

Read What People Are Saying

There are several letters to the Editor this week about the Killington town meeting, VT Yankee and The Southwest Freedom Riders.

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The Mountain

Volume 40, Number 20

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May 19-25, 2011

HOME & GARDEN

Improve Your Vegetable Garden

Ten tips provided by Dr. Lois Berg Stack, University of Maine Extension, will help you to improve your vegetable garden.

PAGE 23

BOOMERS

Boomer Boudoir

I live in a bedroom. OK, there is a whole house here, but essentially when I spend time in South Carolina, I rent a room from a dear friend. I actually love my room and as a writer, it is a perfect venue for curling up with my laptop and working.

PAGE 4

LOCAL SECTION

Regional News

"The facts Ma'am. Just the facts." The Mountain Times gives you good, clean, local news without the editorializing. You're smart enough to figure it out for yourself!

PAGES 14-21

HOROSCOPES

Listen to Your Mother



As always Mother of the Skye is here to lend a hand with the influences affecting your life. See what she has to say about you and your future.

PAGE 19

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On Foot or Wheels - Pine Hill Park

story and photos by Thomas Bartlett

Sadly, the ski season is over. I know I may be in the minority expressing a thought like that, but I am not an avid mountain biker. The snow is gone and now the rain is our favorite thing to complain about whenever good conversation wanes. For all of us that just spent the last six months under the influence of skiing and riding bliss, the spring brings about a change in daily sport and a shift of gears in our daily athletic output. I have spent some time in the saddle of a mountain bike at Pine Hill, but I do not feel the excitement that I see in the eyes of the riders that spend time on the Pine Hill Park trail system. Luckily, there is more than just great single track for riding at Pine Hill.

Pine Hill Park is nestled in a quiet

corner of the city of Rutland. Its trailhead begins in the Giorgetti Athletic Complex. The Park is about 300 acres large, with a manicured single track that loops and climbs and races downhill for 16 miles. The Park is open to walkers and runners, and hikers as well. And yes, when the snow returns, snowshoeing. Most often during the spring and summer, I am in the category of hikers. I bring my dog Sunny with me and walk around the designated hiking trails. Dogs must be in control at all times at the Park, but they are very welcome to be there. But don't forget to pack out what you pack in. That goes for your dog, too.

The hiking trails are the first set of trails you come to as soon as you begin walking up the trail head. As you are crossings the

14-21 Wine



PAGES 18-19

Town of **Killington Announces Summer Events**

The town of Killington has announced a full slate of events spanning the 2011 summer and fall tourism season. Beginning with the Stage Race on Memorial Day weekend and continuing through Columbus Day with the celebrated Hay Festival, the robust lineup includes the return of many perennial favorites such as the Killington Wine Festival and the free It's Cooler in the Mountains concert series, as well as many new events including the Super Spartan Beast Race and the world-famous Circus Smirkus.

Following are the highlights of Summer/Fall 2011 in Killington:

May 27 – 30, The Killington Stage Race - The season officially gets underway Memorial Day weekend when thousands of cycling enthusiasts from throughout the Northeast converge on Killington for three days of fast and furious racing action. Excellent viewing along all race routes.

(Saturdays) July 2 – August 6, Killington Music Festival - Join 100 of the nation's best junior classical musicians for a series of summer concerts every Saturday evening at Ramshead Lodge in Killington, or attend the final performance atop beautiful Killington Peak.

July 4, Star-Spangled Birthday Celebration - Killington's old-fashioned 4th of July celebration is a favorite with visitors and locals alike, and this year commemorates the town's 250th birthday. Festivities include the traditional parade, barbecue and fireworks, as well as historical demonstrations and a giant community birthday cake.

July 10 – 14, Killington Junior Golf Tournament - Over 100 of the world's best junior golfers compete during this multi-day tournament at Green Moun-

Pine Hill, Page 2

26

Killington, Page 3



Arts & Events **Boomers** Classifieds Community Cal. Contact Info

8-9 Dining Guide 4 Golf 24-25 Health 18 Home & Garden

22 Horoscope

10 Local News

11-13 Movies 6 Pets Real Estate 7 23 Service Directory 20-21 19 Wellborn News

WEATHER Wednesday Showers Showers

Friday Showers Showers Saturday Showers **Showers** continued from page 1









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first wooden bridge of the day, a huge glacial drop stone captures all of your attention to your right, and it is aptly called Elephant Rock. This is where the hiking trails begin. There are three loop trails that are near impossible to be lost on. The Lower, Middle, and Upper Giorgetti Loop trails keep you tramping through the shade with trees all around. A good place to stroll with your favorite pet or run some laps. Beyond the enormous Elephant Rock, you may choose to follow the Escalator Trail on your bike, and then the choices become many.

Some trails are bike or pedestrian use only. Be sure of where you are, and of course be courteous to each other whether you are on two feet or two wheels. The Park has plenty of acres for everyone. Once you are peddling up into the larger park area, the single track provides as much fun and challenge as you can make for yourself. There are trails with names like The Sore Elbow and Droopy Muffin. There is the Stegosaurus and Upper and Lower Ledges Trail. You can spin your way straight up the Pond Road which will take you to Rocky Pond, or take as many trails as you want to put together to reach the same objective. Rocky Pond is a great place to take a break and grab a snack. A good size pond to sit next to in the sun.

Besides the well maintained single track, there are a number of beautiful wooden bridges that have been constructed along the way. There is the 100 foot suspension bridge on Overlook Trail and the hourglass bridge on Stegosaurus. There are more bridges that seem to come out of nowhere on the trail. Just when you thought that the single track was in good shape, you get to ride for a smooth moment or two across a wooden bridge.

Rocky Pond is not the only destination to be achieved at the park. There is the summit view on Droopy Muffin, and the 1920's rock quarry in the northeast corner of the Park. Like I said, there is more than just mountain biking to be enjoyed. Here and there along the trail there are places to get a view of Rutland that you can't get anywhere else. Even a bench or two to sit and enjoy it.

At the trail head, housed in the Giorgetti Athletic Complex, resides the bike shop. Doug Earle is the manager, bike maintenance, and rental guy. He does it all. It is the second season of the bike shop and Doug says that the shop "has everything you need to fix your bike on the spot to get you right back out on the trail." Doug was fixing a tire while I talked with him. Besides replacement parts, there were biking pants and shirts for sale. New brake pads, water bottles, trail maps, you name it. A small shop with all you need. There are also hard tail rental bikes. These are bikes with front suspension. Helmets are also available for rent. The shop is open Wednesday thru Friday, 12:00-6:00, and Saturday and Sunday, 9:00-4:00.

Of course the Park could not be in the beautiful shape that it is in without the volunteers to maintain it. This building and maintenance of the Park is completed by the Pine Hill Partnership. It is a non-profit organization formed to steward the 300 acre park. Through the cooperation of the Rutland Recreation Department, the Partnership coordinates with various local businesses, individuals, schools, and organizations, to maintain the Park that they all put together with hard labor from an all volunteer work force. And they are not done yet. Pine Hill is always getting bigger and better. There is an ongoing effort to work with local land owners to expand the Park to make even more miles of single track. And presently construction is being done on a wooden "berm" on the Underdog Trail. Think of a high-banked corner that you can get up nice and high on with the right amount of speed.

You do not need to be a five day a week rider to enjoy Pine Hill Park, but if you are, then you can capture some daily riding bliss at the Park. As soon as the sun comes up, you can peddle up the trail past the flower laden Pine Hill Park sign that indicates the trail head. Spin right under the vintage bicycle that resides at the top of a very large tree stump, and make your way onto 16 miles of trail right in Rutland's back yard.

Rutland has not always been known as a mountain biking destination, but Pine Hill Park is changing that idea with every year as the park gets bigger and better. Load up your bike or good running or hiking shoes and get to know the trails at Pine Hill.

The Park is open from dawn to dusk. For more information about the Pine Hill Park got to: pinehillpark.org.

195 Mountain Top Road

Chittenden, VT 05737

802.483.2311

www.mountaintopinn.com



Rutland Rec News

Pine Hill Bike Shop at Giorgetti Park opened for the season Friday May13th. Call 775-7980 for hours and any questions.

Flip Side Skatepark opens May 21st. We are now taking registrations for Flip Side day camps. Do not wait to register these camps fill fast and kids are guaranteed to have a blast. All levels are welcome we will be offering camps for beginner to intermediate levels. Skateboarding and BMX riding are among the camps focus.

For more information or to register visit www.rutlandrec.com.

Civil War Muster. Please visit Main Street Park May 21st from 9:00AM-4:00PM for a day filled with exciting Civil War reenactments and displays. This is the 150th Anniversary of the Civil War. Admission to attend is FREE! Come on out to experience a something new and exciting!

Tenney Brook Preschool is Enrolling. Registration deadline to enroll into Tenney Brook Preschool is May 27th. Register today to secure your spot. Please contact Jane Brown (22 years of experience) at 773-1856 for questions.

Killington

continued from page 1

tain National Golf Course, with an accompanying tournament for non-qualifiers at Killington Resort Golf Course.

(Thursdays) July 14 – August 18, Library Concert Series – Free outdoor evening concert on the lawn at the Sherburne Library in Killington.

July 16 – 17, Killington Dog Days – Killington becomes a dog paradise during this weekend to benefit the Rutland County Humane Society, featuring national Disc-Dog competitions, pet-friendly vendors, and games for pets and their owners.

July 22–24, Killington Wine Festival – A signature event for the region, this year's 10th annual festival will feature over 500 wines from around the world, during a full-bodied weekend of tastings, dinners, and a Wine and Nine golf tournament.

July 30, August 6, 13, 20 & 27 - The 'It's Cooler in the Mountains' Concert Series – Grab the lawn chair, the beach blanket, and the whole family and head to Killington's K1 Base Area for this free outdoor concert series, featuring top regional bands, plus outdoor activities and games for the kids, a beer garden and BBQ.

July 30 – 31, Eastern States Cup – Killington Peak joins the roster of Eastern mountain venues for this competitive series of downhill mountain bike races.

August 6, Spartan Beast Race – This 10-12 mile timed obstacle race across Killington Peak claims to be the 'toughest race on the planet.' Competitors face military style obstacles along the way, including an eight foot wall, slippery incline wall, cargo net climb, barbed wire crawl, water obstacles, mud crawl, spear throw, fire jump and gladiator pit.

August 13 – 14, Gravity East Downhill Race – The 2011 Gravity East Downhill Series is one of eight downhill mountain bike races where competitors vie for a \$5000 cash prize.

August 14 – 15, Circus Smirkus – Pico Mountain will be the site of this world-famous troupe, featuring 30 of the world's best child performers. Juggling, tumbling, trapeze, aerial acts, contortion, clowns, live music and tailor-made costumes are

all part of the act under the Big Top. Shows are Sunday and Monday at 1PM and 6PM. Tickets are \$20 for adults (over age 13) and \$17 for youth (ages 12 and under). Group discounts are available.

September 1 – October 10, Killington Hay Festival – Named a Top Ten Summer/Fall Event by the Vermont Chamber of Commerce, the Killington Hay Festival is back for its 4th year. A five-week celebration of autumn in Vermont, the event showcases a collection of 40 giant hay animals on display at businesses throughout town. It also features a family-friendly educational scavenger hunt, a handcrafted hay maze, and an old-fashioned ice cream social and soapbox political rally. There's even a special Killington Hay Festival brew from Long Trail and "Hay and Stay" packages.

September 8 – 11, The Killington Classic – Now managed by Americade, New England's largest motorcycle touring rally returns to the region for four thundering days of social events, day rides, poker runs, lectures, demos and the signature 12-mile parade of over 1,000 motorcycles through the heart of the Green Mountains.

September 16 – 17, Farm-to-Table Food Festival – A celebration of locally grown and sourced food paired with seasonal beers and ciders, experienced through a variety of tastings, cooking demonstrations and a fresh food market. Demos include cheesemaking, homebrewing, lessons on the art of gastronomy and fine foods, and creating fresh-food dinner menus.

October 1, Killington Brewfest – A ticketed sampling of New England's finest craft beers, set at the base of Killington Peak during the pinnacle of autumn foliage. Live music, food tastings and over 60 regional artisan brews on tap.

Located in the heart of Vermont's Green Mountains, Killington is home to the Killington Ski and Golf Resort, Green Mountain National Golf Course, exceptional restaurants and four seasons of endless outdoor activities. More information on all events is available at www. discoverkillington.com.

Lapex Spot Fat Reduction System

Killington Tricycle Committee Plans Reunion

by Ned Dyer

I've been thinking that it's high time we had a reunion of those fool hardy but adventurous souls who either volunteered or where conscripted as Officials, Race Committee, Grand Marshalls or Queens of the Killington Tricycle Races during the event's nearly 30 year run.

The EDT, the Killington Volunteer Fire Department and the Chamber of Commerce have joined forces to celebrate the 250th Birthday of the Town of Killington in conjunction with the Town's annual 4th of July celebration at the Herbert I. Johnson Rec Center on River Road on Monday, July 4th. They have extended an invitation to have the above mentioned Reunion participate in the Annual Fourth of July Parade and the fun and games that follow.

The plan is to meet at 9:30a.m. Monday, July 4th at Killington Events Hall, the Parade staging area, and take a leisurely stroll down River Road to the Rec Center. The dress code for the Killington Tricycle Race Alumni will be red, white and blue with a red hat being MANDATORY. Baseball caps are acceptable, however, a prize will be awarded for the most creative red hat. Flags and kazoos will be provided to the participants.

I have a pretty extensive list of the past Trike Race Officials, but we're missing a lot of names of the Race Committee volunteers. We could really use your help to rally the troops and any ideas you may have to make this a fun event in the true spirit of the Killington Tricycle Race. You can reach me, Ned Dyer, at 802-422-2043, or preferably at nedzo@vermontel.net.

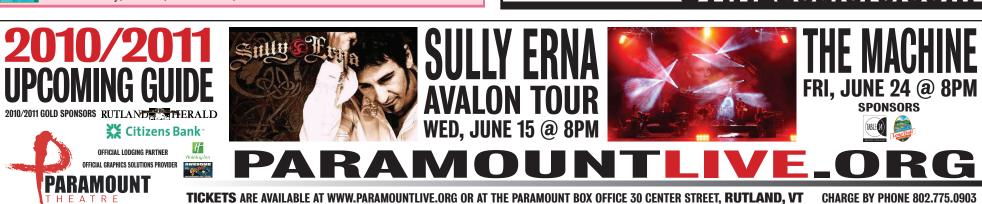
Discovering Hawk Hill

This is a great season for taking a look at the area's birds. While residents are busy calling for mates and beginning nests, some migrants are still heading farther north. Take a look at some of the birds living on or passing through Hawk Hill--the ridge behind Otter Valley High School in Brandon--with local birder Sue Wetmore on Saturday, May 21, from 8-10am. No dogs, please. Wearing bright colors is recommended, since this is turkey hunting season.

Please meet at the south end of the Otter Valley High School parking lot. For additional information, please call 446-7030.







BOOMERS

Boomer Boudoir



by Cindy Phillips

Disclaimer: Before you get all excited, there is no sex in this column. I realize the word boudoir elicits a certain image, but I simply liked the alliterative term.

I live in a bedroom. OK, there is a whole house here,

but essentially when I spend time in South Carolina, I rent a room from a dear friend. I actually love my room and as a writer, it is a perfect venue for curling up with my laptop and working.

My Broomie has a sense of style and helped me decorate. She set the tone by creating a color palette of black, white and cream before I moved in. Since I have very little knack when it comes to interior design, I went with the flow. Together we created a space that is contemporary, yet cozy. Everything matches, including her black Poodle who spends a lot of time on my bed.

It got me wondering about my bedroom when I was younger. I shared a room with my sister until well into my teens, so I really didn't have much say in how it looked. My mother had the last say in all the decorating, though she did allow my sister's artistic flair to be an influence when she reached the age of reason.

With two girls sharing a very modest room, space was an issue. The answer was Castro convertible beds. I remember practicing air raid drills during the Cuban missile crisis, crawling under our desks at school. I wondered why my mother had so unpatriotically bought furniture made by Fidel Castro. The bed conveniently folded into a square. The Castro commercial had a little girl closing up the bed by herself, so according to

my mother, there was no excuse for us to not fold our beds every morning before we went to school. It was then draped with a custom-fit cover and our pillow was folded into a matching bolster case. I can still hear the God-awful screech that arose from the metal frame when we opened or closed the bed. Apparently WD-40 had not yet been invented. There were also some Godawful screams that emanated from my throat every time I stubbed my toe on the clumsy metal legs that held it up. What an uncomfortable contraption. And since we couldn't open it up until bed time, there was no lounging for reading or watching television. You either curled up into a ball to sit on that 30-inch square, or you stretched out on the floor. I believe all that crouching in my younger years is the reason I never grew taller than five foot nothing.

Once my sister moved out, and my mother realized she was in the home stretch of the "raising kids race," I was allowed to put more of a personal touch into my room. There were still rules, such as a ban on nails in the walls. I was able to convince her that thumb tacks could not do much damage. This was the era of the wall poster, so that thumb tack allowance held great importance. My first poster was the prophetic "Today is the First Day of Your Life" number. The other posters were those retrieved from the inside of an album jacket. Naturally, they looked pretty crappy when you hung them up since they had fold creases running through them. But I didn't care. I was thrilled to have the Mamas and Papas looking down on me every morning.

There were two windows in my room, one faced the backyard while the other looked out the side of our house. The windows were very high up, and I actually had to stand on a piece of furniture to see out of them. I am not sure which home designer thought bringing a prison feeling into the bedroom was such a good idea. The side window faced a neighbor's house, and I could see their kitchen window and part of their backyard if I really craned my neck. But if I looked straight ahead, it focused on a giant forsythia bush in their yard. There was a space between the brick wall of their house and the bush, and it was a perfect hiding spot that offered a lot of seclusion - an important factor in George Barbery choosing that location to give me my first kiss. This was of course after he gave me his tie clip to wear, signifying to all that we were now "going steady." I often looked out my bedroom window at that forsythia bush, pondering that kiss in a dream-like trance. That is until the day I saw George walk from behind it with Kathy Ebaugh. He hastily took back his tie clip when I confronted him.

The older I get, it seems the less I need. Material things hold much less value for me, while friends, family and good health increase in worth. I can be content in a small, cozy boudoir. All I need are four walls and a place to lay my head - though I refuse to buy a piece of furniture from a Cuban dictator.

Contact me at cphillipsauthor@yahoo.com. Read my blog at http://lifeasaturkeysandwich.blogspot.com



WATERBURY, VT – Vermont's "Trophy Trout" stocking program for 2011 will include seven river sections and 33 lakes and ponds receiving the two-year old trout, some over 18 inches long.

"The trophy rainbow and brown trout stocked in the Black, Winooski, Lamoille, East Creek, Missisquoi, and Passumpsic Rivers as well as Otter Creek provide exciting fishing for many anglers of all ages and skill levels," said Fish and Wildlife Commissioner Patrick Berry. "Two-year old brook trout as well as large rainbows will also be stocked in selected lakes and ponds to provide excellent fishing opportunities. Anglers shouldn't miss this chance to enjoy fishing for some really nice trout."

Trout fishing opened April 9, and will continue through October 31 this year in the river sections listed below. There is no length limit. The daily creel limit is

Stocking of the river sections began in early May and will continue with additional stockings occurring at one or two week intervals this month. This spring's weather and high water have delayed stocking, so anglers should check Vermont Fish and Wildlife's website (www.vtfishandwildlife.com) to see if a stocking has occurred. Click on "Fishing" and then "Stocking Schedule."

Black River: along Rt. 131 in Weathersfield and Cavendish, from Downers covered bridge upstream, approximately four miles, to the next bridge across the river, the Howard Hill Bridge.

Lamoille River: from the downstream edge of the bridge on Route 104 in the Village of Fairfax upstream, approximately 1.6 miles, to the top of the Fairfax Falls Dam in Fairfax.

Otter Creek: in Danby and Mt. Tabor - From the Vermont Railway Bridge north of the fishing access upstream, approximately 2 miles, to the Danby-Mt. Tabor Forest Rd. Bridge (Forest Road # 10).

East Creek: in Rutland City – from the confluence with Otter Creek upstream, approximately 2.7 miles, to the top of the Patch Dam in Rutland City.

Missisquoi River: in Enosburg and Sheldon, from the downstream edge of Kane Road (TH-3) bridge upstream, approximately 5.7 miles, to the top of the Enosburg Falls Dam in Enosburg Falls.

Passumpsic River: in St. Johnsbury, from the top of the Gage Dam upstream to the top of the Arnold Falls Dam. This section includes the Moose River from its confluence with the Passumpsic River upstream to the Concord Avenue bridge.

Winooski River: in Duxbury and Waterbury, from the top of Bolton Dam upstream to the Route 2 Bridge east of Waterbury Village. This section includes the Little River: from its confluence with the Winooski River upstream to the Route 2 bridge.

