

Special Fall Home Improvement Guide



section 2

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The Mountain Times

Central Vermont's Premier Weekly Newspaper

September 22-28, 2011

Volume 40, Number 38

Boo mers

Getting Less Trashy

Each time I take the trash to the dumpster, I am amazed at how quickly it accumulated. How does that bag get full in just a day or two? When did we become so trashy?

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art s & entert ainment

Paramount's Special Benefit Concerts

A portion of the proceeds of the 3 scheduled September concerts at The Paramount Theatre are now going to directly benefit victims of the recent devastation.

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wine ex Periment s

A Tasty New Wine Experience

When was the last time you tried 'Bourboulenc'? I love the name. The grape is also known as 'Malvoisia' (in Spain) - I know you know exactly what I'm talking about!

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Local

Regional News

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Ways To Get Green

Go Green! What Can You Do?

by Cindy Phillips

We're not talking Erin Go Bragh and it's too early for St. Patty's Day, so what do we mean by going green? Ecology is on everyone's mind these days. The recent wrath of Mother Nature drilled the theme even further into our heads. Preserving our natural resources is paramount to sustainable living. So what role can we Vermonters play in going green and doing our part?

Vermont already has a reputation for innovative programs aimed at protect-

ing resources, so it is no wonder that some of the state's largest corporations are on the band wagon. CVPS, one of the shining stars for their post-Irene efforts in getting power restored ahead of schedule, runs a unique program that benefits all customers as well as the environment. Cow Power is actually a simple concept - produce electricity from manure. Now before you think ewwww, that sounds messy, take a look at the actual process.

Six Vermont cow farms are involved in the project across the state. The manure

is processed in an anaerobic digester. One of the byproducts? Methane gas. The gas feeds a generator that produces electricity which feeds into the CVPS system and is distributed to customers. And to add even more efficiency to the process, the exhaust heat from the generator keeps the digester warm, thereby reducing the energy consumption to the farmer.

OK, so what if you are not a dairy farmer but you still want to reduce

Go Green on page 2



Open for business! Governor Shumlin official reopens Route 4 in the ribbon cutting ceremony.

Photo by Royal Barnard

Adios Irene!

by Royal Barnard

The amazing resilience and human spirit of Vermonters has beaten another enemy. This time it was what we all thought were simply "remnants" of Hurricane Irene, but turned out to be much more.

However, we're not looking back. We're looking ahead, and Vermont is open for business.

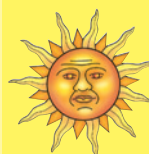
As of press time, most major roads to the Killington Region are fully or substantially restored. This includes Route 4 from I-89 and I-91 in White River Junction all the way across Vermont, through Woodstock, Killington, Rutland and to the New York border.

Route 7 from Massachusetts to Canada is open all the way with only minor delays in a couple spots. I-89 and I-91

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Forecast Received
September 20, 2011

WEATHER

Wednesday	Cloudy	HI
Thursday	Showers	71°
Friday	Showers	73°
Saturday	Cloudy	76°
Sunday	Cloudy	75°
Monday	Cloudy	76°
	Cloudy	73°

Go Green

continued from page 1

your carbon footprint? What can the average Vermonter do to play a part in saving our resources? You may want to start with a phone call to Efficiency Vermont. The organization provides information, technical assistance, rebates and financial incentives to both businesses and homeowners looking to reduce energy costs and operate more efficiently. Whether it's appliances, insulation, lighting or ways to conserve water, Efficiency Vermont has answers and advice on what to buy and where to buy it. For example, Best Appliance in Rutland is an Energy Star retailer.

Rutland County residents can obtain an energy audit of their home through the NeighborWorks H.E.A.T. Squad. A certified specialist will provide a detailed report on changes and upgrades you can make in order to save both money and fuel when heating your home. The auditor will also provide information on available rebates and incentives, as well as financing options.

Go Green projects can be comprehensive or simple, which means anyone can take part in them. Have a yard or space you can use? Planting your own fruits and vegetables is rewarding both psychologically and financially. And what better way to be sure everything is organically grown than to do it yourself. Need some guidance to get that green thumb in gear? Visit Garden Time, Park Place or Garland's for assistance in planning and maintaining your organic garden.

Perhaps recycling is more your speed in your attempts to preserve resources. How familiar are you with the Rutland County Solid Waste District? You might be surprised to learn the variety of programs offered, such as the book re-use program that collects hardcover books,

CDs, videos and DVDs. They also offer collection of outdated computers and electronic equipment, disposal options for concrete, asphalt and demolition waste, metal and appliance recycling and proper disposal methods for hazardous waste. Additionally, it is your go-to organization for information and education about composting – the perfect fit for your organic garden project.

Speaking of not wasting waste, look no further than Casella Waste Systems – an environmentally-friendly giant with meager roots. Founded in 1975 as a one-truck operation in Rutland, Casella now boasts being the nation's first solid waste and recycling company to become a member of the EPA's Climate Leaders Program. Their commitment to preserving and protecting environmental resources is recognized nationally, yet the company still focuses its projects on the local community.

The big projects in our lives offer substantial opportunities for green initiatives that are like the gifts that keep on giving. For some, it may be the construction of a new home. Roaring Brook Constructors has built a reputation as a quality builder dedicated to energy efficient construction. Their methods have been garnering awards, while their mission has resulted in satisfied customers. If your goal is to build a new home, or remodel your current home, you want to choose a builder who believes energy efficiency is the cornerstone of craftsmanship. Or check out Vision Builders, who use only local goods in their building process.

Remodeling projects are a great way to incorporate efficiency into an older, less efficient home or building. Projects can be accomplished one step at a time, each

one bringing you closer to your green goal. Countryside Glass Corp., a family-owned operation, specializes in residential and commercial window and glass projects. Replacing windows with newer, energy-efficient products can save you bundles on heating and cooling costs. Not ready to replace windows? The Blind Spot offers an alternative solution with solar blinds to enhance the efficiency of your current windows. Either option is a winning solution for both the homeowner and the environment. Large remodeling projects deserve a visit to Gilmore's Home Center in Bomoseen. They can help you design your dream green kitchen or bathroom.

The availability of local vendors and businesses that offer green products and services makes the whole concept so convenient. Goodro Lumber, another Hurricane Irene survival story, carries green products for lighting, gardening and remodeling ventures. And if your go-green projects result in a pile of scrap metal, contact Brown's Auto Salvage or Earth Waste Systems for direction on how to dispose or recycle it.

It's easy to make excuses for not making more of an effort to protect our resources, but it is just as easy to make the commitment and then go for it. Let's protect Vermont's reputation as the Green Mountain state by doing our part, whether big or small.

Editor's Note: These are just a few of our advertisers that offer ways to reduce your environmental footprint. Vermont is brimming with businesses that live by this method everyday. Like the bumper sticker says, "Vermont. We were green before green was cool." See our Fall Home Section in this week's edition for more environmentally friendly businesses and tips.

Irene

continued from page 1

are clear. Up to date information is available at the Vermont Department of Transportation website at /www.511vt.com/ During the worst of the storm a few of our planned events were cancelled, but the biggest and best remain.

Coming up next at Killington is Brewfest Weekend. The Killington Brewfest is a celebration of the Northeast's finest craft beers. Join us for a weekend packed with a beer sampling, tasting dinner, live music and more as we celebrate one of life's greatest gifts, beer!

Brewfest Schedule: Friday, September 30: Vermont Brewmaster's Dinner, 7:00-9:00 p.m. A 3-course dinner at the Wobbly Barn pairing Vermont brews with culinary creations from local producers. Participating Vermont Breweries include Long Trail, Otter Creek, Switchback and Northshire. Brewfest Kickoff Party takes place from 9:00 p.m. - 1:00 a.m. at the Wobbly Barn, with live music from Pete Kilpatrick Band.

Saturday, October 1: Killington Brewfest 1:00-6:00 p.m. at Snowshed Lodge. Get your commemorative drinking glass, beer sampling tickets and enjoy live music. 21+ only, please.

The celebration continues on Sunday, October 2 with 15 musical acts hitting the "stage" at The Lookout Tavern, the Outback Pizza, and in the Outback Parking Lot, from noon to midnight. Area businesses are coming together in an unprecedented effort to support this benefit for the area towns effected by Hurricane Irene.

Don't miss these local musicians: Bow Thayer, Joey Leone, Jamie's Junk Show, Rick Redington, Tony Lee Thomas, Bobby Darling, Dr. Divine, Rick and the Idiots

Irene on Page 3



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Brewfest at Killington, Saturday, October 1st

Irene

continued from page 2

and many others. We're moving forward with our recovery. In addition to the great music and sense of community, concert-goers will enjoy foods donated by the best restaurants in the Killington area. In addition, businesses throughout New England have donated tons of great items up for bidding - you can do your part it contribute to this relief effort, and pick up something great at the same time! What a memory that item can make...

There is one event we did miss during "Irene." It was to be a benefit golf tournament and banquet to raise funds for the Ted Bridges Scholarship Fund. This scholarship was created to provide financial assistance to encourage students to

pursue education and careers in hospitality and tourism. It honors Ted Bridges, now deceased, who was a consistent and active contributor to the success of Vermont's tourism and hospitality businesses for more than four decades.

Despite "Irene's" postponement of Ted's benefit, his name came up many times as we collectively struggled to get up, collect our thoughts and get going. To remember Teddy was to know what to do.... and we're doing it.

Ted's benefit will be rescheduled in the spring.

In every tragic situation there's an initial period of adrenaline that propels us forward. Shortly thereafter "reality sets in" and this is the point where the weak are inclined to give up. That is not the case in Vermont.

You will love to be here in our magnificent foliage season. The views will, however, be secondary to the appreciation of hospitality and human spirit. There won't be any real problem getting to where you want to go. If you encounter a "hitch" just stop at the local pub, country store or post office... get the info you need... and soak up some hospitality that will lift you higher than you've ever felt on a vacation.

Vermont is filled with the most powerful force on the planet.... belonging. As locals, we stick together. We also understand that our visitors are an essential part of our existence. We make friends first and money later..... if we deserve it.

You might ask yourself, "Why is this trip to Vermont worth doing.... more than any other time in history?" I could answer your question with a thousand more words.... which you may or may not read. I will say it with images.

We beat this thing together and we're open for business.



The 2011 Killington Hay Festival collection is on display throughout Killington, and you can get here to see it!



photo by Sarah Varney, age 9

Over 110 people of all ages helped to clean up the remnants of Tropical Storm Irene at McCullough's Farm in Proctor.



photo by Jerry LeBlond

Rochester, VT. Volunteer students from Middlebury Nordic Team clear landscape debris at Crowley's. © Jerry LeBlond



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BOOMERS

Getting Less Trashy



by Cindy Phillips

I am very familiar with the sound of a dumpster being emptied. At our business in Vermont, the living quarters are directly above the dumpster pad. Where I stay in South Carolina, it is also in very close proximity to one of the neighborhood dumpsters. I know that whirring sound of the garbage truck engine. The beeping it emits as it backs into place. The grinding as it lifts the dumpster to be emptied. And the loud, hollow bang that occurs when the empty dumpster hits the ground.

Each time I take the trash to the dumpster, I am amazed at how quickly it accumulated. How does that bag get full in just a day or two? When did we become so trashy?

I spent a good deal of time at my grandparent’s apartment when I was young. I distinctly remember there was one trash can that sat in the kitchen. It was just a small pail, and my grandmother would line it with a brown paper bag that came from the grocery store. When the bag was half full, she would take it from the pail and gently roll the top down to close it. It then was carried downstairs to a single metal garbage can. The trash man came twice a week, and that metal trash can was never filled to capacity. My grandmother’s house was never without visitors, especially at meal times. So how did the garbage not accumulate like it does today?

Much of our trash comes from food packaging. A plastic milk jug, frozen food boxes and a giant Styrofoam to-go box can fill a pail in a matter of minutes. Add some junk mail and a few diapers from my grandson, and I am ready to

haul it to the dumpster. So where was that stuff years ago? There were no plastic milk jugs. The milk man delivered fresh milk in a glass bottle to a milk box outside the front door. He also delivered eggs in a cardboard box. The only trash that came from the milk jug was a small cardboard disk that sealed the top. When the bottle was empty, my mom washed and rinsed it and it went back into the milk box. The milkman picked it up, brought it back to the dairy where it was sterilized and refilled. Hmm, what a concept. The empty egg crate went to school with me to be used by my teacher to hold small items, like the colored stars she would put on my tests and homework.

Disposable diapers were non-existent. Babies wore cloth diapers that were washed, hung on the line to dry and covered with a pair of rubber pants. There were no baby wipes either. We used a wash cloth for cleanup, or better yet, baby just got put into the bathtub or sink. Baby bottles were also glass and reusable. Moms were proficient in the art of sterilizing them on the stove. Baby food came in glass jars that when empty, found their way to dad’s workshop to be filled with an assortment of screws, nails, nuts and bolts. The taller jars were used for soaking paint brushes in turpentine.

Most of the items on my grandmother’s grocery list came from the butcher and the deli. Fresh meats were wrapped in butcher paper – no Styrofoam trays wrapped in clear plastic. When she removed the meat from the butcher paper, she rinsed it in the sink, let it dry and then spread it on the dining room table with a few crayons. It was now drawing paper for me and my budding artist cousins. I have no recollection of Kleenex or dinner napkins at grandma’s house. We were handed a handkerchief if we sneezed and a community kitchen towel sat on the dining room table for wiping our mouths. There were also no paper towels. We were handed sponges and dish rags for cleaning up spills. Most house cleaning was also done with a rag – usually pieces of old sheets, pillow cases and towels that were torn into usable sizes. The push today is on going green, yet we seem to only make the commitment when it is convenient. We are a throw-away society filling landfills to capacity. As Boomers, we witnessed the metamorphosis. We are a part of the problem, but can we become a part of the solution? Can we become less trashy? We’ll see. This year everyone on my Christmas list is getting handkerchiefs. Contact me at cphillipsauthor@yahoo.com



Reflections on Irene

by E. J. Willis

- How many times can you reach for the light switch when there is no electricity?
- How many times will you try to flush the toilet when there’s no water in the tank?
- Now I know why a caged animal paces – can’t get out this way, can’t get out that way – back and forth.
- Patience only lasts so long.
- There IS a morning after. Doesn’t mean things are going to be better.
- Send every soldier you know of a packet of salt and pepper. It helps the MRE’s go down. Maybe a spoonful of sugar would help, too.
- I wonder how many candles equal one lumen. Is it too late to thank all those people who gifted candles to me over the years? Thankfully, I kept them all in one box. They are gone now, but were VERY useful.
- How do you get candle wax off the table, dishes, upholstery, your clothes, the floor and the cat?
- Not to sound unappreciative, but how many times can you say thank you to the same people for the same action and mean it?
- The sound of softly flowing water is beautiful, but loud, fast water sets my nerves on edge.
- Prayers help.
- No matter how hungry I am, lima beans are not meant to be eaten by human beings.
- Rain pattering on our steel roof is soothing; rain pounding on the roof is not.
- If road closed signs are ignored, would bridge gone

- signs stop drivers?
- I now realize how dependent I am on electricity and I do not like my addiction.
- I found that 3 days without water maxes my tolerance for hauling buckets of water from the brook.
- We seniors have discovered we can live without internet and cable, but the younger generation was very disturbed over that loss.
- Phones are a necessity in an emergency and EVERYONE should have cell service no matter where they live. This is more important than a health care system that few desire!!
- Never ever get rid of your battery dependent radio! It may be your only contact with the outside world, your only source of news, your only comfort during the dark hours.
- Closeness during an emergency is not always comforting – especially by the 3rd day without H2O.
- More people will walk outside the day after a storm than you knew lived in your neighborhood.
- Newspapers are the local archivists. Their articles tell our history.
- The rest of the world is unimportant when you’re living in a disaster area.
- I can now fathom the resolve of the people of Louisiana who continually face damages from hurricanes. Hurray for them!
- “It won’t happen here” doesn’t apply anywhere.
- Vermont is Vermont. Only those who live in Vermont would understand how special, independent, friendly and unique the state and its people are.

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Paramount’s Special Benefit Concerts with “I Am Vermont Strong”

In response to the damages inflicted on the state of Vermont in the aftermath of Hurricane Irene, The Paramount Theatre, in a partnership with I Am Vermont Strong, (a campaign developed to raise funds, awareness and spirits as a result of Hurricane Irene) is announcing that a portion of the proceeds of the 3 scheduled September concerts at The Paramount Theatre are now going to directly benefit victims of the recent devastation (\$5/ticket purchased after 9/8/11). The 3 concerts, featuring Blues Traveler (9/23), George Thorogood and The Destroyers (9/24) and Keb Mo (9/27), are now all a part of the I Am Vermont Strong Benefit Concert Series.

What started out as an attempt to create a viral Facebook campaign with an image and a strong message of hope has turned into a successful fundraising effort for disaster relief organizations. A young Vermont couple, Lyz Tomsuden and Eric Mallette, two native Vermonters now residing in Rutland, created the I Am Vermont Strong image with the simple intention of manufacturing good energies out of a bad situation.

“We really just wanted to see if we could help show the world that we Vermonters are a unified front in the battle against the devastating losses suffered by our state in the recent hurricane.” commented Eric Mallette.



“From there, it kind of went crazy!” added, Lyz Tomsuden, who created the image. “First we noticed everyone we know on Facebook was changing their profile pictures to the ‘Vermont Strong’ image. That’s when the requests for t-shirts started pouring in....by the hundreds!”

To date, more than 3500

t-shirts have been sold at www.IAmVermontStrong.com. Monies donated from The Paramount Theatre to I Am Vermont Strong will be distributed to Vermont disaster relief organizations.

“I am Vermont Strong is an important movement. It delivers tangible results to those in need and exemplifies the best of the human condition in the face of tragedy. We at the Paramount are thrilled to be able to partner with this formidably positive venture. Come out, see great music and help those in need! Particular kudos to both Eric and Lyz for their vision and indefatigable energy in delivering these amazing results.” commented Bruce Bouchard, The Paramount Theatre’s Executive Director.

Blues Traveler – 9/23 (\$39.50 - \$49.50 plus tax): When Grammy Award winning Blues Traveler’s harmonica wizard John Popper plays, there is no question that the sound coming out of the other end is filled with sheer heart and soul. Blues Traveler has earned a massive fan base with their distinct brand of high-octane rock infused with jazz, blues and funk. Having played more than 2,000 live shows, they have lived up to their name, traveling long and far for their love of the blues. Still going strong, the boys are back to their roots, jamming with that “live spontaneity” you can only experience at a live show - and audiences love it!

George Thorogood and The Destroyers – 9/24 (\$49.50 - \$59.50 plus tax): George Thorogood and the Destroyers released their self-titled debut album in 1977 and quickly established themselves as radio favorites and as a touring machine. Described as “the world’s greatest bar band,” the group has sold more than 15 million albums worldwide and has had tremendous success with Thorogood’s original compositions like “You Talk Too Much,” “I Drink Alone” and of course “Bad To The Bone;” he’s also had hits with covers of iconic blues-rock songs like “Who Do You Love” (Bo Diddley), “Move It On Over”

(Hank Williams) and “One Bourbon, One Scotch, One Beer” (John Lee Hooker). Thorogood’s Gold-certified Greatest Hits: 30 Years Of Rock was Billboard’s #1 Blues Album for 2004 and 2005, and the band’s 2006 album, The Hard Stuff, reached #2. 2009’s The Dirty Dozen debuted at #1 on the Blues chart, fueled by the album’s #1 single, “Tail Dragger.”

Keb’ Mo’ – 9/27 (\$34.50 – \$54.50 plus tax): A native of South Los Angeles, singer-songwriter and guitarist Keb’ Mo’s music is a living link to, and a very modern update of the Delta Blues. Across 10 acclaimed releases since 1994, his music owes as much to contemporary singer-songwriters like Bonnie Raitt or Jackson Browne as to the spirit of blues musicians like Robert Johnson that dwells in his work. His distinctive sound embraces pop, rock, folk and jazz, as well as the blues. The common threads running through his work are wit, humor and great storytelling. Over and over he demonstrates the power of music to convey human experience and emotional weight. A 3-time Grammy Award winner with 4 more nominations and 10 Blues Music Awards to his credit, Keb Mo is the not to miss music event of the season!

Tickets are available now by phoning The Paramount Theatre Box Office at 802 775-0903. Tickets and more information may also be found online at www.ParamountLive.org or at The Paramount Theatre Box Office at 30 Center Street.

The Paramount Theatre, a registered 501(c)3, is located at 30 Center Street in historic downtown Rutland, Vermont.

Killington Resort Offers 2011-12 Discounted Lift Tickets

Killington Resort, the largest ski and snowboard resort in the East with over 70 miles of skiable terrain, offers incredible value with K57 tickets and the Killington Express Card for the 2011-12 season.

Skiers and riders will save up to \$29 off one-day window ticket rates with K57 tickets. K57 tickets are available online only through October 20, 2011 and are valid for all ages during the 2011-12 winter season, with the exception of 18 peak days (Dec 26, 2011-Jan 01, 2012 Jan 15-17, 2012; Feb 19-27, 2012). K57 tickets are non-refundable and limited to ten tickets per order. Skiers and riders can use all tickets at one time or on separate dates.

For skiers and riders using the mountain four or more

days this season, the Killington Express Card offers outstanding value and direct-to-lift access. Available for \$86, the Killington Express Card offers mid-week skiing for less than \$40 per day. The Express Card is available online or at any Killington ticket window and offers 50 percent off mid-week, non-peak ticket rate; and 25 percent off weekend and peak rates throughout the 2011-12 winter season. The Killington Express Card rate increases to \$99 starting October 21, 2011.

“Whether you ski one day or 100 days, we offer pre-sold products that will save you big bucks if you buy now,” stated Rob Megnin, director of sales, marketing and reservations for Killington Resort.

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By USBanker Magazine June 2011

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Benefit Concert For the Killington Area October 2nd!

Fifteen musical acts will take the spotlight at The Lookout Tavern, the Outback Pizza, and in the Outback Parking Lot on Sunday, October 2nd from noon to midnight. The event is to benefit the area towns hit by Hurricane Irene. Area businesses are coming together in an unprecedented effort to support this worthy event.

The musical line up includes Vermont staples: Bow Thayer, Joey Leone, Jamie's Junk Show, Rick Redington, Tony Lee Thomas, Bobby Darling, Dr. Divine, Rick and the Idiots and many others.

With the worst hurricane to hit Vermont in centuries now behind us, it's time to move forward with our recovery. This is why a group of artists, friends and neighbors have volunteered to create this spectacular event in Killington. In addition to the great music and sense of community, concert-goers will enjoy

foods donated by the best restaurants in the Killington area.

The event will also present many great ways to contribute to this relief effort by bidding on a variety of great items donated by businesses throughout New England.

Admission is \$20 at the gate, 12 and under admitted free.

All proceeds from this event will go directly to two non-profit charity organizations in the Killington Area. They are:

www.irenesislands.org

www.pittsfieldhurricanerelief.org

Charity information and details available on their websites.

For additional event details contact:

Marie Cole • (802) 245-4106 • mp-cole73@gmail.com

Joey Leone • (802) 369-0347 • joeskipi@comcast.net

www.theconcertforkillingtonarea.org

Killington Resort Open For Fall Foliage Season

Vermont's Killington Resort is open for the fall foliage season as of Friday, September 16, 2011. Route 4 East from Rutland and West from Woodstock is also now open, allowing access to the Killington area.

The K-1 Express Gondola will spin from 10:00 a.m.-5:00 p.m. weekends only through September 25 and daily beginning October 1-10 for scenic gondola rides and hiking access. Mountain biking operations have concluded for the summer so that we may focus on preparing the mountain for the upcoming snow sports season.

The Killington Golf Course and Pro Shop is now open daily, through October 10. Tee times are available from 8:00 a.m.-5:00 p.m. daily. Initially, fourteen

holes will be available with the additional four coming online by the middle of next week. The Clubhouse Grill will be open with bar service including drinks, snacks and hot dogs every Friday-Sunday for the remainder of the season.

Additionally, Killington Resort Lodging will be accepting reservations for arrivals beginning on September 23 and the Pico Sports Center is open as of Saturday, September 17.

"We are pleased to welcome our guests back to the Killington Region for the fall foliage season," stated Chris Nyberg, president and general manager for Killington Resort. "And we look forward to being one of the first resorts in the East to open for the 2011-12 winter season."



