



LATEST UPDATES

Section 2 STORM REPORT

PAGES 25-35

HEALTH & FITNESS

I Am Not Stressed Out

We are constantly surrounded by stress, but it is a problem we learn to live with. While we can't necessarily do anything about the causes of stress, we can help keep it in check.

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BOOMERS

You Can't Wash Away Spirit

We baby boomers are a resilient bunch. Many of us were raised by parents who survived the Great Depression. They found ways to feed their families and keep a roof over their heads with very little.

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LOCAL

Regional News

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Widespread Damage from Irene Brings out Community Spirit and Energy

by Royal Barnard

In our last week's Hurricane Irene edition we were perhaps premature in stating in our headline that "Killington was Vermont's Most Storm Damaged Community." Indeed we took a bad hit, but there's enormous progress at repair and reconstruction. The major distraction is highway access, and not lack of effort, cooperation or enthusiasm to get things done.

See Full Story on Page 25

Remembering the Hurricane of 1938

by Stephen Long

As the cleanup continues in the wake of Hurricane Irene, her place in history is assured. In many parts of our region, flood waters reached unprecedented levels. This was, in some towns and by some measures, a once-in-a-century storm. If there's any silver lining to be found in this devastating cloud, it's in the fact that Irene's epic rain was not accompanied by hurricane-force winds. If it had been, the comparisons would not be with the floods of 1927, but with the hurricane of 1938 – an event that flattened millions of acres of forest in New England. Seventy-three years later, we can still see evidence of its destruction in our forests.

Hurricanes were not officially named in 1938, but this one quickly was dubbed the "Long Island Express," for it slammed into Long Island as a Category 3 hurricane with a forward speed of 60 mph and with sustained winds of 120 mph. The storm confounded hurricane trackers, who'd predicted landfall in Florida the morning of September 20, the day before it plowed into Long Island at 2:30 in the afternoon. When the storm took its turn to the north, it was expected to die en route to the colder waters of the North Atlantic. It's hard to imagine that a Category 3 hurricane could race northward at such speed without anyone knowing it, but

at the time, storm trackers counted on eyewitness accounts from ships at sea, and nobody was spreading the word of its new track. By 3:00 p.m., its leading edge had reached Connecticut and Rhode Island. The storm surge brought 17 feet of water from Narragansett Bay into downtown Providence. Hundreds of people drowned, boats were deposited inland and houses were sucked out to sea. Meanwhile, the people of Vermont and New Hampshire went about their business. Even if they'd turned their battery-operated radios on, they wouldn't have heard a forecast of destruction. It all happened too fast.

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WEATHER



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|-----------|---------|--------|
| Wednesday | Showers | HI 62° |
| Thursday | Showers | 69° |
| Friday | Sunny | 77° |
| Saturday | Sunny | 73° |
| Sunday | Sunny | 75° |
| Monday | Sunny | 76° |

Forecast Received September 6, 2011

Hurricane

continued from page 1

When the wind began howling in Vermont and New Hampshire less than three hours after the Long Island landfall, people scrambled to tighten up buildings and bring livestock to safety. Gale force winds soon battered barns, orchards and woodlots on both sides of the Connecticut River. Hurricane winds blow in a counter-clockwise rotation. That means that on the east flank of the storm, the wind speed combines with the momentum of the storm to kick the winds into overdrive. Much of Vermont and all of New Hampshire was to the east of the '38 hurricane's track, even after the storm blew inland the winds were recorded at near 100 mph.

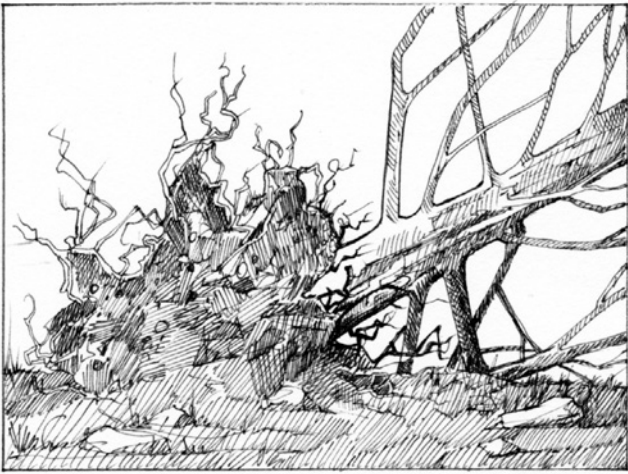
In southern New England there was extensive damage to cities, roads, and bridges. Up north, it was the forests that took the brunt. That summer had been one of the wettest on record, and several more inches of rain fell in the days prior to the hurricane exacerbating the

vulnerability of the region's forests. The ground was saturated and many rivers were already at flood stage. Fifteen million acres of trees – approximately one third of the regions forest – were uprooted, snapped off, and shattered. Nearly three billion board feet of lumber were salvaged using the tools of the time: crosscut saws and axes, horses and tractors.

Many of our forest trees in the Northeast are now approximately 75 years old, the mature ones having gotten their starts as saplings or seedlings that were in place when the hurricane came. When the older trees blew over, the young ones benefited from the new flush of sunlight and reached for the sky. Next time you cut a tree, count the growth rings. If it's within a few years of 73, you can assume it got its start in the aftermath of the hurricane of 1938.

Pit and mound topography might also

signify that your forest was blown down in 1938. When a tree blows over, it lifts the ground that held its roots, creating a pit. When that soil sloughs off and the roots disintegrate, a mound is formed. Pit and mound topography is evidence of uprooted trees, but that doesn't necessarily mean it's from the hurricane of 1938. Tom Wessels, in his book, Forest Forensics, tells us how to confirm that the blowdown was from the '38 hurricane. Stand on the mound and look over the pit, and you will be looking in the direction the wind came from. If you're looking southeast, it was probably a hurricane that blew the tree over. If you are facing west or northwest, it was more likely another one of Vermont's prevailing winds that



brought it down.

Stephen Long is a founding editor of Northern Woodlands magazine. The illustration for this column was drawn by Adelaide Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine and sponsored by the Wellborn Ecology Fund of New Hampshire Charitable Foundation: wellborn@nhcf.org

Restoration Efforts Underway at Killington Resort and Surrounding Community

KILLINGTON, Vt. (August 30, 2011) – Vermont's Killington Resort and surrounding community continue to assess damage to buildings, roads as well as phone, water and power outages brought by tropical storm Irene and the severe flooding that occurred and begin to clean up and restore the area.

Currently roads leading out of the Killington region are still impassable including Route 4 West and East along Route 100 South and North. The Army Corps of Engineers and the Vermont AOT are onsite assessing road damage and CVPS is working to restore power throughout

the area. The National Guard will provide a supply drop of food, water, blankets and cots for the Killington, Mendon and Pittsfield communities sometime today.

The Killington Fire and Rescue Station has been transformed into a command center, creating action plans to ensure food, water, shelter and medical needs and prescription refills are being provided for guests and residents in the affected areas. The Killington Elementary School is open to the public and serving as a shelter with food and water.

K-1 Lodge's Superstar Pub sustained significant structural damage caused

by water running over the banks of the Roaring Brook, which dislodged this portion of the building from its foundation. The rest of the K-1 Lodge including the Mountain Bike Shop, Rental Shop, K-1 Cafe and Mahogany Ridge Pub sustained only minimal damage.

Bear Mountain, Ramshead, Snowshed, Skyship and Pico Mountain Lodges and some snowmaking pump houses have revealed silt and minor water damage. Lift infrastructure, condominium properties, the Killington Grand Hotel and the Golf Course have minimal damage.

Killington Resort will continue to clean up and restore our lodging properties, buildings and roads over the next sev-

eral weeks. All lodging arrivals through September 8 have been canceled along with Killington Resort events through September 18, 2011.

Pico Mountain summer operations are now closed for the season. We plan to reopen the Killington Golf Course, K-1 Lodge, mountain biking, hiking and the K-1 Express Gondola as soon as possible.

"We are now on the road to recovery," stated Chris Nyberg, president and general manager of Killington Resort, "We've had very little damage above 2500 feet and Killington Resort is planning to open for the 2011-12 winter season on schedule."

More updates will follow as more information becomes available.

“It sounds like something that would improve my life, if it doesn't cost too much.”

— Mark Seward
Rutland, VT

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BOOMERS

You Can't Wash Away Spirit



By Cindy Phillips

Webabyboomersarearesilient bunch. Many of us were raised by parents who survived the Great Depression. They found ways to feed their families and keep a roof over their heads with very little. Many of our grandparents

came to America with nothing, but with determination and perseverance, they made a life. And though many of us boomers have never had to suffer the hardships our parents did, those resilient roots run deep.

I have feverishly followed the events of Hurricane Irene and the toll it has taken on my "other home." The miracle of technology has allowed me to watch the events unfold, albeit in disbelief and awe. The sheer devastation has been mind-numbing. Thank God for cell phones and email which have let me stay in touch with my Killington family. They have tried to describe what they have endured, but I know I will never be able to fully comprehend the physical and emotional tolls it has taken on them. My heart has ached with them. There are three stories of resilience that have struck me, not because they are extreme but because they are people I know and love.

Craig Mosher loves Killington. His property is perched at the gateway and Craig worked hard to create a visually appealing pasture to greet people coming to the area. Visitors and residents alike got used to seeing Craig's cows and the infamous donkey roaming on his land. It gave you a welcome home feeling. But when Irene began to cut her swath of destruction through Vermont, Craig saw the river swallowing up his land and his livelihood.

Mosh has always been one of those people who would be the first to lend a helping hand to anyone in need. He is one of the good guys, positive attitude, glass is half full. So it didn't surprise many when he gathered his troops, forgetting about his own flooding troubles, and attacked the debris and gaping hole on Route 4 with equipment and manpower. And though not surprising to see him do it, you still have to be awe-struck by the sheer willpower and raw energy that kept him going for hours on end.

Billy Bauer thought he had the Summit Lodge well-prepared for the onslaught of Irene. Though about 15 guests were staying in the hotel Saturday night, they would be heading out on Sunday and he would need only worry about the building, the dogs and himself. Of course Irene had other plans, and when those guests became part of the Killington stranded, Billy knew they would become his first priority. With three special and loyal employees sticking around to weather the storm, they battened down the hatches and made sure everyone as safe, sound and fed. When the power went out Sunday night, hope was dimmed but spirit was not dampened. Luckily the power came back on Monday and with no escape routes mapped yet, Bill and his skeleton staff cooked group meals at breakfast and lunch and took turns insuring the guests were comfortable. While cooking the Tuesday evening meal, Bill received word that his beloved Otto had collapsed in the parking lot. Running to his side, Bill had only a moment with Otto in his arms before the big dog expired from an apparent heart attack. It certainly seemed that despair was ready to outweigh any fading semblances of hope, but as bad as it was Bill still knew that others were worse off than him and he had to remain focused on his guests and others who needed his help.

Anyone who knows Sandy Guertin knows that she is all about family. Sandy has many friends in Killington who provide a great support network, while most of her family is nearby in Rutland. When the roads washed out, she realized she was completely cut off from reaching her family, including her mom. Her anxiety at this thought was overwhelming, but she was helpless.

Now the other thing about Sandy that everyone knows is that she has a work ethic that is unshakable. So when the sun rose on Monday morning, even though she had been without power and a shower, Sandy showed up at the Poulos Insurance office and worked the entire day, by herself. She was the only employee who was able to navigate to the office living on this side of the Mendon Route 4 washout. She wanted to be sure the office was manned for any customers who called or showed up needing assistance. After a full day at the office, she appeared at her second job at the Summit Lodge to see if she could lend a hand there as well. As of this writing, Sandy still has not been able to see her family in Rutland but was hoping to do so this weekend.

The stories coming out of K'Town are all similar. People helping people, neighbors helping neighbors. When tragedy strikes this town, all the fences come down and sides unite for the common good. Many of the residents of Killington are boomers, and perhaps that plays a role in the spirit that drives this community. Whatever it is, it makes me proud to have an association with incredible people. You are all in my thoughts and in my heart during this time.

Contact me at cphillipsauthor@yahoo.com

Read my blog at http://lifeasaturkeysandwich.blogspot.com/

Killington Active Seniors

I just received a call from Bobbie Peterson of the Green Mountain National Golf Course. He, Roger Stevens, and their staff want us to resume our regular luncheons this Wednesday, September 7th. The Killington Active Seniors meet for lunch every Wednesday at noon, hosted by the Green Mountain National Golf Course at the Clubhouse for the remarkable price of \$5, tax and tip included. This bargain is graciously funded by member contributions, the Killington Pico Rotary, the Sherburne Women's Club, and the Southwestern Vermont Council on Aging. So if you are 60 or older, come join us for friendship, and a good meal at a great price.

Upcoming Events:

September 9th, Friday, noon. Postponed. Killington Active Senior's 3rd summer picnic, held at the town pavilion next to the swimming pool. Potluck. So bring your favorite dish, your own plate, and utensils. Please make reservations by Wednesday 8/31 by calling Marilyn Copson 422-4136.

Sept 14. Wednesday. Pending response from Barbar DeBonis. Chittenden Seniors will join a group from the Young at Heart of Poultney for a trip to West Point in N.Y. They have 12 seats left on their bus. To join them call Barbara DeBonis at 645-0154. They plan to leave from either Rutland Center or Poultney at 6.00AM. The cost is \$87.00.

Sept 21st Wednesday. Pending Mendon Meeting on September 7th. Mendon seniors have invited us to join them in a trip to the American Precision Museum in Windsor, \$4 donation. Lunch at Harpoon Brewery, Dutch treat. Glassblowing by Simon Pierce across

the parking lot from lunch. For reservations call Ruth Drigert 775-6014.

Each Thursday, even after Irene. Over the Road Seniors walk at their own pace with a group of their peers. Meet at Sherburne Library on River Road, 9AM, Thursday mornings. Walk towards Town Office and beyond - or as far as you wish. Return to picnic shelter at our Recreation Center for rest and conversation. No time limit, no set pace, no required distance to cover, but please, do bring water for hydration. Any questions contact Ron Willis at 422-3843.

The Rutland Regional Medical Center welcomes those interested in Healthier Living with Chronic Conditions. If interested, call 772-2400 for a program schedule.

Those who have property or business damage from Irene may be covered by FEMA and or SBA. Be sure to take pictures to document the damage. There will be a special FEMA meeting at our school at 3PM tomorrow, Monday, September 5th. You may want to bring your insurance policies, social security numbers of all family members, total household income, and routing and account numbers to your bank so you can begin the application process.

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GolfNews

News From Green Mountain National G.C.

By Spider McGonagle

Here at Green Mountain National our thoughts and prayers go out to everyone who suffered any losses as a result of Hurricane Irene. We would also like to applaud all of the workers and volunteers who are donating their time, resources and talents to help our friends and neighbors rebuild and move forward... Keep up the good work!

Green Mountain National was very lucky and suffered almost no damage as a result of the storm. The golf course is in near perfect shape and getting better everyday! A plugged culvert on Hole #3 deposited some silt on the 3rd fairway but our amazing grounds crew

has already cleaned the sand and debris away and all 18 holes are ready for a busy foliage season.

Although access to Green Mountain National is still limited in some areas, things are improving everyday and we are already starting to see our friends from New York and all around New England. We do remind you to drive safely as our dedicated road crews work around the clock to connect all of our "Vermont's Islands." Please feel free to call us here at the golf course if you have any questions regarding getting here from wherever you may be coming from.

Twilight League will be held this WEDNESDAY, September 14th to make way for the Santa Fe Invitational on Thursday and the Phat Italian will be hosting the entire evening. It will be "Goodfella's / Jersey Shore Night" and everyone should come "dressed appropriately" as their may be a prize a two for "best dressed!" Thursday, September 22nd will be our 15th Annual Twilight League Ugly Shirt Night and Jason and Kim Evans from the Clear River Tavern will be on-hand to host and judge the "best of the worst" that night.

Next Monday through Thursday, September 12-15, anyone with a Vermont driver's license can come and play for just \$40 including the cart. We'd love to see all of you islander's back on the first tee having some fun!



We have very busy and exciting fall planned and tons of great events coming up. Autumn is the best time of year to play Green Mountain National and we have already seen a stray red and yellow fluttering down. We are diligently updating our on-line calendar with any changes or additions so please visit us at www.gmnvc.com for more details and contact information.

Our complete Events Calendar can be found online and we can't wait to see you back here on the first tee. If you have any questions, please give us a call at 422-GOLF.



Rules of the Game

By Alan Jeffery
USGTF Certified Golf Professional
Green Mountain National Golf Course

QUESTION: Judy and Terry are playing in a tournament. On the tee of the first hole, Terry realizes he has 15 clubs in his bag. He immediately takes a club out of his bag, places it on the floor of his cart declaring it out of play and tees off. Judy says that because Terry had more than 14 clubs when he started his round, he was subject to a penalty. Is Judy correct?

ANSWER: Because the rules do not allow Terry start a round with more than 14 clubs, even though it was declared out of play, Judy is correct. Terry is penalized.

(See USGA Decisions On The Rules Of Golf, 2010-2011, 4-4c/1)

Better Shots Through Inside Path

by Jim Suttie - Scripps Howard News Service

We all know that all golf swings are a little different, depending upon one's body type, flexibility, preferred ball flight, physical condition and the golfer's concept of what a good swing is.

One thing all good players do is approach the ball from inside the target line. Unfortunately, most players approach the ball from outside the target line. This steep approach to the ball causes virtually every bad shot in golf. If you pull or shank the ball, your path is too steep and outside.

If you slice the ball, your path is too steep and outside. If you top the ball, your path is too steep and outside coming down. The list goes on and on.

A good backswing has some influence on your downswing but is not the total answer. For example, a good backswing turn and a lower swing plane at the top has a big influence on your downswing path.

So let's focus on the fundamentals to the downswing only. The question is, "How do you get the club to the

inside and in the 'slot' on the downswing?"

There are many ways to feel this. One of the most popular thoughts is the clock image. Feel like you are swinging the club from 7 o'clock to 1 o'clock. Some golfers need a body thought to get the club to the inside on the downswing. If this is you, you might want to think of getting your right elbow close to your right hip on the downswing. Too simple, you say.

Other golfers need to focus on the ball. If this is you, try to hit the inside edge of the ball at impact.

A good thought for you might be to keep your back to your target and swing your arms down to the inside. Just try to avoid starting your down with your shoulders and upper body as this will throw the club down on a steep and outside path.

For those of you who are very athletic and have strong legs, a good thought would be to move your weight to your front leg during the transition. This will allow the arms and club to fall down to the inside on the forward swing. Other people can relate to the butt end of the club. These people seem to gain distance (maybe 10-15 yards) simply by feeling the butt end of the club being pulled down at the ball. In any case, this seems to get the club on a good inside path.

Speed is another issue. If you have a fast change of direction it is called "hitting from the top." If you are too fast during your transition, your club will never come down in the proper inside-outside approach angle. A good thought for you might be "slow at the top."

I have even seen some people relate to the point where the ball starts out just after impact. If the ball starts right of the target chance are that your swing path came down on the correct inside path.

As you can see, there is no one thought for all golfers to perform in order to get the club down on an inside path. But, once the club is slotted to the inside, the impact will suddenly become more solid.

You will be able to release the club and you most likely will start hooking the ball. Golf is so much more fun without that slice. Harvey Penick once said, "Getting the elbow to the pocket is the Master Move for good golf."



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Health & Fitness

Ways to Beat Stress

by Peter Hutch

All of us are aware of the word ‘stress’ and even have a personal view of what it actually is. For employed people, it means work overload, deadlines and pressures. For school going kids, it means having to cover too much syllabus, in too less time. Like this, each and every person has a different meaning, as far as stress is concerned, but nobody knows what it exactly is.

How does stress affect behavior?

It can make you unhappy — depression, anxiety, panic attacks, feelings of inadequacy, pessimism, and dissatisfaction with life are all part of the picture. It can make you difficult to live with because people under stress are often irritable, irrational, and hostile. It can affect your work performance — you may be forgetful, lethargic, and unable to concentrate or make decisions.

Beat stress in your life

Aerobic activity such as vigorous walking is, in my opinion, the best way to reduce stress and improve overall quality of life; walk or do whatever type of exercise you feel comfortable with. You may prefer to join a health club; if you do join a health club, go often and make it your special time. Don’t concern yourself with your family while you are working out; this is your time and don’t let anyone interfere.

The medical response

Depression, anxiety, headaches, irritable bowel syndrome... the list of illnesses linked to stress is endless. But although doctors may be able to treat the illnesses, they will not always have an instant solution to dealing with the stress.

Drum circles are becoming popular

Others drifted in with goblet-shaped drums in African print cloth cases slung over their shoulders. Among them were a fourth-grade teacher, a writer, a yoga instructor, a mother, and her son. They all came to take a break from the rhythms of daily life to learn the rhythms of the drum.

How to beat stress together

Spend time debriefing about your day, taking turns sharing how things went. Each of you should talk for at least two minutes. When your partner is sharing, try not to interrupt. Simply listen with all your attention. Having separate time to vent will make you feel heard and acknowledged; it will release some of that hot air that’s been brewing inside you.

No worries - how to beat stress

Have a big lunch Forget Atkins and tuck into a plate of carbs for lunch. Your brain releases the feel-good chemi-



cal serotonin when you munch on unrefined carbs, just remember to stick to low-sugar, low-fat starches to ensure your don’t have an energy crash later in the day.

Get plenty of exercise - our bodies are made to be used. If your job keeps you always sitting in one place, you must get your blood circulating another way! And eat a good balanced mixture of healthy food, with plenty of fruit, fiber, and green vegetables.

Meditation yoga

Science has now proven that meditation and yoga are excellent for both mental and physical health – an evidenced way to manage stress. Recently, when meditating, I have caught myself fantasizing about sailing. I see myself behind the helm of Super Chicken, my first Hobie Cat in ’68. I actually feel the wind and salty air

Remember your happiest moments

We know you’re tired of writing this one down in the slum books when you were still in school, but it’s very wise never to forget your happiest moments because you don’t know when you have to be reminded of it.

I Am Not Stressed Out

by Ronda Addy

We are constantly surrounded by stress, but it is a problem we learn to live with. While we can’t necessarily do anything about the causes of stress, we can help keep it in check by feeding our bodies stress-reducing food. There is no one magical food that will help eliminate stress, but there are many different kinds of food that will help reduce it.

You need to eat more than one kind of food. By doing so, you will keep your energy levels balanced. Foods, like bagels, fruit and bowls of cereal, which are carbohydrates, will give you short spikes of energy followed by drops. Foods, like nuts and meats, which are fats and protein will give you longer periods of energy, but your body will have to work twice as hard for them. Keep your energy levels stable by combining protein, fats and carbohydrates. Avoid foods with lots of fat and sugar, like cookies, candy bars and soda. These will distract you from stress, but will cause sluggish energy and thinking. The best sources of energy are a mixture of whole grains, fruits, nuts, vegetables and legumes.

Foods that help reduce stress contain vitamin B, zinc, calcium, magnesium and potassium. Foods that have vitamin B, like milk and eggs, give you more energy and help you feel better. Vitamin B-6, which is found in brown rice, fish and soybeans, is good for your nervous system. Zinc, calcium and magnesium are good for calming your nerves. In addition to milk, calcium can be found in mustard greens, bok choy, nuts and legumes. Potassium,

which is found in broccoli and bananas, helps lower your blood pressure and is good for your nervous system.

Stress certainly takes it toll on your body, so you need to equip your body to handle it. Vegetables, such as broccoli, cabbage, cauliflower, Brussels sprouts and asparagus, act as anti-carcinogens and help detoxify the liver. They are also high in antioxidants, like beta-carotene, and vitamins C, E and A, which help reduce the physical damage caused by stress.

Here are some snacks that will ease the effects of stress:

- A few Hershey’s kisses or half a chocolate bar will raise your endorphin levels and boost your mood.
- A cup of milk will help reduce blood pressure. A glass of warm milk is said to have a relaxing effect.
- A handful of popcorn, a couple of vanilla wafers or some whole-grain crackers all have serotonin, which will make your brain feel good. They will also induce a sense of calmness and help relieve depression.
- A cup of cereal will help lower your level of cortisol, a stress hormone.
- A half a can of sardines or four ounces of salmon will increase your serotonin levels, thereby reducing the risk of depression and irritability.

While eating the right foods is an important step in helping your body deal with stress, when and how you eat is also important. Don’t eat on the run or at work. Take a break and find someplace quiet to eat.

