

Weddings & Beyond

See what Bridal tips we have for you this month

PAGES 36-37

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The Mountain Times

Volume 40, Number 26

Central Vermont's Premier Weekly Newspaper

June 30-July 6, 2011

BOOMERS

When Dating Was Fun

Dating as a teenager was the ultimate. There was nothing more exciting than being asked out by your current crush. Most relationships lasted less than two weeks, so you savored the moments as they happened.

PAGE 7

SPORTS

Tri-Town Stars Advance

The Tri-Town Cal Ripken All-Star team was announced. Read about the team and the players. Also catch up on how they did during their District 3 tournament this past weekend.

PAGES 4-5

LOCAL SECTION

Regional News

"The facts Ma'am. Just the facts." The Mountain Times gives you good, clean, local news without the editorializing. You're smart enough to figure it out for yourself!

PAGES 25-31

ARTS & ENTERTAINMENT

July 4th Events, Don't Miss Out!

With the holiday coming up there is a lot going on. Check out what concerts and exhibits there are to visit and what is going on in your area. You won't be bored.

PAGES 14-23

FOR YOUR SMARTPHONE

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photo courtesy of Killington Resort

Adventures in the Sun

by Thomas Bartlett

For six months of the year I look to the ski area for my daily dose of fun. Action, exercise, adventure; the ski area has it all. Killington, my home mountain, has provided for me all of these things from November until about the first few days of May. But now that summer has arrived, is it still possible to look to the mountains for a daily fix? You need only to go to the mountain to find out. The crowds are somewhat diminished from the numbers that you see in the winter, but there is plenty to do at your favorite ski area. The summertime list of activities is quite extensive. As always there is golf, hiking, and mountain biking. But once you arrive and are greeted with the welcoming and familiar hum of the turning lifts, you will see there is disc golf and climbing walls, mountain slide action and power jumping. Oh yes, the snow is gone, but there are choices to be made at the adventure centers, now that summer has arrived at the ski area.

The Alpine Slide at Pico Mountain Adventure Center, is and has always been,

one of my favorite summertime rides. You know for sure that summer has arrived when you are zoomin' down the slide at Pico. The lift ride to the top of Little Pico is always a hoot, because the last time you rode that lift, there was snow under it. Now you can make out all of the features that lie under the snow on A Slope and under the Chair. As always, the surrounding views of Deer Leap and Pico itself are grand, and then you are stepping off the lift to choose your next move. Grab your sled and ride down the 650 feet of vertical back to the lift or you can take an easy hike down to the base, or take an even easier ride down on the lift with your camera. Once you have returned to the base, you can become something of a cowboy for an hour at a time.

The Pico Mountain Stables offer trail riding for any ability. The Pico guides on horseback will lead you around the mountain on a kindly steed for a one hour tour. A Pico experience can be had from the saddle every day beginning at 10:00 a.m. Rides also go out at noon

Adventures, Page 3

Vermont Towns Celebrate 250 Years

by Royal Barnard

Vermont has a rich history in the Colonial American era. This comes to light strongly as numerous towns in our region celebrate their 250th Birthdays. As an "inland" state with somewhat forbidding geography, Vermont was not heavily populated or exploited nearly as quickly as Connecticut, New York and others of the original thirteen Colonies.

Early Vermont was inhabited mostly by native people, traders and trappers. It was not exactly clear who "owned" Vermont, or where the borders were. The history of the Town of Clarendon gives ripe example of the confusion going on, as shown on their website www.clarendonvt.org.

"The township of Clarendon was originally claimed under three different titles. First, John Henry Lydius, an Albany based Indian trader, claimed by a 1732 deed from the Mohawk Indians, a tract of land 24 miles wide extending 60 miles south from the mouth of Otter Creek. This deed was confirmed to him by Governor Shirley of Massachusetts in 1744. Second, Governor Wentworth of New Hampshire granted the township of Clarendon September 5th, 1761. This is generally the territorial boundary and title which prevailed after an extended period of dispute in Clarendon history. Third, New York Governor Dunmore attempted to achieve title to the region by the grant of Socialboro, April 3rd, 1771."

In 1761, when 61 towns established themselves in the "undecided" area of Vermont there was not a lot of commercial activity. The French and Indian War, however, was just ending and Vermont became a more hospitable place to inhabit and opened up trade and opportunity. The war also ended any claim to Vermont by the French, and established rule to Great Britain and the Colonies.

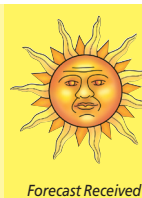
The major controversy about ownership of Vermont, however, was between the Colonies of NY and NH, both of whom had made opposing land grants in Vermont. In 1764 King George III established the boundary of Vermont as being along the Connecticut River, thus awarding us to NY. NH, however, continued to lay it's separate claim, which caused great disorder.

This caused to revolts by Vermonters to defend their NH grants. Under the leadership of Ethan Allen, and others, Vermont ultimately threw off both NY and NH and on January 18, 1777 established

Anniversary, Page 2

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WEATHER

	HI
Wednesday	Sunny 73°
Thursday	Sunny 75°
Friday	Sunny 75°
Saturday	Sunny 84°
Sunday	Sunny 82°
Monday	Sunny 81°

Forecast Received
June 28, 2011

Anniversary

continued from page 1

itself as the independent "Republic of Vermont" separate and distinct from the US Colonies or any other affiliation. During the American Revolution, however, we took up the side of the Colonies as paid allies, and demonstrated great resolve in supporting the American rebels.

As a republic, Vermont created its own coin and currency. Our coinage made declarations such as "Vermontensium Res Publica" (Republic of Vermont); "Georgivus III Rex" (referring to King George as ruler and meant to anger the Colonies that we would honor him.); and "Stella Quarta Decima (The fourteenth Star - referring to ourselves as the fourteenth Colony - which we were NOT)..... but, in fact, we became the 14th State in 1791.

There is much to celebrate among our 250 year old towns. Early settlers in 1761 were not "wimps." They were stout hearted, adventurous and brave people. Vermonters in 1761 were also an independent and rebellious bunch, who were not content to be "claimed" by anybody;

and who were ready and able to defend their rights.

Early Vermonters were also creative, conservative, and industrious. The Vermont adage "use it up; wear it out; make it do; or do without" did not come from a fancy poet.... it came from the lips of all those struggling to survive and build families in early Vermont.

A total of sixty-one Vermont towns are celebrating their 250-year old histories this year. Congratulations to every one of them. In our region those towns, with brief histories, follow.... compliments of All-Ancestors.com. Watch The Mountain Times for information about specific town celebratory events, including those reported in this issue.

BARNARD. Town in Windsor County. New Hampshire grant as Bernard, of 26,000 acres to William Story, Francis Bernard and sixty associates July 17, 1761. In 1774 the first permanent settlement was made by Asa and Lot Whitcomb, Thomas W. White and others, emigrants from

Massachusetts and Connecticut.

BRANDON. Town in Rutland County. New Hampshire grant as Neshobe, of 23,000 acres to Josiah Powers and sixty-five associates, October 20, 1761. Name changed to Brandon October 20, 1784. Part annexed to Philadelphia for school purposes, 1812. Part provisionally annexed to Goshen, 1854. Annexation of part of Chittenden authorized, 1855. Annexation of part of Pittsford to Brandon and part of Branford to Pittsford authorized, 1854. (New York grant).

BRIDGEWATER. Town in Windsor County. New Hampshire grant of 28,000 acres to Seth and Rufus Field and fifty-nine associates, July 10, 1761.

CASTLETON. Town in Rutland County. New Hampshire grant of 23,040 acres to Samuel Brown and sixty-three associates, September 22, 1761.

CLARENDON. Town in Rutland County. New Hampshire grant of 23,600 acres to Caleb Willard and sixty-three associates September 5, 1761. Part annexed to Ira, 1854.

DANBY. Town in Rutland County. New Hampshire grant of 23,040 acres to Jonathan Willard and sixty-one associates August 27, 1761. New York grant of 1,000 acres to John Tudor by Gov. Tryon, February 20, 1772, covered lands in Danby. Annexation of part to Mt. Tabor authorized, 1848.

LUDLOW. Town in Windsor County. New Hampshire grant of 24,000 acres to Jacob Lee and sixty-four associates September 16, 1761. Part annexed to Mt. Holly, 1792.

KILLINGTON. New Hampshire grant as Killington of 24,640 acres to Samuel Yeates and sixty-five associates July 7, 1761. Name changed to Sherburne November 4, 1800. Part of Parkerstown (formerly Parker's Gore) annexed, 1822. Part annexed to Pittsfield, 1822. Reannexed

to Sherburne, 1827. Part of Chittenden authorized to be annexed, 1829. All that part of what was formerly Parker's Gore commonly called "No Town" not claimed by Sherburne annexed to Stockbridge, 1884. Renamed Killington in 1999.

PAWLET. Town in Rutland County. New Hampshire grant of 23,040 acres to Jonathan Willard and sixty-one associates August 26, 1761. New York grant of 2,000 acres by Lt. Gov. Colden to John Thompson June 19, 1775, covered land in Pawlet granted by New Hampshire in 1761. See Eugene.

PITTSFIELD. Vermont grant to Samuel Wilcox, Daniel Kinne, Josiah Wright and one hundred and twenty-seven associates, July 29, 1781. Part annexed to Rochester, 1806. Part of Stockbridge annexed, 1813. Parts of Stockbridge and Sherburne annexed, 1822. So much of Pittsfield as was set off from Sherburne in 1822, annexed to Sherburne, 1827. Provision for establishing line with Stockbridge, 1851.

PITTSFORD. Town in Rutland County. New Hampshire grant of 23,040 acres to Ephraim Doolittle and sixty-three associates October 12, 1761. Part annexed to part of Philadelphia for school purposes, 1812. Part authorized to be annexed to Brandon and part of Brandon authorized to be annexed to Pittsford, 1854. Part incorporated into Proctor, 1886.

PLYMOUTH. Town in Windsor County. New Hampshire grant as Saltash of 25,600 acres to Jeremiah Hall and sixty-three associates July 6, 1761. New York grant by Gov. Tryon of 25,000 acres confirmed New Hampshire grant, November 8, 1772. Name changed to Plymouth February 23, 1797. Part annexed to Shrewsbury, 1823.

POULTNEY. Town in Rutland County. New Hampshire grant of 23,040 acres to

Anniversary, Page 4



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250TH CELEBRATION

★★★ KILLINGTON'S OWN STAR SPANGLED BIRTHDAY CELEBRATION

9:00 am	Library Book Sale
10:00 am	Parade begins on River Road at Rt. 4
	250th Ceremony Following the Parade
11:30am	BBQ, Historical Demos, Silent Auction & Pool Party
1:30 pm	Music & Field Games
7:00 pm	Ace Leonard Band
9:30 pm	Fireworks

Location: River Rd and Johnson Recreation Center
 Proceeds benefit Killington Volunteer Fire & Rescue
 Sponsored by The Mountain Times



TOWN OF
KILLINGTON
 VERMONT

More details at www.discoverkillington.com



Adventure

continued from page 1

and 2:00 p.m. On the weekends there is an additional 4:00 p.m. ride. You will need closed-toed shoes and long pants for the ride and helmets are provided. For the kids, pony rides are available. The Pico Adventure center also features mini golf, a climbing wall and the power jump. Secured by a power bungee, experience flips, and spins. A moment or two of weightlessness awaits as you power straight up and down assisted by the energy within the bungee. And new this year to Pico, is an eighteen hole disc golf

course. Make your way leisurely about the mountain playing the course which is made up of par three's and four's and five's. The first tee is atop Little Pico and the eighteenth hole, or basket, resides at the bottom of a splendid waterfall. Throughout the course you walk the ski trails and through the woods with great views of the Green Mountains to the north. Disc rentals are available and disc golf seasons pass provides unlimited access to the course.

Just up the road from Pico is Killington,

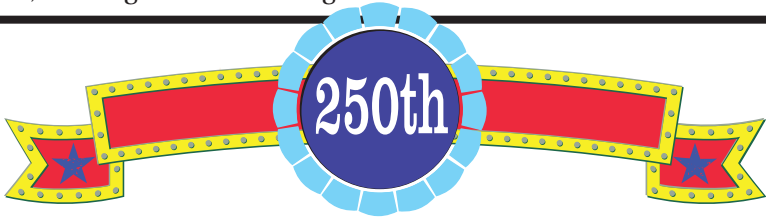
where you can choose from a number of marked hiking trails that will take you all over the now quiet ski area. The trails are easy to follow and there is more than one way to the top. Hike under a shady canopy of Killington greenery, and then out on to the wide open trails for some warm sunshine. There always seems to be a cool breeze in the mountains, and the higher you climb, the cooler it gets. Once you have achieved the 4,241 foot peak, there are beautiful views 360 degrees around, and sun-warmed granite under your feet. There are plenty of places to take in a picnic under blue skies.

If hiking is not your bag, get a lift ticket and ride the Gondola to its top and walk a short distance to the peak of Killington. The Gondola will also bring your mountain bike to the top so you can access 45

miles of terrain with a 1,700 foot vertical drop. Killington's Kona "Groove Approved" Mountain Bike Park has terrain for all abilities. There are also Kona Mountain Bikes available for rent. Between Killington and Pico, there is plenty of action for the upcoming summer days. For more information pertaining to daily lift schedules and adventure center packages go to killington.com and peruse the Adventure Center pages or call 1-800-621-MTNS.

The challenge of adventure can be answered down the road at Okemo Mountain Resort as well, where they have the Okemo Mountain Coaster. A mountain roller coaster! It is called The Timber Ripper. The coaster follows the contours of the mountain at Okemo's Jackson Gore

Adventure, Page 4



Rutland Town's 250th Birthday Bash

July 4, 2011 From 10 - 4 (rain or shine) at Mill Village Chapel

Rutland Town will host a day of history, hands on activities, demonstrations and fun for all ages, highlighting the history of our Rutland Town home. Visitors can explore historical displays and hear presentations inside the Chapel:

- Rutland Railway Association
- Mill Village Chapel
- Crown Point Road Association
- Vintage farm tools from local farms
- Historical information from the Town, including old road maps

• A history of the Rutland Town Fire Department

• A professionally produced DVD, featuring stories of earlier days in Rutland Town and starring several of our distinguished senior residents.

Outdoor stations will include:

- Town Fire Department hosting water games.
- Town Rec Department hosting old fashioned games.
- Large farm animals - "pettable" farm critters.
- Rutland Area Lamb and Wool Association's demonstration of wool spinning.
- Town Boy Scouts demonstrating various camping skills.

• RTS students performing patriotic songs of the past.

• A "touch a truck" station to see up close farm equipment and the Town's new truck.

• A cookie decorating booth where kids can take home or consume their works of art on the spot.

• CVPS presentation on solar energy.

A fundraising activity will feature Town officials being honored on the hot seat of a dunking booth or under a flush tank. Proceeds from helping to cool off our most notable residents will go to benefit Rutland Town senior programs and the Mill Village Chapel maintenance fund.

There will be food for sale at a nominal cost and tents set up for plenty of shade to enjoy. Volunteers will barbecue burgers, hotdogs and sausages. Chips, soda and water will be available for sale as well.

Join us to celebrate our unique Rutland Town heritage, 250 years strong, and be reminded of why it's a great place to live, work and play.

* Mill Village Chapel is located just north of CVPS on Route 7 past Post Road. Parking is at CVPS, a short walk or free tractor-drawn wagon ride to Mill Village. Porta-Potty's on site.

RUTLAND TOWN'S 250th B-DAY BASH!



We Live...

We Love...

Rutland Town, 250 Years!

July 4th | 10 - 4 pm

at the Mill Village Chapel on Rte 7N next to CVPS. Rain or Shine!

- Dunking Booth • BBQ • Rutland Town History Exhibits •
- Water Games with the Fire Dept •
- Farm Animals including Oxen • Spinning Wool demonstrations
- Tractor Drawn Wagon Ride shuttle •
- Vintage Farm Tools • 'Ole Fashioned Games • Bagpipes & Old Time Music •
- Cookie Decorating • Boy Scout demonstrations •
- RTS students performing Patriotic Songs •
- Solar Energy Presentation & More •



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- Mark Seward
Rutland, VT

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Adventure

continued from page 3

area. It begins with a five minute 1,600 foot climb and then releases you into a 375 foot vertical descent. Along the way there are banking loops, camel backs, waves, and a twister section. The coaster can reach speeds of 25 mph and the sled-like cars carry two passengers but can be easily enjoyed by one. Drivers of the sled must be at least 48 inches tall, and riders must be at least 36 inches. Combined weight cannot exceed 330lbs. Okemo also provides mini and disc golf, as well as a trampoline bungee jump attraction at their Adventure Zone. There are four jumping stations and the bouncing human in the harness can reach as high up as twenty feet. Okemo's mini golf course is brand new this year and is scheduled to open in August. For more information about The Timber Ripper or any of the other summer fun provided by Okemo go to okemo.com or call: 1-866-706-5366.

The summer adventures at Killington, Pico, and Okemo will excite, challenge, and entertain you if you so choose. Beyond the action, Killington and Okemo always offer their world class golf courses and spas for your relaxation and comfort. Take a closer look at what these ski areas have to offer during their "off season" and piece together a perfect weekend get away or set up some fun for a lazy weekend afternoon. There is much happening at the ski areas in southern Vermont. For four seasons, they rarely close and they all offer you the opportunity to get a much needed burst of adrenaline when there is no snow on the ground to provide it. Look up at the mountain to see the lifts turning in the summer amidst all of the green trees. The local ski areas are still providing vacation fun in the mountains and adventure for all who seek it. Even in the summertime.

The Tri-Town All-Stars Shine

by Stacy Bates

The stars typically shine at night but you can see them shine during the day as this marks the first year the surrounding Rutland towns, also known as the Tri-Town League, came together to form a Cal Ripken All-Star team. Sixteen players who usually compete against each other came together last week to prepare for their first district three tournament on June 24 in Manchester.

The Cal Ripken league is part of the Babe Ruth League and has divisions for kids 4-12 years-old. In 1999 its name was changed from Bambino to Cal Ripken baseball. The Tri-Town Stars are in the Major 60 division which is the most experienced level of Cal Ripken Baseball recommended for 11 and 12 year olds. The game is played on a 60-foot diamond with a pitching distance of 46 feet. To encourage training more pitchers the rules set the maximum number of innings a pitcher may pitch in a week.

Although the team is called Tri-Town Stars they actually pull the best players from 6 towns that include Rutland Town, Proctor, Chittenden, Killington, Pittsford and Brandon. As the regular season began to wind down the managers of each town's team met to nominate their top players. Then it was up to the other managers to vote who they thought should be on the team. Each

town's recreation department has been organizing this new all-star league since the beginning of last year and each department has contributed financially to cover the expenses. OMYA industries sponsored the uniforms with a generous donation. The players each receive a red game tee with their name and number on the back that they will get to keep after the season, and over that the team looks sharp in a dark blue game vest with their logo.

This year's head coach is Rutland Town's Rich Alercio. His supporting coaching staff includes Pittsford's Nate McKay, Proctor's Ken Bates and Rutland Town's Mike Kenosh. Alercio and his staff held 5 practices this past week that consisted of position specific drills, group skills and scrimmages to find the right combination of kids to give them the best opportunity to compete for a District 3 championship.

"It has been fun watching the kids come together as a team and make new friends," says Alercio.

Alercio is originally from Toms River, NY and has seen the talent at this level of play which he says is intense since southern states have the advantage of playing baseball from February to November utilizing indoor facilities.

"We have a solid team of hitters, fielders and pitchers. Best of all, they are great kids who are working hard to represent their towns," boasts Alercio.

See how the Stars did this weekend on page 7

2011 Tri-Town All-Star Players



MATTHEW PRICE
Hometown: Rutland Town
Age: 11
Bats: Right
Throws: Right
Position(s): SS, 1B, 2B
Favorite Position: SS
Favorite Player: Derek Jeter
Favorite Team: NY Yankees



TOMMY KENOSH
Hometown: Rutland Town
Age: 11
Bats: Switch Hitter
Throws: Right
Position(s): Pitcher, Catcher, Right Field
Favorite Position: Catcher
Favorite Player: Carlos Santana
Favorite Team: Clev. Indians



JOSEPH BIANCI
Hometown: Killington
Age: 12
Bats: Right
Throws: Right
Position(s): All
Favorite Position: Pitcher
Favorite Player: Mariano Rivera
Favorite Team: NY Yankees



JOSHUA LETOURNEAU
Hometown: Brandon
Age: 11
Bats: Right
Throws: Right
Position(s): 1B, Pitcher, Catcher
Favorite Position: Pitcher
Favorite Player: David Ortiz
Favorite Team: Red Sox

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All-Stars, Page 5

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TENTH ANNUAL

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JULY 22-24, 2011

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Anniversary

continued from page 2

Samuel Brown and sixty-three associates September 21, 1761. New York grant of 12,000 acres, February 28, 1771, by Gov. Dunmore embraced lands in Poultney chartered by New Hampshire September 21, 1761. Part incorporated with parts of Ira, Tinmouth and Wells into town of Middletown October 28, 1784. Part of Wells annexed, 1798. Part of Ira annexed for school purposes, October 31, 1804.

RUTLAND, TOWN OF Town in Rutland County. New Hampshire grant of 26,500 acres to John Murrey and sixty-three associates September 7, 1761. Vermont post-office located at Town of Rutland, March 9, 1787; repealed, November 10, 1797. Union of parts of Parkerstown and Rutland for school purposes, 1822. Part incorporated into Proctor, 1886. Part incorporated into West Rutland, 1886. Part incorporated into City of Rutland, 1892.

SHREWSBURY. Town in Rutland County. New Hampshire grant of 24,000 acres to Samuel Ashley and sixty-three associates September 4, 1761. New York grant called Hulton of 12,000 acres by Lt. Gov. Colden to James Abell & Co. August 1, 1770, covered lands in Shrewsbury granted by New Hampshire.

STOCKBRIDGE. Town in Windsor County. New Hampshire grant of 28,100 acres to William Dodge and sixty-five associates July 21, 1761. Union of part of Stockbridge and part of Pittsford for school purposes, 1804. That part of Parker's Gore not claimed by Sherburne annexed, 1884. Line established with Pittsfield, 1851.

TINMOUTH. Town in Rutland County. New Hampshire grant of 23,040 acres to Joseph Hooker and sixty-three associates September 15, 1761. Part incorporated with parts of Ira, Poultney and Wells into Middletown October 28, 1784. Part annexed to Wallingford October 19, 1793.

WOODSTOCK. Town in Windsor County. New Hampshire grant July 10, 1761, of 24,900 acres to David Paige and sixty-one associates. New York grant of 23,200 acres confirming New Hampshire charter, June 3, 1772. Part annexed to Hartford, and part of Hartford and part of Hartland annexed to Woodstock, 1852. Line with Pomfret established, 1880.

All-Stars

continued from page 4



ZACHARY BATES
 Hometown: Proctor
 Age: 10
 Bats: Right
 Throws: Right
 Position(s): All
 Favorite Position: SS
 Favorite Player: Adrian Gonzalez
 Favorite Team: Red Sox



M.J. DENIS
 Hometown: Proctor
 Age: 13
 Bats: Left
 Throws: Right
 Position(s): Pitcher, 1B
 Favorite Position: Pitcher
 Favorite Player: David Ortiz
 Favorite Team: Red Sox



DANIEL ALLEN
 Hometown: Pittsford
 Age: 11
 Bats: Right
 Throws: Right
 Position(s): Pitcher, Catcher
 Favorite Position: Pitcher



COLBY MCKAY
 Hometown: Pittsford
 Age: 12
 Bats: Right
 Throws: Right
 Position(s): Pitcher, SS
 Favorite Position: SS
 Favorite Player: Dustin Pedroia
 Favorite Team: Red Sox



JACOB BISHOP
 Hometown: Chittenden
 Age: 12
 Bats: Right
 Throws: Right
 Position(s): Pitcher, Center Field
 Favorite Position: Pitcher
 Favorite Player: Adrian Gonzalez
 Favorite Team: Red Sox



LIAM VAN HERWARDE
 Hometown: Killington
 Age: 12
 Bats: Right
 Throws: Right
 Position(s): Catcher
 Favorite Position: Catcher
 Favorite Player: David Wright
 Favorite Team: NY Mets



Above Photo
 Back (L to R): Coach Mike Kenosh, Daniel Allen, Erik Sherman, Kyle Cassarino, Liam Van Herwarde, M.J. Denis, Dylan Moore, Joe Bianci, Brent Nickerson and Coach Ken Bates. Front (L to R): Coach Nate McKay, Colby McKay, Jacob Bishop, Joshua Letourneau, Shane Alercio, Zachary Bates, Tommy Kenosh, Matthew Price, Connor Black and Coach Rich Alercio

Right Photo
 Coaching Staff (L to R): Nate McKay, Mike Kenosh, Ken Bates, Rich Alercio



KYLE CASSARINO
 Hometown: Rutland
 Age: 12
 Bats: right
 Throws: Right
 Position(s): Pitcher, SS
 Favorite Position: Pitcher
 Favorite Player: Sean Burnett
 Favorite Team: Red Sox



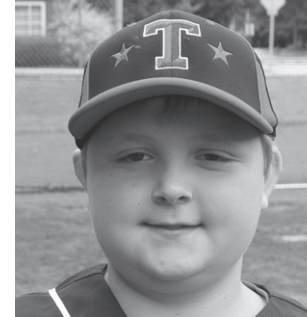
SHANE ALERCIO
 Hometown: Rutland Town
 Age: 11
 Bats: Switch Hitter
 Throws: Right
 Position(s): 1B, OF
 Favorite Position: 1B
 Favorite Player: Derek Jeter
 Favorite Team: Yankees



BRENT NICKERSON
 Hometown: Chittenden
 Age: 12
 Bats: Right
 Throws: Right
 Position(s): SS, 2B, 1B
 Favorite Position: 2B
 Favorite Player: Derek Jeter
 Favorite Team: NY Yankees



CONNER BLACK
 Hometown: Killington
 Age: 12
 Bats: Right
 Throw: Right
 Position(s): 1B, 3B, RF
 Favorite Position: 1B
 Favorite Player: Derek Jeter
 Favorite Team: NY Yankees



ERIK SHERMAN
 Hometown: Pittsford
 Age: 12
 Bats: Right
 Throws: Right
 Position(s): 1B
 Favorite Position: 1B
 Favorite Player: Adrian Gonzalez
 Favorite Team: Red Sox



DYLAN MOORE
 Hometown: Rutland Town
 Age: 11
 Bats: Right
 Throws: Right
 Position(s): 3B, LF
 Favorite Position: 3B
 Favorite Player: Alex Rodriguez
 Favorite Team: NY Yankees

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By Dave Hoffenberg

Budweiser Killington Softball League

Standings:

- 1) Vermonsters 9-1
- 2) Clear Cottage 9-2
- 3) Moguls Sports Pub 8-3
- 4) Phat Italian Heros 5-5
- 5) Ramuntos Pie 5-6
- 6) TIE: Slips, Trips & Falls 3-8; Jax Food and Games 3-8
- 8) Charity's/Ancient Fighting Arts 1-10

The Vermonsters had a winning week thanks to strong hitting and Mother Nature. Monday for the second time this season they beat up on the Clear Cot-

tage. The Clear scored three in the first but none the rest of the game. The Vermonsters tallied eleven throughout the game powered by a three for four night by Eric Gerstenmaier who also scored three runs. Wednesday they battled the Phat Italian in a steady pouring rain. They built a 14-1 lead but the Phat cut that lead in half in the fifth inning. They had a chance for more but Gerstenmaier robbed the Phat of a homerun as he jumped and caught the ball crashing through the fence for the last out of the inning. It turned out to be the last out of the game as Mother Nature stepped in and called the game. That's when the boo birds came out as fans were disappointed to not see the exciting finish.

The Clear rebounded in their next game winning in thrilling fashion 7-6 over Moguls. The game was close (4-1) until the sixth when Neal "Phat No More" Giberti blasted a two run shot and Gordy backed that up with an inside-the-park homerun. Moguls finally woke up their bats in the bottom of the seventh getting five runs. That's what led to the nail biting finish. With the tying run on first and

facing two outs, Scuba Steve the self-proclaimed "best pitcher in the league" came to the plate. He ripped a grounder to his rival, pitcher Ronzoni, who chased him down the first base line and just tagged him out as Scuba dove to first.

Slips, Trips and Falls finally got back in the win column, twice no less, as they first bashed Ramuntos and then knocked around Jax. STF put on a hit parade against Jax and all Jax could do was wave and watch it go by. Jax put on an error parade and that was a bad combination resulting in the loss. Jax got a win earlier in the week as they brought the Heavy Hitters back to life and back to reality.

Schedule:
Tuesday, July 5:

Jax vs. Ramuntos Bridgewater 5:50 PM
Moguls vs. Vermonsters Bridgewater 7:00 PM
Charity's Hitters vs. Phat Italian Killington 5:50 PM
Slips, Trips and Falls vs. Clear Cottage Killington 7:00 PM
Wednesday, July 6:
Charity's Hitters vs. Moguls Bridgewater 5:50 PM
Ramuntos vs. Clear Cottage Bridgewater 7:00 PM
Vermonsters vs. Slips, Trips & Falls Killington 5:50 PM
Phat Italian vs. Jax Killington 7:00 PM
There will be a Budweiser sponsored post game party Wednesday, July 6 at the Killington Clubhouse 7pm-12am.



Celebrate Killington's 250th Anniversary

July 4th Star Spangled Birthday Celebration: Start at the Library for the Annual Friends of the Library Booksale! Doors open at 9 am.

Bring a picnic blanket, a few lawn chairs and prepare to stay for a full day of fun activities. The day kicks off at 10 with a parade featuring floats, music and classic cars. The parade starts at the Killington Events Hall and travels along River Road to Johnson's Rec. Center.

Following the parade, celebrate with the Town Crier and listen to historical tales of Killington.

Take a dip in the pool, which opens at

11 am, then grab some food from the Fireman's BBQ, which starts at 11:30. Check out the Fire Department's Silent Auction, which kicks off at 12.

Spend the afternoon competing in field games, taking photos in a historic Killington scene, and watching agricultural demonstrations. Head to the library to view a display of historical Killington articles, photos, and more. After you've tired your family out, relax on the lawn and listen to the band Ace Leonard, which begins at 7 pm and watch a spectacular fireworks display beginning at 9:30 pm.

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Hot Mustard	VT	Fri, Sat
Chasing Blue	MA	Fri, Sat
Wissahickon Chicken Shack	PA	Sun
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BOOMERS

When Dating Was Fun

by Cindy Phillips



Technology is awesome. I love being able to communicate 24/7 whether through e-mails or texts or phone calls or picture messages. I love that my daughter can send me a picture of my grandson the minute he does something cute. I love the internet and

the fact that it allows me to work from any place where I can pick up a wireless signal. So there is my disclaimer lest anyone think I am anti-technology.

I wrote a prior column on internet dating, and though it may offer convenience for busy boomers who don't want to troll bars or be fixed up by a well-meaning aunt whose friend Harriet has a nephew, it has its pitfalls. Heck, with the internet you can go on a full-fledged date and never leave your room. Instant messaging, picture sharing, virtual martini bars and cybersex—it's all at your finger tips. A real live dating experience may take hours, and may seem like days if it is shared with an incompatible person. But with a virtual date on the internet—you can hook up, have a conversation, take care of business, smoke a cigarette and be in bed with a good book by nine o'clock.

For some, this type of arrangement actually works. It removes the awkwardness of meeting someone in person for the first time, the uncomfortable pauses, the question of who should pay and the anxiety surrounding the possibility of physical contact. Personally, I find it sad. I have

fond memories of the days when dating was fun.

I was forbidden to ride in cars with friends until I was 16. My mother loosened up on that rule a few months before my 16th birthday because she really liked the boy I was dating. John Ferrara was two years older than me, from a good family, well-mannered and drove a bitchin' '66 Chevy Camaro Rally Sport. I, unfortunately, totaled said car when John was teaching me to drive. My mother went to her grave never knowing that, though several friends held it over my head in bribery her entire life.

Dating as a teenager was the ultimate. There was nothing more exciting than being asked out by your current crush. Most relationships lasted less than two weeks, so you savored the moments as they happened knowing the excitement was going to be short-lived.

The movies were always a top dating venue. Before we started driving, it would be the brick and mortar movie theaters. We would find a parent willing to pile us into the car and "drop us off" at the local movie theater. If it was an evening movie, finding a parent willing to "pick us back up" was the hard part. Sometimes we would coerce an older sibling, though they typically wanted something in return like gas money, cigarettes or your solemn promise not to divulge the fact they had beer in the car when they picked you up.

Seats at the movie theater were always either in the very front row or the very last row, depending on who you were with. If just friends, it was the front row; if it was a date, it was the back row where smooching could occur without anyone watching from behind.

Serious dating started after we got our licenses and access to cars. This was when we made the upgrade to the drive-in movies. If you got asked out to the drive-in movies, you knew it was a very good chance you were not going to see much of that movie. It was not uncommon to see rows of cars with fogged windows. Of course if you went to the drive-in movies and it wasn't on a date, then you would arrive in a car filled to the brim, with excess friends hidden in the trunk as well. We were like clowns in a Volkswagen once inside, teens pouring out, setting up lawn chairs and opening coolers.

In all seriousness, dating when we were teens was a memory in the making that we would talk about all week at school. Girls would share all the details—what was he wearing, did he come to the door to get you, did your parents like him, did he open the door for you, did he kiss you, was it good and most important of all, did he ask you to go steady? The information was passed in notes, discussed at the lunch table and talked about on the phone for hours. It was an event and it was special.

Kids today are bombarded with technology and sexual innuendo. The sparkle of the "first date" seems to have lost its luster. Kids are texting and sexting and getting to third base without even warming up in the batter's box. By the time they are old enough to take a date to the drive-in movies, all they really want to do to is watch the movie.

Contact me at cphillipsauthor@yahoo.com

Read my blog at <http://lifeasaturkeysandwich.blogspot.com/>

Tri-Town Stars Compete For Cal Ripken State Championship

by Stacy Bates

The Tri-Town All-Stars are heading to the state championship tournament in a couple of weeks thanks to their tough play in the Division 3 tournament this past weekend. Although the Stars lost their championship game to Bennington they still qualified to play in the State Championship tournament because Bennington, as the host team, got an automatic bid into the championship tournament, leaving a spot open for Tri-Town. The coaches were extremely proud to see this first-year team do so well against more seasoned teams and look forward to competing for the title. Here is a recap of their games this past weekend.