A portion of the annual stocking of trout in these waters will also be trophy trout: Adams Reservoir (Woodford), Amherst Lake (Plymouth), Baker Pond (Brookfield), Bean Pond (Sutton), Beck Pond (Newark),

photo by John Hall

State Game Warden Chad Barrett stocks some of the 950 large rainbow and brown trout that went into the Winooski River in Waterbury on May 9th. Seven Vermont river sections and 33 lakes and ponds are being stocked with "trophy trout" like these this spring.

Black Pond (Hubbardton), Brown Pond (Westmore), Colby Pond (Plymouth), Colton Pond (Sherburne), Echo Lake (Plymouth), Goshen Dam (Goshen), Kent Pond (Sherburne), Knapp Pond #1 and Knapp Pond #2 (Reading-Cavendish), Lake Paran (Bennington-Shaftsbury), Lefferts Pond (Chittenden), May Pond (Barton), McIntosh Pond (Royalton), Mill Pond (Windsor), Miller Pond (Strafford), Osmore Pond (Peacham), Lake Raponda (Wilmington), Lake Rescue (Ludlow), Rood Pond (Williamstown-Brookfield), Searsburg Reservoir (Searsburg), Lake Shaftsbury (Shaftsbury), Smith Pond (Pittsford), Stoughton Pond (Weathersfield), Sunset Lake (Brookfield), Townshend Reservoir (Townshend), Wheeler Pond (Barton), Zack Woods Pond and Perch Pond (Hyde Park-Wolcott).

Standard fishing regulations apply to these lakes and ponds. For details, see the "2011 Vermont Hunting, Fishing & Trapping LAWS and GUIDE," available where licenses are sold.

Vermont fishing licenses are available statewide at more than 350 agents and on Fish and Wildlife's website (www.vtfishandwildlife.com).



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NATURE'S WAY

An Unnoticed, Little-known, and Disappearing Songbird

by Chris Rimmer

Among the noisy throngs of blackbirds that are the earliest harbingers of spring in the Northeast, the rusty blackbird often escapes notice. Few birders encounter this enigmatic songbird during the course of spring migration, and because rusties rarely join the conspicuous flocks of red-winged blackbirds and common grackles that descend on our feeding stations from mid-March onwards, few come to know the bird well. This uncommon, reclusive denizen of wooded wetlands and shrubby swamps is most commonly found by venturing off the beaten track.

The rusty blackbird is a transient that appears only briefly on its way to and from breeding grounds that extend across the boreal zone of northern New England, New York, Canada, and Alaska. The most northerly-breeding of North America's blackbirds, rusties are almost invariably associated with water, nesting along the edges of bogs, alder-willow swamps, beaver ponds, and other forest openings. During their early spring and late fall migrations, rusties are sometimes found for aging in open areas such as pasture, stubble, plowed fields, and swamp edges. A lucky observer in spring may hear the males' peculiar, gurgling song, which is anything but melodic.

Wintering birds are concentrated in the southeastern U.S., where they frequent wet woodlands and only occasionally consort with other blackbirds. Year-round, the species' diet consists primarily of animal prey, in the form of aquatic invertebrates and small fish.

The remote habitats, low population densities, and inconspicuous behavior of rusty blackbirds have caused the species to languish in relative obscurity. Few detailed studies of its ecology and life history exist, and populations are not well tracked by continent-wide monitoring programs such as the Breeding Bird Survey (BBS) or Christmas Bird Count (CBC). Sightings of this already uncommon species have, in the past 3-4 decades, become even less common, and analysis of existing BBS and CBC data tell the same tale. Some estimates suggest that the species' populations have plummeted by as much as 95 percent since the early 1970s, with birds virtually disappearing from a number of boreal Canadian areas where they had once commonly nested.

Scientists are both puzzled and troubled by such rapid declines in a species that generally has little contact with humans. Widespread concerns have spawned a surge in research and formation of the Rusty Blackbird Technical Working Group to understand and address the species' population freefall. Early indications are that the unique natural history of rusty blackbirds places the bird at special risk to human-induced changes in its environment. As North America's most ecologically specialized blackbird, rusties may be unable to adapt quickly enough to these changes.

Leading hypotheses for the steep declines include winter habitat loss due to conversion of bottomland hardwood forests to agriculture in the southeastern United States, loss and degradation of boreal wetland breeding habitats from development (such as peat production, logging, reservoir creation) or acidification, mercury bioaccumulation (to which rusties are predisposed via their aquatic animal-based diet), and direct and indirect effects of climate change. This latter threat is suspected to be causing changes in the extent of boreal wetlands, their chemistry and hydrology, and the structure of their invertebrate communities.

Additional, as-yet-unsubstantiated causes of decline in rusty blackbirds may include winter mortality during blackbird control programs in the 1960s and 1970s, inherently low immunity to diseases picked up by joining large winter roosts of mixed blackbird species, and increased competition with other blackbirds as winter habitat loss has caused rusties to feed in more open habitats with grackles and red-wings. Explanations for the plight of rusty blackbirds are elusive, complicated, and convoluted, probably involving an interplay of all these factors, and perhaps others.

Closer to home, recent studies in New England suggest that timber management practices affect rusty blackbird nest survival. In Vermont and Maine, nests in regenerating clearcuts less than 20 years old were more than twice as likely to be taken by predators than nests in more mature forest. Researchers believe that un-logged, 250-foot buffers around suitable wooded wetlands would reduce nest depredation, but other silvicultural practices might also be effective. In northern New England and elsewhere, maintenance of quality breeding habitat is of vital importance until the factors affecting rusty blackbird population viability across its life cycle are more fully understood.

For any organism, conservation efforts are most effective when initiated while the species is still common. However, it is impossible to develop a meaningful conservation strategy when the causes of decline are so poorly documented. We have much to learn in the case of the rusty blackbird, and we would do well to abide by the precautionary principle. The spring flight is winding down, but get outside soon, or next October and November, to listen for the gurgling song and squeaky whistled calls of this uncommon blackbird with pale yellow eyes.

Chris Rimmer is the director of the Vermont Center for Ecostudies in Norwich, Vermont. The illustration for this column was drawn by Adelaide Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine and is sponsored by the Wellborn Ecology Fund of New Hampshire Charitable Foundation.











Fermentation

So what makes great wine such a pleasurable sensory experience? Some of these characters come from the grape itself, but the grape can only contribute so much. Even though it is an expression of its varietal character, its soil, and the weather it encounters, a winemaker still

has a variety of tools to build complexity into the relatively bland canvas that is newly fermented wine. One well-known option is to achieve added complexity by fermenting and/or aging the wine in oak barrels. Another lesser-known option, but equally important, is 'malolactic fermentation' (ML or MLF).

It may sound mysterious, but it's a very important technique to every winemaker. Quite different from "regular" fermentation, in which yeast converts sugar into alcohol, it involves bacteria instead of yeast, and usually begins when primary fermentation is complete.

Malolactic fermentation is conducted by bacteria cultures. These bacteria convert malic acid, which is naturally present in fruits like grapes and apples, into lactic acid.

Another way to look at this: 'Malic' was derived from malum, alatin term which describes the tartness of green apples; while 'lactic,' derived from lactis, describes milk. A transformation from a tart acid to a milky acid, directly affects and changes the overall taste structure.

However, there is also another taste dimension provided. Just the right amount of malolactic bacteria adds special complexity components of flavor and aroma to the wine and produce a chemical called 'diacetyl,' which expresses itself as the buttery aroma and flavor many chardonnay lovers treasure. Yet the reduction of acidity in the must improves the flavor profile of the wine not only to buttery, but also to smooth, round and complex.

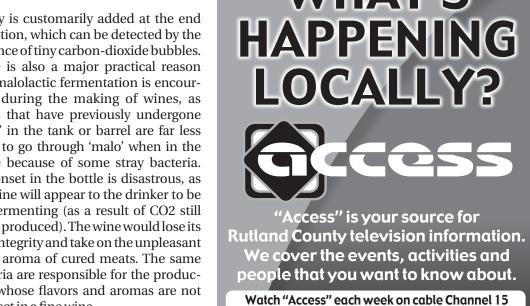
'Malo' is often used for dry red wines, but it primarily enhances dry white wines, such as Chardonnay, Sauvignon Blanc and Pinot Gris. It is not used for sweeter wines, like Riesling, Gewürztraminer and Muscat. Malolactic bacteria are finicky about their conditions. They aren't tolerant of high alcohol, high sulfur dioxide, low temperatures and low pH. High-acid grapes make it difficult to cultivate.

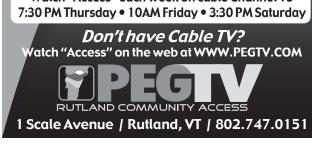
Malolactic activity is customarily added at the end of primary fermentation, which can be detected by the

> presence of tiny carbon-dioxide bubbles. There is also a major practical reason why malolactic fermentation is encouraged during the making of wines, as wines that have previously undergone 'malo' in the tank or barrel are far less likely to go through 'malo' when in the bottle because of some stray bacteria. The onset in the bottle is disastrous, as the wine will appear to the drinker to be still fermenting (as a result of CO2 still being produced). The wine would lose its fruit integrity and take on the unpleasant lactic aroma of cured meats. The same bacteria are responsible for the produc-

tion of sauerkraut, whose flavors and aromas are not what you would expect in a fine wine.

However the carbonation from this type of secondary fermentation should not be confused with a benign carbonation, known as 'spritz,' caused by the absence of access to new oxygen sources. This anaerobic transformation causes the remaining grape sugar to be converted very slowly. The final ripening can increase the alcohol content and further improve the wine's flavor and aroma.





GolfNews

PGA Tour Statistics

by The Associated Press

Through May 15

Scoring Avg: 1, Luke Donald, 69.16. 2, Steve Stricker, 69.93. 3, Matt Kuchar, 69.98. 4, Nick Watney, 70.01. 5, Brian Gay, 70.03. 6, Phil Mickelson, 70.04. 7, Spencer Levin, 70.05. 8, Charl Schwartzel, 70.06. 9, Webb Simpson, 70.09. 10, Rory Sabbatini, 70.10.

Driving Distance: 1, J.B. Holmes, 316.0.2, Bubba Watson, 311.7.3, Dustin Johnson, 305.0.4, Robert Garrigus, 303.9. 5, Steven Bowditch, 303.8. 6, Gary Woodland, 301.9. 7, Angel Cabrera, 300.3. 8, Scott Stallings, 299.1. 9 (tie), Martin Laird and Kyle Stanley, 298.4.

Driving Accuracy Pct: 1, Brian Gay, 78.49%. 2, David Toms, 74.20%. 3, Ben Curtis, 74.16%. 4, Jerry Kelly, 72.64%. 5, Joe Durant, 72.07%. 6, Zach Johnson, 71.43%. 7, Heath Slocum, 71.22%. 8, Ben Crane, 69.34%. 9, Brian Davis, 69.07%. 10, 2 tied with 69.06%.

Greens in Regulation Pct: 1, Bubba Watson, 73.85%. 2, David Toms, 71.90%. 3, Justin Rose, 71.83%. 4, Heath Slocum, 71.57%. 5, BooWeekley, 71.55%. 6, Chad Campbell, 71.50%. 7, Bill Haas, 70.54%. 8 (tie), John Senden and Bill Lunde, 70.41%. 10, 2 tied with 70.37%.

Total Driving: 1, John Merrick, 65. 2, Boo Weekley, 74. 3, Adam Scott, 78. 4 (tie), Chris Couch and John Rollins, 83. 6, Nick Watney, 84. 7, Bo Van Pelt, 86. 8, John Senden,



By Alan Jeffery USGTF Certified Golf Professional Green Mountain National Golf Course

QUESTION: Red and Uncle are playing in a stroke play tournament. On the 5th hole, a violent thunderstorm is about to hit the area and play is suspended. In the clubhouse, Red runs into Leo, who has finished the 5th hole and asks Leo what club he used to play the hole. Uncle says Red should be penalized for asking for advice from someone other than his partner or any of their caddies. Is Uncle correct?

ANSWER: Asking for advice is prohibited only during play of a stipulated round. Because play has been suspended by the committee, the stipulated round has been suspended. Thus, Red is allowed to ask for advice. See USGA Decisions On The Rules of Golf, 2010-2011, 8-1/20.

Golf clinics continue on Tuesday evenings, 5:30-6:30 and Saturday mornings, 10:30-12:00. I continue to work on individual needs. Private lessons are also available by calling GMNGC, 422-GOLF (4653). Remember, the swing's the thing and continuous improvement is what it's all about.

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87. 9, Tom Gillis, 90. 10, Bubba Watson, 105.

Putting Avg: 1, Lucas Glover, 1.691. 2, Luke Donald, 1.699. 3, Brandt Snedeker, 1.702. 4 (tie), Steve Stricker and Greg Chalmers, 1.704. 6, Kevin Na, 1.710. 7, Rickie Fowler, 1.711. 8 (tie), Chris Couch and Jason Day, 1.717. 10, Vaughn Taylor, 1.725.

Birdie Avg: 1, Hunter Mahan, 4.62. 2, Dustin Johnson, 4.53. 3, Steve Stricker, 4.50. 4, Phil Mickelson, 4.45. 5, Aaron Baddeley, 4.43. 6, Luke Donald, 4.38. 7, Nick Watney, 4.35. 8 (tie), Bubba Watson and Rickie Fowler, 4.32. 10, 3 tied with 4.31.

Eagles (Holes per): 1, Sunghoon Kang, 49.5. 2, Scott McCarron, 64.3. 3, Bubba Watson, 73.8. 4, Bobby Gates, 82.0. 5, Derek Lamely, 93.0. 6 (tie), Bill Haas and Steve Marino, 96.8. 8, Robert Karlsson, 99.0. 9, Kevin Stadler, 101.3. 10, Scott Stallings, 102.0.

Sand Save Pct:1, Brian Gay, 69.12%. 2, Retief Goosen, 66.67%. 3, K.J. Choi, 66.15%. 4, D.J. Brigman, 65.71%. 5, Greg Chalmers, 62.86%. 6, Ian Poulter, 62.50%. 7, Paul Casey, 62.07%. 8, Kevin Chappell, 61.67%. 9 (tie), Jerry Kelly and Ben Curtis, 61.22%.

All-Around Ranking: 1, Nick Watney, 263. 2, Webb Simpson, 298. 3, David Toms, 315. 4 (tie), Chris Couch and Jason Day, 342. 6, Hunter Mahan, 357. 7, Matt Kuchar, 359. 8, Bill Haas, 367. 9, Justin Rose, 369. 10, Phil Mickelson, 378.

PGA TOUR Official Money Leaders: 1, Luke Donald (8), \$3,344,867. 2, Bubba Watson (12), \$2,948,790. 3, K.J. Choi (11), \$2,915,049. 4, Nick Watney (10), \$2,791,733. 5, Mark Wilson (13), \$2,482,885. 6, Phil Mickelson (11), \$2,362,152.7, Aaron Baddeley (12), \$2,265,691.8, Martin Laird (12), \$2,177,563.9, Jonathan Byrd (12), \$2,142,248. 10, Rory Sabbatini (14), \$2,082,644.

Jeff's Events

Don't miss the 5th Annual Jeff's Night BBQ, beer & bonfire bash on Tuesday, May 24, starting at 6pm at Green Mountain National Golf Course. The cost is \$20 per person for all you can eat, Joey Leone on guitar, and a "Yard Sale" featuring new golf equipment at bargain prices.

Play with the pros! On May 25, the 7th annual Jeff's Day Pro-Am Golf Tournament happens with a 10:30am shot-gun start, at Green Mountain National Golf Course. The fee is \$125 per player.

Great prizes are to be won, and an awards dinner follows. There will be a silent auction featuring green fees for some of VT's best courses, PLUS.... a Key Largo vacation at the beautiful Mariner's Club Resort.

This will be our last big event! Come celebrate Jeff Hadley's life and continue his crusade to find a cure for ALS (Lou Gehrig's disease).

Call Green Mountain National Golf Course for info & registration at 802-422-4653.

All proceeds benefit the ALS Therapy Development Institute.



Public Par 3 **Golf Course**

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May-June Monday-Thursday AM: \$59 PM: \$49 Friday-SundayAM: \$69PM: \$59 Rates do not include use of power cart

Call 802-228-1396 for tee times. golf.okemo.com



News From Green Mountain National G.C.

by Spider McGonagle

While the Sun was hiding last week the forecast continues to improve and Green Mountain National keeps getting greener and greener! The course is in excellent shape, thanks to the hardest working Grounds Crew in the business, and we are just getting started on another amazing summer of golf!

Thursday Night Twilight League starts this week and everyone is invited to participate in one of GMNGC's most popular and exciting weekly events. It is the perfect opportunity to make some new friends and hit the links. As always, we have some great prizes and gift certificates, donated by our generous local merchants, so be sure to clear your calendar on Thursday nights. Beginners are always ENCOURAGED to participate and we hope you'll give us a call every Thursday morning to sign-up.

Next week we are honored to host the final Jeff's Day Pro-Am Golf Tournament to benefit ALS research. This tournament is in memory of our good friend and former GMNGC Head Professional Jeff Hadley, who courageously battled ALS while raising money for research and raising awareness. It has been 5 years since Jeff left us and Jeff's wife Alice, and the entire Hadley family, would like to thank all the people who have been so generous over the years. We hope to see you all here on Wednesday, May 25 and if you would like to sign-up please give us a call in the Pro Shop.

We are very proud to announce that Green Mountain National was rated #7 by New England Golf Monthly in their annual "Top 25 Public Courses to Play" issue. GMNGC was rated above such well-known courses as Red Tail Golf Club, Crumpin-Fox Golf Course and the Farm Neck Golf Club. This is our first time on their listing and GMNGC is the only course in Vermont to make the this year's list!

Season Passes and Resident ID Cards are still available at the Killington Town Office and here at the clubhouse. Remember, you must pick up your Season Pass BEFORE you play your first round or you will be charged full price. We have passes to fit all budgets and schedules, so get out and play some golf.

We can't wait to see you back here at GMNGC and if you have any questions, please give us a call at 422-GOLF.

Big Win For Choi, **Tough Loss For Toms at Players**

by Doug Ferguson, AP

PONTE VEDRA BEACH, Florida (AP) - With a mixture of sadness and celebration, K.J. Choi rolled in a 2-foot par putt on the infamous island green on the 17th hole at the TPC Sawgrass to claim the biggest win of his career.

The sadness came from watching David Toms, who only moments earlier had hit two of his best shots of the week to make birdie on the 18th hole and force a playoff. miss a 31/2-foot par putt to effectively lose on the first

There was so much to celebrate, however.

The Players Championship is the biggest event on the strongest tour in golf, and Choi had to wipe a few tears away when he won Sunday evening. Winning comes with a check for \$1.71 million from the largest purse in tournament golf.



Call for tee times: 483-9379

Health&Fitness

Local Centers Receive Blue Distinction Designation

Rutland Regional Medical Center, working together with the Vermont Orthopaedic Clinic, has been designated as southern Vermont's only "Blue Distinction Center for Knee and Hip Replacement.®"

Thisprestigious recognition is given by The Blue Cross/Blue Shield Association, which calls Blue Distinction® "An innovative quality designation that helps consumers find medical facilities that have demonstrated expertise in specialty care."

The rigorous criteria for becoming a Blue Distinction Center® include:

- The hospital must be fully accredited, participate in patient safety initiatives with the Institute for Health Improvement, use Electronic Health Information Technology, demonstrate nursing excellence and have a pain management program/protocol in conjunction with anesthesia;
- · The physicians/surgeons must be Board Certified and participate in maintenance of certification;
 - The physicians/surgeons must be Board Certified

 $and\,participate\,in\,maintenance\,of\,certification\,and;\\$

· There must be a high volume of knee and hip replacement procedures.

Eric Marsh, MD, a Harvard trained hip and knee surgeon at VOC said "better outcomes after joint replacement are seen at programs such as ours that do a high volume of such surgery, thereby making complex procedures very routine." The program also includes a pre-operative education program so that the patients know what to expect every step of the way.

Surgery for hip or knee replacement is a big decision. So, finding a surgeon and a hospital with recognition resulting from a long history of success is important. "I am extremely proud of our award winning Joint Replacement Program. We perform these complex procedures routinely and extremely well," said Melbourne D. Boynton, MD, a knee and shoulder specialist and Clinical Director of Vermont Orthopaedic Clinic.

For more information about Blue Distinction® knee and hip replacement, call 802-625-2937.

HEALTH CALENDAR

May 19 - Rutland. RAVNAH Blood Pressure & Foot Care clinic: Maple Village 10am. Suggested donation \$2 blood pressure, \$5 foot care. 775-0568.

May 19- Rutland. Fitness Lecture Series at Dana Rec Ctr. This week, Strength Training for injury prevention & enhancing performance. 7pm, Dana Gym. 773-1820.

May 22 - Rutland. Intro to Ashtanga Vinyasa Yoga donation class offered every Sunday at Studio Bliss.

May 24 - Rutland. Eye Health Discussion with Vered Sobel, MD of Rutland Eye Physicians, 6-7:30pm, Conference Rm B of RRMC CVPS/Leahy Ctr. Free, open to public. 772-2400.

