



## Vermont's Most Storm Damaged Community...Killington

River Road, Killington Photo by Sasha Parise

by Royal Barnard

Since 1962 I have enjoyed a strong attachment to the Town of Killington. My first real job was as a lift attendant at the resort. Later I was a shop manager, and for the last 25 years the owner of this local newspaper.

I was raised in Pittsford and Chittenden and I have seen many things happen in our region. The events of the last few days have surpassed anything in my memory of local significance.

At age three I was living in Pittsford and recall sitting in my high chair while the AM radio was blasting information of the details of the breach of Chittenden

Reservoir and water rushing towards Rutland; destroying South Chittenden; washing out the former East Pittsford Pond; and flooding Patch Pond and the Cleveland Avenue and Baxter streets of the lower portions of Rutland City.

I recall my father carrying me outside of our Pittsford home and listening to the audible roar of water far away from us in the hills and valleys to the east and south.

The next day our family friends, The Ellinghams (Irv and Myrt), picked us up and we drove to Grove Street north of the Rutland Country Club. We observed the destruction of the covered bridge at East Creek and North Grove. Mr Elingham parked his car on the downslope north of the chasm and I recall being very afraid that we would slip into the stream. We exited the car and walked to the edge and I was in great fear.

What happened in Vermont over the weekend in our region was equally as bad... particularly in Killington.

The Mountain Times covers all of Rutland County, Woodstock, Ludlow and many communities, Our website and our newspaper cover as much as we can of this fabulous place to live. However, our major focus today is on Killington, where our office is under water, and is our home base.

Killington is probably the most devastated community in Vermont. There are "experts to tell you about it... but, if there are people with

the best ability to report... it is us.

We're currently working from my home in Rutland in a makeshift home office - wires strung everywhere - backup systems working - phones ringing incessantly.

We have a limited staff of our regular employees, and those of our intended successors from the Addison Independent. We are working together to publish a newspaper

this week, and to supply up to the minute information and photos on our website. [www.mountaintimes.info](http://www.mountaintimes.info)... please check it out.

We are also taking health and welfare calls from second home owners,

Killington residents, Town Officials, friends and customers in an attempt to be a private clearing house and to support the system. We took well over 100 calls and inquiries today since 6am... and at 9pm they continue.

As of this writing, there are no possible safe routes of passage for ANYBODY in or out of Killington..... not even rescue or utility workers. The only possible entrance or exit is by air. The aerial photos for this story were provided by our regular correspondent, Debbie Burke, and her husband Bob, who own a personal helicopter. Bob is a commercial helicopter pilot, and Debbie is an experienced member of the Killington Fire and Rescue Department. Both are heavily engaged in rescue operations.

To summarize the situation: Our office on Sherburne Flats has been under water and we are unable to get there to salvage data files or to effect repairs. Despite the crisis we're going to publish a newspaper. We are maintaining our website. We are encouraging input from all sources by simply calling my home at 802-775-0085 or by email to [editor@mountaintimes.info](mailto:editor@mountaintimes.info).

We have no certainty about when we can get to our main office to do a damage and restoration plan. There is an enormous washout just east of Sugar & Spice restaurant in Mendon. Route 100 north is washed out in numerous places. Bridges are missing. Most

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## Governor Shumlin Sees Worst Flooding in a Century

by Dave Gram, Associated Press

MONTPELIER, Vt. (AP) \_ Vermont awoke Monday to the aftermath of the storm that was Hurricane Irene with communities cut off, almost 50,000 customers without power, hundreds of roads closed, at least two deaths and the loss of a dozen bridges.

Gov. Peter Shumlin called it the worst flooding in the state in a century.

"We prepared for the worst and we got the worst in central and southern Vermont," Shumlin said Monday. "We have extraordinary infrastructure damage."

Vermont Transportation Secretary Brian Searles said a half-dozen state-owned bridges and at least that many local spans were "gone."

"Some of this can't be assessed because the water is still very high," he said. "Some will call for fixes that will take a while. We're going to need a lot of temporary bridges."

Shumlin was touring the state in a National Guard helicopter with U.S. Sen. Patrick Leahy.

"We haven't seen flooding like this, certainly since the early part of the 1900s. The areas that got flooding are in really tough shape," Shumlin said.

Historically, a flood from 1927 is considered to be Vermont's greatest natural disaster.

A body was recovered overnight from the Deerfield River. It is believed to be that of a woman who fell in while watching flooding in Wilmington, said a spokeswoman for Shumlin.

On Monday, a body was recovered near Rutland where officials were searching for two men lost when they went to inspect the inlet to the city's water system. The search continued.

Searles said that on portions of the Otter Creek and the Winooski River, the flood levels were the highest ever recorded, exceeding even the 1927 flood.

"This is being compared to the flood of '27. I think those comparisons are going to prove to be valid once we've tallied all the damage," Searles said.

On Monday, President Barack Obama declared Vermont a federal disaster area.



A threat to the Marshfield dam, upriver from Montpelier, abated overnight, eliminating the possibility engineers would have to release water, which would have increased flood waters in the already swollen Winooski River.

Residents of 350 households as far downstream as East Montpelier were asked to leave Sunday evening as a precaution, GMP spokeswoman Dorothy Schnure said.

"Water levels have stabilized. If conditions continue like this we'll be fine, but we're continuing to monitor to see if anything changes," she said.

National Weather Service Hydrologist Greg Hanson called the storm "one of the top weather-related disasters in Vermont's history."

"We've heard reports of houses and cars washing away," Hanson said. "We're keeping our fingers crossed all those were empty."

Parts of downtown Brattleboro and Bennington were under water Sunday after the storm passed. At least nine shelters were set up across the state, although it's unclear how many people spent the night in them.

The storm began with rain early Sunday, heaviest in the southern part of the state, moving slowing north as the day went on. By late afternoon, officials were reporting roads closed by flooding from Guilford on the Massachusetts line to Derby, which borders Quebec.

"If you follow the path of the storm there wasn't a single area of the state that was spared. It hit the south first, but then it worked its way north," Vermont Emergency Management spokesman Robert Stirewalt said early Monday.



# Killington

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of the roads within the Town of Killington have moderate to severe damage. Many are unpassable. Many people are stranded in their homes. Supplies are limited and the limited number of stores in Killington are being quickly wiped out of supplies.

There has also been significant damage at Killington Resort.... primarily the destruction of the Upper Base Lodge and damage to the Ramshead Lodge and surrounding landscape. According to the resort website at [www.killington.com](http://www.killington.com):

"Killington Resort and the surrounding communities have suffered flood damage from Tropical Storm Irene.

Crews are out assessing damages around the resort including structural deterioration to base lodges, lifts and roads as well as power outages.

Following an initial overview of the storm's aftermath, the K-1 Lodge Superstar Pub's structural integrity was compromised by the volume of water running off of Roaring Brook, dislodging the building from its foundation. Killington Resort's lift towers and structures, lodging properties and Golf Course have sustained minimal damage.

Summer operations of the K-1 Lodge, hiking and Golf Course will reopen after crews assess the damages. Mountain biking will tentatively resume after assessment of the trail

network is complete. Pico Mountain summer operations are now closed for the season.

Killington Resort plans to open on schedule for the 2011-12 winter season.

As power and phone service are re-established at Killington Resort, more updates will be forthcoming."

There is major damage to the road from Killington Resort to Bear Mountain. Reports indicate that Bear Mountain and Sunrise Village may be cut off.

We have no indication that there is commercial power available anywhere in the town. CVPS is working diligently to find a way to get service crews into the area.

The Town Manager, Kathleen Ramsay, has supplied us with constant updates on her activities, which are posted as received on our website.

We have two employees stranded, and we hope are safe. Lindsey Rogers lives on a side road in North Sherburne. We have spoken with her and she claims to be OK but unable to cross the bridge that connects her with Route 100. There is hope that local contractor, Ken Hurley, may help assist her and other residents back to Route 100 - including one of our former employees and friend, Donnalyn Burch.

Erica Harrington and family are similarly stranded by a washed out bridge that connects them with Route 73 west of Rochester. At last



Photo by Sasha Parise

report they were safe but stranded.

There are dozens of accounts of people in similar situations.... or who have evacuated their premises and have little or no information about the condition of property left behind.

Once again.... Route 4 has several MAJOR problems... beginning just East of Sugar & Spice in Mendon where the entire roadway is washed out; to a major washout at the intersection of River Road and Route 4 near Sherburne Flats; and severe flooding in West Bridgewater, and radical issues west towards Woodstock and south on 100S into Plymouth and Ludlow.

We have taken many inquiries from concerned relatives, friends and property owners. In some cases we have provided valuable and comforting information.... but not to all... there are too many prob-

lems and too few communications.

Everybody and anybody that can help needs information. Damage assessment data is critical to welfare, comfort, survival and reconstruction

In my work and travels today I have communicated with police, town officials, business owners, second home owners, friends..... and we're all in a new learning process, and a wild and unpredictable adventure.

There are times when we lose control. There are times when survival is paramount. There are times when we must gather up all our resources.... trust our judgment, rely on our friends and allies. Work with officials and get by.

We can take this time in panic, or we can take this time as a new life challenge that

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**Disaster News from Brandon Chamber of Commerce**

As of August 29, 2011 12:00 pm

As you probably know by now, Brandon was hit hard yesterday and there are many unknowns this morning. It does not sound like there was any loss of life or injuries and for that we are thankful. There were some families evacuated and at least one home was destroyed that we know of. Our hearts go out to the building and business owners and homeowners and residents who are affected. Please contact the Chamber if there is anything we can do to assist.

Here is an update on what we know:

- Route 7 is closed between Lake Sunapee Bank and the Post Office (local traffic can get to Mt Pleasant and Seminary Hill via Prospect St)
  - Route 73 east is closed going over Brandon Gap (the road washed out just before the turn to Goshen)
  - Union St is closed by the wastewater treatment plant
  - Newton Road in Forest Dale is closed
- Detour to get around downtown:
- From south going north: If you are already near downtown: Park Street Extension to Country Club Road (turn left) continue straight onto Town Farm Rd past Golf Club. Continue until Richmond Road and turn left. At the end of Richmond Road, turn left onto Wheeler Road for a short distance and then make a right onto Lovers Lane. At the end of Lovers Lane is Route 7. If you are not in downtown, pick up Country Club Road just north of Wood's Market Garden.




- From north going south: Just before Park Village (old Brandon Training School), turn left onto Lovers Lane. At the end of the road, turn left onto Wheeler Road for a short distance. Turn right onto Richmond Road. At the end of Richmond Road turn right onto Town Farm Road. Continue on Town Farm past the Golf Club onto Country Club Road. If you are heading south of town, stay on Country Club Road until you get to Route 7. If you are going into town, turn right onto Park Street Extension.

From snippets of conversation we heard this morning, downtown Route 7 will not re-open until the state bridge inspector deems it safe. This holds true for pedestrian and vehicular traffic.

Hannaford's and Rite-Aid were open this morning. So were Jiffy Mart, Champlain Farms and The Inside Scoop. We heard from Virginia Russell that Larry, her tenant at the Power House, will be home tomorrow.

In typical Brandon fashion, as I was wondering through town this morning, what I heard most frequently was "How can I help?" At this point in time, I think the emergency authorities are still trying to assess what needs to be done. Brandon PD was out in force as was the Fire Department. Rescue was standing by. People should stay tuned to the radio and the internet town website: [www.townofbrandon.com](http://www.townofbrandon.com) or Brandon



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## Killington Resort Sustained Damage From Tropical Storm Irene

KILLINGTON, Vt. (August 29, 2011) Vermont's Killington Resort and surrounding communities suffered flood damage from tropical storm Irene today. Crews were out assessing damage brought by tropical storm Irene and the severe flooding that ensued. Some significant damage from the storm has been discovered including structural damage of K-1 Lodge's Superstar Pub, several roads as well as phone, water and power outages.

Roads leading out of the Killington area are still impassable including Route 4 West and East as well as route 100 South and North. Roughly 300 guests and about 100 employees are unable to leave the area.

The Superstar Pub's structural damage was triggered by the high volume of water running over the banks of the Roaring Brook which dislodged this portion of the building from its foundation.

K-1 Lodge including the Mountain Bike Shop, Rental Shop, K-1 Cafe and Mahogany Ridge Pub appear to have sustained only minimal damage along with Bear Mountain, Ramshead,



Snowshed, Skyeship and Pico Mountain Lodges. An initial assessment has not revealed major damage to lifts, condominiums properties, the Killington Grand Resort Hotel or the Golf Course.

Crews are continuing storm damage assessment of buildings and trail network. The current plan is for K-1 Lodge and the Golf Course to reopen as soon as possible. Pico Mountain summer operations are now closed for the season.

"Despite the storm damage, Killington Resort plans to open on schedule for the 2011-12 winter season," stated Chris Nyberg, president and general manager of Killington Resort, "More updates will be made available as power and phone services are restored at Killington Resort."

## Killington

*continued from page 2*

will teach us something that we probably needed to learn. In other parts of the world tragedy is a daily occurrence. We are lucky that here in Vermont such times are rare. We are lucky that we are small enough to know each other. We are lucky that we are close enough so we are generally not preyed upon by unseen bandits and cheaters during times of trouble.

Be of good cheer that we are alive. Make new friends... expand your horizons... accept help with love and appreciation. Laugh if you can as the sun sets over the horizon of a challenging day.

You are not alone. We and others are here to do what we can to assist. Send us your story. Ask us for help.

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## The Flood of 1927

The Brave Little State of Vermont speech is a name given to remarks delivered by Vermont native and U.S. President Calvin Coolidge at Bennington on September 21, 1928. Coolidge was touring his home state by train to assess progress of recovery following the devastating 1927 flood. Considered taciturn and nicknamed "Silent Cal," Coolidge demonstrated unusual emotion in delivering his extemporaneous response to the human suffering and loss he had witnessed.

My fellow Vermonters:

For two days we have been traveling through this state. We have been up the East side, across and down the West side. We have seen Brattleboro, Bellows Falls, Windsor, White River Junction and Bethel. We have looked toward Montpelier. We have visited Burlington and Middlebury. Returning we have seen Rutland.

I have had an opportunity of visiting again the scenes of my childhood. I want to express to you, and through the press to the other cities of Vermont, my sincere appreciation for the general hospitality bestowed upon me and my associates on the occasion of this journey.

It is gratifying to note the splendid recovery from the great catastrophe which overtook the state nearly a year ago. Transportation has been restored. The railroads are in a better condition than before. The highways are open to traffic for those who wish to travel by automobile.

Vermont is a state I love. I could not look upon the peaks of Ascutney, Killington, Mansfield, and Equinox, without being moved in a way that no other scene could move me. It was here that I first saw the light of day; here I received my bride, here my dead lie pillowed on the loving breast of our eternal hills.

I love Vermont because of her hills and valleys, her scenery and invigorating climate, but most of all because of her indomitable people. They are a race of pioneers who have almost beggared themselves to serve others. If the spirit of liberty should vanish in other parts of the Union, and support of our institutions should languish, it could all be replenished from the generous store held by the people of this brave little state of Vermont.

Calvin Coolidge  
President of the United States

## GENERATION

By Brett Yates



### People I Admire: Richard Brautigan

The first chapter of Richard Brautigan's short novel "Trout Fishing in America" (1967), a book that people used to like a lot and now remains an interesting footnote in American literature, is a description of the cover of "Trout Fishing in America." The cover is a photograph of Washington Square in San Francisco, with its statue of Benjamin Franklin.

"All around the grass is wet from the rains of early February," Brautigan writes. "There is a tall church across the street from the statue

with crosses, steeples, bells, and a vast door that looks like a huge mousehole, perhaps from a Tom and Jerry cartoon, and written above the door is 'Per L'Universo.'" Eventually, inexplicably, the photograph comes alive: "Around five o'clock in the afternoon of my cover for 'Trout Fishing in America,' people gather in the park across the street from the church and they are hungry. It's sandwich time for the poor." The poor people "run across the street to the church and get their sandwiches that are wrapped in newspaper. They go back to the park and unwrap the newspaper and see what their sandwiches are all about."

"A friend of mine," Brautigan adds, "unwrapped his sandwich one afternoon and looked inside to find just a leaf of spinach. That was all."

"Trout Fishing in America" is one of those novels whose contents are pretty much impossible to describe. It doesn't have a plot, and it doesn't really have any proper characters, either. It's not about fishing, although fishing

is one of its more important motifs. There are chapters entitled "Hunchback Trout," "Sand-box Minus John Dillinger Equals What?," "Prelude to the Mayonnaise Chapter," and "The Mayonnaise Chapter," which form a series of whimsical, often fantastical, vaguely connected vignettes in which the phrase "Trout Fishing in America" appears again and again, attaining a sort of mystical significance extending beyond the act itself. There is a character named Trout Fishing in America, who writes letters to other characters in the book.

As I write about it, I know it sounds determinedly, overbearingly zany, and I'm not sure how to convince you that it's not, but I'll mention first that it's an amazingly funny book, a wonder of free-associative humor, whose outrageous imagination, conveyed in a zen-like calm, makes its own kind of sense. Nothing about it is realistic, yet I can't think of many books that feel more truthful; it's a novel without agenda, structure, or artifice. Its jokes, its visions, and its sadness all come direct.

Born in 1935, Brautigan grew up in poverty in the Pacific Northwest. He moved to San Francisco in the 1950s, fell in with its budding counterculture, and distributed his own poetry around the city. He's sometimes grouped with the older Beat Generation authors - who, like Brautigan, hung out at Lawrence Ferlinghetti's City Lights Bookstore - but this always bothered me because, really, he had none of the petulant, self-regarding nonconformism of, say, Jack Kerouac, no genius-of-life-and-art pretense. There's a deep humility in all his work: his narrators, usually, are likable losers, who, barely scraping by, remain careful appreciators of the world's small pleasures; the coexisting phantasmagoria in his books comes unhyped, understated, confidential.

Of all the novelists I've read, Brautigan is probably the least interested in impressing his intelligence upon the reader. He was a weird guy who liked writing down his weird thoughts, not a man with a message or a serious-minded artist. His popularity reached its zenith in the late '60s, when the hippie movement embraced him and his trippy, unconventional literature, but Brautigan didn't want

to be part of any movement: his eccentricity had no social or political impetus. Because he never moved beyond benign oddness, critics viewed his work as "anti-intellectual," but he wasn't an anti-intellectual; he was a very bright non-intellectual. He wasn't what they wanted a writer to be, but he refused to be anything other than what he was.

Filled as his sentences were with off-kilter similes (Brautigan once compared tree branches to "the intestines of an emerald"), his syntax was unwaveringly simple, and his deadpan style sometimes sounds a little like Vonnegut - who brought Brautigan's small-press work to the attention of a major publishing house, Delacorte - but Brautigan's tranquility, unlike Vonnegut's, conceals no dissident rage. Other authors of the '70s, like Tom Robbins, tried to lend a cerebral heft to Brautigan's brand of surrealism, but their work today seems arch and strained. Among contemporary writers, the most willing to indulge in the purposeless nuttiness of Brautigan's novels is Haruki Murakami, who has acknowledged the American writer as an influence, but Murakami, too, is more ambitious and therefore more conventionally literary.

What I'm trying to say, I guess, is that Brautigan was an inimitable original. His was a minor voice in literature, but the purity of his work - everything in his books is fresh and unadorned - is sort of inspiring to me. It makes me want to write a little less turgidly, a little more openly.

Brautigan's most moving novel, the semiautobiographical "So the Wind Won't Blow It All Away" (1982), was his last one, an attempt to preserve fragments of his troubled, indigent boyhood in Oregon. He committed suicide in 1984.

Nine novels by Brautigan were published during his lifetime, and for a writer so unique, maybe this was a kind of a miracle. One of his books, "The Abortion," describes a library designed to hold unpublished manuscripts, titles such as "Bacon Death" and "UFO vs. CBS;" written by authors who sound like Brautigan's kindred spirits. At one point in the novel, Brautigan himself stops in to drop off a book called "Moose," and the librarian asks him what it's about. "Just another book," Brautigan replies.

