

# Killington Stage Race This Weekend

PAGES 10-13

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## The Mountain TIMES

Volume 40, Number 21

Central Vermont's Premier Weekly Newspaper

May 26-June 1, 2011

### SPORTS

## Killington Softball News is Back

See who has the best record so far and how all the teams are doing. Read the schedule so you can support your favorite team.

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### GENERATION Y

## Missing in Action



Even in the year 2011: there are great movies that still have yet to be released on DVD.

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### LOCAL SECTION

## Regional News

"The facts Ma'am. Just the facts." The Mountain Times gives you good, clean, local news without the editorializing. You're smart enough to figure it out for yourself!

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### HOME & GARDEN

## May Gardening Tips

Moving spring-blooming bulbs, using coffee grounds in the garden, and planting dahlias are some of the gardening tips for this month.

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## Grilling



## The Ancient Art of Grilling

by Greg Crawford

Memorial Day is the traditional start of the summer season, and to many, summer means barbecue. Now, in some parts of the country, barbecue has a very specific meaning involving special sauces and arcane incantations, while up in these parts it is more loosely defined as just cooking outside. It's also called a cookout. But the preferred term among the cognoscenti of al fresco dining is "grilling."

In a sense, the urge to cook outdoors can be considered a throwback to the days when our earliest ancestors discovered that fire was good for something besides keeping warm; they could cook the game that the hunters had brought back to the cave. Mastodon burgers! Yum! Ya want fries wit' dat?

Those of the feminine persuasion generally rule the kitchen, but for reasons lost in the mists of time, cooking outside is largely the domain of men, though not always with favorable – or even edible – results. Man make fire! Man throw meat in fire. Man eat... Yech! Tastes like Mastodon butt!

See?

So, to avoid embarrassment and incinerated comestibles, let us shed some light on the secrets of successful grilling.

Naturally, the first consideration is fire. The propane grill is the preferred appliance for many. But not all grills are created equal; there are many factors that should figure in your decision when choosing one.

Grilling, Page 2



"Spring Has Sprung" by Susan Farrow. Farrow Gallery, Castleton, VT.

## Open Studio Weekend

Vermont's natural scenic beauty is enhanced each spring when the work of Vermont artists and craftspeople can be seen firsthand during Vermont's Open Studio Weekend on May 28-29.

Open Studio Weekend is an annual statewide celebration of the visual arts when Vermont artists and craftspeople invite the public to visit their studios during Memorial Day Weekend. More than 226 sites will be open during this event, with more than 300 artists and artisans participating.

"Vermont is fortunate to have such a talented community of local artists and craftspeople," said Governor Peter Shumlin. "What makes Open Studio Weekend so unique is that visitors can meet a variety of artists and learn more about their tremendous range of creativity."

The event features the work of glass blowers, jewelers, printmakers, potters, furniture makers, weavers, ironworkers, painters, sculptors, quilt makers and wood carvers. Many galleries will host gallery talks and feature special exhibits in conjunction with this event.

The Vermont Crafts Council publishes a free map booklet with directions to participating sites, which is available at Vermont Information Centers, and at individual studios and galleries, or by request.

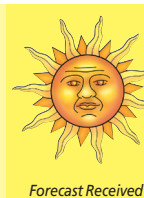
Open Studio Weekend was established 19 years ago by the Vermont Crafts Council to increase the visibility of artists and craftspeople in Vermont and to foster an appreciation for the creative process and the role that artists and craftspeople play in the vitality of Vermont's communities.

Open Studio Weekend is supported by the farmers who own Cabot Creamery, The Vermont Arts Council and the Vermont Department of Tourism and Marketing.

Visit [www.vermontcrafts.com](http://www.vermontcrafts.com) or call the Vermont Crafts Council at 802-223-3380.

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### WEATHER

Wednesday	Sunny	HI
Thursday	Showers	72°
Friday	Showers	76°
Saturday	Showers	76°
Sunday	Showers	76°
Monday	Cloudy	70°

Forecast Received  
May 24, 2011



# Grilling

continued from page 1

• How well is heat distributed over the cooking grate? Heavy stainless steel or porcelain-enamel coated bars work better and last longer. They should be solid, with no holes that could let grease foul the burners. The burners should also be stainless steel so they don't rust.

• Grease is a fact of life when grilling meat; so pay particular attention to a grill's grease collection system. Shallow pans spill over too easily. Look for a deep pan that is readily accessible and easy to remove.

• When playing with fire, safety should be your most important consideration. Does the handle have enough clearance from the lid to avoid burning your knuckles? Are gas lines and wires positioned well away from the heat source? Is the grill stable enough to resist sudden wind gusts without tipping over? These are things folks don't usually think about until they happen.

Many of the points listed above also apply to charcoal grills. One additional concern with charcoal is ash disposal. An ash collection portal in the bottom makes things much easier, but not all manufacturers think of that.

My personal preference is for good, old-fashioned charcoal. Depending on what I'm cooking, I may add a layer of hardwood chips on top of the coals. You can also use a combination of briquets with lump charcoal added once the coals are good and hot. Lump charcoal is all one kind of wood, not compressed sawdust, and can enhance flavor. Different woods impart mild, moderate, or pungent flavors. In the mild category, fruitwoods like apple or cherry are best for fish poultry or vegetables. Depending on the rub or marinade you're using, you can also use moderate woods like oak or maple with fish or poultry, as well as pork. Pungent woods, like mesquite or hickory work best with beef, lamb, or pork. This standard also applies when you are smoking any of those meats.

Neophyte grillers often succumb to impatience and slap the meat on the grill before the coals are ready. Wait until the top layer of briquettes has a uniformly light gray ash layer, and the coals beneath are bright red. If they're not burning thoroughly, they're not hot enough to cook your meat properly.

I do not use charcoal lighter fluid; sensitive palates will notice that it can impart an unpleasant taste to anything you cook. I recommend a charcoal chimney. It is a metal cylinder with a wire cone in the bottom of it. Crumple a couple of sheets of newspaper – not this one, of course – and stick them under the cone. You can place the chimney on your grill, or on a flat stone. Fill the top with charcoal, and then light the paper through the vent slots at the bottom. Voilà! Your coals will be ready in minutes. An insulated handle lets you dump the coals into your grill, and you're off.

When you're cooking over an open flame, ordinary kitchen utensils are usually inadequate to the task because the handles are too short. Invest in some quality long-handled tongs, a fork and a spatula so you don't wind up with well-done fingers. A good insulated oven mitt might not be a bad idea, either.

So, you've got all the equipment, and sage advice up the hoo-hah. Now it's time to cook something! When you're just getting started, using store-bought rubs and marinades is fine, but sooner or later, you're going to want to kick it up a notch and create your own from scratch. It's easier than you might think, and the flavor puts store brands to shame. When your guests praise the flavor, the bragging rights of having created the rub or marinade yourself are nice, too!

Since steaks are the most frequently grilled meat, here's a rub you can try. Mix together in a bowl the following ingredients:

- 4 teaspoons sea (or kosher) salt
- 1 tablespoon pure chili powder
- 1 tablespoon granulated onion
- 1 1/2 teaspoons granulated garlic
- 1 teaspoon smoked (or regular) paprika
- 1 teaspoon dried marjoram
- 1/2 teaspoon ground cumin
- 1/2 teaspoon freshly ground black pepper
- 1/4 teaspoon cinnamon

Apply rub to both sides of your steaks 15 to 30 minutes before grilling.

Steaks and fries are natural plate mates. For something different, try this recipe for sweet potato fries. You'll want one of those nifty little grilling baskets with a long handle for this.

- 2 large sweet potatoes
- 4 tablespoons olive oil
- 1 teaspoon ground cumin
- 1 teaspoon smoked (or regular) paprika
- 3/4 teaspoon salt



1/2 teaspoon black pepper

Peel the potatoes and cut lengthwise into fairly large wedges, about 10-12 pieces per potato. In a large bowl, mix ingredients into the oil until cumin and paprika dissolve, then add potato wedges and coat thoroughly. Arrange potatoes in a single layer in basket sprayed with olive oil non-stick spray. Grill about 7 minutes per side.

Pork or beef ribs are the next most popular item for grilling. This is a recipe for the best ribs you will ever taste! Just try not to get snookered "testing" the marinade!

RUB

- 2 teaspoons whole black peppercorns
- 2 teaspoons mustard seed
- 2 tablespoons light brown sugar
- 1 teaspoon granulated garlic
- 1 teaspoon granulated onion
- 1 teaspoon paprika
- 2 racks pork spareribs, 3-4 pounds each
- 1 tablespoon kosher salt

MOP

- 1 cup bourbon
- 1 small onion (5 oz.), puréed
- 1/2 cup light brown sugar
- 1/4 cup dark corn syrup
- 1/4 cup ketchup

2 tablespoons coarse, deli-style brown mustard

To make the rub, use a coffee grinder or mortar and pestle to pulverize the peppercorns and mustard seed. Use a small bowl to combine with the rest of the rub ingredients.

Place ribs meaty side up on a cutting board. Follow the line of fat that separates the meaty ribs from the tougher tips at the base of each rack, and cut off the tips. Turn rack over and cut off flap of meat attached to center, then cut off flap of meat hanging below shorter end of ribs. Using a knife, peel off the membrane from the back of the rack.

Season the ribs all over with the rub, wrap in plastic, put them on a plate, and refrigerate 12 to 24 hours. Allow ribs to reach room temperature before grilling. Season with the salt.

Whisk all the mop ingredients in a bowl.

Grill ribs over low indirect heat for 1 hour. Indirect means they're not right over the coals. After an hour baste ribs with mop, then once every 30 minutes until the meat has shrunk back from the rib bones about 1/2 an inch and

Grilling, Page 3



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# Killington Tricycle Racers and Pit Crews Invited

by Ned Dyer

In an article published in the May 12 issue of the Mountain Times, it was announced there is to be an historic reunion of the Killington Tricycle Race Officials, Race Committee, Grand Marshalls and Queens, and that they as a group were invited to participate in the 250th Birthday Celebration of the Town of Killington

at the Annual Fourth of July Celebration to be held at the Herbert I. Johnson Rec Center on River Road. The event will be co-sponsored by the EDT, the Killington Volunteer Fire Department and the Killington Chamber of Commerce on Monday July 4th.

In an oversight by the Tricycle Race Officials (none of whom were available

for comment), the Racers, those hale and hardy fruit cakes who risked life and limb to actually compete in the Killington Tricycle Race (to the delight of thousands of spectators), were not included in the reunion plans. Herewith is an open, however, belated, invitation to the Race Teams and their pit crews of such teams as The Johnson/English Racing Team, The Lord's of Racing, The Pittsfield Peddlers, The Killington Wedge, D.A.M.M., The Red Clover Racing Society, Dr Phrog's Racing Team, The Five Chairs, The Eastover Teams, the Killington Peak Freakers, The Ottauquechee Raft and Polo Club, The Sleazy Riders, The Rocky Ridge Yacht Club, et al to join with the Race Officials and celebrate this historic event.

The plan, as announced in the May 12 article, is to meet at 9:30 a.m., Monday July 4th the Killington Events Hall, which is the staging area for the Fourth of July Parade, and as a group take a leisurely stroll down River Road to the Rec Center where there will be food, refreshments,

entertainment, games and exhibits. The dress code for the Trike Race Alumni reunion is red, white and blue with a red hat being MANDATORY.

Red baseball caps are acceptable but creative chapeaux's are requested, in red of course. We are asking that all racers wear suspenders to set them apart from those knuckle heads who put you thru all those shenanigans on Trike Race Sunday. There will be a prize for the most outrageous suspenders. Should anyone require instruction as to the installation and operation of said suspenders, please contact the Scoop John D, our resident expert, on the use and abuse of suspenders. Flags and kazoo's will be provided.

We do need your help getting the word out to the teams and their pit crews since all the records of the Killington Tricycle Race were destroyed some years ago in a fire of suspicious origin. If none of this is clear to you or you have any lame suggestions, by all means contact me, Ned Dyer at 802-422-2043 or preferably by e-mail to Nedzo@vermontel.net.

## Grilling

continued from page 2

tender enough to tear with your fingers. Transfer ribs to a baking sheet, brush with the remaining mop, cover with foil and let the ribs rest 1/2 an hour before serving.

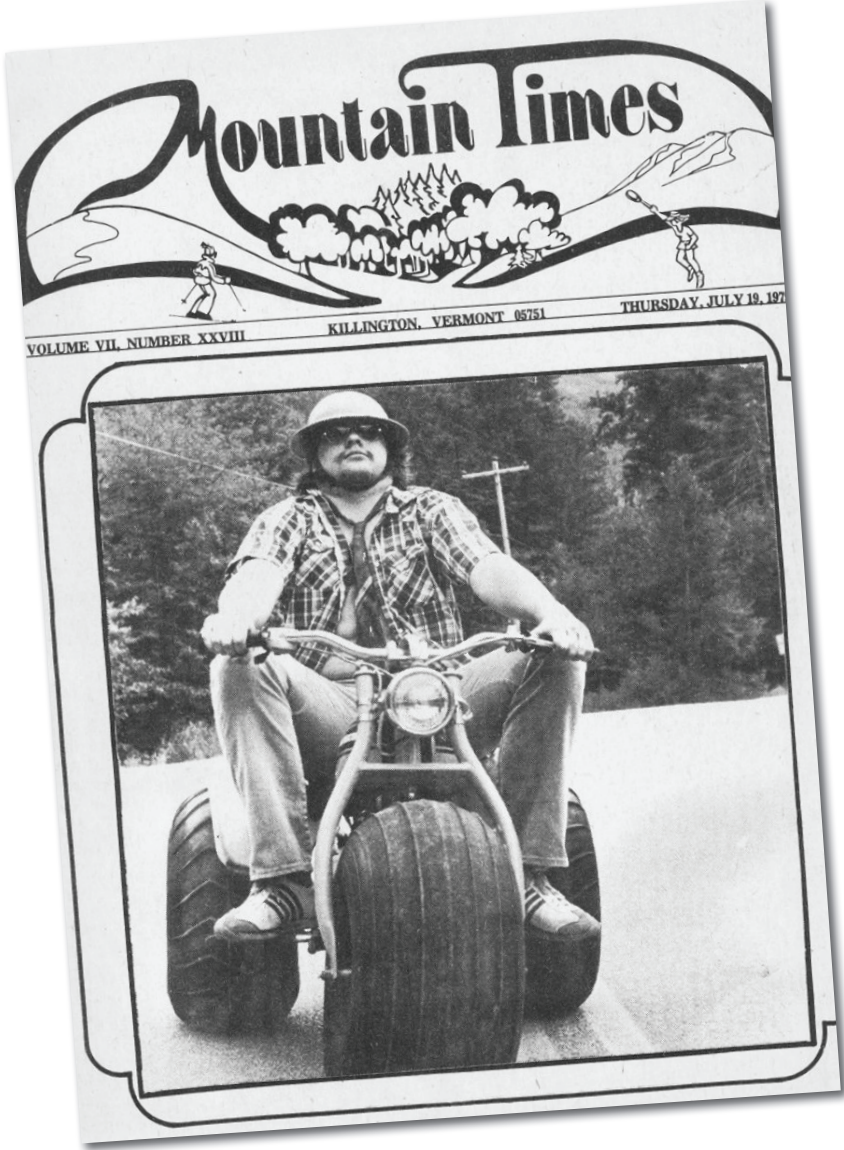
For a great burger, put 1 1/2 lbs of ground chuck in a bowl with:

- 1 tablespoon ketchup
- 1 teaspoon dried basil
- 1/2 teaspoon dried thyme
- 1/2 teaspoon sea (or kosher) salt
- 1/2 teaspoon Worcestershire sauce
- 1/2 teaspoon Tabasco® sauce
- 1/4 teaspoon freshly ground pepper

Mix ingredients by hand, and form into patties. If you want a cheeseburger,

Pepperjack Cheddar is zesty, and smoked Gouda is out of this world! Put lettuce, tomato and onion on a lightly toasted Bulkie roll, and you have the best darn burger this side of anywhere!

There are probably hundreds of books about grilling, but one of the best I've come across is Weber's "Real Grilling" by Jamie Purviance, and published by Sunset Books. It is a valuable resource for novice and expert grillers alike. All this talk about food has made me hungry enough to eat the south end of a northbound skunk! Fire up the grill!



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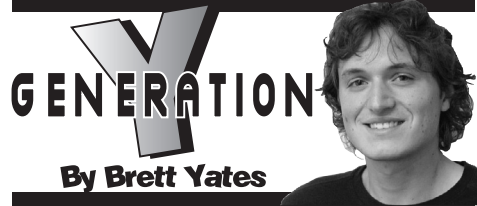
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## Missing in Action

In the 21st century, we're so spoiled by our multitude of entertainment options – movies, music, and TV shows jump at us from every direction, begging to be downloaded or DVR'd or even just glanced at – that when we actually go to the trouble of seeking out a specific film for some specific reason, it's a genuine shock if we find that it's not available to us. It seems almost an injustice.

It does happen, though, even in the year 2011: there are great movies that still have yet to be released on DVD. Sometimes the reason is a perceived (or real) lack of interest; sometimes complicated legal issues are involved. If you have Netflix, you're used to having access to whatever you want to watch, but Netflix can't help you here. Occasionally you'll catch these films on TV or, if you're in a big city, at moviehouse revivals, but you have to be more vigilant than you'd probably like. Here are ten of my favorite hard-to-find films, in alphabetical order:

1. "Abe Lincoln in Illinois" (1940) – A modest, intelligent biopic covering Lincoln's early years, this is one of several good 1940s movies penned by the playwright and Algonquin Round Table member Robert E. Sherwood (his "Rebecca" adaptation came out in the same year), who won a Pulitzer for the stage version. It marked the first of several times that Raymond Massey would portray our 16th president on camera.

2. "Airborne" (1993) – Transparently designed to capitalize on early-'90s enthusiasm for extreme/alternative sports, "Airborne" tells the story of a teenage California surfer transplanted to Cincinnati, where he joins a pack of local hockey goons in a rollerblading race down the most fearsome hill in southern Ohio. I'm pretty sure this movie isn't any good, but it used to appear on TV all the time when I was a kid, and the thought that I may never be able to see it again frightens me. Seth Green and Jack Black have early-career roles.

3. "The Blue Dahlia" (1946) – A sort of hard-boiled version of "The Best Years of Our Lives," Raymond Chandler's only original screenplay made for a compelling film noir and a memorable picture of Los Angeles in the 1940s. Veronica Lake was born for this genre. The title served as inspiration for the real-life murder victim Elizabeth Short's nickname "The Black Dahlia," which in turn became the name of a James Ellroy novel and its ensuing film.

4. "Dragons Forever" (1987) – My favorite from Jackie Chan, this was the final film in which he appeared alongside both Sammo Hung and Yuen Biao, his old classmates from the China Drama Academy. Chan's Hong Kong movies had silly, disposable plots that existed only to string together masterful sequences of comic action (more entertaining, for me, than anything by Buster Keaton), and the kung-fu set pieces in this one are among his very best. Acrobatic co-star Yuen is as much fun here as Chan is. It used to air constantly on TBS.

5. "The Gunfighter" (1950) – This complex, character-based Western stars Gregory Peck as a notorious gunslinger haunted by his own legend. A

cowboy movie for adults, Henry King's slightly didactic, slow-moving tragedy has a rare resonance.

6. "The Magnificent Ambersons" (1942) – RKO infamously tampered with Orson Welles's follow-up to "Citizen Kane," and you can sense the gaps where the studio excised portions of his film. (The characters don't fully take shape, and it ends too abruptly.) Because producer George Schaefer petulantly destroyed the scenes that he, working with editor Robert Wise, had deleted, we'll never see what Welles wanted us to, but the existing product still features remarkable set design, a literate script, an elegant performance by Joseph Cotton, and a charming voiceover by Welles himself. Intended to be an epic chronicle of the birth of the 20th century, it remains a showcase for Welles's technical brilliance; his fluid camerawork and complex sound design bring the Amberson mansion vividly to life. Supposedly it will at last be coming to DVD this year.

7. "Period of Adjustment" (1962) – This Tennessee Williams adaptation is a curiosity for the simple fact that it's a comedy. A weird mixture of light-hearted, 1960s-ish marital humor and deep sexual neuroses, it has great moments, as most of Williams's creations do. Taking place at Christmastime, it would make for a nice (if rather eccentric) alternative to standard holiday programming.

8. "Rad" – Predecessor to "Airborne," "Rad" is another cheesy extreme-sports flick, this time with BMX as the focus. It's a better movie, though, and for all its corniness, it's a real '80s classic, as much

for its earnest John Farnham soundtrack as for its bicycle stunts. It's one of those accidental gems that, somehow, serves as a perfect time capsule – not because it represents anything close to the reality of its decade but because it's so wonderfully emblematic of the particular lame moment in American pop culture that produced it. Watch for Lori Loughlin's very obviously male stunt double in her riding scenes.

9. "Wheels on Meals" (1984) – Another of Jackie Chan's Hong Kong classics, this one is famous for Chan's showdown with Benny "The Jet" Urquidez and for taking place, surprisingly, in Barcelona. Because the protagonist works in a food truck, the title was supposed to be "Meals on Wheels," but the studio believed that titles starting with the letter "M" were bad luck and changed it to the version we know today, which makes absolutely no sense.

10. "Wuthering Heights" (1939) – William Wyler's adaptation is a tried-and-true classic, and it comes as a shock to me to find that it's still not on DVD. It leaves out huge chunks of the novel, including the entire second half, and it tries harder than Brontë's novel did to make Heathcliff sympathetic, diminishing the character in the process, but Olivier's performance and Gregg Toland's photography assure its place in cinematic history. Amazingly, it gets the author's name wrong (she's Brontë, not Bronté) in the opening credits. You can probably find it on TCM.

At this point, they may as well skip DVD and go straight to Blu-Ray.

## 30th Annual Teenie's Fishing Derby

The 30th annual Teenie's Handicapped & Senior Citizens' Fishing Derby will take place Sunday, June 5th, at Teenie's Tiny Poultry Farm in Chittenden, Vermont. The event – which this year also celebrates Bob Bearor's 55th year hauling mail for the U.S. Postal Service – draws hundreds of older folks and wheelchair-bound fishermen of all ages for a day of great fishing and free food, rain or shine.

Longtime Chittenden residents Teenie and Bob Bearor organize and host the fishing derby at their farm northeast of Rutland, Vermont, and federal fish hatcheries stock the Bearors' pond with salmon and rainbow, brown and native trout for the event. Anglers bring their own chairs, bait and tackle; there is a limit of four catches per person. Whether they get lucky or not, they're sure to take home a prize or two from the drawings held all afternoon for goodies provided by local merchants and residents.

Volunteers cook and serve up hot dogs, sausage, ice cream and other food. Individuals and local and national restaurants, food manufacturers and other businesses generously provide the food and beverages.

His father was behind Bob's organization of the first Fishing Derby. "Being in a wheelchair did nothing to dull his love of fishing," says Teenie, "but wheelchair access for fishermen was really limited."

Determined to find an easy way for Bob's dad, paraplegics and seniors and the disabled generally to angle at leisure, the Bearors built their pond. Bob's dad didn't live to see it, but in 1982, Teenie and Bob began opening it to the handicapped and seniors the first Sunday in June each year. Participation has grown from about 50 that first year to 300 or more in recent years. "The weather almost doesn't matter," says Bob. "We've had some of the biggest groups in the pouring rain."

A pictorial cancellation commemorating the event from the U.S. Postal Service will be a special highlight of the fishing derby this year. Postal personnel will be on site to handle the cancellations.

Food will be served at 11:30am. Fishing begins at 1pm.

## 4th Annual Gayle A. Sheldon Memorial Ride

Enjoy scenic Vermont from your motorcycle or car and support the Foley Cancer Center at Rutland Regional Medical Center. Join us at the fourth annual Gayle A. Sheldon Benefit Ride for Cancer Patients and Family Fun Day to raise awareness of brain cancer and raise vital funds to improve the quality of life for patients and their families living with the struggles of cancer. The Benefit Ride is supported and led by The Lake Region Independent Ryders.

The ride will be held on Saturday, June 11th at the Vermont State Fairgrounds in Rutland. Registration begins at 8:30 a.m. at the Park Street Gate. The Ride starts at 10 a.m. Registration fee is \$20 per rider and includes a pig roast and vest patch. Pre-registration is available at Dan Turco & Sons Yamaha by calling 802-773-8650.

Gates open to the public at 12:00 noon

on Saturday, June 11th and Sunday, June 12th, and admission is free. The weekend event features tons of great entertainment, such as barrel racing, mechanical bull riding, vendors, monster truck rides, USA Army rock wall, and live country music by Corey Cox, Rachel Timberlake, Greg Burrough, and Jessie Brown, and much more!

The event, organized by Gayle's children and families, is held to honor their mother who fought a courageous battle with glioblastoma, a type of brain tumor. Gayle's hope was to raise awareness of glioblastoma and to help patients and their families that are affected by the disease. Gayle lost her battle in October 2007.

For more information, contact the Gayle Sheldon Memorial Foundation at 802-770-9813.

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# Budweiser Killington Softball League

Standings:

- 1) TIE: Clear Cottage 2-0
- Moguls Sports Pub 2-0
- Phat Italian Heros 2-0
- 4) TIE: Vermonsters 1-1
- Ramuntos Pie 1-1
- 6) TIE: Charity's Hitters 0-2
- Slips, Trips & Falls 0-2
- Jax Food and Games 0-2



The season kicked off exactly where it ended last year with the Champion Clear Cottage beating Slips, Trips and Falls. This time around the score was 11-5. The Clear is returning everyone from their Championship team except for John Decker who was traded to the Bennington Bombers and Steve Nutter picked up by the Tahoe Teacups. The Clear was busy in the off-season signing two veteran players to fill those spots. Neal "Phat No More" Giberti quickly made an impact on his new team blasting a homerun in his second at bat. They also acquired Rob Pelletier from the 2008 Champion Long Trail team. Pelletier, absent from game one due to contract issues, made a defensive impact in game two. He turned a side arm web-gem game ending double play. The Clear was all over Ramuntos Pie last Wednesday night. This game was close until the teams took the field. The Clear put on a hitting clinic, blasting Ramuntos 21-1 in five innings of play. The only thing that stopped the Clear's bats was the end of the game. 2010 Homerun King Judd "Lights Out" Washburn showed he's in contention to win it again, going four for four with three home runs and nine RBI's. Team Owner Johnny "Lightning" Hurley just missed hitting for the cycle. All-Star pitcher Ronzoni was en-fuego striking out guys left and right for "Cold Beer K's."

Elsewhere around the league, the Phat Italian eager to

turn things around after a dismal six win season last year, came out firing and dismantled the Heavy Hitters 22-0. Their next game against Jax was a solid team effort as they scored seven runs in three innings. League Rookie Jake blasted a solo homerun for Jax to end the shut-out. The Phat answered with a three-run shot by Dan "Fantasy" Mueller who had taken last season off to concentrate on Fantasy Baseball. Jax managed a few more runs but fell by a 10-4 score.

Jax, a storied franchise having never won the Championship because they are constantly changing players, has their work cut out for them. They also lost their first game against fellow new-comers Ramuntos, 13-2.



The Vermonsters had a down and up start of the season. They started with a 9-2 loss to another new team: Moguls. The Vermonsters could not get the bats fired up. Moguls on the other hand could, and did, every inning for the solid team win. The Vermonsters rebounded in a big way in their next game, crushing STF for the mercy

win. The Vermonsters woke up their bats and STF could not put them to sleep.

The most hyped game so far was between the Heavy

Hitters and Moguls because it features three former Heavy Hitters now known as "Heavy Quitters" and it did not disappoint. Moguls, a heavy favorite, got an early scare from the Hitters who turned a rare double play. That fired up the crowd because it was against Scuba Steve, now a Heavy Quitter. The Hitters scored the first run of the game and held Moguls scoreless for three innings. The Hitters took a 2-0 lead off a huge bases loaded single by Cathy "My Hebra" Newman. Moguls regained their composure and slowly chipped away at the lead and eventually regained it for good. According to the fence, pitcher Scuba Steve "Cold Beer K'd" the Hitters seven times. The biggest star for Moguls was Heavy Quitter Ryan Watson who was diving all over the field for defensive stops. Unfortunately for Moguls, he has now quit that team to go play for the Nantucket Nectars.

Schedule:

Monday, May 30: No games scheduled. Happy Memorial Day!

Wednesday, June 1:

Phat Italian vs. Slips, Trips & Falls - Bridgewater 5:50 PM

Jax vs. Moguls - Bridgewater 7:00 PM

Charity's Hitters vs. Clear Cottage - Killington 5:50 PM

Ramuntos Pie vs. Vermonsters - Killington 7:00 PM

There will be a Budweiser sponsored post game party Wednesday, June 1 at the Clear River Tavern, 7pm-12am.

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## NATURE'S WAY

### Where the Wild Things Ought to Be

by Catherine Buni

On the fourth day of spring, fifteen kindergartners rejoiced in a sunny field a few blocks from downtown Montpelier, Vermont. It was Friday, a school day, and Mrs. Koch's morning lesson, acting out a favorite native species, had just begun.

At my feet, the class squirrel turned somersaults. In the middle of the field, a white-footed mouse and Monarch butterfly rolled in the melting snow, while a porcupine and yellow-spotted salamander simply licked it. At the edge of a wooded hillside, a red-tailed hawk and great blue heron skipped in circles and tossed glittering clumps of ice into the air.

E.O. Wilson, the Pulitzer Prize-winning scientist and author made famous for studying ants, would have recognized the scene—a pack of small children romping around a field on a school day pretending to be wild animals—reminding us that we have been running in bands of hunter-gatherers for millions of years. Biophilia, he called our human wildness, “the innately emotional affiliation of human beings to other living organisms.”

Most outdoorsy parents have read or heard of Richard Louv's best-selling *Last Child in the Woods*, or the recent films *Mother Nature's Child* and *Play Again*, all cautionary tales about what is becoming known as Nature Deficit Disorder. What I liked most about these movies and Louv's book is that they put some science be-

hind all the Thoreauvian intuition we've ever had about the inherent value of being in nature. Being in nature reduces the symptoms of ADHD, Louv tell us, and can “improve all children's cognitive abilities” and resistance to depression and “negative stresses.”

Even so, whether it's technology, workload, or fear of injury, infection, or abduction to blame, our children are spending less and less time outdoors. Our national obesity statistics reveal that one in four kids is now overweight, more than a doubling in a single generation, even as team sports participation has exploded. Our national “screen time” average for 8- to 18-year olds is up to 37.5 hours per week, according to a recent study by the Kaiser Family Foundation. Research out of the Centers for Disease Control links screen time to obesity. Another study suggests that spending a few hours a day surfing the Internet leads to higher rates of depression. By getting outside, we might be saving not only ourselves, but our planet as well. There is evidence that when we make time to fall in love with the natural world, we are more likely to take good care of it. Kind of like our kids.

It is for all these reasons that the teachers, parents, and administrators at Montpelier's Union Elementary teamed up with the local North Branch Nature Center a year ago. Now, with the Nature Center's grant-funded Amy Butler in the lead,



Susan Koch's kindergartners, and eight other classes totaling 150 kids, tramp off to nearby wood, field, and stream every alternating Friday. Because of collaborations like this one, Children & Nature Network President Cheryl Charles says, national participation in the No Child Left Inside movement is at an all-time high. She's “inspired by the opportunities, especially in places like Vermont,” she says, where the outdoors is, well...everywhere.

On this early spring day, it's two city blocks from Montpelier's Union Elementary, and, after sitting in a circle in the field there, gnawing on bagels and watermelon, the animals are beginning to stir. Amy Butler stands up and starts gently beating a hand drum.

“Guess what?” she calls out. “We have to go into the woods!”

Left, right, center, the kids scatter, crawling on hands and knees, volunteer parents scrambling to keep up. Mrs. Koch heads for the top, where, standing on the ridge, she surveys her class exploring the sun-striped hillside below. The class river otter, a girl wearing a powder pink balaclava with a silver fleece crown and the word “Princess” stitched on top runs

up from behind, clutching a crust of ice in her arms.

“Look what I found!” she shouts. “A print, and we got it out of the snow!”

Mrs. Koch pulls a pack of track identification cards out of her coat pocket. Another girl, the snowshoe hare, plops down on the snow next to her. Bear? Muskrat? A dad joins in. Ruffed grouse? Turkey? The river otter hops to her feet.

“I'm going to go play!” she announces and runs off into the woods.