There are some causes of stress that will never go away. But wouldn’t it be nice to have some control over how stress affects the body? Eating stress-reducing foods can help you do just that.

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Enter as many times as you wish.

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Art&Entertainment

Wednesday, September 7

Kripalu Yoga -8:45 AM - in Mendon. LouiseHarrison@live.com or call Louise 747-8444. Weds., ongoing class. Private & small group classes by appt.

Arthritis Help -10:30 AM - Rutland. 10:30-11:30am-Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10classes. Holiday Inn Pool, 775-1911.

Mother Goose Story Time - 10:30 AM - Killington - Sherburne Memorial Library Weekly Event. 422-3824.

WagonRideWednesdays at Billings - 11:00 AM - Wagon Ride WednesdaysbeginonJuly 6 and run through September 28. 11:00 a.m. - 2:00 p.m. included in the admission.

Wednesday Afternoons with Farmer Fred - 1:00 PM - Plymouth Notch, at President Calvin Coolidge State Historic Site. 1-5pm. Demos of historic farming activities. Weekly program. 672-3773.

Reading Program at Sherburne Library - 1:00 PM Variety

Tea for the Soul - 2:00 PM - Rutland. Tea for the Soul support group for those with chronic illness or life-threatening illness. 1st & 3rd Wed., 2-2:30pm. CVPS/Leahy Ctr at RRMCM. 747-1693.

Woodstock Farmers Market - 3:00 PM - Woodstock. Farmers Market on the Green, 3-6pm.

Killington Rotary Club Meeting -6:00 PM - Killington. Killington Rotary Club meets at Summit Lodge 6-8pm for full dinner, guest speaker and/or discussion. Seeking new members.

Bingo in Bridgewater - 6:30 PM - Bingo at Bridgewater Grange Hall

Singers Wanted - The Feminine Tone women's chorus has openings for fall season. All

voice ranges needed. Rehearsals held Wednesday evenings, beginning Sep. 7, in Springfield, Vt. Singers must be available for concert dates Dec. 17 & 18. If interested in auditioning, contact director Maricel Lucero at (802) 885-1590.

Thursday, September 8

Bone Builders Class - 10:00AM - Tues. & Thurs. Bone Builders free exercise classes. 10-11am, Mendon Methodist Church, 773-2694. Bridgewater Mill, 2nd floor, 3-4pm, 672-3384.

Tales of the Notch - 10:00 AM - Join site administrator Bill Jenney for a special guided tour of Calvin Coolidge's Plymouth Notch. This leisurely walk through the village and surrounding fields will offer unique insights into the man who became our nation's 30th President. Held weekly through October 14. 10am or 3pm - call for details, 672-3773.

Bingo - 10:15 AM - Modern Woodmen of America holds Bingo, including special game to benefit a local charity or good cause. Thurs. 10:15a.m. Sunday Bingo starts at noon. Wells.

Life of An American Farmer - 12:00 PM - Ever wonder what it's like to be a farmer today? Curious about the men and women who care for the fields that you drive by? Now people attending the Vermont State Fair have the opportunity to take a look into the life of an American farmer. Vermont State Fair 175 South Main Street Rutland, VT 05701

Marble Valley Bridge Club - 1:00 PM - ACBL Sanctioned Bridge Games 1:00pm Monday and 6:45 Thursday at Godnick Senior Center. guaranteed partner. 287-5756.

Wallingford Lobster Bake - 4:00 PM - WALLINGFORD LODGE-ELFINLAKE 4:30-7:30 P.M. Proceeds go to MRUHS scholarships, Bike Safety Day and other Community projects. Cost: \$25/person- includes corn on the cob, 2 types of salad, cake, coffee, ice tea as well

as lemonade. Steak can be ordered for those who do not want lobster. BYOB. Tickets may be pre-purchased. Contact any Wallingford Rotarian or call Tatha at 802 773-5191.

Rochester Singing Group - 5:00 PM - A cappella singing group meets Thurs., 5-6pm, Federated Church of Rochester. Practice spiritual music to sing to ill folk. Come & sing! 767-3012.

Brandon Town Player Auditions - 6:30 PM - Auditions for the upcoming murder mystery comedy dinner theater "Honeymoon from Hell", September 15th, 16th and 17th at 6:30 pm at the Brandon Congregational Church in Brandon. Performance dates are November 4th and 5th at the South Station Restaurant. There are numerous parts for actors/actresses 15 years and up. For more information call Kathy Mathis at 247-6720 or e-mail at katmathis@gmail.com.

Poultney Farmers Market - 9:00 PM - on Main St., 9am-2pm.

Friday, September 9

Weekly Bone Builders Exercise - 9:00 AM - at Sherburne Library. Til 10am. Weekly, M & F. Info, 422-3824

Foodways Fridays at Billings Farm - 10:00 AM - Discover how Billings Farm & Museum uses seasonal produce from its heirloom garden in historic recipes every Friday as part of Foodways Fridays, July 15 - October 14, from 10:00 a.m. - 5:00 p.m.

Arthritis Help - 10:30 AM - Rutland. 10:30-11:30am - Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10 classes. Holiday Inn Pool, 775-1911.

Balance Workshop - 1:00 PM - Do you have a fear of falling? RRMCM sponsors Matter of Balance Workshops to help increase activity, exercise to increase strength & balance, and reduce risk factors. Castleton Community Center, til 3pm. 468-3093 for required pre-register. Free, open to public.

Sherburne Pre-School StoryTime - 1:30 PM - Killington - Sherburne Memorial Library Event: Fris - Preschool StoryTime, 1:30pm. 422-3824.

Market Fair Rutland Town/ Killington - 4:00 PM - MARKET FAIR combines a new Farmer's Market and fresh local produce with an age old tradition of "Market Fair", featuring a variety of crafts, culture, food, energy healing, music, yoga and other surprises, all in an open air setting. MARKET FAIR is located on Route 4 in The Home Depot/Big Lots Plaza, east of Route 7 with lots of free parking and easy access for Rutland, Mendon, Chittenden and Killington residents.

Lake House Entertainment - 6:00 PM - Aaron Audet performs.

Women's Basketball - 6:00 PM - Pittsford. Adult Women's Basketball - Open Gym. Friday nights, 6-8PM. Police Academy, Furnace Road. More info: Tara 417-7331.

Brandon Town Player Auditions - 6:30 PM - Auditions for the upcoming murder mystery comedy dinner

theater "Honeymoon from Hell", September 15th, 16th and 17th at 6:30 pm at the Brandon Congregational Church in Brandon. Performance dates are November 4th and 5th at the South Station Restaurant. There are numerous parts for actors/actresses 15 years and up. For more information call Kathy Mathis at 247-6720 or e-mail at katmathis@gmail.com.

AA Meetings - 7:00 PM - Rutland - Al Anon: Call Pete: 773-9548 or Marcia: 775-7479 for meeting info. Beginner meeting Fris, 7pm, The Evergreen Ctr. You may also call Rutland - AA Hotline, Rutland area: 802-775-0402, 24 hours.

Brandon Flood Benefit Concert - 7:00 PM - Brandon Music is pleased to present two concerts of contrasting styles. A program of chamber music presented by the faculty of Point Counterpoint Music Camp. We are excited to offer a concert of vocal selections in the barbershop style by Maiden Vermont, central Vermont's a cappella women's chorus, in their first appearance here. Both concerts will be held in the Music Café.

Tickets for Point Counterpoint are \$10 and part of the proceeds will go to help Brandon's flood relief effort. Tickets for Maiden Vermont are \$15. Both may be reserved by calling 465-4071 or by email to linda@brandon-music.net. Seating is limited; so, book early!

Friday Farmers Markets Community Brandon Farmers Market in Central Park, 9am-2pm. Pittsfield Farmers Market on the Village Green, Fridays, 3-6pm. Fair Haven Farmers Market, 3-6pm, FH Park, rain or shine. Ludlow Farmers Market open, Okemo Mtn School front lawn, 4-7pm. Rutland Town/Killington. Home Depot Plaza, 4-8pm.

Saturday, September 10

Dutch Pancake Breakfast - 7:30 AM - Killington Pico Rotary Club holds fundraiser breakfast for their local charities and international exchange student program. Til noon, at the little white church on Route 4.

Saturday Farmers Markets - 9:00 AM - Rochester. Farmers Market on the Village Green, 9-1pm. Rutland. Downtown Rutland Farmers Market, Sats. 9am-2pm, in Depot Park.

Cheerleading - 11:00 AM - Basic skills such as jumps, motion technique, stunts, pyramids, sideline cheers and half time dance routine taught. Beginner to advanced, split groups based on age. To be cheering at a couple of games, and a 1/2 time routine. Sept. 10 parent meeting 11am @ Howe Center. AGe K-8. Regiser at Godnick Center - Rutland Rec Dept.

Cystic Fibrosis Benefit - 12:00 PM - Sugar and Spice Restaurant hosts 6th annual Family Fun Day to benefit the Cystic Fibrosis Foundation, til 5pm. Games, raffles, grocery bingo, bake sale, magic show, puppet show, music, BBQ, more. \$5 admission includes BBQ. For more info, or to donate items for the silent auction or money, 558-9169.

Carving Studio's SculptFest 2011 - 5:00 PM - Annual outdoor exhibition

featuring site-specific sculptural installations by selected regional and national artists. Theme "Forces of Nature." Opening reception 5-8pm, at Carving Studio. Exhibit thru Oct. 16. 438-2097.

VINS Wine Festival - 5:30 PM - The Vermont Institute of Natural Science (VINS) is proud to host the 4th Annual Mountain Wine and Cheese Festival on Saturday, September 10, 2011 from 5:30 to 8:00 p.m. at the VINS Nature Center in Quechee, VT.

VINS Mountain Wine & Cheese Festival - 5:30 PM - 4th annual, at VINS in Quechee. Showcasing delectables from local restaurants & cheese makers, 70+ varieties of wine, VINS raptor exhibits, a live bird program, light live entertainment & silent auction. \$50 tickets, 359-5000 x201.

Brandon Town Player Auditions - 6:30 PM - Auditions for the upcoming murder mystery comedy dinner theater "Honeymoon from Hell", September 15th, 16th and 17th at 6:30 pm at the Brandon Congregational Church in Brandon. Performance dates are November 4th and 5th at the South Station Restaurant. There are numerous parts for actors/actresses 15 years and up. For more information call Kathy Mathis at 247-6720 or e-mail at katmathis@gmail.com.

Brandon Flood Benefit Concert - 7:00 PM - Brandon Music is pleased to present two concerts of contrasting styles. A program of chamber music presented by the faculty of Point Counterpoint Music Camp. Call 465-4071 or by email to linda@brandon-music.net. Seating is limited; so, book early!

Smart Start Baseball - Sports Instructional program (no team play) for 4 & 5 yrs. Work on motor skills while learning some basic baseball fundamentals. Parent participation mandatory. Practice Tues & Thurs 9/10-9/29. Stop by Rutland Parks & Rec Dept. at 1 Deer St. Rutland (Godnick Ctr) to register. rutlandrec.com

Sunday, September 11

Bingo - 10:15 AM - Modern Woodmen of America holds Bingo, including special game to benefit a local charity or good cause. Thurs. 10:15a.m. Sunday Bingo starts at noon. Wells.

Shrewsbury 250th Anniversary - 1:00 PM - The Shrewsbury Historical Society Museum located on Route 103 in Cuttingsville is celebrating the Town of Shrewsbury's 250th Anniversary. Museum hours are Sundays from 1 to 3 pm, until the end of October. Free admission, handicapped accessible, with parking. Info: contact Ruth Winkler, (802) 492-3324.

Monday, September 12

Killington Yoga - 8:30 AM - Mon. & Tues. Anusara Inspired Yoga classes at Killington Yoga, Mon. 8:30am mixed level, Tues Level 1. Thurs. classes resume Sep. 8 killingtonyoga.com. 422-4500.

Bone Builders Program - 9:00 AM - Mon. & Thurs. - Rochester. Bone Builders exercise program meets 9am, Park House. Lightweight resistance training to help slow down or reverse osteoporosis. 767-3416.

Weekly Bone Builders Exercise - 9:00 AM - at Sherburne Library. Til 10am. Weekly, M & F. Info, 422-3824

Arthritis Help - 10:30 AM - Rutland. 10:30-11:30am-Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10classes. Holiday Inn Pool, 775-1911.

Marble Valley Bridge Club - 1:00 PM - ACBL Sanctioned Bridge Games 1:00pm Monday and 6:45 Thursday at Godnick Senior Center. guaranteed partner. 287-5756.

Parkinson's Exercise Group - 2:30 PM - Rutland. Low impact exercise group for those with Parkinson's Disease, 2:30pm Mondays, Godnick Adult Center. Free. RSVP sponsors.

Fair Haven Scrabble for Students - 3:00 PM - After school at the Grade school. Students who want to participate must have written permission and be picked up promptly at 4:20 p.m.

Woodstock School Board Meeting - 4:30 PM - at Woodstock Elementary School

Zumba in Bridgewater - 6:30 PM - Bridgewater. Zumba at Bridgewater Grange, \$4. 6:30pm.

Curbstone Chorus Practices - 7:00 PM - Rutland High School. Open invitation for any men interested in singing - join them!

Pomfret School Board Meeting - 7:00 PM Community

Tuesday, September 13

Lead Paint Certification Class - 8:00 AM - Home Builders & Remodelers Assn of Southern Vt hosts, at FW Webb in Rutland, VT, til 4:30pm. Cost: HBRA-SV Members \$175; Non-members \$225. Payment/ registration form due Sep. 6. Lunch/refreshment provided. Questions? (802) 773-0672.

Killington Yoga - 8:30 AM - Mon. & Tues. Anusara Inspired Yoga classes at Killington Yoga, Mon. 8:30am mixed level, Tues Level 1. Thurs. classes resume Sep. 8 killingtonyoga.com. 422-4500.

Bone Builders Class - 10:00AM - Tues. & Thurs. Bone Builders free exercise classes. 10-11am, Mendon Methodist Church, 773-2694. Bridgewater Mill, 2nd floor, 3-4pm, 672-3384.

Killington Arts Guild Workshop - Sherburne Library - 10:00 AM - Killington - Sherburne Memorial Library: Killington Arts Guild acrylics workshop meets every Tues., 10am-noon, free.

Sherburne Library Matinees - 2:00 PM - Killington - Sherburne Memorial Library Event: Tues, 2pm - Matinees

Killington Library Movie Matinee - 2:00 PM - At Sherburne Library. This week: Eat Pray Love. Bring popcorn.

Tuesday Farmers Market - 3:00 PM - Rutland. Downtown Rutland Farmers Market, Tues. 3-6pm, in Depot Park.

Rutland Chess Club - 7:00 PM - Rutland. Chess Club, Godnick Adult Center, 1 Deer St. Open to public, free, all ages. Beginners welcome. 773-1853.

Ramonto's Entertainment - 7:00 PM - Tuesday Nights Open Mic entertainment



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Wednesday, September 14

Kripalu Yoga - 8:45 AM - in Mendon. LouiseHarrison@live.com or call Louise 747-8444. Weds., ongoing class. Private & small group classes by appt.

Arthritis Help - 10:30 AM - Rutland. 10:30-11:30am - Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10 classes. Holiday Inn Pool, 775-1911.

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WagonRideWednesdays at Billings - 11:00 AM - Wagon Ride Wednesdays begin on July 6 and run through September 28. 11:00 a.m. - 2:00 p.m. included in the admission.

Wednesday Afternoons with Farmer Fred - 1:00 PM - Plymouth Notch, at President Calvin Coolidge State Historic Site. 1-5pm. Demos of historic farming activities. Weekly program. 672-3773.

Reading Program at Sherburne Library - 1:00 PM

Woodstock Farmers Market-3:00 PM-Woodstock. Farmers Market on the Green, 3-6pm.

Killington Rotary Club Meeting - 6:00 PM - Killington. Killington Rotary Club meets at Summit Lodge 6-8pm for full dinner, guest speaker and/or discussion. Seeking new members.

Free Men's Health Seminar - 6:00 PM - Presented by Ernest Bove, MD. At RRMCCVPS Leahy Comm. Ed Ctr. Space limited, register 772-2400. Speaking about range of options designed to improve your quality of life, from new medications to the latest surgical options.

Bingo in Bridgewater - 6:30 PM - Bingo at Bridgewater Grange Hall

Woodstock Union Board Meeting - 7:00 PM - High school & middle school at the WUHS Teagle Library

Museums & Exhibits

Art & Antiques on Center - 17 Center St, Downtown Rutland. Mon-Sat, 10-5. 786-1530.

BigTown Gallery -99 North Main St., Rochester. 767-9670. Fine arts exhibitions, one of a kind knitwear ensembles from the studio gallery, and an outdoors amphitheater. New Exhibit "GEOMANCER: Painting and Textiles" opens Aug. 24, thru Sep. 25.

Billings Farm & Museum - Woodstock. Rt 12N & River Rd. 457-2355. A first-class working farm, operating with a museum of Vermont's rural heritage, dating back to 1871. 25th Annual Quilt Exhibition thru Sept. 25.

Brandon Artists Guild - Brandon. Open daily 10am-5pm. Exhibit "e-i-e-i-o" Judith Reilly Out Behind the Barn, thru Aug. 30.

Brandon Museum - Brandon. At Stephen A. Douglas Birthplace open for the season. Daily, 11am-4pm, free, open to public. Also houses Brandon Welcome Center & municipal restrooms, open 8am-6pm all year round.

Brandon Music-62 Country Club Rd., Brandon. Art Gallery open 10-6 daily, closed Tues. Harmony English Tea room 2-5pm daily, closed Tues.

Brick Box - at Paramount Theatre, Center St., Rutland. Gallery hrs: Thurs-Fri, 11am-6pm & Sat., 10am-2pm & during Paramount Theatre performances. 775-0903.

Carving Studio & Sculpture Center-Marble St., W. Rutland. 438-2097, carving@vermontel.net. Sats. & Suns., 1-4pm & by appt. Opening reception of SculptFest2011 Sep. 10, 5-8pm. Theme "Forces of Nature" - exhibit thru Oct. 16.

Chaffee Center for the Visual Arts - S. Main St., Rutland. Weds.-Sat. 10-5, Sun. 10-4, closed Mon. & Tues. 775-0356. Summer Members' Exhibit thru July 30.

Chandler Gallery - Randolph. Gallery hrs: Thurs. 4-6pm, Sat. & Sun. 1-3pm. 431-0204. Artist Karen Petersen's "The Gift: A Retrospective of Sculpture and Painting" July 15 - September 20.

Killington Arts Guild Fine Art Gallery - at Cabin Fever, Rt. 4. Open business days 9-6:30pm. New Show! 422-3824.

Maclure Library - Rt. 7, Pittsford. Mon., Tue., Fri., 1-6pm; Wed., 10-8; Thur., 10-6; Sat., 9am-noon. 483-2972.

Montshire Museum of Science - Norwich. Open 7 days year round, 10am-5pm. 649-2200.

New England Maple Museum-4578 Rte 7, Pittsford. Open daily 8:30am-5:30pm. Maple Candy Making 10-2, free, Wednesdays thru Oct. 12. 483-9414 for info.

Norman Rockwell Museum - Rt. 4E, Rutland.

773-6095. Self-guided tour. Open daily.

Norman Williams Public Library-Woodstock. 457-2644. Open Mon., Fri., & Sat., 10-5, Tues., Wed., Thurs. 10-7.

Pittsford Historical Society - Pittsford. Thru July 4, Tues. 9-4. July 5-Oct. 11, Tues. 9-4, Suns. 1-4. Oct. 12-Nov. 16, Tues. 9-4.

Rutland Historical Society - 96 Center St., Rutland, 775-2006. Year-round, Mon., 6-9 pm, Sat, 1-4pm, by appointment for schools or other groups.

Rutland Railway Association-Center Rutland Depot. Former Rutland Railroad

The Mountain Times • September 8-14, 2011 • 9 depot. Museum exhibits the Rutland Railroad. HO & N scale models. Open Saturdays 11am-3pm.

Slate Valley Museum - Water St., Granville, NY. 518-642-1417 for info.

Timco Gallery - Center St., Rutland. Gallery hrs Mon - Sat. 773-3377. Portion of sales proceed local student art programs.

Tyson Library - Now Open. Rt 100N on Library Rd. across from Tyson store. 1st & 2nd Mondays, 6-7pm; Tues. thru Sat., 10am-noon.

VINS Nature Center - Rt 4 (Next to the Quechee Gorge) Quechee. Daily activities, programs, exhibits, Nature

Store. Open 10-5:30 daily. Local artist Carrie Hayes and her exhibition of nature-focused oil-on-canvas artwork on display thru Sept. 7. 359-5000 for info.

Wallingford Historical Society Museum - Town Hall, School St., Wallingford. 446-2831. Permanent collection of costumes, photographs, memorabilia.

William Feick Arts Center, Green Mtn College, Poultney. Gallery hours M-F, 1-5pm. 287-8000.

Woodstock History Center-26 Elm St, Woodstock. Fri-Sun 12-4pm. Other days by appointment. Art, furniture, clothing, musical instruments, more. 457-1822 for info.



Attractions Galore!

Don't forget to go to the Vermont State Fair this week. Among the attractions is a giraffe at the petting zoo, a circus and of course the pig races and who can resist fair food.

2011 Fall Home Improvement At Its Best

Our Special Supplement to be published September 22, 2011

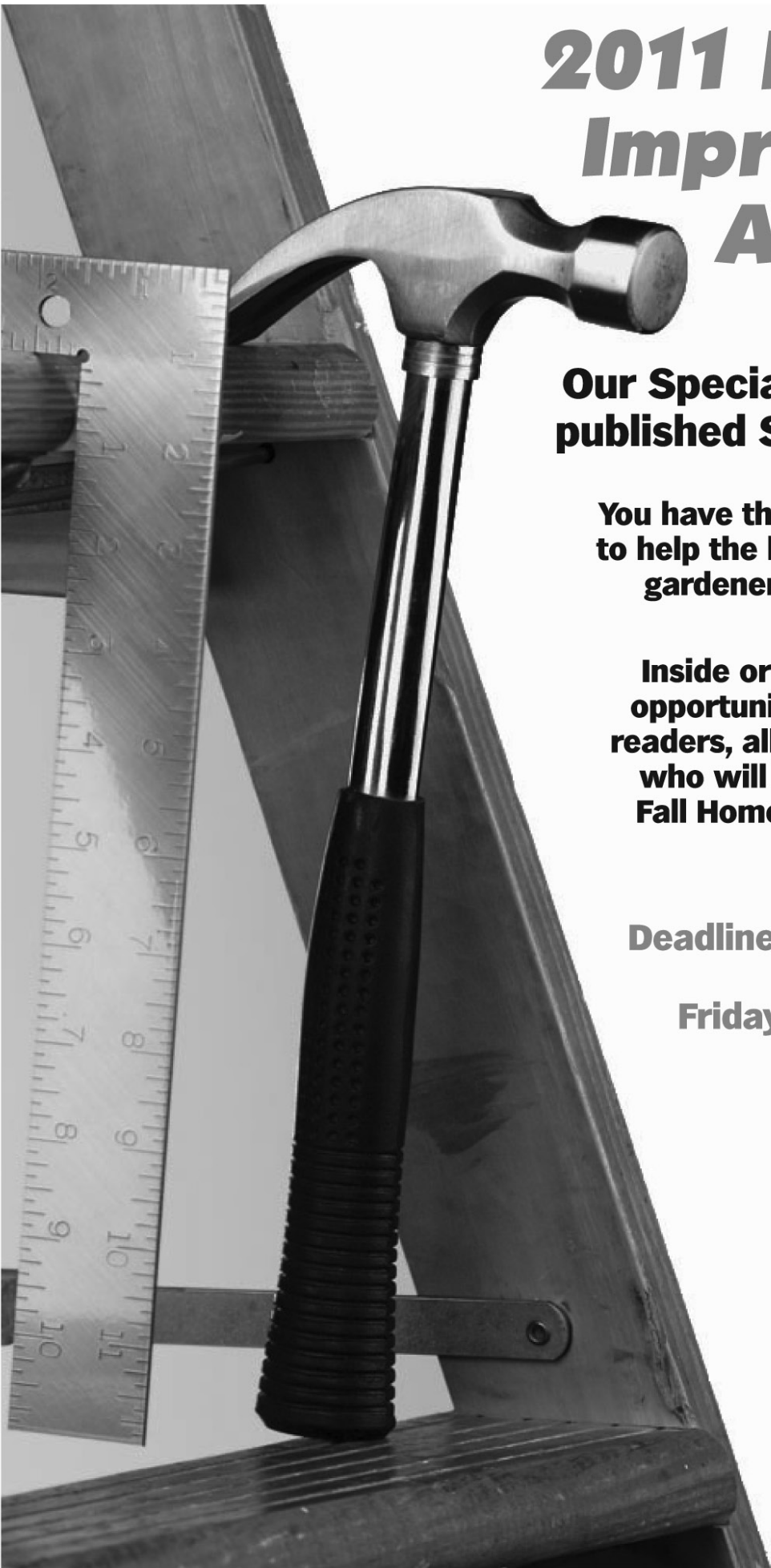
You have the materials or services to help the homeowner, renter and gardener prepare for winter.