May 25 - Rutland. RAVNAH Blood Pressure & Foot Care clinic: Godnick Center 12:30pm. Suggested donation \$2 blood pressure, \$5 foot care. 775-0568.

May 25 - Castleton. Castleton Community Center celebrates National Senior Health and Fitness Day with a Precision Walk, refreshments, prizes. All welcome, starting at 9:30am. Rain date May 27

May 25-26 - Rutland. RAVNAH Office hosts bereavement workshop, "A Grief Unattended," 6-7:30pm & May 26, noon-1:30pm. Free, open to public. Those who are grieving as well as those who are comforting the bereaved are welcome. Pre-registration required, 770-1516

May 26 - N. Clarendon. RAVNAH Blood Pressure & Foot Care clinic: Community Center 12:30pm. Suggested donation \$2 blood pressure, \$5 foot care. 775-0568.

Mons. - Rutland. Look Good...Feel Better program. Free. Female cancer patients learn beauty techniques; 1pm, 1st Mon. of e/o month (June. 6 next), RRMC. 1-800-ACS-2345.

Mons. - Rutland. Low impact exercise group for those with Parkinson's Disease, 2:30pm Mondays, Godnick Adult Center. Free. RSVP sponsors.

Mons. - Bridgewater. Zumba at Bridgewater Grange, \$4. 6:30pm. Mon. Wed. Fri. - Rutland. 10:30-11:30am - Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10 classes. Holiday Inn Pool, 775-1911.

Mon. & Thurs. - Rochester. Bone Builders exercise program meets 9am, Park House. Lightweight resistance training to help slow down or reverse osteoporosis. 767-3416.

Mons. & Thurs. - Rutland. Commit to Quit program at RRMC. 4 wk program begins 1st Mon. of each month. Mons. 4:30-5:30pm or Thurs. 9-10am. Register 747-3768. Free!

Tues. Sex Addicts Anonymous – SAA. Are you suffering from compulsive sexual behavior? Call hotline 1-800-477-8191. Rutland's 12 step group meets weekly at Grace Church, 8 Court St, Rutland. 6:30-7:30pm.

Tues. - Rutland. Woman to woman cancer support group meets 1st Tues. of month, 5-6:30pm, CVPS/Leahy Comm. Health Ed Ctr, Conference Rm C. Potluck meal. All women with any type of cancer welcome. 747-1693.

Tues. & Thurs. - Mendon. Weekly Senior Citizens Bone Builders free exercise classes. 10-11am. Mendon Methodist Church. 773-2694.

Mon., Tues. & Thurs. Killington - Anusara Inspired Yoga classes at Killington Yoga, Mon. 8:30am mixed level, Tues Level 1 & Thurs Level 2, 5:30pm. killingtonyoga.com. 422-4500.

Weds. - Mendon. Mendon Senior Citizens plan meeting 1st Wed. of month at Mendon Methodist Church. 773-4187.

Weds. - Dorset. RAVNAH & Dorset Nursing offer 6- session grief education & support group, e/o week. Dorset Nursing Office, noon-1:30pm. Pre-registration required, 770-1516.

Weds. - Rutland. Tea for the Soul support group for those with chronic illness or life-threatening illness. 1st & 3rd Wed., 2-2:30pm. CVPS/Leahy Ctr at RRMC. 747-1693.

Weds. - Rutland. Man-to-Man Prostate Cancer Support Group meet 5:30nm, 4th Wed, of month @ RRMC, Spouses welcome, 483-6220.

Thurs. - Mendon. Mendon Sr. Citizens monthly gathering for meals at Countrymen's Pleasure, 4pm or Sugar & Spice 11:30am. 2nd Thurs. of month, rotating location. \$5 donation. RSVP 773-4187.

Thurs. - Brandon. Weight Watchers Meeting, 5pm, Brandon Senior Center. **Killington** - Kripalu Yoga LouiseHarrison@live.com or call Louise

747-8444. Weds. 8:45am, ongoing class. Private & small group classes by appt.

Poultney - Young at Heart Senior Center has Free Bone Building

Class Tues & Thurs, 9:30-10:30am. 287-9200.

Pittsfield - Bikram Yoga @ Pilates, Yoga & Adventure Center. Mon. & Wed. 5:30 & 7:15pm. Tues. & Thurs. noon, 5:30pm. Fri. noon. Sat. 9am. Sun. 9am & 4pm. All ages & abilities. 866-677-4268.

Castleton - Castleton Community Center offers Bone Builders, Movement Medley, Better Balance programs, more. Call 468-3093. **Rutland** - Pyramid Holistic Wellness Center offers yoga, kickboxing,

meditation, dance, martial art & more. All classes drop-in. See ad for details. 775-8080.

Rutland - RAVNAH and RRMC offer classes for parents-to-be

including Birth and Beyond, Birthshop. Register: 775-0568. **Rutland -** AA Hotline, Rutland area: 802-775-0402, 24 hours.

Rutland - Al Anon: Call Pete: 773-9548 or Marcia: 775-7479 for meeting info. Beginner meeting Fris, 7pm, The Evergreen Ctr.

Killington - AA Meetings, Sherburne United Church, (little white church, Rte. 4). Tues., 7pm. Thurs., noon. Sats., 7:30pm.

Working With Youth Conference in Killington

The SafeArt Teen Ensemble performs original songs, dance, and skits for youth leaders at the Killington Grand Hotel for the 2011 Working With Youth Conference, May 20. Performance begins at noon, workshop at 2:30pm.

SafeArt is an arts organization that believes that the freedom of self-expression is the best medicine. We use the transformative power of the arts to create an open dialogue addressing traumatic abuse. Topics range from poor body image and substance abuse to domestic and relationship violence.

The SafeArt Teen Ensemble is comprised of 6 central Vermont teenagers that create original poetry, songs, skits and dances addressing issues that are important to them – ranging from bullying to sexual abuse. They speak out to help those who have experienced abuse understand they are not alone and to normalize the conversation surrounding trauma. Followed by a discussion lead by the teens, these performances are an entertaining and inspiring way for youth leaders and parents to encourage their own voice and inspire others to speak.

Following the performance is an opportunity to experience SafeArt during an afternoon workshop. At the workshop participants will learn how to facilitate a



creative, interactive environment for youth to gain the confidence to speak out.

We believe in the power of arts to create personal and social change. For more information, call (802) 685-3138.



Mon 8:30am | Tues & Thurs 5:30pm • Walk-ins welcome • 802-422-4500

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NIGHTCLUBS

THURSDAY, MAY 19

Clear River Tavern

Eve-Open Mic

FRIDAY, MAY 20

Lake House Pub & Grille Eve-Aaron Audet Clear River Tavern Eve-Clear River Band Sabby's HH-Brad Morgan

TUESDAY, MAY 24

Ramunto's B'Water Eve-Open Mic Clear River TavernEve-Summer Pool League

MUSIC

May 20 - Randolph. The Next Generation, outstanding h.s. age classical musicians, perform piano, flute, violin, vocals, piano, string ensembles. \$15 adults, \$10 students 18 & under. 728-6464.

May 20 - Tinmouth. Jenni Johnson & Friends perform jazz & blues at Old Firehouse. 7:30pm. \$9 donation at door. 446-3953 for info.

May 21 - Tunbridge. Jeni and Billy, an Appalachian folk music duo, perform for MountainFolk, 7:30pm, Tunbridge Town Hall. \$20 at door. 431-3433 for more info.

Ongoing:

Mons. - Rutland. Rutland Curbstone Chorus practices 7pm, Rutland High School. Open invitation for any men interested in singing - join them!

Suns. - Brandon. Informal musical entertainment Sunday afternoons, if & when musicians turn up! We invite competent musicians to come & perform - no fee, no formality! Brandon Music.

SPORT/LEISURE

Now - Rutland. RNRCD offers Spring Trout Stocking Program - 6-8" & 10-12" rainbow & brook trout on May 21. Pre-order thru May 18, 775-8034 x17. You pick up at Conservation District office.

May 19 - W Rutand. Rutland County Audubon monthly monitoring walk around West Rutland Marsh. Free, open to all. Meet West Rutland Price Chopper parking lot at 7 a.m.



May 21 - Cuttingsville. Killington Section GMC event: Relive the Patch Hollow Horror - hike to the scene of the crime, grass skirts optional. Moderate, 3.5-4 mi. Meet Rutland's Main St Park 10am. 492-3573.

May 21 - Rutland. Flipside Skate Park at Giorgetti park open for the season! Skateboard & BMX riding camps available - call now! 773-1822 x19.

May 21 - Brandon. Discovering Hawk Hill: Wings on Hawk Hill, 8-10am, Otter Valley School. See area birds. No dogs please. Wear bright colors. Families welcome. Meet south end of OVHS parking lot. Info, 446-7030.

May 21 - Castleton. NRA Youth Hunter Education Challenge, open to age 19 & under who has Hunter Education Safety card or valid hunting license. Edward Kehoe Conservation Camp, 8-5. Pre-register at 241-3720, required.

May 21 - Wallingford. Bike Safety Day at Wallingford Elem School, 10-1. 200 Helmet giveaways, free bicycle safety inspection, free mini-prizes, lots of fun. Bike raffle.

May 21 - Rutland. RCHS Holds Texas Hold'em Benefit Tournament at Bowlerama. Registration & \$10 satellites 11:30am, main \$50 tourney 1pm. Side games before/after tourney.

May 22 - Mt. Holly. Mt. Holly Volunteer Rescue Squad holds BINGO at Mt. Holly Elem. School. Doors 11am, games start 1pm. \$20/20 games. Cash prizes. Free BBQ. 259-6001.

May 24-25 - Killington. May 24, 5th annual Jeff's Night BBQ, Beer & Bonfire Bash, 6pm, GMNGC. \$20. May 25, 7th annual Jeff's Day Pro-Am Golf Tournament, 10:30am shot gun start, GMNGC. \$125. Last Big Event! All proceeds ALS .422-4653 to register.

May 26 - Castleton. Castleton Community Center hosts Barbara Hoffman to call & teach contra dances. 6:30-7:30pm. No partners are necessary, just come and have fun!

June 5 - Rutland. Southwest Freedom Riders Annual Blind Run. Sign-In 9-10:30am, Seward's Family Restaurant. \$5/person. Cash prizes.

July 16 - Goshen. Goshen Gallop, rugged 10K (or 5K) race, begins 4pm at Blueberry Hill Inn. \$35 pre-registered. \$40 day of. Proceeds Moosalamoo Assn. www.moosalamoo.org

July 23-Manchester. Susan G. Komen Race for the Cure, 5K run or walk benefiting & spreading awareness about breast cancer. Register by May 8 to be entered into drawing for spa pkg at Equinox Resort. komenvtnh.org

Ongoing:

Rutland - Swimming - The Mitchell Therapy Pool at VAC offers general swimming, aquacise & aquaerobics, swim lessons for infants to adults & private pool rentals. 773-7187 for more info.

ANNUAL RUTLAND SPRING SWAP MEET

Sunday, May 22, 2011 9am-5pm at the Spartan Arena

Admission \$5 (Children under 12-FREE)
Enjoy Bike Show for \$5 and Free Tattoo Contest

Refreshments Available

Sponsored by
The Southwest Freedom Riders, Inc.
P.O. Box 735 • Rutland, VT 05702
1-888-299-SWFR
www.SWFRVT.com

Pittsford - Pittsford Rec Dept offers guided walks on Pittsford Trail Network. Walk, hike, snowshoe. Get some exercise, meet new people, get to know trail system. RSVP 468-6500 x17.

Thurs. - Rutland. ACBL Sanctioned Bridge Games nights @ Godnick Senior Center. \$5/ player, guaranteed partner. 287-5756.

Thurs. - Rutland. Chess Club, 7pm, Dana Rec Ctr. Rm. 32. Open to public, free, all ages. Beginners welcome. 773-1822.

Thurs. & Suns. - Wells. Modern Woodmen of America holds Bingo, including special game to benefit a local charity or good cause.

Fridays - Pittsford. Adult Women's Basketball - Open Gym. Friday nights, 6-8PM. Police Academy, Furnace Road. More info: Tara 417-7331.

VARIETY

Sats & Tues. - Rutland. Downtown Rutland Farmers Market open! Sats. 9am-2pm & Tues. 3-6pm May-Oct., in Depot Park.

May-Ludlow. Classes at Fletcher Farm School: May 21-22, Viking Knit Jewelry. May 28-29, Decorative Copper Creations for Home & Garden. May 28-29, Living Willow Structures for the Garden, green workshop. More upcoming. 228-8770 for times, fees, details.

May 19 - N. Clarendon. 250th Birthday Celebration for Clarendon organizational meeting, 7pm, Clarendon Fire Station. Info, 773-6470. Volunteers needed!

May 19 - Rutland. RRCC hosts seminar on Facebook 101 & More. 8-10am & 5-7pm. Franklin Conference Ctr. \$25/ session non-members, \$20/ members. Pre-registration & payment required - 773-2747.

May 19, 21-22-Woodstock. WUHS Yoh Theatre Players present AJunkyard's Night Dream. May 19 & 21, 7:30pm, May 22, 5:30pm. 457-1317. Yog Theatre Auditorium, WUHS. Refreshments by donation. Tickets at door, \$4 students, \$6 adults. No Friday performance!

May 20 - Rutland. Boys & Girls Club of Rutland County annual fundraiser - 3rd Annual Lobster Clam Bake, 6pm, Rutland Country Club. Live auction, music, dancing, raffle, golf challenges.

May 20 - Rutland. CKS 25th annual dinner & raffle at Franklin Conference Ctr. Raffle - huge cash prizes. 6:30pm. 773-0500 for tickets.

May 20-21 - Rutland. 3rd annual flea market/craft fair to benefit BROC Community Action in SW VT. President's Bldg, VT State Fairgrounds. Inside/outside, new & used items. Raffles. 773-9480 for a space.

May 20-22 - Ludlow. BRGNS Gigantic Spring Rummage Sale. Fri & Sat, 10-4, Sun. 10-2, Fletcher Farm. Check out the baked goods table this year! All proceeds benefit the needy in the area.

May 20-22 - Rutland. Big the Musical, performed at Paramount Theatre by Rutland Youth Theatre. \$8 students/srs. \$10 adults.

May 21 - Rutland. Civil War Muster at Main St. Park, 9am-4pm. Civil War reenactments & displays. Celebration of 150th anniversary. Free admission.

May 21 - Pittsford. RCHS Annual Yard Sale to benefit homeless animals. 9am-2pm.

May 21 - Quechee. VINS 19th Annual Go Wild, Go Birding! Explore world of birds with interactive games, crafts, trivia, walks, special visits from animal ambassadors, more. Programs start 11am.

May 21 - Clarendon. Horse Psychology Clinic at Spring Hill Horse Rescue, 11am-3pm. \$25, proceeds benefit homeless horses at SHHR. 770-0914 for questions, registration not required.

May 21 - Rutland. Tea & Fashion Show at Rutland United Methodist Church Fellowship Hall. 2pm tea, fashion show follows. Christopher & Banks presents. \$9 advance, \$10 at door. 773-2460.

May 22 - Rutland. Southwest Freedom Riders Annual Rutland VT Spring Swap Meet, 9am-5pm, Spartan Arena. \$5 - under age 12 free. Bike show, tattoo contest. 7888-299-SWFR.

May 22 - W. Rutland. A Variety Show for Japan presented by St. Bridget & St. Stanislaus Kostka Churches. 3:30pm, W. Rutland Town Hall. Local talent featuring music, comedy, dance. \$8 adults, \$5 kids/srs. \$20 family. Funds raised sent directly to Catholic Relief Services to help work in Japan.

May 23 - Ludlow. First Committee Meeting for 250th anniversary celebration, 3pm, Town Hall. Anyone interested welcome to attend. 228-2841.

May 24 - Rutland. Vt Civil War Sesquicentennial Commission meeting, 10am, Grace Church. Anyone interested invited to attend. Don Wickman provides walking tour of Rutland after. Car pools encouraged.

May 25 - Killington. Killington Arts Guild poetry program at Sherburne Memorial Library - Arspoetica. Read, write & listen to poetry. 6pm. 422-3824.

May 26 - Rutland. Southwest Freedom Riders monthly meeting at Seward's Family Restaurant, 7pm. Guests, new members & all bikes welcome.

May 27 - Brandon. Brandon Farmers Markets opens in Central Park, 9am-2pm.

May 27 - Ludlow. Ludlow Farmers Market officially opens, 4-7pm.

June 2 - Quechee. Animal Fare Gala to support Lucy Mac Humane Society, at Quechee Inn at Marshland Farm, open to public. Live music, silent & live auctions, dinner, drinks. \$75/tickets. 484-5829 to reserve space.

Rutland - Boys & Girls Club open 2:30-7:30pm school days. Drop in \$1/ visit. Lots of events. 747-4944 for details.

Killington - Sherburne Memorial Library Events: Killington Arts Guild acrylics workshop meets every Tues., 10am-noon, free. Tues, 2pm - Matinees. Weds - Mother Goose Story Time - 10:30am. Fris - Preschool StoryTime, 1:30pm. 422-3824.

Woodstock - Woodstock Farmer's Market held in social hall of the Woodstock Unitarian Church, 10am-1pm, 4th Saturday of the month through April. 457-3889.

Mons. - Pittsfield. Pittsfield Historical Society meeting, Town Hall 3rd Monday of the month, 7pm.

Tues. - Rutland. 1st & 3rd Tues. of month, Rutland Area Toastmasters Club meets 6:30-8pm, Dana Rec Ctr. Open to all. International organization which fosters public speaking & leadership skills through local clubs.

Weds. - Killington. Killington Rotary Club meets at Summit Lodge 6-8pm for full dinner, guest speaker and/or discussion. Seeking new members! May 25 - Mac Janney, Vermont Adaptive Ski & Sports.

MUSEUMS & EXHIBITS

Thru May 29 - Rochester. Exhibit at BigTown Gallery - "Mark Goodwin: An Introduction," Sculpture & Drawing. Call for info, 767-9670.

Art & Antiques on Center - 17 Center St, Downtown Rutland. Normal hours resume May 14, Mon-Sat, 10-5. 786-1530.

Billings Farm & Museum - Woodstock. Rt 12N & River Rd. 457-2355. Afirst-class working farm, operating with a museum of Vermont's rural heritage, dating back to 1871.

Brandon Artists Guild - Brandon. Open daily 10am-5pm.

Brandon Museum - Brandon. At Stephen A. Douglas Birthplace open for the season. Daily, 11am-4pm, free, open to public. Also houses Brandon Welcome Center & municipal restrooms, open 8am-6pm all year round.

Brandon Music - 62 Country Club Rd., Brandon. Art Gallery open 10-6 daily, closed Tues. Harmony English Tea room 2-5pm daily, closed Tues.

Brick Box - at Paramount Theatre, Center St., Rutland. Gallery hrs: Thurs-Fri, 11am-6pm & Sat., 10am-2pm & during Paramount Theatre performances. 775-0903.

Carving Studio & Sculpture Center - Marble St., W. Rutland. 438-2097, carving@vermontel. net. Sats. & Suns., 1-4pm & by appt.

Chaffee Center for the Visual Arts - S. Main St., Rutland. Weds.-Sat. 10-5, Sun. 10-4, closed Mon. & Tues. 775-0356. Thru Jun. 18, Human=Landscape: Aesthetics of a Carbon Constrained Future exhibit.

Chandler Gallery - Randolph. Gallery hrs: Thurs. 4-6pm, Sat. & Sun. 1-3pm. 728-9878.

Killington Arts Guild Fine Art Gallery - at Cabin Fever, Rt. 4. Open business days 9-6:30pm. Art Mix members show thru July 5.

Maclure Library - Rt. 7, Pittsford. Mon., Tue., Fri., 1-6pm; Wed., 10-8; Thur., 10-6; Sat., 9amnoon. 483-2972.

Montshire Museum of Science - Norwich. Open 7 days year round, 10am-5pm. 649-2200.

New England Maple Museum - 4578 Rte 7, Pittsford. Open for the season. Off- Season Rates. Groups over 12 can request "Sugar on Snow" by reservation. 483-9414 for info. Spring hours 10AM-4PM daily.

Norman Rockwell Museum - Rt. 4E, Rutland. 773-6095. Self-guided tour. Open daily.

Norman Williams Public Library - Woodstock. 457-2644. Open Mon., Fri., & Sat., 10-5, Tues., Wed., Thurs. 10-7.

Pittsford Historical Society - Pittsford. Thru July 4, Tues. 9-4. July 5-Oct. 11, Tues. 9-4, Suns. 1-4. Oct. 12-Nov. 16, Tues. 9-4.

Rutland Historical Society - 96 Center St., Rutland, 775-2006. Year-round, Mon., 6-9 pm, Sat, 1-4pm, by appointment for schools or other groups.