The owl crests the ridge, a stick in each hand, his one-on-one paraeducator kicking steps into the snow a few paces behind him. The boy, who I'd been told talks only on these outdoor days, looks at me and points to the sky, porcelain blue between pine boughs swishing in the wind. “Sky!” he calls out excitedly. He turns his brown eyes to the sun. “Trees,” he says. “Wind.”

Catherine Buni is a writer living in East Montpelier, Vermont. The illustration for this column was drawn by Adelaide Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine and is sponsored by the Wellborn Ecology Fund of New Hampshire Charitable Foundation: wellborn@nhcf.org

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## Splish Splash Without Taking a Bath

Mark your calendar for Sunday, June 5th to join us at the Summit Lodge for our 2011 Summer Pool and Tennis Membership Club Kickoff Party. The fun begins at 3:00PM at the pool and Gazebo Bar. Killington's favorite band, The Vibratones, will be jamming for your entertainment pleasure. You are welcome to come earlier and enjoy pool or play some tennis.

The Summit Lodge is offering a Pool and Tennis Club Membership for the 2011 season. Membership includes use of the pool as well as play on our red clay tennis courts for the entire 2011 season for \$150. A “pool only” membership is

available for \$100.

Also included in the membership are eight patio dinners to be served poolside on Sunday evenings. The Gazebo Bar will open each Sunday at noon, making it easy to spend the day and enjoy dinner all in one place. And if that's not enough to tickle your fancy, add in Frank Chase on the ivories on Sunday evenings as well.

You can sign up for your membership on June 5th, or do it earlier by simply stopping in at the hotel. Payment can be made by check, cash or credit card. Membership is only open to those 21 and older.

For complete information, call the Summit Lodge at 422-3535.



## Rosie's Girl Rutland Summer Program

Registration is open for girls entering 6th, 7th, or 8th grade! Rosie's Girls is a trades-based camp for middle school aged girls where girls build, learn and grow while trying carpentry, welding, fire fighting and more! This is our 3rd year in the Rutland area and

camp is two weeks, 9 to 5, Mon to Fri, July 11 to 22, 2011 at Mill River UHS. \$259 for the two weeks includes a t-shirt, toolbox and a set of tools to take home! See [www.rosiesgirls.org](http://www.rosiesgirls.org) for an application or email Sue May at [sjemay@aol.com](mailto:sjemay@aol.com).



## Hungarian Wine

There are only two European languages that have a word for wine that is not derived from Latin: Greek and Hungarian. Not that this is so unusual, there are probably plenty of words like that, but it does show a long history of wine in a country that we rarely see wine of on the shelves around our shores. Besides Hungarian, as well as Greek, seems more of a tongue breaker, as words resemble nothing close to anything in English.

Yet, Hungarian wine as well as close by Austrian wine has a history dating back at least to Roman times. Best known is the dessert wine Tokaj, named after the famous wine district by the same name. It is not a grape, even though the Hungarians prohibit the use of the term for grapes of that name in Italy or Slovenia after a long legal fight a few years ago.

Tokaj is actually made mostly with the grape 'Furmint,' which is also quite popular in Austria again, to no surprise - after both countries formed an empire together for a long time. The other officially approved grapes for Tokaj besides Furmint (about 60%) are 'Hárslevel,' (another 30%, with the rest sharing the remaining percentage), 'Yellow Muscat' (Hungarian: Sárgamuskotály), Zéta (previously called Oremus - a cross of Furmint and Bouvier grapes), 'Kövérsl,' and 'Kabar' (a cross of Hárslevel

and Bouvier grapes), let me know if you can correctly pronounce these!

Hungary's most famous wine region is in the far north of the country where a long warm fall and mists from the River Bodrog create perfect conditions for noble rot. If the grapes are sufficiently botrytised they become 'aszú' grapes, the basis for the famous dessert wine, which only gets made in good years (maybe three out of ten). It is then labeled with 'puttonyos' (which are actually the baskets 'aszú' grapes were collected in), which now denotes the level of sweetness with grades of three to six Puttonyos and the equivalent of Trockenbeerenauslese: 'Aszú Eszencia.'

It used to be mainly reserved for royalty throughout Europe and was fancied at the Royal courts from Versailles to Vienna and fans of the wine included Queen Victoria, Peter the Great, Napoleon and Hitler.

However two world wars did great damage to the wine region and neglect of communist rule lead to further decline. Only after the fall of the Iron Curtain some courageous wine lovers struggled to re-establish the Tokaj legacy and produce some of the worlds most unique and intriguing wines. The dry 'Furmint sec' made in the years when conditions are not good enough for aszú grapes is a wonderful white, reminiscent of Chardonnay of Viognier that combines the viscous intensity and bright acidity with extraordinary minerality, well worth seeking out and somewhat affordable at around \$25, whereas the dessert wines will probably set you back three to four times that amount. Look for the region's crown jewel, 'Királyudvar,' which for centuries supplied Imperial wine to the Hapsburgs.

## The Big Bang

One trillion years from now, alien astronomers in our galaxy will have a difficult time figuring out how the universe began. They won't have the evidence that we enjoy today.



Edwin Hubble made the first observations in support of the Big Bang model. He showed that galaxies are rushing away from each other due to the universe's

expansion. More recently, astronomers discovered a pervasive afterglow from the Big Bang, known as the cosmic microwave background, left over from the universe's white-hot beginning.

In a trillion years, when the universe is 100 times older than it is now, alien astronomers will have a very different view. The Milky Way will have merged with the Andromeda Galaxy to form the Milkomeda Galaxy. Many of its stars, including our Sun, will have burned out. The universe's ever-accelerating expansion will send all other galaxies rushing beyond our "cosmic horizon," sending them forever out of view.

The same expansion will cause the cosmic microwave background to fade out, stretching the wavelength of CMB photons to become longer than the visible universe. Without the clues of the CMB and distant, receding galaxies, how will these far-future astronomers know the Big Bang happened?

According to Harvard theorist Avi Loeb, clever astronomers in 1 trillion C.E. could still infer the Big Bang and today's leading

cosmological theory, known as "lambda-cold dark matter" or LCDM. They will have to use the most distant light source available to them -- hypervelocity stars flung from the center of Milkomeda.

About once every 100,000 years, a binary-star system wanders too close to the black hole at our galaxy's center and gets ripped apart. One star falls into the black hole while the other is flung outward at a speed greater than 1 million miles per hour -- fast enough to be ejected from the galaxy entirely.

Finding these hypervelocity stars is more challenging than spotting a needle in a haystack, but future astronomers would have a good reason to hunt diligently. Once they get far enough from Milkomeda's gravitational pull, these stars will get accelerated by the universe's expansion. Astronomers could measure that acceleration with technologies more advanced than we have today. This would provide a different line of evidence for an expanding universe, similar to Hubble's discovery but more difficult due to the very small effect being measured.

By studying stars within Milkomeda, they could infer when the galaxy formed. Combining that information with the hypervelocity star measurements, they could calculate the age of the universe and key cosmological parameters like the value of the cosmological constant (the lambda in LCDM).

"Astronomers of the future won't have to take the Big Bang on faith. With careful measurements and clever analysis, they can find the subtle evidence outlining the history of the universe," said Loeb.

This research appears in a paper accepted for publication in the Journal of Cosmology and Astroparticle Physics.

## PITCHING DEBUT

Allison Almond made her pitching debut for the Proctor minor softball team against Rutland on May 19th. Proctor won by 1 run in a close game. See how the team did by reading Proctor Place on page 26.



photo by Karen Almond



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# GolfNews

## Golf Capsules

by The Associated Press

**PGA Tour**  
**FORTWORTH, Texas (AP)** - David Toms threw up both arms up in the air and a smile took over his face when he finally regained the lead at Colonial. This time, he didn't let it get away.

A day after blowing a seven-stroke advantage to go into the final round trailing Charlie Wi by one, Toms made an eagle with a wedge shot from 83 yards at the par-5 11th hole Sunday to take the lead for good and went on to his first PGA Tour victory since January 2006.

The 44-year-old Toms closed with a 3-under 67 at Hogan's Alley to get to 15 under. His long-elusive 13th career victory came a week after a playoff loss to K.J. Choi at The Players Championship, his sixth runner-up finish since last winning.

Wi shot a 69, ending up a stroke back for his fourth career runner-up finish without a win.

After that playoff loss at TPC Sawgrass, Toms had an opening 62 at Colonial for his best score in 429 rounds - since a career-best 61 during his last victory at the Sony Open in Hawaii. Toms followed with another bogey-free 62 to match the PGA Tour scoring record for the first 36 holes of a tournament (124). But the 2001 PGA Championship winner dropped a stroke back with a third-round 74. Bo Van Pelt (65) was third at 10 under.

—World Match Play Championship  
**CASARES, Spain (AP)** - Ian Poulter denied Luke Donald the top spot in the world ranking, beating the fellow Englishman 2 and 1 in the final of the World Match Play Championship.

The second-ranked Donald could have risen to No. 1

for the first time, supplanting compatriot Lee Westwood if he'd won the tournament, but failed to find the consistent form that swept him to the final.

Poulter, who ousted Westwood in the last 16, was 1-down to his Ryder Cup teammate three times in the error-strewn match at Finca Cortesin, but won the 12th with a 45-foot putt and took Nos. 14 and 16 with birdies. Poulter earned \$1.14 million. He also won the World Golf Championships-Match Play Championship last year in Arizona, an event Donald won this season.

In the semifinals, Poulter beat Nicolas Colsaerts in 19 holes, and Donald topped Martin Kaymer 5 and 3. Sybase

—LPGA Match Play Championship  
**GLADSTONE, N.J. (AP)** - Suzann Pettersen won the Sybase Match Play Championship, beating Cristie Kerr 1-up at Hamilton Farm to end a 20-month victory drought.

Leading 1-up and with Kerr facing a 10-foot birdie attempt, Pettersen curled in a left to-right 15-footer for birdie to seal the victory. The 30-year-old Norwegian star immediately thrust both hands skyward in celebration, took a few steps and staggered to her knees in exhaustion after playing four rounds in two days.

Pettersen never trailed in the match in winning for the first time since the Canadian Women's Open in September 2009, and for the seventh time in her LPGA Tour career. It also ended a run of seconditis. The No. 3 ranked woman finished second six times last year and 12 times since 2007, a year she won five times, includ-

ing the LPGA Championship.

In the semifinals, Pettersen beat Na Yeon Choi 4 and 2, and Kerr edged Angela Stanford 1-up. Choi beat Stanford 4 and 3 in the third-place match.

—BMW Charity Pro-Am  
**GREER, S.C. (AP)** - South Africa's Garth Mulroy won the BMW Charity Pro-Am for his second Nationwide Tour title, beating Sunghoon Kang on the first hole of a playoff when the South Korean missed a 3-foot par putt.

The 32-year-old former North Carolina State player closed with a 4-under 67 on the Thornblade Club course to match Kang (69) at 18 under in the three-course tournament.

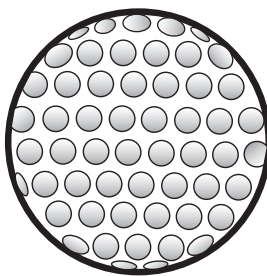
Kang, a conditional PGA Tour member, was making his first Nationwide Tour start.

New Zealand's Danny Lee (65) was a stroke back, and Roberto Castro (65), B.J. Staten (64), Andrew Buckle (65), Will MacKenzie (66), Brent Delahoussaye (69) and Travis Hampshire (72) tied for fourth at 16 under.

—Madeira Islands Open  
**PORTO SANTO, Madeira Islands (AP)** - Northern Ireland's Michael Hoey won the Madeira Islands Open for his second European Tour title, closing with a 1-under 71 for a two-stroke victory.

Hoey, also the 2009 Estoril Open winner, had a 10-under 278 total at Porto Santo Golf, the Seve Ballesteros-designed course that features 500-foot seaside cliffs.

Englishmen Chris Gane (71) and Jamie Elson (73) tied for second in the event also sanctioned by the developmental European Challenge Tour.



## Okemo Valley Golf Club Men's League Underway

The 2011 Men's League at Okemo Valley Golf Club kicked off Tuesday, May 17, under a cool drizzle that didn't dampen the spirits golfers playing a team scramble format.

Diamond Realty took top honors with Roger "Diamond" Danyew, Art O'Hare, Ken Guy and Frank Provence shooting a 28. Second place went to Honey Dew Man, with Peter Girouard, EdWhitman, John Boehrer and Jeff McKenzie shooting a 30. Rounding out third place was UBS Financials of Rutland. Jack Collins, Herb Eddy, Larry Plumb and Tom Harris shot a 31. Closest to the pin on holes 4 and 6 were won by Roger Danyew. Both were inside of six feet.

### Weekly Results

- 1st Diamond Realty-score 29/15 points
- 2nd Honey Dew Man-score 30/13 points
- 3rd UBS Financials Rutland-score 31/11 points
- 4th ID3 designs-score 32/10 points
- 5th Built Rite MFG.-score 32/9 points
- 6th M&M Excavating-score 32/8 points

- 7th UBS Financials Chester-score 32/7 points
- 8th Tom's Loft-score 32/6 points
- 9th Green Mountain Appraisals-score 32/5 points
- 10th First Line Security-score 34/4 points
- 11th Ludlow Insurance-score 35/3 points
- 12th Stryhas Builders-score 35/2 points

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For more information about Okemo Valley Golf Club, please call (802) 228-1396 or visit okemo.com.



## Rules of the Game

By Alan Jeffery  
 USGTF Certified Golf Professional  
 Green Mountain National Golf Course

**QUESTION:** Jane and Steve are playing in a tournament. On the 6th hole, Steve strokes his tee shot into the rough. There are stakes defining a water hazard where his ball is found and his ball lies outside the stakes although clearly within the boundaries of the water hazard. Steve therefore believes his ball lies outside the hazard and in casual water. Jane says the committee has improperly defined the water hazard and Steve is not allowed to take advantage of the error. Is Jane correct?

**ANSWER:** Because Steve's ball clearly lies within the natural boundaries of the water hazard, Steve is not allowed to take advantage of the error in installation of the stakes. The committee has erred in defining the margins of the hazard. Jane is correct. See USGA Decisions On The Rules Of Golf, 2010-2011, 26/2. This ruling underscores how important the responsibility of the committee is in marking a course correctly.

Clinics continue on Tuesday evenings, 5:30-6:30 and Saturday mornings, 10:30-12:00. I continue to work on individual needs. Private lessons are also available by calling me at 422-GOLF. Remember, the swing's the thing and continuous improvement is what it's all about.

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# Golfers Can Head Off Injury With Stretches

courtesy Scripps Howard News Service

Golf is not a contact sport. So why can the game be so physically painful sometimes?

There is golfer's elbow, wrist problems, shoulder problems, hip problems and leg problems. But the most common physical problem is back pain. A swing starts and stops with back movement. With a golfer taking more than 100 swings (practice and real) during an 18-hole round, it's easy to see why the problem develops.

"When you play a sport, you're at risk for an injury," said Lisa Chase, a physical therapist in St. Petersburg, Fla. "It's just part of sports. But there is a lot that you can do to prevent it."

## Warm up

Chase has worked with athletes for more than 20 years. From 1998 to 2009, she worked with the Women's Tennis Association as director of sports sciences and medicine before focusing on her practice. She is also an adjunct professor at Michigan State University.

Her patients include golfers who have sustained back injuries.

"Just doing a proper warm-up is going to decrease your injuries," Chase said.

"Golf is a rotational sport. If you don't have good rotation throughout the joints that need to rotate -- and commonly people don't -- then you rotate right through

and create a lot of repetitive stress in the back."

Chase's advice is to mimic the actions of a swing before the first tee. She suggests putting a club behind your neck and doing rotational movements.

"You want to try to mimic the movement you're getting ready to do," she said. "Instead of passively stretching, you want to do a little bit of cardio. Increase the blood flow to the muscles."

Once the round is completed, Chase suggests stretching as part of a cooldown. Just putting the clubs in the trunk and sitting could cause the back to tighten. Do trunk twists and waist bends to give the back a final stretch. Golfers can use a band or a towel stretched above the head as part of the exercises.

If these steps are taken and back pain persists, then other potential causes need to be considered.

## The Next Steps

Chase believes many back injuries are caused by inadequate spinal, hip and shoulder mobility. Before seeing a therapist, she suggests seeing a golf pro to clean up mechanics.

"They can look at how you move to make sure you have good rotation throughout," Chase said.

When golfers complain about any sort of injury, Chase goes to the back.

"If they complain about golfer's elbow, for example,

I'm going right to the spine," Chase said. "It's because they can't rotate enough in their spine and they over-compensate either at the shoulder or the wrist. That's putting a load on the elbow or shoulder or neck."

Chase said she will watch how a golfer moves and try to get him better aligned. Many golfers bend over too much or have a swing that is too reliant on the back. Her main focus is to make sure a golfer's rotation fits his body.

"We can look and make sure you have good rotation throughout the body," Chase said. "That should definitely decrease the impact."

## Staying Flexible

Camille Raciopio is a trained Pilates instructor who works with Chase. She is also a golfer, so she knows the kinds of stretches and exercises that benefit a swing. Raciopio believes the key to avoiding back problems is flexibility.

Flexibility increases the amount of turn and club-head speed, which make for better and longer shots. Pilates' aim is to increase strength, flexibility and control of the body.

Along with stretching exercises, Raciopio uses Pilates machines that simulate a backswing and follow-through, and side-to-side trunk movement.

"The key is to inhale on the upswing," Raciopio said. "And exhale on the downswing. That's where all the power comes from."

# PGA FedExCup Leaders Chart - Through May 22

Rank; Name; Points; Wins; 10's; Finish; Change

1. Bubba Watson; 1,383; 2; 3; DNP; -
2. Luke Donald; 1,354; 1; 7; DNP; -
3. Mark Wilson; 1,243; 2; 3; T31; -
4. David Toms; 1,229; 1; 4; 1; +18
5. Phil Mickelson; 1,190; 1; 4; DNP; -1
6. Nick Watney; 1,169; 1; 6; DNP; -1
7. K.J. Choi; 1,161; 1; 5; DNP; -1
8. Martin Laird; 1,129; 1; 6; T10; -1
9. Rory Sabbatini; 1,100; 1; 3; T16; -1
10. Gary Woodland; 1,050; 1; 4; DNP; -1
11. Aaron Baddeley; 1,046; 1; 4; DNP; -1
12. Jonathan Byrd; 1,034; 1; 3; DNP; -1
13. Brandt Snedeker; 1,023; 1; 5; T16; -1
14. Webb Simpson; 956; 3; DNP; -1
15. Hunter Mahan; 952; 7; T10; -1
16. Matt Kuchar; 907; 6; T16; -1
17. Steve Marino; 881; 3; T16; -
18. Charl Schwartzel; 850; 1; 1; DNP; -2
19. Bill Haas; 842; 5; T8; +1
20. Jhonattan Vegas; 816; 1; 2; DNP; -2
21. D.A. Points; 773; 1; 2; DNP; -2
22. Jason Dufner; 741; 3; CUT; -1
23. Spencer Levin; 741; 3; T52; -

24. Vijay Singh; 701; 3; CUT; -
25. Jason Day; 701; 5; T31; +3
26. Brendan Steele; 684; 1; 1; CUT; -1
27. Justin Rose; 680; 3; DNP; -1
28. Dustin Johnson; 672; 3; DNP; -1
29. Lucas Glover; 671; 1; 1; T40; +1
30. Tommy Gainey; 649; 4; CUT; -1
31. Kevin Na; 649; 4; T40; +1
32. Steve Stricker; 621; 3; DNP; -1
33. Charley Hoffman; 596; 1; DNP; -
34. J.B. Holmes; 591; 4; DNP; -
35. Y.E. Yang; 581; 3; DNP; -
36. Brian Gay; 539; 2; T31; -
37. Chris Kirk; 527; 2; T16; +1
38. Charlie Wi; 523; 1; 2; +66
39. Zach Johnson; 521; 2; 4; +23
40. Rickie Fowler; 503; 2; T16; -
41. Bo Van Pelt; 493; 2; 3; +36
42. Adam Scott; 492; 2; T65; -5

43. John Senden; 490; 1; T8; +12
44. Brendon de Jonge; 487; 1; T56; -5
45. Fredrik Jacobson; 474; 2; T31; -
46. Ryan Palmer; 466; 2; T31; +3
47. Paul Goydos; 460; 3; T10; +12
48. Jimmy Walker; 458; 3; T56; -6
49. Marc Leishman; 457; 2; T44; -3
50. Jim Furyk; 456; 2; T31; +1

# Okemo Valley Golf Club Introduces Family Fore Course

This golf season, Okemo Valley Golf Club is introducing a four-hole family fun course, offering beginners and junior players all the attributes of OVGC: gentle rolling terrain, greenside bunkers and spectacular views -- with none of the pressures of championship course play.

"The Family Fore Golf Course is a place where families can go to get acquainted with playing the game of golf," says OVGC Head Golf Professional Michael Santa Maria. "The atmosphere is ideal as it provides a fun and relaxed place to learn how to play the game of golf before venturing onto a regulation course."

Available throughout the season on Friday, Saturday and Sunday afternoons, from 2 to 5 p.m., OVGC's four-hole course comprises holes that range from 60 to 100 yards each. Rates are \$10 for adults and \$5 for juniors, for eight holes (two rounds).

Call the pro shop at (802) 228-1396 for details.

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**\$19.00** Weekdays  
**\$12.00** After 3PM Everyday  
*TEE TIMES NOT REQUIRED*

# RRCC 26th Golf Classic

The Rutland Region Chamber of Commerce is teaming up with 101.5 The Fox for the 26th Annual Golf Classic sponsored by Michelob Ultra, which will take place on Thursday, June 2nd at the Killington Golf Resort.

The day will include a shot gun start at 12:30pm with a fun day of golf, great goody bags, a chance to win a 2011 Honda Civic from Shearer Honda & Kinney Pike Insurance and a hot tub from Allen Pools & Spa's for a designated hole in one, a grand buffet awards dinner and much more.

The tournament format is Captain and Crew with teams of four players. The cost is still only \$125 per person and includes greens fees, cart rental, awards banquet at the Killington Grand Hotel, goody bags, a chance to win great door prizes, team prizes and trophies. This is a great networking opportunity and an important Chamber fundraiser.

Call RRCC (802-773-2747) to sign up now.



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# The Killington Stage Race

**RACE THE LEGEND**

## Racing the Legend: The Killington Stage Race 2011

by Royal Barnard

This weekend athletes and spectators will get to participate in, or witness, one of the better bicycle “stage races” in the US. Although only a three day event, the goal is to mimic the great “Tour de France” which goes on for, not three days, but three weeks across a variety of grueling road courses.

Bicycle road racing is relatively new in the United States, having only gained recognition with the famous “Coors Classic” that existed in Colorado from 1980 - 1988 and the equally short lived Tour duPont from 1991-1996. Meanwhile, the Grand Tours of the world: The Tour de France began in 1903; the Giro d’Italia around 1910 and the Vuelta a España (Tour of Spain) in 1935. The original Killington Stage Race lasted from 1987-2000.

While both the US “Coors Classic” and “Tour duPont” were several days longer than the original Killington Stage Race the courses and competition were no less severe. If you’ve seen the Tour de France you recognize that twisty mountain roads, beautiful scenery, small villages and unpredictable weather all contribute to the physical environment needed to hold a “serious” event. All of this exists nicely in Vermont, and are what motivated promoters and riders to refer to the original Killington Stage Race as “The Beast of the East” ... and which the current promoters aptly describe as a chance to “Race the Legend.”

Viewers will find the best opportunities for race action to be near the start/finish areas where racers sprint

for points and placement; on steep uphill inclines where race packs become split up and the strongest competitors break out from the packs; or by driving the course backwards where you’ll be able to see a wide range of action and not be entwined with the race entourages. Perhaps find a nice vantage point and just sit and watch as riders come your way.

By all means, DO NOT attempt to ride among the rider packs; along side the packs or riders; or attempt to pass packs without direction from police or race officials that you can do so. In addition, only designated pace cars, support vehicles, race officials and approved press members are allowed in the racing entourage.

ALSO, it’s possible that if you’re driving in the same direction as racers, the riders may exceed the speed of your vehicle on steep downhill stretches and need to pass.... in which case the safe thing for you to do is to slow down, pull over, and stop if necessary, and allow them to go by safely. Riders are not allowed to cross the “yellow line” in competition and driver courtesy promotes safety and fair competition.

The 2011 Killington Stage Race is one of many new initiatives supported by the Town of Killington Economic Development and Tourism Commission, and local sponsors.

The event is promoted by App Gap Promotions LLC. Race headquarters will be the at The Killington Grand Hotel at Killington Resort.

Additional information, registration and post race results can be found at [www.killingtonstagerace.com](http://www.killingtonstagerace.com).



## The Birth of the KMS Cycling Team

by Kim Jackson

Woodstock resident Peter Vollers drips of passion for cycling. Speak with him for just a few minutes and one quickly hears the energy and drive about the sport in his voice, his emotions. So it’s no wonder that this master’s racer, who competed in cycling while growing up in New Jersey, wants to share his passion with kids in his community.

In the 1980s, when Vollers raced on the junior racing circuit, the sport was in its hay-day. As a result, today the master’s level of participation is super strong, but the junior level is on the decline.

“We have more traffic, and we are a generation of parents that love to have structured activities for our kids and team sports are easier to manager,” said Vollers. “Those of us who are life long racers of the sport, who have kids in the sport, are trying to figure out how to create life long cyclists like us, and racing is a way to get them going.”

So Vollers set out to create a community cycling team, made up of local families in the surrounding Woodstock communities, who wanted to have fun biking. The Woodstock Bicycle Club was created, complete with kid’s rides on Monday nights, and the Club offered families the opportunity for everyone to bike together. Except the concept didn’t attract that many kids.

It was a bit after that Vollers had the light bulb moment. He discovered a prep school cycling league that had been successful since the 70s, pulling in more kids from New Hampshire, Vermont, Maine, and northern Massachusetts than the total number of junior racers in the Northeast. The league is small and is not a part of USA Cycling, but offers a short April and May season which makes it more inviting.

“We found out that not only does it have 140-150 kids, but a substantial portion were junior women,” said Vol-



photo by Peter Vollers

KMS Cycling Team

lers. “That’s more kids than what competed in nationals for USA Cycling. That’s where the light bulb went off. If we use regular bike clubs and regular races, be insured through USA Cycling, we could start an interscholastic bike team to expose kids to biking and racing, all for free, for the love of the sport. We love coaching. And that was sort of the seed of the KMS Cycling Team.”

Voller took his light bulb dream and made it a reality last season by introducing the Killington Mountain School (KMS) Cycling Team to the prep school league in the spring. The team formed quickly in March 2010, a local business sponsored uniforms, Vollers purchased a team van, 10 kids made up the inaugural team, and they were off to the races—literally. Vollers took the team to big races in New Jersey and throughout New England

and some members of the team competed in their first Killington Stage Race.

“My daughter was racing in the J4 State Championships [skiing] and I told Tao the story and asked could we do it with KMS,” said Vollers, of his conversation with KMS Head of School Tao Smith. KMS, located in Killington, is one of the top ski academies in the country. “He gave me free reign. This year we’ve doubled the program so now we have 24 kids with several more junior level women and top ski racers. A lot of kids are taking part in the ski program, who would never have turned to biking. You don’t have to be a student at KMS. We bring in kids who want to join from the community.”



# Killington Stage Race

## Public Service Announcement

The Killington Stage Race, a three day bike race, will be held on area roads over the Memorial Day Weekend, May 28-30. Affected roadways will be:

On Saturday, May 28 – Route 4 east from West Bridgewater to Bridgewater Corners; Route 100A south; and Route 100 north from Plymouth to West Bridgewater from 8am to 4pm.

On Sunday, May 29 – Route 4 west from Bridgewater Corners to the town of Killington, from 8:30am to 3:30pm.

On Monday, May 30 – Route 4 west from West Bridgewater to Route 100 north; Route 100 north to Stockbridge; Route 107 east to Bethel; North Road south to Barnard; Route 12 south to Woodstock; Route 4 west to West Bridgewater; East Mountain Road south to the Killington ski area, from 9:15am to 1pm.

No roads will be closed, and not all motorists will experience delays during the affected time periods. The race organizers suggest you use alternate routes where possible or plan for extra travel time. You will get to where you are going.

The race organizers thank you for your patience.

## KMS Cycling

*continued from page 10*

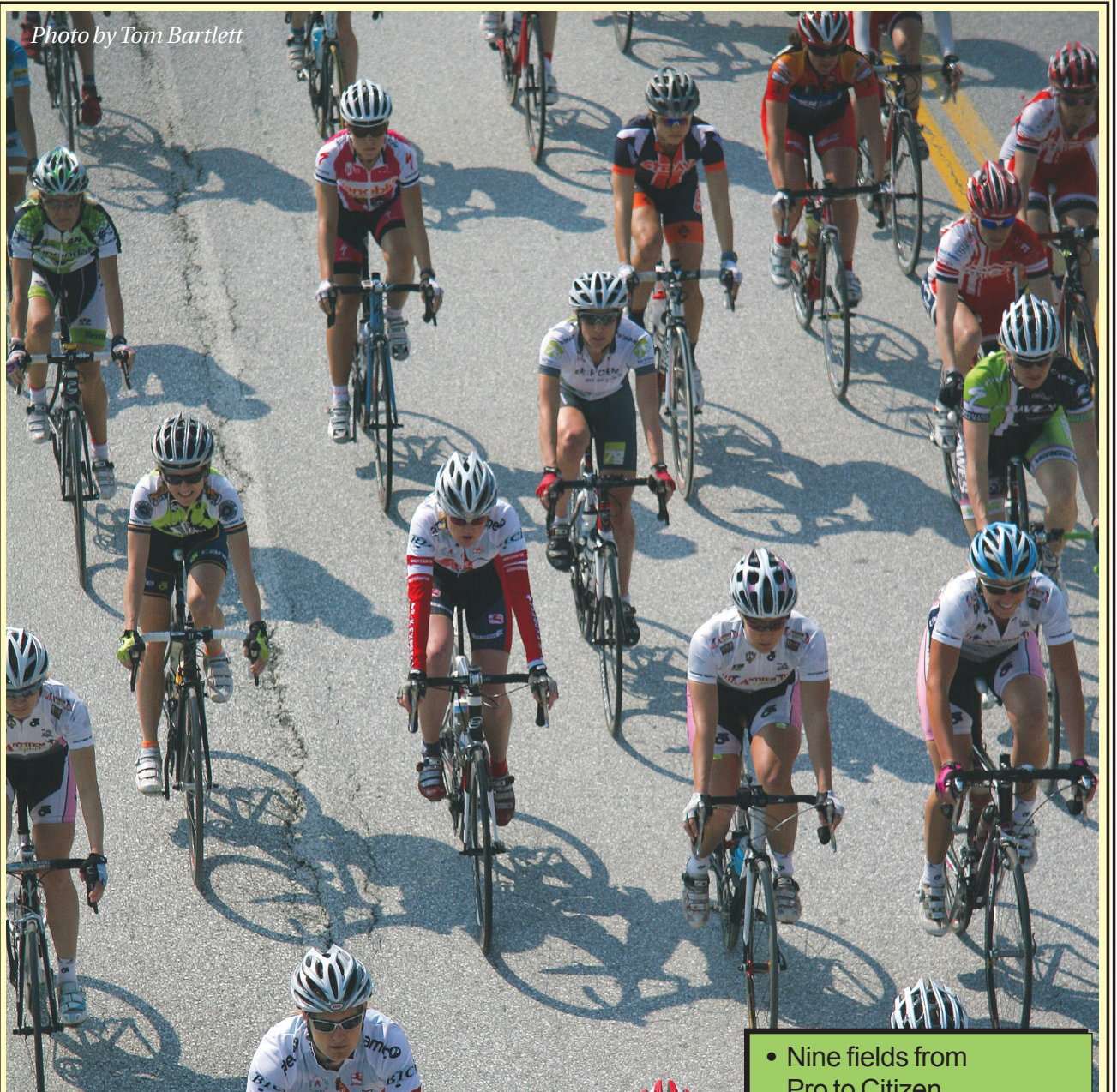
With Vollers, Assistant Coach Scott Smith, and Technical Director Dan McKenna, of the Start House Ski and Bike Shop, the team is enjoying a fantastic second season, finishing fifth overall in the prep school league. The team won three categories (Men's A, Men's B and Women's A) at the Profile High School Road Race in Bethlehem, N.H., in early May. Members of the team also posted top-10 finishes in support of the race winners as well. Sixteen-year-old Brendan Rhim, of Norwich, won the Men's A with an excellent display of tactics, according to Vollers.

