

Rutland Beats Boston!

PRSRT STD U.S.
Postage
PAID
Killington, VT 05751
Permit No. 14

Car-Rt-Sort
Rural Route
Boxholder Local
ECRWSS

PAGE 17

The Mountain TIMES

Volume 40, Number 1

Central Vermont's Premier Weekly Newspaper

January 6-12, 2011

GENERATION Y

Goodbye, McRib

I ate it regularly – all 500 calories and 980 milligrams of sodium – and gradually came to think of it as something that would always be accessible to me. Now it's gone, and for all the McRibs I ate, I wish I'd eaten more.



PAGE 15

BOOMERS

Hey Buddy, Got a Light?

I remember when you could smoke on an airline. It is hard to believe it was not that many years ago. I had gotten quite used to non-smoking establishments living in Vermont and it has been a rude awakening to realize that South Carolina has not gone smoke-free.

PAGE 8

LOCAL SECTION

Regional News

"The facts Ma'am. Just the facts." The Mountain Times gives you good, clean, local news without the editorializing. You're smart enough to figure it out for yourself!

PAGES 17-21

SURVIVING THE TIMES

10 Top Sins That Lead To Debt

If you must buy groceries, gasoline or other essentials using credit because you have no money in your checking account, you need to take immediate action.

PAGE 27

WINE EXPERIMENTS

Wine Service

Tipping on wine is often a question with no clear answer. Different opinions vary from a flat tip (\$5 per pulled cork) to 10% of the bottle price to the regular service gratuity of 15 to 20 percent.

PAGE 14



Snow and How It Got That Way

Story and Illustration
by Greg Crawford

Snow is a fact of life in Vermont. We're used to it, and we know how to deal with it. We dream up new and interesting ways to play in it, and lots of people dream up new and interesting ways to make money from it. There are alpine and cross-country ski areas, places to go snowshoeing, and a vast, statewide network of snowmobile trails. A great many Vermonters supplement their yearly income by plowing the stuff out of our way.

But just exactly what is this stuff we call snow? The Inuit people have something like a hundred names for snow, depending on when and where it fell, what the temperature was, and its consistency. Guess there's not a lot to do up there in the winter. We just call it "snow," although

sometimes we'll use some colorful adjectives, depending on the circumstances and our state of mind when a load of it slips off a tree and down the back of our jackets. It's interesting that something so white can elicit such blue language!

Anyway, a snowflake is an ice crystal. The molecular structure of water is such that, when it freezes, it always crystallizes in a hexagonal form. Snowflakes form around microscopic particles called "ice nuclei" – dust, essentially – that floats around in clouds. When the moisture content of a cloud is sufficiently high, and the temperature sufficiently low, a snowflake forms. If the conditions are right, bazillions of 'em will form and fall to earth, and legions of skiers and riders pack up and double-time it for the slopes.

Snow, Page 2



The Mountain Journal
by Tony D. Crespi

College Ski Break 101: Savoring a Mountain Escape

"I spent much of the eight years I was in college skiing!" The fellow speaking leaned back thoughtfully in his chair as he reflected on the day. Sitting in the Skyeship Lodge at the base of the Killington gondola last January, I asked how it came that he had spent his college course skiing. Looking thoughtfully first at his ski boots, and then at his wife who sat across the table, he took a short breath as he began.

"I'm from Westchester County in New York and grew up skiing weekends. We had a second home at Killington and we would drive up every Friday night. From as early as I can recall I dreamed of spending a winter skiing every day. So when it came to time to choose a college I looked in Northern New England!"

"Fortunately he now has a good job on Wall Street," added his father. "I was worried for awhile and wondered how employers might perceive his time skiing. But, it has worked out well! Now he mostly skis weekends."

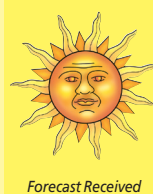
I smiled. In truth, how many parents would be comfortable with a child attending college for eight years? Still, glancing around the Skyeship lodge last January, just before classes resumed at most institutions of higher learning, it was clear that the mountain was filled with college students enjoying a momentary ski break. In fact, the room was filled with groups of college students talking about skiing, about classes, about majors, and about graduate school options. Clearly for some, skiing was just a brief diversion and fun escape. For others, though, it was clearly a prominent part of an overall outdoor lifestyle.

One skier, at a table behind ours, quickly added his two cents. "I take my classes on Tuesdays and Thursdays and ski five days a week! My brother decided to attend the University of Colorado but I wanted to ski here at Killington. Castleton State College is nice and close and it's perfect! I ski more often than my brother! After I graduate with my degree in sports administration I'm going to work full-time in the ski industry."

Here's reality: Most skiers will not elect a college based on proximity to skiing.
Mountain Journal, Page 3

INDEX

| | | | | | |
|---------------|-------|------------------|-------|---------------------|-------|
| Arts & Events | 6-8 | Generation Y | 15 | Movies | 25 |
| Boomers | 8 | Health | 24 | Pets | 30 |
| Cartoons | 25 | Home & Garden | 26 | Real Estate | 31-32 |
| Classifieds | 28-29 | Horoscope | 21 | Service Directory | 23-23 |
| Crossword | 25 | Local News | 17-21 | Surviving The Times | 27 |
| Dining Guide | 9-15 | Mountain Journal | 1 | Wine | 14 |



WEATHER

| | | |
|-----------|--------|--------|
| Wednesday | Cloudy | HI 31° |
| Thursday | Cloudy | 30° |
| Friday | Snow | 32° |
| Saturday | Snow | 29° |
| Sunday | Cloudy | 28° |
| Monday | Cloudy | 31° |

Forecast Received
January 4, 2011

Visit our website
www.mountaintimes.info

Snow

continued from page 1

For those who collect such arcane tidbits of trivia, the U.S. record for snowfall in a single season occurred between July of 1971 and June of 1972. 1,122 inches – that's 93 1/2 feet – of snow fell at Rainier paradise Ranger Station in Washington. The most snow to fall in a single month was in Tamarack, California in January of 1911. They got 390 inches (32 1/2 feet). The record for a single 24-hour period was set in 1921 when 76 inches (6 feet 4 inches) fell in Silver Lake, Colorado.

Snowflakes form in either platelike or columnar patterns, depending on the temperature of the air and the humidity level. We are most familiar with the platelike variety, which form when the temperature is about 5° F (-15° C). These can be solid, six-sided plates with patterns seemingly etched in the surface, or six-pointed stars with kaleidoscopic repetitions of intricate, feathery designs on each arm of the snowflake. Columnar snowflakes form when the temperature is around 23° F (-5° C), and the humidity is higher. They can resemble long ice needles, or even hexagonal tubes with a six-sided plate at each end.

Now, a platelike snowflake is only a few microns thick, and scant millimeters in diameter, and the fragile delicacy of either form, platelike or columnar, made

studying them just this side of impossible. That is, until "Snowflake" Bentley took it into his head to record the patterns of snowflakes photographically.

Wilson Alwyn Bentley was born on February 9, 1865 in Jericho, Vermont. His grandfather had been one of the town's first settlers in 1800, and his father was a well-respected farmer. Willie, as he was known in his youth, was small for his age, only five feet tall, and a quiet, sensitive, young man. He had a sharp, inquisitive mind, and a particular fascination with the often-overlooked subtleties of the natural world around him. He paid close attention to the small things that most others missed completely. He collected specimens of local flora, fauna, and rocks. He was intelligent and studious, having read, from cover to cover, all the books left over from his mother's days as a teacher, including an encyclopedia, a dictionary, and all the math, science, and Latin textbooks in her library. This was all accomplished by the time he was fifteen. That's when his mother decided he was mature and responsible enough to properly care for a precision scientific instrument. So she gave him a microscope.

Anything that would fit under it was studied in infinite detail. The myriad veins in a rose petal, unwary insects, and the tiny organisms that live in a drop of water were all subject to his scrutiny.

As is always the case in Vermont, it was soon winter, and with winter came snow. Young Mister Bentley was eager to examine a snowflake under his microscope, but catching one of the darn things wasn't as easy as he'd thought. They would break, melt, or blow away in an instant. He finally set up his microscope in the woodshed. It was just as cold as the outdoors, but it was protected from the wind. He'd catch a snowflake on a board covered in black velvet, then place it under his microscope. Peering through the eyepiece, he would quickly draw the snowflake's unique pattern. Over the course of three winters, Willie Bentley amassed a collection of over 300 drawings of snowflakes.

But drawings, no matter how detailed and accurate, did not do justice to the intricacies of a snowflake's beautiful patterns. Willie wanted to photograph them. He'd seen a camera that would fill the bill, but it cost \$100; a lot of money back in the early 1880's.

Willie's father was more than a bit skeptical of his younger son's peculiar passion, but on the boy's seventeenth birthday, he was presented with the very camera

he'd wanted. As soon as it snowed again, Willie tried to photograph a snowflake, but the blurry image was... well, blurry. And it was useless as a record of the snowflake's pattern. Willie was frustrated, but not about to give up.

It wasn't until the following winter that the determined young man figured out how to control the amount of light allowed into the camera, and to lengthen his exposures to achieve – Ta-da! – a perfect photograph of a snowflake.

The journal in which he kept meticulous notes on the weather read, "Snow crystals. January 15, 1885. Temp. 21-27° F, loud wind SW, snowfall about 5 inches, general storm, dark, cloudy. No. 1 to 5. First snow crystals ever photomicrographed."

The fragility of a snowflake cannot be overstated; look at one sideways and it disappears. Bentley spent a lot of time perfecting a technique for capturing snowflakes, transferring them to a black tray on which to shoot them, and not even breathing near them while he made an exposure. Even at temperatures well below freezing, his snowflakes would quickly evaporate. He learned that he could gain valuable seconds by surrounding the snowflake he wanted to shoot with several other snowflakes. When the air immediately above the snowflakes absorbed moisture from several snowflakes instead of just one, the rate of evaporation was slowed considerably. Smart kid.

Friends and neighbors may have thought the lad was half a sandwich short of a picnic; hence the nickname, "Snowflake," but young Bentley's obsession would eventually earn him respect and acclaim in the scientific community.

In 1898, Bentley visited the offices of George Henry Perkins, the professor of geology at UVM. Perkins had a doctorate in geology, and had taught the subject for thirty years. He was the curator of the university museum, the Vermont State Geologist, the author of several books on geology and botany, and a contributor to the Encyclopedia Britannica. He was not easily impressed.

That is, until he saw "Snowflake" Bentley's photographs. Perkins was lavish in his praise of Bentley's work, and bought several of the photos to show his students. The professor also helped Willie write his first scientific article, "A Study of Snow Crystals," which appeared in the May, 1898 edition of Appleton's Popular Scientific Monthly. "Snowflake" Bentley was finally being taken seriously. In later years, Bentley had articles published in what are now obscure and defunct publications, but also in National Geographic, The New York Times Magazine, Harper's, Popular Mechanics, and many others. He became renowned as the foremost expert on the formation of snow crystals. Bentley was also much in demand as a speaker at scientific conferences, but he gave equal time to elementary schools and church groups.

Over the course of his career, Bentley catalogued more than 5,000 photomicrographs of snowflakes. It took him years, but he eventually produced a book of over 2,500 of his best pictures.

Bentley's passion may have been snowflakes, but he also took pictures of frost on windows, dew on spider webs, and did groundbreaking research into raindrops, too. Bentley originated a technique to determine the size of raindrops that is still in use today. He would allow a limited number of drops to fall in a pan with about an inch of flour in it. From the hardened balls of dough it is possible to extrapolate the size of the raindrop.

Wilson A. Bentley died on December 23rd, 1933 at the age of 66. This simple Vermont farmer had made a significant scientific contribution to the understanding of a meteorological phenomenon that we all take for granted.

Okemo Valley Nordic Center Open

With a recent delivery of snow from Mother Nature, Okemo Valley Nordic Center opened for the season with 15 kilometers of tracked and skate-groomed ski trails, and 11 kilometers of snowshoe trails.

Extending across pristine meadows and rolling hills, a hidden world of beauty and adventure invites winter enthusiasts to discover the joy of cross-country skiing and snowshoeing at Okemo Valley Nordic Center. The well-marked trail network features 22 km of tracked and skate-groomed terrain for skiers, and 13 km of trails dedicated to snowshoe trekkers. Okemo's Nordic Center trails are ideally suited to all ability levels, from novice to expert.

Demos, equipment rentals, repairs and waxing are available on-site. Instruction is available for all ability levels. Group lessons and private lessons are offered daily.

Okemo Valley Nordic Center operates from 8 a.m. to 4 p.m., on weekends and during holiday periods; and from 9 a.m. to 4 p.m. Monday through Friday. It is conveniently located on Fox Lane, just one mile from Okemo Mountain Resort's Jackson Gore.

For more information, call the Okemo Valley Nordic Center at 802-228-1396.

The Ginger Tree
 Mon.-Sat. 9:30-6, Every Sun. 12-5
 45 No. Main St., Rutland, Vt.
 775-7256
 Sizes: • Missy 6 to 16 • Women's 16W to 26W



Blue Clothing Sale
40% off 2 or more
20% off 1 item includes outerwear

We don't just sell WINE WE KNOW WINE



- Great Prices
- Knowledgeable staff
- Personal service
- Big city selection in a country store setting

CASTLETON VILLAGE STORE
 Main Street, Castleton
VERMONT
 802 468-2213

CHOICES, CHOICES

OKEMO/MOUNT SUNAPEE FLEX CARD
 25-50% savings on lift tickets 7-days a week, all season!

- 50% off midweek (Mon-Fri, non-holiday) single full day lift tickets.
- 25% off weekend and holiday single full day lift tickets.
- January and March Bonuses: 50% off Sundays, Jan 9 & 23 and Sunday, Mar 6, 13, & 20, 2011.
- 50% off 7 days a week from March 21-Closing Day in April 2011.
- Discount also applies to single-day, full-day, PM half-day and Sunday Solution lift tickets.

Ski or ride FREE with your Flex Card on Saturday, April 2 and Sunday, April 3, 2011!


BONUS Savings Days! Email notification of special Flex Card deals throughout the season (must supply email address when purchasing).
 Adults: \$119.00, Young Adults/Seniors: \$109.00, Junior/Super Senior: \$99.00

THE OKEMO 8-PACK and 12-PACK
 Eight days of skiing and riding for the price of seven OR
 Twelve days of skiing and riding for the price of ten!

- Transferable between family and friends.
- Valid every day of the season, no restrictions!
- 8-Pack may be used for one or two tickets per day; 12-Pack may be used for one, two, or three tickets per day. (After March 8 these limits are waived.)
- Valid through Closing Day in April 2011. (No rollovers, please.)

8-PACK: Adults: \$567.00, Young Adults/Seniors: \$497.00, Junior/Super Senior: \$385.00
12-PACK: Adults: \$810.00, Young Adults/Seniors: \$710.00, Junior/Super Senior: \$550.00

Some restrictions apply. VT state sales tax not included. Visit okemo.com for details. Rates subject to 6% VT Sales Tax. Okemo Flex Cards can be purchased at Resort Services or purchase NOW in our Online Store (secure2.okemo.com/seasonal). (802) 228-1600



OKEMO MOUNTAIN RESORT
 LUDLOW, VT | 1-800-78-OKEMO | OKEMO.COM

We Have You Covered. Snowmobile Insurance




Auto
Home
Life
Disability

Rates as low as \$31

We write anywhere in the state of Vermont

Bill Vien Agency
 240 S. Main Street, Rutland Tel: (802) 775-2587 • Fax: 802-775-1609
 www.allstate.com/bvien
1-800-953-2587


WHAT'S HAPPENING LOCALLY?



"Access" is your source for Rutland County television information. We cover the events, activities and people that you want to know about.

Watch "Access" each week on cable Channel 15
 7:30 PM Thursday • 10AM Friday • 3:30 PM Saturday

Don't have Cable TV?
 Watch "Access" on the web at WWW.PEGTV.COM



PEGTV
 RUTLAND COMMUNITY ACCESS
 1 Scale Avenue / Rutland, VT / 802.747.0151

Mountain Journal

continued from page 1

At the same time, schools such as nearby Dartmouth College and Castleton State College offer a unique opportunity to balance skiing with academics.

At the same time, the lodge was mostly filled with students who had travelled a few hours to ski. The conversations, and sweatshirts, told the story! There were skiers from The University of Connecticut at Storrs, there were skiers from Boston College, there were skiers from as far as The University of Virginia, and conversations suggested folks represented every conceivable major, from elementary education to pre-law.

It's not just the students who ski though.

"Skiing and sports can offer a nice balance to academics," notes Robert Leve, Ph.D., A.B.P.P., a noted Clinical Psychologist, Sport Psychologist, Professor of Psychology and the Director of the Master's Degree Program in Clinical Practices at the University of Hartford (CT).

"Sports can add a great balance in life," emphasizes Leve. "I, myself, balanced a Post-Doctoral Fellowship at Harvard University with active involvement in sports."

Understand, Dr. Robert Leve has balanced a successful private practice and academic life with multiple sports interests. From having coached the United States Soaring Team – he is an accomplished glider pilot – to a range of high mountain adventures – Robert Leve has crafted a rich, well-travelled, and highly interesting life of adventure as well as academic challenge.

"Sports can truly enhance your life," emphasizes Leve.

Killington, to no surprise, is a popular destination for many college skiers. Whether enjoying a season pass while attending classes at a nearby college or just enjoying a weekend or week-long escape from school, many college students find a skiing escape offers a nice balance to the stress of an academic year.

Okay. There are students who may go, well, too far. The fellow who spent 8 years earning his B.A. Degree may not have found the best kind of balance. And I did note that one of his parents nearly choked on their soda when I asked why it took so long to acquire the degree.

Doubtless, though, he's not alone. Midweek Killington skiers will find many skiers from local schools who chose this region largely because of the proximity to Killington. And this area is not alone. Many schools in snow country, ranging from the University of Vermont to the University of Utah attract skiers hoping to balance skiing with academics. On the other hand, many college students at schools throughout the Northeast can easily balance weekend skiing in Vermont with weekday classes.

"A weekend escape can be excellent," adds Denise Lafromboise, Ph.D., a former Yale University Post-Doctoral Fellow with interests involving women's issues and body image. "Learning to balance academics and skiing," notes Lafromboise, "can be good practice for learning to balance home and work issues in later life."

Honestly, learning to create a healthy balance of work and play – school and skiing for many college students – can be good practice. Last season Dr. Robert Leve found that Vermont is much more than a ski destination. In fact, he told me that the mountain ridges create updrafts and strong currents, ideal for soaring. His point? He and several friends found that nearby Springfield was an excellent "launch" for hours of soaring thrills, enjoying a unique view on the mountains, trails, and the region.