A Tasty New Wine Experience

There are so many different grapes around the world; it's just astonishing. As I keep my experiments in wine up, I keep finding new grapes I never heard of even after more than 10 years in the wine business and writing this column each for seven of those years.

Here is one of these odd - and hard to find - grapes.

When was the last time you tried 'Bourboulenc'? I love the name. The grape is also known as 'Malvoisia' (in Spain) - I know you know exactly what I'm talking about! Well, I encountered this grape in a French White from La Clape, Languedoc. The Château d'Angles Classique Blanc is Bourboulenc blended with small amounts of Rousanne, Marsanne, and some Grenache Blanc to produce a white wine with a pale yellow body, a highly elegant lemony, slightly flinty aroma, and extra floral, fruity complexity.

La Clape is a mountain range just south of Narbonne in the Languedoc region of southern France known as one of the sunniest and driest places in France with a climate full of wind and sun. Leave it to the folks at Coteaux du Languedoc to come up with interesting wines! Bourboulenc is a late-ripening grape variety



with tight bunches of large grapes that can be prone to rot in some years. Well-made Bourboulenc wine can have good acidity level, body, penetrating character, and citrus aromas with a hint of smoke.

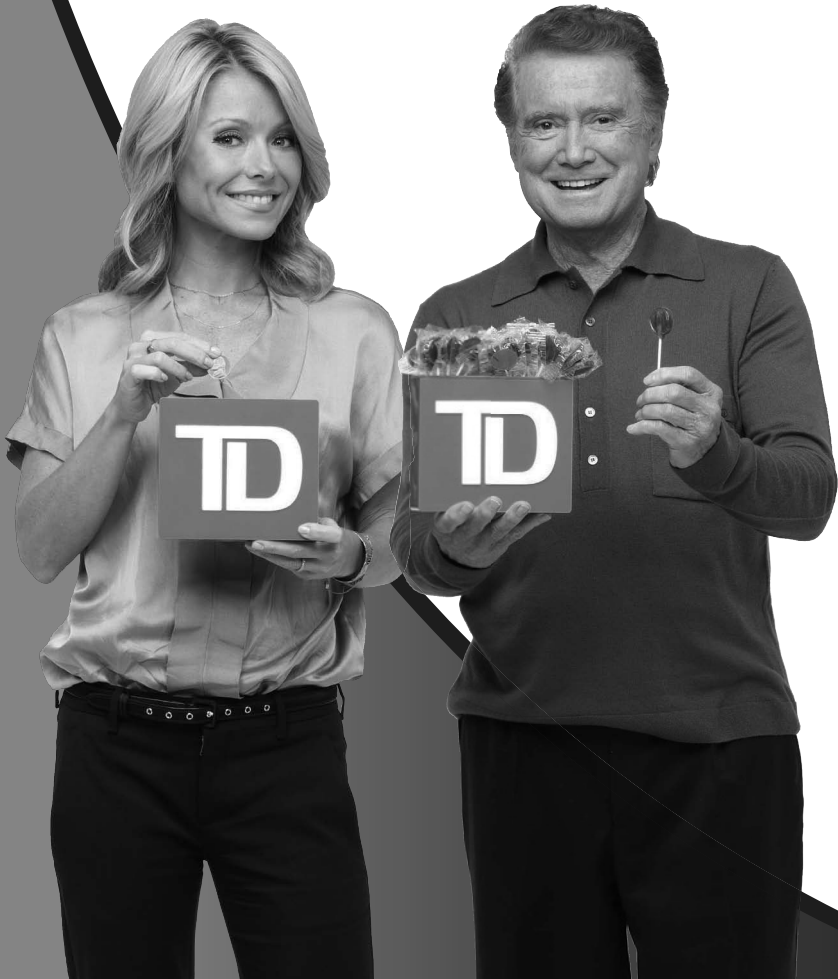
The red wines from La Clape combine both traditional and more modern varieties, mostly Syrah, Mourvedre and Grenache to make full, woody and well balanced wines. Usually undervalued in price they are worth seeking out for their complex aromas, rich nose, red fruits and the typical southern France aroma of "La Garrigue" that represents the smell of the wild herbs in the region. With the natural heat tempered by the influence of the sea, La Clape makes wines, which, at best, combine elegance and power.

The same grape turns up in Sardinia under the name Malvasia. I tasted the Albachia White from Feudi delle Medusa, where Malvasia is blended with Vermentino and Nasco. Again lovely floral aromas with citrus fruit flavors make it relatively easy to notice characteristics of the same varietal. Albachia is a full-bodied wine rich in extracts from the sandy soils it grows in.

And then it turns up again in a Rioja white from Spain. The Vivanco White is blended with Viura to make a clear and bright wine with a pale lemon color and slight green hints indicating youthfulness. Intense and elegant aromas of green apple, citrus fruits, pineapple and some floral hints that round out the varietal expressions. The palate has the same bright fruit flavors as the nose, balanced with the acidity resulting in a very pleasant, fresh finish.

You might have to ask for these wines in your favorite wine store!

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Killington Active Seniors

The Killington Active Seniors meet for lunch every Wednesday at noon, hosted by the Green Mountain National Golf Course at the Clubhouse for the remarkable price of \$5, tax and tip included. This bargain is graciously funded by member contributions, the Killington Pico Rotary, the Sherburne Women's Club, and the Southwestern Vermont Council on Aging. So if you are 60 or older, come join us for friendship, and a good meal at a great price.

Upcoming Events:

We have been advised by our host Roger Stevens of the Green Mountain National Golf Course that they are projecting to close the clubhouse after October 5th, so unless otherwise advised, beginning October 12th our new site will be the

Lookout Bar and Grill at 2910 Killington Road, Killington.

Each Thursday, Over the Road Seniors walk at their own pace with a group of their peers. Meet at Sherburne Library on River Road, 9AM, Thursday mornings. Walk towards Town Office and beyond - or as far as you wish. Return to picnic shelter at our Recreation Center for rest and conversation. No time limit, no set pace, no required distance to cover, but please, do bring water for hydration. Any questions contact Ron Willis at 422-3843.

The Rutland Regional Medical Center welcomes those interested in Healthier Living with Chronic Conditions. If interested, call 772-2400 for a program schedule.



The Red Horses garden sculptures at the Weston Antiques Show, with the falls of the West River.

Weston Welcomes its 53rd Antiques Show

The 53rd annual Weston Antiques Show, dubbed by the New York Times as “one of the best small shows in New England,” will take place in the Weston Playhouse on Friday, September 30 and Saturday, October 1. It will be preceded by a Gala Preview, from 5:00 to 7:30 p.m. on September 29, offering an advance opportunity to examine – and snap up – the cream of the crop and to enjoy a social evening with hors d'oeuvres and wine.

The Weston Antiques Show welcomes two new dealers in 2011: Boston Rare Maps who, as the name indicates, specialize in cartography and old prints and Mario Pollo, who offers authentic painted furniture and weathervanes.

The new dealers join old favorites like Peter Pap, with amazing oriental rugs, John Forster, with antique scientific instruments, John Sylvia, with maritime art

and antiques, Donna Kmetz with miniature American paintings, the Red Horse Antiques, with garden sculpture, plus twenty seven more exhibitors.

If you want a musket, look for Bob Kozub of Ester Gilbert Antiques. If Limoges is your passion, you'll want to visit Debby Dubay's booth. There are dealers to suit every taste and at various price points.

The Weston Antiques Show is entirely managed and staffed by volunteers, and all proceeds from the show will go to help defray the costs of refurbishing the Playhouse after sustaining damage from Hurricane Irene.

The Weston Antiques Show is a production of the Weston Community Association, which owns and maintains the Playhouse, the three Museums of Weston and the Cold Spring Brook Park.

Admission to the show is \$8 and to the Gala Preview \$50.

Pittsford Celebrates 250th B-Day

On October 12, the town of Pittsford will celebrate the 250th anniversary of the signing of its town charter. To commemorate this occasion, the Maclure Library is holding a series of events running from the end of September through October.

– Pittsford Historical Society photos and artifacts - through the end of October

Included will be photos of Pittsford's high school classes and general photos of the community. Stop in and step back in time.

– From Land Grants to State: A Quick History of Early Vermont - Wednesday, September 28 at 7p.m.

Vermont had a tempestuous beginning. From the first time, Jacques Cartier saw in the distance what is now Vermont, to declaring itself an independent republic in January 17, 1777, to becoming the 14th state on March 4, 1791, Vermont's history has been filled with squabbling, intrigue and controversy. Almost part of Canada, briefly an independent country, we were the state that almost never was. Speaker will be John Peterson, historian and Vermont Teacher of the Year. Please join us for an evening of learning about our state history.

– Memories of Pittsford. Wednesday - October 5 at 7 p.m.

History is a living thing. Stories and experiences told, retold, recollections of events and people in town shared and remembered. This will be an evening of reminiscing about places, people and traditions gone by in our com-

munity. Dr. Gregory L. Sharrow, Director of Education and Folklorist at the Vermont Folklife Center, will lead an open discussion recounting tales and memories of days gone by. The evening will be recorded by the Vermont Folklife Center for the Pittsford Historical Society's archives. Please come and share your stories.

– Community Read - Wednesday, October 12, at 7 p.m.

Join the library and fourth grade classes from Lothrop when we read Grace Anderson's In the Shadow of Cox Mountain. In the Shadow of Cox Mountain is a historical fictionalized account of the settling of Pittsford. As Grace said, “This book is a combination of what probably happened, told as it might have happened.” Grace based the book on research from diaries, historical records and genealogies. Centered on the lives of women and children, Grace tells the story about everyday life, the hard work, the dangers of living on the frontier, and the joys of community. This book is a quick and enjoyable read, but the number of copies is limited, so please call to reserve your copy. Discussion led by Vermont Author, Bill Powers and Vermont Folklife Center Educator, Greg Sharrow.

The Maclure Library, 840 Arch Street, Pittsford, is ADA accessible and the programs are free and open to the public. Programs held in the Children's Room, lower level. For more information, please call 483-2972.

Pico Ski Club's Annual Ski & Snowboard Swap

Due to Tropical Storm Irene, the Pico Ski Club's annual Ski and Snowboard Swap dates have been moved back a week to Sept. 30 through Oct. 2 at Pico Mountain. This annual event benefits the Pico Ski Club's racing program.

New and used skis, snowboards, clothing, snowshoes and equipment for kids and adults - from the recreational snow sports enthusiast to the seasoned racer - will fill the upper and lower levels of the Pico Base Lodge for this annual event that benefits the Pico Ski Club.

New and used equipment and new clothing and accessories from Killington Sports, First Stop Ski Shop/Snowboard Barn Shop, Aspen East, Peak Performance, and a large Massachusetts retailer will be available along with consignment clothing and equipment from Pico Ski Club members and the public. A huge collection of new U.S. Ski Team and U.S. Snowboard Team sweatshirts, t-shirts and caps will also be available at incredible prices.

VISA, MasterCard, cash and personal checks will be accepted for purchases.

Look for Super Sunday Bargains on the last day of the sale, October 2.

Ski/Snowboard Swap Sale Hours:

–Friday, September 30 from 5 to 9 p.m.

–Saturday, October 1 from 9 a.m. to 5 p.m.

–Sunday, October 2 from 9 a.m. to Noon

Consignment Drop Off

The Pico Ski Club will accept consignments of gently used, clean ski, snowboard and athletic clothing (no street clothing please), and modern alpine and snowboard equipment. All equipment must meet current safety standards. Consignments will be accepted during the following times at the following locations:

–Saturday, September 24 from 3 to 5 p.m. (Pico Retail Shop)

–Sunday, September 25 from Noon to 2 p.m. (Pico Retail Shop)

–Thursday, September 29 from 4 to 6 p.m. (Pico Base Lodge)

–Friday, September 30 from 11 a.m. to 9 p.m. (Pico Base Lodge)

Consignment forms can be downloaded directly from the Pico Ski Club website.

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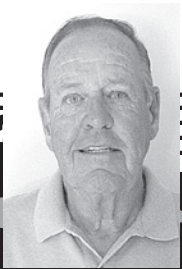
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GolfNews



Rules of the Game

By Alan Jeffery
USGTF Certified Golf Professional
Green Mountain National Golf Course

QUESTION: Smitty and Rick are playing in a tournament. On the 6th hole, Rick's drive goes to the right of the fairway, close to the red stakes indicating a lateral water hazard. He notices a red stake on the ground and next to it is a hole which was made by the groundskeeper to hold the red stake. In the hole is Rick's ball. Rick removes the ball from the hole and drops it without taking a penalty believing the area could be called "ground under repair" because the hole was made by the groundskeeper. Smitty says Rick is correct in that a hole made by a groundskeeper can be called "ground under repair." However, because the hole is within the lateral water hazard, Rick is not entitled to relief without penalty. Is Smitty correct?

ANSWER: Because red stakes lie within the margin of a lateral water hazard, relief is not allowed without penalty. Smitty is correct. See USGA Decisions On The Rules of Golf, 2010-2011, 25/18.

Golf clinics continue on Saturday mornings, 10:30-12:00. Private lessons are also available by calling me at GMNGC, 422-GOLF. Remember, the swing's the thing and continuous improvement is what it's all about.



Three Holes-in-One at Okemo Valley Golf

Fourteen skilled golfers have made holes-in-one at Okemo Valley Golf Club this season. The three newest members of this elite group made their aces on Aug. 27, Sept. 9 and Sept. 13.

Kenny Weinstein, an OVGC member from Long Beach, N.Y., made the twelfth hole-in-one on Number 4. He made the 175-yard ace from the green tee, using his 8-iron. Brendan Stark was witness.

Bobby Triplett, of Bristol, Conn., made the thirteenth ace of the season on the fourteenth hole. He made the 156-yard hole-in-one from the white tee using his 6-iron. Joe Triplett witnessed.

Eric Edelstein, of North Caldwell, N.J., made the fourteenth hole-in-one on Tuesday, Sept. 13. Edelstein aced Number 14 from the green tee, 205 yards away from the pin. Joseph Pompeo, Stephen Henessey and Robin Amesbury witnessed the feat.

All three golfer's names will be engraved on a hole-in-one plaque that hangs inside the Okemo Valley Golf Club clubhouse, to honor the fortunate few who have had the exhilarating experience of making a hole-in-one at OVGC.

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News From Green Mountain National G.C.

by Spider McGonagle

Congratulations to Green Mountain National's Chris Franco who had his first Hole-In-One last week in his 25 year golfing career. Chris laced a 3-Wood 152 yards on Hole #5 with a strong wind behind him and found the bottom of the cup with his amazing shot!

On Monday, October 3rd, Green Mountain National is proud to host a benefit golf tournament for our good friend Brian Halligan. Brian lost his home as a result of Hurricane Irene and we hope that all of his friends and neighbors will join us, as we hope to help Brian start to rebuild his life. \$50 per player covers 18 holes of scramble golf, cart, prizes and a light dinner following the tournament. There will also be a "silent" auction and raffle with some great items donated by local businesses and friends. Check-in is at 12:30pm with dinner and

prizes to follow. Beginners are welcome and everyone is encouraged to sign-up as a team or as an individual and we will match you up with a great group!

The golf course is in perfect shape as we head into the fall and roads here keep getting better and better! A very special thank you to all of the road crews and the Army National Guard who have helped get Vermont ready for all of our guests this fall & winter!

We have very busy and exciting fall planned and tons of great events coming up. Autumn is the best time of year to play Green Mountain National and we are only days away from peak foliage. Please visit us at www.gmngc.com for more details and contact information.

Our complete Events Calendar can be found online and we can't wait to see you back here on the first tee. If you have any questions, please give us a call at 422-GOLF.

The Driver: Friend or Foe?

by Bruce Munch

Have you ever noticed, especially with men, that when you take out your driver, your swing changes? Your once rhythmic natural swing turns into a slashing demonstration of testosterone. This is a very common situation and one that leads many golfers to leave their drivers in the trunk of the car. There are even many instructors out there who will encourage this practice. I don't agree with this. The driver is a fun club to hit and when used wisely, can lead to enjoyment and success in a round of golf.

What do I mean by 'use it wisely?' Most players, when approaching the tee of a par four or par five hole, immediately pull out the driver. This is not necessarily the best move. Tour players, who play the mental game of golf from the green, back to the tee, will often use clubs other than driver in order to set up the approach shot they want.

For example, on a short par 4, a driver might leave less than a full shot into the green, not usually a desirable result, or on a narrow driving hole, a long iron might ensure a second shot from the fairway rather than a shorter shot from deep rough. Most par 72 courses have 14 par fours or fives. As a rule of thumb, if you are using driver 14 times, you are probably using it too much.

Choosing a driver wisely is also important. Drivers come in many lofts. Just because your favorite player on tour hits an 8.5 degree driver, doesn't mean that you should. The more loft your driver has, the more forgiving it will be because more of the energy is directed up, so this will lessen the effect of your slice or hook. Unless your normal ball flight is very high, an 11 degree driver might be a great choice for you.

Contrary to popular opinion, that low driving shot, with lots of backspin, that rises at it goes will usually not travel as far as a drive launched at a higher angle, similar to an artillery shell. Studies have been made, and one of the reasons Tiger Woods hits the ball so far is that his drives have less backspin, so they bore through the air rather than ballooning up and dying.

Now that we have the proper equipment and the proper mental mindset, let's talk about hitting the drive. As in all shots, setup is critical. The ball should be teed up in line with the heel or instep of the forward foot, and at a height that puts the equator of the ball lined up with the top of the club at address. Since the ball is in this position, the rear shoulder must be dropped more than normal to allow the forward arm to remain relatively straight at address. The spine angle will be slightly more upright and the stance slightly wider than with other clubs to accommodate the length of the driver.

In addition, your hand can be farther from your body with the woods. For a right handed player, normally the butt of the club should be the width of a fist off your left thigh with your irons. With the woods, this distance can be increased to two fists from the left thigh. "The longer the club, the slower the back swing," is a good rule to live by, therefore the back swing with the driver should be controlled.

In the forward swing, your body should move at the same rate as it does when hitting a seven iron. If the body move is the same with both clubs, the extra length of the driver means that the club head is traveling a LONGER distance in the SAME time, resulting in greater clubhead speed. This, combined with the flatter face, will give you the distance you desire.

To learn this novel idea, here is a great drill for you to do next time you go to the range. Take out your 8 iron, 6 iron, 4 iron, 5 wood and driver. Hit a few shots with the 8 iron and focus on tempo. Take the 6 and duplicate the tempo, and so on up to the driver. Then back to the 8 iron and do it again. You will see that with the same tempo, the distance of your shots will increase due to the increased length and decreased loft of successive clubs. You will gradually learn to swing your driver like your other clubs and you will find the short grass more often.

So, don't leave the driver in the trunk. Pick the right club for you, use it wisely, and well and it will become a lifelong friend!

Golf Tournament to Benefit Homeless Animals

The eleventh annual Fall Foliage Golf Tournament to benefit the Rutland County Humane Society will be held on Friday, October 7, 2011 at the beautiful Proctor-Pittsford Country Club.

Captain and crew play will begin at 1 PM, with registration starting at 11:45 AM. Pre-registration is strongly suggested. Teams are comprised of 4 members with a limit of 25 teams. There will be great prizes, including a chance to win a new vehicle, donated by Brileya's Chrysler Jeep, Inc.

Tournament fees of \$85 (\$80 for PPCC members) include a post tournament banquet.

For more information, to register or to become a sponsor, please call 802-483-9171 or visit www.rchsvt.org.

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Health & Fitness

Dog Ownership Has Many Benefits

by Lee Bowman, Scripps Howard News Service

Even though we now know summer is about the tilt of the Earth rather than the brightness of Sirius (the dog star) as ancient Romans thought, the canine connection to the most sultry days of the season persists. We certainly share the misery of the hottest days.

Dogs have been keeping company with humans for at least 15,000 years, cats maybe half as long, but researchers continue to learn new lessons about our pets and how we influence each other.

One recent study, published in the journal Learning and Behavior, sought to test whether nurture or nature has more influence on the ability of a dog or wolf to beg effectively for food.

Researchers from the University of Florida found that wolves could be just as effective as domestic dogs at approaching attentive humans and taking cues from their hands, eyes and posture. And both wolves and pets got better with practice.

They also noted, though, that dogs that had been raised in a home environment rather than a shelter were better at picking up human cues. Those with less regular exposure to humans were less adept at begging.

In fact, dogs in close partnership with humans may actually become too sensitive and eager to please.

Scientists at the University of California at Davis found that drug or bomb-sniffing dogs were much more likely to give a false “alert” on a training course when their handler wrongly believed that a scent target was present.

They reported in the January issue of Animal Cognition that 18 human-dog teams erred more than 200 times over the course of an experiment.

The handlers had been falsely told that there could be up to three target scents in each of the rooms they searched, and that some would be identified with a piece of red paper taped to a cabinet.

The researchers said the mistakes didn’t result from any failings in the canine noses or training, but because they picked up on cues from their humans about what they expected to find.

“Dogs are exceptionally keen at interpreting subtle clues, so handlers need to be cognizant of that to optimize the overall performance of the team,” said Anna Oberbauer, senior author of the study and head of the



university’s department of animal science.

So what do dogs give back to us?

A March study by Michigan State University scientists found that people who owned and walked their dogs were 34 percent more likely to meet federal guidelines for physical activity. The researchers said the results appeared to come from more than just getting tugged tree-to-tree by Rover, but suggested that having a dog made people more active and perhaps healthy overall.

Another recent study by psychologists at Miami University and St. Louis University involved several surveys and other methods to identify the effect of pets on loneliness, self-esteem, frequent illness and exercise levels. They found that pet owners not only scored better in most measures, but that they also were more extroverted and enjoyed better social relationships with other people as well as with their pets.

Other researchers remain skeptical, though, complaining that most pet studies are not well controlled, rely too much on self-reporting by animal lovers and involve too few study subjects.

What dogs don’t necessarily give us are germs or allergies.

Research done in 2009 by a veterinarian at Kansas State while working on her doctorate at the University of Tennessee found that dog owners who allowed their pooches to sleep on their bed or lick them in the face were no more likely to share E coli strains with the animals than those who did not. But there was a link between dog owners who didn’t wash their hands after petting their dogs and then handled or cooking food.

A study published earlier this year by researchers at Henry Ford Hospital in Detroit showed that having a dog or cat in the house during the first year or so has little impact on whether a child will become sensitive to pet allergens by young adulthood, but that the exposure may be helpful in some groups.

Young men whose families had an indoor dog during their first year had about half the risk of being sensitized to dogs compared to those whose families had no house dog, the scientists wrote in the journal Clinical and Experimental Allergy.

In the Obesity Battle, it’s Mind Over Stomach

by Lee Bowman, Scripps Howard News Service

When it comes to hunger, eating too much and gaining weight, the stomach is not the only or even the major organ to blame.

Scientists looking for new and better ways to counter our obesity epidemic are increasingly finding how our genes, hunger and satiety hormones and brain interact to make us eat more than we should.

In most of us, most of the time, the hormones leptin and ghrelin are supposed to work in sync to suppress or signal hunger based on how well fed we are and how much fat we have circulating through us.

Ghrelin, which stimulates appetite, is secreted mostly from the lining of the stomach, and like the hunger-suppressor leptin, activates the brain’s metabolic command center, the hypothalamus.

But a recent study by researchers at Yale University showed that both the brain and the ghrelin could be fooled. For the study, published online in the journal Health Psychology, subjects were given a 380-calorie milkshake, but individuals were falsely told they were getting a 620-calorie “indulgent” shake or a 140-calorie “sensible” shake. Ghrelin levels were measured in both groups.

Those who thought they had consumed the high-calorie shake had a dramatically steeper drop in ghrelin levels after drinking it than did those told they had gotten the low-cal shake -- their ghrelin levels scarcely moved.

“This study shows that mindset can affect feelings of physical satiety,” said Alia Crum, a psychologist and lead author of the study. “The brain was tricked into either feeling full or feeling unsatisfied. That feeling depended on what people believed they were consuming rather than what they actually were consuming.”

Last winter, Baylor College of Medicine scientists re-

ported working with mice genetically modified to lack a receptor for the ghrelin hormone.

They found this turned up the fat-burning thermostat in the animals’ bodies. In an older group of the mice, the rodents were slimmer than a control group even though they ate just as much and were no more physically active.