"He had feigned weakness by dropping back from his breakaway group on the last climb, but then he shot past his break companions leaving them no charge to join him on his solo victory ride to the line," said Vollers. "What's even nicer is that he gave much of the credit for the win to his teammate, Ansel Dickey, who had covered many of the earlier attacks from Deerfield so Brendan could save his energy." Dickey, of Truro, Massachusetts, finished a strong fifth.

Kenny McNeill, age 17 of Rutland, won the Men's B division, with just two weeks of riding in his legs this season. Rounding out the top five was John Ramsay, also of Rutland. Erin Donohue, 17, of Norwich, "simply road away from her field on the first big climb of the Women's A race to win by several minutes," said Vollers.

Vollers said he was most proud of the Men's and Women's C racers, who all completed the extremely difficult 25-mile course despite the sand, bumps, and hills that fill New England. Those cyclists included Jack Salisbury, of Mendon, Alden Suokko, of Woodstock, Mika Smith, of Castleton, Jessica McNeill, of Rutland, and Spencer and Allison Smith, of Woodstock. Technical Director Dan McKenna, of the Start House Ski and Bike Shop, handled all aspects of the riders' equipment.

"Our kids are ages 8 to 19 and they are a mix of kids and all get along," said Vollers. "The wonderful thing about biking... I race at 44 and we all race the same day. We have a woman national champion who lives in New England and she's the 70+ national champion. This is a life long activity from cradle to grave."



## The Killington Stage Race Returns to Killington Memorial Day Weekend: May 28-30

- Nine fields from Pro to Citizen
- Competing for three days in a circuit race, individual time trial and a hilly road race

# Schedule of Events

### FRIDAY, MAY 27TH

Racer Registration 6:00 PM - 9:00 PM. Racers will arrive to pick up their bib #s and information at Race Headquarters located at the Killington Grand Hotel

### SATURDAY, MAY 28TH

#### Mountain Times Circuit Race

1st race @ 8:00AM, Last Race @ 1:30 PM. This is an 18 Mile Circuit Race. All races begin at Skyship and finish at the Sunrise base lodge area. Awards ceremony to be held.

### SUNDAY, MAY 29TH

#### Long Trail Brewing Individual Time Trial

1st race @ 8:30 am, Last race TBD. 11 Mile Time Trial Race that begins at Long Trail Brewery and ends at the Town Offices on River Road. Time Trial awards will be

held at the Long Trail Brewing Co., Route 4 following the end of the race.

Time Trial Pizza Party @ Outback Pizza at 6:30 PM Sponsored by Long Trail. Live Music, Giveaways, Pizza & Beer Specials

### MONDAY, MAY 30TH

#### Champion System Road Race

#### Race begins @ 9:15 AM

1st racers @ finish expected @ 12:00 PM

62 Mile point-to-point race that takes the riders up Rte 100 toward Stockbridge, down Rte 12 through Barnard, through Woodstock and back to Killington. Race begins at Skyship and ends at the K-1 Base Area. Awards Ceremony will be held at the Killington Grand Hotel following the end of the race.

## Approximate Start Times

### Stage 1 - Mountain Times Circuit Race

#### Morning Wave

Start Time	Category	Distance
8:00 am	Citizens 4/5	2 laps/37 miles – 60 km
9:15 am	Men 4	3 laps/53 miles – 88.5 km
9:25 am	Men 50+	3 laps/53 miles – 88.5 km
9:35 am	Women P/1/2	3 laps/53 miles – 88.5 km
9:40 am	Women 3/4	2 laps/34 miles – 60 km

#### Afternoon Wave

Start Time	Category	Distance
1:10 pm	Men P/1/2	4 laps/72 miles – 116 km
1:15 pm	Juniors	2 laps/37 miles – 60 km
1:25 pm	Men 3	4 laps/72 miles – 116 km
1:35 pm	Masters 40+	3 laps/53 miles – 88.5 km

### Stage 2 - Long Trail Brewery ITT

Start Time	Category
8:30 am	Citizens
9:00 am	Cat 4 Men
10:00 am	Women 3/4
10:30 am	Men 4/5
11:00 am	Masters 50
11:40 am	Women 1/2
1:00 pm	Cat 3 Men
1:45 pm	Pro 1/2
2:45 pm	Masters 40

### Stage 3 - Champion System Road Race

Start Time	Category
8:30 am	Pro 1/2
8:40 am	Cat 3 Men
8:50 am	Masters 40
9:00 am	Cat 4 Men
9:10 am	Masters 50
9:20 am	Women 1/2
9:30 am	Juniors
9:37 am	Women 3/4



## Best Spectator Locations



### SATURDAY

Route 100 South. Park at the Sunrise Base Lodge area and walk down to the Bridge area.

### SUNDAY

Johnson Recreation Area/Killington Town Offices on River Road. Park at the Killington Events Hall, Library or Recreation area.

### MONDAY

Killington Road from Ramshead to K-1 Base area. Finish line is at K-1.





Photos by Tom Bartlett



## Roadway Safety

As days lengthen and temperatures rise, more people are heading to Vermont's roadways to bicycle, walk, and run. I'm writing to urge all roadway users (motorists, bicyclists, pedestrians, equestrians, etc.) to be courteous to one another. Our roads will be safer and our moods will be brighter if we give each other the same level of respect that we would like to receive. Here are a few points to keep in mind as you travel about in upcoming months:

The VT Drivers Manual calls for a minimum of 4 feet of clearance when a motorist passes a bicyclist. More important than the actual amount of clearance, however, is the need for the motorist to pass all "vulnerable roadway users" with care.

VT statute requires bicyclists riding at night to have a white light on the front of their bicycles and a red reflector on the rear. It's also a very good idea to wear something that is reflective when cycling after dark.

As role models for children, adults can do much to promote healthy behavior. An example of such behavior is wearing a bike helmet. Helmets provide important protection against a variety of injuries, including traumatic brain injury.

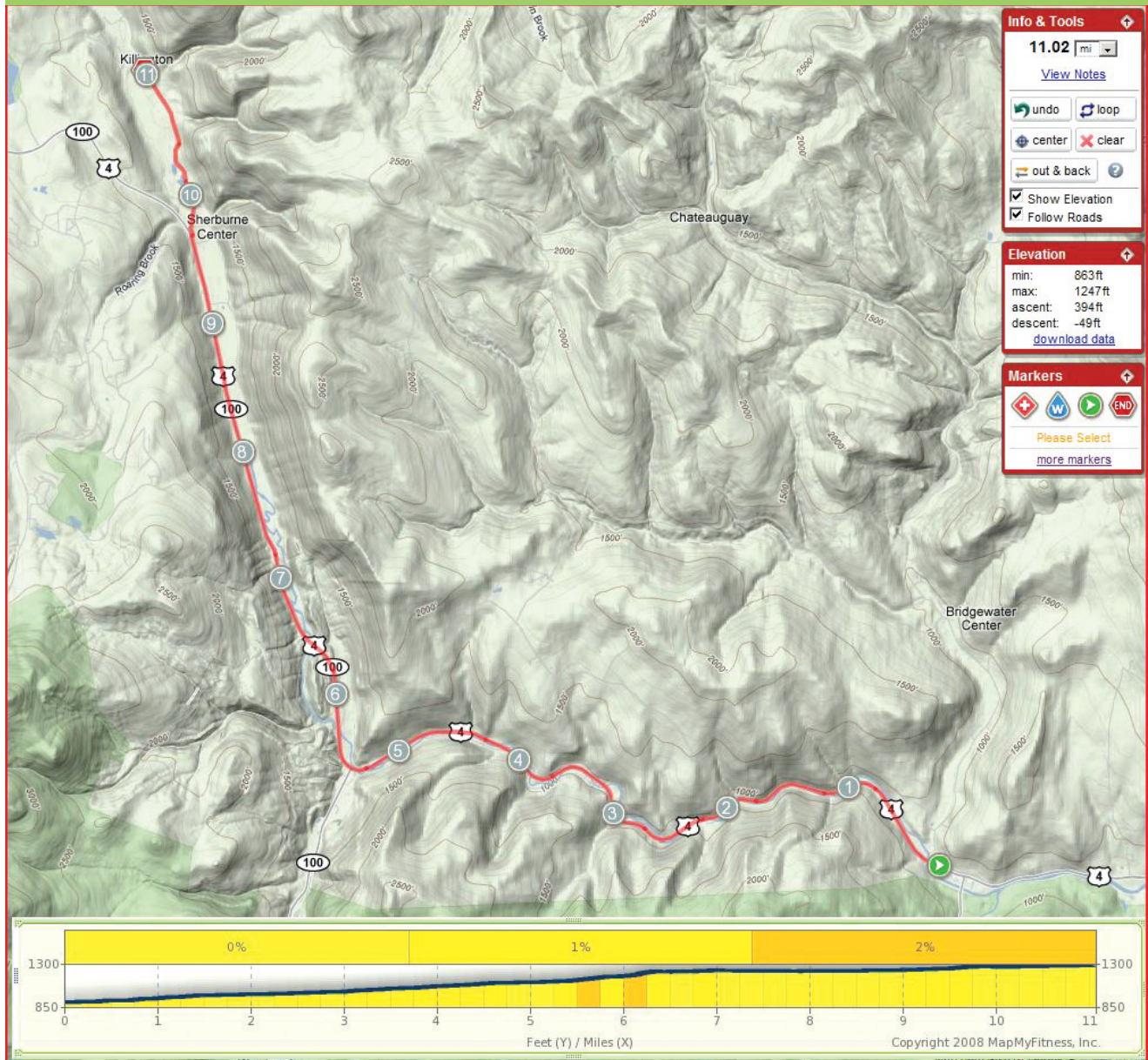
Bicyclists increase their safety when they wear bright, snug clothing that can be seen easily from a distance.

Bicyclists have the right to ride two abreast, but only when they are not impeding the "normal and reasonable flow of traffic." The #1 motorist complaint about bicyclists is the failure to ride single file. Bicyclists can do a great deal to improve public perception by observing the law and riding single file when in traffic.

Because bicycles are regarded as vehicles by VT law, it's important for bicyclists to follow the rules of the road by riding on the right and obeying all traffic signals and signs.

If you would like to learn how to be more comfortable bicycling in traffic, change a flat tire, shift smoothly, pedal up and downhill safely, and much more, consider registering for Traffic Skills 101. For information on course dates and locations, call the Vermont Bicycle & Pedestrian Coalition at (802) 225-8904. Be safe and have fun as you walk, run or pedal in our beautiful Green Mountain state!

## LONG TRAIL BREWING INDIVIDUAL TIME TRIAL COURSE MAP





# Stages Set For Legendary Killington Bike Race Weekend

Killington, VT – Final preparations for the Killington Stage Race are in full swing, and organizers are expecting big crowds and fast action over the Memorial Day weekend for the return of the legendary cycling event. There are already over 500 entrants, with more expected during this last week of registration, promising a full competitive field for spectators to watch along all routes. Races are scheduled for Saturday, May 28 through Monday May 30, 2011.

“We’re pleased to see the number of racers we have registered so far and we are ahead of last year’s numbers,” says race director Gary Kessler. “Cycling fans should get ready to see some spectacular action by some amazing athletes all weekend long.”

The Killington Stage Race was founded in 1987 and ran for 14 years before being cancelled in 2000 due to a lack of funding. In its last year on the National Racing Calendar it was a top tier event that drew in the top professional men and women in the nation to compete. The event was revived in May of 2010 by Killington’s department of Economic Development and Tourism (EDT).

“We’re thrilled to be kicking off the summer tourism season with the Stage Race once again this year,” says Seth Webb, EDT director for the town of Killington. “This event brings thousands of racers, families and fans into our community, and is a welcome boost for local businesses right now.”

Registration closes on Tuesday, May 24th at 4PM.

# KMS Cycling Team Riding High After Recent Victories

May 23, 2011 - Local athletes from the Killington Mountain School Cycling Team, the junior racing division of the Woodstock Bicycle Club, have been on fire this season, most recently winning three categories (Men’s A, Men’s B and Women’s A) at the Profile High School Road Race in Bethlehem, N.H., on May 9. Members of the team also posted top-10 finishes in support of the race winners. The team finished fifth overall in the New England Road Cycling League, a series of bicycle road racing events where private and public secondary school cycling teams throughout northern New England compete for individual and team awards.

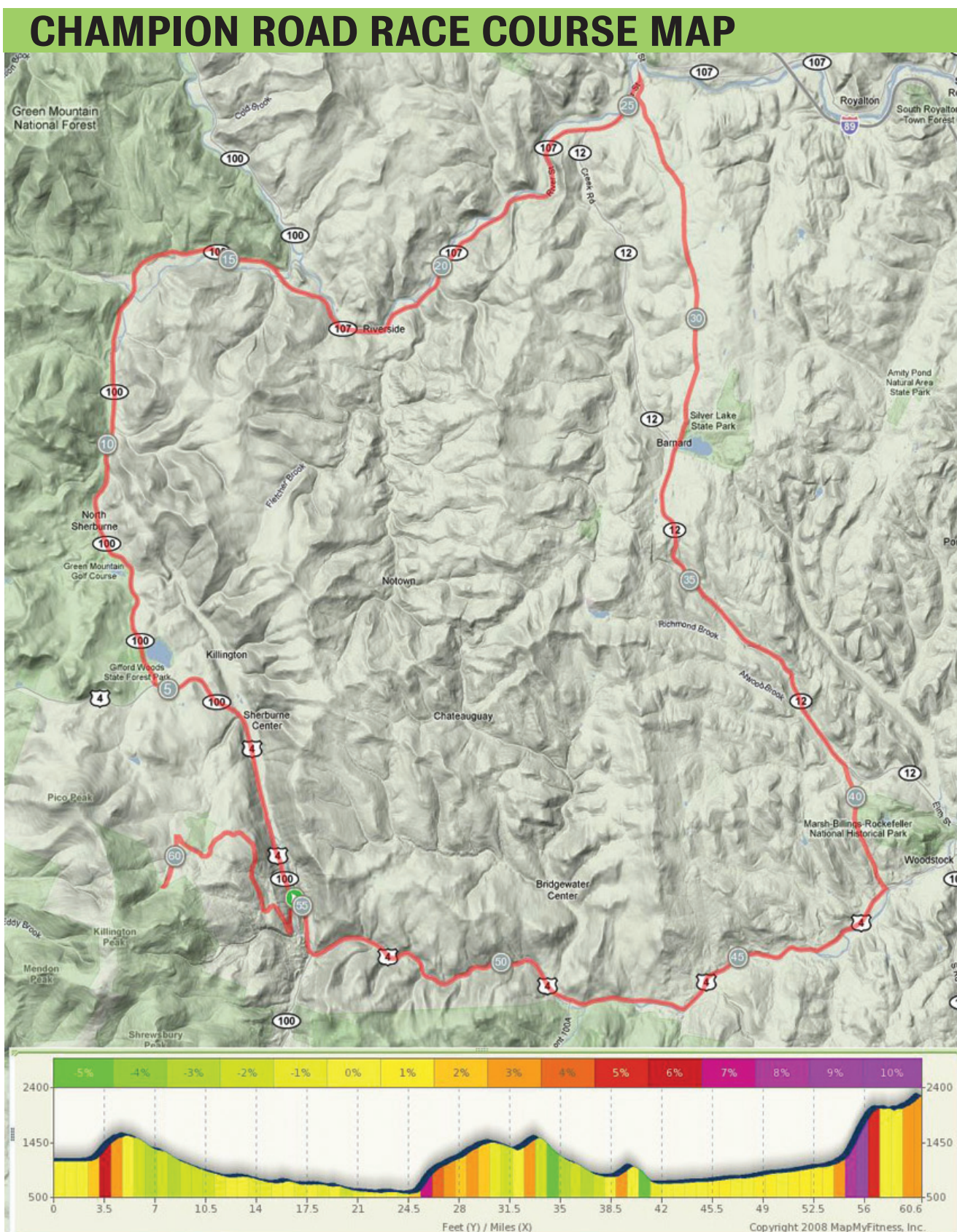
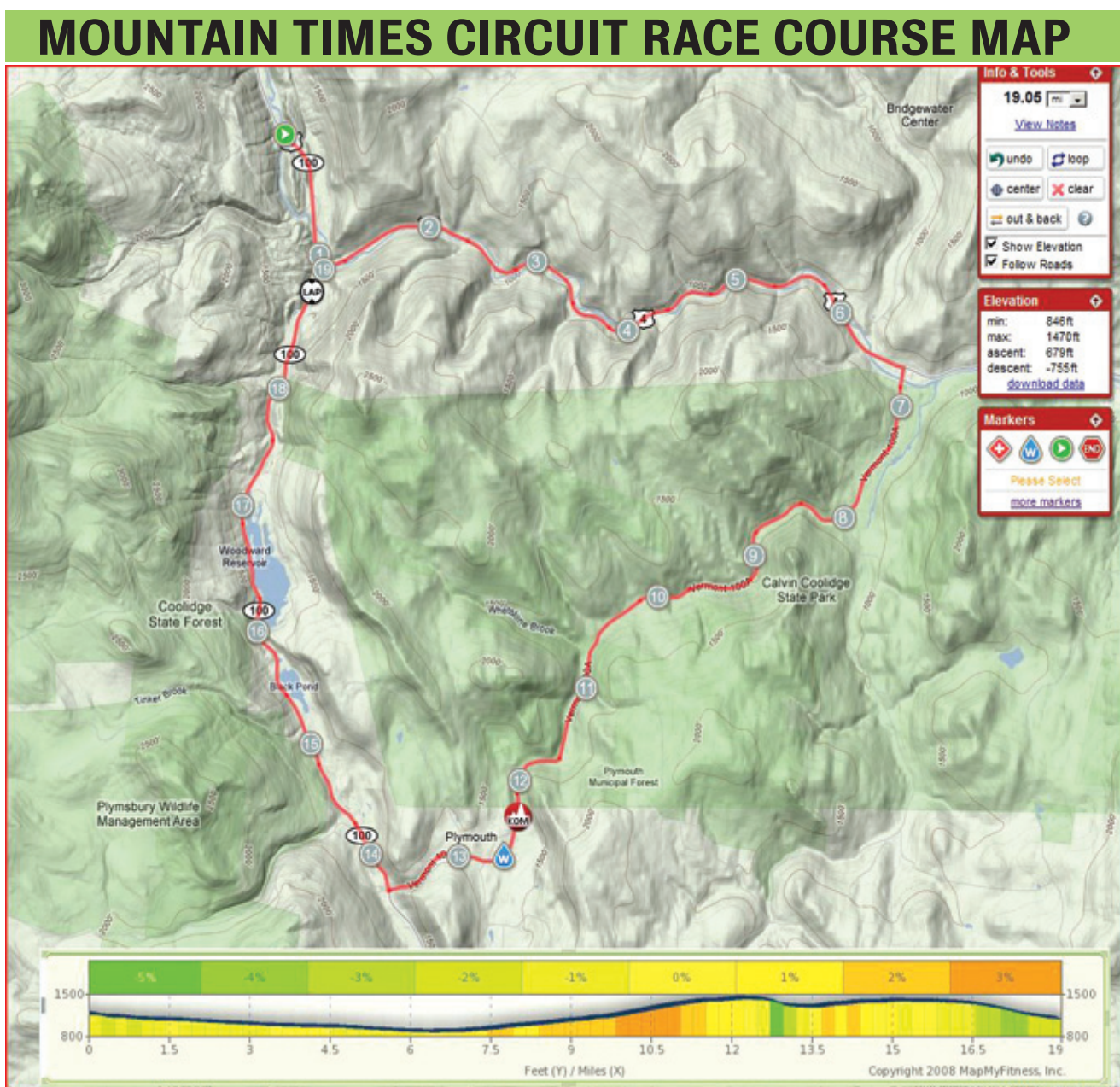
In the Profile High School Road Race, 16-year-old Brendan Rhim, of Norwich, won the Men’s A with an excellent display of tactics, according to KMS Cycling Head Coach Peter Vollers.

“He had feigned weakness by dropping back from his breakaway group on the last climb, but then he shot past his break companions leaving them no charge to join him on his solo victory ride to the line,” said Vollers. “What’s even nicer is that he gave much of the credit for the win to his teammate, Ansel Dickey who had covered many of the earlier attacks from Deerfield so Brendan could save his energy.” Dickey, of Truro, Massachusetts, finished a strong fifth.

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The KMS Cycling Team, founded in part to provide off-ski season training opportunities to KMS racers, is an introductory junior-level cycling program that showcases and promotes inter-scholastic as well as USAC-sanctioned junior-level bicycle racing. The team is coached by Peter Vollers and Scott Smith and all technical support is provided by Dan McKenna of the Start House Ski and Bike Shop in Woodstock, Vt. The goal of the team is to instill a life-long love of cycling in our young riders.





# Art & Entertainment

## NIGHTCLUBS

### FRIDAY, MAY 27

Lake House Pub & Grille  
Sabby's

Eve-Aaron Audet  
HH-Brad Morgan

### TUESDAY, MAY 31

Ramunto's B'Water

Eve-Open Mic

## MUSIC

May 27 - Castleton. Castleton Coffee House at Castleton Library featuring singer/songwriter Robert Wuagneux. 7-9pm. Poetry readings, desserts.

### Ongoing:

**Mons.** - Rutland. Rutland Curbstone Chorus practices 7pm, Rutland High School. Open invitation for any men interested in singing - join them!

**Suns.** - Brandon. Informal musical entertainment Sunday afternoons, if & when musicians turn up! We invite competent musicians to come & perform - no fee, no formality! Brandon Music.

## SPORT/LEISURE

**May 26** - Castleton. Castleton Community Center hosts Barbara Hoffman to call & teach contra dances. 6:30-7:30pm. No partners are necessary, just come and have fun!

**May 26** - Rochester. Contra Dance at Pierce Hall, 7:30-10pm. Live music by Karen and Pete Sutherland, calling by Mad Robin Callers Collective. No experience necessary, no partner required. Musicians welcome, bring instruments & sit in behind the band. 617-721-6743.

**May 27** - Tinmouth. Contra Dance, 8pm, Tinmouth Community Center. Brendan Taaffe calls, Cold River Band performs. All ages. Dances taught, no partner needed. Beginners arrive early! \$8, \$6 teens, \$3 age 5-12, under 5 free. 235-2718.

**May 28** - Killington Section GMC event: Lye Brook Falls, Manchester. Climb to one of Vt's highest waterfalls, in Lye Brook Wilderness. Moderate, 4.5 mi. Meet Rutland's Main St Park 9am. Rain date, May 29. 773-2185.

**May 28** - Pittsfield. John P. Barrows Fishing Derby at Colton Pond, for kids. 9am.

**May 28** - Pittsfield. Bike Rodeo on Pittsfield Village Green, 1-3pm. Learn about bike safety, maintenance, skills, decoration. Bring your bike! Free helmets while supplies last. Refreshments. \$5 bikes for sale.

**May 28** - Rutland. Jump Fore Fun, indoor family fun & party center, offers Memorial Day Special - Free golf for any person with a military ID. 3-9pm. Howe Center, 772-7339. Mini golf, bounce houses, party room.

**May 28-30** - Killington. Killington Stage Race, 3 day professional & amateur competitive cycling race. 279-2457 for info. See middle section of this paper for details!

**June 1** - Killington. Killington-Pico Rotary Golf Tournament, Green Mountain National Golf Course, benefiting the Hospice Program of the Rutland Area Visiting Nurses Association & Hospice.

**June 2** - Killington. RRCC 26th annual Golf Classic at Killington Golf Resort. Shotgun start 12:30am. Win 2011 Honda Civic, insurance & a hot tub for hole in one! Captain & crew, teams of 4. \$125/ person. 773-2747 to sign up.

**June 3** - Quechee. VINS flat water canoe trip to Connecticut River, 5:30-8pm. Trip includes rental, paddle, pfd - \$41 VINS members, \$45 non. Discount for own vessel. Register by May 31, 359-5000 x223.

**June 5** - Rutland. Southwest Freedom Riders Annual Blind Run. Sign-In 9-10:30am, Seward's Family Restaurant. \$5/person. Cash prizes.

**July 16** - Goshen. Goshen Gallop, rugged 10K (or 5K) race, begins 4pm at Blueberry Hill Inn. \$35 pre-registered. \$40 day of. Proceeds Moosalamoo Assn. www.moosalamoo.org

**July 23** - Manchester. Susan G. Komen Race for the Cure, 5K run or walk benefiting & spreading awareness about breast cancer. Register by May 8 to be entered into drawing for spa pkg at Equinox Resort. komenvtnh.org

### Ongoing:

**Rutland** - Swimming - The Mitchell Therapy Pool at VAC offers general swimming, aquacise & aquaerobics, swim lessons for infants to adults & private pool rentals. 773-7187 for more info.

**Pittsford** - Pittsford Rec Dept offers guided walks on Pittsford Trail Network. Walk, hike, snowshoe. Get some exercise, meet new people, get to know trail system. RSVP 468-6500 x17.

**Thurs.** - Rutland. ACBL Sanctioned Bridge Games nights @ Godnick Senior Center. \$5/player, guaranteed partner. 287-5756.

**Thurs.** - Rutland. Chess Club, 7pm, Dana Rec Ctr. Rm. 32. Open to public, free, all ages. Beginners welcome. 773-1822.

**Thurs. & Suns.** - Wells. Modern Woodmen of America holds Bingo, including special game to benefit a local charity or good cause.

**Fridays** - Pittsford. Adult Women's Basketball - Open Gym. Friday nights, 6-8PM. Police Academy, Furnace Road. More info: Tara 417-7331.

## VARIETY

**Sats & Tues.** - Rutland. Downtown Rutland Farmers Market open! Sats. 9am-2pm & Tues. 3-6pm May-Oct., in Depot Park.

**May** - Ludlow. Classes at Fletcher Farm School: May 28-29, Decorative Copper Creations for Home & Garden. May 28-29, Living Willow Structures for the Garden, green workshop. More upcoming. 228-8770 for times, fees, details.

**May 26** - Rutland. Southwest Freedom Riders monthly meeting at Seward's Family Restaurant, 7pm. Guests, new members & all bikes welcome.

**May 26** - North Clarendon. Free Monthly Coupon Swap, 7-8:30pm, Clarendon Community Center. Bring scissors, unexpired coupons, non-perishable food item for donation.

**May 26** - Rutland. Monthly Rutland City Tea Party Meeting at Rutland Rec. Center, Rm. 22. 7-9:30pm. All welcome.

**May 26-31** - Killington. Sherburne Elem School: May 26, 5th grade science fair, 3rd & 4th grade sleepover at 6pm. May 27, Memorial Day Remembrance 1:30pm, parents welcome. May 30, Memorial Day, no classes. May 31, 2nd grade to White River Hatchery.

**May 27** - Brandon. Brandon Farmers Markets opens in Central Park, 9am-2pm.

**May 27** - Poultney. National Relief Fund Townwide Bake Sale Day, 9-4, at True Value Hardware.

**May 27** - Ludlow. Ludlow Farmers Market officially opens, 4-7pm.

**May 27** - Brandon. Opening Reception & Unveiling of Auction Clocks for Art Makes Brandon Tick at Brandon Artists Guild Gallery, 5:30-8pm. May 28-29: Auction Clocks on display all weekend (and thru Oct 8). Oct. auction.

**May 28** - Pittsford. Maclure Library Memorial Weekend Book 9am-3pm. Hardbacks \$1, paperbacks \$0.50. DVDs/CDs \$1. Rain or shine. 483-2972.

**May 28** - Chittenden. Plant Sale, 10am-noon, at park across bridge. Perennials, herbs, veggies - \$1/\$2. Master Gardeners answer questions. 483-6161.

**May 28** - Rochester. Rochester Recreation Committee sponsors Yard Sale/Block Party & Community Dance. 10-4, on the Village Green. Sock hop dance 5-9pm, Pierce Hall. Events at Skatespace begin 10am. Info, 767-3631.

**May 28** - Belmont. Mt. Holly Town Library book sale, 10am-4pm. Rain or shine. 259-3707.

**May 28** - Randolph. Chandler Gallery Area Artist Show opens, thru July 10. Exhibit "eARTH" opening reception 7-9pm, artist & community welcome. Cash bar. Gallery hours Thurs, 4-6; Sat & Sun, 1-3. 431-0204.

## 2010/2011 UPCOMING GUIDE

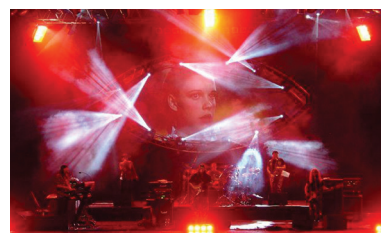
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**THE MACHINE  
PERFORMS PINK FLOYD  
FRI, JUNE 24 @ 8PM**

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## 2011/2012 SEASON ANNOUNCED JUNE 16!

TICKETS ARE AVAILABLE AT WWW.PARAMOUNTLIVE.ORG OR AT THE PARAMOUNT BOX OFFICE 30 CENTER STREET, RUTLAND, VT CHARGE BY PHONE 802.775.0903

### CHAFFEE ART CENTER Rutland Area Art Association

## OPEN STUDIO WEEKEND MAY 28 & 29

Weaving • Carving • Painting  
Children's Activities

**BUS TRIP:** Friday, July 15  
Museum of Fine Arts, Boston  
**Chihuly: Through the Looking Glass**  
Depart Rutland: 6:30 AM  
Arrive back in Rutland by: 8 PM  
**Members: \$75 • Non-Members: \$85**  
Call (802) 775-0356 to sign up  
www.chaffeeartcenter.org

### OPEN STUDIO WEEKEND

at Ann McFarren Studio  
56 Terrill St, Rutland, VT 05701 • 802-773-2197  
May 28 & 29 • 10am to 5pm



### Billings Farm & Museum Gateway to Vermont's Rural Heritage

## Cows & Camembert Weekend

May 28 & 29, 2011  
10:00 a.m. - 5:00 p.m.

Get to know a cow . . . and lots more!

Fun and educational programs and activities designed for "up close" learning with our Jerseys.

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sample & purchase their superb cheeses  
Ice Cream & Buttermaking  
Judge Jerseys with the Farm Manager

Rte. 12 • Woodstock, VT  
802-457-2355 www.billingsfarm.org



**May 28-29** - Statewide. VT Craft Council's Open Studio Weekend at art studios & galleries across the state. Artists/artisans open their doors to the public for demos. See article for details. Woodstock, Killington, Rutland, Brandon, Chittenden...etc.

**May 28-29** - Woodstock. 2nd Annual Cows & Camembert Weekend, 10-5pm daily, Billings Farm & Museum. Vt artisan cheese samples, products, Judging Jerseys, dairy scavenger hunt, "name the calf" contest. Programs, more. 457-2355.

**May 28-29** - N. Chittenden. Open Studio Weekend, 10-5pm, North Chittenden Women's Art Collective - Eight Artists Showing, Grange Hall, 3 Lower Middle Rd., Q's: 236-6523.

**May 28-29** - Plymouth Notch. Opening Weekend at Coolidge State Historic Site. Several Vt artisans temporarily relocate studios here. Saturday hundreds of Killington Stage Race cyclists speed through the historic village! 10am-5pm. 672-3773.

**May 28-29** - W. Rutland. Second Time Around clothing sale to benefit W. Rutland Food Shelf. At Town Hall Auditorium. All sizes. Great brands! Donate thru May 27, 8am-4pm, at Town Hall.

**May 29** - Norwich Craft Fair, 10am-3pm, grounds of Farmers Market. Fine arts & crafts, VT musicians George Ainley & the Stringfield Springers, wonderful prepared food. Rain or shine.

**May 30** - Woodstock. Garden Club Plant Sale, 8am-2pm lawn in front of the Library.

**May 30** - Woodstock. Memorial Day Parade. 10:30 line up at the Woodstock Elementary School.

**May 31** - Poultnery. Memorial Day Parade, 10:30am starting from Stewart's, continuing up Main Street. 287-9751 for more info.

**June 1** - Rutland. Vt Rental Property Owners Association monthly meeting, 7PM, main conference room of Godnick Adult Center. Guest speaker Peter M Olney, electrical inspector for State of Vermont. Public invited. 775-4351.

**June 2** - Plymouth Notch. Tales of the Notch, guided tour of Calvin Coolidge's Plymouth Notch, thru village & surrounding fields. 2pm. 672-3773.

