valentine's Day remembrance. On February 12 at 7 PM, they will offer a cabaret-style musicale called "Just Desserts and Singing." Call 802-228-5050 for

ticket information. Both Cavendish

and Ludlow are

gearing up for the 250th anniversary celebration of each town's charter. While plans are still in the development phase, it should be a great time to visit these neighboring towns to see how they plan to celebrate this historic date. Since this will also be the 150th anniversary of Vermont's participation in the Civil War, area towns and historic groups will be planning events to commemorate this event.

The Okemo Valley Chamber of Commerce is pushing ahead with plans for the annual Ludlow Winter Carnival. The Carnival, which takes place from Thursday, February 10 through Sunday, February 13, will have something for everyone.

This week's offering by Cavendish's Black and White Film Festival is "Birdman of Alcatraz," starring Burt Lancaster, at the Cavendish School in Proctorsville on Friday, February 4 at 7 PM.

It appears that the new Ludlow Community Center has really taken off. In addition to its use by the Ludlow school complex for food service and gym activities, the Center is seeing frequent use by adults and kids for aerobics, Zumba, basketball and volleyball games, and meeting site for adult groups. Most of these activities are being handled by the Ludlow Recreation Department.

(If you have any comments or news about the Ludlow or Black River area, contact Ralph Pace at ralphpace@tds.net.)

# Killington-Pico Rotary News

Each Wednesday the Killington Pico Rotary Club meets at the Summit Lodge from 6PM - 8PM for a full dinner, friendship, and a guest speaker. If you are interested in learning more about Rotary International, call 422-5499 to make a reservation to attend a dinner meeting. Upcoming speakers are:

Feb 16 - Jim Finger, Rutland Regional Ambulance Service

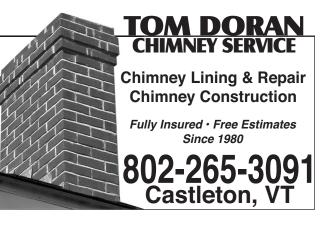
Feb 23 - Jim Davis, Make-A-Wish Foundation The Killington-Pico Rotary Club winter fundraising in the "Ice-Out Hut," drops through the ice. A timing device will determine the exact moment of Ice-Out. Ice-Out tickets can be purchased at area establishments including: Domenic's Pizza, The Grand Hotel, Killington Deli, Peak Performance Ski Shop, Lookout Tavern, Wobbly Barn, The Grist Mill, Sun-Up Bakery, Mogul's, Sushi Yoshi, The Garlic, Peppino's.

In order to increase the value of the prize, sponsorships are being offered to area businesses. Current sponsors are: Silver level: The Mountain Times. Bronze level: Curtis Insurance Agency, Curtis Educational Group, Quality Contract Cleaners, Inc., Root's Ski and Board Shop. Other: LaValley Building Supply of Rutland and Ludlow. This is a 50/50 event meaning that 50% of the proceeds (up to \$20,000, as limited by state law) will be the winning prize and the remainder will go toward the club's charities. Ice-Out tickets are \$1.00 per entry and can be printed from your computer at www.Killington-PicoRotary.org.



project is an Ice-Out Contest on the Grist Mill Pond. The object of the contest is for the ticket purchaser to guess the month, day, hour, minute and second that the ice will 'go out' on the pond. The moment of Ice-Out is determined when a 72-pound concrete block, housed





# Lakes Region News

Fair Haven Union High's Community/Alumni Chorus has begun one-hour weekly rehearsals at 6:30 p.m. Monday evenings in the Chorus room. Everyone is welcome, in all vocal ranges. You can pick up cassettes or CDs if you're a distance commuter. The spring concert is Wednesday, May 11, at 7:00 p.m. Call 265-4966 ext. 254 for details.

Sunday morning calls for breakfast at the Fair Haven Eureka Lodge on North Main. Come in before or after church; it's open 8:00 to 11:00 a.m.

Poultney Area Chamber of Commerce honors its six new members at its next meeting Wednesday, February 9, at 6:00 p.m. Location is the Stonebridge.

Align with your neighbors for the safety of your community. The Fair Haven Neighborhood Watch meeting begins at 6:30 pm., Thursday, February 10, at the high school.

Plan a day of it at the 8th annual West Pawlet Volunteer Fire Department Woodchuck Festival and Fireman's Games, Saturday, February 12. Come to Mettawee Community School on Rt. 153.