Rutland Railway Association - Center Rutland Depot. Former Rutland Railroad depot. Museum exhibits the Rutland Railroad. HO &

CD's & Giftshop
Harmony
Tea Room

Point CounterPoint Chamber Players
Saturday, May 28, 2011 • 7pm • Tickets \$10

The Chamber Players include David Lamse, Miho Zaitsu, and Arielle Levioff, will perform works by C. Stamitz, D. Kabalewski,
Clara Schumann, and Cécile Chaminade.

62 Country Club Road, Brandon • 802-465-4071

info@ brandon-music.net • www.brandon-music.net Store & Gallery 10am-6pm, Tea Room 12-5pm daily (closed Tuesdays) The Mountain Times • May 19-25, 2011 • 9 N scale models. Open Saturdays 11am-3pm.

Slate Valley Museum - Water St., Granville, NY. 518-642-1417 for info.

Timco Gallery - Center St., Rutland. Gallery hrs Mon - Sat. 773-3377. Portion of sales proceed local student art programs.

VINS Nature Center - Rt 4 (Next to the Quechee Gorge) Quechee. Daily activities, programs, exhibits, Nature Store. Open 10-5 daily. Programs thru Jun. 15 - 11am, Raptor Encounter; 2pm, Talk to the Trainer. 359-5000 for info.

Wallingford Historical Society Museum - Town Hall, School St., Wallingford. 446-2831. Permanent collection of costumes, photographs, memorabilia.

William Feick Arts Center, Green Mtn College, Poultney. Gallery hours M-F, 1-5pm. 287-8000.

Woodstock History Center - 26 Elm St, Woodstock. Fri-Sun 12-4pm. Other days by appointment. Art, furniture, clothing, musical instruments, more. 457-1822 for info.

COMING UP

May 27-30 - Killington. Killington Stage Race, 3 day professional & amateur competitive cycling race. 279-2457 for info.

Aug. 14-15 - Killington. Circus Smirkus is coming to Pico Mtn! Traveling youth circus. Tickets on sale May 1 - advance purchase recommended - they sell out fast! smirkus.org

Calendar space is FREE to advertisers

& non-profit community organizations. To publicize your event, please send us the following information: Description, date, time, place, fees, phone number, additional details. Mail: The Mountain Times, P.O. Box 183, Killington, VT, 05751. Email: editor@mountaintimes. info

All information must be received at least one week prior to the newspaper publication date.





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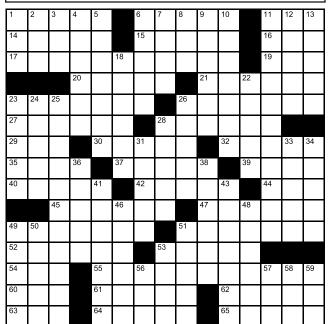


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JustForFun

Each block is divided by its own matrix of nine cells. The rule for solving Sudoku puzzles are very simple. Each row, column and block, must contain one of the numbers from "1" to "9". No number may appear more than once in any row, column, or block. When you've filled the entire grid the puzzle is solved.

This week's solution on page 22



ACROSS

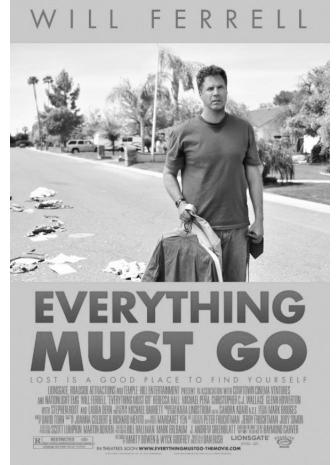
- 1. Handrail support
- 6. Chin indentation 11. "A Nightmare on
- Street" 14. Resident of Orissa, India
- 15. Personnel director
- 16. Formerly known as
- 17. Decay
- _ fallen ...'
- 20. Parkinson's drug
- 21. Aim
- 23. Sows again 26. Burger bun topping
- 27. Wing case
- 28. Jupiter moon
- 29. Flipper
- 30. Cook, as clams 32. Fertilizer ingredient
- 35. Carve in stone
- 37. "Enigma Variations" composer
- 39. Ten cents
- 40. Therapy 42. Coffee order
- 44. Atlantic catch
- 45. One causing
- disturbance of peace 47. Enlarge
- 49. One more
- 51. Ground corn and
- mesquite beans (pl.) 52. More clownlike
- 53. Diana __ , Canadian
- jazz singer
- __ bad!" 54. "_
- 55. Insignificant
- 60. Flightless Australian bird 61. Going to the dogs, e.g.
- 62. Sayings of Jesus
- 63. Alliance that includes
- Ukr. (acronym)
- 64. Main blood carrier 65. Adhesive

DOWN

- 1. Affirmative head motion he drove out of
- 3. Humor
- 4. Small hole with stitched edges
- 5. Pantries
- 6. Whacks
- 7. 100 kurus
- 8. Victorian, for one
- 9. Shackle 10. Betrayal of one's country
- 11. Puzzling
- 12. Embankment to prevent nooding
- 13. Athletic events
- 18. Halogen salt 22. Quick
- 23. Allude
- 24. A-list
- 25. At the same time 26. Poison plant
- 28. Avid
- 31. Greater in age
- 33. Be theatrical
- 34. Advice (pl.)
- 36. Half of Hispaniola 38. An angular measure
- 41. Artist locale
- 43. Wangle
- 46. Shipworm 48. Walk with a bounce
- 49. Montezuma, e.g. 50. A Judd
- _ donna 51.
- 53. Bow or overhand, e.g.
- 56. Balloon filler
- 57. Self-importance
- 58. Half a dozen
- 59. Express in words

Answers on page 22

Capsule reviews of films opening this week by The Associated Press



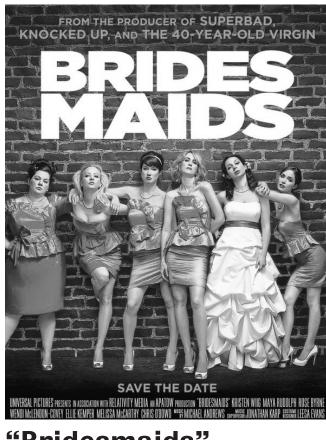
"Everything Must Go"

by Christy Lemire, AP Movie Critic

Will Ferrell has deviated from his comic persona from time to time, giving more dramatic performances in movies such as "Stranger Than Fiction." But no film has asked him to delve into the kinds of deep, dark places required of him here, and he more than rises to the challenge. Ferrell's stripped-down presence is a thing of elegant melancholy - even when his character is at his ugliest and worst. He never seems to judge the man he's playing, Nick Halsey, who thinks he's hit bottom but then finds he can continue falling. He just becomes this person in small, quiet ways. And in the hands of first-time writer-director Dan Rush, based on a Raymond Carver short story, "Everything Must Go" is a small, quiet movie. It may feel a bit too languid at times, but the pacing also allows time for us to ruminate alongside Nick, to take it all in - for better and for worse. When we first meet Nick, he's being fired from his job as a longtime salesman. When he arrives at his suburban Phoenix home, he finds his wife has left him, changed the locks and alarm codes, and scattered his belongings on the front lawn. Rather than panic, he proceeds to live in his vard and drink beer all day. Rebecca Hall and Christopher Jordan Wallace are lovely in different ways as the neighbors who help him slowly emerge from his fog.

R for language and some sexual content. 96 minutes. Three stars out of four.





"Bridesmaids"

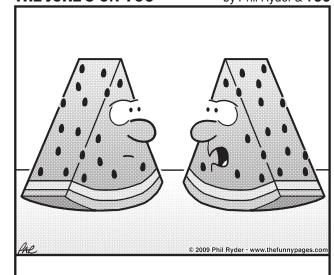
by Christy Lemire, AP Movie Critic This takes the typically cliched wedding movie genre and completely upends it and reinvents it into something surprisingly daring and alive. But it also takes the Judd Apatow-style buddy comedy, with its mixture of raunchiness, neurosis and sentimentality, and tailors it to female experiences and sensibilities. That the film achieves both of these ambitious goals simultaneously while remaining (mostly) hilarious is a testament to the power of Kristen Wiig as co-writer and star, and to the awesomely eclectic ensemble cast of strong comedians who surround her. Like the comedies Apatow has directed - and here he serves as a producer - "Bridesmaids" drags on longer than it should. It also features a ridiculous gross-out scene that was unnecessary: "Bridesmaids" is too smart, too clever and too inspired to fall back on formula. The presence of Wiig, front and center, ensures that. She stars as Annie, a Milwaukee woman who's recently lost her bakery and her boyfriend. The one bright spot in her life is her best friend Lillian (Maya Rudolph), who's just announced that she's getting married and wants Annie to be her maid of honor. But Annie ends up competing with Lillian's new BFF, the perfect and passive-aggressive Helen (Rose Byrne). Meanwhile, Melissa McCarthy steals the whole film as Lillian's wildly

inappropriate future sister-in-law. R for some strong sexuality and language throughout. 125 minutes.

Three and a half stars out of four.

THE JOKE'S ON YOU

by Phil Ryder & YOU



"Guess what I just heard about Sally! ...Seed implants!"

- Gary Allard • Pensacola, FL

DiningGuide

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& ROTISSERIE

422-4030

Glazebrook Center, Killington Rd., Killington Chef Claude and his staff offer exceptional food, service and views in a bistro setting. The Rotisserie offers chicken, lamb and pork, and the menu features sandwiches, homemade pastas and the finest in steaks, fish and seafood. VISA, MC, AMEX.

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LAKE HOUSE PUB & GRILLE 273-3000

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Chef owners, Brad Burns and Fred Field invite you to the Lake House Pub & Grille. Live Sunday jazz brunch entertainment, special children's meals, full bar and an extensive wine list. Lake views and deck dining all on beautiful Lake Bomoseen. Also private parties, rehearsal dinners, showers and weddings. AMEX, VISA, MC, DISC

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Only 11 miles from Killington and Rutland. Dining complemented by breathtaking views of the lake and mountains. Creative American cuisine in the Highlands Dining Room. Casual dining and pub fare in the Highlands Tavern. Extensive selection of wine and beer. Full bar available. Open year round to the public. Reservations suggested. Kids welcome. Seasonal outdoor dining. www.mountaintopinn.com. MC, VISA, AMEX

RAMUNTO'S BRICK 672-1120 & BREW PIZZA

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American Cuisine with a European Flair. Extensive wine list. Charming surroundings. Open for fine dining or tavern fare. AMEX, MC, VISA, DISC

SEWARD FAMILY 773-2738 RESTAURANT

224 N. Main St. (Rt. 7), Rutland

VT home-cooking at affordable prices. Breakfast, Lunch & Dinner, daily specials. Steaks, chicken, seafood, wonderful burgers, sandwiches, even "Heart Healthy" menu items, salad bar, and children's menu. Our own ice cream-39 flavors! Large parties welcome. Our dairy-gift store has Vt. foods & lots of gifts. MC, VISA, DISC.

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| Vermont Inn | | | • | • | | | • | | | • | | | • | | • | |

SUGAR AND SPICE RESTAURANT

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THE VERMONT INN

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Serving breakfast and lunch seven days a week. Specialties run from pancakes & French toast with real maple syrup processed on premises, soups, sandwiches, burgers. Working sugar house. Gift shop featuring Vermont products. Homemade candy and ice cream. MC, VISA



Route 4, Killington Enjoy New England

Enjoy New England and Continental Cuisine by a wood burning stone fireplace in a comfortable and warm c. 1840 farmhouse style dining room. Game Room. Children's menu. Full bar and wine list. Dinner Reservations Sugg. Drop in late afternoon or even after dinner for cocktails, appetizers, a light dinner, or desserts at Duffy's Pub. Enjoy a wood burning stove, television, and casual conversation with guest and Innkeepers at the Bar.

Vermont State Historic Sites Open May 28 Six of Vermont's State-owned Historic Sites will open for the 2011 season on Saturday, May 28.

"These beautifully preserved gems allow us to see history where it happened," says John Dumville, Historic Sites Operations Chief at the Vermont Division for Historic Preservation. "They tell us the exciting story of Vermont and our nation--from the first inhabitants to the Vermonter who became our 30th president." A full schedule of special exhibits and events are planned for the public's enjoyment.

Vermont played an important role in the American Revolution. Mount Independence in Orwell is one of the nation's best-preserved Revolutionary War sites, and celebrates the 235th anniversary of the start of construction. The annual Soldiers Atop the Mount weekend is July 23-24. The Hubbardton Battlefield is hallowed ground, the location of the July 7, 1777, battle where Green Mountain Boys fought the English to enable the main American forces withdrawing from Mount Independence and Fort Ticonderoga to head southward in safety. Hundreds of reenactors will gather on July 9-10 for the popular battle weekend to commemorate the 234st anniversary of the battle.

On August 16, 1777, Americans successfully fought British troops trying to capture desperately needed supplies in Bennington. These battles led to victory that October at Saratoga and to American independence. The 306-foot Bennington Battle Monument, the state's tallest structure, was completed in 1891 and offers glorious views from the top. The big event commemorating the battle will take place on August 13-14.

Vermont's Constitution, signed on July 8, 1777, at a Windsor tavern (the Old Constitution House), was the first in the nation to prohibit slavery, authorize a public school system, and establish universal manhood suf-

frage. On July 10 a symbolic Revolutionary relay from Hubbardton to Windsor will convey the news to the constitutional convention about the fall of Mount Independence and the battle at Hubbardton.

Millions of Americans owe their higher education to Strafford's Justin Smith Morrill, whose acts in the U.S. House and Senate established the Land Grant Colleges. The outstanding 1840s Gothic Revival style Morrill Homestead and gardens he designed look much as he left it.

America's best-preserved presidential site is the rural village of Plymouth Notch. Calvin Coolidge, born here in 1872, also became president here in a dramatic early morning inauguration on August 3, 1923, after President Harding's death. An exciting new exhibit on Coolidge and his accomplishments will open in August.

The Bennington Battle Monument opened for the season on April 16. The Chimney Point State Historic Site in Addison is closed for a second year due to the Lake Champlain Bridge construction, but will be open for the bridge opening celebration weekend sometime this fall. The popular annual Northeast Open Atlatl Championship weekend, Sept. 17-18, will be moved again this year to Mount Independence in Orwell.

Opening on July 2 are the 1783 Hyde Log Cabin in Grand Isle, one of America's oldest log cabins and the President Chester A. Arthur Historic Site in Fairfield. Born in 1829, Arthur became president upon the fatal shooting of James Garfield and was a champion of civil rights and civil service reform.

For more information, visit www.HistoricVermont. org/sites.



Rutland Youth Theatre presents Big - The Musical, at the Paramount Theatre.

Tom Hanks' 1987 hit movie bursts onstage in this vibrant, funny and touching musical. When frustrated adolescent Josh Baskin wishes he were "big" and wakes up the next morning a 30-year-old man, he discovers there's much more to being an adult than he's bargained for. He learns we must all grow up at our own pace, in our own time. Original story is adapted to welcome all ages. Come join a cast of 50 local area talented actors and a youth orchestra this spring for some great fun and laughter!

Directed by Saskia Hagen Groom, BIG – The Musical will be a Full Broadway production with Live Youth Orchestra and custom built Walking Floor Piano. Performances are May 20 and 21, at 7pm, and May 22 at 2pm, at Rutland's Paramount Theatre.

For tickets call 802-775-0903 or visit www.paramountvt.org. General admission is \$8 for children and seniors, and \$10 for adults.

Rutland Youth Theatre is part of the Rutland Recreation and Parks Department and is a non-for-profit municipal organization. For more information on upcoming productions and workshops, please visit www.rutlandrec.com/theatre.







A community-wide focus on youth and the arts begins May 17 and concludes May 22 in Woodstock. The six-day event inclusive of live music, visual art and theater is being coordinated with Nina Salvatore, head of the Woodstock Union High School art department and two parents of high school students, John Snyder, serving as sound technician and band mentor, and Deborah Neuhof, volunteer event coordinator.

The arts focus opens with the Woodstock Union High School Art Show held at the Woodstock Middle School gymnasium from 6-9 p.m. May 17; 9 a.m. to 3 p.m. and 6 p.m. to 9 p.m. May 18; and 8 a.m. to 3 p.m. May 19.

Joining visual artists on May 17 is The Current Flash performing at 6 p.m. at the Middle School followed by the Woodstock Union High School Spring Concert 7 p.m. at Yoh Auditorium.

Live theater comes to town at 7:30 p.m. May 19 and May 21 and at 5:30 p.m. May 22 at Yoh Auditorium when the Yoh Players perform "A Junkyard Night's Dream" reminiscent of The Bard.

On Saturday, May 21, from 1 p.m. to 7 p.m., there will be the First Annual Summer Kickoff Arts & Music Benefit Concert, a student-inspired happening, with all proceeds benefitting Woodstock Union High School arts and music programs. The Current Flash, Hannah Hoffman Band and Sound Citizen will perform in the Woodstock High School Amphitheater (rain location Union Arena). Tickets are on sale at the gate at \$5 and free for ages under 12. There will be a food concession.

Jenni Johnson "Jazzes Up" Tinmouth Concert

Popular Vermont-based singer, Jenni Johnson, will be appearing at the Old Firehouse in Tinmouth Center on Friday evening, May 20th, at 7:30 p.m. Those who have heard her in the past have been mesmerized by her versatile renditions of jazz and blues standards.

Jenni has shared her talent in many diverse events ranging from local club and school appearances to major community programs, including as a touring artist for the Vermont Council on the Arts. Jimmy Swift, chair of Burlington's First Night program, hailed her as "Burlington's popular vocalist...guaranteed to blow your winter blues away." She has demonstrated that power in her previous Tinmouth appearances.

As "Jenni Johnson and Friends," Jenni has sung with numerous musicians of local and national fame, and she will be bringing some her "Friends" with her to Tinmouth. This is a performance you will not want to miss.

The Old Firehouse is located on Mountain View Road just off Route 140 in Tinmouth Center. For more information about this concert, contact Rene Wilbur at 446-3953.

The Old Firehouse Series draws some of the Northeast's best folk and jazz musicians and devoted and enthusiastic music fans to our wonderful stage in the center of Tinmouth, Vermont. The series benefits the Tinmouth Community Fund and asks for a \$9 donation at the door. Colleen Balch, the series Coordinator, can be contacted at (802) 414-0011 for information.

The Vermont Inn







Vermont Farm-to-Table Dining

Vermont Farm-to-Table Dining

Chef Dennis C. Vieira creates an original menu featuring the freshest, regional ingredients. Vermont craft beers and wines of the world in our cozy tavern.

Special Dinner Event to Kick Off the Summer Season!
Our monthly wine dinner events continue on, but we are taking a slightly different turn for June! On Friday, June 10th Chef Dennis will be preparing a five course BBQ dinner with five different Vermont beer pairings. \$35 per person (plus tax & gratuity)





Art Makes Brandon Tick

Memorial Day Weekend is when art lovers expect the Brandon Artists Guild (the BAG) to kickoff the annual fund-raising event. To celebrate "Art Makes Brandon Tick," the traditional Friday night unveiling is open to the public for the first time. An exciting variety of unique and functional artist-created clocks are displayed at the BAG gallery, 7 Center Street (Opening Reception 5:30 to 8 PM, Friday May 27th). Of course, the clocks are on view Saturday and Sunday as well, coinciding with Open Studios Weekend, in which Brandon is the most wellrepresented community statewide.

Commemorating the town's 250th anniversary, Warren Kimble, the art community's Pied Piper says, "It's 'Hour' Time in Brandon." Each year Warren's energy and enthusiasm first jump-starts, and then drives, the momentum for these elaborate projects. In addition to the clocks with working mechanisms, a number of nonfunctional clock panels will decorate the town.

The fund-raising season culminates with an October 8th auction at Brandon Town Hall. Meanwhile, the auction clocks will be showcased at the BAG gallery all summer, along with other clock and timepiece items hand-made by artists for immediate sale.

Some of the approximately twenty-five BAG artist members donating their time and artistry are Liza Myers, Judith Reilly, Robin Kent, Rick Haver, George Wetmore, Steven Zorn, Linda Evans, Klara Calitri, Joan Drew, Karen Deets, Joan Curtis, Sandy Mayo, and, of course, Warren Kimble.

Proceeds from the October clock auction benefit local school programs, the Boys and Girls Club, and the Town Hall renovation project. An annual \$1,000 scholarship is $awarded\,a\,high\,school\,student\,pursuing\,the\,arts.\,The\,fund$ raising project allows the Brandon Artists Guild to continue its mission of presenting arts to the local community.

Dance Contest a Success!

The first annual dance fundraiser to benefit the Mentor Connector was a great success. Using the latest technology...Wii and Kinex...the dance competition started at 6pm with mentors, mentees, guests and staff dancing til 10 pm. All through the night guests were munching on popcorn, pizza, and drinking fresh lemonade. While some guests were dancing, some tried sporting games. The big winners of the night's events were Jaclyn Calamaro and her mentee Cidni Barrett. Reception was so great the Mentor Connector will plan another dance competition in the near future!

If you are interested in becoming a mentor please call 802-775-3434.