Still another mouse study, reported in this month’s Cell Metabolism, looked more closely at what happens inside the hypothalamus and found that when they are starved, some neurons in that part of the brain actually start eating bits of themselves, which in turn ramps up hormonal signals to start eating.

Such cellular cannibalism goes on all the time as part of the body’s natural housekeeping, but the discovery that this process also helps regulate appetite opens a new possible route for obesity-fighting drugs.

Switching to the other end of hunger signals, researchers in Europe and the U.S. studied both rats and humans that had undergone the most common type of gastric bypass surgery, which reduces the stomach to a small pouch and connects it to the middle of the small intestine.

In the Journal of Physiology published in July, researchers reported that both animal and human subjects that had this type of surgery soon became less inclined to eat high-fat foods and more likely to eat low-fat foods compared to those who had no surgery or a different type of surgery. Researchers suspect this is the result of hormonal changes within the stomach, perhaps a protein that helps regulate blood sugar.

But the stomach doesn’t readily catch up with our heads, consumer psychologist Brian Wansink of Cornell University noted during a recent presentation before the American Psychological Association.

His studies have shown that people tend to fill -- and

eat more from -- bigger containers, whether they’re larger-than-normal bowls or short, wide glasses rather than tall skinny ones.

In one lab study, 60 subjects came into a lab for a “free lunch” that featured 22-ounce bowls of soup -- but half got soup in bowls that were secretly refilled from a pressure-released system hidden under the table.

The result: People with the bottomless bowls ate 73 percent more than those who used regular bowls, yet when they were asked, they didn’t realize they had eaten more. “The lesson,” Wansink said, “is don’t rely on your stomach to tell you when you’re full. It can lie.”

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Art&Entertainment

Thursday, September 22

Poultney Farmers Market-9:00 AM on Main St., 9am-2pm.

Seniors Walking Group in Killington-9:00 AM **EVEN AFTER IRENE:** Over the Road Seniors walk at their own pace with a group of their peers. Meet at Sherburne Library on River Road. Walk towards Town Office and beyond - or as far as you wish. Return to picnic shelter at our Recreation Center for rest and conversation. No time limit, no set pace, no required distance to cover, but please, do bring water for hydration. Any questions contact Ron Willis at 422- 3843.

Bone Builders Class-10:00 AM Tues. & Thurs. Bone Builders free exercise classes. 10-11am, Mendon Methodist Church, 773-2694. Bridgewater Mill, 2nd floor, 3-4pm, 672-3384.

Tales of the Notch-10:00 AM Join site administrator Bill Jenney for a special guided tour of Calvin Coolidge's Plymouth Notch. This leisurely walk through the village and surrounding fields will offer unique insights into the man who became our nation's 30th

President. Held weekly through October 14. 10am or 3pm - call for details, 672-3773.

Bingo-10:15 AM Modern Woodmen of America holds Bingo, including special game to benefit a local charity or good cause. Thurs. 10:15a.m. Sunday Bingo starts at noon. Wells.

Marble Valley Bridge Club-1:00 PMACBL Sanctioned Bridge Games 1:00pm Monday and 6:45 Thursday at Godnick Senior Center. guaranteed partner. 287-5756.

Rochester Singing Group-5:00 PM A cappella singing group meets Thurs., 5-6pm, Federated Church of Rochester. Practice spiritual music to sing to ill folk. Come & sing! 767-3012.

Cancer Support Group for Men-5:30 PM Rutland. Man-to-Man Prostate Cancer Support Group meet 5:30pm, 4th Wed. of month @ RRM. Spouses welcome. 483-6220.

Coupon Swap-8:30 PM N. Clarendon. Monthly Coupon Swap at Bailey Memorial Library - learn to save money on grocery bill. 8:30pm. Bring scissors, unexpired coupons, non-perishable food item.

Friday,

Billings Farm & Museum
Gateway to Vermont's Rural Heritage

25th Annual
Quilt Exhibition
July 30 - September 25, 2011
10:00 a.m. - 5:00 p.m.
Over 50 juried quilts made by our talented Windsor County quilters
~ ~ ~
Quilt Making Demonstrations • Hands-on Activities
EXHIBIT: Looking Back on 25 Years of Windsor County Quilting

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MOZART:
Serenata Notturmo

HONEGGER:
Pastorale d'été

ROBERT PATERSON:
Dark Mountains
(World Premiere VSO Commission)

HAYDN:
Symphony No. 53, "L'imperiale"

Jaime Laredo
Music Director and featured violinist

Robert Paterson
Composer of Dark Mountains, a world premiere and VSO commission

Sponsored by:



LOCATION

Castleton State College
Fine Arts Center, Castleton

Monday, October 3
7:30 p.m.

TICKETS

Castleton Village Store in Castleton; Annie's Book Stop in Rutland

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The VSO's 2011/2012 Season is sponsored by


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September 23

Weekly Bone Builders Exercise-9:00 AM at Sherburne Library. Til 10am. Weekly, M & F. Info, 422-3824

Foodways Fridays at Billings Farm-Discover how Billings Farm & Museum uses seasonal produce from its heirloom garden in historic recipes every Friday as part of Foodways Fridays, thru Oct. 14, from 10:00 a.m. - 5:00 p.m.

Arthritis Help-10:30 AM Rutland. 10:30-11:30am-Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10 classes. Holiday Inn Pool, 775-1911.

Sherburne Pre-School StoryTime-Killington - Sherburne Memorial Library Event, Fris - 1:30pm. 422-3824.

Market Fair Rutland Town/Killington-4:00 PM MARKET FAIR featuring a variety of crafts, culture, food, energy healing, music, yoga and other surprises, all in an open air setting. Located on Route 4 in The Home Depot/Big Lots Plaza, east of Route 7 with lots of free parking and easy access for Rutland, Mendon, Chittenden and Killington residents.

Lake House Enter-6:00 PM live music, Aaron Audet performs.

Women's Bball-6:00 PM Pittsford. Adult Women's Basketball - Open Gym. Friday nights, 6-8PM. Police Academy, Furnace Road. More info: Tara 417-7331.

AA Meetings-7:00 PM Rutland - Al Anon: Call Pete: 773-9548 or Marcia: 775-7479 for meeting info. Beginner meeting Fris, 7pm, The Evergreen Ctr. You may also call Rutland - AA Hotline, Rutland area: 802-775-0402, 24 hours.

Live Irish Music-8:00 PM at McGrath's Irish Pub, Killington. Ocean Valley Boys, both nights. 775-7181.

Blues Traveler at Paramount-8:00 PM Part of I

am Vermont Strong flood relief benefit concert series. Tickets \$39.50 - \$49.50 plus tax. 775-0903, paramountlive.org. Monies donated from The Paramount Theatre to I Am Vermont Strong will be distributed to Vermont disaster relief organizations.

Brandon Farmers Market -in Central Park, 9am-2pm.

Pittsfield Farmers Market -on the Village Green, Fridays, 3-6pm.

Fair Haven Farmers Market-3-6pm, FH Park, rain or shine.

Ludlow Farmers Market -Okemo Mtn School front lawn, 4-7pm.

Rutland Town/Killington. Home Depot Plaza, 4-8pm.

Saturday, September 24

Women's Mountain Bike Clinic-8:30 AM We will be meeting in the upper parking lot at Giorgetti. This clinic is designed for beginner to advanced beginner riders and will be led by Shelley Lutz. Participants must have a mountain bike and helmet. The cost to participate is \$8 for residents and \$10 for non-residents. Max of 15. Please register at www.rutlandrec.com or visit Godnick Adult Center (1 Deer St. Rutland).

Saturday Farmers Market-9:00 AM Rochester. Farmers Market on the Village Green, 9-1pm.

Downtown Rutland Farmers Market-Sats. 9am-2pm, in Depot Park.

8th Annual Vermont Fine Furniture & Woodworking Festival-9:00 AM 8th Annual Vermont Fine Furniture & Woodworking Festival at Union Arena in Woodstock. Saturday 9am-6pm; Sunday 10am-4pm. Call 802-747-7900 or email info@vermontwood.com Admission: \$10.00 (18+); under 18 free.

Proctor Fall Festival-9:00 AM 9th Annual - full day of events includes a Birthday Cake Baking Contest, Proctor Fire Department

Chicken BBQ, kid's activities, arts and crafts vendors, food booths, carnival rides and a silent auction. Til 4pm. Proctor Main Street Park. 459-2220.

Chinese Brush Workshop-10:00 AM Killington Arts Guild sponsors 1-day workshop with Jill Dye, presenting style & techniques of using bamboo brushes & ink blocks for creating subjects in this elemental medium. Beginners to experienced painters welcome. \$75 /KAG members; \$85 non-members. At KAG's gallery above the Cabin Fever shop. Call for info, 422-3852. Til 4pm.

American Legion Dinner-5:30 PM Dinner at the American Legion, Post 31 in Rutland: Saturday Night Dinner and Dancing. Serving til 7:30pm. Buffet Selections, Roast Prime Ribs of Beef au jus, Crab Stuffed Shrimp, Pork Cutlets Francaise, Roasted Baby Red Potatoes, Herbed Long Grain Wild Rice, Fresh Steamed Vegetable Medley, Fresh Salad Bar w/ 20 selections, Assorted Dessert Buffet. All you can eat \$15; age 5-12 \$6. Public welcome. Live music by SweetWater Band, \$5/ couple.

Live Irish Music-8:00 PM at McGrath's Irish Pub, Killington. Ocean Valley Boys, Fri & Sat. 775-7181.

George Thorogood & the Destroyers-8:00 PM Part of I am Vermont Strong flood relief benefit concert series. Tickets \$49.50 - \$59.50 plus tax. 775-0903, paramountlive.org. Monies donated from The Paramount Theatre to I Am Vermont Strong will be distributed to Vermont disaster relief organizations.

Consignment Drop Off-Drop off consignments for Pico Ski Club's Annual Ski & Snowboard Sale held Sep. 30-Oct. 2. Drop off at Pico Retail Shop Sep. 24, 3-5pm; Sep. 25, noon-2pm. Accepted: gently used, clean ski, snowboard and athletic clothing (no street clothing please), and modern alpine and snowboard equipment.

Sunday, September 25

Vermont Fine Furniture & Woodworking Festival-10:00 AM til 4pm, at Union Arena. Yes, you can get there via Route 4! Scores of artisans will be at the Festival with the fruits of their labors -woodenware, furniture and accessories, toys and games, and more. Hands-on demos of carving, turning, or cutting. Admission is \$10 for ages 18+. 802-747-7900 or info@vermontwoodfestival.org for more information.

Bingo-10:15 AM Modern Woodmen of America holds Bingo, including special game to benefit a local charity or good cause. Thurs. 10:15a.m. Sunday Bingo starts at noon. Wells.

Shrewsbury 250th Anniversary-1:00 PM The Shrewsbury Historical Society Museum located on Route 103 in Cuttingsville is celebrating the Town of Shrewsbury's 250th Anniversary. Museum hours are Sundays from 1 to 3 pm, until the end of October. Free admission, handicapped accessible, with parking. Info: contact Ruth Winkler, (802) 492-3324.

Vt Dining Train-4:45 PM Autumn Special: Reserve Online & 4th Guest is Free! Sundays September 25; October 2, 9, 16. Vermont Dining Train departs Rutland at 4:45pm every Sunday thru October 16. Fare \$59-\$79. VermontDiningTrain.com (800) 292-7245.

M-6:00 PM at Historical Society building. Variety of desserts, presentation by VT gun expert Terry Tyler. Free, open to public. 235-2376.

Consignment Drop Off-Drop off consignments for Pico Ski Club's Annual Ski & Snowboard Sale held Sep. 30-Oct. 2. Drop off at Pico Retail Shop Sep. 24, 3-5pm; Sep. 25, noon-2pm. Accepted: gently used, clean ski, snowboard and athletic clothing (no street clothing please), and modern alpine and snowboard equipment.

Monday, September 26

Killington Yoga-8:30 AM Mon. & Tues. Anusara Inspired Yoga classes at Killington Yoga, Mon. 8:30am mixed level, Tues Level 1. Thurs. classes resume Sep. 8 killingtonyoga.com. 422-4500.

Bone Builders Program-9:00 AM Mon. & Thurs. - Rochester. Bone Builders exercise program meets 9am, Park House. Lightweight resistance training to help slow down or reverse osteoporosis. 767-3416.

Weekly Bone Builders Exercise-9:00 AM at Sherburne Library. Til 10am. Weekly, M & F. Info, 422-3824

Arthritis Help-10:30 AM Rutland. 10:30-11:30am-Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10 classes. Holiday Inn Pool, 775-1911.

Marble Valley Bridge Club-1:00 PMACBL Sanctioned Bridge Games 1:00pm Monday and 6:45 Thursday at Godnick Senior Center. guaranteed partner. 287-5756.

**11th Annual Brandon Artists Clock Auction**
Saturday October 8
at Brandon's Town Hall
Preview - 5 pm Auction at 7 pm



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53rd Annual



WESTON ANTIQUES SHOW

"One of the best small shows in New England."
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Friday, Sept. 30 & Saturday, Oct. 1 10 am – 5 pm
General Admission \$8

Gala Preview – Thursday, Sept. 29 5 pm – 7 pm, \$50

Weston Playhouse Rte. 100, Weston, VT
www.WestonAntiquesShow.org • 802-824-5307

Parkinson’s Exercise Group-2:30 PM Rutland. Low impact exercise group for those with Parkinson’s Disease, 2:30pm Mondays, Godnick Adult Center. Free. RSVP sponsors.

Fair Haven Scrabble for Students-3:00 PM After school at the Grade school. Students who want to participate must have written permission and be picked up promptly at 4:20 p.m.

W C S U B o a r d Meeting-6:00 PM at WCSU conference room

Z u m b a i n Bridgewater-6:30 PM Bridgewater. Zumba at Bridgewater Grange, \$4. 6:30pm.

Curbstone Chorus Practices-7:00 PM Rutland High School. Open invitation for any men interested in singing - join them!

Food As Art-7:00 PM Killington Arts Guild sponsors program with Lauren Wilder, presenting visual and edible art in the form of garnishes, hors d’oeuvres, and centerpieces with food sampling sure to be included! Sherburne Memorial Library, til 8:30pm. No fee.

Tuesday, September 27

Killington Yoga-8:30 AM Mon. & Tues. Anusara Inspired Yoga classes at Killington Yoga, Mon. 8:30am mixed level, Tues Level 1. Thurs. classes resume Sep. 8 killingtonyoga.com. 422-4500.

B o n e B u i l d e r s Class-10:00 AM Tues. & Thurs. Bone Builders free exercise classes. 10-11am, Mendon Methodist Church, 773-2694. Bridgewater Mill, 2nd floor, 3-4pm, 672-3384.

Killington Arts Guild Workshop - Sherburne Library-10:00 AM Killington - Sherburne Memorial Library: Killington Arts Guild acrylics workshop meets every Tues., 10am-noon, free.

Sherburne Library Matinees-Killington - Sherburne Memorial Library Event: Tues, 2pm - Matinees

Tuesday Farmers Market-3:00 PM Rutland. Downtown Rutland Farmers Market, Tues. 3-6pm, in Depot Park.

Barnard School Board Meeting-5:00 PM at Barnard Academy

Rutland Chess Club-7:00 PM Rutland. Chess Club, Godnick Adult Center, 1 Deer St. Open to public, free, all ages. Beginners welcome. 773-1853.

R a m u n t o ’ s Entertainment-7:00 PM Tuesday Nights Open Mic entertainment

Keb Mo in Rutland-8:00 PM Part of I am Vermont Strong flood relief benefit concert series. Tickets \$34.50 - \$54.50 plus tax. 775-0903, paramountlive.org. Monies donated from The Paramount Theatre to I Am Vermont Strong will be distributed to Vermont disaster relief organizations.

Wednesday, September 28

Gentle Kripalu Yoga-8:45 AM in the gallery at 1360 US RT 4, Mendon. Til 9:45 am. Call Louise 747-8444 to reserve space. Free will donation.

Arthritis Help-10:30 AM Rutland. 10:30-11:30am-Arthritis Pool Class. You don’t need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10 classes. Holiday Inn Pool, 775-1911.

Mother Goose Story Time-10:30 AM Killington - Sherburne Memorial Library Weekly Event. 422-3824.

Wagon Ride Wednesdays at Billings Farm & Museum-Woodstock. Thru September 28. 11:00 a.m. - 2:00 p.m. included in the admission.

Wednesday Afternoons with Farmer Fred-1:00 PM Plymouth Notch, at President Calvin Coolidge State Historic

Site. 1-5pm. Demos of historic farming activities. Weekly program. 672-3773.

Prostate Cancer Support-5:30 PM Rutland. Man-to-Man Prostate Cancer Support Group meets 4th Wed. of month @ RRMCM. Spouses welcome. 483-6220.

Killington Rotary Club Meeting-6:00 PM Killington. Killington Rotary Club meets at Summit Lodge 6-8pm for full dinner, guest speaker and/or discussion. Seeking new members.

B i n g o i n Bridgewater-6:30 PM Bingo at Bridgewater Grange Hall

Volunteers Needed!-Volunteers needed to help brush/clean Catamount Association ski trail in Coolidge State Forest. Sunday, Oct. 26. Interested, contact hcoolidge@hotmail.com or jdblum@hotmail.com.

Museums, Exhibits, & More

CALL FOR CRAFTERS & VENDORS: Now accepting applications for 7th annual Harvest Fair for October 1st from 10 to 4 on US Rte 7 in Pittsford Village. Hand-Made or Home-Grown is our theme. Early application discount. Call 802-483-0074.

Art & Antiques on Center - 17 Center St, Downtown Rutland. Mon-Sat, 10-5. 786-1530.

BigTown Gallery - 99 North Main St., Rochester. 767-9670. Fine arts exhibitions, one of a kind knitwear ensembles from the studio gallery, and an outdoors amphitheater. New Exhibit “GEOMANCER: Painting and Textiles” thru Sep. 25.

Billings Farm & Museum - Woodstock. Rt 12N & River Rd. 457-2355. A first-class working farm, operating with a museum of Vermont’s rural heritage, dating back to 1871. 25th Annual Quilt Exhibition thru Sept. 25.

Brandon Artists Guild - Brandon. Open daily 10am-5pm.

Brandon Museum - Brandon. At Stephen A. Douglas Birthplace open for the season. Daily, 11am-4pm, free, open to public. Also houses Brandon Welcome Center & municipal restrooms, open 8am-6pm all year round.

Brandon Music -62 Country Club Rd., Brandon. Art Gallery open 10-6 daily, closed Tues. Harmony English Tea room 2-5pm daily, closed Tues.

Brick Box - at Paramount Theatre, Center St., Rutland. Gallery hrs: Thurs-Fri, 11am-6pm & Sat., 10am-2pm & during Paramount Theatre performances. 775-0903.

Carving Studio & Sculpture Center - Marble St., W. Rutland. 438-2097, carving@vermontel.net. Sats. & Suns., 1-4pm & by appt. SculptFest2011 “Forces of Nature” - exhibit thru Oct. 16.

Chaffee Center for the Visual Arts - S. Main St., Rutland. Weds.-Sat. 10-5, Sun. 10-4, closed Mon. & Tues. 775-0356.

Chandler Gallery - Randolph. Gallery hrs: Thurs. 4-6pm, Sat. & Sun. 1-3pm. 431-0204.

Killington Arts Guild Fine Art Gallery - at Cabin Fever, Rt. 4. Open business days 9-6:30pm. New Show! 422-3824.

Maclure Library - Rt. 7, Pittsford. Mon., Tue., Fri., 1-6pm; Wed., 10-8; Thur., 10-6; Sat., 9am-noon. 483-2972.

Montshire Museum of Science - Norwich. Open 7 days year round, 10am-5pm. 649-2200.

New England Maple Museum - 4578 Rte 7, Pittsford. Open daily 8:30am-5:30pm. Maple Candy Making 10-2, free, Wednesdays thru Oct. 12. 483-9414 for info. Sep 16 thru Oct 31- Halloween & Fall Celebration. Decorations demonstrate VT tradition of scaring off “evil” spirits during this wonderful time of year.

Norman Rockwell Museum - Rt. 4E, Rutland. 773-6095. Self-guided tour. Open daily.

Norman Williams Public Library - Woodstock. 457-2644. Open Mon., Fri., & Sat., 10-5, Tues., Wed., Thurs. 10-7.

Pittsford Historical Society - Pittsford. Thru July 4, Tues. 9-4. July 5-Oct. 11, Tues. 9-4, Suns. 1-4. Oct. 12-Nov. 16, Tues. 9-4.

Rutland Historical Society - 96 Center St., Rutland, 775-2006. Year-round, Mon., 6-9 pm, Sat, 1-4pm, by appointment for schools or other groups.

Rutland Railway Association - Center Rutland Depot. Former Rutland Railroad depot. Museum exhibits the Rutland Railroad. HO & N scale models. Open Saturdays 11am-3pm.

Slate Valley Museum - Water St., Granville, NY. 518-642-1417 for info.

Timco Gallery - Center St., Rutland. Gallery hrs Mon - Sat. 773-3377. Portion of sales proceed local student art programs.

Tyson Library - Now Open. Rt 100N on Library Rd. across from Tyson store. 1st & 2nd Mondays, 6-7pm; Tues. thru Sat., 10am-noon.

VINS Nature Center - Rt 4 (Next to the Quechee Gorge) Quechee. Daily activities, programs, exhibits, Nature Store. Open 10-5:30 daily. 359-5000 for info.

Wallingford Historical Society Museum - Town Hall, School St., Wallingford. 446-2831. Permanent collection of costumes, photographs, memorabilia.

William Feick Arts Center, Green Mtn College, Poultney. Gallery hours M-F, 1-5pm. 287-8000.

Woodstock History Center - 26 Elm St, Woodstock. Fri-Sun 12-4pm. Other days by appointment. Art, furniture, clothing, musical instruments, more. 457-1822 for info.

Meetings

Mons. - Rutland. Rutland Kiwanis Club meets at South Station Restaurant 6:30pm. All welcome. 773-6251.

Tues. - Brandon. Lions meet at Brandon Senior Center, 7pm. 1st & 3rd Tues. of the month.

Tues. - Rutland. Sex Addicts Anonymous - SAA. Are you suffering from compulsive sexual behavior? Call hotline 1-800-477-8191. Rutland’s 12 step group meets weekly at Grace Church, 8 Court St, Rutland. 6:30-7:30pm.

Weds. - Rutland. La Leche League of Rutland County monthly meeting for breastfeeding

mothers. No mother is a stranger to another anywhere. Children are welcome. First Wednesdays, Oct 5, Nov 2, Dec 7 10:30am to noon. Trinity Episcopal Church Nursery, 85 West St, Rutland. Info and help call Diane 483-6820, drsdmrco@comcast.net

Weds. - Brandon. Cub Scouts - Wolf Den 123 meet at Brandon Senior Center, 3-4pm.

Weds. - Mendon Senior Citizens plan meeting 1st Wed. of month at Mendon Methodist Church. 773-4187.

Thurs. - Hubbardton. Hubbardton Senior Connection program lunch every 1st & 3rd Thursday of the month, at Hubbardton Town Hall, 12:00 noon. All welcome. \$3.25/seniors, \$4.25 anyone else.

Thurs. - Rochester. Green Mountain Interfaith Group sponsors Spiritual Cinema Circle 2nd & 4th Thurs., 7-8:30pm, Park House. 767-4905.

Friday - Rochester. 1st & last Fris. of month, Rochester Federated Church invites parents & kids for Play Group. Birth - 2 yrs. 10:30am-noon, nursery rm. above Fellowship Hall.

Mon.-Sat.- Wallingford, Hands for Hope Thrift Store open, 9am-6pm Mon-Fri & Sats, 9am-2pm.

Mons. & Weds. - Brandon. Meals-On-Wheels delivered to Brandon Senior Citizen Center, except holidays. \$3. Age 55+. 247-3121 to sign up or come by.

Worship Services

The Woodstock Area Jewish Community-Congregation Shir Shalom, a Reform Temple, will celebrate the High Holy Days beginning with a Selichot service and dessert on Saturday, September 24, at 7:30 pm. The Rosh Hashanah evening service and potluck dinner will be on Wednesday, September 28 at 6 pm, continuing on Thursday, September 29 at 10 am, followed by Tashlikh on the Ottauquechee River. Child care provided. Yom Kippur service (Kol Nidre) begins on Friday, October 7 at 7:30 pm and continues on Saturday, October 8, with 4 pm study with Rabbi Dov Taylor, followed by Ne’ilah, concluding service, at 5 pm and a pot luck break of the Fast. Please note: There are no tickets necessary for attendance; everyone is welcome. For more information call President Leone Bushkin at 802-484-1235; email avonlea@bushkin.com.