Inside or outside, don't miss the opportunity to reach over 30,000 readers, all across Central Vermont, who will be actively reading our Fall Home Improvement Section!

Deadline for the September 22nd Special Issue is Friday, September 16, 2011

Call your sales rep: (802) 422-2399 (800) 564-6970

The Mountain TIMES



DiningGuide

KILLINGTON MARKET & DELI 422-7594
2023 Killington Road, Killington

Our deli offers fresh meats and cheese for a variety of sandwiches, served on locally baked bread. Daily lunch hot specials, fresh salads, homemade soups and in-house baked goodies. Dinner take-out entrees. Extensive selection of wine, beer/microbrews. Vermont specialty food products, maple syrup. The only full service grocery store on the mountain.

LAKE HOUSE PUB & GRILLE 273-3000
3569 Route 30 North, Bomoseen
Chef owners, Brad Burns and Fred Field invite you to the Lake House Pub & Grille. Live Sunday jazz brunch entertainment, special children’s meals, full bar and an extensive wine list. Lake views and deck dining all on beautiful Lake Bomoseen. Also private parties, rehearsal dinners, showers and weddings. AMEX, VISA, MC, DISC

McGRATH’S IRISH PUB 775-7181
at the Inn at Long Trail
Rt. 4, at the top of the Sherburne Pass, Killington
McGrath’s Irish Pub at The Inn at Long Trail invites you to try our famous Guinness stew. Serving breakfast and pub menu daily. Live Irish music weekends! MC, VISA, AMEX.

MOUNTAIN TOP INN & RESORT 483-2311
Mountain Top Rd., Chittenden
Only 11 miles from Killington and Rutland. Dining complemented by breathtaking views of the lake and mountains. Creative American cuisine in the Highlands Dining Room. Casual dining and pub fare in the Highlands Tavern. Extensive selection of wine and beer. Full bar available. Open year round to the public. Reservations suggested. Kids welcome. Seasonal outdoor dining. www.mountaintopinn.com. MC, VISA, AMEX

killington super market

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Dining at a glance

| | STYLES OF CUISINE | | | | | | | MEALS SERVED | | | | | COST | | | |
|---------------------------|-------------------|--------|----------|-------------|---------|-------|-----------|--------------|-------|--------|--------|------------|----------|-------------|----------|--------|
| | ITALIAN | FRENCH | AMERICAN | CONTINENTAL | MEXICAN | ASIAN | PUB FAIRE | BREAKFAST | LUNCH | DINNER | BRUNCH | LATE NIGHT | TAKE OUT | INEXPENSIVE | MODERATE | DELUXE |
| Killington Market | . | . | . | | . | | | . | . | . | | | . | . | | |
| Lakehouse Pub & Grille | . | | . | . | . | . | | . | . | . | . | . | . | . | . | . |
| McGrath’s Irish Pub | | | . | . | | | . | . | . | . | | | . | . | | |
| Mountain Top Inn & Resort | | | . | | | | . | . | . | . | | | | . | . | |
| Ramunto’s | . | | . | | | | . | . | . | . | . | . | . | . | | |
| Red Clover Inn | . | . | . | . | | | . | | . | | | | | . | . | |
| Seward Family Restaurant | . | | . | | | | | . | . | . | . | | | . | | |
| Sugar & Spice | | | . | | | | | . | . | | | | . | . | | |
| Trak-In Restaurant | . | | . | . | | | | | . | . | | | | . | | |
| Vermont Apple Pies | | | . | | | | | . | . | | . | . | . | . | | |

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Wine and Tango

Images of Tango conjure up well-dressed men in fedoras and beautiful women in sexy dresses and high heels dancing closely together, face to face, heart to heart, sharing the same breath while intertwining their feet. Wine, as they say in Argentina, brings out the truth and the true tango dancers shows after a bottle of wine.

You can test yourself this theory over this weekend (Sept.8th-11th) at the Brandon Inn, where the seventh annual ‘Moonlight in Vermont’ Tango Weekend takes place. Stop by on Friday night for a free beginner class and see what it is all about. Afterwards you can watch a little as tango dancers from New York City, Montreal, Boston and all over New England converge in the grand old ballroom of the Historic Brandon Inn.

The weekend is filled with workshops for beginners as well as advanced dancers, Chef Louis will serve up a dinners Friday and Saturday nights, paired with wines from Argentina, which will be featured throughout the weekend. Ana’s empanadas will add authentic flavors from Buenos Aries, the birthplace of Tango.

Originally from northwestern Spain, Torrontes has taken on a life of its own in the wine regions of Argentina. Recent testingsuggests its hybrid roots in the Muscat family of white wine, it certainly is a unique and distinctive grape. If you ever tried a Gewürztraminer (pronounced something like: guh-vurts-trah-mee-ner), you will get an idea about this very uncommon variety, that will surprise you with a particularly aromatic intensity, where fruits such as peach and mango and flowers such as rose and jasmine give it an exotic character. Its flavors literally torrentially rush into the mouth with bright ripe fruits similar to the one found in the aroma with an extra zing of spice and acidity added in for good measure. Torrontes (pronounced: ‘Toh-rron-tess’) can be voluptuous, almost obnoxious, like a woman wearing heavy rosy perfume, yet enticing with a pleasant freshness. A mouthwatering acidity can keep you coming back for another sip of this wine with plenty of body that ranges between bold floral aromas and delicate fruity yet still quite dry flavors leading to a frank and lengthy finish.

The other grape variety Argentina is known for is Malbec, originally a blending grape in Bordeaux or the basis for wines coming from the Cahors region in France and has adapted perfectly to Mendoza unfolding its qualitative potential in this specific terroir under a sun that generously bathes the vineyards. Malbec creates a wine that falls somewhere between Merlot and Cabernet Sauvignon with deep red color and abundant blue, violet and black shades. Its fragrances recall plums, cherries and red fruit marmalades. It exhibits sweet tannins, balanced acidity, good body and ageing ability to the palate. This ripe lush black variety has a rich, inky color and fat, juicy personality that often shows great complexity. Oak ageing enhances the notes of vanilla, tobacco, coffee and chocolate mixed with hints of dried figs or prunes. It is a great companion to open fire grilled steak or any kind of beef.

But these are not the only varieties coming from Argentina, which has seen an upsurge in wine production and economic activities in the last few years since the financial collapse in the beginning of the decade. New wine regions are being developed even in the wind blown regions of Patagonia to the south or in Rioja, to the north of Mendoza, the traditional center of wine country, which is more and more being compared to Napa valley.

Stop by the Brandon Inn this weekend and see what is all about (more info at www.tangovermont.com). You can test your dancing feet and your wine palate at the same time, and see if your balance holds up after a glass of wine (or two)! Cheers!

The Red Clover Inn
Restaurant & Tavern

Open for dinner Thursday to Monday 5:30 to 9:00pm

The Red Clover Inn is doing great! We made it through Irene without any damage to our building or the property. Unfortunately, damage to the roads is forcing us to close temporarily. Follow us on Facebook and Twitter for updates!

Wines of the World Dinner
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October's five course wine dinner will feature wines of Bordeaux, France.

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Art in the Park is Accepting Applications for October

This October, Art in the Park will celebrate 50 continuous years at their fall arts show. The event will take place October 8-9, 2011 on the Main St. park in Rutland. While the region was severely battered by the flooding from Hurricane Irene, the Park is intact and road repairs are underway. Six weeks will make a world of difference and authorities expect a near complete recovery by then.

Fall is festival season in Vermont and this year everyone has lent a hand to help. The resilience and resolve of the Yankee spirit will indeed make this years fall Art in the Park show truly unique.

According to veteran exhibitor Ann McFarren, “Rutland’s Art in the Park has always been one of my most favorite and greatly anticipated events each year! The local people and our tourists (some of whom are repeat tourists) turn out loyally to support us. The staff and vol-

unteers at the Chaffee make us feel very welcome and try to accommodate our individual needs.”

Art in the Park features the outstanding work and extraordinary determination of our artisans. Whether you’ve been a past exhibitor or new to the show, we welcome your application and thank you for helping us make this a memorable 50th anniversary event.

If you have not yet applied for the fall show, it is not too late; the deadline was extended to September 19. The jury will meet that week and artists will be notified of acceptance in the following week. As always, if you miss the application deadline, call to check on availability.

The Chaffee Art Center is located on 16 South Main Street, in Rutland, Vt. You can reach them by phone: 802-775-0356 or download the application directly from their website: http://www.chaffeeartcenter.org/art_park.html

Woodstock Businesses and Museums Reopen After Flood

Hurricane Irene’s torrential rain caused major flooding and erosion, damaging many roadways, bridges and streambeds, as well as homes and businesses. But, thankfully, Woodstock’s village center and many historic buildings remain intact.

Billings Farm and the Marsh-Billings-Rockefeller National Historic Park, popular destinations for locals and tourist alike, were exceptionally fortunate. The barns and buildings were not flooded and the livestock and museum exhibits remained dry and safe.

However, the carriage roads were damaged as well as the cropland along the Ottauquechee River, which bore the brunt of the storm’s fury. Although barely visible from the center of the farm complex, 25 acres of corn and 30 acres of alfalfa were destroyed; the fields heavily eroded or washed away. The walking path – usually at peak this time of year – will be closed indefinitely.

But we were lucky, the days just after Irene were sunny and dry which mitigated some damages and eased the chal-

lenge of assessment and clean up efforts. Neighbors joined together and pooled resources, while Central Vermont Public Service (CVPS) worked around the clock to restore electrical services. Woodstock police, fire and emergency personnel also worked valiantly to restore our community.

In mid-July, Billings Farm hosted Woodstock’s 250th Anniversary Picnic – certainly a highpoint of the year. Just six weeks later, floods from Hurricane Irene devastated the community. This just shows that whether in celebration or in hardship Vermonters have an indomitable spirit and pull together in mutual support.

Foliage season is now around the corner and Woodstock will join the rest of Vermont turning out welcome mats and inviting guests again to enjoy the beauty of our state. The Billings Farm & Museum and the National Park are looking forward to a very full schedule of autumn events and programs and will resume their regular operating hours and programs beginning this Friday, September 2nd.

Killington Arts Guild

by Betty Little

How many times will the words of Calvin Coolidge from the flood of 1927 be repeated during these difficult days, “Vermont is a state I love,” he said. I could have said that too. Cal continued “I love Vermont because of her hills and valleys, her scenery and invigorating climate, but most of all, I love her because of her people.”

This morning I got my e-mail for the first time in many days and found people reaching in their networks of friends and through their associations to report on others, to seek ways to help others, to find lost things, and to lift the spirits of all. Some of that news - Ann Wallen left her house and is with a friend.

Alice Sciore was evacuated from her home near the junction of route 100 south and route 4 east. Sally Curtis was in New Hampshire and with better e-mail than many, able to communicate better with us all. This writer is in Baltimore, which has its own problems; but spent 5

days without electricity, e-mail or cell phone in Pleasant Mount, (rural NE PA,) and is now able to communicate.

Yvonne Daley is on the internet with people from the Green Mountain Writers Conference and friends in Rutland area. Saska Groom has lost her house and will be unable to get to work. Contact: ydaley@sbcglobal.net about a fund to help Saska.

This column is usually written ahead of time and edited at the last moment. This week it would have encouraged you to take Jill Dyes Chinese Painting Workshop (fee-Sept. 24), attend the third Killington Salon on Music at the Killington Dream Ski Lodge (Sept.22), and plan to be at Lauren Wilder’s program “Eatable Decorations,” invited you to the opening of the new KAG Art Show—Art on the Mountain – at Cabin Fever Gifts on Route 4 opposite the Killington Access Road and encouraged you to participate in the 9.11 Vigil at the Sherburne Library. Perhaps all these events can be rescheduled, if necessary.

Last Friday, Sally Curtis, President of the Killington Arts Guild, writing from N.H. said: “Perhaps, we can open the art show on October 1st.”

Words of hope we all need at this time, Contribute to this column at VTKAG@aol.com; Info: KAG go to www.killingtonartsguild.org or Sally Curtis at sdck@vermontel.net

INN AT LONG TRAIL

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| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 1 | | | | | | | | |
| | | 7 | | 4 | | | | |
| | 5 | 8 | 6 | | 3 | | 4 | 7 |
| | | 9 | | | 1 | 8 | 7 | 3 |
| | 7 | | | | 8 | 9 | | |
| 2 | 8 | | | | | | | |
| | 9 | | | | | 5 | | |
| 5 | | 4 | 8 | 9 | | | 3 | 1 |
| | | | | 5 | 4 | | 8 | |

Each block is divided by its own matrix of nine cells. The rule for solving Sudoku puzzles are very simple. Each row, column and block, must contain one of the numbers from “1” to “9”. No number may appear more than once in any row, column, or block. When you’ve filled the entire grid the puzzle is solved.

This week’s solution on page 17

| | | | | | | | | | | | | | | |
|----|----|----|----|----|----|----|----|----|----|----|----|----|----|----|
| 1 | 2 | 3 | 4 | 5 | 6 | | 7 | 8 | 9 | 10 | | 11 | 12 | 13 |
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| 67 | | | | 68 | | | | | 69 | | | | | |
| 70 | | | | 71 | | | | | 72 | | | | | |

ACROSS

1. Blood vessel obstructions

7. Boris Godunov, for one

11. Balaam’s mount

14. Became clear, like weather

15. Carve in stone

16. “Hold on a ____!”

17. Official

19. Chinese “way”

20. Antiquity, in antiquity

21. Assn.

22. ____ in a teacup

24. Abound

26. Forbidden: Var.

28. Brings home

29. Blew it

31. Emeritus: Abbr.

33. Thailand, once

34. Assigns wrong day

38. Calypso offshoot

39. Destitute

43. Egg cells

44. Mosaic tiles

45. E-mail, e.g.

47. Chinese dynasty

48. Parkinson’s treatment

52. Judge

54. ____ tide

57. Almond

58. Brushed upward

60. Appear, with “up”

62. What “it” plays

63. “Go team!”

64. Hairlip (2 wd)

67. Affirmative vote

68. Hawaiian tuber

69. Wading bird

70. “Acid” (acronym)

71. Black stone

72. Silver coins of Turkey

3. Ringed notebook cover

4. Mythical monster

5. “____ go!”

6. Dostoyevsky novel, with “The”

7. Big ____ Conference

8. Small carved figure

9. “God’s Little ____”

10. Sound-alike lines of verse

11. Star-shaped figure referencing a footnote

12. Japanese delicacy (2 wd)

13. Native of Scotland

18. Mozart’s “L’ ____ del Cairo”

23. ____ de deux

25. Same: Fr.

27. Two wood (golf)

30. Gossip

32. Okla., before 1907

35. Hasenpfeffer, e.g.

36. Intestinal infection

37. Rock layer beneath continental landmasses

39. Involving the position of the body

40. Gives more money than is due

41. Disappeared

42. Formally surrender

46. Drops on blades

49. Organ stop

50. Loquacious talker

51. Plumber’s snakes

53. Odd-numbered page

55. Appropriate

56. “Big ____” (Notorious B.I.G. hit)

59. Agenda

61. Buddies

65. Vixen

66. Chop (off)

DOWN

1. Decadent

2. Ruffian

Answers on page 17

Capsule reviews of films opening this week by The Associated Press

A GOOD OLD FASHIONED

ORGY

A COMEDY ABOUT OLD FRIENDS IN NEW POSITIONS.

JASON SUDEIKIS LESLIE BIBB LAKE BELL MICHELLE BORTH NICK KROLL TYLER LABINE ANGELA SARAFYAN LINDSAY SLOANE MARTIN STARR LUCY PUNCH AND WILL FORTE WRITTEN AND DIRECTED BY ALEX GREGORY & PETER HUYCK

SEPTEMBER 2, 2011

THE DEBT

EVERY SECRET COMES WITH A PRICE.

AUGUST 31

“A Good Old Fashioned Orgy”

by Jake Coyle, AP Entertainment Writer

There’s something old-fashioned about “A Good Old Fashioned Orgy,” but it’s not the orgy. Alex Gregory and Peter Huyck’s R-rated comedy feels more like a “Meatballs”-era summer romp, the kind we’re generally either too cynical for now or we’ve simply outgrown. It’s a party of a movie, for better or worse, with ambitions of generational resonance. Eric (Jason Sudeikis) would like to eradicate inhibition in a generation weaned on psychobabble, Blackberries and Radiohead. When his father decides to sell his East Hampton summer house, Eric and his early-30s friends (Tyler Labine, Martin Starr, Lake Bell, among them), decide to have a last-hurrah orgy. It sometimes looks like they had more fun making “Orgy” than we could possibly have watching it, but the good vibes are a big part of the movie’s appeal. (It should be noted, though, that “Orgy,” with its Hamptons setting and cargo shorts, is easily one of the whitest movies to come along in recent years.) The premise asks a lot of Sudeikis’ charm, but group sex, to say the least, is a tough cookie. When the time comes, the awkwardness of the participants pales in comparison to the awkwardness of the audience. R for pervasive strong sexual content, graphic nudity and language. 95 minutes.

Two stars out of four.

“The Debt”

by Christy Lemire, AP Movie Critic

Classy, solid and well-acted, this is a rare bit of meaty, intelligent filmmaking during the ordinarily dreary final days of summer. With a cast that includes Helen Mirren, Tom Wilkinson and a tremendous Jessica Chastain, led by “Shakespeare in Love” director John Madden, it seems it would be hard to go wrong. Matthew Vaughn, the director of “Layer Cake” and “Kick-Ass,” co-wrote the script. It’s smart and tense but also frustrating; it almost feels too safe, too conservative and reserved in the way it hits its notes. Still, everything about it is so respectable, you may feel engrossed in the moment, yet forget about it soon afterward. Three former Mossad agents (Mirren, Wilkinson and Ciaran Hinds) are being celebrated at the launch of a book detailing their most important mission. Flashbacks to 1965, when the characters are played by Chastain, Martin Csokas and Sam Worthington, reveal what really happened. As it jumps back and forth in time, “The Debt” explores the conflict between expectations and reality, intellect and emotions, truth and regret. The film’s gray areas are so intriguing that you’ll wish it didn’t rely on a facile love triangle to create further tension. R for some violence and language. 113 minutes.

Three stars out of four.

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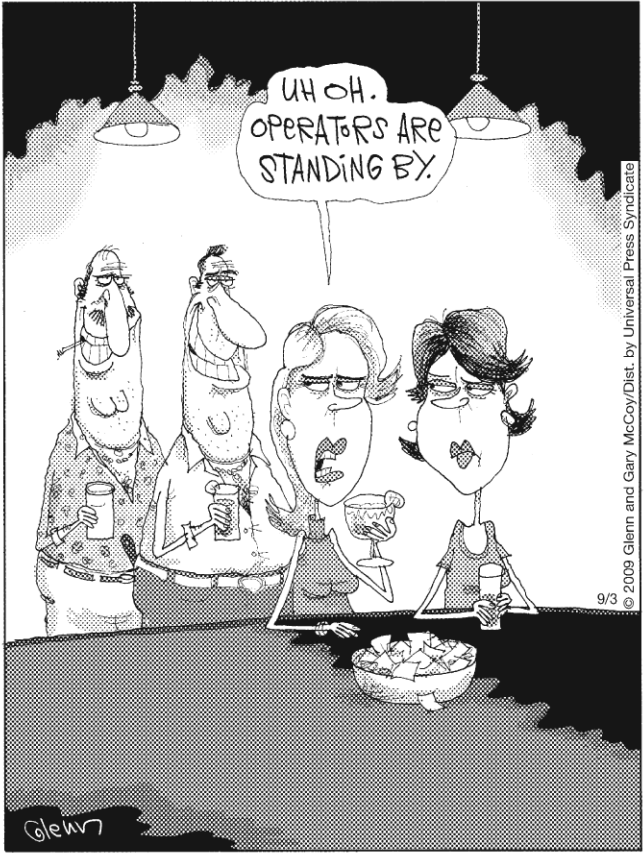
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LocalNews

MOUNTAIN MUSINGS

What's Happening In & Around Killington



By Debbie Burke

The Killington community and the resort have pulled together and the recovery from the floods that Hurricane Irene brought is coming along slowly but surely. Kudos go out to all of the volunteers in our community, both residents and visitors alike. Thanks also to the National Guard who flew in needed supplies to keep us going and to the staff at the Killington Elementary School for providing community meals and shelter. It was much appreciated. We will recover, the machinery has been working diligently, and a huge amount of progress has been made in opening the roads. The Town of Killington road crew managed by Ken Merrill has done an outstanding job of fixing our town's roads and bridges. The expectation and hope is that we will have drivable roads to Woodstock and Rutland before long. The work continues at the incident command center at the Killington

Road Firehouse. If you need assistance, call 422-FIRE and someone will help you with your needs.

The Killington Resort's facilities are very quickly on the mend, with most of the parking lots re-graded already and work on the damaged Superstar Bar is ongoing, but please know that the damage to the main building is very minimal. According to Killington Resort's President Chris Nyberg, the resort will open for skiing and riding on schedule with no delays, which is very good news indeed! We all hope and pray and truly expect that the roads will be in good shape for foliage season.

The Mountain Times website is completely up to date on the latest updates from the Town of Killington, the State of Vermont and FEMA, which remain fluid, so keep looking up our website if you need any information on Killington or need any help in any way or form!



Denise Coriell and Rutland City Fire Chief Bob Schlachter in the Incident Command Center at the Killington Road Firehouse on August 30, 2011.



Seth Webb and Kathleen Ramsay hard at work in the Incident Command Center at the Killington Road Firehouse. Many volunteers manned the center along with representatives from the Vermont State Police, local constables, fire officers and emergency workers from Pittsfield, Bridgewater, and Mendon. 1st Deputy Chief Jim Fiore has been acting Fire Chief as our Fire Chief Patrick McDonnell has been working along with the Killington Town Road Crew while also keeping a watchful eye on fire department activities at the same time. Media filming national reports on Killington have been CBS, ABC and CNN as well as Vermont TV stations Channels 3 and 5.

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Tropical Storm Irene, see Sec 2

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Mendon/Chittenden/ Pittsford/Brandon Notes

by Debbie Burke

School Opens at Barstow

Messages from the staff at the Barstow Memorial School: the first day of school was wonderful! We were all so pleased to see the majority of our students impacted by the flood still arrive at school today. As you are aware, many of our families in Mendon and Pittsfield have been cut off due to the devastating floods.

At times like this, communities come together and make it all work, and it did. This first day of school will be one that these children will never forget! A reminder to parents that if weather conditions look questionable, that other arrangements should be made since the Journey's End trail would not be a safe route in the rain.

We encourage parents to be involved with the school as much as possible as it sends a message to your child that their education is important and we are all working together.

This year's Open House will be on Wednesday, September 20. During Open House we are asking the children to escort you into their classrooms, introduce you to their teachers and share what they're doing in school. This family friendly format will also allow you the time and flexibility to informally tour the school together and visit some of the other classrooms such as music, art, physical education, computer lab and the library. At 7 p.m. we will invite you to join us in the gym to be introduced to the entire faculty. Refreshments will be in the Hall courtesy of the PTO. Come and meet this year's PTO officers.

The importance of being on time...throughout the years, we have struggled with students arriving late to

“At times like this,
communities come
together and make
it all work, and it
did. This first day of
school will be one
that these children
will never forget!”

school. Although we understand that emergencies can happen from time to time, we ask that parents remem-

ber that your children do not want to be late for school. A suggestion would be to get them into the routine of preparing everything the night before - backpacks, clothes, etc. Please do not keep your child home to get their homework done since we'd much rather have them at school on time and can deal with the homework during the day. Thank you for your help in teaching your child the importance of being punctual.