College Skiing? In truth, many college students have multiple interests. Skiing is one interest which can nicely compliment academics. "My daughters raced when they were young," recalls Leve, "and it was a great way to enjoy winter. Now, both are successful but both remain active and enjoy a healthy lifestyle."

For college students, Killington attracts a wide array of students. The fellow I met at the Skyeship Food Court who spent 8 years earning his degree is now a successful businessman in New York City who skis weekends and holidays. The next day I rode the chairlift with two young co-eds who had driven to Killington from the University of Maryland. Those two students were enjoying a week-long escape before starting the spring semester.

In reality, skiing does attract a wonderful mix of students, and interests. How well balanced is your life? How do you balance sports (i.e. skiing) with daily life? The folks we have visited in this column have enjoyed a rich mix of interests. It's part of crafting a well-balanced life. Skiing 101? It can happen as a weekend class. A week-long class. Or a semester or multi-year course of study.

Let's stop. It's time for a ski break. Let's hit the slopes. Carpe Diem.

Columnist Tony Crespi is a former ski school supervisor and coach whose column is published throughout the season. He is a frequent contributor to publications throughout snow country.

Killington This Week

by Kim Jackson

If you haven't figured it out by now, Killington is in the thick of its annual Collegiate Snowfest weeks, which continue through Jan. 14. For college students on holiday break, Collegiate Snowfest and the special Collegiate Winter Games (which end tomorrow) are a great way to have fun with friends, get a bit of exercise, and give the brain a break before hitting the books again at the end of the month. Simply by presenting their college I.D., student receive deals in restaurants and shops plus special college-week nightclub festivities. The Collegiate Winter Games Headquarters is free to all with a college ID and is designed for students to relax, listen to music, hang out, and meet other students. The Headquarters is located in the Snowshed Lodge and will be open 9 a.m. – 5 p.m. today and tomorrow. Registration is required for today's event, the Cardboard Derby and competition begins at 12:15 p.m. Prizes will be awarded after the event. This event challenges student teams to piece together and construct a homemade sled, then race down the mountain. Entries will be awarded prizes

The Mountain Times • January 6-12, 2011 • 3
for creativity, function and design. Teams will race crafts on a moderate course. Crafts must be constructed using only limited materials such as cardboard, tape, zip ties and paint. Teams will be judged on artistic merit, technical innovation, school spirit and race result.

This month Killington has partnered with hundreds of resorts across the country for January Learn to Ski and Snowboard Month and is offering free Learn to Ski and Snowboard lessons to anyone 16 and older accompanied by a friend/family member purchasing a full-day adult lift ticket on the same day. Free lessons are limited to the first 150 who register and are not valid Jan. 15-17, 2011. Last year, more than 30,000 new skiers and riders were introduced to winter sports during the January Learn to Ski and Snowboard Month promotion. Those who take advantage of the free learning opportunities may purchase two additional days of lessons, including rentals and learning area lift tickets, for just \$60.

Winter Dew Tour is Coming to Killington Jan. 20-23

If you haven't heard the news by now, here it is again: The Second Stop of the Winter Dew Tour Arrives in Killington Jan. 20-23. Boasting the largest media platform

Killington, Page 5

THE WOBBLY BARN STEAKHOUSE

"EVERYTHING ABOUT IT ROCKS"



JOIN US FOR HIGH ALTITUDE ENTERTAINMENT

Thursday, January 6
JOEY LEONE TRIO
Guitar Wizardry and MORE!

Friday, January 7
JOE BACHMAN & CREW
The Crew is ready for you!

Saturday, January 8
HAPPY HOUR
FREE NACHOS 4-7PM

Party With BOBBY DARLING SHOW
Don't miss this great band

Nighttime
JOE BACHMAN & CREW
Party All Night Long!

STEAKHOUSE OPENS AT 4:30PM NIGHTLY

Indulge in an exceptional dining experience at the famed Killington steakhouse, the Wobbly Barn. Our innovative menu boasts the finest beef, enhanced by a tempting variety of chops, seafood, Vermont Specialties and our renowned soup, salad and fresh bread bar.

Our celebrated wine list features some of the finest wines from around the world.



WOBBLY BARN
Free Shuttle Fri. & Sat. Night
1-800-VIP-BARN

WWW.WOBBLYBARN.COM • 802-422-6171
2229 KILLINGTON ROAD, KILLINGTON

Telemark Demo Day at Pico

Mountain Travelers Freeheel Ski Shop of Rutland's annual telemark demo is at Pico this Sunday, January 9th! Don't miss it.

Each year Peter and Joann Kavouksorian, the owners of Mountain Travelers, get together with Pico and the telemark ski industry reps, to offer a day of free telemark demos at Pico.

Located at the base of the Golden Express Quad between 9:00 am and 3:00 pm, Mountain Travelers will have telemark skis and boots to demo for free. Demos are on a first come, first served basis and are available to try telemark skiing, and the industry's newest equipment. To sign up, a deposit of a license or credit card is required. Look for the tent!

Lessons will be available through the Pico Ski School. To purchase a lesson, go to the ski school ticket window.

"Bending a knee since '73," Mountain Travelers has been promoting telemark skiing in the area for over 30 years. Husband and wife team Joann and Peter Kavouksorian are well known in the area as long time 'tele' skiers at Killington and Pico. Their shop in Rutland sells backcountry, telemark and alpine touring ski equipment. They specialize in freeheel skiing.

For information on the telemark skiing demo at Pico, alpine touring, backcountry skiing and climbing skins, contact Mountain Travelers at 802-775-0814.



THE FORERUNNER
SKI SHOP

www.forerunnerskishop.com

COLLEGIATE SNOWFEST IS HERE!



Stop in at the Forerunner and enjoy 20% OFF of RENTALS, TUNES OR ANY OTHER SERVICE NEED.

Offering great new skis from:



Be sure to ask about our Group Rates for parties of 8 or more.

The Forerunner Ski Shop • 2324 Killington Road • 802-422-3950
www.forerunnerskishop.com • frskishop@comcast.net

Winter Hours: Mon-Thurs 8:30am-8pm, Fri 8:30am-11pm, Sat & Sun 7:30am-8pm

MOUNTAIN TRAVELERS

FREE HEEL SKI SHOP

TELEMARK SKI SPECIALISTS!

"The Best Selection in the East since 1976"

K2 • BLACK DIAMOND EQUIPMENT
SCARPA • G3 • GARAMONT • ZZ DESIGNS

TELEMARK DEMO DAY AT PICO!

SUNDAY • JANUARY 8TH 9AM-3PM \$15 LESSONS

Route 4 East • Rutland • 775-0814 • mttravelers.com

IT'S NOT THE SKI SHACK ANYMORE

Killington SPORTS

15 Specialty Stores!
and the Concept Shop from

obermeyer
FROM THE HEART OF THE MOUNTAINS

featuring a great selection of all their collections

SPYDER
Ski Outerwear & Accessories

BURTON
Snowboard Apparel & Accessories

Smith Optics
Goggles, Helmets, Eyewear & Clothing

OAKLEY
Goggles, Sunglasses & Accessories

HH HELLY HANSEN
Outerwear, Under Layer & Footwear

Corner of Killington Road & Route 4 • 802-422-6800
Open Monday Through Thursday • 8:30am-6pm, Friday 8:30am-9pm
Saturday 7:30am-9pm, Sunday 7:30am-6pm

OBERMEYER
SPYDER
BURTON
OAKLEY
SMITH
HELLY HANSEN
GORDINI
GIRO
SCOTT
UNDER ARMOUR
BULA
AUCLAIR
THE NORTH FACE
SKULL CANDY
O'NEILL
BONFIRE

PICO MOUNTAIN LEARN TO SKI/RIDE

FOR AGES 7 AND OLDER

Single and multi-day packages include rental equipment, a full day lift ticket and a 90-minute lesson (lift ticket is limited to the Bonanza lift). Half day lessons meet at 10:15 a.m. and 1:15 p.m. Thursday through Monday and every day during peak periods.

LEARN MORE AT PICOMOUNTAIN.COM

(866) 667 PICO

Pico MOUNTAIN VERMONT

PICOMOUNTAIN.COM

Aspen East & The Summit Lodge Host Free Ski Movie

Aspen East Ski Shop And Surf The Earth Snowboards Hosts The Killington Premiere Of "The Story" at The Summit Lodge on Saturday, January 8, 2011 at 7:00 pm. Join us for an evening of skiing and mountain sport cinema from The Ski Channel Film Tour.

"The Story" features mountain sports' biggest stars including the marquee athletes of alpine skiing, Bode Miller, Lindsey Vonn, and XGames phenom Bobby Brown. It is the poignant narratives and mesmerizing alpine backdrops that tell the tale of those who devote their lives to the mountain. The feature HD film, "The Story," anchors the slate of films presented by The Ski Channel on the first annual Ski Channel Film Tour.

The show starts at 7:00 pm for The Ski Channel Film Tour Premiere of "The Story," but get your seat early during happy hour at the bar in The Summit Lodge. Tickets for the premiere are FREE! Plus there will be giveaways for everyone.

"The Story" was shot on location in Mt. Everest, Nepal, the Antarctic Peninsula, Portillo, Chile and Las

Leñas, Argentina. The film takes viewers on an incredible journey down sky-scraper steep first descents in Haines, Alaska and to iconic ski resorts like Mammoth Mountain, Whistler Blackcomb, Jackson Hole, Snowbird, Grand Targhee, Deer Valley and Vail. Through poignant stories and epic skiing, snowboarding, river surfing and unimaginable variations of human flight, the film explores the intangible feeling that drives those who devote their lives to the mountains.

"The film is a celebration and character study of some of the most interesting, successful, daring and charismatic people on the planet," said Bellamy who also wrote, produced and directed the film. "It is a piece of work that will hopefully be unifying to our industry as it speaks to all of those appreciative of ski films and mountain sport cinema. It is inspirational. It is an incredible, death-defying journey of human accomplishment that rivals anything we will see in our lifetimes."

Such shots include Jamie Pierre hucking 255 feet off the back of Fred's Mountain in Grand Targhee, Willie Bogner's work in the Bond films, Bode Miller taking on a giant Hammerhead shark, and Mike Tierney sending a 120 foot cliff into water. The teaser for "The Story" can be viewed at www.theskichannel.com/filmtour. In addition, this evening of mountain sports cinema includes a showing of a short film titled "Shane and the McConkeys."

A documentary on the late Shane McConkey was in production in the spring of 2009. On March 26, 2009, four days into the shoot, the legendary ski pioneer was tragically killed during a wingsuit ski base jump in the Italian Dolomites. Like everything else in Shane's life, the in-depth accounts over those four days were powerful and inspiring. Many of the sport's core-enthusiasts followed Shane on his endeavor to take skiing where it had not gone before. Using his parachute to ski lines seemingly incapable to man, "close-out lines," Shane pushed the sport and allowed us to witness the incredible... the inexplicable. While we are left with the indelible mark he left on our sport and vivid imagery that accompanies it, few were privy to the gentler side of Shane McConkey. Through interviews with Shane, his wife and daughter, as well as snowboard legend Jeremy Jones and his daughter, the short film provides a unique portrayal of a doting father, husband and friend that is as much (and to many, more) Shane's legacy as rockered fat skis and wingsuits.

"The Story" is part of The Ski Channel Film Tour that is traveling across the country, spreading the message of mountain sport infatuation through ski cinema. Contact Aspen East Ski Shop & Surf the Earth Snowboards for more information at 802-422-3739, or stop by 3429 Route 4, Killington, Vermont. Sponsored in part by the Town of Killington Office of Economic Development and Tourism.



Green Mountain National Named Vermont's Best Course

Killington's Green Mountain National has been named Vermont's Best Public Golf Course for the fourth consecutive year by Golf Digest. Green Mountain is the only Vermont Golf Course to have received such consistent acclaim from the sport's leading consumer publication. However, the course isn't resting on its laurels - improvements are underway in preparation for new offerings in Spring 2011.

"We're really pleased to be honored as Vermont's Best Public Golf Course again this year," said Green Mountain National General Manager and PGA Professional David Soucy. "But we know that to maintain our Number 1 ranking, we need to constantly improve the course and offer incentives to encourage golfers who have never played Green Mountain National to see what they're missing."

During this off-season, Green Mountain National is remodeling the lower driving range to double golfer capacity, and improving drainage on holes number one and four. The course also plans to get a jump on the golf season by opening the clubhouse to members for indoor practice. The outdoor range will open to members on April 1.

Green Mountain National has earned its unparalleled reputation because of its exceptional layout, unparalleled service and professional staff. The course has distinctive elevation changes, impeccably manicured surfaces and provides a true challenge to golfers of all abilities. The course also features a complete clubhouse and pro shop facilities. Golf Digest also has also heralded Green Mountain National as "One of North America's Top 5 New Upscale Courses."

"We'll be introducing some new programs and benefits for members this coming season, as well as providing incentives for tournaments and groups to hold their events at Green Mountain National," Soucy said. "We'll also be adding a special members-only benefits section to our website as well as a number of new stay and play packages for visitors."

Green Mountain National is located just off Route 100 on Barrows Towne Road. The par-71 Championship Course features five sets of tees, full service indoor and outdoor dining and bar, online tee time reservations and a full-service pro shop.

Killington

continued from page 3
in all of winter action sports, the Winter Dew Tour will be televised live on NBC, simulcast on Verizon V CAST and around the world on Eurosport 2 and Fox Sports Australia, with additional broadcasts on USA Network, MTV2 and Universal HD. The four-day event will feature a 22-foot superpipe at Bear Mountain while showcasing the top winter athletes from around the world competing in freeskiing (slopestyle and superpipe) and snowboarding (slopestyle and superpipe). Athletes are competing for the highly coveted Dew Cup that will be awarded at the Toyota Championship at Snowbasin Resort in Ogden, Utah. They are also vying for some of the \$1.5 million in prize money.

For more details on what's happening at Killington, visit www.killington.com.

ASPEN EAST

SKI SHOP

Route 4, Killington at the Time & Temperature Sign
#1 for 35 Years • Where "Quality has no Competition"
802-422-3739 • www.aspeneast.com









Winner of
"The Best of New England"
Area Snowboard Shop.

802-422-3931
www.surftheearthsnowboards.com



&



Present

FREE MOVIE!

"THE STORY"

and

"SHANE AND THE MCCONKEY'S"

at the Summit Lodge

Saturday, January 8, 2011 at 7PM

Join us for an evening of skiing and mountain sport cinema from the Ski Channel Film Tour!

RSVP (802) 422-3739 or cathyq@aspeneast.com for your FREE Ticket







Art & Entertainment

NIGHTCLUBS

THURSDAY, JANUARY 6

Clear River Tavern Eve-Open Mic w/ Clear River Band
 Wobbly Barn Eve-Joey Leone Trio
 Grist Mill HH-Live Entertainment
 Saint's Pub @ Summit Lodge Eve-Musician's Showcase w/Frank Chase

FRIDAY, JANUARY 7

Double D's Eve-Music & Dancing
 Outback Eve-Joey Leone
 Double D's Eve-The Freeze
 McGrath's Irish Pub Eve-Tom O'Carroll
 Wobbly Barn Eve-Joe Bachman & Crew
 Grist Mill HH-Long Trail Happy Hour Party

Saint's Pub @ Summit Lodge Eve-Vibratones
 Woodbridge Cafe & Coffeehouse Eve-Frank Chase
 Woodbridge Cafe & Coffeehouse Eve-Open Mic BYOB

SATURDAY, JANUARY 8

Ramunto's B'Water Eve-Whiskey Business
 Wobbly Barn HH-Bobby Darling Show
 Wobbly Barn Eve-Joe Bachman & Crew

Woodbridge Cafe & Coffeehouse Eve-Open Mic BYOB
 Saint's Pub @ Summit Lodge Eve-Frank Chase
 Outback Eve-Joey Leone
 McGrath's Irish Pub Eve-Tom O'Carroll
 Double D's HH-James Mee

Grist Mill Eve-Music & Dancing
 Grist Mill HH-Live Entertainment
 Grist Mill Eve-Vibratones
 Grist Mill Eve-Duane Carleton

SUNDAY, JANUARY 9

Clear River Tavern HH-Frank Chase
 Saint's Pub @ Summit Lodge Eve-Joey Leone
 Outback HH-Extra Stout
 McGrath's Irish Pub HH-Extra Stout
 Double D's Eve-Music & Dancing

MONDAY, JANUARY 10

Outback Eve-Jimmy's Pizza Buffett
 Double D's Eve-Music & Dancing

TUESDAY, JANUARY 11

Ramunto's B'Water Eve-Open Mic
 Outback Eve-Magic Hat Karaoke & Bikini Contest
 Double D's Eve-Music & Dancing

WEDNESDAY, JANUARY 12

Clear River Tavern Eve-PBR Pool League
 Double D's Eve-Music & Dancing
 Grist Mill HH-Live Entertainment

MUSIC

Jan. 7 - Chittenden. First Friday Open Mic Night, 7pm, Church of the Wildwood. Musicians, poets, storytellers invited, all ages. Portion of free will donation to Rutland Co. Women's Shelter. 483-2234 for 10 min. spot.

Jan. 8 - Rutland. Opera Theatre of Weston's 12th annual Opera in Winter brings Mozart's The Magic Flute, 3pm, Paramount Theatre; Jan. 15, 3pm & Jan. 16, 2pm, Weston Playhouse. \$15-\$30. 824-3821.

Jan. 9 - Rutland. Little Feat perform at the Paramount Theatre, 7:30pm. 775-0903 for tickets.

Ongoing:
Suns. - Brandon. Informal musical entertainment Sunday afternoons, if & when musicians turn up! We invite competent musicians to come & perform - no fee, no formality! Brandon Music.

SPORT/LEISURE

Thru Jan. 14 - Killington. Collegiate Snowfest Week at Killington Resort. Headquarters at Snowshed Lodge. Scavenger Hunt Jan. 4; King of the Mtn Race & Sled Building Party Jan. 5; Cardboard Derby Jan. 6. Great entertainment & more all week(s) long! 800-621-MTNS.

Thru Jan. 14 - Ludlow. Events at Okemo Mtn: Tues & Thurs in January, 1/2 price lift tickets to US Military Vets, Police, Firefighters, Ambulance personnel. Thank you! Kids ski free M-F, Jan. 3-14 & 18-28, with paid adult. M-F thru Jan. 14, prebuy ticket online & get free lunch! Ladies Day Jan. 11, 18, 25 - ski for \$39. More deals, call 228-1600.

Thru Feb. 9 - Killington. Killington Park & Rec Dept. & High Altitude Adventures provide guided snowshoe tours to Wilderness Camp for heated tent, bonfire & feast. Dinners 5:30pm. Register 422-3932.