Poultney Area Chamber of Commerce focuses "A Spotlight on Poultney and the Lakes Region, Now and Then" at St. Raphael's Hall (on East Main) from 10:00 a.m. to 4:00 p.m., Saturday, February 26. Fifty booth spaces are available in this part of the town's 250th anniversary celebration. To find your role in the festivities, speak with MaryLee Harris of Stitchy Women, 287-4114; Ed Harmon of The Original Vermont Store, 287-9111; Valerie Broughton of the Lakes Region Free Press, 236-2790; or Dave Winter of Winter Lawns and Landscaping, 287-2544.

Nina Corbin recently retired from the administrative assistant position at the Poultney Area Chamber of Commerce; thanks so much for your work for both the Chamber and the Town. Lara Bitler has been hired as the new administrative assistant.

You may notice something new on Poultney's logo, with the addition of "250th Anniversary" and "1761-2011." The revised logo will appear on event posters, literature, T-shirts, and more.

Castleton State president Dave Wolk recently announced two awards at spring convocation. Bart Kallgren is the Commuter Student of the Semester and Al Jean is the Employee of the Semester.

### by Lani Duke

Programs at Castleton State College include De Novo, a documentary play of a Guatemalan teen trying to escape gangs and emigrate to the US, on Tuesday, February 8, and a lecture on "How to be an Effective Peacemaker" by Colman McCarthy, formerly a writer for the Washington Post, Thursday, February 10.

Poultney High students Kim Rupe, Justin Mackey, and Jenise Lemon recently were the only Vermont participants at the 71st Model Congress in Springfield, MA. Along with some 300 other students, they learned the process of writing, amending, debating, and voting on legislation.

Two Poultney students recently received Student of their Marking Period in their respective disciplines at Stafford Technical Center. Senior Bryan Crandall majors in power mechanics and welding, while junior Chris Loomis is studying auto refinishing. Poultney juniors Nicole Bogucki and Kim Rupe recently received national certification in Hazardous Materials Awareness at Stafford.

Poultney Snowmobile Club holds its 37th annual pancake breakfast from 7:30 a.m. to 12 noon, Sunday, February 6, at the Poultney Elementary School.

Do you want to send something to encourage soldiers overseas? Check out the list at the box in Poultney High's main lobby, then make your contribution.

Poultney 10th graders have the opportunity to visit Stafford Technical Center during the school day on Wednesday, February 9 - it's a field trip and permission slips are necessary. Applications to Stafford will be available in the guidance office on the following day.

When Rutland County was being organized, some 200 years ago, the rough terrain lying between the west side of the county and the east was thought to be too much of an encumbrance to expect people to cross to the other side if someone died and left an estate, or adopted someone or was made a legal guardian. So the county established two probate courts, one in Rutland village (it wasn't a city then) and the other that migrated a bit among Poultney, Castleton, and Fair Haven. The Fair Haven office closed recently, with most of its oldest records slated for archiving in the state records center in Middlesex.



Ann Wallen and Sally Curtis, Co-Presidents of the Killington Arts Guild, announced last week that the membership is planning programs and workshops for 2011. In the past, KAG held ten programs a year at the Sherburne Memorial Library for the membership and the general public. These varied from written, visual programs to related arts such as gardening, cooking, and bookbinding. The plan is to have fewer programs for the future. Suggestions for either programs or workshops are welcome.

Before Pat Zack became a member of the Killington Arts Guild she was a community leader, active in the Women's Club, had been town selectman and worked on town projects such as the Fourth of July Parade. Pat came to Killington in the 1960s after marring Howard Zack, who was a teacher at Stafford Technical High School and then a Constable in Killington. Pat, a nurse, was associated with the visiting nurses. They lived in a house Howie built just off the Killington Access Road. The Zacks were active in community affairs, attended town meetings and worked to improve Killington. The KAG Board felt the need of someone who could be a liaison with community organizations. After Howie's death, Pat was persuaded to join the Board of Directors and be that contact person. She served on the finance

committee, nominating committee and worked on publicity, distributing posters and notices. She made announcements at meetings and brought back information about the activities of other organizations. She wanted to improve the appearance of Killington signs on Rte. 4 and made the Access Road more attractive, including the use of banners created by KAG members Maurie Harrington and Alice Sciore. Pat was a faithful attendee at KAG Library programs and Gallery Receptions. She will be leaving the Board in March but has offered to continue working on publicity. We look forward to Pat's suggestions for improvements in Killington and expect to continue to support her recommendations.

The KAG Winter Art Show is open every business day at Cabin Fever Gifts on Rte. 4 opposite the Killington Access Road. Membership in the Killington Arts Guild is open to anyone who supports art in Killington, Vermont and the nation and pays their dues. Artists of every variety and art supporters are welcome. Call 802-422-3824 for further information.