Confidentiality reminder: parents who volunteer to help out at school and/or chaperone trips are a valued and essential part of our school community. While at school you may become aware of information about other children; we respectfully ask that you do not share any information about children with others and respect each child and family's right to privacy.

It was a great and wonderful surprise to be named “Best Principal” in the 2011 Rutland Herald Best of the Best Reader's Choice Survey 3 years in a row! I am not only thankful to those of you who took the time to vote for me, but also to be a part of such a supportive school community! This is truly an honor!

Just a reminder that in an effort to continue to do our part in reducing waste in the environment, the school will only be sending home general school notices with the youngest or only student in K-8 in each family. If you would prefer to have someone other than the youngest child responsible for bringing home the notices, please call the school office and let Mrs. Jaquith know which way to send information home.

Lakes Region News

by Lani Duke

A big cheer and sincere thank you is in order for all who volunteered their time and energy to fight flood waters. Pawlet Village was among those organizing volunteer work crews to help clean up. It also added a disaster relief component to its annual Pawlet Scholarship Fund art show and sale.



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Flower Brook rose mightily as a result of tropical storm Irene, leaving behind some 3 inches of mud at Mach's General Store in Pawlet. Water poured over guard rails on Route 133.

Glenbrook Gymnasium at Castleton State College seemed to receive the greatest amount of water along western Route 4, filled to a depth of approximately five feet on the first floor. Most heavily affected were the football offices, the football locker rooms, the equipment room, and the weight room. Nearly all roads in the area are now back open, including those that were closed temporarily.

Middle schoolers from Fair Haven Grade School were scheduled to go rafting on Friday, September 9. Wonder if they'll feel as though they've seen enough water lately. The students in grades 6 through 8 bring a bag lunch for the day.

Follow the route that colonials took evacuating up Pittsford Ridge after the Battle of Hubbardton on July 7, 1777, as site interpreter Carl Fuller describes the events of the day. Wear sturdy shoes and bring water for the Saturday, September 10, program, part of Vermont Archaeology Month, running from 2:00 to 5:00 p.m. Call 273-2282 for details.

Hubbardton Battlefield State Historic Site opens without charge Sunday, September 11, for a day of remembrance.

Fair Haven Grade School offers Scrabble after school on Mondays at 3:00 p.m. Students who want to par-

ticipate must have written permission and be picked up promptly at 4:20 p.m.

The Chronicle of Education recently featured Green Mountain College for its partnership with the new Stone Mountain Community Market in Poultney.

The West Pawlet Volunteer Fire Department Auction, originally scheduled for Sunday, August 28, was rescheduled for Sunday, September 11 at 12:00 noon.

Congratulations to Stephanie Manning of Poultney. She recently graduated with a bachelor's degree from the Savannah College of Art and Design in Savannah, GA.

Roots & Wings Academy, a private school in Fair Haven for children from kindergarten through grade 3, recently held a fund raiser for its scholarship program at Lakehouse Grille. Unfortunately, the school flooded during the recent tropical storm and classes will have to temporarily relocate from the school site, formerly the Carvey's Restaurant.

The town of Castleton recently posted a notice advising against drinking Castleton tap water without boiling it first, but there is no danger in using it for bathing. Network services at the college are somewhat limited because of damage at the Vermont State Colleges main computer site. The library database is not fully functioning yet either but library director Sandy Dulling says most difficulties can be overcome with a 'workaround.'

Another caution: authorities advise you to drain all standing water you can, thereby minimizing mosquito breeding ground.

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Rutland Report

by Lani Duke

Thanks to all who helped their neighbors and the community at large to confront the issues left from tropical storm Irene. Rutland High became a temporary Red Cross shelter. Newly opened Lagasse's Hearthside Grille kept extra long hours to feed emergency workers. Casella Waste Management has been delivering donated supplies, working with the freshly created Restoring Rutland group that collects those basic necessities at 34 Strongs Ave. and Christ the King School at Killington Avenue and South Main St. Want to volunteer? Check in with the folks at 34 Strongs.

Rebuilding the community is going to take a while. Low lying areas like Meadow Street Playground likely will contain debris for quite some time. Otter Creek crested at 17.21 feet, nearly four feet about its 1938 flood level (no gauge existed for the 1927 flood). First priority is making sure that people and animals have food and water, and that roads are passable. One of the small things everyone can do is to drain any buckets, paint cans, or other containers of standing water; each may otherwise become a breeding ground for mosquitoes.

Singer/researcher Linda Radtke brings music from the Vermont Historical Society archives to the Osher Lifelong Learning Institute of Rutland for a 1:30 p.m. program on Vermont music traditions Friday, September 9, at the Godnick Adult Center, 1 Deer St. For details, call 446-2041 or 492-2300.

The 4th annual Walk to end Alzheimer's starts at Rutland's Main Street Park at 10:00 a.m. Saturday, September 10. All are welcome to take part, regardless of age or ability. Call Mary Lou Morrisette at 747-3426 or (866) 747-7168.

Don Ross's "Stone, Water, Metal" photography precedes SculptFest 11, with the display opening at 4:00 p.m. Saturday, September 10, in the Carving Studio & Sculpture Center, 636 Marble St., West Rutland. The

opening reception begins at 5:00 with the Fine Art Raffle, with drawing at 7:00 p.m. Call 438-2097 for specifics.

The Vermont Dining Train rolls again on Sunday, September 11. You eat a four course meal in an authentic Pullman Dining Car as your train rolls through scenic Vermont countryside. Call 800-292-7245.

Former faculty and staff of Christ the King School are invited to join their current counterparts in celebration of the school's 125th anniversary at an 11:00 a.m. mass Sunday, September 11, followed by a barbeque on the school grounds. Call Betsy Morgan at the CKS main office, 773-0500, to reserve your spot.

Learn to mediate lead paint in a certification class (RRP) through the Home Builders & Remodelers Association of Southern Vermont in an all-day class at FW Webb in Rutland, 30981 Cold River Rd., Tuesday, September 13. The class runs 8:00 a.m. to 4:30 p.m. Call 773-0672 to find out more.

Central Vermont Eye Care hosts the Rutland Region Chamber of Commerce September mixer Tuesday evening at 5:00. Call 773-2747 to learn the details.

Want to help provide the needs of people who are homeless? Meet with service professionals and community members to plan, coordinate and deliver housing and other services. Come to the Rutland City Police Department on Wales Street at noon, Thursday, September 15. Call 775-9286 for details.

Rutland Middle School plans an open house for parents and teachers to meet at 6:00 p.m. Thursday, September 22.

Vermont Rail Systems is asking the town of West Rutland to close Barnes Street to vehicles, with the idea that decreasing the number of available street crossings would help prevent accidents, especially with the train's anticipated speed-up. However, the street connects neighborhoods with the school and

Route 4A; most locals seem to believe that Barnes is not a mere "redundant crossing" but an important part of daily life.

Central Vermont Public Service (NYSE-CV) has purchased Omya's Vermont Marble Power Division, bringing the smaller utility's 875 customers into the CVPS pool. The \$29.25 million buy includes hydroelectric production facilities on Otter Creek and other assets.

Our heartfelt sympathy goes to the Garofano family, losing two family members when a river bank gave way.

Dr. Arabella Bull-Stewart, a physiatrist who helps people recover from serious injury and surgery, has joined the staff of Rutland Regional Medical Center. An osteopath, she is also certified in acupuncture. In addition to working at the hospital, she will work with the Vermont Orthopaedic Spine Clinic and at outpatient rehab locations.

Congratulations to Rachel Ingalls of Rutland who recently graduated with not one, but two bachelor's degrees from Virginia Tech in Blacksburg, VA.

Bring your vocal talents to hospice and other patients in the Rutland area by joining the Trillium chorus, the hospice program of the Rutland Area Visiting Nurse Association & Hospice (RAVNAH). Find out more by calling Nancy Birdsall at 770-1682.

Rutland's annual Harvest Fest will include a birthday party for the original Rutland, encompassing not only Rutland City and Rutland Town but also West Rutland and the southern part of today's Proctor. The celebration of the original town's charter 250 years ago will take place from 11:00 a.m. to 3:00 p.m. Saturday, October 8.

Local doctors Bruce Bullock and Seth Coombs are switching their practice to a "concierge medicine" model, charging annual fees to their whittled down client roster.



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SALE PRICE
\$14.99
SAVE \$6.00

1.75 L



MR. BOSTON LIGHT RUM

SALE PRICE
\$14.59
SAVE \$2.40

1.75 L



MR. BOSTON BLACKBERRY TRAVELER

SALE PRICE
\$7.69
SAVE \$2.30

750 ML



ALLEN'S COFFEE BRANDY

SALE PRICE
\$15.99
SAVE \$4.00

1.75 L



MR. BOSTON COFFEE BRANDY

SALE PRICE
\$6.69
SAVE \$2.30

750 ML



COINTREAU LIQUEUR

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\$29.99
SAVE \$8.00

750 ML



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SAVE \$3.10

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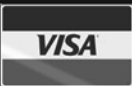
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Ya Can’t Get There From Here

by Johnnie Goldfish

True life mastery is more a function of knowing what to want, than knowing how to get what you want. What? Anyone can get stuff, but it usually takes an old soul to choose that stuff wisely.

The White River Valley Player’s annual Harvest Fair will take place on Saturday, September 10 from 10 a.m. - 4 p.m. on the Rochester Park. This fun filled event includes a full day of live entertainment, the Players’ famous chicken barbecue and all kinds of other food choices. Also there will be crafts, craft demonstrations, children’s activities, displays by local organizations, and the popular flower show on the bandstand. Rain date will be the following day.

The Rochester Public Library has been very fortunate to have a Vermont Associate, Jean Sullivan, work at the library for the past two and a half years. Jean worked diligently for up to 25 hours per week and kept the library running smoothly. She was an invaluable asset to both the public and school libraries. Unfortunately, due to federal budget cuts her position has been lost. Now the library is desperately seeking and recruiting volunteers for both libraries. Anyone who has a few hours they would like to commit to helping their community library is urged to see Jeanette Bair on Tuesday or Thursday afternoons at the Rochester Public Library.

The Federated Church of Rochester and the Women’s Alliance will have the Thrift Shop open on Friday, September 9 from 4:30 p.m. - 6:30 p.m. and on Saturday, September 10 from 9 a.m. - 12 p.m. These are \$2 dollar a bag days.

The Flood Report on Tropical Storm Irene, You Bitch: Pittsfield got wracked, homes were lost, bridges destroyed, the covered bridge at the Riverside Farm was washed away. Route 100 had a ravine like a California mudslide and many homes were lost at the Pittsfield/Stockbridge line. Stockbridge and Route 107 were dev-

astated, the Chalet Village was a disaster, the Town Hall and the Post Office sustained major damage, the bridge at 73 disappeared and too many other horrors happened with the rain that I cannot mention.

When the rain stopped the Vermonters of Route 100 showed their stuff, everybody got outside and started working, anyone who had heavy equipment used it. Joe Desena, with his own equipment and a crew of people, worked around the clock to get people in and out of that area. Greg Martin and Mark Begin attacked the ravine on

“The mud and remnants are still a mess, but we are going to be Okay. A huge thanks to everyone out there.”

route 100 and made that passable, another around the clock effort. The town crews, the ladies groups, friends and visitors stuck here all pitched in. Constables kept it orderly, nobody hoarded, everyone was sharing everything and although the sadness runs deep, you gotta have great respect for the people of the Route 100 area.

The mud and remnants are still a mess, but we are going to be Okay. A huge thanks to everyone out there.

Thought for the Week: “There is no doubt that creativity is the most important human resource of all. Without creativity, there would be no progress, and we would be forever repeating the same patterns.” – Edward de Bono, (Forgot to let politicians know about this.)

Girl Scouts Seek New Participants

The Girl Scouts of the Green and White Mountains seek new members to join their troupes this year. All girls between the ages of 5-17 are encouraged to sign up.

Girl Scouts of the Green and White Mountains offers more than 100 programs for girls; registration is \$12 a year. Through Girl Scouting, girls discover themselves and their values, connect with others and take action to make the world a better place. They have a blast, make friends and have exciting experiences in leadership development programs.

The Girl Scouts are also looking for adults to volunteer. Adults will receive training and learn marketable skills, make new friends and make a difference in girls’ lives.

Girl Scouts of the Green and White Mountains serves more than 15,000 girls in New Hampshire and Vermont, thanks to the 5,100 trained and dedicated volunteers. See www.girlscoutsgwm.org or call 888-474-9686 for more information.

Tractor Raffle to Benefit Local Schools

Rutland Catholic Schools will hold its second annual Tractor Raffle this year. Proceeds will benefit both Christ the King School and Mount St. Joseph Academy. Last year the raffle yielded \$46,000; this year they are aiming to meet or exceed this amount.

The raffles top prize is a John Deere 1023E Tractor with two attachments: Frontier GM 1060E Grooming Mower & John Deere D120 Front Loader or \$12,000 in cash. Additionally, one lucky participant will walk away with \$500 and two will be drawn for the \$250 prize. Raffle tickets will be sold for \$50 each and donations are tax deductible.

The raffle will be held at the Christ the King School Spaghetti Dinner on October 22, 2011.



Recent copper thefts present severe risks

These tips from CVPS are part of a year-long series to educate Vermonters about electrical safety and hazards. **SEPTEMBER 2011**

The Vermont State Police, Vermont Department of Public Service and utilities across the state are warning of the dangers of copper theft after a wave of incidents.

Thieves have cut copper ground wires in numerous electrical substations and stolen ground wires right off utility poles – putting their lives and the electric grid at risk.

These thefts are extremely dangerous – potentially lethal – and pose hazards for utility workers, increased costs for utility repairs, and loss of electrical service for customers. Nationally, several people are killed each year as they attempt to steal copper from electric utility fences and equipment.

If you see anything

suspicious around utility substations or other electrical equipment, please call the Vermont State Police or your local law enforcement agency. Utility vehicles are clearly marked, and we ask that customers report non-utility vehicles or other suspicious activities promptly.

CVPS also asks that scrap dealers report any suspicious attempts to sell copper electric wire.

The potential impact of copper thefts at electrical substations to Vermonters includes power outages, compromised communications, and delayed emergency services; notwithstanding the cost for labor and materials to replace stolen copper which could ultimately be passed on to the consumers.

For more safety tips, visit www.cvps.com/safety, and be sure to check out our newsletter, Keeping Current, which comes with your bill each month, for more from CVPS.



Proctor Place



by Stacy Bates

There was an organized effort this past Saturday by Proctor residents to help those in need by cleaning up and assessing damages or providing information. If you have cleaning supplies you would like to donate to the effort call Shannon Maass at 459-3585, or drop them at the collection site at Proctor Elementary. The Proctor Youth Group is also conducting a food drive and if you would like to help contact Nate Blanchard from the Union Church of Proctor at 459-3624. Monetary donations to help residents can be sent to Proctor Community Concerns Council, C/O Muriel Sedegren, 18 Curry Street, Proctor, VT 05765.

The Proctor Elementary School is supporting a food drive for the Proctor/Pittsford Food Shelf. There will be a box set up in the entry way of the school for donations of non-perishable items for the week of September 6th. Suggested items include canned goods, paper products, boxed foods, pet food, laundry detergent, pet food and batteries.

Proctor Elementary is holding a "Meet the Teacher Night" (preferably without the kids) on the evening of September 14 at 6:30 p.m. This is a great opportunity for teacher to highlight to parents what areas will be covered this year and to discuss how they can work together to meet the goals set for the kids. Librarian, Donna Smyth would like to remind everyone the library is still collecting used toner and ink cartridges. These can be brought in any time.

The school board meeting minutes for August 9 were recently released for publication. Here are some highlights. Audrey Tilden was offered a letter of intent for the library aide position and the board accepted it. The board came out of executive session later and presented the fall coaching contracts. Tom Valach and John Ojala,

varsity girls soccer co-coaches; Chad Eugair, Junior High girls soccer coach; Tim Clain, Junior High boys soccer coach; and Kevin Ratti, varsity boys soccer coach.

Jesse Safran, Technology Director at RCSU, presented the board with a quote for the air conditioning in the server room at the Elementary School. Jesse spoke on the quote. It was decided to table the air conditioning until more information is obtained. Superintendent Taylor wanted to thank Jesse for all the work that he has done for the Supervisory Union. Lloyd Hughes agreed and told Jesse that he was sorry to see him leave. There are currently 19 applications to fill Jesse's position. They are currently in the initial screening stages and Jesse will be staying on to assist during the transition period. Safran has received only one bid for the wireless network. Mary made a motion to award the quote to Cellular Specialties for \$27505.40 for PHS and \$26338.70 for PES. The motion passed unanimously. Safran would also like to add a smart board for PHS for approximately \$3400 to be installed in the science department to be paid for by Tech funds. Don made a motion to get another smart board for the PHS science department. Art seconded the motion. Mary stated that the funding could come from PFP funds other than the Tech fund. The motion passed for purchase of a smart board with funding sources to be looked at.

A reminder that the Proctor Free Library is holding its 130th birthday celebration on September 17 from 1:00-3:00pm at 4 Main Street, Proctor. The library board of trustees will host a trip down memory lane starting in 1881. Bring your library stories and memories to share with family and friends. There will be refreshments and a library trivia contest.

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The Mountain Times

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ARIES: March 21 – April 20: The greater part of you is totally OK with this; unfortunately your ego can't handle it – at least not now. For some reason you can't accept the fact that you of all people have been sidelined, overlooked, exploited, and/or completely sideswiped by recent events. The one who is always Number One isn't alright with this at all. Instead of blaming people or life for what you created you might want to look at how this could change if you could get over yourself and forgive, or at least come to terms with the fact that this would be no big deal if you weren't so fringing touchy.

TAURUS: April 21 – May 20: They say it ain't over till the Fat Lady Sings. I don't know where she's at but this isn't over yet. If you're the patient sort you'll be OK with it and find out soon enough that you are free to go ahead with your plans. If you are in any way resistant to the fact that the game is stalled, called off, or postponed until everyone pulls themselves together, you're going to have a hard time with this state of affairs. If I were in your shoes I'd look at calling a few things off, hold your horses and get with the program because, like it or not, everything will happen in its own sweet time.

GEMINI: May 21 – June 20: You need to start thinking about paying off a few debts. It's not the financial debts that matter so much right now; this is more about the debts that come up in the give and take that goes on between us, our friends, and the ones we love. For whatever reason, you've got to look at all the support you've gotten and find a way to acknowledge the ones who have been there for you. If it takes more than a word or two you need to remember; we get what we give; and when we give all that we have, we give to ourselves. Open up and give. Trust me, this is how it works.

CANCER: June 21 – July 20: You've got it made in a lot of ways. It's always at times like this that something comes along to pull the rug out. What just happened made you think more about how having it made can keep you stuck; and the definition of that state depends on where you're at with yourself at any given time. It also is entirely subject to outer conditions that at this point, are in a state of flux. Whatever you're holding on to is only worth the energy you give to it. You can keep feeding this fi e but it might work out better to take a spark from it and go off and build a new one.

LEO: July 21 – August 20: You've got to be able to distinguish between what goes on in your head and what's going on out there. It seems to me that there is a big gap separating the two. In order for you to pull everything together you need to be in a unified place with yourself right now. Before you decide to go off the deep end, or take any kind of risk with your future, give yourself a few minutes to see if your goals and desires have anything to do with the person who has to live with them. Not to freak you out, or keep you from being spontaneous, but let the level-headed you handle this one.

VIRGO: August 21 – September 20: Someone once said, you don't always get what you want. If this is what you need then it's time to get with the program. So far you aren't too enthused about where things are going; even so, the bigger part of you knows that there's a reason for what may turn out to be nothing more than a delay. Do your best to steer clear of the tendency to try to make it all OK. The imperfections in your current situation are teaching you a great deal. Know enough to forgive yourself for not always knowing exactly what to do and let the way things are show you how to proceed.

LIBRA: September 21 – October 20: Watching someone else go through a difficult process is like going through it yourself. This is a tough one and even though the bigger part of you is done with it, you've got no choice but to hang in until the healing is complete. By the time the seasons change you'll be able to disconnect and move forward with plans that are already in your head. The stress of the last few years has shown you too much about what's really important for you to want to stick around and uphold anything in your life that doesn't reflect the newfound desire to be true to yourself.

SCORPIO: October 21 – November 20: Pushing your luck always comes at a time when it's running out. You haven't got any more tricks up your sleeve and you're at a point where you've got nothing to lose. In a way there's something liberating about all of this because it's given you the freedom to try anything. It's also helped you to see that there's always a way out. Keep the faith. At times when very little seems to exist within the realm of possibility, an opening occurs that allows other factors to enter in and serve as the saving grace or the solution to things that didn't seem to have an answer.

SAGITTARIUS: November 21 – December 20: You can't let yourself go crazy wondering what people are going to do next. You act like you're in high school for Pete's sake. Playing cat-and-mouse games, or planning strategies that you hope will entice others to do your bidding won't work to attract whatever you're trying to manifest. A little honesty and some straight forward conversation is what's needed here. But before you can do that you'll need to get real about what you really want out of this. It isn't what you think. Pull yourself together and get to the bottom of your true reason for being here.

CAPRICORN: December 21 – January 20: Issues of a personal nature are simmering in the background and you seem to be torn between wondering how to take care of them when 90% of your energy is caught up in the need to make ends meet. There was a time when life went a little easier. If you recall you weren't as caught up in the system in those days and everything went just fine. Cutting back on your duties may be the only way to find some middle ground, and/or your sanity. Check in with yourself long enough to see how much of this is necessary and how much of it is sabotaging your peace of mind.

AQUARIUS: January 21 – February 20: The way things are going you're not sure you can keep up with whatever the demand involves. It's as if you've had it with trying to prove yourself. Spending this much energy trying to figure out what it will take to be seen for what you are has to make you wonder why it's never enough. Stop the madness! This, along with enigmas in the relationship area might call you to review everything and look at the extent to which other people's exaggerated expectations have sucked up not just your energy, but much of what keeps your spirit in touch with its purpose.

PISCES: February 21 – March 20: You can't take this too seriously. Instead of going nuts trying to get other people to see it your way, let it go and give them time to figure it out for themselves. If you're wondering which way they'll turn, does it have to matter that much? You've been around long enough to know that things work better when we have no investment in the outcome. At the same time you've been told that focused intentions can get you anything. Between the two you're about to learn that nothing works if it isn't in our best interests. Relax and let life magnify your intent.

Mother of the Skye

Mother of the Skye has 30 years of experience as an astrologer and tarot consultant. She may be reached by email to cal.garrison@gmail.com



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View From Ludlow

by Ralph Pace

Ludlow Begins Recovery From Irene



Shaws is open for business in a tent stocked with food and supplies for the community.

It was a savage blow to Ludlow but the people of Ludlow showed the strength to strike back at the flood created by Irene by just deciding that they could overcome the devastation Irene leveled at them.

While the adage “that you can’t get there from here” may have been true for the first several days after Irene slammed into the area, the town demonstrated that it was only an adage. With quick responses from both the public and private sectors, washed out main roads were quickly refilled to permit traffic. Not every washout has been corrected but the most important ones, including some key bridge fixes, have been made safe to traffic. Even the horrific washout at the corner of Andover (Rte 100) and Main Street was filled by week’s end.

The businesses in the Shaws mall, off Main Street, key to the food, medical, and banking needs of the town, were severely flooded. But, exactly one week following the storm, Shaws, itself, has demonstrated that it intends to restore business. They erected a tent this past Saturday with appropriate shelving and restocked it that same day. By 7 AM on the following day, they were open for business, supplying area residents with all the basic food needs.

At the same time, the Rite-Aid drug store announced that it, too, would be reopening in the mall in the following week so that the medical needs of the community could be served.

Peoples United Bank never missed a step. Even as workers were busy stripping wall boards from

the inside of the bank, the tellers were still helping people with their banking needs. Peoples intends to bring in a temporary trailer to house the bank while renovation work is going on in the corner banking facility at the mall.

Further down Main Street, businesses on the river side of Main Street, those hardest hit by the flooding, were in the process of cleaning up the mud and debris from Irene. Some even managed to reopen. Unfortunately, Sams Restaurant, further down Main Street, suffered very severe damage and will be closed for a while. The same appears to true for Panarello’s. Subway, which was hit by the flood, was closed for several days but managed to reopen for the weekend.