Game 1: On Saturday, the Stars were slated for the first game of the tournament against Bennington County on a very overcast morning. The Stars were considered the home team with Kyle Cassarino as the starting pitcher and Joe Bianci coming in later as the reliever. The guys looked a bit nervous as ground balls were fielded clean but throws were off the mark. Bennington scored 3 runs in the first inning but Tri-Town got one back as Kyle Cassarino, who was hit by a pitch to reach first, turned on the speed to score on a pass ball from third. Bennington scored another 3 runs in the second and held Tri-Town scoreless going up 6-1 by the top of the third. More fielding errors cost Tri-Town as Bennington scored another 8 runs but give credit to Bennington as their players were hitting the ball really well. Tri-Town scored their second run in the third as Cassarino beat out a throw for an infield hit, stole second and came around to score on a double by Tommy Kenosh. That was it for Tri-Town though, as the Bennington pitchers shut them down. The game was called in the fifth inning at a score of 14-2 giving Bennington the win. This is a double elimination tournament so Tri-Town still has another chance to stay in it by winning their second game against Long Trail.

Game 2: The Tri-Town Stars stayed alive as they beat Long Trail in their second game 7-1 by hitting the ball and with the help of one of their pitching aces, Tommy Kenosh, who pitched a 2-hit complete game, striking out 10. Lead-off hitter Kyle Cassarino slammed a line drive single over second and stole second base in the first. Shane Alercio got a single to move Cassarino to third and Tommy Kenosh hit a long fly ball to center to score Cassarino on the tag. Third baseman, Matt Price, got a single

in the third to start things off but was thrown out at second during a fielder's choice. With a man on Tommy Kenosh once again hit the long ball but this time it was deep down the left field line for a triple giving the Stars a 2-0 lead. Long Trail came back in the bottom of the third with a run but from there pitcher Kenosh didn't give up a hit. The fifth inning was good to the Stars as they scored 5 runs off two hits and good base running. Price had another single and Dan Allen got a double. Jacob Letournou and Liam Van Herwarde also had singles in the game.

Game 3: Tri-Town advanced to the championship on Sunday by beating the Rutland City All-Stars 16-0 in five innings. Pitching Ace, Kyle Cassarino was on the mound and found the groove giving up only 1 hit and striking out 11 in a complete game. Tri-Town got the bats going early with Tommy Kenosh reaching on a double in the second and then Dylan Moore knocked a homerun out of the park to go up 2-0. Joe Bianci also had a single in the inning. In the third Matt Price reached on a single, Shane Alercio doubled and Tommy Kenosh singled to bring in a couple of runs. Josh Letourneau also had a single and the Stars went up 5-0. They scored another 4 runs in the fourth but they crossed the plate the most in the fifth inning adding another 7 runs. Zach Bates singled and scored on a double by Cassarino. Kenosh and Connor Black both doubled and scored on an over-the-fence homerun by Jacob Bishop.

Game 4: The Stars looked much more relaxed in their second game against the Bennington County All-Stars. During their first meeting the Stars seemed nervous making unnecessary errors and not being aggressive at the plate, but it was a different story this time around.



The Stars celebrate their second-place finish and advancement to the State Championship Tournament.

Lead-off hitter Kyle Cassarino lead off the first with a double and scored on a single by Shane Alercio to go up 1-0. Defensively Tri-Town had a few errors in the first inning but also made some great plays to only allow Bennington 3 runs. Tri-Town played excellent defense during the game keeping it close but the Bennington defense was equally impressive as they seemed to make plays on everything the Stars hit. A 3-run homerun in the fourth gave Bennington a 6-1 lead which was the final score of the game. Cassarino got another single in the third and Connor Black got a double in the fourth to round out the Stars hitting. Zachary Bates, Jacob Bishop and Colby McKay shared pitching duties for the Stars.

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Poetry, Music & Performing Arts in Rochester

BigTown Gallery welcomes you to this year's BigTown BigTent Poetry, Music and Performing Arts Summer Festival! The Festival runs from July 16 - 31, 2011 at the Gallery located at 99 North Main Street in the village of Rochester, Vt.

Each performance will feature BigTown Gallery's Wine & Dessert Tent. Doors for readings and performances will open one hour before the scheduled start time of each event. Want to attend several? Festival passes are available at a 15% savings! \$150 pass includes 7 tickets to be used in any combination.

The line-up of performances and workshops:

- Saturday, July 16, Bridgman/Packer Dance at 8:30pm. Guggenheim Fellows in Choreography, Art Bridgman and Myrna Packer have collaborated as performers and choreographers since 1978. Their innovative work developing "video partnering" — the total integration of live performance and video technology — has been acclaimed for exploding the duet form into a magically populated stage where image and reality collide.

- Saturday, July 23, Lew Soloff Afro/Cuban Jazz Quartet, 8:00pm. A consummate fixture of the New York jazz scene, Lew Soloff's career is filled with a rich history of renowned sessions and world-class collaborations. Whether interpreting a standard or improvising on an original composition, his phrasing and note choices exemplify his unique voice.

- Sunday, July 24, TA KA DI MI Project, featuring Glen Velez & Lori Cotler, 8:00pm. Five-time Grammy Award winner, Glen Velez is the founding Father of the modern

Frame Drum movement and is regarded as a legendary figure among musicians and audiences world-wide.

At 2pm, a workshop will take place, TAKADI MI Drum & Voice Project. In this interactive workshop, master drummer Glen Velez and rhythm voice wizard Lori Cotler take you on a multi-cultural journey through Egypt, India, the Mediterranean region (Greece and Rome) and into Central Asia, exploring the Ancient World of Drumming, Drum Language and Overtone Singing.

- Thursday, July 28, be surprised with an 8pm performance featuring local talent.

- Saturday, July 30, Joe Locke with Sticks and Strings Jazz Ensemble, 8pm. Joe returns to the BigTent stage this year with his collaborative quartet, STICKS AND STRINGS, with Jay Anderson (Bass), Jonathan Kreisberg (guitar), and Joe LaBarbera (drums).

- Sunday, July 31, Magicians without Borders, 2pm. Magicians Without Borders performs magic shows for children in refugee camps, orphanages and hospitals around the world -often in war torn places where love, laughter and magic are desperately needed.

- Sunday, July 31, Ellen Bryant Voigt, 7pm. Ellen has published seven volumes of poetry, has been a finalist for the National Book Critics' Circle Award, a finalist for the Pulitzer Prize, and a winner of the 2008 Poets' Prize, amongst many other accomplishments.

Contact BigTown Gallery for tickets or further information on any performance or workshop at 802-767-9670. The Gallery is otherwise open Wednesdays thru Saturdays, 10-5, and on Sundays, 11-4.



photo by Jamie Richardson

Mountain Automotive Grand Opening

Mountain Automotive will celebrate its grand opening on Monday, July 11. Located at 2749 River Road, many will recognize the building as the former Merrill's Garage 3. New owner David Cooper, a Rutland resident, has over 2 decades of automotive repair experience, including vehicle maintenance at Killington Resort. Mountain Automotive is now accepting appointments for foreign and domestic auto repair. Call them today at 802-422-9887.



Camp Flagship

Flagship Cinemas in Rutland announces Camp Flagship, an 8 week program on Tuesdays, Wednesdays and Thursdays. The Cinema will play a children's movie at 10:00 a.m. and admission is free. This week is the first of the summer, with the movie "Marmaduke" playing on June 28, 29, & 30. Large groups please call ahead to ensure seating. Contact Flagship Cinemas at 802-786-8004.



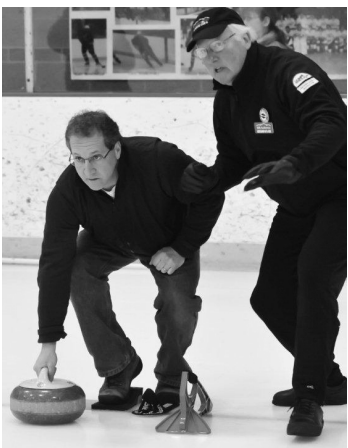
Fair Haven Yard Sale

FAN, Fair Haven Area Neighborhoods will have a Holiday Yard Sale in the Fair Haven Park from 9AM to 5PM on Friday July 1st to support the big celebration on August 2nd, National Night Out, also in the Fair Haven Park. Look for us in the southeast corner of the park.

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Killington Resort Kicks Off Summer With United Way Fundraiser

Kick off summer and experience the fresh Green Mountain air while raising funds for the United Way of Rutland County at Killington Resort and the Pico Mountain Adventure Center on Friday, July 1.

With a \$10 donation to the United Way of Rutland County, guests will enjoy a full day of activities at the Pico Mountain Adventure Center including Alpine Slides, climbing walls, the Pico Power Jump and mini-golf, from noon to 5:00 p.m. Also, donate \$10 at Killington Resort and experience lift-served hiking and mountain biking via the K-1 Gondola from noon to 5:00 p.m.

"We are pleased to partner with the United Way of Rutland County for the sixth consecutive year," states Rob Megnin, Killington's director of sales and marketing. "Supporting our local community is a priority for Killington Resort and we encourage our guests to donate \$10 and take advantage of a day filled with summer adventures," continued Megnin.

In addition, Killington Resort and Pico Mountain will donate \$10 from every Adventure Center and mountain bike season pass purchased on Friday, July 1 to the United Way. Adventure Center season passes start at just \$79 and Killington mountain bike season passes are \$159 and include unlimited access to Killington's Kona "Groove Approved" Mountain Bike Park.

The Adventure Center at Pico Mountain will be open daily from 10:00 a.m.-5:00 p.m. on weekends and 11:00 a.m.-5:00 p.m. on weekdays. Killington Resort will operate 10:00 a.m.-5:00 p.m. daily.

For more information, visit www.killington.com.

NATURE'S WAY

In the Realm of the Elm

by Madeline Bodin

Last June, Rose Paul, The Nature Conservancy's director of science and stewardship in Vermont, grasped a seven-foot-tall American elm sapling at the base of its trunk, slid a three-gallon pot off its root ball, and planted the tree on The Conservancy's remote Maidstone Bends Preserve in Maidstone, Vermont. The preserve is on a squiggly section of the northern Connecticut River, 30 miles northeast of St. Johnsbury, Vermont, and 30 miles northwest of Berlin, New Hampshire.

Around the planting site, Paul could see native elms that were little more than saplings themselves. Dutch elm disease strikes down elm trees with rough, furrowed bark, but not young trees, giving them enough time to reproduce. The disease has turned an important, stately species, a favorite in parks and along streets, into a small, scrubby tree of riverside thickets.

The native elms were sign that this is a good place for growing elms. Christian Marks, floodplain forest ecologist with The Conservancy's Connecticut River Program, selected the site for this elm restoration project by winnowing six sites suggested by Paul using aerial photographs.

A hundred years ago, the floodplain forests along the rivers of Vermont and New Hampshire – in fact, the floodplain forests in all of Northeast and northern Midwest – were heavily populated by American elm. It's a tough tree that grows quickly and tolerates spring flooding. It can survive dry summers and harsh winters. Its toughness made it a popular street tree and gave Vermont and New Hampshire towns almost as many Elm Streets as Main Streets.

Elm trees are crucial to the floodplain forest, Marks explains. Silver maples are now the dominant floodplain forest tree, and while they are also fast growing, they are generally short-lived. Without elms, there is less shade. So floodplain forests are dominated by fast-growing, sun-loving species, most of which are non-native and many of which are invasives, such as Tatarian honeysuckle, Morrow's honeysuckle, and moneywort, which are problems at Maidstone Bends. The alien species crowd out native plants and provide poorly for native animals.

Dutch elm disease, a fungus spread by a beetle, which likely reached the United States in imported trees or lumber, was first found in this country around 1930. New England was one of the first regions hit, and by the 1970s, most mature elms had succumbed.

U.S. Forest Service researchers have subsequently tested thousands of elms for resistance to Dutch elm disease, and while they haven't found a tree that can shrug off the disease entirely, they found six that continued to grow despite infection. Call them tolerant, rather than resistant. The saplings that Paul planted at the Maidstone Preserve were propagated from the Dutch-elm-disease tolerant trees found in that search.

In all, Conservancy staff and volunteers planted a total of 30 elm saplings at the Maidstone Preserve. Thirty more saplings were planted at each of two other Vermont sites, one in Cornwall, along the Otter Creek, and the other in Shelburne, along the La Platte River, as part of the pilot project.

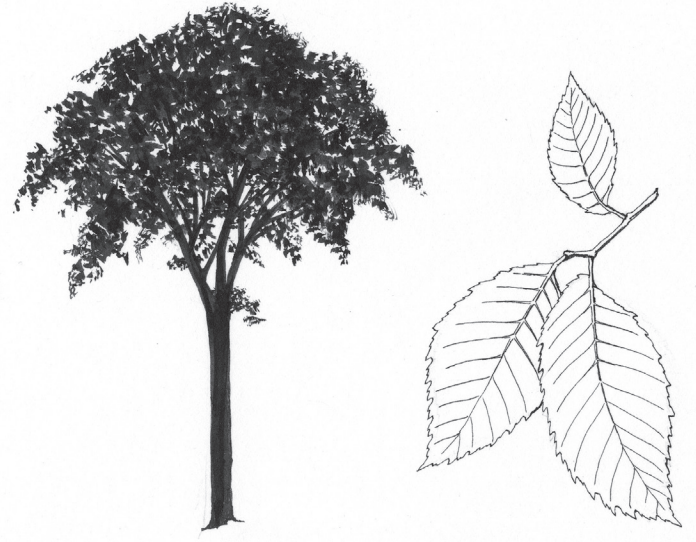
The hope is that the disease-tolerant trees will interbreed with the locals, creating a new generation that is both disease-tolerant and adapted for local conditions. "The future generations will be tough cookies, and will live a long time," says Paul. The genetic diversity these

trees provide may be helpful if another elm disease ever sweeps the continent.

The American elm plantings in Vermont are part of a pilot program to restore elms in four New England states. The Nature Conservancy will be planting more of the disease-tolerant elms this year, and even more next year, says Marks. In addition to Vermont, the trees will be planted in Connecticut, Massachusetts, and New Hampshire, primarily along the main stem of the Connecticut River.

A few weeks ago, Paul visited the elms planted last year at Maidstone Bends. She was a little worried about whether these "southerners," with parents from New Jersey, Pennsylvania, Delaware, and elsewhere, would survive a winter that had temperatures dropping to 30 below. She was heartened to immediately see the bright lime-green of the trees' early-spring leaves. Although the ground was dry, there were signs that the area had been flooded earlier: the trees were festooned with dried leaves and grass nearly to their tops, and about half of them arched downstream, indicating that their finger-thick trunks had been bowed by river currents. A closer look showed that despite the beating, every one of the 30 elms had survived.

It's a good start. It will take several generations for the genes for disease-resistance and the genes needed for local survival to mix in just the right way, but the project



will jump-start natural selection. "We don't want to wait a thousand years for them to come back to their former role," says Marks.

Madeline Bodin is a writer living in Andover, Vermont. The illustration for this column was drawn by Adelaide Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine and is sponsored by the Wellborn Ecology Fund of New Hampshire Charitable Foundation: wellborn@nhcf.org

New Farm Market in Rutland

Market Fair of Rutland Town/Killington is coming to Home Depot Plaza every Friday Night - 3 pm to 8 pm through October. The market will combine a new Farmer's Market and fresh local produce with an "Art in the Park" style Fair, featuring a variety of crafts, culture, food and music in an open air setting. The market is located on Route 4 in The Home Depot/Big Lots Plaza, east of Rte 7.

Enjoy live music and dinner from the international food court and let the kids get creative and clean too. Market Fair of Rutland Town is the place to start your weekend family fun, meet old friends and make new friends. Live entertainment line-up includes local and international talent such as multi-instrumentalist J Rumney, old timey local Jake Wildwood and award winning singing/songwriter Scott Forrest under the big tent.

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GolfNews

News From Green Mountain National G.C.

by Spider McGonagle

Congratulations to the Vermont State Women's Golf Association team who successfully defended their Tri-State Tournament title last week here at GMNGC! Behind the strong play of Rutland Country Club's Reggie Parker & Kristen Mahoney and Vermont National's Phyllis Simon & Cheryl Hoar, the Vermont team took 51 pts. in the "double match-play" event to take the top spot.

The New Hampshire women finished second with 43 pts. just edging out Maine with 41 pts. The Vermont ladies have won 5 of the last 10 years and will be shooting for a "three-peat" as the Tri -State heads to Maine next summer. A special thanks to all of the Maine and New Hampshire players who visited Green Mountain National last week, we hope you had a great time.

Summer is the time for family fun and Green Mountain National's Family Fun Nights start Wednesday, July 7th! Every Wednesday we invite families to join us for an hour of practice and instruction, a delicious snack in the

clubhouse and some fun on-course play for the whole family! We start at 4:30 and the fee is \$10 for adults and \$5 for junior golfers.

The American Junior Golf Association returns for the 2nd Annual Killington Junior Golf Championship as over 100 of the best junior golfers in the world challenge GMNGC. This was one of the AJGA's favorite courses last season and they can't wait to come back. We will need volunteers to make this tournament as successful as last year and hope that you can help? Clear your calendar on July 11-14 and sign-up to help us out and watch some great golf at the same time.

Don't forget, "Wine & Nine" is just around the corner on July 24 as the "Grand Finale" to the Killington Wine Festival and you won't want to miss an afternoon of great golf and great wines here at GMNGC.

Our complete Events Calendar can be found at www.gmngc.com and we can't wait to see you back here on the first tee. If you have any questions, call at 422-GOLF.



Okemo Valley Golf Club Men's League Results

June 21, 2011 - The Okemo Valley Golf Club Men's League race for the Commissioner's Cup tightened up this week. Grabbing the top spot on June 21, and moving up the leader board, was Built Rite MFG. The team of John Smith, JP Rousse, George West and Sonny Bragg won 23 1/2 holes. In second place, and moving up a bit as well, was First Line Security. Dave Higley, John Pick, Jim Proctor and John Goffinet won 22 1/2 holes. Third place went to ID3 Designs, as Josh Rourke, Bob Higgins, Craig Peters and Tim Faulkner won 20 holes. The closest to the pin winners were Bob Higgins on the 4th hole, and Peter Modisette on the 8th hole.

Weekly Results:

- 1st Built Rite MFG. 23 1/2 holes won/ 15 points
- 2nd First Line Security 22 1/2 holes won/ 13 points
- 3rd ID3 Designs 20 holes won/ 11 points
- 4th Ludlow Insurance 18 1/2 holes won/ 10 points
- 5th Diamond Realty 18 holes won/ 9 points
- 6th Green Mountain Appraisals 17 1/2 holes won/ 8 points
- 7th UBS Financials Rutland 16 1/2 holes won/ 7 points

- 8th Stryhas Builders 16 1/2 holes won/ 6 points
- 9th Honey Dew Man 16 holes won/ 5 points
- 10th Tom's Loft 15 holes won/ 4 points
- 11th UBS Financials Chester 14 holes won/ 3 points
- 12th M&M Excavating 11 1/2 holes won/ 2 points

Season Standings:

- 1st Honey Dew Man 68 points
 - 2nd Green Mountain Appraisals 64 points
 - 3rd Diamond Realty 56 points
 - 4th ID3 Designs 56 points
 - 5th Built Rite MFG. 54 points
 - 6th First Line Security 43 points
 - 7th Stryhas Builders 42 points
 - 8th UBS Financials Chester 42 points
 - 9th UBS Financials Rutland 36 points
 - 10th Ludlow Insurance 36 points
 - 11th Tom's Loft 35 points
 - 12th M&M Excavating 26 points
- For more information about Okemo Valley Golf Club, please call (802) 228-1396 or visit okemo.com.

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golf.okemo.com

Rules of the Game

By Alan Jeffery
USGTF Certified Golf Professional
Green Mountain National Golf Course

QUESTION: Heather and Andy are playing in a tournament. On the 4th hole, Andy's ball and Heather's ball lie close to each other after drives. Heather is away (farther from the hole). Although Andy's ball is not near Heather's ball and does not physically interfere with her swing, she asks Andy to mark his ball because it interferes mentally with her play. Andy says he is not required to mark his ball unless his ball interferes with her swing or in her line of play. Is Andy correct?

ANSWER: A player may request another player to mark their ball prior to the player's stroke if they believe it might interfere with their swing physically or mentally. Andy is not correct. Heather knows the rules. See USGA Decisions on the Rules of Golf, 2010-2011, 22-1.

Golf clinics continue Tuesday evenings, 5:30-6:30 and Saturday mornings, 10:30-12:00. All are welcome and I work on individual concerns. Private lessons are also available by calling me at 422-GOLF. Remember, the swing's the thing and continuous improvement is what it's all about.

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Nationwide Tour Updates

courtesy Associated Press

- Tseng Runs Away With LPGA Championship
Yani Tseng left no doubt she's the best female player in the world, running away with the LPGA Championship by 10 strokes Sunday and, at 22, becoming the youngest to win four LPGA majors.

The top-ranked Tseng closed with a 6-under 66 to finish 19-under 269 at Locust Hill Country Club, matching the LPGA record low score at a major. Dottie Pepper (1999 Kraft Nabisco) and Karen Stupples (2004 Women's British Open) also finished at 19 under.

Tseng bettered Se Ri Pak, who was 24 when she won her fourth major. For the star from Taiwan, it was her eighth career LPGA Tour victory, second in a row and third of the season. She has three other victories this year, sweeping the Australian Open and Masters and winning in Taiwan. Her dominating performance came a year after Cristie Kerr shot the same score to win the tournament by a whopping 12 strokes.

Morgan Pressel (71) finished second. Kerr (69), Suzann Pettersen (67) and Paula Creamer (69) tied for third at 8 under.

- Mexico Open

Two-time heart transplant recipient Erik Compton won the Nationwide Tour's Mexico Open, closing with a 7-under 65 for a two-stroke victory over Richard H. Lee.

The 31-year-old Compton was diagnosed at age 9 with cardiomyopathy, an enlarging of the heart that hinders its ability to pump blood. Three years later in 1992, he received a new heart. That one failed in 2008, and the former University of Georgia star had another transplant.

Compton finished at 17-under 271 on the El Bosque Country Club course. He earned \$126,000 to push his season total to \$215,709, putting him in position to earn a 2012 PGA Tour card as a top-25 finisher on the developmental tour's money list.

Lee bogeyed the par-5 18th for a 69.

- Travelers Championship

Fredrik Jacobson closed out his first PGA Tour title,

shooting a 4-under 66 in the Travelers Championship for a one-stroke victory over John Rollins and Ryan Moore.

Jacobson, a 36-year-old Swede who joined the tour eight years ago and has three European Tour victories, had just one bogey in the tournament and finished at 20 under - two shots off the course record.

Jacobson hit all 28 fairways over the weekend.

Rollins and Moore closed with 63s. Moore missed a 4-foot par putt on 18.

Nineteen-year-old Patrick Cantlay, the UCLA star who had a 60 on Friday to break the tour record for an amateur, tied for 24th at 11 under after weekend rounds of 72 and 70.

- Dick's Sporting Goods Open

John Huston shot a 7-under 65 to win his first Champions Tour title, taking advantage of three straight bogeys by Mark Wiebe to capture the Dick's Sporting Goods Open.

Huston finished at 16-under 200 in his third Champions Tour start since turning 50 on June 1, earning a three-shot victory over Nick Price (66). Wiebe was another shot back after a 71.

Wiebe won two weeks ago at Rock Barn and began the day with a two-shot lead over Huston, but his string of bogey-free holes stopped at 75 when he bogeyed Nos. 12-14 to drop out of the lead.

Wiebe rallied with two straight birdies and almost had another at 17. Huston also birdied No. 16 and sealed the victory after hitting his tee shot at the par-3 17th within a foot.

- BMW International Open

Spain's Pablo Larrazabal won the BMW International Open, beating countryman Sergio Garcia with a birdie on the fifth hole of a playoff.

They closed with 4-under 68s to finish at 16-under 272. They also each qualified for the British Open next month at Royal St. George's. Retief Goosen (70) tied for third at 14 under along with George Coetzee (70), Mark Foster (72), Scott Jamieson (64) and Joost Luiten (67).

Champions Tour Stats

courtesy AP

Charles Schwab Cup: 1, Tom Lehman, 1,494 Points. 2, Nick Price, 1,053. 3, Tom Watson, 850. 4, Peter Senior, 717. 5, David Eger, 705. 6, Mark Wiebe, 662. 7, Michael Allen, 623. 8, John Cook, 560. 9, Loren Roberts, 501. 10, Russ Cochran, 493.

Scoring Average: 1, Russ Cochran, 67.89. 2, Nick Price, 68.46. 3, Tom Lehman, 68.59. 4, Michael Allen, 68.88. 5, Mark O'Meara, 68.97. 6, Mark Calcavecchia, 69.13. 7, Peter Senior, 69.14. 8, David Frost, 69.31. 9, Corey Pavin, 69.35. 10, Jeff Sluman, 69.37.

Driving Distance: 1, Kenny Perry, 298.7. 2 (tie), Steve Lowery and Hal Sutton, 293.6. 4, Keith Fergus, 293.4. 5, Michael Allen, 292.7. 6, Jim Rutledge, 292.5. 7, Tom Lehman, 292.3. 8, Eduardo Romero, 292.1. 9, Mark Calcavecchia, 291.8. 10, Lonnie Nielsen, 290.9.

Driving Accuracy Percentage: 1, Allen Doyle, 83.14%. 2, Fred Funk, 81.22%. 3, John Morse, 80.22%. 4, Corey Pavin, 80.12%. 5 (tie), Olin Browne and Hale Irwin, 79.02%. 7, John Cook, 78.35%. 8, Scott Simpson, 78.33%. 9, Mark Wiebe, 78.08%. 10, Lee Rinker, 77.55%.

Total Driving: 1, Tom Lehman, 29. 2, Russ Cochran, 33. 3 (tie), Kenny Perry and Jim Rutledge, 36. 5 (tie), Nick Price and Michael Allen, 39. 7, Tommy Armour III, 45. 8, Mike Goodes, 49. 9, Eduardo Romero, 51. 10, 2 tied with 55.

Putting Average: 1, Mark Wiebe, 1.676. 2, Mark O'Meara, 1.695. 3, Nick Price, 1.700. 4 (tie), Corey Pavin and Jeff Sluman, 1.711. 6, Michael Allen, 1.713. 7, Chien Soon Lu, 1.719. 8 (tie), Peter Senior and Bob Tway, 1.721. 10, Russ Cochran, 1.722.

Birdie Average: 1, Russ Cochran, 5.06. 2, Tom Lehman, 5.00. 3 (tie), Mark O'Meara and Nick Price, 4.83. 5, Tom Watson, 4.76. 6, Mark Calcavecchia, 4.72. 7, Jeff Sluman, 4.54. 8 (tie), Tom Pernice, Jr. and Mark Wiebe, 4.52. 10, 2 tied with 4.50.

Eagles (Holes per): 1, Olin Browne, 64.0. 2, Frankie Minoza, 85.5. 3, Jeff Sluman, 90.0. 4 (tie), Mark Calcavecchia and Jim Rutledge, 96.0. 6 (tie), Keith Fergus and Tom Kite, 99.0. 8 (tie), Russ Cochran and Steve Lowery, 108.0. 10, Roger Chapman, 112.5.

All-Around Ranking: 1, Russ Cochran, 109. 2, Mark O'Meara, 124. 3, Nick Price, 127. 4 (tie), Jeff Sluman and Michael Allen, 136. 6, Olin Browne, 142. 7, Mark Calcavecchia, 163. 8 (tie), John Cook and Corey Pavin, 169. 10, Tom Lehman, 171.

This Week at Base Camp Disc Golf

by Mike Miller

It seemed like the only two days of sun this week fell on our league nights. Regardless, it has been a tad muddy out there. Mud and all the members of BCODG played on. You may not recall but Tyler Teed was our number one tag holder after his stellar play last week. He continued to hold that tag for Tuesday night league because he did not show-up to defend it. But just when I was going to really rag on him because once again, he did not show up for the first round on Sunday, he did redeem himself for coming out for the second round and putting his tag on the line. And as mentioned, he was our number one tag holder. John Mowery, our club champion from last year has finally taken the one tag and I think it will be tough to get it back from him. One of the big surprises of the week was Bobbie Wolz who shot 5 over, moving himself into second position in the clubhouse. Rumor

has it he blindly threw his second shot on the third whole and it bounced in for a birdie. Whatever! It's nice to see him out playing league. We had a guest appearance from Ira Divoll who will be playing in the Killington Classic on July 2nd. He came down for a practice round and shot a 2 under. That is a great round for BCODG. No tag for you Ira, you have to join first. So, as the week comes to an end, our leaders are John Mowery, Bobbie Wolz, Mike Miller, Tyler Teed and Orin Sheldon.

Just a reminder: on July 2 the Killington Classic Disc Golf Tournament will be going on all day. This is a great opportunity to see the best in New England at one the best courses in the state. Til next week...

Ludlow Man Makes Hole-In-One At OVG

On Wednesday, June 22, Tom Koch, of Ludlow, Vt., made a hole-in-one at Okemo Valley Golf Club. Koch, an OVG member, aced the 14th hole, from the green tee 205 yards away from the hole, using his four iron. Art O'Hare, Jack Hurley and Herb Eddy witnessed the amazing feat.

Koch's name will be engraved on a hole-in-one plaque, that hangs inside the Okemo Valley Golf Club clubhouse, to honor the fortunate few who have had the exhilarating experience of making a hole-in-one at OVG.

For more information about Okemo Valley Golf Club, please call (802) 228-1396 or visit golf.okemo.com.

Hole-in-One at Killington Golf Course

Travis Hayden of Rutland, Vt, made a hole-in-one on Sunday, June 19, 2011 at Killington Resort's Golf Course. He sunk the shot with a 7 iron on hole 17, a par 3, from 150 yards. It landed 3 feet from the pin, and bounced in. Witnesses were Ethan Jaquith and David Flynn.

Congratulations, Travis!



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We All Scream For Ice Cream

by Dianne Lamb, UVM Extension
Nutrition and Food Specialist

Summer is synonymous with ice cream. Although it's not low in calories, don't avoid it for the sake of healthy eating.

Today's lighter ice cream options can help keep the fat and calorie tally within reason. Portion control is an important, although unpopular, strategy tool. Current recommendations about the overall balance of the foods we eat offer another approach about fitting ice cream into a healthy diet.

Checking the Nutrition Facts label on a carton of ice cream may seem daunting although at first glance, the numbers might not look too bad. A serving of regular ice cream usually totals 140 to 150 calories and eight or nine grams of fat. Of course, if you prefer any of the richer gourmet ice creams, the count goes up to about 300 calories and 14 to more than 20 grams of fat.

Read the label more closely, and you'll see that those figures refer to a half-cup serving. If you scoop your ice cream directly into a soup or cereal bowl you may end up with as much as two cups of ice cream--four times the serving size and about 600 calories and 32 grams of fat or

more. The same amount of premium-brand ice cream could mean 1,200 calories and more than a day's worth of recommended fat.

Instead consider "lite" ice creams and frozen yogurts. These typically have less fat or no added sugars, sweetened instead with sugar alcohols, which add some calories but not as much as regular sweeteners. These products typically run from 70 to 140 calories per half-cup portion with zero to three grams of fat.

Check labels carefully because lower-fat versions of gourmet products may be about equal to standard ice creams. Portion size remains an issue as well since a bowl filled with three or four of the "standard" servings will have anywhere from 200 to more than 500 extra calories along with from three to 20 teaspoons of sugar.

Some people assume that sherbet and sorbet are low in calories, but this isn't true. Fruit-based frozen desserts usually are about the same or slightly lower in calories than standard ice cream. While very low in fat, they usually are higher in sugar.

Experimenting with products lower in fat and calories definitely can help, but don't stop there. Try serving your frozen treat in a smaller bowl. A small dish that's full to the brim seems more satisfying than a half-empty larger dish.

Slow down and savor a treat, and you may be amazed by how satisfied you are with a smaller portion. If you regularly buy ice cream, don't let pricing gimmicks such as "Buy one, get one free" trick you into "stocking up." For most people, when they have more, they eat more.

When you go out for ice cream, make it a habit to order the smallest size portion available and savor it slowly. Skipping the cone and just ordering a dish of ice cream also lowers the total calorie count.

You can make this treat more satisfying and more nutritious in one easy step. Add fruit.

According to the U. S. Department of Agriculture, American Institute for Cancer Research and other nutrition experts, roughly one in four American adults consumes the minimum recommended amount of fruit daily.

To increase your consumption, put one-half to a cup of fruit in your bowl and add the standard half-cup serving of ice cream as a garnish. Or be brave and add just a quarter-cup dollop of ice cream.

With each spoonful of fruit include a small bite of ice cream, and you'll be surprised at how far that small portion will stretch. Regardless of which fruit you choose, you'll be eating far less fat and calories while getting lots of health-promoting vitamins, minerals and fiber to help you feel satisfied.

Another way to have your ice cream and eat it, too, is to make a fruit sundae. Layer a half-cup serving of ice cream or frozen yogurt in a stemmed glass between the fruit of your choice. Top with a tablespoon of your favorite crunchy cereal or healthy granola and dig in.

Eat fresh! Eat local! Eat well!





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HEALTH CALENDAR

July 1 - Rutland. Fridays, Free Yoga in the Main St. Park sponsored by Rutland Rec. This week, Bill Kelley, Relaxation Yoga. Rain site, gazebo.

July 5 - Rutland. Compassionate Friends organization offers friendship, understanding & hope to bereaved parents & families. 7-9pm, Grace Congregational Church. 1st Tues. of month. Info, 446-2278.

Mons. - Rutland. Look Good...Feel Better program. Free. Female cancer patients learn beauty techniques; 1pm, 1st Mon. of e/o month, RRM. 1-800-ACS-2345.

Mons. - Rutland. Low impact exercise group for those with Parkinson's Disease, 2:30pm Mondays, Godnick Adult Center. Free. RSVP sponsors.

Mons. - Bridgewater. Zumba at Bridgewater Grange, \$4. 6:30pm.

Mon. Wed. Fri. - Rutland. 10:30-11:30am - Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10 classes. Holiday Inn Pool, 775-1911.