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# **Annual Tree Sale**

Trees Beautify Our Surroundings and Help Save Energy. For these reasons and others the Rutland Natural Resources Conservation District (a non- profit organization) is offering a spring planting program. All stock is bare root and is being offered at a reasonable cost. It is best to plant bare-root trees immediately, in order to keep the fragile roots from drying out. The District has been offering this program for over 10 years and has sold over 20,000 plants.

Some of what is available are: balsam fir, fraser fir, blue spruce, white spruce, and white pine, red oak, red maple, sugar maple and birch, elderberry, cranberry, lilac, nannyberry, hazelnut, forsythia and dogwood, apple, and pear trees.

Strawberry, blueberry, raspberry, asparagus plants, and daylily's are also available.

Orders will be taken until April 15, 2011, or until supplies last, so order early!

This sale helps to generate funds to support the District's many programs.

For further information, or an order form, please contact Nanci McGuire at the Rutland District office 802-775-8034 ext. 17. Tell her you saw it in The Mountain Times.

# Ask the Home Team

Q. Do compact fluorescent light bulbs work in outdoor fixtures? Even in the winter?

A. They sure do. Just look on the package to make sure that you're getting a bulb with minimum operating/ starting temperature appropriate to our climate. Keep in mind that, as it gets very cold outside, it takes a bit longer for compact fluorescent light bulbs (CFLs) to come to full brightness. So they aren't a good fit for lights in outdoor spots where you want short periods of instant light on a cold night, like on motion sensors.

As with all CFLs, these bulbs use up to 75% less energy than incandescent light bulbs and can last up to 10 times longer. And, like all fluorescent lighting, CFLs contain mercury - about 1/5 the amount in a watch battery. (To put that in perspective: Older household thermometers contain about 100 times as much mercury as in a CFL.). So, when it's time to retire a CFL, it can't be put in household recycling or trash. Recycle it at a participating hardware store or solid waste district. To find a location near you, visit http://www.newbulbintown.com/.

- Li Ling for The Home Team

Have a question about saving energy? Call, tollfree, 888-921-5990 to speak with a customer service representative.



## **The Accessible Fruit Garden** by Dr. Leonard Perry, UVM Extension Professor

Everywhere we go we see efforts to make life easier for those with physical challenges. Examples we're familiar with include handicap parking places, ramps, and special signage (even talking street crossings for the visually impaired). So why not plan a fruit garden that is accessible if you, or someone you know that could be visiting or helping out, might have a physical challenge? The extremes would be no vision, or mobility in a wheelchair for instance, but many may just

not be able to see as well or bend as well as in the past. As our population ages, more will find they want to garden and now have the time, but don't have the physical abilities they once had. Enabling fruit gardens can be planned with this in mind.

I have a friend who has lost most of his vision, but can still see silhouettes and the color blue. So he paints the stakes

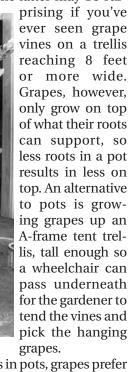
on his fruit trees blue, and prunes them by feel, having dwarf trees he can easily reach. Another friend needs dwarf trees too, as he has developed feet problems that don't let him stand on ladders for very long. This past season I saw a couple in wheelchairs picking raspberries along the edge of a lawn where they could be reached from their chairs. These examples may give you some clues on how you can start planning your fruiting landscape, orchard, or berry patch to be accessible.

First, determine what the needs are, such as it relates to vision, physical mobility, or other. Maybe you just need fruits you can pick without much bending or climbing. Some of the berry bushes fit here, as well as dwarf fruit trees, espaliered fruit trees, or grapes on a trellis. Even if there is some ground labor, such as pruning out canes of brambles, there are pruning tools such as loppers with extension handles to make the job possible without much bending. This applies to the slightly taller semi-dwarf trees, too. If growing the latter, perhaps you'll only pick what you can reach and leave the rest for wildlife. If you want even the higher fruit, there are small baskets on poles you can use to reach and pick ripe fruit without climbing a ladder.

If you want fruits requiring some ground labor, such as strawberries, consider raised beds. These can be low if the access will be with a seat or garden scooter, or higher if by wheelchair. If for children or scooter access, make the sides about 18 inches high. If for wheelchair access, sides should be 24 inches high, or 30 inches high if you're standing and have trouble bending. Consider a wide edge, particularly if a wooden bed, for sitting. Keep such raised beds narrow, with paths on each side, so they can be reached easily. For access by only one side, make beds 24 to 30 inches wide, or twice that if accessible by both sides. If access is by wheelchair, consider the path width, and the surface to make moving about easy - soil with packed wood chips would be much easier to wheel along than small gravel. Provide direct routes for wheelchairs, easy corners, room for U-turns, and a grade of no more than 5 to 8 percent. Most of these latter tips apply to those with walking challenges as well, for whom you may want to provide handrails and seats. Provide backs and arm rests on chairs and benches, and locate in shade and out of wind if possible. If able to still garden on the ground around strawberries, as with a kneeling pad, keep rows between plants wider to allow room to maneuver.