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# Fair Nostalgia

photo & story by Thomas Bartlett

When I was a kid, The Vermont State Fair held, for me, the same kind of attraction and expectation as Christmas. As the hot summer rolled forward, I could not contain the feeling that September would never arrive. Unlike Christmas, I would be able to experience the feeling of excitement and awe for almost an entire week! There was always so much to look forward to. The food of course was a gastronomic event that was unparalleled to my young pallet. Once opening day arrived, it was time to eat delicacies such as fried dough with syrup and powdered sugar! Carmel apples and cotton candy! Sausage with fried onions and peppers! And my favorite: Roxie's French fries. These were foods that only arrived once a year. It was close to impossible to eat enough of this magnificent fare. But eventually your belly let you now when enough was enough. Especially after a few high speed turns on the Scrambler or the Zipper. I tried to space the eating out through the week, but it was difficult to pass anything up knowing that it would soon be gone, especially the maple ice cream and frozen bananas.

The ride to The Fair was always a short one from West Rutland. My Dad would turn the big brown Plymouth Fury onto Park Street and you could hear the cacophony of spinning rides, music and excited human voices. As we neared, the bigger rides could be seen rising high into the sky, lit up with a rainbow of lights even in the day time. We would park the big car in a grass lot across from the entrance that was being tended by one of my uncles waving a three foot length of stick showing people the way to a good time. Soon enough we were inside and there was the achievement of childhood bliss. As soon as we passed the main gate we would take a right and proceed to walk the Midway.

Since those days, I can not count the number of times I have slow walked the fairway. It is more of a slow wander. Zig zagging your

way side to side to take in games and rides. Opportunities to play a game and win a prize! Throwing base balls at the padded targets that looked like cats was where I spent most of my dad's dollar bills. I was a little league pitcher and fancied myself as being quite good. I would throw baseballs until dollar bills ran out or I won the opportunity to pick out a stuffed animal from the line of them hanging under the tent. On to the next game! As we walked the midway, always in a counter clockwise direction, the activity was all around. I could go into a booth and stand behind bars for a fun photo. They don't take your picture like that in a real cell and it is no fun.

Along the midway the rides push gales of wind right over your head and everyone of them played its own mix of music and noise. There was music, cheering, the call of a horse race, or jet engine wine of supped up tractors coming from beyond the fence and the red white and blue painted bleachers of the grandstand. And along with all of this action and food were friends that I new walking the same circle with their parents. Friendly faces of people you knew well and were happy to see. Some walking towards you on the Midway where you would stop and chat and alter the flow of human traffic, or they would walk with you for a spell until they found their food or game destination.

Quite a lot of excitement for a kid. I always remember these days with pleasure. As the years moved on The Vermont State Fair has gone with us. And before that, with our parents, and maybe their parents before them. The Vermont State Fair celebrates its 166th year in this September of 2011. In 1846 The Fair began as a one day event.

By 1933 it was 6 days. Now, 78 years down the road, it is ten days of good food, entertainment, and agricultural activity. Through the early years of my drivers license, my friends and I would walk around the fair in a group and ride as many of the rides as we could during wristband night. I have never been good for very long on rides that spin in a fast circle,



so it was often high challenge to enter these with my pals. The Rotor, which is like being in a high speed washing machine where, once up to speed, the bottom of the thing opens underneath you, and you are pinned to the wall like a bug. My friends would take the opportunity to strike poses or turn their bodies sideways. I would concentrate on whoever was across from me and try not to throw up. Good times.

On the Midway, we would pass friends from other area high schools on the midway and laugh it up and then remind them we would be seeing them on the field for fall soccer season. Or on the court for high school hoops in the winter. Not a lot of talk. We would get it done on the field or court. The throwing arm had gotten better, and all prizes went to my high school girlfriend. Like everyone else, I have grown older and the attractions for me are somewhat different. The food is always a great thing to look forward to, but now I find myself heading off to the long buildings with the live animals.

I tour the farming areas and witness some ancient farming equipment as well as the new. I don't ride the spinning rides anymore, and my

shoulder will burn if I throw to many baseballs. Walking the Midway has always been one of the biggest events of fair-time, because you that gives you the whole show. But now yet again, it is a new enjoyment.

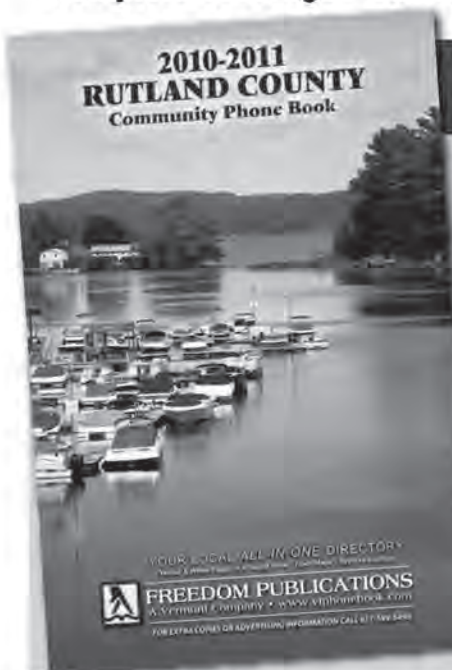
I run into old friends making laps. It has been some time since I have seen some of them and we get to slow walk and talk. But as always something attracts them or their kids away and I continue my slow walk through familiar sights and sounds.

The Vermont State Fair in Rutland has something for everyone. Food, games, rides, and the opportunity to step out of your ever day life for awhile and experience the show that comes to town once a year. For me it has always been the gateway into fall. When The Fair comes to town, I know that my favorite season of the year is on its heels and the summer is just about over.

The seasons are changing and The Vermont State Fair helps us transition into fall with its bright lights and live music, and good friends. It has been doing so for 166 years, and is still going strong. It is not a major holiday celebration for the world, but it is for our corner of it.

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# GolfNews

## News From Green Mountain National G.C.

By Spider McGonagle

In President's Cup news, we are down to the "Final Four" in the men's bracket and we have had some hard-fought battles for those spots. Defending champion Ken Lee defeated Shawn Phelps in a close match and will now face Martin Johnson to see who gets into the finals. Martin eliminated Greg Becker in a back and forth match which went to the bitter end and Nick Chiarella earned his spot by eliminating "Doc" John Macaulay with a snake of a birdie on Hole #17. Nick will face Teddy Arbo who bumped Bill Vines out in yet another great match!

Garren Poirier did both Green Mountain National and the Green Mountain State proud at the US Amateur Championship in Erin, Wisconsin last week but came up just a couple of strokes short of making match-play. Garren was +4 after his first round at Blue Mound C.C. but started out "on fire" in the second round at Erin Hills and powered back to -1 after his first 10 holes. Two bogies and tough double in his last 8 holes put him at a +3 total

but Garren played and acted like a champion and we couldn't be more proud of him!

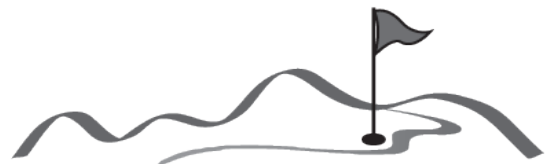
We are happy to announce that the 14th Annual Twilight League "Ugly Shirt Night" will be held Thursday, September 22 and the Clear River Tavern will be bringing along some great prizes for the "winners." Three-time Ugly Shirt Champions and Clear River Tavern owners Kim & Jason Evans will be on-hand to emcee and judge the evening and are available for "fashion advice" at the Clear River Tavern anytime. Start digging into your closet and scouring the thrift stores to find the "best of the worst" but beware... Ugly Shirt Night is not for the weak of heart. Be sure to call early each Thursday morning for Twilight League because we fill up fast!

The 2011 GMNGC Member-Guest & Member-Member is scheduled for this Sunday, September 4 and we hope that everyone grabs a partner (or two) and joins the fun. Invite a guest or another member or BOTH! We'll do all the math and scoring, so you can just go out a play great golf! Can Marty Mylott defend his two-time title? Grab a partner and come find out!

Mother Nature decided to postpone our Ladies' Invitational until Sunday, September 25 which means that there is still time to grab a partner and join in on the fun. Two-women teams will compete for the 2011 title and there will be a delicious dinner and prize ceremony following the tournament. Everyone is welcome to play and there are still spots available, so sign-up today!

We have very busy and exciting fall planned and tons of great events coming up. Autumn is the best time of year to play Green Mountain National and we have already seen a stray red and yellow fluttering down. Don't forget, The Santa Fe Invitational, the Look Out "For Each Other" Tournament and the Summit Lodge's Scholarship Tournament in Memory of Teddy Bridges are still on the calendar for the fall. Visit our website at [www.gmngc.com](http://www.gmngc.com) for contact information and details.

Our complete Events Calendar can be found online and we can't wait to see you back here on the first tee. If you have any questions, please give us a call at 422-GOLF.



Green Mountain National



## Rules of the Game

By Alan Jeffery  
USGTF Certified Golf Professional

QUESTION: Garren and Brian are playing in a tournament. On the 6th hole, Garren strokes his second shot and the ball rests in casual water (abnormal ground condition). He lifts his ball and then realizes that the only area he could drop in under the rules would make the ball unplayable. He therefore replaces his ball in the casual water and plays it. Brian says Garren should be penalized a one stroke penalty for lifting a ball in play. Garren says he was entitled to lift the ball from the casual water without penalty. Which player is correct?

ANSWER: A player is entitled to take relief from casual water without penalty. However, once the player lifts the ball he must take relief. By lifting the ball and not taking relief, the right to lift the ball is negated. Brian is correct. See USGA Decisions On The Rules Of Golf, 2010-2011, 18-2a/12.

Golf clinics continue on Tuesday evenings, 5:30-6:30 and Saturday mornings, 10:30-12:00. I continue to work on individual needs. Private lessons are also available by calling me at GMNGC, 422-GOLF. Remember, the swings the thing and continuous improvement is what it's all about.

## Lincicome Wins Canadian Women's Open by 1 stroke

MIRABEL, Quebec (AP) - Brittany Lincicome sank a par putt on the 18th hole in a driving rain Sunday to win the Canadian Women's Open by one stroke.

Lincicome closed with a 2-under 70 to edge defending champion Michelle Wie and Stacy Lewis, claiming her fifth LPGA Tour victory and second this year. Lewis had the low round of the day with a 67 to finish tied with Wie at 12 under.

Wie, who won the tournament last year in Winnipeg, sank long putts on the 15th and 17th holes to make it close. She needed a birdie on the 18th to force a playoff, but missed the green, took a drop to get clear of a fence, and made par.

Americans took the top five placings, with Cristie Kerr (71) and Angela Stanford (72) finishing at 11 under.

Fears that the tournament would not be concluded because of remnants of tropical storm Irene did not pan out. It rained heavily on the back nine for the leaders and there were gusting winds, but nothing that force a stoppage of play.

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# Health & Fitness

## Is Going Vegetarian Trendy--or Smart?

By Janet K. Keeler

To be a vegetarian is to be an eater in transition.

The first step may have come as an ovo-lacto adherent who eschews meat, fish and chicken, but eats eggs and dairy. The next step was strict vegan, dabbling at times with macrobiotic and raw food, but eating (and wearing) no animal products at all. What may follow that is a return to cooked vegetarian fare. That's just one scenario on the path of a plant-based diet.

To be a vegetarian is to be an eater on a mission for improved health, often in concert with a quest for a more wholesome planet and better treatment of animals. Sometimes it's to be an eater on the defensive, or to follow religious convictions. To be a vegetarian is to be a lot of things, and sometimes it's a pick-and-choose lifestyle.

Certainly, to be a vegetarian in America -- if not in the strictest sense, then occasionally -- is to be part of a growing population, especially if you're a teenager or young adult. About 8 million U.S. adults and 1.5 million youths ages 8 to 18 identify as vegetarian, according to the Vegetarian Resource Group in Baltimore. Three million others in that age group don't eat meat but include fish or poultry in their diets.

While strict vegetarians account for only 3 percent of the population, they have mightily influenced others, including food manufacturers. A stroll through any supermarket results in an array of veggie products that weren't available a decade ago.

Then there are the "Meatless Monday" folks who go without meat at least one day out of seven. The national campaign, supported by Johns Hopkins University's Bloomberg School of Public Health, is an effort to get us to think about regularly satisfying our protein needs with plants, which tax the environment less than animals. Chef Mario Batali, a seemingly unlikely proponent, has gotten on board, as have thousands of other people. Rather than vegetarian, you might call these people "conscientious eaters."

Debby DeGraaff of Lutz, Fla., who has taught vegetarian-cooking classes in the Tampa Bay area for 25 years, has noticed the growth in interest. She tracks it by the number of people in her free classes, held at area natural-food stores. What was once a cozy group of 15, she says, has routinely become a crowd of 40.

Organics and bulk foods (less packaging) are more popular,

and so is home cooking, DeGraaff says. The interest in home cooking is up in all types of food preparation, thanks to the lousy economy and job losses.

"There is this ill-conceived conception that (vegetarian) food is boring," she says. But it's actually the cook's shortcomings that prevent anything prepared with tofu or eggplant from being tasty, she says.

DeGraaff says that most people come to vegetarianism for health reasons and stay because they feel so much better. In fact, she says, "they didn't know how bad they felt until they cleaned up their diets."

Denise Rispoli Becknell, owner of Leafy Greens Cafe, a 3-year-old raw-food restaurant in St. Petersburg, Fla., agrees that health issues often drive people to a plant-based diet, but concerns about the environment and treatment of animals soon follow. "There are a lot of moral and ethical issues" surrounding food.

Still, Becknell says, it's not always easy to be a vegetarian, especially in a contemporary culture that likes to dine out. If you want to stay strict, you have to ask a lot of questions at restaurants.

"It's not always convenient, and there are a lot of social pressures on vegetarians," Becknell says. She notes that 75 percent of vegetarians return to eating meat, a number backed up by a 2005 CBS News poll. The study showed that some people return to eating meat because of the "toll on their social life," though nearly all who add meat back have become changed eaters in some ways.

Chris Sand of Land O'Lakes, Fla., has made the transition. A former girlfriend got him to go vegan three years ago. She's out of the picture, and so is his "little bit of a beer belly." He says he has more energy, and is now teaching a vegetarian-cooking series.

He gets a little sly with meat-eating friends, sneaking vegetarian entrees onto their plates. Most in their mid-20s and early 30s -- he's 27 -- are happy to have a friend who cooks. They are often surprised how yummy his dishes are.

"Veganism has been good to open people up to new ideas and new food preparations," he says. "When most people think burger, they think Angus and Kobe. When I hear burger, I think carrots and walnuts."

There are different types of vegetarianism, though all have diets based on plants, including nuts and beans. People who



adhere to true vegetarianism do not eat any animal foods, including fish, eggs, dairy products and honey. Some people are raw-food vegetarians and don't eat food that has been heated above 104 degrees. (Water boils at 212 degrees.)

Vegans: Omit all animal products from their diets and often eliminate them from the rest of their lives. Strict vegans use nothing from animals, such as leather, wool and silk.

Lacto-vegetarians: Eat dairy products.

Lacto-ovo vegetarians: Eat both eggs and dairy products.

Pesco-vegetarians: Sometimes called pescatarians; include fish in their diets.

Pollo-vegetarians: Eat poultry such as chicken, turkey and duck.

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# Weddings & Beyond

## To Save the Dress Take Care of it Now

by Lisa Flam • For The Associated Press

After Barbara Hart's wedding in 1989, her mom took care of the dirty work.

She had Hart's 1950s lace gown repaired, cleaned and preserved, boxed up and ready for another bride in the family. It was late last year, though, when Hart's niece, who was considering wearing the gown, opened the box, only to learn it held the wrong dress.

So much thought goes into selecting a wedding gown, but once the celebration is over, the dress begins to fade into the background. Experts say that right after the wedding, however, is precisely the time to make sure everything is in order so your dress is pristine if you want to wear it again for an anniversary, have it made into a christening gown, or hand it down to a daughter or other loved one.

Hart doesn't know what instructions her mother was given about opening or not opening the box, and the dry cleaner that

worked on it has since changed hands.

"My advice is that people should open the box and inspect it, and make sure they have the right dress and it's properly done at the time," said Hart, a lawyer.

Mix-ups are more common than you might think. Hart said an acquaintance of hers heard her story and opened her box to find a different dress too.

"The problem of the wrong dress is endemic in the industry," said Sally Conant, executive director of the Association of Wedding Gown Specialists. "Ask to inspect your dress."

A preservationist for 20 years, Conant said the wrong-dress-in-the-box scenario happens less frequently now because most preservations are done in boxes that aren't sealed, though some still are.

Conant, of Orange, Conn., said she packs the dress in front of the bride. Many gown specialists now feel it's OK for people to open the box later, she said; it won't void the guarantee against yellowing.

"It's fun for them to see it again," she said, "and they like to reassure themselves."

Methods that involve shrink-wrapping or vacuum-sealing the boxes, which then must remain closed, are not recommended by Conant. "Vacuum-packing your gown can cause permanent wrinkles, or trap moisture," which can cause mildew, Levine said.

Cleaning the dress soon after the wedding is key to preventing discoloration and fabric damage.

At Margaret's, each gown is evaluated to determine how it should be cleaned, Bohn said. Her business has seven methods.

Cleaners remove blemishes that are visible (the most common is floor dirt) and invisible (usually perspiration, or sugar from Champagne, soda or frosting).

"If you do nothing, they will oxidize in a couple years," Bohn said. "You'll start seeing small yellow or brown marks, and then they grow and get bigger and they can damage the material."

Conant estimates that 80 percent of gowns have invisible

stains, which cleaners find with special lights. "A lot of times people will think they didn't spill anything," she said. "But a friend throws her arms around you and in her hand is a glass of wine..."

Levine urges brides who want to save their gown to use a gown specialist, or a local dry cleaner that handles at least 100 wedding gowns a year.

"You can't just go to the dry cleaner on the corner," she said. "On a day-to-day basis, most dry cleaners aren't working with silk organza and heavy beading."

The Knot puts the national average cost of cleaning and preserving a wedding gown at \$200 to \$400; Conant at \$250 to \$300. Bohn says her services start at \$325 and have reached \$1,000. It depends on how much damage has been done, how the dress is constructed and what it's made of, Bohn said.

Conant estimates that 25 percent of brides preserve their gowns, while many resell them. Brides spent an average \$1,099 on gowns last year, according to Levine.

Wedding planner Barbara Wallace says one-third to one-half of her high-end clients have their gowns preserved. "By the time you've spent \$5,000 or \$10,000 or more, it seems silly not to spend that few extra dollars to keep it nice," said Wallace, of Corona del Mar, Calif.

Some dresses may be lost to the post-wedding trash-the-dress phenomenon, which has brides donning their gowns to wade into the ocean or frolic in the mud for the camera. But even with a trashing, most gowns can still be saved. "If it's not silk, we can return it to almost like new," Conant says.

For many women, though, the sentimental attachment to the gown is strong. Hart recalls that her mother hoped Hart would have a daughter who would wear the now-missing lace dress. That daughter, now 9, was sad to learn the gown was gone.

"My daughter's face just fell," Hart said. "It's very sad to me because ... I'm not able to live out a dream my mother had for me."

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# Put the Personal Touch on the Cake

by Hillary Speed • For The Associated Press

The only part of a wedding cake that doesn't get eaten, preserved in the freezer, or smudged across a bride or groom's face is the cake topper. Why not make it something worth saving?

From wooden figurines to monogrammed eggs in a nest to teacups from Grandma's china cabinet, cake toppers at weddings have become more personalized.

Increasingly, couples are working with artists to design the perfect cake topper, unique to them.

"The cake topper is one of the few things that will be part of the wedding that the couple will take home afterward and maybe display in their house," said Portland, Ore.-based artist Hilary Pfeifer, who designs customized cake toppers.

"It's not just a plastic topper that they use for that day; it becomes an icon in their house afterward," she said.

Pfeifer's creations have run the gamut from colorful elephants for a circus-themed wedding, to a pair of robots with a robot dog, to a duck bride and groom wearing Converse sneakers.

She has made cake-topper alligators, deer, squirrels, giraffes, flamingos, turtles, penguins, monsters, space monkeys, flying pigs and more. Often they are turned into sports mascots.

"Having customers bring you ideas is great," Pfeifer said. "It takes me places I wouldn't have gone on my own."

Another artist who has worked with brides and grooms to customize cake toppers is Heather Ward-Migner, based in Asheville, N.C. Her cake toppers have included couples on

double bicycles, pairs of love birds, and a bride and groom in a yellow canoe.

Typically, her wooden characters are based on a photograph, and closely resemble the actual couple, a far cry from the standardized cake toppers of yore.