Mon. & Thurs. - Rochester. Bone Builders exercise program meets 9am, Park House. Lightweight resistance training to help slow down or reverse osteoporosis. 767-3416.

Mons. & Thurs. - Rutland. Commit to Quit program at RRM. 4 wk program begins 1st Mon. of each month. Mons. 4:30-5:30pm or Thurs. 9-10am. Register 747-3768. Free!

Tues. Sex Addicts Anonymous - SAA. Are you suffering from compulsive sexual behavior? Call hotline 1-800-477-8191. Rutland's 12 step group meets weekly at Grace Church, 8 Court St, Rutland. 6:30-7:30pm.

Tues. - Rutland. Woman to woman cancer support group meets 1st Tues. of month, 5-6:30pm, CVPS/Leahy Comm. Health Ed Ctr, Conference Rm C. Potluck meal. All women with any type of cancer welcome. 747-1693.

Tues. & Thurs. Bone Builders free exercise classes. 10-11am, Mendon Methodist Church, 773-2694. Bridgewater Mill, 2nd floor, 3-4pm, 672-3384.

Mon., Tues. & Thurs. Killington -Anusara Inspired Yoga classes at Killington Yoga, Mon. 8:30am mixed level, Tues Level 1 & Thurs Level 2, 5:30pm. killingtonyoga.com. 422-4500.

Weds. - Mendon. Mendon Senior Citizens plan meeting 1st Wed. of month at Mendon Methodist Church. 773-4187.

Weds. - Dorset. RAVNAH & Dorset Nursing offer 6-session grief education & support group, e/o week. Dorset Nursing Office, noon-1:30pm. Pre-registration required, 770-1516.

Weds. - Rutland. Tea for the Soul support group for those with chronic illness or life-threatening illness. 1st & 3rd Wed., 2-2:30pm. CVPS/Leahy Ctr at RRM. 747-1693.

Weds. - Rutland. Man-to-Man Prostate Cancer Support Group meet 5:30pm, 4th Wed. of month @ RRM. Spouses welcome. 483-6220.

Thurs. - Mendon. Mendon Sr. Citizens monthly gathering for meals at Countrymen's Pleasure, 4pm or Sugar & Spice 11:30am. 2nd Thurs. of month, rotating location. \$5 donation. RSVP 773-4187.

Killington - Kripalu Yoga LouiseHarrison@live.com or call Louise 747-8444. Weds. 8:45am, ongoing class. Private & small group classes by appt.

Poultney - Young at Heart Senior Center has Free Bone Building Class Tues & Thurs, 9:30-10:30am. 287-9200.

Pittsfield - Bikram Yoga @ Pilates, Yoga & Adventure Center. Mon. & Wed. 5:30 & 7:15pm. Tues. & Thurs. noon, 5:30pm. Fri. noon. Sat. 9am. Sun. 9am & 4pm. All ages & abilities. 866-677-4268.

Castleton - Castleton Community Center offers Bone Builders, Movement Medley, Better Balance programs, more. Call 468-3093.

Rutland - Pyramid Holistic Wellness Center offers yoga, kickboxing, meditation, dance, martial art & more. All classes drop-in. See ad for details. 775-8080.

Rutland - RAVNAH and RRM offer classes for parents-to-be including Birth and Beyond, Birthshop. Register: 775-0568.

Rutland - AA Hotline, Rutland area: 802-775-0402, 24 hours.

Rutland - Al Anon: Call Pete: 773-9548 or Marcia: 775-7479 for meeting info. Beginner meeting Fris, 7pm, The Evergreen Ctr.

Killington - AA Meetings, Sherburne United Church, (little white church, Rte. 4). Tues., 7pm. Thurs., noon. Sats., 7:30pm.

„What can I expect from my first mammogram?“

“What community resources are available?“

“I've found a lump. Now what do I do?“

“How do I do a breast self exam?“

“I don't have a family history of breast cancer. Is getting a yearly mammogram really necessary?“



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Art & Entertainment

NIGHTCLUBS

FRIDAY, JULY 1

Lake House Pub & Grille
McGrath's Irish Pub
Sabby's

Eve-Aaron Audet
Eve-Trinity
HH-Brad Morgan

SATURDAY, JULY 2

McGrath's Irish Pub
Eve-Trinity

TUESDAY, JULY 5

Ramunto's B'Water
Eve-Open Mic

MUSIC

June 30 - Woodstock. Brown Bag Concerts on the Village Green in Woodstock, rain site, Woodstock Town Hall Theatre. This week: The Interplay Jazz All Stars. Noon. Free.

July 1 - Brandon. Great Brandon Street Dance Under the Stars, Central Park. 5pm activities start. 6pm free street dance starts, hosted by Jam Man Entertainment & Z97.1. 50/50 raffle, food, more.

July 1 - Ludlow. Jackson Gore Outdoor Music Series at Okemo Mtn presents River City Slim & the Zydeco Hogs. BBQ w/ wine & beer available. On the grass in the courtyard at J. Gore Inn. 6pm, rain or shine. okemo.com

July 2 - Ludlow. Red, White & Blues Festival at Okemo Mtn. 11:30am-7pm, J. Gore Inn Courtyard. Performing: Nobby Reed, Chris Kleeman Band, Lydia Warren, Dave Keller Band. BBQ, bevs, music, Timber Ripper. Open to public.

July 2 - Killington. Killington Music Festival present its 29th season. 7pm concerts at Ramshead Lodge at Killington Resort. This week, Music From the Heart. \$20, 422-1330 advance or starting 6pm at Ramshead. 773-4003 for info.

July 3 - Rochester. Annual summer concert series on the park, Sunday evenings, 6:30pm. This week, Bearquarium - Afro funk, Latin rhythms, blues, rock, soul. Bring a lawn chair or blanket, picnic basket & enjoy!

July 3 - Rutland. Rutland City Band performs summer concerts on the Green/Rte 4 & 7 - Main St. Park. 7-8:30pm. Every Sunday thru Aug. 21. Themed concerts. Free! Bring a chair or blanket.

July 3 - Poultney. Band Concerts on the Green, 7pm, Sundays in July. Visitors welcome! 287-5185.

July 4 - Brandon. Brandon Town Band plays in Central Park, 6:30-7:30pm. Bring a chair or blanket & enjoy! Weather permitting.

July 5 - Castleton. 16th Annual Castleton Concerts on the Green. Tuesdays, rain or shine, 7pm sharp, on the Green next to Federated Church. This week: Bluegrass Gospel Project. Rain site, Tent.

July 6 - Rutland. Summer Concerts in the Main Street Park, Wednesdays, 7-9pm. This week, George's Back Pocket. Bring a picnic, friends & family, and enjoy! Free.

July 7 - Chittenden. Vermont Symphony Orchestra Symphony Royale with Conductor Anthony Princiotti, at Mountain Top Inn, 7:30pm. \$31 adults, \$34 at gate. BBQ dinner combo tickets avail. at Mountain Top, 483-2311. 800-VSO-9293.

July 8-10 - Brandon. Basin Bluegrass Festival. Basin Rd. Gates open 8am July 3, \$45 weekend, Fri & Sat \$23, after 5pm \$12. Sudn \$12. Free camping w/ weekend ticket Thur-Sun. 7/3-7/6 \$10 camping. 7/6 karaoke, 7/7 spaghetti supper & music, music Fri & Sat 10am-10:15pm, Sun. 10-4. Info, 247-3275; 236-1096 after 7/2. basinbluegrassfestival.com

Ongoing:
Mons. - Rutland. Rutland Curbstone Chorus practices 7pm, Rutland High School. Open invitation for any men interested in singing - join them!

SPORT/LEISURE

Now - Rutland. Rutland Rec & Parks Dept offers Outdoor Expeditions Camp. Hike & bike Pine Hill. Camp Green Mtn Nat. Forest. Hike LT. 773-1822 x19 or rutlandrec.com to register.

Thru July 22 - Woodstock. Union Arena has Summer Ice! Youth hockey camps, public skates, ice for sale, leagues. 457-2500 x11.

July 1 - Killington. United Way Day at Killington Resort & Pico Mtn Adventure Center. \$10 donation, enjoy full day of activities at Pico & Killington Resort Mtn Biking. killington.com

July 2 - Killington Section GMC event: Big Branch to Old Job, Mt. Tabor. Hike along Ten Kilns Brook to old logging community. Moderate, 3.5 mi., farther option. Meet Rutland's Main St Park 9am. 773-2185.

July 4 - Poultney. Devlin 5K fun run at Green Mtn College. 287-2010.

July 8 - Quechee. Register by July 6 for VINS Kayak Wine & Dine - 6-9pm. Guided paddle along Connecticut River, then 3 course meal. Pre-register at 359-5000 x223.

July 9 - Rutland. Southwest Freedom Riders host 22nd Annual Ron Williams Memorial Poker Run. Sign in 9-10:30am, C&D Chopper, Ctr Rutland. Ride 10:30am. \$10. Proceeds VT Special Olympics & VINS. All bikes welcome. 888-299-SWFR.

July 16 - Goshen. Goshen Gallop, rugged 10K (or 5K) race, begins 4pm at Blueberry Hill Inn. \$35 pre-registered. \$40 day of. Proceeds Moosalamoo Assn. www.moosalamoo.org

July 23 - Manchester. Susan G. Komen Race for the Cure, 5K run or walk benefiting & spreading awareness about breast cancer. Register by May 8 to be entered into drawing for spa pkg at Equinox Resort. komevntnh.org

Sept. 10 - Middlebury. 6th Annual Kelly Brush Century Ride. Register kellybrushfoundation.org, 846-5298. 25, 50 or 100 mile bicycle rides with family & friends, help conquer challenge of paralysis!

Ongoing:

Rutland - Swimming - The Mitchell Therapy Pool at VAC offers general swimming, aquacise & aquaerobics, swim lessons for infants to adults & private pool rentals. 773-7187 for more info.

Pittsford - Pittsford Rec Dept offers guided walks on Pittsford Trail Network. Walk, hike, snowshoe. Get some exercise, meet new people, get to know trail system. RSVP 468-6500 x17.

Mons. & Weds. - Rutland. Join Matt Soroka for Triathlon Training. Veterans & first timers. Meet at Whites Pool, 7-8pm. Fee for pool use. Rutland Rec & Park Dept, 773-1822.

VARIETY

Weds. - Bridgewater. Bingo at Bridgewater Grange Hall, 6:30pm.
Thurs. - Rutland. ACBL Sanctioned Bridge Games nights @ Godnick Senior Center. \$5/ player, guaranteed partner. 287-5756.

Tues. - Rutland. Chess Club, 7pm, Godnick Adult Center, 1 Deer St. Open to public, free, all ages. Beginners welcome. 773-1853.

Thurs. & Suns. - Wells. Modern Woodmen of America holds Bingo, including special game to benefit a local charity or good cause.

Fridays - Pittsford. Adult Women's Basketball - Open Gym. Friday nights, 6-8PM. Police Academy, Furnace Road. More info: Tara 417-7331.

June - Ludlow. Classes at Fletcher Farm School: July 4-6, Bird Houses Adorned Naturally. Young artists summer day camps start July 11 - Creative Crafts, Rug Hooking, Drawing & Painting, more. More upcoming. 228-8770 for times, fees, details.

June 30 - Quechee. Forest Bird Talk at VINS. Fragmentation & the Importance of Connectivity to Forest Bird Species with Dr. Len Reitsma. 7-9pm. Free, open to public. 359-5000.

June 30 - Plymouth Notch. Tales of the Notch, guided tour of Calvin Coolidge's Plymouth Notch, thru village & surrounding fields. 2pm.

June 30 - Rutland. Southwest Freedom Riders monthly meeting, 7pm, Seward's Family Restaurant. All bikes, new members, guests welcome. 888-299-SWFR.

June 30-July 3 - Randolph. Hello, Dolly! musical production at Chandler Music Hall. Thurs-Sat, 7pm. Sun., 2pm matinee. \$12 students, \$18 adults. 431-0204.

July 1 - Fair Haven. FH Area Neighborhoods Holiday Yard Sale in southeast corner of FH Park, 9am-5pm.

July 1 - Brandon. "e-i-e-i-o" Judith Reilly Out Behind the Barn opening reception at Brandon Artists Guild. 5:30-7:30pm. Exhibit thru Aug. 30. 247-4956.

July 1 - Mendon. Wines of the World Dinner at Red Clover Inn. 6:30pm. 5 course wine dinner - wines from Germany & Austria. Reservations & info, 775-2290.

July 1 - Granville, NY. Opening reception for Contemporary Gourd Artwork by Serena Kovalosky at Slate Valley Museum. 7-9pm. 518-642-1417.

July 2 - Poultney. Youth Flea Market, all day event by kids of Poultney. 287-9751.

July 2 - Ludlow. Society of VT Artists & Craftsmen 28th Summer Arts & Craft Festival at Fletcher Farm School. 10-4, rain or shine. Instructor demos, juried arts & crafts, entertainment, chainsaw carving, food concession. Free admission, donations appreciated.

July 2 - Belmont. Mt. Holly's Independence Day Parade. Lineup at corner of Dodge & Healdville Rds 10:30am, 11am stepoff. Flag Raising Ceremony with awards 11:30am at Odd Fellows Hall, + chicken bbq, til 1:30pm. Cow Flop Raffle 11-1.

July 2 - Brandon. Largest Independence Day Parade in Vermont, 1pm. Central Park activities 10am into the night. 247-6401 for info.

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Spectators: Sat. 9 - 4:30, Sun. 9-3 \$5 pp - under 12 FREE

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for the Arts and Crafts



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10 to 4
Held Rain or Shine

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July 2-3 - Belmont. Mt. Holly Library Book Sale, 10-4 each day. All genres, old & new publications. Rain or shine. 259-3707.

June 2-4 - Rutland. 3rd annual flea market/ craft fair to benefit BROCC Community Action in SW VT. President's Bldg, VT State Fairgrounds. Inside/outside, new & used items. Raffles. 773-9480 for a space.

July 3 - Norwich Craft Fair, 10am-3pm, grounds of Farmers Market. Fine arts & crafts, VT musicians George Ainley & the Stringfield Springers, wonderful prepared food. Rain or shine.

July 3 - Ludlow. Cabot Cheese presents Wunderle's Big Top Adventure Circus at Okemo Mountain Resort's Ice House at Jackson Gore. Doors open 5pm, one-hour show begins 5:30pm. 228-1600.

July 4 - Woodstock. July 4th Celebration! 35th John Langhans Green 7 Mile Road Run/Walk & Fun Run, start/finish at Middle Bridge. Registration 8am, walkers start 8:30am, runners 9am. Kids fun run 10:30am. WUHS carnival games, 4pm. Chad Hollister Band in evening. Ice Skating at Union arena 4pm. Flag Ceremony. Fireworks at dusk. 457-2500.

July 4 - Killington. Town of Killington's Star Spangled 250th Birthday Celebration. 10am parade, 11:30am bbq, historical demos, silent auction, pool party. 1:30pm music & field games. 7pm Ace Leonard Band. 9:30pm fireworks. River Rd. & Johnson Rec Ctr.

July 4 - Killington. Sherburne Friends of the Library annual fundraiser 4th of July Book Sale. Used books, 2 floors of hardcovers, paperback, kids' books, DVDs, more. 9am-2pm. Want to volunteer? 236-1988.

July 4 - Rutland. RRCC Fireworks extravaganza at VT State Fairgrounds, 9:45pm. Following Summer Smash 2011 - BROCC Flea Market 9-4, Stoney Roberts Demolition Derby 6:30pm. 773-2747.

July 4 - Plymouth. Celebrate 250 Years of Plymouth History with Historical Society at Old School House, Coolidge Historic Site. 10-3. Oral histories, artifacts, old photos, books, displays, souvenirs, more.

July 4 - Plymouth. President Calvin Coolidge Birthday Celebration, only president born on Independence Day. At 12:00 Noon, march from village green to cemetery for wreath laying. BBQ follows at Wilder House Restaurant; wagon rides 10-5, historic demos, parade, more.

July 4 - Woodstock. Old Vermont 4th at Billings Farm & Museum. Reading of Declaration of Independence, historic debates, wagon rides, spelling bees, egg toss, more. 10-5. 457-2355.

July 4 - Poultney. Fourth of July Celebration - parade starts E. Poultney, fireworks at dusk. Activities for whole family. 287-2010.

July 5 - Woodstock. Time Travel Tuesdays at Billings Farm & Museum. Try hands with late 19th century chores & pastimes in 1890 Farm House. Tuesdays thru Aug. 23. 10-5. 457-2355.

July 5 - Killington. Summer Movie Matinee at Sherburne Library. Tuesdays, 2pm. This week: Eat Pray Love. Bring popcorn.

July 5 & 6 - Rutland. Family Summer "Big Flicks" Film Series at Paramount Theatre. "The Films You WANT to See." Mon. & Tues. nights, 7pm. \$6 & \$4. July 5, Close Encounters of the Third Kind; July 6, Princess Bride.

July 6 - Pittsford. Maple Candy Making from 10:30-3pm, free, New England Maple Museum. 483-9414.

July 6 - Killington. Summer Reading Program at Sherburne Library - One World, Many Stories. Explore 7 continents. Wednesdays, 1pm, age 4 & up. This week, Australia. 422-9765.

July 6 - Rutland. BROCC & Vt Women's Business Center presents CSI: Career Support Identification networking event. #5, Mystery Solved. 1pm, BROCC. Free, open to all.

July 9 - Queensbury, NY. Adirondack Audio & Video Power of Art Music Reception & Grand opening of retail showroom. 6-9pm. Show runs thru Aug. 27. 518-792-3528.

July 9-10 - RAVE Car Show & Flea Market at VT State Fairgrounds. Vendors, raffles, door prizes, food, music, more. Sat. night dance at Holiday Inn. 265-8026.

July 11-22 - Clarendon. Rosie's Girls Summer Camp for girls entering 6th, 7th, 8th grades. Trades-based camp - try carpentry, welding, fire fighting, more. 9am, M-F at Mill River UHS. \$250 includes tshirt, toolbox w/ tools. rosiesgirls.org

July 16 - Woodstock. ArtisTree & Purple Crayon's 3rd Annual Summer Fest 3-7:30pm. Free & open to public. Art projects, face painting, magician, drumming, food, music by Jeanne & the Hi-Tops, silent art auction, exhibit, more. 457-3500.

July 16-31 - Rochester. BigTown BigTent, Poetry, Music & Performing Arts Summer Festival at BigTown Gallery. 7/16, Bridgman/Packer Dance 8:30pm. July 23, Lew Soloff, 8pm. July 24, TA KA DI MI Project 8pm, drum & voice workshop 2pm. July 28, surprise performance 8pm. July 30, Joe Locke, 8pm. July 31, Magicians without Borders 2pm, Ellen Bryant Voigt 7pm. 767-9670.

July 31 - Fair Haven. Not Your Everyday Basket Raffle Party to Benefit Circle Of Hope K9 Rescue. Doors 12:30pm, FH American Legion Post 49. Drawings 3pm. \$5 admission, \$2 additional sheet. Door prizes, 50/50. Donations accepted. 468-5298.

Aug 1-5 - Tinnmouth. Green Mtn Writers Conference in Tinnmouth Pavilion on Chapman Lake. Early registration by July 15, 775-5326. Summer camp for writers directed by Yvonne Daley.

Aug. 5 - Killington. 20s Themed Gatsby Gala/Benefit for Spring Hill Horse Rescue at Summit Lodge, 6-10pm. Evening of live jazz & dancing, food, 50/50, silent auction. Tickets, 282-3387.

Rutland - Boys & Girls Club open 2:30-7:30pm school days. Drop in \$1/visit. Lots of events. 747-4944 for details.

Killington - Sherburne Memorial Library Events: Killington Arts Guild acrylics workshop meets every Tues., 10am-noon, free. Tues, 2pm - Matinees. Weds - Mother Goose Story Time - 10:30am. Bone builders, Mons & Fris, 9am, Meeting Room. Arts Poetica Poetry Readings, 4th Weds, 6-8pm. 422-3824.

Mons. - Pittsfield. Pittsfield Historical Society meeting, Town Hall 3rd Monday of the month, 7pm.

Weds. - Plymouth Notch. Wednesday Afternoons with Farmer Fred at President Calvin Coolidge State Historic Site. 1-5pm. Demos of historic farming activities. Weekly program. 672-3773.

Weds. - Killington. Killington Rotary Club meets at Summit Lodge 6-8pm for full dinner, guest speaker and/or discussion. Seeking new members! July 6 - Rotary International District Governor Jan McElroy.

FARMERS MARKETS

Wednesdays - Woodstock. Farmers Market on the Green, 3-6pm.

Thursdays - Poultney. Farmers Market on Main St., 9am-2pm.

Fridays - Brandon. Brandon Farmers Market in Central Park, 9am-2pm.

Fridays - Pittsfield. Farmers Market on the Village Green, Fridays, 3-6pm.

Fridays - Fair Haven. FH Farmers Market, 3-6pm, FHPark, rain or shine.

Fridays - Rutland Town. Market Fair in Home Depot Plaza, 3-8pm.

Fridays - Ludlow. Ludlow Farmers Market open, Okemo Mtn School front lawn, 4-7pm.

Saturdays - Rochester. Farmers Market on the Village Green, 9-1pm.

Saturdays & Tuesdays - Rutland. Downtown Rutland Farmers Market, Sats. 9am-2pm & Tues. 3-6pm, in Depot Park.

MUSEUMS & EXHIBITS

Art & Antiques on Center - 17 Center St, Downtown Rutland. Mon-Sat, 10-5. 786-1530.

Billings Farm & Museum - Woodstock. Rt 12N & River Rd. 457-2355. A first-class working farm, operating with a museum of Vermont's rural heritage, dating back to 1871.

Brandon Artists Guild - Brandon. Open daily 10am-5pm. Exhibit "e-i-e-i-o" Judith Reilly Out Behind the Barn, thru Aug. 30.

Brandon Museum - Brandon. At Stephen A. Douglas Birthplace open for the season. Daily, 11am-4pm, free, open to public. Also houses Brandon Welcome Center & municipal restrooms, open 8am-6pm all year round.

Brandon Music - 62 Country Club Rd., Brandon. Art Gallery open 10-6 daily, closed Tues. Harmony English Tea room 2-5pm daily, closed Tues.

Brick Box - at Paramount Theatre, Center St., Rutland. Gallery hrs: Thurs-Fri, 11am-6pm & Sat., 10am-2pm & during Paramount Theatre performances. 775-0903.

Carving Studio & Sculpture Center - Marble St., W. Rutland. 438-2097, carving@vermontel.net. Sats. & Suns., 1-4pm & by appt.

Chaffee Center for the Visual Arts - S. Main St., Rutland. Weds.-Sat. 10-5, Sun. 10-4, closed Mon. & Tues. 775-0356. Thru Jun. 18, Human=Landscape: Aesthetics of a Carbon Constrained Future exhibit. Summer Members' Exhibit thru July 30.

Chandler Gallery - Randolph. Area Artist Show "eARTH", thru July 10. Gallery hrs: Thurs. 4-6pm, Sat. & Sun. 1-3pm. 431-0204.

Killington Arts Guild Fine Art Gallery - at Cabin Fever, Rt. 4. Open business days 9-6:30pm. Art Mix members show thru July 5. 422-3824.

Maclure Library - Rt. 7, Pittsford. Mon., Tue., Fri., 1-6pm; Wed., 10-8; Thur., 10-6; Sat., 9am-noon. 483-2972.

Montshire Museum of Science - Norwich. Open 7 days year round, 10am-5pm. 649-2200.

New England Maple Museum - 4578 Rte 7, Pittsford. Open daily 8:30am-5:30pm. Maple Candy Making 10-2, free, June 29 & Wednesdays thru Oct. 12. 483-9414 for info.

Norman Rockwell Museum - Rt. 4E, Rutland. 773-6095. Self-guided tour. Open daily.

Norman Williams Public Library - Woodstock. 457-2644. Open Mon., Fri., & Sat., 10-5, Tues., Wed., Thurs. 10-7.

Pittsford Historical Society - Pittsford. Thru July 4, Tues. 9-4. July 5-Oct. 11, Tues. 9-4, Suns. 1-4. Oct. 12-Nov. 16, Tues. 9-4.

Rutland Historical Society - 96 Center St., Rutland, 775-2006. Year-round, Mon., 6-9 pm, Sat, 1-4pm, by appointment for schools or other groups.

Rutland Railway Association - Center Rutland Depot. Former Rutland Railroad depot. Museum exhibits the Rutland Railroad. HO & N scale models. Open Saturdays 11am-3pm.

Slate Valley Museum - Water St., Granville, NY. Exhibit "Through the Lens of Slate: Students Artwork Using Slate Printing Press" open. 518-642-1417 for info.

Timco Gallery - Center St., Rutland. Gallery hrs Mon - Sat. 773-3377. Portion of sales proceed local student art programs.

VINS Nature Center - Rt 4 (Next to the Quechee Gorge) Quechee. Daily activities, programs, exhibits, Nature Store. Open 10-5:30 daily. New summer programs. 359-5000 for info. Barry Van Dusen watercolor exhibit thru Jul. 16.

Wallingford Historical Society Museum - Town Hall, School St., Wallingford. 446-2831. Permanent collection of costumes, photographs, memorabilia.

William Feick Arts Center, Green Mtn College, Poultney. Gallery hours M-F, 1-5pm. 287-8000.

Woodstock History Center - 26 Elm St, Woodstock. Fri-Sun 12-4pm. Other days by appointment. Art, furniture, clothing, musical instruments, more. 457-1822 for info.

Coming Up

July 16-17 - Killington. Killington Dog Days! 2-day festival featuring National Disc Dog Competitions. Demos, disc dog clinics, games for pets & owners, pet vendors. Free, with donations accepted for RCHS. 10am-5pm each day, Sherburne Library Fields on River Road. discoverkillington.com

July 22 - 24 - Killington. Killington Wine Festival. This year's 10th annual festival features 500+ wines from around the world, during a full-bodied weekend of tastings, dinners, and a Wine and Nine golf tournament.

Aug. 14-15 - Killington. Circus Smirkus is coming to Pico Mtn! Traveling youth circus. Tickets on sale May 1 - advance purchase recommended - they sell out fast! smirkus.org

Rutland-Coming to Paramount Theatre: Comedy: Jim Breuer, Aug. 26; Bill Cosby, Oct. 16; Lewis Black, Oct. 19. Popular Music: Gregg Allman, Sep. 4; Blues Traveler, Sep. 23; George Thorogood & Destroyers, Sep. 24... more. Family Series and Theater Series as well. Look for the ad in this paper! Stay tuned! 775-0903, paramountlive.org

Calendar space is FREE to advertisers & non-profit community organizations. To publicize your event, please send us the following information: Description, date, time, place, fees, phone number, additional details. Mail: The Mountain Times, P.O. Box 183, Killington, VT, 05751. Email: editor@mountaintimes.info

All information must be received at least one week prior to the newspaper publication date.

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★ ★

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Old Vermont 4th

Monday, July 4, 2011
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Reading of Declaration of Independence (noon) **Historic Debates: 11:00 a.m. & 1:30 p.m.**

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Northern Vermont's Big Spike Bluegrass Band

North Branch Bluegrass Festival

Randy and Heather Kennedy welcome you back to the 4th annual North Branch Bluegrass Festival, your "Staycation Destination" for Labor Day weekend every year. This year's festival will take place Thursday, September 1 thru Sunday, September 4 in Bridgewater, Vt. Weekend camping begins after 3pm on Thursday, with open stage at 6pm. Friday thru Sunday, festival show and workshops run 10am to 8pm each day. Free rough camping is included with a 3 day Weekend pass. RV's, campers, and tent camping are welcome.

North Branch Bluegrass Festival will be opening the gate early to campers and field pickers! Beginning at 10 am on Sunday August 28, we'll open up for 4 extra nights for a \$10 per person additional charge to our \$50 at-the-gate weekend festival price.

The 2011 line up is as follows: Appalachian Uprising, Jim Hurst, Remington Ryde, Big Spike Bluegrass, Fairview Avenue, Hot Mustard, Chasing Blue, Cardigan Mountain Tradition, Wissahickon Chicken Shack, and Four Bridges. See the website for complete info on days and times.

15 music workshops will be offered, hosted by our professional musicians. They are free and open to everyone, regardless of skill level. Attend as many as you like! The workshops will be in banjo, bass, fiddle, mandolin, guitar, and songwriting.

Dogs will be allowed at the Festival with some conditions, including required leashing, weekend campers only-dogs only allowed in camping area, proof of vaccination, and a signed waiver. Don't forget to clean up after your pooch!

Advance weekend tickets are available by mail for \$45 each. Please send a self-addressed stamped envelope and check or money order made payable to "Heather Kennedy" and send to: R & H Kennedy, North Branch Bluegrass Festival, 74 Chateaugay Road, Bridgewater Corners, VT 05035. If no SASE is enclosed, tickets will be held for you at the gate. Requests must be postmarked by July 10, 2011. Advance tickets are not refundable.

Day tickets are also available, as well as at the gate weekend passes. Visit nb-bluegrass.com for complete details and information. See you there!

Arts and Craft Festival at Fletcher Farm

Come celebrate the 2nd of July at the 28th annual Society of Vermont Artists and Craftsmen, Inc. Arts and Craft Festival!

Artisans have been busy during the long winter months preparing for this summer's craft events. You won't want to miss browsing amongst the artisans' creations on Saturday, July 2nd from 10 to 4, rain or shine at the Fletcher Farm School for the Arts and Crafts, located on Route 103, south of Ludlow, Vermont.

Juried crafts include water and oil paintings, folk art, primitives, gold and silver jewelry, woodworking and woodcarving, photography, basketry, pottery, doll makers and doll clothes, handmade soaps, hand painted glassware, party dips and herbal products, honey, clay ornaments, quilts and fabric products, and a variety of

other creations. There will be many of your favorite artisans returning as well as designs and quality products of new artisans.

Demonstrations by instructors at the Fletcher Farm School for the Arts and Crafts will take place throughout the day. RJ's will offer a variety of items to tempt your appetite for lunch. We're Poppin' Now will provide a real treat with freshly made kettle cooker popcorn. Charles Dion will demonstrate the art of chain-saw carving. Brent Buswell will entertain with wonderful music on his accordion.

We hope you and your family will join us for this special festival. Mark your calendar - Saturday, July 2nd for the Society of VT Artists and Craftsmen's 28th annual event at the Fletcher Farm School - just south of Ludlow, VT on Route 103.

Planning the Perfect Picnic

by Dianne Lamb, UVM Extension Nutrition and Food Specialist

To me, picnics are one of the best parts of summer although traditional picnic fare rarely fits the bill for what experts consider good nutrition. With some updating, you can turn these foods into examples of nutrition at its most delicious.

When you plan a picnic, you may be surprised to find more starches than fruits and vegetables on the menu. To remedy this, I like to pass around trays of cut-up raw fruit or vegetables before the main course. Or add them to the picnic spread for nibbling throughout the meal. Don't be afraid to experiment with different types of vegetable salads for variety and good nutrition.

You also can slim down potato and pasta salad, two picnic favorites. Just a half-cup serving of either is packed with 180 to 260 calories and seven to 16 grams of fat. Have a serving of one or a taste of each, and you are consuming almost a meal's worth of fat and calories from these dishes alone.

Substitute a variety of chopped vegetables for some of the starchy ingredients to reduce calories and boost nutrients. Or limit the amount of fat in the dressing or mayonnaise by using reduced-fat products. You don't have to give up your potato or pasta salad. Just add more vegetables and less starch to make it healthier.

Are bread and rolls on the menu? Choose either one small serving of pasta or potato salad or a roll or bread, and pass on the rest. A hamburger or veggie burger is just as delicious without the bun, and you can use those "saved" calories to sample something else.

Gelatin dishes, another traditional picnic dish, may not be the best choice for healthy eating. A half-cup serving has 80 calories, almost all of it sugar. Add



whipped cream and the calorie intake increases. Instead, serve whatever fruits are in season. The calorie load will be the same or lower with the added benefit of fiber, vitamins and those good phytochemicals.

Typically, picnics include red meat or poultry, either grilled or in sandwiches. Save calories and limit fat intake by choosing lean meats and keeping portions small. Two to three ounces is a serving, about the size of a deck of cards.

A picnic without dessert? Unthinkable. Eat healthy and you can splurge on foods like desserts that aren't high in nutrition. However, remember that dessert is meant to be a tidbit that ends the meal on a sweet note, not something that fills a whole plate.

Instead of pie with ice cream and whipped cream have a dish of fruit with ice cream. Or choose plain pie with one small dollop of whipped cream.

A two-inch square brownie has 100 to 150 calories, so cut your pan into portions this size. You'll be doing your calorie-counting guests a favor, and anyone who wants seconds can always go back for another piece.

Summers are made for picnics. Plan one today and remember to Eat fresh! Eat local! Eat well!



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1



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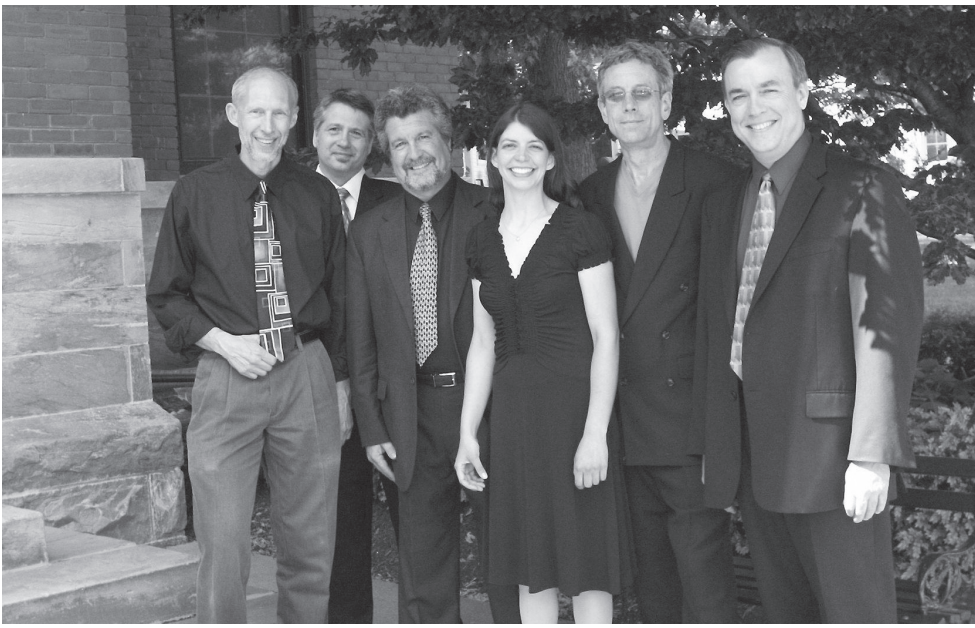
CONCERTS START AT 6 PM RAIN OR SHINE!
FOR MORE INFO, VISIT OKEMO.COM

IN CONJUNCTION WITH THE JACKSON GORE MUSIC SERIES, THE TIMBER RIPPER MOUNTAIN COASTER WILL BE OPEN FRIDAY EVENING UNTIL 8:00 PM. TICKETS WILL BE AVAILABLE FOR PURCHASE.