**June 2** - Quechee. Animal Fare Gala to support Lucy Mac Humane Society, at Quechee Inn at Marshland Farm, open to public. Live music, silent & live auctions, dinner, drinks. \$75/ tickets. 484-5829 to reserve space.

**June 4** - Rutland. Master Gardner plant sale, 9am-noon, inside Godnick Center. Master Gardeners available to assist & answer q's. Raffle! Proceeds Rutland Co. Extension Master Gardener Program & volunteer projects.

**June 5** - Killington. Summit Lodge Pool & Tennis Club Kick Off Party. Music w/ the Vibratones. Sign up for membership, enjoy first of 8 complimentary patio dinners. 422-3535.

**June 10** - Mendon. Monthly wine dinner - 5 course bbq w/ 5 VT beer pairings. \$35/ person. Kick off summer season with Red Clover Inn! Reservations, 775-2290.

**July 11-22** - Clarendon. Rosie's Girls Summer Camp for girls entering 6th, 7th, 8th grades. Trades-based camp - try carpentry, welding, fire fighting, more. 9am, M-F at Mill River UHS. \$250 includes tshirt, toolbox w/ tools. rosiesgirls.org

**Rutland** - Boys & Girls Club open 2:30-7:30pm school days. Drop in \$1/visit. Lots of events. 747-4944 for details.

**Killington** - Sherburne Memorial Library Events: Killington Arts Guild acrylics workshop meets every Tues., 10am-noon, free. Tues, 2pm - Matinees. Weds - Mother Goose Story Time - 10:30am. Fris - Preschool StoryTime, 1:30pm. 422-3824.

**Woodstock** - Woodstock Farmer's Market held in social hall of the Woodstock Unitarian Church, 10am-1pm, 4th Saturday of the month through April. 457-3889.

**Mons.** - Pittsfield. Pittsfield Historical Society meeting, Town Hall 3rd Monday of the month, 7pm.

**Tues.** - Rutland. 1st & 3rd Tues. of month, Rutland Area Toastmasters Club meets 6:30-8pm, Dana Rec Ctr. Open to all. International organization which fosters public speaking & leadership skills through local clubs.

**Weds.** - Plymouth Notch. Wednesday Afternoons with Farmer Fred at President Calvin Coolidge State Historic Site. 1-5pm. Demos of historic farming activities. Weekly program. 672-3773.

**Weds.** - Killington. Killington Rotary Club meets at Summit Lodge 6-8pm for full dinner, guest speaker and/or discussion. Seeking new members! June 1, Killington-Pico Rotary Golf Tournament at GMNGC, benefiting RAVNAH Hospice Program.

**Fris.** - Pittsfield. Farmers Market on the Village Green, Fridays, 3-6pm.

**Sats.** - Rochester. Farmers Market on the Village Green, Sats., 9-1pm.

## MUSEUMS & EXHIBITS

**Thru May 29** - Rochester. Exhibit at BigTown Gallery - "Mark Goodwin: An Introduction," Sculpture & Drawing. Call for info, 767-9670.

**Art & Antiques on Center** - 17 Center St, Downtown Rutland. Normal hours resume May 14, Mon-Sat, 10-5. 786-1530.

**Billings Farm & Museum** - Woodstock. Rt 12N & River Rd. 457-2355. A first-class working farm, operating with a museum of Vermont's rural heritage, dating back to 1871.

**Brandon Artists Guild** - Brandon. Open daily 10am-5pm.

**Brandon Museum** - Brandon. At Stephen A. Douglas Birthplace open for the season. Daily, 11am-4pm, free, open to public. Also houses Brandon Welcome Center & municipal restrooms, open 8am-6pm all year round.

**Brandon Music** - 62 Country Club Rd., Brandon. Art Gallery open 10-6 daily, closed Tues. Harmony English Tea room 2-5pm daily, closed Tues.

**Brick Box** - at Paramount Theatre, Center St., Rutland. Gallery hrs: Thurs-Fri, 11am-6pm & Sat., 10am-2pm & during Paramount Theatre performances. 775-0903.

**Carving Studio & Sculpture Center** - Marble St., W. Rutland. 438-2097, carving@vermontel.net. Sats. & Suns., 1-4pm & by appt.

**Chaffee Center for the Visual Arts** - S. Main St., Rutland. Weds.-Sat. 10-5, Sun. 10-4, closed Mon. & Tues. 775-0356. Thru Jun. 18, Human=Landscape: Aesthetics of a Carbon Constrained Future exhibit.

**Chandler Gallery** - Randolph. Gallery hrs: Thurs. 4-6pm, Sat. & Sun. 1-3pm. 728-9878.

**Killington Arts Guild Fine Art Gallery** - at Cabin Fever, Rt. 4. Open business days 9-6:30pm. Art Mix members show thru July 5. 422-3824.

**Maclure Library** - Rt. 7, Pittsford. Mon., Tue., Fri., 1-6pm; Wed., 10-8; Thur., 10-6; Sat., 9am-noon. 483-2972.

**Montshire Museum of Science** - Norwich. Open 7 days year round, 10am-5pm. 649-2200.

**New England Maple Museum** - 4578 Rte 7, Pittsford. Open for the season. Off-Season Rates. Groups over 12 can request "Sugar on Snow" by reservation. 483-9414 for info. Spring hours 10AM-4PM daily.

**Norman Rockwell Museum** - Rt. 4E, Rutland. 773-6095. Self-guided tour. Open daily.

**Norman Williams Public Library** - Woodstock. 457-2644. Open Mon., Fri., & Sat., 10-5, Tues., Wed., Thurs. 10-7.

**Pittsford Historical Society** - Pittsford. Thru July 4, Tues. 9-4. July 5-Oct. 11, Tues. 9-4, Suns. 1-4. Oct. 12-Nov. 16, Tues. 9-4.

The Mountain Times • May 26-June 1, 2011 • 15  
**Rutland Historical Society** - 96 Center St., Rutland, 775-2006. Year-round, Mon., 6-9 pm, Sat, 1-4pm, by appointment for schools or other groups.

**Rutland Railway Association** - Center Rutland Depot. Former Rutland Railroad depot. Museum exhibits the Rutland Railroad. HO & N scale models. Open Saturdays 11am-3pm.

**Slate Valley Museum** - Water St., Granville, NY. 518-642-1417 for info.

**Timco Gallery** - Center St., Rutland. Gallery hrs Mon - Sat. 773-3377. Portion of sales proceed local student art programs.

**VINS Nature Center** - Rt 4 (Next to the Quechee Gorge) Quechee. Daily activities, programs, exhibits, Nature Store. Open 10-5 daily. Programs thru Jun. 15 - 11am, Raptor Encounter; 2pm, Talk to the Trainer. 359-5000 for info.

**Wallingford Historical Society Museum** - Town Hall, School St., Wallingford. 446-2831. Permanent collection of costumes, photographs, memorabilia.

**William Feick Arts Center, Green Mtn College, Poultnery.** Gallery hours M-F, 1-5pm. 287-8000.

**Woodstock History Center** - 26 Elm St, Woodstock. Fri-Sun 12-4pm. Other days by appointment. Art, furniture, clothing, musical instruments, more. 457-1822 for info.

## COMING UP

**July 4** - Killington. Town of Killington plans Star Spangled 250th Birthday Celebration. Parade, bbq, pool party, silent auction, agricultural demos, tools & traditions from yesteryear, more. Lawn games, music, kids games. Firework show & giant bday cake! Don't miss it!

**Aug. 14-15** - Killington. Circus Smirkus is coming to Pico Mtn! Traveling youth circus. Tickets on sale May 1 - advance purchase recommended - they sell out fast! smirkus.org

**Calendar space is FREE to advertisers & non-profit community organizations.** To publicize your event, please send us the following information: Description, date, time, place, fees, phone number, additional details. Mail: The Mountain Times, P.O. Box 183, Killington, VT, 05751. Email: editor@mountaintimes.info

**All information must be received at least one week prior to the newspaper publication date.**

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At **CABIN FEVER**  
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Sally Curtis - 422-3852 programs and workshops.  
**Peter Huntoon Workshop**  
June 4-5 \$130-\$140

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Located at Howe Center, Bldg. 10  
Visit website or call for info & hours  
www.jumpforefun.com



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Nascar Diecast  
Lionel Trains  
Sports Cards  
Paintball Guns  
Hobby Tools



# DiningGuide

**BRIDGEWATER CORNER STORE 672-6241**

5680 Route 4, Bridgewater  
Olson's BW Corners Country Store provides you with the freshest meats, cheeses & dressings from Boar's Head brand-also available to purchase for sandwiches made at home. Check out our Early Bird Special - bacon, ham or sausage, egg & cheese on an English muffin or roll \$2.75. VISA, MC, AMEX

**CASA BELLA INN & RESTAURANT 746-8943**

Route 100, in the village of Pittsfield, VT  
Serving authentic Northern Italian cuisine, complemented by a fine selection of wines. Delicious homemade desserts and daily specials. AMEX, VISA, MC

**CHOICES RESTAURANT & ROTISSERIE 422-4030**

Glazebrook Center, Killington Rd., Killington  
Chef Claude and his staff offer exceptional food, service and views in a bistro setting. The Rotisserie offers chicken, lamb and pork, and the menu features sandwiches, homemade pastas and the finest in steaks, fish and seafood. VISA, MC, AMEX.

**GRACIE'S GRILLE 802-422-4653**

at Green Mountain National Golf Course  
Barrows Towne Road, Killington  
Gracie's Grille offers an assortment of delicious options to tame any appetite. We feature fresh deli sandwiches, flame-grilled burgers, hot dogs and marinated chicken breast grilled to perfection. Stop by the Gracie's Grille before or after your next round or order your lunch right from the course.

**KILLINGTON MARKET & DELI 422-7594**

2023 Killington Road, Killington  
Our deli offers fresh meats and cheese for a variety of sandwiches, served on locally baked bread. Daily lunch hot specials, fresh salads, homemade soups and in-house baked goodies. Dinner take-out entrees. Extensive selection of wine, beer/microbrews. Vermont specialty food products, maple syrup. The only full service grocery store on the mountain.

**LAKE HOUSE PUB & GRILLE 273-3000**

3569 Route 30 North, Bomoseen  
Chef owners, Brad Burns and Fred Field invite you to the Lake House Pub & Grille. Live Sunday jazz brunch entertainment, special children's meals, full bar and an extensive wine list. Lake views and deck dining all on beautiful Lake Bomoseen. Also private parties, rehearsal dinners, showers and weddings. AMEX, VISA, MC, DISC

**LIQUID ART 422-2787**

37 Millerbrook Rd., Killington, VT  
Liquid Art is a great place to meet friends for coffee or for a glass of wine. Great light fare served morning and afternoon. Specialty cocktails, select California wines, and micro-brews available. Multiple local artists' work displayed and for sale.

**McGRATH'S IRISH PUB 775-7181**

at the Inn at Long Trail  
Rt. 4, at the top of the Sherburne Pass, Killington  
McGrath's Irish Pub at The Inn at Long Trail invites you to try our famous Guinness stew. Serving breakfast and pub menu daily. Live Irish music weekends! MC, VISA, AMEX.

## Dining at a glance

	STYLES OF CUISINE							MEALS SERVED					COST			
	ITALIAN	FRENCH	AMERICAN	CONTINENTAL	MEXICAN	ASIAN	PUB FAIRE	BREAKFAST	LUNCH	DINNER	BRUNCH	LATE NIGHT	TAKE OUT	INEXPENSIVE	MODERATE	DELUXE
<b>Bridgewater Corners Store</b>																
<b>Casa Bella Inn &amp; Rest.</b>																
<b>Choices Rest. &amp; Rotisserie</b>																
<b>Gracie's Grill</b>																
<b>Killington Market</b>																
<b>Lakehouse Pub &amp; Grille</b>																
<b>Liquid Art</b>																
<b>McGrath's Irish Pub</b>																
<b>Mountain Top Inn &amp; Resort</b>																
<b>Ramunto's</b>																
<b>Red Clover Inn</b>																
<b>Seward Family Restaurant</b>																
<b>Sugar &amp; Spice</b>																
<b>Vermont Inn</b>																

**MOUNTAIN TOP INN & RESORT 483-2311**

Mountain Top Rd., Chittenden  
Only 11 miles from Killington and Rutland. Dining complemented by breathtaking views of the lake and mountains. Creative American cuisine in the Highlands Dining Room. Casual dining and pub fare in the Highlands Tavern. Extensive selection of wine and beer. Full bar available. Open year round to the public. Reservations suggested. Kids welcome. Seasonal outdoor dining. www.mountaintopinn.com. MC, VISA, AMEX

**RAMUNTO'S BRICK & BREW PIZZA 672-1120**

Route 4, Bridgewater  
Real New York pizza, salads, sandwiches, featuring chicken ranch pizza and garlic knots. 20 draft beers, outdoor deck dining, 3 flat screen TVs. MC, Visa, AMEX, DISC

**RED CLOVER INN 775-2290**

Woodward Rd., Mendon  
American Cuisine with a European Flair. Extensive wine list. Charming surroundings. Open for fine dining or tavern fare. AMEX, MC, VISA, DISC



**SEWARD FAMILY RESTAURANT 773-2738**

224 N. Main St. (Rt. 7), Rutland  
VT home-cooking at affordable prices. Breakfast, Lunch & Dinner, daily specials. Steaks, chicken, seafood, wonderful burgers, sandwiches, even "Heart Healthy" menu items, salad bar, and children's menu. Our own ice cream- 39 flavors! Large parties welcome. Our dairy-gift store has Vt. foods & lots of gifts. MC, VISA, DISC.

**SUGAR AND SPICE RESTAURANT 773-7832**

Route 4, Mendon  
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**THE VERMONT INN 775-0708**

Route 4, Killington  
Enjoy New England and Continental Cuisine by a wood burning stone fireplace in a comfortable and warm c. 1840 farmhouse style dining room. Game Room. Children's menu. Full bar and wine list. Dinner Reservations Sugg. Drop in late afternoon or even after dinner for cocktails, appetizers, a light dinner, or desserts at Duffy's Pub. Enjoy a wood burning stove, television, and casual conversation with guest and Innkeepers at the Bar.

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---

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## Jackson Gore Outdoor Music Series Returns

Okemo Mountain Resort celebrates summer with the return of the Jackson Gore Outdoor Music Series. Free concerts are scheduled from 6 to 9 p.m. every Friday night from June 17 through September 2.

On Friday nights throughout the summer season, the lawn in the courtyard at Okemo's Jackson Gore Inn is transformed into an outdoor concert venue featuring popular local and regional musicians. Admission to the Jackson Gore Outdoor Music Series is free and the grounds open at 5 p.m. Concerts are slated to run from 6 to 9 p.m. Families are welcome and all attendees are encouraged to bring lawn chairs or picnic blankets. In case of rain, the concerts will move indoors. Dining options include fresh-from-the-grill burgers, hot dogs, chicken and ribs, or full-service dining with an al fresco seating option at Jackson Gore's Coleman Brook Tavern.

Kicking off this year's concert series, on June 17, is Dr. Burma. Dr. Burma has been playing for enthusiastic audiences all over New England for more than 20 years. Dynamic vocals, stellar musicianship, and an irresistible groove have built Dr. Burma's reputation



as one of the area's premier rhythm and blues dance bands, playing clubs, concerts, festivals and parties throughout northern New England and New York.

Following Dr. Burma, the summer lineup for the Jackson Gore Outdoor Music Series includes:

The Chris Kleeman Band, June 24; River City Slim & The Zydeco Hogs, July 1; Crunchy Western Boys, July 8; The Butties, July 15; 2Adam12, July 22; Joey Leone Band, July 29; Sly Gerald's, August 5; Love in Stockholm, August 12; Banjo Dan and the Mid-nite Plowboys, August 19; Kenny Mehler Band, August 26; Lipbone Redding and the Lipbone Orchestra, September 2.

In addition to the Jackson Gore Outdoor Music Series, Okemo will host two special Saturday events: Okemo's annual Hops in the Hills Brew Festival featuring The Sly Gerald's Band on Aug. 6, and the annual Parrothead Party with Jimmy Buffett tribute band, Changes in Latitudes, on Oct. 8.

For more information about Okemo Mountain Resort, please visit [www.okemo.com](http://www.okemo.com) or call 802-228-1600. For dinner reservations at Coleman Brook Tavern, call 802-228-1435.

## 27 Arts and Crafts Demos Under One Roof

Join us for "Open Studio Weekend," sponsored by the Vermont Crafts Council. Vermont Open Studio Weekend is one of the Top Ten Events in Vermont and includes over 200 guided studio tours throughout the state. This event is FREE and open to the public.

Our barns are not filled with animals, hay or tractors... we harvest the most unusual breeds of Arts and Crafts here at Fletcher Farm School. Meander through these historic barns and outbuildings where you will see up to 27 arts and crafts demonstrations, including: Painting, Stone Cutting/Lapidary Arts, Silversmithing, Painting and Drawing with Pen & Ink. Take a look at traditional New England crafts such as Quilting, Basket Weaving, Woodcarving, Punch Needle Hooking, Primitive Folk Art Stenciling, and Fabric and Paper Marbling. Wander into the Rough Barn where Shane Chick will be demonstrating Reduction Woodblock Printing. Have you ever seen Wet Felting? Nancy Dorian will be playing with soapy water and wool fibers to create the most beautiful scarves imaginable.

Visit classes in session, including: Copper Bowls and Birdbaths with John Bieling also Bonnie Gale who was recently on the Martha Stuart Show will be teaching living Willow Sculptures, these are truly unique, create a growing arbor or a living willow room... this is truly a GREEN class.

Many of the demonstrations are hands-on for our visitors. You can also purchase arts and crafts for sale from



Shane Chick demonstrates Woodblock Printing

some of our artists and craftsmen during the Open Studio.

Purchase raffle tickets to win a beautiful hooked rug or a necktie chair seat decorated with Primitive Stenciling by Sande Snyder.

Stop in and pick up a Vermont Open Studio Map at the School Office. For more information call 802-228-8770. Fletcher Farm School for the Arts and Crafts is located at 611 Route 103 South, Ludlow, VT.

## Poultney's Annual Town Wide Yard Sales

by Cartref Taid

Town Wide Yard Sale Day in Poultney is just around the corner - literally, around every corner. The date is Saturday, June 4th and it is open from 9 a.m. through 4 p.m. - RAIN OR SHINE.

This event, sponsored annually by Poultney Area Chamber of Commerce, is now a long-standing community tradition. Throughout the day and throughout the entire community one can find bargains and surprises at local businesses, organizations and home sites (and at visiting vender spaces on historic Main Street). It is a shoppers' haven day for all ages from far and wide. Walk or drive through the Poultney community and check out its' every corner.

Mary Lee Harris, the Chamber's event contact spokesperson, said that the Chamber has 80 Main Street vender spaces which are rented as well as many homes that will be participating. She further said that Williams Hardware has four spaces reserved for special deals, Stitchy Women will have special yarns on sale, Café Dale will serve a hot dog special luncheon and Priscilla's Sweet Shoppe will offer specials. Other businesses will be participating and Poultney Rotary International will hold its Chicken Barbecue in the Citizen's Bank parking lot. Fried bread dough will also be available at another space.

Mark the date on your calendar and we hope to see you there - shopping along historic Main Street AND throughout Poultney's entire community.

For more information about this event, contact (802) 287-4144.



## Open Studio Jewelry Demonstration

Metalsmith and designer Lynn Adams will be demonstrating her enamel jewelry techniques at Collective- The Art of Craft May 28th and 29th in conjunction with Open Studio Weekend sponsored by The Vermont Craft Council. Lynn, a resident of Lyme, N.H., and a founding member of Collectives' cooperative craft gallery, will be in the gallery with her enamel kiln and metalsmithing tools. Lynn's work explores a variety of silver and enamel jewelry processes including, champleve and plique a jour. Visitors to the gallery can watch Lynn apply the powdered enamel in thin layers onto wet metal and then quickly fired in an enamel kiln. Rich surfaces and a depth of color that is built up in several layers and firings define Lynn's jewelry. This special event is free and open to the public.

Collective- The Art of Craft is located at 47 Central Street, Woodstock, Vermont. For info call 802-457-1298.

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## What's Happening in Downtown Rutland This Summer

The Rutland Downtown Partnership has announced its special events calendar for the summer of 2011.

The ever popular Friday Night Live series returns to Center Street for the fifth year. Starting on June 24 the event will run for five additional Friday evenings: July 8, July 15, July 22, August 5 and August 12. There will be live music, children's entertainment and some new activities for 2011.

Downtown Rutland invites you to: SHOP. EAT. BE ENTERTAINED.

On July 29-30 will be the Sidewalk Sales Days. Portions of Merchants Row and Center Street will be packed with merchants and vendors selling their wares and providing great bargains.

Check out [www.rutlanddowntown.com](http://www.rutlanddowntown.com) for details.



## Chittenden Women's Art Show

The North Chittenden Women's Art Collective will participate in the VT Craft Council's Open Studio Weekend for the second year, Saturday & Sun, May 28-29, from 10-5pm. Eight artists will show their work and share their processes—which include painting, printmaking and mixed media, clay sculpture, spinning, felting and fiber arts—at the Grange Hall, at 3 Lower Middle Rd., North Chittenden. The Grange Hall, built in 1833, is currently being renovated for community use as a social and cultural center. Art, refreshments and beautiful scenery! Questions? Call 802-236-6523.

## 2nd Annual Cows & Camembert Weekend

Billings Farm & Museum, gateway to Vermont's rural heritage, announces the 2nd Annual Cows & Camembert Weekend on Saturday and Sunday, May 28 and 29, from 10:00 a.m. to 5:00 p.m. Celebrate Vermont's rich dairy heritage during this two-day event, by meeting Vermont cheese makers and sampling their delicious artisan cheeses and taking part in engaging dairy education programs.

Cows & Camembert Weekend will showcase many of Vermont's artisan cheese makers who will offer cheese samples, discuss their products, and have cheese on hand for purchase. Visitors can improve their bovine knowledge by Judging Jerseys with the farm manager, dairy scavenger hunt, a "name the calf" contest, dairy programs, and learn about the nutritional needs of our dairy herd by making a cow pizza and games for the children. Lend a hand making fresh chocolate ice cream—with samples for all!

The operating dairy farm, farm life exhibits, and the restored and furnished farmhouse are included in the entrance fee. For information, please contact the museum at 802-457-2355 or [www.billingsfarm.org](http://www.billingsfarm.org).



The Billings Farm & Museum, is owned and operated by The Woodstock Foundation Inc., a charitable non-profit institution, founded by Mary French and Laurence Spelman Rockefeller.

## New Exhibits & Events at Coolidge Site

PLYMOUTH NOTCH, Vt. -- The President Calvin Coolidge State Historic Site opens for the 2011 season on Saturday, May 28. That weekend, Saturday and Sunday, the site hosts several exceptional artisans as part of the Vermont Craft Council's "Open Studio Weekend."

Over the years, the Coolidge Site has become an Open Studio "hub," where Vermont artisans temporarily relocate their studios. This year, Irene Ames of Derby will demonstrate basket making in the Sweetser family tradition, and James Platteter of Middletown Springs will showcase his furniture making skills. Also on site will be members of the local chapter of the Historical Society of Early American Decoration: Rhonda Nolan (freehand bronze demonstrations and stenciling activities for children), Pat Lacy (country painting), and Mary Perry (reverse painting on glass).

A new temporary exhibit, "First Pets: The Coolidge White House Animals," opens on May 28. This special exhibit examines the important role animals played in the private life and public image of the Coolidge family. The story is told using artifacts and images from the site's collection as well as from several private sources and public institutions. Visitors on opening day, May 28, can also experience the excitement of the Killington Stage Race as hundreds of cyclists speed through the historic village.

The Vermont Division for Historic Preservation has planned a busy season of special events at the Coolidge Site, including the July 4th President Coolidge Birthday Celebration, Plymouth Old Home Day (and grand

opening of the permanent Coolidge exhibition - August 6), Plymouth Folk & Blues Concerts (September 3 & 4), and Plymouth Cheese & Harvest Festival (September 10). Back by popular demand are the Grace Coolidge Musicales, a series of recitals for piano, violin, and cello. The recitals - August 7, September 11, and October 9 - are made possible through the generous support of the Alma Gibbs Donchian Foundation. New this year will be Wednesday Afternoons with Farmer Fred, when Plymouth's own Fred DePaul will demonstrate a variety of historic farming activities and wagon rides every Wednesday. And, special guided tours of the historic village will be led by site administrator William Jenney weekly throughout the 2011 season.

A National Historic Landmark, Plymouth Notch is considered one of the best-preserved presidential sites in the country. Twelve buildings are open including the homes of Coolidge's family and neighbors, village church, general store, cheese factory (still making the traditional granular curd Plymouth Cheese), and dance hall that served as the 1924 Summer White House office. The site has two museum stores, walking trails, a restaurant (serving breakfast & lunch), and a sheltered picnic area. A short walk from the village center is the steep hillside cemetery where the President is buried with seven generations of his family.

The President Calvin Coolidge State Historic Site is open May 28 - October 16, 9:30 a.m. - 5:00 p.m., daily. For further information, contact the President Calvin Coolidge State Historic Site, 802-672-3773.

## Tinmouth Contra Dance

Brendan Taaffe will call an exuberant contra dance with the Cold River Band providing the live music at the Tinmouth Community Center on Friday May 27 at 8pm. Exuberant dancing for people of all ages!

What is a Contra Dance? A contra dance uses square dance moves, but is done in long lines to live music. All dances are taught and you do not need a partner. Beginners are always welcome. Dances become more challenging as the night progresses, so early arrival is

recommended for beginning dancers.

The dance takes place in the Tinmouth Community Center, Rte 140 in the center of Tinmouth, Vermont 5 miles west of Wallingford. Dancing takes place on the fourth Friday of the month. Please bring clean, non-marring shoes. Admission is \$8, \$6 for teens and \$3 for children 5-12, under 5 free. Refreshments will be available. Call 235-2718 for info or directions.



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# Rochester Block Party

submitted by Larry Plesent

On Saturday, May 28, the Rochester Recreation Committee will sponsor the first annual Rochester Yard Sale Block Party in Rochester village.

This "rain or shine" event will feature booths, music, and fun on the park from 10 a.m.-4 p.m., including a Maypole dance organized by the White River Valley Players. There will also be a re-dedication of SkateSpace, and food and specials at local restaurants.

That evening, there will be a community dance with a DJ playing everyone's favorite music from the 1950s-80s for "sock hop" style dancing from 5-9 p.m. at Pierce Hall. Tickets for the dance will be sold at the door.

The event is being overseen by Dean Mendell, who explained that, "The idea of the huge yard sale was Joanne McDonnell's and the sock hop community dance was Liz Steventon's idea. Mine was to put them all together in a party atmosphere to promote town-wide business and local spirit. I want to get a buzz going about what a great town we have!"



"The re-dedication of SkateSpace is also an important part of the day because that's a facility that can be used by our entire community," Mendell added.

Activities at SkateSpace will begin around 10 a.m., with games for kids. North Hollow Farms will be there to sell lunch and they will also bring their popular swing ride for kids. Skateboarders are invited to demonstrate their skills, and there are also plans to have pick-up basketball games and horseshoes for the adults.

Area residents and vendors are urged to reserve a spot on the park to sell their yard sale items. To reserve a yard sale or vendor spot, call Joanne McDonnell at the town office at 767-3631. Set-up will start at 8 a.m. that day, and all vendors and yard salers are advised that everything they bring with them must be gone by the end of the day. Nothing is to be left on the park.

## SafeArt Performs at Killington Arts Guild

"On Our Way...An Anthology of SafeArt Writing 2000-2010," a reading and musical performance by the SafeArt Teen Ensemble and adult SafeArt participants will be performed at Killington Arts Guild, June 6, 2011, 7pm.

Anyone is welcome to attend SafeArt's free performance readings.

At some point in our lives we all experience traumatic events: loss, illness, abuse or other harm. SafeArt believes people can heal through artistic expression and move forward. Over the past decade people of all ages have come to SafeArt workshops and created the original works of art in "On Our Way.... An Anthology of SafeArt Writing 2000-2010."

The poetry, songs and short prose in this performance reveal the strength that can come from moving through and sharing pain. Speaking and hearing these intensely personal truths can empower us to become active agents toward social change.

Performers include members of the SafeArt Teen Ensemble and adult friends of SafeArt. We all believe in the power of the arts to create personal and social change.

SafeArt is a non-profit arts organization based in Chelsea, VT that engages the transformative power of the arts to prevent and heal abuse and other traumas. SafeArt is very happy to come to Killington to share selections from the recently published book, which will be available for a \$20 donation to SafeArt.

Learn more about SafeArt, call (802) 685-3138.

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## Organic Farming at Farm & Wilderness Camp

Kid goats and baby lambs recently born at the Farm & Wilderness Camps in Plymouth. In the summer, campers will feed and care for these and many other animals including: cows, pigs, chickens, and rabbits.

Milk from the cows is pasteurized and bottled right on the farm for camper consumption. Kids also enjoy all aspects of tending organic gardens; from planting and weeding to harvesting and eating!

## State Historic Sites Open May 28

The Mount Independence and Hubbardton Battlefield State Historic Sites open for the 2011 season on Saturday, May 28, at 9:30 a.m. Many special history and nature events are planned for the enjoyment of the public.

Orwell's Mount Independence, a National Historic Landmark named after the Declaration of Independence, was built on Lake Champlain in 1776-77 to protect the American colonies against British invasion from the north. This year is the 235th anniversary of the start of construction, as well as of the Mount Independence-Hubbardton Military Road. The museum's exhibits include a talking hologram sculpture and exciting Revolutionary War artifacts from the site, including two huge logs from the Great Bridge and a cannon recovered from Lake Champlain. Six miles of scenic walking and hiking trails wind past archaeological sites. The nationally award winning Baldwin Trail is suitable for outdoor wheelchairs and strollers, and has acclaimed interpretive signage. The season begins on Saturday, May 28, at 8:00 a.m. with the favorite annual Early Bird Nature Walk, led by bird expert Suzanne Wetmore. Other special events include nature and history programs and the annual Soldiers Atop the Mount encampment on July 23 and 24. The site is open daily, 9:30 to 5:00. Admission is \$5.00 for adults and free for children under 15.

The Hubbardton Battlefield State Historic Site is the location of Vermont's only Revolutionary War battle. It is considered one of the best preserved battlefields in

America, retaining most of its original setting, and is on the National Register of Historic Places. At noon on May 30 there will be a simple Memorial Day commemoration. The annual living history weekend, with the battle reenactment, is July 9 and 10, with many other nature and history programs and hikes throughout the season. The site is open Thursdays through Sundays and Monday holidays, including Memorial Day, from 9:30 to 5:00. Admission is \$2.00 for adults and free for children under 15.

Both sites have scenic grounds for walking and picnics, and popular specialty museum shops with many books and other items.

The Chimney Point State Historic Site and grounds in Addison will be closed to the public for the 2011 season due to the ongoing construction of the Lake Champlain Bridge. The site will be open for the bridge opening celebration weekend, at a yet to be determined date this fall. The popular annual Northeast Open Atlatl Championship, September 16 to 18, will be moved again this year to Mount Independence in Orwell.

For directions, more information about these sites, or to receive a calendar of events, please call 802-759-2412 or visit [www.HistoricVermont.org/sites](http://www.HistoricVermont.org/sites).

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## MOUNTAIN MUSINGS

What's Happening In & Around Killington



By Debbie Burke

### Planning Commission Meeting Highlights

At the May 11 meeting of the Town of Killington Planning Commission and under Citizen's Input, Art Malatzky asked for confirmation that the High Ridge Condominium Owners Association appealed the renewal of the Ridge Top PUD and asked what the process was going forward. Dick Horner confirmed that the appeal has been filed in Environmental Court and explained what the next steps were. Mr. Malatzky asked whether the Town would be defending its decision to renew this PUD as it did in the SP Land Golf Course PUD Approval. Dick advised that it would depend on what the Plaintiff's reasons are for the appeal but it is up to the Board of Selectmen to approve the expenditure of funds for litigation.

Under Correspondence, there was a notice from Central Vermont Public Service Corp to Act 250 concerning proposed construction to replace above ground power lines with buried lines which serve the summit of Pico Peak.

In the Planner's Report, it was noted that at the next Commission meeting on May 25 the Rutland Regional Planning Commission will give the first of two Limited Impact Development presentations.

The new owners of the Trailside Lodge are doing some interior renovations and reducing the number of rooms. They are installing dormers as required by Fire Safety for egress. Since this is a commercial building, Dick asked whether the Commission required a public hearing or if they preferred that he handle this administratively. Since these alterations will not increase occupancy, impact parking, circulation, or other Site Plan criteria. The consensus was that Dick should handle this administratively.