The effort that goes into creating such a personal memento contributes to its ultimate staying power.

"I love thinking about how 100 years from now some bohemian college students might have their grandparents' cake toppers displayed in their apartment," Ward-Migner said.

"Your wedding cake as a whole is such a great way to add your own personality, and it's a great way to make a statement at your wedding without going over the top," Winikka said. "The cake topper falls into that category as well."

She has seen various handcrafted toppers recently. Love birds are a popular choice, she said, including options made out of felt, fabric, wood or other materials.

Winikka has also seen the vintage craze enter the wedding-cake-topper arena. Couples are repurposing their parents' and grandparents' cake toppers as their own.

You can also creatively use trinkets from your grandparents or tiny teacups from their china cabinet as your cake topper, she suggested.

In the case of a cake or cupcake tower that isn't suited to having a topper, the bridal couple can turn the entire cake table into a sort of display area with mementos or figurines that add personality, Winikka said.

"I've definitely noticed that when a normal person thinks of a wedding cake topper, they think of the plastic bride and groom," said wedding planner Laura Auer, whose company is about to plan its 300th wedding.

"But I've probably seen that only five out of the 300 times.



People want different skin tones, or they aren't male-female couples, or they just don't want old-school traditional bride-and-groom cake toppers."

In addition to art pieces custom-designed for the couple, she has noticed a lot of monogrammed cake toppers, sometimes very ornate, made of crystal or pretty much any other material.

If the bride is taking her husband's last name, it's not proper etiquette to use that married name until after the couple has taken their vows, Auer said. So having it on the cake might be a fun way to introduce the new shared initial for the first time.

Other popular options are edible or floral cake toppers, real decorative flowers, fruit or flowers made of frosting.

# The Scoop on the Bridal Do

by Samantha Critchella • AP Fashion Writer

Maybe that first call a bride-to-be makes after finding her fairy-tale wedding gown shouldn't be to her mother. Maybe it should be to her hairdresser.

The process for perfect tresses can take six months, says stylist Ted Gibson. "Six months means you can do whatever you want. You can grow it, cut it, grow it out again if you don't like it," he says.

But, he adds, there's no point in having the hair conversation with your stylist until the dress is selected.

The neckline matters most, but so does the overall silhouette, as well as the formality of the gown, explains Gibson, who has namesake salons in Manhattan and Washington.

Giovanni Giuntoli of Redken says he also likes to get in on the selection of the veil or other head piece.

"A busy dress, you want simple hair. A simple dress, you want more dramatic hair," says Prive founder Laurent Dufourg. "You want to complement the mood, but be opposite too. An elegant dress should have elegant hair, and a sexy dress, sexy hair."

Dufourg says brides certainly should step up their look, but never stray from what they feel comfortable with. They're the ones, after all, who have to live with the photos for many years. "Remember, it's not a photo shoot or fashion show, it's a wedding," he says.

The Associated Press asked Gibson, hair guru of TLC's "What Not to Wear," Giuntoli, known as Redken's bridal expert, and celebrity stylist Dufourg, who splits his time between his Manhattan and Los Angeles salons, to suggest specific hairstyles based on three specific gowns from the new spring 2011 collections that recently debuted on the runways.

1. Dufourg on St. Pucchi's elaborate, frothy strapless gown with tiers of tulle and a bouquet of fabric roses and ribbons on the back at the waist:

"This is an amazing dress," he says. "You can wear your hair up or all back. The perfect look for this dress is to slick the hair back and do a beautiful braid on the side, maybe you could even put flowers in the braid."

That braid is a very youthful look, he adds. An alternative would be to wear a neat, high chignon \_ like a ballerina bun.

He suggests that only brides with very thin, oily hair wash their hair on the day of the wedding. For everyone else, the hair will be smoother and stay in place better if it's shampooed the day before.

2. Gibson on Oscar de la Renta's sweetheart-neck, corset-bodice gown with a flared, embroidered skirt:

This dress begs for the bride to show off her décolleté, shoulders and the back of her neck. That bareness, Gibson says, is feminine and sexy but still elegant and respectful.

A relaxed ponytail with side-swept bangs would work for long or even medium-length hair; it's OK if there are a few pieces hanging down \_ that just adds to the romantic look, he says.


What you don't want are tight "sausage" curls, he adds: "Sausage curls over your head \_ which women somehow think is fine for formal occasions \_ are never appropriate for a bride."

3. Giuntoli on Reem Acra's high-neck, slim, draped gown with the bodice swathed in tulle and decorated at the bustline with fabric petals and a small black bow:

This dress can take a statement hairstyle, says Giuntoli. "This dress is interesting enough to allow the bride and the hairstylist to be a little more boastful with their styling choices."

He'd also go for an updo, but it would be voluminous, not sleek.

The bow on the dress also could be a starting point, incorporating a similar ribbon, or at least ribbon of a similar color, into the hair.



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# Art & Entertainment

## Thursday, September 1

**Bone Builders Class** - 10:00 AM, Health Tues. & Thurs. Bone Builders free exercise classes. 10-11am, Mendon Methodist Church, 773-2694. Bridgewater Mill, 2nd floor, 3-4pm, 672-3384.

**Tales of the Notch** - 10:00 AM, Variety Join site administrator Bill Jenney for a special guided tour of Calvin Coolidge's Plymouth Notch. This leisurely walk through the village and surrounding fields will offer unique insights into the man who became our nation's 30th President. Held weekly through October 14. 10am or 3pm - call for details, 672-3773.

**Bingo-10:15AM**, Variety Modern Woodmen of America holds Bingo, including special game to benefit a local charity or good cause. Thurs. 10:15a.m. Sunday Bingo starts at noon. Wells.

**Marble Valley Bridge Club** - 1:00 PM, Sports ACBLSanctioned Bridge Games 1:00pm Monday and 6:45 Thursday at Godnick Senior Center. guaranteed partner. 287-5756.

**Rochester Singing Group** - 5:00 PM, Variety Acappella singing group meets Thurs., 5-6pm, Federated Church of Rochester. Practice spiritual music to sing to ill folk. Come & sing! 767-3012.

**Antique Postcard Program** - 7:00 PM, Variety at Castleton Community Center. Series of "F" postcards

mostly featuring Lake Bomoseen in presentation by Charles Knight on Golden Age of Lake Bomoseen. Donating postcards to Historical Society. Have other "F" series to donate? Join them! Call 468-5105 with questions.

**Poultney Farmers Market** - 9:00 PM, Community on Main St., 9am-2pm.

## Friday, September 2

**Weekly Bone Builders Exercise** - 9:00 AM, Health at Sherburne Library. Til 10am. Weekly, M & F. Info, 422-3824

**Foodways Fridays at Billings Farm** - 10:00AM, Variety Discover how Billings Farm & Museum uses seasonal produce from its heirloom garden in historic recipes every Friday as part of Foodways Fridays, July 15 - October 14, from 10:00 a.m. - 5:00 p.m.

**Arthritis Help**-10:30AM, Health Rutland. 10:30-11:30am - Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10 classes. Holiday Inn Pool, 775-1911.

**Balance Workshop** - 1:00 PM, Health Do you have a fear of falling? RRMCM sponsors Matter of Balance Workshops to help increase activity, exercise to increase strength & balance, and reduce risk factors. Castleton Community Center, til 3pm. 468-3093 for required pre-register. Free, open to public.

**Sherburne Pre-School StoryTime** - 1:30 PM, Variety Killington - Sherburne Memorial Library Event: Fris - Preschool StoryTime, 1:30pm. 422-3824.

**Lake House Entertainment** - 6:00 PM, Nightclub Aaron Audet performs.

**Women's Basketball** - 6:00 PM, Sports Pittsford. Adult Women's Basketball - Open Gym. Friday nights, 6-8PM. Police Academy, Furnace Road. More info: Tara 417-7331.

**Lipbone Redding & the Lipbone Orchestra** - 6:00 PM, Music Jackson Gore Outdoor Music Series at Okemo Mtn presents. BBQ w/ wine & beer available. On the grass in the courtyard at J. Gore Inn. Concert starts 6pm, rain or shine. okemo.com

**AA Meetings** - 7:00 PM, Health Rutland - Al Anon: Call Pete: 773-

9548 or Marcia: 775-7479 for meeting info. Beginner meeting Fris, 7pm, The Evergreen Ctr. You may also call Rutland - AA Hotline, Rutland area: 802-775-0402, 24 hours.

**Friday Farmers Markets** - Brandon Farmers Market in Central Park, 9am-2pm., Pittsfield Farmers Market on the Village Green, Fridays, 3-6pm. , Fair Haven Farmers Market, 3-6pm, FHPark, rain or shine., Ludlow Farmers Market open, Okemo Mtn School front lawn, 4-7pm., Rutland Town/Killington. Home Depot Plaza, 4-8pm.

## Saturday, September 3

**Saturday Farmers Markets** - 9:00 AM, Community Rochester. Farmers Market on the Village Green, 9-1pm. , Rutland. Downtown Rutland Farmers Market, Sats. 9am-2pm, in Depot Park.

**Stand Up Shakespeare** - 12:00 PM, Variety Newest show by Stand Up Shakespeare entitled President Coolidge & Shakespeare, free, one time only show at Coolidge Site, Plymouth Notch.

## Sunday, September 4

**Bingo-10:15AM**, Variety Modern Woodmen of America holds Bingo, including special game to benefit a local charity or good cause. Thurs. 10:15a.m. Sunday Bingo starts at noon. Wells.

**Shrewsbury 250th**

**Anniversary** - 1:00 PM, Variety The Shrewsbury Historical Society Museum located on Route 103 in Cuttingsville is celebrating the Town of Shrewsbury's 250th Anniversary. Museum hours are Sundays from 1 to 3 pm, until the end of October. Free admission, handicapped accessible, with parking. Info: contact Ruth Winkler, (802) 492-3324.

## Monday, September 5

**Killington Yoga** - 8:30 AM, Health Mon. & Tues. Anusara Inspired Yoga classes at Killington Yoga, Mon. 8:30am mixed level, Tues Level 1. Thurs. classes resume Sep. 8 killingtonyoga.com. 422-4500.

**Bone Builders Program** - 9:00 AM, Health Mon. & Thurs. - Rochester. Bone Builders exercise program meets 9am, Park House. Lightweight resistance training to help slow down or reverse osteoporosis. 767-3416.

**Weekly Bone Builders Exercise** - 9:00 AM, Health at Sherburne Library. Til 10am. Weekly, M & F. Info, 422-3824.

**Arthritis Help**-10:30AM, Health Rutland. 10:30-11:30am - Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10 classes. Holiday Inn Pool, 775-1911.

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**Marble Valley Bridge Club** - 1:00 PM, Sports ACBL Sanctioned Bridge Games 1:00pm Monday and 6:45 Thursday at Godnick Senior Center. guaranteed partner. 287-5756.

**Parkinson's Exercise Group** - 2:30 PM, Health Rutland. Low impact exercise group for those with Parkinson's Disease, 2:30pm Mondays, Godnick Adult Center. Free. RSVP sponsors.

**Zumba in Bridgewater** - 6:30 PM, Health Bridgewater. Zumba at Bridgewater Grange, \$4. 6:30pm.

**Brandon Band** - 6:30 PM, Music, July 11 - Brandon. Brandon Town Band plays in Central Park, 6:30-7:30pm. Bring a chair or blanket & enjoy! Weather permitting.

**Curbstone Chorus Practices** - 7:00 PM, Music Rutland High School. Open invitation for any men interested in singing - join them!

**Commit to Quit** - Health Rutland. Commit to Quit program at RRCM. 4 wk program begins on the first Mon. of each month. Mons. 4:30-5:30pm or Thurs. 9-10am. Register 747-3768. Free!

## Tuesday, September 6

**Killington Yoga** - 8:30 AM, Health Mon. & Tues. Anusara Inspired Yoga classes at Killington Yoga, Mon. 8:30am mixed level, Tues Level 1. Thurs. classes resume Sep. 8 killingtonyoga.com. 422-4500.

**Bone Builders Class** - 10:00 AM, Health Tues. & Thurs. Bone Builders free exercise classes. 10-11am, Mendon Methodist Church, 773-2694. Bridgewater Mill, 2nd floor, 3-4pm, 672-3384.

**Killington Arts Guild Workshop** - Sherburne Library - 10:00 AM, Variety Killington - Sherburne Memorial Library: Killington Arts Guild acrylics workshop meets every Tues., 10am-noon, free.

**Sherburne Library Matinees** - 2:00 PM Variety Killington - Sherburne Memorial Library Event: Tues, 2pm - Matinees

**Killington Library Movie Matinee** - 2:00 PM, Variety At Sherburne Library. This week: Eat Pray Love. Bring popcorn.

**Tuesday Farmers Market** - 3:00 PM, Community Rutland. Downtown Rutland Farmers Market, Tues. 3-6pm, in Depot Park.

**Women's Cancer Support** - 5:00 PM, Health Rutland. Woman to woman cancer support group meets 1st Tues. of month, 5-6:30pm, CVPS/Leahy Comm. Health Ed Ctr, Conference Rm C. Potluck meal. All women with any type of cancer welcome. 747-1693.

**Bereavement Support** - 7:00 PM, Health Rutland. Compassionate Friends organization offers friendship, understanding & hope to bereaved parents & families. 7-9pm, Grace Congregational Church. 1st Tues. of month. Info, 446-2278.

**Rutland Chess Club** - 7:00 PM, Variety Rutland. Chess Club, Godnick Adult Center, 1 Deer St. Open to public, free, all ages. Beginners welcome. 773-1853.

**Ramuntó's Entertainment** - 7:00 PM, Nightclub Tuesday Nights Open Mic entertainment

## Wednesday, September 7

**Kripalu Yoga** - 8:45 AM, Health in Mendon. LouiseHarrison@live.com or call Louise 747-8444. Weds., ongoing class. Private & small group classes by appt.

**Arthritis Help** - 10:30 AM Health Rutland. 10:30-11:30am - Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10 classes. Holiday Inn Pool, 775-1911.

**Mother Goose Story Time** - 10:30 AM Variety Killington - Sherburne Memorial Library Weekly Event. 422-3824.

**Wagon Ride Wednesdays** at Billings - 11:00 AM, Variety Wagon Ride Wednesdays begin on July 6 and run through September 28. 11:00 a.m. - 2:00 p.m. included in the admission.

**Wednesday Afternoons with Farmer Fred** - 1:00 PM Variety Plymouth Notch, at President Calvin Coolidge State Historic Site. 1-5pm. Demos of historic farming activities. Weekly program. 672-3773.

**Reading Program** at Sherburne Library - 1:00 PM, Variety

**Tea for the Soul** - 2:00 PM, Health Rutland. Tea for the Soul support group for those with chronic illness or life-threatening illness. 1st & 3rd Wed., 2-2:30pm. CVPS/Leahy Ctr at RRCM. 747-1693.

**Woodstock Farmers Market** - 3:00 PM Community Woodstock. Farmers Market on the Green, 3-6pm.

**Killington Rotary Club Meeting** - 6:00 PM Community Killington. Killington Rotary Club meets at Summit Lodge 6-8pm for full dinner, guest speaker and/or discussion. Seeking new members.

**Bingo in Bridgewater** - 6:30 PM Sports Bingo at Bridgewater Grange Hall

**Singers Wanted, Music** The Feminine Tone women's chorus has openings for fall season. All voice ranges needed. Rehearsal held Wednesday evenings, beginning Sep. 7, in Springfield, Vt. Singers must be available for concert dates Dec. 17 & 18. If interested in auditioning, contact director Maricel Lucero at (802) 885-1590.

## Museums & Exhibits

**Quilt Raffle** to benefit CKS 125th Celebration. Queensize quilt designed & created by Susan Ianni. Machine quilting donated by Janet Block. Each of 20 quilt panels represent a Bible verse. Drawing Sep. 16, 2011 at 7 CKS Grandparents Day Prayer Service. \$5/ ticket; 3/\$12. 773-0500.

**CALL FOR CRAFTERS & VENDORS:** Now accepting applications for 7th annual Harvest Fair - 1st for October 1st from 10 to 4 on US Rte 7 in Pittsford Village. Hand-Made or Home-Grown is our theme. Early application discount. Call 802-483-0074.

**Art & Antiques** on Center - 17 Center St, Downtown Rutland. Mon-Sat, 10-5. 786-1530.

**BigTown Gallery** - 99 North Main St., Rochester. 767-9670. Fine arts exhibitions, one of a kind knitwear

ensembles from the studio gallery, and an outdoors amphitheater. New Exhibit "GEOMANCER: Painting and Textiles" opens Aug. 24, thru Sep. 25.

**Billings Farm & Museum** - Woodstock. Rt 12N & River Rd. 457-2355. A first-class working farm, operating with a museum of Vermont's rural heritage, dating back to 1871. 25th Annual Quilt Exhibition thru Sept. 25.

**Brandon Artists Guild** - Brandon. Open daily 10am-5pm. Exhibit "e-i-e-i-o" Judith Reilly Out Behind the Barn, thru Aug. 30.

**Brandon Museum** - Brandon. At Stephen A. Douglas Birthplace open for the season. Daily, 11am-4pm, free, open to public. Also houses Brandon Welcome Center & municipal restrooms, open 8am-6pm all year round.

**Brandon Music** - 62 Country Club Rd., Brandon. Art Gallery open 10-6 daily, closed Tues. Harmony English Tea room 2-5pm daily, closed Tues.

**BrickBox** - at Paramount Theatre, Center St., Rutland. Gallery hrs: Thurs-Fri, 11am-6pm & Sat., 10am-2pm & during Paramount Theatre performances. 775-0903.

**Carving Studio & Sculpture Center** - Marble St., W. Rutland. 438-2097, carving@vermontel.net. Sats. & Suns., 1-4pm & by appt. Opening reception of SculptFest2011 Sep. 10, 5-8pm. Theme "Forces of Nature" - exhibit thru Oct. 16.

**Chaffee Center** for the Visual Arts - S. Main St., Rutland. Weds.-Sat. 10-5, Sun. 10-4, closed Mon. & Tues. 775-0356. Summer Members' Exhibit thru July 30.

**Chandler Gallery** - Randolph. Gallery hrs:

Thurs. 4-6pm, Sat. & Sun. 1-3pm. 431-0204. Artist Karen Petersen's "The Gift: A Retrospective of Sculpture and Painting" July 15 - September 20.

**Killington Arts Guild Fine Art Gallery** - at Cabin Fever, Rt. 4. Open business days 9-6:30pm. New Show! 422-3824.

**Maclure Library** - Rt. 7, Pittsford. Mon., Tue., Fri., 1-6pm; Wed., 10-8; Thur., 10-6; Sat., 9am-noon. 483-2972.

**Montshire Museum of Science** - Norwich. Open 7 days year round, 10am-5pm. 649-2200.

**New England Maple Museum** - 4578 Rte 7, Pittsford. Open daily 8:30am-5:30pm. Maple Candy Making 10-2, free, Wednesdays thru Oct. 12. 483-9414 for info.

**Norman Rockwell Museum** - Rt. 4E, Rutland. 773-6095. Self-guided tour. Open daily.

**Norman Williams Public Library** - Woodstock. 457-2644. Open Mon., Fri., & Sat., 10-5, Tues., Wed., Thurs. 10-7.

**Pittsford Historical Society** - Pittsford. Thru July 4, Tues. 9-4. July 5-Oct. 11, Tues. 9-4, Suns. 1-4. Oct. 12-Nov. 16, Tues. 9-4.

**Rutland Historical Society** - 96 Center St., Rutland, 775-2006. Year-round, Mon., 6-9 pm, Sat, 1-4pm, by appointment for schools or other groups.

**Rutland Railway Association** - Center Rutland Depot. Former Rutland Railroad depot. Museum exhibits the Rutland Railroad. HO & N scale models. Open Saturdays 11am-3pm.

**Slate Valley Museum** - Water St., Granville, NY. 518-642-1417 for info.

**Timco Gallery** - Center St., Rutland. Gallery hrs Mon - Sat. 773-3377. Portion of sales proceed local student art programs.

**Tyson Library** - Now Open. Rt 100N on Library Rd. across from Tyson store. 1st & 2nd Mondays, 6-7pm; Tues. thru Sat., 10am-noon.

**VINS Nature Center** - Rt 4 (Next to the Quechee Gorge) Quechee. Daily activities, programs, exhibits, Nature Store. Open 10-5:30 daily. Local artist Carrie Hayes and her exhibition of nature-focused oil-on-canvas artwork on display thru Sept. 7. 359-5000 for info.