A Junkyard's **Night Dream**

Woodstock Union High School's Yoh Theatre Players present "A Junkyard's Night Dream." The Shakespeare's classic, with all is plots, subplots, magic and humor, will be performed with energy and wit, in an unlikely modern setting by experienced Yoh Masters, as well as Yoh Juniors and Middles. Show times are Thursday, May 19 and Saturday, May 21 at 7:30pm, and Sunday, May 22 at 5:30pm.

Directed by Harriet Worrell, the performance is sure to engage and delight audiences of all ages. Join the Players on the stage of Yoh Theatre Auditorium, on the campus of woodstock Union High School on Route 4 west in Woodstock, Vermont.

Refreshments will be available by donation. Tickets at the door are \$4 for students and \$6 for adults. Please note, there is no performance on Friday. For more info, call 457-1317.



Students Learn About VT's Natural Resources

The fourth annual Natural Resources Management Academy, July 8-10, provides a unique opportunity for high school students to explore Vermont's natural resources from its forests and wildlife to its soils and water ecosystems. The weekend program includes the chance to network with natural resources professionals, making it of particular interest to students considering a career in a natural resources-related field.

The academy will be held at the Green Mountain Conservation Camp at Buck Lake in Woodbury. Sponsored by University of Vermont (UVM) Extension 4-H and the Vermont Department of Fish and Wildlife, it's open to any high school student including graduating seniors and anyone entering ninth grade in the fall.

The registration deadline is June 1. The all-inclusive fee is \$90, which covers two nights' accommodations in cabins, meals and all activities.

For registration materials, contact Lauren Traister, UVM 4-H educator, at (866) 260-5603, ext. 402 (within Vermont) or (802) 888-4972, ext. 402, or by e-mail at lauren.traister@ uvm.edu. Complete information and a downloadable registration form may be found on-line at http://www.uvm. edu/extension/4-Hevents. If requiring accommodations to participate, please contact Traister by June 1.

The program is packed with fun and hands-on educational activities including workshops providing extensive, in-the-field exploration of various natural resources topics. On Saturday morning's bird walk, participants will learn strategies for locating and identifying birds as well as talk about how to protect loons in Vermont.

In a second workshop, "Lake Assessment: How is Buck Lake Doing?," the campers will use canoes and water quality kits to assess the lake's health by studying its shoreline, aquatic plants and water quality. During a separate session, they will look at the role of the natural world in ecological planning, including how development can be modified to protect ecological values.

Staff from the Vermont Agency of Natural Resources will discuss the science behind climate change, focusing on how forests store carbon to offset greenhouse gas emissions. Night fishing provides a chance not only to learn various fishing techniques and strategies but also to explore fish habitats and gain a better understanding of water ecology and water resources management issues.

In addition, everyone will take part in a night canoe scavenger hunt, shooting sports and evening campfires and have free time to hike, swim and just enjoy the outdoors. The academy will conclude with a Sunday lunch barbecue and graduation ceremony.

Downtown Rutland Dining Experience

With the onset of pleasant spring weather in the Rutland region, people have emerges from their winter hibernation to be outside whenever they can. What can be a better experience then to enjoy lunch, a cold beverage, dessert or dinner outside?

Downtown Rutland is becoming a mecca for the outside eating experience. Take in the weather, the sights and sounds of city life and people watch as you savor meals provided through Rutland's varied cuisine.

Get out and visit Downtown. Check out the eateries located along Wales, Evelyn and Center Streets plus Merchants Row and enjoy the dining experience.

Eating outdoors gets you away from the indoor environment and helps one recharge.



The Mountain Times • May 19-25, 2011 • 13

16th Annual Castleton Concert's on the **Green Ready to Go!!**

The Castleton Concert on the Green summer concert series is all set, and has once again lined up an outstanding group of performers, ready to present another great summer of "live music" fun and entertainment. The Castleton Recreation Department and the Castleton Concert on the Green organization will present a concert every Tuesday, rain or shine, throughout the summer. The opening concert begins on Tuesday, June 7th, and continues thru Tuesday, August 9th. The green in Castleton, next to the Castleton Federated Church, will be the site for the concerts, except for Tuesday, August 2nd. The site for the August 2nd concert will be at the Castleton State College Old Medical Chapel green. Starting time for all concerts will be 7:00 p.m., SHARP! The rain site for each concert will vary. Please check the schedule.

A full schedule of 10 concerts has been planned. The following series line-up promises to have a wide variety of entertainment, with music to match any taste -- from bluegrass to big band, to swing and latin, jazz and gypsy, folk, soul and blues, country, rock-abilly, and honky-tonk, Dixieland and ragtime, pop and gospel, 50's and 60's -- oldies and goodies -- and, everything in between. You name it, we've got it! Listed below are the dates and performers:

2011 Concert on the Green Summer Concert Series

Tues. June 7th - Jonathan Newell Band - *(FAC)

Tues. June 14th - T. S. Ensemble - *(FAC)

Tues. June 21st - Banjo Dan and the Mid-nite Plow-

Tues. June 28th - Annie and the Hedonists - *(T)

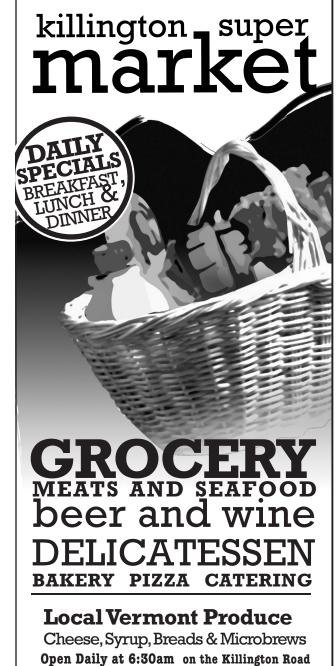
Tues. July 5th - Bluegrass Gospel Project - *(T) Tues. July 12th - New York Players - *(FAC)

Tues. July 19th - Nathan Childer Band - *(FAC)

Tues. July 26th - Satin & Steel - *(TBA)

Tues. Aug. 2nd - Starline Rhythm Boys - (at Old Medical Chapel green) - *(FAC)

Tues. Aug. 9th - Reggie's Red Hot Feetwarmers - *(FAC) *Rain sites: FAC - Casella Theater, CSC Fine Arts Center; T - Tent (Rain sites subject to change)



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Locallews

Rutland Rising... To The Occasion of Changing Times

by Annabelle WestlingWilliams

The name of this column gets more and more fitting every year! Our region is truly on the upswing, as our country increasingly understands the necessity and many advantages of local sustainability. It's hard to know where to begin; here's a sampling of what's going on:

The Rutland Farmers Market has moved outdoors to Depot Square, is booming and brim-full of wonderful local food & art. As the Rutland Herald said on May 10, our community is rediscovering Saturday as market day. It's also open on Tuesdays, from 3 to 6. Likewise with our not-for-profit Food Co-op on Wales Street, founded in visionary fashion in 1995, which profits the health of many a local body and keeps our dollars circulating regionally. Check out Rutland Farm and Food Link's (RAFFL) 2011 Locally Grown Guide, free and widely available---chock full of information, articles, recipes, and listings of all the places you can find local food, from seeds to delicious meals. RAFFL does a stellar job of increasing access to local foods, and supporting the economic viability of area farms in all sorts of creative and effective ways. One omission from the Guide—not their fault: the Amee Farm, in my hometown Pittsfield; check out their farmstand and thriving farm on Route 100.

A statistic from this year's Guide, courtesy of Farm To Plate, Vermont's 10-year strategic plan to strengthen our food system: Vermont leads the nation in direct agricultural produces sales, with \$36.77 per capita spent at farm stands, farmers markets and CSAs.

And then there's Sustainable Rutland, which generates and then implements wonderful idea after wonderful idea. I can only mention a few here:

Zero Waste, which aims to transition

all Downtown Rutland events to zero waste. Currently, they target Friday Night Live and local food vendors, and are partnered in this effort with Downtown Rutland Partnership, Rutland County Solid Waste, Casella Waste Management, Foley Distributing and Rutland High School Environmentally Active & Conscious Club.

School Gardens, which promotes nutrition, healthy eating and well-being, and local food in our schools through planting and maintaining a garden on school grounds accessible to students of all ages. Partners include Rutland Public Schools, (RAFFL) and Boardman Hill Farm. Relatedly, Bag the Bags

is an ongoing educational campaign with the eventual goal of phasing out plastic and other disposable bags from our city

GoGoVerde.com, a website where members of the Rutland community can promote local events or activaties, or buy, sell, trade, or give away materials. Check it out and sign up!

Sustainable Rutland is also involved in an initiative called Rutland Area Colleges: Connected, Naturally, designed to expand relationships between the area's four local colleges and the Rutland community, and enhance and promote cultural and career opportunities available for students. Partners include the College of St. Joseph, Castleton State College, Green Mountain College, Community College of Vermont (who's grand new downtown building is under construction!), the Downtown Partnership and the Rutland Region Chamber of Commerce.

As I write this on the morning of May 11, I learn that a small group has managed to convince enough voters to over-

Rutland Rising, Page 17

OUNTAIN MUSINGS What's Happening In & Around Killington



Killington Walking Trail

Update

At the April 11 meeting of the Town of Killington, Parks and Recreation Commission Director Mike Sutcliffe presented his report. Mike advised that spring training is winding down. Practice will begin the week after the school spring break, outdoors on the fields. Mike needs to follow up on the schedule for the Majors, Minors and Mighty Mites baseball. Commissioner Betsey Bianchi suggested he send a notice via email to everybody who signed up saying they will receive the schedule before early May. Major League is 5th and 6th grades, Minor League is 3rd grade, Mighty Mites is 1st and 2nd grades. Betsey reminded that the Rules state it is based on age, not grade. Mike advised that they have the coaches.

Regarding Open Gym, they had a good year. He said soccer fizzled out when all the international kids went home. We had a solid group for volleyball so we are extending it through this month since there is a lot of enthusiasm for it.

Regarding Winter Swim, Mike reported that we just finished our first session of Winter Swim with a really good turnout. Our next session begins the first Friday in May which will take us into June and the regular Swim Team. In May we have a parent meeting and schedules will be out. We will start the morning practices on May 20. The first Swim meet is on May 28. The Summer Brochure is out and bands are being lined up for the Concert Series.

Under Old Business, Mike advised that the Tennis Camp is the first week in August, Soccer Camp is the first week in July, concerts and 2 movies will be held at the pool. The Recreation Department has a scholarship program, and those qualified and interested should contact Mike Sutcliffe for more information. Mike Sutcliffe will send the Commission members a copy of the program rules.

Regarding the Fence Sponsorship, Mike Sutcliffe said he has discussed this with Gail Weymouth, who doesn't have a problem with having sponsorship banners on the fencing behind the library and the banners have been approved, contingent on approval by the Library Board. He discussed the draft Prospective Sponsor letter that will go out to the businesses in town. A discussion followed with suggested changes to the wording of the letter. The Commission agreed that this will be a pilot program and the cost of a 3x 5 banner is a \$250 donation.

Under New Business, a trail update was presented. Mike Sutcliffe reported that he has put in our proposal to the State. As soon as all the snow melts, we will meet with the U.S. Forest Service, soil testers, etc to go through the process. It looks like the middle of May. We may have the school kids involved. The Town will be responsible for maintaining it. Federal approval involves only 600 to 800 yards of federal lands, the rest belongs to the Sherburne Fire District. If it is not approved, we will just create a shorter loop. Betsey Bianchi suggested Commission members attend the Friday, May 13 meeting to walk the proposed trail. Mike said the survey sent out to home owners indicated their top 2 choices were walking trails and other trails. All 3 Town Plans recommend the creation of this trail.

Mountain Musings, Page 16

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Mendon/Chittenden/ **Pittsford/Brandon Notes**

The Mendon Scoop

At the April 25 meeting of the Town of Mendon Selectboard, Constable Scott Bradley, discussed the roles and responsibilities of the Constable. In Vermont, Constables do not achieve policing powers until certain levels of training are achieved. Scott Bradley reviewed his training certificates from the Vermont Criminal Justice Training Council. Many of the requirements will change in 2012 for all new Constables. The Selectboard also discussed Special Officer Nelson Tift's certificate as a Field Training Officer. Officer Tift has trained 4 Constables including Scott Bradley.

Under Old Business, repairs to the Town Office were discussed. Sara Tully showed the Selectboard 4 air conditioning vents that leak water. Selectman T. Adams will contact a heating and cooling specialist to review the problem.

Regarding Truck Replacement, Bill Ellis submitted three quotes for a new truck and three quotes for the dump body and accessory packages for the new truck. The Selectboard requested additional information regarding trade in value, anticipated repairs required in the next year and the service record for the last few years of the old truck. This issue was tabled until the next meeting.

Regarding the Salt Shed repairs, Bill Ellis presented a proposal for engineering

services by Steven Banik, P.E. to evaluate the deterioration of the salt shed foundation. Based on the findings, additional services can be contracted to develop repair details and specifications. The Selectboard approved the proposal for engineering services.

Next, the Selectboard signed the State of Vermont High Risk Rural Roads Safety Project Grant Contract. The Grant amount is \$3,872 to upgrade signs on Notch Road in coordination with the State of Vermont Class 2 Roadway Grant received last year.

Under New Business, a violation of the Animal Control Ordinance was discussed. R MacCuaig, Animal Control Officer, requested the Selectboard issue a violation of the Animal Control Ordinance to a resident of Sherwood Drive. The Selectboard sent a warning letter in February that two dogs were running at large and creating a nuisance to neighbors. R. MacCuaig continues to receive numerous complaints. The Selectboard agreed to issue the violation.

An Illegal Dumping Complaint was discussed next. Sara Tully reported that the Town received a complaint regarding illegal dumping on a property in Mendon. Pictures were submitted along with the complaint. Sara Tully reviewed the land records to determine the property owner. Sara Tully as Health Officer will contact Steve Cosgrove, Zoning Administrator, to follow up on the complaint.



Killington Remembered



Classic Village Churches

One of the most recognizable features of many New England villages is the little while church and steeple - a most familiar landmark for miles around. These churches were plainly but firmly built and have survived the years well. According to a leaflet issued in 1960, the history of the Sherburne church is as follows.

In 1823, there was a small Congregational Society, but no settlements, pastor or church building. In 1829, the first church was formed with 9 members - one being Elder Noah Johnson as pastor. In 1838, he built a meeting house with lumber donated by the people. The "house" he erected is now is now 182 years old, though the steeple was not added until 1860. In these early days, river baptisms were held in the frigid water on River Road just below the village.

In 1957, there was extensive remodeling and the church was moved back from the road onto a new foundation. A number of items were purchased from the old Gaysville church, including four dozen pews, the chandeliers, four wall brackets lamps, two collection boxes with long handles, and two spittoons each placed

at the end of the pews.

Attendance these days is voluntary, but in the early days they had a "persuader" in the form of a tythingman, duly elected at Town Meeting to see that people attended church. Amasa Fuller held the position in 1931. Walton's register of 1845 listed three clergymen in Sherburne, one for the "Christian church," one for the "Methodist," and one for the "Universalist," though no location is made of the three churches.

The weekly memory column is one aspect of a multi-part birthday celebration, planned by the 250th Birthday Committee. Chaired by Beverly Anderson, the 250th Birthday Committee is made of leaders from the EDT, Recreation Department, Sherburne Memorial Library, and community members. Residents interested in participating in the 250th planning efforts or sharing a memory for this column should contact Beverly Anderson at brandx@vermontel.net. Don't forget to join the celebration on July 4!

Trivia: What essential tool for ski resorts (and skiers!) was created in 1963 at Killington Resort?

cure lift tickets without damaging clothing. Answer: The ticket wicket, created to se-

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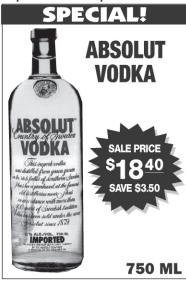
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Killington

by Betty Little

Over the years we have made many attempts to set up a website. Finally we have one thanks to our President Sally Curtis. Susan Wacker-Donle is our Webmaster. Our address is www.killingtonartsguild.org and is powered by Google sites. The Home page is headed with purple iris. Several pages are all ready, including: Membership with requirements and fees; Calendar - dates for future KAG Gallery Shows; Gallery - location and information; Special Programs - workshops and other events; Contact us - KAG's address, a map of the Gallery location and a place to ask questions and make comments. Pages for Forms, Photos, and Membership information are still being developed. The Town of Killington still maintains a page for KAG on its website and the Killington Chamber of Commerce often carries our news. Earlier KAG websites developed by others, like bits of old space missiles, are still floating around on the Internet. Try our website www.killingtonartsguild.org. Let us know what you think. Questions or information contact KAG's Webmaster at srwacker@aol.com.

"Art Mix," an all members show is on display at the Upstairs Gallery at Cabin Fever Gifts on route 4 opposite the Killington Access Road, will continue until early July when the exhibit will be changed to be part of the Killington 250th Anniversary Celebration.

The Killington Active Senior Luncheon is the place where the art of conversation is practiced. Roger Stevens, manager of the Green Mountain National Golf Course, is welcoming the seniors to the Club House everyWednesdayforlunch during the summer for \$6.00 including your meal, tax, and tip. No reservations are required. Mike Young (mikeyoungcpa@vermontel.net) made the arrangements and hopes to see you there. Lauren Wilder and Ann Wallen are heading a library poetry program at the Sherburne Memorial Library to be held the 4th Weds. of every month. It is called Arspoetica and the group will write, read and listen to poetry together. The first meeting isWeds., May 25 at 6:00 P.M. Call 422-3824 or 457-9272 if you have questions.

Recently, Ann Wallen, Ann Day and Betty A. Little attended the Vermont Poetry Society Spring Meeting in Middlebury, VT. Ann Day's poems "October Thirty-First," "Shroud" and Betty's poem "Splitting the Silence" were published in the 2011 PSOV Mountain Troubadour.

For information about KAG call 802-422-3852; or contact us at: killingtonartsguild.org. Send info for this column to VTKAG@aol.com.

RCHS Annual Yard Sale

Saturday, May 21 – 9 am to 2 pm – RCHS Annual Yard Sale (also known as the BEST yard sale in Rutland County) at the Shelter. Donations gratefully accepted. All items must be pre-priced - nothing less than 25 cents -and in working order. No clothing, shoes, textbooks, magazines or computer equipment. Items can be dropped off at the brown building next to the RCHS shelter on Friday, May 20 from 8 AM - 6 PM or Saturday, May 21 from 7:30 AM -9 AM only.



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by Johnnie Goldfish

100 North... It's Not All BS...

(Read this column and you just might win the Lottery)

There is simply no such thing as thinking too big; that would be like thinking too rich, too happy, too healthy, too yummy. Be chocolate for other people.

There will be a Stockbridge Community Rummage Sale on Saturday, June 11 at the Stockbridge Central School. This event is sponsored by the Wolf Scout Den, Pack 202 and if you would like a 10' by 10' spot you can reserve it now by contacting Karen or Patrick Ruben at 234-9252.

The Hancock Board of School Directors has a vacant seat and is looking for a Hancock resident to volunteer to serve. If you are interested send a brief letter to: Hancock Board of School Directors, Rose Juliano, chairperson, c/o WNWSU, PO Box 830, Pittsfield, VT 05762.

The 4 Year Old Love Report: or What does love mean to a 4-8 year old: I know my older sister loves me because she gives me all her old clothes and has to go out and buy new ones. Lauren- age 4.

The Rochester Fire Department would like to thank all of those who helped make their 21st Annual Pancake breakfast a success. Thanks to all who attended and to the Café of Rochester, Hubbard's Store, Skip Mart, Maple Meadow Farm and the Rochester School. Also thanks to sugar makers Dave and Pat Harvey, Bran Johnson, Jan MacIntyre, Mom & Pops Maple Syrup, and Jim Bowen who sweetened up the breakfast in true Vermont style.

The Farm Report: If you grow a garden you are going to shed some sweat, and you are going to spend some time bent over; you will experience some aches and pains. But it is the willingness to accept this discomfort that we strike the most telling blow against the power plants and what they represent. -Wendell Berry.

The Vermont Agency of Agriculture maintains a directory of Farmer's Markets in Vermont. It is nicely organized with a map and detailed information about each market. If you would like to add a local market go to www.vermontagriculture.com and look for buy local.

The Pierce Hall Community Center in beautiful downtown Rochester could use a wee bit of your coin of the realm. Yes, they have had grants and generous individual

donations and they have put it to fine use and have provided a space for weekly entertainment from musicians to contra dances. Special events form the Historical Society, The Rochester Chamber Music Society, the schools; the PTO, the WRVP and more have used the space all for the public good. There have been Halloween celebrations, receptions, dinners and they are ready for Phase 4: the Elevator and the Tower. You can help make the Pierce Hall the only 3-story fully accessible handicap building in the Upper White River Valley. Send your generous donation to Pierce Hall, PO Box 36, Rochester, VT05767. And if the change in your pocket is all you can afford, send it in, it counts just as much. Going Up!