BBQ WITH BEER AND WINE AVAILABLE

ON THE GRASS IN THE COURTYARD AT THE JACKSON GORE INN





Bluegrass Gospel Project – How Sweet The Sound!

Bluegrass and Gospel - a unique combination, but a great, powerful sound - and Castleton Concert on the Green will be the place to experience this, when the Bluegrass Gospel Project brings their multi-talented band to town, on Tuesday, July 5th.

What happens when seven of the best traditional acoustic musicians and vocalists in the Northeast are brought together? And then when they focus their repertoire on the free improvisation and sublime vocal harmonies of the spiritual side of Appalachian string band music and deliver their performances to live audiences? Well, it seems you get a piece of heaven! And the Bluegrass Gospel Project has done just that - taken this spark and ignited audiences across New England with high-spirited performances. Steeped in the tradition of this powerful and uniquely American strain of Appalachian music, the BGP crafts both classic and original gospel-inspired bluegrass songs with impeccable instrumentation and pure vocal harmonies.

In 2001, Gene White Jr., master fiddler and veteran of several prominent New England bluegrass and country bands, was asked to assemble a special bluegrass collaboration. So the call went out to former Breakaway band member, guitar/singer, Paul Miller. Also recruited were Vermont state banjo contest champ, Steve Light, premier singer-songwriter

Colby Crehan, veteran country/bluegrass upright bassist Kirk Lord, and Northern Lights founder/mandolinist Taylor Armstrong. To lend focus to their repertoire, White narrowed their performance to the highly spirited sub-genre of bluegrass gospel.

Each member of the band brings decades of experience in performance to the stage. The trading of lead singers and styles creates multiple sounds and harmonic layers with a relaxed and expert ease. Their ability to reform the group to meet the demands of each song emphasizes the intuitive bonds between the performers and the flexibility of the group. The result is a level of confidence and warmth that radiates from the stage. These folks enjoy each other's company and while they make their homes throughout New England, they sing and play together like they've been hanging out on the same front porch all their lives. But whatever it is, the music continues to set off sparks wherever the Project goes!

Don't miss the sparks and the "light my fire" atmosphere this Tuesday, July 5th on the Castleton green. Starting time is 7:00 p.m. sharp!

The concert is free and open to the public. It will perform rain or shine. Rain site is the Tent on the Castleton State College campus.

For further information, please call, (802) 273-2911.



KoSA Music Festival Returns to Castleton State College

KoSA Communications proudly presents the 16th annual KoSA Music Festival, July 26 - 30, 2011 at 8 p.m. held at the Casella Theatre of Castleton State College in Castleton, Vermont.

After over a decade, the KoSA International Percussion and Drum Workshops and Festival continues to deliver electrifying concerts which feature numerous internationally renowned artists, in rare Vermont appearances. This year's performers include: Memo Acevedo (Tito Puente), Mario DeCiutiis (Electronic percussion), Dominik Cuccia (Fife&Drum artist), Aiyun Huang (McGill University), Sergio Bellotti (Berklee College), Zoro (Lenny Cravitz) Carmine Appice (Rod Stewart), Dom Famularo (world drumset ambassador), Aldo Mazza (Répercussion), Allan Molnar (Nelly Furtado), Jimmy Cobb (Miles Davis), Jim Royle (steel

drum ensemble), Jeff Salisbury (Chuck Berry), Marcus Santos (Brazilian master), Glen Velez (Paul Winter Consort), and Michael Wimberly (West African Drum and Dance) the nightly performances will also feature the KoSA rhythm section: Bob Quaranta (Piano), and Francesco Beccaro (Bass). Friday's free concert features selected participants from the workshop.

Admission to all concerts (except for Friday night) is \$10 for adults, \$5 for students and children. Children twelve and under are admitted free upon presentation of a student I.D. The KoSA Faculty's Grande Finale Gala Concert will take place on Saturday, July 30, 2011 at the Casella Theatre beginning at 8PM.

For more information, please call the box office at (802) 468-1119 or visit the website, www.kosamusic.com.

VERMONT DINING TRAIN



Information & Reservations:
VermontDiningTrain.com
(800) 292-7245

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Depart Rutland train station- 25 Evelyn St. at 4:45pm

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Return via Amtrak: Arrive Rutland at 9:05pm

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Market Info...Visit Market Booth on Evelyn Street • Joe - 802-325-2149 • Judy 802-773-4813
www.vtfarmersmarket.org

VERMONT SYMPHONY ORCHESTRA
Jaime Laredo, Music Director

TD Bank
2011 Summer Festival Tour

SYMPHONY
RYALLE

ALL CONCERTS START AT 7:30pm

ENRICHING LIVES THROUGH MUSIC

1-800-VSO-9293, ext. 10 or visit www.vso.org

THURSDAY, JULY 7 at 7:30pm
Mountain Top Inn in Chittenden

Gates open at 5:00pm for picnicking

TICKETS:

\$31 adults (\$34 at the gate)
Free under 18 with advance adult ticket purchase only (\$11 at the gate)
Prices include new Vermont sales tax.

Special barbecue dinner/concert combination tickets available through Mountain Top Inn. (Audience members are not permitted to bring alcoholic beverages onto the Mountain Top Inn property.)

Available at:

Mountain Top Inn, Chittenden
Kamuda's Country Market, Pittsford
Annie's Book Stop, Rutland
Promotional Partner: Everybody Wins! Vermont
Brigg's Carriage Bookstore, Brandon
Flynn Tix at (802) 86-FLYNN or flynnix.org

CONCERT SPONSORS



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2011 SUMMER SEASON SPONSORS



2011 TD BANK SUMMER FESTIVAL TOUR MEDIA SPONSOR



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July 1 & 2
CONN RIVER DINNER TRAIN
 Kick off the Fairlee Festival with an exquisite dinner aboard the White River Flyer from the "Barefoot Gourmet," full cash bar, entertainment, sunset & an awesome approx. 3 hour ride along the river from Fairlee Depot
Dinner Train Tix: \$80/person • \$140/couple

FAIRLEE FESTIVAL TRAIN
 Big doings at this year's Fairlee Festival when the whole town comes together to celebrate their 250th anniversary with a Gala three day event. Trains depart from the Fairlee Depot for hourly rides
Tickets Available on Site

July 3
 5:30-6:45 & 8pm
BURLINGTON FIREWORKS
 Beat the traffic and take the Train from Charlotte, Shelburne or S. Burlington to Burlington's waterfront to enjoy one of Vermont's largest firework shows. Train returns at 10:30 pm after the firework display.
Fireworks Train Tickets: \$12/person

July 4
 6pm-7pm & 8pm
WHITE RIVER FIREWORKS
 Take the train from White River to Wilder for the fireworks. Contact Hartford Parks & Rec @ 802-295-5036 for details about the other scheduled events. Train returns to White River following the fireworks.
Fireworks Train Tickets: \$6/person

RESERVE YOUR SEATS NOW!
 Call: 1-800-707-3530
 or www.rails-vt.com



Killington All-Stars



Photo by Ellen Van Herwarde
 Joe Bianci, Liam Van Herwarde, Connor Black, the three Killington boys representing in the Cal Ripken All-Star Tournament. Read more about them and the team on pages 4-5 and 7.

Battle of Hubbardton Anniversary Weekend July 9-10

A colorful full scale history pageant unfolds at the Battle of Hubbardton living history weekend on July 9 and 10 at the Hubbardton Battlefield State Historic Site. This special event honors the July 7, 1777, Revolutionary War battle, the only one fought in Vermont.

Experience a full immersion into the past, walking in the footsteps of an exciting time, and enjoy entertainment for all ages in honor of the July 7, 1777, Revolutionary War battle. More than 400 re-enactors will be on hand, making it one of the largest events at Hubbardton site in years.

The weekend offers activities for all ages and interests, including visiting the museum. Organizers expect a large contingent of re-enactors, who portray American, British, and German soldiers and their families. Walk through their tent camps and see the tactical and artillery demonstrations (BOOM!), camp life activities, courts martial, learning how to drill, and guided camp and battlefield tours. Mistress Daven-

port will set up her popular school and storytelling. Children also will love the activity tent just for them, near the museum building. Many sutlers (the traveling shopkeepers of the time) will set up sutler row, with a colonial shopping experience for the public. Local groups offer the popular food concession stand both days.

Saturday afternoon is a dramatic military tactical on the slope of Monument Hill, weather permitting and the weekend highlight is the battle on Sunday morning, with troops starting formations about 7:30 a.m. Around 9 a.m. see the start of a symbolic Revolutionary relay across Vermont to Windsor's Old Constitution House, celebrating a 234th anniversary of Vermont's Constitution.

The site opens at 9:30 a.m. on Saturday. Sunday's events start about 7:30 a.m. Admission each day is \$5

Battle, Page 22

29 CLASSICAL SUMMERS Killington music festival

MUSIC IN THE MOUNTAINS CONCERT SERIES
 JULY 2-AUGUST 6, 2011
 Saturday 7pm, Ramshead Lodge, Killington Resort

JULY 15*
 Friday Night Live, 7pm, Center St. Downtown Rutland

- JULY 2** Music from the Heart
 Deeply moving, beloved works of Brahms & Bachs
- JULY 9** Music from the Americas
 Grammy-winning composer/violinist Mark O'Connor
- JULY 15*** Friday Night Live outdoor concert
 Works of Mark O'Connor, Piazzolla, Brahms & Mendelssohn
- JULY 16** Souvenirs from Abroad
 Brahms' electrifying chamber masterpiece, the Quintet for Piano & String Quartet in F minor
- JULY 23** Russian Expressions
 Tchaikovsky, Shostakovich & Prokofiev
- JULY 30** Claire de Lune
 Inspired works by Claude Debussy, Beethoven & Ravel
- AUG. 6** 3 Artists, 4 Composers
 Bach, Mozart, Hindemith & Beethoven for String Trio

JULY 24 Tuscan Brunch - KMF Fundraiser
 THREE TOMATOES, RUTLAND • 11 AM
 Enjoy an array of delectable treats and classical music performed by KMF Young Artists. Proceeds to benefit the Killington Music Festival.



Concert schedule & info:
killingtonmusicfestival.org
 TICKETS: 802.422.1330 or killington.com

ArtisTree & Purple Crayon's
3rd Annual Summer Fest!
 Saturday July 16th
 3pm - 7:30pm
FREE and open to the public

Art Projects, Face painting,
 Children's Magician, Drumming, Food
 Music by Jeanne & the Hi-Tops,
 Silent Art Auction, Gallery Exhibit
PLUS Much More!!

artistree community arts center
 PURPLE CRAYON PRODUCTIONS art & music center for children
 1207 VT Route 12N ~ Woodstock, VT
www.purplecrayonproductions.org
www.artisTreeVt.org
 802.457.3500

NEW ENGLAND MAPLE MUSEUM
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 (802) 483-9414 • Open Daily 8:30a.m. - 5:30 p.m. • www.maplemuseum.com

BIGTOWN BIGTENT

Poetry, Music & Performing Arts
 July 16-July 31, 2011

A Summer Festival
 Saturday, July 16
 Bridgman/Packer Dance 8:30pm \$25
 Starlight performance begins after gallery exhibition reception, 5 - 7:00pm
 Picnic style seating, first come, best seat.
 The following performances are all under the tent.
 Saturday, July 23
 Lew Soloff - Afro Cuban Jazz Quartet
 8:00pm \$40
 Sunday, July 24
 TA KA DI MI Project featuring
 Glen Velez & Lori Cotler 8:00pm \$35
 TA KA DI MI Project Drum & Voice
 2 Hour Workshop 2:00pm \$40
 Reservations required for workshop.
 Package: Workshop & Performance \$60
 Thursday, July 28
SURPRISE EVENING PERFORMANCE
 8:00pm \$15
 Local talent focus
 Saturday, July 30
 Joe Locke - Sticks & Strings Quartet
 8:00pm \$40
 Sunday, July 31
 Magicians Without Borders 2:00pm \$8
 Ellen Bryant Voigt 7:00 - 8:00pm \$15
 Festival Pass special
 15% discount - 7 tickets \$150
 Featuring BigTown Gallery's Wine & Dessert Tent at each performance.
 Doors for reading and performances will open one hour before scheduled starting time.

BIGTOWN GALLERY
 99 North Main
 Rochester, Vermont 05767
 Wed-Sat 10-5 pm Sun 11-4 pm
www.bigtowngallery.com
 For tickets call 802.767.9670

DiningGuide

Dining at a glance

	STYLES OF CUISINE							MEALS SERVED					COST			
	ITALIAN	FRENCH	AMERICAN	CONTINENTAL	MEXICAN	ASIAN	PUB FAIRE	BREAKFAST	LUNCH	DINNER	BRUNCH	LATE NIGHT	TAKE OUT	INEXPENSIVE	MODERATE	DELUXE
Blanche & Bills			.					.						.		
Birch Ridge Inn	
Bridgewater Corners Store				
Choices Rest. & Rotisserie
Clubhouse Grille			
Gracie's Grille				
Killington Market		
Lakehouse Pub & Grille
Liquid Art			
McGrath's Irish Pub		
Moguls Sports Pub
Mountain Top Inn & Resort		
On The Rocs Lounge			.							.					.	
Pasta Pot		
Phat Italian Market & Deli
Ramunto's
Red Clover Inn
Seward Family Restaurant		
Sugar & Spice				
Trak-In Restaurant		
Vermont Inn				
Vermont Dining Train		

BLANCHE & BILL'S 422-3816
Rte. 4, Bridgewater
Serving breakfast and lunch from 7am to 2pm Thurs.-Mon. We have the BEST pancakes, waffles, french toast and eggs in the region. We serve pure Vermont maple syrup and local farm fresh eggs. Come enjoy our friendly family atmosphere. VISA, MC, DC

BIRCH RIDGE INN 422-4293
Serving a totally delicious combination of American and Continental cuisines. Choose to dine from our tastefully affordable menu in the dining room, or break bread with friends in the Great Room Lounge. To compliment your evening, we also have an extensive selection of martinis, wines by the glass, and a fine wine list. And don't forget to try one of our homemade desserts. Reservations available for the dining room. "...where memorable experiences begin..." www.birchridge.com AMEX, MC, VISA, DISC.

BRIDGEWATER CORNER STORE 672-6241
5680 Route 4, Bridgewater
Olson's BW Corners Country Store provides you with the freshest meats, cheeses & dressings from Boar's Head brand-also available to purchase for sandwiches made at home. Check out our Early Bird Special - bacon, ham or sausage, egg & cheese on an English muffin or roll \$2.75. VISA, MC, AMEX

CHOICES RESTAURANT & ROTISSERIE 422-4030
Glazebrook Center, Killington Rd., Killington
Chef Claude and his staff offer exceptional food, service and views in a bistro setting. The Rotisserie offers chicken, lamb and pork, and the menu features sandwiches, homemade pastas and the finest in steaks, fish and seafood. VISA, MC, AMEX.

CLUBHOUSE GRILL 422-6272
Roaring Brook Rd, Killington
Located at the Killington Golf Course.
Cocktails, daily specials, appetizers, burgers, salads and freshly prepared sandwiches. Dine in, on the deck or order to go from 11:00am-3:00pm Join us for happy hour Wednesdays 4-8pm with Joey Leone. Amex, MC, VISA
GRACIE'S GRILLE 802-422-4653
at Green Mountain National Golf Course
Barrows Towne Road, Killington
Gracie's Grille offers an assortment of delicious options to tame any appetite. We feature fresh deli sandwiches, flame-grilled burgers, hot dogs and marinated chicken breast grilled to perfection. Stop by the Gracie's Grille before or after your next round or order your lunch right from the course.

KILLINGTON MARKET & DELI 422-7594
2023 Killington Road, Killington
Our deli offers fresh meats and cheese for a variety of sandwiches, served on locally baked bread. Daily lunch hot specials, fresh salads, homemade soups and in-house baked goodies. Dinner take-out entrees. Extensive selection of wine, beer/microbrews. Vermont specialty food products, maple syrup. The only full service grocery store on the mountain.

LAKE HOUSE PUB & GRILLE 273-3000
3569 Route 30 North, Bomoseen
Chef owners, Brad Burns and Fred Field invite you to the Lake House Pub & Grille. Live Sunday jazz brunch entertainment, special children's meals, full bar and an extensive wine list. Lake views and deck dining all on beautiful Lake Bomoseen. Also private parties, rehearsal dinners, showers and weddings. AMEX, VISA, MC, DISC
LIQUID ART 422-2787
37 Millerbrook Rd., Killington, VT
Liquid Art is a great place to meet friends for coffee or for a glass of wine. Great light fare served morning and afternoon. Specialty cocktails, select California wines, and micro-brews available. Multiple local artists' work displayed and for sale.

McGRATH'S IRISH PUB 775-7181
at the Inn at Long Trail
Rt. 4, at the top of the Sherburne Pass, Killington
McGrath's Irish Pub at The Inn at Long Trail invites you to try our famous Guinness stew. Serving breakfast and pub menu daily. Live Irish music weekends! MC, VISA, AMEX.
MOGULS SPORTS PUB 422-4777
Killington Road, Killington
Family dining offering steaks, burgers, pasta and more. With over 20 TVs, pool table, arcade games - Moguls is your place for a good time. An affordable menu featuring our world famous Barbecue Ribs. Take out. Open M-Thurs 3PM-2AM. Serving Lunch Fri, Sat & Sun at noon.

MOUNTAIN TOP INN & RESORT 483-2311
Mountain Top Rd., Chittenden
Only 11 miles from Killington and Rutland. Dining complemented by breathtaking views of the lake and mountains. Creative American cuisine in the Highlands Dining Room. Casual dining and pub fare in the Highlands Tavern. Extensive selection of wine and beer. Full bar available. Open year round to the public. Reservations suggested. Kids welcome. Seasonal outdoor dining. www.mountaintopinn.com. MC, VISA, AMEX

ON THE ROCS LOUNGE 422-7627
2384 Killington Rd., Killington
Gather together in our speak-easy lounge. Enjoy a relaxed atmosphere in an intimate setting. Let On The Rocs make you one of their speciality cocktails while you enjoy a conversation with friends. Serving Tapas. AMEX, MC, VISA

PASTA POT 422-3004
Route 4 East, Killington
A classic Italian Pasta house. Italian food and wines at their best. Pastas, pizza, subs, Italian entrees are all homemade. Chef owned. MC, VISA, DISC

THE PHAT ITALIAN MARKET & DELI 422-3636
2384 Killington Rd., Killington
Authentic Italian cuisine with attitude. Premium Boars-head meats. NY bread and bagels. Check out our coldest, inexpensive beer cave. Don't forget to stop in our wine room. Come on in or call for delivery! Bada Bing. MC, VISA, AMEX, DISC

RAMUNTO'S BRICK & BREW PIZZA 672-1120
Route 4, Bridgewater
Real New York pizza, salads, sandwiches, featuring chicken ranch pizza and garlic knots. 20 draft beers, outdoor deck dining, 3 flat screen TVs. MC, Visa, AMEX, DISC
RED CLOVER INN 775-2290
Woodward Rd., Mendon
American Cuisine with a European Flair. Extensive wine list. Charming surroundings. Open for fine dining or tavern fare. AMEX, MC, VISA, DISC

SEWARD FAMILY RESTAURANT 773-2738
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VT home-cooking at affordable prices. Breakfast, Lunch & Dinner, daily specials. Steaks, chicken, seafood, wonderful burgers, sandwiches, even "Heart Healthy" menu items, salad bar, and children's menu. Our own ice cream- 39 flavors! Large parties welcome. Our dairy-gift store has Vt. foods & lots of gifts. MC, VISA, DISC.

SUGAR AND SPICE RESTAURANT 773-7832
Route 4, Mendon
Serving breakfast and lunch seven days a week. Specialties run from pancakes & French toast with real maple syrup processed on premises, soups, sandwiches, burgers. Working sugar house. Gift shop featuring Vermont products. Homemade candy and ice cream. MC, VISA

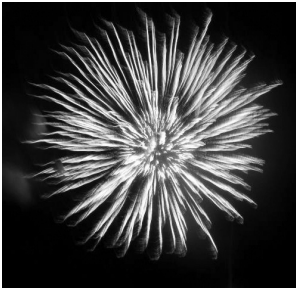
TRAK-IN RESTAURANT 468-3212
Route 30, Bomoseen
Family dining overlooking beautiful Lake Bomoseen featuring our famous "fabulous" salad bar, fresh home baked breads, prime steaks & chops, fantastic seafood and delectable desserts. Extensive wine list and full bar. Serving dinner daily. MC, VISA, AMEX.

VERMONT DINING TRAIN 800-292-7245
Departing Amtrak Station - Evelyn St, Rutland
Would you like a table with a view? Enjoy a Sunday afternoon train ride featuring deluxe dining car seating, four-course dinner, snowy white linens and ornate china. MC, VISA, DISC

THE VERMONT INN 775-0708
Route 4, Killington
Enjoy New England and Continental Cuisine by a wood burning stone fireplace in a comfortable and warm c. 1840 farmhouse style dining room. Game Room. Children's menu. Full bar and wine list. Dinner Reservations Sugg. Drop in late afternoon or even after dinner for cocktails, appetizers, a light dinner, or desserts at Duffy's Pub. Enjoy a wood burning stove, television, and casual conversation with guest and Innkeepers at the Bar.

Woodstock Celebrates July 4th

Celebrate Monday, July 4th in Woodstock, VT – rain or shine! Festivities begin early, with the 35th Annual John Langhans Green 7 Mile Road Run/Walk & Fun Run sponsored by The Spectrum Teen Center. Runners and walkers will enjoy the challenging course through beautiful Woodstock, starting and finishing at the Middle Bridge. The Kids Fun Run is a short loop around the Village Green. Check-in/Same Day Registration begins at 8:00 a.m. Walkers start: 8:30 a.m.; Runners start: 9:00 a.m. Kids Fun Run begins at 10:30 a.m. – no registration is necessary.



To register, call 802-457-2255. \$25.00 for runners and walkers by July 3, 2011; \$30.00 on race day (includes a cool t-shirt). Post-race holiday festivities will include Division Awards and an award for the most patriotic costume, plus live music featuring our local high school talent. The Kids Fun Run (ages 10 & under) is free and all kids will receive a finisher's medal.

Billings Farm & Museum's Old Vermont 4th Celebration begins at 10:00 a.m., featuring ice cream making, wagon rides, historic debates, the Declaration of Independence at noon, flag making, the egg toss, and more.

The excitement continues at the Woodstock Union High School at 4:00 p.m. with carnival games and fun for all ages, sponsored by the Vermont Volunteer Services for Animals. The Spectrum Teen Center's Cookout and Picnic will serve hot dogs, hamburgers, cheeseburgers, sausage & peppers, and desserts.

The evening's entertainment, the Chad Hollister Band, is sponsored by the Pentangle Arts Council. Ice Skating for families at the Union Arena Community Center starts at 4:00 p.m., adults: \$2.00 and children: \$1.00, skate rentals are available. The Ora E. Paul American Legion Post and Boy Scout Troop 220 will perform a flag ceremony.

Capping off the evening is the July 4th fireworks display – sponsored by the Town of Woodstock, with support from local businesses and organizations. For further information: 802/457-2500 or www.unionarena.org.

Billings Farm & Museum Celebrates "An Old Vermont 4th"

Celebrate the Billings Farm & Museum's "Old Vermont 4th" on Monday, July 4, from 10:00 a.m. until 5:00 p.m., featuring traditional music, flag-making, hand cranked ice cream, horse-drawn wagon rides, patriotic speeches and debates, and more!

Throughout the day, families may make their own 43-star flags (the flag of 1890), Uncle Sam bookmarks, presidential silhouettes, fireworks stencils, and compete in sack races and the egg toss, crank fresh strawberry ice cream, and enjoy a wagon ride.

Debates and speeches played a key role in the Independence Day observance, as was the reading of the Declaration of Independence, which will occur at noon. Important 19th century topics will be presented in a recreated women's debate at 11:00 a.m.: "Are the mental capacities of the sexes equal?" At 1:30 p.m., the men's debate will address: "Should we be at war with Spain?" Adults and older students can test their 19th century vocabulary skills in a spirited spelling bee at 12:30 p.m.; the children's spelling bee will begin at 2:30 p.m.

Admission includes all activities and programs, plus the operating dairy farm, farm life exhibits, and the restored and furnished 1890 Farm House.

The Billings Farm & Museum is owned and operated by The Woodstock Foundation Inc., a charitable non-profit institution, founded by Mary French and Laurance Spelman Rockefeller. For further information: 802/457-2355 or www.billingsfarm.org.



A traditional celebration for all at the Old Vermont 4th on Monday, July 4 at Billings Farm & Museum.

Celebrate the Holiday All Weekend at Okemo

Okemo's celebration of the Fourth of July will begin Friday evening, July 1, with a free concert as part of the Jackson Gore Outdoor Music Series. River City Slim & The Zydeco Hogs take the stage from 6 to 9 p.m. Admission is free; families are welcome and all attendees are encouraged to bring lawn chairs or picnic blankets. In case of rain, the concert will move indoors. Dining options are available.

On July 2, Okemo continues the musical celebration with the Red, White and Blues Festival. Admission is free to this all-American concert featuring four musical artists: Nobby Reed, Lydia Warren, Chris Kleeman and The Dave Keller Band. Music fills the air over Jackson Gore starting at 11:30 a.m., and ends in plenty of time for Independence Day revelers to make it to a spectacular fireworks display, sponsored by the Ludlow Merchant's

Assoc., at West Hill Recreation Area.

Cabot Cheese presents Wunderle's Big Top Adventure Circus at Okemo Mountain Resort's Ice House at Jackson Gore, on Sunday, July 3. Doors open at 5 p.m. and the one-hour show will begin at 5:30 p.m.

The circus show will feature aerial acts with trapeze and fabric elements, partner acrobatics, and comedy. Circus fans can save by pre-purchasing tickets online at Okemo.com. Pricing is \$12 for ages 13 and older and \$9 for children 12 and younger. Children 2 and younger will be admitted free. Tickets purchased at the door will be priced at \$15 and \$12 respectively.

Don't forget Okemo's new Adventure Zone including the Timber Ripper Mountain Coaster, a scenic and exhilarating ride through alpine forests and along the contours of the mountain on stainless steel tubular rails. And The Maples at Okemo Disc Golf Course welcomes players daily from 7 a.m. until sunset.

Also new this summer, Okemo will introduce an 18-hole miniature golf course, trampoline bungee jumping, plus a snack bar and gift shop game arcade at its popular Jackson Gore location.

Okemo is offering two special Fourth of July Weekend lodging packages. Call the resort at (802) 228-1600 or visit www.okemo.com.

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Wine Experiments
By Gerd Hirschmann
Representative of the
VT Wine Merchants Co.

Independence Celebration Wines

As we celebrate the independence of our nation this weekend, many pull out the BBQ for the 'official' start of the summer season. Whether you need to dust off the old grill or whether it's already out in use for a while despite all the ducky weather we've been experiencing, let's hope for a more 'traditional' summer with hot and dry conditions.

So it's also the 'official' start for 'summer wines' to go along with high temperatures and outdoor cooking. My first choice for the really hot summer afternoons must be 'Vinho Verde' from Portugal. It's light and dry with low alcohol and so refreshing when served ice cold, as it usually even says on the label. The name literally means 'green wine', though it does not look green, and can even be a red or rosé, but refers to its youthfulness that often shows a slight green shine at the edge in the glass. It is intended to be drunk young to enjoy the freshness of this lightly effervescent wine. Not enough bubbles to be called sparkling, it shows a nice natural acidity with fruity or floral aromas. The best one out there is Casal Garcia, but there are others that are just as refreshing.

Another favorite is a nice and dry rosé from southern France or Italy. The French have usually a bit more of a dryness that relates better to light food, the Italian often have a little bit more fruitiness, making it a bit more easy to drink by itself. Technically, a rosé is 'unfinished' red wine, made from red grapes whose maceration is cut short. Maceration is the process in winemaking where the skins, seeds and stems leach the flavor and color compounds into the must (or freshly pressed grape juice that's supposed to turn into wine). Rosés are a lot lighter than their red siblings, but have much of the same char-

Time Travel Tuesdays

Billings Farm & Museum, gateway to Vermont's rural heritage, announces a program designed for children and adults to discover 19th century chores and pastimes in the restored and furnished 1890 Farm House.

Time Travel Tuesdays will be offered each Tuesday this summer, from July 5 through August 23, 2011, from 10:00 a.m. - 5:00 p.m. and will feature a hands-on experience of daily life in 1890. Visitors can help prepare seasonal food in the kitchen, help with laundry, copy into ledger books in the farm office, churn butter in the creamery, and more. There will be time to relax in the sitting room with popular pastimes of the era - dominoes, tiddley winks, and the stereoscope, plus needlework, photo albums, and games.

Time Travel Tuesday activities are included with regular admission to the Farm & Museum and no pre-registration is necessary. For information, please contact 802-457-2355 or www.billingsfarm.org.

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acteristics of the grape varieties.

Most are intended to be made into rosés for its refreshingly lighter and less alcoholic qualities.

Just like red and white wines, rosés can have different styles - sweet or dry, dark or light - the winemaker and grape variety (or varieties as rosés are often blended) make the difference. 'Pink' wines have delicious character and are perfect for food. For dryer styles of rosé, try those from Southern France and Spain, for the sweeter styles; look for White Zinfandel and some other California rosé makers. Most will show strawberry or raspberry notes that are just perfect for this time of year.

But for the serious burger or steak coming off the smoky grill, look for a smoky wine to really enhance the experience. For the summer outdoor meal I prefer something not quite so tannic and complex, kind of mild in acidity but rich in earthy and dark flavors. A mild red from South Africa comes to mind. Most famous is Pinotage, if you can stomach it. It can often be over the top 'earthy'. But there are blended wines from South Africa that come across pleasantly mild. Try the Graham Beck blend of shiraz and cabernet for example, with a rich plummy character with hints of exotic spices and attractive mocha and chocolate flavors to complement the smokiness.

Often a Carmenère from Chile will exhibit much of the same flavors and is worth a try for something different. With a pungent and leathery, yet lean freshness that isn't at all offensive look for the. Araucano Carmenère. It nicely shows the variety's sauciness. Snappy and tight!

Killington Music Festival Opening Night

Killington Music Festival presents Music from the Heart Saturday July 2, 2011, at 7:00pm. Opening Night! Deeply moving, beloved works of Brahms and Bach.

This evening our program includes the works of Johannes Brahms, Trio in A minor for clarinet, cello and piano, Op. 114 and Piano Quartet No. 1 in G minor, Op. 25; Max Bruch, Kol Nidrei, Op. 47; and J. S. Bach, Chaconne from Partita, BWV 1004 (arr. Laszlo Varga). The following musicians will be performing: Ben Seltzer, clarinet, Allison Eldredge, cello, Max Levinson, piano, Thomas Landschoot, cello, Andrew Mark, cello, Samuel Johnson, cello, Hyon Jae Song, cello, Daniel Andai, violin, Matt Sinno, viola, and Yoshie Akimoto, piano.

This concert is sponsored by SP Land Company. Concerts are held at the Rams Head Lodge, Killington, VT at 7pm. To purchase tickets please call 802-442-1330. For more information please call 802-773-4003 or www.killingtonmusicfestival.org.

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July 4th and Birthday Celebration at Coolidge Historic Site

The President Calvin Coolidge State Historic Site celebrates the birth of the nation as well as its 30th president on Independence Day. The public is invited to gather at the village green on July 4 at noon, when a delegation of the Vermont National Guard will lead a march to the Plymouth Notch Cemetery. A wreath from the White House will be placed at the President's gravesite in the cemetery, and Vermont Tourism and Marketing Commissioner Megan Smith will speak at a brief ceremony with members of the Coolidge family in attendance.

The march and cemetery program are organized by the Calvin Coolidge Memorial Foundation. Following the program, a chicken barbecue is held at the site's restaurant, The Wilder House. Plymouth resident Fred DePaul will offer wagon rides between 10 a.m. and 5 p.m., and members of Fiber Arts in Vermont will demonstrate a variety of traditional textile arts such as knitting, sewing and spinning. The Plymouth Historical Society will present a special exhibit commemorating the 250th anniversary of the town of Plymouth at the Plymouth Notch Schoolhouse from 10 a.m. to 3 p.m.

For more information, contact the President Calvin Coolidge State Historic Site, 802-672-3773.

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4th of July Weekend in Poultney

Poultney is planning a fun-packed weekend to celebrate this 4th of July! We start with the Poultney Public Library's Annual Book Sale on Saturday morning, where you can come and pick up your summer reading starting at 8:00am. Then at 10:00, bring the kids and walk the streets of Poultney for more great deals at Poultney's Annual Youth Flea Market. At 6:00pm, bring a chair down to the Young at Heart Senior Citizens Center to enjoy the old time stylings of the Adirondack Old-Time Fiddle players, where refreshments will be served.

On Sunday, join us On the Green at East Poultney for the second Annual Strawberry Festival, sponsored by the Poultney Area Chamber of Commerce, followed by the first of the Town Band Concert on the Green series.

By Monday, be ready to run at the Martin Devlin Memorial 5k Fun Run/Walk, and burn off those shortcakes! If you haven't pre-registered, on-site registration starts at Green Mountain College at 6:45am, and the race kicks off at 8:00, awards given out at 9:15. Which gives you just enough time to get back to Main Street for Poultney's famous 4th of July Parade! With plenty of acts to watch and organizations to salute, we'll keep you clapping all the way down to the Poultney Elementary School where the field day begins. Don't miss the puppet show, "Handsome and Gretel," right after the parade in the PES Gym. If puppets aren't your wheelhouse, be sure to gather under the tent behind the school for the crooning of the Rutland Curbstone Chorus, and later the pipes of the Catamount Pipe Band, both of which you'll have seen passing by in the parade.