**Wallingford Historical Society Museum** - Town Hall, School St., Wallingford. 446-2831. Permanent collection of costumes, photographs, memorabilia.

**William Feick Arts Center**, Green Mtn College, Poultney. Gallery hours M-F, 1-5pm. 287-8000.

**Woodstock History Center** - 26 Elm St, Woodstock. Fri-Sun 12-4pm. Other days by appointment. Art, furniture, clothing, musical instruments, more. 457-1822 for info.

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**9**

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# DiningGuide

## Dining at a glance

	STYLES OF CUISINE							MEALS SERVED					COST			
	ITALIAN	FRENCH	AMERICAN	CONTINENTAL	MEXICAN	ASIAN	PUB FAIRE	BREAKFAST	LUNCH	DINNER	BRUNCH	LATE NIGHT	TAKE OUT	INEXPENSIVE	MODERATE	DELUXE
<b>Birch Ridge Inn</b>		.	.	.		.			.						.	.
<b>Casa Bella Restaurant</b>	.		.						.				.			.
<b>Choices Rest. &amp; Rotisserie</b>	.		.	.	.	.	.		.	.	.	.	.	.	.	.
<b>Clubhouse Grille</b>	.		.			.	.		.				.	.		
<b>Gracie's Grille</b>			.						.				.	.		
<b>Killington Market</b>	.	.	.		.			.	.	.			.	.		
<b>Lakehouse Pub &amp; Grille</b>	.		.	.	.	.	.	.	.	.	.	.	.	.	.	.
<b>McGrath's Irish Pub</b>			.	.		.		.	.	.			.	.	.	
<b>Moguls Sports Pub</b>	.		.	.	.	.	.	.	.	.	.	.	.	.	.	.
<b>Mountain Top Inn &amp; Resort</b>			.			.		.	.	.				.	.	
<b>Pasta Pot</b>	.								.				.	.		
<b>Ramunto's</b>	.	.				.		.	.	.	.	.	.	.	.	.
<b>Red Clover Inn</b>	.	.	.	.		.			.					.	.	
<b>Seward Family Restaurant</b>	.	.						.	.	.	.			.		
<b>Sugar &amp; Spice</b>			.					.	.				.	.		
<b>Vermont Apple Pies</b>			.					.	.	.			.	.		
<b>Vermont Inn</b>			.	.		.			.					.		

**BIRCH RIDGE INN 422-4293**

Serving a totally delicious combination of American and Continental cuisines. Choose to dine from our tastefully affordable menu in the dining room, or break bread with friends in the Great Room Lounge. To compliment your evening, we also have an extensive selection of martinis, wines by the glass, and a fine wine list. And don't forget to try one of our homemade desserts. Reservations available for the dining room. "...where memorable experiences begin..." www.birchridge.com AMEX, MC, VISA, DISC.

**CASA BELLA INN & RESTAURANT 746-8943**

Route 100, in the village of Pittsfield, VT Serving authentic Northern Italian cuisine, complemented by a fine selection of wines. Delicious homemade desserts and daily specials. AMEX, VISA, MC

**CHOICES RESTAURANT & ROTISSERIE 422-4030**

Glazebrook Center, Killington Rd., Killington Chef Claude and his staff offer exceptional food, service and views in a bistro setting. The Rotisserie offers chicken, lamb and pork, and the menu features sandwiches, homemade pastas and the finest in steaks, fish and seafood. VISA, MC, AMEX.

**CLUBHOUSE GRILL 422-6272**

Roaring Brook Rd, Killington Located at the Killington Golf Course. Cocktails, daily specials, appetizers, burgers, salads and freshly prepared sandwiches. Dine in, on the deck or order to go from 11:00am-3:00pm Join us for happy hour Wednesdays 4-8pm with Joey Leone. Amex, MC, VISA

**GRACIE'S GRILLE 802-422-4653**

at Green Mountain National Golf Course Barrows Towne Road, Killington Gracie's Grille offers an assortment of delicious options to tame any appetite. We feature fresh deli sandwiches, flame-grilled burgers, hot dogs and marinated chicken breast grilled to perfection. Stop by the Gracie's Grille before or after your next round or order your lunch right from the course.

**KILLINGTON MARKET & DELI 422-7594**

2023 Killington Road, Killington Our deli offers fresh meats and cheese for a variety of sandwiches, served on locally baked bread. Daily lunch hot specials, fresh salads, homemade soups and in-house baked goodies. Dinner take-out entrees. Extensive selection of wine, beer/microbrews. Vermont specialty food products, maple syrup. The only full service grocery store on the mountain.

**LAKE HOUSE PUB & GRILLE 273-3000**

3569 Route 30 North, Bomoseen Chef owners, Brad Burns and Fred Field invite you to the Lake House Pub & Grille. Live Sunday jazz brunch entertainment, special children's meals, full bar and an extensive wine list. Lake views and deck dining all on beautiful Lake Bomoseen. Also private parties, rehearsal dinners, showers and weddings. AMEX, VISA, MC, DISC

**McGRATH'S IRISH PUB 775-7181**

at the Inn at Long Trail Rt. 4, at the top of the Sherburne Pass, Killington McGrath's Irish Pub at The Inn at Long Trail invites you to try our famous Guinness stew. Serving breakfast and pub menu daily. Live Irish music weekends! MC, VISA, AMEX.

**Birch Ridge Inn**

**Casa Bella Restaurant**

**Choices Rest. & Rotisserie**

**Clubhouse Grille**

**Gracie's Grille**

**Killington Market**

**Lakehouse Pub & Grille**

**McGrath's Irish Pub**

**Moguls Sports Pub**

**Mountain Top Inn & Resort**

**Pasta Pot**

**Ramunto's**

**Red Clover Inn**

**Seward Family Restaurant**

**Sugar & Spice**

**Vermont Apple Pies**

**Vermont Inn**

**MOGULS SPORTS PUB 422-4777**

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**MOUNTAIN TOP INN & RESORT 483-2311**

Mountain Top Rd., Chittenden Only 11 miles from Killington and Rutland. Dining complemented by breathtaking views of the lake and mountains. Creative American cuisine in the Highlands Dining Room. Casual dining and pub fare in the Highlands Tavern. Extensive selection of wine and beer. Full bar available. Open year round to the public. Reservations suggested. Kids welcome. Seasonal outdoor dining. www.mountaintopinn.com. MC, VISA, AMEX

**PASTA POT 422-3004**

Route 4 East, Killington A classic Italian Pasta house. Italian food and wines at their best. Pastas, pizza, subs, Italian entrees are all homemade. Chef owned. MC, VISA, DISC

**RAMUNTO'S BRICK & BREW PIZZA 672-1120**

Route 4, Bridgewater Real New York pizza, salads, sandwiches, featuring chicken ranch pizza and garlic knots. 20 draft beers, outdoor deck dining, 3 flat screen TVs. MC, Visa, AMEX, DISC

**RED CLOVER INN 775-2290**

Woodward Rd., Mendon American Cuisine with a European Flair. Extensive wine list. Charming surroundings. Open for fine dining or tavern fare. AMEX, MC, VISA, DISC

**SEWARD FAMILY RESTAURANT 773-2738**

224 N. Main St. (Rt. 7), Rutland VT home-cooking at affordable prices. Breakfast, Lunch & Dinner, daily specials. Steaks, chicken, seafood, wonderful burgers, sandwiches, even "Heart Healthy" menu items, salad bar, and children's menu. Our own ice cream-39 flavors! Large parties welcome. Our dairy-gift store has Vt. foods & lots of gifts. MC, VISA, DISC.

**SUGAR AND SPICE RESTAURANT 773-7832**

Route 4, Mendon Serving breakfast and lunch seven days a week. Specialties run from pancakes & French toast with real maple syrup processed on premises, soups, sandwiches, burgers. Working sugar house. Gift shop featuring Vermont products. Homemade candy and ice cream. MC, VISA

**VERMONT APPLE PIES 226-7782**

Depot St., Proctorsville, VT A Variety of Belgian Waffles & Buttermilk Pancakes, Homemade French Toast & Cinnamon Sticky Buns, Omelets & Home-fries Biscuits & Gravy, Cornbread, Theo's Chicken & Waffles, Real VT Maple Syrup & Butter, Homemade Bread, Soup, & Harvest Garden Salads, BLT Clubs & Subs & Sandwiches. A Variety of Homemade Muffins. MC VISA

**THE VERMONT INN 775-0708**

Route 4, Killington Enjoy New England and Continental Cuisine in a comfortable c. 1840 farmhouse style dining room. Game Room. Children's menu. Full bar and wine list. Dinner Reservations Sugg. Drop in late afternoon or even after dinner for cocktails, appetizers, a light dinner, or desserts at Duffy's Pub. Enjoy mountain views, perennial gardens and humming birds. Serving dinner Thurs.-Sun. all summer long.



# Hurricane

Hurricane Irene was in the forecast, but Brooklyn, NY was in my plans. So I stuck to the plans and rode out Irene in New York City, where she really was no more than some high winds and strong rains, nothing I'd never seen before. Just before the storm was supposed to arrive I took the bike out for a spin over Brooklyn Bridge into lower Manhattan, where everything was eerily deserted and I was maybe one of a handful people in the streets. Of course I was drenched and dripping wet, but it was a very warm rain, almost like in a lukewarm shower.

Back in Brooklyn we opened a nice bottle of wine (as seemingly a lot of people did - the wine shop almost looked looted!) and settled in for the night, the fridge packed with food enough for three days, and of course more than one bottle of wine on the shelves. The choice was Tuscan wines out of which I really liked the Giacomo Mori Chianti, full-bodied for Chianti with the typical black cherries and a nice earthy smokiness to it.

(The other choices for the weekend were Castello di Farnetella Chianti Colli Senesi, again black cherry, but more of a leather and dark spices flavor; and finally Rodano Poggialupi Tuscan Red, a Sangiovese blended with a touch of Cab. and Merlot adding in a bit more strawberry/raspberry jam flavors with a lean acidity and low tannins that gave an attractive freshness to the wine.)

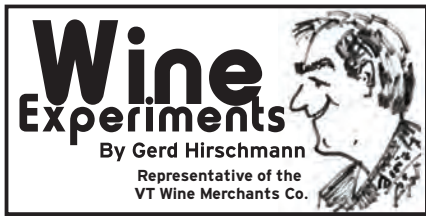
It was almost disappointing that we got off that easy after all the hype in the news, though a stroll in the park revealed a bunch

of downed trees. Looking at the forecasts for Vermont I was a little worried about the high winds and trees landing on the house or car, but the path of Irene was reassuringly to be further east and not that dramatic.

The first sign of something drastically different came in an email from Royal describing the Mt. Times office building surrounded by water. Water? The weather forecast was calling for high winds and some rain, but floods? I guess with all the modern day technology, the weather is still as unpredictable as ever. Face book showed the first photos and video footage of a deluge that seemingly took everybody by surprise. When I saw pictures of Londonderry and Ludlow under water, it really hit home. I called all friends and neighbors, luckily nobody was hurt and damage was minimal in my circle of friends and family.

But the pictures of Rt.4 being washed away, Brandon's Neshobe River flowing down Rt.7, bridges washed away, Killington, Brandon, and, I'm sure, other communities cut off from the rest of the world do not bode well for the next weeks and months. Roads and bridges that took months or years to build will not be replaced over night. While we need to worry about digging out first, this was no Nor'easter like we're used to with rain amounts sounding like snow accumulation.

And in today's uncertain economic climate, just before foliage season and leading into ski season, I'm sure many will feel the fallout for some time. Even more reason to support the local shops and businesses in the months to come, they will need us as a customer more than ever!



# The Force of Floods Should Not be Underestimated

Flood waters can be extremely dangerous. The force of six inches of swiftly moving water can knock a person off their feet. Think you're safer in your heavy SUV? Think again. Almost half of all flash flood fatalities occur in vehicles, according to the National Weather Service. Contrary to popular belief, many people don't realize two feet of water on the road can float most vehicles. If the water is moving rapidly a truck can easily be swept into the creek, warns the Vermont Department of Public Safety.

Water can also erode the roadbed underneath, creating unsafe driving conditions that are invisible to the driver. Underpasses are particularly dangerous as they can fill rapidly with water, while the adjacent roadway remains clear. Driving into a flooded underpass can easily put you in five to six feet of water.

# Brandon Police Chief News

From Brandon Police Chief Chris Brickell: "Please urge everyone to obey the police tape. Our biggest nightmare is trying to keep track of people crossing the tape. I know they are curious and want to see. But it is a big problem for us."

Union Street is open. Maple Street is in poor condition but passable. Long Swamp is under water.

Unfortunately, the bridge inspector did not come to Brandon on Monday. Maybe Tuesday (although the early WCAX news said all the VT AOT officials / inspectors were on their way to Bennington and Brattleboro).

If you have propane tanks and they were in standing water, have your supplier check them before you use them. If you have a well that flooded, boil your water for a few days.

Vermont road closures is fairly updated by calling 511 or checking the 511 map on-line

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 Sit Back, Relax and Enjoy!  
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 265 Depot Street • Proctorsville, VT

While you should never drive through water on a flooded road, if you do, and your car stalls, abandon it. Many deaths have resulted from attempts to move stalled vehicles.

After the flood, take safety precautions when entering vehicles and/or buildings as flood waters may have caused structural damage, gas line ruptures, electrical shorts or other hazards.

**SUMMERTIME MADNESS!**  
 on our screened in porch

**Featuring: Mussels Marinara  
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 Chicken • Pasta • Lasagnas**

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**The Red Clover Inn**  
 Restaurant & Tavern

Open for dinner Thursday to Monday 5:30 to 9:00 pm  
 We will be closed for a private function on Friday, August 26 & Friday, August 27. We hope that you will join us another evening this week.

**Monday Nights at The Red Clover Inn**  
 Special \$35 Chef's Tasting Menu.

**Wines of the World Dinner**  
 Friday, September 2nd at 6:30pm  
 Our monthly wine dinners continue with a five course wine dinner featuring wines from Napa Valley, California.  
 \$75 per person (plus tax & gratuity)

54 Red Clover Lane, Mendon, Vermont  
 800-752-0571 / 802-775-2290 • www.redcloverinn.com

# Ladies' Night Out

Women's Chorus of Rutland is starting rehearsals on Tuesday, Sept. 20, for performances on November 26 in Rutland, Nov. 27 in West Rutland and Nov. 29 in Weston at the Church on the Hill. We are singing Part III of the Choral Hymns from the Rig Veda (the most sacred ancient Hindu text, in English) by Gustav Holst, for women's chorus and Harp. Our Harpist is VSO Harpist Heidi Soons. We are also singing a program of "Lullabies and Cradle Songs" that are more in the Christmas vein, including the Hebrides Lullaby by Gwyneth Walker.

Please contact Lucy Tenenbaum, Director, for more information and a chance to sing to help find your correct placement in the choir. All voice parts are needed. This fall's music will be a challenge and a joy to learn, and we help all singers learn their music with rehearsal CDs and sectional rehearsals. Lucy Allen Tenenbaum, 802-775-8004 or email, lucytune@sover.net.

# Plymouth Folk & Blues Festival Cancelled

THIS IN FROM THE EVENT PRODUCER:

Dear Mountain Times,

My name is Jay Ottaway and I co-produce the Plymouth Folk and Blues Festival with Bill Jenney in Plymouth, Vermont at the Historic Site.

First of let me tell you how important your reporting and updates on your website have been to those of us who have friends, family and property in Vermont but were not there for the storm. Really first class journalism under very tough conditions.

Unfortunately as you know Plymouth was hard hit with no main roads in or out, no power and no phone lines. We will have to cancel this year's Plymouth Folk fest this weekend. If it would be possible to get a note about the cancellation on the news side of the paper that would be very helpful.

Best Regards,  
 Jay Ottaway

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 James Mee on the Deck**

**Saturday • 6-10pm Live Music  
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**Real New York Pizza**  
 Awesome Pizza, Salads, Sandwiches

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**ALL-U-CAN-EAT PASTA NIGHT**  
 Thursdays Only 5pm-8pm

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**20 Draft Beers  
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Located at the historic Bridgewater Mill  
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**802-672-1120**





## Damage in Pittsfield, Vermont

Photos by Sasha Parise



## CVPS Perspective on Damage

by Steve Costello

Hurricane Irene brought widespread devastation to roads, bridges, private property and utility systems, presenting enormous challenges but also bringing out the best in many Vermonters. Following are several stories from the storm.

The true force of nature

In Taftsville, on the edge of Woodstock, the Ottauquechee River hammered part of a CV hydro station building and devastated controls for local distribution and transmission lines.

“The upstream wall of the powerhouse was washed away, and that’s just the tip of the iceberg,” said Greg White, CV’s director of engineering and system operations. “There is significant water damage. We’ll have to replace equipment and rebuild it.”

“And this story is being replayed in several substations, including the Brownsville Sub, which serves the West Windsor and Reading areas, Rochester Sub, which serves Rochester, and the Windsor Sub, which serves Windsor and Weathersfield.

“The true force of nature has been displayed, and it is enormous,” White said.

‘You can’t get there from here’

Dave Miller, operations supervisor in CVPS’s Brattleboro office, said the loss of roads in Windham County presented enormous frustration for workers.

“We can’t get there from here’ is the new catchphrase,” Miller said. “It’s very frustrating. The guys want to get everyone back on as quickly as they can, but they simply can’t get to them because the roads are gone.”

In some cases, workers became trapped as high water isolated them in the field. A tree crew working Sunday on Hogback Mountain got trapped after washouts and high water cut off all escape routes, and a utility worker in Shrewsbury was also stranded when surrounding roads were washed away.

Two workers spent the night with customers after high water prevented them from leaving the area where they had been working. “That’s Vermont for you,” spokesman Steve Costello said. “Disasters seem to bring out the best in people here.”

Mind-boggling damage

Jeremy Baker, 40, a lifelong Vermonter and

CV’s manager of preconstruction, said the scope of the damage left him shaken.

Baker’s role in storm planning and recovery gives him a broad overview of the problems on the electrical system and with roads and bridges. He played a key role in the 2007 Nor’icane recovery, major ice storms and snow and wind events, but nothing compared to the intensity of damage he’s seen since Sunday.

“It’s hard to wrap my head around the scale of the damage,” Baker said. “I have never seen anything like this, even on a localized level. To see the damage reports in county after county and town after town, it’s mind-boggling.”

‘Your heart breaks for these people’

While utility crews are focused on the big picture and the nuts and bolts of power restoration, the impacts of the storm on individual customers is not lost on employees.

Tim Upton, CV’s environmental affairs manager, said photos and film clips of customers’ flooded and destroyed homes affected him in ways he hadn’t expected.

“On one hand, we’re completely focused on restoring power, but at the same time you’re seeing all kinds of sad situations, and you realize that for many Vermonters, being without service is the least of their problems,” Upton said. “Your heart breaks for these people.”

Feeding and supplying an army

While CV’s orange and white trucks are the most visible aspect of the restoration effort, behind the scene a logistical operation worthy of the military is in place to support field workers.

In fact, retired Vermont National Guard General Matt McCoy is CV’s logistics chief. McCoy and his team are responsible for feeding, housing and providing materials to hundreds of contract workers and CV staff during the restoration effort.

Working out CV’s Systems building on Post Road in Rutland, the team oversees field food deliveries, hotel rooms and supplies – all for field staff that are constantly on the move, often in places inaccessible from the outside.

“Matt’s logistics background in the service gives us a huge leg up in trying to manage an often-confusing and fast-changing series of circumstances,” said Cindy Fowler, director of resource coordination and McCoy’s supervisor.





# Flood of 1927 vs. Flood of 2011



## Hurricane Ravishes Southern Vermont

by Jason Mikula

The aftermath of Hurricane Irene has devastated Southern Vermont. The National Weather Service, estimates more than 250 roads around the state were damaged, many of them rendered impassable. Every state road with the exception of Interstate 80 and 91 were closed at one time. There were over 50,000 people without power. Houses, bridges, fields and businesses have all been swept away.

President Barack Obama designated Vermont a Federal Disaster Area and Governor Shumlin, Senator Leahy, and Adjutant General Dubie toured the flooded areas across Southern and Central Vermont on Monday to determine the exact scope of the storm's damage. State and Federal assistance will offer

some relief to local residents and business owners, but the damage this storm has caused will be evident for years to come.