trailing blackberries. The latter are best for southern gardens, as they're only hardy to about zone 7. Strawberry pots - those tall pots with side holes for planting runners - are another option for strawberries, as are beds in tiers. Using metal or similar edging, even straight lumber about 6 inches wide, make a series of beds, one on top of the other, more narrow with each step. If straight, this resembles steps. If circular, envision a wedding cake.

Some dwarf fruit trees can be grown in large pots or containers, as grapes can, too. The latter may be sur-



Unlike flowers and other plants in pots, grapes prefer a sandy loam or equal parts topsoil, peat moss, and compost. Grapes don't need much fertility the first year, and even less the second, and don't fertilize past mid-summer so plants can harden for winter. Reduce watering in mid-summer, and keep the potting medium to barely moist through winter. In northern climates you'll need to protect pots over winter, such as moving them into an unheated garage. Heavy duty casters on large pots or supporting frame make them easier to move about.

For grapes in containers, provide a central stake anchored to the sides of the pot with wires. Train the stem to the stake, and each winter prune back leaving only a few buds to develop fruiting shoots the next year. Remove flowers the first two or three years until plants are established, then plants can support 10 to 15 flower (and fruit) clusters per year.

For those visually impaired like my friend, use contrasting colors or colors they might see best for marking posts to identify plants and edges, gates, pots, tools and latches. Use contrasting colors as well as textures for surfaces, such as walks, and indicator strips along paths to identify various parts of the garden. Audible clues help orient these gardeners in the garden as well as providing pleasant sounds, whether from a water feature or wind chimes.

You may need to upgrade tools too for more accessible gardening. There are wheelbarrows with two wheels, easier to lift and roll. Already mentioned are the loppers with extension handles, but there are other ergonomic tools such as pruners with swivel handles, trowels with padded and curved handles, and shovels with padded and enlarged loop handles for those with arthritis. Since water is heavy to lug about, have hoses with watering wands for reaching, drip irrigation, or soaker hoses. Dry low-analysis organic fertilizer (such as 5-3-4) may be easier to scratch into the soil surface early in the season than repeated liquid applications, lugging heavy watering cans. Use levers on faucets, as well as any gates, as these are easier to manipulate than turning round handles. Aging doesn't mean the end to gardening, just gardening differently. Proper planning and plant selection can enable fruit gardening even for those with physical challenges. While enabling gardens generally focus on flowers, herbs, and vegetables, consider growing fruits too. Pick fruits hardy for your area, those cultivars (cultivated varieties) best adapted, and two or more cultivars for tree fruits. Although some tree fruits are self-fertile, most of these bear better with cross pollination.

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Other small fruits for raised beds, even large pots, are low-bush blueberries, cranberries, lingon berries, and

# Daws&Claws Paws&Claws Paws&Claws RCHS H Paws&Claws Paws </tr

**MOCHA -** 2 year old. Spayed Female. Siberian Husky. I am a beautiful and polite girl looking for a home where people can appreciate me! I have very nice manners, am sweet and sociable, and did I mention beautiful?

LUNKER - 5 year old. Neutered Male. Pit Bull/ Boxer mix. I am a big lug of a guy with a huge capacity for love and games of fetch!! I love a good tennis ball and hanging with my people. I ride well in the car and have lovely leash manners, too.

**LUCY -** 3 year old. Spayed Female. Domestic Long Hair Black & Gray. You can't really tell from my photo but I have an unusual color mix - I am black with gray underneath. I am declawed in the front so need to be an inside only cat.

RALSTON - 3 year old. Neutered Male. Domestic Short Hair Ginger and White. I am as handsome as they come! I am a laid back kitty who is happy just taking lots of naps and getting a nice pat when I walk by.

TICKLES-6 year old. Spayed Female. Beagle. I am a chubby love bug! Many Beagles are more interested in sniffing and scenting than people but I am wiser than most...I know the value of a good cuddle!

**GUMBY** - Adult. Neutered Male. American Rabbit. I came to the shelter as a stray on December 10 after being left on the door step! I am a very sweet guy and am proud to be a bunny rabbit.







**KYLE -** 2 year old. Neutered Male. Domestic Short Hair Black. When you first meet me I will be the kitty hiding under a blanket and peeking out. My new family will need to have lots of patience and give me time to adjust.