Killington - Saturday Worship, Roman Catholic Mass, 4pm. Our Lady of the Mountains. 457-2322, call for Holy Day schedules.

Killington - Sunday Worship, 9:30am, Church of Our Saviour (Episcopal). Small, welcoming, inclusive. 422-9064.

The Mountain Times • September 22-28, 2011 • 11 Killington - Sunday Protestant Service, 9am, Sherburne United Church of Christ, Rt. 4. All Welcome. 422-9440.

Mendon - Community Church, (50 Rte 4 East) Communion 1st Sunday of each month; Sunday worship 9:30am; Children’s church 9:45am; Fellowship 10:30am; Adult study time 11am. Rev. Ronald Sherwin, 459-2070.

Pittsfield-Sunday Worship, 9am. Pittsfield Federated Church. Rt. 100 N. Communion Service 1st Sun. each month. Bible Study Weds. Eves 7pm. Rev. Dr. Howard Gunter, Pastor. 746-8698.

Chittenden - Sunday Worship, 11am. United Methodist Church of the Wildwood. Open hearts, open minds, open doors. Rev. Shirley Oskamp. 483-2909.

Rutland - Unitarian Universalist Church, 117 West Street, Rutland, VT. 802-775-0850. Rev. Erica Baron. Summer services 9:30am, thru Aug. 28. No summer child care or Religious Education.

Rutland - Sunday Service, children & adult religious instruction 9:30am. Sat., 5:30pm worship. Good Shepherd Lutheran Church. 773-9659.

Rutland-Weekend Catholic Mass, Christ the King, Sat. 5:15pm, Sun. 7:30, 9:30, 11am. Immaculate Heart of Mary, Sat. 4:30pm, Sun. 8am, 10:15am. St. Peter, Sat. 5:15pm, Sun. 8:30, 10:30am.

Rutland - Sunday Worship Services, 10:30am, First Baptist Church of Rutland City. Sunday School Classes, 9am for all ages. 773-8010.

Rutland - All Saints’ Anglican Church welcomes new members. Services at Messiah Lutheran Church Suns., 10am & Thurs. 8:55am & most holy days.

Brandon-Sunday Services: 10am, Adult Bible Study, 5+ Sunday School, Nursery. 11am, Worship service. Wed. Services: 6:30pm, Adult Prayer & Bible Study, Youth Groups 5+. Brandon Baptist Church. 247-6770.

Rochester - Federated Church of Rochester invites everyone to Bible Study Tues., 10:30am in French Rm. & 6pm Weds. at parsonage & Thurs., 7pm at Mather’s on Kirby Dr. 767-3012.

Fair Haven - Our Lady of Seven Dolors Mass Times: Saturday 4:30pm. Sunday 9am.



IGNITE A PASSION WITH HAND DRUMMING

Beginning Classes

African Djembe: Thursdays 7pm Oct 29 – Nov 10

Heart & Ritual of the Medicine Drum: Tuesdays 5:30pm Oct 27 ~ Nov 8

Drumming induces deep relaxation, lowers blood pressure, and reduces stress

Join in this fun, healthy experience

New Drum Journeys of Earth Studio: Rhythm Hall
2nd Floor Bldg #5, Howe Center, Rutland Vermont

802-293-6400 Gary@DrumJourneys.org



Fall EVERY WED

11:30 am & 2:30 pm

Wine Wednesdays

Learn about wine production in Vermont, see the beautiful landscapes of our Green Mountain State as you enjoy five Vermont wines paired with award-winning Cabot Cheddar. Sample baked in Vermont Westminster Crackers, Vermont Peppermint Candy to cleanse the palette and take home a “Trains Around Vermont” wine glass to remember your “Wine Wednesday” excursion. **Wine Tasting & Train Ride: \$35/Person**

Fall EVERY THURS

11:30 am & 2:30 pm

Thirsty Thursdays

Few realize Vermont ranks Number One in the US for craft breweries per capita. Some of the best quality breweries are found here in the Green Mountains. Learn about microbrew production in Vermont while you sample five excellent Vermont Microbrews. Snacks are served and you take home a “Trains Around Vermont” glass to use for future Vermont microbrew tastings. **Microbrew Tasting & Train Ride: \$35/Person**

Fall EVERY FRI

11:30 am & 2:30 pm

Fiddling Fridays

Enjoy live music on the Fiddling Fridays train provided by some of Vermont’s finest fiddlers at no extra charge. Relax and experience a beautiful train ride along the Connecticut River.

Adult: \$21 • Child: \$17

RESERVE YOUR SEATS NOW!

Call: 1-800-707-3530 or www.rails-vt.com



Visit www.rails-vt.com for Group Rates & Excursion Pricing

Manchester Art and Craft Festival

A loud clear clarion call has been issued by the Vermont Tourism and Marketing Department in the aftermath of Tropical Storm Irene. “Vermont is open for tourism and business: Most of Vermont suffered little or no damage and the foliage canopy is in good shape; there is every expectation of a brilliant foliage season; and, more than ever, Vermont needs a busy foliage season to put money into the state economy to offset the cost of the storm’s damage.”

That is certainly true in Manchester where the roads are open and there is access from every direction. Manchester will host its 23rd Annual Fall Art and Craft Festival at the sprawling Hildene Meadow on River Road in Manchester on September 30, October 1 & 2. The show is open Friday through Sunday from 10-5. “It is held under large tents that are heated if needed. All activities are under cover” says Tim Cianciola of Craftproducers. Adult admission is \$8 and kids are free.

The Festival features the work of nearly 200 artists and artisans who come from all over the country. They design and make all the products and they are in their booths, meeting and talking directly with their audience. It is a veritable marketplace of creativity where locally made goods form a bond between buyer and seller.

Works offered for sale include func-

tional pottery, stained glass, leather, wall art, paintings, clothing, outdoor sculpture, furniture, specialty foods, and a large selection of jewelry. In every booth there is the maker of the goods with not only products to buy but a story to share.

The Festival is more than creative shopping. The food court offers an extensive menu with an emphasis on locally produced items including organic wood fired pizza, spicy tacos, sesame noodles, grass fed beef burgers, toasted tofu, barbecue, and Vermont Cheese, Beer, and Sausages. To accompany the tasty victuals there is live music in the dining tent along with eight seasonal Vermont beers. Live Music will be played by The Sessions, led by Justin Henricks. The Sessions focus on groove orientated jams and catchy melodies.

This year there will be book signings at the show each day by noted authors. The Manchester Historical Society offers its new book, History of Manchester Told Through Photographs. Well know Vermont singer/songwriter Spencer Lewis will perform and autograph copies of his recently published memoir, Cabin Songs.

Outside the main tent, Harry Besett from Hardwick, VT, Richard Foye, of Newfane, VT, and Jonathan Woodward, from Clinton, NY will wage a war of the demonstrators. Besett is a world renowned glassblower and he showcases glass-



Master potter Jonathan Woodward in action

blowing technique with his blazing kiln in the backdrop. Foye is an eccentric potter who actually stalks Vermont’s woods for moose droppings which he dries and puts into his raku kiln to create a unique luster on his pottery. Finally, Woodward, will teach willing fairgoers how to “throw” a pot on his spinning potter’s wheel.

New to the Festival is a Spirits Tasting comprised of a growing number of Vermont Spirits producers. Located in the Specialty Food section of the tents

there are wineries and distillers. Two such premium distillers are a maple based Sapling Liqueur and Vermont Spirits and its maple made vodka. Two participating wineries are Boyden Winery and Neshobe River Winery.

The Manchester Art and Craft Festival is a great way to enjoy Vermont in the autumn. For more complete information visit www.craftproducers.com or call the Manchester and the Mountains Chamber of Commerce (802) 362-2100.

Dog Dock Diving Competition Benefits RCHS!

Does your dog like to dock dive? Do you enjoy watching the dock diving excitement? If so, mark your calendars for a splashing good time! The Lake House Pub and Grille in Bomoseen is hosting the third annual flying dog dock diving competition to benefit the Rutland County Humane Society (RCHS). The fun will take place on Sunday, September 25 at The Lake House Pub and Grille.

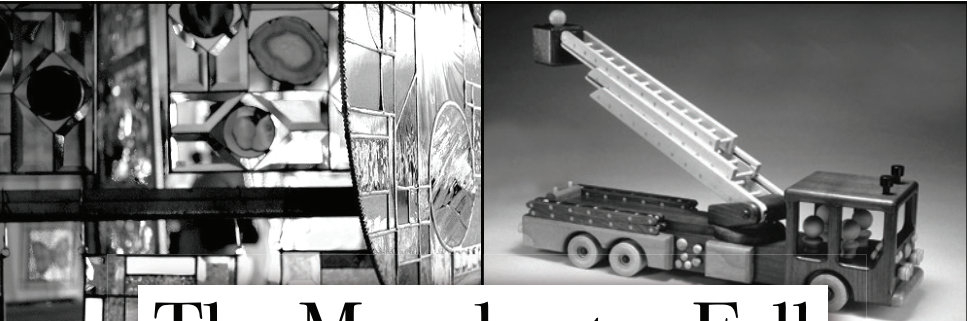
Registration begins at 11am, practice jumps

begin at 12 noon and competitive jumps begin around 1pm. Each dog will get a practice jump and a competitive jump. The 10 dogs with the longest jump will reach the finals for a third jump. There will be prizes for 1st, 2nd and 3rd place longest jumps as well as biggest splash and most comical!

Tickets are \$5 for entry or viewing and can be purchased at The Lake House Pub and Grille, The Pet Cage (Rutland) and the RCHS shelter

(Pittsford). Tickets can also be purchased at the door. Bring your pooch, take advantage of the Lake House Best Friends menu, watch or compete and enjoy a fun afternoon.

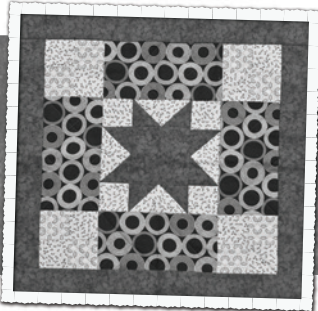
All proceeds benefit RCHS. For more information contact The Lake House at 273-3000 or the RCHS Business Office at 483-9171 or visit www.rchsvt.org. Join the fun and help raise funds for RCHS!



The Manchester Fall Art & Craft Festival

**Fri, Sat, & Sun 10am - 5pm
Hildene’s Meadow
1844 River Rd, Manchester, Vt**

*200 Exhibiting Artisans
Craft Demos and Music
Food, Beer, and Wine*



**SEPT
30
OCT
1
2**

200 Artisan Exhibitors • Craft Demos
Fine Art • Furniture • Clothing • Fiber
Jewelry • Toys • Glass • Pottery
Photography • And so much more...
Food • VT Craft Beer • Wine • Music
Adults \$8 • Kids under 12 Free
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**Find details online at
WWW.CRAFTPRODUCERS.COM**

ANNUAL BROMLEY MOUNTAIN ANTIQUES SHOW



**PREVIEW BREAKFAST
Saturday, October 1, 2011
8 AM - 10 AM
\$15.00**

**GENERAL ADMISSION
Saturday, October 1, 2011
Sunday, October 2, 2011
10 AM - 4 PM
\$8.00/ \$7.00 with Card/ Ad**

**Bromley Ski Area Base Lodge
Rt. 11, Peru, VT
8 Miles East of Manchester, VT**

Managed by:
James & Elizabeth Dunn

Tel: 802-385-3705

antiques@vermontel.net

Dining at a glance

Dining at a glance	STYLES OF CUISINE							MEALS SERVED					COST			
	ITALIAN	FRENCH	AMERICAN	CONTINENTAL	MEXICAN	ASIAN	PUB FAIRE	BREAKFAST	LUNCH	DINNER	BRUNCH	LATE NIGHT	TAKE OUT	INEXPENSIVE	MODERATE	DELUXE
Back Behind
Birch Ridge Inn
Bridgewater Corners Store
Casa Bella Inn & Rest.
Casey’s Caboose
Charity’s
Choices Rest. & Rotisserie
Clear River Tavern
Clubhouse Grille
Corner’s Inn
Grist Mill
Huntington House Inn
Jax Food & Games
Killington Market
Lakehouse Pub & Grille
Liquid Art
Lookout Tavern
Mangowood at The Lincoln Inn
McGrath’s Irish Pub
Moguls Sports Pub
Mountain Top Inn & Resort
Olivia’s at The Grey Bonnet Inn
On The Rocs Lounge
Outback Pizza
Ovations
Pasta Pot
Peppino’s
Phat Italian Market & Deli
Pittsfield’s Original General Store
Ramunto’s
Red Clover Inn
River Tavern at Hawk
Roots, The Restaurant
Rutland Country Club
Sea Harbor Tavern/Grille	German Oktoberfest Menu					
Seward Family Restaurant
Sugar & Spice
Swiss Farm Inn
Vermont Apple Pies
Vermont Inn
Vermont Dining Train
The Village Porch
Wally’s American Grill

Apples to Ipods Promotion Kicks Off at VT Orchards

MONTPELIER, Vt. – Visitors to Vermont's pick-your-own orchards will have a chance to win an iPod or iPad during the "Apples to iPods" promotion that kicks off today.

One specially marked wooden apple is hidden in an apple tree at 15 Vermont pick-your-own apple orchards. Customers who find the wooden apple replicas will win an Apple iPod or iPad.

The promotion is sponsored in partnership by the Vermont Department of Tourism and Marketing, Woodchuck Cider, Small Dog Electronics, and the Vermont Agency of Agriculture. The State of Vermont first launched this promotion in 2007 with hopes of growing participation at Vermont pick-your-own orchards. Since the launch participation has grown throughout Vermont.

Vermont's nearly 4,000 acres of commercial apple orchards produce leading apple varieties: McIntosh,

Cortland, Red Delicious and Empire. In 1999, the Vermont legislature designated the apple as the state fruit, and the apple pie as the state pie.

"Vermont's apple orchards are full of activity this time of year and in true Vermont fashion, the 'Apples to iPods' promotion has made the tradition even more fun," said Megan Smith, Vermont's Commissioner of Tourism and Marketing. "Apple picking is the perfect way to experience Vermont's gorgeous autumn landscape and participate in a festive and tasty activity."

This year, the Vermont Department of Tourism is also helping the Vermont Foodbank promote Pick for Your Neighbor, where visitors to participating orchards can pick and purchase extra apples to donate to the Foodbank. These apples will then be distributed to Vermonters in need.

For contest details about "Apples to iPods" and a list of participating orchards, please visit www.applestoipods.com.

Sept. 1st thru Oct. 30th
Weds. – Sun., 4–9 PM

OKTOBERFEST

at Sea Harbor
Tavern & Grille

Saurbraten \$15

Kassler \$15

Sausage Sampler \$15

Jaeger Schnitzel \$17

Veal Goulash \$16

Westfalian Chicken \$15

Sam Adams Oktoberfest on tap!!!

Pub style menu items also available

7 N. Main St. Whitehall, NY

www.ChamplainHarborMarina.com

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Breakfast all day,
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breakfast around! After breakfast check
out our giftshop for all your souvenir,
gift, and maple syrup needs.
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Restaurant & Gift Shop
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market

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Thank You

Killington
Fire Dept.
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DELICATESSEN
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Open Daily at 6:30am on the Killington Road
802-422-7736 Deli 422-7594

WE RENT DVD'S

DiningGuide

BACK BEHIND SALOON RESTAURANT 422-9907
Located at the junction of Rt. 4 and 100S in Killington. Serving BARBECUE at its BEST and the most diversified menu in the Killington area. Baby Back, St. Louis and Beef ribs, pulled pork, brisket, chicken, turkey, famous cole slaw, jalapeno corn bread, baked beans, jalapeno poppers, fried pickles, Kansas City style barbecue sauce. Children’s, tavern menu, brunch & full take-out. Zendzian Family owned & operated since 1974. www.backbehind.com VISA, MC, AMEX. DISC

BIRCH RIDGE INN 422-4293
37 Butler Road, Killington
Serving a totally delicious combination of American and Continental cuisines. Choose to dine from our tastefully affordable menu in the dining room, or break bread with friends in the Great Room Lounge. To compliment your evening, we also have an extensive selection of martinis, wines by the glass, and a fine wine list. And don’t forget to try one of our homemade desserts. Reservations available for the dining room. “...where memorable experiences begin...” Open nightly for fall foliage thru Oct. 15. www.birchridge.com AMEX, MC, VISA, DISC.

BRIDGEWATER CORNER STORE 672-6241
5680 Route 4, Bridgewater
Olson’s BW Corners Country Store provides you with the freshest meats, cheeses & dressings from Boar’s Head brand-also available to purchase for sandwiches made at home. Check out our Early Bird Special - bacon, ham or sausage, egg & cheese on an English muffin or roll \$2.75. VISA, MC, AMEX
BUTTERNUT INN 422-5660
63 Weathervane Drive Killington
Reopening by the end of September. www.butternutinnkillington.com

CASA BELLA INN & RESTAURANT 746-8943
Route 100, in the village of Pittsfield, VT
Reopening to be announced. Serving authentic Northern Italian cuisine, complemented by a fine selection of wines. Delicious homemade desserts and daily specials. AMEX, VISA, MC

CASEY’S CABOOSE 422-3795
Killington Road, Killington
Named the best casual and family restaurant in the northeast by Parade Magazine. Over 30 menu selections. Live Maine lobster and a great kid’s menu. “Something for everyone.” Dinner daily starting Fri, Sept. 23. VISA, MC, AMEX

CHARITY’S TAVERN 422-3800
Killington Rd., Killington
Everybody loves Charity’s. A family owned Killington tradition since 1971. Serving our famous French onion soup, and burgers, salads, soups, pasta, sandwiches and more. Open for dinner nightly and lunch starting at noon. Children’s Menu. Tavern Menu “All trails lead to Charity’s.” VISA, MC, AMEX.

CHOICES RESTAURANT & ROTISSERIE 422-4030
Glazebrook Center, Killington Rd., Killington
Open WedSince 1986, Chef Claude and his Staff has offered creative dishes, great service and ambience in a Bistro and Upscale Bar setting. Our European Rotisserie offers flame roasted Chicken, Stuffed Pork, Leg of Lamb and a favorite, a Sampler of all three. We also offer Rotisserie Prime Rib on Weekends and daily during Holiday weeks. Our 50 item menu offers a wide assortment of Appetizers, Salads and the finest in handcut Steaks, Filets, Rack of Lamb, Fish and Seafood. Great Burgers and Sandwiches also. Serving dinner Wed-Sun. All major Credit Cards. www.Choices-restaurant.com and facebook.

CLEAR RIVER TAVERN 746-8999
Route 100 North, Pittsfield
Call for hours. Chef owned restaurant featuring lite fare and family dining just 6 miles from Killington. Join us in our tavern and play pool, other tavern game MC, VISA

CLUBHOUSE GRILL 422-6272
Roaring Brook Rd, Killington
Located at the Killington Golf Course. Offering snacks and bar service. Amex, MC, VISA
CORNERS INN 672-9968
RT 4, Upper Rd, Bridgewater Corners
Fine quality dining at moderate prices, friendly service with classic Vermont farmhouse setting. AMEX, MC, VISA

GRIST MILL RESTAURANT 422-3970
Killington Rd., Killington
Offering spectacular views, casual atmosphere and world-class entertainment. Our dining room features classic American cuisine with a flair. Our lounge offers the options of casual dining and pub fare. Enjoy our deck dining with views. Major CC.
HUNTINGTON HOUSE INN 767-9140
19 Huntington Place, Rochester
Open 5pm-9pm, closed Tuesdays. Enjoy upscale dining at casual prices with cuisine by Chefs Josh Robinette and Bobby Cheshire. Located on the park in Rochester. Dinner MC, VISA, AMEX

JAX FOOD & GAMES 422-5334
1667 Killington Rd., Killington
Open daily at 3pm. Jax offers family friendly dining in the heart of Killington. Burgers, sandwiches, salads and mouth-watering munchies, plus the largest selection of video games in Killington. Late night food available. Major Credit Cards
KILLINGTON MARKET & DELI 422-7594
2023 Killington Road, Killington
Open daily at 6:30am. Our deli offers fresh meats and cheese for a variety of sandwiches, served on locally baked bread. Daily lunch hot specials, fresh salads, homemade soups and in-house baked goodies. Dinner take-out entrees. Extensive selection of wine, beer/microbrews. Vermont specialty food products, maple syrup. The only full service grocery store on the mountain.

LAKE HOUSE PUB & GRILLE 273-3000
3569 Route 30 North, Bomoseen
Chef owner, Brad Burns invites you to the Lake House Pub & Grille. Live Sunday jazz brunch entertainment, special children’s meals, full bar and an extensive wine list. Lake views and deck dining all on beautiful Lake Bomoseen. Also private parties, rehearsal dinners, showers and weddings. AMEX, VISA, MC, DISC

LIQUID ART 422-2787
37 Millerbrook Rd., Killington, VT
Liquid Art is a great place to meet friends for coffee or for a glass of wine. Great light fare served morning and afternoon. Specialty cocktails, select California wines, and micro-brews available. Multiple local artists’ work displayed and for sale. Open Thurs-Tues 8am-8pm, Sundays 8am-5:30pm.

LOOKOUT TAVERN 422-LOOK (5665)
Killington Road, Killington
Open daily at 3pm for dinner. Sat & Sun at noon for lunch. We feature creative & classic soups, salads, burgers, sandwiches and entrees in a casual dining room with incredible views of Killington. We offer Chicken Wings Daily from 3-6 pm for Killington’s finest Happy Hour! Takout and Delivery. FREE Shuttle. Kids Menu Available! MC, VISA, AMEX
McGRATH’S IRISH PUB 775-7181
at the Inn at Long Trail
Rt. 4, at the top of the Sherburne Pass, Killington
McGrath’s Irish Pub at The Inn at Long Trail invites you to try our famous Guinness stew. Serving breakfast and pub menu daily. Dinner Fri-Sun. Live Irish music weekends! MC, VISA, AMEX.

MOGULS SPORTS PUB 422-4777
Killington Road, Killington
Family dining offering steaks, burgers, pasta and more. With over 20 TVs, pool table, arcade games - Moguls is your place for a good time. An affordable menu featuring our world famous Barbecue Ribs. Free Shuttle, Take out and delivery. Mon-Thurs at 3pm, Fri-Sun open at noon.

MANGOWOOD RESTAURANT & BAR 457-3312
at The Lincoln Inn at The Covered Bridge
530 Woodstock Road, Route 4, Woodstock
Opening September 23. Just fifteen minutes from Killington! Our Chefs blend American food you know and love with the finest Asian herbs and spices. Looking for the best Martini on Rte 4? Our three fireplaces make us a favorite stop for fireside cocktails, appetizers and casual fine dining. AMEX, MC, VISA

MOUNTAIN TOP INN & RESORT 483-2311
Mountain Top Rd., Chittenden
Only 11 miles from Killington and Rutland. Dining complemented by breathtaking views of the lake and mountains. Creative American cuisine in the Highlands Dining Room. Casual dining and pub fare in the Highlands Tavern. Extensive selection of wine and beer. Full bar available. Open year round to the public. Reservations suggested. Kids welcome. Seasonal outdoor dining. www.mountaintopinn.com. MC, VISA, AMEX

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Dinner 7 Nights starting at 4pm

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EST. 1996 BOMOSEEN, VT

Wednesday- Fresh Maine Lobster **Lobster Dinner \$15.00**

Fridays 3-5PM **25¢ WINGS**

Friday Night - Live Music **Aaron Audet**

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CHOICES Restaurant & Rotisserie

Graduate of The Culinary Institute of America 1975

Sunday Nights Wine by the Glass 1/2 Price

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Select from our Artisan Cheese tray

DINNER

Wed.,Thur. & Sun. 5pm-10pm

Fri. & Sat. 5pm - 11pm

The Red Clover Inn Restaurant & Tavern

Open for dinner 7-nights a week 5:30 to 9:00 p.m.