And if you're hungry, The Poultney Snowmobile Club will be cooking up Hotdogs, Hamburgers and French Fries, and the Barn Restaurant from Pawlet will be serving some melt-in-your-mouth pulled pork. The Adirondack Drill Team is back with horse shows and rides, Boy Scout Troop #13 will be running the Dunking Booth, and



photo by Jaime M. Lee

Mamie Mulder, Poultney Youth Flea Market.

there will be plenty of games, face-painting and balloon-art all day. The Magic shows will run from 2-3:00, and the local bluegrass band Gold Town will welcome the fireworks crowd starting at 6:00pm. Get jiggy with DJ John Saltis for the pre-fireworks dance party, grab your glow-necklaces from the Poultney High School Cheerleaders, and find your favorite spot on the field for the fantastic fireworks show at dusk.

Remember, take your time, be safe, and most of all have fun! And don't forget to say "hi" to the ladies and gentlemen with the donation buckets at the front gate; all proceeds go towards 4th of July 2012.

We'll see you here!

Killington Wine Festival Needs Volunteers!

The Tenth Annual Killington Wine Festival returns to Killington this year from Friday, July 22 through Sunday, July 24. As in past years, your help and support is needed to continue to make this annual event a success. The 2 large events requiring volunteers include the Estate Tasting on Friday July 22, and the Grand Tasting at 4,241 on Saturday July 23.

Volunteers are needed to help out with the following tasks:

- Friday July 22:
 - Event Set Up at the K1 Base Lodge for Saturdays Grand Tasting
 - Friday Evening, July 22, at Killington Grand Hotel:
 - Wine Representative Registration Desk
 - Estate Tasting Ticket Sales and Check In Desk
 - Saturday Early Morning 9-11am, July 23 at K1 Base Lodge:
 - Event Set Up

- Logistics support (moving wine cases, ice, dressing tables)
- Food Prep to assist with Food Court in tent at K1
- Gate Control - Sign in volunteers, staff and wine suppliers
- Saturday Mid Day 11am-3pm, July 23 at K1 Base Lodge:
 - Wine Table / Distributor helpers
 - General Purpose Volunteers/Runners
 - Food Prep to assist with Food Court at the Killington Peak
 - Gate Control/Ticket Sellers
- Saturday Late Day 1-5pm, July 23 at K1 Base Lodge:
 - Wine Table / Distributor helpers
 - General Purpose Volunteers/Runners
 - Gate Control - Control entry and exit points at tent at K1
 - Clean up/breakdown crew

To sign up to volunteer to work at the Killington Wine Festival, please call Jillian or Tracey at the Killington Chamber Office at 802-773-418, or Bill Vines at the Birch Ridge Inn at 802-422-4293. You can also email the Killington Chamber at info@killingtonchamber.com. Bill's email is wdvines@birchridge.com.

The Killington Wine Festival would not be possible without the ongoing support of the Killington community. Please consider volunteering some of your time to help make the 10th Annual Killington Wine Festival a success!

Thank You,

Bill Vines - Killington Chamber of Commerce Board of Directors, Killington Wine Festival

Battle

continued from page 18

for adults and free for children under 15. There will be plenty of nearby parking and a "people mover" from the parking area to the central location for those who wish to ride. The event is offered by a partnership of the Vermont Division for Historic Preservation, Living History Association, and the Hubbardton Historical Society with support from many other Hubbardton organizations and area Scouts and businesses.

The Hubbardton Historical Society will again have its food booth serving breakfast sandwiches, hotdogs, burgers and Italian sausage and pepper grinders, along with soft drinks, coffee, snacks, and more, at very reasonable prices.

The Hubbardton Battlefield State Historic Site is located on Monument Hill Road 6 miles off VT Route 30 in Hubbardton or 7 miles off exit 5 on US Route 4 in Castleton. Carefully follow the signs. The site is regularly open Thursdays through Sundays and Monday holidays through Oct. 10 from 9:30 a.m. to 5 p.m. For more information about the Battlefield or this event, call 802- 273-2282 or visit www.historicvermont.org/sites.

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Photo by Cassandra Hotaling

VSO Outdoor Summer Concerts

Enjoy music fit for a king...on a soft summer evening in Vermont! The Vermont Symphony Orchestra presents its popular TD Bank Summer Festival Tour in eight outdoor locations this summer with a program entitled "Symphony Royale," Anthony Princiotti conducting. From Friday, July 1 through Sunday, July 10, the Orchestra will perform in glorious mountain and lakeside settings across the state.

Handel's fireworks begin the program and live fireworks complete it, in this musical homage to royalty. The noble procession includes Scheherazade's Kalendar Prince, the King and Queen of Troy, and the King of Siam. In honor of Independence Day, the VSO celebrates our freedom from monarchical rule with America's own version of royalty, Duke Ellington! The performance is crowned, as always, by the majestic 1812 Overture and selections from Sousa, the March King. Concerts begin at 7:30 p.m. Venues open early for picnicking and concerts conclude with celebratory fireworks.

The local list of dates and venues includes:

Saturday, July 2, 7:30 p.m., Hildene Meadowlands, Manchester

Thursday, July 7, 7:30 p.m., Mountain Top Inn, Chittenden

Friday, July 8, 7:30 p.m., Quechee Polo Grounds, Quechee

Saturday, July 9, 7:30 p.m., Three Stallion Inn, Randolph

Gates at the various sites will open for picnicking between 5:00 and 5:30 p.m. depending on location. Tickets range from \$31-34 for adults; free to \$17 for children under age 12. Tickets purchased at the gate will be subject to a surcharge, so advance purchase is recommended. All sites are wheelchair accessible.

For nine consecutive years, TD Bank has kindly served as the title sponsor for the VSO's Summer Festival Tour.

For more information about the VSO TD Bank Summer Festival Tour, including a listing of local ticket outlets, or to order tickets, please visit www.vso.org or call (802) 863-5966.



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KICK OFF SUMMER WITH UNITED WAY DAY FRIDAY, JULY 1.

Enjoy an afternoon of FREE activities at the Pico Mountain Adventure Center, including the Alpine Slides, climbing wall, the Pico Power Jump and mini golf with a \$10 donation to the United Way of Rutland County. In addition, donate \$10 at Killington Resort and experience lift serviced hiking and mountain biking via the K-1 Express Gondola from noon to 5:00 p.m.

Also, Killington Resort and Pico Mountain will donate \$10 from every Adventure Center and mountain bike season pass purchased on Friday, July 1 to the United Way. Adventure Center season passes start at just \$79 and Killington mountain bike season passes are \$159 and include unlimited access to Killington's Kona "Groove Approved" Mountain Bike Park.

The Pico Mountain Adventure Center will be open daily from 10:00 a.m.-5:00 p.m. on weekends and 11:00 a.m.-5:00 p.m. on weekdays. Killington Resort will operate 10:00 a.m.-5:00 p.m. daily.



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Central Vermont's Premier Weekly Newspaper

June 30-July 6, 2011



New Summer Day Camp at Coolidge Site

For the first time, a weeklong summer day camp will be offered at the President Calvin Coolidge State Historic Site in Plymouth Notch, Vermont. Nine to twelve year olds are invited to spend the week of August 15 to 19 (9:00 to 2:00) going back in time in this historic village where Calvin Coolidge was born and grew up in the late 1800's and was sworn in as President in 1923. Campers will meet each day in the new Education Center and head out for fun and interesting experiences in the barns, the 1890 schoolhouse, cheese factory, museum, birthplace, home- stead, and church. We'll learn how

to sketch like an artist and ask questions like an historian as we explore the village, hills, fields and woods, play games and try out activities from young Calvin's time.

Registration is limited to twelve campers. Cost is \$150, with a few partial scholarships available. For further information and to register, contact education@calvin-coolidge.org or call 802-672-3389 ex. 5. This new camp opportunity is sponsored by the Coolidge Foundation with a grant, in part, from the Vermont Humanities Council. Camp information and registration form are also available on www.calvin-coolidge.org.

Town of Killington Select Board Meeting Highlights

by Kathleen Ramsay, Town Manager

Tuesday, June 21, 2011 - Assistance with Home Energy Audits and Improvements Available. Rich Dow of NeighborWorks of Western Vermont provided information about the Home Efficiency Assistance Team (HEAT) and invited the Town of Killington to participate in a county-wide energy competition, to see which town can achieve the greatest number of home energy improvements by May 2012. Rich said that the Home Efficiency Assistance Team has made every effort to make this home energy audit and improvement program as easy to use as possible by attempting to anticipate and address any barriers to participation. The home energy audit is \$100, there is low interest financing available for energy efficiency improvements through a grant received by NeighborWorks, and there are also incentives available from Efficiency Vermont. Every step of the process is coordinated by the Home Efficiency Assistance Team. Find out more about the program at by calling Rich at 802-438-2303, ext. 257.

Economic Development & Tourism Department Organizational Policy. The Board approved the revised organizational policy for the EDT. The approved policy is available on the Town's web site and the Board will advertise for applications from candidates to serve on the Commission. Applications are due by August 1, 2011.

Update on Zoning Revision Subcommittee. The subcommittee met on June 14 and drafts of proposed revisions to

the Planned Unit Development (PUD) regulations were prepared based on the subcommittee's input at the June 14th meeting for discussion at the next subcommittee meeting on July 1.

Mid-Month Golf Revenue Report. The Board and the public gave input on the presentation of golf revenue reports in order to make the reports a more useful tool.

Water System Feasibility Study. Engineers from Aldrich and Elliot and the hydrogeologist, Jeff Hoffer, are currently preparing information about the Water System Feasibility Study to post on the website before July 4th and are working on the interest survey to be sent out to property owners in the study area in July. The Town's consulting engineer for the project, Joe Duncan, suggests that the survey be sent out about one week before a public information meeting on the project. The public meeting will include a brief presentation by the engineers and a question and answer period. The Select-board will schedule the public meeting in late July or early August.

These Highlights are based on my observations of Select Board meetings. The Select Board Highlights are intended to be a short summary of Select Board meetings to help communicate matters pending before the Select Board in a timely way. The Select Board Highlights are not comprehensive minutes, and are not reviewed or endorsed by the Board before they are distributed. Highlights are available via e-newsletter as well: sign-up on the Town's website, www.killingtontown.com.

Town of Killington Unveils New Brand Identity and Initiatives

Street Pole Banners on Route 4 Corridor Introduce Revamped Logo

The Town of Killington has installed colorful new street pole banners to welcome travelers and promote a new municipal brand.

The banners, which are displayed along the Route 4/Route 100 access corridor in Killington, help establish a point of arrival for the resort community, and signal a broader re-branding of the entire community.

"These banners and the new design they display are the first of many steps we are taking to unify our Town's branding" says Seth Webb, Killington's Economic Development and Tourism Director. "We've elected to build on the equity of Killington Resort's strong brand for synergy, using similar colors and characteristics, but we've also made sure we create something that is uniquely distinct. We believe the new look will help tie us together visually as a community."

The town's rebranding initiative extends far beyond the new design that adorns the pole banners. Plans also include updated logos and signage for the various departments and frequented places within the town including the Library, Recreation and Parks Department, the Elementary School, the Chamber of Commerce, and the Discover Killington and Town's websites.

Jennifer Iannantuoni is the chair of the Killington Elementary School Board, and recently approved the school's name change from Sherburne Elementary to Killington Elementary. "We are very pleased to be onboard with the rebranding initiative. It makes great sense for the community as well as for our identity as the school."

The new logo design was developed after workshops with stakeholders in



town, meetings with groups and business leaders that interact and are major contributors to the region's economic development landscape. Place Creative of Winooski, Vermont has designed and executed the new brand, and the Killington Resort's logo and color scheme provided a starting point for the design process.

"We are very supportive of the EDT's efforts to rebrand the town," says Rob Megnin, Director of Marketing and Sales for the Killington Resort. "By working together on this exciting and important initiative, we'll help build a stronger community and project a more unified brand identity to our visitors."

For more news and information about the Town of Killington visit www.discoverkillington.com.

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Mt. Holly's Independence Day Parade July 2

Mt. Holly's Independence Day Parade will be on Saturday July 2nd, in Belmont, with parade line up at the corner of Dodge Road and Healdville Road starting at 10:30 am for parade participants and parade step off at 11:00 am. Join us at the Parade Viewing Stand. Following the Parade at the Odd Fellows Hall in Belmont will be The Flag Raising Ceremony with Parade Prize Awards at 11:30 am and a Chicken Barbeque with all the fixings with takeouts available until 1:30 pm. This even is sponsored by The Odd Fellows to benefit Alfred Crowley Kamp for Kids Program. Come and join us and take a chance on the Cow Flop "Raffle" from 11 am to 1pm.



MOUNTAIN MUSINGS

What's Happening In & Around Sherburne



By Debbie Burke

Killington July 4th Parade on River Road

The Killington Resort is holding its annual fundraiser for the United Way on Friday, July 1, 2011 at Pico Mountain Adventure Center. With a \$10 donation to United Way of Rutland County, you will be able to enjoy a full day of activities at the Pico Mountain Adventure Center including the alpine slides, climbing walls, Pico Power Jump, and mini golf. If you also donate \$10 at Killington Resort you can experience lift-served mountain biking and hiking by way of the K-1 Gondola from noon to 5 pm. Killington Resort and Pico Mountain will also donate \$10 from every Adventure and Mountain Bike season pass purchased by July 1 to United Way.

The Town of Killington celebrates it's 250th birthday with a huge party on the 4th of July in conjunction with the Killington Fire and Rescue Fireman's Picnic at the Johnson Recreation Center on River Road. The parade starts at 10 am at the Killington Events Hall on River Road, and proceeds down to the Town Hall and Recreation Center. The BBQ with a very nominal cost starts at 11:30 am and the pool and field games start at that time as well. The pool and recreation center is open free of charge...bring your swim suit, lawn chair, blanket and towel and stay for the whole day, which culminates at dusk with fireworks and band concert. Don't miss this great event in Killington!

On July 3 the Killington Music Festival begins it's Music in the Mountains series at the Ramshead Lodge, Killington Resort. For over twenty years internationally acclaimed musicians have been coming to our area to perform classical music. A nominal admission fee is charged. For more information call 802-773-4003.

The Killington Junior Golf Championship takes place at the Green Mountain National Golf Course from July 11 to July 14. This is a 54 hole national junior golf event featuring 144 of the best junior golfers and their families.

A shotgun practice round will be held on Monday, July 11 at 2 pm and the tournament rounds will be held on July 12, 13 and 14. An awards ceremony will be held on Thursday, July 14 at 6 pm at the tournament scoreboard. Spectators are welcome to attend and admission is free of charge. The American Junior Golf Association is a 501c3 non-profit organization dedicated to the overall growth and development of young men and women who aspire to earn college golf scholarships through competitive junior golf.

Woodstock's Brown Bag Concerts take place at noon from June 30 to August 18 on the Village Green in Woodstock, with rain location being in the Woodstock Town Hall Theatre. The Interplay Jazz All Stars, an improvisational jazz band, play on June 30. On July 7 Hey Mama with Avi and Celia sing and play washboard and guitars. On July 14 Mellow Yellow band plays a tribute to the 60's and 70's with truly authentic renditions of some of the greatest songs of those eras. On July 21 the Starline Rhythm Boys play classic country and honky tonk music with some rockabilly, boogie woogie, bluegrass, western swing and hillbilly blues. On July 28 Bread and Bones play original acoustic music and other tunes from American and British roots. The Kind Buds play a broad variety of music on August 4.

On July 2 Pomfret, VT's annual Strawberry Supper takes place, with seatings at 5 pm, 6 pm, 7 pm and 8 pm. For reservations and further information call 457-1014.

On July 16 the Annual St. James Fair takes place on The Green in Woodstock from 10 am to 3 pm rain or shine. Lunch is available for purchase. Don't miss this excellent fundraiser for the church!

The Market on the Green in Woodstock is now open on Wednesdays from 3pm to 6pm. There are 30 vendors selling a variety of locally grown vegetables, mushrooms, eggs, berries, meats, baked goods, jellies and jams, pickles, cheese and pasta and locally made crafts. Music will be played weekly for your enjoyment while you shop.

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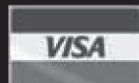


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Killington Remembered



Pico's alpine slide has always been a favorite attraction.

Come out on July 4th and celebrate the town of Killington's 250 birthday! You won't want to miss out on this exciting, once-in-a-lifetime event, featuring traditional activities, historical elements, an old-time photo booth & a 3-D birthday cake.

The day kicks off at 10 am with a parade down River Road, with floats, and even a horse-drawn wagon! This year will feature a design challenge, recognizing the best parade entries. For more information about

how to enter the challenge, contact suziedundas@killingtontown.com. Also featured in the parade will be the reunion of the Killington Tricycle Race, and an honoring of Killington families. Lineup is at 9:30 at the Killington Events Hall.

Following the parade, join in on the 250th ceremony featuring a reading of Killington's Charter by a 1700's-era town crier, and the presentation of a giant 3-D birthday cake that's sure to impress! Spend the day partaking in various activities including the library book sale, a historical display and photo collection, traditional games, and even an old-time photo booth with costumes and props of yesteryear.

A walk-through exhibit celebrating Killington's 250 years will be displayed in the library. Bring some photos, scrapbook clips or just handwritten memories to contribute to a blank display! The final product will be framed and displayed as part of a special history exhibit at the Killington Arts Guild. Contact Gail Weymouth at Gail@sherburnelibrary.org to drop off contributions in advance.

Find yourself or your friends in a large pile of old photos, clippings and memorabilia featuring photos like the ones below, and take them home with you!

Head to discoverkillington.com for more information.

TRIVIA

- Q-1. How big was Killington's population when the first U.S. Census was taken in 1790?
- Q-2. Who was the first town clerk?

A-1. 32 people
A-2. Albino Anthony

100 NORTH

NEWS FROM THE PITTSFIELD/STOCKBRIDGE VICINITY AND THE HINTERLANDS BEYOND



by Johnnie Goldfish

Parades, Pig Roasts, Lawnmower Races, Down and Dirty

Like most things in life, getting what you want, or doing something new, or being really honest with yourself, is typically very, very hard for first timers, but then it becomes patently, ridiculously, absurdly and preposterously easy for the rest of eternity. Do it right, nail it, whatever it takes, because easy is good and eternity is long. Dig, eternity is a long time.

The Granville Independence Day celebration and barbecue will be on Saturday, July 2. The Granville Volunteer Fire Department is looking for contestants to participate in lawn mower races in the evening on airport flat field next to Route 100 in Granville. The races will take place at 6 pm and 8 pm if there are enough entries. This is a stock mower/ non-modified event and drivers must be at least 18 years of age. For more information call Kevin Bagley at 767-3765 or 349-5128. Gentlemen start your engines, ladies, too!

The Park House in Rochester is celebrating their 20th birthday this summer with a variety of community events. Beginning with a public reception following the Fourth of July parade, then the annual yard sale when the board will launch its campaign for the 20th anniversary celebration by selling t-shirts and tickets to the golf tournament on August 5, followed by a pig roast. Reserve your spot.

Riddle: When is a day longer than a year? Answer below.

Ms. Lindsay Wheeler of the Stockbridge Central School is moving on to a new teaching adventure and she will be missed in and around Stockbridge. In parting, Ms. Wheeler would like to remind all campers to bring water and sunscreen, arrive promptly by 9 am and be picked up at 3 pm. No children can be left unattended. Dress for rain or shine, bring a bag lunch, and think healthy. Ms. Wheeler says thank you parents for everything you do and wants you to know how much she appreciates it.

The Pittsfield Farmer's Market is in full swing on the Pittsfield Village Green on Route 100 every Friday from 3 to 6 pm. You will find fresh produce, garden starters and local eggs fresh from the henhouse. You can purchase meats including chicken, beef, pork, lamb and goat to go

with your Plymouth artisan cheese. Maple syrup, honey, cold drinks, hand made crafts are all there for you. Listen to live music while you relax in the dollar-a-minute chair massage. New vendors are always welcome to this expanding no fee gathering of friendly local folk. For more information call 746-8082 and buy local.

The Rochester Recreation Committee presents its annual summer concert series on the park in Rochester village on Sunday evenings at 6:30 pm. On July 3 Bearquarium is featured with their mix of Afro funk, Latin rhythms, blues, rock and just a lil' bit o' soul, all very danceable. The Rochester Recreation Committee encourages you to bring your dancing shoes, a lawn chair or blanket, and a picnic basket packed with your favorites.

The Rochester Public Library is featuring a special display on books donated on the Middle East from the personal collection of Ken Landis of Granville. There are news summer hours at the library: Mondays, Wednesdays, Fridays and Saturdays from 9 am to 1 pm; and Tuesdays and Thursdays from 12:30 to 7 pm. Stop by the library and pick up a calendar of events.

Friday, July 1st, The Quin-town Center for Senior Citizens will be holding a bake sale at The Hardware Store in Rochester from 10am until 4pm. Besides the delicious home baked goodies, the bake sale will also include some Chinese Auction items. Among the items will be a ½ gallon of Maple Syrup, a special birthday cake made for you, and a dinner for four delivered to your door. Proceeds from the sale will benefit The Quin-town Center. So come early and stock up on some goodies for your Fourth of July celebration and take a chance on a special prize!

The Stockbridge Yacht Club, sometimes referred to as White River Tubing, is moving you and family all over the river in their tube. For Fred and Anne this is a labor of love and their motto is Yachting is a state of mind. For reservations or river conditions in the Tubing Capital of Vermont on Route 100 just 10 miles north of Route 4, please call 746-8106. Footwear is recommended and a shuttle is provided.

Riddle Answer: On the planet Mercury a day is twice as long as a year, because Mercury rotates very slowly but travels around the sun quickly, actually less than 88 earth days.

Thought for the Week: "Think of all the beauty still left around you and be happy." – Anne Frank, (From Dairy of a Young Girl, 1929-1945).

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CVPS Board Authorizes Discussions With Gaz Metro

Central Vermont Public Service (NYSE: CV) today announced that the CVPS Board of Directors has authorized discussions with Gaz Métro Limited Partnership regarding Gaz Metro's unsolicited acquisition proposal.

On May 30, 2011, CVPS announced that it had entered into a definitive agreement with Fortis Inc. (TSX: FTS) providing for the acquisition of all of the outstanding common shares of CVPS by Fortis for \$35.10 per share in cash, including approximately \$230 million in debt, for an aggregate purchase price of approximately \$700 million. CVPS continues to be bound by the terms of that agreement.

On June 23, 2011, Gaz Metro made an unsolicited proposal to acquire all CVPS outstanding common shares for \$35.25 per share in cash. In reviewing that proposal, the CVPS Board determined, in good faith and after consultation with its financial advisors and outside legal counsel, that the Gaz Metro proposal is reasonably likely to lead to a superior proposal. As provided for under the merger agreement with Fortis, the CVPS Board has therefore authorized CVPS and its advisors to furnish information to and enter into discussions with Gaz Metro and its representatives.

There can be no assurances as to the outcome of any discussions with Gaz Metro, and CVPS will not provide any further updates on discussions with either Gaz Metro or Fortis until such time as the CVPS Board has made a final determination with respect to the Gaz Metro proposal.

CVPS's financial advisor is Lazard, and its legal advisors are Loeb & Loeb LLP and Sidley Austin LLP.

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TOWN OF KILLINGTON WARNING Special Town Meeting

Killington Elementary School

Monday, August 1, 2011 • 6:00 p.m.

The legal voters of the Town of Killington, in the County of Rutland, the State of Vermont are hereby warned and notified to meet at the Killington Elementary School Gymnasium on Monday, August 1st, 2011 at six (6:00) in the afternoon (p.m.) to act on the following articles:

ARTICLE 1.

Shall the Town of Killington adopt its budget article or articles by Australian ballot?

ARTICLE 2.

Shall the Town of Killington vote on all public questions by Australian ballot?

ARTICLE 3.

Shall the Town of Killington elect officers by Australian ballot?

Adopted and approved at a regular meeting of the Select Board of the Town of Killington duly called, noticed and held on Monday June 6, 2011.

J. Christopher Bianchi
Jim Haff
Bernard Rome
KILLINGTON SELECT BOARD

All articles on the Warning for the August 1, 2011 Special Town Meeting will be voted from the floor: registered voters must be present at the meeting to vote. The deadline for voter registration is Wednesday, July 27 at 5 p.m.

Killington Arts Guild

by Betty Little

July 9-10 is a big weekend for the Killington Arts Guild. On Saturday, the Art show "250 Years-People and Mountains" opens with a reception from 3-6 PM at the gallery at Cabin Fever Gifts on Route 4 opposite the Killington Access Road. On Sunday, Yvonne Daley will talk about her new book at the Killington Dream Lodge of Jill Dye from 7-9 PM followed by an ice cream social. Everyone is invited to both events.

The Gallery show includes many new pieces: Peter Gould's picture of the Killington Range painted on barn board, John Brennan's photograph of early snow and autumn trees, Karen Gouchberg's water colors and oil pieces, Alice Sciore's sketches of Killington personalities from years past and Betty A. Little's and Patsy Zedar's photo-poster with poetry "Sherburne-Postcard #3." The show will run until August 30th. We hope to see you at the reception.

On July 10 at 7 P.M., Vermont author Yvonne Daley reads from "Octavia Boulevard," her hot-off-the-press book about her bi-coastal life in San Francisco and Vermont with a cast of characters too amazing to be believed, but true! The reading is sponsored by the Killington Arts Guild at the Killington Dream Ski Lodge of

Jill Dye and Duane Finger. Yvonne Daley, director of the Green Mountain Writers' Conference, professor at San Francisco State University, is the author of "Vermont Writers: A State of Mind" and thousands of journalist articles. Coffee and ice cream with Jill's mother's famous Ooh-la-la hot fudge sauce will be served. Location: Across from Casey's Caboose on the Killington Access Road, take Dean Hill Rd. to 2nd right onto McClallen Drive, 5th house on the right. RSVP to (802) 422-3616.

Alice Sciore is working with the 250 Anniversary group organized by Suzie Dundas, of the Killington EDT. Alice is putting together panels of her own work and of others for the historic display at the Sherburne Memorial Library. The display includes Alice's sketches from Town Meeting 1973 of well know people from town; A portrait and story of Hazel Johnson Town Clerk (1958 - 67) and Hazel's half brother Archie Baker, Alice's poster for the Andrea Mead film, caricatures of ski instructors and Alice's home circa '45. The exhibit will open on July 4th as part of the celebration.

For KAG information call 802-422-3852 or visit www.killingtonartsguild.org. To contribute to this column contact vtkag@aol.com

What's Happening at The Sherburne Library?

July 2011 - The Town of Killington turns 250 years old this July, and will be celebrating its birthday on the 4th of July with parades, picnics and fireworks. The library will host our annual 4th of July book sale as well as a historical displays and photo collection.

The library will be closed on Saturday July 2, 2011 so that we can set up for the town's 250th Anniversary celebration. The library will be open on Monday July 4th for our annual book sale and for viewing Killington's 250th Anniversary displays only. We will return to our regular hours on Tuesday July 5, 2011.

Regularly Scheduled Events:

- Toddler Story Time: Children age 3 and under. Wednesdays at 10:30AM

- Summer Movie Matinee: Tuesdays at 2PM. Bring your popcorn! July Line-up:

July 5: Eat Pray Love; July 12: Inception; July 19: Stand By Me; July 26: Lost in America

New Events For This Month:

- Book Club: July 13, 4PM, "In a Sunburned Country" by Bill Bryson

- Summer Reading Program: June 29 - August 17, "One World, Many Stories." Explore 7 Continents this summer. Wednesdays at 1PM. Ages 4 and up.

- Summer Concert Series: 6PM Thursdays. The Kil-

lington Parks & Recreation Department, Sherburne Memorial Library, the Friends of the Library and the town's EDT bring you "It's Cooler In The Mountains" free summer concert series. We encourage people to bring their own lawn chair or blanket to sit and enjoy the music! Line-up:

July 14: Dan Walker Trio - Americana/Roots music

July 21: African Rhythms & World Music - Drumming/World music

July 28: Folk by Association - Bluegrass/Folk

- Adult Summer Reading Program: 2PM Mondays. The topic this summer is Civil Discourse. July 11: FDR Coup. July 18: Four Seasons Lodge. July 25: Tuskegee Experiments.

- Bone Builders: Mondays and Fridays at 9:00AM in the Library Meeting Room.

- Arts Poetica Poetry Readings: 4th Wednesdays, from 6-8PM.

- Painting Workshops: Tuesdays, 10AM - 12PM, hosted by Ann Wallen. Please enter through the Meeting Room door.

The Sherburne Library is located at 2998 River Road in Killington. Hours are Mon & Fri: 10-5:30; Tues & Thurs: 1-5:30; Wed: 10-8; Sat: 9-1. Call them at 802-422-9765 or visit the website at www.sherburnelibrary.org.



Thank You to the Killington Community

Our home in Killington was totally destroyed in a fire on February 9th, 2011.

We would like to thank the Killington Pico Ski Resort, Chris Nyberg, Killington Staff, Owners on the Killington Rental Program, the students and faculty of the Sherburne Elementary School and members of the Killington Community, for their generosity and assistance in dealing with this tragic situation.

We truly appreciate the valiant efforts of the Killington

Fire Department and all the other Fire Departments that assisted in trying to save our home. They should all be commended for doing their very best under very difficult circumstances.

A special thank you to Barb Wood and Susan Holt of the Killington Resort Owner Services Department in arranging all the details of the Fund Raiser sponsored by the Killington Resort at the Wobbly Barn. Our heartfelt thanks to everyone that attended and to all the Killington and Rutland Businesses that donated door prizes. Your kindness and generosity has made it easier for us to get our lives back to normal.

Thank you so very much,
Angela Boisvert
Marc Himmelblau
Michael Boisvert

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Proctor Place

by Stacy Bates

Rangers Advance in Tournament

The Proctor Rangers won their first round tournament game Monday night 11-3 against the Killington Rams. Proctor got the bats going early with Derek Almond leading off the bottom of the first with a hard hit line drive up right center. Zach Bates also hit a line drive up the middle that got past the center fielder giving Almond the chance to score. M.J. Denis singled as well but Proctor left 2 men on unable to score them. Zachary Bates was the starting pitcher keeping Killington scoreless through 3 innings only allowing 2 hits and striking out 6. Derek Almond once again reached on a line drive single in the bottom of the second and by the time number 3 hitter Zach Bates came to the plate the bases were loaded. Bates hit a double to right center allowing 2 runs to cross the plate. Andre Greb hit a high flying ball to right center and drove home Bates to bring the score to 6-0. In the third the Rangers scored another 3 runs off hits by Bates and Denis. Killington got on the score board in the top of the fourth with 3 runs off a couple of hits and good base running. But Proctor came back with 2 more scores in the fourth off another single by Almond giving the Rangers a 11-3 lead which became the final score. M.J. Denis and Joe Parker came in to relieve Bates on the mound. Almond went 3-3, 3 singles; Bates went 3-3, 1 single and 2 doubles, Denis was 2-4, 2 singles, and Andre Greb went 1-4 with a double. They will play their second round game Wednesday night.



Zack Jalbert

June 14, 2011 were available for viewing, here are some of the highlights. The Fire Department received 50/50 matching grant for purchase of new response equipment. Also the Public Service Board has issued an order approving the VMPD-CVPS purchase and sale transaction, including the rate relief for Proctor residential electric utility customers and the reimbursement of the Town's legal expenses up to \$11,000. While discussing the highway department Lloyd Hughes made the motion to investigate contracting with Rutland County Corrections Department for short-term mowing due to staffing limitations in the Highway Department. The motion was seconded by Vincent Gatti and approved by a majority. The Selectboard received a copy of the letter of intent filed by Susan Feenick for a Transportation Enhancement grant to rehabilitate and refurbish the marble stairs and stone wall which leads to the Proctor Town Office. A ramp will need to be engineered and constructed in order to allow for persons

with disabilities to access this historic structure and scenic area which overlooks the town green. Lloyd Hughes agreed to attend the mandatory grant workshop in June. While discussing additional items later in the meeting the Selectboard agreed to issue a job announcement for a permanent, part-time operator and assistant at the Proctor Transfer Station. Also Lloyd Hughes made the motion to concur with the Rutland Regional Planning Commission's recommendation to re-categorize the access management category for VT Route 3 from the Rutland Town/Proctor town line to old VT Route 3 from a 4 to a 3. The motion was seconded by Vincent Gatti and approved by a majority.

Second Annual Strawberry Shortcake Social July 3

The 2nd Annual Strawberry Shortcake Social on The Green in East Poultnery will be held on Sunday, July 3rd starting at 6:00 p.m.

Sponsored by the Poultnery Area Chamber of Commerce and the Horace Greeley Foundation, the Town Band will be providing special music and a guest appearance and song by Horace Greeley will take place in celebration of Greeley's 200th anniversary!

Strawberry Shortcake for children will be \$3.00 and \$5.00 for adults. Also on sale will be Greeley T-shirts.

Bring your chairs and have a wonderful time at this historic celebration. For more information, contact Chairman Linda Knowlton (802) 287-2577.

Sherburne Friends of the Library 4th of July Book Sale

The Sherburne Friends of the Library is holding their annual Book Sale at the Sherburne Library on River Road, Killington from 9:00 am - 2:00 pm on Monday, July 4, 2011. There will be 2 floors of hardcover, paperback and children's used books. There will also be DVDs, large print, unique collections and more. Everything is priced at \$.50 and \$1.00.

This book sale is the largest fundraiser for the Sherburne Friends of the Library. Proceeds from this event go towards the children's summer reading programs at the Sherburne Library, the weekly summer concert series held in conjunction with the Killington Recreation Department and to special events put on by the Sherburne Friends of the Library.

Anyone looking to volunteer at the Book Sale (and thus get first viewing of the books), or for more information, contact Sarah Rasmussen at 802-236-1988.

We welcome your Letters to Editor.

Please limit to 300 words or less.

Longer letters may be submitted for a per column inch charge.

Submit to: editor@mountaintimes.info

All letters are printed at the Editor's discretion.

Vermont Judiciary Offers Online Jury Service

Vermonters may now complete juror questionnaires online. The new state court jury system uses technology to improve service and enhance court efficiency.