**GILBERT -** 6 year old. Neutered Male. Jack Russell Terrier. I am a Jack Russell. . .need I say more? The Jack breed is active, independent and has a high prey drive but is also funny and smart!

**SASSY -** 2 year old. Spayed Female. Domestic Medium Hair Tortoiseshell. I am a very sweet girl and would love a nice lap to curl up in while we watch a little TV or have a cup of tea. My new family will want to brush me daily.

WILLOW - 2 year old. Spayed Female. Domestic Medium Hair Orange and White. When you come to visit please make sure to read our collars because there are three of us who all look very similar. I think you will agree that I have the best personality of all three!

MARMADUKE - 3 year old. Neutered Male. Shar Pei mix. Underneath my big goofy looks I am a secret love bug! I have nice leash manners and I know how to sit... I also enjoy a game of ball with you and like to chase toys.

**SUNNY -** 3 year old. Spayed Female. Domestic Medium Hair Buff and White. I am a little shy when you first meet me but please take a minute to give me some attention and I am sure you will fall in love.





# RCHS Holds Texas Hold'em Benefit Tournament

The Rutland County Humane Society (RCHS) will be holding a benefit Texas Hold'em tournament on Saturday, February 19 at Bowlerama on South Main Street in Rutland. Registration and \$7 Satellites start at 11:30am, main \$35 Tournament starts at 1 pm. Side games will be running before and after the tournament. For more information visit www.vtpokerleague.com. Help raise needed funds for the homeless animals in Rutland County. Tell them you saw it in The Mountain Times.

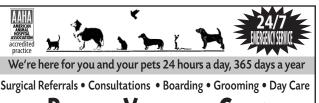
# Springfield Humane Society News



Sheena is a beautiful 1-2 year old female who came as a stray from Ludlow. She is a doll – laid back, mellow, loving – in other words a perfect cat. We can't say enough about her. Just meet her and you'll be taken in by her charm and purrsonality. We have a Shelter full of cats of all kinds, colors, personalities – something for everyone! If you have room in your home and heart call the Shelter at 885-3997 or stop by Wed-Sat noon-4:30.

We need paper towels, copy paper, postage stamps & cat toys. Thanks to everyone who generously supply our needs requests!

Another need we have is for regular enrichment volunteers – folks who will regularly walk dogs or interact with cats. Such activities are as vital to our animals' well-being asfood, water and medical care. If you can spare some time to walk dogs or play with cats talk with Marie -885-3997. You'll be doing both the animals and yourself a great favor.



All of these pets are available for adoption at **Rutland County Humane Society** 765 Stevens Road, Pittsford, VT • (802) 483-6700 Wed-Sat 12-5 Closed Sun-Tues. Closed • www.rchsvt.org

# Lucy Mackenzie Pet Feature

As many of you know Lucy Mackenzie Humane Society has many dogs, puppies, cats and kittens looking for their forever homes. But, we also have pets at the shelter that are in need of foster care. The pets that we look to place in foster homes are pets that are orphaned, pregnant or injured. We ask the foster families to provide a temporary home for the pets until they are old enough or have fully healed from their injury and are ready for adoption. If you would like more information about adopting a pet or about fostering, please call us at 802-HUG-LUCY (484-5829) or email us at lucymac@valley.net. Or, stop by the Shelter - we are open to the public from 12 to 4 Tuesday -Saturday. Lucy Mac is located at 4832 RT 44 in W. Windsor, VT. www.lucymac.org



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site www.killingtonvermontrealestate. com or call one of our real estate experts for all of your real estate needs including SHORT TERM & LÕNG TERM RENT-ALS & SALES. PRESTIGE REAL ES-TATE OF KILLING-TON, 2922 Killington Rd. We specialize in the listing & sales of Killington Condos, Homes, & Land. Call LouiseHarrison.com TFN us toll free at 800-398-3680 or locally at 802-422-3923. Visit our website at www.

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SKI COUNTRY REAL ESTATE, 335 Killington Rd, Killington, VT 05751 802-775-5111, 800-877-5111. www. SkiCountryRealEstate. com 12 agents to service: Killington, Bridgewater, Mendon, Pittsfield, Plymouth, Rochester, Stockbridge & Woodstock areas. Sales & Winter Seasonal Rentals. Open 7 days/wk, 9am-5pm. TFN

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### WARNING FOR TOWN MEETING TUESDAY, MARCH 1, 2011

The legal voters of the Town of Killington, in the County of Rutland, the State of Vermont are hereby warned and notified to meet at the Sherburne Elementary School in Killington on Tuesday, March 1, 2011 at 10:00 A.M. to act on Articles 1 through 10; and on Tuesday, March 1, 2011 from 8:30 A.M. through 7:00 P.M. at the Sherburne Elementary School in Killington to vote by Australian ballot on Article 11.