Ludlow Continued on Page 19

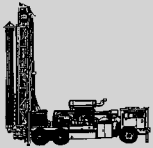
“Throughout all of these disasters, area folks still retained an air of sanity and humor, as difficult as it was sometimes to find anything to smile about.”

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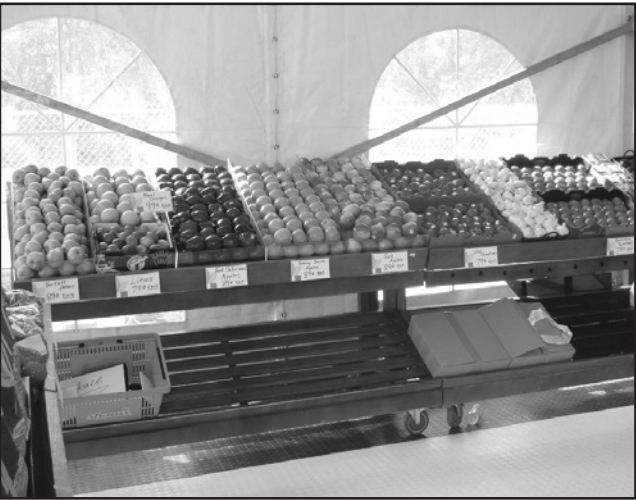
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Ludlow

continued from page 18



The Ludlow Transfer Station changed its hours and remained open every day to help residents and businesses get rid of destroyed items. The station dropped cancelled all fees for dumping in an effort to help everyone.

One of the fascinating aspects of the response to Irene was how everyone used the Internet, particularly FaceBook and local blogs, to keep everyone informed of road status, store openings, help needed and offered, and answering questions from both local folks and second home owners wondering about the conditions of their properties. In particular, the FaceBook group called “Rebuild Okemo Valley” was heavily used.

During the week Ludlow had visits from the Governor, US Senator and Congressman, lots of help from the National Guard, the Salvation Army, and just a lot of people willing to help.

Perhaps the best way to exhibit this spirit was offered by DJ’s Restaurant, a local favorite dining spot. For two successive nights, DJ’s opened its door to everyone for free dinners. At a time when many lacked the ability to prepare a meal, this was a tremendously helpful and charitable effort on DJ’s part. Even the waiters and waitresses turned over all their tips to Black River Good Neighbors (BRGN) to aid to a voluntary fund raising effort.

Not everyone has recovered from Irene. The folks living on Meadow Street that borders the Black River have endured cellar and first floor flooding of the first magnitude. People with homes in the lake areas suffered horrendous damage, some amounting to

Above and Left: Inside the Shaw’s tent

total losses. In the long term, probably the biggest expense to Ludlow will be repairing the sewage processing plant that saw all of its electronic controls wiped out. Currently, they have restored the chlorination function at the plant.

Over in Cavendish, while Proctorsville Village suffered some damage, especially in the Depot Street area, it was Cavendish Village that saw the greatest damage. Currently, Cavendish is restoring public water but saw parts of Rte 131 washed out so that it had no contact with its neighbor, Weathersfield.

Plymouth has just had partially traffic into it restored. Black River Good Neighbors has become the official site for fund raising to support renovation and recovery efforts by area residents and property owners. Donations may be made via its web site, www.brgn.org, via mail to BRGN, 37 B Main Street, Ludlow, VT 05149, or by simply coming into BRGN.

LPCTV has also been named the official archivist for all photos and videos related to Irene in the area. If you have photos and/or videos of Irene that you wish to share for historical uses, please send them to LPCTV, c/o 2011 Flood Archives, 43 Main Street, Ludlow, VT 05149.

Throughout all of these disasters, area folks still retained an air of sanity and humor, as difficult as it was sometimes to find anything to smile about. The Cavendish Players continued with their latest play, updated for the recent Irene impact, this past Saturday. FOLA (Friends of Ludlow Auditorium) continued showing its “1st Thursday” movie, “Chariots of Fire”, and the Ludlow 250 planning committee still met to finalize plans for the 250th birthday bash in Ludlow on September 16 and 17. The road to full recovery from Irene will long, tedious, and expensive; but, based on the first week’s experience, it will be achieved.

All things considered, Irene had the unintended consequence of demonstrating just how close and determined the people of the area were – and are – in keeping their communities together and ensuring that everyone in them receives whatever help they may need to restored their property and lives back to normal.

As a personal note, I have lived in a wide variety of places all over this globe but I have never experienced the communal strength and determination that I have seen in the response to this disaster. It’s a privilege to live in Ludlow.

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Home&Garden

Are High-Efficiency Windows a Good Investment?

by Kathleen

Question: I'd love to replace all my windows with energy-efficient ones, but I've seen conflicting information about them being worth the price. Do they do a good job or not? I've got to do something about my high heat bills and drafty rooms before winter!

Answer: Properly installed, high-quality energy-efficient windows do a great job of reducing winter drafts and increasing comfort. But the payback period, from energy savings, on the cost of these replacement windows is long. So it's generally not advisable to replace windows for money-saving reasons alone.

The best way to cut energy costs and reduce drafts is to take a whole-house view, with a focus on sealing air leaks and seeing that you have sufficient insulation. We recommend a certified Home Performance with an Energy Star® contractor specially trained to take this comprehensive analysis to find the causes of high energy bills and uncomfortable rooms. These contractors can then perform the work you decide to have done. Efficiency Vermont offers up to \$2,500 for energy-saving

home improvements that have been completed by a qualified contractor.

One of the things these contractors can do is to help determine if window replacement makes financial sense for you. You see, the cost-effective time to buy a high-performance window is when you need to replace a nonfunctional or damaged window or when you need a window where one has never been, like in a new house or an addition. But if you've got windows that work, you're usually better off, cost-wise, improving them than replacing them.

And that's pretty easily done: Repair any cracked panes and glazing, run a bead of caulk around window frames, and use side-mount sash locks to hold windows firmly in place. Block drafts through sash-weight pulley openings by using pulley seals. Use inexpensive window weatherization kits, available at hardware stores. If you have storm windows, use them in the winter. If not, look into well-installed, low-E storm windows.

Thanks for bringing up a topic that a lot of Vermonters have asked about!



Patching the Lawn: September Gardening Tips

by Charlie Nardozi, Horticulturist and Leonard Perry, UVM Extension Horticulturist

Patching bare spots in the lawn, planting garlic and rooting flower cuttings are some of the gardening activities typical for September.

Early fall is a good time to patch bare spots in your lawn -- the cooler temperatures encourage good germination and root growth. Weeds aren't germinating then either to compete. Prepare the area by raking thoroughly, loosening the topsoil if it is compacted, then adding a thin layer of compost or topsoil. Cover newly seeded areas with row covers or a light scattering of straw to keep birds from eating the seed, and keep it well watered.

As long as lawns are growing, keep mowing. With the cooler days later in the fall, grass will remain vigorous, especially if there is rain. As during the summer, don't mow when grass is wet, if possible. This ensures a better cut, avoids clumps of wet grass and is easier on your mower. The end of September or whenever you expect to be the last mowing; mow slightly lower. This avoids tall grass over winter, which mats down and can lead to disease in spring.

Later this month and into next is garlic planting time. Don't plant garlic from the grocery store, because it may have been treated to prevent sprouting, and it may not be adapted to your growing region. Place orders now for garlic for planting this fall, or buy when available at your local garden or feed store. Plan to plant your garlic shortly after the first hard frost -- this will allow the garlic enough time to develop strong roots before winter. Make a note to cover later in fall with a light layer of straw mulch.

Root cuttings of some flowers such as coleus, geranium

and thicker-stemmed herbs, such as sage, ought to be brought indoors over the winter. Cut a 3-inch section of stem, remove the bottom half or two thirds of the leaves, and place in moist soilless mix, vermiculite, or sand. Place the entire container in a loosely tied plastic bag to maintain humidity. Other flowers and herbs can be dug, potted, and kept indoors in a bright area to extend their life well into fall.

Begin preparing houseplants for the move indoors. If possible, acclimate them over the course of a few weeks to the dryer, warmer, darker indoor conditions by placing them in a transition area such as a porch. Inspect plants for pests before bringing them indoors. Now, too, is a good time to repot if needed, using a houseplant potting soil, not regular garden soil.

Avoid pruning woody plants and roses now; it will encourage a flush of new growth that may be damaged by the upcoming cold temperatures. Instead, wait until late winter or early spring to prune most trees and shrubs. Exceptions to this rule are spring-blooming shrubs, such as lilacs and azaleas, which should be pruned in spring after flowering. You can prune off branches that break in the wind or from other causes.

Continue harvesting warm season crops of beans, peppers, and tomatoes, and be prepared to cover the plants in case an early frost threatens. If covered, these heat-loving plants may survive a light frost. Use floating row covers, which are designed to hold the heat in, or take your chances covering plants with old sheets, cardboard boxes, or whatever else you can find. Extend the covers to the ground. Once done, or plants die from frost, clean the garden.

ASK THE HOME TEAM

Efficiency Vermont's home energy experts

Worth Replacing CFL with LED?

by Li Ling

Question: We've had CFLs in our house for years. They're great, but now I'm hearing that LED lights are even better (run cheaper, last longer.) I also hear LEDs are expensive to buy. I can't see getting rid of CFLs that are working fine. What do you folks think? Is it worth replacing all our CFLs with LEDs?

Answer: Probably not just yet. It makes better financial sense to wait until you need a bulb for a new lamp or until you're replacing a burned-out CFL (compact fluorescent light.) That's because the current purchase price is high for LEDs (light-emitting diodes.) When you already need to buy a bulb, you'll only be paying for the difference between the cost of the LED and the cost of the CFL you would have bought.

LEDs are likely to get less expensive over time, as is the case with so many new technologies. I'm looking forward to the price going down because you're right: They save more energy and last longer than CFLs. For example, if you want as much light as an old 60-watt incandescent bulb, an LED version will use about 20% less energy than a CFL giving the same amount of light.

If you're ready to buy LEDs, be aware that the quality of different brands varies widely. That situation is likely to improve in time too. It's already easy to find quality LEDs by looking for the Energy Star® label. Efficiency Vermont currently offers rebates for qualified LED lighting.

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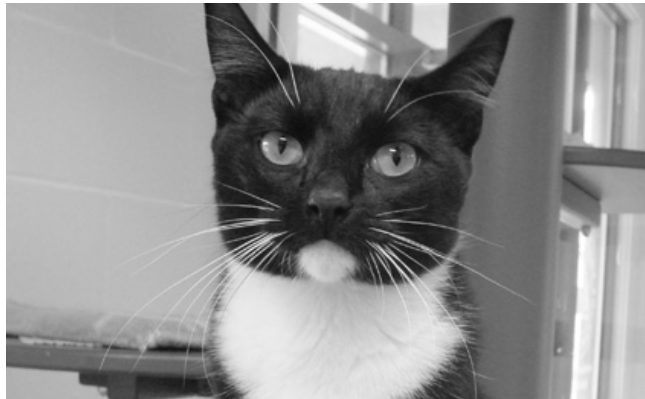
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Paws & Claws

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Cat-in-the-Hat says..."we've got Black cats, Fat cats, Singleton cats, Long-haired cats, former Mom cats, cats coming out of our ears!" Find the one that's right for you! The Rutland County Humane Society (RCHS) welcomes the Cat-in-the-Hat. He will be joining us for our "Crazy Cat Clearance" September 14 - 18 at the RCHS shelter on Stevens Road in Pittsford. We hope to see you, too, for a Cat-tastic week as we find homes for 50 adult cats (1 year old or older) in 5 days at \$5 each! The shelter will be open extended hours: 11 AM - 6 PM for visiting and adoptions. Help us help the more than 120 adult cats that have come into the shelter this summer!

Lucy Mackenzie Pet Feature



Hi! My name is Cammy. I'm a 2 year old spayed female cat and was brought to Lucy Mackenzie as a stray. I would make a great companion for an individual or family looking for a loving, playful "lap" cat. I love humans and would very much like to be an only cat please. If you would like to meet me or any of the other animals at Lucy Mac, please stop in! We're located at 4832 Route 44 in West Windsor, VT and open to the public Tuesday through Saturday, 12 - 4 PM. You can reach us at 802-484-LUCY(5829) or visit us at www.lucymac.org. We hope to see you soon!

PET PERSONALS

MELODY – 2-year-old. Spayed Female. Domestic Short Hair Torbie. Like a song, I am a sweet melody. I arrived at the shelter after my owner wasn't able to take care of me. I have never been outside so I love the great indoors.

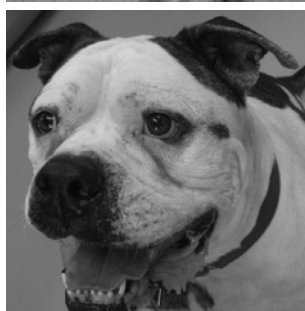
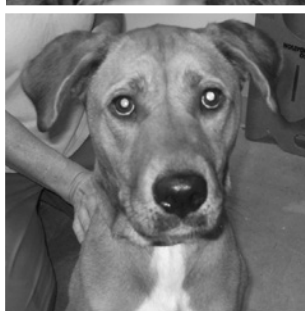
DIXIE DOODLE – 2-year-old. Spayed Female. Labrador Retriever mix. I'm an adorable gal who enjoys being with people. I know "sit" and "drop" and I'm pretty smart so I think I could learn more tricks if you have the time to teach me.

RASCAL – 1-year-old. Spayed Female. Domestic Short Hair Gray Tiger. I am a small lady who ended up here at the shelter after my owner wasn't able to keep me. I love my name but honestly I am a good girl and I try to stay out of trouble so I'm not sure why they call me this.

HERCULES – 6-year-old. Neutered Male. American Bulldog. I'm a handsome, big boy who is an all around nice dog! I know how to Sit and would like to learn more tricks! I'm looking for a home with lots of room for me to stretch out and relax!

SOLO – 3-year-old. Spayed Female. Domestic Long Hair Tiger. Well, I came in by myself, so maybe that's how I got my name. I do have a pretty meow so if you adopt me I can sing you a song. I was a little stray and with my size, I wasn't built for the street life.

MARTY – 5-year-old. Neutered Male. German Shepherd mix. I'm a slow moving fella who enjoys being with people. I'm an overweight guy who is looking for a home where I can be on a diet and get lots of exercise - slow, long walks sound good to me!



PORKIE – 1-year-old. Spayed Female. Guinea Pig. I came to the shelter on August 17 after my family decided that they just didn't have the time to give me or my sister, Cookie Dough. We are great companions and would love to stay together.

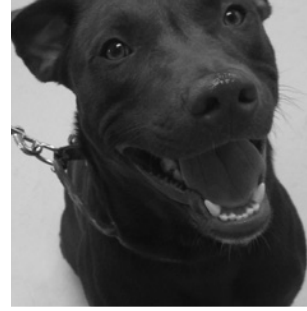
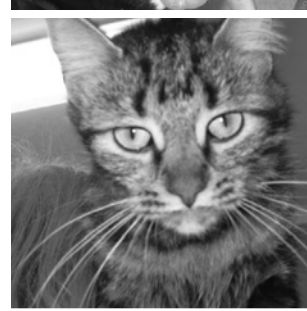
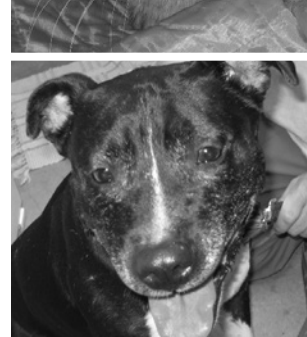
PAWLEENA – 1-year-old. Spayed Female. Domestic Medium Hair Black & Gold Tiger. I am a petite little lady who came into the shelter with all of my babies. They are growing up so now I am looking forward to my time to relax and enjoy a home.

LULU – 3-year-old. Spayed Female. Boxer mix. I'm all wiggles and I can catch a ball like nobody's business! I am nicely housetrained, know "sit" and love to retrieve a ball; a great way to keep me exercised!

HICCUP – 2-year-old. Spayed Female. Domestic Long Hair Black Tiger. Well I guess ending up in the shelter is a hiccup in my life but I don't plan to be here long. You see, I was a stray, and well, that was another hiccup.

OLLIE – 3-year-old. Neutered Male. Terrier mix. I'm an adorable, fluffy guy who already knows how to Sit! I take a little while to warm up to new people but once I get to know you I'll be your best friend.

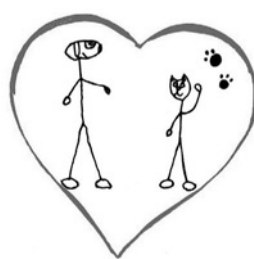
ZEUS – 1-year-old. Neutered Male. Labrador Retriever mix. I'm a happy, handsome guy who enjoys being with people. I like playing with toys and am an energetic young fella. I could use some work with basic manners like walking nicely on a leash.



All of these pets are available for adoption at
Rutland County Humane Society
765 Stevens Road, Pittsford, VT • (802) 483-6700
Wed.-Sun. from 12 - 5 pm and closed on Mon. & Tue. • www.rchsvt.org

Vermont Spay Neuter Incentive Program

Applications for VT residents to receive VSNIP vouchers with which to have cats and dogs neutered at a reduced rate can be found at participating vet offices, town clerks, social service agencies, or by sending a #10 self-addressed 44¢ stamped envelope to:



VSNIP, PO Box 95, Bridgewater, VT 05034.
Or, download and print forms from the VT Agency of Agriculture website:
www.vermontagriculture.com.
(Go to forms/applications, scroll to VSNIP, and print the 3 highlighted forms.)
For assistance, call 1-877-867-1424



Catamount Pet Supply Company, inc.

Grooming available by appointment

296 U.S. Route 4 East
Rutland Town, VT 05701
802-773-7642
Open M-F 10:00 to 6:30
& Sat. 10-5

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We're here for you and your pets
24 hours a day, 365 days a year

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AND SURGICAL CENTER

Doctor Rob Macpherson • Doctor Robin Crossman • Doctor Patricia Hannegan • Doctor Heidi Homuth

90 East Pittsford Rd., Rutland (2 miles N. of Rt. 7 & Rt. 4)
773-2779 • www.rutlandvet.com

The Classifieds

REAL ESTATE

KILLINGTON - TIMESHARE - MUST SELL. Killington Grand Hotel - Studio/1 full bath. Golf course views. Enjoy 13 weeks to use, rent, or trade at RCI resorts. Restaurant, pool, spa, fitness center, mini-market + more on site. Skiing is just across the sky bridge. \$10,000. 802-746-8149. 33/36

\$89,000 SKI-IN/SKI-OUT 1 bdrm unit at Pico Resort. Fully furnished & equipped. Contact owner direct, 212-829-5600.31/39

LAND FOR SALE: Improved building lot in Killington neighborhood with ski home benefits. Views. Call 802-422-9500. TFN

10+ ACRE LOTS, one minute from the Killington Skyeship. Inground septic. Call 802-422-4267. TFN

KILLINGTON HOLIDAY REAL ESTATE. 1967 Route 4, Killington. 802-773-8800. 888-599-8800. www.killingtonholiday.com TFN

KILLINGTON VALLEY REAL ESTATE PO BOX 236, 2281 Killington Road Killington, VT 05751. 802-422-3610 or 1-800-833-KVRE. E-mail: kvre@vermontel.net TFN

LOUISE HARRISON Real Estate, 38 Rt. 4E, Mendon, 05701. 802-775-9999. 800-483-6801. Sales & rentals. Visit our website: www.LouiseHarrison.com TFN

ERA MOUNTAIN Real Estate - visit our website www.killingtonvermontrealestate.com or call one of our real estate experts for all of your real estate needs including **SHORT TERM & LONG TERM RENTALS & SALES.**TFN

PRESTIGE REAL ESTATE OF KILLINGTON, 2922 Killington Rd. We specialize in the listing & sales of Killington Condos, Homes, & Land. Call us toll free at 800-398-3680 or locally at 802-422-3923. Visit our website at www.prestigekillington.com. TFN

SKI COUNTRY REAL ESTATE, 335 Killington Rd, Killington, VT 05751 802-775-5111, 800-877-5111. www.SkiCountryRealEstate.com 12 agents to service: Killington, Bridgewater, Mendon, Pittsfield, Plymouth, Rochester, Stockbridge & Woodstock areas. Sales & Winter Seasonal Rentals. Open 7 days/wk, 9am-5pm.TFN

PEAK PROPERTY REAL ESTATE, 505 Killington Rd., Killington. VTproperties.net. 802-775-1700, 802-353-1604. Marni@peakpropertyrealestate.com. Specializing in homes/condos/land/commercial/investments/winter rentals. Representing sellers & buyers all over Central Vt. TFN

LONG TERM RENTALS

Poultney Small 2 bedroom, 1 full bathroom, furnished house. Available now through end of May 2012. \$675 monthly includes heat. Perfect for someone needing to commute to Rutland area for the winter. North End of Lake St. Catherine location. Call Mary Jo at 802-287-5836 36/37

Small room in Quiet home in Mendon with pets. No Smokers. No Fragrance. References required. 6 months for \$3000 plus \$100 plowing and \$250 Sec dep. Will do month to month but 2 mos rent ahead required. Garage space available for one vehicle-\$50PM. 802-747-9944, Twowindbags@aol.com 36/36

KILLINGTON Year Round Rental 1 bdrm, good location, very low utils, 781-749-5873, or 802-422-4157 or toughfl@aol.com 35/38

PITTSFIELD YEAR-ROUND 3 bdrm, 1.5 bath, stone fireplace w/ gas insert, new kitchen, granite countertop, w/d, yard. 746-8149. 33/36

UNFURNISHED KILLINGTON APARTMENT Year-round rental in a quiet 2-family house. 2 People \$850/month. References. Call Judy 422-3610 x 202.22/TFN

SKI HOUSE for rent, great location, duplex, 3 br, 1.5 bath. \$950/mo + utils + deposit. 802-683-6302. 31/TFN

SEASONAL RENTALS/SHARES

SKI HOUSE for rent, great location, duplex, 3 br, 1.5 bath, sleeps 8. \$7900 + utils + deposit. 802-683-6302. 31/TFN

BRADENTON, FLORIDA 1 BR condo. Newly renovated and furnished. 55+ community. Pool, golf league, central to great activities. Monthly \$625 + utilities. 802-775-5234, pop32737@yahoo.com 33/36

4BDRM, 4 BATH, 3 story townhouse off Access Rd. Large fireplace, unlimited wood. Garbage removal/ plowing included. Walk to nightclubs & restaurants. \$12,500/6 mos. 802-282-3543. 33/TFN

4 BDRM, 2 BATH, fireplace, outside hot tub, 1 mile to Skyeship, available full season or alternating weeks. \$10,000/season + utilities. Jack, 212-242-2878, gotbittersweet@yahoo.com34/47

HOMES available by the week-end, week or month, in Killington & Chittenden. Sleeping 2 to 24. Call Louise Harrison Real Estate 802-775-9999 or visit www.louiseharrison.com. TFN

BUSINESS OPPORTUNITIES

Commercial space for rent, Rutland City, 6800 sq. ft., great retail location with warehouse, \$1500/month, call 802-417-4144. 36/37

2 STORES at Killington Mall on Access Rd. for rent. Store 1: 2600+ sq ft (old t-shirt shop). Store 2: 4300+ sq ft (old ski shop). Both locations are 2 floors. Call owner Ron Viccari for details @ 800-694-2250 or cell 914-217-4390. 34/41

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YOUR NEW or growing business in Vermont. We have a wide range of affordable business space minutes from Killington and Okemo. Short term office incubator space; professional office space of all sizes; 1,000-5,000 sq. ft. prime retail. Many spots ready for immediate occupancy, or we'll build to suit. Call today for a free consultation. MKF Properties. A local business family since 1879. Phone: 802-747-0527 ext. 12. 39/TFN

OFFICE SPACE FOR RENT 500 square feet of affordable office space with private bath. In active complex on Route 4 in Killington. Call Jeff @ Roaring Brook Constructors 786-5200 or Walter @ ERA Mountain Real Estate 775-0340. TFN

1860 SQ. FT. of gorgeous office space available in Base Camp Outfitters building at bottom of Killington Rd. Call 802-775-0166 or stop by. TFN

TAG SALES

TAG SALE 5161 Rte 4 MENDON, next to Mendon Square Cottage, just after Old Turnpike Rd. coming from rutland or killington/pico motor inn. TFN

FOR SALE

TIRES: 4 Great condition. 215/55R16 M+S. Cooper Touring CS 4. Treadware 560, Traction A, Temp A. Asking \$180. 802-422-3642.