A historic look at flooding in Rutland County Today Southern Vermonters are experiencing flood devastation similar to the aftermath of the 1927 flood. That event was considered the largest natural disaster ever to hit this region, according to the Vermont Historic Society. Nine inches of rain fell in a 36-hour period adding to an already saturated landscape. 9,000 people were left homeless, 85 people died, and 1,200 bridges were swept away.

As The Mountain Times was going to press, state and town officials were still furiously assessing the damages caused by this storm throughout our region.



## Hi Mountain Times

I've been a loyal Killington skier since 1986 and a secondary homeowner since 2002. My house is on Schoolhouse Road, we have seen Deb Burke riding a horse by us many times.

We have our own issues at our primary home in Massachusetts (still no power restored yet), but I'm stunned and dumbfounded by the accounts I've been reading about our beloved Vermont. The utter devastation occurring in a place so familiar to me is simply mind-boggling.

Thanks for finding a way to publish updated information on your web site. That is very helpful for those of us who are following from a distance. I'm sorry to hear about your waterlogged Mountain Times office in the flats. I'm sure the Pasta Pot is in a similar situation; we have often been clients there. I hope Pete managed to rescue his recipe for Hunter's Lasagna, as that is my favorite.

I am anxious about coming up to check on my house - I have no idea what to expect. However, it looks like that will not be possible until the roads are repaired. After seeing the pictures, that might obviously take a long time. Good luck with the rebuilding process that has undoubtedly already begun. Let's try and use the mental image of coming off the mountain on a powder day and guzzling a Long Trail at the bar of the Lookout motivate us to overcome this.

Thanks,  
Bruce Wilhelm  
577 Schoolhouse Road



## KILLINGTON EMERGENCY INFORMATION

Released to us by Kathleen Ramsay, Town Manager on Monday at 8:00am.

Emergency Shelter: The Elementary School will be open at 8 a.m. for folks to gather.

Thundering Brook Road is now open to travel for emergency vehicles.

Volunteers/Contractors: thank you to those who have offered assistance. Please contact me at kathleen@killington-town.com or 802-989-4704, so that we can work with Road Foreman Ken Merrill to develop a prioritized, integrated plan for opening roads up for those that are stranded.

## Sen. Sanders' Statement on Tropical Storm Irene

BURLINGTON, Vt., Aug. 29 -- Sen. Bernie Sanders (I-Vt.) issued the following statement today as Vermont dealt with severe flood damage caused by Tropical Storm Irene:

"This is a devastating moment for Vermont. Our thoughts go out to the people around the state dealing with this disaster that has caused loss of life and tens of millions of dollars in severe property damage. I want to take this opportunity to applaud the emergency rescue teams and all those who are aiding the victims of the floods for the outstanding work they are doing. I and the Vermont delegation will work as hard as we can with Gov. Shumlin to make certain Vermont receives all of the help it needs and deserves from the federal government."

## Hi Mountain Times

We're making progress.

This Town has really come together, as it always does in a time of crises, and just as when the ice storm hit in 1997/8(?) everyone has pulled in a common effort to help each other. We are a hardy bunch up here in the woods and we protect and help our friends and neighbors as we should regardless of our differences of opinion in other areas.

Thank goodness that there is only property damage in Killington...life is too sacred. The numerous people who have given their time, effort, food, opened their homes and their wallets to others is gratifying but not unexpected. We are truly blessed with wonderful community members who give of themselves all of the time.

M.B. Neisner

## Irene Flood Damage Update

Montpelier, VT --The Vermont Agency of Transportation Operations Crews continue to work around the clock establishing safe detours around closed roads and failed bridges and identifying safety hazards on open roads for the traveling public.

"Our number one priority right now is the safety of the public," said VTrans Secretary Brian Searles. "We are currently rebuilding what roads we can address most quickly, and prioritizing resources on those communities that have been cut off from the rest of the state. We are also working with utilities to ensure electricity restored. I want to reiterate that the scope of this disaster is unprecedented in modern Vermont history and we are responding to it as quickly as we are able," Searles continued, "Unlike the floods of this spring which caused widespread damage to several communities, this disaster is statewide and much more intense in the level of damage being reported by VTrans personnel."

VTrans reports that there are over 260 road closures on both the state and town roadway system and major damage to the state owned rail lines as well as the New England Central Rail Line. Amtrak service on both the Vermonter and the Ethan Allen has been discontinued until further notice.

There are 30 state highway bridges that have been closed to traffic due to damage. The VTrans bridge inspection teams have been deployed today to Districts 1 and 2 in the southern counties of Bennington and Windham where significant damage has occurred. These bridge inspection teams will begin assessing the damage done to the state highway and town highway bridges and begin opening those bridges that are deemed safe for traffic. VTrans will be deploying other bridge inspection teams tomorrow throughout the state to begin all bridge assessments. In some instances VTrans bridge inspectors need to wait for the water to recede in order to conduct a complete inspection.

There are several communities that have had been cut off from the state highway system at this time and these include Chester, Rochester, Wilmington, Mendon, Killington, Cavendish, Ludlow, Middletown Springs, Granville, Stratton, and portions of Stockbridge. VTrans is focusing on restoring access to these communities for residents and emergency responders.

"We are currently assessing damage to the statewide roadway system," said Scott Rogers, Director of Operations. "The District forces are identifying the priorities for our bridge inspection



Photo by Tom Bartlett

teams and we are working very closely with Vermont Emergency Management in coordinating and prioritizing our repair work with that of the electrical network repair needs," continued Rogers. "I want to continue to urge members of the public to exercise extreme caution in navigating the State highway system, if you don't need to travel please stay home so emergency responders and road crews can conduct damage assessments to the State's infrastructure," reiterated Rogers.

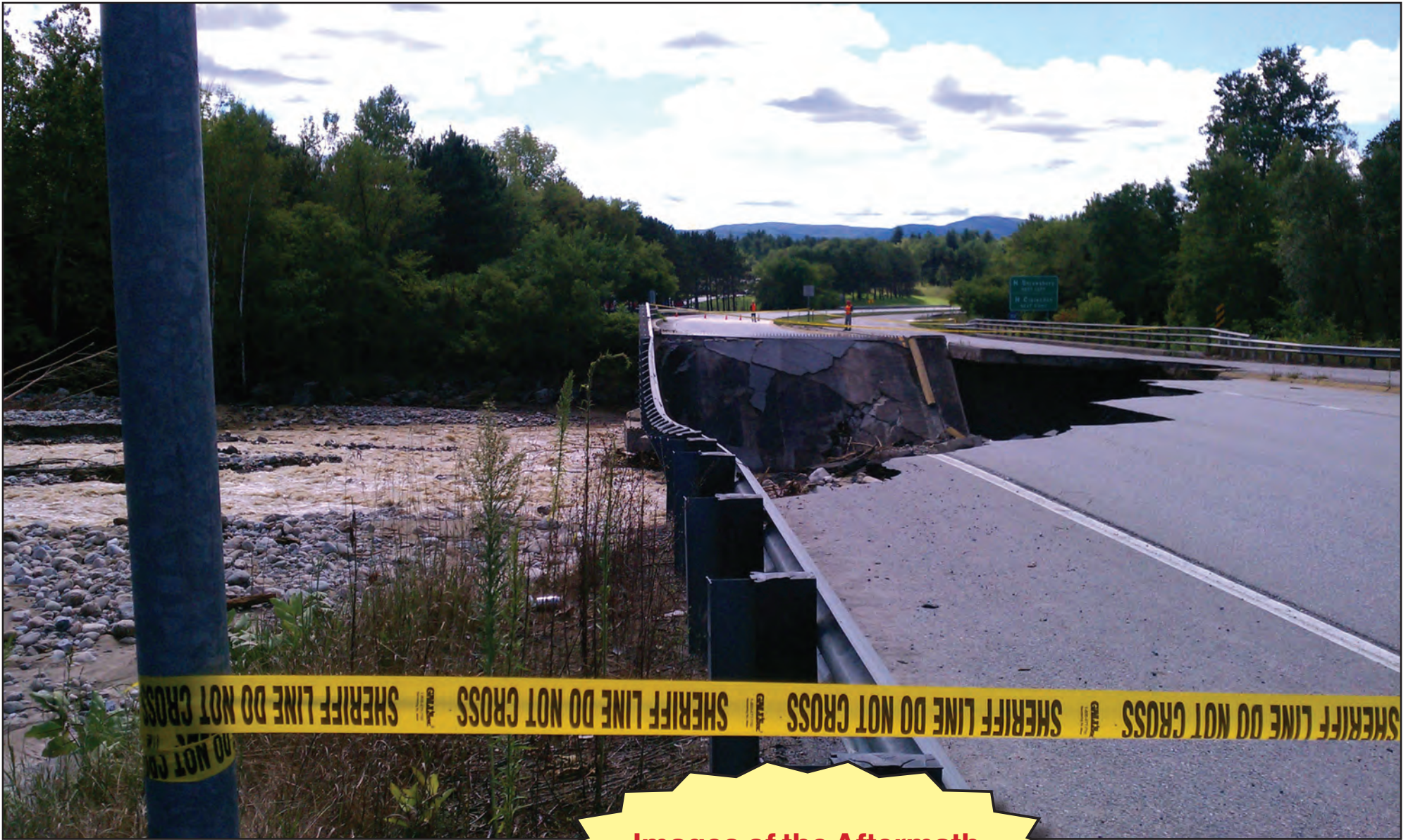
The state rail system also received significant damage to all state owned rail lines as well as the New England Central Rail (NECR) line. There are at least four bridges on the state owned rail line that have been damaged or washed out, there are several washouts on all state owned rail lines.

Amtrak service has been suspended until further notice. The NECR reports that based on the information they know today, it will be at least a minimum of ten days before they have the rail line open again but there are significant portions of the track which have not been inspected as of this time due to a lack of access.

Public Transit services will be restored as quickly as possible. Priority will be given to delivering critical health care services. Commuter service will depend upon road conditions and Vermonter should contact their local transit agencies for current information, visit <http://vpta.net/>.

To receive the latest information on State road and bridge closures, the public can access the State 511 system at <http://www.511vt.com/>.





**Images of the Aftermath  
in the surrounding areas.**



Photo by Tom Barlett



## Dear Readers,

If you think these photos are a disaster you should see our makeshift office!

Please forgive any obvious errors and know that our main mission was one of information and community service, and we have done our best.

For the entire Mountain Staff  
Royal Barnard, Publisher



# Chandler's Annual New World Festival

The 19th annual New World Festival opens Chandler's 2011-2012 season on Sunday September 4. From noon to midnight the town of Randolph will be alive with family activities and traditional – and occasionally not so traditional – Celtic and French Canadian music and dance presented on six all-weather performance stages.

Over the course of its 18-year history, this family-friendly festival has earned a passionate following among both patrons and performers. The intimate nature of the festival site makes for close connections between musicians and audience members and for easy access to all performance venues. More than one band has said, "This is our favorite festival!" because of its celebratory atmosphere, intimate connection with audiences, cheerful volunteers, and superb acoustics within Bethany church and Chandler Music Hall, one of New England's finest concert halls.

Once again Music Director Kevin Dunwoody has put together a terrific line-up. Fine vocal music is featured this year with performances by John Roberts and Tony Barrand, Peter and Mary Alice Amidon, and Long Time Courting. These musicians will participate in a singing session.

Contra dance enthusiasts will welcome the return of Adina Gordon, the Amidons, and the stellar dance band Crowfoot. The rich vocal harmonies, haunting songs, and



finely crafted instrumental arrangements compliment their infectious dance energy. Irish and Scottish dance workshops will also be offered.

The John Whelan Band makes a return appearance, blending humor and high energy with impeccable musicianship.

French music and dance traditions are represented by venerable Québécois Claude Méthé and Dent-de-Lion. Eric Beaudry, Stephanie Lepine and Patrick Graham of Norouet bring their prodigious musical gifts to the stage with an exciting blend of traditional and contemporary world music.

Dunwoody is excited to present for the first time clawhammer banjo player extraordinaire Ken Perlman with guitarist James Prendergast.

Performers this year also include the Kitchen Quartet, Cantrip, and a young musicians' showcase. Randolph's own No Strings Marionette Company will entertain children of all ages

in the family tent, and Midnight Capers brings their Morris dancing to Main Street. Mango Jam closes the Festival with its high-energy Cajun music.

This pedestrian-friendly festival is easily navigable, rain or shine. All venues are indoors or under tents. Once parked at Randolph Union High School or the Town's municipal parking lots, cars become unnecessary. The Stagecoach will shuttle people to and from lots for free, as always.

All tickets are available at the gate on the day of the festival. Discounted advance tickets are available through August 31. They may be pre-ordered by calling the Chandler Box Office at 802-728-6464 and are available online for a small convenience fee. Volunteer opportunities are still available. Free admission to the New World Festival can be earned by working three hours. Call 802-276-3808. All performance spaces are wheelchair accessible. No pets, s'il vous plait.

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## Congressman Welch Releases Statement

Congressman Peter Welch released the following statement in the wake of flooding and damage caused by Tropical Storm Irene. At approximately 12:30 today beginning at the Quechee bridge, Welch will tour damage in the Woodstock/Quechee area with Lt. Governor Phil Scott and Transportation Secretary Brian Searles. He will tour additional affected areas throughout the week.

"The devastation caused by this storm is heart-breaking. Widespread damage to personal property, businesses, and infrastructure will challenge us at a time when Vermont is still recovering from this spring's flooding.

"As in past disasters, Vermonters will meet this one head on. We will persevere.

"Special thanks to Vermont's first responders, National Guard, utilities, Red Cross, and all volunteers for their valiant and tireless efforts to assist Vermonters before, during, and now after this terrible storm. Working with Senators Leahy and Sanders, I will do everything I can to bring all available federal resources to assist Vermonters with resources, information and support in days and weeks ahead."

Welch urged Vermonters to pay close attention to all warnings and information from the Vermont Emergency Management Agency.

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# Local News



## Bears Get Invitation to Barbecue

For millenniums the path to enlightenment has been made up of many steps. Most commonly, it begins with festering misunderstandings that lead to pain, the pain leads to growth, growth leads to clarity, clarity leads to fun, fun leads to joy, and joy leads to true illumination. Skipping to the fun part is highly recommended. Ayup, you certainly can.

Who is saving you money? As you probably know after quite a few years of discussion, some cordial and some heated, Pittsfield has finally decided it is time to meet the Americans with Disabilities Act and clean up the mildew and fix the roof of the old schoolhouse. The old schoolhouse by the way is home to the Roger Clark Memorial Library (RCML) also known as the Pittsfield Library and the town offices. So the trustees and volunteers looked at rates for

storage and decided that the money they would spend on storage could be better used for programs. The community was invited to store the books and members and friends along with a might effort from the volunteer Fire Department packed up all the books for safe dry storage in folk's homes. If you missed the fundraiser dinner you can still help by sending a wee or not so wee check to the library at 40 Village Green, Pittsfield, VT 05762 and they will spend it with the wisdom of Solomon.

Paper Clock Riddle: Harry was rushing out to his car and wanted to know the time, but he had no watch. His wife, who was with him, looked at a slip of paper and announced the time. How could she tell the time from a piece of paper? Answer below.

The Rochester Library and the Vermont

Department of Libraries have announced a new program where patrons will have access to university type programs. All libraries will have this availability. There will be over 500 classes offered via a library link beginning September 1, 2011. You can move at your own pace with instructors who will provide grade assignments and interact with students. You can take up to five courses at a time and the best part is that they are free. You will have six months to complete a course and receive feedback.

Think GED review classes, photography, religion, accounting, human resources, legal studies, new age development, career development and a whole lot more. For more information, stop by the Rochester Library, or call Jeanette Bair at 767-3927 during library hours.

The United States Postal Service has been in the news almost daily for a good part of the summer. The most common comment on why is the USPS having money troubles is that everybody uses computers. While the computer is a wonderful tool, so is a pen. Now think about this, everyone probably has relatives and friends in various parts of the world, maybe your school was out of state, or your grandparents moved to easier climes. With that in mind, when gram goes to her computer you can bet she is always glad to hear from you, however your letter looks just like everybody else, kind of generic. Now sit down, grab a piece of paper out of your printer and start to pen some words, see the difference, better yet you will feel the difference and so will gram. Add swirls to your words, make little hearts and drawings and sign your name even if nobody can understand it.

Gram will understand it and you can bet she will keep it.

Susan Banas of Bethel Mountain Road will have a showing of her photographs on exhibit at the Rochester Post Office beginning September 3. The theme of the enlarged color photographs is this year's Fourth of July Parade.

Vermont Bear Season begins on September 1 and runs through November 16. Vermont's Bear population is estimated to slightly more than 6000 black bears according to the Vermont Fish and Wildlife Department. Hunters took 537 bears last year and the population has continued to grow through the Big Game Management Plan. Black bears are basically vegetarians and only bother with humans if either their young or themselves are threatened. The best way to defend yourself in case of a black bear attack is to curl up into the fetal position and just try to not move and protect your head and vitals. They will only become more aggressive if provoked. Bears are drawn to bird feeders, beehives, food left outside, garbage and barbecues. Any of the previous is an invitation to a bear coming to your home. They may look cute, but they ain't cuddly.

Riddle solution: They had just left the grocery store and she had the receipt with the time printed on it.

Thought for the Week: "The greatest certainties in uncertain times are opportunity and possibility." – Jay Abraham, (Business coach and marketing mastermind).

You have the possibility of more people coming to your event when you send your news to johnniegoldfish@yahoo.com.

## Budweiser Killington Softball League

by DJ Dave

The 2011 season has come to a close. Congratulations once again to the Clear Cottage for winning the title, again, back-to-back. The All Star game was held last Monday and the Young Guns beat the Old Timers 7-3. The key to the win was the magical double rainbow that lit up the sky and the Young Guns bats. The key to the loss was because the best pitcher in the league, Ronzoni, never pitched. The Clear learned a valuable lesson though; keep Judd and Will Burdick off the mound. Judd drove in 2 but let up 3. Will drove in 0 and let up 4 which were scored by Phill, Sasha, Sharon and Amy. The bright spot for the Old Timers was pitcher Kelly Linton who had a 1-2-3 inning in the 1st, including throwing out his son and striking out fellow teammate Russ. He also burned Craig Brothers with a leaping catch while playing 3rd.

Awards were handed out to these individuals for their outstanding efforts this season.

**Championship Game MVP** – Will Burdick (Clear Cottage)

**Best Pitcher** (Not Self-Proclaimed) – Ronzoni (Clear Cottage)

**Best Back-Up/Saving Grace** – Ronzoni (Clear Cottage)

**Rookie of the Year** – Lindsay Smith (Vermonsters)

**Web Gem Specialist** – Pete "Mini Ginny" Melluzzo

(Phat Italian)

**Best Sportsmanship** – Kelly Linton (Ramuntos Pie)

**Best Party** – Domenic's Pizzeria/Phat Italian Combo Party

**Best Nickname** – George "Hip Hip Jorge" Corson

(Charity's Hitters)

**Best Couple** – Tyler Teed & Phill Andrews (Charity's Hitters)

**Best Web Gem** – Jeremy Prior (Moguls) Diving grab vs. Phat, flipping it to 1st for 3rd out with bases loaded

**Best Come-From-Behind Win** – Moguls down 7-0 1st Round Playoffs vs. STF and winning 9-8

**Best Upset** – Ramuntos beating the Vermonsters 12-11

**Best Cold Beer K** – Hans beaned in the head with a marshmallow by DJ Dave and then striking out

**Best Wild Bill Moment** – Having his bat beat him to 1st base

**Best Idiot Moment** – Bradley Seeds running to save his bromance buddy Dan Culpepper from the wrath of Chandler.

This season would not have been possible without the help from these people:

Budweiser/Farrell Distributing, Don Sadie, The Mountain Times, Killington Parks and Rec., Bridgewater Parks and Rec., Commissioner DJ Dave Hoffenberg, Jackie Blue, Jeff Hedgewald, Mike Sutcliffe, Jim Lewis, Chris Franco, Greg Labella, Rob Pelletier, Chandler Burgess, Melvin Rodgers, Craig Brothers, Josh Linton, Kelly Linton, The White Cottage, Clear River Tavern, Killington Resort, Moguls Sports Pub, The Phat Italian, Jax Food and Games, Ramuntos Bridgewater, Shepard's Pie Quechee, Charity's, The Vermonsters, Domenic's Pizzeria, Deli at Killington Corners, Tyler Teed, Robert Salimeri, Jason Evans, John Hurley and all the great players that make up this league.