With respect to Article 11, the legal voters of the Town of Killington are further notified that an informational meeting will be held on Monday, February 21, 2011 at 7:00 p.m. at the Town Offices for the purpose of reviewing the proposal for restructuring the golf debt. [For voting by Australian Ballot on Tuesday, March 1, 2011, polls open from 8:30 A.M. to 7:00 P.M.]

# **LONG TERM** RENTALS

PICO CONDO, 2 bedroom 2 bath. Ground floor. Partially furnished, washer and dryer. Ski in ski out. Includes firewood, cable tv and wifi. Available Feb 1st. \$900 per month. Call 802-775-3994. TFN **KILLINGTON / MEN-**DON apartments. Seasonal / year round. 802-558-4622. 27/TFN

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**2 STORES** at Killington Mall on Access Rd. for rent. Store 1: 2600+ sq ft (old t-shirt shop). Store 2: 4300+ sq ft (old ski shop). Both locations are 2 floors. Call owner Ron Viccari for details @ 800-694-2250 or cell 914-217-4390. 23/05

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### ARTICLE 11.

Shall the Town of Killington refund and restructure outstanding indebtedness issued to construct, develop improve and operate the Green Mountain National Golf Course through the issuance of refunding obligations in an amount not to exceed \$4,500,000 (Four Million Five Hundred Thousand Dollars), payable over a term of no more than twenty (20) years?

The legal voters of the Town of Killington are further notified that voter qualification, registration and absentee voting shall be as provided in Chapters 43 and 51 of Title 17, Vermont Statutes Annotated.

Michael E. Miller J. Christopher Bianchi Jim Haff BOARD OF SELECTMEN January 28, 2011

The full Warning is posted in various locations in the Town of Killington and on the Town's website, www.killingtontown.com



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KITCHEN HELP. Apply in person after 3pm daily, Pasta Pot, Route 4, Killington. 51/05LINE COOK, bartender, waitress - experience a must. Vt liquor certified. Apply in person Moguls Sports Pub, Killington Rd. TFN **DISHWASHER NEEDED** at The Vermont Inn. PT with evening and weekends. Pay staring at \$8.50 per hour. Call

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ROCS. 01/05HOUSE KEEPER. The Vermont Inn, a 16 room Country Inn on Route 4 in Mendon, is looking for an experienced housekeeper for the winter season. Flexible hours. Part-time, Week Days & Weekends from December through March. \$8.50-\$10.00 per hour + gratuity. References required. Please call 802-775-0708 to schedule an interview. 52/TFN

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and the ability to excite crowd. Willingness to wear costume (will get very hot inside costume)

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SUNDED>	SHIPPING/RECEIVING/INVEN	TORY MANAGER	Lindsev ]	Rogers	Sal	es Representative		
	Be responsible for a fast paced departme	ent preparing First Light's product to ship worldwide and receiving incoming		U		es Representative		
SUNOCO Branded Gasoline	<ul> <li>shipments. Ideal candidate will:</li> <li>Have experience managing both employ</li> </ul>					1		
Station For Lease or Sale in	<ul> <li>Establish and document packaging and s</li> <li>Document and coordinate domestic and</li> </ul>	shipping standards international shipments in compliance with US and intern'I trade laws and regulations	Charles I	Popovitch,	Jr	Route Manager		
Rutland, VT	<ul> <li>Have effective problemsolving, interperse</li> <li>Be detail and guality oriented</li> </ul>	onal and computer skills		- Contributing Writers/Photographers -				
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AdvantEdge Program	maintenance of building and grounds of t	the production plant. The ideal candidate will:	Tony Cres		Lani Duke	Debbie Burke		
<ul> <li>Large Garage Bays With Store</li> </ul>	<ul> <li>Be team &amp; results oriented</li> </ul>	n carpentry and machine tools and prior relevant experience.	Thomas B	1	Johnnie Goldfish	Gerd Hirschmann		
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# RealEstate

# **Pending Home Sales Continue Recovery**

### **Courtesy National Association** of Realtors®

Pending home sales rose again in November, with the broad trend over the past five months indicating a gradual recovery into 2011, according to the National Association of REALTORS®.

The Pending Home Sales Index,\* a forward-looking indicator, rose 3.5 percent to 92.2 based on contracts signed in November from a downwardly revised 89.1 in October. The index is 5.0 percent below a reading of 97.0 in November 2009. The data reflects contracts and not closings, which normally occur with a lag time of one or two months.