Dec. Jan. 5, 12 - Killington. Bud Light Race Series is back at Killington Resort. Each Weds., on Highline. Party location following, TBD. Come watch racers race down the course.

Jan. 6-12 - Woodstock. Public Skates at Union Arena: Jan. 6-7 & 10-12 1:30-3pm. Jan. 8-9, 2:40-4:10pm. 457-2500.

Jan. 8 - Rutland. Rutland Rec Dept Sat. basketball for grades 1-3 begins. 773-1822 for more schedules & times.

Jan. 8 - N. Chittenden. WalkRutland Guided Walk, 10am, Baker Brook Trail. Meet at N. Chitt. Wesleyan Church. Mostly flat, runs near brook w/ wildlife. Sturdy hiking boots or snowshoes recommended. 342-3479. Subject to extreme weather.

Jan. 8 - Killington. Aspen East Ski Shop & Surf the Earth Snowboards present: "The Story" & "Shane & the McConkeys," a Ski Channel Original Production. FREE movie at Summit Lodge, 7pm. RSVP to Cathy: 422-3739 or for info: cathyq@aspeneast.com

Jan. 8-Feb. 12 - Rutland. 6 wk intro Sports Starter Camp, Sats. 4:45-5:30pm. \$38 residents, \$48 non. 773-1822 to register, limited enrollment (15). Throwing, catching, kicking, coordination, agility.

Jan. 9 - Arlington. Killington Section GMC Outing: The Ball. Snowshoe or hike, moderate to difficult 5-6 mi. Meet Rutland's Main St Park 9am. 775-3855.

Jan. 9 - Killington. USSA/ARA MVC Jones Series Racing on Highline, Killington Resort. Not open to public, but come watch skiers race down slalom course for fastest time. 800-621-MTNS.

Jan. 11 - Rutland. Classes begin for Rock Climbing, 7 levels, Green Mtn Rock Climbing Center. Call Rutland Rec Dept 773-1822 for details.

Ongoing:

Rutland-Swimming - The Mitchell Therapy Pool at VAC offers general swimming, aquacise & aquaerobics, swim lessons for infants to adults & private pool rentals. 773-7187 for more info.

Pittsford-Pittsford Rec Dept offers guided walks on Pittsford Trail Network. Walk, hike, snowshoe. Get some exercise, meet new people, get to know trail system. RSVP 468-6500 x17.

Thurs. - Rutland. ACBL Sanctioned Bridge Games nights @ Godnick Senior Center. \$5/ player, guaranteed partner. 287-5756.

Thurs. - Rutland. Chess Club, 7pm, Dana Rec Ctr. Rm. 32. Open to public, free, all ages. Beginners welcome. 773-1822.

Thurs. - Rutland. 3rd Thurs. of each month, Southwest Freedom Riders Monthly Meeting. 7pm. Rutland Elks Club, 44 Pleasant St. All are welcome! 888-299-7937.

Thurs. & Suns. - Wells. Modern Woodmen of America holds Bingo, including special game to benefit a local charity or good cause.

Daily - Woodstock. Cardio/Weights, Cardio Power Stations, Dance, Spinning, Yoga, Ballet, Sun style tai chi, more. Woodstock Rec. Fitness Center, M-F, 6am-8pm, Sat 8am-2pm. 457-1502.

VARIETY

Jan. 2 - Rutland. Big Flicks at the Paramount Theatre brings you "Singing in the Rain" 6:30 & 9:30 pm showings. \$6 & \$4. 775-0903.

Jan. 7 - Killington. Sherburne Elem School Board Meeting, 8:15am. Jan. 12, 2nd marking period ends.

Jan. 7 - Rochester. Rochester School & Public Library brings "The Last Song" in school auditorium. Free.

Jan. 8 - WRJ. Green Mountain Civil War Round Table meet at Hotel Coolidge. Noon. Optional lunch buffet 12:30, bus. meeting 1pm, monthly program follows featuring Marsh-Billings Superintendent Ralph Diamant. RSVP by Jan. 6, 296-2919.

Jan. 8 - Manchester. SVAC's January Exhibitions opening celebration 2-4pm. Free, open to public. 19th Annual Winter Member's Exhibition, thru Feb. 8. Gallery open Tues-Sat. 10-5. 362-1405.

Jan. 8-9 - Rutland. Rutland Youth Theatre holds Wizard of Oz (play) auditions at Dana Rec Ctr. Grades K-12 welcome. \$45 individual, \$80 family. Noon-3pm both days. 773-1822.

Jan. 9 - W. Rutland. Birdseye Mountain ATV Club monthly meeting, 1pm, Sweet Caroline's. Before noon for breakfast or lunch.

Jan. 10 - Rutland. RRCC & REDC Governor's Legislative Breakfast, 7:30am, South Station Restaurant. 773-2747 for details.

Jan. 10 - Castleton. Fireside Crafts at Castleton Library, 7pm. Bring your craft, share knowledge, companionship, tea & snacks by the fire. Craft books on hand. 468-5125.

Jan. 10 - Woodstock. WUMS Parent Network presents Second Mondays series, "Navigating the Middle School Waters - a Student Perspective." 7-8:30pm. Teagle Library, WUHSMS.

Jan. 10 - Killington. Select Board Meeting, 7:30pm. Planning Commission Meeting Jan. 12, 7:30pm. Town of Killington Offices.

Jan. 11 - Rutland. Rutland Garden Club Public Meeting, 11:30am, Rutland Free Library Fox Room. Program "Winter Birding."

Jan. 11 - Rutland. RRCC Mixer, 5-7pm, Cobra Gymnastics. 773-2747.

Jan. 11 - Manchester. Hildene Winter History Series presentation, Places Abe Lincoln Called Home. 7pm, Beckwith Room. 367-7960.

Ongoing

Rutland - Boys & Girls Club open 2:30-7:30pm school days. Drop in \$1/ visit. Lots of events. 747-4944 for details.

Killington - Sherburne Memorial Library Events: Killington Arts Guild acrylics workshop meets every Tues., 10am-noon, free. Tues, 2pm - Matinees. Weds - Mother Goose Story Time, 10:30am. Fris - Preschool StoryTime, 1:30pm. 422-3824.

Head to the Peaks

DOUBLE D'S

Located in the Mountain Green Resort

Après Ski Specials

Daily 3-7pm

Saturday Après Ski party with Mountain Legend

James Mee

Music & Dancing Nightly

Open Daily 3pm-2am
 (802) 422-3344
 133 East Mountain Road, Killington



UNIONARENA COMMUNITY CENTER

Public Skate

Thurs., Jan 6 1:30-3:00pm
 Fri., Jan 7 1:30-3:00pm
 Sat., Jan 8 2:40-4:10pm
 Sun., Jan 9 2:40-4:10pm
 Mon., Jan 10 1:30-3:00pm
 Tues., Jan 11 1:30-3:00pm
 Wed., Jan 12 1:30-3:00pm

Union Arena Community Center
 496-3 Woodstock Rd, Woodstock, VT
 (802) 457-2500
 www.unionarena.org

4th Season

RUTLAND WINTER FARMER'S MARKET

in the old Strand Theatre thru the Rutland Food Co-op, 77 Wales St., Off lower Washington St.

EVERY SATURDAY 10AM-2PM

OVER FORTY VENDORS FROM ALL OVER, VERMONT & WASHINGTON COUNTY, NY WILL BRING MORE AND GREATER VARIETIES OF PRODUCE & PRODUCTS THAN EVER INCL, APPLES, TOMATOES AND MUSHROOMS

- Expanded Varieties of Range Fed Meats & Farm Safe Eggs
- Vermont Grown Wines & Farmstead Cheeses
- Country Bakers & Prepared Foods, Dog Treats
- Specialty Foods & Variety of Exquisite Crafts

NEW THIS YEAR

An extensive new lighting system and more warmth
 USDA-EBT Food Stamp Tokens - Can use your Debit Cards
 DON'T MISS VERMONT'S LARGEST ALL WINTER MARKET

THE VERMONT FARMER'S MARKET
 In partnering with Mark Foley, The Rutland Food Co-op, City of Rutland, Downtown Partnership and RAFFL.
 Info-Greg - 683-5791, Pat 558-2137 - web vtfarmersmarket.org

2010-2011 SEASON GUIDE
 RUTLAND HERALD
 Citizens Bank®
 Official Graphics Solutions Provider
 Holiday Inn® Official Lodging Partner
PARAMOUNT THEATRE

MOZART
THE MAGIC FLUTE

SATURDAY, JAN. 8 @ 3:00PM

LITTLE FEAT
SUN, JAN 9 @ 7:30PM


THE MUSIC MAN
THUR, JAN 20 @ 8:00PM
 Heritage Family Credit Union
 Boker Voller & Greene REAL ESTATE
 Dr. Michael Dick, DDS
 CENTRAL VERMONT VETERANS

GIFT CERTIFICATES AVAILABLE


TICKETS ARE AVAILABLE AT WWW.PARAMOUNTLIVE.ORG OR AT THE PARAMOUNT BOX OFFICE 30 CENTER STREET, RUTLAND, VT OR CHARGE BY PHONE 802.775.0903

W. Pawlet - Wanted: W. Pawlet VFD invites all depts. to enter 4 person teams for 8th Annual Woodchuck Festival Games 2/12/11 at Mettawee Community School. \$20/team. 645-0158.
Mons. - Pittsfield. Pittsfield Historical Society meeting, Town Hall 3rd Monday of the month, 7pm.
Tues. - Rutland. 1st & 3rd Tues. of month, Rutland Area Toastmasters Club meets 6:30-8pm, Dana Rec Ctr. Open to all. International organization which fosters public speaking & leadership skills through local clubs.
Weds. - Killington. Killington Rotary Club meets at Peppino's, 6-8pm for full dinner, guest speaker and/or discussion. Seeking new members! Jan. 12, Killington Fire Chief Patrick McDonnell.
Sats. - Ludlow. Winter Farmers Market at Ludlow Masonic Lodge, 9am-1pm. Localvore galore.
Sats. - Rutland. Farmers' Market, inside at Rutland Co-op, Wales St. Vendors sell fresh veggies, flowers, breads, baked goods, maple products, much more. Live entertainment. 10am-2pm.

HEALTH

Jan. 5 - Rutland. Classes begin for Integrative Yoga at Rutland Rec Dept. Gentle to moderate, all welcome. Bring towel or mat. Various times avail. Call 773-1822 for details.
Jan. 6 - Rutland. RAVNAH Blood Pressure & Foot Care clinic: Parker House 10am. Suggested donation \$2 blood pressure, \$5 foot care. 775-0568.
Jan. 7 - Poultney. RAVNAH Blood Pressure & Foot Care clinic: Young at Heart Center, 9:30am. Suggested donation \$2 blood pressure, \$5 foot care. 362-1200.
Jan. 8 - Killington. Après ski yoga class, Kripalu, all levels welcome. Sats. 4:30pm. \$12 drop in, \$10 owner/member. Spa at the Woods. 422-3139.
Jan. 12 - Rutland. Share Southern Vt Pregnancy & Infant Grief/Loss Support group, 2nd Wed. of month, CVPS Leahy Ctr at RRMCM. 226-7231 for details.

Ongoing
Mons. - Rutland. Look Good...Feel Better program. Free. Female cancer patients learn beauty techniques; 1pm, 1st Mon. of month, RRMCM. 1-800-ACS-2345.
Mons. - Bridgewater. Zumba at Bridgewater Grange, \$4. 6:30pm.
Mon. Wed. Fri. - Rochester. Free aerobics at Rochester Church.
Mon. Wed. Fri. - Rutland. 10:30-11:30am - Arthritis Pool Class. You don't need to have arthritis to benefit from this comprehensive fun exercise program. Locker room & towels included. \$40/10 classes. Holiday Inn Pool, 775-1911.
Mon. & Thurs. - Rochester. Bone Builders exercise program meets 9am, Park House. Lightweight resistance training to help slow down or reverse osteoporosis. 767-3416.
Mons. & Thurs. - Rutland. Commit to Quit program at RRMCM. 4 wk program begins 1st Mon. of each month. Mons. 4:30-5:30pm or Thurs. 9-10am. Register 747-3768. Free!
Tues. - Sex Addicts Anonymous - SAA. Are you suffering from compulsive sexual behavior? Call hotline 1-800-477-8191. Rutland's 12 step group meets weekly at Grace Church, 8 Court St, Rutland. 6:30-7:30pm.
Tues. & Thurs. - Mendon. Weekly Senior Citizens Bone Builders free exercise classes. 10-11am. Mendon Methodist Church. 773-2694.

Mon., Tues. & Thurs. Killington - Anusara Inspired Yoga classes, Mon. 8:30am mixed level, Tues Level 1 & Thurs Level 2, 5:30pm. Pilates Fri. 8:30am. Sat. 4:30pm, mixed level @ Base Camp Outfitters. killingtonyoga.com. 422-4500. Killington Yoga.
Weds. - Mendon. Mendon Senior Citizens plan meeting 1st Wed. of month at Mendon Methodist Church. 773-4187.
Weds. - Rutland. Man-to-Man Prostate Cancer Support Group meet 5:30pm, 4th Wed. of month @ RRMCM. 1-800-ACS-2345.

Thurs. - Mendon. Mendon Sr. Citizens monthly gathering for meals at Countrymen's Pleasure, 4pm or Sugar & Spice 11:30am. 2nd Thurs. of month, rotating location. \$5 donation. RSVP 773-4187.
Thurs. - Brandon. Weight Watchers Meeting, 5pm, Brandon Senior Center.
Killington - Kripalu Yoga LouiseHarrison@live.com or call Louise 747-8444. Weds. 8:45am, ongoing class. Private & small group classes by appt.
Poultney - Young at Heart Senior Center has Free Bone Building Class Tues & Thurs, 9:30-10:30am. 287-9200.
Pittsfield - Bikram Yoga @ Pilates, Yoga & Adventure Center. Mon. & Wed. 5:30 & 7:15pm. Tues. & Thurs. 6am, noon, 5:30pm. Fri. noon. Sat. 9am. Sun. 9am & 4pm. Holiday Schedule: Dec. 29 - 5:30pm only. Dec. 28, 30 - noon & 5:30pm. Dec. 31, noon only. Jan. 1, noon & 4pm. All ages & abilities. 866-677-4268.
Castleton - Castleton Community Center offers Bone Builders, Movement Medley, Better Balance programs, more. Call 468-3093.
Rutland - Pyramid Holistic Wellness Center offers yoga, kickboxing, meditation, dance, martial art & more. All classes drop-in. See ad for details. 775-8080.
Rutland - RAVNAH and RRMCM offer classes for parents-to-be including Birth and Beyond, Birthshop. Register: 775-0568.
Rutland - AA Hotline, Rutland area: 802-775-0402, 24 hours.
Rutland - AlAnon: Call Pete: 773-9548 or Marcia: 775-7479 for meeting info. Beginner meeting Fris, 7pm, The Evergreen Ctr.
Killington - AA Meetings, Sherburne United Church, (little white church, Rte. 4). Tues., 7pm. Thurs., noon. Sats., 7:30pm.

MUSEUMS & EXHIBITS

Billings Farm & Museum-Woodstock. Nov. - Feb., open weekends, 10am-3:30pm. Rt 12N & River Rd. 457-2355. A first-class working farm, operating with a museum of Vermont's rural heritage, dating back to 1871. Jan. 15-17, Sleigh Ride Weekend, 10-3:30.
Brandon Artists Guild-Brandon. Open daily 10am-5pm.
Brandon Music-62 Country Club Rd., Brandon. Art Gallery open 10-6 daily, closed Tues. Harmony English Tea room 2-5pm daily, closed Tues.
Brick Box at Paramount Theatre-Center St., Rutland. Gallery hrs: Thurs-Fri, 11am-6pm & Sat., 10am-2pm & during Paramount Theatre performances. 775-0903.
Carving Studio & Sculpture Center-Marble St., W. Rutland. 438-2097, carving@vermontel.net. Sats. & Suns., 1-4pm & by appt.
Chaffee Center for the Visual Arts-S. Main St., Rutland. Weds.-Sat. 10-5, Sun. 10-4, closed Mon. & Tues. 775-0356. Winter Members' Exhibit, Small Works, thru Jan. 8. Sat. afternoon Drawing Club, free.
Chandler Gallery-Randolph. Gallery hrs: Thurs. 4-6pm, Sat. & Sun. 1-3pm. 728-9878.

ART & ANTIQUES ON CENTER
 60 Vermont Artists • Antiques & Collectibles
ART HOP FRIDAY • JANUARY 14 • 5-7PM
 Gala Event with featured artists & refreshments
 17 Center St., Rutland, VT • 802-786-1530
www.artandantiquesoncenter.com Mon-Sat 10-5, Fri 5-8 (Seasonal)

Gramp's Shuttle
 Enjoy the Nightlife on the Killington Access Road and leave the driving to us!
 Serving Killington & surrounding area year-round
 Handling ALL of your Transportation Needs
 Bachelor & Bachelorette Night Out • AMTRAK • Most airports
 Any & all occasions
Be Responsible. Stay Alive. Don't Drink and Drive
JOHN J. KING 802-236-6600
ADVANCED RESERVATIONS:
(YOUR BEST OPTION; CC REQUIRED) 802-558-1543

MIKE'S HOBBIES
 RT 7 • N. Main St., Rutland • Open 7 Days • 802-775-0059
 Turn Right at intersection of Rt 4E & Rt 7N • Travel Rt 7N .6 mi
10,000 Gift Ideas • www.mikeshobbies.com
A Fun Place to Stop!
We Ship
Buy, Sell, Trade Gold, U.S. Coins, Diamonds, Jewelry
R/C Cars, Boats & Motorcycles Heli's & Planes Nascar Diecast Lionel Trains Sports Cards Paintball Guns Hobby Tools

Green Mountain College-William Feick Arts Center, Poultney. Gallery hours M-F, 1-5pm. 287-8000.
Killington Arts Guild Fine Art Gallery-at Cabin Fever, Rt. 4. Open business days 9-6:30pm. Winter show, Beauty for the Beast, thru Jan. 31, featuring Linda Durkee's Angel of the Mountains & others. 422-3824.
Lulu's Artisan Gallery-34 Strongs Ave., Rutland. Featuring Jan Sabatano-McGinnis. 353-0045.
Maclure Library-Rt. 7, Pittsford. Mon., Tue., Fri., 1-6pm; Wed., 10-8; Thurs., 10-6; Sat., 9am-noon. 483-2972.
Montshire Museum of Science-Norwich. Open 7 days year round, 10am-5pm. 649-2200.
Norman Rockwell Museum-Rt. 4E, Rutland. 773-6095. Self-guided tour. Open daily.
Norman Williams Public Library-Woodstock. 457-2644. Open Mon., Fri., & Sat., 10-5, Tues., Wed., Thurs. 10-7.
Rutland Historical Society, 96 Center St., Rutland, 775-2006. Year-round, Mon., 6-9 pm, Sat, 1-4pm, by appointment for schools or other groups.
Rutland Railway Association-Center Rutland Depot. Former Rutland Railroad depot. Museum exhibits the Rutland Railroad. HO & N scale models. Open Saturdays 11am-3pm.
Slate Valley Museum-Water St., Granville, NY. 15th anniversary year. 518-642-1417 for info.
Timco Gallery-Center St., Rutland. Gallery hrs Mon - Sat. 773-3377. Portion of sales proceed local student art programs.
VINS Nature Center-Rt 4 (Next to the Quechee Gorge) Quechee. Daily activities, programs, exhibits. 359-5000 for info.
Wallingford Historical Society Museum-Town Hall, School St., Wallingford. 446-2831. Permanent collection of costumes, photographs, memorabilia.
Woodstock History Center-26 Elm St, Woodstock. Fri-Sun 12-4pm. Other days by appointment. Art, furniture, clothing, musical instruments, more. 457-1822 for info.