## Emergency Management Report and Advice

WATERBURY – Efforts continue around Vermont to clean up and dry out after Sunday's flooding. State officials have spent the day ensuring the safety of citizens, assessing damage, and beginning repairs wherever possible.

Vermont State Police now say three people have been killed and one is missing as a result of the storm. A female was killed in the Deerfield River in Wilmington; a male was killed in Mendon after being swept away by floodwaters and his companion at the time is still missing and feared dead. A male in his 40s was found dead in Lake Rescue in Ludlow earlier today.

Floodwaters have receded, but most rivers and streams remain above normal levels, and some are still dangerous in many areas. Vermont officials recommend staying away from rivers that are still high and flowing rapidly. You should stay out of all floodwaters because of pollutants or debris.

Motorists are still encouraged to stay off roadways as many are unsafe and what roads are open are needed by emergency responders, road crews, and utility crews.

Road closures are still too numerous to list. Please call 511 or visit [www.511vt.com](http://www.511vt.com) for updated road closures. The public is asked to NOT call 211 for road closures – those calls are hampering 211's ability to help those who need shelter or other resources.

State Police also ask that you only call 911 if you have an emergency.

Around 35,000 power customers are without service. Restoring power may be slowed for some utilities because of road conditions, so patience will be necessary.

Before returning to your flooded home, you must have a licensed electrician inspect your electrical system. Wet wiring can cause electrocution.

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# Proctor Place

by Stacy Bates

The Proctor Marble Bridge IS OPEN and safe to cross. Route 3 and West Proctor Road have both reopened. The only roads still currently closed are Gorham Hill Road and Florence Road. The Proctor Youth fields are also underwater due to the hurricane.

The Proctor Town Clerk would like to remind residents that the next water tax bill is due September 15th.

Proctor Elementary School is once again collecting General Mills Box Tops! Each Box Top is worth 10 cents to the school and can be found on more and more products every year! The Box Tops collection program is a terrific fund raiser for the school - bringing in \$800 in cash to the school annually. Box Tops are found on many different General Mills brand products including Betty Crocker, Nestle, Pillsbury, Welch's, Hefty and Ziploc, General Mills cereals, and even on Avery office products! PES welcomes Box Tops sent in from community members, churches, or businesses as well. Collections can be mailed to the school at PES, 14 School Street, Proctor VT 05765, or dropped off in the front office anytime during school hours. Call us at 459-2225 for more information. Thank you for supporting PES!

The Proctor Free Library will be holding its 120th Birthday Celebration on September 17 from 1:00 p.m. - 3:00 p.m. at 4 Main Street. It will be hosted by the library Board of Trustees. Come and take a trip down memory lane starting in 1881. Bring your library stories and memories to share with family and friends. There will be refreshments and a library trivia contest.

The Proctor Free Library was organized in 1881 when Proctor was known as "Sutherland Falls". It has a modest beginning in an upstairs room over the old Monumental Shop, when Senator Redfield Proctor provided the first books and matched any funds provided from other sources. A few years later, quieter and more commodious quarters were found over the Co-operative Store and then, in 1891, it moved to the building now used for the Town Offices.



The Proctor youth baseball fields and a view from the Marble Bridge on Monday morning after Hurricane Irene.

The Library moved into its present home in 1913 when Mrs. Emily J. Proctor, the wife of Senator Redfield Proctor provided the funds for the building of the structure as a memorial to Arabella Proctor Holden, her daughter. During its first years 1881-1900 the library was primarily run by members of the Board of Trustees. The names W.W. Wilkins, Charles Glasson, Nellie Glasson and Elizabeth Creer appear frequently in the board minutes. The first person to hold the job of librarian was Mary K. Norton. Mrs. Norton stayed with the library from 1900 through 1923.

Subsequent librarians are as follows:

- 1923-1930 Priscilla Bancroft
- 1930-1975 Anna McLaughlin
- 1975-1989 Barbara Burns
- 1989-1997 Marie Tillberg
- 1997-2001 Phyllis Russell
- 2001-2009 Mary Brough
- 2009-2010 James Knowlton
- 2010 - present Lisa Miser-Perkins

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Sexual Violence: 1-800-489-7273

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# Killington-Pico Rotary News

by Janina Curtis

## Killington Active Seniors

The Killington Active Seniors meet for lunch every Wednesday at noon, hosted by the Green Mountain National Golf Course at the Clubhouse for the remarkable price of \$5, tax and tip included. This bargain is graciously funded by member contributions, the Killington Pico Rotary, the Sherburne Women's Club, and the Southwestern Vermont Council on Aging. So if you are 60 or older, come join us for friendship, and a good meal at a great price.

### Upcoming Events:

September 9th, Friday, noon. Killington Active Senior's 3rd summer picnic, held at the town pavilion next to the swimming pool. Potluck. So bring your favorite dish, your own plate, and utensils. Please make reservations by Wednesday 8/31 by call-

ing Marilyn Copson 422-4136.

Sept 14. Wednesday. Chittenden Seniors will join a group from the Young at Heart of Poultney for a trip to West Point in N.Y. They have 12 seats left on their bus. To join them call Barbara DeBonis at 645-0154. They plan to leave from either Rutland Center or Poultney at 6.00AM. The cost is \$87.00.

Sept 21st Wednesday. Mendon seniors have invited us to join them in a trip to the American Precision Museum in Windsor, \$4 donation. Lunch at Harpoon Brewery, Dutch treat. Glass-blowing by Simon Pierce across the parking lot from lunch. For reservations call Ruth Drigert 775-6014.

Each Thursday. Over the Road Seniors walk at their own pace with a group of their peers. Meet at Sherburne Library on River Road, 9AM, Thursday mornings. Walk towards Town Office and beyond - or as far as you wish. Return to picnic shelter at our Recreation Center for rest and conversation. No time limit, no set pace, no required distance to cover, but please, do bring water for hydration. Any questions contact Ron Willis at 422-3843.

The Rutland Regional Medical Center welcomes those interested in Healthier Living with Chronic Conditions. If interested, call 772-2400 for a program schedule.



Although clothing and transportation appearances may have changed in the past century and a half, many aspects of the local end-of-summer fair remain much the same. Enjoy your trip into the past at the Vermont State Fair this week, from Friday, September 2, through Sunday, September 11. There is no "best way" to take it all in; better plan to go more than once. Call 775-5200 for info.

Book King, 11 Center St., hosts Debby DuBay discussing her latest book Rutland, Vermont - Heart of the Green Mountains at 6:00 p.m. Friday, September 2. The post cards shown in the volume were donated by local individuals and their families; author royalties are donated to the paramount Theatre, Rutland Free Library, Rutland Historical Society, and Rutland Mental Health. Debby also holds a book release and signing party for the book Tuesday and Wednesday, at her Limoges Antiques Shop, 62 Merchants Row, with profits going to the Killington Music Festival. Call 733-6444 for details.

With a new liver and a new album, Gregg Allman visits the Paramount Theatre Sunday, September 4. Soak yourself in Southern melancholy, with a concert that begins at 8:00 p.m. Call 775-0903 for tickets.

The reading group at Annie's Book Stop meets Tuesday, September 6, and Monday, September 12, at 7:00 p.m. to discuss Vermont author Chris Bohjalian's book The Double Bind. Call 775-6993 for details.

Remember that the Killington Classic motor rally comes to downtown Rutland Friday, September 9, for an evening block party.

FairPoint Communications recently donated \$3,000 to the Vermont Foodbank. Local foodbanks, including the Community Cupboard, are among the 280 foodbanks across the state that benefit from this donation.

The Osher Institute recently announced its fall 2011 schedule.

September programming focuses on Vermont Music Traditions; October, on 19th and 20th century literature; and November, Vermont involvement in the American Civil War. All lectures are Friday afternoons, 1:30 to 3:00 p.m., in the Godnick Adult Center, 1 Deer St. To find out more, call 446-2041. The Rutland City police department is wondering whether it need define its policy on appropriate patrol car use. Officers may take their patrol vehicles home as they leave duty, even if they live outside the city. The question arises whether or under what circumstances they may use the vehicles to transport other family members

The Downtown Rutland Partnership recently announced plans to move to 50-54 Merchants Row, next door to the Rutland Region Chamber of Commerce, into vacant space formerly occupied by Hair Doctors. The Partnership had shared its office on Wales Street with the Rutland Redevelopment Authority, which has now moved into City Hall.

Chaffee Art Center plans two children's day camps in December, both taught by Christine Mix and running Tuesday, December 27, through Friday, December 30. A 10:00 a.m. to noon camp introduces children in grades 1 through 3 to watercolor and drawing. A 1:00 to 4:00 p.m. session covers comics and cartooning for grades 4 through 7. Call 775-0356 for details.

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SameSun of Vermont, a solar installation firm, plans to open at 24 Center St., downtown Rutland.

Have you thought about hospice or palliative care volunteering? Rutland Area Visiting Nurse Association & Hospice (RAVNAH) offers a free 8-week training class, Wednesdays, September 14 through November 2, from 4:30 to 7:30 p.m. Register by Friday, September 2, at RAVNAH, 7 Albert Cree Dr. Call Nancy Birdsall, 770-1682, to find out more.

Rutland Regional Medical Center recently welcomed Ethan Flynn, MD, a specialist in cancer diagnosis. His previous position was that of pathologist at Berkshire Medical Center in Pittsfield, MA.

In addition to his work as head of the Rutland Region Chamber of Commerce and position as justice of the peace, Tom Donahue serves the Rutland area as a member of the Board of Civil Authority for Tax Appeals. He is chairing the board for 2011, with a planned 18 appeals to consider this year.

Pre-register for Mike McNolte's hunter safety class at the Rutland American Legion Post 31, 33 Washington St., running Monday evenings September 12, 19, and 26 plus October 3 and a field day Saturday, October 1. McNolte teaches the course Wednesday evenings at the West Rutland Legion Post 87, September 13, 10, and 27 plus October 4, plus sharing the same field day. Mark Gilman teaches a third class Mondays from September 12 through October 10 with a field day October 9, taught at the Rutland Elk Lodge. To save your spot, call the Rutland Rec. Department, 773-1822, or stop in.

Municipal water and sewer is on its way to Center Rutland. The Rutland Town select board has the Rutland Economic Development Corp. and Rutland Region Planning Commission pursuing a grant for a study on bringing municipal water and sewer to the area. Lack of central services discourages new development and handicaps building upgrades. A community development block grant is the starting point for the study, providing about three-fourths of the \$15,000 the study will take, with the rest coming from the town, REDC, the Regional Planning Commission, and another municipality, most likely West Rutland.

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## COMMUNITY CALENDAR

### Meetings

**Mons. - Rutland.** Rutland Kiwanis Club meets at South Station Restaurant 6:30pm. All welcome. 773-6251.

**Tues. - Brandon.** Lions meet at Brandon Senior Center, 7pm. 1st & 3rd Tues. of the month.

**Tues. - Sex Addicts Anonymous - SAA.** Are you suffering from compulsive sexual behavior? Call hotline 1-800-477-8191. Rutland's 12 step group meets weekly at Grace Church, 8 Court St, Rutland. 6:30-7:30pm.

**Weds. - Brandon.** Cub Scouts - Wolf Den 123 meet at Brandon Senior Center, 3-4pm.

**Weds. - Mendon Senior Citizens** plan meeting 1st Wed. of month at Mendon Methodist Church. 773-4187.

**Thurs. - Hubbardton.** Hubbardton Senior Connection program lunch every 1st & 3rd Thursday of the month, at Hubbardton Town Hall, 12:00 noon. All welcome. \$3.25/seniors, \$4.25 anyone else.

**Thurs. - Rochester.** Green Mountain Interfaith Group sponsors Spiritual Cinema Circle 2nd & 4th Thurs., 7-8:30pm, Park House. 767-4905.

**Friday - Rochester.** 1st & last Fris. of month, Rochester Federated Church invites parents & kids for Play Group. Birth - 2 yrs. 10:30am-noon, nursery rm. above Fellowship Hall.

**Mon.-Sat. - Wallingford,** Hands for Hope Thrift Store open, 9am-6pm Mon-Fri & Sats, 9am-2pm.

**Mons. & Weds. - Brandon.** Meals-On-Wheels delivered to Brandon Senior Citizen Center, except holidays. \$3. Age 55+. 247-3121 to sign up or come by.

### Worship Services

**Killington - Saturday Worship,** Roman Catholic Mass, 4pm. Our Lady of the Mountains. 457-2322, call for Holy Day schedules.

**Killington - Sunday Worship,** 9:30am, Church of Our Saviour (Episcopal). Small, welcoming, inclusive. 422-9064.

**Killington - Sunday Protestant Service,** 9am, Sherburne United Church of Christ, Rt. 4. All Welcome. 422-9440.

**Mendon - Community Church,** (50 Rte 4 East) Communion 1st Sunday of each month; Sunday worship 9:30am; Children's church 9:45am; Fellowship 10:30am; Adult study time 11am. Rev. Ronald Sherwin, 459-2070.

**Pittsfield - Sunday Worship,** 9am. Pittsfield Federated Church. Rt. 100 N. Communion Service 1st Sun. each month. Bible Study Weds. Eves 7pm. Rev. Dr. Howard Gunter, Pastor. 746-8698.

**Chittenden - Sunday Worship,** 11am. United Methodist Church of the Wildwood. Open hearts, open minds, open doors. Rev. Shirley Oskamp. 483-2909.

**Rutland - Unitarian Universalist Church,** 117 West Street, Rutland, VT. 802-775-0850. Rev. Erica Baron. Summer services 9:30am, thru Aug. 28. No summer child care or Religious Education.

**Rutland - Sunday Service,** children & adult religious instruction 9:30am. Sat., 5:30pm worship. Good Shepherd Lutheran Church. 773-9659.

**Rutland - Weekend Catholic Mass,** Christ the King, Sat. 5:15pm, Sun. 7:30, 9:30, 11am. Immaculate Heart of Mary, Sat. 4:30pm, Sun. 8am, 10:15am. St. Peter, Sat. 5:15pm, Sun. 8:30, 10:30am.

**Rutland - Sunday Worship Services,** 10:30am, First Baptist Church of Rutland City. Sunday School Classes, 9am for all ages. 773-8010.

**Rutland - All Saints' Anglican Church** welcomes new members. Services at Messiah Lutheran Church Suns., 10am & Thurs. 8:55am & most holy days.

**Brandon - Sunday Services:** 10am, Adult Bible Study, 5+ Sunday School, Nursery. 11am, Worship service. Wed. Services: 6:30pm, Adult Prayer & Bible Study, Youth Groups 5+. Brandon Baptist Church. 247-6770.

**Rochester - Federated Church of Rochester** invites everyone to Bible Study Tues., 10:30am in French Rm. & 6pm Weds. at parsonage & Thurs., 7pm at Mather's on Kirby Dr. 767-3012.

**Fair Haven - Our Lady of Seven Dolours Mass** Times: Saturday 4:30pm. Sunday 9am.





**ARIES: March 21 – April 20:** You always feel better about things when you know that it's all happening to serve some sort of purpose. Most of the time it's easy for you to find the silver lining – but this time, whatever you can't swallow is making you gag. To be feeling this way is totally understandable. Give yourself permission to lose your temper just enough to cough up your anger and get over this. Once you no longer care, one way or another, what happened you'll be free to see that this was never meant to obstruct you; the fact is all of this crisis has helped you to be a happier, kinder person.

**TAURUS: April 21 – May 20:** The next few weeks will teach you a lot about how differently we relate to things. For you, the stakes are high enough to be wishing that someone would come to the rescue – or at least show up with a little encouragement – because that's what you'd be doing for them if the tables were turned. Don't expect too much from people. At your age you should know better than to think that anyone thinks they need to take you into consideration. You know enough about yourself to be able to make this transition gracefully; don't overanalyze the way others decide to handle it.

**GEMINI: May 21 – June 20:** Any time someone voices any form of criticism you respond with behavior that over adapts to whatever it is that you think they want you to be. The "All things to all people" routine is exhausting. At this point it would be great if you could find a way to identify yourself within this sea of expectation. To begin with, you need to restore your right to say "No" to things when they don't work for you; you could also reclaim, solidify, and own the right to be, and start thinking about whether or not you need to be involved with anyone who can't take you as you are.

**CANCER: June 21 – July 20:** You could go either way with whatever's coming up. Part of you likes the idea that everything looks like it's working; another part of you is wondering why you're not bored with it. All I can tell you is that there is an opening for something new to be created if you can remain true to yourself. There's nothing wrong with your existing goals. Before you continue with them you'd be wise to check in with whether or not those dreams are relevant to the times we're in and to the person you've become. Think about that before you make any decision to root yourself here.

**LEO: July 21 – August 20:** You can't keep doing this to yourself. It's time to either wake up or grow up. And before you start pointing the finger or blame anyone for what hasn't turned out the way you expected it to you need to know exactly what you're going up against. If I were you I'd lose the need to fix whatever it is that you think needs fixing. The truth is that it doesn't – and you'll be way better off if you focus on yourself and start cleaning up your own back yard. Ultimately all of this will turn out to be a great lesson in; if you want anything to change you need to change yourself.

**VIRGO: August 21 – September 20:** You have your good days and your bad days. Life is always like this. Don't let your perfect pictures drive you nuts on the days when things don't look the way they're supposed to. If it seems like you've got too many unanswered questions it doesn't mean there's anything wrong. The fact that you have something to wonder about is an indication that you're about to grow beyond yourself. Don't make the mistake of assuming that certainty is an asset in a situation that is changing this much. Stay open and get hip to the fact that your life is about to turn around.

**LIBRA: September 21 – October 20:** You have to decide how far you can stretch yourself. At the moment it would pay off to be as realistic about your abilities as you can. It would also be great if you could figure out exactly how much time it will take you to handle all of this. It will do you no good to try to sell yourself as anything but what you are. The tendency to want to impress will only make it seem as if you don't recognize yourself. Others may or may not be interested in going along with whatever this involves. They will be more likely to support your efforts if you stay honest and tell it like it is.

**SCORPIO: October 21 – November 20:** You keep listening to the voice in your head that believes it can't have it all. Sit back and try to imagine that there is more to life than what you allow yourself to experience. Give yourself enough room to grow. For some of you this means that it's time to separate from the things that contain your spirit and keep you apart from your truer purpose. When you think about what that might be ask yourself if what you have now bears any resemblance to it. For many of you, what scares you most about having it all is the thought that you might have to let go of everything.

**SAGITTARIUS: November 21 – December 20:** You didn't know how wild this ride was going to get. Now that you're here there's not too much you can do but stay on track. If it feels like there's no time for anything you're going to have to find a way to create it; because you'll go nuts if you can't stay grounded. Side issues that have to do with "what to do about so-and-so" have turned things into a side show. Whoever's being so needy is a total pain in the ass. On top of being out straight you're walking on eggshells to avoid pushing their buttons – and unfortunately, you can't escape any of this BS at the moment.

**CAPRICORN: December 21 – January 20:** You've had your share of problems with one particular person. It's a good thing that you know how to be the grown up in this situation because whoever this is, is really pushing your buttons. At some point it will be necessary to confront them – but the way things stand, you've got to find a way to down play this whole thing to keep it from getting out of control. You may be right about the idea that their behavior isn't normal. Before you go judging yourself for being too critical you need to realize that you could very well be picking up on a very serious problem.

**AQUARIUS: January 21 – February 20:** You keep trying to do everything right. It's heroic the way you make every effort to make things work and to be the kind of person you can live with. I'm not here to tell you to cut it out but there's a point where you've got to lighten up. Your inner child has forgotten how to play. The company you keep keeps you in an uptight little box. It's time to stretch out and see what it's like to not have to be perfect. Changing your tune won't be that hard. If you're not sure how to go about it I heartily suggest that you show up on Karaoke Night and make a total fool of yourself.

**PISCES: February 21 – March 20:** The long haul is getting longer by the minute. You can't figure out what's going on. For many of you there is a sense that you're sleep walking through an experience that keeps repeating; it's as if you're going around in circles and you know it's time to get off the turn table but you can't stop the machine. In situations like this it always seems like something else is running the show. While it's true that time and the actions of others often have a lot to say about what we get to do, or not do, there has to be a part of you that for one reason or another needs to keep this up.