The Stonybrook Community Gardens are now available if you need a space for your veggies to grow and you can have your own or assist in the community garden, which will be maintained by students and campers as well as community members. The harvested food will be available to local camps, community gatherings and area food shelves. The soil has been enriched with 2 seasons of oats and winter rye as well as organic compost and fertilizers and mulch, and water is readily accessible. Suzanne is often on hand for guidance and she can be contacted at mountainmother5@ gmail.com. The Earth Community Nature Center is located at 1955 Stony Brook Road in Stockbridge (just up from the new bridge construction on Route 107).

The Federated Church of Rochester offers free Aerobics classes on Mondays, Wednesdays and Fridays at 8 am. For more information call the church office at 767-3012. It's a heavenly workout.

The Family Matters Report: tell your kids something funny that happened to you when you were a child.

May is Osteoporosis Month and what does that mean? Osteoporosis is a bone thinning disease that happens as we age. You can combat this onset by eating calcium rich foods such as dairy foods like cheese, milk and yogurt. Another efficient helper is to get regular exercise and build stronger bones by using them.

Thought for the Week: "To see a world in a grain of sand, and a heaven in a wildflower, and to hold in finity in the palm of your hand,and eternity in an hour." - William Blake, (from Augeries of Innocence, a poem).

To see your news in 100 North and behold people at your event write: johnniegoldfish@yahoo.com.

Tinmouth Historical Society

The Tinmouth Historical & Genealogical Society will meet Sunday, May 22nd at 2:00 pm in the Old Firehouse next to the Town Office. Jim Davidson, curator, Rutland Historical Society, will lead a discussion on "How local Historical Societies are changing. Challenges in the 21st Century."

A second part of the program will challenge the audience with different objects from the past asking, "what is this" and what was it used for.

All welcome and refreshments will be served.

For additional information, please contact Bob Drachman at 446-3157.

Mountain Musings

continued from page 14

Regarding the 250th Celebration of the Town of Killington, Mike Sutcliffe noted that he sits on the 250th Anniversary Committee on July 8th. A party is scheduled for the free event at the Mountain Meadows Lodge from 6pm to 9pm. Mike Sutcliffe is in charge of entertainment.

RegardingPoolFees,MikeSutcliffesaid that based on other town's fees, we should increase our fees to non-residents. A discussion followed. James Godfrey make a motion to raise the non-resident Daily Pool fees to: \$2 for children and seniors; \$4 for adults; \$50 for a family of 4; Season Pass for children and seniors-\$15; Season Pass for adults, \$30. Commissioner Davin seconded the motion and the motion was approved.

Leo Davin asked Mike Sutcliffe to notify the Commissioners when the pool is to be inspected so they can be present.

Commissioner Mike Young reported that the Vermont Southwest Council on Aging reports the possibility is still there for having Killington Active Seniors discounted meals at the Cortina Inn. The Vermont Southwest Council on Aging representative is planning to attend the Senior's next lunch meeting. Young is waiting to hear from the Rotary Club and Women's Club regarding their potential contribution.

Brownie Troop Brings

Comfort to Cancer

Patients



Bring Japan to Rutland

The Rutland Youth Theatre presents Big-the Musical at the Paramount Theatre, performed by a cast of 50 local actors and a youth orchestra at Friday through Sunday, May 20-22. Friday and Saturday shows are at 7:00 p.m.; Sunday at 2:00. Call 775-0903 for tickets.

Relive the 180-year-old tragedy at Patch Hollow near Wallingford with the Green Mountain Club on Saturday, May 21. Enjoy a moderate hike of 3.5 to 4 miles to the site of the crime. What crime? Hear attorney Barry Griffith tell the story, maybe wearing a grass skirt (part of the tale - bring your own if you're so inspired). Call 492-3573 for more lurid particulars.

See First Vermont Civil War troops being mustered into the Union army at Main Street Park in Rutland. The display portrays 1861 events. Call 468-3097 for specifics.

Walk to aid homeless individuals in the first annual Walk-a-thon to help fund Rutland County Housing Coalition services of case management, referrals, outreach, prevention, and more. The event runs 11:00 a.m. to 1:00 p.m. at Pine Hill Park on Saturday. Bring your four-legged friends (on leashes). Call Kelly, 775-9286 ext. 207 to register.

Enjoy a tea social and see contemporary fashion trends at Rutland United Methodist Church Fellowship Hall, 71 Williams St., from 2:00 to 4:00 p.m. Saturday. Christopher & Banks supply the apparel. Call 773-2460 to find out more.

Wallingford Elementary School hosts a Bike Safety Day with free helmets to the first 200 participants and free bike safety inspections plus free mini prizes at each station from 10:00 a.m. to 1:00 p.m. Saturday.

Southwest Freedom Riders hold an annual spring swap meet at Spartan Arena, Diamond Run Mall Sunday, May 22, from 9:00 a.m. to 5;00 p.m. Call (888) 299-SWFR for more info.

Wallingford's summer recreation program has received a McDonald's grant of \$3,000 for equipment that may include basketballs, tennis rackets and nets, Elfin Lake picnic tables, kayaks, and more, summer camp director Kim Manieri recently announced. Thanks to Carrie Becker who worked on the application. Select Board member Nelson Tift is foregoing his \$750 stipend so that those funds may be used for summer camp scholarships.

Rutland City aldermen recently issued a call for common sense by city departments. Recent incidents triggered their concern including the theft of a city pickup truck with keys left in the truck and an unlocked door in a vacated building that contained valuable items.

Developer Mark Foley recently signed a 10-year lease for a 51-space parking lot, across from the shopping area he is developing in the Gryphon Building. He also has an option to buy the property at the corner of Cottage and West streets from the city.

The lease complements the plans Foley has for the Gryphon Building at the corner of West and Merchants Row. He's refurbishing lower levels of the five-story

building with the intent of creating a unified "The Shops at Gryphon Square" as a shopping destination within Rutland's downtown.

Moon Brook watershed will hold back stormwater and make the stream water cooler, healthier for fish. City forester Dave Schneider and a crew of volunteers distributed the trees to local homeowners, purchased at a $reduced\,rate\,with\,the\,help\,of\,a\,US\,Forest\,Service\,grant.$

The Rutland Ishidoriya Student Exchange (RISE) is devoting its efforts to bring Japanese children to Rutland, rather than sending local children to Japan. In normal years, the organization would send four Rutland Middle School eighth-graders and two Rutland High ninth-graders to Japan in June. Sister city Hanamaki continues to suffer blackouts and threat of nuclear contamination as a result of the March 11 earthquake. To contribute to the effort, call Dave Williams, 775-6573, or Tim Wigmore, 775-3556.

The Chaffee Art Center is organizing a bus trip for a day at the Through the Looking Glass exhibit of blown glass by Dale Chihuly at the Boston Museum of Fine Arts on July 15. The group leaves Rutland at 6:30 a.m., spending 11:00 a.m. to 4:00 p.m. in Boston, and returns to Rutland by 8:00 p.m. What a day!

Thanks to all who helped clean up their neighborhoods during Green Up Day.

Recent local graduates from Champlain College include Jamie-Lynn Weeks, Rexford Louis Accavallo, August W. Hill, Casey James McNeil, Nikita L. Rhoades, Tammy S. Lattuca, Marsha Lynn Cassel, and Christopher M. Robinson.

The public controversy over the proposed Giorgetti Arena expansion brought more voters to City polling places than voted at town meeting time. This time, more said no than said yes. When economic times were good, voters in outlying communities voted down being part of a recreation district that stretched beyond the city's confines; although that boundary shrank, as did the scope of the project, the dream persisted, driven to a degree by the growing dilapidation of the former school building which now houses the city rec department.

Although economic times have grown increasingly tough, there has been enough support that modified, but continuously shrinking, proposals have continued to appear on City ballots. This latest defeat may have put the idea on hold for a while, likely waiting for a local economic upturn.

Seems to me that somebody at the state level needs to get serious about fixing local bridges. There used to be two easy ways to get to Dorr Drive near the College of St. Joseph. Now you either cross on the temporarily closed and still questionable Dorr Drive bridge or clank across the metal stock ramp at Ripley Road. Had Dorr Drive bridge remained closed, traffic would have been diverted from Dorr Drive to West Street, but work at the rail crossing is causing that routing to divert onto State Street. What is this, a comedy?

Nearly 100 deciduous trees recently planted in the

treatment at the Foley Cancer Center. The troop's activities were inspired by several family members and a teacher that have sought treatment at the Foley Cancer Center and are part of the initiative, Its Your Story - Tell It! "Troops nationwide are focusing on leadership and encouraging troops to discover important stories, connect to them and take action," says

Brownie Troop 30479 from West Rutland, lead by

Bryony North and Trish Pelkey, recently donated spe-

cially designed fleece scarves and candy baskets with

messages of hope and inspiration for patients seeking

"We are so pleased to have this thoughtful donation for our patients," said Linda McKenna, Director of Oncology Services, "These gifts will truly make a difference in the lives of patients who come here seeking care."

Rutland Rising

continued from page 14_

Troop leader Bryony North.

turn funding for the Giorgetti Arena project, a big disappointment which reminds me that dark forces still have some power in Rutland City. But with all the above organizations working together, all the good-willed people involved in the projects I mention here as well as many others, and the general growing awareness that healthy community is all-important for fulfilling lives, we still have much to celebrate. As folks get informed and gain perspective, we will prevail.

Two key websites for you concerning all this: www.rutlandfarmandfood.org/ and in particular: http://raffl.wordpress.com/, which focuses on opportunities for new farmers; and www.sustainablerutland.org/.





Killington-Pico Rotary News

Each Wednesday the Killington Pico Rotary Club seeking new members who are interested in serving their local community and beyond. It's a great opportunity to get involved and meet new people. If you are interested in learning more about Rotary International, call 422-5499 to make a reservation to attend a dinner meeting. Upcoming programs are:

May 25 – Mac Janney, Vermont Adaptive Ski & Sports June 1 - Killington-Pico Rotary Golf Tournament, Green Mountain National Golf Course, benefiting the Hospice Program of the Rutland Area Visiting Nurses Association & Hospice

Our guest speaker on May 11 was Katie Christman of the Vermont Institute of Natural Science (VINS). VINS offers environmental education programs; partners with leading conservation organizations to promote environmental science field research; and operates New England's premier avian wildlife rehabilitation clinic at their Nature Center in Woodstock, Ms. Christman's presentation included two live raptors, a red-tailed hawk and a great horned owl, which had been rehabilitated by VINS. Due to their injuries, the birds are unable to hunt prey and therefore are unable to be released back into the wild. The birds have been trained and are used as the subject of live demonstrations in VINS education

programs. VINS welcomes volunteers to fill many roles, meets at the Summit Lodge from 6PM – 8PM for a full including education, animal care, guest services, bird dinner, fellowship, and a guest speaker. We are actively rescue/transportation, landscape/garden, and administrative support. Descriptions of volunteer jobs can be found by calling (802)359-5000 x-232.

We welcome your Letters to Editor.

Please limit to 300 words or less. Longer letters may be submitted for a per column inch charge. Submit to: editor@mountaintimes.info All letters are printed at the Editor's discretion.



5 General Wing Road, Rutland

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If you have a problem with domestic violence, sexual violence or child abuse you can get help! These $organizations\, offer\, FREE\, and\, CONFIDENTIAL\, assistance$ 24 hours a day, EVERY day. You don't need to suffer alone. Ask for help!

LOCAL HELP

The Rutland County Women's Network and Shelter is dedicated to assisting survivors of domestic and sexual violence.

www.rcws.org 24-hour hotline: 802-775-3232

Free & Confidential

STATEWIDE HELP

The Vermont Network Against Domestic and Sexual Violence is committed to eradicating domestic and sexual violence through advocacy, empowerment and social change.

www.vtnetwork.com

24-hour Hotlines

Domestic Violence: 1-800-228-7395

Sexual Violence: 1-800-489-7273

NATIONAL HELP

Stop It Now!® prevents the sexual abuse of children by mobilizing adults, families and communities to take actions that protect children before they are

www.stopitnow.com

24 hour hotline: 1-888-PREVENT

May 19 - Woodstock, Hand in Hand community meal, Thurs, 5-7pm. This Week: Holiday of Poetry (Turkmenistan). Social Hall N. Unitarian Chapel Society. All welcome, donations accepted.

May 19 - Hubbardton. Hubbardton Senior Connection luncheon at Town Hall, noon. Suggested donation \$3.25 for age 60+, \$4.25 under age 60. Everyone welcome. RSVP please, 273-2953. This week, chicken-n-biscuits, mashed potatoes, carrots, banana

May 20-22 - Ludlow. BRGNS Gigantic Spring Rummage Sale. Fri & Sat, 10-4, Sun. 10-2. Check out the baked goods table this year! All proceeds benefit the needy in the area

May 20-21 - Rutland. 3rd annual flea market/ craft fair to benefit BROC Community Action in SW VT. President's Bldg, VT State Fairgrounds. Inside/outside, new & used items. Raffles. 773-9480

May 21 - Whitehall, NY. Slate Valley Museum fundraiser pancake & french toast breakfast at Rathbun's Maple Sugar House, 7am-1pm \$8. Visit Wing Clydesdales, 10-noon wagon rides. 518-642-1417.

May 21 - Brandon. Chicken n' Biscuits supper at Fellowship Hall of Brandon Congregational Church, 5-7pm. \$9 adults, \$5 kids 5-12, under 5 free. Take outs. Dinner, dessert & bevs

May 22-Belmont. Odd Fellows Baked Ham supper at Odd Fellows Hall, 5pm til gone. Benefits Colfax Lodge #21. \$10 adults, \$5 kids 11 & under. 259-2646.

May 25 - Springfield. Rummage Sale at Springfield Methodist Church, 9-2.

May 28 - Rutland. Spaghetti Dinner, Dance & Silent Auction annual fundraiser for Rutland Eagles Special Olympics team Alcohol free. All ages. \$10 or \$15/ couple. 948-2877 advance, or at door. 6-10:30pm.

May 29 - Clarendon. Military Tribute Day at The Brick Church to honor all Veterans - all welcome to come. Service starts 10am cake & coffee follow. Call the church, 773-3873.

Mons. - Rutland. Rutland Kiwanis Club meets at South Station Restaurant 6:30pm. All welcome. 773-6251.

Mon.-Sat.- Wallingford, Hands for Hope Thrift Store open, 9am-6pm Mon-Fri & Sats, 9am-2pm.

Mons. & Weds. - Brandon. Meals-On-Wheels delivered to Brandon Senior Citizen Center, except holidays. \$3. Age 55+. 247-3121 to sign up or come by.

Tues. - W. Bridgewater. Blanche & Bill's hosts Aunt Francie's Southern Kitchen community dinner each week, 5:30pm til food runs out. \$12.50/ person, family style.

Tues. - Brandon. Lions meet at Brandon Senior Center, 7pm. 1st & 3rd Tues. of the month.

Weds. - Brandon. Cub Scouts - Wolf Den 123 meet at Brandon Senior Center, 3-4pm.

Thurs. - Hubbardton. Hubbardton Senior Connection program lunch every 1st & 3rd Thursday of the month, at Hubbardton Town Hall, 12:00 noon, All welcome, \$3,25/seniors, \$4,25 anyone else

Thurs. - Rutland. Vt Christian Riders from Motorcyclists for Jesus Ministries meeting 3rd Thurs. of month, Denny's Restaurant. 6pm. 483-2540 or Email Bikingforj@Msn.Com.

Thurs. - Danby. Christian Reading Room @ Danby Congregational Church parsonage open Thurs., 4:30-7pm. Check out, reference or personal study books & computer reference material. 770-2976

Thurs. - Rochester. Acapella singing group meets Thurs., 5-6pm Federated Church of Rochester. Practice spiritual music to sing to ill folk. Come & sing! 767-3012.

Thurs. - Rochester. Green Mountain Interfaith Group sponsors Spiritual Cinema Circle 2nd & 4th Thurs., 7-8:30pm, Park House

Fris. - Rochester. 1st & last Fris. of month, Rochester Federated Church invites parents & kids for Play Group. Birth - 2 yrs 10:30am-noon, nursery rm, above Fellowship Hall,

Killington - Saturday Worship, Roman Catholic Mass, 4pm. Our Lady of the Mountains. 457-2322, call for Holy Day schedules.

Killington - Sunday Worship, 9:30am, Church of Our Savious

(Episcopal). Small, welcoming, inclusive. 422-9064. Killington - Sunday Protestant Service, 9am, Sherburne United

Church of Christ, Rt. 4. All Welcome. 422-9440.

Mendon - Community Church, (50 Rte 4 East) Communion 1st Sunday of each month; Sunday worship 9:30am; Children's church 9:45am; Fellowship 10:30am; Adult study time 11am Rev. Ronald Sherwin, 459-2070.

Pittsfield - Sunday Worship, 9am. Pittsfield Federated Church Rt. 100 N. Communion Service 1st Sun. each month. Bible Study Weds. Eves 7pm. Rev. Dr. Howard Gunter, Pastor. 746-8698.

Chittenden - Sunday Worship, 11am. United Methodist Church of the Wildwood. Open hearts, open minds, open doors. Rev. Shirley Oskamp. 483-2909.

Rutland-Unitarian Universalist Church, 117 West Street, Rutland, VT. 802-775-0850. Sunday Services Begin at 10:30 a.m. Rev. Erica Baron.

Rutland - Sunday Service, children & adult religious instruction 9:30am. Sat., 5:30pm worship. Good Shepherd Lutheran Church.

Rutland - Weekend Catholic Mass, Christ the King, Sat. 5:15pm Sun. 7:30, 9:30, 11am. Immaculate Heart of Mary, Sat. 4:30pm Sun. 8am, 10:15am. St. Peter, Sat. 5:15pm, Sun. 8:30, 10:30am.

Rutland-Sunday Worship Services, 10:30am, First Baptist Church of Rutland City. Sunday School Classes, 9am for all ages. 773-8010.

Rutland - All Saints' Anglican Church welcomes new members Services at Messiah Lutheran Church Suns., 4pm & Thurs 8:55am & most holy days.

Brandon - Sunday Services: 10am, Adult Bible Study, 5+ Sunday School, Nursery. 11am, Worship service. Wed. Services: 6:30pm, Adult Prayer & Bible Study, Youth Groups 5+. Brandon Baptist Church. 247-6770

Rochester - Federated Church of Rochester invites everyone to Bible Study Tues., 10:30am in French Rm. & 6pm Weds. at parsonage & Thurs., 7pm at Mather's on Kirby Dr. 767-3012.

Fair Haven - Our Lady of Seven Dolors Mass Times: Saturday 4:30pm. Sunday 9am.



Dear Editor:

At the special town meeting held on May 9th, in an attempt to divert attention away from the issues at hand, one of the speakers blatantly mis-spoke about my position on the Killington Elementary School. It was inappropriate at the time to refute the assertion, as neither the Killington Elementary School nor I were the subjects of the town meeting article on the floor. Diverting the discussion to correct the speaker would not have furthered the debate of the article under consideration.

Let me state very directly and unequivocally that I strongly support the Killington Elementary School and it's continued operation. Families with children are a key measure of a town's vitality. We are very fortunate that we have a great elementary school. The school is one of the many town assets critical to families living in Killington, and to those considering the possibility of relocating here.

Providing our towns children with an excellent education and developing an economy that provides parents good paying jobs is the key to allowing more families to call Killington home.

Respectfully,

BillVines

Dear Editor,

What should have been said at Town Meeting.

Can it be that I'm the only one in this room who remembers how many years we spent beating our breasts over the loss of business and the need of greater public attention? We got lucky when the VCRD, Paul Costello and his team came here and in plain English helped us see our needs and how to get ahead through self marketing. The entire town was inspired and fired up.

Grow Killington was created with committees and chairpeople. Concrete plans did not result for many reasons. However, the Options Tax was soon adopted by many state towns as well as Killington. Again our luck changed when Seth Webb was hired as EDT director.

Webb's marketing expertise knows no bounds, he knows what to do and how to get it done, as is evident in connecting us to neighboring towns and placing Killington on the By-Ways map, for all to see.

We all know, you get what you pay for, through very hard work and money. It takes money to think outside the box, like Bill's Country Store as the Welcome Center for Killington - what an enormous reward we would enjoy.

We must draw attention to this town to stop losing residents. What kind of jobs can we create?

Think outside the box. Consider what you have, nur-

Alice Sciore

Dear Editor,

On Monday May 9th we had a special town meeting in which we approved our town budget, and decided on whether or not to make changes regarding the way we vote and the size of the select board. It was honestly exhilarating to see such a large turnout of voters to discuss and debate the issues, and to be involved in the decision making process. The debate was lively, and everyone brought valid points to the table. I commend our moderator, Paul Buhler for his fine effort in keeping civility and order. Change is always difficult, it brings with it positive aspects and possibilities and at the same time a loss of the familiar. As we saw in the debate, any path we choose will have both positive and negative consequences. It is up to us as residents to

actively work on highlighting those positives and minimizing the negatives for any decision that is made. The passing of the Australian Ballot will allow more people to decide the issues in the town that affect our future, but we must remember to join the debate, to discuss the issues and stay involved. The initiative for a five-man board, which I do support, is an issue whose time has not yet come. I still believe it would be a benefit to our town, and something that we should keep in mind for the future. Either way, though, it is still most important to stay informed and let our hardworking select board know of our concerns and ideas for the future.