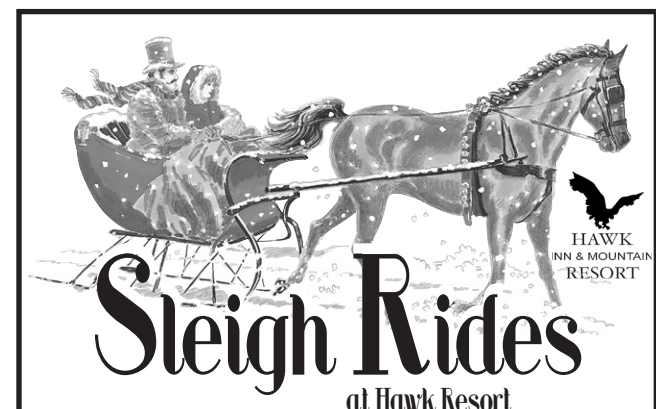
COMING UP

Jan. 20-23 - Killington. Winter Dew Tour comes to Killington Resort! Top athletes compete in freeskiing & snowboarding - slopestyle & 22' superpipe. Complete schedule coming. 800-621-MTNS.
Jan. 29-30 - Killington. Gatorade Free Flow Tour at Killington Resort. Top amateur athletes compete in snowboarding & freeskiing. Junior division also. Limited registration. 800-621-MTNS.

brandon music
 CD's & Giftshop
 Harmony Tea Room
 Music Café
 China & Collectibles
Peter Seivewright Classical Piano Recital
JANUARY 15, 2011 AT 7 PM
Tickets \$15 • Call for reservations 802-465-4071
 Peter Seivewright is a world renowned concert pianist and soloist, currently Professor of Music at the University of Trinidad and Tobago, who has performed recently in Beijing, India, Vietnam, Vienna and now Brandon.
 62 Country Club Road, Brandon • www.brandon-music.net • 802-465-4071
 Store & Gallery 10am-6pm, Tea Room 12-5pm daily (closed Tuesdays)

Norman Rockwell Museum of Vermont
 Museum Open All Year!
 Located on Route 4 in Rutland • Open Daily • Call 773-6095
CUSTOM FRAMING
 COMPUTERIZED MATT CUTTER
 E-mail: sales@normanrockwellvt.com • www.normanrockwellvt.com

Exceptional Fine Art Gallery
 Traditional and contemporary
Killington Arts Guild
Beauty for The Beast
All Members Show
 At **CABIN & FEVER**
 RT 4 across from Killington Access Road 10:00 am-5:00 pm daily
 Paintings, mixed media, photographs, sculpture, prints, furniture
 On exhibition through January 31.
 Call Barbara Young (422-4248) Gallery Information:
 Ann Wallen (422-3824) programs and workshops.

Sleigh Rides
 at Hawk Resort

 Bundle-up underneath a cozy blanket, bring along a cup of hot chocolate from the farmhouse, and Hawk will take you through the Vermont countryside in an old-fashioned sleigh pulled by specially-trained, high-stepping Belgian draft horses. Satisfy your equestrian needs with a magical ride through the winter wonderland.
 Horse-drawn sleigh rides are offered seven days a week during the holiday period and on weekends throughout the winter season.
 Cross-Country Skiing, Ice Skating also available.
Reservations are required. 802-672-3811
 75 Billings Road, Plymouth, VT • www.hawkresort.com

BOOMERS

Hey Buddy, Got a Light?



by Cindy Phillips

Right now I am sitting on a plane headed to Vermont for a ten-day visit. I was lucky enough to get out of Dodge just ahead of the snow storm hitting the southeast, but it is going to meet up with me tomorrow in New England.

As I am sitting on the plane, looking around, having completed two cross-

word puzzles as well as on-board reading materials, I am remembering when you could smoke on an airline flight. It is hard to believe it was not that many years ago. I had gotten quite used to non-smoking establishments living in Vermont the past six years and it has been a rude awakening to realize that South Carolina has not gone smoke-free, except in certain cities. So I am still asked which section I want when I enter a restaurant and if I want to drink in a bar, I have to be prepared to accept someone lighting up in the seat next to me.

I am sure many of you have made, and possibly already broken, your New Year's resolutions. And for some, that may have been kicking the habit. I myself have quit close to a hundred times, which is proof I am not addicted since I can quit any time I want. We Boomers have witnessed radical changes in attitude about smoking during our lifetime.

I remember friends and neighbors visiting my mother when I was young. Though my mother was never a smoker, she always had ashtrays handy for her smoking visitors. They were never asked to step outside the house. It was a very acceptable practice to smoke in someone else's home.

Cigarette advertising was big business. You could not open a magazine, watch a television program or listen to the radio without seeing or hearing cigarette commercials. Everyone remembers the Marlboro Man and no one ever worried about him getting cancer. My father and uncles were all smokers, typically unfiltered brands like Lucky Strikes, Chesterfields and Camels. If you were a menthol smoker, Kools were often the brand of choice. If you were a smoker, you were not chastised, ousted from public places or lectured about the evils of your habit. In most cases, you were actually in the majority.

The characters in many of our favorite television programs were smokers and they lit up on screen in record numbers. Lucy would light up while pondering how to "explain" her latest debacle to Ricky. He would come home and trade in his suit jacket for his smoking jacket so he could relax with his favorite brand. Rob Petrie and the rest of the writers all smoked while brainstorming their newest jokes for Alan Brady. Heck, even Fred and Barney could be seen enjoying a relaxing smoke in Bedrock.

I started smoking when I was in high school and cigarettes were 45 cents a pack. If you had a cool bus driver, they would let you smoke on the bus. In between classes, we would cram into the lavatories and light up, cigarette dangling as we teased our hair and sprayed lacquer

on it (a pretty dangerous combination as I look back on it now). And then an assistant principal would barge through the door, threatening to write us all up or dole out detention, though they usually didn't because they were smokers too. They actually designated a smoking section outside the school the year I was a senior. You had to have a note from your parents saying they gave you permission to smoke. That was the year we all learned signature forgery.

During my early jobs as a secretary, it was perfectly acceptable to smoke at your desk. If your co-workers were fellow smokers, you could even walk over to their desk with cigarette in hand. Later on, when the surgeon general announced the discovery of the potential unhealthy side effects of smoking, rules were established. You could only smoke if you had an office, and if it was shared, all had to agree it would be a designated smoking office. Human resources would actually pair office partners together based on smoking habits.

I remember when they first started putting warnings on the side of cigarette packages. There were many different warnings such as smoking could cause low birth weights or yellow fingernails. I simply didn't buy the packs that said they could give you cancer. I was nowhere near being a mother, so if I got the low birth weight warning on my pack, who cared.

Today we know better. The health risks have been proven and smokers are typically the minority in social situations. More and more smokers are taking steps to get the monkey off their backs and parents are trying to set examples and teach their children well (though their father's hell did slowly go by). Tareyton smokers are choosing to switch rather than fight and fewer are willing to show us their Lark pack.

To all my fellow Boomers who may be taking the challenge this New Year—I wish you good luck. It's a lifelong struggle, but you're worth it.

Contact at cphillipsauthor@yahoo.com

BUY LOCAL GLASS ART!
Thank You to everyone who helped to make 2010 a wonderful year for us! Come in & say hi!
 Next to the Grist Mill on Killington Access Road
(802) 422-6022
www.fotmglass.com

Looking for the Perfect Place to Dine, Stay or Play?

Nordic Ski & Snowshoe Center (Call for current trail conditions - 802.483.6089.)
 Horse Drawn Sleigh Rides * Dog Sledding * Snowmobile Tours
 Lunch & Dinner Served Daily

THE MOUNTAIN TOP INN & RESORT
 A short drive from Killington & Rutland.
 195 Mountain Top Road • Chittenden, VT
 802.483.2311 • www.mountainpinn.com

Commit to Quit!

Program

Mondays • 4:30-5:30pm

A four week program that starts the first Monday of each month
 or

Thursday • 9-10am

A four week program that starts the first Thursday of each month

Programs will help you:

- Develop a plan to quit
- Feel more confident in your ability to quit
- Manage barriers to quitting

Join in or just listen to get ideas for your quit plan. Sessions are held in the Community Education classroom of Rutland Regional Medical Center at 254 Stratton Road, Rutland, VT.

Call 802.747.3768 to Register

or Email Communityeducation@rrmc.org



Okemo Redefines January White Sale

John Wanamaker, of Philadelphia department store fame, is credited with the invention of the January White Sale. In 1878, his store hosted the first January sale of linens – all white at that time. This January, Okemo Mountain Resort offers great deals on something else that's all white – snow. Although Okemo isn't actually selling snow, the popular south-central Vermont resort is offering a variety of discounts so skiers and snowboarders can experience all that white on the mountain for less.

January Tribute: Okemo pays tribute to United States Military Veterans, Police Officers, Firefighters and Ambulance personnel every Tuesday and Thursday during the month of January 2011, with a special half-price discount on lift tickets. When they show their ID card/badge and a photo ID at Resort Services inside the Okemo Clock Tower Base Lodge or in the Jackson Gore base area, qualified personnel will receive 50 percent off the price of an adult, full-day, full price lift ticket on Tuesdays, January 4, 11, 18, 25, and Thursdays, January 6, 13, 20, 27. It is Okemo's way of saying "thank you" for all that our civil servants do!

Buy Online at Okemo.com and Save All Month Long

Kids Rock FREE: When an adult buys a full-price, Monday-through-Friday lift ticket for themselves between Jan. 3-14 and 18-28, 2011, they get one Junior or one Young Adult ticket, valid the same

day, free. The child receiving the free ticket must be present at redemption. Free lift tickets are available for children 6 and younger every day at Okemo. The Kids Rock offer may not be combined with other discounts, special price days or promotions and adult ticket must be purchased online, at okemo.com, 48 hours in advance.

Lift & Lunch Pass: There is such a thing as free lunch! When skiers and riders pre-buy online, in advance, they can purchase a lift ticket that includes free lunch. On Monday through Friday, Jan. 3-14, 2011, the Lift & Lunch Pass includes a \$20 voucher redeemable at any culinary location on the mountain. Adults \$74, Young Adults \$65 and Juniors \$50. This offer may not be combined with other discounts, special price days or promotions and must be purchased online at okemo.com, 48 hours in advance. This is a print-at-home ticket offer and print-out may be redeemed at Resort Services.

Ladies' Days - Calling all OKEMOMAS! Tuesdays are officially Ladies' Days at Okemo. Mothers, daughters, sisters, aunts, nieces, grandmothers and girlfriends can all ski and ride all day on select Tuesdays for just \$39 when they purchase a ticket online, in advance. And the savings continue with a private lesson for just \$49. Ladies will enjoy savings on the slopes January 4, 11, 18, 25. This offer may not be combined with other discounts, special

Dining at a glance

| | STYLES OF CUISINE | | | | | | | MEALS SERVED | | | | | COST | | | |
|--|-------------------|--------|----------|-------------|---------|-------|-----------|--------------|-------|--------|--------|------------|----------|-------------|----------|--------|
| | ITALIAN | FRENCH | AMERICAN | CONTINENTAL | MEXICAN | ASIAN | PUB FAIRE | BREAKFAST | LUNCH | DINNER | BRUNCH | LATE NIGHT | TAKE OUT | INEXPENSIVE | MODERATE | DELUXE |
| Baja Burrito Company | | | • | | • | | | | • | | • | • | • | • | | |
| Birch Ridge Inn | | • | • | • | | • | | | | • | | | | | • | • |
| Bridgewater Corners Store | | | • | | | | | • | • | • | | • | | | | |
| Bueno's Kitchen | | | • | | | | | | • | • | | • | | | | |
| Charity's | • | • | • | • | • | • | | | • | • | • | • | • | • | • | • |
| Choices Rest. & Rotisserie | • | • | • | • | • | | • | | • | • | | • | | | | |
| Clear River Tavern | • | • | • | • | • | • | | | • | • | • | • | | | | |
| Countryman's Pleasure | | | • | • | | | | | | • | | • | | | | |
| Double D's Bar & Grill | • | • | | | | | | | • | • | • | • | | | | |
| Grist Mill | | | • | • | | | • | | | • | | • | | | | |
| Hemingway's | • | • | • | • | | • | | | | • | | | | | | • |
| Heli's at Mountainview Lodge | • | • | • | | | | • | | | • | | | | • | • | |
| Killington Market & Deli | • | • | • | | • | | | • | • | • | | • | | | | |
| Lakehouse Pub & Grille | • | • | • | • | • | • | | | • | • | • | • | • | • | • | • |
| Lookout Tavern | • | • | • | • | • | • | | | • | • | • | • | | | | |
| Mangowood at The Lincoln Inn | | • | • | | | • | | | | • | | | | | | • |
| McGrath's Irish Pub | | | • | • | | | • | • | • | • | | • | • | • | • | • |
| Moguls Sports Pub | • | • | | | | | | | • | • | • | • | • | • | • | • |
| Mountain Top Inn & Resort | | | • | | | | • | • | • | | | | | | | • |
| Olivia's at The Grey Bonnet Inn | | | • | • | | | • | | • | • | | • | | | | • |
| On The Rocs Lounge | | | • | | | | | | | • | | | | | | • |
| Outback Pizza | • | | | | | | • | | • | • | • | • | | | | |
| Ovations | | | • | • | | | | • | • | • | | | | | | • |
| Pasta Pot | • | • | | | | | • | | • | • | | • | | | | • |
| Phat Italian Market & Deli | • | • | | | | | | • | • | • | • | • | | | | • |
| Ramunto's | • | • | | | | | • | | • | • | • | • | | | | • |
| Red Clover Inn | • | • | • | • | | | • | | | | | | | | • | • |
| Saints Pub at the Summit Lodge | | | • | | | | • | | | • | | | | | | • |
| Santa Fe Steakhouse | • | • | • | | | | • | | | | • | • | | | | • |
| Seward Family Restaurant | • | • | | | | | | • | • | • | • | • | | | | • |
| Sugar & Spice | | | • | | | | | • | • | • | | • | | | | • |
| Sushi Yoshi /Chinese Gourmet | | | | | | • | | | • | • | • | • | • | • | • | • |
| Vermont Inn | | | • | • | | | • | | | • | | • | | | | • |
| Wobbly Barn Steakhouse | | | • | • | | | | | | • | | | | | | • |
| Woodstock Farmers Market | • | • | | | | • | | • | • | • | • | • | | | | • |
| Woodbridge Cafe | | | • | | | | | • | • | • | | • | | | | • |

Okemo

continued from page 8
price days or promotions and must be purchased online at okemo.com, 48 hours in advance. Additional Ladies' Days are scheduled in March and April.

Okemo Online Thursdays: When skiers and riders purchase a lift ticket online, in advance, they can enjoy Okemo's snow-covered slopes for just \$39 on select Thursdays: Jan 6, 13, 20, 27. This offer may not be combined with other discounts, special price days or promotions and must be purchased online at okemo.com, 48 hours in advance. Additional \$39 Online Thursdays are scheduled in March and April.

Multi-Day Motivator: When skiers and riders purchase a lift ticket online, in advance, they get Okemo's best lift ticket rates. \$109 gets a two-day midweek ticket redeemable Mondays through Thursdays from Jan. 3- March 10, 2011. Offer excludes Monday, Jan. 17 and Monday through Friday, Feb. 21-24, 2011. \$139 gets a two-day weekend ticket, redeemable for Saturday/Sunday tickets between Jan. 8 and March 19, 2011. Offer excludes the weekends of Jan. 15-16 and February 19-20, 2011.

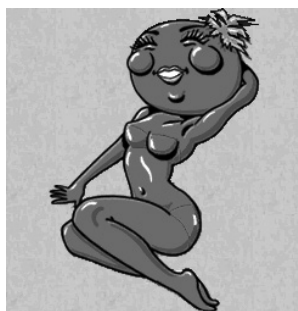
For more information about Okemo Mountain Resort, please call 802-228-1600 or visit okemo.com. Specific information about great lift ticket deals can be found online.

Little Feat Comes to Rutland

The Paramount Theatre in Rutland announces that the band Little Feat will perform on Sunday, January 9 at 7:30. Tickets for the show are on sale now.

Since they formed in 1969, Little Feat's unconventional signature of earthy, organic appeal and polished, first-rate musicianship wrapped around eclectic and memorable songs - clearly delivered as an authentic labor of love - has been a lasting fixture on the musical landscape. As American as apple pie - and rock 'n roll itself - Feat's music transcends boundaries, a freewheeling fusion of California rock and Dixie-inflected funk-boogie. In the mix as well are strains of folk, blues, rockabilly, country and jazz, inventing a hybrid sound that is truly Little Feat's own.

Tickets can be secured by calling The Paramount Theatre Box Office at 802 775-0903 or online at www.ParamountLive.org. The Paramount Theatre is located at 30 Center Street in historic downtown Rutland, Vermont.