Dick Horner then distributed an outline prepared by Town Attorney, Kevin

Brown, on how the PUD hearing process would work based on his interpretation of Judge Durkin's decision. Kevin will be getting together with Tim Eustace, Attorney for SP Land, to go over Mr. Eustace's interpretation of what SP Land feels should be in zoning and then communicate that to Dick Horner. Commissioner Linnemayr commented that it is the Planning Commission's job to change the Zoning, not SP Lands. Commissioner Lee noted that the Zoning changes committee had worked hard to modify the PUD process to the point that made it easier to understand and work with. As a result, the committee had gotten away from the conceptual master plan approach entirely. After further discussion, the consensus was to see what transpires after the two attorneys speak.

Under New Business, David Rosenblum, Chair, opened the public hearing on the application by Sunrise Homeowners Association, Sunrise Condominium Owners Association, and Vistas Developers, LLC to extend the Sunrise Planned Unit Development approval for 4 years. Dick noted that the PUD expired on April 25th, however the application to extend the PUD was submitted prior to that date. Dick spoke with Rich Kolb, General Manager representing the Homeowners Association, and Steve Malone, who still own development rights for the remaining Lodge's building sites. Neither had any issue with this application. This extension is to accommodate The Vistas which has a total of six approved sites. Due to the economic downturn, they have only been able to sell one of the six sites. They are not requesting any changes to be made other than to extend the PUD approval for another 4 years to al-

Musings, Page 22



by Alice Sciore, Killington Arts Guild

### Killington Remembered The Dawn Of Killington's Ski Tradition

by Alice Sciore,  
Killington Arts Guild

Killington may currently be known for big-mountain skiing and riding, but even in the area's early days, the best in the sport knew there was no better place to train. From 1950's Olympians to legendary coaches, the mountains of Killington have quite a long and proud skiing history.

In 1939, Pico Mountain Founders Janet and Brad Mead brought Swiss skier Karl Acker (painting, center), to Pico to coach their daughter, Andrea, who then went on to take two Gold Medals in the 1952 Olympics. Acker soon bought Pico, where he became a tireless worker and pacesetter for Pico's programs and business plans.

After Andrea Mead's success, the Pico Ski Education Foundation was formed to support young racers trying for National Competitions. Joe Jones (painting, left), soon came aboard, volunteering his special brand of coaching to young racers over the 15 years he worked at Pico.

In the late '60s, Greg McClallen (painting, right), took over after two years at Killington, bringing his methods of coaching to the young racers at Pico for 36 years. McClallen then became the Technical Delegate Official for United States Ski and Snowboard Association races for

20 years, and was awarded Coach of the Year in 1997 by the National High School Coaches Association.

Pico's skiing community grew up with these legendary coaches, as well as the legendary hazard on B-slope known as 'The Rock.' Between the expert coaches and 'the rock,' young skiers had to quickly hone their skills in order to race and train. 'The rock' was removed this past winter; a requirement to homologate the slope and create a more efficient race course.

At the Pico Ski Education Foundation gala this year, a commemoration to these coaches and 'The Rock' - where they'd often stand and watch the racers - was planned. I was asked to recreate that scene in a painting and was given various small photos of the coaches and 'the rock.' People at the event were given fragments of 'the rock' in remembrance. Once finished, the painting was framed and auctioned at the Gala in support of the Foundation. It isn't too far from home, since it was purchased by a local Rutland Resident.

To share your memory of Killington, please contact Gail Weymouth at Gail@SherburneLibrary.org. And don't forget to join the Town of Killington on July 4 for our Star-Spangled Birthday Celebration! (details at www.DiscoverKillington.com.)

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# Mendon/Chittenden/ Pittsford/Brandon Notes

by Debbie Burke

## May 9 Town of Mendon Selectboard Meeting Highlights

Under Old Business, the Animal Control Ordinance was discussed. The Selectboard discussed the Animal Control Ordinance and the evidence required in order to levy fines for violations of the ordinance. The Selectboard decided to create an Animal Control Complaint Form which residents can submit to the Animal Control Officer or the Selectboard documenting the date, time, location and nature of the complaint. The Animal Control Officer or the Selectboard will determine from the complaint whether further action should be taken.

Regarding the Town Shop, Selectman Smith reported that he met with

Adi Staudinger to discuss his lease at the Town Shop, and that Adi Staudinger pointed out some maintenance issues as they toured the building. Adi Staudinger provided a key to Selectman Smith.

Regarding the 2011-2012 goals and objectives, the Selectboard further discussed these goals and objectives, and decided to create an outline of tasks by the end of June.

Regarding the truck replacement, Bill Ellis presented financing options as requested by the Selectboard. Bill Ellis had the truck evaluated by Earl's Truck Repair to determine future maintenance of the truck. The Selectboard requested trade in

values from Bill Ellis and a history of truck repairs from 2004-2011 from Sara Tully.

Regarding salt, Bill Ellis requested the purchase of salt to fill the salt shed. Bill Ellis discussed that the salt in the shed will not interfere with the repairs to the sand side of the shed. The Selectboard agreed to purchase 460 tons of salt at \$62.43 totaling \$28,657.

Regarding the Bridge #24 replacement, the Wheelerville Road will be closed to thru traffic starting on June 1, 2011. The road will remain closed to through traffic for the duration of the bridge replacement project which is expected to be most of the summer. Sara Tully will send notifications to the property owners of Wheelerville. The detour for some full time residents of Wheelerville is approximately 10 miles. Bill Ellis will post notice signs.

There has been a trail name change request by Doug Casella, who submitted a request to change the name of the private road accessing Casella Construction whose name is currently Toboggan Trail. Mr. Casella requested the name of the road be changed to Industrial Lane. Sara Tully has submitted this request to 911. A motion by Selectman Adams to change the name of Toboggan Trail to Industrial Lane was seconded by Selectman Courcelle and approved unanimously.

Next, Sara Tully presented minor updates to the Building Use Policy that reflects obtaining a door code for access to the building instead of a key. A motion by Selectman Adams to adopt the Building

Use Policy as revised was seconded by L. Courcelle and approved.

Under New Business, The George D. Aiken Resources, Conservation and Development Council was discussed. The Council was removed as a federal program and due to recent budget cuts it will cease to operate by the end of May. The George D. Aiken RC&D was one of the original resource, conservation and development councils in the country. The George D. Aiken RC&D Council served many of the central and southern Vermont towns. Mendon received a number of grants from the George D. Aiken RC&D Council from the Dry Hydrant program and Better Back Roads. Some of the programs will continue under The Northern Vermont Resource, Conservation and Development Council.

Regarding the Sherwood Drive and Woodward Road resurfacing, Bill Ellis provided paving quotes for the Selectboard to review. The next Selectboard meeting will convene with a site visit to the intersection of Sherwood Drive and Helvi Hill Road to discuss the water problem coming off the Helvi Hill Road.

Regarding Summer Personnel, the Selectboard will be advertising and hiring a seasonal part-time road crew position for 20 hours per week for approximately 10 weeks. Bill Ellis will create a job description and identify qualified skills for the position. Interested parties can contact Bill Ellis at the Town Garage, at 773-4402 or Sara Tully at the Mendon Town Office at 775-1662.

## Musings

continued from page 21

low them time to develop and sell the remaining five sites. Commissioner Davin moved to approve extending the Sunrise PUD for an additional 4 years. Linnemayr seconded the motion and the motion was approved unanimously.

Under Commissioner's Concerns, Commissioner Linnemayr noted that the house past the Trailside Lodge on Coffeehouse Road appears to be running an auto repair shop. Dick advised that he will look into this.

On Saturday, May 28 the Change the World Kids will host a big yard sale to benefit their work in the community. Sale hours are from 10am to 3pm in front of the Unitarian Universalist Church in Woodstock.

The Memorial Day parade in Woodstock will take place on Saturday, May 28 at 10:30 am. All veterans are invited to march. The parade forms at the Woodstock Elementary School at 10 am. The parade is sponsored by the Ora E. Paul #24 American Legion.

The Woodstock Area Chamber of Commerce is sponsoring the Annual Pasta Supper on Saturday, June 4 at Suicide Six Ski Lodge. There will be three seatings: 5 pm, 6 pm and 7 pm. The menu consists of pasta with a variety of sauces, bread, salad, and dessert all donated by area chefs from local restaurants. Adults- \$15, children age 12 and under, \$7.50. For reservations call 457-3555.

## Great Books at Great Prices

Book lovers won't want to miss this fantastic sale! Mt. Holly Town Library book sale is Saturday, May 28th and Sunday, May 29th from 10 am to 4 pm. Generous donations over the winter have filled our new book shed, nicely organized and ready for book junkies. Our book sales

have attracted a following of readers who know where to find the bargains.

The library book shed is located next to the Mt. Holly Library at 26 Maple Hill Road, Belmont, Vermont. We hope to see you rain or shine. For further information, call 802-259-3707.

# Jerry's



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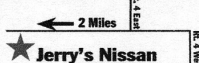
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by **Johnnie Goldfish**

## Find a Farmers Market on Route 100

(Your Aunt Ida would approve of you reading this column)

You are a pioneer into illusion, an adventurer into the unknown. You can give beyond reason, care beyond hope, love without limit; you can reach, stretch, and dream, in spite of your fears. These are your badges of honor that are the hallmarks of divinity and traits of the immortal. Bowing before greatness, be proud.

The Pittsfield Village Green will be home to the Memorial Day weekend Bike Rodeo for Kids and Families on Saturday, May 28 from 1 to 3 pm. This event is being put together by those lovely volunteers at the Pittsfield Library. Come on over and learn about bike safety, bike maintenance, bike skills and last but certainly not least the bike decorating stations. Yes, bring your bikes. Free new helmets will be available while they last. Sysco has donated ice cream sandwiches and other snacks, and water will be available.

Kid's bikes will be for sale for just \$5 each and the proceeds will support the helmet giveaway. The library is looking for donations of kids' bikes in good working order. Bikes that are clean and ready to ride can be dropped off on Thursday, May 26 from 5 to 7 pm or on the day of the Bike Rodeo from 12 noon to 1 pm. Traci Templeton is the moving force behind this rolling event, help her keep it rolling, drop by and volunteer.

On Saturday, May 28 at 9 am the Pittsfield Fire Department wants you and your kids to come to the First Annual John P. Barrows Fishing Derby at Colton Pond. The pond is just north of Pittsfield across from the Colton farm down in the field by the river.

The 4 Year Old Love Report: or What does love mean to a 4-8 year old: When you love somebody, your eyelashes go up and down, and little stars come out of you. Karen- age 7.

The Rochester Recreation Committee is having its first annual Rochester Yard Sale/Block Party and Community Dance on Saturday, May 28 in Rochester Village. Events will be from 10 am to 4 pm and the day will be topped off with a sock hop dance from 5 to 9 pm at the Pierce Hall with a DJ spinning tunes from the 50's to the 80's. Area residents and vendors are urged to reserve a spot on the park to sell their yard sale or other items. For more information please call Joanne McDonnell at 767-3631.

The Farm Report: The Pittsfield Farmer's Market is bringing you fresh veggies and wares on Fridays from 3 to 6 pm. Then up to Rochester the farmer's market is on the Park on Saturday from 9 am to 1 pm through September. For more information about the Rochester market call Bob Grady at 767-4290. Live good, eat well.

The Pittsfield Federated Church will be having a Memorial Day Breakfast on Monday, May 30 from 7 to 8:30 am in the Town Hall. A good will donation is asked to

benefit the Handicap Accessible Project at the church.

What are your kids doing this summer? The Earth Camp and Stockbridge Central School (SCS) have collaboration between Donna Gallant and Lindsay Wagner that has resulted in the development three separate themes for camp with two different venues. From June 27 through July 1 the kids can attend Pirates. From July 25 through July 29 Eco-Art is open and from August 8 through August 12 the session is called Let's Eat. The Earth Camp venue is on Mondays, Tuesdays and Wednesdays and the SCS portion will be on Thursdays and Fridays. All camps run from 9 am to 3 pm. The kids will be in the sun having fun and learning through planting, creating, maintaining, harvesting, cooking, earth art, cooperative games and more. The kids will either live the life of a pirate and go on a treasure hunt, and hike and make a variety of earth friendly crafts and a terrarium or even make their own crazy food. You can contact Ms. Lyndsay Wheeler at 234-9248. Oh to be young in Vermont!

The First in a series of four monthly Contra Dances will take place on Thursday, May 26 from 7:30 to 10 pm at Pierce Hall on Main Street in Rochester. The dance will feature live music by Karen and Pete Sutherland, with calling by the Mad Robin Callers Collective. No experience is necessary, since all dances are taught, and no partner is required. Musicians are welcome to bring instruments and sit in behind the band. For more information call Aaron Marcus at 617-721-6743.

Thought for the Week: "We are not creatures of circumstance; we are creators of circumstance." – Benjamin Disraeli, (British Prime Minister).

Calling all creators of news and events, send yours to johnniegoldfish@yahoo.com.

## Maclure Library Sale

Bibliophiles rejoice and give in to your book buying addition! The annual Maclure Library Memorial Weekend Book Sale is just around the corner. There are thousands of great titles of fiction and nonfiction, both paperback and hardcover books by well-known authors for adults and children alike.

The book sale is Saturday, May 28, 9:00 a.m. – 3:00 p.m. Hardback books are \$1; paperback books are \$.50; and DVDs and CD are \$1. Everything is priced to sell. Come look for some special bargains. Held rain or shine under the tent on the front lawn. The money earned goes to help with programs for all ages and special projects at the Maclure Library. For more information, contact the library at 483-2972.



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by Betty Little

The SafeArt Team Ensemble will give a program for the Killington Arts Guild at the Upstairs Gallery on June 6 7-8:30 PM. Performers are young, active agents of social change, who will do original dances, music, poetry and skits. This is a chance to meet enthusiastic and talented young people demonstrating what art means in our everyday life. The Gallery is at Cabin Fever Gifts on Route 4 opposite the Killington Access Road. KAG members are encouraged to attend. The program is free and open to the public.

Art Mix--- at the KAG Upstairs Gallery the exhibit is full of pleasant surprises. We encourage you to visit any business day. Dawn Kranz's 'Happy Geranium' hangs high on the wall behind the desk—a long and whimsical stem and topped by a red flower greets the viewer. Below is a Ram in pastels by Muffy Grollier, who usually creates fairies and elves. This creature is real. Mary Fran Lloyd has an oil painting of a charming row of mail boxes, and Kay Austin-Avon (her married name is Avon) has two paintings both in blue-green. One is 'Dive' (a swimmer) the other is 'Sound.' Both are found in the entrance room. Ann Wallen's 'Jack in the Box' is genuinely humorous. Alice Sciore's 'Work in Progress,' a woman kneeling seems somber and foreboding.

Sally Curtis, KAG President and website developer, says that, "The purpose of the artist's membership page is to give members the opportunity to list themselves on our website whether they have their own web page or not. It is purely voluntary. It is not a list of our members with permission or without or a 'newsletter' format. I might add that all members and the public will have access to our web page either through their own computers or those available to the public such as at the library."

Yvonne Daley will review her book Octavia Boulevard on June 1, 7-9 p.m., at Annie's Book Shop and on June 3, 7-9 p.m. at Book King, both in Rutland Vermont. The book is based on Yvonne's life on Octavia Boulevard which is a show case for San Francisco's ingenuity and its failures to use its wealth and creativity to solve ingrained social problems.

Congratulations to Saskia Hagen Groom on her newest children's production at the Paramount.

For information call KAG 802- 422-3852; [www.killingtonartsguild.org](http://www.killingtonartsguild.org); for this column, email [vtkag@aol.com](mailto:vtkag@aol.com)



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## Parades, Kids' Camps, Town News... Oh My!

Memorial Day weekend has many different positive associations: honoring soldiers who died while in military service, the unofficial start of summer, a three-day weekend, and beginning barbecue and picnic season.

Summit Futbol Club (formerly the Rutland County Soccer Club) holds its 12th annual Memorial Day soccer tournament Saturday and Sunday, May 28 and 29, at Hathaway Fields. For tournament info, call Gunther Sihler, 236-2927.

This Saturday's Big Flicks at The Paramount is a 1946 film that considers the impact of their experiences on three World War II returned veterans. The Best Years of Our Lives won seven Oscars plus an eighth nomination and an honorary award to Howard Russell for bringing hope and courage to fellow veterans. It also won eight other entertainment industry awards. Showings are at 3:00 and 7:00 p.m. Call 775-0903 for tickets.

The weekend also marks the Vermont Crafts Council's annual Open Studio Weekend. Pick up your map demarking local artists who invite you to drop in for a visit and

see work by locals at the Chaffee Art Center.

West Rutland holds its own Memorial Day parade on Monday, May 30. Marchers lead off from West Rutland School at 10:00 a.m.

Contemporary poetry's use of nature and spirit imagery and language is the topic New Hampshire poet laureate and Dartmouth professor Cynthia Huntington will cover at 7:00 p.m. Wednesday, June 1. She will reference work by Mary Oliver, Jane Kenyon, and Mark Doty. Call 773-1860 for more information.

Rutland Region Chamber of Commerce and 101.5 The Fox present the 26th annual Golf Classic & Awards Banquet at Killington Resort & Grand Hotel on Thursday, June 2. Call the Chamber to find out more, 773-2747.

A new mountain bike series in Pine Hill Park models itself after the park's popular running series. Beginning Thursday, June 2, at 5:45 p.m., the series offers fun and fitness for all ages and abilities, from one to four laps on a three-mile course in the park. Call 773-1822 to find out more.

If you have young people at home who need an outlet for their summer energies, consider some of the day camps that provide an opportunity to develop latent skills and abilities. Stafford Technical Center hosts an Arts and Technology Camp June 27 through July 1 and a Con-

struction Camp July 5 through 15.

Rosie's Girls Summer camp is for girls entering 6th, 7th, and 8th grade in Rutland County. The two-week day camp encourages the girls to work with their hands, meet wonderful women role models from the community, and to think outside-the-box. For financial aid and/or info, call Sue May, director of the program, 459-2062.

West Rutland's Carving Studio & Sculpture Center plans a Myth and Magic Amongst Marble June 27-July 1 for children age 6 through 8 and an Introduction to Sculpture July 18-22 for age 9 through 12. Both are taught by Zoe Marr. Call 438-2097 for info.

Sales at the Rutland Area Food Co-op have grown wonderfully in the past fiscal year, 10 percent higher than the previous year, co-op leadership revealed at the organization's recent annual meeting. Membership is up too, to 1,780. The co-op also recently signed a new seven-year lease for the property it occupies at 77 Wales St.

Your visits to the Rutland Free Library may require a bit of shuffling in your schedule, as roof, sewer, and HVAC systems all see renovations. There will be times when water is shut off and jackhammers are pounding, and you wouldn't want to be there anyway. Four-week check-outs are six weeks long in the interim. Call 773-1860 for the current open hours.

The RFL invites young people to join the 2011 Summer Reading Club. They can note the books they read and receive stickers, ice cream, and books after bringing in their filled-out membership packet.

Just across Center Street, the 78-year-old courtroom at U.S. District Court recently went back in service, with a lot of technology upgrades including flat-screened terminals and speakers at desks and jury box, and wide screened TV in the

public seating area, enabling observers to get a good look at presented evidence. At the same time, the room retains its sense of classical grandeur.

If you work at Rutland Regional Medical Center, Rutland Mental Health, Heritage Family Credit Union, Central Vermont Public Service, Carris Reels, the law firm of Ryan, Smith, and Carbine, or Casella, you will find easy access to workplace-delivered produce in Community Supported Agriculture drop-offs organized by the Rutland Area Farm & Food Link. The enrollment deadline is May 31.

Segment 1 of the Rutland Creek Path has been sent to bid, while the Rutland as a Recreation Destination committee is seeking funds for Segment 2, asking the city for a letter of intent as it applies for a state Agency of Transportation grant. The committee expects to break ground on the section from Giorgetti Park to State Street in August.

Thank you to Rutland County letter carriers and United Way, whose recent food drive brought in 20,000 pounds of food to help stock shelves at the Rutland County Community Cupboard, the Salvation Army, and BROC plus food shelves in several outlying towns. This year is the 19th for the annual campaign.

Congratulations to Rutland City patrolman Frank Post, who noted suspicious activity at a local motel and, as a result, picked up more than \$20,000 worth of crack cocaine.

Merchants Row will close off from 3:00 to 6:00 p.m. Tuesday, June 28, while the "Patriot Flag" hangs at City Hall. Brought to Rutland by the local Red Knights motorcycle club for fire fighters, the 55-foot U.S. flag is touring the country to mark the 10th anniversary of 9/11 and to honor those who currently provide their communities with public safety.

## Rutland PD Joins Click It or Ticket

The Rutland City Police Department will join local and national law enforcement officers and highway safety advocates all across the country for the 2011 national Click It or Ticket seat belt enforcement mobilization, May 23-June 5.

During the mobilization, officers will be cracking down on motorists who fail to wear their seat belts—both day and night.

Because nighttime passenger vehicle occupants are among those least likely to buckle up and most likely to die in crashes when unrestrained, nighttime enforcement has become a priority of the Click It or Ticket mobilization. Of those who died

in nighttime crashes in 2009, nearly two-thirds (62 percent) were not wearing seat belts at the time of their fatal crashes.

"Many more nighttime traffic deaths can be prevented if more motorists simply start wearing their seat belts. That's why the Rutland City Police Department is strongly supporting enhanced nighttime enforcement of seat belt laws during the May 23 - June 5, 2011, Click It or Ticket campaign," said Lieutenant Kevin E. Geno. "We will be out in force to remind drivers and occupants to always wear their seat belts—both day and night."

Buckle up!

## Blessing of Seeds and More at Mission Farm

A 'Blessings of Growing Things' will be held on Sunday, May 29th at 10:30, at the Mission Farm Church. All are invited to bring seedlings, plants, small gardening tools, etc. for a blessing and to celebrate the growing season, and to stay and enjoy the grounds and newly laid out hiking trail. The service preceding this blessing begins at 9:30, and will also be a celebration of creation and agriculture. May 29th is a "Rogation Sunday," traditionally set apart to mark the beginning of the growing season, and a time when communities would "walk the bounds" of the parish and bless the fields. (The Vicar at

Mission Farm notes that she would gladly visit and bless other fields.)

A small Open House will also be held at Mission Farm on Sunday, June 5th, from 4:00 to 6:00. All are invited to stop in, enjoy some simple refreshment, see the guesthouse and enjoy the grounds of the church.

While there, neighbors may notice the "Watering Station" set up by the road for walkers and their dogs. Because it is flat and away from the traffic of Route 4, many people walk there, and the church community offers this as an expression of welcome and hospitality.



photo by Andrew MacKenzie

This survey trap is hanging on a tree on Lakewood Drive in Killington.

## Survey For Emerald Ash Borer

Montpelier, VT - Purple, three-sided traps resembling a box kite can be seen in ash trees throughout Vermont as part of a surveillance program by federal and state agencies.

The U.S. Department of Agriculture, Animal and Plant Health Inspection Service and the Vermont Agency of Agriculture are partnering to survey for emerald ash borer (EAB), a non-native, wood-boring beetle that has killed tens of millions of ash trees in the eastern United States and Canada. The Monteregie region of Quebec Canada is the closest EAB infestation to Vermont's northern border. To date, EAB has not been detected in Vermont.

These traps will be placed in ash trees in all counties and at high risk sites, such as campgrounds, sawmills, recreational areas, major transportation arteries, etc.

The purple traps are coated with an adhesive that captures the insects when they land and are baited with a lure to attract the pest if it is present. In addition,

the color is thought to be attractive to EAB, and is relatively easy for humans to spot among the foliage.

"The traps being placed around Vermont will help us discover if we have EAB in Vermont early on which allows us to address this invasive pest immediately," said Jon Turmel Vermont State Entomologist. "Early detection is the best tool we have to fight EAB. The ash tree is a very important natural resource in our state and we want to do everything we can to protect our trees."

These traps will be monitored and remain in place throughout the summer during the beetles' flight season, and removed in the fall. Results from the trapping will be available then.

If you see a purple trap on the ground, please call the USDA's toll-free number: 1-866-322-4512. The EAB hotline is staffed during regular business hours and a message may be left at any time. Callers are asked to include a name and telephone number.

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# Killington Select Board Meeting Highlights

by Kathleen Ramsay, Town Manager

Monday, May 23, 2011 - Skateboard Park Advocated: Two Killington high school students suggested the creation of a skateboard park to give local kids a summer sports venue to complement their winter sports snowboarding and skiing terrain park training in a mischief-free way. The students will forward complete details including suggested design and possible location to the Selectboard for their consideration at a future meeting as an agenda item.

Paving Bid Awarded to Fuller Sand & Gravel, Inc., the low bidder, at \$66 per ton. Schoolhouse Road, East Mountain Road from Highridge to Samples Corner and the Thundering Brook Dam will be re-paved this year, at a total estimated cost of \$154,000.

Mowing Bid Award Under Consideration. The Board reviewed bids for mowing the green spaces along the Killington Road from four companies and asked Town Manager Kathleen Ramsay to discuss the scope of work with the Highway Department.

General Fund Budget Report. The Board reviewed the April 30 budget report for the General Fund. As expected, given the amount of snow and the number of storms this winter, the line items for highway wages are more than last year at this time, but close to budgeted amounts for 2011. On the revenue side, local option tax receipts are \$58,000 more than budgeted for the two of the four quarterly payments received so far this

year. On another positive note, the State budget includes funding for state aid for highways and Payments in Lieu of Taxes on state lands at levels similar to last year, which will result in the receipt of more state revenue than budgeted for 2011.

Golf Budget Report. While golf revenue as of May 15 is less than last year on May 15, Green Mountain National Golf Course General Manager David Soucy is cautiously optimistic that revenue from new tournaments and group play will bridge the gap caused by the late start to the season and membership sales.

Golf Marketing Update. David Soucy reviewed several marketing initiatives including Golf Now! and Groupon offerings with the Board. David also reported that six new tournaments have been added to the schedule for this season. And, GMNGC brochures will be distributed in Vermont state visitors' centers starting soon.

Water System Feasibility Study. There will be a meeting between the Town, the State Water Supply Division, and the town's consulting engineers to review the water source information collected to date, service area, and soliciting input from interested parties. The meeting will be held during the week of June 1 at the Killington Town office. A time for the meeting has not been set. Chris Bianchi will represent the Board at the meeting.

Killington Road Maintenance Agreement for 2011/2012 Approved. The Board approved the signature of the annual winter maintenance agreement with the Resort. As anticipated, the hourly rate for plowing in the agreement was increased from \$63/hour in 2010 to \$75.60/hour, consistent with the current market rate for the similar work.

School Board/Selectboard Meeting held on May 20 to initiate a dialogue about ways that school and town might work together to manage expenses and lower corresponding tax rates, and ways in which the school might be used as a central piece of marketing for the Town of Killington.

Grant Agreement for Gateway Beautification Feasibility Study Approved. The \$37,500 budget for the project (\$30,000 grant/\$7,500 local match) will fund a scoping study for streetscape, bicycle and pedestrian improvements on State Routes 100 and 4 and River Road in Killington.

Funding Approved for Legal Expense for Defense of Appeal of Planning Commission Decision on the Ridgetop/Killington PUD Renewal. In response to the State of Vermont Superior Court Environmental Division notice of the Highridge Association's appeal of the April 6th decision of the Killington Planning Commission regarding the application of Ridgetop/Killington for PUD Renewal,

the Selectboard authorized the Planning Commission to retain legal counsel to defend its decision.

Reminder: The Selectboard seeks applications from volunteers to fill the following vacancies: Zoning Board of Adjustment, Rutland Regional Planning Commission and Energy Coordinator

Upcoming Meetings: Planning Commission, Wednesday, May 25, 7:30 p.m. and Selectboard Meeting, Monday, June 6.

These Highlights are based on my observations of Select Board meetings. The Select Board Highlights are intended to be a short summary of Select Board meetings to help communicate matters pending before the Select Board in a timely way. The Select Board Highlights are not comprehensive minutes, and are not reviewed or endorsed by the Board before they are distributed. Highlights are available via e-newsletter as well: sign-up on the Town's website, www.killingtontown.com.



## Killington-Pico Rotary News

by Janina Curtis

On June 1st the 23rd Annual Killington-Pico Rotary Golf Tournament will take place at the Green Mountain National Golf Course in Killington. This charity tournament benefits the Rutland Area Visiting Nurses Association and Hospice (RAVNAH). RAVNAH provides skilled nursing care, hospice care, private duty, community education and outreach, homemakers, personal care attendants, rehabilitation therapy, social workers, nutritionists and many other programs throughout Rutland County. It is likely that a family that you know has relied on RAVNAH for care at some point.

The golf tournament will include a chance to win \$10,000 in a Hole-In-One contest as well as other prizes. The cost is only \$75 per player and includes green

fees, cart, a meal and a goodie bag. Don't miss this opportunity to support the community while enjoying a beautiful day on the links with friends! For information on registration, call Ken Lee at 802-342-3575 or Bernadette Robin at 802-747-3634 to save your spot for this worthwhile charitable event.

Each Wednesday the Killington Pico Rotary Club meets at the Summit Lodge from 6PM - 8PM for a full dinner, fellowship, and a guest speaker. We are actively seeking new members who are interested in serving their local community and beyond. It's a great opportunity to get involved and meet new people. If you are interested in learning more about Rotary International, call 422-5499 to make a reservation to attend a dinner meeting.

## COMMUNITY CALENDAR

**May 26** - Woodstock. Hand in Hand community meal, Thurs., 5-7pm. This Week: Memorial Day. Social Hall, N. Unitarian Chapel Society. All welcome, donations appreciated. 457-9272.

**May 28** - Rutland. Spaghetti Dinner, Dance & Silent Auction annual fundraiser for Rutland Eagles Special Olympics team. Alcohol free. All ages. \$10 or \$15/ couple. 948-2877 advance, or at door. 6-10:30pm.

**May 28-29** - W. Rutland. Second Time Around clothing sale to benefit W. Rutland Food Shelf. At Town Hall Auditorium. All sizes. Great brands! Donate thru May 27, 8am-4pm, at Town Hall.

**May 29** - Clarendon. Military Tribute Day at The Brick Church to honor all Veterans - all welcome to come. Service starts 10am, cake & coffee follow. Call the church, 773-3873.

**May 29** - Killington. A 'Blessings of Growing Things' at Mission Farm Church, 10:30am. All invited, bring seedlings, plants, small gardening tools, etc. for blessing & celebration of growing season. Stay & enjoy grounds & newly laid out hiking trail. 9:30am preceding service. Open House June. 4, 4-6pm.

### Ongoing

**Mons.** - Rutland. Rutland Kiwanis Club meets at South Station Restaurant 6:30pm. All welcome. 773-6251.

**Mon.-Sat.** - Wallingford, Hands for Hope Thrift Store open, 9am-6pm Mon-Fri & Sats, 9am-2pm.

**Mons. & Weds.** - Brandon. Meals-On-Wheels delivered to Brandon Senior Citizen Center, except holidays. \$3. Age 55+. 247-3121 to sign up or come by.

**Tues.** - W. Bridgewater. Blanche & Bill's hosts Aunt Francie's Southern Kitchen community dinner each week, 5:30pm til food runs out. \$12.50/ person, family style.

**Tues.** - Brandon. Lions meet at Brandon Senior Center, 7pm. 1st & 3rd Tues. of the month.

**Weds.** - Brandon. Cub Scouts - Wolf Den 123 meet at Brandon Senior Center, 3-4pm.

**Thurs.** - Hubbardton. Hubbardton Senior Connection program lunch every 1st & 3rd Thursday of the month, at Hubbardton Town Hall, 12:00 noon. All welcome. \$3.25/seniors, \$4.25 anyone else.

**Thurs.** - Rutland. Vt Christian Riders from Motorcyclists for Jesus Ministries meeting 3rd Thurs. of month, Denny's Restaurant. 6pm. 483-2540 or Email Bikingforj@Msn.Com.

**Thurs.** - Danby. Christian Reading Room @ Danby Congregational Church parsonage open Thurs., 4:30-7pm. Check out, reference or personal study books & computer reference material. 770-2976.

**Thurs.** - Rochester. Acapella singing group meets Thurs., 5-6pm, Federated Church of Rochester. Practice spiritual music to sing to ill folk. Come & sing! 767-3012.

**Thurs.** - Rochester. Green Mountain Interfaith Group sponsors Spiritual Cinema Circle 2nd & 4th Thurs., 7-8:30pm, Park House. 767-4905.