Farm to Table Dining
Chef Dennis C. Vieira creates an original menu featuring the freshest, regional ingredients. Vermont craft beers and wines of the world in our cozy tavern.

Wines of the World Dinner
Friday, October 7th at 6:30 p.m.
On the first Friday of each month, Chef Dennis prepares a delicious five course wine dinner featuring wine pairings from a different region of the world. October's wine dinner will feature wines of Bordeaux, France. \$75 per person (plus tax & gratuity).

54 Red Clover Lane, Mendon, Vermont
800-752-0571 / 802-775-2290 • www.redcloverinn.com

DiningGuide

OLIVIA’S 775-2537
at the Grey Bonnet Inn
Rt. 100N, Killington
Romantic dining featuring fine American cuisine with fresh seafood, steak and pasta dishes, homemade soups and desserts with nightly specials. Reservations appreciated for dinner. AMEX, MC, VISA, DISC.

ON THE ROCS LOUNGE 422-7627
2384 Killington Rd., Killington
Thurs-Sun. 5-11pm. Gather together in our speak-easy lounge. Enjoy a relaxed atmosphere in an intimate setting. Let On The Rocs make you one of their speciality cocktails while you enjoy a conversation with friends. Serving Tapas. AMEX, MC, VISA

ORIGINAL GENERAL STORE 746-8888
Route 100, Pittsfield, VT
Homestyle foods and country charm. Now serving farm fresh meats, veggies and eggs, homemade soups, fresh baked breads, new espresso bar, wide variety of pastries, juices, smoothies, and dinner specials. Also check out our wine cellar, “The Rustic Rooster” gift shop and banquet hall. Weekend Breakfast Buffet!

OUTBACK PIZZA 422-9885
Top of the Killington Rd. at Outback
Dinner nightly at 5pm. Killington’s best pizza is baked in a 900 degree wood-fire brick oven. We feature the best live music in Killington. Voted Killington’s best place to dance. AMEX, MC, VISA

OVATIONS RESTAURANT 422-6111
at The Killington Grand Hotel, Killington
Opening, Friday, September 23. Dine in the most spectacular mountain setting in the region. Tantalizing dishes prepared by our award winning chef. Bistro menu available. Vegetarian selections. Specialty requests graciously prepared. Extensive breakfast and dinner menus.

PASTA POT 422-3004
Route 4 East, Killington
Reopening September 30. A classic Italian Pasta house. Italian food and wines at their best. Pastas, pizza, subs, Italian entrees are all homemade. Chef owned. MC, VISA

PEPPINO’S RISTORANTE 422-3293
Killington Rd., Killington
Open nightly for dinner starting Sat, Sept 24. First on the Killington Rd. featuring all of your favorite traditional Italian dishes. Children’s Menu. “Where old world cuisine meets the new world appetite.” MC, VISA, AMEX, DISC

THE PHAT ITALIAN MARKET & DELI 422-3636
2384 Killington Rd., Killington
Sun-Thurs 7am-11pm, Fri & Sat 7am-midnight. Authentic Italian cuisine with attitude. Premium Boarshead meats. NY bread and bagels. Check out our coldest, inexpensive beer cave. Don’t forget to stop in our wine room. Come on in or call for delivery! Bada Bing. MC, VISA, AMEX, DISC

RAMUNTO’S BRICK & BREW PIZZA 672-1120
Route 4, at the Bridgewater Mill, Bridgewater
Reopening to be announced. Best pizza in the northeast. Serving New York pizza, subs, calzones, salads and appetizers and our famous garlic knots. 20 beers and ales on tap specializing in local and regional craft beers as well as wine selection for any palate. Cozy atmosphere, 3 HD TVs, live entertainment on Tues. & Sat. nights. AMEX, DSC, MC, VISA.

RED CLOVER INN 775-2290
Woodward Rd., Mendon
American Cuisine with a European Flair. Extensive wine list. Charming surroundings. Open for fine dining or tavern fare. AMEX, MC, VISA, DISC

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LARGEST SELECTION OF ICE CREAM TREATS!

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Prime Rib Dinner • Fri. & Sat. from 4:30pm

Open Daily 6:30 a.m.

RIVER TAVERN AT HAWK 672-3811
Route 100, Plymouth
Call for hours. Only a short drive from the Killington area, the River Tavern is located in the center of Hawk Mountain Resort. Relax in a casual atmosphere and enjoy the Regional American Cuisine. MC, VISA, AMEX, DISC.

RUTLAND COUNTRY CLUB 773-9153
North Grove St., Rutland
Open to the public. Serving Lunch and Dinner daily. Sunday breakfast. Serving a delicious American fare w/moderate prices & casual attire. Function rooms available. MC, VISA.

ROOTS, THE RESTAURANT 747-7414
51 Wales St., Rutland
Roots mission is to create delicious food from fresh, local ingredients. Chef Donald Billings is committed to providing affordable meals from minimally processed, locally grown ingredients, including organic crops and humanely raised, pasture fed livestock. Chef Billings and Roots are proud to partner with local providers Boardman Hill Farm, Hathaway Farm, Blue Ledge Farm, Baba Louis Bakery, Racial Roots Farm and other smaller scale produce, dairy and maple syrup providers. All major credit cards accepted.

SANDY’S BOOKS & BAKERY 767-4258
30 North Main St., Rochester, VT
Open from 7:15am to 6pm daily. We make whole grain breads, pastries, bagels, muffins, scones, danish and croissants every day, all from scratch. No par-bakes, no frozen stuff. We offer reasonably priced country fare - breakfast, lunch and early suppers. Soups of all nations, both hearty and delicate, are our specialty.

SEA HARBOR TAVERN & GRILLE 518-499-9700
At The Champlain Harbor Marina **German Cuisine!!**
7 N. Main Street, Whitehall, NY
Chef Mike Decsi invites you to try his authentic German cuisine. Now offering Oktoberfest menu, Sept. 1st thru Oct. 30th, Wed.-Sun 4-9pm. Pub style menu also available. Serving lunch and dinner.

SEWARD FAMILY RESTAURANT 773-2738
224 N. Main St. (Rt. 7), Rutland
VT home-cooking at affordable prices. Breakfast, Lunch & Dinner, daily specials. Steaks, chicken, seafood, wonderful burgers, sandwiches, even “Heart Healthy” menu items, salad bar, and children’s menu. Our own ice cream- 39 flavors! Large parties welcome. Our dairy-gift store has Vt. foods & lots of gifts. MC, VISA, DISC.

SUGAR AND SPICE RESTAURANT 773-7832
Route 4, Mendon
Serving breakfast and lunch seven days a week. Specialties run from pancakes & French toast with real maple syrup processed on premises, soups, sandwiches, burgers. Working sugar house. Gift shop featuring Vermont products. Homemade candy and ice cream. MC, VISA

SWISS FARM INN 746-8341
Route 100N • Pittsfield
A Vermont Bed and Breakfast that serves “the world’s Best Breakfast.” Served warm and to your liking. AMEX, VISA, MC



TRAK-IN RESTAURANT

Summer is here! Come to the Trak-In and have a great meal!
Sunday breakfast buffet 8am-10:30am • Prime Steaks & Chops

• Bountiful Salad Bar • Children’s Menu

• Homebaked Breads & Desserts

• Daily Specials with Great Prices

• Early Bird 5-6 p.m. Sun.-Fri • Sunset Views

Serving Dinner from 5 - 9 p.m. • Breakfast 8-10 a.m. 7 Days a Week

Call (802) 468-5251 or 468-3212 for reservations • Route 30 • Lake Bomoseen, VT

VERMONT APPLE PIES 554-0040
Depot St., Proctorsville, VT
A Variety of Belgian Waffles & Buttermilk Pancakes, Homemade French Toast & Cinnamon Sticky Buns, Omelets & Home-fries Biscuits & Gravy, Cornbread, Theo’s Chicken & Waffles, Real VT Maple Syrup & Butter, Homemade Bread, Soup, & Salads, BLT Clubs & Sandwiches. A Variety of Homemade Muffins. MC VISA

VERMONT DINING TRAIN 800-292-7245
Departing Amtrak Station - Evelyn St, Rutland
Operating Sundays thru Oct. 16. Would you like a table with a view? Enjoy a Sunday afternoon train ride featuring deluxe dining car seating, four-course dinner, snowy white linens and ornate china. All aboard for a superb foliage dining experience. MC, VISA, DISC

THE VERMONT INN 775-0708
Route 4, Killington
Open Thurs-Sat 5:30-8:30pm. Enjoy New England and Continental Cuisine by a wood burning stone fireplace in a comfortable and warm c. 1840 farmhouse style dining room. Game Room. Children’s menu. Full bar and wine list. Dinner Reservations Sugg. Drop in late afternoon or even after dinner for cocktails, appetizers, a light dinner, or desserts at Duffy’s Pub. Enjoy mountain views, perennial gardens and humming birds.

THE VILLAGE PORCH 767-3126
Corner Rt. 100 & School St, Rochester
Open Thurs-Sat with new menu. The Village Porch is the sweetest little restaurant in central Vermont! Take the scenic drive north on Rt. 100, to the village of Rochester and look for the most inviting candle lit window in a beautiful Victorian House on Main St. (on your right just past the hardware store). The creativity of Chef Luke Stone is evident in the full dinner specials that change weekly. Pub menu, full bar. Catering available, call 767-3272.

WALLY’S AMERICAN GRILL 747-7700
Top of the Killington Road, Killington
Killington’s only diner style open kitchen! Famous for our fresh squeezed orange juice machine, where oranges roll along the ceiling. Enjoy fabulous omelets, waffles, burgers, wraps, steak bombs, salads and sauté! Home of the \$1.00 draft! Go where the locals go for good food and great fun! Fri, Sat, Sun breakfast and lunch. All major credit cards accepted.



Good Friends - Great Food
Totally delicious - Tastefully affordable



Join us for dinner
in the restaurant
or in the Great
Room Lounge

Reservations (802) 422-4293
37 Butler Road, Killington
www.birchridge.com

Serving dinner nightly during
Foliage Season starting at 6:00 PM
Reservations always welcomed.
Home of the “Snow Stake” on killingtonblog.com

Vermont Apple Pies

PIES... PIES... PIES

Sit Back, Relax and Enjoy!

Serving 8 am - 2 pm

Breakfast

Bake Shoppe

Serving Breakfast, Lunch & Desserts

Belgian Waffles • Buttermilk Pancakes

Homemade French Toast

Cinnamon Sticky Buns • Omelettes

Homefries • Quiche • Cornbread • Cakes

Wraps • Pies • Cookies • Muffins • Apple Crisp

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Homemade From Scratch

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265 Depot Street • Proctorsville, VT

Hinterland Organic Farm Has Pumpkins

Neither flood nor gloom of night has kept Boris and Sheila Pilsmaker from tending their Hinterland Farm. Squash and pumpkins abound! They still have a good stock of antibiotic and growth hormone free pork, beef, chicken, chops, steaks, eggs, sausage, burgers and ribs.

Buy Local! Hinterland Organic Farm is open daily from noon to 6 p.m. at 3139 US Route 4 in Killington. Call for other fresh produce needs at 802-747-4497.


Chaffee’s Annual Dinner and Auction Event

“Art of Masquerade”

Help support the Chaffee Art Center by attending our 2nd Annual Dinner and Auction event “Art of Masquerade,” which will take place on Sunday, October 23, 2011 at the Rutland Holiday Inn. Our Annual Dinner and Auction event started in 2010 with the “Chairs for the Chaffee,” and has become a major fundraiser for the Chaffee Art Center. Funds raised from the dinner and auction help towards operating costs for the Chaffee Art Center.

The “Art of Masquerade” event will include live music by MeadoWinds, a sit down dinner, and a live and silent auction including “Masked” artwork by anonymous artists, antiques, collectables, gift certificates, original artwork, and more. The event is \$50 per person and reservations are required by October 10, 2011. To RSVP call 802-775-0356, or email info@chaffee-artcenter.org for more information.

This year we will be honoring the Rutland Garden Club with the Community Arts Award. The Chaffee Art Center has long been the place to go in Rutland to view, discuss, support and learn about the visual arts in a stunning environment. This experience for most of that time has been



enhanced by the work of a dedicated group of volunteers and artists in their own right - the members of the Rutland Garden Club. As the seasons pass, our guests continue to enjoy the efforts of the Rutland Garden Club to make “Sunny Gables” shine. This year we honor the Rutland Garden Club with the Community Arts Award, for the Club’s work at the Chaffee Art Center and all over Rutland City.

Our second award this year will be a Volunteer of the Year award which is being awarded to our most dedicated volunteer Terri Jordan! The Chaffee Art Center has relied on volunteers from the very beginning fifty years ago. The Chaffee’s longevity is not the product of luck nor is it accidental; it has been built on the bedrock of the many volunteers who gave their time and effort to sustain it. In this our Fiftieth Year, the Chaffee is pleased to recognize Terri Jordan for her hard work, talent and reliability on behalf of the Organization. Terri is the sort of volunteer that allows us to look forward to the next 50 years!

Help us make our 50th year the best yet by supporting the Chaffee. We need the help now more than ever, help us to continue for the next 50 years!

Traditional and Contemporary Quilting Series

Billings Farm & Museum, gateway to Vermont’s rural heritage, will host a September Chautauqua (lecture series) to explore traditional and contemporary quilting, in conjunction with this year’s 25th Annual Quilt Exhibition.

On Sunday, September 25, at 4:00 p.m. Marie Bostwick, a New York Times best-selling author, will present: “When the Going Gets Tough, the Tough Make a Quilt.” Ms. Bostwick will share her insight on the artistry and the community, cultural, and healing aspects of quilting. Marie’s recently released book, “Threading the Needle,” will be available for purchase and signing.

Admission for each program is \$5.00 for BFM members and \$7.00 for non-members; pre-registration is strongly encouraged. Call 802-457-2355 or reservations@billingsfarm.org.

The 25th Annual Quilt Exhibition is on display from July 30 – September 25, from 10:00 a.m. – 5:00 p.m. featuring over 50 quilts made by Windsor County quilters.

The Billings Farm & Museum is owned



Marie Bostwick

and operated by The Woodstock Foundation Inc., a charitable non-profit institution founded by Mary French and Laurance Spelman Rockefeller. For further information: 802/457-2355 or www.billingsfarm.org.

Tinmouth Contra Dance

Mary Wesley will call an exuberant contra dance with the Cold River Band of Marcos Levy and Mary Barron providing the live music at the Tinmouth Community Center on Friday, September 23 at 8 pm. This dance is not to be missed!

What is a Contra Dance? A contra dance uses square dance moves, but is done in long lines to live music. All dances are taught and you do not need a partner. Beginners are always welcome. Dances become more challenging as the night progresses, so early arrival is recommended for beginning dancers.

The dance takes place in the Tinmouth Community Center, Rte 140 in the center of Tinmouth, Vermont, 5 miles west of Wallingford. Dancing takes place every fourth Friday of the month. Please bring clean, non-marring shoes. Admission is \$9, \$7 for teens and \$3 for children 5-12, under 5 free. Refreshments will be available. Call 235-2718 for info or directions.

Mark your calendars for our 2011 fall season: October 28, November 25, December 23.



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In the Castleton production of Steve Martin's Picasso at the Lapin Agile, Austyn Bevins of Colchester appears as Pablo Picasso. Andrew Donovan of Wilmington, Massachusetts, is Albert Einstein.

CSC Theatre Arts Presents Picasso at the Lapin Agile

The Theatre Arts department at Castleton State College opens the 2011-2012 season, September 22-25, with Picasso at the Lapin Agile, the absurdist comedy by Emmy-award winning actor, writer, and comedian Steve Martin.

The play is set in a Parisian café in 1904, just before Picasso, age twenty-three, changed the landscape of the art world with cubism. He meets a young Albert Einstein, who is also on the verge of greatness as he finalizes his theory of relativity. The pair, along with other patrons of the bar, debate a variety of topics including art, science, fame, sex, and even their visions of the future.

The play is directed by Harry McEnerny, chair of the Department of Theatre Arts. When asked “Why this play?” McEnerny simply quotes a line from the script itself: “Cause this century, the accomplishments of artists and scientists outshone the accomplishments of politicians and governments.”

Performances for Picasso at the Lapin Agile will take place in Casella Theater. Thursday, September 22 through Saturday, September 24 at 8:00 p.m., and Sunday, September 25 at 2:00 p.m. Tickets are \$10 for general admission. To reserve tickets, call the box office at 802-468-1119.

LocalNews

MOUNTAIN MUSINGS

What's Happening In & Around Killington



By Debbie Burke

What's Coming Up in Killington

The Annual Killington Hay Festival is ongoing, with dozens of handsomely crafted structures made from hay bales and rolls on display throughout the Town of Killington. This highly successful fall event is a great photo opportunity that is one of the top events in Vermont. Do come to Killington, view all the hay structures, have a great lunch at one of our many fine restaurants, and make it a full weekend by staying at one of our lovely lodges, inns, bed and breakfasts, hotels and motels. Killington is indeed open for business and all roads are open and in great shape!

On Saturday, October 1 Killington's Annual Brewfest will indeed take place to celebrate the Northeast's finest craft beers and to celebrate the harvest and beautiful foliage season here. Admission to the Brewfest to be held at the Snowshed Lodge is \$25. There will be more than 75 craft brews and live music. The Vermont Brewmaster dinner will be held on Friday, September 30 at the Snowshed Long Trail Pub starting at 7 pm. The Brewfest Kick Off Party will be held on Friday September 30 starting at 9 pm at the Wobbly Barn, with live music from the Pete Kilpatrick Band. Don't miss it!

On Sunday, October 2, 2011 The Concert for the Killington Area featuring many local musicians "banding together" and organized by musician Joey Leone will take place at both The Lookout Tavern and the Outback

Pizza starting at noon. This event is to raise money for local charities that will help homeowners and business owners who have suffered severe losses due to the recent flooding in our area.

There will be three stages at The Lookout Tavern and the Outback Pizza parking lots, adding a festival and block party feel of this great musical event, showcasing the talents of our gifted local musicians. This will be a day of amazing music, caring and giving to those who need our help. The list of performers includes Bow Thayer, Jamie's Junk Show, The Bobby Darling and Dr. Devine Show, Tony Lee Thomas Band, Rick Redington and the Luv, Rick and the Idots, Chad Hollister Band, Joey Leone and his Chop Shop, About Gladys, The Mark Manley Band, Mark and Deb Bond, Ed McCarron, Chuck Kelsey, Jimmy Pallutto and Andy Lugo.

A \$20 door donation will cover admission to all three stages and a complimentary buffet, (children ages 12 and under are free). There also will be a Silent Auction, a raffle, commemorative t-shirts to help raise funds and both the Lookout and the Outback have pledged to donate a portion of their sales. All door, raffle and Silent Auction proceeds will benefit "We are K-Town/Irene's Islands" and the Pittsfield Hurricane Relief Fund who will assess need and distribute funds to those who need them most. If you can be there please bring as many friends as you can and if you can't please donate to the above charities or any other group helping those in need.

On Columbus Weekend the world famous DockDogs will be returning to Killington with their National Championships. This event features a large outdoor venue, a large pet-friendly vendor area for guests and participants to view and purchase dog related items. As part of the DockDog National Championships, more than 300 canine competitors and their owners will be here to battle for the National title across three 40 foot long dog diving pools. DockDogs competitions have been featured on the national television channels including ABC, ESPN and the Outdoor Channel showing their distance jumping and retrieving competitions from the world's best dog athletes. The public is welcome to pre-register for the National Championships if they have met the required criteria.

West Rutland Food Drive

Instead of the semi-annual Town Wide Yard Sale the Town of West Rutland is hosting a Town Wide Food Drive on Saturday, September 24th from 9am until noon.

West Rutland was fortunate to not have suffered the devastation that so many others have felt from Irene, but we did have some loss. Please help by donating any non-perishable food items to replenish our local Food Shelf. Donations will be accepted throughout the week beginning Monday, Sept. 19th from 8am-4pm at the Town Hall. Or volunteers will pick up items at your mailbox between 9am-noon on Sept. 24th.

If you can volunteer to help pick up items, please meet at the town hall at 9am on Saturday, September 24th. For more information call the Town Office at 438-2263.

Sale to Benefit Women's Network

(Rutland, VT) Perhaps you've heard of a "white elephant" sale, but have you ever heard of a "White Camel sale?" On Saturday, September 24, 2011, the Pyramid Holistic Wellness Center will be sponsoring a special giant indoor sale, along with other activities, to raise money for the Rutland County Women's Network and Shelter.

Each day, Vermont women (and men) are abused physically, emotionally, and sexually. The Women's Network provides valuable services including emergency housing, education for our community, victim's advocates, and more.

The sale will be held on two floors from 9 AM to 3 PM at the Pyramid, 120 Merchants Row, Rutland, VT. Items will be accepted for donation beginning Saturday, September 17, 2011. Electronics, textbooks, large furniture, and used clothing will not be sold, but all other salable items will be gratefully accepted.

There will also be live musical entertainment, informational tables, bone marrow donor registration, and other events.

For further information, please contact Mara Schiff, Director of Animal Wellness and Massage Therapist, at 802-775-8080 or schiffm@pyramidvt.com.



Rutland Report

by Lani Duke

Blood Drive Goal Set

Adam Boyce incorporates ten generations of Vermont experience in fiddling, composing, playing piano, and square dance calling in the presentation Sprightly Steps: Vermont's Contra and Square Dancing Tradition. The program begins at 1:30 p.m. at the Godnick Adult Center, 1 Deer St., Rutland, on Friday, September 23.

Join other local bird lovers in a monthly bird monitoring exercise at West Rutland Marsh, Thursday, September 22. Meet at West Rutland Price Chopper parking lot at 7:00 a.m. For details, call Roy Pilcher, 775-3461.

If you're looking for flu and pneumonia vaccinations, go to the Holiday Inn in Rutland on Friday, September 23, from 9:00 a.m. to noon. Other clinics are Monday, September 26, at Hannaford's in Rutland, 9:00 a.m. to noon; Tuesday, September 27, St. Patrick's Church in Wallingford, 9:00 a.m. to noon; and also Tuesday at the community center in North Clarendon, 1:30 to 3:00 p.m. The shots are for adults only, age 18 and up. Call the Rutland Area Visiting Nurse Association & Hospice (RAVNAH), 770-1574, for details.

Honor Paula Liguorri at the Live Well and Celebrate Fundraiser to benefit the Ovarian Cancer Research Fund from noon to 4:40, Saturday, September 24, at the Godnick Adult Center, 1 Deer St., Rutland. Activities include a yoga class (bring your own mat), origami workshop, celebratory group dance class, and silent auction.

Rutland Report on page 19

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Mendon/Chittenden/ Pittsford/Brandon Notes

by Debbie Burke

Donate to Bowen-Walker Fund

The Bowen-Walker Fund Support Committee will present their 7th annual art lecture and fundraiser on Sunday October 2, 2011 from 3-5 pm at the Maclure Public Library. The Bowen-Walker Fund provides support for families in town who are experiencing temporary financial hardships and has been quietly going about its work since 1884.

The 2011 committee is pleased to present a lecture and social hour featuring Betty Atwood of Florence as the guest speaker. Betty will talk about her work as an artist, weaver, and teacher over the 4 + decades of her career in Vermont. The lecture will be accompanied by weaving demonstrations by some of Betty's current students as well as an opportunity to bid on some of Betty's artwork. The committee is asking for a suggested donation of \$5 per person to attend this lecture.

Betty Atwood grew up near Rutland's Mill Village and attended the Rhode Island School of Design where she studied painting and fabric design. A longtime faculty member at the University of Vermont, Betty also taught weaving at the Shelburne Craft School and Ludlow's Fletcher Farm School for the Arts and Crafts. Betty was a colleague of the famed Aileen Webb and served on the board of the American Crafts Council as well as other organizations. She has a detailed knowledge of the weaving traditions of the American Southwest and has recreated weave patterns from prehistoric fabrics. Betty lives in Florence where she continues teaching and works daily in her weaving studio.

For more information about this event, or to make a direct donation to the Bowen-Walker Fund, contact Bob Hooker at 483-6739 or bjhookervt@gmail.com.