Happy Hour 3:00-6:00 Open Daily

**SOUPS • SALADS
BURGERS • PASTA
SEAFOOD • BURRITOS**

LUNCH DAILY | NFL IN HD

FRIDAY FOOD TIL MIDNIGHT

BEST WINGS
HAPPY HOUR 3-6PM
KIDS MENU AVAILABLE
TAKE OUT & DELIVERY

FREE SHUTTLE
422-5665
422-LOOK

The Vermont Inn

Award Winning Dining & Lodging

Serving Dinner starting at 5:30pm Thurs-Mon nights - Reservations Suggested -

Wood Burning Fireside Dining • Three Chef Dinner Specials Each Night
Duffy's Pub w/Wood Burning Stove & a Full Wine List and Long Trail on Tap
Game Room w/Pool and Air Hockey
Children's Menu

View our winter 2011 menu at www.vermontinn.com/restaurant

1840 Country Inn with 16 guest rooms and award-winning restaurant
Route 4, Mendon • (802) 775-0708 • (800)541-7795 • vermontinn.com

**EAT FRESH!
EAT LOCAL!**

WOODSTOCK'S PREMIER FRESH FOOD MARKET

- Chef-prepared entrees to go
- Famous Deli sandwiches
- Local and international cheeses
- Famous baked goods and desserts
- Ocean fresh seafood
- Fresh all-natural meats and poultry
- Fresh organic and local produce
- Outstanding service from our service crazy staff
- Microbrews and wine; seasonal garden center
- Tons of cool specialty groceries

Open year-round!
Closed Mondays
Rt. 4 West, Woodstock, VT
802.457.3658

NEW!

WOODSTOCK FARMERS' MARKET MAIL ORDER
Shop by phone, online or at the Market - it's that easy!
woodstockfarmersmarket.com



SUSHI YOSHI
JAPANESE CHINESE HIBACHI
LUNCH SERVED DAILY

CUSTOM SUSHI PLATTERS
LARGE PARTIES WELCOME

HOURS
SUNDAY-THURS
11:30AM-10PM **RESERVATIONS,**
FRIDAY-SATURDAY **TAKE OUT**
11:30AM-11PM **& DELIVERY**



SUSHI YOSHI
 CHINESE GOURMET
 HIBACHI
 STEAKHOUSE

www.vermontsushi.com
(802) 422-4241
 LIKE US ON FACEBOOK



RESTAURANT & ICE CREAM
the Seward Family
 224 No. Main St. (Rt. 7N), Rutland
 (802) 773-2738

Breakfast • Lunch • Dinner **Specials Daily**
 Celebrating our 62nd year!
LARGEST SELECTION OF ICE CREAM TREATS!
GIFT CERTIFICATES AVAILABLE!

Prime Rib Dinner • Fri. & Sat. from 4:30pm
 Open Daily 6:30 a.m.



THE GRIST MILL
RESTAURANT & LOUNGE

Long Trail Party **FOOD SPECIALS**
EVERY FRIDAY 7-9PM **Sat & Sun 3-6pm**

The Vibratones Fri. & Sat. Nights
 - serving late night Bar Menu -
Happy Hour Entertainment
Wed-Sat.

Open 11:30 AM Daily • Serving Lunch • Dinner • Pub Fare
 On the Summit Pond, Killington
(802) 422-3970 • www.gristmillkillington.com



MAPLE Sugar & Spice
VERMONT

Serving
 Breakfast & lunch
 7am-2pm daily
 Breakfast all day,
 lunch after 11am

Come to our sugarhouse for the best
 breakfast around! After breakfast check
 out our giftshop for all your souvenir,
 gift, and maple syrup needs.
 We look forward to your visit!

Sugar & Spice
Restaurant & Gift Shop
Rt. 4 Mendon, VT
802-773-7832
www.vtsugarandspice.com

DiningGuide

BAJA BURRITO CO. 422-4442

Killington Road, Killington
 In the Chalet Killington. Featuring a wide variety of mexican-inspired and American dishes. Children's menu, fireplace lounge, game room, muchas margaritas! 6 beers on tap. Half-priced burritos and appetizers 3-6PM daily. MC, VISA, DC.

BIRCH RIDGE INN 422-4293

Serving a totally delicious combination of American and Continental cuisines. Choose to dine from our tastefully affordable menu in the dining room, or break bread with friends in the Great Room Lounge. To compliment your evening, we also have an extensive selection of martinis, wines by the glass, and a fine wine list. And don't forget to try one of our homemade desserts. Reservations available for the dining room. "...where memorable experiences begin..." www.birchridge.com AMEX, MC, VISA, DISC.

BRIDGEWATER CORNER STORE 672-6241

5680 Route 4, Bridgewater
 Olson's BW Corners Country Store provides you with the freshest meats, cheeses & dressings from Boar's Head brand-also available to purchase for sandwiches made at home. Check out our Early Bird Special - bacon, ham or sausage, egg & cheese on an English muffin or roll \$2.75. VISA, MC, AMEX

BUENO'S KITCHEN 772-7346

Southfork Plaza, Rutland
 Good eats at a great price. Specializing in comfort foods - dine in or take out - like Chili, Soups, Burritos, Pot Roast with Potatoes and Gravy, Shepherd's Pie, Chicken Salad Wraps, Veggies and Vegetarian entrees; daily specials. All home-made using no excess salt, sugar; and no MSG ever. Good ingredients make good eats. Get a full meal for under \$10. Major Credit Cards.

CHARITY'S TAVERN 422-3800

Killington Rd., Killington
 Everybody loves Charity's. A family owned Killington tradition since 1971. Serving our famous French onion soup, and burgers, salads, soups, pasta, sandwiches and more. Après ski headquarters 3-6pm. Children's Menu. Tavern Menu "All trails lead to Charity's." VISA, MC, AMEX.

CHOICES RESTAURANT & ROTISSERIE 422-4030

Glazebrook Center, Killington Rd., Killington
 Chef Claude and his staff offer exceptional food, service and views in a bistro setting. The Rotisserie offers chicken, lamb and pork, and the menu features sandwiches, homemade pastas and the finest in steaks, fish and seafood. VISA, MC, AMEX.

CLEAR RIVER TAVERN 746-8999

Route 100 North, Pittsfield
 Chef owned restaurant featuring lite fare and family dining just 6 miles from Killington. Join us in our tavern and play pool, other tavern game MC, VISA

COUNTRYMAN'S PLEASURE 802-773-7141

off Rte. 4, on Townline Rd. Mendon
 Countryman's Pleasure is one of the region's most reliably excellent dining houses. The Entinger Family is led by Munich, Germany's Simon Knoll Culinary School graduate, Chef Hans Entinger. For over 20 years, Hans is renowned for his tasty Austrian, German and American creations that are beautifully balanced on the palate, and delightful in appearance on your plate. The atmosphere is cozy and casual, and the service friendly and efficient. A MUST VISIT in this region. Reservations recommended. Major Credit Cards accepted. HHH Mobil. uuu AAA.

DOUBLE D'S BAR & GRILL 422-3344

133 East Mountain Road, Killington
 Located at the top of the Access Road, inside the Mountain Green Resort. Serving burgers, soups, salads, sandwiches, pasta, full pizza and sub menu. Children's menu available. Music and dancing nightly. Open 3pm to 2am. Delivery until 2am. VISA, MC

GRIST MILL RESTAURANT 422-3970

Killington Rd., Killington
 Offering spectacular views, casual atmosphere and world-class entertainment. Our dining room features classic American cuisine with a flair. Our lounge offers the options of casual dining and pub fare. Enjoy our dining with views. Major CC.

HELI'S RESTAURANT 773-4311

at the Mendon Mountainview Lodge
 78 US Route 4, Mendon
 Offering an artful selection of American and European cuisine combined with a casual atmosphere. Dine by our wood burning stone fireplace and enjoy spectacular views of Pico. Reservations appreciated. MC, VISA, AMEX, DISC

HEMINGWAY'S 422-3886

Route 4, Killington
 With nearly 30 years using fresh Vermont products, Hemingway's offers the area unparalleled wholesome, scrumptious cuisine. In a beautifully romantic 1860 house you'll find where food & wine meet their match. Titillate your senses with the best of local flavors. Vegetarian too! Reservations. MC, VISA, AMEX

KILLINGTON MARKET & DELI 422-7594

2023 Killington Road, Killington
 Our deli offers fresh meats and cheese for a variety of sandwiches, served on locally baked bread. Daily lunch hot specials, fresh salads, homemade soups and in-house baked goodies. Dinner take-out entrees. Extensive selection of wine, beer/microbrews. Vermont specialty food products, maple syrup. Open 7 days a week. The only full service grocery store on the mountain.

LAKE HOUSE PUB & GRILLE 273-3000

3569 Route 30 North, Bomoseen
 Chef owners, Brad Burns and Fred Field invite you to the Lake House Pub & Grille. Live Sunday jazz brunch entertainment, special children's meals, full bar and an extensive wine list. Lake views and deck dining all on beautiful Lake Bomoseen. Also private parties, rehearsal dinners, showers and weddings. AMEX, VISA, MC, DISC

LOOKOUT TAVERN 422-LOOK (5665)

Killington Road, Killington
 We feature creative & classic soups, salads, burgers, sandwiches and entrees in a casual dining room with incredible views of Killington. We offer Chicken Wings Daily from 3-6 pm for Killington's finest Happy Hour! Takout and Delivery. FREE Shuttle. Kids Menu Available! MC, VISA, AMEX

MANGWOOD RESTAURANT & BAR 457-3312

at The Lincoln Inn at The Covered Bridge
 530 Woodstock Road, Route 4, Woodstock
 Just fifteen minutes from Killington! Our Chefs blend American food you know and love with the finest Asian herbs and spices. Looking for the best Martini on Rte 4? Our three fireplaces make us a favorite stop for fireside cocktails, appetizers and casual fine dining. AMEX, MC, VISA

MCGRATH'S IRISH PUB 775-7181

at the Inn at Long Trail
 Rt. 4, at the top of the Sherburne Pass, Killington
 McGrath's Irish Pub at The Inn at Long Trail invites you to try our famous Guinness stew. Candlelite dining. Live Irish music weekends! MC, VISA, AMEX.

MOGULS SPORTS PUB 422-4777

Killington Road, Killington
 Family dining offering steaks, burgers, pasta and more. With over 20 TVs, pool table, arcade games - Moguls is your place for a good time. An affordable menu featuring our world famous Barbecue Ribs. Free Shuttle, Take out and delivery. Open daily. Mon-Thu 3PM-2AM. Serving Lunch Fri, Sat and Sun at noon.

DiningGuide

MOUNTAIN TOP INN & RESORT 483-2311
 Mountain Top Rd., Chittenden
 Only 11 miles from Killington and Rutland. Dining complemented by breathtaking views of the lake and mountains. Creative American cuisine in the Highlands Dining Room. Casual dining and pub fare in the Highlands Tavern. Extensive selection of wine and beer. Full bar available. Open year round to the public. Reservations suggested. Kids welcome. Seasonal outdoor dining. www.mountaintopin.com. MC, VISA, AMEX

OLIVIA'S 775-2537
 at the Grey Bonnet Inn
 Rt. 100N, Killington
 Romantic dining featuring fine American cuisine with fresh seafood, steak and pasta dishes, homemade soups and desserts with nightly specials. Reservations appreciated for dinner. AMEX, MC, VISA, DISC.

ON THE ROCS LOUNGE 422-7627
 2384 Killington Rd., Killington
 Gather together in our speak-easy lounge. Enjoy a relaxed atmosphere in an intimate setting. Let On The Rocs make you one of their speciality cocktails while you enjoy a conversation with friends. Serving Tapas. AMEX, MC, VISA

OUTBACK PIZZA 422-9885
 Top of the Killington Rd. at Outback
 Killington's best pizza is baked in a 900 degree wood-fire brick oven. We feature the best live music in Killington. Voted Killington's best place to dance. AMEX, MC, VISA

PASTA POT 422-3004
 Route 4 East, Killington
 A classic Italian Pasta house. Italian food and wines at their best. Pastas, pizza, subs, Italian entrees are all homemade. Chef owned. MC, VISA

THE PHAT ITALIAN MARKET & DELI 422-3636
 2384 Killington Rd., Killington
 Authentic Italian cuisine with attitude. Premium Boarshead meats. NY bread and bagels. Check out our coldest, inexpensive beer cave. Don't forget to stop in our wine room. Come on in or call for delivery! Bada Bing. MC, VISA, AMEX, DISC

RAMUNTO'S BRICK & BREW PIZZA 672-1120
 Route 4, Bridgewater
 Real New York pizza, salads, sandwiches, featuring chicken ranch pizza and garlic knots. 20 draft beers, outdoor deck dining, 3 flat screen TVs. MC, Visa, AMEX, DISC

RED CLOVER INN 775-2290
 Woodward Rd., Mendon
 American Cuisine with a European Flair. Extensive wine list. Charming surroundings. Open for fine dining or tavern fare. AMEX, MC, VISA, DISC.

SAINTS PUB AT THE SUMMIT LODGE 422-3535
 200 Summit Path, Killington Road
 Best kept secret on the mountain. Cozy atmosphere, chef Jeremy's pub fare menu, local brews on top and wine selection, live entertainment Fri-Sun with Frank Chase. Open nightly, serving 5-9 except Tuesday. AMEX, MC, VISA.

SANTA FE STEAKHOUSE 422-2124
 at The Mountain Inn
 Killington Road, Killington
 Named by New Yorker Magazine as "Killington's #1 Steakhouse." Serving the finest steaks, seafood, chicken and pasta. Santa Fe offers classic upbeat dining. Dine above the rest. "Upstairs" at Santa Fe. Reservations. Entertainment. VISA, MC, AMEX

SEWARD FAMILY RESTAURANT 773-2738
 224 N. Main St. (Rt. 7), Rutland
 VT home-cooking at affordable prices. Breakfast, Lunch & Dinner, daily specials. Steaks, chicken, seafood, wonderful burgers, sandwiches, even "Heart Healthy" menu items, salad bar, and children's menu. Our own ice cream- 39 flavors! Large parties welcome. Our dairy-gift store has Vt. foods & lots of gifts. MC, VISA, DISC.

SUGAR AND SPICE RESTAURANT 773-7832
 Route 4, Mendon
 Serving breakfast and lunch seven days a week. Specialties run from pancakes & French toast with real maple syrup processed on premises, soups, sandwiches, burgers. Working sugar house. Gift shop featuring Vermont products. Homemade candy and ice cream. MC, VISA

SUSHI YOSHI/CHINESE GOURMET HIBACHI STEAKHOUSE 422-4241
 1807 Killington Rd., Killington
 Sushi Yoshi offers the best in Chinese and Japanese cuisine with Hibachi Tables, a Sushi Bar, and 6 Tatame rooms. Featuring an extensive Wine and Sake list including Mai Thais and Scorpion Bowls. There is a Kids Game room and pool table. Takeout and Delivery. All major credit cards accepted.

THE VERMONT INN 775-0708
 Route 4, Killington
 Enjoy New England and Continental Cuisine by a wood burning stone fireplace in a comfortable and warm c. 1840 farmhouse style dining room. Game Room. Children's menu. Full bar and wine list. Dinner Reservations Sugg. Drop in late afternoon or even after dinner for cocktails, appetizers, a light dinner, or desserts at Duffy's Pub. Enjoy a wood burning stove, television, and casual conversation with guest and Innkeepers at the Bar.

WOBBLY BARN STEAKHOUSE 422-6171
 #1 Mid-way on the Killington Road, Killington
 The best steakhouse in ski country. Serving the finest in prime rib, steaks and seafoods with The Wobbly's famous soup, salad and bread bar. High altitude live entertainment. MC, VISA, AMEX.

WOODBIDGE CAFE & COFFEEHOUSE 802-332-6075
 US Rt. 4 West Woodstock - 10 minutes from Killington
 Fresh VT Homemade meals with over 150 Hot Specialty Drinks. Breakfast All Day, Lunch & Dinner. BYOB. Take out. Special Orders. 100% Fair Trade Organic VT Coffee. Open Mic Night. Kid Friendly Prices. All Major Credit Cards accepted. www.woodbridgecoffeehouse.com and Facebook.

WOODSTOCK FARMERS' MARKET 457-3658
 Rt 4, 10 miles east of the Skyship, West Woodstock.
 Incredible creations from our award-winning "best take-out in central Vermont" kitchen crew. Great morning food: lattes, coffee cakes, muffins and bagels; amazing lunch and dinner take out: hot daily entrees, soups, salads and famous 20 sandwich menu, fresh desserts. Catering menus and mail Order on line at www.woodstockfarmersmarket.com. VISA, MC. Closed Mondays.



The Red Clover Inn
 Restaurant & Tavern

Open for dinner Thursday to Monday 5:30 to 9:00 pm

Farm to Table Dining
 Chef Dennis C. Vieira creates an original menu featuring the freshest, regional ingredients. Vermont craft beers and wines of the world in our cozy tavern.

Wines of the World Dinner
 On the first Friday of each month Chef Dennis prepares a five course dinner featuring wine and food from around the world. **This Friday** we will explore Spain & Portugal. \$75 per person (plus tax & gratuity).

54 Red Clover Lane, Mendon, Vermont
 800-752-0571 / 802-775-2290
www.redcloverinn.com

OUTBACK PIZZA & NIGHT CLUB
 & NIGHT CLUB
 Outrageously Good
 Wood Fired Brick Oven Pizza
Joey Leone Rocks All Weekend!

MONDAY
Jimmy's Pizza "Buffett"
 Register to Win
 Jimmy Buffett Tickets
 from Landshark Lager

TUESDAY
Outback College Week Bikini Contest & Magic Hat Karaoke!

SPECIALS GIVEAWAYS CASH PRIZES!

Open Daily • Holiday Hours May Vary
802-422-9885
outbackpizza.com • Top of the Killington Road

Killington's Premier Steakhouse

SANTA FE STEAKHOUSE

Located in the Mountain Inn at the top of the Killington Rd.

Everything you look for in good food, drinks and entertainment
 Dry age Steaks • Pasta • Fresh Seafood • Caesar Salad Bar
 Warm Atmosphere • Fireplace Lounge

"The Best Steak on the Mountain!..."

| | |
|---|--|
| Monday Night JAZZ WITH JOEY LEONE | Saturday with Myk Snow & K-Towns Finest |
| Thursday & Friday Night Myk Sno | |

(802) 422-2124
www.killingtonsbest.com • Open Nightly
 Located in the Mountain Inn at the top of the Killington Rd



GREY BONNET INN
Dew Tour Lodging Partner
 Jan 18-23

Visit greybonnetinn.com for menu selections

Breakfast Daily :7:30-9:30 am **Dinner**: 5:30pm-closing
GBI Dinner for Two \$38 - Dinner, Drinks, Dessert & Tax

Nightly Specials • Oliver's Pub • Dance Zone • Kids Menu
 Weddings • Conferences • Reunions • Parties

Route 100 North, Killington, Vermont (at the Junction of Route 4)
greybonnetinn.com • 802-775-2537 • Reservations Appreciated

Join Us! **MARGARITA MONDAYS**



BAJA BURRITO

On the Killington Road at Chalet Killington
TAKEOUT 802-422-4442

Fireplace Lounge and Dining • Children's Menu • Muchas Margaritas

HAPPY HOUR
1/2 PRICE
BURRITOS & APPETIZERS
 Daily 3-6pm • 6 Beers on Tap

BEAUTIFUL WATERFRONT DINING
 Open for Lunch Friday-Sunday at 11:30am

Open for dinner Thursday-Sunday at 4pm

Located 3 miles north of Route 4 on Route 30

Lake Bomoseen Vermont
 802-273-3000
lakehousevt.com



Thursday 1/2 Price Wine

Sundays 1/2 Price Entrées

Fridays - Live Music Aaron Audet 7pm Free wings and nachos from 3-6pm

Upcoming Events
 January 29 Fireworks Show
 Make your reservations now!