**Fris.** - Rochester. 1st & last Fris. of month, Rochester Federated Church invites parents & kids for Play Group. Birth - 2 yrs. 10:30am-noon, nursery rm. above Fellowship Hall.

**Killington** - Saturday Worship, Roman Catholic Mass, 4pm. Our Lady of the Mountains. 457-2322, call for Holy Day schedules.

**Killington** - Sunday Worship, 9:30am, Church of Our Saviour (Episcopal). Small, welcoming, inclusive. 422-9064.

**Killington** - Sunday Protestant Service, 9am, Sherburne United Church of Christ, Rt. 4. All Welcome. 422-9440.

**Mendon** - Community Church, (50 Rte 4 East) Communion 1st Sunday of each month; Sunday worship 9:30am; Children's church 9:45am; Fellowship 10:30am; Adult study time 11am. Rev. Ronald Sherwin, 459-2070.

**Pittsfield** - Sunday Worship, 9am. Pittsfield Federated Church. Rt. 100 N. Communion Service 1st Sun. each month. Bible Study Weds. Eves 7pm. Rev. Dr. Howard Gunter, Pastor. 746-8698.

**Chittenden** - Sunday Worship, 11am. United Methodist Church of the Wildwood. Open hearts, open minds, open doors. Rev. Shirley Oskamp. 483-2909.

**Rutland** - Unitarian Universalist Church, 117 West Street, Rutland, VT. 802-775-0850. Sunday Services Begin at 10:30 a.m. Rev. Erica Baron.

**Rutland** - Sunday Service, children & adult religious instruction 9:30am. Sat., 5:30pm worship. Good Shepherd Lutheran Church. 773-9659.

**Rutland** - Weekend Catholic Mass, Christ the King, Sat. 5:15pm, Sun. 7:30, 9:30, 11am. Immaculate Heart of Mary, Sat. 4:30pm, Sun. 8am, 10:15am. St. Peter, Sat. 5:15pm, Sun. 8:30, 10:30am.

**Rutland** - Sunday Worship Services, 10:30am, First Baptist Church of Rutland City. Sunday School Classes, 9am for all ages. 773-8010.

**Rutland** - All Saints' Anglican Church welcomes new members. Services at Messiah Lutheran Church Suns., 4pm & Thurs. 8:55am & most holy days.

**Brandon** - Sunday Services: 10am, Adult Bible Study, 5+ Sunday School, Nursery. 11am, Worship service. Wed. Services: 6:30pm, Adult Prayer & Bible Study, Youth Groups 5+. Brandon Baptist Church. 247-6770.

**Rochester** - Federated Church of Rochester invites everyone to Bible Study Tues., 10:30am in French Rm. & 6pm Weds. at parsonage & Thurs., 7pm at Mather's on Kirby Dr. 767-3012.

**Fair Haven** - Our Lady of Seven Dolours Mass Times: Saturday 4:30pm. Sunday 9am.

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**ARIES: March 21 – April 20:** You could use a little more back up. Whoever's been there for you is sidelined, playing hurt, or they're too overwhelmed with their own stuff to be there for anyone but themselves. You are about to see what happens when we bite off more than we can chew. If there's any chance that you can get those who seem to be so dependent on you to pitch in and/or grow up, the next few months will go a lot easier. You may feel like you can handle pretty much anything but your nerves are shot and you can't afford to let too much pressure put you out of commission."

**TAURUS: April 21 – May 20:** It could very well be that others have a better sense of what you need than you do. Don't let your blind spots obscure the fact that there is no way anyone in your shoes could be objective to this. As much as it might pain you to tow some kind of line, or refrain from pursuing whatever it is that you're hooked on, at the moment, you are in grave danger of getting hung up in your own path. You know as well as I do that you're always the last one to admit that you're clueless. If there was ever a time to stop being so stubborn about the wrong things, you're looking at it now.

**GEMINI: May 21 – June 20:** It helps to remember that what goes around comes around. You keep telling yourself that you've paid your dues but if it's true that we get what we give, it's pretty obvious that you're coming up short on too many levels to argue about what you owe. You can rationalize this any way you want but you'd be wiser to look at the way things are going if you really want to see where you're at. Whatever's giving you cause to complain is there because you've been holding back and most likely thinking more about yourself at a time when you'd do better to share the wealth.

**CANCER: June 21 – July 20:** Recent decisions have put you in a position to connect with a deeper sense of fulfillment – at least as far as your work is concerned. You will be quite surprised when you see how much it pays to take your emotional needs into account every time you consider any choice that relates to your outer goals. As far as your love life is concerned, you're either caught between a rock and a hard place, or waiting around for someone else to play multiple choice. Nothing can alter the way things play out. In situations like this, the best you can do is stay true to yourself.

**LEO: July 21 – August 20:** You're off on a new tangent and it looks like you're about to be catapulted into a totally different life. As you begin to wake up in what might as well be another dimension, your senses will pick up on the fact that it's safe to step completely out of the box. If you think what's about to happen will bear any whiff of the same old thing you haven't thought far enough. Whatever comes up in the next 3 months needs to include a lighter, freer, more spiritual vibe. You will see that this one ingredient is what's been missing. Once it gets stirred into the pot it will spice up your life.

**VIRGO: August 21 – September 20:** Caught between one thing and another, or trying to figure out how to be in two places at once, is where it's at right now. If there was ever a time to let go of the need to have everything under control, this is it. As much as your heart longs for stability and a sense of security and belonging, those things only become constant when they live in us. Once you figure out how to embody them it doesn't really matter how schizophrenic life gets. The only thing I can give you in the form of advice is love yourself enough to tell the truth and let your heart rule your actions.

**LIBRA: September 21 – October 20:** If you can find a way to clean things up and get out of this without going down in flames it would be a God send. No one needs to tell you how much is on the line. At this point you're so used to the difficulty and so numb to the stress, being maxed out feels normal to you. One way or another, it would be good if you could figure out a way to turn this into a meditation or slow down enough to include your real needs in whatever's happening here. In the meantime, forget about putting on a happy face and allow yourself to flip out whenever it becomes necessary.

**SCORPIO: October 21 – November 20:** Everything you do is being guided by the force that speaks to you through your conscience. You've finally figured out that fate and free will are one and the same thing. With this in mind the only prescription you can follow in your current situation will be the one you write for yourself. Don't let cultural or peer pressure force you to be something that you're not. And don't let those close to you give you the run around. Their expectations and what will work for you are two different things. Life and love are about giving everyone plenty of room to be themselves.

**SAGITTARIUS: November 21 – December 20:** Sometimes you wish you stayed right where you were because this "whole new ball game" has turned out to be twice as stressful as whatever you left behind. There's no sense wishing for what might have been to be the answer to your problems. The fact is you chose this, and the only thing you can do now is make the best of it. Others are totally clueless as to what you need from them. If they keep screwing up it's because you keep making room for it and because you keep using the same methods to fix a situation that requires a totally new and out-of-the-box approach.

**CAPRICORN: December 21 – January 20:** The way things are going you'd think the whole world would fall apart if it weren't for you. If that's how it feels, it's time to haul back and give yourself a few days off. Cramped by the sense that what others need and keep expecting from you isn't something you can continue to supply, you're afraid that if you can't keep putting out, no one will love you. Your life would be a whole lot easier if you understood that your own expectations are the only thing you need to live up to. If you can separate what others want from what truly matters to you, you will totally lighten up.

**AQUARIUS: January 21 – February 20:** You are in the middle of something that promises to be a pivotal moment in your personal mythology. If it seems like nothing's going on, trust me; you will look back on this time as the point where your life finally got off the ground. After a long period of both trial and error, your experience has led you through the gauntlet and you're sailing into more certain waters. As triumph and success open the way to whatever you've been shooting for, don't let pride lead you to believe that you can't lose, or this is all about anything but remaining true to yourself.

**PISCES: February 21 – March 20:** Before you go crazy wondering how long it will take to get moving, you need to be absolutely sure that you want this. Self delusion is your weak spot and, at the moment, not seeing things for what they are could totally mess up a good thing. Others are restless enough to leave with or without you. It could very well be that you will have to put someone on a long leash and let them go or risk having to watch them explode. This is no time to apply any particular rule of conduct to your relationships, or to think that going your separate ways will keep you apart forever.

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## MOTHER OF THE SKYE

Mother of the Skye has 30 years of experience as an astrologer and tarot consultant. She may be reached by email to [cal.garrison@gmail.com](mailto:cal.garrison@gmail.com)

# Proctor Place

by Stacy Bates



Back Row: Assistant Coach Sean Greb, Andre Greb, Jeremiah Webster, Callum Owen, M.J. Denis, Derek Almond, Coach Ken Bates. Front Row: Joe Parker, Tyler Carrington, Zachary Jalbert, and Zachary Bates. Missing Chris Jalbert.

## Memorial Day Parade Marching On

The Proctor Memorial Day Parade will take place on Monday, May 30 at 10:00am. All Proctor civic clubs, scouts and sports teams are invited to march. Line up on Old Rt 3 by 9:30am. There will be the annual decorate your bike contest for Proctor kids from pre-school through 6th grade. The bike contest will be in Lafonds parking lot starting at 9:30am. As always there will be a short program in the park after the parade. There will be hamburgers, hotdogs and sodas for sale in the park.

The major league Proctor Rangers won their second game this season against the Brandon Cubs 16-5 improving their record to 2-2 overall. The Cubs jumped out to an early lead in the top of the first scoring 3 runs off starting pitcher M.J. Denis. But Denis held strong and struck out 3 of the next 4 batters. Proctor also came out running in the first and scored 5 runs to take the lead 5-3 going into the second. M.J. Denis hit a single but most of the Ranger's runs came off of great base running and errors committed by the Brandon team. Proctor coach Ken Bates made a pitching change in the second putting his left-handed ace Derek Almond on the mound. Derek had solid defense behind him as his teammates retired the first three batters. Proctor continued to score in the second adding 4 runs to make the score 9-3. Al-

mond dominated on the mound in the third and fourth innings striking out 5 of the 9 batters he faced and only giving up 1 hit. Proctor started connecting with the ball in the third inning with singles by Zach Bates, Andre Greb and a double by Joe Parker. It was getting dark with only time for one more inning so coach Bates made a pitching change by moving shortstop Zachary Bates to the mound. Bates faced only 5 batters in the fifth, striking out 2. Maria from Brandon was the only one to get a hit off Bates, who many consider the best pitcher on the team, by hitting a hard line drive over third for a double. But that was all Brandon could muster and in the bottom of the fifth, Proctor was still not done scoring. M.J. Denis started off with a rocket line drive over the fence for a solo home run. Joe Parker also hit a nice liner to the outfield for a triple making the final score 16-5. Coach Bates cited the excellent defense of his team and how they seem to be working together and talking more. Proctor hopes to continue their winning streak this week as they face Pittsford and Rutland Town.

On May 19th Proctor's Minors Softball team hosted the Rutland City Minors team and did not disappoint the fans who showed up to watch them. It was an exciting game where the score seesawed back and forth and was decided by only one run. Erica May was the starting pitcher for Proctor, and she was unstoppable issuing ten strikeouts and held the Rutland team to only two runs. However, it was Allison Almond's pitching debut and she struggled with her control which opened the door for Rutland, and suddenly they were in the lead. Proctor needed some offense to catch the Rutland girls, and it was delivered in the bottom of the fifth inning when Isabel Valerio drove a base clearing single to left field. Proctor was able to hold onto the one run lead it gave them and they were victorious, but both teams showed that they were there to compete, and both dugouts were loaded with talent. The three Rutland pitchers Sophie Tanen, Kennedy Birdsey, and Delaney Courcelle are a rock solid trio and will be a force to be reckoned with by any teams they face. The future looks very bright for both of these teams.

## Community Clothing Drive

Local residents of West Rutland are organizing the "Second Time Around" clothing sale to benefit the West Rutland Food Shelf. This event will take place on May 28th and May 29th at the West Rutland Town Hall Auditorium. All money raised from the event will be donated to the West Rutland Food Shelf. This is a great event to help out our neighbors and purchase some great clothes! We will have clothes of all sizes from children's clothes to adult XXL. Stop by and pick up some great second time around clothes from brands such as American Eagle, Urban Outfitters, Old Navy, The Gap and more.

If you'd like to donate old clothes you can drop them off at the West Rutland Town Hall from 8:00 am to 4:00 pm Monday May 23rd through Friday May 27th. We just ask that you do not donate clothes that are stained or ripped! Thank you for helping out this great cause!

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# Health & Fitness

## Brown Bag Your Lunch

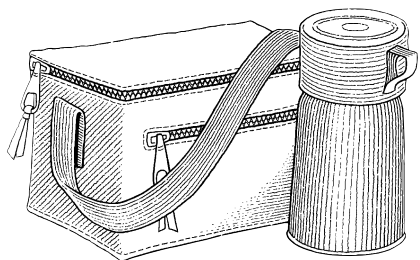
by Dianne Lamb, UVM Extension  
Nutrition and Food Specialist

Bringing lunch from home is a bargain in a bag--easy on your waistline and on your wallet. You also get to "think outside the box" and be creative with your food choices instead of settling for the same ho-hum options at the office cafeteria.

When you make your own lunch, whether it's a sandwich, wrap or salad, you can control portion size as well as calorie and fat content. Making smart choices increases nutritional benefits that may even lower the risk of cancer and other chronic diseases.

A good place to start when planning your brown bag lunch is the traditional, central item: the sandwich. Since about 60 percent of a sandwich is bread, choose one made with whole-grain flour. But don't be fooled. Dark bread doesn't necessarily mean that it's whole grain. Caramel color or molasses often is added to give bread a deep color.

Whole grains, which are denser than refined versions, are more fiber-rich and filling than refined grains. They are rich in many health-protective substances includ-



ing antioxidants, phytochemicals, vitamin E, folic acid, zinc, selenium and magnesium. When buying a loaf of bread, check the ingredient label. The first item listed should be either "100 percent whole grain" or "whole" followed by the type of grain used.

For sandwich fillings consider alternatives to meat, such as vegetables or a reduced-fat cheese. If making sandwich fillings with soft cheese, include vegetables or fruits or both to create extra flavor, texture and nutrition. Or instead of a traditional peanut butter sandwich, put peanut butter in celery sticks with a few whole-wheat crackers on the side.

Wraps made from soft tortillas are a popular restaurant item and easily can be made at home to take for lunch. Consider a spinach or tomato-herb tortilla as the base instead of a plain tortilla.

When making wraps it's better to err on the side of "less" instead of "more." Too much filling, particularly ingredients like salsa, chopped tomatoes or runny spreads and dressings will ooze out, making it difficult to eat. If you are using any "juicy" items for the wrap, pack the components separately and assemble just before eating.

Layer thinly sliced meats or low-fat cheese with your choice of vegetables, fruit or beans. Hummus (chickpea spread) and pesto both make flavorful "glue" for a wrap.

Leftover tossed salad also makes a great filling. Or use pita bread or whole-grain breads or crackers instead of a tortilla.

Pasta salad made with different-shaped pasta or whole wheat pasta and colorful vegetables such as broccoli, carrots or red peppers and a light dressing is another option for lunch. You can add beans, cheese or meat to the salad or serve these on the side for protein. Round out the meal with a piece of fruit and a glass of low-fat milk.

A brown-bag lunch can be an opportunity for creative cuisine. Let your imagination and food preferences be your guide when packing a lunch.

## Governor Shumlin Signs Midwives Bill

MONTPELIER—Gov. Peter Shumlin today signed into law legislation requiring health care insurance policies to cover midwifery services and home births. Supporters of the law said this law is critical in improving access to comprehensive health services for women, reducing system costs and strengthening the quality of care that mothers receive during pregnancy and childbirth.

"Access to midwifery care and home birth should not be limited only to those who can afford those services out of pocket," Gov. Shumlin said. "This law will ensure that all expectant mothers get the coverage and care they want and deserve."

The Governor also noted that the change will help hold down health care expenses.

Advocates, including the Vermont Public Interest Research Group, said that because pregnancy is not an illness and 84 percent of births are low-risk, there is no reason to restrict coverage to hospitalization for low-risk labor and delivery.

Midwifery services for home births are currently covered by Medicaid and the Vermont Health Access Plan. New Hampshire and New York also have similar laws on the books.

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### HEALTH CALENDAR

**May 25-26** - Rutland. RAVNAH Office hosts bereavement workshop, "A Grief Unattended," 6-7:30pm & May 26, noon-1:30pm. Free, open to public. Those who are grieving as well as those who are comforting the bereaved are welcome. Pre-registration required, 770-1516.

**May 29** - Rutland. Intro to Ashtanga Vinyasa Yoga donation class offered Sundays in May at Studio Bliss.

**June 1** - Rutland. RAVNAH cardio/cholesterol health risk screening - total lipid profile & blood glucose. RAVNAH Office, 8:30am. Advance appt. please, 775-0568. \$30 complete.

**June 1** - Wallingford. RAVNAH Blood Pressure & Foot Care clinic: Wallingford House, 11:30am. Suggested donation \$2 blood pressure, \$5 foot care. 775-0568.

**Mons.** - Rutland. Look Good...Feel Better program. Free. Female cancer patients learn beauty techniques; 1pm, 1st Mon. of e/o month (June. 6 next), RRM. 1-800-ACS-2345.

**Mons.** - Rutland. Low impact exercise group for those with Parkinson's Disease, 2:30pm Mondays, Godnick Adult Center. Free. RSVP sponsors.

**Mons.** - Bridgewater. Zumba at Bridgewater Grange, \$4. 6:30pm.

**Mon. Wed. Fri.** - Rutland. 10:30-11:30am - Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10 classes. Holiday Inn Pool, 775-1911.

**Mon. & Thurs.** - Rochester. Bone Builders exercise program meets 9am, Park House. Lightweight resistance training to help slow down or reverse osteoporosis. 767-3416.

**Mons. & Thurs.** - Rutland. Commit to Quit program at RRM. 4 wk program begins 1st Mon. of each month. Mons. 4:30-5:30pm or Thurs. 9-10am. Register 747-3768. Free!

**Tues. Sex Addicts Anonymous - SAA. Are you suffering from compulsive sexual behavior? Call hotline 1-800-477-8191.** Rutland's 12 step group meets weekly at Grace Church, 8 Court St, Rutland. 6:30-7:30pm.

**Tues.** - Rutland. Woman to woman cancer support group meets 1st Tues. of month, 5-6:30pm, CVPS/Leahy Comm. Health Ed Ctr, Conference Rm C. Potluck meal. All women with any type of cancer welcome. 747-1693.

**Tues. & Thurs.** - Mendon. Weekly Senior Citizens Bone Builders free exercise classes. 10-11am. Mendon Methodist Church. 773-2694.

**Mon., Tues. & Thurs. Killington** - Anusara Inspired Yoga classes at Killington Yoga, Mon. 8:30am mixed level, Tues Level 1 & Thurs Level 2, 5:30pm. killingtonyoga.com. 422-4500.

**Weds.** - Mendon. Mendon Senior Citizens plan meeting 1st Wed. of month at Mendon Methodist Church. 773-4187.

**Weds.** - Dorset. RAVNAH & Dorset Nursing offer 6-session grief education & support group, e/o week. Dorset Nursing Office, noon-1:30pm. Pre-registration required, 770-1516.

**Weds.** - Rutland. Tea for the Soul support group for those with chronic illness or life-threatening illness. 1st & 3rd Wed., 2-2:30pm. CVPS/Leahy Ctr at RRM. 747-1693.

**Weds.** - Rutland. Man-to-Man Prostate Cancer Support Group meet 5:30pm, 4th Wed. of month @ RRM. Spouses welcome. 483-6220.

**Thurs.** - Mendon. Mendon Sr. Citizens monthly gathering for meals at Countrymen's Pleasure, 4pm or Sugar & Spice 11:30am. 2nd Thurs. of month, rotating location. \$5 donation. RSVP 773-4187.

**Thurs.** - Brandon. Weight Watchers Meeting, 5pm, Brandon Senior Center.

**Killington** - Kripalu Yoga LouiseHarrison@live.com or call Louise 747-8444. Weds. 8:45am, ongoing class. Private & small group classes by appt.

**Poultney** - Young at Heart Senior Center has Free Bone Building Class Tues & Thurs, 9:30-10:30am. 287-9200.

**Pittsfield** - Bikram Yoga @ Pilates, Yoga & Adventure Center. Mon. & Wed. 5:30 & 7:15pm. Tues. & Thurs. noon, 5:30pm. Fri. noon. Sat. 9am. Sun. 9am & 4pm. All ages & abilities. 866-677-4268.

**Castleton** - Castleton Community Center offers Bone Builders, Movement Medley, Better Balance programs, more. Call 468-3093.

**Rutland** - Pyramid Holistic Wellness Center offers yoga, kickboxing, meditation, dance, martial art & more. All classes drop-in. See ad for details. 775-8080.

**Rutland** - RAVNAH and RRM offer classes for parents-to-be including Birth and Beyond, Birthshop. Register: 775-0568.

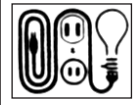
**Rutland** - AA Hotline, Rutland area: 802-775-0402, 24 hours.

**Rutland** - Al Anon: Call Pete: 773-9548 or Marcia: 775-7479 for meeting info. Beginner meeting Fris, 7pm, The Evergreen Ctr.

**Killington** - AA Meetings, Sherburne United Church, (little white church, Rte. 4). Tues., 7pm. Thurs., noon. Sats., 7:30pm.



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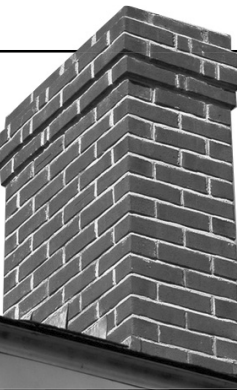
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## View From Ludlow

by Ralph Pace



Pictured above are members of the Black River High School French class as they enjoy one of the many Paris scenes that there sojourn to the City of Lights afforded.

## “A Bridge Too Far”

The long awaited demolition and construction of the two key bridges in Chester started last week. The first bridge, locally known as the Sunoco bridge, was closed to all traffic. The second bridge will be closed in mid-June. As expected, the closures will have a significant impact on Chester businesses.

Currently, access to Chester is still possible via a River Road bypass. However, the state does not recognize this as a recommended detour since River Road lacks adequate pavement cover to support heavy truck traffic. As a consequence, the state has posted signs on I91 recommending a Springfield detour route.

When work on the second bridge begins in June, the only alternative to the Springfield detour will be the Green Mountain Turnpike, a dirt road that cannot handle truck traffic. Whether the state will recommend the turnpike is an open question.

‘Mamma Mia’ will be the next FOLA (Friends of Ludlow Auditorium) movie offering in the Ludlow town hall auditorium. Part of its ‘1st Thursday Movie Series’, this musically romp featuring the songs of ABBA will be displayed on June 2 at 7 PM at the Auditorium. The movie, which is free and open to the public, features Meryl Streep and a host of other Hollywood stars.

FOLA has also announced a joint venture with the Town of Ludlow and Black River Academy Museum. This will be a piano concert by Jacqueline Schwab highlighting the music of the Civil War and the Mark Twain eras at the Ludlow Town Hall on Sunday, October 9. The concert is part of the recognition of the 150th anniversary of Vermont’s involvement in the Civil War.

Last weekend, Black River Good Neighbors held its annual spring rummage sale at Fletcher Farm. According to BRGN sources, the turnout was very high and Good Neighbors raised a substantial amount of money to support its efforts to help the needy in Ludlow, Cavendish, Mt. Holly, and Plymouth. The weather was a bit tricky for the sale but people seemed interested in the bargains offered by BRGN to overcome the quirky on and off rain.

Black River Academy Museum (BRAM) is hoping the weather scene will become a little more predictable as it plans its June 25 gala dinner and silent auction at the Epic Restaurant at Jackson Gore. Ticket sales will soon begin for the event which will limit the number of tickets sold to 100. Tickets will be \$50 a person and may be obtained from BRAM Board Members or at the museum itself, located at 14 High Street in Ludlow. For information, call 802-228-5050 or director@bramvt.org.

Fletcher Farm School for the Arts and Crafts in Lud-

low, Vermont is inviting the young people in the area to its Young Artists Day Camps. Boys and Girls ages 6-17 are welcome, plus parents can also join their youngster in these classes. According to Arts and Craft Director Laurie Marechoux, since space is limited, signing up for early as classes is recommended. You can check their website for tuition pricing. Classes begin at the end of June and continue through the summer.

The Ludlow Garden Club will hold its annual plant sale on Saturday, June 4 from 9 AM to 1 PM, in the mini park in the Village of Ludlow at the corner of Main and Depot. The Sale will highlight perennials, herbs, annuals, and some shrubs.

The Ludlow Elementary School will be featuring a play version of the classic, Snow White, at the Ludlow Auditorium in Town Hall on June 8 and 9. The June 8 performance is scheduled to start at 8:30 AM while the show on June 9 begins at 6 PM.

A dozen Black River High School students studying French have just returned from a two week exchange program in France. They had the opportunity to tour Paris and then stayed with French families in the St. Gaudens area southwest of Paris. Apparently they thoroughly enjoyed the opportunity to learn some of the different habits and mores of the French. However they did note that the school day in France was much longer than that in the States. At the same time, French students were guests here in the Black River area.

Okemo Mountain Resort announced the beginning of its free Friday night music series at Jackson Gore. Starting with an appearance by Dr. Burma on June 17, the concert series will last through September 2. The grounds will open a 5 PM with concerts usually scheduled between 6 and 9 PM. You can check out the Okemo website for more information, www.okemo.com.

As a final note, it appears that a new form of yoga has become popular: hot yoga. A glance at the Ludlow Town calendar suggests that “hot” yoga has become popular. I cannot help but wonder why. According to those espousing this form of yoga, the temperature in the room is somewhere between 75 and 90 degrees. In reading some of the comments about “hot” yoga, it seems that a good deal of careful thought should be given to considering it. One article about it indicated “Hot yoga is not for everyone; if you have MS, rheumatoid arthritis, gout, cardiovascular issues, or any other condition that may be negatively affected by the heat, we encourage you to check out our Kripalu and vinyasa style yoga classes. Come to class with a mat, a towel, a large water bottle and wearing light clothes (shorts and tank top). Showering and changing facilities are available post-workout. Be sure to drink plenty of fluids before class to avoid dehydration.” Surely there must be a simpler, and less sweat-intensive way to exercise. So if you’re in the mode for a very sweaty workout—probably even before you start exercising, “hot” yoga may be the program to follow at the Ludlow Community Center.

News? - contact Ralph Pace at ralphpace@tds.net.

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Pete Duffy



# Lakes Region News

by Lani Duke

## What's Happening at Your School?

Fair Haven Grade School invites community members to its Memorial Day observance at 1:15 p.m. Friday, May 27. There is no school on Monday, May 30.

Visit local artists in their natural environment during Open Studio Weekend May 28 and 29. You can find work in just about any medium that strikes your fancy, from two dimensional landscapes to blown glass, collages, wood or stone sculpture, pottery, and fiber arts. Pawlet and West Pawlet sport six working artists who invite you to their studios; there's one more in Poultney, two in Middletown Springs, five in Fair Haven, and one in Castleton.

Poultney's Memorial Day Parade begins at 10:00 a.m. Monday, May 30, at Stewart's on Main Street. Get specifics by calling 287-9751.

Fair Haven Union musicians put on a piano and guitar recital Tuesday, June 1, in the school's band room. The performance begins at 6:30 p.m.

Poultney High's Honors night celebration is Monday, June 6, at 7:00 p.m. in the school gym. All are invited.

Singer/songwriter Robert Wuagneux turns the Castleton Free Library into a coffee house temporarily when he performs from 7-9 p.m. Friday, May 27. Castleton librarian Meg Fitch will read her poetry during musical breaks, and the Friends of the Castleton Free Library will sell desert goodies. Call the library, 468-5574, for details.

Fair Haven Grade School hosts a new type of summer school in June. Called "Reality Check - Fair Haven Grade School" and based on popular reality TV programming, it introduces incoming 6th and 7th graders to a sampling of middle school experiences in preparation for their transition to middle school. The June session helps students ready themselves for navigating diverse teachers and classrooms, keeping lockers organized, following a daily schedule, participating in teacher advisories (TAs), and having more freedom and responsibility. Have questions? Call FHGS middle school team leaders, 265-3883.

Castleton State College hosts the UVM Center on Aging's 2011 Gerontology symposium, Quality of Life: Make It Better, Not Just Longer, on Friday, June 10. The day's sessions give those providing health care and services to seniors an opportunity to look at quality of life issues unique to seniors. Find out more by calling 656-2292.

Green Mountain sociology professors Vangie and Mike Blust recently retired from teaching. Together, they have taught at GMC for 49 years. Retirement does not mean an end to work; they enter the Peace Corps in June.

A \$100,000 grant from Jane's Trust enables the Green Mountain Farm & Food Project to research market potential flash-frozen products, created using a Vermont Agency of Agriculture mobile flash freezer parked at

Green Mountain College. The school currently has use of the unit to pilot flash-freezing of institutional and food-pantry products pilot flash-freezing for three growing seasons. The grant funds a flash-freeze specialist position to take the unit to Rutland County farms where it may process "gleaned" products, test flash-frozen products for a variety of uses, and develop market opportunities. Grant partners are the Rutland Area Farm and Food Link (RAFFL), the Poultney-Mettowee Conservation District, and UVM Extension.

Fair Haven's select board recently gave the go-ahead to close on three dams on the Castleton River. Vermont Structural Slate has ceded any claim to the dams. A 2009 study indicated the town could generate enough electricity for municipal facilities with the dams.

Castleton's select board is considering a law prohibiting open alcohol containers in public places. It seems Castleton and Poultney may be the only towns in the state that do not have such a regulation in place.

Congrats to Poultney High teacher, athletic director, and coach David Capman, recently inducted into the Vermont Principals Association Hall of Fame. He has coached sports at Poultney for more than 40 years; his teams have won 9 Vermont State championships and football titles in New York state.

Thanks to Christina Holzmacher, Poultney High music director, and Beth Winter, Poultney Elementary music director, plus accompanist John Riddle. Together, they worked with local students to present a recent concert that included grade school beginning and advanced bands, high school band, jazz, chorus, alumni, Green Mountain College community members, and the Granville Poultney town band.

Poultney High students in Maureen Capman's second block health class helped out with the recent letter carriers food drive. They loaded collected food at the post office, then unloaded, sorted, and weighed it at the local food shelf.

Fair Haven fifth graders recently had a state trooper talk to them about the importance of having and obeying laws as a segment of the three branches of government. They also visited the state house in Montpelier to learn how bills become law and toured the museum of the Vermont Historical Society.

Downtown Brass Company members recently visited with fifth through eighth grade students in Fair Haven, performing with planned audience participation. Instrumental teacher Dave Etzler arranged the activities.

Please save your bottle caps - all sizes, shapes, and colors - to be used in designing and building a mural at Fair Haven Grade School.