Previously, prospective jurors were required to complete paper questionnaires, which could be hand-delivered or mailed to court. Beginning June 14, 2011, prospective jurors have the option of saving postage and completing questionnaires online. Anyone without internet access will still be able to complete the questionnaire on paper.

"The Judiciary's intent is to provide Vermonters the level of service they've come to expect with available technology," according to Michael Pratt who oversees the Judiciary's technology initiatives. Pratt notes that "many people go online to shop, do their banking, and file tax returns. The Judiciary wants to provide comparable services for people interacting with the courts."

The Judiciary is in the midst of a multi-year technology

overhaul. E-filing for civil cases in Rutland and Windor Counties began last October. The new online jury service marks another significant milestone. By 2013, the Judiciary will begin replacing its court case management systems. The end vision is a Judiciary that makes full use of e-filing and other modern technologies.

Rutland County Solid Waste District Household Hazardous Waste Rural Collection Schedule

Date	Place	Time
7/9	Brandon	8:00AM-11:00AM
	Pittsford	12:00PM-3:00PM
7/16	Middletown Springs	8:00AM-10:00AM
	Poultnery	11:00AM-2:00PM
8/6	Gleason Road HHW Depot	7:00AM-3:00PM
8/20	Danby/Mt. Tabor	8:00AM-10:00AM
	Wells	11:30AM-2:00PM
8/27	West Rutland	8:00AM-11:00AM
	Proctor	12:00PM-3:00PM
9/3	Gleason Road HHW Depot	7:00AM-3:00PM
9/10	Castleton	8:00AM-11:30AM
	Poultnery	12:30PM-3:30PM
9/17	Tinmouth	8:00AM-9:30AM
	Benson	11:00AM-12:30PM
	Sudbury	1:30PM-3:00PM
9/24	Wallingford	8:00AM-10:30AM
	Clarendon	11:00AM-1:00PM

For more information residents can contact **John Wasilewski at 770-1333.** Or check our website at www.rcswd.com



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COMMUNITY CALENDAR

June 30 - Woodstock. Hand in Hand community meal, Thurs., 5-7pm. This Week: Independence Day. Social Hall, N. Unitarian Chapel Society. All welcome, donations accepted. 457-9272.

July 1 - Poultney. VT Flood Disaster Day, Town Wide Bake Sale. 9-4. William's True Value Hardware hosts event.

July 1 - Rochester. Quin-town Center bake sale at Rochester Hardware Store, 10-4. Baked goods, chinese auction items.

July 2 - Pawlet. Roast Pork Dinner at Pawlet Community Church. 5pm. Adults \$10, age 12 \$6, 5 & under free. Take outs on that day, 325-3022. Info, 325-3428.

July 4 - Poultney. Poultney Methodist Men's Club hosts all you can eat pancake breakfast at Methodist Church, 8-10:30am. \$6, age 12+. \$4 under 12. All welcome! Pancakes, VT Maple Syrup, bacon or sausage & bevs.

July 22 - Rutland. Annual Rutland County Senior Picnic, 10-2, Rutland Fairgrounds. Hosted by Meals on Wheels Program. Food, entertainment, senior safety demos. Carpooling encouraged. Details & rsvp, 786-5991.

Ongoing

Mons. - Rutland. Rutland Kiwanis Club meets at South Station Restaurant 6:30pm. All welcome. 773-6251.

Mon.-Sat. - Wallingford, Hands for Hope Thrift Store open, 9am-6pm Mon-Fri & Sats, 9am-2pm.

Mons. & Weds. - Brandon. Meals-On-Wheels delivered to Brandon Senior Citizen Center, except holidays. \$3. Age 55+. 247-3121 to sign up or come by.

Tues. - W. Bridgewater. Blanche & Bill's hosts Aunt Francie's Southern Kitchen community dinner each week, 5:30pm till food runs out. \$12.50/ person, family style.

Tues. - Brandon. Lions meet at Brandon Senior Center, 7pm. 1st & 3rd Tues. of the month.

Weds. - Brandon. Cub Scouts - Wolf Den 123 meet at Brandon Senior Center, 3-4pm.

Thurs. - Hubbardton. Hubbardton Senior Connection program lunch every 1st & 3rd Thursday of the month, at Hubbardton Town Hall, 12:00 noon. All welcome. \$3.25/ seniors, \$4.25 anyone else.

Thurs. - Rutland. Vt Christian Riders from Motorcyclists for Jesus Ministries meeting 3rd Thurs. of month, Denny's Restaurant. 6pm. 483-2540 or Email Bikingforj@Msn.Com.

Thurs. - Danby. Christian Reading Room @ Danby Congregational Church parsonage open Thurs., 4:30-7pm. Check out, reference or personal study books & computer reference material. 770-2976.

Thurs. - Rochester. Acapella singing group meets Thurs., 5-6pm, Federated Church of Rochester. Practice spiritual music to sing to ill folk. Come & sing! 767-3012.

Thurs. - Rochester. Green Mountain Interfaith Group sponsors Spiritual Cinema Circle 2nd & 4th Thurs., 7-8:30pm, Park House. 767-4905.

Fris. - Rochester. 1st & last Fris. of month, Rochester Federated Church invites parents & kids for Play Group. Birth - 2 yrs. 10:30am-noon, nursery rm. above Fellowship Hall.

Killington - Saturday Worship, Roman Catholic Mass, 4pm. Our Lady of the Mountains. 457-2322, call for Holy Day schedules.

Killington - Sunday Worship, 9:30am, Church of Our Saviour (Episcopal). Small, welcoming, inclusive. 422-9064.

Killington - Sunday Protestant Service, 9am, Sherburne United Church of Christ, Rt. 4. All Welcome. 422-9440.

Mendon - Community Church, (50 Rte 4 East) Communion 1st Sunday of each month; Sunday worship 9:30am; Children's church 9:45am; Fellowship 10:30am; Adult study time 11am. Rev. Ronald Sherwin, 459-2070.

Pittsfield - Sunday Worship, 9am. Pittsfield Federated Church. Rt. 100 N. Communion Service 1st Sun. each month. Bible Study Weds. Eves 7pm. Rev. Dr. Howard Gunter, Pastor. 746-8698.

Chittenden - Sunday Worship, 11am. United Methodist Church of the Wildwood. Open hearts, open minds, open doors. Rev. Shirley Oskamp. 483-2909.

Rutland - Unitarian Universalist Church, 117 West Street, Rutland, VT. 802-775-0850. Rev. Erica Baron. No service July 3 - summer services begin July 10, 9:30am, thru Aug. 28. No summer child care or Religious Education.

Rutland - Sunday Service, children & adult religious instruction 9:30am. Sat., 5:30pm worship. Good Shepherd Lutheran Church. 773-9659.

Rutland - Weekend Catholic Mass, Christ the King, Sat. 5:15pm, Sun. 7:30, 9:30, 11am. Immaculate Heart of Mary, Sat. 4:30pm, Sun. 8am, 10:15am. St. Peter, Sat. 5:15pm, Sun. 8:30, 10:30am.

Rutland - Sunday Worship Services, 10:30am, First Baptist Church of Rutland City. Sunday School Classes, 9am for all ages. 773-8010.

Rutland - All Saints' Anglican Church welcomes new members. Services at Messiah Lutheran Church Suns., 4pm & Thurs. 8:55am & most holy days.

Brandon - Sunday Services: 10am, Adult Bible Study, 5+ Sunday School, Nursery. 11am, Worship service. Wed. Services: 6:30pm, Adult Prayer & Bible Study, Youth Groups 5+. Brandon Baptist Church. 247-6770.

Rochester - Federated Church of Rochester invites everyone to Bible Study Tues., 10:30am in French Rm. & 6pm Weds. at parsonage & Thurs., 7pm at Mather's on Kirby Dr. 767-3012.

Fair Haven - Our Lady of Seven Dolours Mass Times: Saturday 4:30pm. Sunday 9am.

SADD's "Click It (No Ticket)" Safety Belt Survey

Members of Stafford Technical Center's SADD (Students Against Destructive Decisions) Chapter recently did a survey of vehicles entering Rutland High School and Stafford Technical Center in the morning, from 7AM to 9AM. SADD has its focus promoting healthy lifestyle choices, including highway safety issues, including the wearing of safety belts. During the that these two hours, a total of 791 people were surveyed as either drivers of or passengers of vehicles, and were a mixture of adults, high school students and younger children being transported.

Overall, the SADD members found that 94% of the passengers and drivers were wearing safety belts. This is a significant improvement over prior years and is better than the rate of safety belt usage for the state as a whole. Males in the survey had almost three times as high rate of non-usage of safety belts (9.8%) than females (3.5%).

The students also found that there was a real difference in the rates of safety belt usage depending on what type of vehicle they were in. They vehicles were classified by type as being a car, a truck, a van or a SUV. While there was some confusion of how to classify some types of vehicles like crossover vehicles, it was clear that both passengers and drivers of trucks had a combined non-usage rate about double that of any other type of vehicle. If this observation holds true for the state as a whole, we should be targeting public service announcements aimed at increasing safety belt usage towards truck owners.

Students who volunteered their time to participate in the safety belt survey included Poultney High School juniors Ginger Vaughn, Nicole Bogucki, and Kimberley Rupe and Emily Fredette, a senior from Fair Haven Union High School. The Stafford Technical Center SADD Advisor is John D'Esposito.



Young Wildlife Belongs in the Wild

courtesy VT Fish & Wildlife Dept.

We all enjoy watching wildlife, especially at this time of year when young animals are appearing. But, the temptation to pick up young wildlife that seem to be abandoned can do more harm than good, according to the Vermont Fish and Wildlife Department.

People often mistakenly assume that young animals they see alone are helpless, lost or in trouble and need rescuing. Taking young wildlife from the wild into a human environment is not a good idea, and is against the law. The results are often permanent separation from their mother and almost always a sad ending for the animal.

Handling wildlife also involves threats to the people involved. Diseases as well as angry mothers can pose significant dangers.

Understanding the behavior of animals in the spring and early summer can help people resist the urge to assist wildlife in ways that may do more harm than good.

-Deer and moose nurse their young at different times during the day, and their young are often left alone for long periods of time. These animals are not lost. Their mother knows where they are and will return.

-Young birds on the ground may have left their nest, but their parents will still feed them.

-Young animals such as fox and raccoon will often follow their parents. The family of a "wandering" animal searching for food is usually nearby but just out of sight to a person happening upon it.

-Animals that act sick can carry rabies, parasites or other harmful diseases. Do not handle them. Healthy-



looking raccoons, foxes, skunks, and bats also may also be carriers of the deadly rabies virus even though they do not show symptoms.

-Obey signs that restrict access to wildlife nesting areas, including hiking trails that may be temporarily closed. Many wildlife species will not feed or care for their young when people are close.

-Keep domestic pets indoors, leashed or fenced in. Dogs and cats kill many baby animals each year.

-Avoid projects that remove trees, shrubs and dead snags that contain bird and other nests during the spring and summer.

For information about rabies and nuisance wildlife, call the Vermont Rabies Hotline at 1-800-472-2437. If bitten or in direct contact with a raccoon, fox, skunk, or bat, or a domestic animal that has been in contact with one of these species, call the Vermont Department of Health at 1-800-640-4374.

For the safety of all wildlife taking a wild animal into captivity is illegal. If you find an orphaned animal, however, you can contact the nearest rehabilitator specializing in the species you've found. Contact the Vermont Fish and Wildlife Department at 1-802-241-3700 if you have any questions.

STOP THE VIOLENCE.

If you have a problem with domestic violence, sexual violence or child abuse you can get help! These organizations offer FREE and CONFIDENTIAL assistance 24 hours a day, EVERY day. You don't need to suffer alone. Ask for help!

LOCAL HELP

The Rutland County Women's Network and Shelter is dedicated to assisting survivors of domestic and sexual violence.

www.rcws.org
24-hour hotline : 802-775-3232
Free & Confidential

STATEWIDE HELP

The Vermont Network Against Domestic and Sexual Violence is committed to eradicating domestic and sexual violence through advocacy, empowerment and social change.

www.vtnetwork.com
24-hour Hotlines
Domestic Violence: 1-800-228-7395
Sexual Violence: 1-800-489-7273

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Congratulations MSJ Students!

High Honors:

Grade 9 - Gwenyth Breslen, Grace Giancola, Collin Gilbert, Joshua Pellerin-Fales,
David Perry, Maggie Sanborn, Claire Schmelzenbach, Emmalee Smith
Grade 10 - Leonard Bartenstein, Jessica Brusio, Abigail Harvey, Shea McGee,
Gregory Mercier, Phuong Lillen Nguyen, Matthew Sanborn, Manuel Vonau, Qiuyi Yao
Grade 11 - Nathaniel Bauman, Adam DeBlasio, Kaitlyn Gawet, William Gilbert, IV, Kelsey Gordon, Regan

Guyette, Natalie Hajj, James Loveland, Mara Scaralia
Grade 12 - Marla Bastien, Andrea Bizon, Sara Denis, JiSoo Yoo

Honors:

Grade 9 - Garth Babb
Grade 10 - David Anderson, Megan Blais, Jingze He, Abigail Miglorie, Michael Robertello
Grade 11 - Anthony Altobell
Grade 12 - Ashley Bathalon, Christie Ojala, John Riker, Katelyn Robertello, Colleen Shouldice

Students Named to UVM Dean's List

Bomoseen - Matthew R. Brown
Brandon - Matthew E. Clayton; Kalle J. Fjel; Joanna M. Flynn; Gena S. Zollman
Castleton - Emily A. Rampone
Cuttingsville - Jacob W. Cornell
East Wallingford - Melissa L. Goraj
Mendon - Corey A. Gibeault; Joseph C. Rodolfy
North Chittenden - Amy E. Smith
North Clarendon - Catherine L. Fenner
Pawlet - Anders P. Albertsson

Pittsford - Mary A. Gaudreau; Jack L. Markoski
Poultney - Kayla M. Bourn; Daniel M. Devlin
Proctor - Kelsey C. McCormack
Rutland - Kristina A. Charnock; Nicole R. Couchman; Eric N. Denardo; Amanda M. Forbes; Catherine L. Hayes; David W. Hinckley Jr.; Taylor G. Jepson; Elizabeth A. Kirby; Hannah M. Loso; Hillary A. Pellerin; Shannon L. Switzer
Shrewsbury - Jessica R. Bulloc
Wallingford - Joseph D. Romano

Student News

— Melissa R. Weber of West Rutland, VT received a Master of Occupational Therapy during the 2011 Graduate Commencement at Quinnipiac University on May 15.
— Diane Northrop of Rutland has earned a Bachelor of Arts in Liberal Studies from Union Institute & University.
— Colin Hagenbarth of Killington, Vermont, a member of the class of 2014 at Washington and Lee University, has earned dean's list status for the recently ended winter term.
— Katelyn M. Edson of Rutland, VT, has received a Bachelor of Arts in public relations from Quinnipiac University.
— Ellina Heitkamp, a resident of Orwell, VT, received a bachelor's degree in elementary/special education from Providence College.
— Keene State College has released the Dean's List for the spring semester 2011. Among them are: Erin Elizabeth O'Neill of Rutland, VT; Catie Lynn Salebra of Rutland, VT; Derek S Temple of Rutland, VT; Elizabeth Leigh Fitz-Gerald of Wallingford, VT; Michelle Elizabeth Lefebvre of Brandon, VT; Tyler Sargent Condit of Castleton, VT; Benjamin David Hon of Castleton, VT; Michelle Ann Partridge of Orwell, VT; Nathan Patrick Loomis of Poultney, VT.
— Lori M. Allaire of Rutland, VT, graduated with a Juris Doctor degree from Western New England College.
— Bowman Potter, a resident of West Rutland, received a Bachelor of Science degree majoring in Chemistry from Union College.
— Beloit College has announced that Molly S. Steigerwald of Rutland, VT has achieved academic distinction during the Spring term of the academic year and has been named to the Dean's List.
— Nazareth College Announces that Alison Festa of Poultney has been named to the Spring 2011 Dean's List.
— Kyle Eugene Gray of Dorset has received a Bachelor of Arts Degree from Drew University. In addition, Erik Daniel Gray of Dorset and Eliza Louise Mauhs-Pugh of Poultney were named to the Dean's List there.
— Seven students received Stafford Technical Center, Presidential Volunteer Service Awards. Bronze level awards were won by Amanda Hill a junior from Rutland High School and Kim Rupe, a junior from Poultney High School. The silver award went to Yulia Smith a student from Rutland High School. The gold level award winners were James Reed and Cierra Phelps, both of Mill River Union High.
— Caitlin Bliss, a senior at Rutland High School, has just been awarded \$5,000 as part of the Hood Good Sport Scholarship Program. Hood has awarded scholarships to varsity athletes who demonstrate good sportsmanship on and off the field, as well as excel in academics and are an involved community member.
— Blay Bradley of Woodstock, Brendan Collins of Rutland and Jessica Lewis of Rutland were awarded bachelor of arts degrees from Connecticut College.

— Michael Forte of Rutland graduated from Georgetown College, earning a BS.
— Nicholas Corey, a political science major from Danby, Vt. was named to the Dean's List at Chestnut Hill College for the Spring 2011 semester.
— The following local students were awarded a degree at St. Lawrence University' Commencement Ceremony: Alexander S. Daly, of Woodstock; Jack W. Gilbert, of Woodstock; Jillian S. Reich, of Mendon; Heidi L. Robbins, of Mendon; Samantha J. Murray, of Castleton.
— The following local residents were named to the Spring 2011 Dean's List at Saint Michael's College: Eda LaPlaca, of Rutland; David Mitiguy, of Rutland; Jillian Mulcahy, Brandon; Amanda Sanderson, of Brandon; Ryan Stanley, of Brandon; Megan Irons, of Fair Haven; Travis Orr, of Orwell; Heather Gorton, of Rochester; Jordan Graves, of Wallingford; David Mitiguy, of West Rutland.
— Marissa C. Serafino, of Rutland, was named to the Dean's List at Saint Anselm College for Spring 2011.
— Bradley T. Opsahl and Christian Spalding of Rutland, VT, were inducted into University of Vermont's Alpha Alpha Psi chapter of Phi Alpha Theta - National History Honor Society, in April.
— The following area residents attained membership to the Curry College Dean's List for the Spring 2011 term: Tyler Dulmage of Woodstock; Michelle Read of Manchester Center; Brittney Accavallo of Rutland; Sara Alexander of Rutland; Lee Bizon of Brandon.
— Cazenovia College honored its 186th graduating class on Saturday, May 14. Among the graduates were: Gareth S. Fabian, of Randolph, Vt. and Marissa Grabowski, of Castleton, Vt.
— Christine Blust, of Poultney, graduated from Lawrence University, Appleton, Wis., earning a bachelor of arts cum laude, and majoring in theatre arts.
— Brendan M. Golubjatnikov, of Rutland, graduated with a Bachelor of Arts in Geography from Clark University.
— The following area residents were named to the deans list for the Spring 2011 semester at Quinnipiac University: Hannah Leech of Dorset and Rachel Conboy of Rutland.
— Mary Beth Franzoni of Rutland has earned an Associate in Science in Nursing from Excelsior College.
— Charles Gottlieb of Rutland earned a Juris Doctor degree from Albany Law School.
— Dominic Doenges of Mendon has earned a B.S. in Business Administration from Merrimack College.



ARIES: March 21 – April 20: You can steer things in any direction you want, as long as you remember to keep your will subject to that which is in your highest good. It would be stupid to get too intense and it will do you no good to try to make anyone see things your way if their eyes aren't ready for it yet. Hold steady and expect that there will be enough chaos to demand it. Stay in touch with your motives. If at any time there is a need to tap into a trusted friend or advisor from the past, don't hesitate to seek them out; they have information and support that will definitely help your cause.

TAURUS: April 21 – May 20: Don't you love the way everyone's got something to say about what's going on with you? Their advice appears to be a re-hash of whatever they picked up from watching Oprah. People are so sure they know what's best for you but they've never been in your shoes and they don't have enough depth to see that the party line doesn't always ring 100% true. You are at a point where the "Maverick" in you has more to say about what will work than the part of you that's so good at coloring inside the lines. The truth often takes us out of bounds; trust your own wisdom.

GEMINI: May 21 – June 20: You can't expect things to change if you keep doing the same old thing. Whatever this is about, what makes you think you will get anywhere by going along with people who are totally psychotic? Sooner or later you're going to have to step back and grab hold of yourself long enough to see that you've got to find a way to make things right or you've got to get out before they become more complicated. On some level you believe that you have no choice but to go along with this. What you need to realize is that sometimes it's better to stand up and fight.

CANCER: June 21 – July 20: It's hard to say how much of what you're experiencing comes from misreading the motives of others or if you have been deliberately misled. Whatever the story is you are tired of it. If you're one of those people who is good a listening to their inner guidance you'll find your way through this. Those of you who haven't figured out that your instructions for living come from within will continue to feel like a round peg in a square hole until you find a way to relinquish the belief patterns keep you from knowing what's true. Stop over analyzing this and think with your heart.

LEO: July 21 – August 20: Nobody needs to tell you that this is a risk. Those who keep reminding you to be careful have no way of knowing how aware you are of what could happen if this doesn't work out. It's times like this that take us to the edge of whatever our fears represent just to show us that they are nothing in the face of the spirit's desire to grow. You don't know for sure what's on the other side of this but you're 100% clear about the fact that whatever's going on here needs a transfusion that can only be administered if you open your heart to the idea that you have absolutely nothing to lose.

VIRGO: August 21 – September 20: You have a pretty good idea of what's going on but that doesn't make things any easier. For some of you this is about knowing that you have to continue to haul ass indefinitely; for others it has to do with seeing the truth and having to live with yourself as you awaken to it. This is one of those times when knowing how to take care of yourself is a crucial part of being able to handle lots of pressure and too much weight on the soul. Short term reprieves that allow you to get centered and invigorated could include day trips to nowhere in particular or an afternoon nap.

LIBRA: September 21 – October 20: You can do this. Everything will change radically if you can pull yourself together and go for it. I realize that everything is easier said than done. At the same time, I am just as aware that it isn't just about the "doing"; in your case, "imagining" the possibilities that exist beyond what you have created for yourself is the key to everything right now. This isn't just about you; there are others who need you to it happen more than you do. A little input from them might help to restore the sense of confidence that you have what it takes to pull yourself up, and out of this.

SCORPIO: October 21 – November 20: You have so much going on it's hard to zero in on what's important. If you could clear some of it away you would see that your problems all stem from trying to do "the right thing". If this sounds strange, let me clarify it by saying that what is right in any situation is always relative. From the looks of it you're tied to people and circumstances that could be anything from out of balance all the way to totally nuts. For many of you it comes down to waiting it out; for others, it's about being strong enough to just say "No", or walk away from the lies that keep you here.

SAGITTARIUS: November 21 – December 20: You've got your hands tied by things that have more to do with your beliefs than they do with the truth. The excuse I keep hearing is: I can't go ahead and be who I am because someone else needs me to be whoever they think I am. Sometimes this sounds more like: I've got to stick this out because I made a promise and the s--- will hit the fan if I don't keep it. You've been watching too much TV. The world will not end if you wake up and decide to be who you are. And unless you decide to turn it into a life sentence, it's safe to bend the rules in this situation.

CAPRICORN: December 21 – January 20: Do you ever get tired of being so dependable, responsible, and/or the only one who ever seems to know what's going on? It amazes me how you always come through, even when you don't have the strength for it. If none of this applies, it could be that you come from a place of expecting way too much from others, or of trying to control situations with whatever your method of choice happens to be. No matter how you approach the need to make life reflect astronomical levels of perfection, it's time to lighten up and learn that it works better when you let it be.

AQUARIUS: January 21 – February 20: Don't invest too much in any one thing. You are being called to extend your field of influence past the boundaries of belief, or past the limitations that others and their issues have imposed. It's not your style to let anything prevent you from tapping into new levels of thought and expression, and it's not good for you to isolate or sequester yourself to the point where you alienate all but a chosen few. It looks like it's time to come out of the Ivory Tower and feel, or just get real enough to be there for those who have missed being able to share and be with you.

PISCES: February 21 – March 20: You seem to be torn in a number of different directions. It's hard to say what you need to do to make things better. Old issues that involve people who left a bad taste in your mouth are making you wonder why you want another slice of their pie. If this rings a bell, you might want to remind yourself that there's often a huge gap between what we want to see and what's actually for real. This is one of those things where if you decide to pick up where you left off you could easily get burned. If you're bored enough to take the same risk twice you will come to regret it.

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Mother of the Skye
Mother of the Skye has 30 years of experience as an astrologer and tarot consultant. She may be reached by email to cal.garrison@gmail.com

Downtown Rutland



Fashion Comes to Fruition

Downtown Rutland welcomes Fruition! An exciting new boutique on the corner of Merchants Row and West Street! Fabulous fashion and beautiful accessories are hand picked by owner Rebecca Langer. She has put together a collection where there is truly something for everyone, having a range from casual, lifestyle wear to dress, and everything in between. Langer, originally from Vermont, has worked hard to bring her vision to completion and is pleased to be ready to open July 1st. She is doing her best to support as many Vermont artisans as possible while also bringing current seasonal designs, hard to attain locally. She has put together a fun and unique gift selection and offers free gift wrapping. Rebecca is happy to be part of the Gryphon Building project and is looking forward to being a part of reshaping Downtown.



Rutland Report

by Lani Duke

Rutland Rec Dept. May Get New Space

Rutland Town begins its own market fair on Fridays, beginning July 1, from 3:00 to 8:00 p.m., featuring music, farmers market, and children's activities. The location is next to the Home Depot parking lot. Organizer Marc Latzky plans to run the organization as a for-profit entity. Friday Night Live may be live, but July 1, it's asleep, to not compete with local Independence Day celebrations.

Tune up for the Fourth by listening to the Rutland City Band on Sunday, July 3, at Rutland's Main Street Park, from 7:00 to 8:30 p.m.

And now the glorious Fourth. The Vermont State Fairgrounds host a flea market all day, followed by the Stony Roberts Demolition Derby at 6:30 p.m. (an annual occurrence) and a stupendous fireworks extravaganza at 9:45 p.m. Thanks to all the local businesses who make this possible. For fireworks info, call the Chamber, 773-2747; for demo derby and other ticket information, call 775-5200.

The Paramount Theatre continues its 7:00 p.m. weeknight film presentations with a pair of widely loved movies, *Close Encounters of the Third Kind* on Tuesday and *Princess Bride* on Wednesday. Call the box office, 775-0903, for specifics.

Trinity Church, 85 West St., begins a series of July Tuesday evening discussion workshops with a comparison of Robert Frost and Emily Dickinson, discussing themes they share, and identifying specific forms. Participants write their own verse. Call 775-4368 to find out more.

This week's Main Street Park Wednesday concert comes from George's Back Pocket. The music begins at 7:00 p.m. at the corner of Route 7 and West Street.

Learn how Lindsay Arbuckle and Scott Courcelle built their own business, Alchemy Gardens and see what resources are available if you decide to follow in their footsteps, regardless of your business type, at the BROCC building, 60 Center St., Rutland, 1:00 to 3:00 p.m. Wednesday, July 6. Call 665-1744 for specifics.

Learn about the joys of melting bronze in the five-day Bronze Casting workshop July 11-15 at the Carving Studio and Sculpture Center. Participants produce three

bronzes using a different method for each. Teacher is Glenn Campbell, owner of Campbell Plaster and Iron, now located in West Rutland. Call 438-2097 for details.

Another Canada-based company wants to buy Central Vermont Public Service Corp. Gaz Metro of Quebec would like to combine CVPS with its Green Mountain Power Corp.

Folks whose recreation requirements were recently nullified with the closure of the Dana Center may be able to use the Vermont Achievement Center, which recently offered the Rutland City Recreation Department use of "vacant or underutilized space." That space includes a gymnasium, pool, and classroom and office space.

Rutland City residents will pay the same rate for water and only a tad more for sewer service in 2012, per a recently passed budget.

Congrats to the Paramount Theatre on its recently released 2011-2012 season, spanning an ever widening assortment of musical, comedy, and family entertainment. Paramount use is growing from year to year, with 130 days of use anticipated, compared to the previous year's 80 days.

The Downtown Rutland Partnership's revolving loan plan is expanding to include business owners as well as property owners. Doing so makes funds available to businesses leasing space in the downtown, a strategy growing out of a recent marketing study.

New to the staff of Rutland Regional Medical Center is Dr. Rachel Bruce; she's a hospitalist, a doctor who directs care for most patients on admission.

Good going to all concerned. Diamond Run Mall is nearly caught up on its bills to Rutland City. Completely paid up are its annual impact fees, an agreed payment to offset the negative effect the mall was expected to have on downtown business, a total of \$2.5 million over 21 years. The amount owed for water and sewer is shrinking rapidly.

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Summer Concerts

Welcome back, music in the Park!
 Rutland City Band will again play on Sundays through August 22 from 7:00 - 8:30 PM. The Seven to Sunset Concert Series also runs on Wednesdays through August 18 from 7:00 - 9:00 PM. All concerts are held in the Gazebo in Main Street Park at the corner of Routes 4 and 7 in Rutland. Bring a picnic basket, family and friends and enjoy a summer evening of music.

Look for the following groups to perform the Wednesday night series:

- July 6, 2011 - George's Back Pocket
- July 13, 2011 - Enerjazz
- July 20, 2011 - Chad Hollister
- July 27, 2011 - Marble City Swing Band
- August 3, 2011 - Proctor Connection
- August 10, 2011 - Satin & Steel

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BrandonNews

Mendon/Chittenden/ Pittsford/Brandon Notes

by Debbie Burke

Free Music in Brandon

The Brandon Town Band plays on Monday, July 4, from 6:30pm to 7:30pm in Central Park at the junction of Routes 7 and 73 East. Brandon's multi-generational Town Band is a delight to hear. The band plays each Monday in the summer starting June 20 from 6:30 - 7:30 pm. Weather permitting. Bring a chair or blanket.

There will be maple candy making on Wednesday, July 6, from 10:30am to 3:00pm at the New England Maple Museum located on Route 7 north. Crystallizing

pure Vermont maple syrup into maple sugar is demonstrated. Visitors can sample the final product fresh from the mold without touring the Museum on these Wednesdays. (802) 483-9414. The New England Maple Museum is located at 4578 Rte 7 in Pittsford.

There will be a free summer concert in Brandon's Central Park on Friday, July 22, from 6:30pm - 8:30pm with the music played being of early jazz that will be fun for the whole family. This event is sponsored by Lake Sunapee Bank. Bring a chair or a blanket. A rain location to be announced if necessary. 802-247-6401.

17th Annual Basin Bluegrass Festival

Don't miss Vermont's premier Bluegrass Festival. More than a concert, this is a three day musical event, July 8 -10, 2011. Camping is available on the grounds at Basin Road, off McConnell Road in Brandon, VT. The area will be well signed from Brandon. Gates open Sunday, July 3rd for early bird camping, for \$10 extra.

Food and craft concessions, cover for rain or shine, security and medical services, water to fill your tank, free hot showers, dump station. Tenters welcome. Bring lawn chairs (no high backs or umbrellas in the concert areas). Pets welcome on a leash and are not allowed in the concert area, except in the pet sitting area.

Anyone appearing abusive, intoxicated, or possess-

ing illegal drugs will be removed from the grounds and no refund will be given. NO DRUGS! We reserve the right to refuse admission to anyone.

Weekend tickets are available for \$40 through July 29, then they will be \$45 at the gate. Day prices are: Friday & Saturday, \$23, after 5pm drops to \$12. Sunday, \$15. There is free camping in the rough only with a weekend ticket.

Just a few of the bands included are Cannonball Express, American Roots, Bluegrass Revisited, Big Spike, and Smokey Greene. Field picking goes on day and night.

For more info call 802-247-3275 or www.basinbluegrassfestival.com.

33rd Annual Goshen Gallop July 16

The Moosalamoo Association, a stewardship partner with the US Forest Service for the management of the Moosalamoo National Recreation Area (NRA), is pleased to invite all to attend the 33rd running of the Goshen Gallop, the "toughest 10k ever", on July 16th. The rugged 10K course takes the runner on the dirt and gravel roads of Goshen and onto a packed soil surface up to elevations between 1800 and 2100 feet above sea level following the Nordic Cross-Country ski trails set in the Moosalamoo National Recreation Area of the Green Mountain National Forest. It's an exciting and challenging event that welcomes runners of all abilities. A 5K race is offered for those not up to the challenge of the 10K.

The 33rd annual race begins at 4:00 PM at the Blueberry Hill Inn. Moosalamoo Association branded items, like mugs, keychains, and hats, will be on sale. The first 100 to register receive a free t-shirt. Cost is \$35 (pre-registered) or \$40 the day of the race. Non-runners can purchase just a meal ticket - \$15 for adults, \$10 for kids up to 10 years of age. Food, fun and more following the race! All proceeds benefit the non-profit organization, the Moosalamoo Association. Racers can register online

or download the form by visiting <http://www.moosalamoo.org/events.asp>.

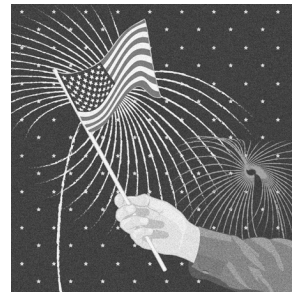
Moosalamoo NRA is a 20,000-acre region of public and private land nestled in the Green Mountain National Forest. Moosalamoo's diverse ecosystem is home to a large number of plants and animals. The region is also a marvelous recreation area for wildlife viewing, berry picking, hiking, biking, cross-country skiing, snow shoeing, picnicking, and camping.

The mission of the Association

is to: Collaborate with public entities to plan, manage, and provide stewardship for wildlife habitat conservation and quality public recreation opportunities and facilities, promote responsible recreation participation and environmental awareness through interpretation, education and resource monitoring, demonstrate the unique capabilities of public and private partners working together, and strengthen partnerships at the local level in cooperative projects such as trail construction and maintenance, wildlife habitat improvement, or visual enhancement of roadsides.



Brandon's Independence Day Celebration



Brandon's Independence Day Celebration is Vermont's best! From morning karaoke to fireworks at dusk, the day is full of fun. Central Park is the hub of activity starting at 9:00 AM with vendors, silent auction, and Karaoke. There will be a Juggling Act in Green Park from 10 AM-11 AM. The

parade, which starts at 1 PM, is Vermont's largest. The parade is all-American: floats, bands, cars, with a few politicians, too! After the parade, The Great Ball Race is held at the Falls right in downtown, while a bluegrass concert begins in Central Park. Following, the crowd heads north to the grounds at Park Village for games, music, food and fireworks at dusk.