MATTRESS SETS - All Brand NEW in plastic with warranties. Sell \$150-625. Twin, full, queen, king sizes, many different models. Beth 802-735-3431. 26/TFN

Kitchen Cabinets - all solid wood new in boxes. Many styles. Wholesale direct pricing, save 50-60% off retail. Beth 802-735-3431. 36/TFN

FIREWOOD: Green & dry. Call 802-672-4690. TFN

FIREWOOD FOR SALE. We stack. 672-3719. 02/TFN

SERVICES

MOBILE HOME PARTS/ Repairs, demos, skirting, blue board, steel, remodeling, leveling. 342-6715. 34/36

HOURS AVAILABLE for cleaning your home or business. Call 779-7708, ask for Nancy.25/TFN

SUSIE-Q'S CLEANING (non-toxic homes-no moldy or extremely dusty ones please). 802-747-9944, twowindbags@aol.com. TFN

HUNDREDS of loving, adoptable animals killed in VT yearly due to over-breeding. Financial assistance for Vermonters on State/Federal assistance programs available. Send self addressed stamped envelope (#10) w/ 58/¢ postage to VSNIP, PO Box 100, Bridgewater, VT 05034. One application per animal needed. For questions call 802-672-5302. TFN

LOST

LOST CAT - a small grey cat lost at the base of Pico Mountain Condos. Very shy & afraid of people. Her name is Suzie. If you see her, please call us at 352-502-9327 or 802-775-5440. We last saw her on June 29th. REWARD.28/TFN

WANTED

NEEDED: FOSTER homes/ permanent homes for kittens. 802-779-6022. 28/TFN

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NEEDED: HOMES for previously free roaming cats. Spayed w/ shots. Outdoor setting w/ barn ok. Indoor foster placement for pregnant females & others. Serious caring inquiries only. 802-674-5007. TFN

EMPLOYMENT

FIVE ELEMENTS SALON and Day Spa is looking for a part-time receptionist (15-20 hrs). Individual must be friendly, organized, and able to multi-task. Please send resume to fiveelements1@myfairpoint.net. 36/37

SALES ASSOCIATE, better ladies clothing, Tuesdays 9-6:30p.m. and every other week-end. Apply in person at Ginger Tree, 45 N. Main St., Rutland, VT. 35

Sales Associate for better ladies clothing store, every Tues 9:30am-6pm and every other weekend. Apply in person at Ginger Tree, Rutland. 36/37

WAITRESS Needed On the Rocs Lounge. Must have transportation. Email resume to ontherocslounge@aol.com or apply in person. 802-422-ROCS.31/TFN

CHOICES RESTAURANT - Waitperson needed to fill a part time position, becoming full time this foliage season and winter. Wine service knowledge required. Email applications at claudeschoices@yahoo.com or call 422-4030, Wed- Sun. from 1:00-6:00. 31/TFN

HELP WANTED. Kitchen help, line cook, dish washer, part-time bartender, wait staff. Apply in person Tuesday thru Thursday Moguls sports pub, 2630 Killington Rd. Must have drivers license and references. 28/TFN

The Mountain Times

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Auto Dealer will arrange low-cost financing even if you have been turned down elsewhere!

Loans available for **BANKRUPT • BAD CREDIT NO CREDIT**

No co-signers needed

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THE MOUNTAIN TOP INN & RESORT

The Mountain Top Inn & Resort (20 minutes from Rutland & Killington) has the following positions available:

- Servers – All shifts
- Banquet Staff
- Overnight Manager – Part Time
- Assistant Dining Room Manager

Candidates must be able to work flexible hours including weekends and evenings, initiate contact with guests, anticipate guest's needs, communicate clearly, and have a professional appearance. Reliable transportation a must. We are looking for the best "hospitality minded" employees. Apply in person at The Mountain Top Inn & Resort, 195 Mountain Top Road, Chittenden, VT 05737.

FULL CHARGE BOOKKEEPER/ACCOUNTING MANAGER: Manage multiple inter-connected companies under one roof, will supervise/train additional staff. Must be able to maintain a high level of confidentiality, have the ability to handle multiple tasks and projects with specific deadlines, possess excellent organizational, interpersonal and prioritization skills and have the ability to work independently with minimal supervision. Will interact and communicate successfully with vendors, staff and clients utilizing outstanding verbal and written communication skills. Experienced in quarterly and year end tax reporting, AP, AR, internal account audits. Software: QuickBooks, MS Office, Outlook. Salary commensurate with experience. Submit resume to leeann@riverside-farmvermont.com. 35/36

The State of Vermont Public Protection Division reminds us that if it sounds too good to be true, then it probably is! If you question the legitimacy of any program or product call The Consumer Assistance Program (CAP) at 800-649-2424.

Waitress Needed

On The Rocs Lounge Must have transportation

Email resume to ontherocslounge@aol.com or apply in person (802) 422.ROCS

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• High Gasoline Volume Due to **PRICE CHOPPER** Fuel Advantage Program

• Large Garage Bays With Store

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• Easy Start-Up Investment

Call Peter Klochaney

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AUCTION



Thursday, September 15 @ 10AM
Inspect & Register from 9AM
39 Kingsley Ave., Rutland, VT

Partial List: Mahogany Duncan Phyfe Style Dining Table & Chairs; Mahogany Side Board; Mahogany Tea Cart & Side Table; Victorian Walnut Oval Top Stand; Mahogany Governor Winthrop Desk; Mahogany Demi Lune Cabinet; Mahogany 3 over 3 Chest of Drawers; Chippendale Style Mirror; Antique Hepplewhite Drop Leaf Table; Mahogany Frame Victorian Mirror; Mahogany Chippendale Style Tall Chest; Maple Step Back Cupboard; Maple Drop Leaf Table w/ 6 Windsor Style Chairs; Victorian Walnut "Turtle" Top Table; William Constable Adam Oil on Board, sll, "Path by the Garden"; Moorcraft Pitcher, Footed Bowl, Vases; Excellent Firth, Hall & Pond Wood Flute; Mettlach Stein, 24", #1739; Cast Iron Dog Door Stop; Banjo Clock; Federal Gilt Mirror w/ Reverse Painted Panel; Brass Jelly Kettle; Sterling Silver Dresser Set; Sterling Silver Flatware; Early Brass & Cased Glass Oil Lamp; Collectible China; Costume Jewelry; Victorian Silverplate; Unusual Art Pottery handled vase or jog; more... **Terms:** Payment Day of Sale, 10% Buyers Premium, other terms at sale.

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RealEstate

Homefix: Abandoned Homes and the Elements

by Dwight Barnett, SHNS

With so many people now upside down on the value of their homes vs. the balance of the mortgage, they are simply walking away and leaving the homes in the care of the lender. A recent report estimates there is now a three-year surplus of homes. That greatly reduces the “new home market,” which cannot compete with the price of an existing home.

With a third-party owner such as a bank, mortgage company or government entity, the abandoned home is shut down to save on maintenance costs. The homes are generally winterized by turning off all utilities, leaving the home to the ravages of the weather.

During the cold winter months, the home becomes a nest for pests looking for a winter’s lodging. Then in the hot, humid summer, the homes are at the mercy of moisture, which feeds mold.

With the doors and windows closed and the air-conditioner turned off, the indoor humidity levels increase, feeding any mold spores that were present -- and all homes have mold spores. The molds need warmth, water and a food source to thrive. A closed house is warm, the summer months are humid and the house itself is the food source.

My advice to any lender, real-estate agent or caretaker is to turn the air-conditioner to at least 78 degrees or place a dehumidifier in the home. This, of course, requires the electricity to be turned on and that is an extra cost added to the declining value of the home.

If you deprive mold of any of its life’s necessities, it will go dormant. Dehumidification by means of the use of an air con-

ditioner is the easiest way to reduce mold growth. Once the home is sold, be careful in choosing a mold-treatment company.

My experience has shown that in 95 percent of the cases, mold-infected items need to be removed from the home, not simply sprayed or treated. The notion of cleaning mold with bleach is untrue and untested. The water content of the bleach only helps feed the mold spores. Molds have roots that go beyond what you see on the surface. Bleach and other spray-on applications simply do not solve the

“The notion of cleaning mold with bleach is untrue and untested. The water content of the bleach only helps feed the mold spores.”

problem. Drywall, wallpaper, ceiling tiles and paneling are easy to remove. Wood studs, floor decking and floor joists can be sanded once the wood has had time to dry. The wood is then sealed with polyurethane or another permanent sealant.

When hiring a mold-remediation company, get three or more references and call those people to see if their work was satisfactory. Make sure the company is insured. The Better Business Bureau is a very good source when checking a contractor’s background. And as always, get three or more estimates to compare.



FOR SALE BY OWNER

- Mountain Home New Construction on 10 acres In Shrewsbury Vt.
- 3 Bdr., 2 1/2 baths
- Starting on inside great time to view this home so you have choices.
- Close to skiing, shopping

Price \$199,000

Call for more information
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LOCATION, LOCATION, LOCATION!



At the crossroads of Vermont, Bill's Country Store has THE best location in the State of Vermont. The main level has 3,000 Sq. Ft. of retail space with walk-in cooler. The basement is the same size with 13' ceilings. There is a large apartment on the 3rd level and additional storage space. The owners encourage reasonable offers. The price has just been lowered to **\$798,000.**



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| <ul style="list-style-type: none">• 2BR+LOFT+DEN+REC RM• Wood burning fireplace- Decks• Paved parking – gas heat - \$339K | <ul style="list-style-type: none">• 3BR/2BA per side, turn-key• Upgraded – wd burning f/places• Open Floor plan \$339K | <ul style="list-style-type: none">• Killington 2BR/2BA + Den• Open floor plan, new appliances• Economical utilities \$240,000 | <ul style="list-style-type: none">• Den+3BA-Cul de sac• Gas f/plc + outdoor hot tub• 2Master Suites, Furnished \$495K |
| HOT TUB & SHUTTLE AREA | ON VAST TRAILS | GREAT TRAIL VIEWS | MOVE-IN CONDITION |
| <ul style="list-style-type: none">• 3BR/2BA—wood burning fplc• Recreation Rm-Laundry-Breezeway• Indoor hot tub building \$399K | <ul style="list-style-type: none">• 3BR, 2.5 Acres-Garage• Radiant Heat-Tweed River• Large out bldg. \$349,900 | <ul style="list-style-type: none">• 3BR, 4BA+den+Mudrm, 3Ac• large kitchen, indoor whirlpool• 2 master suites w/fplaces \$399K | <ul style="list-style-type: none">• 3BR/2BA – 1 Ac- Oil Heat• Outdoor Hot Tub- Pico Views• Community Water Sys \$235K |



Ski In & Out

Pico-Condos (P) \$112-\$118K
Sunrise Condos (P)(T) \$145-\$173K
Sunrise Townhouse (P)(T)
Topridge Townhouse (P)(T)

Ski In / Shuttle Out

Edgemont (P) \$110K
Fall Line (P)(T) \$120-\$138K
Highridge (P) \$180-\$190K
Trail Creek w/loft (P)(T) \$75K
Whiffletree

Shuttle

Mtn Green (Bldg 1 & 2) (P) \$53-\$58K
Mtn Green (Bldg 3) (P) \$59-\$79K
Pinnacle (P)(T) \$99K
The Heights (NEW) w/oversized garage (P)(T)
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Hemlock Ridge (P)(T)
Fox Hollow (P)(T)
Glazebok Townhouse (P)(T)
Colony Club Townhouses (P)(T)
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CONDOMINIUMS

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|---|--|------------------------------|
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| | \$245K \$175-\$180K \$275K \$114K | \$183K |
| | \$85-\$99K | \$119K |
| | \$149K | \$125K |
| | \$148K \$199K | \$169-\$230K \$370-\$400K |
| | \$99-\$135K | \$180K |
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| | \$90K \$325K | \$200K |
| | | \$440K |

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Unharmed by Irene, this charming one-bedroom cabin features new wood flooring, stainless appliances, soapstone counter, new roof, siding, washer/dryer and more - this great little home needs nothing. Please contact Kyle Kershner or visit www.MendonSquare.com for details. **\$65,000.**



Kyle Kershner, Ski Country Real Estate

335 Killington Road, Killington, VT

802-345-8530, kyle@SkiCountryRealEstate.com

See all Killington listings at www.KillingtonPicoHomes.com

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HOMES, LAND & CONDOMINIUM SALES



EDGEMONT CONDOMINIUM Enjoy lovely year-round views from this nicely appointed & furnished 2-level, 3-BR condo w/wood-burning FP. Ski home, winter shuttle bus.
REDUCED TO.....\$198,000 \$160,000



WOW ! Over 2,600 feet of living area on 3 levels in this 3+BR, 3.5 Bath Winterberry Town home. Quality throughout. Great Killington location with views. Private hot tub. Beautifully furnished & appointed.
PRICED TO SELL.....\$425,000



IMMACULATE KILLINGTON HOME 3 BRs, 2 BAs, gourmet kitchen, LR w/large stone FP, private deck, nicely landscaped. Great location, level access.
EXCLUSIVE.....\$325,000



PITTSFIELD CAMP This very accessible 2-BR home borders a brook & is close to VAST snowmobile trails. LR w/vaulted ceilings, new carpet & a VT castings woodstove.
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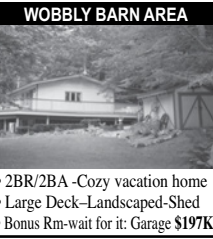
CHARMING CAMP!
• 2BR+loft-1BA- 1 1/2 Ac
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• Expansion Potential **\$129K**



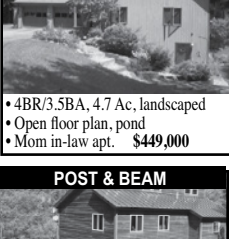
2BEDROOM/2 BATH SUITES
• Indoor hot tub room
• Den with Bath – Mtn Views
• Stone Fireplace **\$390,000**



BETWEEN KILLINGTON & RUTLAND
• 4BR/3BA+LOFT, Rec Rm
• Privacy-Deck-Master Suite
• Cathedral- Efficient- **\$278K**



WOBBLY BARN AREA
• 2BR/2BA -Cozy vacation home
• Large Deck-Landscaped-Shed
• Bonus Rm-wait for it: Garage **\$197K**



POST & BEAM
• 4BR/3.5BA, 4.7 Ac, landscaped
• Open floor plan, pond
• Mom in-law apt. **\$449,000**



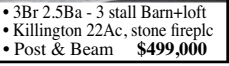
GRIST MILL AREA
• 5BR, 4BA Furnished, A/C
• 9ft ceilings, outdoor hot tub
• 2-car o/sized garage **\$659,900**



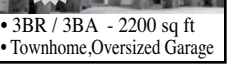
NEXT TO GOLF COURSE
• 4BR/2BA -large Master
• Spacious & Light Kitchen
• Paved Driveway **\$359,000**



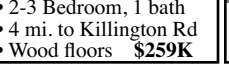
PASSIVE SOLAR GAIN
• 4BR/3BA + 3.5 car garage
• Solar design, loft/den, Paved driveway
• Midway Rutland/Killington - **\$450K**



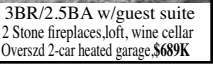
POST & BEAM
• 3Br 2.5Ba - 3 stall Barn+loft
• Killington 22Ac, stone fireplc
• Post & Beam **\$499,000**



New Luxury Town Homes
Starting at \$369,900
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• Townhome, Oversized Garage



LOG HOME
• 2-3 Bedroom, 1 bath
• 4 mi. to Killington Rd
• Wood floors **\$259K**



EXQUISITE RETREAT!
• 3BR/2.5BA w/guest suite
• 2 Stone fireplaces,loft, wine cellar
• Overszd 2-car heated garage **\$689K**



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KILLINGTON OFFERS TEMPORARY HOUSING TO SURROUNDING COMMUNITY.

Killington Resort is offering temporary housing at the Killington Grand Resort Hotel for local residents in Killington, Pittsfield, Bridgewater and Mendon (Wheelerville Road and East) who either lost their home or their home is deemed uninhabitable due to damage from tropical storm Irene, for up to one week.

Residents in need of temporary housing should go directly the Killington Grand Resort Hotel and check in at the front desk, reservations are not required.



KILLINGTON.COM
800.621.MTNS

Business in the Path of Disaster

by Royal Barnard

September 3, 2011

Although we had serious damage and property loss at our Mountain Times office building, it was nothing compared to the plight of our neighbors.

Beginning at the junction of River Road and Route 4 the “White House” had been scheduled to sell to a new buyer just as it broke up and washed down Roaring Brook. Local resident, Otto Iannantuoni, was at the scene and noted that the house first broke in half. Next, he saw a refrigerator float out on one section and go rushing off downstream. Finally the two sections parted and jammed into the bridge. Portions of the structure plugged the area under the bridge and caused increased flow up and around it.

Not only did the owner of the “White House” lose her house, and the new owner lose his new property, the broker lost a much needed commission. The point being, that a loss is often more than it appears to be.

Just below the “White House” is the Kokopelli Inn. It was the recipient of tons of rocks and debris of all sorts that stacked up around the building and filled their landscape. They too will not only lose property, but revenue from loss of business, and the task of informing persons with upcoming reservations that they may not be able to house them.

Jobs are also lost in each of these sorts of incidents. In addition, most flood related property loss is NOT covered by insurance unless the FEMA Flood Insurance Program has been adopted by Town government.

Next stop from Kokopelli is the Shaw Family's "Goodro Lumber." Flood waters rolled though their storage sheds releasing an estimated \$80,000 in inventory downstream and probably not recoverable. There was minimal damage to the retail store.

Long time Goodro employee, Truman



"The White House" photo by Ben Lupien

Bates lives just across the road from the lumber company and he lived out the entire incident guarding his home and his employer's premises.

This was not the first time Truman had seen flooding in “the flats.” The flooding of 1973 began exactly the way this incident did, and Truman knew what to expect.

"At the beginning, the water was running under the bridge then around 12:30am I saw a tree stuck under it and the water started flowing down the west side of the highway away from Kokopelli and the lumber company.... then, when the river cut through the fill around the bridge the water shifted and headed straight towards the Kokopelli and across the road onto the east side."

Truman noted that, "At my house the water got up over the fence in my front yard and was about 4' deep or more. That was about 1:30am Monday morning." I asked Truman if he feared for his life and he said "I didn't have to be scared."

Both Turman and his boss Bill Shaw were extremely grateful for the actions of their neighbor, Craig Mosher, who's construction company was first on the job for health and welfare and to clean up



Kokopelli Inn photo by Royal Barnard

the mess. Within a couple days Craig was able to clear a path through the rubble and begin reconstruction. With just himself (bulldozer operator/business owner) and five other men most of the work was done. Besides the bulldozer they had three dump trucks and two excavators.

They continue to work as I write.

The Water Wheel Trading Co. also had damage, yet within a short period of time Charlie Demarest was up and running.

Hemingway's Restaurant next door to Charlie suffered a small landslide,

Path of Disaster, Page 27



Volunteer workers in Killington photo by Royal Barnard

Widespread Damage From Irene Brings Out Community Spirit and Energy

by Royal Barnard

In our last week's Hurricane Irene edition we were perhaps premature in stating in our headline that "Killington was Vermont's Most Storm Damaged Community." Indeed we took a bad hit, but there's enormous progress at repair and reconstruction. The major distraction is highway access, and not lack of effort, cooperation or enthusiasm to get things done.

Killington Resort and The Town of Killington is mostly in business or ready to do business right now... you just have to get there. Limited access is open from the Woodstock side, but Route 4 in from Mendon is still a problem, and will remain so for an undetermined time, but it should be well taken care of prior to the winter season, and hopefully before foliage time.

Volunteer workers in Killington include those in the Regional Command Center and the food and supply “Comfort Station” at the Killington Elementary

School, and dozens of self organized help groups. This station is manned by the staff and teachers of the school, many of whom walk in from Rutland on the Helvi Hill to Journey's End pathway then are shuttled to work. When I visited them on Friday they were at work distributing supplies as well as providing recreational activities for area school children.

This sort of activity is occurring everywhere in the region, and is a credit to the durability, generosity and backbone of Vermonters. We won't be beaten.

Looking around Killington:

Pittsfield - There was serious damage to Route 100 North from Killington. The roadway in the area of the "S" curves suffered serious washouts. Lindsey Rodgers, a Mountain Times co-worker was stranded in this area until rescued by Killington Contractor, Ken Hurley. The covered bridge to Riverside Farm south

Spirit and Energy, Page 28



You're in our hearts.

During this difficult time, our thoughts and prayers are with those affected by Tropical Storm Irene. Wishing everyone a safe and speedy clean up and recovery.

-Your fellow Vermonters at Seventh Generation

For a list of ways you can help your neighbors in need visit www.seventhgeneration.com/help

Path of Disaster

continued from page 25



Truman Bates & Bill Shaw photo by Royal Barnard

water inside the structure, the loss of their signature tree in the front, and massive amounts of soil washed onto their landscape. There was enough “fill” on the site so that the Town was able to move in and use it as a resource for filling in other damaged areas.

At our publishing office we had water and silt in the basement. Basement windows blown out and total loss of all property stored there. The incident also destroyed the equipment for our central telephone system and communications gear. We had no exterior landscape damage. Not nearly as bad as our neighbors.

“Pasta Pete” Timpone next to us also had water infiltration, but more outside landscape issues than we. I believe the only serious water above the basement might have been at the rear of the structure in his closed in porch area.

No major problem seen at Turn of River Lodge, but I have no first hand information.

The Killington Skyeship Base had serious amounts of silt at the rear of the building, in the parking lot and apparently inside the lodge and dining area. It would appear that this is nothing more than routine flood water cleanup and I have confirmed that the lift facility is undamaged and there should be no problem being in normal operation well before the winter snows arrive.

I did not get to visit the Valroc Motel and have no reliable report.



Craig Mosher photo by Royal Barnard

I drove in to Craig Mosher’s home/office and noted evidence of serious water flow around the premises. I confirmed this later in the day when I found him driving a dozer at River Road. I hope to interview Craig in our next edition to hear his accounts of Irene’s visit.

West Bridgewater was devastated. Blackie’s Deli suffered serious struc-

tural damage, erosion, and loss of inventory. Owner Paul “Blackie” Tanguay does not expect to reopen. See our story of his upstairs tenants, also in this issue, for more details of the tragedy there.

Across the street, we had first hand accounts that rushing waters surrounded the Back Behind Saloon and were as much as 8’ - 10’ deep. At least one vehicle in the parking lot was fully submerged. In a brief phone message we learned that owner, Conrad Zendzian and wife Gerry have a difficult project ahead of them.

In my brief visit to the area I also noted that clean-up efforts were well under way at First Stop Ski Shop, which obviously had less severe problems than their immediate neighbors, however, I have no first hand information from owners, Bill or Coral Ellis. We understand that they’re open.

On the Killington Road there were problems, but not nearly to the extent of the those in the lower lying areas. To my knowledge there is no business on “the road” that is not able to operate. I have a first hand account from Killington Resort CEO, Chris Nyberg, and I can confirm that there are no obstacles to the resort being in full normal operations for foliage or ski season. The only issue is the condition of roadways.

Everyone agrees that Irene was a “water” event and not a “wind event.” Primary damage was to streams, bridges, roadways and anything close by. Many homes were entirely untouched. Many businesses were also spared and are now fully open and operational.

I would also estimate that well over 50% of the affected commercial properties are substantially cleaned up and running, with the rest well on the way to recovery.

The major obstacle at this point is highway access. Essential goods and service vendors are getting in and out of the area, but on limited schedules and only before careful screening and coordination with emergency management officials.

There’s simply too much to cover in this widespread disaster to get it all “right” and my apologies to anyone we missed, or observed incorrectly. This particular report is about Killington, and we know there are equally or more serious problems in Plymouth, Bridgewater, Pittsfield, Rochester, Stockbridge, Gaysville and other mountain communities. There is also difficulty in the lowland areas of Ludlow, Rutland, Clarendon, Proctor, Castleton..... virtually everywhere in our territory. We’re doing the best we can to report those stories as well. If you have reports please send them to us at editor@mountaintimes.info or call 802-775-0085.

Like many other businesses, we’re displaced, short-handed and tired... but we love our work and wish to do everything within our power to get out the news.