Patty McGrath

Dear Editor,

It's unfortunate the political jockeying in the aftermath of the March Killington Town Meeting resulted in the upheaval of the traditional form of government in our town. Although the passage of the Australian ballot for all town votes seems like an altruistic measure which enfranchises more voter participation, it also eliminates discussion and sharing of differing viewpoints.

When I walked into the Special Town Meeting last Monday I was sure I was going to vote yes on at least two of the articles pertaining to the Australian ballot (I had my reservations about voting for Selectboard that way because it allows election by a plurality rather than a simple majority, but that's another story). After hearing testimony of people who experienced the changes in other towns to Australian ballots and the resulting diminution of Town Meeting I reversed my position and

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voted against it. Why? Because I was informed of consequences I was unaware of before they were presented at the meeting.

Some may argue "I want my constitutional right to vote!" Well nobody is taking it away from you. Many people have fought and died to acquire and defend democracy. The least one can do is make an effort to get to Town Meeting to exercise that right. That's why Town Meeting Day is a State holiday.

Next thing you know people will be demanding the right to text, email, or even "tweet" their vote in "American Idol" style. Robert Salmeri said it best at the Special Town Meeting. We are a society of convenience. Did we give up making informed decisions for this convenience?

Vito Rasenas Killington

Dear Editor,

Entergy, the corporation that owns VT Yankee and a large handful of other nuclear power plants, filed suit against the State of Vermont recently, with the aim of getting the Federal judiciary to nullify our state's decision to shut down VT Yankee.

Based on our state's Act 160, passed in 2006, our senate voted 26 to 4, in February of last year, to shut down VT Yankee when its current operating license expires next March.

Many failures and leaks have occurred at VTY. As recently as last November, leaks of unquestionably harmful, radioactive tritium have been documented.

It must be recognized that VT Yankee is the very same type of nuclear plant as the facility in Fukushima, Japan, that is now wrecking that country as well as sending radiation around the globe. Both are General Electricmade - but VT Yankee is many years older than the Fukushima plant, has equally short term and inadequate

backup safety features, and has many times the spent fuel rods stored.

While Vernon, VT is not prone to earthquakes and/or tsunamis, there are a multitude of other things that can cause a nuclear plant disaster - as Three Mile Island and Chernobyl have shown us.

What is now interfering with the will of the people to close VTY is greed, pure and simple. Entergy's voracious appetite for \$\$\$ is behind its suing our state. Though there is far more at stake here, this suit will officially hinge on the historically loaded states' rights issue, and bring into focus basic questions about the meaning of democracy.

We are fortunate to live in this beautiful state, and fortunate that the majority of us want VT Yankee shut down. We need to stand united against this challenge to our will, and for a safe and healthy world.

Judy Wood

Granville, VT

Proctor



Looking For Summer Camp?

The Proctor Rangers got their first win of the season last Wednesday, May 11 beating the Barstow team 15-9. Zach Jalbert was the hot bat for the Rangers going 3-5 with 2 doubles and a single. Derek Almond went 2-4 and MJ Dennis went 2-4 which included a homerun in the 3rd inning off an outfield error that notched him 2 RBIs. The Rangers played excellent defense keeping Barstow off the bases for the first 4 innings. Starting pitcher Tyler Carrington shut down Barstow allowing only 4 hits and striking out 8 in the 5 1/3 innings. In the the 5th inning Carrington showed fatigue and got into trouble so Coach Bates put in Derek Almond to finish out the game. Barstow made a run in the 4th scoring 7 runs off a pair of hard hit doubles. Proctor's defense was the difference in the game as Barstow continued to hit the ball in the late innings but runners were thrown out keeping the scoring possibilities low. Coach Bates cited the defensive play of shortstop Zach Bates who made a couple of nice plays to first and the hitting of Zach Jalbert which allowed him to get on base and cross the plate 3 times for runs. He also was impressed with the stamina of his pitcher Tyler Carrington who went 5 1/3 innings.

PES will hold their 6th grade promotion night on June 13th at 6:00 p.m. Parents of 6th graders are asked to attend an orientation at the high school on June 6th from 6:30-7:30.

Brookelyn's Zumba to Cure JM will be held May 22nd from 11:00-7:00 at Ultimate Workout on 256 North Main Street in Rutland. Zumba, Zumbatomic and family Zumba will be offered along with food, prizes and raffles. There will be babysitting on hand. This is an all day event, you can buy an all day pass or pay per class. Please come and help little Brookelyn Kimball find a cure! For more info please contact Brooke or Adam Kimball at 459-2832.

The Union Church of Proctor will be holding a clothing bag sale on May 21st from 9am-2pm. There will be rooms full of clothing which will be sold for \$3.00/bag. There will also be specialty clothing items sold at separate (very low) prices. Men's suits, executive wear, new and used shoes for the whole family and lots of winter coats. Something for everyone! Come and enjoy the bake sale table too!

The Sunshine Nursery School is offering a Pre-School Summer Camp for children ages 3, 4 & 5. Camp dates & themes are: June 6-10 Be-Dazeling B's, June 13-17 Animals Around the World, June 20-24 Beautiful Bugs, June 27-July 1 Safety Week. Camp runs from 9 am to noon and the cost is \$60.00 snack included. Call 459-2294 to register.

Rosie's Girl Rutland Summer Program: registrations open for girls entering 6th 7th or 8th grade. Rosie's Girls is a trades-based camp for middle school aged girls where girls build, learn and grow while trying carpentry, welding, fire fighting and more! This is our 3rd year in the Rutland area and camp is two weeks, 9 to 5, Mon to Fri, July 11 to 22, 2011 at Mill River UHS. \$259 for the two weeks includes a t-shirt, toolbox and a set of tools to take home! Email Sue May at sjejmay@aol.com for an application.

The School Board meeting minutes from April 19th were just released for publication. Here are some highlights. PHS was notified that they are the recipients of a \$5100 grant that will allow a team of administrators and teachers to attend the BEST Institute in Killington from June 27-30. This is a continuation of work in their Action Plan that promotes strengthening the EST process and identifying interventions needed to support student success in school. During public comment Debbie Mullan presented the board with a letter concerning the reduction of Peg Bartlett's position to 50%. Bonnie Elrick inquired as to how the decision was made to reduce her position. June explained the budgeting process. Wendy also stated that grant moneys also come into effect. The consensus of the public was that they want her position left unchanged. There was a lengthy discussion with the board. Next Michelle Aftuck spoke with the board about the TIPS program. The program is a job shadowing opportunity for the students with a possible 1/4 credit. There is classroom time as well as the shadowing. The shadowing is done when there is availability usually outside of school time. There was a brief discussion. Student representative, Matt Dobart, suggested that the board look into how the classes for the honors students are scheduled. Currently the honors classes are in with the general classes. Matt felt as though he was not challenged. He suggested grouping of freshmen/sophomores and juniors/seniors.

If you would like to submit an event or new to Proctor Place please email stacy@mountaintimes.info.



Letter to Editor

Southwest Freedom Riders, Inc. is joining with motorcycle organizations across the globe in proclaiming May 2011 as "Motorcycle Safety Awareness Month."

In a crash, motorcyclists are much more vulnerable than passenger vehicle drivers. Research shows that approximately 80 percent of motorcycles crashes injure or kill a motorcycle rider, while only 20 percent of passenger car crashes injure or kill a driver or passenger in their vehicle.

Motorcyclists have responsibilities to follow the rules of the roadway, be alert to other drivers, and always wear a DOT-compliant helmet and protective gear. NHTSA estimates that helmets saved 1,829 motorcyclists' lives in 2008, and that 823 more could have been saved if all motorcyclists had worn helmets.

When selecting a helmet, look for the DOT symbol on the outside back of the helmet. A certified helmet will also have a permanent inside label identifying the manufacturer and providing information about the care and use of the helmet. Arms and legs should be covered. Boots or shoes should be high enough to cover your ankle, and gloves allow a better grip and help protect your hands in the event of a crash. Brightly colored or reflective clothing will make you more visible to other vehicle drivers. Check tire pressure and depth, hand and foot brakes, head lights and signal indicators, and fluid levels. Check under the motorcycle for oil or gas leaks.

All too often after a crash, the drivers of other vehicles involved say they never saw the motorcyclist and were unable to respond in time. SWFR is encouraging the entire community to observe Motorcycle Safety Awareness Month to increase passenger vehicle operators' awareness and attention in order to help significantly reduce the number of deaths and serious injuries to motorcyclists from roadway crashes. Remember to safely "Share the Road" with motorcycles.

Lisa M. LaFountain Southwest Freedom Riders Inc.







ARIES: March 21 – April 20: You could make this easy and surrender to whatever the issue is; because it's bigger than you are and it won't yield to resistance or pressure. Aside from that, at this point you're too tired to put up a fight. No matter who or what the opponent appears to be the only way you're going to be able to go with the flow is to turn off the need to manage things that could be happening for reasons that you have yet to understand. Disengage enough to see the gift in a gnarly set of circumstances. Don't make things worse by playing poor pitiful me.

TAURUS: April 21 – May 20: It's hard to know what would work out best for you in the long run. You keep doing what you're doing because you belong here and because there's a certain amount of comfort in knowing your place. At the same time there's so much that you'd abandon this for in a heartbeat - if you weren't such a steady, dutiful soul. Beyond that the bird in your hand doesn't look half as attractive as the two that are sitting in the bush. Odds are you will stay where you are and be greatly surprised when you find out that you get to have your cake and eat it too.

GEMINI: May 21 – June 20: You haven't had enough time to figure out where you stand with all of this. Don't make it harder by rehashing it and do your best to remain philosophical. Instead of looking for someone to blame, you need to realize that you saw it coming and be accepting of the fact that regardless of how it happened, it happened for the best. One foot in front of the other will show you that what appears to be a crisis is really just the way out of a situation that needed to fall apart. Instead of dwelling in the blood on the tracks lift your heart to the thought of renewal.

CANCER: June 21 – July 20: You keep telling yourself that you aren't ready for this but you know just as well that it's time to s--- or get off the pot. The fantasy that says you don't have to grow up has you chasing after one thing and another but your heart wants something else these days. When you get in touch with what that is you may discover that settling in would give you a better shot at satisfaction. Everything changes and the aims that were relevant to your spirit 7 or 8 years ago have no bearing on it now. Regroup and ask yourself what would make you happy?

LEO: July 21 – August 20: The sense of paranoia that had you waiting for the other shoe to drop has been replaced with the understanding that you have nothing to fear. If those who seemed untrustworthy have redeemed themselves you are also realizing that your trust issues have played a huge role in making this entire situation harder than it has to be. Now that you can see how foolish it is to imagine the worst you are just as aware that you have to learn how to respect people enough to believe that they mean you no harm and that they could in fact be here to do you some good!

VIRGO: August 21 – September 20: You don't know which end is up. If you were a little less compulsive it would be OK – but you're going nuts trying to figure out if you really do need to keep doing what you're doing or if it's time to give it up. When things get like this it's futile to think that anything is black and white. At the same time, it's quite clear that if you keep doing what you're doing you will only create more of the same. You may be afraid to change your tactics but I'll tell you what; you aren't going to solve this by using the same methods that messed everything up to begin with.

LIBRA: September 21 – October 20: The open road may be the only solution to a situation that doesn't seem to be responding to your attempts to return to normal. It could very well be that this is really about redefining 'normal'. If that is the case releasing yourself into the great unknown could go a long way to helping you reestablish a sense of belonging. Staying put appears to be the safer bet only until you realize that you've exhausted all the resources that are available to you here and you're sick and tired of only having permission to bring one tenth of yourself to the party.

SCORPIO: October 21 – November 20: It isn't that someone doesn't care, it's just that they're on a downswing and all their energy is being consumed by things that have nothing to do with how they feel about you. Needing to be the centerpiece in someone else's life rarely gives us anything but sorrow. Don't keep trying to change their mind. Disappear for a while. You don't need to hang around and hold their hand through this process. If you could take your attention off what you're not getting from them, you'd see that your own life is on an upswing and this Bozo is just dragging you down.

SAGITTARIUS: November 21 – December 20: This turned out to be such a good thing you're sort of blown away by it. Something must have clicked because you seem to be flowering instead of all business and under control. After the last few months you've seen that it doesn't matter how much you try to do the right thing; life works better when you let the right thing be whatever's true for you. Others may find fault with some of your recent choices. Don't take their judgments to heart. Half the time what people find fault with is something that, underneath it all, they wish they could have.

CAPRICORN: December 21 – January 20: What an amazing time. You snapped out of it long enough to see that things might be as good as they look. Not having any exposure to this much perfection, you're confused as to what to do next. That's OK. There isn't any template for things like this. Underneath all of the stuff that is totally blowing your mind, you have yet to accept the fact that life will never look normal again. Surrender to this and feel safe knowing that you're being called to start living your dream instead of searching for it. Get with the program. Open your heart and get into it.

AQUARIUS: January 21 – February 20: You'd just as soon blow this off. You've been there and done that so many times you really don't need to stick around. Find someone to take care of your duties and disappear, because you'll wind up handling the whole thing if you're not careful. Your personal life has taken an interesting turn and that's part of the reason you need a break. After doing a 180 in the love department, the whiplash of reality is making you wonder what you did. The one who looked like they could walk on water has turned into a human being; can you handle it?

PISCES: February 21 – March 20: You'd be happier about this if it was your idea. You either want more or less than the one who's calling the shots, but unfortunately you don't have the power here. Sometimes it's best to recognize that it serves us to acquiesce. In the end, you'll get what you want, or you'll get more of what you already have. The need to be strategic can't be overemphasized. For someone who has a hard time focusing on anything but themselves, at times it's wise to be more aware of other people's issues than you are of your own; especially when so much depends on them.

Mother of the Skye

Mother of the Skye has 30 years of experience as an astrologer and tarot consultant. She may be reached by email to cal.garrison@gmail.com

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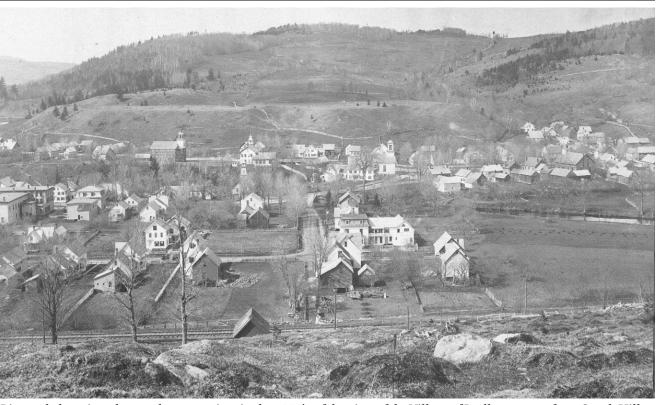
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View From Ludlow

ov Ralph Pace



Pictured above is a photo, taken sometime in the 1880's, of the view of the Village of Ludlow as seen from South Hill.

Ludlow Gets Ready to Show Its Age

On September 16, 1761, Benning Wentworth, the Royal Governor of New Hampshire, probably in need of a little extra cash, and tired of that colony to the west named for the Duke of York getting all of King George III's attention, issued a charter creating the Town of Ludlow—then New Hampshire, now of the great state of Vermont.

It took about twenty years for someone to decide that Ludlow would be a great place to settle. How much of the demands of the original charter were met at that time is open to question. Something called a Revolution intervened followed, for a brief time, by a Republic of Vermont.

But Ludlow was settled and became, in varying degrees of success, a farming town, a mill town, a place where aircraft engines were built, and an all-season tourist mecca

In keeping with this, Town Manager Frank Heald has decided to create a committee to help celebrate the 250th anniversary of the Town of Ludlow. The first committee will meet at town hall on Monday, May 23 at 3 PM to decide what would be appropriate steps to take to honor this monumental date. Anyone interested in serving on this committee is welcomed to attend. For information, call 802-228-2841 or 228-7239.

Cavendish will also be celebrating its 250th anniversary, having received its charter from the Royal Governor about a month after Ludlow's was issued. Call 226-7807 for details on its plans.

Cavendish also received news that Ann Thompson of Cavendish Town Elementary School has been named the Vermont recipient of the 2010 Presidential Award for Excellence in Science Teaching. On April 28, 2011 President Obama named 85 mathematics and science teachers as recipients of the prestigious Presidential Award for Excellence in Mathematics and Science Teaching. The educators will receive their awards in Washington, D.C. later this year. Congratulations to Ann for this National award.

Not too long ago, LPC-TV held its Kentucky Derby Gala at the Pot Belly in Ludlow. According to all reports,



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Black River Good Neighbors will be holding its annual Spring Rummage Sale on May 20 – 22 at Fletcher Farm. The sale will feature everything from clothing, kitchen wares, shoes, books and dvds, utensils, to furniture. The hours of the sale are from 9 AM to 5 PM. For information, call Audrey Bridges at 228-3663.

Black River Academy Museum has announced its plans to hold a gala dinner and silent auction on Saturday, June 25 at the Epic Restaurant at Jackson Gore. The event will mark the end of its capital drive to raise funds to purchase the elevator enclosure for its new elevator wing. It's rumored that a villa in Italy and a New York City apartment stay are among the many items to be included in the silent auction. For information, call 228-5050.

Okemo Mountain School (OMS) President Diane Mueller has announced the creation of a special scholarship at OMS to honor twenty-year employee Wendy Neal, the former head of school who resigned after an affiliation with OMS that spanned 20 years. "The outpouring of support for the scholarship in Wendy's name is a good beginning for what will be a permanent legacy honoring Wendy, and annually supporting an Okemo Mountain School student," said Mueller. For more information about Okemo Mountain School, visit http://www.okemomountainschool.org/.

Ludlow Merchants are busily planning events to help fund a July 4 fireworks display. They are planning a bake sale to help raise funds. Anyone interested in supplying baked goods for this event is asked to contact Patty at the "Book Nook" and/or Willow at "Chapter XIV." They're also planning a spaghetti and meatball dinner on June 11. Anyone wishing to prepare some meatballs for competitive judging is invited to do so by contacting the ladies named above. Fourth of July fireworks is a Ludlow tradition that we must maintain.

The Weathersfield Veterans will honor Memorial Day on May 30 with a ceremony at Noontime at the Perkinsville Green. Everyone is welcomed to attend.

And, as the weather finally begins to look more and more like summer is actually going to take place, Jerry at the Ludlow Farmers' Market said that the market will officially open on Friday, May 27, running from 4 to 7 PM. He also noted that spaces are still available in the market.

(If you have any comments or news about the Ludlow or Black River area, contact Ralph Pace at ralphpace@tds.net.)



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Lakes Region News

Castleton Gears Up

Holly Hitchcock prepares sesame demon chicken breast as the entrée for the Castleton Community Center's May 20 pot luck supper. Linda Splatt leads a patriotic sing-a-long after the meal, getting attendees in tune for the upcoming Memorial Day weekend. The meal begins at 6:00 p.m. Call the Center (468-3093) by noon Wednesday, May 18, to reserve your seat.

Castleton Village School grade 7 and 8 chorus and band present their spring concert on Monday, May 23. The performance begins at 7:00 p.m.

The Castleton Community Center celebrates National Senior Health and Fitness Day on Wednesday, May 25, with a "precision walk" plus refreshments and prizes. To be eligible for prizes, register by Tuesday, May 24. Top prize is for whoever comes closest to their estimated time for walking a mile (three laps of the Center's walking trail). The walkers start out at 9:30 a.m.

Learn to create an online presence and market your small business at 6:00 a.m., Tuesday, May 24, in Stafford Building Rm. 156, Castleton State College. The seminar is free, presented by the Vermont Small Business Development center and e-Vermont Community Broad Band project. For more info or to sign up, phone Patrick Ripley,

Wednesday, May 25, the Castleton Community Center celebrates all May birthdays with a roast pork dinner from East Creek Catering. Bingo follows. Make your reservation no later than 10:00 a.m. Monday, May 23, by calling 468-3093.

Contra dance caller and Americorps worker Barbara Hoffman visits the Castleton Community Center on Thursday, May 26. She calls and teaches traditional contra dances beginning at 6:30 p.m. You don't need a partner to participate.

The town of Pawlet is looking for old photos of the community, especially those of its 1961 bicentennial celebration, to use for a display during this summer's 250th townwide party, August 26-28. Call Judy Coolidge, 325-3073.

Slater Booster Club recently gave \$2,000 to the Fair Haven Union High School athletic program to help offset national level safety mandates needed this fall and \$675 for other improvements. Seven hundred dollars offsets the cost of eye protection for field hockey. Also being purchased are 10 new football helmets; national football reconditioners no longer recondition any helmet more than 10 years old. Boosters also gave to the baseball and golf programs.