Totally Now...
 serving Vermont fresh foods for over 25 years

Serving Friday • Saturday • Sunday

For information please call 802-422-3886

www.hemingwaysrestaurant.com
 4988 US Route 4 • Killington

Head to the Peaks

DOUBLE D'S
 Located in the Mountain Green Resort

WE DELIVER TO SUNRISE VILLAGE AREA

PIZZA AND SUBS

802-422-3344

Serving Pizza Til 3:00 am during College Week

133 East Mountain Road Killington, VT 05701

First Friday Open Mic

The First Friday Open Mic Night will be held at the Church of the Wildwood, Holden Rd. in Chittenden Jan. 7th, at 7 p.m. Musicians, poets and storytellers of all ages are invited to share their talents with an enthusiastic audience that is welcome to sing along and/or just sit back and enjoy the show. A sound system is provided for those who want it. Fantastic desserts and coffee will be available. A portion of the free-will donation will benefit the Rutland County Women's Shelter. Call 802-483-2234 to be assured a ten minute spot. Come join in the fun as we welcome the New Year.

Hildene History Series

The ninth Hildene Winter History Series commences at 7:00 pm on Tuesday, January 11 with a presentation by Park Guide Gary Ferguson from Abraham Lincoln Birthplace National Historic Park in Hodgenville, Kentucky. His talk will be the first in the series of thematically linked presentations that will take attendees on a chronological journey that follows the life of the nation's 16th president from the perspective of those entrusted with preserving and interpreting the historic properties that he called home.

In the second presentation of the series on Tuesday, February 8, Kendell Thompson, superintendent at the Lincoln Boyhood National Memorial in Lincoln City, Indiana will discuss with the group that site's interpretation of Lincoln's formative adolescent to young adult years.

Each Winter History Series talk will be held in the Beckwith Room at 7:00 pm. The 45 minute presentation will be followed by a 15 minute question and answer period and all are free and open to the public. For further information please call 802-367-7960.

College Planning Class

Wondering about how to save for future college costs? If yes, the Killington Parks and Recreation Department will be offering a College Planning course for parents and students. This class, instructed by Collin R. Fingon, Financial Advisor and partner of B & F Financial Analytics will present to you various options and strategies for planning. Such topics will include where to find funding, how to save, understanding loans and payment plans, secrets to cost cutting as well as others. We will be offering 2 classes on Wednesday, January 12 and Monday, January 24. Both classes are located at Sherburne Memorial Library from 6-7pm. Cost of the class is \$20 Resident, \$25 Non-Resident. You can register by calling the recreation office at 422-3932.

Z Corners Inn Now Open!

New owners Caroline and Paul Zemba are happy to announce the opening of Z Corners Inn and Restaurant. The beautiful remodeled restaurant will be serving dinner Monday, Wednesday, and Thursday 5:00-10:00 pm, Friday 5:00-11:00 pm, Saturday 5:00-10:00 pm and Sunday 4:00-9:00 pm.

New Chef Guillermo Arias has created an exciting new menu, with a focus on Mediterranean flavors and local produce. Enjoy a drink at the new bar, a full wine menu and fireside dining.

Z Corners Inn is located on Route 4 East in Bridgewater Corners, VT. Call 802-396-0036 for reservations.



Local Killington racers kicked off the Mid Vermont Council J3 race season with a slalom at Suicide Six on Sunday, Jan 2. The Killington girls swept the podium with the top 3 finishes, including Piper Jenne from Bridgewater (bib 14) who took second.



Heli's Restaurant
 At the Mendon Mountain View Lodge
 Open Wednesday - Sunday
 Serving 5:30 to 9:00pm

Casual~Cozy~Friendly
 Fireside Dining
 Famous for our Wiener Schnitzel

Between Rutland & Killington at US Rt. 4, Mendon
www.mendonmountainview.com ~ Reservations 802.773.4311



Fine Austrian-German & Country Culinaries

Enjoy dining with us in a restored 1824 farmhouse.

DINING | TAVERN Reservations Please

Gourmet Takeout | 773.7141 | www.countrymanspleasure.com
 Just off Rt 4 Mendon on Town Line Rd. Across from Best Western. | Chef Owned

Good Eats!



Bueno's Kitchen

Specializing in healthy and delicious comfort foods:

Chili • Soups • Mac & Cheese • Pulled Pork • Pot Roast
 Veggies • Chicken Salad Wraps • Shepherd's Pie and more, plus Daily Specials to Suit Every Taste

Complete Delicious Meals for under \$10
(No excess salt, sugar or any MSG ever - just good ingredients)

Open M-F 11am-7pm, Sat 11am-3pm • 772-7346
 269 North Main Street, at Southfork Plaza in Rutland (just north of Ace Hardware)



THE SAINT'S PUB

At Summit Lodge • Dinner Daily 5PM

THURSDAY: Musicians Showcase
 Local musicians jam with Frank Chase 8pm-midnight

FRIDAY: Frank Chase
 8PM-midnight

SATURDAY: Frank Chase
 8pm-midnight

SUNDAY: Frank Chase on Piano & All You Can Eat Pasta & Salad Stations 5-8PM

Located off Killington Rd, just behind the Grist Mill
 (802) 422-3535
www.summitlodgevermont.com

CVPS Seeks Nominees For 2011 Zetterstrom Award

To honor her lasting legacy and continuing environmental work by Vermonters, Central Vermont Public Service today called for nominations for the 2011 CVPS-Zetterstrom Environmental Award, named for famed osprey advocate Meeri Zetterstrom.

The CVPS-Zetterstrom Environmental Award was presented for the first time in 2010, and will be presented annually to one person, business, group or non-profit to honor a significant contribution to Vermont's environment. It will be accompanied by a \$2,500 donation to the winner's environmental cause. Sally Laughlin, a leading wildlife advocate and scientist whose work was instrumental in restoring three species of endangered birds in Vermont, was presented the first CVPS-Zetterstrom Environmental Award last spring.

Zetterstrom inspired the company and countless Vermonters through her dogged efforts to protect and restore Vermont's osprey population.

"Meeri Zetterstrom was a unique Vermonter, filled with extraordinary creativity and determination in her efforts to help ospreys recover from near-extinction in Vermont," CVPS President Bob Young said. "Thanks in large part to her leadership and tenacity, ospreys are now common in Vermont. To honor Meeri's legacy, those traits are among the qualities we will look for in nominees for the award."

Zetterstrom played a central role in the restoration of ospreys at Lake Arrowhead, a CVPS hydro facility that straddles the border of Milton and Georgia, Vt., and Vermont in general. With a bird's-eye view of the lake, Zetterstrom was among the first to notice when ospreys returned to fish Arrowhead's waters after their near extinction, and she was determined to help them.

Zetterstrom's foresight prompted CVPS and the Vermont Department of Fish & Wildlife to wage an extensive campaign, starting in 1988, to assist the ospreys. Artificial nesting platforms, buffer zones and educational materials were created to provide the birds a fighting chance.



Photo by Steve Costello/cvps

An osprey displays its long, powerful legs, large hooked bill and unique cylindrical talons as it flies over the waters of lake arrowhead. Ospreys have unique adaptations that help them catch live fish, which make up virtually their entire diet.

It paid off in 1998, when the first osprey chick in memory hatched and fledged at Lake Arrowhead. In 2005, due in large part to the efforts of Zetterstrom, CVPS and the state, the osprey was removed from Vermont's endangered species list.

CVPS spokesman Steve Costello, a bird-lover inspired by Zetterstrom's fierce defense of ospreys, said her contributions were immeasurable. "Meeri not only loved these birds, she instilled a love for wildlife in hundreds of Vermonters, speaking directly to them through cable-access television and in dozens of school presentations over a period of years," Costello said. "When I watch ospreys today, I know that Meeri is one of the primary reasons we have that opportunity. They are spectacular birds, and we have Meeri's grit and tenacity to thank for their return."

Nominations for the CVPS-Zetterstrom Environmental Award will be accepted through March 15, and the winner announced in the spring. The winner will be chosen by a panel of CVPS employees with responsibilities related to land management, resource protection, community relations and education, and environmental compliance.

Nominations may be made by the nominee or by any other entity, and should demonstrate a commitment of the nominee to benefit Vermont, its land, air or water, wildlife, or the enjoyment of the outdoors by others. This may be through educational efforts, environmental stewardship, resource rehabilitation, protection or preservation, or conservation. The award, though it may be presented to a business or larger organization, is intended to support environmental protection and inspire individuals to benefit Vermont's environment. Vermonters of any age may be nominated. For a nomination application and more information, visit www.cvps.com/osprey.



Photo by Steve Costello/cvps

A female osprey, identified by her "necklace" of brown feathers, enjoys an early morning trout on a branch along the shore of lake arrowhead.

4-COURSE DINNER SPECIALS

\$15.95

Soup, Salad, Entree, & Dessert



Choose From
Skier's Special
A mix of stuffed pastas
Eggplant Parmesan
Chicken Parmesan

FIRESIDE DINING
TO-GO • LARGE PARTIES WELCOME
RTE 4 KILLINGTON • 422-3004 • OPEN THURS-SUN 5PM

Shrimp Scampi • Veal Specialties • Fish

• Chicken • Pastas •



Serving Dinner Tuesday thru Saturday from 6:00 PM
At the Covered Carriageway 37 Butler Road, Killington
802.422.4293 • 800.435.8566
www.birchridge.com

Home of the "Snow Stake" on killingtonblog.com

The CLEAR RIVER TAVERN

Open Daily at 3:00pm

GREAT DAILY SPECIALS
Good Fun • Good Food • Good People!

| | |
|--|--|
| <p>WED. PBR Pool League</p> | <p>THURS. Open Mic with The Clear River Band</p> |
| <p>SAT. Duane Carleton</p> | |

(802) 746-8999 • 2640 ROUTE 100 • PITTSFIELD

killington super market

DAILY LUNCH & DINNER SPECIALS

GROCERY
MEATS AND SEAFOOD
beer and wine
DELICATESSEN
BAKERY PIZZA CATERING

BREAKFAST, LUNCH & DINNER to-go

No Time to Cook?
Order a Fully Cooked Dinner

Local Vermont Products

Apples • Cider • Squash • Vermont Cheese
Local VT Products • Vermont Apple Pies
Baked Goods • Cheese, Syrup
Breads & Microbrews

Open Daily at 6:30am on the Killington Road
802-422-7736 Deli 422-7594



killington VIDEO rent the latest video and dvd releases 422-3302

RAMUNTO'S
BRICK & BREW PIZZA

Real New York Pizza
Awesome Pizza, Salads, Sandwiches
Live Entertainment

Whiskey Business
Sat. January 8 • 7-10pm

Free Mid-Week Ski Pass to Killington Resort GIVEAWAY!
(Must be present to win)

Open Mic on Tuesday Nights!

20 Draft Beers
3 Flat Screen TV's

~ Major Credit Cards Accepted ~
Mon-Thurs 11am-10pm, Fri & Sat 11am-11pm
Sun 11am-9pm

Located at the historic Bridgewater Mill
Rt. 4 Bridgewater, VT

802-672-1120

CHARITY'S
1887 SALOON-RESTAURANT

Enjoy our famous onions soup and burgers, best prime rib, steak, seafood, pasta dishes, pork ribs, burgers & more in a casual rustic atmosphere

Open Daily for Lunch & Dinner
Mon.-Thurs. open at 2pm, Fri.-Sun. open at noon

WELCOME COLLEGIATE SNOWFEST

Charity's Famous Happy Hour
2-6pm
Daily Drink Specials

www.charitysrestaurant.com
Visit our Charity's Facebook Page

802-422-3800 • Midway on the Killington Road

Wine Experiments

By Gerd Hirschmann
Representative of the
VT Wine Merchants Co.



Wine Service

Tipping on wine is often a question with no clear answer. Different opinions vary from a flat tip (\$5 per pulled cork) to 10% of the bottle price to the regular service gratuity of 15 to 20 percent. Wherever your generosity to the server lies, do take into account the amount of

actual service, especially when it comes to wine.

Here are some suggestions what to consider when it comes to that calculation at the end of the meal.

Was the service attentive and prompt? Nobody wants to wait a long time for anything, especially when seated in a restaurant. An acknowledgement should come right away, followed by menus, a wine list, maybe some water or something to get you started.

Glasses should be clean without water spots, fingerprints or worse, lip balm or the like. This is usually a good indication of the server's attention to detail. It does take effort to polish the glasses and deserves consideration.

If you had any questions or concerns, were they given personal attention or did you get the standard recommendation of the highest priced bottle?

Were the glasses appropriate or was the red served in a white wine glass?

Often servers or guests are not familiar with 'proper' wine service; here are some of the basics:

Using the knife on a waiter's corkscrew, the capsule should be removed under the glass lip on the bottle and placed in a pocket.

Using a clean napkin, any deposits from the top of the bottle should be wiped off before removing the cork.

The 'worm' of the corkscrew should be driven into the cork as deep as necessary without piercing through the bottom, then pulled straight up without breaking or 'poppin' the cork, which then could be offered for inspection. This is when the host may look (not smell!) for any damage to the cork like mold on the inside, wine seepage all the way thru the cork, or a cork that is completely dried out. But often this is not really necessary, as

the wine is tasted anyways, and it is the wine that matters, not the cork.

The inside of the neck of the bottle should be wiped to remove any deposits or cork particles that may be there.

About half an ounce should be poured to the host (who ordered the wine) to taste and, upon approval, all other guests at the table should be served after an acknowledgement that they actually want wine. If not, the glasses should be removed. Wine should be poured from the right, moving clockwise around the table, serving ladies first, then men, with the host last.

When pouring, glasses should not be filled too much; three or four ounces is usually plenty. It is easy to pour more and next to impossible to take some back. It would be a good idea to have enough for everybody; there are a little over 25 ounces in a bottle, enough to pour at least 4 ounces to six people.

The partially full bottle of wine should be placed to the right of the host either in an ice bucket if white and required, or directly on the table if red, with the label facing the center of the table.

A good server will refill glasses without rushing the guest or pouring more than required.

Red wines usually have some sediment, which should stay in the bottle, so it's a good idea not to pour the last drops.

If one bottle is not enough, a second should be tasted in a fresh glass by the host, and if it is a different wine, there should be new glasses all the way around the table.

While this may not be a complete course on wine service, it should be a good start and something to consider when it comes to tipping.

Moguls Sports Pub and Restaurant

Voted The Best
Ribs & Burgers
On The Hill!

Most Flat Screens
On The Mountain

Billington's Football Headquarters
The NFL Ticket...We got your game!

Every Sunday - FOOTBALL! FOOTBALL! FOOTBALL!

BURGER & BEER SPECIAL \$9.99

\$9.99 NIGHTLY DINNER SPECIALS

PIZZA P.B.R Pitchers \$6.00

FREE DELIVERY & SHUTTLE

Open 7 Days a Week • 3:00pm-2:00am
Serving Lunch at noon • Friday, Saturday, Sunday
Late Night Food Friday & Saturday • Take Out • FREE Delivery

802-422-4777 • Midway up the Billington Access Rd

A History Of Chocolate

Scripps Howard News Service

Chocolate is made from cacao beans, the seeds from the Theobroma cacao tree, which grows close to the equator worldwide. The naturally bitter seeds are fermented, dried, roasted and crushed to make cocoa nibs, the foundation for chocolate. The nibs are then pureed with sugar and cocoa butter (the fat that emerges when the cacao beans are processed) and liquefied. At that point, the liquid chocolate undergoes a process known as tempering, which entails raising and lowering the temperature, resulting in a distinctively smooth, solid and crisp texture upon cooling.



Chocolate has existed in the New World since at least 600 B.C. and was treated largely like a spice at the time. When Cortez came to Mexico in 1519, he noticed the popularity of chocolate as a drink, either sweetened (by the upper classes) or thickened with cornmeal (by the lower). He took it back to Europe and the sweetened version became immensely popular with the upper classes. The refining and production became more and more extensive and widespread over the next few centuries; in 1819, a Swiss manufacturer invented what is thought to be the first chocolate bar.

Cocoa powder followed shortly thereafter with the invention of the cocoa press in 1828. Milk-chocolate bars were produced 30 years later and chocolate consumption took off in leaps and bounds. The average American now consumes more than 12 pounds of chocolate per year.



Stop by Today for signature
Phat Italian Sandwiches

featuring Boars Head meats, Italian specialty groceries, real New York bagels and breads delivered daily

Visit our Wine & Cheese Room and the Beer Cave

Daily Lunch Specials

Take Home Dinners from our Bachelor Corner

FREE Delivery Party Catering Menu with 6 Foot Heros!!!

Follow us on facebook
www.thephatitalian.com

Open Sunday-Thursday 7am-midnight
Friday & Saturday 7am-2am
Killington Road at the Mobil station
802-422-PHAT (7428)

ON THE ROCS LOUNGE

On The Rocs is a classic speakeasy style cocktail lounge.

Enjoy fresh squeezed juices, homemade ginger beer and soda from glass bottles, our eclectic wine selection and our 20 oz. Imperial pints poured from frosted towers.

TAPAS TREAT
Buy 1 Tapas
Get 1 Tapas FREE
anyday 3-5pm

Friday Late Night Menu
Until Midnight

FREE WiFi

Follow us on facebook

Open Daily 3pm-closing • 802-422-ROCS
www.OnTheRocsLounge.com
Located above The Phat Italian
2384 Killington Road



Contemporary American Cuisine

The Upper Valley favorite
where East meets West

Seasonal selections include... Asian Style Shrimp & Salmon Cakes • Jicama & Leeks Spring Roll • Sweet & Spicy Chicken Wings • Black Pepper Sesame Tofu Fries • Leeks, Chinese Mushroom, Goat Cheese, Moscatel Brulée • Peking Duck Quesadilla • Creamy Coconut Risotto Cakes, Thai Peanut Pesto • Black Sesame Salmon • Oven Roasted Tandoori Spice Chicken Breast • Grilled Tamarind Tiger Prawns & Smoked Sausage Skewers • Lamb Lollipop, Plum & Mint Glaze, Pineapple Mojito Couscous • All Natural Grass Fed 9oz Sirloin, Aged Chinese Vinegar Reduction • House Special Crispy Whole Fish

Located at
The Lincoln Inn
at the Covered Bridge
530 Woodstock Road
Woodstock, VT 05091

802-457-3312
www.mangowood.com

Open Tuesday - Saturday
Evenings from 6-9 pm
Dinner Reservations
Requested.