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# BrandonNews

## Art Makes Brandon Tick

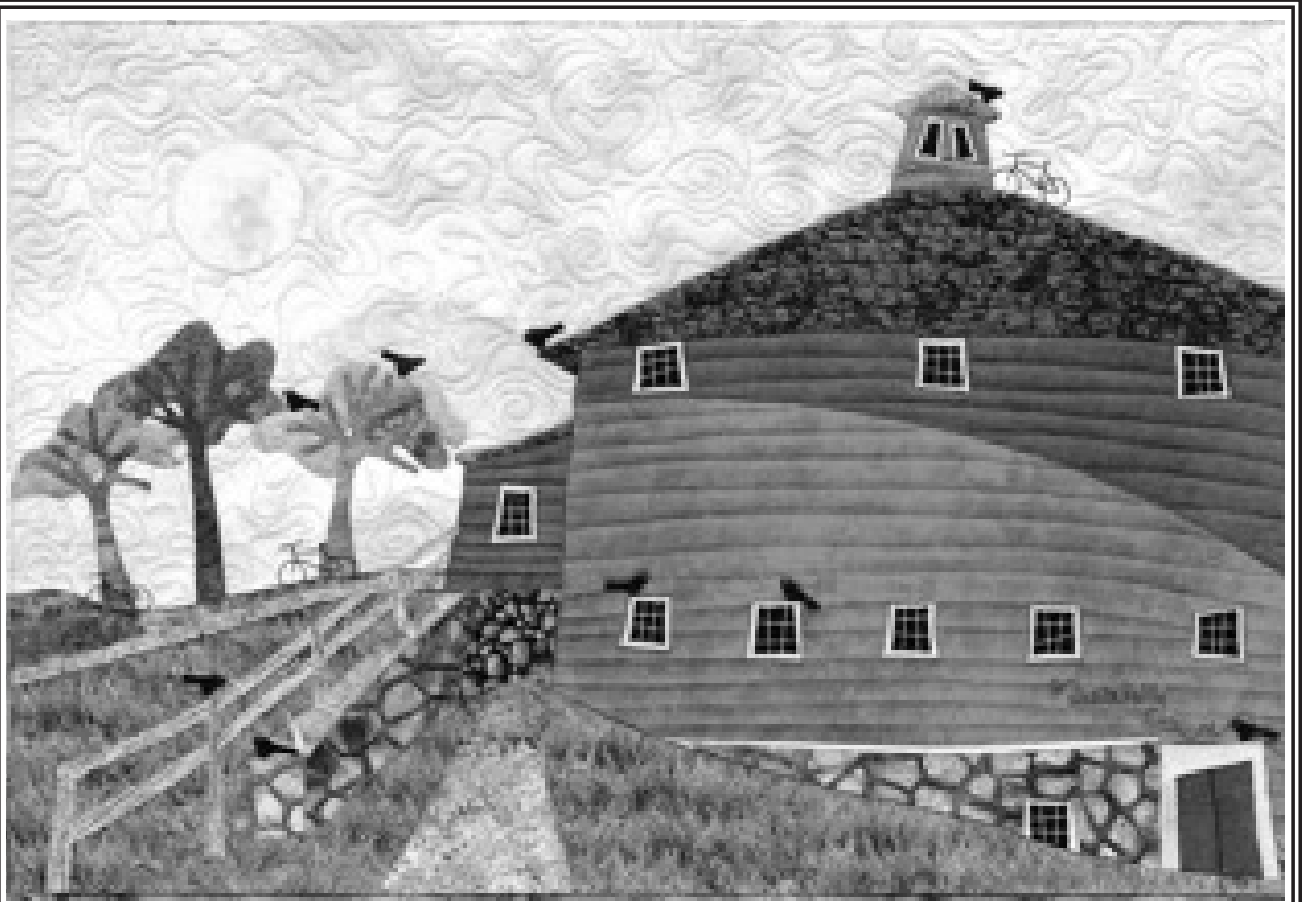
Memorial Day Weekend is when art lovers expect the Brandon Artists Guild (the BAG) to kickoff the annual fund-raising event. To celebrate "Art Makes Brandon Tick," the traditional Friday night unveiling is open to the public for the first time. An exciting variety of unique and functional artist-created clocks are displayed at the BAG gallery, 7 Center Street (Opening Reception 5:30 to 8 PM, Friday May 27th). Of course, the clocks are on view Saturday and Sunday as well, coinciding with Open Studios Weekend, in which Brandon is the most well-represented community statewide.

Commemorating the town's 250th anniversary, Warren Kimble, the art community's Pied Piper says, "It's 'Hour' Time in Brandon." Each year Warren's energy and enthusiasm first jump-starts, and then drives, the momentum for these elaborate projects. In addition to the clocks with working mechanisms, a number of nonfunctional clock panels will decorate the town.

The fund-raising season culminates with an October 8th auction at Brandon Town Hall. Meanwhile, the auction clocks will be showcased at the BAG gallery all summer, along with other clock and timepiece items hand-made by artists for immediate sale.

Some of the approximately twenty-five BAG artist members donating their time and artistry are Liza Myers, Judith Reilly, Robin Kent, Rick Haver, George Wetmore, Steven Zorn, Linda Evans, Klara Calitri, Joan Drew, Karen Deets, Joan Curtis, Sandy Mayo, and, of course, Warren Kimble.

Proceeds from the October clock auction benefit local school programs, the Boys and Girls Club, and the Town Hall renovation project. An annual \$1,000 scholarship is awarded a high school student pursuing the arts. The fund-raising project allows the Brandon Artists Guild to continue its mission of presenting arts to the local community.



Judith Reilly, fabric artist. "Shelburne Round Red Barn."

## 2011 Open Studios in Brandon

Brandon continues to outdo other art communities in VT in the numbers of artist studios and art venues showing and demonstrating art during statewide Open Studio Weekend, May 28, 29. The participants are all located close to or in downtown Brandon.

The Granary on Union Street houses a collection of artist studios. Patty Sgrecci will show her delicately ethereal mobiles in Lee Greenewalt's handweaving studio. Linda Durkee plans to showcase her collages. Visitors can see Coliene Moore's new jewelry studio where she works with silver and gold. Jill Listzwan, Linda Evans, Wendy Jennejahn, and George Wetmore group together in the Granary's Bagette space; Bethany Barry and Liza Myers may be found nearby.

Also welcoming visitors taking the art tour are Rebecca Zelis, in her new establishment "Adornment" --

a shop at 47 Center Street; and the ever-popular Laura Rideout at "Art on a Whim," where she demonstrates her stained glass techniques. Joan Curtis's studio is on the way to the Granary. Warren Kimble, in his new downtown gallery, will be on hand some of the weekend. Steven Zorn works on his fused-glass giftware in his space below 4 Conant Interiors while, nearby, fabric artist Judith Reilly opens her doors.

The 19th Annual Open Studio Weekend, a major event presented by the Vermont Crafts Council, boasts 263 artisans in 226 locations statewide on Memorial Day weekend. Locally, the maps, including descriptions of the arts and crafts to be seen, can be found at the Brandon Artists Guild Gallery, 7 Center Street next to the Cafe Provence. Studios are open 10 AM to 5 PM, Saturday and Sunday (May 28th, 29th).

## Historic Phonograph Exhibit at Brandon Music

A new attraction opened on May 22 at Brandon Music, already becoming widely known for its own classical CD labels, its music café, concerts and Warren Kimble gallery. The Phonograph Room, housed in the former gift shop, is home to a display of historic 'record players' dating from 1900 to 1930, with one or two more modern pieces, too. Proprietor and company CEO Stephen Sutton has been collecting vintage records since the age of 14 (when the 78 disc was already obsolete) and has built up what he calls 'a reasonable collection' of discs and cylinder recordings dating from 1895 onwards.

Sutton stresses that the Phonograph Room is not a museum but a working display – of Edisons, Victrolas and other 'talking machines' that would be found in the homes of our grandparents and great-grandparents and which revolutionized home entertainment when there was no radio, TV, internet, or computer gaming. Also, this is very much a work in progress, with machines being shown fully restored, part-finished and 'needing TLC.'

The Phonograph Room is open from 10 to 6 each day (except Tuesday). General admission is \$2.00. A 'guided talk' of about 45 minutes with demonstrations will cost \$7.00 and will take place (for groups of up to ten) most Saturdays and Sundays at 2pm or by prior arrangement



during the day or evening.

The admission fees, together with voluntary donations, will be used towards further maintenance and repair work and the expansion of the collection. A linked 'collector's corner' will be added with 78s and 45s for sale (Sutton stresses that only duplicate copies are ever sold, as much of the record archive is on 'permanent loan' from supporters!) and other items of interest to collectors.

For more information contact us at (802) 465-4071.

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# Home & Garden

## Moving Spring Bulbs and Other May Gardening Tips

by Charlie Nardozi, Horticulturist & Leonard Perry, UVM Extension Horticulturist

Moving spring-blooming bulbs, using coffee grounds in the garden, and planting dahlias are some of the gardening tips for this month.

If you want to move some spring-blooming bulbs to another spot, or thin thick clumps of daffodils, wait until the foliage has turned yellow later in summer, then carefully dig them up and let them dry in a shady spot for a few days. Store the bulbs in a cool, dry place for the summer until it's time to plant them in fall.

Coffee grounds contain some major nutrients (nitrogen, phosphorus, and potassium) as well as some micronutrients, so put them to work in your garden. Allow them to dry and then spread them around the base of plants. Lettuce, especially, seems to benefit, and the grounds may benefit acid-loving plants since the grounds are slightly acidic. Coffee grounds also will deter slugs. Slit coffee filters and place them around the base of hosta stems if slugs are a problem.

Patience is the key to setting out many tender transplants, whether flowers or warm-season vegetables such as tomatoes and peppers. Otherwise, have some frost protection ready! Keep some of the inexpensive frost protection cloth, as available online and at many garden stores, handy. Even if frost isn't a problem, warm season crops including squash and corn won't grow well in cool temperatures and soils. If tomato plant leaves turn purplish, that's a sign temperatures are too cool and they aren't absorbing the needed phosphorus.

Vines such as clematis will grow

through trees and shrubs if you give them the support they need to get started. Surround the lower portion of a tree with a cylinder of fencing to give the vine something to cling to until it reaches the branches. Or attach some twine to a lower branch and anchor it in the ground with a U-shaped stake.

If you overwintered dahlias from last year in a large clump, use a sharp knife to divide them into pieces with at least two sprouts each. Dig holes 12 inches deep for the tall varieties, and about 8 inches deep for the shorter types. Lay one tuber at the bottom of each hole and cover with about 3 inches of soil. As the shoots grow, fill in around the stem with more soil until the hole is filled up.

After lilacs finish flowering, prune off the old blossoms to increase the number of flowers next year. Do this soon because the plants will begin setting buds for next year's flowers. To reduce the height of the shrub, prune the old stems to the ground and allow new shoots to grow. Prune all at once, or gradually remove one-third of the old stems over a three-year period for a less drastic effect.

When gardening, especially around weeds and grassy areas and as plants grow taller, be on the watch for ticks. Three types of ticks, but particularly deer ticks, can transmit the serious lyme disease. Although rarely fatal, it can be quite debilitating unless treated early. Tick bites that don't disappear in a few days, that develop a "bull's eye" appearance, and expand, should be checked out at once by a doctor. While no vaccines prevent this disease, it can be treated with antibiotics during early stages of infection. Wear long pants and sleeves if ticks are about.

## Today's Versatile Dining Room

by Melissa Rayworth, AP

For generations, families ate in their kitchens and only ventured into their dining rooms on special occasions. The dining room was a place for guests, where stiff-backed chairs and fragile china kept everyone on their best behavior.

But as our lives have changed, so have our dining rooms.

Today's dining rooms are used in more ways than ever before, says HGTV host Genevieve Gorder. They merge comfort and beauty to create a space where people want to linger.

Gorder and interior designers Brian Patrick Flynn of decordemon.com and Betsy Burnham of Burnham Design in Los Angeles share the trends they've spotted and offer tips to create a perfect \_ and perfectly useful \_ dining room.

### MULTI-TASKING AT THE TABLE

Many home-owners now see the dining room as a flexible space where meals are not the only priority. In many homes, the dining room table is the go-to location for working on art projects, wrapping gifts and doing homework, says Flynn. So people are seeking durable tables that can withstand plenty of attention, rather than carefully polished ones that are easily scratched.

Dining room storage has also changed: The dining room may double as a home office, with a laptop and paperwork stashed in the sideboard during meals.

Many people have moved their formal dishes to kitchen cabinets, where expanded storage space allows the good china to be stored alongside the everyday dishes and displayed in glass-front kitchen cabinets.

Dining room storage may now be filled with anything from office supplies to children's toys. Burnham recently designed built-in cabinets for a client's dining room that were made to hold art supplies rather than dishes.

### MIXING INSTEAD OF MATCHING

The days of the perfectly matched suite of furniture \_ the "dining room set" \_ are over. In designer-decorated homes, you're more likely to see deliberately mismatched chairs and a table that contrasts starkly with the room's other furniture.

"Even retailers like West Elm are catching on" with this trend, Flynn says. They may offer matching chairs for the ends of the table and then a mix of seating for the sides that includes benches and chairs.

People are also mixing materials and textures: "The dining table may be some type of stone and the chairs some type of wood," Flynn says, "and the sideboard may be made with mirror or metal or clad with a decorative finish. Everything has its own evolved, separate look."

Flynn likes to buy "six or eight chairs that are all different, or maybe just two or three are the same," he says. "Then I

Dining Room, Page 32



## Hummingbird Withstands Area Rains in Ludlow

photo & caption by Ralph Pace

While the rains continued to pour over Ludlow and the surrounding areas, at least one hummingbird chose to ignore the dark and foul weather. The tiny bird found a home atop a post holding two hummingbird feed-

ers. When not drinking from he stood atop the other, apparently to protect his feeding grounds. Let's hope that, while the hummingbird may still enjoy its feeder, both the bird and the rest of us may enjoy some sunny weather in our future.

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## Dining Room

continued from page 31

strip them myself with sandpaper, add spray primer, then spray on a glossy spray-paint" to make every chair the same color. He upholsters all the chairs in the same fabric to bring a cohesive look to this eclectic mix of furniture styles.

Using mismatched china is also big, Gorder says, including "mixing a few pieces of Grandma's china" with sleek modern dishware.

Table linens can be a broad mix of casual cottons and formal linens layered together.

The dining room can be a perfect place to let your creativity run wild, Burnham says. If you don't spend

extended hours there during a given week, then bolder colors and patterns work well.

### DINING WITHOUT FEAR

We've moved away from "the severity of antiques we're afraid to touch," Gorder says, and moved towards "the rustic elegance" of the big farmhouse tables you might find in Provence or Italy.

"It feels like, 'Yes, this is a very special piece. But I can drop a plate on it and not cry and not get in trouble,'" she says.

As comfort has become a priority, pretty but unforgiving chairs are definitely out. Burnham advises testing out new dining chairs before you buy them, since you want your table to be a place where people will enjoy lingering for hours.

The goal is a comfortable, welcoming space that is special but not intimidating. Flynn likes to create new pieces that give a nod to the formality of the past: "For

a custom-looking sideboard," he says, "find an old dining room table at a flea market" that has some ornate woodwork. "Saw it in half the long way, directly down the middle and fix it to a wall, and paint it a bold color."

Not handy? It should be relatively inexpensive to hire a carpenter for the job.

### EMBRACING THE COOKING

In the past, "cooking wasn't something to be looked at" when guests came over, Gorder says. "Now it's become a performance," so people are knocking down walls to give the dining table a better view of the kitchen.

"The kitchen is now the stage, where everything happens, where everyone wants to be," she says. "It's the sexiest thing going on."

The popularity of open-plan houses has meant that separate, formal dining rooms are less common. "There are still dining rooms in older homes that are completely separate and completely wonderful," Gorder says, but they aren't the only option.

Over the decades, one detail hasn't changed: Warm, soft lighting in a dining room remains important. In addition to an overhead fixture, Burnham likes including a lamp or two to bring a gentle, flattering glow.

"It's always kind," Burnham says, "to make people look good."

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6/11	Castleton	8:00AM-11:30AM
	Poultney	12:30PM-3:30PM
6/18	Mt. Holly	8:00AM-12:00PM
	Shrewsbury	1:00PM-3:30PM
6/25	Danby/Mt. Tabor @ Danby T.S.	8:00AM-10:00AM
	Wells	11:30AM-2:00PM
7/9	Brandon	8:00AM-11:00AM
	Pittsford	12:00PM-3:00PM
7/16	Middletown Springs	8:00AM-10:00AM
	Poultney	11:00AM-2:00PM
8/6	Gleason RD HHW Depot	7:00AM-3:00PM
8/20	Danby/Mt. Tabor @ Danby T.S.	8:00AM-10:00AM
	Wells	11:30AM-2:00PM
8/27	West Rutland	8:00AM-11:00AM
	Proctor	12:00PM-3:00PM

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## ASK THE HOME TEAM

Efficiency Vermont's home energy experts



**Q.** I'm pricing clothes washers and dryers. Is it true that there are no energy-saving dryers? If so, is there any way to run a dryer more efficiently?

**A.** It's true; all clothes dryers are pretty much the same when it comes to energy use; they're all energy intensive. Unless of course your dryer is an outdoor clothes line. If air-drying laundry isn't a realistic option for you, your best first step actually has to do with the clothes washer that you're also shopping for. Look for an ENERGY STAR® qualified model. These washers not only use less energy and less water, but they also remove more moisture on the final cycle, so you won't need to run your dryer as long.

As for the dryer itself, see if you have the option to install a non-electric model. You'll still use lots of energy, but you may pay less for that energy because electricity is typically more expensive than fossil fuels (gas, oil, etc.). Then, when shopping for a dryer (electric or otherwise), look for features that reduce energy use to a degree. (Every little bit helps in such a big energy user!) Consider a dryer with a moisture sensor located in the drum. This shuts off the machine when clothes are dry. Another energy-saving shut-down mechanism that's nearly as good is a temperature sensor that estimates dryness via the temperature of exhaust air. Also, look for a dryer with a cool-down or perma-press feature, which uses cool air and the dryer's residual heat in the final minutes of a cycle. When comparing models, look for the highest energy factor.

To further minimize your ongoing drying costs, see

that the exhaust hose to the outdoors is smooth metal and is as short and straight as possible. Then, make sure that it stays clear

-Bob for the Home Team

**Q.** Last spring, I saw a list of your energy-saving spring cleaning tips in the paper. Would you run that here?

**A.** Great idea. Here are this year's top five tips. If space allowed, I'd run the full list, which you can read at [www.encyvermont.com](http://www.encyvermont.com)

- To reduce clothes-drying time, clear lint from the exhaust hose. Inspect the vent to be sure it's in good condition and as straight as possible. If you have access to where it vents outside your home, clear any lint accumulated there too. While you're outside, clear anything from accessible vents for exhaust fans and your heating system.

- Clean dust from under your refrigerator, the front vent at the base, and any exposed coils at the back.

- Dust bathroom ceiling fan covers and fan blades. Clean dust and grease from the kitchen stove hood and exhaust fan.

- Do you have mildew on bathroom ceilings? This is a sign of insufficient ventilation. If you have a bath fan, use it. If you need a fan, look for an ENERGY STAR® qualified model. These fans are very quiet and use little electricity. Be sure to vent bath fans to the outdoors, or you'll risk moving your mildew problem to another area of the house or attic.

- Prepare for summer: Clean the back of window air conditioners, dust central-air system intakes and vents, keep them clear of obstructions, and see that central-air filters are clean.

- Kathleen for the Home Team

Have a question about saving energy? Want to read more tips from the Home Team's Li Ling, Bob and Kathleen? Visit [www.encyvermont.com/askthometeam](http://www.encyvermont.com/askthometeam) or call, toll-free, 888-921-5990 to speak with a customer service representative.

## 101 Ideas: Outdoor Party Plan

courtesy  
Home and Garden Television

Have a backyard soiree planned this summer? Make sure you're prepared with this expert advice.

1. Get your yard clean and in order. Make sure the grass is mowed, raked and free of debris, tools and toys.

2. Don't overlook spaces inside the house where guests may be, particularly the entryway, kitchen and bathrooms.

3. Decorate with cuttings from your yard. Arrange fresh flowers and greenery to add a pop of color and a natural fragrance.

4. Have plenty of seating for guests. If you're short on chairs, spread blankets on the grass.

5. Choose music that will be entertaining and pleasant, not too loud or overwhelming.

6. Think of your guests when choosing the menu. When extending invitations, you may want to ask whether anyone has food allergies or dietary preferences.

7. Be open to the idea of a potluck party.

8. Ask a couple of guests whether they would arrive early to help with pre-party preparations. Make it fun by starting the music early and sampling some food.

9. Prepare as many foods in advance as possible. On the day of the party, you'll be glad you got a head start, and flavors will be enhanced.

10. Have at least two large trash cans emptied and placed in convenient locations.

11. Create a special atmosphere with lights. Consider adding lanterns and strings of holiday lights.

12. If you are grilling, make sure the grill is clean and ready to fire up with enough charcoal or gas.

13. Have a working meat thermometer on hand.

14. Keep aluminum foil and plenty of clean plates handy grill-side. When the meat is ready, place it on the plates and create a foil tent to keep it hot if you won't be serving it immediately

15. Consider grilled vegetables as a great side to accompany the main dish. Skewering is a ideal method.

16. Don't let mosquitoes ruin your party. Include decorative citronella candles with the rest of the lighting scheme.

17. If you have electricity outside, plug in a portable oscillating fan or two to ensure your guests stay cool during hot summer days and nights.

18. Set out a couple of yard games to play, such as badminton and bocce.

19. Relax and allow your guests the same privilege.

20. Especially if alcohol has been served, make sure everyone is able to get home safely.

## Buttoned Up: Organize a Meaningful Memorial Day

by Sarah Welch and Alicia Rockmore

The words "Memorial Day" bring to mind images of backyard picnics and the official start of summer. There are Memorial Day sales and the rule that 'wearing white is OK' magically goes into effect. But we wonder if the true meaning of Memorial Day has gotten lost amid the hot dogs and the badminton. Memorial Day, officially, is a national day of remembrance for those who have served our country. So why has it become synonymous with grills, pool parties and sales?

Here are some ways to commemorate Memorial Day:

1. Volunteer to help a veteran. From reading to a vet who has been blinded by a roadside bomb to donating clothes and other household items that support veterans' causes, you can help in a number of ways.

2. Register to vote. It is a privilege and a right that so many others aren't granted, so don't pass it up because

you think your vote doesn't matter or you aren't educated on the candidates.

3. Thank someone in uniform. The next time you pass someone in fatigues or other military uniform, say thanks. Out loud. Service to our country isn't limited to the military. You can also thank anyone from a police officer to an EMS worker to a firefighter.

4. Send a note of thanks and/or care package overseas. You'd be surprised at how little goes a long way. Military men and women stationed overseas enjoy receiving packages with everything from reusable cloths to candy and other treats. Visit [www.anysoldier.com](http://www.anysoldier.com) or [www.ustroopcarepackage.com](http://www.ustroopcarepackage.com) to learn more. Then set aside time with your family to put a care package together and send it out.

# Memorial Day

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4	1				7			
3	5	6						9
				5	6	1		
					4	3		5
		4			1	7		
9	7	1	3					8
	9		8					5
		3		1				
1					9			2

Each block is divided by its own matrix of nine cells. The rule for solving Sudoku puzzles are very simple. Each row, column and block, must contain one of the numbers from "1" to "9". No number may appear more than once in any row, column, or block. When you've filled the entire grid the puzzle is solved.

This week's solution on page 35

1	2	3	4	5	6	7	8	9	10	11	12	13	
14					15						16		
17					18						19		
20								21		22			
			23					24					
25	26	27	28				29						
30						31				32	33	34	
35						36				37			
38						39				40			
		41	42							43			
44	45									46			
47							48			49	50	51	52
53						54	55						
56										58			
59						60						61	

**ACROSS**

- "One or the \_\_\_\_"
- Spatter liquid
- As follows (abbrev.)
- Chicago airport
- 1/100 of a drachma (pl.)
- "Much \_\_\_\_ About Nothing"
- Summons help in an emergency (2 wds)
- Ballpoint, e.g.
- Weapons in holsters
- Full of holes
- Back talk
- Draw attention (to)
- Make still
- Most unrestricted
- Awry
- "The \_\_\_\_ of Wakefield"
- Density symbol
- Printing process using grease and water
- Like some floors
- Disable
- Arid
- Propelled a boat
- Israeli port
- Less real
- White clay used in ceramics
- Unspecified person (3 wds)
- Type of evergreen tree
- Heir's concern
- Moveable section of skull (pl.)
- "\_\_\_\_, humbug!"
- Magician
- Arthur Godfrey played it (shortened)
- Destined
- "\_\_\_\_ and spit"
- Fold, spindle or mutilate
- Beats by a small margin
- Prepare, as tea

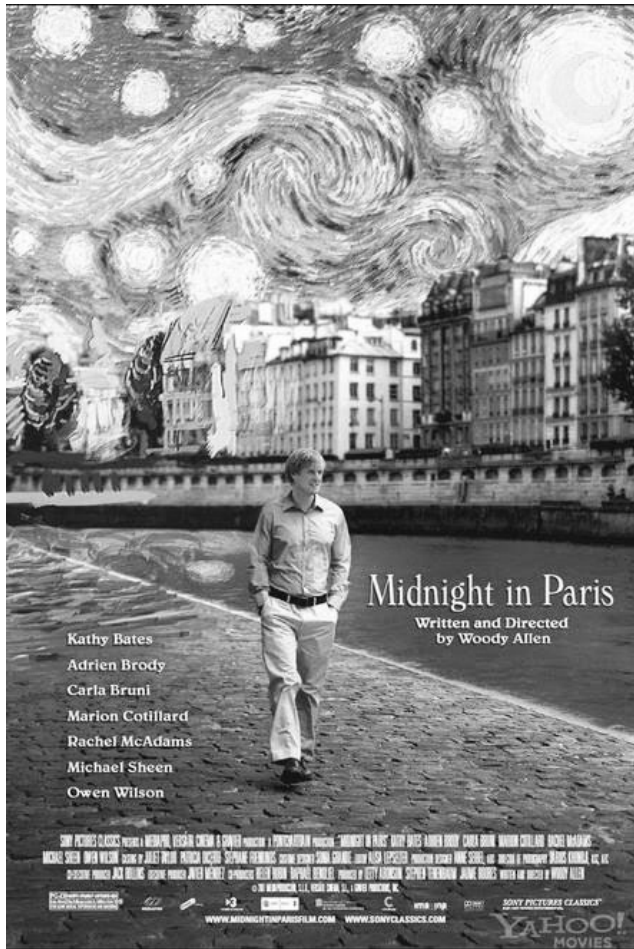
**DOWN**

- "My bad!"
- Asian tongue
- Full house, e.g.

- PA city on lake of same name
- Defective products returned
- Chubby
- "\_\_\_\_ go!"
- Appropriate
- Abruptly become motionless (2 wds)
- Eng. royal house of George I
- Streaks in wake of aircraft
- That is, in Latin (2 wds)
- Becomes inattentive, with "out"
- Cup part
- \_\_\_\_ gestae, things done
- Like a rainbow
- Shiny on top?
- Arabic for "commander"
- Alderman
- \_\_\_\_ Wednesday
- Secretary, at times
- Am. Songbird with olive-grey back
- LP player
- Arab League member
- Adorned, in a way
- \_\_\_\_ jacket with high collar
- Antiquated
- Sheltered ports
- "\_\_\_\_ Ng" (They Might Be Giants song)
- New Zealander
- Oily secretion on hair and skin
- 1970 World's Fair site
- Abstaining from food (pl.)
- Month 6, written out
- "Don't bet \_\_\_\_!" (2 wds)
- Opening time, maybe
- "\_\_\_\_ quam videri" (North Carolina's motto)
- Increase, with "up"
- Fall behind

Solution on page 35

Capsule reviews of films opening this week by The Associated Press



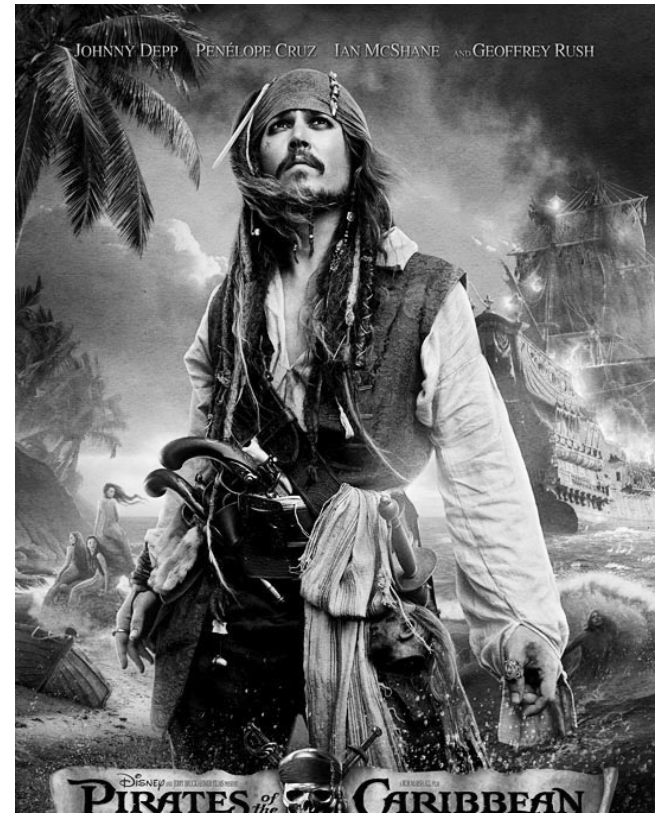
### "Midnight in Paris"

by David Germain, AP Movie Writer

Woody Allen has found the right time and the right place with this, his lightest, funniest and most-satisfying movie in a long time. Shooting a full film in France for the first time, writer-director Allen has crafted a pastry-light romantic fantasy with virtually no dramatic pretensions, unlike the comic dramas and even outright tragedy that has dominated his work for the last eight years or so. Allen presents a wide-eyed-with-wonder view of the City of Light that nicely complements his story of an American writer (Owen Wilson) who pines for the 1920s Paris of Hemingway, Fitzgerald and Gertrude Stein. All things seem possible here, so when the impossible starts to happen, it's easy to slip into the clever conceit Allen uses to test his protagonist's devotion to a nostalgic dream of days past. "Midnight in Paris" bears similarities to 1985's "The Purple Rose of Cairo" and 1990's "Alice," in which Allen used magical elements similar to those he employs here. The new movie has little of the heft or pathos of those earlier ones, and it's not necessarily a bad thing. Rachel McAdams co-stars as Wilson's fiancée, with Marion Cotillard, Kathy Bates, Adrien Brody and a scene-stealing Alison Pill among the strong, well-cast supporting players.

PG-13 for some sexual references and smoking. 94 minutes.

Three stars out of four.



### "Pirates of the Caribbean: On Stranger Tides"

by Christy Lemire, AP Movie Critic

The fourth film in the ridiculously successful Disney franchise is the shortest in the series, but it still feels overlong and overstuffed: needlessly convoluted yet, at the same time, phoned-in. And the fact that this one's in 3-D does nothing to liven up the action. Those three-dimensional digital effects mainly consist of various swords and snakes and such being flung at our faces. Boo! Did you jump? That's not to say this summer behemoth doesn't have its thrilling moments. Rob Marshall ("Chicago," "Nine") takes over for Gore Verbinski, who directed the first three "Pirates" movies, and his knack for choreography comes shining through in individual set pieces. It's everything in between that makes this such a repetitive bore. Johnny Depp's performance as the randy Capt. Jack Sparrow, which seemed like such a free, goofy, inspired bit of work when the first film came out back in 2003, now feels so dialed-down and obvious, it's as if he could do it in his sleep. As for the plot - not that it matters, really - this time it follows a search for the fabled Fountain of Youth. Penelope Cruz, Geoffrey Rush and Ian McShane co-star.

PG-13 for intense sequences of action/adventure violence, some frightening images, sensuality and innuendo. 136 minutes.

One and a half stars out of four.

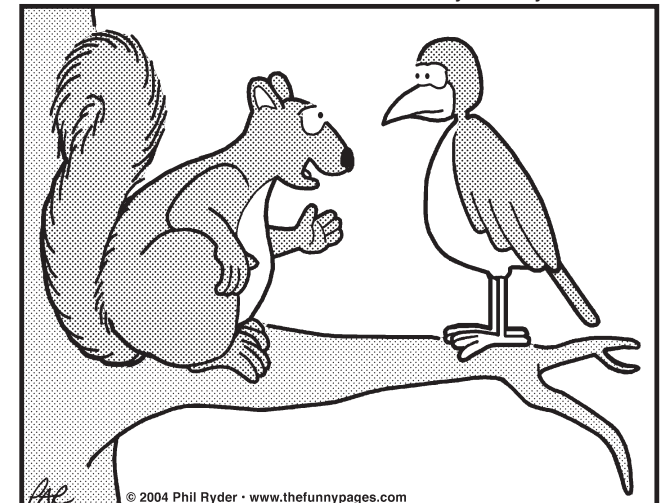
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Bridesmaids-R	1:40 4:20 6:55 9:30
Fast Five-PG-13	4:05 6:45 9:20
Thor (3D)-PG-13	1:35 4:10 7:00 9:35
Water for Elephants-PG-12	1:30
Pirates of Caribbean: Stranger Tides-PG-13	1:25 4:30 7:30
Pirates of Caribbean: Stranger Tides-PG-13	12:45 3:35 6:25 9:15
Hangover Part I	12:50 3:20 6:30 9:00
Hangover Part I	1:50 4:25 7:10 9:40
Kung Fu Panda 2	1:45 4:15 7:05 9:25
Kung Fu Panda 2	1:00 3:30 6:35 8:55

**THE JOKE'S ON YOU** by Phil Ryder & YOU



"It's been a cold, gray, lonely winter -and to make a long story short, I was two trees over when I heard your mating call."