Blackies in Bridgewater photo by Royal Barnard



Killington Base Lodge Undamaged photo by Royal Barnard

Bridges to the Other Side



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Spirit and Energy

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Pittsfield Roadway photo by Chris Nyberg



Moved House in Pittsfield photo by Sasha Parise

of Pittsfield is gone. At least one house in the village near the river was moved off its foundation. Pittsfield was without power and telephone somewhat longer than other communities because of impossible access to utility workers. Once in, service was quickly repaired.

Stockbridge - Route 107 from Pittsfield to Bethel is reported to be totally impassable. The White River along “Refrigerator Flats” and just south of Tozier’s Restaurant is reported to have completely taken out any evidence of roadway. It should be assumed that utility lines were also destroyed.

Rochester - Another Mountain Times co-worker, Erica Harrington, and her family were stranded by a bridge washout to their home on Route 73 towards Brandon Gap. This was our first contact in Rochester until she lost power and cell service. CVPS spokesman, Steve Costello, has kept us up to date on progress at getting into Rochester, and this was clearly one of the hardest hit areas. Once in repairs were made to an importans sub-station and power mostly restored. The major problem for utility crews was simply getting to the effected areas. Steve told me that more than one of his experienced line-crew members held back tears while experiencing the difficult plight of numerous customers in the Rochester area, and also while working Route 100S from Killington into Plymouth. The following photos and account comes to us from Rochester Resident John Allen, and is printed with his permission:

“Greetings All. Just a quick note and a few pictures from one small town in Post-Irene Vermont. While we are just now able to leave the village, many roads and bridges around us are damaged or just gone completely.

The original prediction for the restoration of power was 6-8 weeks, they got us back on last night after only 5 days. I am sending this group email because Meg and I want to thank the incredible efforts of power, road and emergency crews from all over the country and Canada. We had line crews from almost ever Midwestern State (even Kansas sent “The Wichita Lineman”).

If you know of anyone in your area that responded to this small New England State, please pass along our heartfelt thanks. I only wish Vermont could repay this tremendous debt by somehow sending it’s excess water to the fires currently burning in the southwest. More flash flooding is predicted for us this weekend.

To my Fellow Vermonters, Meg and I hope you are all safe and recovering from Irene as well. Our thoughts are with you.



Picture #1 is a house just down the road from Meg and myself. This is normally just a creek that flows by at



Route 100 South photo by Gary Haffke

about 1100 ft elevation. Hard to see, but about 20 ft of it is totally hanging in mid-air.



Picture #2 is a house in town that also sits next to a small stream. This house belongs to the woman who served as Chairperson during one of my 6 years on the school board



Picture #3 (for you tennis friends of mine), is what is left of the courts that just barely got re-surfaced and new netting.” Take care Everyone. John Allen
Route 100S to Plymouth and Ludlow - This is another very hard hit area. The river along Route 100S near the Village of Plymouth Union is reported severely damaged. CVPS reports that power lines were destroyed for a significant distance, with poles dangling in mid air. By

the time you read this report power will have been substantially restored. We have no inside contact in Plymouth and can't provide first hand knowledge, but suffice it to say there have been problems.

Rutland - Serious flooding occurred in the Baxter Street and Cleveland Avenue sections of the City. At one point there was concern that Patch’s Dam on the East Creek might rupture. The dam did not rupture, and I’ve been told there may be a story of heroism behind why it didn’t. More here if we can find out. The “new Route 7 South suffered the loss of the four lane bridge that crosses the Cold River in North Clarendon. Initially, one lane and part of the second gave in, then later the last section broke, stranding two construction workers who were later rescued. The Otter Creek in the lowlands from Wallingford north swelled it’s banks causing flooding along the way. The roadway in Center Rutland was temporarily closed.

Proctor - As of September 5th it looks like all roads are currently back open in Proctor. The area down by Gorham Bridge road is safe to travel although you can still see a lot of flooded and destroyed fields. The housing on Elm & Willow Streets is free of water although they look like they received a lot of damage to their homes and goods as there were piles of household goods for trash and other piles of furniture and goods needing to be dried out.

The Otter Creek seems to be currently contained within its banks as it runs through Proctor and under the marble bridge. Route 3, although clear of water, still has lots of dirt and sand remnants on the shoulder throughout much of the stretch from Rutland to Proctor. The Proctor youth fields where 2 of the 3 fields and the snack shack were underwater is also free of flooding. It will be a challenge to the grounds crew to get the fields back up to par for baseball and softball next year. Part of Proctor lost electricity around 7pm during the tropical storm but power was restored to all by the following Monday around 2pm and so far no more problems have occurred. There are food drives and relief help, read Proctor Place for more information.

Ira, Tinmouth and Wallingford - At press time we have no first hand reports or photos from this area.

PLEASE keep in mind that this reporting is based on reports from persons we believe to be “trusted sources,” but given the circumstances it should not be relied upon as more

On the Mend

by Royal Barnard

The aftermath of Hurricane Irene might be best summarized by this note from one of our readers:

— **Dear Mountain Times,**

As New Orleans transplants who went through Hurricane Katrina and its aftermath, we are incredibly impressed at the way Killington and the state of Vermont have responded to the disaster of Hurricane Irene.

Everyone knows about Katrina and the anarchy and fear she brought in her wake as New Orleans became a city without leaders, direction or even the most basic forms of assistance. The situation in Killington after Irene could not stand in more stark contrast.

Here we have experienced community spirit at its best as citizens reach out to one another and act on their own initiative to do what has to be done to restore the infrastructure as quickly as possible.

Our neighbors and friends have been incredibly kind, the volunteers at the Fire House and school are beyond helpful--and cheerful in the bargain. We are simply awed by the resilience, self-reliance, resourcefulness and overall grit and can-do spirit of everyone here..

Bravo Killington! Bravo Vermont! And thank you. Katherine and Wiley Jenkins

— None of this is an accident. Vermonters are prepared, resilient, and sharing, as noted in this account from one of our Rutland Reporters, Lani Duke:

As the Rutland area cleans up after Irene's visit, you have to marvel at the community-wide cooperation. Say your thanks to the many people and organizations that have given so freely of themselves and their resources. The Rutland Region Chamber of Commerce kept its office throughout the holiday weekend to answer calls for assistance and pass along information.

Grace Church in Rutland held a su per for volunteers and victims. The Vermont Rail System repaired washed out track beds so that gasoline, oil, riprap, and

other supplies could reach our community. The Ca-sella company voluntarily located replacement water pipe and helped bring the necessities to those in need. The folks who put together the Restoring Rutland effort and all those who set aside part of their businesses to help collect and deliver food and clothing all deserve a medal.

— And this info i wrote with notes from The Inn Long Trail assisting hikers and their community:

I was pleased to receive a phone report today from our friends Murray & Patty McGrath at the Inn at Long Trail & McGrath's Irish Pub at Sherburne Pass. Both are safe, high and dry and they are open for business. They're offering lodging

and a limited pub menu... so long as food supplies last. Numerous hikers have stopped at their establishment from both the Long Trail and the Appalachian Trail. Murray reports that all were healthy and uninjured, but many reported difficulty getting lost because of stream beds that had moved, bridges out and other problems with trail identification. According to Murray all trails within National Forestlands are now officially closed. Besides trail damage there is reported difficulty with roadways getting to trailheads and the condition of those access points once you may get there. Murray and Patty report that they have facilitated numerous hikers in finding ways out of the area and back to their homes. They are holding all mail and package deliveries sent to them on behalf of hikers expected to pass by and all items can be retrieved at the owner's convenience. In their "spare time" Murray and family are assisting the "Citizen Shuttle" for persons entering and exiting the area on foot by way of the Journey's End Road to Helvi Hill Road path. This is the primary entry/exit point for most of the people coming and going from the area.

— Please take time to read Annabelle's usual column "Rutland Rising" which instead describes her hometown of Pittsfield.... this week entitled "Pittsfield Rising." This is good stuff.

—And then there's this touching message from Killington

Region Pioneer, Ned Dyer. This pretty much sums up the situation in Killington.

Dear Readers: Friday afternoon I drove east on Route 4 thru the almost unbelievable work that Craig Mosher's Miracle Men have done at River Road. After a stop at Goodro's I got some much needed gas at Charlie's (Waterwheel) and checked out the amazing work that Jeff Hegewald and the Town Crew did on Hadley Hill Road. Then I stopped in to see how Billy and Coral Ellis were doing at the 1st Stop and was struck dumber than my usual at the destruction at the junction of Route 4 and 100 South. I haven't had a need to travel West on Route 4 yet, but we've all seen the pictures. Later, as I was preparing dinner, I broke! Out of nowhere I started to cry (whoever says big boys don't cry is fibbing). It was like I just got back from the hospital after a visit to my best friend who had a near fatal accident and was beat up but struggling. I guess I realized just how much I love Killington and that we have to put on a good game face and not let the patient know we're scared, but we'll be there thru it all. It's going to be a long uphill battle, but if we stick together and maintain our strong sense of community, be patient and be willing to lend a hand, we'll be well and fit and stronger than ever. Ned Dyer

Killington

There is, of course the ongoing hard work and drama that happening at places like the Killington Region Command Center. This is staffed with Sherburne Volunteer Fire Department personnel, local volunteers, policemen and relief workers. This scene is repeated throughout the region, as reconstruction efforts are implemented, food and supplies distributed, essential personnel and workers are transported to and from their destinations, and emergencies responded to.

The Mountain Times will have a feature story on many of these people and locations in our next edition. In the mean time, be thankful for them. Kindly heed their advice regarding your personal safety, and please be aware of the few simple guidelines regarding travel, restricted areas, acquisition of medications and supplies, rationing and important community meetings.

Within a few turns of the earth this will be mostly behind us.

Spirit and Energy

continued from page 1

than "well informed hearsay." We do publish up to the minute "official" releases as received from CVPS, the Killington Region Command Center, The BUS, and town and local officials. Please make all decisions on this and no other reports.

During the last week I have heard hundreds of stories, visited dozens of locations in effected areas, and fought my own battle to continue publishing a real time website and a weekly newspaper. NOWHERE is anybody complaining. NOWHERE did I see anybody giving up. EVERYWHERE people are helping each other and sharing resources. EVERYWHERE people are communicative, friendly and helpful. Former enemies have become friends while digging in the same ditch up to their knees in mud. This experience is painful, but it's not all bad.



Sutherland Falls at Proctor photo by Tom Bartlett



Center Rutalnd photo by Tom Bartlett

STORM STORIES



Father and Son Escape Death in West Bridgewater

by Royal Barnard • September 2, 2011

While making my rounds in Killington to gather news and photos I encountered one of the most scary episodes yet reported.

My destination was West Bridgewater to see the devastation at Blackie's Deli, The Back Behind Saloon and First Stop Ski Shop. As I approached the area I could see that it would be difficult to get close, so I stopped a hundred yards or so back and parked near Alice Sciori's Art Gallery.

As I got out of my truck I met Danny Candido who lives there. When asked about the events of Sunday night he explained that "There was a roar like constant thunder. The water came over the road and barely missed coming into our house. The bridge back towards Killington was overflowing with water, and out front of the house was a raging river from here all the way across to the mountain on the other side."

A moment later our Mountain Times friend, Alice Sciori, appeared and we chatted for a moment. She had been very frightened.

Danny then described that it wasn't possible to sleep during the disaster and that around 2:30am he saw two people standing in a small patch of sheltered driveway at Blackie's deli, and they were holding a single candle. They were tenants in an upstairs apartment. Danny said "If you want a story you should go across to see



Rick Champine and son photos by Royal Barnard

them. They're just about to leave. It's the people loading the car on the side of the road."

I wasted no time to get over there. I first met the building owner, Paul Tanguay... aka "Blackie." He too was evacuating property from the building. Any food goods he had previously given away to charity and was removing skis, boots and other "stuff."

I walked into the entrance to the store and noted that the back of the building had been washed out and you could see trees thorough the gaping hole. It was dismal inside what had once been a vibrant store.

Blackie was noticeably shaken, but trying to laugh it off. He eventually acknowledged, "It's a total loss. I have a huge mortgage and no insurance. If I did have insurance I still don't think I'd be able to salvage the property. Earthmoving alone would wipe out the budget."

Blackie then identified the person who I was looking for that spent the night in his upstairs apartment. He was carrying a dresser drawer full of personal effects across to his car. When asked, he identified himself as Rick Champine. He then proceeded to tell me about the night of the disaster.

"When the water started to rise, my son Richard, Jr. and I had no way to escape. The water continued to rise and there was the sound of thunder all the time" I asked if he had been scared and he said "Yes,

Father and Son, Page 30



“On the Job in the Disaster Area”

CVPS line workers Glenn Johnson and Rob Delbianco, retiree Steve Shortsleeves and line workers Jeff DeCelle and Mike Dumond plot out their strategy as

they prepare to energize a new line built along Route 100A in Bridgewater.

Pittsfield Rising

To the Occasion of Changing Times

by Annabelle Westling Williams • September 1, 2011.

This is about my town PITTSFIELD, rising to the occasion of Irene’s mighty blow. When you read this we will no doubt have power again, and maybe more than an emergency way out. will be flowing through our veins. We will probably even be experiencing a new “normal,” but for now we are still in high gear, adrenalin still coursing through our veins.

From our first overflowing meeting at the town hall on Monday, “the morning after,” at 7:30am, our leaders emerged and a sense of working together trumped everything. Sign Up sheets were soon posted to detail who needed what and who had what to offer.

Jason and Kim of the Clear River Tavern hosted a BBQ for lunch that first day to a startled population that included some 40 New Yorkers, stranded here after a wedding.

Joyce & Roger from indispensable Pittstop dispensed precious gas for equally precious generators, and Sean Lee kept the pumps running. The Amee farm barn became our infirmary, with beds and electricity for 30. Casa Bella, Fleur de Lis, Swiss Farm & the Amee Lodge opened their doors to those whose homes are gone or uninhabitable. On and on went the list of neighbors helping neighbors; as Angelique noted, “Everyone did everything.”

Especially big kudos to our sleepless road commissioner & de facto mayor George Deblon, master organizer Doug Mianulli, “Paper Queen” town manager Patty Haskins, Steve & Ellen Martin & their family (whose home became “Command Central”), and the Desenas, who offered help on all fronts. Also Peter Borden, Dave Colton & his team of volunteer firefighters, Dennis O’Brien, Tim Hunt, Mark Begin, Mel Colton, Chuck Colton, Dick Stevens, LeeAnn Issacson, Suana Bicek, Elizabeth & Russell at Amee Farm, Vern Haskins, Alex d’Ambrosio, AJ Ruben, Don Gray---the list includes most everyone who lives her or was stuck here; sorry if I missed others who went above & beyond.

Nurses Connie Martin & Kath Mianulli worked tirelessly to attend to those with medical needs. Physician’s Assistant Chris Masillo rode a 4-wheeler over precarious back roads to Rutland, to get medical supplies. He & fellow PAs Nancy Blessing Tim Lensing, PA-in-training Kris Sperber and ER MD Mike Kolinsky rounded out our dedicated five-star medical team, who are preventing all emergencies and caring for all in need.

Helicopters have been hovering overhead for each of these 4 long days and the US ARMY sent a Black Hawk yesterday with water, blankets and MREs (complete, it’s reported, with M&Ms!). FEMA, Tech Support vehicles from Burlington & elsewhere, dozens of huge repair trucks from V-Trans fixed one lane of Route 100 bit by bit, so they could get to us. At this moment, CVPS, who helped build the road to get here, has 30 work crews



Pittsfield photo by Sasha Parise

here and 4 tree crews, working 19/hour days to get our electricity going again. Casellas arranged for garbage pickup—no small feat.

Some more examples: Barb Wood took amazing photos of Irene at her mightiest that a friend in Arizona uploaded to CNN before the phones went down. The Bowen boys walked from Rochester to begin rebuilding our roads, worked until 3am. Karl, caretaker of Morgan’s place, happening by, jumped into Michigan Brook to help build the dike that saved Buffy Steven’s home. Dana, the Original Store maintenance man, walked 40 miles from Proctor to Pittsfield, through the woods no less, as they wouldn’t let him out on the road.

Among many other helpful things, the Store opened their coolers to those without refrigeration, as did homes with generators. Alison Hans offered massage on whatever flat surface could be found. Jayne Major’s sign reads “free corn and veggies”. A man came by our home on an ATV Wednesday at Sunset announcing, “The firehouse is full of food & water if you want some.” Chris Nyberg offered to put folks up at the Grand Hotel. Bruce Waterworth walked from Journey’s End to the RRMCC and back, undergoing rotator-cuff surgery in-between. The first of at least 50 athletes who completed the Death Race here last month have come to help continue digging out. And as Peter Borden declared, “It’s like we’re back in the 1880’s, with hydraulics”: we’re all getting to know each other as never before.

Today a little “school” has assembled on the green for young kids, and hot showers are available for all at the Amee Farm. As George said at this morning’s meeting, to another packed church, we have enough of everything: food, water, medicines. Goodwill, certainly. (At least two longstanding enemies were seen hugging each other!) As pastor Howard Gunter noted, this is and has been an opportunity to love & serve each other, and we’re growing in strength & faith. So true. Governor Shumlin said it another way yesterday on a visit here: “Pittsfield looks like a tough bunch that have done some amazing work as a concerted team in a short amount of time.”

May we keep the bonds that have been established during these days, declare obsolete past resentments that have focused on differences rather than the sense of community that has been greatly solidified. It will be good to be able to get to Rutland again, but truly, we are a wonderful town-full of people.

Cooperation in Rutland

by Lani Duke

As the Rutland area cleans up after Irene’s visit, you have to marvel at the community-wide cooperation. Say your thanks to the many people and organizations that have given so freely of themselves and their resources.

The Rutland Region Chamber of Commerce kept its office throughout the holiday weekend to answer calls for assistance and pass along information.

Grace Church in Rutland held a supper for volunteers and victims.

The Vermont Rail System repaired washed out track beds so that gasoline, oil, riprap, and other supplies could reach our community.

The Casella company voluntarily located replacement water pipe and helped bring the necessities to those in need.

The Vermont State Fair people helped recreate a feeling of normalcy for the Labor Day weekend and the following week, although the tractor pulls had to be set aside.

The folks who put together the Restoring Rutland effort and all those who set aside part of their businesses to help collect and deliver food and clothing all deserve a medal.

ED NOTE: Not a bad place we live in!

Vermont National Guard Gets Help From Maine Troops

Vermont Agency of Transportation Secretary Brian Searles on Sunday, September 4 welcomed the 175 Army National Guard troops from the State of Maine who have been deployed to help repair Vermont roads damaged by Hurricane Irene. The greeting was held at the Armed Forces Reserve Center on Post Road in Rutland.

The Maine Army National Guard arrived in Rutland on Saturday with more than 100 pieces of heavy equipment to help clear debris and rebuild roads. The Maine Army National Guard was represented at a welcome event by Lieutenant Colonel Michard, 133rd Engineer Battalion Commander of the Maine Army National Guard and Norman Stickney, 262nd Engineer Company Commander.

Father & Son

continued from page 29



Inside Blackie's

I was but I had to be brave and not show it, so my son would stay calm.”

I explained that the neighbors had seen two people standing on a small dry spot in the parking lot holding a candle in the middle of the night. I asked “was that you and your son?” He acknowledged that it was and continued: “At that time I thought the building was going to break up or be washed away, so I told my son we needed to go outside. So, we went down the entryway, which was partly broken from the building, and we crawled out through the crack where it was separated, and then onto a piece of the foundation and into the lot. We stayed there until I felt we could go back in and stay dry.”

Asked what the time frame of the disaster occurred he said “The worst started around 2:30 Sunday afternoon and continued until around 11:30 Monday morning, when the water dropped enough so we could go across a small patch of grass to the main road to relative safety. It was all still flooded and we couldn’t tell if the ground under us was good or not.”

Mr. Champagne noted that he works for Cedarbrook Lodge nearby and that he would be moving there for temporary housing. With no tourist business in the area, he expected to have no job and was quite concerned about how he might survive. I offered the information I had; made a donation towards his well being; and watched him drive away.

These photos show the damage, but can never express the terror or the heroism of father and son in crisis; business owner who’s livelihood is demolished, next to other business owners in crisis; and memories of a disaster that will not quickly fade.



Route 4 Mendon Aerial Photos

by Debbie and Bob Burke

The repairs on Route 4 in Mendon are coming along nicely. Kudos to the operators of the machinery that is going to open the road from Killington through Mendon!

Dear Mountain Times

As Community Outreach for MVRTD “The Bus” I joined a crowd of eager people on a small bus last week up to Killington, some of whom are Killington residents who were stranded in Rutland when Irene hit and others desperate to getting to the mountain to work or help family. I was overcome with mixed feelings of sadness and an overwhelming gratitude to all who are reaching out to communities overcome with disaster.

The evening before, The Bus got the go-head to service those communities, later to be joined by other shuttles and vans from the Killington area. I interviewed several passengers on the way back down to Rutland many of them who had tears in their eyes and thankful to be able to go down from the mountain where they had been trapped for quite some time. Some of the passengers were brought to Killington from devastated Pittsfield.

I wanted to extend a special thanks to all of my coworkers at The Bus who worked 24/7 to rescue not only people from Killington, but also places right here in the City of Rutland. Many of the elderly and people with disabilities were evacuated on the day of the storm and thereafter. I also wish to thank the people in Killington and Mendon who are offering their time and efforts to escort foot passengers through the ½ mile walk of Journeys End and for providing transportation to those who may be challenged by this walk.

I am proud to be living in a community that extends its amazing helpful hands like I have seen in the past week. Thank you for your continuous awesome coverage of the news from your area to all.

Warm regards,
Saskia Hagen Groom, Community Outreach,
MVRTD “The Bus”

Hi Mountain Times,

I have been reading your reports and postings daily online and have been moved by the updates from you and other Killington residents. As a Killington second home owner, I feel very saddened by the devastation of Killington and Vermont that resulted from the hurricane.

Although I am not there now, I do spend almost all of my vacation time there in all seasons. So I feel that Killington is my home town too and find the pictures and videos heart-breaking. I have friends who are second home owners as well as full-time residents at Killington, Pittsfield, Rutland, and Plymouth. I am sure that everyone feels the same way I do.

These communities are in my thoughts daily, and I want to wish our towns a speedy recovery. Thank you for providing information to so many of us who are part of the community but cannot be there.

Regards, Jennifer Lee

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Dear Friends and Family,

Hello from Killington Island. No Ginger or Mary Ann!

First, let me say thank you for all the warm emotions and kind words everyone has sent to us. We at the Summit Lodge are okay. The property and people survived the disaster with minimal damage. If the roads were open, we would be ready for business. Until the roads are open we are land locked. Can't get in or out. Temporary lanes have been built to allow relief vehicles through and also get stranded tourist home.

I must talk briefly about the human spirit that has existed throughout this community during this time of devastation. I have witnessed incredible generosity and humanity. There are times when we can feel so beat down by an unkind world. However, my faith in a kinder mankind has been fortified and nourished. The people of Killington have become kindred...we are truly brothers and sisters. You too have become part of our extended family. The town gathers each evening at 5:00 in the Elementary School for a community dinner and is followed by an informational community meeting. I truly believe each member of this community is a volunteer for something. Although I have not been there to

see it, I'm certain each affected town in Vermont has similar stories of strength and unity.

My concern now is the economic impact this devastation will have on the towns and the tourism industry. Even if we are "Open for Business". people have no way of getting here. Even though we have temporary relief road passages, it will be quite sometime before roads will be open for general use. Hopefully, the American people will want to know more about these special people called "Vermonters" and will want to see them and their very special State. There will many stories coming from this event. They will need to be told. I hope the press and media will do their part in the restoration.

Unfortunately, I have more sad news. On Tuesday, August 30th, our big boy Otto had a heart attack and died in my arms. I'm deeply saddened by his passing, however, there is much joy and fun with our little Rachael who has been with us for 3 weeks. She is now 10 weeks and is always "happy". Funny how that works.

I will try to keep you posted on our progress. Until then, we will continue to lean into the wind.

Billy Bauer
Killington

Dear Editor,

We just returned from four days in Killington, August 28th thru 31st. It was depressing to see the area I grew up in destroyed, but truly heart warming to witness true Vermonters in action. They still exist and they still function. What transpired after Irene blew thru is a lesson for all of America to learn. Killington will go down in history with Joplin and other

disaster areas as a testimony to the can do spirit of the original self sufficient Americans. My wife and I thank and congratulate all those competent elected officials and super volunteers for assuring our safety and providing us comfort while we were in the Killington area.