Visit mangowood.com and lincolnn.com
Evening Menus, Online Reservations, Lodging Packages

The Classic Vermont Experience with a twist...
ONE DESTINATION



Goodbye, McRib

At this time of year, there are always a lot of people swearing off McDonald's. It's probably one of the more popular New Year's resolutions. In 2011, I'm giving up McDonald's for a while, too. The reason is that McDonald's is evil.

A few years ago I read the book "Fast Food Nation," and it described a whole bunch of very serious ways in which the world's largest hamburger chain was rather heinous, but right now I can't recall what they were. At the moment, this is what bothers me: McDonald's has once again snatched away the McRib.

Let me explain: sometime around 1980, McDonald's invented a new sandwich. Instead of beef, it used pork as its base, and it was topped with barbecue sauce, pickles, and onions. The patty was somewhat eccentric in that, though boneless, it had been mechanically processed and shaped to look as though it contained bones, like a real rack of ribs. It was the best sand-

wich McDonald's had ever created – the pickles, somehow, transformed it from a normal BBQ experience into something really unique – but it sold poorly, and it was removed from McDonald's permanent menu in 1985. Production did not cease altogether, though; for some reason, McDonald's adopted a sort of passive-guerrilla sales tactic wherein the McRib would appear unexpectedly for seemingly random stretches at seemingly random locations throughout the United States. I've run into it in Clearwater, Florida, and Council Bluffs, Iowa.

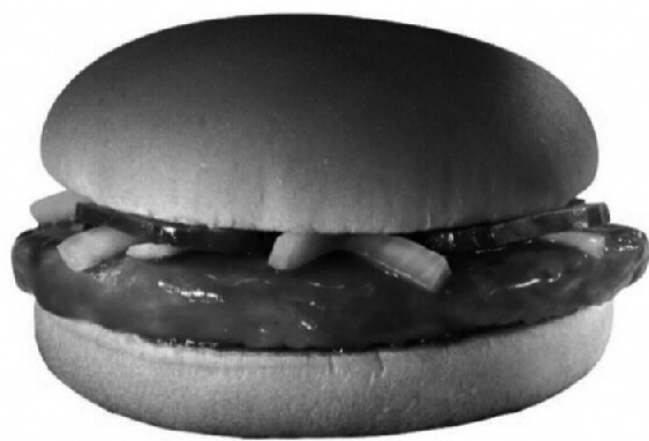
For me, each time is a blessing, and I'm not the only one who feels this way. There's a website called the McRib Locator that's devoted to tracking the sandwich across the nation, and "The Simpsons" even devoted an episode to Homer's addiction to the McRib, which he decided to follow around the country as though it were the Grateful Dead.

Once in a while, Mickey D's actually decides to put the McRib back on its regular, nationwide menu, usually as a part of some limited-time promotion. I had it for the first time when I was six years old: "The Flintstones" was in theaters, and McDonald's had resurrected the McRib as a promotional tie-in. Most recently, it returned to restaurants

everywhere in November, 2010. McDonald's sales jumped 4.6% that month – doubtless I accounted for at least a quarter of the increase – but, in December, the sandwich once again began to disappear from menus. I had my last McRib on December 23. Now, in January, it's once more available only at a few locations scattered across the states.

This is difficult for me. During the past two months, I grew accustomed to having the sandwich around. I ate it regularly – all 500 calories and 980 milligrams of sodium – and gradually came to think of it as something that would always be accessible to me. Now it's gone, and for all the McRibs I ate, I wish I'd eaten more. I was at a McDonald's a few days ago when I discovered that the sandwich was gone, and I instead had a Filet-O-Fish, another favorite of mine, but it was cold and stale, and I felt genuinely bereft. You don't know what you've got till it's gone.

It's weird to think how much of our day-to-day pleasure depends not only on the actions of those close to us but on the whims of giant corporations and manufacturers. Microsoft inexplicably decides



to make new versions of Word way more difficult to use than old versions. Airports for some reason decide to place immovable metal armrests between all of its chairs at every gate, so if you're stuck there at some crazy hour, you can't stretch out for a nap. Things of this nature annoy me every day. I've yet to see an explanation for why we can't always have the McRib (unless, despite all indications to the contrary, McDonald's really is looking after our health), but like the Shamrock Shake, it seems destined to be forever just an occasional treat.

As I see it, I have two options: I can move to Germany, where the McRib is available all the time, or I can try to stop thinking about the McRib by not going to McDonald's. My German isn't so good, so I think I'm going to take the latter route.

There are, I gather, healthier dining options. Maybe I ought to give those a try.

OTW's The Magic Flute

Opera Theatre of Weston (OTW) co-artistic directors, Nan Nall and Lise Messier, are pleased to present their twelfth annual "Opera in Winter" production, a family favorite, Mozart's "The Magic Flute." Performances are on Saturday, January 8 at Rutland's Paramount Theatre at 3:00 pm, and then at the Weston Playhouse on Saturday, January 15 at 3:00 pm and Sunday, January 16 at 2:00 pm.

Please plan on joining OTW as guest conductor from the San Diego Opera, Maestro Karen Keltner, leads the professional company of singers (from Sarasota Opera, Houston Opera), dancers, and orchestra into "the enchanted world of a noble prince searching for his princess, a bumbling bird catcher hoping for a mate, and an evil queen plotting against the forces of good." "The Magic Flute" weaves a story of delightful comedy with a search for wisdom and truth. In his final work, Mozart conjured a score of simple folk-tunes, dazzling vocal fireworks, and music of the most profound beauty making this one of the most enduringly popular operas.

Maestro Karen Keltner has conducted extensively throughout the United States as a guest conductor to compa-

nies including the Washington National Opera, the New York City Opera, Seattle Opera, Pittsburgh Opera, The Opera Company of Philadelphia, Opera Carolina, Glimmerglass Opera, and has performed internationally in both Canada (Vancouver Opera and Manitoba Opera) and in France at the operas of Strasbourg and Nancy.

A trio of local Vermont youth singers will be featured in the roles of "The Magic Flute's" Three Spirits, two of which have sung with OTW in previous productions as members of the select children's chorus. From Shrewsbury is boy soprano Silas Gambino-Hamilton; from Killington is alto Claire Mercier; and, making his debut with OTW, from Northampton, MA is boy soprano Evan Saito.

For ticket information for the Paramount performance of "The Magic Flute" on Saturday, January 8 contact the Paramount Theatre Box Office at 802-775-0903 or www.paramountlive.org. To reserve tickets for the Weston Playhouse performances on January 15 or 16, contact OTW at 802-824-3821. Ticket prices are \$30, \$22, and \$15. Early reservations are strongly recommended.

CHOICES

Restaurant & Rotisserie

Select from
our Artisan
Cheese tray

DINNER

Weekdays 5pm-10pm
Friday & Saturday 5pm-11pm
Sunday Brunch 11am-2:30pm

422-4030 • 2820 Killington Rd.
www.choices-restaurant.com

*Graduate,
Culinary Institute
of America 1975*

*Offering the finest in
handcut Steaks, Veal
Lamb, Fish, Seafood
and House made pastas.
Flame Roasted
Rotisserie Chicken,
Lamb and Pork
Sampler of all three.
Prime Rib on weekends*

*Extensive Appetizers
Gourmet Salads
Espresso
Cappuccino
Spectacular Dessert Tray*

**Bridgewater Corners
COUNTRY STORE**

WWW.BRIDGEGWATERCORNERSSTORE.COM

802-672-6241

www.bridgewatercornerstore.com

Open: Daily

Hours: Mon-Thurs & Sat 6:30am-8:00pm
Fri 6:30am-9:00pm • Sun 6:30am-8:00pm

Location: Jct 4 & 100A, Bridgewater Corners

McGrath's Irish Pub

Killington's first and foremost Irish pub

Featuring On Tap: Guinness, Harp, Smithwick's & Long Trail

DELICIOUS PUB MENU
WITH AN IRISH FLAVOR

*The "BEST VALUE" in Killington!
Kids Welcome!*

Serving Monday-Friday at 3pm
Saturday and Sunday at 11:30am

INN AT
LONG TRAIL

Our dining room offers
Candlelight Dining
Serving dinner through the Holiday week
Thursday thru Sunday
6:00-9:00 pm • Reservations appreciated
Enjoy a Delicious Breakfast
Served Daily 7:30am-9:30pm

LIVE IRISH MUSIC

Friday & Saturday
January 7 & 8

Tom
O'Carroll

Sunday 4-7pm

Extra Stout

Cozy Rooms • Fireplace Suites
802-775-7181

GIFT CERTIFICATES AVAILABLE

Route 4 between Killington & Pico The McGrath Family Innkeepers Since 1977

EARLY BIRD
SPECIAL
UNTIL 11:00AM

Bacon, Ham or Sausage,
Egg and Cheese on a
English Muffin or Roll

\$2.75

SAVE TIME, CALL AHEAD!

BREAKFAST

Breakfast Burrito \$4.50
Egg, cheese, homefries, ham,
sausage or bacon, peppers, onions

Breakfast Cup \$4.50
two eggs scrambled, homefries
with sausage or bacon

Steak and Egg on a roll.....\$5.75

Egg Sandwich \$3.25
one egg on a roll
add cheese..... \$.50
add egg..... \$.50
add meat..... \$.75

Bagels, English Muffins
and Fresh Baked Muffins

At the
Olson's Bridgewater
Corners Country Store
our policy is to provide you with
the freshest premium foods.
We use only quality provisions by

OUR SIGNATURE SANDWICHES

Cool Calvin... \$5.50
Ham, Turkey, Vermont Cheddar,
tomato, lettuce, mayo and maple
mustard on wheat roll.

Amazing Grace... \$5.50
Turkey, Vermont Cheddar, granny
smith apple slices and mayo on
whole wheat bread.

New Englander... \$5.50
Roast Beef, Vermont cheddar,
lettuce, tomato and horseradish
sauce on white roll

Amazing Chicken... \$5.50
Sliced Chicken with Vermont Ched-
dar, apple butter, sliced apples and
honey mustard on a wheat roll.

The Sunny.... \$5.50
Turkey, Fresh Mozzarella, sundried
tomato, Balsamic vinegar and oil
on whole wheat bread.

Italian... \$7.75
Capicola ham, genoa salami, mort-
adella, provolone, olive oil, sweet
roasted red peppers and
pepperoncini on a white sub roll.

The Corners Club... \$7.95
Turkey and Ham, bacon, lettuce
& tomato on whole wheat bread.

Turkey Rueben... \$6.25
Turkey, sauerkraut, melted swiss,
Thousand Island dressing on
grilled rye bread.

Route 4... \$6.25
Hot sliced Turkey with melted
swiss, red roasted peppers, and
thousand island dressing on grilled
rye bread.

The Hill... \$6.25
Hot Roast Beef with sautéed onions
& peppers, melted cheddar and ranch
dressing on white bread.

Turkey Gobbler... \$5.50
Turkey, stuffing, cranberry sauce &
mayo on wheat bread.

Belly Burner... \$7.75
Ham, genoa salami, provolone
cheese, lettuce, tomato, onions,
pickles, hot peppers, and olive oil
on a white sub roll.

The Hollow... \$6.25
Hot baked Ham with melted Swiss
cheese, honey mustard on grilled rye.

Rough Rider... \$6.25
Turkey, bacon and swiss cheese
grilled on rye bread with thousand
island dressing

GROCERIES • COLD BEER & WINE • BAKERY
CATERING MENU • DELI • VERMONT CHEESES
GIFTS • VERMONT MAPLE SYRUP • ATM
DELI PLATTERS • MOBIL GAS • ICE • COFFEE
HUNTING & FISHING LICENSES • WORMS • MOVIES

KILLINGTON VERMONT DEW TOUR

WINTER



MASON AGUIRRE



JANUARY 20-23



FOUNDING PARTNER OF WINTER DEW TOUR

MEGA PASSES AVAILABLE AT AlliSPORTS.COM



The Mountain Times

Volume 40, Number 1

Central Vermont's Premier Weekly Newspaper

January 6-12, 2011

MOUNTAIN MUSINGS

What's Happening In & Around Killington



By Debbie Burke

At the December 7 meeting of the Town of Killington Economic Development and Tourism Commission, grant presentations were the main item on the agenda.

Aspen East and The Summit Lodge are partnering to participate in "The Ski Channel" Film Tour. The Summit will host a movie premier on Saturday, January 8, 2011 which will be free to the public. Afterward, there will be showings at Aspen East and Surf the Earth every week through April 2011. The premier will consist of a full length feature film called "The Story" and a short documentary film entitled "Shane and the McConkeys." By holding the premier on a Saturday night the weekend before Martin Luther King Weekend they hope to drive some overnight stays on a weekend that is typically quite quiet. They are requesting \$2,000 in match grant funds and both businesses plan to split the matching funds of approximately \$2,300 evenly, which will all be spent on advertising. The EDT asked several questions, after which they advised that they would pass their recommendations on to Seth Webb, EDT Director, who would advise them of the decision.

The Killington-Pico Rotary Club has announced its First Annual Ice-Out Contest on the Grist Mill Pond which it is holding to raise funds for its local, national and world-wide charities. Some of the charities include the Rutland Area Visiting Nurse Association and Hospice, the United Way, Vermont Adaptive Sports, construction of the new dugouts for the Killington Little Leaguers, clean water sand filters for third world countries, polio vaccine and more. The object of the contest is for the ticket purchaser to guess the month, day, hour, minute and second that the ice will "go out" on the pond and the 72 pound concrete block will fall through the ice. The exact moment of the Ice-Out is determined by a timing device. The Ice-Out hut containing the 72 lb cement block will be placed on the Grist Mill Pond after January 1st when the ice is deemed safe. Ice-Out tickets can be purchased at The Grist Mill, Peak Performance Ski Shop, The Grand Hotel, Lookout Tavern, Sun-Up Bakery, Sushi Yoshi, Domenic's Pizza and the Wobbly Barn. This is a 50-50 event, which means that 50% of the proceeds up to \$20,000 will be the winning prize and the remain-

der will go toward the club's charities. Ice-Out tickets are \$1 per entry and can be printed from your computer at www.KillingtonPicoRotary.org. Tickets must be received or postmarked by the last day of February.

The Woodstock Community Food Shelf is located at Meadow Maxham Way and is open Mondays from 4pm to 6pm, Wednesdays from 1pm to 3pm and Saturdays from 10am to noon. Donations of food may be dropped off during those hours. Check cans and packages for expiration dates, as out of date food cannot be used. Contact the Woodstock Community Food Shelf at 457-1185.

The Woodstock Elementary School is participating in the Tools for Schools program with Price Chopper. Please register your Price Chopper Advantage Card at the information desk in the store. You only need to register your card once. Each time your card is used, the Woodstock Elementary School will receive points towards equipment for the school. The Woodstock Elementary School code is #13984. If you have questions please call Leanne Chynoweth at 457-3454.

"A Course in Miracles" will be held on Wednesdays at 5:30pm at the Woodstock Universalist Church Annex.

The Woodstock Area Chamber of Commerce is seeking volunteers to help staff the Information Booth on the Village Green, 7 days per week from July through October. There are flexible shifts available, and volunteers must enjoy working with the public. There is training provided. If interested, call 457-3555 to apply or email at info@woodstockvt.com

The Shining Light Mentoring Program is a community based school-mentoring program operated by the Ottauquechee Community Partnership and the Windsor Central Supervisory Union. The program connects students from the Woodstock Union Middle School and High School with positive adult role models from the community. At the moment, the program has more students than there are mentors available. They are interested in having mentors of all ages and of a variety of backgrounds. To learn more about the Shining Light Mentoring Program contact Jackie Fischer at Ottauquechee Community Partnership, 32 Pleasant Street, Woodstock, at 457-2679 or by email at slm@ocpvt.org

Rutland County Shines at Gift-of-Life Marathon

by Steve Costello

Growing up in Burlington and visiting Rutland regularly as a child, I had a front row seat to the geographically divergent views of the Marble City. I remember the pride in and love for Rutland exhibited by local cousins, aunts, uncles and my grandmother, as well as the jokes and caustic remarks about "The Rut" and "Rut Vegas" made back in Burlington.

Having lived in Rutland Town for 14 years now and having helped with the planning, organization and execution of the Gift-of-Life Marathon these past seven years, it is crystal clear my family members had a more accurate view of this community and region. What a great place to call home.

My grandmother, who lost her husband while raising seven kids and carrying twins in November 1928, quietly extolled the virtues of the city that helped her and her family through extraordinary challenges during the Great Depression. Thanks in great part to my Uncle Dick, who at 18 became the family's primary breadwinner, and a community that met every definition of the word, Grandma was able to keep the family together despite long odds.

Somehow my father, at age 7, got a job taking tickets at the old Strand Theater. My aunts and uncles also chipped in, undoubtedly helped along by local residents well aware of the family's predicament. To hear my father tell it, he practically ran the theater, but I've always suspected his "job" was based largely on goodwill and concern from the theater's owner.

Fast forward roughly 80 years, and that goodwill and concern for others shines bright in Rutland County, as evidenced by last week's utterly amazing blood drive.

While nationally just 3 to 5 percent of people donate blood, the percentage in Rutland County is in the high teens, and this little region outpaced the largest cities in New England by hundreds of pints at the Gift-of-Life Marathon. Final score: Rutland 1,393, Boston 1,177.

On behalf of our partners at WJJR - Terry Jaye, Nanci Gordon and James - the American Red Cross and Central Vermont Public Service, thanks to everyone who played a role in making the GOLM such an overwhelming, surprising success and an exhibit of the spirit of Rutland County.

Given the massive storm that hit the day after Christmas, which devastated blood collections in parts of the region, those numbers are critically important. Hundreds, possibly thousands, of lives were saved by Rutland County donors, as the greater Rutland community rallied around the GOLM in the same way it rallied around my family in 1929.

Some key numbers:

- More than 200 volunteers helped out before and during the drive.
- 1,497 people turned out as potential donors.
- More than three dozen Vermont businesses and organizations each donated about 1,500 items to go in gift bags for donors and volunteers.
- 291 people donated blood for the first time.
- Because of a huge number of walk-ins who arrived at the start, hundreds waited three, four, even five hours to donate - yet they stayed without complaint.