Lawrence Yun, NAR chief economist, said historically high housing affordability is boosting sales activity. "In addition to exceptional affordability conditions, steady improvements in the economy are helping bring buyers into the market," he said. "But further gains are needed to

reach normal levels of sales activity." The PHSI in the Northeast increased 1.8 percent to 72.6 in November. In the Midwest the index declined 4.2 percent in November to 78.3 and is 7.7 percent below a year ago. Pending home sales in the South slipped 1.8 percent to an index of 91.4 and are 7.2 percent below November 2009. In the West the index jumped 18.2 percent to 123.3 and

# **Killington's Professional Building**

is 0.4 percent above a year ago.

The 30-year fixed-rate mortgage is forecast to rise gradually to 5.3 percent around the end of 2011; at the same time, unemployment should drop to 9.2 percent.

"All the indicator trends are pointing to a gradual housing recovery," Yun said. "Home price prospects will vary depending largely upon local job market conditions. The national median home price, however, is expected to remain stable even with a continuing flow of distressed properties coming onto the market, as long as there is a steady demand of financially healthy home buyers."

Existing-home sales are projected to rise about 8 percent to 5.2 million in 2011 from 4.8 million in 2010, with an additional gain of 4 percent in 2012. The

median existing-home price could rise 0.6 percent to \$173,700 in 2011 from \$172,700 in 2010, which was essentially unchanged from 2009.

"As we gradually work off the excess housing inventory, supply levels will eventually come more in-line with historic averages, and could allow home prices to rise modestly in the range of 2 to 3 percent in 2012," Yun said.

New-home sales are estimated to rise 24 percent to 392,000 in 2011, but would remain well below historic averages, while housing starts are forecast to rise 21 percent to 716,000.

Yun sees Gross Domestic Product growing 2.5 percent in 2011, and the Consumer Price Index rising 2.3 percent.



# **REAL ESTATE SHOWCASE**

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Beautiful Lindal Cedar home with sunny southern exposure and mountain views, featuring modern kitchen, open floor plan, soaring vaulted ceilings with floor-to-ceiling windows and granite fireplace. Contact Kyle Kershner or visit www.117SouthHillRoad.com

Kyle Kershner, VT Realtor of the Year

for additional details. \$469,000

**Ski Country Real Estate** 335 Killington Road, Killington, VT 802-345-8530, kyle@SkiCountryRealEstate.com



### realestate

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This well kept 1 bedroom, 1-bath Highridge unit is located in an excellent location next door to the amenities building. It is on the bus shuttle and is on the Killington rental program. Seller is the original owner. MLS # 4035444 Listed at \$138,000



SELLER IS MOTIVATED AND HAS REDUCED THE PRICE AGAIN !! 2 bedroom, 2- bath, single level condominium unit close to the Sun Dog ski trail. Well maintained, nicely furnished, newer appliances, new bedding, large brick fireplace, special lighting, and deck. Sunrise amenities include indoor and outdoor pools, exercise room, sauna, and seasonal restaurant, XC trails. Excellent rental income potential. Sold furnished. MLS # 26433087 Listed at \$150,000



This 3 bedroom 2-bath Mountain Green condominium is well kept and is convenient, has nice views of greenery instead of the parking lot. It is near the Killington Golf course. New rug installed July 2009. It is priced right and the owners are willing to hold the mortgage for qualified buyers. MLS # 2789320 Listed at \$125,000





Enjoy the incredible views of Pico Mountain from this quality built 4 star energy rated two story colonial with full walkout basement. Sunny, open, warm, and airy ambiance with gas fireplace. Tasteful blend of cherry hardwood, ceramic tile, and carpeted floors, Corian counter tops, cherry kitchen cabinets, private master suite, large wrap around deck, and detached 2-car garage. Wonderful neighborhood in a fabulous location. MLS # 2805519 Listed at \$349,900

### JUST A FEW OF **OUR LISTINGS...**

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Judy Storch, Principal Broker Selling Killington Since 1968



PINNACLE 1-BR CONDO-Immacu late & tastefully furnished Buyer of this unit will receive deeded 1-week timeshare in 1-BR 2-Bath Falmouth, MA condo overlooking Vineyard Sound. EXCLUSIVE ..... ....\$107,500



**EDGEMONT CONDOMINIUM En**joy lovely year-round views, from this nicely appointed & furnished 2-level, 3-BR condo w/wood-burning FP. Ski home, winter shuttle bus.

......<u>\$175,000</u> \$165,000 REDUCED TO ....

LARGE 5-BR 3-BATH PITTSFIELD home with full, walk-out basement & a 2nd FP. Living room w/stone FP & beamed ceiling, oil heat. Fully furnished. Close to VAST trails.