Zeb & Bobbie Blanchard
Ivy Log, Georgia

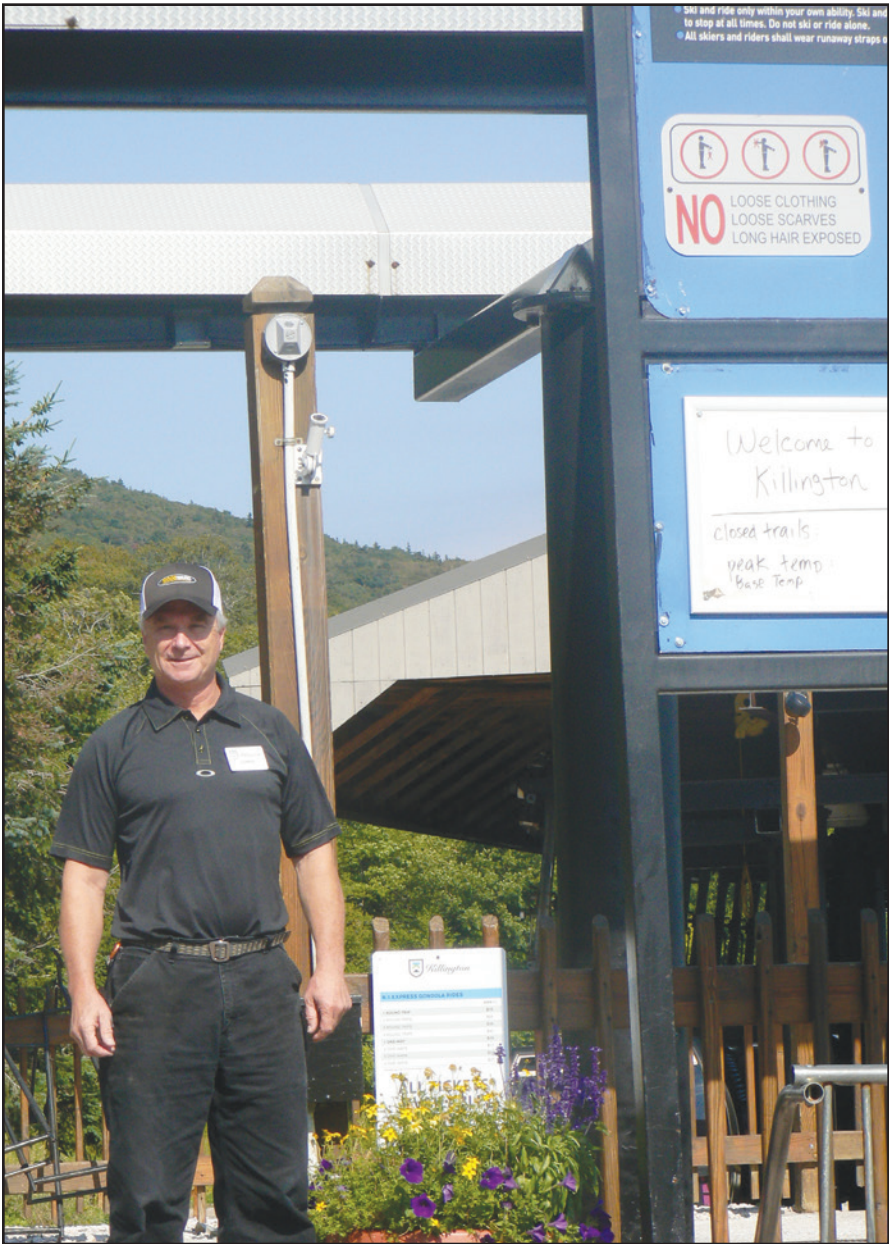


photo by Royal Barnard

Killington Resort CEO, Chris Nyberg, saved a great deal of destruction from "Irene" by operating company excavating equipment to clean and maintain drainage ditches and culverts. They began the task well before the storm arrived, and continued work through the night in the worst of the storm. I believe Chris ran a backhoe. He's a "get it done" renaissance man that knows how to do just about everything, from running equipment to managing the East's largest mountain resort. Kudos to he and his staff from all of us at The Mountain Times.

Important Message to Killington Visitors and Second Hone Owners

by Royal Barnard, publisher

Despite our own reports, and those of national media, Killington Resort and your favorite destinations within the resort community are in no threat of not being open for Fall Foliage or the winter season. Word from that resort is that they could open much of the resort if they had 3 feet of compacted snow. They will definitely be ready for late October operations, when they get low temps and they will have access at higher elevations using the current walkway.

Hurricane Irene was what weathermen describe as a "water event", which confined damage to streams and to roads, and structures near streams.

There was flooding in the low lying areas and some loss of structures that were situated precariously in known flood plains... these are areas that often flood annually, but not quite to the extent of 2011. Very few commercial structures in low lying areas had flooding above the basement level.

Right now, we can report with confidence that we know of no businesses on the Killington Access Road who are not open, or not ready to open. Killington Resort could open for full mountain activities with the exception of some mountain bike trails tomorrow if the weather allowed.

Killington's favorite fall events,

Brewfest, is definitely going to happen as long as Route 4 is open." Here's the details:

Killington Annual Brewfest, October 1.

The Killington Brewfest is a celebration of the Northeast's finest craft beers. Join us for a weekend packed with a beer sampling, tasting dinner, live music and more as we celebrate one of life's greatest gifts, beer!

Brewfest Weekend Dates: Friday, September 30 Vermont Brewmaster's Dinner 7:00-9:00 p.m.

Friday, September 30 Brewfest Kickoff Party 9:00 p.m.

Saturday, October 1 Killington Brewfest 1:00-6:00 p.m.

Vermont Brewmaster Dinner

Join us for a 3-course dinner at the Wobbly Barn as our Executive Chef pairs Vermont brews with culinary creations from local producers. Participating Vermont Breweries include Long Trail, Otter Creek, Switchback and Northshire.

Here's a link for all the details. www.killington.com/summer/activities/mountain_events/Killington_Brewfest

Spirits are high in Killington. "Yes" your friends and favorite entrepreneurs are having an uncomfortable time, and you'll have much to talk about when you get here.... almost all of it about the amazing sense of belonging that exists in your favorite destination in Vermont. We can't wait to greet you.



HELP RESTORE RUTLAND

Restoring Rutland is working to collect and distribute donations of non-perishable food and other supplies to those whose lives have been disrupted by Hurricane Irene. Items most needed include batteries, flashlights, powdered milk, food (especially protein-rich foods – think canned tuna, etc.), water, feminine products, bread, pet food, paper goods, ice, and small propane canisters for cook stoves.

You can bring donations to Restoring Rutland at 34 Strong's Avenue in Rutland. If it is more convenient, you may also leave donations at our store on Mountain Road in Mendon, and we will transport them to Restoring Rutland.

Please visit www.RestoringRutland.org for details and suggestions for ways to help.



Sometimes life throws you a curve ball... this is exactly what we got here in Vermont this past week, a major curve ball. We're talking Sandy Koufax style. Who in Vermont expects a tropical storm to attack us in such a disastrous fashion? Not me. Not a lot of people. This is the kind of news I dread hearing from my parents living on the coast of northern Florida, much-less having to deliver it. But here we are, living and breathing just such a scenario as coastal towns and cities have done time and time again. Tropical storm Irene has wreaked havoc on us... here is how it played out for me.

Saturday night the rain began. My husband Curtis and I were hoping for a lot of the weather channel hype to turn out to be nothing, as sometimes happens with what "they were forecasting." Of course, living on the river just outside the village of Rochester, we were praying for just that. You can imagine our anxiety as the rain poured down all night Saturday, and into Sunday morning. NOAA.GOV was delivering... The rain came hard and we could actually see the river rising - FAST - expanding 3 or 4 times its normal width. The water had begun pouring over our bridge, having risen a good 10-15' already. Entire trees began to back up and buckle against the back side of the bridge. It was too much for it to handle, and then it happened... the bridge flipped up and over, and went floating away like a small raft down a stream. Just like that, we were stranded. "What the hell are we going to do now?" Little did we know what was going on around us. Not only were we stranded at our house, we were cut off from the rest of the world, too.

After 2 days, the river had lowered enough for us to cross it - with our 1 year old daughter, 2 dogs, and backpacks full of supplies for the day. We spent many hours with our neighbors - our new little tribe - and biking back and forth into



photo by Erica Harrington
Looking down our driveway at the river in full force, just after our bridge washed away. You can see where it used to hit the "other side" and how much it expanded.



photo by Erica Harrington
The main bridge connecting Route 73 to Route 100 just outside the village of Rochester, now fallen down into the White River. A foot-bridge was built to allow access into town.

Irene... One Woman's Tale

by Erica Harrington

town. 2 major bridges were out on Route 73, including the one meeting Route 100 to get into town. A footbridge was built to allow access from our way. In town, we found more devastation.

The cemetery on the hill had serious damage. Water still flowed over sections of the road. Chunks of road were missing; dunes of sand were left everywhere; houses were flooded, some moved from

their foundations, one completely top-pled over onto itself as it sat in the way of the ravaging waters. That was just in town. We could only imagine what was going on everywhere else.

In the midst of all of this devastation was a town full of hopeful, driven people, working together already to help each other in any way possible. In the hours and days to come, the many local excavating companies were busy with their trucks and equipment moving earth to make washed out roads passable. Military helicopters were frequently seen flying overhead, making drops of water, MRE's, food and other supplies. The Mac's Market in town was giving away anything perishable, and local restaurants and cafes were providing free coffee and meals. There were town meetings every day to keep everyone up to date with progress and information. With a 1 year old, a room of 100+ people, shoulder-to-shoulder in seats and standing is nearly impossible to attend, but I was able to stand in on one. It was an emotional outpouring of people cheering for CVPS workers as they came to the stand to make reports, camaraderie, and an all-for-one, one-for-all attitude of everyone in the room. It was hard not to cry. I felt very lucky to be a part of this wonderful community in the heart of Vermont.

On the other end of town, we found

that we were completely land-locked. We couldn't get over the Brandon Gap either. It was totally gone in major sections. For now, we will cross our river with our daughter in our arms, and hope for some FEMA relief to help us rebuild a bridge. Someone, we assume the Red Cross, has crossed the river to deliver some boxes of supplies to our doorstep, including diapers, babywipes, peanut butter & jelly, canned goods, individual juices, MRE's, and even a stuffed Mickey Mouse for Fiona... thank you, kindly.

The sheer determination and hard work of all of the workers - CVPS, Fairpoint Communications, Comcast, VTrans, the many other utility companies that were called in from not just Vermont, but several other states and Canada, the many local companies making passages viable (Harvey's, ECS, McGuffin, Markowski), The American Red Cross, the military personnel, all of the local and out-of-town rescue squads, the many townspeople and "just-like-you-and-me" folks that have volunteered their time, and countless others that I am surely forgetting - cannot be overlooked or unmentioned... thank you, thank you, thank you, for your tireless efforts to get our power restored, our communication lines reconnected so we may let our loved ones know we are ok, food, water and supplies to those folks in need, and especially, our spirits lifted. I hope the humble waves "hello" to every passer-by don't stop.

Hurricane Irene: Seven Days Later

by a proud Vermonter

In the past seven days I've haven't missed a meal or been without clean water to drink, I have had a warm bed to sleep in. I've been able to communicate with the people I care about most.

In the past seven days people I know have lost friends, family, their homes, their valued and cherished possessions and the pets they loved. These same people have stood up, helped their neighbors where they could and started to move forward.

In the past seven days I've been disappointed by no one.

In the past seven days I have watched strangers become neighbors; neighbors become friends and friends grow closer as they stood side by side and faced adversity and destruction. I've been reassured by the reaction of people I've grown to depend on and pleasantly surprised by people

who I've had little regard for in the past.

In the past seven days I've heard our communities called "Islands" but felt closer to the surrounding towns and their residents than ever before.

In the past seven days I've done the best I could with what I had but am still humbled by those who did so much more with so much less. I've not worried about what I needed, or what I was missing, but instead focused on what I had and using the tools I had to help.

In the past seven days I haven't argued about religion, politics or the 1% local option tax.

In the past seven days the things I've heard people say the most is "What can I do?" or "How can I help?"

In the past seven days the best thing I've heard someone say is "Mother Nature didn't send Irene to Vermont to teach us a lesson; she picked Vermont to teach everyone else a lesson...on how to bounce back!"

Fair Haven Relief Donations

The Fair Haven Welcome Center, Route 4, Exit 1, is a designated drop off place for donations to the Vermont Response Relief Fund. Drop off times are 8:00 a.m. – 6:00 p.m. seven days a week.

Although all donations are appreciated, they have a particular need right now for diapers, formula, baby needs, feminine hygiene products, cleaning supplies and cardboard boxes. Clothing will also be needed at a later date, but right now most don't have anywhere to put it.

The number to the Fair Haven Center is 802-265-4763 if you have any questions. Thanks to all that can help.



Photos by Jerry LeBlond

(Above) Bridge damage on Rte 100 near Liberty Hill Rd. (Right) Unloading water supplies form National Guard relief helicopter



Report From Rochester

by MaryBeth Deller, Resident of Rochester
Photos by Jerry LeBlond

Like many people in Rochester, Vermont, I spent Sunday, August 28, hunkered down in an unlit house, waiting out the torrential rains and strong winds. It was a quiet day spent on projects that didn't require electricity. I had planned for the storm by cooking ahead, filling some jugs with water, and unplugging the computer in my office. And I had no idea of the havoc that hurricane Irene had wreaked during my quiet day inside.

About 5:00 that afternoon, the rains lessened, and we ventured out in "water" shoes, with umbrellas and camera. The first hint that all was not well came when we stepped onto the front porch and saw violent waves of muddy water rising above the concrete wall bordering the brook that winds behind the town clerk's office, a brook that usually rambles through the village several feet below the wall.

For the next 24 hours, each new piece of information was worse than the previous, or at the very least, made the tally of damages seem unfathomable. Neighbors lost substantial portions of their lawns. Bethel Mountain Road already had a barricade and a "closed" sign. Brook



photo by Jerry LeBlond

Some contents of a destroyed home in town

Street had holes the size of an SUV, and the pipes for the water system were laid bare. A house on the north side of town had collapsed, and the brook that caused it had found a new path directly across Route 100. The section of Route 100 just south of the bridge in Hancock was gone. The Route 73 bridge was gone, the cemetery had eroded, and there were stories of floating caskets that seemed too gruesome to be true. In a few short hours, the town was completely cut off from the outside world: no telephone, no electricity, and no road in or out in any direction. The mounting list of damaged or lost property could fill several columns of a newspaper, and that's just from one town of many that were in the path of the storm.

Impressive amidst all this devastation, was that within less than 24 hours, people were organizing to take care of each other. A town meeting was scheduled for 4:00 Monday afternoon at the Rochester Federated Church, which was also serving lunch to anyone who showed up. A small group of women plotted ways to get prescription drugs to those who needed them. One of the owners of the Huntington House announced that they would cook any food they had on hand, and everyone was invited to dinner, adding, "I don't know what's on the menu tonight...I guess everything!" By the end of the week, an ad hoc food shelf was set up, and the elementary school was providing three meals a day. Mac's grocery store gave away perishable food to anyone who could use it. With no electricity and a short supply of Coleman fuel for the camp stove, I was grateful for evening meals on the lawn of the Huntington House, lunch at the elementary school, and ice from Mac's to keep breakfast foods from spoiling in a small cooler. The Rochester Cafe, Seasoned Books and Bakery, and other businesses all shared whatever they could. Local folks signed up for shifts to keep the town clerk's office open from 6:00 a.m. to 10:00 p.m. every day. Volunteers constructed a temporary foot bridge where the Route 73 bridge had been, allowing a part of the community previously stranded to be reached.



photo by Jerry LeBlond

Local musicians entertain the "open BBQ" crowd at the Huntington House

Town meetings continued to occur every afternoon, at first at the church, then at the school. A small dog trotted down the isle of the church, stood near the speaker, and barked when the audience applauded. Within a couple of days (an impressively short amount of time, given the conditions) convoys of trucks from power and telephone companies had found a way into town, and helicopter landing sites had been established on the lawn of the Forest Service office and at the school. The Red Cross and the National Guard found ways to deliver water, food, cots, and blankets. Rescue crews and equipment arrived from many parts of the state. Town, state, and federal officials worked together to evacuate, assist, and establish rudimentary paths in and out of town. The list of people and organizations working to help each other through this traumatic time is as long as the list of the damage done.

The destruction wrought by Irene will be felt for years, as residents struggle to rebuild homes and municipalities work to rebuild infrastructure. For me, memories of kindness and of a community coming together will last just as long. The fourth night in particular stands out: someone arrived at the community dinner with newspapers to share, bringing news of the outside world, the governor showed up, and a small group of local musicians played "Goodnight, Irene".

Inn at Long Trail Assisting Hikers & Neighbors

by Royal Barnard

I was pleased to receive a phone report today from our friends Murray & Patty McGrath at the Inn at Long Trail & McGrath's Irish Pub at Sherburne Pass. Both are safe, high and dry and they are open for business. They're offering lodging and a limited pub menu... so long as food supplies last.

Numerous hikers have stopped at their establishment from both the Long Trail and the Appalachian Trail. Murray reports that all were healthy and uninjured, but many reported difficulty getting lost because of stream beds that had moved, bridges out and generally unpleasant weather.

According to Murray all trails within National Forest lands are officially closed. Besides trail damage there is re-



ported difficulty with roadways getting to trailheads and the condition of the trailheads once you may get there.

Murray and Patty report that they have facilitated numerous hikers in finding ways out of the area and back to their homes. They are holding all mail and package deliveries sent to them on behalf of hikers expected to pass by and all items can be retrieved at the owner's convenience.

In their "spare time" Murray and family are assisting the "Citizen Shuttle" for persons entering and exiting the area on foot by way of the Journey's End Road to Helvi Hill Road path. This is the primary entry/exit point for most of the people coming and going from the area.

Another story of people helping people in time of need.

Dear Mountain Times,

I live in Massachusetts and am a vacation home owner in Pittsfield and greatly appreciate your efforts in keeping everyone informed. I can't imagine the chaos everyone is living through. I have been skiing Killington and reading the Mountain Times since 1971 but this is your finest hour. Keep up the good work.

BestWishes,
Brendan Hall
Melrose, Ma

The 2011 Flood in Gaysville

Story by Greg Crawford
Photos by Jacki Crawford
Dateline: Gaysville, Vermont & Environs

Those of us who have been around awhile can remember some nasty floods. Just a few years ago there was a torrential downpour that dumped nearly ten inches of rain on the Gaysville-Bethel region in just a couple of hours. Tiny brooks that you could usually straddle without getting your feet wet suddenly tore houses to shreds, obliterated several bridges, and washed out dozens of town roads. In 1973, catastrophic flooding prompted the state to bulldoze every river and stream they could get at to remove the boulders that restricted runoff. Trout fishermen howled in protest, but flooding had not been as severe in subsequent years. Until now.

Only the Great Flood of 1927 can compare to the horrific devastation central and southern Vermont suffered when tropical storm – once hurricane – Irene unleashed a deluge of Biblical proportions on Sunday, August 28th, 2011.

As I write this on Friday, September 2nd, we still cannot easily leave the immediate area. ATVs, dirt or mountain bikes, and 4-wheel-drive vehicles can negotiate some routes, but officials are strongly discouraging unnecessary travel. Some passages are restricted to emergency vehicles only, no exceptions. ATVs have been buzzing round like demented bumblebees,



most on noble missions of mercy, but too many are driven recklessly by thoughtless yahoos on sightseeing tours.

Some brave souls have stepped up to accept responsibility for disseminating information as it becomes available, but trying to maintain a semblance of order at the periodic gatherings in different parts of town is akin to herding cats; an exercise in futility.

Heroic volunteers have come to our rescue from as far away as Ottawa, Ontario, but it was home-grown heroes in familiar CVPS trucks that got our power restored in five days when state officials had warned that it might take five weeks. Offers of hugs and kisses were politely declined. Whatever. Thanks, guys.

Our friends and neighbors with tractors put in untold hours making repairs to roadways so those power company vehicles could get in here. Others gave of their time to provide hot meals for those in need, fetch batteries, ice, and matches for their neighbors, share gas, and generally exemplify all that is so uncommonly good and decent about Vermonters. Even the NBC Nightly News with Brian Williams tonight featured Vermonters as sterling examples of what all Americans should aspire to be.

Some local folks quickly organized a food shelf at the Stockbridge Elementary School, and the volume of the donations is tremendous. The National Guard delivered several cases of MREs – that’s

Meals-Ready-to-Eat – and nearly a dozen pallets of bottled water. The mountain of plastic-covered cases reached almost to the ceiling. On Saturday, September 3rd, the Chittenden Fire Department formed a convoy of half a dozen or so four-wheel-drive pickups, loaded to the gunwales, that brought us many more boxes of essentials. We formed a bucket brigade to unload the trucks, and just before they departed, we gave the volunteers a well-deserved standing ovation.

It’s been a hard week, but it’s going to continue to be hard for weeks, months, and even years to come. Were we anywhere else, we might despair, but this is Vermont, and we will prevail. We might even crack a smile while we’re doing it!

The Mountain Times – Then and Now

story and photos by
Royal Barnard, publisher

“Irene” did a pretty good job of flooding our office on Sherburne Flats in Killington and had to vacate. Thanks to Robert Peterson and Peterson Enterprises the workers have pretty well completed cleanup.

We currently have power and internet, but it’s likely that we’re going to need to replace our internal phone system, furnace and other infrastructure. We’ve lost a lot of business property stored in the basement.

The good news... nobody got hurt, but we still have Erica and family stranded in Rochester and Lindsey is mobile, but stranded in Pittsfield. With luck, we should all be ready to return to a restored Killington office by the time there’s reliable roadway between Killington and Rutland via Route 4.

Our current “digs” are at my home in Rutland.... and we’ve made a fairly seamless, but difficult transition to doing business here. We have not missed a scheduled printed edition, and in fact, did extra reporting with the help of volunteer contributions. We are definitely short staffed, but are keeping up nicely now that we’ve organized our “new office.”

In addition, we’re fully online with “real time” reporting as information comes in. It’s fair to say we’re the most current and most reliable source of “on the ground” and official news from the affected areas. www.mountaintimes.info

From our photos you can see that we’ve “battened down the hatches for the next expected storm; we have backup power; and we’ve got the equipment we need to function nicely.

We are all enormously grateful for the messages we’ve gotten from hundreds of readers and friends offering us their support and approval.

We are eternally grateful for news and photo contributions from volunteer “on the ground” reporters and photographers, and who gave information otherwise totally unavailable from the affected areas.



Our new Graphics & Sales Production Room



New Editor's Station



First Load out of Office



Flooded Basement



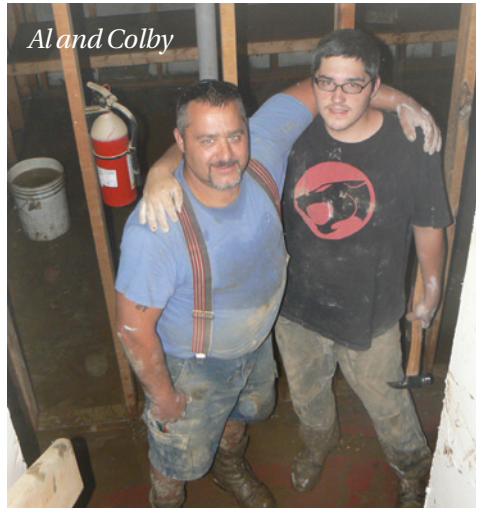
Current Business Office



Generator, just in case



Admin & Personal Office



Al and Colby

and who are our friends.

There’s a long way to go until any of the affected areas are back to “normal,” and of all the quotes I’ve heard, I like this anonymous one best.

“In the past seven days the best thing I’ve heard someone say was:

“Mother Nature didn’t send Irene to Vermont to teach us a lesson; she picked Vermont to teach everyone else a lesson...on how to bounce back!”

A Taste of Vermont®

Long Trail

BREWING CO.

From your friends and neighbors at Long Trail wishing all a safe and speedy recovery from the effects of Tropical Storm Irene.



Long Trail Brewery Company
on August 28, 2011



The Long Trail Crew
on August 30, 2011



longtrail.com