**Mother of the Skye**  
Mother of the Skye has 30 years of experience as an astrologer and tarot consultant. She may be reached by email to [cal.garrison@gmail.com](mailto:cal.garrison@gmail.com)

## Mendon/Chittenden/ Pittsford/Brandon Notes

by Debbie Burke

At the August 8 meeting of the Town of Mendon Selectboard and under Old Business, a Zoning complaint was discussed. The Selectboard has received a complaint regarding the Zoning Administrator requesting the removal of a temporary sign. The Selectboard will discuss the complaint with the Planning Commission and the Zoning Administrator.

Regarding the Town Shop lease, The Selectboard is currently updating a 2 year lease with the tenant of the building, Adi Staudinger. Mr. Staudinger has been a tenant of the building for the past twenty or so years primarily using the building as a showroom for his custom made furniture. Recently, Mr. Staudinger has been utilizing the building full time as his workshop. The Selectboard discussed at length the heating system of the building that has not been utilized for a number of years. It must be determined whether the system is serviceable and safely operated. The Selectboard must indicate in the lease a detail of what maintenance will be the tenants responsibility versus the town's responsibility.

Regarding Helvi Hill Road and Sherwood Drive, Don Woods, of Woods Engineering, Bill Ellis and Tracy Adams conducted a site visit to the intersection of Sherwood Drive and Helvi Hill Road. Mr. Woods has informed the Town that he would not be able to work on the project at this time. The Selectboard will be considering other options.

Under New Business, the Regional Mitigation Plan Review and Adoption was discussed. The Selectboard will review and adopt the mitigation plan at the next meeting.

Next discussed were the Recreation Field improvements.

Tracy Adams presented the final vision plan for improvements to the recreation field on South Mendon Road. The vision for the Mendon Recreation Area is to enhance the use of the facility by adding features that will encourage use by the local community. Currently, Barstow Boosters uses the ball field for their Little League games. The Mendon Recreation Committee would like the improvements to the Recreation Area to provide more variety of activities to attract individuals, families and groups. Last year, Shaun Godair upgraded the 1.5 hiking trail system as an Eagle Scout project. The detailed vision plan includes upgrades to the existing ball field, constructing dugouts, installing a play set area, constructing a pavilion, installing a small ball field for T-Ball, and Whiffleball, installing an outdoor basketball court, installing a volleyball court, modifications to the storage shed, and creating a nature garden along the existing hiking trails. The cost estimate to complete the vision plan is \$44,500. Currently, the Town funds allocated to the project is \$12,000 from the Recreation Reserve Fund and the 2011-2012 General Fund budget. The Town will be applying for a Recreation Grant for \$22,250. The Recreation Committee has set a goal to secure \$10,250 through private donations. Tracy Adams reported that the donation drive is currently underway and have received donations from various sources which include Barstow Boosters, the parents of Barstow Booster players, Mendon residents, and local businesses. The Selectboard encourages anyone interested in making a donation to support the expansion of the Mendon Recreation Area to contact the Mendon Town Office.



## View From Ludlow

by Ralph Pace

### Ludlow – Irene and the Aftermath

(This is not going to be a newsy, breezy column of dates and activities; the impact of Irene in the Ludlow area is the subject of this column along with the personal observations of the writer – Ralph Pace)

We listened to forecasts of gloom and doom from the many media sources predicting ominous damage from the hurricane winds of Irene. We mentally prepared for a form of civic Armageddon.

What came to pass in Ludlow, Vermont had little to do with hurricane winds or gigantic events of destiny.

Rather, it was a constant, sometimes torrential, pouring of rain that represented Irene's presence in Ludlow – as well as much of the rest of the state. It was not the devastation expected from a perfect storm – and, yet, it culminated in the same effect of that perfect storm.

Perhaps we should have been advised to emulate Noah and construct our respective arks but, that falling rain did not seem to be such a terrible threat to us. It was, after all, just a tropical depression that was providing us with rain.

Little did we expect that the rain accumulation would be sufficient to cause the Black River to actually rise above the pavement level of the Walker Bridge in the heart of Ludlow Village. We were so accustomed to seeing the gentle flow of the river twenty feet below the bridge. But that incessant rain from Irene did cause the river to rise over twenty feet as it approached the Walker Bridge.

And the view from the other side of the bridge, where every Memorial Day we saw a wreath for our beloved soldiers of the

past gently thrown into it, the gentle Black River took on the appearance of something more appropriate to the Black Sea as it pounded its way towards the Cavendish Falls.

The usually busy intersection of Elm and Main Streets where people journeyed to the Ludlow Health Center and United Church suddenly looked like a deserted war scene as water poured across the lawns and pavement, making white caps as it sought release into a free stream.

Those seeking the tender loving care of the health center were drawn back by the ominous darkness and threat of the Black River now far over its natural banks and nudging its way into the building where health and well-being should reside.

When your view turns toward the once active business center of Ludlow, Main Street, your eyes see teeming water surrounding and inundating the halls of business rather than people busily shopping. In the far distance you can still see a traffic light doing its appointed duty, apparently unaware of the incongruity of its proper functioning with the rest of the flooded scene around it.

Even on the following day, when, as seems to be true with most storms, the aftermath is a bright, sunny day, you are shocked to realize that the clarity of the current weather still does not dispel the impact of the early power of Irene. As you seek to assess the storms impact, you simply discover additional damage that was hidden from you the preceding day.

It is then that you realize that this is not simply a storm – an event that will pass without consequence.

You are faced with the realization that people will suffer from this force of nature, they will be deprived of home and, in many instances, sustenance. Some will face huge financial strains that they may not be able to overcome. Some will see years of collected memories disappear in the dirty, murky waters of a swollen river. Some, may even face death in their efforts to deal with this force.

Yes, Irene will be remembered in Ludlow as much more than a tropical depression. Irene was an event that will test the fabric of everyone in Ludlow for years to come. It will not be a pleasant memory in the near future but it will be a time when friendship took on its real meaning and value. It will be a time when neighbor helps neighbor.

There will be times in the distant future when people will talk about Irene as if it were a period when they proved their worth.

For the present, let us hope it is a time when we can honestly say we did unto them as we would have them do unto us.

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# Home & Garden

## Extending The Season and Other September Gardening Tips

By Dr. Vern Grubinger and  
Dr. Leonard Perry, University of Vermont

Just because a frost is predicted that doesn't mean you have to say good bye to your lettuce, peas, and other fall crops. You can extend the growing season with the use of cloches (individual plant coverings), cold frames, and other tools for retaining heat from the ground during a cold night.

Season-extending tools are available commercially, or you can construct your own. A two-liter soft drink bottle with the colored plastic bottom removed makes a great plant protector for a small plant. Punch a few holes in the sides with an awl to improve ventilation. Large plants can sometimes be saved from a frost by covering with a clean, upside-down garbage can. For rows of plants, you can use floating row covers, such as remay, which is made from spun polyester or similar material. These breathable blankets will do a better job of frost protection if they are folded over to double them up and increase their thickness.

With the proper equipment, it also is possible to protect crops from frost damage by sprinkling them with water on cold nights until the temperatures rise above freezing. As ice forms, it actually gives off heat, so the key is to keep ice forming slowly all night long on those first few below-zero nights. That can be accomplished with a sprinkler system set up with nozzles that create a light mist of water. Applying too much water will drown the plants or form too much ice that can break the plants. Green tomatoes can be harvested before a frost and ripened indoors. The trick is to pick them at the mature green stage, that is, when tomatoes are mostly green with a hint of red. Wrap in newspapers, and pack one or two layers deep in shallow boxes, and store in a cool place.

Bring them out to room temperature as you need them. At 65

to 70 degrees F tomatoes will ripen in two weeks. Sort through the stored fruit frequently to remove ripe fruit and discard anything that is starting to rot or mold.

There's still plenty of time to get a cover crop going to protect your valuable garden soil from erosion by wind and water over the winter. In addition, a cover crop will soak up leftover nitrogen in the soil and recycle it to subsequent crops when it decomposes.

Oats are a good choice for most home gardeners. They're inexpensive and quick to establish, as well as die over the winter leaving a killed residue that's easy to incorporate next spring. To sow, remove or till in crop refuse, and rake or rototill the soil to create a good seed bed.

Evenly spread four to five pounds of oats per 1,000 square feet of garden, then cover lightly with soil. Using even higher seeding rates will create a quicker and thicker cover that will help suppress weeds.

You may be surprised at how long the oats stay green into late autumn, as it takes a hard frost to kill them. Winter rye, winter wheat, and combinations of these grasses plus hairy vetch are other winter cover crop possibilities, but these will overwinter and require tillage next spring.

September is a good month to landscape with fall mums, which are available in a rainbow assortment of colors. Bronze, red, yellow, and white are among the more popular choices.

The key to successful planting is proper site preparation. Choose a sunny, well-drained spot. Dig and loosen the soil to a depth of eight to ten inches in a hole twice the diameter of the plant's pot. Mix organic matter such as compost or well-rotted manure into the soil.

If you want to try to overwinter your mums, once plant tops

die back after blooming or severe frost, cut the stems even with the ground. Apply a thick layer of straw or bark mulch at the end of October, removing it in the spring as the frost leaves the ground. If we have a mild winter, or you live in a mild location, chances are better that they will survive.

If you moved your houseplants outdoors for the summer, it's time to bring them inside. A gradual reintroduction to the indoors is best as sudden changes in temperature, light, and humidity can be traumatic to plants, resulting in yellowing leaves, leggy growth, and possibly dieback.

Start bringing plants indoors before night temperatures dip below 45 degrees F (40 to 50 degrees F for tropicals), inspecting first for pest problems. To avoid shock, expose plants to reduced lighting gradually. Don't overwater. Repot if necessary. Other activities for September: dig and store summer bulbs (gladiolus, dahlias, cannas, and others) when they mature; plant tulips and daffodils; take cuttings from geraniums, impatiens, and coleus before frost to root indoors; order garlic for October planting to harvest next year; pick your own Vermont-grown apples.



## DIYer's Tools Should Include Common Sense, Caution, Sobriety

By Rose Russell, Scripps Howard News Service

The abundance of home-improvement information that's available via the Internet, television, DVDs, books and magazines empowers homeowners who are looking for a challenge and a way to save money.

How hard can it be to fix a leaky roof, trim low-hanging tree branches or put in a new kitchen floor? All you have to do is find the necessary tools and carve out the time, right? Then, depending on the project, within a few hours, days or weeks, the work is done and you have saved a bundle.

Maybe -- if you don't hurt yourself in the process. Novices who don't always take the right precautions could find themselves in the emergency room or worse. Any money they save on a do-it-yourself home project winds up going to medical care, said James Fenn, manager of trauma and disaster services at Flower Hospital in Toledo, Ohio.

Obviously, homeowners are not about to give up the fun or the satisfaction of doing it themselves. That's why medical and home-improvement retail experts urge consumers to use common sense, use the right equipment for a project, learn how to use that equipment correctly and know when to call in the professionals.

Among the most common injuries is a tumble from a ladder. "My assumption is that they are DIYers trying to do their own (tree) trimming and sometimes they don't use the right equipment or they don't use ladders properly," Fenn said.

For example, when it's time to climb a ladder, leave the flip-flops in the house in favor of sturdy work shoes.

"We do see people who don't wear proper shoes for climbing on a roof, and we see people who don't use ladders properly," Fenn said.

Dr. David Ledrick, emergency-room physician at Mercy St. Vincent Medical Center in Toledo, said people take a tumble when they try to do something that requires two people instead of one or when a person tries to balance on a ladder that is not tall enough for the job.

Everyone knows about the don't-drink-and-drive campaign. Believe it or not, some people try to do a project while inebriated.

"Every summer we see a proportion of injuries in relation to alcohol," Fenn said. "It's amazing how alcohol gives you more confidence that you can do something that you actually cannot do."

And just as fatigue decreases a motorist's effectiveness while driving, it influences the ability to properly handle tools or perform a home-improvement task. Accidents also may be more likely, Ledrick suggested, when someone is under "a personal or spousal deadline."

Safety can be sacrificed when homeowners put in a regular workday and then take up a project at home in the evening or

when weekend warriors try to complete in two days a project that might otherwise take longer.

"Their attention to detail and caution kind of wanes a little bit," said Ledrick.

To avoid injuries, retailers recommend that consumers ask themselves some questions first.

"The first step of any home-improvement project is figuring out what you can do," said Abby Buford, a spokesman for Lowe's. "Do I have the skills and knowledge to undertake this project? Do I have the proper tools? Can I complete the project safely?"

The affordability of table saws, routers, nail guns and drills can get the adrenaline rolling in the most novice do-it-yourselfer. Whatever the equipment, Jennifer King, a spokeswoman for Home Depot, urged not ignoring the pamphlets and guidelines that come with it.

"Customers have to make sure they read instructions and they have to follow manufacturer's instructions," King said.

DIYers also can take advantage of home-improvement stores' websites that show how to do just about anything. Some stores sponsor workshops to help consumers with their projects and let them see how to use equipment and assess whether they really can take on a project.

For instance, King said that installing a door might appear to be a quick and easy job. "But if the house is older and the frame is off, it could be really challenging and we suggest they might want to consult a pro.

"Whether it's electrical or water, there are safety precautions that you need to take," she said, emphasizing the need to read instructions. "The instructions are there for a reason."



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# Lakes Region News

by Lani Duke

Green Mountain College opens the 2011-2012 academic year with a convocation at 4:00 p.m. Thursday, September 1, in Ackley Hall. Dr. Karen Emmons, Associate Dean for Research and Professor of Society, Human Development, and Health, at Harvard School of Public Health, is the speaker.

Experience Lake Bomoseen history through a collection of antique postcards garnered by Charles Knight and his father Daniel, in a presentation at 7:00 p.m. Thursday at the Castleton Community Center. The collection becomes part of the Castleton Historical Society's permanent collection after the presentation. For details, call Holly Hitchcock, 468-5105.

Celebrate the fall harvest at the Castleton Free Library Wednesday, September 7 at 7:00 p.m. Hear Ron Krupp discuss his new book *Lifting the Yoke*, on the issues of community sustainability. Come a half hour early to share in a potluck (made at least partly from locally grown food, if you can). Call 468-5574 with your questions.

An artist reception 4:00 to 6:00 p.m., Wednesday, September 7, celebrates Rachi Farrow's exhibit in the Christine Price Gallery at Castleton State College. Titled XXXL, the display is of six 'really big' women made of brightly colored recycled materials and will remain in place through October 7.

Simultaneously, Brandon artist Fran Bull displays 8.15.11, a series of drawings created on that date that use computer scanning and enlarging techniques, in the Calvin Coolidge Library gallery and lounge at Castleton. He work will also remain in place through October 7.

Photographs of India fill the kick-off exhibit at Green Mountain College's Feick Fine Arts Center beginning Monday, September 5. Taken by Brandon photographer Caleb Kenna, the photos look at both India's recent economic expansion and its timelessness. The Feick hosts a public reception for Kenna from 5:00 to 7:00 p.m. Friday, September 9.

This fall's annual Fair Haven CROP Walk is starting to take shape. The September 25 event raises funds to fill food shelves in Castleton, Poultney, and Fair Haven, with a target figure of \$13,500. You can donate money, be a sponsor, or organize and be on a walking team. Call Tamra Staudter to find out how you can contribute, 468-5653.

Learn to better manage your health even though you have one or

more major medical conditions through a series of Thursday afternoon healthier living workshops at Castleton Community Center, beginning October 6. Focus areas including medication management, improving communication with others, and overcoming pain, frustration and fatigue. Call 772-2400 to register.

Poultney folks are working toward a grant to fund an East Poultney bridge and sidewalk project. Residents would prefer a pedestrian bridge on both sides of Thrall Bridge, enabling a better view both upstream and downstream.

Fair Haven's park recently gained a booster. Bob Bascomb of WVNR told his morning show audience that he feels the town's green is the best he's visited throughout VT. Weston ranked second, he said. The park now sports new marble posts, replacing the old wooden ones, and the information booth is getting a facelift.

The Fair Haven Historical Society is raising funds to complete the fence with an apple pie contest during the Apple Festival on Saturday, September 17. All you home bakers are invited to bring in a pie or two, and all you apple pie eaters are encouraged to attend and buy. Local restaurants are asked to contribute a pie or other apple dessert.

The Historical Society asks the pros to have their apple specialties in the booth by 10:00 a.m., along with advertising material to go to the purchasers. Pro pies go on sale at 11:00. Amateur pie judging begins at noon, with pies evaluated on appearance, taste and texture.

The Historical Society also holds an antique appraisal event at the Fair Haven Grade School cafeteria, 6:30 to 8:30 p.m., Wednesday, September 28. Jim Marquis will do the appraising for the fee of \$5.00 per item, \$10.00 for three. Call Lorraine, 265-3545 or 265-3843, for specifics on either event.

Castleton State students Dan Infurna and Patrick Infurna were scheduled to take part in the National Guard FLW College Fishing Regional Championship, hosted by Pennsylvania State University September 1 through 3. Ranking within the top five would advance them to a national championship.

Poultney restaurant The Station recently closed to make way for new paint, new management, and a new menu. The re-born restaurant focuses on local foods and community. New manager Nancy Wilson-Liberatore described its goal as reminding people of the community's inter-relationship with the railroad and part of the downtown's heart. It will showcase work by local potters and artists.

## Letters to the Editor

### Dear Mountain Times

I am a Killington homeowner (second home) and have been a devoted reader of your paper for years - I was moved by your piece on the situation in town. My wife and I almost put our family in the car in New Haven CT on Saturday morning and drove up thinking we would be safer up there. We are still without power but nothing like what you are experiencing.

I can't imagine what you are all going thru now but I admire your spirit and the role your article will play in keeping people's hopes up. If you have any information on the condition of houses on Tanglewood Drive off of West Hill Road I would be grateful - my home is 117.

I spoke to my friend Boris Pullmaker yesterday who owns Hinterland Organic and he has been stranded in Woodstock and unable to get back to Killington due to the washouts on US-4. Our friends at Setab were similarly unable as they are at Rutland. Our thoughts are with you all thru this and I look forward to all of your updates.

Sincerely, Rob Oliver

### Dear Mountain Times

Thank you for working to get your publication back up amidst the devastation. I live in Killington and feel pretty far removed from what is going on in our corner of the world.

Again, an amazing amount of gratitude to you and yours for posting photos and news to your website. From my perspective, you offer the most comprehensive coverage for our town.

Luckily I am safely at home caring for my 3 1/2 year old son while my husband reports to work for Killington Resort, doing what ever he can to help the resort and the community. Thus far my big contribution is giving away the diapers we no longer need to a resort guest in need. I hope their baby wears size 5.

Other than taking care of my family and donating some diapers, I feel isolated and unsure of how I might help others. I am not a reporter, a journalist or anything close (I am the Human Resources Manager for Farm & Wilderness), but if there is anything I can do to help in these efforts from the "Island of Killington" do please let me know.

Be well, Courtney Porter

### Dear Mountain Times,

Just wanted to drop you a line to say thank you for the reporting on Killington. As second home owners at Mountain Green we are obviously very concerned about our property. The damage to the roadways is incredible.

Each time we arrive in Killington one of my first priorities is to pick up a copy of your paper. I enjoy reading it to find out what is going on and relax with the great articles. So of course I searched for you yesterday to find out what is going on and your reporting and photographs have been very helpful.

Keep up the great work.  
Caroline Redmond  
Irvington New York.

### Dear Mountain Times

I am a second home owner in Vermont and share both your sentiments in this morning's online post as well as your attachment to the local area. I am heartbroken to see what has happened to the Central and Southern VT region and to think of the long road to recovery ahead.

We love Killington. We have had a home in Sunrise Village for the last 7 years and enjoyed the area for many years before then. Sunrise, as you mention, remains cut off, and we have no idea what the situation is up there on the mountain.

Looking at the destruction along Rte 4 it's easy to imagine a similarly dire situation farther up the hill. We heard one of our full time neighbors did walk to safety on Route 100 and is with friends who do have power - very good news.

Being so far away and powerless to help is extraordinarily frustrating, but your reports and photos are extremely comforting. While we cannot be with you in person, we are with you in spirit. Stay safe and thanks again for getting information out.