Castleton State College recently released its list of honorees for Academic Excellence. They are Art,

Kristen Partesi; Business Administration, Ashley Cummings; Communication, Alison Flewelling; Computer Information Systems, Matthew Bijas; Criminal Justice, Gregory Lamoy; Education, Kayla Gallipo; English, Blithe Devon; History/Geography/Economics/Politics, Jacob Mach; Mathematics, Heather Barnes; Music, Samantha Funk; Natural Science, Blake Barber; Nursing, Leslie Valentine; Philosophy, Erik Pettis; Physical Education, Andrew Nadler; Psychology, Tricia Schmidt; Social Work, Kaitlyn Wiley; Sociology, Lyn Sawyer; Spanish, Andrew Huntley; and Theatre Arts, Morgan Bernhard. The Alpha Psi Omega Theatre Arts group recognized Julianne O'Connor as Actor of the Year, Louis Riquelme as Technician of the Year, and Meghan Hakey as Freshman

A grant from the Poultney Mettowee Conservation District is providing for storm water controls at Crystal Beach, lowering and flattening the beach and installing rain water capture gardens around the Bathhouse; both control sand erosion into the lake and treat the storm water on its way. Other Castleton projects include reclaiming a portion of Creek Road and Blissville Road. Other construction work puts storm water controls along Avalon beach, paves Depot Terrace, and repairing the Float Bridge walls.

Castleton's tree warden is developing a tree nursery on the 18-acre Sand Hill property recently donated to the town by Castleton State College. Trees grown there will replace streetside and park trees. Town manager Charles Jacien is asking individuals if they want to develop a community garden on another portion of the property. If so, the town is considering formal guidelines and maybe a water source. Talk to him at 468-5319.

Poultney High folks are talking about their community garden behind the school. Community members are invited to volunteer and/or donate seeds, tools, and supplies. Call Russell Ford or Dawn Sarli, 287-5861.

Learn about hosting a Poultney Rotary exchange student from France next year in a brief info meeting at 5:15 p.m., Thursday, May 19, in the High School library.

Castleton Family Health Center and Mettowee Valley Family Health Center recently received notice that they have met the standards of the Vermont Blueprint for Health and designation as a Patient Centered Medical Home, awarded by the National Committee for Quality Assurance. The certification recognizes that they are in line with the Vermont 2010 Healthcare Reform Law.

June is approaching. So are summer concerts and the Lakes Region has a wealth of music to offer. Tuesdays at Castleton Concerts on the Green, Thursdays at Fair Haven, some Sundays in Poultney, occasional concerts in Tinmouth. Yowzers!

Student News

-Nancy Heald of Rutland, VT, was inducted to the Sigma Theta Tau International Honor Society of Nursing at Saint Joseph's College of Maine.

-Rutland native Kaylee Johnson will be one of 49 students from Stonehill College working with faculty members at the College this summer on research projects through the Stonehill Undergraduate Research Experience (SURE) program.

-The Alpha Alpha Psi chapter of Phi Alpha Theta, the national history honor society, inducted 38 University of Vermont students into its membership at an Honors Day Ceremony held in April. Local students were among those honored: Bradley T. Opsahl of Rutland, VT; Christian Spalding of Rutland, VT.

-Local Students Graduate from Keene State College: Erin O'Neill of Rutland, VT (B.A., A.S.); Elizabeth Fitz-Gerald of Wallingford, VT (B.A.); Benjamin Hon of Castleton, VT (B.A., B.A.); Stacy Fielding of Manchester, VT (B.A.)

-Stafford Technical Center inducted 12 students into the National Technical Honor Society (NTHS) on May 12, 2011 during a candlelight ceremony in the Dollhouse Restaurant. Inductees are: Nicole Bogucki-Public Safety

Services (Poultney High School), Alyssa Hartwell-Human Services (RHS), Emma Lamberton-Music Technology: Jazz &Contemporary (Home School), Molly Nickerson-Human Services (RHS), Alyssa Chereshkoff-Health Careers (Otter Valley), Emily Booska-Human Services (Otter Valley), Esther Bove-Culinary Arts (Otter Valley), Bethany Alger-Culinary Arts (Fair Haven), Audrey Taft-Digital Arts (Otter Valley), Katie Perry-Digital Arts (Otter Valley), Jeremiah Cole-Automotive Technology (Otter Valley) and Katie Simons-Digital Arts (Poultney High School).



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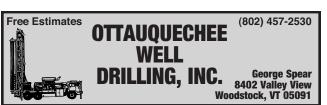
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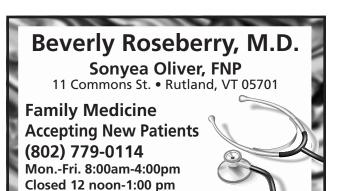
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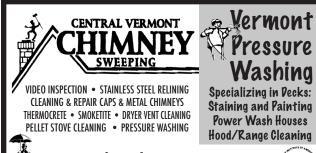


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Surviving The Times

The Victory Garden: Beans To You!

by Daryle Thomas

When my mother was really upset, she would say "Beans to you!" What she meant, I'm not sure. One thing is for sure, there is no shortage of bean types for eating fresh or preserving. While some bush type beans are excellent eating, pole beans produce the volume of beans needed for canning or freezing, or drying.

When building a growing box for pole beans, the size is not as important as the height. The base should be at least 18 inches by 18 inches. This size will produce enough beans for most people. A 24 inch square box would feed a family of four. The boxes should be at least ten inches deep. This is not so much for root growth, but to provide anti-tip over resistance when the wind blows. One trick is to cut four 2 x 4 pieces one foot longer than the side of your grow box and screw them on pinwheel style. That will produce an outrigger on each side. Let the wind blow!

Pole beans will easily grow to six feet and even eight feet. Sturdy poles are required to hold the weight. Bamboo poles are easily found. I like two by two timbers starting at each corner and terminating at the top on a smaller square of two by two stock. Note that the top piece will be 90 degrees out of square from the bottom. Another, easier method is to go straight up with the supports, on all four sides. Once the poles are in place, wrap them with nylon vegetable trellis. Buy the big roll, you will use it.

Kentucky Wonder is an old bean, good fresh and for canning. Blue Lake is the best for canning. It is usually is the green bean commercially canned. Here's a trick for those of us in a hurry. Grow Purple Pod beans. Fairly easy to find against the green foliage!

Daryle Thomas is a Master Gardener volunteer with the UVM Extension System. © 2011 KDT/ARR

The Mountain IIVILES



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Surviving the Times

by Royal Barnard

I read an Associated Press report today that stated with relative certainty that the Nation of Greece is most likely to default on at least 50% of their government bonds. The bonds are currently considered in "junk" status. It was also reported that the Nation of Greece must pay up to 25% annual interest on new financing.

OK, we can live with olive oil and grape leaves being scarce; and who cares about Europe?.... but a few weeks ago the credit rating of our own beloved United States of America was lowered. Our previously stable Standard and Poors "AAA" credit rating suddenly went "negative."

Yeah, well, so what?

The Nation of Greece is in exactly the same position as an overextended American family who can't make the mortgage payment; tries to borrow more money; is about to be evicted from the apartment; and whose only source of "borrowing" is from a 25%-35% a year credit card (more likely at least six credit cards) and which they can barely make the "minimum monthly payments" on. Meanwhile, the Nation of Germany is strong, healthy and can borrow at 2%-3% and is a growing world economic power.

Got it?

The Nation of Greece is living it what is called "nonsustainability." The Nation of Greece is expected, within a year or two, to place its debt burden on the European Union or the International Monetary Fund to bail them out.... as well as dumping half or more of it's loans.... at a total loss to investors.

Is the USA doing better?

The answer is clearly "no." The reason, however, is not because American's are lazy, dumb, uncreative or complacent. The reason is that the "Good old USA" is on a course that is painfully like the Nation of Greece, which has falsely rewarded bad economic decisions, and governed without regard for financial responsibility.

Are we making positive change?

Again, the answer is generally "no." We need only witness the criminal theft of American savings in the "equities" markets; followed by the Federal bailing out the thieves who committed the crimes; then watching the pigs gorge themselves on more ill gotten gains; followed

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by no meaningful legislation to create transparency, trust or honor in the financial markets. You don't have to be too smart to know when you've been screwed and to

What should we "do?"

realize that it's still happening.

Quite simply, the only real answer right now is to convince 307 million Americans to march on Washington, DC, Montpelier, VT and every other "seat" of government (we know where one's "seat" is typically located, don't we).... and stand in unison and say "this is enough."

In truth, there are a total of 435 members of the US House of Representatives; 100 members of the US Senate; 1 President and 9 members of the Supreme Court. It is reported that in Washington, DC there are at least 18,000 registered lobbyists with 12,000 clients. 1,700 lobbying firms and God only knows how many employees.

There are something like 307 million Americans. We are ruled by less than 550 politicians, who are served daily by tens of thousands of lobbyists. All of the politicians blame our problems on each other, but keep doing the same stuff..... and while continually taking care of themselves with enormous campaign bankrolls and immeasurable personal benefits.

This isn't rocket science folks. In the long run nobody is going to take care of you until you take care of yourself.... and until we all demand that "government" gets out of the way and lets us work, earn, provide for our families, save our money and not be cheated by either Wall Street or Pennsylvania Avenue.

Express your opinions.

If even 10% of Americans wrote to their representatives and said "enough" that would be 3 millions letters in one day saying "enough." ... and if we kept it up every day for a year it would be over a billion letters a year saying "enough".... and 18,000 lobbyists and 445 politicians would realize that they need to pay attention.... and if "everybody" in the US sent that note every day for a year it would be almost 110 trillion messages that this is "enough." What are we waiting for?

Do you think you don't need to do this?

Will the Social Security system pay back it's obligation to Seniors? Will there be enough money to continue unemployment benefits forever? Will your family support check be good forever when your nation is bankrupt? Can we have good health care and a strong eduction system, good roads and safe cities when we're racking up over \$4 billion a day in new debt? I don't think so.

Your money in the bank is already worthless... gaining at best 1% percent or so annually in "Federally insured accounts," while food and gas go up by 20% or more. Your money on Wall Street is pure gambling. Government continues to heap increased taxes on private sector employers who can no longer compete with China, Germany, India, Korea and other viable economies... and offer quality jobs to their neighbors.

Where do you think this is going?

Do you believe in the tooth fairy? God bless you. I wish I did. Write your Senator, Congressman, State Legislator, Governor, President, Mayor..... ALL of them. Say "enough." Tell everybody you know to say "enough."

There's no other answer.

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Home&Garden



Improve Your Vegetable Garden

by Dr. Leonard Perry, UVM Extension Professor

Ten tips provided by Dr. Lois Berg Stack, University of Maine Extension, will help you to improve your vegetable garden. These range from choosing the right seeds and plants, to maximizing yields, to dealing with all the produce in the end.

Tip one: choose the right site. Most vegetables need full sun. If you don't have this, consider those that will tolerate light shade (4 to 6 hours of direct sun daily)--lettuce, spinach, arugula, and parsley. The site also should have good loamy soil, or at least soil that is well-drained. If you don't have such soil, consider raised beds or adding soil in raised hills 6 to 12 inches high called berms. Choose a site away from roads that get salted in winter, near your home so you visit them often and don't forget and neglect them, and accessible to supplies and water.

Tip two: manage your soil properly. Improving your soil over time will lead to higher yields. Do a soil test (kits are available from state university Extension offices), adding lime and fertilizer according to the results. There are synthetic and organic nutrient sources; add those that match your philosophy and budget.

If you can plan ahead, it is good to prepare the garden space a year ahead and then use a "green manure" cover crop (legumes such as peas, annual grasses such as oats or wheat, or a mix) that can be tilled in, providing organic matter and some nutrients. When a garden is not planted, or after the harvest, plan on a cover crop to help control weeds and erosion.

Tip three: control weeds and pests appropriately. This means checking your plants often, weekly if not every few days. This way you'll learn what is normal, and what is not, spotting pests and problems early. They're easier to control before they reach great numbers. If just a few, perhaps you can tolerate these with no control needed. If they reach a "threshold" in numbers where controls are needed, apply correctly and choose ones gentle on soil, pollinators, and the environment.

Tip four: select the right vegetables for your site, and your goals. This will give you the most production that you can use. Some, such as carrots and onions, for instance need a loose soil. Some vegetables and varieties grow better in the shorter and cooler seasons in the north. Check the days to harvest to make sure there is enough time between sowing and your first average fall frost. Some crops such as tomatoes have varieties better suited for certain uses, such as canning or slicing or sauce.

Tip five: use good seeds and high-quality seedlings. Poor quality seeds, perhaps left over ones, may germinate poorly. Seedlings that are not vigorous will get off to a poor start and likely produce poorly. Use clean tools, sowing and growing media, and pots; dirty ones may harbor disease which will kill your plants. If you've started seedlings indoors, harden them off gradually to the outdoors—both full sun and temperatures.

Tip six: plant and space properly. Spacing for seeds is often given on seed packets, and for transplants in catalogs and books (or check with your local plant nursery professionals). Usually seeds are sown more thickly than needed to ensure enough plants, but then need thinning out to ensure good productive ones. Allow enough space for plants to grow when mature, something that is easy to misjudge when you plant small seedlings.

Some, such as corn, are best planted in blocks (for pollination) while others, such as potatoes, are best planted in hills. If you have limited space, interplant a cool crop such as lettuce with longer warm-season crop such as squash. You'll have harvested the lettuce before the squash takes over the space.

Tip seven: experiment. Try new tools. Many newer ones are designed ergonomically to make gardening easier. Try new plants. Many newer ones have improved flavor and yields; some may grow well on your particular site, others may not.

Tip eight: extend the season. One problem growing in cold climates is the shorter growing season, and often cooler one. Some techniques can help, such as black plastic on the soil to warm it sooner prior to planting. Many use thin white fabric row covers for frost protection, and to keep away some insects. A coldframe can help you get a start on the season, as can individual "cloches" or protection around individual plants. Winter mulching some vegetables can preserve them for a later harvest.

Tip nine: garden smart. A good example is weed management. If you eliminate annual weeds before they go to seed, or keep nearby natural areas mowed, you'll have fewer weed seeds to cause future problems. Newspaper layers in rows, covered with mulch or sawdust, will save lots of time and labor with weeding. Staking plants shortly after planting will save having to deal with, possibly damaging, unwieldy plants when grown.

Tip ten: harvest and process produce properly. Harvest at the right stage, usually mature but not overripe. Decide if you have the time and space for various storage methods, the main ones being canning or freezing. You may try constructing a root cellar. If still too much produce, and your friends and relatives have plenty, consider donating it to a local food shelf before it starts to spoil.

Even better, when starting your garden, plant an extra row just to such a donation. Plant a Row for the Hungry-- a program of the Garden Writers Association -- promotes doing just this. Since 1995, over 14 million pounds of produce has been donated, providing over 50 million meals. With one in eight American households living with food insecurity, according to USDA figures, and the demand for hunger assistance growing 70 percent in recent years, there is even more need now for you to plan for some extra produce in your garden when planting.

Are you Interested in Wildlife Tracking?

The Staying Connected Initiative plans to offer tracking programs in Rutland County next fall. Participants will gain general animal track identification skills, tips on interpreting animal behaviors from tracks and other sign, and guidance on observation techniques. While no commitment is required, Staying Connected hopes that participants will volunteer to use their new skills helping to identify locations where local wildlife travel through Rutland County. While Staying Connected would attempt to find funding to lower the cost to participants, each person would likely pay between \$200-\$500.

If you are interested please contact Monica Erhart (802) 431-5061.

Ask the Home Team

Q. I'm trying to decide if it's worth fixing a water problem in my basement or to just use a dehumidifier (I'm using a borrowed one, but I'm considering buying). It would help to know what the most energy-efficient dehumidifier is. That way, I can find out how much energy it uses and estimate the cost of keeping it running. Thanks for any help.

A. I'm glad to help. An ENERGY STAR® qualified dehumidifier uses 10-20% less energy than a standard model. To find specific models, visit www.energystar. gov. You can find more information on moisture, dehumidifiers, and rebates for efficient models at www. efficiencyvermont.com.

I want to emphasize that it's worth trying to reduce the need for dehumidification or, if feasible, to fix the cause of basement water problems. You'll not only lower electricity costs for dehumidifying but you'll also protect yourself and your house from problems that moisture can cause. Those problems can include wood rot, mold, and mildew that can damage the house and items in it, and can create indoor air quality problems.

Common sources of basement moisture are outdoor air or groundwater, each with their own solutions. The latter requires a pricier fix. I suggest that you get opinions from a few contractors so that you can determine the cause of the problem and get estimates on solutions. Meanwhile, it makes sense to take some simple steps to minimize basement moisture. For example, don't dry green firewood inside. Use an outdoor clothes line instead of air-drying laundry indoors. Keep basement windows and doors closed in the summer because warmer air from outdoors and from living spaces will condense on cooler basement surfaces.

- Li Ling for The Home Team

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LOST DOG Answers to Kooter especially when given a cookie. She has black markings on the side that looks like a '180.' She doesn't have any tags on her and was last seen Sunday May 15th on Cram Road in W. Bridgewater. If you have seen her or she is with you, please call: Sue or Nick at 802-315-0028 or email sblaue@ gmail.com. 20/TFN

LOST CAT: short haired tiger cat with white on belly on paws. Weights between 10-12 lbs. Green/yellow eyes. Answers to the name Skylar. All shots up to date. Last seen on Forest Street in Rutland. 802-855-8019. 17/TFN

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Paws&Claws

Springtime Safety Tip:

Did you know the most common injuries in pets are lacerations/bite wounds? Many of these wounds are due to fights between animals.

The key in prevention is to spay or neuter your pet, as well as understanding pets' perception of territory, the main source of all conflicts. Your pet's bite wounds might require stitches, bandaging and/or antibiotics in the case of infection. If in doubt about treatment or if it is a seriousness wound, call your veterinarian. Keep in mind that a wounded animal might be much more aggressive and unpredictable when in pain. Take precautions, particularly when inspecting any wounded area of your pet's body.

Springfield Humane Society Pet Feature



Oscar is a 5 year old Boxer who lost his home. He absolutely cannot go to a home with cats or small children. Otherwise he is a lovable lug who likes walks, car rides, and people! Oscar is crate trained, housebroken and used to a fenced vard. He is here along with 2 Call the Shelter at 885-3997 or stop by Wed-Sat noon-4:30 - it's the place best friends meet!

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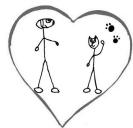
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(Go to forms/applications, scroll to VSNIP, and print the 3 highlighted forms.)

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LUKE - 5 year old. Neutered Male. Pointer/ Labrador Retriever mix. I am a handsome dog who loves to call my crate home! I am eager to meet you and am ready for any adventure that may come our way!

BOOTY - 7 month old. Spayed Female. Domestic Short Hair Buff. I'm a petite stray kitten who came in on April 1. I'm no fool though. I enjoy one on one love and attention. So who wants me all to themselves?

PRINCESS - 3 year old. Spayed Female. Rat. I am a sweet and social little girl that loves to be held and climb on your shoulder as you walk around. Oh yeah, I absolutely love bananas!

BRAMBLE - 2 year old. Neutered Male. Boxer mix. I'm an adorable fella who enjoys being with people. I'm a good natured guy who is easy to handle. I'm a social boy who is eager to please.













ANGEL - 3 year old. Spayed Female. Domestic Short Hair Brown Tiger. Hi, I'm an Angel. So here I am looking for an angel of my own to come adopt me. I have lived with other dogs and cats, so I can fit into many homes.

BANDIT - 2 year old. Neutered Male. Ferret. My owner was moving and could not take me or my best friend Romeo along so here I am. I am a very social guy and I love people and attention!

MARBLE - 2 year old. Neutered Male. Domestic Short Hair Black and White. I was named because of my remarkable marking. I am a kitty with a great personality which is loving, friendly and playful.

SAL - 6 year old. Neutered Male. Hound/German Sherpherd mix. I love all kinds of toys but I especially love when you throw them in the air and I catch them! And then we do it again! Yeah!.

RAVEN - 1 year old. Spayed Female. Domestic Short Hair Black. I was a stray from Rutland City and I am done with the streets. I enjoy being with people and would prefer to be kept inside and safe.

OREO - 10 year old. Neutered Male, Labrador Retriever mix. I love to play with tennis balls and am a great retriever. I know a bunch of tricks, too, including Sit, Shake, High 5 and Sit Pretty. I also love to catch treats in mid air!











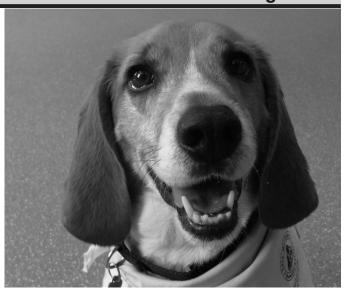


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Our generous greens allow you to attack the flag with confidence. This 6,186-yard, par 72 course presents a refreshing round for any golfer, no matter what skill level or handicap. And at our 2,000-foot elevation, gentle breezes offer a soothing respite from the summer sun.

The Killington Golf Course features a full practice facility, including 14-station driving range, a 12,000 square-foot putting green and practice bunker. Appropriate golf attire is required, collared shirts and no jeans, please.









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