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Our 39th Year



WOW ! Over 2,600 feet of living area on 3 levels in this 3+BR, 3.5 Bath Winterberry Town home. Quality throughout. Great Killington location with views. Private hot tub. Beautifully furnished & appointed. PRICED TO SELL. \$425,000



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RENTALS PROPERTY MANAGEMENT



# **Prestige Real Estate** of Killington

Exclusively Killington properties!

## **Killington Condominiums**

The Woods: Private shuttle 2BR/2BA Village unit \$119K 2BR/2.5BA townhome from \$150K 2BR/2BA Village end w/loft \$165K 3BR/3BA two level \$278K 3000 sqft home **\$389K** 

Sunrise: Ski in/ski out 2BR/2BA ON trail w/storage \$184.9K 2BR/2.5BA 2-level ON trail \$230K 3BR/2BA very near trail \$249K 3BR/3BA ON ski trail \$279K

Fall Line: Ski in/shuttle out 1BR/1BA starting at \$119K

Trailcreek: Ski in/shuttle 1BR/1BA plus loft \$189K

Whiffletree: Mtn shuttle 1BR/1BA from **\$79.9K** 2BR/1BA motivated \$99K 3BR/2BA completely updated \$149K

> Mt. Green: Mtn shuttle 1BR/1BA starting at \$54.9K

Highridge: Ski in/shuttle out 1BR/1BA beautiful \$159K 1BR/2BA plus loft from \$157K 2BR/2BA w/lockout \$164K 2BR/3BA plus loft \$275K

Pico: Ski in/ski out 1BR/1BA slope side from \$90K 3BR/2BA plus loft \$225K

Trailside: Ski in/ski out 1BR/1BA short sale \$109.9K

Pinnacle: Mtn shuttle 1BR/1BA starting at \$89K

Winterberry 3BR/3.5BA gorgeous \$465K

The Lodges: Ski in/ski out 3BR/3BA great condition \$409K

Topridge: Ski in/ski out 3BR/4BA gorgeous \$650K

# Killington Homes & Land



4BR/4.5 BA new construction

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Beautiful 4BR/4.5BA home with high quality finishes. Fully Furnished! MLS #2812160 \$1.5 million

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4 Bedroom, 3 bath contemporary home. Fieldstone fireplace, Deck, hot tub and view just REDUCED to \$199,950. Do not miss this one!



END OF road privacy, backs up to National Forest. 4 bedroom, 2.5 baths, contemporary on Liberty Hill. Mountain and sunset views, pond access, stone walls, covered deck. Natural wood interior finishes, air conditioners. fermont Casting woodstove in LR, gas stove in family room and electric back-up. Owner says sell at \$199,000. 1967 Route 4 • P.O. Box 833 • Killington, Vermont 05751 • FAX 802.773.8805 • Toll Free US: 888.599.8800 • UK: 0.800.917.8519 www.killingtonholidayrealestate.com



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One acre lot with existing 2 bay garage that had operated as MERRILL'S GARAGE only \$209,000

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BRIDGEWATER. The ultimate family compound. One lg home w/7Br& 6Ba OR 4 separate units ea w/own exterior entrance & also connected inside Property shows beautifully - call for a showing

# **JUST SOLD** HOMES

Killington	\$225,000
Plymouth	\$277,000
Plymouth	\$105,000
Killington	\$140,000



PLYMOUTH. Direct access to VAST. Close to skiing, golf & Hot tub.Great location! lakes MAKE AN OFFER.



PLYMOUTH. Beautifully Ma Abu Calvin Coolidge State Forest. 3Br/2 Ba. Close to skiing, golf & lakes. Pond on property. SELLER MOTIVATED. MAKE OFFER. MUST SEE.

ave. all the second 2BR+den+sleeping loft, laundry rm Oversized 2 car heated garage Hike & VAST trails nearby \$249,900 NEXT TO GOLF COURSE



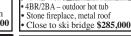




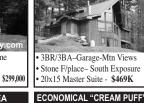


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/2.5BA w/guest suite 2 Stone fireplaces, loft, wine cellar Overszd 2-car heated garage,\$689K

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4 mi. to Killington Rd



The Ledgewood Yurt at Killington

Indulge in a five-course dining adventure in the heart of the Green Mountains at the allnew Killington Ledgewood Yurt. Executive Chef Justin Blais' innovative menu features local ingredients and signature prime cuts of meat charred to perfection accompanied by heavenly sides and dessert. A sleigh ride under the stars and hand-crafted décor paired with live saxophone music is a recipe for an exceptional dining experience.

The Ledgewood Gurt Experience