In honor of the Feast Day of St. Francis

of Assisi, the patron saint of animals, the Rutland County Humane Society and Reverend Lee Crawford of Trinity Episcopal Church will host the Blessing of the Animals on Sunday, October 2 at 2 pm. It will be held at the Rutland County Humane Society at 765 Stevens Road in Pittsford, VT. All pets, or a picture of your pets, are welcome for a special blessing by Reverend Crawford. All dogs must be on leashes and cats and other pets in safe carriers. The ceremony will be held outside and all pets are encouraged to attend! After the ceremony the shelter will be open until 5 pm so attendees can visit with the adoptable animals. For more information about RCHS and/or the Blessing of the Animals, please contact RCHS at 483-9171 or visit www.rchsvt.org.

There will be a Church Smorgasboard Supper on Sat, October 8, 5pm - 7pm at the Congregational Church Fellowship Hall on Route 7 Main St, Brandon. Price for adults \$12; youth 5-12; \$6 under 5 free. Baked Turkey, Ham, Meatballs, Vt. maple bake beans, scallop potatoes, macaroni and cheese, different pastas/lasagna, variety of salads/slaws, Vt squash/veggies, rolls/fruit breads, condiments, hot/cold drinks, baked Vt. apples/ice cream. Don't miss it!

Brandon's HarvestFest is a terrific family event that will take place on Saturday, October 1, 10am - 2pm in Brandon's Central Park. Come make Harvest People (aka stick figures, scarecrows, Leaf People...) with the experts. You can even take one home! There will be hay rides, music, pumpkins, food, and more. This event starts at 10:00 am in Central Park. There will be a rain location if needed. This event is sponsored by Brandon Area Chamber of Commerce.

100 NORTH

NEWS FROM THE PITTSFIELD/STOCKBRIDGE VICINITY AND THE HINTERLANDS BEYOND

by Johnnie Goldfish

Gettin' it Done, For That Foliage Run

It's like once you're prepared, truly prepared, to carry on for as long as it takes, you'll quickly find, as all movers and shakers and rebuilders have before you, that it doesn't take long at all. Surrender to the path, and go.

Riddle: A woman arrived home and found a message on her answering machine. However the time and date were wrong which was usual, as she did not set the machine to the proper date. Normally that would not matter, but in this case she needed to know the time of the message. See if you can figure out how she determined the time of the call. Answer below.

Route 4 is open, small miracles created by hard work.

The Pittsfield Bazaar, wonder of Route 100, has been rescheduled for Saturday, October 8. So you vendors and other creatively endowed folks still have a chance to get your wares and crafts and other goodies displayed at your very own table that you can design and make as attractive and mind-boggling as you like. Just give Deb Picarello a call at 746-8331. Remember the date, it's going to be great.

Vera Borden of Pittsfield asks that children bring in their artwork of Irene so that it can be sold at the Bazaar with the proceeds being returned to the community. Your child's artwork can be dropped off at Angelique Lee's home #136 on the village green, a yellow house, by Friday, September 23.

The Catamount Trail is looking for some volunteers to help out with the fall work to get the trail back in shape for winter. On Saturday, September 24 there is a workday on section 12, which runs from the Governor Clement Shelter to Wheelerville Road in the Shrewsbury and Rutland area. Please contact Steve Waite at 802-558-9770 for more information.

It is hard to imagine how many people there are to thank for the gargantuan effort that is rebuilding our wonderful state and I think it really comes under the heading of thanks to everyone. Yes indeed, just everyone, from the folks who sat patiently at roadblocks to the courageous souls who crawled through who knows what to retrieve or salvage or

rebuild this state. Sometimes winter has me wondering about easier climes for my retirement years, yet when I see how dedicated the Vermont people are, this is the only place to retire. Thank you Vermonters for keeping the fires and spirit of life burning bright.

The Vermont Fish and Wildlife Department urges hunters to prepare now for the Vermont fall turkey hunting. A schedule of hunter safety courses is listed on vt-fishandwildlife.com. How hard can it be, turkeys are always in your yard just milling about? Well, they ain't chickens and you sure don't see turkeys in the road kill column. The reason is they see just about everything near them and their sense of danger is fine tuned. You will probably need camo clothing, practice with your turkey calling, and some good scouting would be a good idea. Don't forget to get landowner's permission before you go out to bag your bird.

The Turkey season for bow and arrow is October 1 to 21 and shotgun or bow and arrow is October 22 to November 6. Vermont's turkey population is estimated to be near 50,000 birds.

Vermont's hunting season for ruffed grouse or partridge is September 24 to December 31. The woodcock hunting season is October 1 to November 14. Check your current Vermont hunting manual or contact Vermont Fish and Wildlife to find out about proper loads, daily limits and cartridge capacity.

Riddle Solution: She called her home phone from her cell phone and left a quick message, then checked to see what time was announced with the message. After determining the difference from the actual time, she was able to look at the time of the other calls according to the answering machine, and then adjust by the appropriate amount to determine the correct time.

Thought for the Week: "I am the hunter, I only kill what I eat, unfortunately, I'll eat anything." - Indian proverb, (From Dancing on the Rim of the World, a book of native American poetry).

Hunting quotas may have limits, however there are no limits to your good news, send it to johnniegoldfish@yahoo.com.

We welcome your Letters to Editor.

Please limit to 300 words or less.

Longer letters may be submitted for a per column inch charge.

Submit to: editor@mountaintimes.info

All letters are printed at the Editor's discretion.

Our thoughts and prayers
go out to everyone who
has been affected by
Hurricane Irene

And a special thanks to
EVERYONE helping in any way

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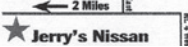
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Rutland Report

continued from page 17

Do you believe you have a book inside you, just waiting to come out? Join self-published author John O’Dowd in an exploration of e-publishing from 2:00 to 3:30 p.m., Saturday, September 24, in the Fox Room of the Rutland Free Library.

Local judges and lawyers assemble in the Fox Room of Rutland Free Library from 7:00 to 8:00 p.m. Tuesday, September 27, looking at common cases in civil, criminal, family, and probate law. Bring your questions.

Would you enjoy viewing a wider variety of films in Rutland and having the opportunity to discuss them? Come to the Film Society Meeting at 5:00 p.m., Wednesday, September 28, in the Rutland Free Library’s Fox Room.

The Downtown Rutland Partnership is working with the Chaffee Art Center and Rutland farmers markets on the annual Harvest/Heritage Festival, Saturday, October 8. Plans are to ask the state to allow free parking in the parking deck for the day. Horse drawn wagons will shuttle visitors between downtown and Art in the Park. Price Chopper is donating a heritage cake to celebrate the 250th anniversary of the town’s charter. Also in the works: Marble Valley Swing Band, demonstrations, children’s fun, reading of the town charter, and possibly the nucleus of the Rutland Recreation Department’s Great Rutland Race.

Keep on conserving water if you’re on the Rutland water system.

Days of Turning, Days of Awe

Now is the time for turning. The leaves are beginning to turn from green to red and orange. The birds are beginning to turn and are heading once more toward the south. The animals are beginning to turn to storing their food for the winter. For leaves, birds, and animals, turning comes instinctively. But for us, turning does not come so easily. It takes an act of will for us to make a turn....

—Jack Riemer

On Wednesday evening, September 28th, Jews around the world will begin a ten-day period given over to self-scrutiny and to repairing our relationships with God, with others and with ourselves. This special time begins with Rosh HaShana, The New Year 5772, and concludes with Yom Kippur, The Day of Atonement—together known as The Days of Awe.

What makes these days awesome is the belief that we have free will. This means that we’re accountable for our actions, but it also means that we don’t have to be caught in the throes of our past misdeeds—that we’re free to change the future by sincere teshuva (turning) and by changing our actions in the present.

What constitutes authentic teshuva? First, we must acknowledge our sins and feel genuine regret for them. Then, if the offense has been against another human being, we must do everything in our power to make restitution, to apologize and to ask for forgiveness. If we are truly repentant, Yom Kippur atones for our transgressions against God—but until we have repaired the relationship, Yom Kippur does not atone for offenses against another human being.

What is necessary is to change the way we behave. It may require trying to imagine the situation from the other person’s perspective. Or it may require summoning the courage to act on our feelings or beliefs. It may mean asking ourselves whether we really need what we think we need. Or it may mean deciding to do something differently despite our initial discomfort. A sailor knows that a course change of just one or two degrees will eventually lead to a totally different destination. The slightest shift in direction can make a remarkable difference in the course of our lives and, possibly, in the lives of others.

Today, we add a fourth category of relationships in need of repair. Not just our relationships with God, with others and with ourselves, but our relationship with the earth that is suffering as a result of our actions and choices. An ancient Jewish legend recounts that, after creating the world, God took Adam and Eve on a tour of the entire earth. “See my work,” said God, “see how beautiful it is. Know that all that I have created, for your sake have I created it. Think about this and do not destroy my work, for if you do, there will be no one after you to repair it.”

Despite the past, despite the present, despite our misgivings and inertia, we are forbidden to despair. We are capable of turning. And that’s why we wish one another a shana tova—not a “happy New Year,” but “a good year”—a year that can be better than the last because we can help make it better.

Rabbi Dov Taylor
(Dov Taylor is rabbi at the Woodstock Area Jewish Community Congregation Shir Shalom.)

Women, bring your mountain bikes to a bike clinic in the upper parking lot at Giorgetti from 8:30 to 10:30 a.m., Saturday, September 24. Shelley Lutz leads the course, designed for beginner to advanced beginner riders. You need a mountain bike and helmet to participate. Please pre-register with the Rutland Recreation & Parks Department.

On Sunday, catch the Vermont Dining Train to eat a four-course dinner in an authentic Pullman dining car. Call (800) 292-7245 for details.

Our best to the State Department of Tourism, already posting fall foliage reports to help bring guests into Vermont for what promise to be excellent displays of brilliant color. Route 4 is officially re-opened.

Rutland alderman Ed Larson notes that, although the Salvation Army headquarters on Wales Street received quite a bit of water damage from tropical storm Irene, it continues to assist community members in need.

Kudos to the Ira Go Getters who worked with Ponderosa Steak House to provide home baked food to help feed the 350+ National Guards who came from out-of-state to help restore roads damaged by tropical storm Irene. Officials expect the Guards to stay in Rutland for about another month. Organizers are looking for additional volunteers to serve meals to these willing workers, and for baked goods donations. To volunteer for breakfast or supper service, call 770-9435. Your baked goods are welcome at the armory on Post Road in Rutland.

Rutland’s Gift-of-Life marathon has a new New England record to beat. The Singer Memorial Blood Drive in Manchester, NH, took in 1,957 pints, setting records for both New England and national one-day blood drives. Rutland had set the New England record three years in a row, garnering 1,400 pints last December. Boston is also ahead of Rutland, having collected more than 1,700



Sitting on the deck sipping a glass of wine or mug of hot chocolate is very relaxing while sitting in an Adirondack Ski Chair. Yes, the Killington Pico Rotary Club is again building Adirondack ski chairs this fall to sell on a first come first serve basis. You may provide your own three pairs of skis to personalize your own chair - this will bring back memories of awesome powder days, even in the middle of summer! Tell your friends and neighbors to order early, as only five chairs remain for purchase as of this week! One chair is \$325 and two for \$625. Each chair is made of white cedar from northern Vermont and recycled skis. The wood will weather to a silver/gray color, or it can be stained. If interested in a chair, please email chada13@comcast.net.

Each Wednesday the Killington Pico Rotary Club meets at the Summit Lodge from 6PM – 8PM for a full dinner, fellowship, and a guest speaker. If you are interested in learning more about Rotary International, call (802) 773-0600 to make a reservation to attend a dinner meeting as our guest.

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The Mountain Times • September 22-28, 2011 • 19 pints recently.

Congratulations to Rutland Railway Association for the rehab work on its museum and club headquarters at Center Rutland.

Shoppers at Rutland Discount Foods & Liquidation Center on Cleveland Avenue enter a freshly remodeled store, complete with baby products, small appliances, and lots of other useful items.

The Rutland Heart Center has relocated its offices to 12 Commons St., across Allen Street from Rutland Regional Medical Center. Board certified cardiologists at the Rutland Heart Center are Christian Higgins, Bartholomew Bonazinga, Stanley Shapiro, Michael Rober-tello and James Fitts.

Same Sun of Vermont recently opened at 24 Center St., between the Paramount Theatre and Lake Sunapee Bank. Marlene Allen says her business sells and installs photo-voltaic electric systems for homes and small business.

Also new to downtown Rutland is Jennifer Usher’s Make It Sew, offering dressmaking, tailoring, and alterations at 69 Center St.

Rutland’s aldermanic board has voted to use Zamias fund moneys to install two Victorian-style street lights at the Rutland Free Library, matching those already installed in the downtown core. The 6-3 vote allowed for up to \$11,500 for the street lamps.

United Way of Rutland County recently kicked-off its 2011 campaign at a breakfast meeting, led by freshly elected president Marcia Chioffi, new executive director Traci Moore and this year’s campaign chair Carrie Allen. The 2011 fund-raising goal is \$565,000.

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VOLVO

Lakes Region News

Bomoseen Dock Dogs

by Lani Duke

Mary Wesley calls an exuberant contra dance with the Cold River Band (Marcos Levy and Mary Barron) providing live music at the Tinmouth Community Center at 8:00 p.m. Friday, September 23. Come early, especially if you're new to contra dance; the evening begins with the easier dances, becoming progressively more difficult. Call 235-2718 for more info.

Great brains Picasso and Einstein meet in a Paris bar and discuss the value of genius and talent on the Casella Theater at 8:00 p.m. Thursday through Saturday, September 22 through 24, and 2:00 p.m. Sunday, September 25. Steve Martin wrote the play, so you know it will be neither boring nor tedious. Call 468-1119, the Castleton State College box office, for tickets (required).

Bring your digital photos and favorite items to create a time capsule at St. Raphael's Catholic Church Rectory Friday, September 23. See a slide show put together by the Poultney Historical Society. Come prepared to dance to locally grown bluegrass (maybe play a little too).

Poultney's Main Street acquires a spicy aroma Saturday, September 24, as Poultney Rotary Club hosts its annual chili cookoff, 10:00 a.m. to 2:00 p.m. Organizers say they expect more than 25 competitors in this year's contest. Yum! This year also features a silent auction. Call 287-9987 for details.

More fun in Poultney on Sunday, with the burying of the time capsule that was put together Friday night, and a matinee reading of Burnham Holmes' play Horace's Sum total. The Poultney Summer Theatre Company presents the play at the East Poultney Baptist Church.

Canine exuberance is the center of attention during the third annual flying dog dock diving competition at Lake House Pub and Grille in Bomoseen Sunday, September 25. The event benefits the Rutland County Humane Society. Dogs compete in longest jumps, biggest splash, and most

comical leaps. Call 483-9171 to find out more.

Get your reservation in for the Castleton Community Center's pot luck dinner on Friday, September 30. Guest chefs are the CCC program committee, making Elly Anderson's renowned meat loaf. Nan Seigny presents the evening program, on her experience building a school in the village of Malindi, Kenya. Call the Center, 468-3093, to reserve your seat.

Green Mountain College soccer teams recently helped in the after-storm clean-up in Manchester, VT, tearing out sheetrock, insulation, and carpeting; helping rebuild washed-out roads; and cleaning out recently flooded basements.

Green Mountain College graduate Kerrilee Knights recently joined the college staff as gallery coordinator for The Feick. She previously was house and operations manager at the Dorset Theatre Festival.

Congratulations and thanks to all involved with Pawlet's 250th birthday party. The names of all who made such great contributions make a list that is far too long for us to print.

Castleton residents will help choose how to renovate their community's town hall. A seven-member building spent the summer sorting through a variety of possibilities before generating a detailed report on the project.

Help pay Circle of Hope K9 Rescue veterinarians' bills and have fun with a book/lawn/bake sale at 1991 Main St., Castleton, from 9:00 a.m. to 4:00 p.m., Saturday, September 24. To donate items for sale, drop them off at 1991 Main, next to the old medical center (now Ducharme's Funeral Home), or arrange pick-up by calling Angela, 468-5298.

Fair Haven Union High's community chorus has begun one-hour weekly rehearsals Mondays at 6:30 p.m. in the high school chorus room. Your participation is welcome as the group prepares for a concert Wednesday, December 7. Find out more by calling 265-4966 ext. 254.

Need flu shots? Make your appointment with Mettowee Valley Family Health Center by calling 645-0580. Dates are Thursday, September 29; October 4, 11, and 18 (all Tuesdays); Thursday, October 20; Tuesday, October

25; Friday, November 9; Wednesday, November 23; and Wednesday, November 30.

The Episcopal Ministry Center in Poultney hosts its monthly community breakfast from 8:00 to 10:00 a.m. Saturday, September 24. Organizers promise a feast of farm-fresh eggs, sausage, homemade biscuits and preserves, juice, coffee, tea, and hot chocolate.

Castleton State College hosts a schedule of wellness-inducing activities throughout the week, open to all community members. They include Monday Bodyflow (yoga mixed in with Pilates) exercises and nutrition; Tuesday yoga, zumba, and kickboxing; Wednesday Weight Watchers, integrative yoga, and cardio exercise; and Thursday zumba. Call college Wellness Director Martha Coulter, 468-1314, for details.

Poultney High School hosts art club and open studio sessions on Wednesdays and Thursdays from 4:00 to 5:30 p.m. They are open to students in grades 7 through 12 from Poultney, Fair Haven Union, Mill River Union, Proctor, and West Rutland high schools. Students create their own two- and three-dimensional projects.

Rutland Library News

September is "National Library Card Sign-up Month" and the Rutland Free Library is urging everyone to get a library card for free at their library. "Today's libraries provide all types of students with the tools they need to succeed," says children's librarian June Osowski. "A library card is the most important school supply of all."

Members of the Rutland Free Library have access to books, dvds, music, electronic encyclopedias and databases, news, magazines, homework help information, foreign language instruction, eAudiobooks, and statistics online – it only requires a library card!

Getting a library card is easy. For more information visit the Rutland Free Library in person or visit the library online at www.rutlandfree.org.

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Killington Arts Guild

by Betty Little

Near Baltimore there was a family wedding in a field on the edge of the Chesapeake Bay. Hurricane Irene had passed. Guests from all over the nation had arrived safely. The sun was setting as vows were said; the dancing began with the married couple, to “I Love Your Love The Most,” then the father and the bride to “I Loved Her First.” A picnic was served. Children raced in the grass along the shore. It was creditable to all there that Irene had struck mountains and villages far from the ocean in Vermont. But then grandma Betty told them all that had happened and then she went home to Rutland.

David Bahnson aerial photographer said, “From the air it seemed as though every river had been taxed beyond its normal capacity.” (<http://www.wingsovermont.com/>)

Dorothy Webber of Rutland said after the storm, helicopters flew back and forth overhead with supplies for thirteen isolated towns in Vermont. In Killington, Jill Dye worked with Emergency Response, assigning volunteers. Ann Wallen’s car was smashed by a falling tree.

Route 4 split apart just above her house, and the stream behind it over flowed, but she remained safe inside. George Lyons was one of the first to report that Betty’s Ski House was dry. Mary T. Holland and Walt Findeisen continue to report.

Helicopters brought emergency supplies to Pico. George helped the troops unload them. Bev Anderson held Sunday services at the Sherburne Church. Ann Wallen opened the Library for exercising during the week. Connie opened it on Saturdays for readers and computer users. Mary T. Holland was in and out of town hall but mostly at home trying to keep the water out. She looked forward to getting off the mountain to go to Rutland’s farmers market.

The Killington development office (EDT) was keeping the world informed about Killington—bad and good and getting FEMA involved. Mike Young was sending e-mails to KAG members and organizing senior lunches at the golf house. Pat Zack, former KAG Board Member, returned from two weeks with her daughter in Ireland where she kissed the Blarney Stone. Yvonne Daley is writing a report on Killington and talking her way through barriers to be “on the spot.”

Congratulations to Royal, Zip and company for keeping the Mountain Times going from Rutland. Betty writes from Baltimore, now Rutland, soon Pawleys Island, SC. Send news: vtkag@aol.com/ For KAG info: sdck@vermontel.net.

Proctor Place

by Stacy Bates

Proctor Fall Festival September 24

Proctor’s 9th Annual Fall Festival will be held on Saturday, September 24, 2011. The full day of events for this special festival includes a Birthday Cake Baking Contest, Proctor Fire Department Chicken BBQ, kid’s activities, arts and crafts vendors, food booths, carnival rides and a silent auction. Bake your specialty Birthday Cake in honor of Proctor’s 125th birthday as a town, and in honor of Vermont’s statewide 250th birthday celebration. There is a Junior baker category (under 14 years old) and an Adult amateur category. Cakes must be made with King Arthur Flour. For rules and more information, contact Laurie Mecier, 459- 2142. Please note: Due to the effects of Irene on Vermont’s rail system there are no train rides at the festival this year. Fall Festival hours are 9:00 am – 4:00 pm, Saturday, September 24, in Proctor’s Main Street Park. For more information, call 459-2220.

All the Proctor youth soccer teams did well this past weekend in Rutland Rec (8 on 8) play. The 3rd/4th graders had such a great turn out for girl signups they were able to suit up two teams. Cindy McKearin and John Anderson coach one team and this weekend they played the Rutland Rec Labs. It was a very competitive game on both sides. Liana Hall and Hannah Anderson each scored a goal. Karen Almond coaches the other girl’s team and they went up against the Rutland Rec Terriers. Maddie Flanders and Allison Almond were both solid offensively for Proctor and defensive kudos go out to Miranda Martin, Emelia Tooley and Rileigh McKeighan. The 3rd/4th grade boys are lead by coaches Joe McKearin and Dave Parker who played against the Rutland Rec Tigers. Proctor dominated offensively tiring out Rutland’s defense. Connor McKearin had a terrific offensive game scoring several goals and Proctor goaltender Solomon Parker did a great job protecting his goal.

The 5th/6th grade boys are coached by Mike Morgan and the boys played outstanding against the Mill River United 1 team. The 5th/6th grade girls team coached by Jess Merrill also made their presence known on the field and looked strong against Rutland Rec. The Rec games are played on Saturday. For a schedule check out the Rutland Recreation Department website.

The 5th/6th grade PES (11 on 11) boys soccer team lost 2-1 Monday night against Rutland Town. Proctor’s goal was scored by Nathan Greb. Tyler Carrington and Issaac Owen shared goal tending responsibilities and Devon Bussard did a great job defensively. The PES 5th /6th grade girls were victorious over Rutland Town. Goals were scored by Emerson Pomeroy, Isabel Valerio and Erica May. Meredith Parker and Carly Flanders were strong supports defensively. Goaltender Lizzy Baccei shutout Rutland Town not allowing them to score.

Blessing of the Animals

In honor of the Feast Day of St. Francis of Assisi, the patron saint of animals, the Rutland County Humane Society and Reverend Lee Crawford of Trinity Episcopal Church will host the Blessing of the Animals on Sunday, October 2 at 2 pm. It will be held at the Rutland County Humane Society at 765 Stevens Road in Pittsford, VT. All pets, or a picture of your pets, are welcome for a special blessing by Reverend Crawford.

All dogs must be on leashes and cats and other pets in safe carriers.

The ceremony will be held outside and all pets are encouraged to attend! After the ceremony the shelter will be open until 5 pm so attendees can visit with the adoptable animals.

For more information about RCHS and/or the Blessing of the Animals, please contact RCHS at 483-9171 or visit www.rchsvt.org.

Rutland Humane Society News

Food Available
RCHS has dry cat and dog food for anyone who has a need for it, especially those impacted by Irene. It is available at the RCHS shelter on Stevens Road in Pittsford and can be picked up when the shelter is open (Wednesday through Sunday from 12 noon until 5 pm). If you have any questions please contact the shelter at 483-6700 during those hours.

Dog Dock Diving Competition Benefits RCHS!

Don’t forget our upcoming Dock Diving Competition! The Lake House Pub and Grille in Bomoseen is hosting the third annual flying dog dock diving competition to benefit RCHS. The fun will take place on Sunday, September 25 at The Lake House Pub and Grille.

Blessing of the Animals
Our annual Blessing of the Animals will be held on Sunday, October 2 at 2 pm at the RCHS shelter on Stevens Road in Pittsford. Please plan to bring your pet for a special blessing. 11th Annual Golf Tournament

Our 11th annual golf tournament will be held on Friday, October 7 at the Proctor-Pittsford Country Club. Captain and crew play will begin at 1 PM with registration starting at 11:45 AM. Pre-registration is strongly suggested. Teams are comprised of 4 members with a limit of 30 teams. Tournament fees of \$85 (\$80 for PPCC members) include a post tournament banquet.