Jennifer Gabrielli

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## Family Grieves Loss of Historic Building

by Jason Mikula

Flood water swept through a large swath of Southern Vermont Sunday and Monday, permanently changing the landscape of many towns. Historic towns and bridges that have weathered storms for over 100 years no longer stand on their foundations. The Lochrie family owns one such home. Their house is thought to be the oldest in Killington built on Route 4 in 1826. It was the original town post office. On Monday, Annette Lochrie received a call from a friend who witnessed the home literally being washed away into the flood. Gone.

As Hurricane Irene first hit the East Coast, millions evacuated coastal towns, buttoned down the hatches and prepared for the worst. Here in Vermont, we watched the hurricane rip through the landscape and make its way towards our borders. We did what we could to prepare, but the rains flooded our narrow river valleys and created a force of water that simply took everything in its path.

Annette and husband Blake, both avid skiers met at the Pickle Barrel in 1979. They rented ski houses with friends and family for years until one day they saw and fell in love with the 1826 house nestled into the side of the mountain. Resting on the banks of the Roaring Brook, they spent the better part of the past 25 years fixing it up and enjoying the quaintness and charm of its antique qualities. Both daughters, Alicia and Jessica, spent the better part of their winters and summers weekends growing up in that house.

"Some of our fondest memories are of skiing with our girls and friends all day, coming home, making dinner and a fire, and playing tenacious games of Trivial Pursuit at our 100 year old dining room table"

Little did we know that inland flooding from the massive rains would be Irene's biggest and most underestimated threat. Nobody could have predicted that our backyards would be posted on the homepage of the New York Times. But there you have it: 200 miles away from the coast, the town of Killington nestled



at the base of Vermont's second highest peak, became an island; it's residents stranded with no way in or out. Roads lost, businesses destroyed, homes and historical landmarks simply gone.

"We're just in shock, it's hard to believe. There's nothing we can do and nothing to salvage, it's just gone." The power of a storm is something we can only watch and wait and wonder, it's force is so far beyond our control. Knowing there is nothing they can do, Annette and Blake remember their home and all the wonderful times they enjoyed in Killington. This will be a trying time for their family, the Killington community and indeed all other affected by the destruction.

In such times of need, the community spirit of small Vermont towns thrives. The personal accounts we've heard here at the Mountain Times, of neighborly support are heartwarming and inspire hope. In the days, weeks and months it will take us to repair and rebuild, our reliance on each other and focus on common goals to restore our towns will be of paramount importance. Right now it's hard to imagine, many of us haven't even been able to assess the extent of the damages yet. But if the community-minded support we have witnessed in the past two days is any indication of the times to come, we will we will build anew together. If there is a kernel of hope in this disaster it can be found in the townspeople.

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## Dear Mountain Times

I spent much of the day today driving around Killington so I have about 80 or so photos. I will send a few from each location.. if you'd like more please let me know.

In terms of writing something, I'm not much of a writer. The only thing I can say is I the destruction is heartbreaking and surreal. Watching the utter power of what seemed to be endless water rushing down Dean Hill Road and behind the Pickle Barrel last night was both humbling and scary, and that was only the beginning of what would be the most devastating flooding seen in Vermont in a very long time. I am thankful that my friends, family and neighbors are out of harms way. On a positive note it was comforting to see so many community members around town this morning hugging, shaking hands and reassuring each other that we will get through this disaster. So many were offering help in any way possible. I am confident that, however long it takes, our community will pull together and support one another through this difficult time.

Again, please let me know if you would like more photos. Feel free to contact by either by e-mail or by phone.

Regards,  
 Sasha Parise

## Dear Mountain Times

I know that you must be very busy with all that is going on in Killington and surrounding areas. I am writing to you from California and I am in search of my aunt, Ann Wallen. She lives on River Road and I hope she left her home before the river washed away the roads. I have checked with the Red Cross in Rutland and they even called me back to tell me how to search their web site's 'safe and well' but I have had no luck finding her. I read in your newspaper online that some people were evacuated to an elementary school but I did not see a way to contact anyone there.

If you have any other suggestions on who I can call or email... please let me know at your earliest convenience. Also, please forward my email to anyone who you think might be able to help me find my aunt.

Sarah Tuttle Smith  
 My cell phone is 858-354-6850

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# Paws & Claws

## Springfield Humane Society Pet Feature



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Our next low cost S/N clinic for cats is September 6 in Cavendish. Call 885-2174 to reserve a spot. Next clinics - Oct 11 in Charlestown & Nov 22 in Chester. End suffering due to overpopulation. Spay/Neuter your cats!

## Lucy Mackenzie Pet Feature



Hi! My name is Turvy. If you considering adding a pair of fun-loving terrific little felines to your family, you really should stop in to meet me and my brother Topsy. We're nearly identical twins with two very slight differences. We get along extremely well with another and love people. We are both neutered and up-to-date on our shots. Please stop in to meet us and our friends at Lucy Mac! We are located at 4832 Route 44 in West Windsor, VT and open to the public Tuesday through Saturday, 12 - 4 PM. You can reach us at 802-484-LUCY(5829) or visit us at [www.lucymac.org](http://www.lucymac.org). We hope to see you soon!

## PET PERSONALS

**DIXIE DOODLE** - 2 year old. Spayed Female. Labrador Retriever mix. I'm an adorable gal who enjoys being with people. I know Sit and Drop and I'm pretty smart. I'm playful, too, and enjoy playing with my toys.

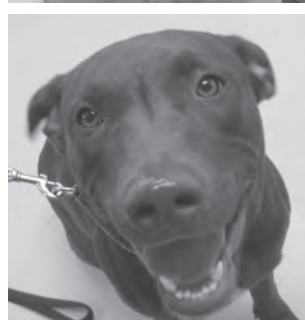
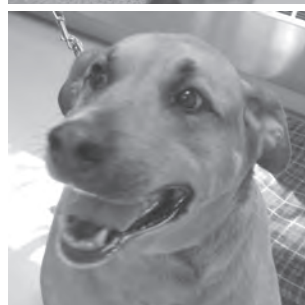
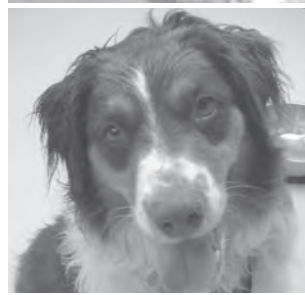
**CARLOS** - 1 year old. Neutered Male. Domestic Short Hair Gray & Black Tiger. I am a confident young stray who adjusts well to most situations. I am in a room with several other cats and I adapted right away to the group.

**BEETHOVEN** - 3 year old. Neutered Male. Australian Shepherd. I'm a handsome, sweet fella who can catch treats in mid air! I also know how to Sit and Sit Pretty! I'm submissive and I love getting my belly rubbed.

**GRANNY FRANNY** 4 year old. Spayed Female. Domestic Short Hair Gray. I came into the shelter as a stray from Proctor after being found wandering. I shouldn't have been outside since I am a declawed girl and it was not safe for me out there without my claws.

**MARTY** - 5 year old. Neutered Male. German Shepherd mix. I'm a slow moving fella who enjoys being with people. I'm an overweight guy who is looking for a home where I can be on a diet and get lots of exercise - slow, long walks sound good to me!

**ZEUS** - 1 year old. Neutered Male. Labrador Retriever mix. I'm a happy, handsome guy who enjoys being with people. I like playing with toys and am an energetic young fella. I could use some work with basic manners like walking nicely on a leash.



**DILLY** - 1 year old. Neutered Male. Domestic Short Hair Gray. Since life on the streets was definitely not for me I am seeking a quiet home where I can blossom. A lot of activity makes me nervous at first but I will certainly be happy when I get settled in.

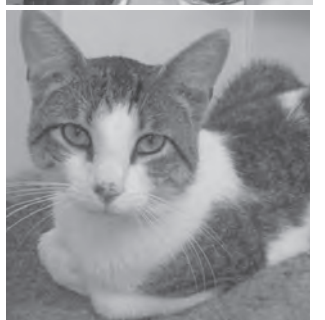
**LULU** - 3 year old. Spayed Female. Boxer mix. I'm all wiggles and I can catch a ball like nobody's business! I am nicely housetrained, know SIT and love to retrieve a ball. . . a great way to keep me exercised!

**GABRIEL** - 1 year old. Neutered Male. Domestic Short Hair Brown & White Tiger. I am a sweet fella who was found wandering as a stray in Wells. I am in one of the cat rooms here at the shelter and am getting along very nicely with the others.

**OLLIE** - 3 year old. Neutered Male. Terrier mix. I'm an adorable, fluffy guy who already knows how to Sit! I take a little while to warm up to new people but once I get to know you I'll be your best friend.

**TENNYSON** - 3 year old. Neutered Male. Domestic Long Hair Gray and Cream. Peek-a-boo! As you can tell from my photo I love to curl up in tight spaces. This is because it is warm and I feel very safe. I have been through a lot of changes so I am a bit shy at first.

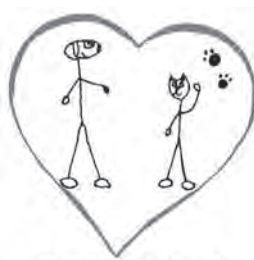
**MEKA** - 7 year old. Spayed Female. Cocker Spaniel. I'm a sweet older gal who is looking for a quiet home where I can relax and take it easy! I've moved around a few times in the past year so I'm looking for a stable home!



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# RealEstate



## A Mortgage Knows No Age

by Marcie Geffner

Ask mortgage banker Michael Becker the age of his oldest-ever mortgage client, and he'll tell you: 97.

"She was lucid, owned her house outright and had retirement income," Becker, of WCS Funding Group in Lutherville, Md., says of his client. "She was helping out her son."

While 97 might seem old to be getting a mortgage, age is never a factor in a loan approval. In fact, it's illegal for lenders to discriminate against borrowers on that basis, Becker says. Age is a protected category within the Equal Credit Opportunity Act, a federal law that also bars credit discrimination based on race, color, religion, national origin, sex, marital status or receipt of public assistance benefits.

Regardless of the borrower's age, sufficient income will be required to obtain a mortgage, Becker says. Some elderly people still earn paychecks or are self-employed. Others qualify

using nonemployment sources of income, such as Social Security benefits, a corporate, government or military pension, capital gains from investments, interest income or property rents.

"If you're old and living on a fixed income, you may have trouble qualifying for a mortgage," Becker says. "But I've seen it happen."

Most older homeowners own their home free and clear and don't want a new mortgage, says Mark Given, a Realtor and seniors real estate specialist with Coldwell Banker Advantage in Littleton, N.C. But he adds that some older homebuyers are more receptive to financing than they might have been in the past because they're reluctant to part with cash reserves.

"Maybe they're getting a 15-year mortgage, anticipating they'll pay it off when they can," he says.

Still, a mortgage isn't necessarily a good idea for an elderly person because there are risks as well as benefits, according to Michael Halloran, a wealth management adviser at Estate Strategies Group in Jacksonville, Fla., and past president of the National Association of Estate Planners and Councils.

One risk is that seniors living on a fixed income might not be able to make monthly payments, even if they can meet the lender's guidelines.

"The main question is: Do they have the cash flow to pay for a mortgage?" Halloran says.

Another concern, specific to married couples, is that the death of a spouse can cause a significant reduction in household income, making a payment unaffordable in the future.

"Some pension or retirement plans have settlement options that say while both husband and wife are alive, they get \$1,000 a month and at the death of the first, the survivor will get (a percentage) of that amount," he says. "If one of

them dies and the check gets cut by 25 percent or 30 percent or 50 percent, we have a problem."

Add inflation or an adjustable rate to the equation, and an income squeeze becomes an even greater risk. Rising property taxes, living costs or interest rates can make a mortgage quite uncomfortable for seniors who have fixed incomes or who want to protect their assets for their heirs.

"If a mortgage could erode their wealth because of a change in interest rates, I wouldn't advise it," Halloran says.

One more risk is fraud. Foreclosure rescue scams, inappropriate reverse mortgages and bogus home-improvement refinancing generally grab the headlines, but any type of loan can expose an elderly person to financial abuse.

A recent MetLife Mature Market Institute study of media reports about elder financial abuse found that petty cons and purse snatchings were common crimes. But there were also plenty of instances in which caregivers, handy-men, friends, supposed sweethearts, adult children, lawyers and other trusted helpers "seized upon opportunities to forge checks, steal credit cards, pilfer bank accounts, transfer assets and generally decimate elders' financial safety nets."

Adults might wonder whether their elderly parents have a mortgage, especially one secured by a childhood home or house that's perceived as family property. But Given says older people typically don't share such information about their economic situation with their family.

"It's a generational thing," he says.

More often, sons and daughters discover these late-in-life mortgages only after parents die. Then, Given says, a real estate agent can help them sort out how much the property is worth and how much is owed.

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## Build a Solid Financial Foundation Before Buying a House

by Michele

Are you ready to buy your first home? Buying a home requires a life plan and a financial plan.

"Getting ready to buy a home should mean that the prospective buyers understand that there is more to homeownership than a housing payment," says Jim Walton, vice president of consumer credit with MetLife Bank in Irving, Texas. "Homeownership requires a commitment to a property and to a community."

In a hot real estate market, buying and flipping appeals to some buyers, but in a more stable or declining market, owning a home requires a longer time to build equity.

"Even in the Washington, D.C., area, where our market is relatively stable, I counsel buyers to look at a minimum of a three- to five-year investment," says Leslie Wilder, a Realtor with McEneaney Associates in Arlington, Va. She also says: "Buyers need to think not only about what they want now, but also what they will want in five years." Couples starting a family might consider the school district "or to live close to work to shorten their commute."

A lender can tell you the maximum mortgage you qualify for, but financial experts recommend that you determine your own upper limit for a housing payment.

"A lender will look at your debt-to-income ratio, but ... you need to be comfortable with your mortgage payment and also prepared to save for other financial needs even after you become a homeowner," Walton says. "Buyers should take a disciplined approach to saving for a down payment, and then they need to be able to continue to save after they buy, for home



maintenance and emergencies."

Marc Schindler, a certified financial planner in Bellaire, Texas, says he looks at real estate as an illiquid investment.

Wilder says a good lender can talk to buyers about a variety of mortgage scenarios based on loan qualifications and size of down payment.

"A lender should also talk to you about the impact of rising interest rates," Wilder says. Buyers "may need to compromise on the home they buy. If they decide to wait to save more, they need to realize that if interest rates go up they may not be able to qualify for the same mortgage amount as they can right now."

A credit score of 720 to 740 is generally re-



# Buying a House

continued from page 30

quired to qualify for the lowest mortgage rates. FHA loan requirements are more lenient, and sometimes lenders qualify borrowers with a score as low as 620 for these government-insured loans.

"We generally look for a stable two-year job history, but we know people have lost jobs in the past few years so we are looking for a re-established job history if someone has been unemployed," Walton says.

Schindler says potential buyers should research their housing market to determine whether owning or renting is more affordable. In some markets, demand drives up rents, while a glut of homes for sale drives down prices.

"A rent-versus-own calculator can be a good

resource, but generally these will show you the maximum mortgage you qualify for at the best rates," says Walton.

Buyers need to factor in maintenance costs, "which can run from 1 (percent) to 4 percent of the home value per year," Schindler says. "They need to realize that housing costs also include homeowners insurance, perhaps flood insurance and homeowner association dues, not just the principal and interest on the mortgage payment."

"If you are a good, solid buyer financially, with savings, a steady income and job stability, and you can commit to staying in a home for the long-term ... then it makes sense to buy now," Wilder says.

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Telemark Village (P)(T)			\$440K
Winterberry "Detached" Townhouse			

<b>CHARMING CAMP!</b>	<b>2BEDROOM/2 BATH SUITES</b>	<b>BETWEEN KILLINGTON &amp; RUTLAND</b>	<b>WOBBLY BARN AREA</b>
<ul style="list-style-type: none"> <li>• 2BR+loft-1BA- 1 1/2 Ac</li> <li>• Winterized, yr-rd use</li> <li>• Expansion Potential <b>\$129K</b></li> </ul>	<ul style="list-style-type: none"> <li>• Indoor hot tub room</li> <li>• Den with Bath - Mtn Views</li> <li>• Stone Fireplace <b>\$390,000</b></li> </ul>	<ul style="list-style-type: none"> <li>• 4BR/3BA+LOFT, Rec Rm</li> <li>• Privacy-Deck-Master Suite</li> <li>• Cathedral- Efficient- <b>\$278K</b></li> </ul>	<ul style="list-style-type: none"> <li>• 2BR/2BA -Cozy vacation home</li> <li>• Large Deck-Landscaped-Shed</li> <li>• Bonus Rm-wait for it: Garage <b>\$197K</b></li> </ul>
<b>POST &amp; BEAM</b>	<b>GRIST MILL AREA</b>	<b>NEXT TO GOLF COURSE</b>	<b>PASSIVE SOLAR GAIN</b>
<ul style="list-style-type: none"> <li>• 4BR,3.5BA, 4.7 Ac, landscaped</li> <li>• Open floor plan, pond</li> <li>• Mom in-law apt. <b>\$449,000</b></li> </ul>	<ul style="list-style-type: none"> <li>• 5BR, 4BA Furnished, A/C</li> <li>• 9ft ceilings, outdoor hot tub</li> <li>• 2-car o/sized garage <b>\$659,900</b></li> </ul>	<ul style="list-style-type: none"> <li>• 4BR/2BA -large Master</li> <li>• Spacious &amp; Light Kitchen</li> <li>• Paved Driveway <b>\$359,000</b></li> </ul>	<ul style="list-style-type: none"> <li>• 4BR/3BA + 3.5 car garage</li> <li>• Solar design, loft/den, Paved driveway</li> <li>• Midway Rutland/Killington - <b>\$450K</b></li> </ul>
<b>POST &amp; BEAM</b>	<b>New Luxury Town Homes</b>	<b>LOG HOME</b>	<b>EXQUISITE RETREAT!</b>
<ul style="list-style-type: none"> <li>• 3Br 2.5Ba - 3 stall Barn+loft</li> <li>• Killington 22Ac, stone fireplace</li> <li>• Post &amp; Beam <b>\$499,000</b></li> </ul>	<ul style="list-style-type: none"> <li>• Starting at \$369,900</li> <li>• 3BR / 3BA - 2200 sq ft</li> <li>• Townhome, Oversized Garage</li> </ul>	<ul style="list-style-type: none"> <li>• 2-3 Bedroom, 1 bath</li> <li>• 4 mi. to Killington Rd</li> <li>• Wood floors <b>\$259K</b></li> </ul>	<ul style="list-style-type: none"> <li>• 3BR/2.5BA w/guest suite</li> <li>• 2 Stone fireplaces,loft, wine cellar</li> <li>• Overszd 2-car heated garage <b>\$689K</b></li> </ul>

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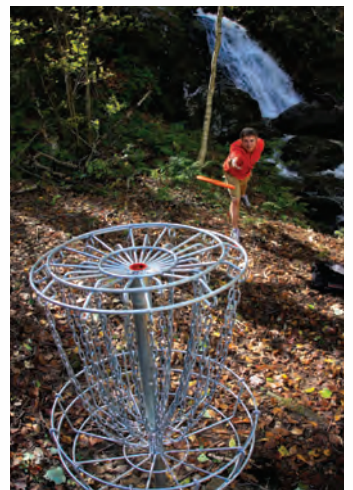
# A SUMMER OF ENDLESS ADVENTURES.

## PICO MOUNTAIN\*

Experience a summer day at the Pico Mountain Adventure Center including Alpine Slides, mini golf, climbing walls and the Pico Power Jump. Pico Mountain Stables offers one-hour guided horseback trail rides and 10-minute pony rides for the little buckaroos. Also, don't forget about the all new Pico Mountain Disc Golf Course perched atop Little Pico Peak with 18 baskets. Pico Mountain is open Monday-Friday 11:00 a.m.-5:00 p.m. and weekends 10:00 a.m.-5:00 p.m. through September 5, 2011.

## KILLINGTON MOUNTAIN BIKE & HIKE CENTER\*

Killington's Kona "Groove Approved" Mountain Bike Park offers the ultimate summer lift-served mountain biking experience for all ages and ability levels. Killington Resort features 45 miles of mountain biking and hiking trails for adventure seekers. Open daily 10:00 a.m. to 5:00 p.m. through September 5. Weekends only 10:00 a.m. to 5:00 p.m. September 10-25 and daily 10:00 a.m. to 5:00 p.m. October 1-10.



**KILLINGTON.COM**  
**800.621.MTNS**

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