The night before the Celebration (that's July 1) is a big ol' block party, the Great Brandon 1st of July Dance Under the Stars, featuring food in Central Park and with Jam Man Entertainment, the hottest DJ in New England, covering all the tunes! A local radio station will be on hand along with fantastic food vendors. Food vendors open at 5 PM and the street dance starts at 6 PM. The Brandon Independence Day Celebration Committee will be holding a 50/50 raffle all night long. Its dinner and dancing and great music!

Brandon's Independence Day Celebration is always held on the Saturday closest to the 4th of July. More information? (802) 247-3275 or email: ldberrymyfairpoint.net.

"Kilroy Was Here" at Brandon Town Hall

The Brandon Town Players are proud to present a WWII musical comedy, "Kilroy Was Here" by Tim Kelly in the Brandon Town Hall on July 8th, 9th, 15th & 16th at 7:30 and July 10th at 2:00. This show was a huge success 11 years ago when it was produced by the Neshobe School Players and as the first major musical at the Paramount Theater in Rutland.

The action takes place in a U.S.O. Club located in Brooklyn, N.Y. The time is 1942 with lively music and dances from the Big Band Era. The initials U.S.O. Stand for United Service Organizations; its mission was to supply a "Home Away From Home" for America's on-the-move military personnel.

The show is directed by Dennis W. Marden, with the 7 piece orchestra conducted by musical director Ron White with choreography and costumes by Kathy Mathis.

Tickets are \$15.00 at the door, \$13.00 in advance, and for all past and present Military Personnel, \$10.00. Tickets can be purchased at Carr's Florist & Gifts, Briggs Carriage Bookstore or at the door. For more information call 247-5420 or visit us on the Town Halls website @ brandontownhall.org and click on The Brandon Town Players link. Don't miss this funny, poignant and very patriotic musical in your Town Hall.



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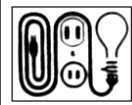
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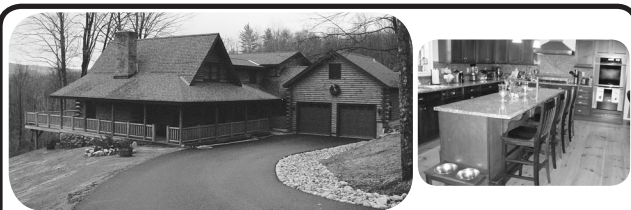
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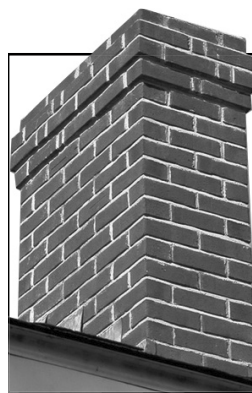
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View From Ludlow

by Ralph Pace

Ludlow Will Have Its Fireworks!

Following a lengthy but determined program of action and fund raising, the Merchants of Ludlow have achieved their goal of providing fireworks for the folks in Ludlow. They announced that the fireworks will go off on Saturday, July 2 at 9:30 PM from West Hill following a long day of activities for everyone. The day will begin 5 PM at West Hill with activities provided by the Ludlow Recreation Department and a cookout featuring free hot dogs. At 7 PM, local favorite Chris Kleeman will provide some of his classic music. This will be followed by the traditional honor guard and the singing of the National Anthem at 9:15 PM. Then, of course, the highlight of the evening will be the fireworks.

To assist with transportation and avoid parking problems, the blue parking lot on the Okemo access road will be open for parking; the town will then provide shuttle service to and from West Hill and the blue parking lot. For information, call Patty Greenwood at 802-228-3238.

It will be a great way to celebrate our Independence Day – and the Merchants of Ludlow deserve a tremendous vote of thanks for having the will power and stamina to spend over a year raising the money to support this great tradition.

Tim and Diane Mueller of Okemo Mountain Resorts announced the award of 10 scholarships to employees and employee children. The scholarships, totaling \$10,000, represent a long history of such awards by the Mueller's in their belief in the need for educational support by businesses.

FOLA (Friends of Ludlow Auditorium) is preparing for its forthcoming '1st Thursday' movie at the Ludlow Town Hall Auditorium on Thursday, July 7. The feature film will be the classic western, "Butch Cassidy and the Sundance Kid" with Paul Newman and Robert Redford. Per FOLA policy, the movie, which begins at 7 PM, is free to all; donations are appreciated.

TW3's (That Was The Week That Was) recent local TV news program covered the new dental clinic under construction on South Main Street in Ludlow. The program focused on the staffing and dental programs covered by the clinic which is operated as part of the Springfield Medical Cares System. It looks like Ludlow and the surrounding Black River area will have use of the new facility in mid-July. The dental clinic will provide all normal dentistry services; it will not offer specialized services such as orthodontistry. The TW3 program, broadcast by LPC-TV over cable channels 8 and 20, is available on www.lpctv.org.

LPC-TV will hold its annual meeting on Thursday, June 30 at 7 PM in its current studios in the Ludlow Elementary School (behind the High School). The meeting will elect members to the Board of Directors, consider the new budget, hear a "state of the station" report by Executive Director Patrick Cody, and visit the new future home of the station in the Ludlow Community Complex. People aged 18 and over in the Plymouth, Mt Holly, Ludlow, and Cavendish area interested in serving on LPC's Board or in participating in its operations are invited to contact the station at 802-228-8808 or manager@lpctv.org.

Black River Academy Museum (BRAM) celebrated a major achievement this past Saturday at its gala dinner in the Epic Restaurant at Okemo's Solitude Lodge. BRAM surpassed the \$50,000 matching grant challenge of Richard Nye thus enabling it to achieve its final goal of installing an elevator in its new wing to the building. This will permit BRAM to allow all visitors to explore all three floors of its historic exhibits and programs. Additionally, it will provide a means of attracting 'tour bus' patronage to help not only BRAM but the general Ludlow area.

Both Ludlow and Cavendish committees are planning for their respective semiquincentennial celebrations. The two towns were issued charters back in 1761 by the Royal Governor of New Hampshire, Benning Wentworth: Ludlow's on September 16 and Cavendish's on October 8. Each town has established committees to plan and prepare for activities to celebrate these 250th birthday celebrations.

In Ludlow, plans are afoot for several days of activities that will include, but not be limited to, readings of historic documents, a town birthday card and cake, patriotic music, a community block dance, food, and, of course, a parade. Similar plans are being considered by the Cavendish committee.

BRACC (Black River Area Community Coalition) has plans to give the kids something to do during the summer and, at the same time, help the community. BRACC's Youth Leadership Group open to students entering grades 7, 8 & 9 in the fall. It will meet on Tuesdays & Thursdays 4 -6 pm and perform a community service project every Tuesday and participate in a fun activity every Thursday. There is no cost to join according to BRACC Director Brigid Sullivan. The program began June 28th at Ludlow Community Center.

Incidentally, a note to whomever called for a 'rain dance' for the area; please advise the dancer to stop!

(If you have any comments or news about the Ludlow or Black River area, contact Ralph Pace at ralphpace@tds.net.)

RCHS Duck Derby Coming on July 17!

The Rutland County Humane Society (RCHS) is hosting its annual Duck Derby to raise money for the homeless animals in its care. At 3 pm on Sunday, July 17 at the Library Fields on River Road in Killington (part of the Killington Dog Days weekend benefitting RCHS) "ad-

opted" plastic ducks will be launched into the stream in a race to the finish. The first ducks to reach the finish line win cash prizes. There will also be a cash prize for the last duck! To adopt a duck please visit the RCHS website (www.rchsvt.org), contact the Business Office at 483-9171, or adopt a duck at the Killington Dog Days weekend. A single duck is \$3, 4 ducks (a "quack pack") are \$10 and 6 ducks (a "6-quack") are \$15. Funds raised from the Duck Derby will support the programs and homeless animals at RCHS. So "adopt" a duck for the day and cheer it on as it makes its way downstream. Please contact the RCHS Business Office at 483-9171 with any questions.

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Lakes Region News

by Lani Duke

Horace Greeley Turns 200

Support the local August National Night Out gathering while you find bargains at Fair Haven's Holiday Yard Sale in Fair Haven town park, Friday, July 1, from 9:00 a.m. to 5:00 p.m. Organizers plan to center their efforts in the park's southeast corner.

Poultney children hold their annual youth flea market on Main Street from 9:00 a.m. to 2:00 p.m., Saturday, July 2. Sellers (and buyers) need not be children, though. Find used (not worn out) clothing and toys, plus home made food, crafts, sporting equipment, CDs, what else that someone else may find of value, and a self-service doggie wash. Sponsors are the Poultney Area Chamber of Commerce, Downtown Revitalization Committee, Recreation Department, and Rotary Club.

Another reason to visit downtown Poultney Saturday is the public library's annual book sale, an event that lets you help support the library and get great reading at a super price. Most books are a quarter apiece, while video cassettes and DVDs are only \$1.00. To find out more, call the library, 287-5556.

Stay in Poultney into the evening to hear the Adirondack Old-Time Fiddlers from 6:00 to 8:00 p.m. at the Young At Heart Senior Citizens' Center. Bring your lawn chair to the Senior Center parking lot.

Come back for Poultney's second annual Strawberry Shortcake Social at 6:00 p.m. Sunday on the East Poultney Green. Horace Greeley will not only appear but also sing in recognition of his 200th anniversary. Call Linda Knowlton, 287-2577, for more info on this. Sunday also marks the beginning of the band concerts on the Green in East Poultney, each Sunday through the month of July, all from 7:00 to 8:00 p.m. Call 287-5185 for band details.

The hometown fun continues in Poultney on the 4th, beginning registration for the annual Martin Devlin 5K Memorial Fun Run at 6:45 a.m. The run leaves the Green Mountain College gymnasium at 8:00 a.m. Call Tammy Loomis, 645-9135 for info about the race, which benefits the Rutland Area Visiting Nurses and Hospice. Don't want to run? Head to the Poultney Methodist Church for a benefit pancake breakfast, from 8:00 to 10:30 a.m.

Next is the annual parade beginning at 12:00 noon on East Poultney's Green, marching due west down Main Street and onto College Street to Poultney Elementary. Family activities include a magic show, puppet show, and open-air eats while you wait for the fireworks display at dusk.

Rest for a day before you come to Castleton Tuesday evening to hear the Bluegrass Gospel Project perform on the Green, beginning at 7:00 p.m. Taylor Armerding has recently joined the group of Gene White Jr., Dr. Steve Light, Colby Crehan, Paul Miller, and Kirk Lord. The group promises several new selections in its repertoire, including "a great new Colby original, a sweet love song from yesteryear, and a couple of Stanley Brothers gospel toe-tappers."

Thursday evening's concert in Fair Haven features music from the other side of the Atlantic at 7:00 p.m. Burlington-based Prydein performs Scottish, Irish and Celtic music at the Gazebo in the Park.

The Pawlet Scholarship Committee is drawing in artists to participate in its annual art show and sale, Saturday, September 3, on the Pawlet Green. Participants donate 20 percent of proceeds to the Pawlet Scholarship Fund. For more information on the art show or the Fund, call Anita Pomerance, 325-3786.

Men's barbershop group the Rutland Curbstone Chorus is looking for a flat bed trailer to borrow for an upcoming performance on July 4. It needs to be a minimum of 8 to 10 feet wide and 25 to 30 feet long. Call Dick Nordmeyer, 273-2911, if you can help out.

Come the end of the month, July 26, in particular, wish Betty Allen Barnouw a happy birthday, her 90th. Thank her for her work for the Fair Haven Area Neighborhoods group, the Fair Haven Historical Society, and other good things for the community.

Castleton Community Center Scamp Camp still had a few openings at last count, for the week of July 18-22 and 25-29, plus August 8-12. Call the Center, 468-3093, to see what's still available.

The Castleton Woman's Club is planning its Castleton Colonial Day, a project that raises support for the Castleton Free Library, Castleton Historical Society, community food baskets, Fair Haven Union's Project Graduation, Red Cross blood drive, scholarships, and the HOBY Foundation. Colonial Day is earlier than in the past, scheduled for August 20.

Castleton Free Library holds its children's summer reading program on Monday evenings at 7:00 p.m. Children may join any week to enjoy storytelling, arts, puppets, food, music, dance geography, word games, reading incentives, and more. The inflatable planetarium rises in the morning of July 1, with room for only the first 25 registrants, so get your child's name in ASAP. Pre-school story hour runs throughout the summer at 10:30 a.m. Fridays.

Thanks to all who contributed money and labor for the new activity selection signs on the Castleton Community Center Walking Trail.

As construction crews work on removing mold from the Castleton town office building, the town's police force has moved its office next door, bunking with its counterpart in Fair Haven. Castleton has four full-time officers, a police chief (Bruce Sherwin) and a part-time office administrator. The mold removal should be complete and the department moved home in about two months.

A test of Castleton town water revealed the presence of coliform bacteria, a result that mandated a "boil water order." If you're going to ingest anything that has touched the water, boil it first. There are a number of tests across the water district before the source can be pinpointed and eliminated. It's likely to take some time.

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Weddings & Beyond

In Defense of a Delayed Honeymoon

by Hillary Speed, AP



My wedding was perfect: a miraculous, 52-degree day during an otherwise freezing Boston winter. Friends and family smiling. A gorgeous dress. A tasty cake. Blue-tinted hydrangeas flown in from Japan. And the storybook, love-at-first-sight romance at the center of it all.

There isn't a thing I would change about that day; it's the honeymoon

I'd do over.

Specifically, I'd do it at another time.

Couples planning a wedding face obvious pressure to go on a honeymoon immediately after the tying of the knot. They want to seize the moment and indulge in a romantic, intimate vacation while still riding the wave of wedding euphoria. They want, as we thought we did, to escape the obligations of family and friends by running off to a tropical island far, far away.

To which I say: Reconsider. Delay that postnuptial vacation.

A belated honeymoon is the No. 1 piece of advice that Carley Roney, editor in chief of TheKnot.com, offers engaged couples.

"You should never leave the morning after," said Roney, who delayed her own honeymoon. "You want to have that time with your friends and family, because so often people are coming from far and wide, and then you disappear."

Couples should still plan the honeymoon in advance, Roney said, but book it for five or six months after the wedding. That gives them a chance to "double-dip": They can be around friends, siblings and parents during the next-day playback, when everybody is still happy and willing to dissect the event as many times as you want. Then you get to relive the passion of your wedding day a few months later, when you go on your honeymoon.

Also, following the joy of a wedding with a trip can diminish the excitement of being on vacation.

"Sometimes after that total drama and excitement, the honeymoon can be like, 'Do I really have the energy?' It can be a bit of a downer in comparison," Roney said.

According to a study by TheKnot.com and The Wedding Channel in 2010, 80 percent of marrying couples take a honeymoon, and eight out of 10 of them leave right away.

For us, that felt too soon.

Exhausted from the festivities on Jan. 1, our big day, my husband and I crashed at a Boston hotel, barely able to process the whirlwind we had just experienced. We passed on the champagne, passed on the chocolate-covered strawberries, passed on the yada yada yada and simply collapsed into a deep slumber, already feeling like an "old married couple."

Four hours later, we rose with the sun to jet off to Mexico, far from all the family and friends we had barely had enough time with the day before.

We flew to Cancun, waded through customs for more than an hour, then hitched a ride with a car service to a port, where we waited for a ferry to take us to Isla Mujeres. Once there, we hailed a taxi to our not particularly luxurious B&B. All before lunch.

Distant were the memories of the festivities just one day before. While many of our loved ones gathered at my parents' house, we couldn't even find Internet access to let them know we had arrived safely.

I finally found a patch of shoddy wireless the next day that lasted just long enough for a quick view of the first wedding photos that friends had uploaded to Facebook. My husband and I huddled over my too-small iPhone, soaking up those first shots of our magical day.

For most of the 19th century, the word "honeymoon," or "honey-lunacy," referred not to a trip, but to the period of time after the wedding when a couple was still swallowed up by love.

As the tradition evolved, it began to be seen as the first opportunity for a new couple to be alone and to share sleeping quarters.

But these days, many couples are less desperate for time alone. The rarer opportunity may be those few extra days with far-flung cousins, grandparents and friends.

And most couples have jobs with limited time off, and have already spent many a paycheck on the wedding itself. By returning to work for a few extra months, you could perhaps earn a more extravagant vacation, or take one with less guilt.

Our honeymoon suffered from overzealous budgeting. Thinking about spending money on a trip in addition to the wedding, even though we didn't pay for most of it, was almost too much for our frugal minds to bear. We cut costs everywhere we could, and it showed.

I recommend the delayed honeymoon.

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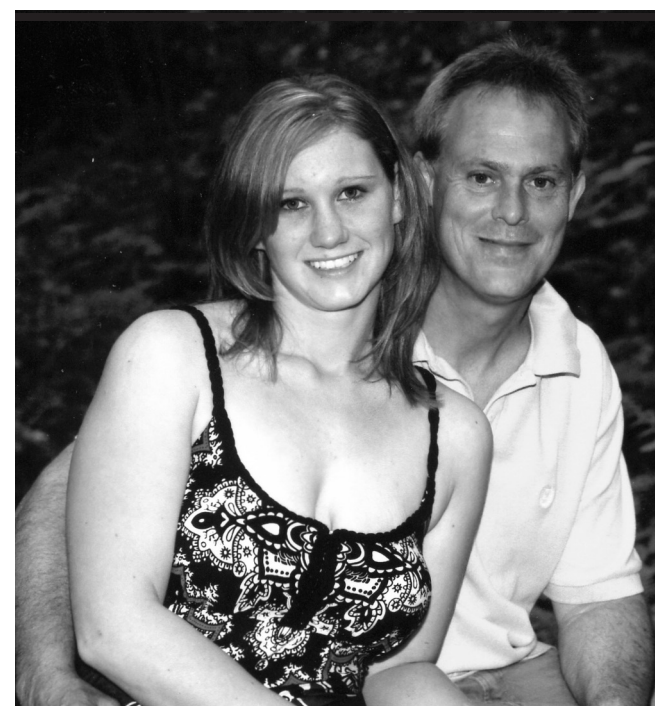
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Agard-Stevens Engagement

Mr. and Mrs. John F. Agard, of West Rutland, Vt, are pleased to announce the engagement of their daughter, Lindsay Marie Agard, to Louis C. Stevens, son of Mr. Louis Coffin, Sr., of Port St. Lucie, Fl, and the late Mrs. Carol Ann Jess, of Pierson, Fl. A summer wedding is planned.

Some Famous Brides Who Set Fashion Trends

by Samantha Critchell, AP Fashion Writer

• Queen Victoria. This was the game-changer - quite the feat in 1840. Until then, white hadn't been THE color of wedding dresses, explains Miller. Women wore their best dress, no matter the hue.

White was sometimes seen as a sign of affluence because it meant you could afford to get the dress dirty, but brides didn't run out and get one just for this occasion until Victoria.



• Jacqueline Kennedy. Kennedy "was a major fashion influence her whole life," so Ann Lowe's dramatic portrait-neck gown with an exaggerated hour-glass shape, and pleating details fashioned into flowers and a tiered hemline

suited her, says Miller. The bit of skin showing at the neckline also fit the image of the socialite marrying a dashing young senator, ushering in a new guard.

But the dress might have been "too couture" and not princess-y enough for the masses, making it less influential at the time, Martini Bratten says, although she sees hints of this dress on the runways now.

• Grace Kelly. Kelly's gown, made by costumer Helen Rose and the wardrobe department of MGM, was "truly designed by Hollywood," says Martini Bratten.

There was a high neckline, a cinched waist and a big ballskirt - all befitting a new royal. But the collar, sleeves and overlay were lace, so there was still a glimpse at the more revealing sweetheart bodice, more in line with what one would expect from a movie star.

"The silhouette was so classic and beautiful," observes Marchesa's Chapman. "It's just as breathtaking today as it was over 50 years ago."

The illusion lace trick also was featured on Elizabeth Taylor's wedding gown in the 1950 film "Father of the Bride." Rose also designed that.



• Tricia Nixon. Her White House wedding in 1971 - and the Priscilla Kidder gown she chose - became the fantasy of young women across America, says vintage fashion

expert Shareen Mitchell, whose TV series "Dresscue Me" launches on Planet Green later this month.

It's not necessarily what was expected of a president's daughter. There was little pomp and circumstance to the sleeveless, V-neck gown, which was covered in lace but still showed a slim-cut line underneath. "She wore what every woman wanted to wear," says Mitchell, who still fields requests for this style today.

• Bianca Jagger. Neither a princess, presidential relative nor movie star, Jagger created a sensation as a fashion rebel when she married Mick Jagger in a Savile Row-made pantsuit, also in 1971. She represented the other end of the spectrum from Nixon: Jagger was a cool jet-setter, not a princess bride.

"If you were into the '70s and hippies, fashion people looked less at what everyone else was doing and made it about trying something new," says Mitchell.

Some brides still like to make that statement, says Martha Stewart's Miller, calling out a sleek suit on the spring Douglas Hannant runway, worn without a shirt a la Jagger.



• Princess Diana. A princess couldn't wear the prairie, bohemian bridal looks that closed out the '70s, and Diana's 1981 gown by Eliza-

beth Emanuel helped usher in an era of opulence and formality. The shoulders were exaggerated, the skirt full and the sleeves pouffy. The train was 25 feet long.

Minor remembers watching the wedding on TV and thinking, "That dress must weigh 100 pounds!"

• Carolyn Bessette Kennedy. The extravagance of the mid-'80s largely went out with the stock-market crash in 1987, and wedding gowns started becoming simpler and chicer.

Bessette Kennedy's bias-cut Narciso Rodriguez gown in 1996 became the quintessential wedding dress of the era, says Martini Bratten. "It was sexy, unadorned but beautifully cut. It was modern - and it came about just the time the destination wedding was picking up steam - which it was perfect for," she says. "It was the dress worn by the woman who captured the heart of America's prince, John Kennedy."

Priscilla of Boston continues to make gowns in this sophisticated spirit - and they continue to be best-sellers. They aren't a direct copy of the dress, says Minor, but the idea that you can be glamorous without frills has wide appeal.

• Ivanka Trump. Her 2009 wedding wasn't a global news event, but her lace gown by Wang became a sensation because it showed a fresh, feminine way to wear sleeves - which had largely fallen out of favor. Trump's dress, with its illusion lace neckline, was inspired by Kelly's, although this had a cleaner, more contemporary silhouette.

"The way Ivanka Trump presented herself was, 'Even when you have all the money in the world, and you're glamorous, you can present yourself at your wedding as demure, understated, lady-like and beautiful,'" says Mitchell. "It was so refreshing."

• Michelle Obama. Obama's long-sleeve, portrait-collar wedding dress was one of her few fashion decisions that didn't move the needle. That was back in 1992, though.

Her one-shoulder, white inaugural gown by Jason Wu, however, turned into a bona fide bridal-gown sensation, says Miller.

It came at the right time, as designers continued to move away from all strapless all the time, Miller observes, and Obama wore it with the happy, confident attitude that brides strive for.



• Chelsea Clinton. No one, including Clinton and designer Wang, expected the media circus that accompanied last year's wedding, says Miller, but all those photos and attention meant that a lot of gowns coming out now were inspired by the delicate strapless with a jeweled waistband. "It was

copied in the industry immediately. It's the classic, romantic, fairy-tale dress on a modern woman," says Miller.

Clinton might not normally be considered a style influence, but in that dress, she became a trendsetter, agrees Minor.

Must They Eat Cake?

by Tresa Erickson

treat.

The engagement is announced, the date is set, attendants are selected and now the wedding plans begin. Dresses, tuxes, ceremony site, reception site, invitations, menu, guest list, flowers, cake...

Cake? Do you have to have cake? Does every wedding celebration have the ceremonial cutting of the tiered cake? Not anymore. Tradition has given way to personal preference and unique alternatives. Choices are as varied as the bride's and groom's personalities.

So what are your options? They run the gamut from elaborately decorated tiers to decorated sugar cookies.

Cutout cookies can be in the shape of a heart, mini wedding cake, boat or other related theme. Flavor options include Grandma's favorite sugar cookie recipe, gingerbread, brownies, pumpkin, sour cream-any rollout recipe that lends itself to cookie cutters. The decorated cookies can then be personalized with the couple's names, initials or wedding date. The unique confections can be displayed on a central table, serve as centerpieces on guests' tables or placed at each place setting.

Rather than serving cake slices, some couples opt for a tiered display of doughnuts or cupcakes. In addition to the unique presentation, one advantage to serving cupcakes or doughnuts is the variety available for individual preferences. Serving dessert is also easier since guests can help themselves to their favorite



varied levels of pedestal plates, the desserts create an unexpected, attractive presentation. Covering the table with coordinating fabric and interspersing small bowls of mints, candies and nuts complete the festive look.

Having a small cake on each table allows guests to serve themselves. These cakes, which can double as centerpieces, can be simply decorated

eight-inch layer cakes or they can be thematically decorated-purses, hearts, ships, dresses, baseballs, etc.-to reflect the couple's unique interests. The originality of the creations will be a topic of conversation long after the wedding day.

Not to be tossed aside, however, is the traditional tiered cake. Flavors, fillings, textures, frosting and design all work together to present a culinary delight. No longer do guests anticipate a white cake with white butter cream frosting at a wedding. Bakeries offer such a wide range of options that no wedding cake should ever be predictable.

Brides and grooms have the opportunity to add a distinctive touch to their wedding day celebration. Not only will guests remember what the bride wore, but they will undoubtedly remember how personal and unique the reception was-especially the dessert.



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The Dirty Dozen

Strawberries were on sale at the Mega Grocery the week this article was written. They looked good. They smelled good. The cab of my truck was overcome with the redolence of the red berries. I can eat just one. DON'T DO IT! Alas, strawberries rank third on the USDA pesticide list. Only apples and celery ranked higher in residual pesticides. Google EWG's 2011 Shopper's Guide to Pesticides in Produce® for your copy of the Dirty Dozen® and the Clean 15® to take on your next shopping trip.

So I'll wait until I get home to hose the fruits off in a stream of water in the sink. I'll shake off the bulk and then roll them in paper towels. I swear the taste went down the drain, too. Does the word systemic mean anything to you? Some poisons are within the plant itself and can't be washed off. Suddenly, the overpriced organic strawberries are looking good! The only thing better would be your own strawberries. All it takes is a five foot by five foot space.

I will be using ACQ-D® pressure treated 2 X 6 lumber. We will need 4 at five feet, 4 at three feet, and 4 at one foot. We will need 4 pieces of two by four stock, eleven inches long. Finally, we will need 4 more pieces of two by two stock, sixteen inches long. Assemble the three squares. Attach the 11-inch 2 X 4s to the three foot square, like legs. Likewise attach the 16-inch pieces to the one foot square. Centering the three squares produces a tower-like device to be filled in with good soil. You may want to make two hoops out of ½" PVC long enough to span from corner to corner, well above the tower. A piece of bug cloth can be draped over the hoops to keep the bugs at bay. Your tower will hold 25 plants.

Daryle Thomas is a Master Gardener volunteer with the UVM extension system. ©2011KDT/ARR.

Farmers Encouraged to Report Flooding Losses

Many farmers across the state have experienced some damage and loss after the storms and flooding experienced in April, May and June of 2011. The Agency of Agriculture is urging farmers to report losses sustained due to these weather incidents as soon as possible. This will assist the state in exploring various areas of possible assistance from the federal government.

Vermont Agriculture Secretary Chuck Ross is urging farmers to assist in these efforts by contacting state and federal agencies about any damage or losses they have or will incur, so that the scope of the problem and the impacts can be documented accurately.

"This has been a very difficult spring for Vermont farmers because of record rains and damaging flooding. We know damage has occurred to buildings and fields, hay harvesting has been delayed with resulting losses in quality and critical planting dates are about to be passed," said Ross. "We need to hear from farmers in order to evaluate and determine what kind of help might be available and where it is needed."

Vermont Emergency Management (VEM) is requesting that farmers of all types report damage to any of their property in the following manner so that impact information can be included in their justification for emergency declarations.

-If there is damage to any part of your property or business, including but not limited to barns, milking parlors, crops, fields, equipment, etc., this information

should be reported to your county USDA Farm Service Agency or your county Natural Resources Conservation Services office; you can also contact organizations to which you belong such as the Vermont Farm Bureau at 802-434-5646 or NOFA Vermont 802-434-4122. These organizations should send a summary of the information compiled to the Agency of Agriculture which will then forward to VEM.

-If there is damage to your house(s) or other dwelling in which you live, that report should be made by calling 211 and completing a damage assessment report with the operator. The operator will then forward this information to VEM.

If you are in need of physical assistance or provisions, you should contact your local community emergency responders. Local responders will assess the situation and direct you to necessary resources.

Following a declaration of disaster, USDA makes available low interest loans and can help consolidate existing loans. A Supplemental Revenue Program may also be initiated

after a declaration of disaster. This would provide payments to farmers depending on the loss of feed based on quality and quantity of feed, after harvest has occurred.

Currently available is assistance from USDA through the Emergency Conservation Program to remove debris from farm fields and repair damage to fields so that they can be planted and harvested.

Farmers are encouraged to keep in touch with USDA Farm Service Agency at 802-658-2803 and Natural Resources Conservation Service at 802-951-6796.



The Mountain Times



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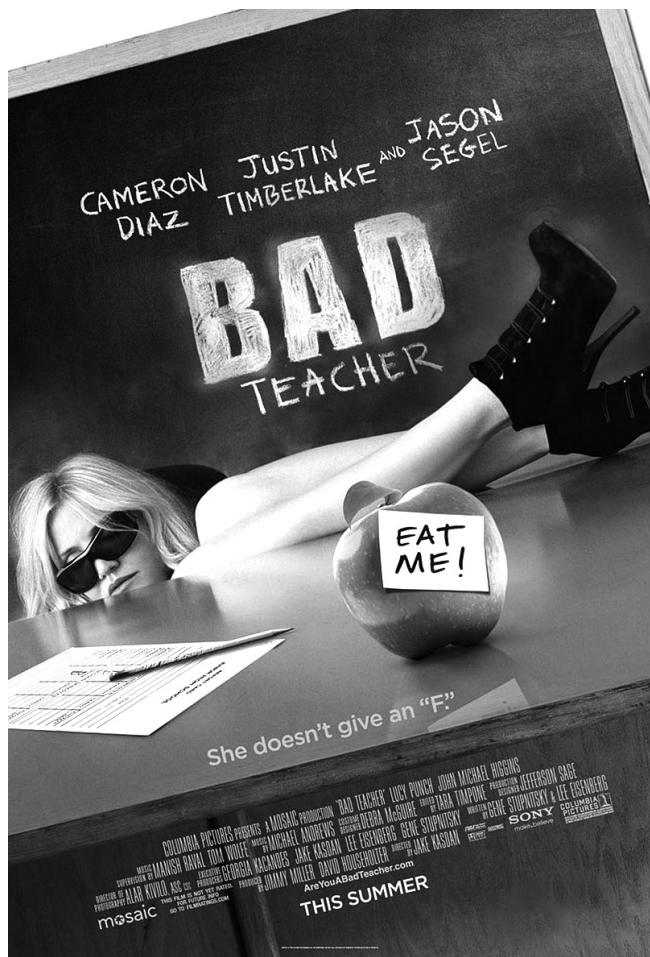
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61	D	E	N	T					62	Y	O	D	E	L	S		63	I	T	S	

JustForFun

Capsule reviews of films opening this week by The Associated Press

“Bad Teacher”

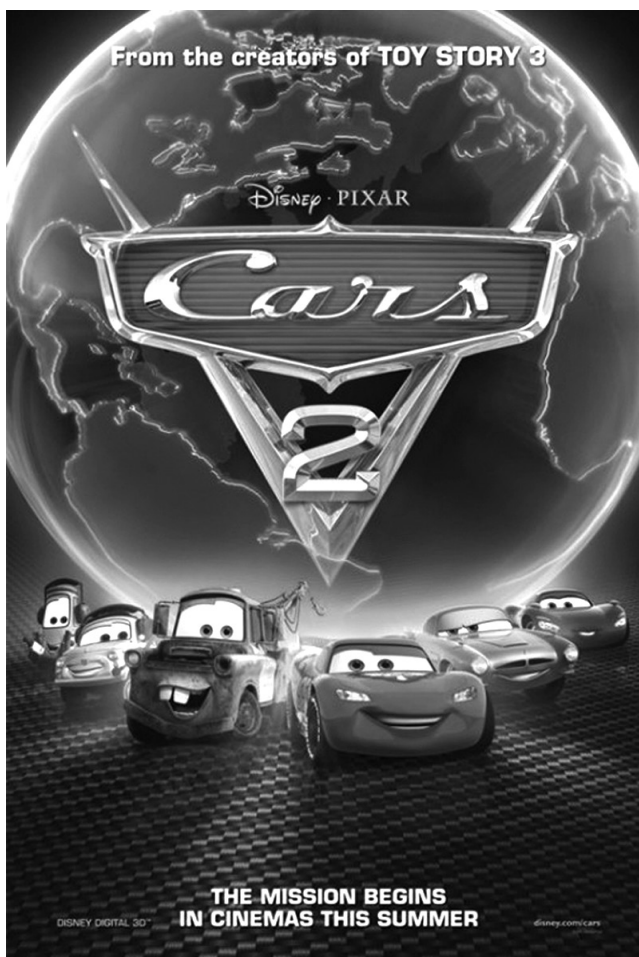


by Christy Lemire, AP Movie Critic

This is exactly the one-joke movie that you probably expect it to be, but there are enough variations and shadings of that one joke to sustain its brief running time _ just barely. Cameron Diaz plays ... a bad teacher. She secretly sips airline-size booze bottles during class, doesn't bother to learn her students' names and figures that showing them movies about education like "Stand and Deliver" and "Dangerous Minds" is just as good as educating them herself. Because you see, she's not teaching English at a suburban Chicago middle school for the deeply rewarding experience of shaping young minds. She just needs enough cash for a boob job, which she thinks will help her land a rich husband. Like the far superior "Bad Santa" from 2003, the key source of laughs here is the subversion of an authority figure who's supposed to be trustworthy, reliable, even honorable. And, like Billy Bob Thornton in that earlier film, Diaz just goes for it in a role that lets her be brazenly sexy and inappropriately funny all at once. Jason Segel, Lucy Punch, Phyllis Smith and Justin Timberlake help greatly in supporting roles. R for sexual content, nudity, language and some drug use. 89 minutes.