For information visit www.rchsvt.org or 483-9171.



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ARIES: March 21 – April 20: You need to be careful what you wish for. A lot of things could come unglued if you try to push anything too hard. This is one of those times when the impulse to make it all go ‘your way’ has to be tempered by the spirit of cooperation. Others have their own point of view but beyond that, they don’t live in the same bubble, they have their own sense of purpose, and they aren’t you! Even if you think you know what’s in everyone’s best interests, the fact is that you don’t. What needs to happen may be a far cry from whatever it is that you want more than anything.

TAURUS: April 21 – May 20: You have lost the need to try and figure this out. Things have gone so far over the top you have decided to shut up and go along with the program until the universe comes up with another way to handle things. It will be interesting to see how the various uses of adversity show you that there is a reason for all of this. As you attempt to sort out the details part of you will undoubtedly have second thoughts about some of your more recent decisions. At this point, in lieu of any immediate solution, it is your inner vision that will help you remain centered and clear.

GEMINI: May 21 – June 20: The way things are changing, it’s a good thing for you that you’re so easy and flexible. It looks to me like you’re being asked to hold it all together by being the only one who understands every aspect of the situation. For now you seem to be OK with this. At some point you are bound to come up against matters that force you to hold your ground. When that happens know that your strength will come from being able to stand above it all, with a view that shows you how the bigger picture is shaping up and helps you to walk the line that divides the forest from the trees.

CANCER: June 21 – July 20: You have to figure out how to balance your security needs with enough freedom to keep your spirit from getting its wings clipped. As much as you feel driven to stay rooted to whatever your situation involves, there is a huge need to get out of the box. Balancing those issues will require you to reexamine your sense of what constitutes safety and security. Up until now, all of us thought we knew what those things meant – but life has changed and with everything so up in the air, it should be easy for you to see that your security depends on your willingness to break free.

LEO: July 21 – August 20: It’s more than clear that it’s time to rebuild your life. Everything about it has gotten to the point where there’s not much left from the past that bears any relevance to the way things are now. Many of you are ready and willing for anything to be what the future holds; you’ve released the past and have surrendered to the Will of Fate. But there are those of you who cling to too many resentments to see what’s happening on your own ‘bottom line’. Until you are 100% willing to look at yourself you will continue to blame life and let your blame continue to obscure the truth.

VIRGO: August 21 – September 20: You’ve got to accept everything the way it is. This includes being able to accept the fact that you’re not ready/willing/able to move on with your life. It could also include the idea that it’s OK to not know what you want and it’s OK to not be enough of a wizard to manifest your wildest dreams. So much of what’s going on right now is there to show you that nothing goes in a straight line. Even if you think you need some sense of certainty or living proof that all is well, the truth is, there’s no such thing until we learn that the way things are is totally fine with us.

LIBRA: September 21 – October 20: You’ve got a lot of irons in the fire. It’s interesting to watch you try to be cool, calm, and collected about having more than your share of stuff to contend with. I suspect that part of you would much prefer to be anyone but the person who has to handle all of this. As much as you love comfort and ease, if you can hold steady and keep your perspective tuned to the channel that knows everything ebbs and flows, in no time at all what’s too much or too difficult now will be walking, and talking, and stable enough to sustain your fondest visions with no effort at all.

SCORPIO: October 21 – November 20: This would feel a lot better if someone else didn’t want it as much or more than you do. You’re getting tired of having to prove that you deserve this. When you get to the point where it no longer matters it will open the space for whoever has to make this choice to show their true colors. If this appears to be a contest between you and someone else, it is really an opportunity to see what the one who has to pick the winner is made of. Don’t be too concerned about how you measure up; if things don’t work out it will be their loss and a clear sign that you don’t need this.

SAGITTARIUS: November 21 – December 20: You keep asking yourself, ‘what am I missing?’ Because someone keeps telling you everything’s fine and all you can say is ‘what’s wrong with this picture?’ When the gap between the way things are and the way you feel about them gets wide enough to notice the difference it’s time to decide whether or not you can live with it. Up to a point it’s OK to let things slide. Once you see that there’s a line between giving people space and being totally codependent with whatever the problem is, you can either do what’s expedient or make it clear to them that enough is enough.

CAPRICORN: December 21 - January 20: You don’t know why the signs keep saying that something much bigger than you is guiding all of your choices right now. You’ve never been so aware of the fact that life is running the show. And what this means to you, whether you’re amping things up or in the process of easing them down, is that it all goes smoother when you take your hands off the wheel. For the time being I see a window of opportunity that will allow you to break free long enough to rediscover the part of yourself that got buried when you decided that everything on the planet was up to you.

AQUARIUS: January 21 – February 20: You could use a change; something to spice things up. Whatever it is that gets you going needs to be added to the schedule. If there’s no room for it, ask yourself why you’ve turned into such a stiff. You didn’t come here to punch a clock or sell your soul for whatever this is about. Look around. It’s not that hard to make life interesting; whatever it is that pays the bills can be handled with less effort than you give to it. Give yourself more space and time to get back in touch with the things that make you feel alive and don’t be afraid to break out of your rut and live a little.

PISCES: February 21 – March 20: The way things are going you wish you had a better grip on whether or not it’s safe to go for it. It looks to me like everything will turn out just fine. The minute you let go of the idea that something’s going to come along to screw this up, you’ll realize that you’re capable and experienced enough to handle it. Issues that relate to relocating have you wondering if it might be better to start all over again in a new spot. As far as that goes, trust your intuition and don’t be afraid to follow it, because your dreams could be more easily brought to life elsewhere.

Mother of the Skye

Mother of the Skye has 30 years of experience as an astrologer and tarot consultant. She may be reached by email to cal.garrison@gmail.com



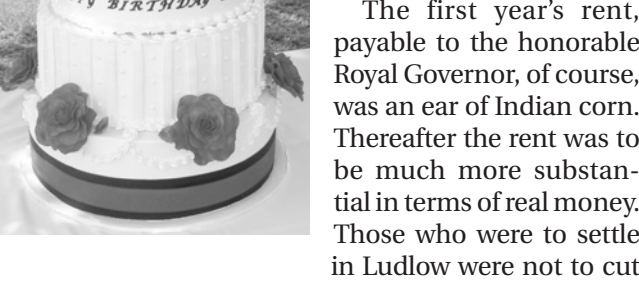
The View from Ludlow

by
Ralph Pace

Ludlow Celebrates 250th Birthday

It was a weekend that many will remember as Ludlow celebrated its 250th anniversary of its creation when Benning Wentworth, the Royal governor of New Hampshire, signed the charter that brought Ludlow into existence.

Beginning with a more formal presentation on Friday, September 16, the actual date of the charter’s approval in 1761, the gathering crowd witnesses the actual reading of the charter by Newton Rose, a student at Black River High School. The charter, while full of 18th century legal-ese language, did spell out some key points, some of which still exist today.



Those who were to settle in Ludlow were not to cut down pine trees since the Royal Navy coveted them as possible masts for its ships. It also set the date for the first and subsequent town meetings; in this instance the second week in March. That, of course, has changed slightly to the first week in March.

The following Saturday, a large crowd estimated in excess of 300, witnessed a town parade featuring the American Legion color guard, the Black River High School Band, a number of marchers from a variety of Ludlow and area groups, some cyclists riding those huge one-wheel contraptions that defy gravity, and the Ludlow Fire Department, Rescue Squad, and Police Department.

But the culmination of the day had to be the magnificent cake prepared by Irene Maston of the Andrie Rose Inn. The cake rose five tiers with a detailed facsimile of the Ludlow Gazebo atop it. The cake, along with an 8 foot birthday card prepared by the Okemo Sign Shop,

Shrewsbury Ham Supper

The Shrewsbury Volunteer Fire Department (SVFD) will be hosting its annual ham supper on October 1st at the Shrewsbury Town Hall. The buffet supper has continuous seating that starts at 4:30p.m. The cost is \$9 for adults, \$4 for kids aged 5-12 and kids under 5 eat free.

The SVFD, along with the dedicated Shrewsbury Auxiliary, will be serving up a delectable dinner consisting of Wallingford Locker ham, zesty potato salad and cole slaw, apple sauce and fresh baked rolls. The dinner will be topped off with scrumptious homemade desserts.

The ham supper is a fundraiser for the SVFD and the money raised goes towards helping the community in time of need. It is truly an event you don’t want to miss.

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Happy Birthday Buffy!

drew a great deal of interest and, in the case of the card, signatures. The cake, of course, was carefully and neatly sliced by Pam Cruickshank, Joyce Washburn, and Linda Tucker – much to the culinary delight of the more than 300 tasters.

The formal Ludlow 250 ceremonies concluded with a concert by Linda Radtke of Vermont’s History through Song. Linda thoroughly charmed the audience with songs dating from the Revolution to campaign songs for Calvin Coolidge’s 1924 reelection.

George Thomson acted as the emcee and narrator for the two-day event.

The impact of Tropical storm Irene was not lost on the event. Representatives from FEMA, appropriately remaining in the background, offered advice and information to those audience members whose property had been damaged as a result of Irene. They also indicated that FEMA would be opening an office to help those with claims in the Okemo Market Plaza this week.

While all of this celebration was going on, Black River Good Neighbors was busy preparing for its annual fall rummage sale at Fletcher Farm. The rummage sale will run from Friday, September 23 through Sunday, September 25. In addition to all sorts of clothing items, the sale will feature a variety of furniture and home appliances. For more information, call Audrey Bridges, Good Neighbors Director, at 228-3663.

FOLA (Friends of Ludlow Auditorium) is in the process of upgrading the audio systems in the Ludlow Town Hall Auditorium to provide easier access to the audio system by visiting musical and other performing arts groups. It will also be increasing the number of wired and wireless microphones.

FOLA is also looking forward to a very active October season. In addition to its usual “1st Thursday” movie series on October 6, this movie being the all-time sci-fi favorite, “Close Encounters”, FOLA will feature the area favorite, Gypsy Reel, in a concert on Saturday, October 1. Tickets for this event are \$10 and may be purchased in advance at the Book Nook, Wine and Cheese Depot, and Peoples United Bank; they will also be available on the evening of the concert at the auditorium door. On Sunday, October 9, FOLA will join with the Town of Ludlow and Black River Academy Museum to present a special Civil War/Mark Twain Era piano concert by renowned pianist, Jacqueline Schwab, famous for her work in providing music for a number of Ken Burn’s epic PBS series, including both the Civil War and Mark Twain. On Thursday, October 20 at 7 PM, FOLA, in conjunction with the Rutland Herald, will sponsor a special healthcare forum panel discussing the impact of Act 48. The discussion will be moderated by Stewart Ledbetter, senior political reporter for WPTZ/WNNE.

All of these events, except for the Gypsy Reel concert, are free. For more information, call 228-7239.

(If you have any information that you would like to see in this column, simply email the information to ralphpace@tds.net.)

Dear Editor,

Between hurricane Irene, follow up rains, and road closures, the Vermont State Fair thrived nonetheless. We had enthusiastic gardeners entering flowers, vegetables and tasty culinary treats. Eleven year old, Sophia Moore-Smith entered a beautiful aloe vera plant which received a blue ribbon for Best of Show in the floral culture exhibit. Also, Brittany Malette of Bomoseen, won a blue ribbon for her huge cactus plant.

Weather this summer made gardening more difficult, but there were lovely entries of sunflowers, hydrangea, roses, marigolds, zinnias and a wide variety of house plants. A group of Rutland County extension master gardeners were on hand to answer questions, share stories, and hand out UVM gardening information. Next year the master gardeners will give brief informational talks in the afternoon. Ron Hebert/aka “Dirtman,” will answer your compost questions. (e-mail: livingsoil@comcast.net) It is always a popular stop for fair goers, who photograph the beautiful waterfall rock garden and the other display gardens planted and maintained by the dedicated group of master gardeners.

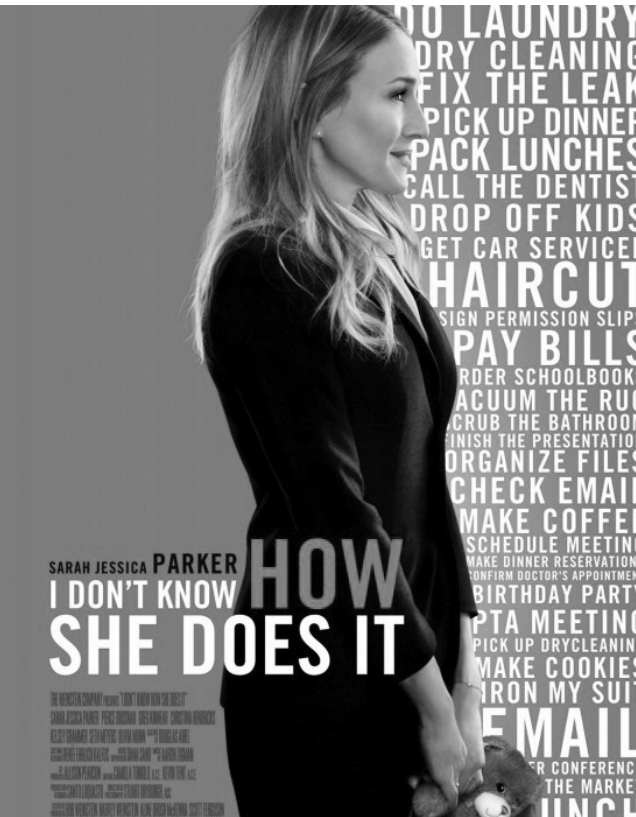
There was a dahlia garden planted in memory of long time dahlia grower and fair entree, George Squire. Many people ask me how to enter flowers. Categories are specific, so you need to get a fair book at the main fair office, or better yet, go on line for all current information. Entries take place on the Friday when the fair begins, and there are daily floral entries in order to keep the displays looking fresh and to give people more of a chance to win.

As the fair draws to a close, the giraffe continues to eat carrots, and the tigers are sleeping in the sun!

Elaine Nordmeyer,
Floralculture Superintendent
Hubbardton

JustForFun

Capsule reviews of films opening this week by The Associated Press

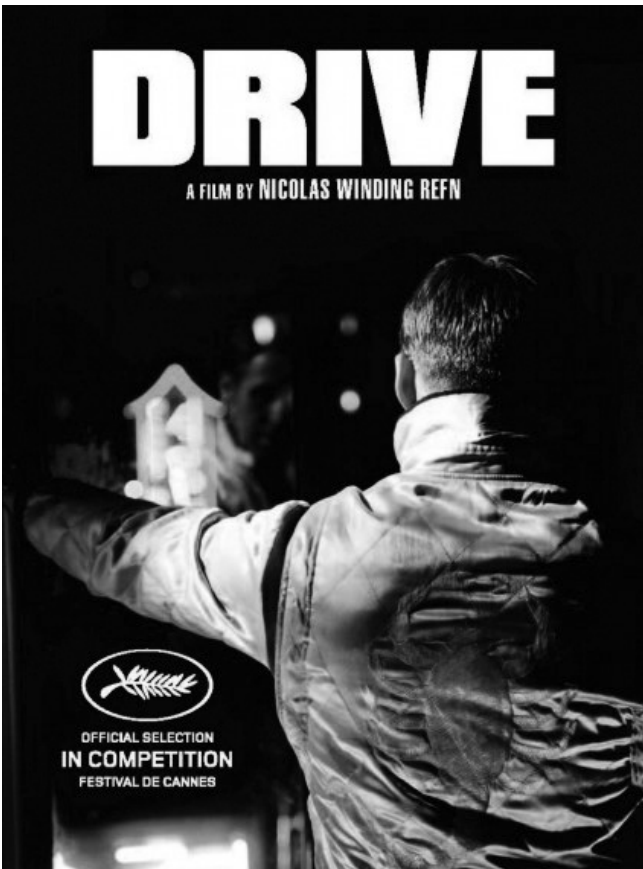


“I Don’t Know How She Does It”

by Christy Lemire, AP Movie Critic

When you’re a wife and working mother, there’s this inescapable, self-imposed pressure to do everything right all the time. The idea of having it all - a great job and a loving family, a toned body and a sane mind - is as appealing as it is elusive. Douglas McGrath’s comedy, based on the best-selling novel of the same name, gets that dynamic, that incessant juggling act, and the ways in which we self-flagellate in trying to perfect it. This is not exactly a new concept but it’s increasingly prevalent, and McGrath finds just the right tone in depicting that. Sometimes. Too often, though, he smothers those nuggets of insight with a jaunty, sitcommy tone, with gags that are telegraphed from a mile away and music that works awfully hard to cue our emotional responses. It doesn’t help that Sarah Jessica Parker, as the film’s star, chimes in early and often with voiceovers that sound exactly like the kinds of observations she used to make as Carrie on “Sex and the City,” the role with which she will be eternally, intrinsically tied. Here, she stars as Kate Reddy, a mother of two with her architect husband (Greg Kinnear). She struggles to balance her home life with her demanding job as an investment manager, which gets more time-consuming when she takes on a big project with the firm’s head honcho (Pierce Brosnan). PG-13 for adult situations and language. 91 minutes.

Two stars out of four.



“Drive”

by Christy Lemire, AP Movie Critic

Like Clint Eastwood’s Man With No Name, Ryan Gosling is simply known as the Driver. He’s a stoic loner who does exactly what the title suggests. By day, he’s a stunt driver, flipping cop cars for Hollywood productions. By night, he evades the police as a getaway driver for armed robberies, as he does in the film’s tense, nearly wordless opening sequence. No identity, no backstory. The Driver simply exists, moving from one job to the next without making any pesky emotional attachments. That he is such a cipher might seem frustrating, but Gosling’s masculine, minimalist approach makes him mysteriously compelling. Yes, he’s gorgeous. But he also does so much with just a subtle glance, by just holding a moment a beat or two longer than you might expect. He’s defined not so much by who he is, but rather by what he does - how he responds in an increasingly dangerous series of confrontations. His demeanor is the perfect fit for the overall approach from Danish director Nicolas Winding Refn (“Bronson”); cool and detached, “Drive” feels like an homage to early Michael Mann. It oozes sleek ’80s style. Carey Mulligan, Bryan Cranston, Ron Perlman and a scene-stealing Albert Brooks, playing against type, are among the strong supporting cast. R for strong, brutal, bloody violence, language and some nudity. 100 minutes.

Three stars out of four.

THE JOKE’S ON YOU by Phil Ryder & YOU

“...and though your advertising claims to get rid of a running nose may be true, you failed to mention the one big side effect.”

- Bob Morace • Sicklerville, NJ

Showings September 22-28, 2011

Downtown Rutland Shopping Plaza
143 Merchants Row, Rutland, VT 05701

MOVIES	TIMES
Contagion-PG-13	1:50 7:00
Abduction-PG-13	2:05 4:35 7:10 9:35
Drive-R	2:10 4:40 7:20 9:50
The Help-PG-13	1:30 4:30 7:30
I Don't Know How She Does It-PG-13	2:00 4:15 7:05 9:20
Lion King-G (3D)	1:40 4:00 6:50 9:00
Dolphin Tale (3D)-PG	1:35 4:10 6:55 9:25
Killer Elite-R	1:55 4:25 7:15 9:40
Moneyball-PG-13	1:25 4:05 6:45 9:30
Straw Dogs-R	2:05 4:35 7:00 9:30

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SUDOKU

	4	9		6			7	
			9	1				
				4		3		
						8		6
2	1	6			4			
			5	2				9
	8							
4		5				9		
	2		1	3		4	5	

Each block is divided by its own matrix of nine cells. The rule for solving Sudoku puzzles are very simple. Each row, column and block, must contain one of the numbers from “1” to “9”. No number may appear more than once in any row, column, or block. When you’ve filled the entire grid the puzzle is solved.

This week’s solution on page 24

1	2	3	4		5	6	7	8		9	10	11	12
13					14					15			
16				17						18			
	19							20					
			21				22						
23	24	25				26				27	28	29	30
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38			39		40					41	42		
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			47	48				49					
	50	51					52					53	54
55						56							57
58					59						60		
61					62						63		

- ACROSS**

 - Thanksgiving dish
 - Discuss again
 - Kind of column
 - Spotted, to Tweety
 - Ornamental climbing plants
 - Tennis ____ (pl.)
 - Bounce back, in a way
 - Deuce topper
 - “____ Town Too” (1981 hit)
 - Charger
 - French wine region
 - Appear
 - Go for
 - Balls
 - Legislate
 - A mile a minute
 - English exam finale, often
 - Kind of ticket
 - Fairy tale figure
 - Fleet’s commander
 - Roll about in mud
 - “Enchanted April” setting
 - Barely get, with “out”
 - Crude dude
 - Hideous
 - Preferred above others
 - “Good going!”
 - Patrilineal clan
 - ____ Victor (acronym)
 - Former measure of U.S. economy (acronym)
 - Undertake, with “out”
- DOWN**

 - “____ rang?”
 - “____ and the King of Siam”
 - Calf-length skirt

Paws&Claws

Springfield Pet Feature

Porsche stops to smell the flowers after a good long walk in our field. This lovely lady is about 18 months old and sweeter than sweet with people! She is not crazy about other dogs, however. Housebroken, obedience trained, used to kids and cats – what more can you ask in a canine companion?

There are also Chihuahua mixes, a lab mix, 2 older shepherds, an amazing bulldog mix and of course a whole LOT of cats of all descriptions.

Don't miss out on the amazing benefits of sharing your life with at least one companion animal. These guys deserve a new home! Yours? Call the Shelter at 885-3997 or stop by Wed-Sat noon-4:30. Best friends meet at 401 Skitchewaug Trail! Our next low cost S/N clinic for cats is Nov 22 in Chester & Dec 13 in Springfield. End suffering due to overpopulation. Spay/Neuter your cats!

Just one more sale left to go at our unit Friday, Sept 30, 8-12 (weather permitting) at the North Springfield Storage Units. We have a LOT to sell yet including furniture and other items that just arrived. Thank you to all who have donated items for us to sell and to Art Taft for donating the storage unit!

The Shelter needs canned dog food, paper towels, cheap new toothbrushes (used for skin testing) and postage stamps. And don't forget those used ink cartridges – we get \$2 for each. Many thanks to all who help this way! The folks of this area are amazing!!



Lucy Mackenzie Pet Feature



Hi! My name is Caper and I'm a 3-year old spayed female calico. I would very much love to be an only cat but assure you that I'm all the cat that you or your household needs! I can get a little feisty at times but at the end of the day, I'm just looking for many pets and some loving attention. I'm a curious little kitty with a huge personality. If you're looking to add a playful feline to your home and heart, please stop in to meet me! Lucy Mac is located at 4832 Route 44 in West Windsor, VT and open to the public Tuesday through Saturday, 12 - 4 PM. You can reach us at 802-484-LUCY(5829) or visit us at www.lucymac.org. We hope to see you soon!

PET PERSONALS

MASON-3 year old. Neutered Male. Labrador Retriever mix. I'm a handsome fella who loves to play, especially with squeaky toys! They're my favorite. I also enjoy being with people. I know how to Sit and I think I can learn more tricks if you want to teach me.

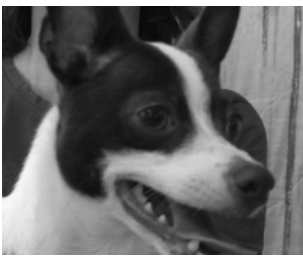
PIPER-1 year old. Spayed Female. Domestic Short Hair Gray Tiger. Hi there! Piper here. I am a small girl with a desire to get your attention. I guess that's what pipers do. I was a stray found out there alone, and heavens, is it good to be here at the shelter where I'm safe.

SHADOW-2 year old. Spayed Female. Domestic Long Hair Dilute Calico. I am one of a kind. I have lovely fur, and boy, am I proud of it. I will need to keep my coat nice which will require some attention, but boy do I love attention. I am quite friendly and I really like other cats.

RUSTY-2 year old. Neutered Male. Beagle mix. I am a lively, pretty dog who loves a good squeaky toy! I was a stray from Wallingford and I was brought here on September 3. The staff is amazed that no one has claimed me back because of my easy going ways!

JUKIE-1 year old. Spayed Female. Domestic Long Hair Black. Oh boy! I sure won't be here long! I came in as a stray but I must have gotten turned around because all of a sudden I'm at a shelter. I know the ropes everywhere I go.