- Bruce R. • Atlanta, GA



# \$urviving The Times®

## Vermonters: Beware Fraudulent Health Insurance Policies

The Commissioner of the Vermont Department of Banking, Insurance, Securities and Health Care Administration is warning Vermonters to watch out for fraudulent companies and individuals claiming to be health insurers or agents of health insurers who take the money of unwary consumers but do not pay claims.

"We have received complaints from people here in Vermont and uncovered twenty-five apparently related companies and individuals, operating here and in other states or overseas, who offer health insurance coverage but don't step up when it's time to pay a claim," said Commissioner Stephen Kimbell. "We are taking steps to stop them," he said, but warned consumers to be vigilant. "These policies are often sold through professional-looking websites claiming that a person just has to join a certain association to get insured," said Kimbell. "I urge everyone to do research before buying insurance from an unknown company, especially one that advertises only on the internet or by unsolicited e-mails or faxes. If you're in doubt, call us."

The Vermont Department of Banking, Insurance, Securities and Health Care Administration (BISHCA) today issued an order requiring the cited companies and individuals to stop selling insurance in Vermont. A list of cited companies and individuals is included in this release and is available at the BISHCA website under "press releases" and "orders."

List of Companies Named in Today's Cease and Desist Order:

- Companies that sold illegal insurance to Vermont residents:
- United State Contractors Trust
- Metropolitan Business Alliance, Llc D/B/A National Association of Business Leadership
- Ceo Clubs, Inc.
- Other Companies
- American Trade Association, Ltd A/K/A Ata
- Real Benefits Association A/K/A Rba
- Serve America Assurance, Ltd
- Worldwide Family Benefits Association, Inc.
- Integrated Insurance Marketing, Inc
- D/B/A Aim Health Plans, Inc.
- Beema-Pakistan Company Limited
- D/B/A Beema Insurance Company D/B/A
- Beema Insurance Company-Pakistan
- D/B/A Beema-Pakistan, Ltd
- Hudson Valley Consultants, Llc
- D/B/A Ceo Clubs Benefits
- Real Benefits Association, Llc
- Southeast Insurance Advisors, Llc
- Insurance Resource Group
- Wilshare Holding, Llc
- Viking Administrators, Llc
- Association Of Independent Managers
- Star Group/Phoenix Insurance Company
- United States Contractors Association
- Venture Support Group, Llc
- Americans For Affordable Healthcare, Inc
- Spencer & Associates, Llc
- Pinnacle Health Solutions

- Smart Data Solutions, Llc
- Individuals:
- William M. Worthy, Ii
- Colin Jack Youell
- Mirza Shahnawaz Agha
- Mirza Zaheer "Zeke" Agha
- Saifuddin Ahmed
- Christopher Ashiotes
- Richard H. Bachman
- Joe Benedetto
- Kathleen D. Cauthen
- Walter R. Cecchini Jr.
- David L. Clark
- Louis Deluca
- James M. Doyle
- Kevin R. Dunn
- Richard Dunn
- Gary L. Karns, Jr.
- Arnold H. Katz
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- Obed Kirkpatrick
- Jason Wingrove
- John Miller
- Joseph Mancuso
- David L. Nellson A/K/A Davis L. Nellson
- A/K/A David Nelson
- Paul Olzeski
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- Peter Walsh



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**FURNITURE • HOME DECOR • TOOLS**

**HOUSEHOLD GOODS • ANTIQUES • BOOKS**

**162 North Main Street**  
**Rutland, Vermont**  
**(802) 345-2499**  
**Mon-Sat 10AM-5pm**

## Victory Garden Ignorance is Bliss

by Daryle Thomas

I have had a couple of calls about the growing boxes. Thank you for reading the articles. Perhaps you were fortunate enough to have caught one of my live seminars. You wanted to know the best type of wood for raised boxes. The best wood for a growing box is what you want to use. Cedar is the most attractive, in fact it is sometimes hard to cut a piece of this flawless wood. You will pay dearly for cedar. This wood is so safe that wild-caught salmon are smoked on thin slabs of it over an open fire, imparting a flavor almost defying description.

I use pressure treated wood for my garden boxes. The new ACQ® treated wood, which stands for alkaline copper quat, is a compound of copper and quaternary ammonium compound. Absolutely nothing in ACQ® is considered hazardous by the EPA. None of the ingredients is a known or suspected carcinogen. This wood will last for a very long time in your garden. It is an excellent choice for use. There are people who should know better, but will hysterically shriek about never using pressure-treated wood in the garden. The facts are that if you can't afford cedar, ACQ® treated wood is the next best choice.

For those people who thought I would spew more disinformation about pressure-treated wood may wish to console themselves with one of those well known chocolate and peanut butter cups. Of course the FDA in the Defect Levels Handbook... allows 60 insect fragments in 100 grams of chocolate. There are 30 more fragments in the peanut butter. Ignorance IS Bliss!

Daryle Thomas is a Master Gardener volunteer with the UVM extension system. ©2011KDT/ARR

# The Mountain Times



The Mountain Times is an independently owned weekly newspaper serving residents of, and visitors to, the Mid Vermont Region. Editorial and sales offices are located on Route 4, between Killington Road and the Killington Skyeship, Killington, VT

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# The Classifieds

## REAL ESTATE

**LUDLOW, BEAUTIFUL** lake front lot. Four bedroom permit [www.ludlowlakelot.com](http://www.ludlowlakelot.com). 21/28

**LAND FOR SALE:** Improved building lot in Killington neighborhood with ski home benefits. Views. Call 802-422-9500. TFN

**10+ ACRE LOTS,** one minute from the Killington Skyship. In-ground septic. Call 802-422-4267. TFN

**KILLINGTON HOLIDAY REAL ESTATE.** 1967 Route 4, Killington. 802-773-8800. 888-599-8800. [www.killingtonholiday.com](http://www.killingtonholiday.com) TFN

**KILLINGTON VALLEY REAL ESTATE** PO BOX 236, 2281 Killington Road Killington, VT 05751. 802-422-3610 or 1-800-833-KVRE. E-mail: [kvre@vermontel.net](mailto:kvre@vermontel.net) TFN

**LOUISE HARRISON** Real Estate, 38 Rt. 4E, Mendon, 05701. 802-775-9999. 800-483-6801. Sales & rentals. Visit our website: [www.Louise-Harrison.com](http://www.Louise-Harrison.com) TFN

**ERA MOUNTAIN** Real Estate - visit our website [www.killington-vermontrealestate.com](http://www.killington-vermontrealestate.com) or call one of our real estate experts for all of your real estate needs including **SHORT TERM & LONG TERM RENTALS & SALES.** TFN

**PRESTIGE REAL ESTATE OF KILLINGTON,** 2922 Killington Rd. We specialize in the listing & sales of Killington Condos, Homes, & Land. Call us toll free at 800-398-3680 or locally at 802-422-3923. Visit our website at [www.prestigekillington.com](http://www.prestigekillington.com). TFN

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**SKI COUNTRY REAL ESTATE,** 335 Killington Rd, Killington, VT 05751 802-775-5111, 800-877-5111. [www.SkiCountryRealEstate.com](http://www.SkiCountryRealEstate.com) 12 agents to service: Killington, Bridgewater, Mendon, Pittsfield, Plymouth, Rochester, Stockbridge & Woodstock areas. Sales & Winter Seasonal Rentals. Open 7 days/wk, 9am-5pm. TFN

## LONG TERM RENTALS

**STOCKBRIDGE / GAYSVILLE VT.** 2 bedroom, 1 bath house for rent. \$800 per month plus utilities. Call Susan at 860-280-4308. 19/21

**PLYMOUTH APARTMENT (NEW):** \$750/mo including utilities & plowing. Good for Couple. 20x12 living room, 14x16 bedroom, 2 bunks, washer/dryer, kitchen, full bath. Direct access to Bear Creek ski trails, vast trails, hiking, cross country snow shoeing or skiing. Call 877-536-2267. [Toddgilman@sbcglobal.net](mailto:Toddgilman@sbcglobal.net) 21/23

## BUSINESS OPPORTUNITY

**BE YOUR OWN BOSS!**



SUNOCO Branded Gasoline Station For Lease or Sale in **Rutland, VT**

- High Gasoline Volume Due to **PRICE CHOPPER** Fuel AdvantEdge Program
- Large Garage Bays With Store
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- Easy Start-Up Investment

Call Peter Klochaney

800-882-4511 EXT 205

## COOKS

Summer Seasonal Job June thru August Competitive Salary Commute From Home Smoke-Free-Camp Summer Youth Camp On Lake Dunmore **SALISBURY, Vt.** [abray@fitzvogt.com](mailto:abray@fitzvogt.com) (802) 353-0134

**RENTALS:** 1 bedroom (brand new) with slate floors, washer/dryer in unit, deck with BBQ, fireplace, central air conditioning, fully furnished and equipped. \$850.00 (year round). 2 bedroom (short term) fireplace, deck, heated summer swimming pool, tennis and all that Killington has to offer. \$850.00 (freshly painted). 4 bedroom (short term) fireplace, slate floors, deck, heated summer swimming pool and tennis court. \$1,500.00. Commercial space (1,500sf) plowing, sanding and heat included. Could be retail, office space or professional space. Great exposure! \$1,500.00 (year round). Killington Holiday Real Estate 802-773-8800. 21

**APT FOR RENT,** Carver St., Brandon. Clean, bright 2 bdrm unit, without utilities \$600. No pets. 802-247-5280. 18/21

**KILLINGTON YEAR ROUND** rental, 1 bdrm apt, good location, very low utilities. \$600/ mo. 781-749-5873 or 802-422-4157, [toughfl@aol.com](mailto:toughfl@aol.com). 14/21

**KILLINGTON YEAR ROUND** rental, 2 bdrm apt, 1 bath, kitchen, dining area, living room, woodstove, excellent location, very low utilities. \$885/ mo. 781-749-5873, 802-422-4157, [toughfl@aol.com](mailto:toughfl@aol.com). 14/21

## SEASONAL RENTALS/ SHARES

2 BED, 2 BATH, Woods condo w/ pool & spa included. Call Maria, 917-693-9773. 19/22

**BRIDGEWATER MOUNTAIN** View Road, front apt., loft sleeping, \$485 + utilities + \$600 security deposit. Pets ok. Month to month lease. Avail. June 1. Cell 603-848-4766. Home 603-746-4766. 21

**SKI HOUSE** for rent, Nov. 2011-Apr. 30, 2012. 3 floors, 3 full baths, 2 bdrm + loft & den, wood fireplace, tv, dvd, sauna, jacuzzi, wifi, w/d. Snow removal & wood included. \$12,000. 802-773-5275. 19/21

**PLYMOUTH ROOM** for rent: \$400/ month. Call Mike 672-1061. 17/21

**ROOMIN** Mendon home near Pico. Mature, non-partier, non-smoker, dog lover. \$50 weekend, \$150 week, \$400 month. 802-747-9944. 21/24

**HOMES AVAILABLE** by the weekend, week or month, in Killington & Chittenden. Sleeping 2 to 24. Call Louise Harrison Real Estate 802-775-9999 or visit [www.louiseharrison.com](http://www.louiseharrison.com). TFN

## BUSINESS OPPORTUNITIES

**YOUR NEW** or growing business in Vermont. We have a wide range of affordable business space minutes from Killington and Okemo. Short term office incubator space; professional office space of all sizes; 1,000-5,000 sq. ft. prime retail. Many spots ready for immediate occupancy, or we'll build to suit. Call today for a free consultation. MKF Properties. A local business family since 1879. Phone: 802-747-0527 ext. 12. 39/TFN

**1860 SQ. FT.** of gorgeous office space available in Base Camp Outfitters building at bottom of Killington Rd. Call 802-775-0166 or stop by. TFN

**OFFICE SPACE FOR RENT** 500 square feet of affordable office space with private bath. In active complex on Route 4 in Killington. Call Jeff @ Roaring Brook Constructors 786-5200 or [Walter@ERA-MountainRealEstate.com](mailto:Walter@ERA-MountainRealEstate.com) 775-0340. TFN

## FOR SALE

**PERENNIALS** - All pots are \$3.00. Includes raspberries, horseradish, rhubarb, bushes, herbs. Route 4 to Bridgewater Corners, Route 100A one mile. Look for Perennial signs. 672-3335. 18/22

**GE SPECTRA** self cleaning range, flat top with Broan hood included, perfect condition. \$400 OBO. 802-422-2132. 21/22

**175 TABLE GUN SHOW,** May 21-22 @ VFW Brattleboro, VT. LAST SHOW UNTIL, SEPTEMBER. 802-875-4540. 19/20

**HOUSE SALE - EVERYTHING MUST GO.** Bedrooms, living room, appliances, exercise room, hot tub and much more. Call 802-526-2040 or send email to [VTFORSALE2009@Hotmail.com](mailto:VTFORSALE2009@Hotmail.com) for complete list. 17/22

**MATTRESS SETS** - Brand New in plastic with warrantys. Sets starting at \$150. Can deliver if you pay gas. 802-735-3431. 26/TFN

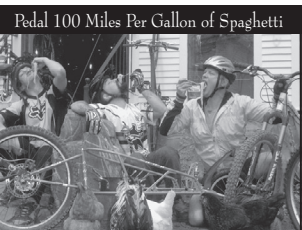
**FIREWOOD: GREEN & dry.** Call 802-672-4690. TFN

**FIREWOOD FOR SALE.** We stack. 672-3719. 02/TFN

**6KW PORTABLE GENERATOR** by Coleman. Model 6250. 10HP Briggs & Stratton OHV engine. 120V/230V with multiple outlets. Run less than 20 total hours. Mint condition. Wheels and handle for easy moving. \$400 OBO. Call Royal at Mountain Times at 802-422-2399. TFN

## TAG SALES

**40 YEAR COLLECTOR** cleaning out: 10AM Sun 5/29, Bridgewater, VT Grange Hall, Rte 4 & 100A. 21



Pedal 100 Miles Per Gallon of Spaghetti

**A MEMORABLE BICYCLE SALE!**  
15% off bikes, clothes, and parts old and new!  
Through Memorial Day  
Open 10 to 6 everyday 767-4464  
SAVE GAS RIDE A BIKE!  
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[www.greenmountainbikes.com](http://www.greenmountainbikes.com)

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**LOTS OF NEW CHAIRS Used Beds, Chairs, Tables, TV Cabinets, Chests (Lots), Desks, Mirrors, Pictures, Night Stands, Stands, Clocks, Lamps, Sofas, Love Seats, Cushion Chairs, Rocking Chairs**

**STORE HOURS: TUES - SUN 10AM TO 5PM, CLOSED MON**  
78821

## The Bus Announcement!

MVRTD 'The Bus' announces that on Monday, May 30, 2011 (Memorial Day) NO bus routes will be running EXCEPT for the Diamond Express and the Fair Haven Route am and pm (no midday route).



# The Classifieds

## LOST

**LOST CAT:** short haired tiger cat with white on belly on paws. Weights between 10-12 lbs. Green/yellow eyes. Answers to the name Skylar. All shots up to date. Last seen on Forest Street in Rutland. 802-855-8019. 17/TFN

## SERVICES

**SPRING CLEANUP** - Lawn care, firewood, tree service. Professional Property Maintenance, 672-1061. 17/21

**SUSIE-Q'S CLEANING....**802-747-9944. 20/TFN

**SLIDING SCALE MASSAGE**-fragrance free home-pets here/singo-grams/tarot card readings/dog hiking or walking/personal organic chef/Buddha meditation gardens. Second Wind Creations Mendon VT. 802-747-9944-twowindbags@aol.com 11/26

**EXPERIENCED PAINTER** available immediately for quality interior and exterior painting and renovation. Reasonable rates. Call Jerry 446-2279. TFN

The buck\$ read here  
The Mountain Times  
Advertise!  
Call us 800-564-6970

**PROPERTY MANAGEMENT** personalized service. General & 24hr Emergency. Maintenance & Repairs. One home or Ten. Call for more info, R&R Construction 802-989-5245. TFN

**HUNDREDS OF** loving, adoptable animals killed in VT yearly due to over-breeding. Financial assistance for Vermonters on State/Federal assistance programs available. Send self addressed stamped envelope (#10) w/ 58¢ postage to VSNIP, PO Box 100, Bridgewater, VT 05034. One application per animal needed. For questions call 802-672-5302. TFN

## WANTED

**GUARANTEED HIGHEST** Price for gold, silver, platinum, palladium, rhodium and rare US or foreign coins. Why settle for pennies on the dollar when you can receive full value. Nobody pays more... not the gold party housewife, not the man on TV, not the jewelry store. Free estimates. Serving collectors, investors, dealers, trust and estate officers, since 1976. Member ANA. APS. Royal Barnard. Daytime (The Mountain Times) 802-422-2399. Evenings or weekends 802-775-0085. TFN

**NEEDED: HOMES** for previously free roaming cats. Spayed w/ shots. Outdoor setting w/ barn ok. Indoor foster placement for pregnant females & others. Serious caring inquiries only. 802-674-5007.TFN

**BUYING ANYTHING** Old. Postcards, pottery, jewelry, artwork, antiques, rugs. Best prices. Free estimates. Rick Wyman 236-3240. 51/TFN

**PEOPLE OF ALL AGES** who love trains of all sizes! You are cordially invited to become a member of the Rutland Railway Association housed in Center Rutland Depot next to Carris Reels plant on Depot Lane, Center Rutland. We meet on Sats from 11am-1pm. For more details: rutlandrailway.org TFN

**WANTED TO Buy:** Antiques, Gold and Silver, old watches, jewelry, old coins, sterling silver, antiques and collectibles. I'll buy anything I can make a buck on. I'll make house call anywhere. Over 30 years experience. Call Dave Edmunds at 287-9434. TFN

## EMPLOYMENT

**FIVE ELEMENTS SALON** and DaySpa is looking for a part-time (15-25 hrs) receptionist. Applicant must have

customer service experience and be energetic and professional. Multitasking and computer skills a must. If you are interested please send resume with references to fiveelements1@myfairpoint.net or drop off at Five Elements Salon and DaySpa at 10 Stratton Rd. 20/21

**LABORER TRAINEES. DRILL OPERATORS.** Maine Drilling & Blasting seeks qualified candidates for employment opportunities to support both Quarry and Construction projects. Some Saturday work may be required. Trainees should have prior construction and some equipment operating experience. Safety minded individuals with good work ethic and positive attitude only. Must pass pre-employment physical and drug test. Equal Opportunity Employer. Join the Employer of Choice. Apply online at www.mainedrilling.com, call toll free 1-877-633-2632, email: cgrubb@mdandb.com 21/22

**BASE CAMP OUTFITTERS** is now accepting applications for a full time shop manager. Must have experience in BC and sales. Drop off

resume or stop in and complete job application. 2363 Route 4 or the base of the Killington access road. 21/22

**PT SUMMER HELP: REGISTER / DELI** to provide outstanding customer service at the counter, stock shelves, organize and take deli orders. Weekends a must. Friendly, energetic and positive attitude required. Must be a team player, accurate with number and

have great communication skills. Call 672-6241 or apply at the Bridge-water Corners Country Store. 21/22

**THE STATE of Vermont** Public Protection Division reminds us that if it sounds too good to be true, then it probably is! If you question the legitimacy of any program or product call The Consumer Assistance Program (CAP) at 800-649-2424.

**End of Season REDUCTION**  
Ski-in/ski-out 3BR, 2BA Sunrise condo w/views. Totally redone kitchen & bathrooms including Kohler fixtures and whirlpool tub. New Peerless Purefire 80 Boiler (\$10K). Great rental income potential. Amenities: indoor/outdoor pool, hot tub, steam rm, fitness center, snow shoe trail View photos @ MLS#4037631. e-mail jmw990@verizon.net. Call 978-771-9302. \$309,000

**To Settle Estate**  
Selling 5 Working Vermont Slate Quarries  
Situated on three separate parcels  
100± Acres with Black Slate  
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Plus another 150± Acres of scattered parcels with deeded mineral rights  
Family Owned since 1922 and available with owner financing to a qualified buyer.  
**C.R. Beach Slate Company**  
Call owners at 802-265-3644




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"Vacation Smart!"  
*A spotlessly clean and already affordable luxury of the Vermont Studio apartment. Perfect for discreet couples and outdoor lovers.*  
For more info write [thevermontstudio@gmail.com](mailto:thevermontstudio@gmail.com) or check us out at [www.AIRBNB.com](http://www.AIRBNB.com)

**RUTLAND COUNTRY CLUB**  
**Rutland Country Club Chef-Kitchen Manager**  
We are looking for an energetic individual with experience managing the kitchen and food preparation. The food and beverage operation did over \$700,000 in food and beverage sales last year. The food and beverage operation does daily lunches and dinners as well as servicing an outlet that sells food on the golf course. Additionally, there is a function room with seating for over 150 people used for weddings, reunions as well as business meetings and luncheons.  
The right individual will have experience cooking, training staff, purchasing and inventory control. The individual will have experience preparing lunches and dinner as well as banquets for up to 150 people. This is a year round position with a fast paced summer schedule and a slower yet active winter schedule.  
Salary negotiable and includes health benefits. Please send resume and salary requirements to,  
**Rutland Country Club**  
C/O Greg Nelson, General Manager  
P.O. Box 195  
Rutland, VT 05702-0195

**FORECLOSURE AUCTIONS**  
**3 BEDROOM HOME**  
  
Thurs., June 23 @ 11AM  
Register from 10AM  
**120 River Street Rutland, VT**  
3 BR, 1 BA, 1,243± SF Home. Conveniently located in downtown Rutland on a nice 0.24± acre lot.

**APARTMENT BUILDING**  
  
Thurs., June 23 @ 12:30PM  
Register from 11:30AM  
**31 Cottage Street Rutland, VT**  
2 Story, 5 Unit Apartment Building, c. 1909. 5 BR & 5 BA, 3,116± SF. Conveniently located near the middle of downtown Rutland on 0.26± Acre. Ready for necessary repairs.

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**Signature:** \_\_\_\_\_  
Mail: P.O. Box 183, Killington, VT 05751  
Call: (802) 422-2399 or FAX 422-2395  
The Mountain Times comes out each Thursday. Deadline for ads is the Friday prior to publication date. We reserve the right to reject or revise all advertisements.



# Paws & Claws

## Got Cans? Help the Animals!

Did you know that you can drop off your redeemable bottles and cans at the Rutland County Humane Society (RCHS) and help the animals? Thanks to generous folks in our community, we now have a new, dry and secure shed for supporters to drop off redeemable bottles and cans. GE volunteers and 4 handy RCHS volunteers made it a reality for us. The shed is located at the back of the shelter on Stevens Road in Pittsford. Those nickels all add up so please drop off your redeemables! If you have any questions please call RCHS at 483-6700. The animals say thanks!

### Springfield Humane Society Pet Feature

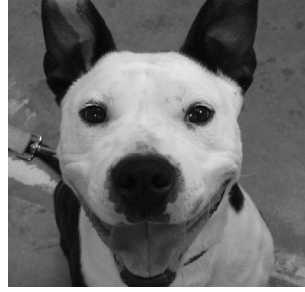


Oscar is a 5 year old Boxer who lost his home. He absolutely cannot go to a home with cats or small children. Otherwise he is a lovable lug who likes walks, car rides, and people! Oscar is crate trained, housebroken and used to a fenced yard. He is here along with 2 Call the Shelter at 885-3997 or stop by Wed-Sat noon-4:30 – it's the place best friends meet!

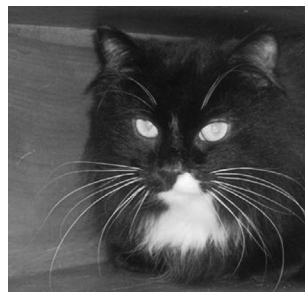
Shelter needs include paper towels, dryer sheets, baby food jars and clean used tennis balls.

## PET PERSONALS

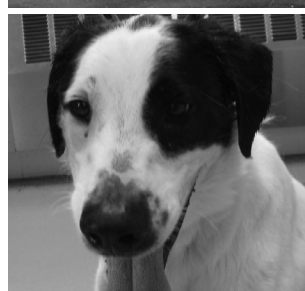
**CLEO** - 10 month old. Spayed Female. Pit Bull. I am a happy cutie pie who enjoys playing and knows SIT and DOWN. I am excitable and love a good squeaky toy, as long as you are playing with me!



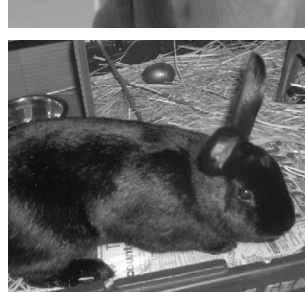
**PEACHES** - 2 year old. Neutered Male. Domestic Long Hair Black and White. I can be a little shy at first but look out when I warm up. I am such a big pussy cat with beautiful white whiskers and gold eyes!



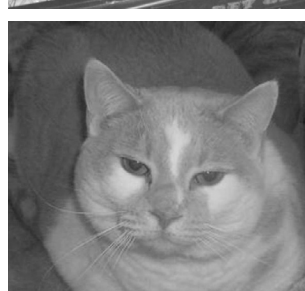
**SAL** - 6 year old. Neutered Male. Hound/German Shepherd mix. Yipee, I love to play! I love all kinds of toys but I especially love when you throw them in the air and I catch them! And then we do it again!



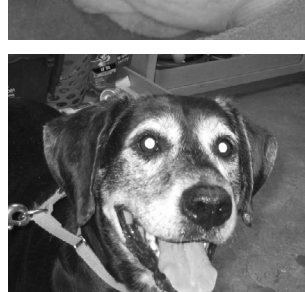
**HOPPER** - 8 month old. Spayed Female. American Rabbit. I love all sorts of veggies and I even play with cat toys. I am good friends with my friend Gumbo and we need to go home together.



**MOSES** - 8 year old. Neutered Male. Domestic Short Hair Buff and White. Yes, I agree, I could stand to lose a pound or two and with a proper diet I am sure I can do it! I am a bit more timid than my brother Chipper.



**OREO** - 10 year old. Neutered Male. Labrador Retriever mix. I'm an older fella who doesn't act his age! I know a bunch of tricks, too, including Sit, Shake, High 5 and Sit Pretty. I also love to catch treats in mid air!



**LUKE** - 5 year old. Neutered Male. Pointer/Labrador Retriever mix. I am a handsome dog who loves to call my crate home! I am eager to meet you and am ready for any adventure that may come our way!



**SAGE** - 3 year old. Spayed Female. Domestic Medium Hair Gray. I arrived at the shelter as a stray on April 3 and even with all my new friends that I have made here I am really hoping to move on with a new chapter in my life.



**GIZMO** - 2 year old. Neutered Male. Siberian Husky mix. I am a striking, athletic dog who is looking for an experienced owner who has plenty of time to leash walk me. I know SIT, SHAKE, and DOWN!



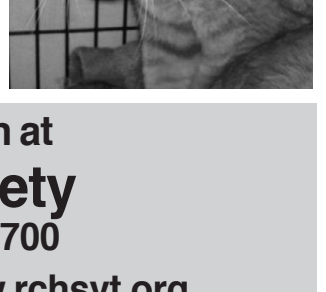
**GUMBY** - Adult. Neutered Male. American Rabbit. I came to the shelter as a stray on December 10 after being left on the door step. I get along really well with my friend Hopper so we need to go home together.



**ROMEO** - 4 year old. Neutered Male. Ferret. My owner found me wandering the streets and took me in and cared for me and even got me a dear friend, Bandit, to hang out with.



**CHIPPER** - 8 year old. Neutered Male. Domestic Short Hair Orange and White Tiger. After many years of being in a home together with my sibling Moses, our previous family had to bring us to the shelter because they couldn't afford to care for us any longer.



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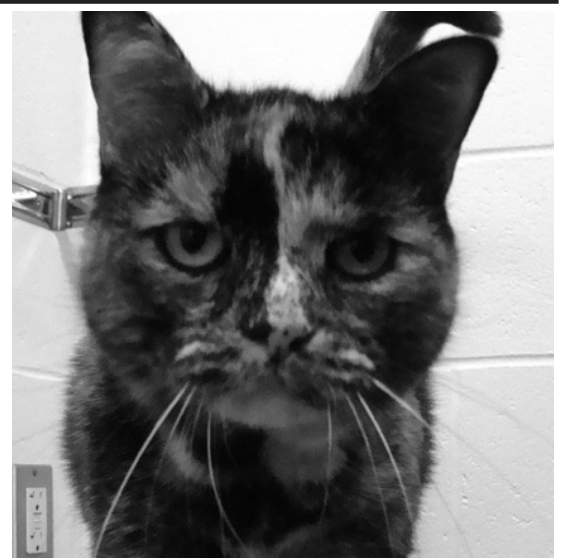
Applications for VT residents to receive VSNIP vouchers with which to have cats and dogs neutered at a reduced rate can be found at participating vet offices, town clerks, social service agencies, or by sending a #10 self-addressed 44¢ stamped envelope to:

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# RealEstate

## Walk Away From a Mortgage?

by Margarette Burnette

If you have a hard time making your mortgage payment, then you've probably thought about applying for a home loan modification from your lender.

Homeowners generally want to make good on their home loans, says Dean Wegner, a mortgage specialist in Scottsdale, Ariz., and author of the book "Life After Foreclosure." But, he says, when homeowners have trouble paying, they should consider the pros and cons of all their choices -- including walking away from the mortgage.

The following are points to consider if you're choosing between asking for a loan modification and letting go of the home.

Foreclosure is still possible, even after a loan modification. When a mortgage is modified, the homeowner may receive a lower interest rate, a longer period to pay back the loan, and maybe even some loan forgiveness. But those changes might not be enough, Wegner says. Nearly half of loan modifications end in default.

There is no guarantee that the lender will approve a loan mod. Even if a homeowner can benefit from a change in mortgage terms, it doesn't mean the lender will approve, Wegner says. "A loan modification is very hard to get. You have to submit paperwork (such as proof of income and bank statements), and the

approval process typically takes from six to 12 months," he says.

Counselors can help borrowers apply for modifications. Homeowners applying for a modification should consider seeking counselors from agencies affiliated with the National Foundation for Credit Counseling, says Mary Ellen Nicol, a certified housing counselor with CredAbility, a nonprofit credit counseling organization in Atlanta.

"Counselors can help homeowners understand all of the documents they need to submit to mortgage companies to be considered for a loan modification," she says. "Once we collect these documents, we can send all of them directly to the mortgage company, which reduces the chances that the documents will be lost."

Borrowers who don't think they're good candidates for a loan modification may consider walking away from their home and losing it to foreclosure. That choice has consequences, too, Wegner says.

Foreclosure drastically damages credit. A foreclosure affects one's ability to borrow money, open a new credit card account or buy a new home for a long time. "A foreclosure will remain on your credit for seven years," he says.

However, for some borrowers, walking away may give them a chance to move on with their lives and they eventually can buy again.

"Your credit is impacted, but you may be able to buy another house in as little

as three years, with an FHA loan that would only require a 3.5 percent down payment," Wegner says. Borrowers may decide that walking away is a better option than trying to stay in a home whose value has plummeted and might not recover for a decade or more, he says.

Employers may ask about foreclosures. While a foreclosure may stay on a credit record for just seven years, borrowers need to understand that it could affect future employment indefinitely, Wegner says.


Owners may still owe. Lenders in some states can obtain deficiency judgments, meaning lenders can sue to recover the money they lost after the foreclosed

homes have been sold.

Borrowers who are ineligible for loan modifications can consider other options, such as short sales or deeds in lieu of foreclosure. "These are less damaging to your credit score than a full foreclosure, and can give you more ability to borrow in the future," Nicol says.

If you're considering one of these options, check to see if you qualify for the federal Home Affordable Foreclosure Alternatives program ([www.makinghomeaffordable.gov](http://www.makinghomeaffordable.gov)) available through 2012. It can help streamline the short sale or deed-in-lieu process, and may even provide borrowers with \$3,000 to help with relocation costs.

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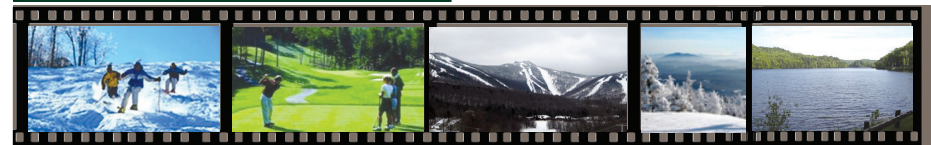
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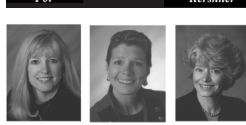
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