Two and a half stars out of four.

“Cars 2”



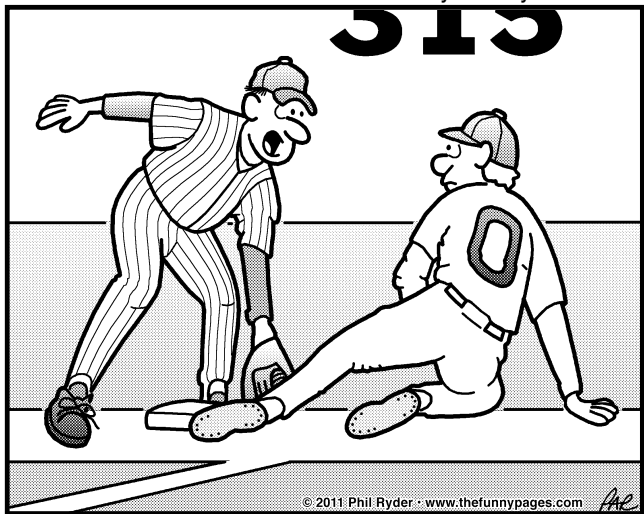
by Christy Lemire, AP Movie Critic

Pixar's track record has been close to impeccable. But the weak link in the chain, at least from a narrative standpoint, has always been 2006's "Cars," with its two-dimensional talking autos and hokey, borrowed tale of small-town life. It was bright and zippy, though, which was enough to appeal to the little ones, and it became a merchandising juggernaut. So sure, why not make a sequel? Trouble is, "Cars 2" is such a glossy bore, it makes the original look like it ought to rank among Pixar's masterpieces by comparison. What has set the studio's films apart from all the other animated fare is story: It's paramount. "Cars 2" tries to encompass many kinds of stories at once, none of which is terribly clever or compelling. There's an international grand prix for Lightning McQueen (voiced by Owen Wilson) to compete in, a spy spoof and a message about the importance of alternative fuel sources. And one of the biggest mistakes of all was placing Mater, the rusty, aw-shucks tow truck voiced by Larry the Cable Guy, front and center. Still, Pixar mastermind John Lasseter's film is shiny, colorful and pretty, which should keep the young ones happy. Michael Caine, John Turturro and Emily Mortimer co-star. G. Running time: 106 minutes.

One and a half stars out of four.

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by Phil Ryder & YOU



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MOVIES	TIMES
Bad Teacher - R	12:50 4:05 7:05 9:35
Green Lantern (3D) - PG-13	6:55 9:25
Pirates of Caribbean: Stranger Tides-PG-13	12:25 3:25 6:25 9:15
Kung Fu Panda 2	12:40 3:30
Super 8 - PG-13	12:14 3:50 7:00 9:30
X-Men: First Class - PG-13	12:40 3:55 6:40 9:20
Mr. Poppers Penguins - PG	12:35 3:40 6:50 9:05
Cars 2 - G	12:30 3:45 6:45 9:10
Transformers: Dark of the Moon (3D)-PG-13	12:00 3:10 6:20 9:30
Transformers: Dark of the Moon (35mm)-PG-13	1:00 4:00 8:00

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	4	8				5		
9	5					2		
			3				8	
	3		5	9			6	
5		9	8					4
7	8		4		6		3	
	7	4		5				
2	9		7		4	8		
			9	8			5	7

Each block is divided by its own matrix of nine cells. The rule for solving Sudoku puzzles are very simple. Each row, column and block, must contain one of the numbers from "1" to "9". No number may appear more than once in any row, column, or block. When you've filled the entire grid the puzzle is solved.

This week's solution on page 38

1	2	3	4	5	6	7	8	9	10	11	12	13
14			15						16			
17			18						19			
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49						50	51			52	53	54
55						56				57		
58						59				60		
61						62				63		

ACROSS

1. ___ roll
4. Hen sounds
10. "Aeneid" figure
14. ___ mode
15. Expired (2 wd)
16. Sensation, slangily
17. Dust remover
18. Strike caller
19. 20-20, e.g.
20. Contemptibly narrow outlook
23. Brio
24. Type of golf club
25. Pinkish-purple hues
28. Auction cry
30. "Ragged Dick" author
31. Fight with fist
32. Pinocchio, at times
36. Opposition to aggressive selling (2 wd)
39. Barbra's "A Star Is Born" co-star
40. Advil target
41. Capital of Ghana
42. Editable collaborative website
43. Flustered state
44. Depth charge, slangily
48. French Sudan, today
49. Half-grown quahog (2 wd)
55. "The ___ of the Ancient Mariner"
56. Agent Orange content
57. ___-Wan Kenobi
58. International Real Estate Society (acronym)
59. Joined by treaty
60. ___ el Amarna, Egypt
61. Mar. in a way
62. Off-peak calls?
63. "___ alive!"

DOWN

1. All ___
2. ___ rock, e.g. Gary Glitter
3. Around the bend
4. Fluted, ring-shaped doughnuts
5. English harvest festival
6. Free from constraint
7. Mint
8. Nomadic person of W Iran
9. Church towers
10. Javelin, e.g.
11. Fix firmly
12. Corpulent
13. Taste, e.g.
21. Embankments to prevent river overflow
22. Clinker
25. Conceal
26. Apple spray
27. ___ fruit
28. Bar offering
29. "___ From Muskogee"
31. Clobber
32. Milk-related
33. Creep
34. "God's Little ___"
35. Back
37. Future financial need
38. Last part (pl.)
42. "This means ___!"
43. 1973 Elton John hit
44. Bitter
45. English county
46. Macho guys
47. Colgate rival
48. Daring
50. Fodder holder
51. "I ___ you!"
52. French novelist Pierre
53. "Not on ___!" ("No way!") (2 wd)
54. Thousandths of an inch

Solution on page 38

Home & Garden

How Does Your Garden Grow?

by Joe Lamp'1

Over the years, I've had some great success stories, along with a fair amount of challenges. But that's what gardening is about, because learning from the challenges and mistakes is what makes us all better gardeners.

So here's an idea I wish I had put into practice a long time ago: Take notes and photos of your garden all throughout the season, starting early in the process.

By doing so, you can be your own Sherlock Holmes, comparing notes from season to season, or sharing the recorded information with others who might be able to help you solve a problem. You might even want to start a blog about your garden. It's a fun and easy way to share your garden with others.

Even better is the option of video. A couple of years ago, I posted an entire series of short videos on YouTube called "My Twenty-five Dollar Organic Victory Garden." It was a fun way to document and share my garden online, and to this day it gets lots of views.

Here's how I use notes and pictures to track my gardening experiences throughout the season:

First, whenever I'm making notes, I always include the date and weather conditions, with particular attention to moisture and humidity, since so many problems can be tracked back to excessive moisture.

For any plants I start from seed, I make notes on when I sowed them, how long the seeds took to germinate, how many weeks until they were ready to go in the garden and if there were problems.

Before any plant goes in the ground, I make a drawing of my garden beds and a plan for what to plant where. This accomplishes several things. First, it keeps me from getting overzealous at the garden center. Second, it ensures that I'm plac-

ing my plants in the appropriate parts of my garden, so that the tallest and biggest plants don't shade out the smaller ones, and that I'm rotating my crops and putting plants from the same family back in the same spot year after year. That helps ensure that my plants stay healthy from season to season. Imagine trying to remember what went where, year after year, without notes or pictures.

Then there are the issues with pests and diseases.

As an organic gardener, I try to create the most healthy and diverse environment possible, so I'm always trying new plant combinations. I love knowing which plants work best for attracting certain beneficial insects and pollinators, and potentially repelling unwanted pests. I also note the date pests find their way into my garden so I can have a better idea next year on when I might to see them again. Being proactive in your garden is one of the easiest ways to keep pests and diseases in check.

As my garden begins to grow, I note the dates for what I planted, and add comments about the weather conditions, moisture levels and temperature. A rain gauge and an outdoor thermometer that records minimum and maximum temperatures are great resources. I find them invaluable for keeping good records.

In recent years, I've taken more pictures, about once a week, making sure I do so from the same perspective. It's a fun way to revisit the garden's evolution. I also use pictures and notes to track diseases that crop up. Being able to refer back to a similar problem in your garden can really help in linking the cause.

With an entire gardening season to chronicle in words and pictures, there's no time like the present to get started. You'll be glad you did.



Backyard Zip Lines Take Off

by Melissa Kossler Dutton • For The Associated Press

After gliding through the treetops on a cable at a park in the Adirondacks, Holly Swanson wondered if she could replicate the fun in her parents' backyard.

Turns out it was easy, she said. After a little online research, she installed a 250-foot zip line between two trees on their property in Brunswick, Maine.

"You can drop into the pond, which is a lot of fun," said Swanson, who lives in Albany, N.Y.

The popularity of zip lines or canopy tours at vacation spots in the United States and overseas has created a growing market for at-home versions, said Aaron Sleadd, sales and marketing manager for Sleadd Adventures, in Grants Pass, Ore.

"We hear from a lot of people who go on vacation and say, 'Hey I would like to have one of these in my backyard,'" said Sleadd, who sells zip line kits and safety equipment at Ziplinegear.com. Prices start at \$150, he said.

Zip line riders strap themselves into harnesses and let gravity and a pulley slide them from one end of the line to the other.

A variety of companies sell zip line kits and the equipment to install them. Installation requires tools to anchor the line and to adjust the tension. The key is getting the cable tight. Sleadd's company sells the tools and refunds customers' money if they return them in good condition.

Backyard enthusiasts usually stretch the steel cable between trees, Sleadd said. The length of the line determines the height at the start. Sleadd's company sells a lot of 150-foot and 200-foot lines, which need to be installed at least 15 feet above the ground.

Lou Manfredini, Ace Hardware's Home Expert, said he installed a zip line at his home in less than two hours. "It's so simple," he said. "It's something that's fun and unique."

Before adding a zip line, however, homeowners might want to consult with their insurance agent, recommended Jim Whittle, assistant general counsel for the American Insurance Association, headquartered in Washington, D.C. Adding a zip line may change "the character of the property and the risks associated" with it, he said.

To minimize risk, consider hiring a professional to install the zip line, suggested James Borishade of the Association for Challenge Course Technology in Deerfield, Ill., which has set standards for zip-line installation and inspection since 1994.

Zip lines have been a big seller for Steven Fischel, president of the online toy store FantasyToyland.com, in Long Island City, N.Y.

"Parents are looking to get kids outside for some good old-fashioned fun," he said.

When the Danielson family decided to build one on their property outside of Duluth, Minn., they thought big and high. Darren Danielson, an experienced tree trimmer, worked with his 13-year-old son, Nels, and family friend Roger Mattson to install a 400-foot line. The starting point is about 60 feet high and anchored in a large white pine tree.

"The first 200 feet goes over tree tops," Darren Danielson said. "The last 200 goes down in the woods."

Danielson, a TV newscaster, sees the zip line as a way to create exciting family time.

"My kids love adventure especially in the outdoors," he added. "This is fun, adventure and excitement all rolled into one."

Nels, who had a zip line birthday party last year, called the experience "amazing."

"It gets going really fast," he said. "There's always a lot of screaming."

Riders zoom down the line at about 25 mph, his father added.

"It's pretty exhilarating and fun yet safe," the elder Danielson said.

Danielson, a recreational tree climber, incorporated some of the safety gear he already owned into the zip line. In addition to the \$500 kit, he also bought some helmets and other equipment designed to keep riders from falling off the line. He estimates he spent "less than \$1,000" on the setup.

Swanson, a pediatrician, also has taken precautions. She installed a special braking system that prevents riders from hitting the tree at the end of the line.

She likes the zip line, which cost about \$400, because it's something her 5-year-old daughter and 78-year-old mother can both enjoy. "It's a nice backyard addition," she said.



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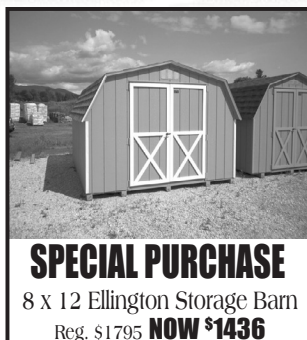
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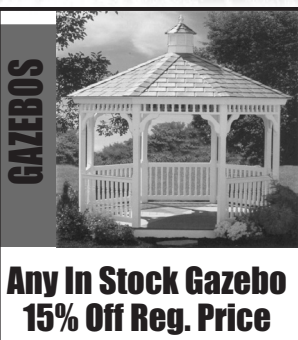
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LULU - 3 year old. Spayed Female. Boxer mix. I'm all wiggles and I can catch a ball like nobody's business! Like all Boxers, I enjoy the company of my people and am always ready for adventure!



IZZY - 1 year old. Neutered Male. Domestic Long Hair Black. I was such a mess when I came to the shelter that I had to have this short hair cut and boy, let me tell you, I feel so much better.



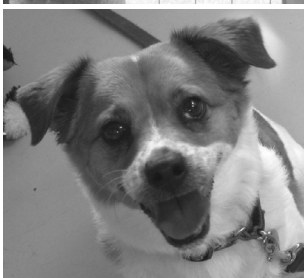
HOLLY - 2 year old. Spayed Female. Beagle. The shelter staff here feels that I need to go to a quiet, adult only home where I can take things at a more dignified pace.



MOMMA - 2 year old. Spayed Female. Domestic Short Hair Dilute Tortoiseshell. My babies and I spent some time with a wonderful foster mom until my babies were old enough to move on without me. Well now it is all about me!



BUSTER - 4.5 year old. Neutered Male. Springer Spaniel mix. I'm a lovely dog! I'm very friendly and I enjoy being with people. I know Sit, Down, Retrieve, Roll Over and Sit Pretty!



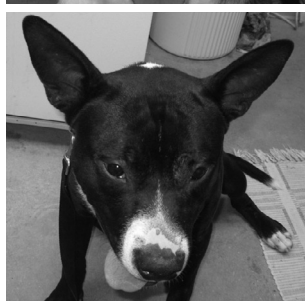
DINKY - 2 year old. Neutered Male. Domestic Long Hair Brown Tiger. I am a big kitty with a big personality to match. I love to roll on my back and have you rub my tummy, ahhhhh the joys of life!



BAMBINO - 9 month old. Neutered Male. Pit Bull mix. I am a people lover! I'm super social and really love attention from people. . .it makes me happy! I have a lot of energy!



DEWEY - 2 year old. Neutered Male. Bull Terrier mix. If you're looking for a dog that knows tricks, here I am! I know Sit, Down, Come, Shake and High Five with both paws.



FILLA - 1 year old. Spayed Female. Domestic Short Hair Gray Tiger. It is very important for you to know that I do not like dogs, they really scare me! I have a silly personality and I love people.



LOLA - 8 year old. Spayed Female. Domestic Short Hair Gray and White. I am declawed in the front and therefore I need to be an indoor kitty only. I have lived with other cats and enjoy their company.



STORM - 1 year old. Spayed Female. Beagle/Pug mix. I am a go-getter! I'm a lively girl who likes to mix things up. . . this is a nice way of saying I need a little help in the manners department!



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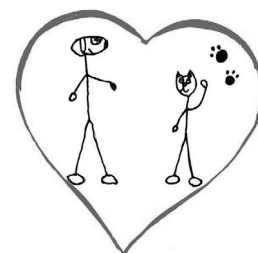
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HIKERS/KAYAKERS/SWIMMERS ... Room for rent nightly, weekly or monthly, in Mendon home near Pico. Mature, non-partier, non-smoker, dog lover. 802-747-9944. 23/TFN

BUSINESS OPPORTUNITIES

YOUR NEW or growing business in Vermont. We have a wide range of affordable business space minutes from Killington and Okemo. Short term office incubator space; professional office space of all sizes; 1,000-5,000 sq. ft. prime retail. Many spots ready for immediate occupancy, or we'll build to suit. Call today for a free consultation. MKF Properties. A local business family since 1879. Phone: 802-747-0527 ext. 12. 39/TFN

1860 SQ. FT. of gorgeous office space available in Base Camp Outfitters building at bottom of Killington Rd. Call 802-775-0166 or stop by. TFN

OFFICE SPACE FOR RENT 500 square feet of affordable office space with private bath. In active complex on Route 4 in Killington. Call Jeff @ Roaring Brook Constructors 786-5200 or Walter @ ERA Mountain Real Estate 775-0340. TFN

FOR SALE

PERENNIALS - All pots are \$3.00. Including bushes & herbs. Route 4 to Bridgewater Corners, Route 100A one mile. Look for Perennial signs. 672-3335. 23/28

MATTRESS SETS - Brand New in plastic with warrantys. Sets starting at \$150. Can deliver if you pay gas. 802-735-3431. 26/TFN

6KW PORTABLE GENERATOR by Coleman. Model 6250. 10HP Briggs & Stratton OHV engine. 120V/230V with multiple outlets. Run less than 20 total hours. Mint condition. Wheels and handle for easy moving. \$400 OBO. Call Royal at Mountain Times at 802-422-2399. TFN

FIREWOOD: GREEN & dry. Call 802-672-4690. TFN

FIREWOOD FOR SALE. We stack. 672-3719. 02/TFN

SERVICES

HOURS AVAILABLE for cleaning your home or business. Call 779-7708, ask for Nancy. 25/TFN

PAINTING - Interior & exterior. Staining & power washing. Free estimates, fully insured. 802-345-5827. 22/35

CLEAN-UPS/OUTS, RAISED gardens, veggie boxes, sunflowers. 342-6715. 23/28

SUSIE-Q'S CLEANING.... 802-747-9944. 20/TFN

SLIDING SCALE MASSAGE-fragrance free home-pets here/singograms/tarot card readings/dog hiking or walking/personal organic chef/Buddha meditation gardens. Second Wind Creations Mendon VT. 802-747-9944-twowindbags@aol.com 11/30

EXPERIENCED PAINTER available immediately for quality interior and exterior painting and renovation. Reasonable rates. Call Jerry 446-2279. TFN

PROPERTY MANAGEMENT personalized service. General & 24hr Emergency. Maintenance & Repairs. One home or Ten. Call for more info, R&R Construction 802-989-5245. TFN

HUNDREDS OF loving, adoptable animals killed in VT yearly due to overbreeding. Financial assistance for Vermonters on State/Federal assistance programs available. Send self addressed stamped envelope (#10) w/ 58/c postage to VSNIIP, PO Box 100, Bridgewater, VT 05034. One application per animal needed. For questions call 802-672-5302. TFN

WANTED

PEOPLE OF ALL AGES who love trains of all sizes! You are cordially invited to become a member of the Rutland Railway Association housed in Center Rutland Depot next to Carris Reels plant on Depot Lane, Center Rutland. We meet on Sats from 11am-1pm. For more details: rutland-railway.org TFN

NEEDED: HOMES for previously free roaming cats. Spayed w/ shots. Outdoor setting w/ barn ok. Indoor foster placement for pregnant females & others. Serious caring inquiries only. 802-674-5007. TFN

GUARANTEED HIGHEST Price for gold, silver, platinum, palladium, rhodium and rare US or foreign coins. Why settle for pennies on the dollar when you can receive full value. Nobody pays more... not the gold party housewife, not the man on TV, not the jewelry store. Free estimates. Serving collectors, investors, dealers, trust and estate officers, since 1976. Member ANA. APS. Royal Barnard. Daytime (The Mountain Times) 802-422-2399. Evenings or weekends 802-775-0085. TFN

BUYING ANYTHING Old. Postcards, pottery, jewelry, artwork, antiques, rugs. Best prices. Free estimates. Rick Wyman 236-3240. 51/TFN

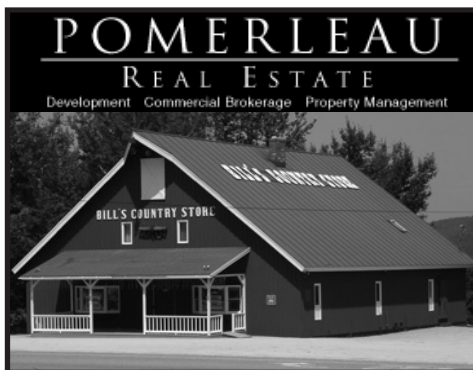
WANTED TO Buy: Antiques, Gold and Silver, old watches, jewelry, old coins, sterling silver, antiques and collectibles. I'll buy anything I can make a buck on. I'll make house call anywhere. Over 30 years experience. Call Dave Edmunds at 287-9434. TFN

EMPLOYMENT

WAIT STAFF, dishwasher. Call or stop in Pasta Pot, Rt 4, Killington. 422-3004. 26/30

FT DELI COOK to make sandwiches, baked goods and salads. Nights and weekends. Friendly, energetic and positive attitude required. Excellent pay, insurance. Call 672-6241 or apply at Bridgewater Corners Country Store. 25/26

THE STATE of Vermont Public Protection Division reminds us that if it sounds too good to be true, then it probably is! If you question the legitimacy of any program or product call The Consumer Assistance Program (CAP) at 800-649-2424.

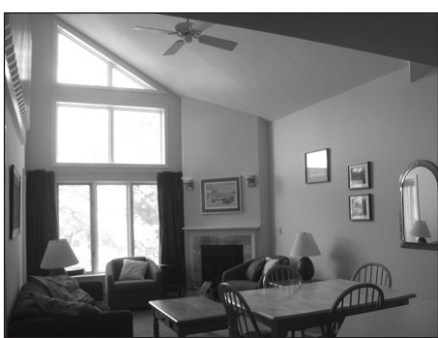


HUGE PRICE REDUCTION!

Former Bill's Country Store is for sale. Incredible visibility and access, centrally located at the junctions of 100, 4 and the Killington Mtn access road. Building consists of 6,000 +/- SF on 1.59 Acres. Room to expand or re-develop. Many different permitted uses allowed.

Please contact John Rao III for more information
 802.863.8217 x 26
 jrao@vermontrealestate.com
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FEATURED PROPERTY

One of a kind Killington Property! Post and Beam 3100 SQ. ft. 3 bedrooms, secluded yet close to skiing, golfing, fishing and all outdoor activities. 22 + acres. This house offers it all. Eat-in kitchen, dining room, living room with large stone fireplace, pool table with bar area, master bedroom with long range views, den, office, 2 decks one with an awning, 2 car garage and 3 horse stall barn with storage and loft. Barn has electric and water. Canoe in your own pond or snow mobile on your own land. The house has been reduced by \$50,000. Why rent when you can own all this. Listed for \$499,000 Don't hesitate it won't last long at this price.

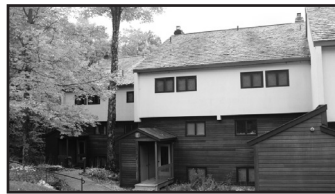
Claire Bousquet, Broker

Ski Country Real Estate
 335 Killington Rd. Killington, VT 05751
 802-345-6941, Claire@skicountryrealestate.com



Real Estate

THESE ARE JUST A FEW OF OUR LISTINGS...



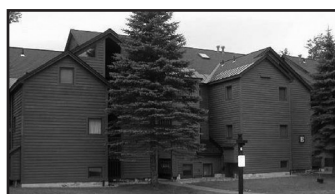
EDGEMONT CONDOMINIUM Enjoy lovely year-round views from this nicely appointed & furnished 2-level, 3-BR condo w/wood-burning FP. Ski home, winter shuttle bus.
 REDUCED TO.....\$198,000 \$160,000



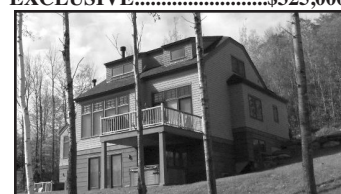
IMMACULATE KILLINGTON HOME 3 BRs, 2 BAs, gourmet kitchen, LR w/large stone FP, private deck, nicely landscaped. Great location, level access.
 EXCLUSIVE.....\$325,000

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PICO VILLAGE SQUARE Walk out of your door onto Pico ski lifts & ski home from this beautifully maintained and tastefully furnished 3-BR 2-Bath condo w/wood-burning FP & propane heat.
 EXCLUSIVE.....\$227,000



WOW! Over 2,600 feet of living area on 3 levels in this 3+BR, 3.5 Bath Winterberry Town home. Quality throughout. Great Killington location with views. Private hot tub. Beautifully furnished & appointed.
 PRICED TO SELL.....\$425,000



CHARMING KILLINGTON FARMHOUSE 4 BRs, 3 BAs, New roof, windows & electric service. Midway between K-1 and Skyship. Fully furnished. Price reduced to sell.
 EXCLUSIVE.....\$99,000



PITTSFIELD CAMP This very accessible 2-BR home borders a brook & is close to VAST snowmobile trails. LR w/vaulted ceilings, new carpet & a VT castings woodstove.
 EXCLUSIVE.....\$110,000

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First Telemark for sale since 2007! Remodeled and attractively appointed, this Telemark Village townhouse has cathedral ceilings, fireplace, loft, deck and a spacious finished basement. This updated townhouse also features a new kitchen with granite and stainless, a master suite and a new hot water heating system. Visit www.TelemarkVillageC3.com for details. \$325,000



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 802-345-8530, kyle@SkiCountryRealEstate.com
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Country Home with views of Pico Ski Area and a short drive to Killington Mt. Primary Residence or Vacation Property. 4 bedrooms 2.5 baths, separate entrance to office, family room or 1 bedroom apartment. Open kitchen dining area w/woodstove overlooking large deck and lovely backyard with smooth lawns, gardens and views. Livingroom with brick fireplace; Attached 2 car garage with 24 x 24 storage space. \$10,000 bonus to buyer. **Asking \$325,000**



Delicious Turn Key Chalet with Lake Rescue access. Tie your boat, canoe or kayak up to a fabulous lake and dock access. Open kitchen, dining and livingroom area with cathedral ceilings. Lots of light and great for entertaining or for family gatherings. Master bedroom w/washer/dryer on first floor. 2 bedrooms BA/loft area on the second floor. Walkout basement plumbed for another BA. Many opportunities for additional living space. Good rental income in lake area between Killington and Okemo Ski Area.. \$349,000

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Best Address in town 13.19 acres. Wonderful Older home with all the Charm & Finish one could ask for! Great updated & conforming custom Cherry Kitchen Cabinets, Dining area. w/private back yard, Mtn. Views. Handsome outdoor summer slate patio for great BBQ's & family fun/get-togethers. \$359,000 Call Denise Byers 236-8216 or x 16



Sportsman's paradise. Log home with privacy and exceptional views. This well maintained home features a large living room, sun room, master bedroom suite, home office and guest bedroom with on suite half bath. Radiant heat, wood stove. Oak ridge behind house abundant with wildlife. \$349,500 Call Jeff Chabot 282-2308 or x11

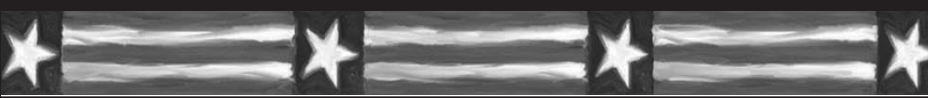


Enjoy country living. Exclusive and picturesque Rutland Town neighborhood. Entertaining at its best, open living from the kitchen, dining room, living room, open to the spacious deck and beautiful screened-in gazebo. Very nice large private yard with gardens and mountain views. Call Tom Bradder \$279,000 558-9961 or x 13



Beautiful Colonial. Located close to the town of West Rutland. Sitting on 2.3 acres with plenty of room. Nice mountains views, while sitting on the deck overlooking the above ground Pool. Come take a look. \$263,723 Call Ed Patch 747-8913 or x11

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CLOSE TO
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OR WOODSTOCK!**



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**Prime Killington Spot!
Minute Off Access Road!
4 Bed/2 Bath
\$209,000**



NEW LISTING

**Private Retreat At End of Road!
Amazing Views!
5 Bed/3 Bath
\$299,000**



**Ultimate VT Escape on 30 Acres With Pond!
Truly A Special Find!
Must See This Immaculate Gem!
4 Bed/3.5 Bath \$549,000**



**Multi-Level Contemporary w/Super Views!
Hot Tub! Direct Access to Snowmobiling!
Seller Motivated!
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**Slopeside or Ski Home Condos!
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Pico Village 2 Bed/2 Bath \$119,000!
Whiffletree 2 Bed/1 Bath \$112,500!**



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Loads of Potential!
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1Br/1BA. VIEWS. Pond. Mtn stream. 20ft
waterfall. Shed/barn. Being sold w/2ATVs &
lawn tractor. Very secluded. Call for Virtual Tour.**



**KILLINGTON. 3Br/2Ba + gar.
10A+/- w/pond. 2 wdstvs. VIEWS.
Complete privacy. Lg. shed w/wdstv for
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Deb Paino Hawk North Real Estate



Mtn home in family oriented private community. 16' vaulted ceiling in liv rm, flr to ceiling bookcases. Skylights & majestic windows provide an abundance of natural light. 2331 sqft home w/attached & heated gar. 43'x10' deck for those glorious sunsets. Heat sys converted, wooden & tile flr's throughout. 3bdrm, Rochester,Vt MLS 4070887 **\$249,000**

**deb@hawknorthrealestate.com
(802) 746-8911 (802) 767-3756**



1827 Old Schoolhouse - Own a piece of Rochester history! Newly updated and restored, this elegant 3 bedroom brick home also has a 2 bedroom guest cottage. \$345,000 for two homes.

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This distinctive Rochester home has 4 bedrooms or 3 bdrms with an office and a workout rm, energy efficient throughout. Two car garage, generator, hardwood floors, granite countertops all on 4 lovely acres located on a private road. Can be sold furnished. **\$425,000**. A must see to appreciate home.

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BETWEEN SNOWSHED & BEAR MTN • 2BR+LOFT+DEN+REC RM • Wood burning fireplace- Decks • Paved parking - gas heat - \$339K	DUPLEX OR LARGE HOME • 3BR/2BA per side, turn-key • Upgraded - wd burning flr/places • Open Floor plan \$339K	PASSIVE SOLAR GAIN • Killington 2BR/2BA + Den • Open floor plan, new appliances • Economical utilities \$240,000	SOUTHERN EXPOSURE-PICO VIEWS • 3BR/3BA - Gas heat - 1 Ac • Master BR/BA with whirlpool • Flat access \$349,000
HOT TUB & SHUTTLE AREA • 3BR/2BA-wood burning flpl • Recreation Rm-Laundry-Breezeway • Indoor hot tub building \$399K	ON VAST TRAILS • 3BR, 2.5 Acres-Garage • Radiant Heat-Tweed River • Large out bldg. \$349,900	GREAT TRAIL VIEWS • 3BR,4BA+den+Mudrm, 3Ac • large kitchen, indoor whirlpool • 2 master suites w/flplaces \$399K	MOVE-IN CONDITION • 3BR/2BA - 1 Ac- Oil Heat • Outdoor Hot Tub- Pico Views • Community Water Sys \$235K

 Nicole Aponowich	 Pat Linnemayr	 Megan Boyle O'Neill
 Daniel Pol	 Kyle Kerchner	
 Eileen Godfrey	 Meghan Charlebois	 Tricia Carter
 Lenore Bianchi	 Claire Bousquet	 Peter Metzler

CONDOMINIUMS				
		Studio-1BR	2BR	3-4BR
Ski In & Out				
Pico-Condos	(P)	\$112-\$118K		
Sunrise Condos	(P)(T)	\$145-\$173K	\$178-\$285K	
Topridge Townhouse	(P)(T)			\$699K
Ski In / Shuttle Out				
Edgemont				\$183-\$198K
Fall Line	(P)	\$110K	\$245K	
Highridge	(P)(T)	\$130-\$139K	\$175K	
Trail Creek w/loft	(P)	\$180K	\$275K	
Whiffletree	(P)(T)	\$75K	\$114K	\$179K
Shuttle				
Mtn Green (Bldg 1 & 2)	(P)	\$46-\$58K	\$85-\$99K	
Mtn Green (Bldg 3)	(P)	\$50-\$79K	\$109K	
Pinnacle	(P)(T)			\$205-\$230K \$370-\$400K
The Heights (NEW) w/oversized garage				
The Woods - Village Center	(P)(T)		\$149K	
Close Drive to Slopes				
Hemlock Ridge				\$180K
Fox Hollow	(P)(T)		\$148K	
Glazebok Townhouse	(P)(T)		\$199K	
Colony Club Townhouses	(P)(T)			\$239-\$249K
Killington Gateway	(P)(T)	\$99K	\$110-\$149K	
Moon Ridge T/House				\$200K
Northside			\$189K	
Valley Park			\$99K	
Silver Birch			\$125K	
Mendon Square		\$65K		
Telemark Village	(P)(T)		\$325K	
Winterberry "Detached" Townhouse				\$440K

CHARMING CAMP! • 2BR+loft-1BA- 1 1/2 Ac • Winterized, yr-rd use • Expansion Potential \$129K	2BEDROOM/2 BATH SUITES • Indoor hot tub room • Den with Bath - Mtn Views • Stone Fireplace \$390,000	BETWEEN KILLINGTON & RUTLAND • 4BR/3BA+LOFT, Rec Rm • Privacy-Deck-Master Suite • Cathedral- Efficient- \$278K	FINELY CRAFTED • 3BR/4BA custom home • Radiant Heat - walkout lower • cherry & tile flooring \$799K
POST & BEAM • 4BR/3.5BA, 4.7 Ac, landscaped • Open floor plan, pond • Mom in-law apt. \$449,000	GRIST MILL AREA • 5BR, 4BA Furnished, A/C • 9ft ceilings, outdoor hot tub • 2-car o/sized garage \$699,900	NEXT TO GOLF COURSE • 4BR/2BA -large Master • Spacious & Light Kitchen • Paved Driveway \$359,000	PASSIVE SOLAR GAIN • 4BR/3BA + 3.5 car garage • Solar design, loft/den, Paved driveway • Midway Rutland/Killington - \$450K
POST & BEAM • 3Br 2.5Ba - 3 stall Barn+loft • Killington 22Ac, stone fireplace • Post & Beam \$499,000	New Luxury Town Homes Starting at \$369,900 • 3BR / 3BA - 2200 sq ft • Townhome, Oversized Garage	LOG HOME • 2-3 Bedroom, 1 bath • 4 mi. to Killington Rd • Wood floors \$278K	EXQUISITE RETREAT! • 3BR/2.5BA w/guest suite • 2 Stone fireplaces,loft, wine cellar • Overszd 2-car heated garage \$689K