OZZIE-6 month old. Neutered Male. Chihuahua/Rat Terrier mix. I'm a young, active fella who loves to run and play! I enjoy being with people and getting petted and lots of attention. I'm a wiggly boy who has a lot of energy.



ROJO-9 year old. Neutered Male. Siberian Husky. I'm a super handsome red Husky with glorious blue eyes! I'm a tail waggin' guy who enjoys being with people. And unlike many Huskies, I love to play with toys!

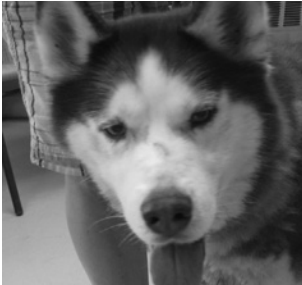
CODA-10 year old. Neutered Male. Labrador Retriever mix. I'm an easygoing, handsome gentleman who has soft, loving eyes! I'm a big guy but I'm low key and loveable! I like to play with tennis balls and I love to sniff, too!

BOO BOO-10 month old. Neutered Male. Domestic Short Hair Black and White. Okay, get ready for cute. I am a little lap love who will make your day. I am still kitten age but I am still seemingly petite for my age. Wait until you see this little round face of mine.

JINGLE-10 year old. Neutered Male. Domestic Short Hair Black and White. How does a neat guy like me find himself without a home at this stage of the game? I was a stray and thank goodness for the shelter taking such good care of me. I couldn't be more grateful.

RAMBLER-1.5 year old. Neutered Male. Pit Bull. I'm a friendly, happy-go-lucky fella who loves to wag his tail and hang out with people. I really love to play with my toys so I hope my new family will stock up on toys for me to play with!

DAISYCAT-2 year old. Spayed Female. Domestic Short Hair Buff Calico. I am fairly small for a girl my age but we all know that good things come in small packages. I have looks going for me too. Is this coloring attractive or what? I am a small stray, looking for a big future.



All of these pets are available for adoption at
Rutland County Humane Society
765 Stevens Road, Pittsford, VT • (802) 483-6700
Wed.-Sun. from 12 - 5 pm and closed on Mon. & Tue. • www.rchsvt.org

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Vermont Spay Neuter Incentive Program

Applications for VT residents to receive VSNIP vouchers with which to have cats and dogs neutered at a reduced rate can be found at participating vet offices, town clerks, social service agencies, or by sending a #10 self-addressed 44¢ stamped envelope to:

VSNIP, PO Box 95, Bridgewater, VT 05034.
Or, download and print forms from the
VT Agency of Agriculture website:
www.vermontagriculture.com.
(Go to forms/applications, scroll to VSNIP, and print the 3 highlighted forms.)
For assistance, call 1-877-867-1424

The Classifieds

REAL ESTATE

\$89,000 SKI-IN/SKI-OUT 1 bdrm unit at Pico Resort. Fully furnished & equipped. Contact owner direct, 212-829-5600. **31/39**

LAND FOR SALE: Improved building lot in Killington neighborhood with ski home benefits. Views. Call 802-422-9500. **TEN**

10+ ACRE LOTS, one minute from the Killington Skyship. Inground septic. Call 802-422-4267. **TEN**

KILLINGTON HOLIDAY REAL ESTATE. 1967 Route 4, Killington. 802-773-8800. 888-599-8800. www.killingtonholiday.com **TEN**

KILLINGTON VALLEY REAL ESTATE PO BOX 236, 2281 Killington Road Killington, VT 05751. 802-422-3610 or 1-800-833-KVRE. E-mail: kvre@vermontel.net **TEN**

LOUISE HARRISON Real Estate, 38 Rt. 4E, Mendon, 05701. 802-775-9999. 800-483-6801. Sales & rentals. Visit our website: www.LouiseHarrison.com **TEN**

ERA MOUNTAIN Real Estate - visit our website www.killington-vermontrealestate.com or call one of our real estate experts for all of your real estate needs including **SHORT TERM & LONG TERM RENTALS & SALES.** **TEN**

PRESTIGE REAL ESTATE OF KILLINGTON, 2922 Killington Rd. We specialize in the listing & sales of Killington Condos, Homes, & Land. Call us toll free at 800-398-3680 or locally at 802-422-3923. Visit our website at www.prestigekillington.com. **TEN**

SKI COUNTRY REAL ESTATE, 335 Killington Rd, Killington, VT 05751 802-775-5111, 800-877-5111. www.SkiCountryRealEstate.com 12 agents to service: Killington, Bridgewater, Mendon, Pittsfield, Plymouth, Rochester, Stockbridge & Woodstock areas. Sales & Winter Seasonal Rentals. Open 7 days/ wk, 9am-5pm. **TEN**

PEAK PROPERTY REAL ESTATE, 505 Killington Rd., Killington. VTproperties.net. 802-775-1700, 802-353-1604. Marni@peakpropertyrealestate.com. Specializing in homes/condos/land/commercial/investments/winter rentals. Representing sellers & buyers all over Central Vt. **TEN**

LONG TERM RENTALS

KILLINGTON WINTER rental or year round avail. immediately. Post & beam, 5+ bdrm, 2 living rooms, fieldstone fp, 3 baths, wifi. Call Steve 802-772-7127. Pets negotiable. **38/39**

SMALL 2 BEDROOM, 1 full bathroom, furnished house in Poultney. Available now through end of May 2012. \$675 monthly includes heat. Perfect for someone needing to commute to Rutland area for the winter. North End of Lake St. Catherine location. Call Mary Jo at 802-287-5836. **37/38**

VERY SPACIOUS two story, 3 Bedroom, 2 1/2 bath home with fully finished basement for additional bedrooms, attached 2 car garage, separate woodshop and extensive front patio, 36 acres, with amazing views of Pico, Killington and Mendon Peak. 7 miles to Snowshed; 5 miles to downtown Rutland, off of Rt 4. Small pets allowed. Utilities not included. \$1,800/month. Written lease/ references required. 802-236-1931. **3**

PITTSFIELD YEAR-ROUND 3 bdrm, 1.5 bath, stone fireplace w/ gas insert, new kitchen, granite countertop, w/d, yard. 746-8149. **38/41**

KILLINGTON Year Round Rental 1 bdrm, good location, very low utils, 781-749-5873, or 802-422-4157 or toughfl@aol.com **35/38**

FOR RENT: Remote Off the Grid, Solar log cabin in Shrewsbury on 60 acres. Vast trail, For sale or lease to responsible tenant. Louise Harrison Real Estate 802-775-9999 x11. **38/TEN**

SKI HOUSE for rent, great location, duplex, 3 br, 1.5 bath. \$950/ mo + utils + deposit. 802-683-6302. **31/TEN**

SEASONAL RENTALS/ SHARES

4 BDRM, 1.5 bath, 6.5 miles to Kill Skyship, across Rte. 4 from Long Trail Brewery. Nov. 1-Apr. 30, \$8,100 includes utilities. 203-257-3224. **38/TEN**

KILLINGTON WINTER rental or year round avail. immediately. Post & beam, 5+ bdrm, 2 living rooms, fieldstone fp, 3 baths, wifi. Call Steve 802-772-7127. Pets negotiable. **38/39**

KILLINGTON 4 bdrm w/ amenities. \$12,500/ seasonally. \$1,700/ monthly. 2 bdrm, \$7,500/ seasonally, \$875/ monthly. danbender1969@gmail.com, 908-337-1130. **38/47**

KILLINGTON RENTAL (Fall) Excellent location, 4 bd rms, 2.5 bath,

fully-furnished, hot-tub, washer/ dryer, internet. \$350/wk or \$1000/ mo.(negotiable) 978-263-1009 or eileenjones34@gmail.com **37/40**

SMALL ROOM in quiet home in Mendon with pets. No Smokers. No Fragrance. References required. 6 months for \$3000 plus \$100 plowing and \$250 Sec dep. Will do month to month but 2 mos rent ahead required. Garage space available for one vehicle-\$50 P/M. 802-747-9944 / Twowindbags@aol.com. **37/TEN**

2 ROOM Suite with bath just off Access Rd. Nov. to May for single or couple. No pets. Weekends & holidays only, no full- timers. \$3500 includes all utilities, catv & dsl. Also, single room with private bath \$2700. References. 802-422-3597, 6-9PM. **38/TEN**

PICO 1 Bedroom nicely furnished. Avail now thru 12/25. \$875 per mo, includes cable, wifi, heat etc. Call Louise 802-775-9999. **38/TEN**

4 BDRM, 2 BATH, fireplace, outside hot tub, 1 mile to Skyship, available full season or alternating weeks. \$10,000/ season + utilities. Jack, 212-242-2878, gotbittersweet@yahoo.com **34/47**

SKI HOUSE for rent, great location, duplex, 3 br, 1.5 bath, sleeps 8. \$7900 + utils + deposit. 802-683-6302. **31/TEN**

HOMES available by the week-end, week or month, in Killington & Chittenden. Sleeping 2 to 24. Call Louise Harrison Real Estate 802-775-9999 or visit www.louise-harrison.com. **TEN**

BUSINESS OPPORTUNITIES

2 STORES at Killington Mall on Access Rd. for rent. Store 1: 2600+ sq ft (old t-shirt shop). Store 2: 4300+ sq ft (old ski shop). Both locations are 2 floors. Call owner Ron Viccari for details @ 800-694-2250 or cell 914-217-4390. **34/41**

COMMERCIAL RENTAL: Prime office /Retail space. Excellent route 4 location. Louise Harrison Real Estate 802-775-9999 x11. **38/TEN**

YOUR NEW or growing business in Vermont. We have a wide range of affordable business space minutes from Killington and Okemo. Short term office incubator space; professional office space of all sizes; 1,000-5,000 sq. ft. prime retail. Many spots ready for immediate occupancy, or we'll build to suit. Call today for a free consultation. MKF Properties. A local business family since 1879. Phone: 802-747-0527 ext. 12. **39/TEN**

1860 SQ. FT. of gorgeous office space available in Base Camp Outfitters building at bottom of Killington Rd. Call 802-775-0166 or stop by. **TEN**

OFFICE SPACE FOR RENT 500 square feet of affordable office space with private bath. In active

complex on Route 4 in Killington. Call Jeff @ Roaring Brook Constructors 786-5200 or Walter @ ERA Mountain Real Estate 775-0340. **TEN**

TAG SALES

TAG SALE 5161 Rte 4 MENDON, next to Mendon Square Cottage, just after Old Turnpike Rd. coming from rutland or killington/pico motor inn. **TEN**

FOR SALE

TIRES: 4 Great condition. 215/55R16 M+S. Cooper Touring CS 4. Treadware 560, Traction A, Temp A. Asking \$180. 802-422-3642. **35/TEN**

MATTRESS SETS- NEW never opened in plastic. Full warranties. Twin, full, queen, king sizes. Many different models. Sell \$150-625. Beth 802-735-3431. **37/TEN**

KITCHEN CABINETS - all solid wood new in boxes. Many styles. Wholesale direct pricing, save 50-60% off retail. Beth 802-735-3431. **36/TEN**

FIREWOOD: Green & dry. Call 802-672-4690. **TEN**

FIREWOOD FOR SALE. We stack. 672-3719. **02/TEN**

SERVICES

HOURS AVAILABLE for cleaning your home or business. Call 779-7708, ask for Nancy. **25/TEN**

SUSIE-Q'S CLEANING (non-toxic homes-no moldy or extremely dusty ones please). 802-747-9944, twowindbags@aol.com. **TEN**

HUNDREDS of loving, adoptable animals killed in VT yearly due to over-breeding. Financial assistance for Vermonters on State/ Federal assistance programs available. Send self addressed stamped envelope (#10) w/ \$8/¢ postage to VSNIP, PO Box 100, Bridgewater, VT 05034. One application per animal needed. For questions call 802-672-5302. **TEN**

WANTED

NEEDED: FOSTER homes/ permanent homes for kittens. 802-779-6022. **28/TEN**

GUARANTEED HIGHEST Price for gold, silver, platinum, palladium, rhodium and rare US or foreign coins. Why settle for pennies on the dollar when you can receive full value. Nobody pays more... not the gold party housewife, not the man on TV, not the jewelry store. Free estimates. Serving collectors, investors, dealers, trust and estate officers, since 1976. Member ANA. APS. Royal Barnard. Daytime (The Mountain Times) 802-422-2399. Evenings or weekends 802-775-0085. **TEN**

NEEDED: HOMES for previously free roaming cats. Spayed

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w/ shots. Outdoor setting w/ barn ok. Indoor foster placement for pregnant females & others. Serious caring inquiries only. 802-674-5007. **TEN**

BUYING ANYTHING Old. Postcards, pottery, jewelry, artwork, antiques, rugs. Best prices. Free estimates. Rick Wyman 236-3240. **51/TEN**

EMPLOYMENT

SALES ASSOCIATE, better ladies clothing, Tuesdays 9-6:30p.m. and every other weekend. Apply in person at Ginger Tree, 45 N. Main St., Rutland, VT. **35/38**

ASST TO BROKER and Ofc manager, PT including weekends. Must have excellent computer skills. Real estate license helpful but not required. Call Louise Harrison 802-775-9999 x11. **38/TEN**

FIVE ELEMENTS Salon and Day Spa is looking for a part-time receptionist (15-20 hrs). Individual must be friendly, organized, and be able to multi-task. Please send resume to fiveelements1@myfairpoint.net **37/38**

CHOICES RESTAURANT - Wait-person needed to fill a part time position, becoming full time this foliage season and winter. Wine service knowledge required. Email applications at claudeschoices@yahoo.com or call 422-4030, Wed-Sun. from 1:00-6:00. **31/TEN**

WAITRESS Needed On the Rocs Lounge. Must have transportation. Email resume to ontherocslounge@aol.com or apply in person. 802-422-ROCS. **31/TEN**

HELP WANTED. Kitchen help, line cook, dish washer, part-time bartender, wait staff. Apply in person Tuesday thru Thursday Moguls sports pub, 2630 Killington Rd. Must have drivers license and references. **28/TEN**

The State of Vermont Public Protection Division reminds us that if it sounds too good to be true, then it probably is! If you question the legitimacy of any program or product call The Consumer Assistance Program (CAP) at 800-649-2424.

AUTO LOANS

Auto Dealer will arrange low-cost financing even if you have been turned down elsewhere!

Loans available for **BANKRUPT • BAD CREDIT NO CREDIT**
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For Rent by Owner - Rutland

3-4 Bedroom 1 1/2 Bath Center Hall Colonial Home
Newly Decorated • Partially Furnished (Or not, Renter's Choice)
Kitchen Appliances • Wassher and Dryer
VERY Large lot in prime North-East Neighborhood



Fireplace
Florida Room
Walkup Attic
Pantry
Garage
Apple Trees
Blueberries
Perennials
Lawn Care
Generator

AVAILABLE NOW

Call Owner
Royal Barnard
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(802) 353-2089



FACES of HOPE

Seeking......exceptional individuals with a desire to transform lives and build brighter futures by sharing **hope** with others; and making every day count.

Community Access Program
A division of Rutland Mental Health Services and the Community Care Network

Work in your hometown of Ludlow, Vermont

Employment Consultant, part-time

Be part of your community! On-the-job assistance is sought for one individual with developmental disabilities on a part-time basis; though employment with the CAP program could be full-time, if so desired. Play a vital role as an employee, supporting others to maintain their employment through teamwork, positive approach and dignity. A reliable vehicle is a must, and ability to provide personal care is required. Join our person-centered team as an **EMPLOYMENT CONSULTANT**. Entry level position at CAP with great pay, extensive training and opportunity for growth!

Please visit our website for more information.
www.rmhsccn.org EOE
802-775-2381



We love our jobs.
You can see it in our faces.

Send resume and a cover letter to the Human Resources Department
Rutland Mental Health Services
P.O. Box 222, Rutland, VT 05702

HOPE LIVES HERE



Killington Elementary School Part Time - Individual Aide

We are seeking a kind and nurturing individual to work with a high energy, preschool student with special needs, from 7:50- 11:35 am Tuesdays through Fridays for the 2011-2012 school year. This is an anticipated opening. Position will be open until filled. Please send a letter of interest, a resume, and three letters of reference to:

Loren Pepe, Principal
Killington Elementary School
686 Schoolhouse Road
Killington, VT 05751
E.O.E

Louise Harrison

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Real Estate



New Location, The Round Building Across from the Best Western
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Architectural Design • Building Construction • General Contracting

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JUST A FEW OF
OUR LISTINGS...

OUR CLIENTS
ARE #1

RENTAL CENTRAL
We have the Best Selection of
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HOMES, LAND
& CONDOMINIUM SALES



EDGEMONT CONDOMINIUM Enjoy lovely year-round views from this nicely appointed & furnished 2-level, 3-BR condo w/wood-burning FP. Ski home, winter shuttle bus.
REDUCED TO.....\$198,000 \$160,000



WOW! Over 2,600 feet of living area on 3 levels in this 3+BR, 3.5 Bath Winterberry Town home. Quality throughout. Great Killington location with views. Private hot tub. Beautifully furnished & appointed.
PRICED TO SELL.....\$425,000



IMMACULATE KILLINGTON HOME 3 BRs, 2 BAs, gourmet kitchen, LR w/large stone FP, private deck, nicely landscaped. Great location, level access.
EXCLUSIVE.....\$325,000



PITTSFIELD CAMP This very accessible 2-BR home borders a brook & is close to VAST snowmobile trails. LR w/vaulted ceilings, new carpet & a VT castings woodstove.
EXCLUSIVE.....\$110,000

www.killingtonvalleyrealestate.com

Killington Valley Real Estate

802-422-3610 or 800-833 KVRE • E-mail: kvre@vermontel.net



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TO KILLINGTON, OKEMO
OR WOODSTOCK!**

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Serenity Awaits You Here On 30 Acres! 4 bed/3.5 bath \$459,000



Direct To Snowmobiling & Abuts State Forest! 4 bed/4 bath \$325,000



Strong Investment! Sold As Is! Seller Motivated! 16 bed/17 bath \$399,000

PEAK PROPERTY REAL ESTATE
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Gem W/Spectacular Views! Minute To Skiing! 4 bed/4 bath \$499,000



Retreat W/Views! Minutes To Skiing! Seller Motivated! 4 bed/2 bath \$250,000



- KILLINGTON
WINTER RENTALS**
- 2 bed/2 bath Woods Condo \$13K
 - 3 bed/2 bath Trail Creek \$14K
 - 3 bed/ 2 bath Edgemont \$9,900
 - 3 bed/ 1 bath Home (All New!) W/Hot Tub \$12K
 - 3 bed/1 bath Upper Unit W/Hot Tub \$10K
 - 4 bed/ 2 bath Chalet W/Hot Tub \$10K
 - 3 Bed/ 1 bath Lakefront-Ludlow \$9,900



FOR SALE BY OWNER

- Mountain Home New Construction on 10 acres In Shrewsbury Vt.
- 3 Bdr., 2 1/2 baths
- Starting on inside great time to view this home so you have choices.
- Close to skiing, shopping

Price \$199,000

**Call for more information
802-417-4144**

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Affordable horse property with dramatic mountain views. This well-maintained 3BR home on 5.86 acres features two master suites, sunroom, fireplace, full basement and attached 2-car garage. For the horse lover, there is a barn with heated tack room, hay loft, water, stalls, fenced paddock, large pasture and miles of spectacular trail riding right from your door. Direct access to VAST snowmobile trails and ATV trails.

Price Reduced \$179,000



Kyle Kershner, Ski Country Real Estate

335 Killington Road, Killington, VT

802-345-8530, kyle@SkiCountryRealEstate.com

See all Killington listings at www.KillingtonPicoHomes.com



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www.SkiCountryRealEstate.com Winter Seasonal Rentals



- 2BR+LOFT+DEN+REC RM
- Wood burning fireplace- Decks
- Paved parking - gas heat - \$339K



- 3BR/2BA per side, turn-key
- Upgraded - wd burning f/places
- Open Floor plan \$339K



- Killington 2BR/2BA + Den
- Open floor plan, new appliances
- Economical utilities \$240,000



- Den+3BA-Cul de sac
- Gas f/plc + outdoor hot tub
- 2Master Suites, Furnished \$495K



- 3BR/2BA-wood burning fplc
- Recreation Rm-Laundry-Breezeway
- Indoor hot tub building \$399K



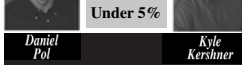
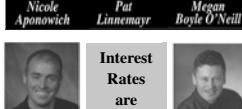
- 4BR/4BA-A/Conditioned-Propane
- Sewer-Paved-Garage-Stone Fplc
- Rec Rm+fplc - Furnished \$329K



- 3BR,4BA+den+Mudrm, 3Ac
- large kitchen, indoor whirlpool
- 2 master suites w/fplaces \$399K



- 3BR/2BA - 1 Ac- Oil Heat
- Outdoor Hot Tub- Pico Views
- Community Water Sys \$235K



CONDOMINIUMS

Ski In & Out

Pico-Condos (P) \$95-\$118K
Sunrise Condos (P)(T) \$145-\$173K
Sunrise Townhouse (P)(T)
Topridge Townhouse (P)(T)

Ski In / Shuttle Out

Edgemont (P) \$110K
Fall Line (P)(T) \$120-\$138K
Highridge (P) \$190K
Trail Creek w/loft (P)(T) \$75K
Whiffletree

Shuttle

Killington Center Inn & Suites (P)
Mtn Green (Bldg 1 & 2) (P) \$53-\$58K
Mtn Green (Bldg 3) (P) \$59-\$79K
Pinnacle (P)(T) \$99K
The Heights (NEW) w/oversized garage (P)(T)
The Woods - Village Center (P)(T)

Close Drive to Slopes

Hemlock Ridge (P)(T)
Fox Hollow (P)(T)
Glazebok Townhouse (P)(T)
Colony Club Townhouses (P)(T)
Killington Gateway (P)(T) \$65-\$79K
Moon Ridge T/House
Northside
Valley Park
Mendon Square
Pondview
Telemark Village (P)(T)
Winterberry "Detached" Townhouse

2BR

\$129K
\$239-\$285K

3-4BR

\$469K
\$615K
\$169K
\$299K
\$119-\$169K

2BR

\$99K
\$85-\$99K
\$169K
\$149K

3-4BR

\$180K
\$148K
\$199K
\$249K
\$200K
\$119K
\$95K
\$90K
\$299K
\$440K



- 2BR+loft-1BA- 1 1/2 Ac
- Winterized, yr-rd use
- Expansion Potential \$129K



- Indoor hot tub room
- Den with Bath - Mtn Views
- Stone Fireplace \$390,000



- 4BR/3BA+LOFT, Rec Rm
- Privacy-Deck-Master Suite
- Cathedral- Efficient- \$278K



- 2BR/2BA -Cozy vacation home
- Large Deck-Landscaped-Shed
- Bonus Rm-wait for it: Garage \$197K



- 4BR/3.5BA, 4.7 Ac, landscaped
- Open floor plan, pond
- Mom in-law apt. \$449,000



- 5BR, 4BA Furnished, A/C
- 9ft ceilings, outdoor hot tub
- 2-car o/sized garage \$659,900



- 4BR/2BA -large Master
- Spacious & Light Kitchen
- Paved Driveway \$359,000



- 4BR/3BA + 3.5 car garage
- Solar design, loft/den, Paved driveway
- Midway Rutland/Killington- \$450K



- 3Br 2.5Ba - 3 stall Barn+loft
- Killington 22Ac, stone fireplace
- Post & Beam \$499,000



- 3BR / 3BA - 2200 sq ft
- Townhome, Oversized Garage



- 2-3 Bedroom, 1 bath
- 4 mi. to Killington Rd
- Wood floors \$259K



- 3BR/2.5BA w/guest suite
- 2 Stone fireplaces,loft, wine cellar
- Overszd 2-car heated garage \$689K



335 Killington Rd • 11 Agents • (802) 775-5111 • 800-877-5111



ADMISSION \$25*

**1 p.m. - 6 p.m. Snowshed Lodge
75+ Craft Brews & Live Music**

Lodging Packages from \$40[†]

Vermont Brewmaster Dinner \$79*

Friday, September 30, 7 p.m. Snowshed Long Trail Pub

New! Brewfest Kick Off Party \$15*

**Friday, September 30, 9 p.m.-1 a.m. Wobbly Barn
Live Music from the Pete Kilpatrick Band**

BUY TICKETS NOW AT KILLINGTON.COM



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