These aren't the numbers of "Rutville" or "The Rut". They're the numbers of a record-setting community with enormous heart, a strong resolve, and community strength unmatched in New England.

Steve Costello is director of public affairs at CVPS.



Dew Tour Partnering in Mountain Times Event Supplement

Join in the fun, excitement and profit potential of the upcoming Dew Tour at Killington.

By special arrangement with Dew Tour promoters, The Mountain Times will publish a full color, pull-out supplement in our January 20, 2011 newspaper that will feature complete details and information on this enormously important Killington Resort winter event. An industry leader in broadcast exposure, the Winter Dew Tour will air live on NBC with additional broadcasts on USA, MTV, MTV2, USA, Fuel TV, Universal HD and internationally on Eurosport, Fox Australia and Extreme Channel.

The supplement will be inserted in copies of the January 20 Mountain Times, plus additional supplements to be racked at the event venues.

Don't miss the chance to take part in the most prestigious winter action sports tour of the year.

Space in the Killington Dew Tour supplement is limited. Call today for information and to reserve your advertising spot.



5465 Route 4, Killington, VT 05751
802-422-2399 • 800-564-6970

HIGHEST PRICES PAID

Coins
Currency
Precious Metals
Scrap Jewelry and Silver
Historic Items
Fine Watches
Postcards and Postal History
Rarities and Collectibles

Member ANA since 1971.

Free estimates. - No obligation.

Serving individuals, estates & dealers since 1971




Royal Barnard
by appointment

802-775-0085 or 802-422-2399
rbarn64850@aol.com

Upcoming Agenda Killington Select Board

by Kathleen Ramsay
Killington Town Manager

The Select Board's Agenda for January 10, 2011 will include: the Economic Development & Tourism Department Budget Proposal for 2011; Review of Golf Budget Proposal for 2011; Consideration of Golf Debt Restructuring Options & Short Term Financing Requirements; Review Streetlight Reduction Trial Period Results; Decide What Lights will be Removed; General Fund Budget Review – Draft 3; Route 4 & Alpine Drive Sewer Budget Reviews; Review First Draft of Warning for Town Meeting; and Water System Feasibility Study – Review Proposed Scope of Work.

The Killington Select Board meets in the Conference Room of the Town Offices, 2706 River Road, at 7:30 p.m.

This notice of upcoming agenda items is not a complete listing of items for discussion and action at the January 10 meeting. It is simply intended to give notice of planned agenda items of general interest. Meeting notices and highlights are available via e-newsletter as well: sign-up on the Town's website, www.killingtontown.com.

PHS Class of 2012 Basket Party

On January 22nd the Poultney High School Juniors will host a Basket Party fund raiser at PHS gym Main Street, Poultney, VT. There will be plenty of baskets of various themes for all ages and interests. The doors open at 11:00 and drawings begin at 1:00. Admission and one sheet of tickets is \$5. Additional ticket sheets may be purchased for \$2. There will be a lunch concession and raffles. Contact Tammy Loomis at 802-645-9135 for further information.



5 General Wing Road, Rutland

Ages 55 and up. Accepting applications for

1 and 2 bedroom market apartments.

All utilities included. No pets allowed.

Rent from \$344 to \$1,300

Call (802) 776-1001 for an appointment and tour



Increasing Fuel Cost - Take "The Bus"



(802)773-3244 Ext.117

www.thebus.com

Live Green-Ride the Bus

New Year's Sale!*
Time to treat yourself.

Fun. occasionally Funky.
Always Funktional.
Clothing and Accessories



*Excludes Accessories

Hours: M-F 10-6 Sat 9-6 Sun Closed
96 Merchants Row, Rutland
1.866.TATTERS

TattersallsClothing.com

Mendon/Chittenden/ Pittsford/Brandon Notes

by Debbie Burke

At the December 13 meeting of the Town of Mendon Selectboard, old business was discussed. Regarding the E911 street signs, Brian and Abbey English discussed that their driveway was recently named as a private road as part of the E911 update. The new street sign has been stolen and they expressed concern that their address is not identifiable. The Selectboard agreed to order a new sign.

The Town Plan Public Hearing was then convened. The Public Hearing was called to order at 6pm at the Town Office. The Selectboard reviewed the Town Plan as revised and approved by the Planning Commission. The Planning Commission made minor changes to the Town Plan adopted in 2005 which included ridge line protection. The Town Plan is valid for 5 years and is due for re-adoption. No parties were present to express their views. There being no further business, Selectman Smith moved to adjourn the Public Hearing at 6:10pm. The motion was seconded by Selectman Winans and approved unanimously. The Selectboard meeting was then re-convened.

Selectman Smith moved to adopt the Town Plan as revised and approved by the Planning Commission. The motion was seconded and approved.

The Vermont Byway Designation was next on the agenda. Ann Singiser and Justin Lindholm presented the Vermont Byway Designation Application for the Crossroads of Vermont Byway. The Crossroads of Vermont Byway extends along Route 4 through West Rutland, Rutland City, Rutland Town, Mendon, Killington, Bridgewater, Woodstock, Hartland, and Hartford. Ann Singiser conducted a brief presentation to the Selectboard. Ann and Justin specifically wrote the history of the Route 4 section of the application as well as outlining and discussing the intrinsic qualities of Mendon. The vision of the Crossroads Byway is to share and compliment intrinsic resources, tell the story of crossing Vermont and act as a catalyst to generate additional coordination in future planning. The Selectboard thanked Ann and Justin for representing Mendon on the Vermont Byway Designation Committee. The Selectboard strongly supports the designation as a way to bring communities together along Route 4 and expose all that Mendon has to offer residents and visitors. The Selectboard would also like to thank the Mendon businesses and organized groups for submitting letters of support for the Byway

Designation. These include the Mendon Country Store, Mendon Seniors, Mendon Historical Society, Mendon Mountainview Lodge, Red Clover Inn and Restaurant, Mendon Mountain Orchards, and the Vermont Inn.

A motion by Selectman Adams to adopt the Vermont Byway Designation Application for The Crossroads of Vermont Byway was seconded and approved unanimously.

Under New Business, the election of Officers at Town Meeting 2011 was discussed. Bert Winans announced that he will not be seeking re-election in 2011 when his term expires. Bert was elected in November 2006 at a special election to fill the vacancy left by Patti McIntosh. Bert was re-elected in 2008. Selectman Smith and Selectman Adams thanked Bert for his service to the Town and wishes him well with his future endeavors.

Appropriations was discussed next. The Selectboard discussed the various ways to fund charitable appropriations which are approximately \$10,000 annually. Mendon has received three additional requests this year over last year totaling an additional \$1,880. Over the years the Town of Mendon has handled appropriations in various ways. Traditionally, the Selectboard accepted the appropriation request and warned an article to be voted at Town Meeting. The Selectboard reviewed 17 V.S.A. 2642 Warning and Notice contents. The Selectboard discussed requiring a petition signed by 5% of the voters to warn an article for an appropriation request. This would require a petition be filed with the Town Clerk by January 20, 2011 with 44 valid signatures of registered voters in Mendon. A motion by Selectman Winans to require a petition in accordance with 17 V.S.A. 2642 be submitted for appropriation requests, was seconded by Selectman Adams and was approved unanimously. Sara Tully will send a letter to all charitable organizations that have submitted their requests this year of the petition requirement.

The Highway Budget was next for discussion. Bill Ellis presented his recommendations for the 2011-2012 Highway Budget. All line items will be level funded except for salt and Garage utilities. Salt will be reduced by \$2,800 budgeting for 550 tons instead of 600 tons. Garage utilities will be reduced by \$2,000 due to energy efficiency upgrades to the Town Garage through the Energy Efficiency and Conservation Block Grant which will be completed in the spring of 2011.

Green Mountain Civil War Round Table Meet

The Green Mountain Civil War Round Table will meet on Saturday, January 8, 2011, at the Hotel Coolidge in downtown White River Junction, Vermont. Attendees gather at noon, an optional lunch buffet (\$17.50) is served at 12:30, the short business meeting is at 1:00, followed by the monthly program. January's program features Rolf Diamant, Superintendent of the Marsh-Billings-Rockefeller National Historical Park in Woodstock, who will present: "The Tug Has To Come, and Better Now Than Late; Reflections on the Secession Winter of 1860-1861." This Roundtable discussion will focus on the Secession Winter of 1860/1861; the upending of a

long established political order; the rapid unraveling of federal authority in the South; and the futile attempts at compromise. There will also be an opportunity to talk about the Civil War Sesquicentennial and a framework for guiding Vermont's commemorations and reflections on the war.

Guaranteed lunch reservations must be made by 12 noon, Thursday, January 6. For reservations please contact Gail Blake at 802-296-2919 or e-mail her at auntis@comcast.net. Cost per person for the buffet lunch is \$17.50; without a reservation: \$19.50. For the meeting and program only, there is a donation of \$2.00 for members and \$4.00 for non-members.

Rutland Recreation & Parks Department News

— Rutland Youth Theatre: Wizard of Oz Auditions Rutland Youth Theatre will be having auditions for The Wizard of Oz January 8th and 9th from 12:00-3:00PM at the Dana Recreation Center located on 39 E. Center St. Rutland VT. Actors from grades K-12 are welcome to audition. If selected there is a \$45 participation fee for individuals or \$80 for families. Don't miss your chance to strut your stuff on stage in this great production!

— Rock Climbing: There are 7 levels in our climbing program. Intro is for those that are brand new to rock climbing; Level 1 is for climbers who have successfully passed intro or have had previous exposure to rock climbing; Level 2 is for climbers who are ready to learn how to be a true climber and climb set routes; Levels 3, 4, 5 and 6 build on previous learned skills. Rock climbing is a lifetime skill and an excellent way for your child to participate in a full body fitness program. For more information check out our web-site or pick up a rock climbing information sheet at Dana. The introduction and Level 1 classes include a t-shirt and if you successfully pass any level you now receive a patch. Classes will be held at the Green Mountain Rock Climbing Center, with classes starting as early as January 11th!!

— Integrative Yoga: This class is gentle to moderate in nature, and all are welcome. Beginners will have an experience that is challenging but safe; experienced students will learn how to work at a deeper level to develop a more personal practice. Each class will include postures, breathing exercises, and relaxation as well as other yogic techniques. Please bring a towel or mat. Don't miss your chance to join yoga. Classes begin January 5th, 2011 with various times available.

For further information contact Brooke Towslee at 773-1822 ext. 19. Tell them you saw it in The Mountain Times.



by Johnnie Goldfish

No matter what you are after in life, getting what you want always boils down to at least a little bit of divine intervention. But then, I'm talking about yours; bada boom. You've got the power.

The Rochester School PTO will meet on Tuesday, January 11 at 4:00 pm in the third grade classroom at the Rochester Elementary School. The public is invited to attend. Anyone who would like a copy of the PTO minutes or more information about the PTO is urged to call Liz Steventon at 767-4327.

Riddle: Line up the letters, my first letter is in fish but not in snail, my second letter is in rabbit but not in tail, my third letter is in up but not in down, my fourth letter is in tiara but not in crown, my fifth letter is in tree but not in see, and I am a food for you and me. What word am I? Answer below.

The Rochester School and Public Library are pleased to bring you "The Last Song" on Friday, January 7 in the school auditorium. The Friday night series is free.

The Quintown Prevention Partnership (QPP) will hold an open forum on Monday, January 10 from 6-8 pm at Pierce Hall Community Center in Rochester to ex-

plore the future of the organization. The forum is billed as How Can We Make Healthier Communities for Our Kids? This is an opportunity for community members to voice what kind of programs and opportunities they would like to see happen in the future.

A light supper will be served at 6 pm and child care will be available. If you need child care please call staff member Katy Landwehr at 767-4124. For those attending please RSVP at 767-9500 so enough food will be available and a Sunoco gas card will be given out as a door prize. QPP needs your input. QPP serves the communities of Granville, Hancock, Rochester, Pittsfield and Bethel.

The Woman's Alliance Thrift Shop at the Federated Church of Rochester will be open on Friday, January 7 from 4:30 to 6:30 pm and on Saturday, January 8 from 9:00 am to 12 noon.

Riddle answer: Fruit.

Thought for the Week: "As sure as spring will follow the winter, prosperity and economic growth will follow recession." Bo Bennett, (American Businessman).

Follow your heart and send your good news to PO Box 1, Stockbridge, VT 05772.

Bald Eagle Recovery Plan Adopted

WATERBURY, VT – The Vermont Fish and Wildlife Department has adopted a Vermont Bald Eagle Recovery Plan that will guide the restoration and management of bald eagles in the state in future years.

"Bald eagles are native to Vermont but were absent from the state as a breeding species for almost 70 years," said Vermont Fish and Wildlife Commissioner Wayne Laroche. "No eagles were nesting in the state until 2008, when a pair of eagles successfully raised one of their young at a nest in Concord, Vermont."

"I want to thank the many organizations and public volunteers who partnered with us in a three-year bald eagle recovery effort at the Fish and Wildlife Department's Dead Creek Wildlife Management Area in Addison from 2004 to 2006. A total of 29 captive young bald eagles were released to boost the recovery of bald eagles in Vermont."

Partners cooperating with the Vermont Fish and Wildlife Department in this recovery effort included the U.S. Fish and Wildlife Service, New Hampshire Audubon, Audubon Vermont, Fairbanks Museum, Outreach for Earth Stewardship, New York DEC, Central Vermont Public Service, U.S. Army Corps of Engineers, and public volunteers, including anglers who donated fish to feed the young eagles.

"We are encouraged by the nesting success eagles had in 2010," said Vermont Fish and Wildlife's Migratory Bird Biologist John Buck. "Nine bald eagle pairs nesting in Vermont produced five eagle fledglings."

DDT and other environmental contaminants are largely to blame for the eagle's earlier disappearance from Vermont as well as the continental U.S. Bald eagles have made such a good comeback in most of the United States they have been removed from the federal endangered species list. Their recovery in Vermont has been slower than in many states and therefore the bird remains on the State's endangered species list.

Vermont's eagle recovery plan lays out management actions aimed at monitoring and protecting nesting sites to help eagles produce young on a consistent basis. The most important goal is to remove the bald eagle from Vermont's endangered species list.



Photo by John Hall

The Vermont Fish and Wildlife Department's efforts to restore nesting bald eagles to the state are producing promising results. nine bald eagle pairs nesting in Vermont produced five fledglings in 2010. A recovery plan that will guide the restoration of bald eagles in the state in future years has now been adopted.

CVPS Increases Shareheat Donation

Citing a shortage of donations and a critical need, Central Vermont Public Service today donated \$20,000 in heating aid to community action agencies across Vermont, and appealed to customers who can donate to the CVPS Shareheat campaign.

"With the economy still on the rebound, donations to Shareheat are lagging this winter, but the need remains very high," CVPS President Bob Young said. "We decided to immediately jumpstart the effort by making \$4,000 contributions to each of the five community action agencies that participate in Shareheat, and to appeal again to the public. Vermonters are facing heating crises every day, and we want to ensure no one goes cold for lack of funds."

Thanks to the matching pool, contributions from the public are matched dollar for dollar and sent to the com-

munity action agency that serves the donor's region of the state. The pool began the season with \$100,000 from CVPS shareholders, and \$45,000 has been added to it by Shareheat Business Partners.

CVPS Shareheat is a program of last resort for over 1,000 Vermont families each year. Funds are available to assist people who face heating emergencies, often because they never expected to need assistance, lost a job, or have exhausted all other available assistance.

Contributions should be made payable to the CVPS Shareheat Fund. Donations may be mailed with a CVPS payment, or sent separately to CVPS Shareheat, 77 Grove St., Rutland, VT 05701. Call Steve Costello at 747-5427 for more information on the Shareheat Business Partnership Program.

Bereavement Workshops

Rutland Area Visiting Nurse Association & Hospice (RAVNAH) is hosting two bereavement workshops in February and March. The first workshop focuses on "Coping with the Loss of a Grandchild." Grandparents suffer a double loss after a child dies. They mourn not only the loss of a grandchild, but also suffer as their adult child experiences their own heart-wrenching grief. The workshop is open to grandparents and parents.

Interested persons can choose to attend a workshop on one of the following days: Monday, Feb. 7, from 12:00-1:30p.m. or Wednesday, Feb. 9 from 6-7:30p.m.

The second workshop, "A Child's Grief," offers an understanding of how children grieve, the differences in age-specific grief, and tools to help your child cope with losses in their early life. Participants can choose to attend one of the following days: Monday, Feb. 28, from 12:00-1:30p.m. or Wednesday, Mar. 2 from 6-7:30p.m.

The public is invited to attend. Those who are grieving as well as those who are comforting the bereaved are welcome. Pre-registration is required. To register, call Ann LaRocque at RAVNAH at 770-1514. Workshops will be held at the RAVNAH offices at 7 Albert Cree Drive in Rutland.

Get Your Ha-Ha On in the Name of PINK!

Rutland, VT - Ever wanted to be in a video? Ever wanted your 5 minutes of fame? Ever wanted to try Laughter Fitness? Ever wanted a cool way to give back? Here is your chance to do ALL of them in one fell swoop and for FREE.

On Sunday, January 30th, between 4pm and 6pm, The Pink Ribbon Butterfly Project invites the public to come together to "shoot" a Laughter Fitness DVD that will then be included in the project's Giggle Bags for local men & women dealing with breast cancer.

Giggle Bags were founded on the idea that breast cancer patients should giggle everyday! Giggle Bags are mirthful & silly specialty bags, made by the loving hands of volunteers and filled with encouraging items and supplied free of charge directly to women & men while going through treatment. The Pink Ribbon Butterfly Project's main mission is about transforming the everyday challenges of breast cancer patients and survivors into something positive.

Participation is on a first come, first serve basis and approximately 30 people are wanted. Teens and adults preferred. Participants are asked to dress "fun" and in "pink." No experience needed ... just an open heart, a sunny disposition and a willingness to laugh & giggle for about an hour, is all that is required.

RSVP is necessary, and the Rutland City location will be given upon reservation. Please call 802-282-4464 or email: fabfindsdiva@reincarnationconsignment.biz for more info and/or to reserve your slot. Thanks in advance.

Rutland Youth Theatre Auditions January 8-9

Under the direction of Saskia Hagen Groom, children grades K-12 may join Rutland Youth Theatre's audition for The Wizard of Oz, the play. Auditions will be January 8th from 12-3pm and January 9th from 12-3pm. Please audition one day only.

Auditions and Rehearsals will be at Dana Recreation Center, 59 East Center Street in Rutland. You do NOT have to be a Rutland City or County resident to be considered!

Rehearsal dates are Mondays and Thursdays 5:30-8pm and Saturdays 12-4pm. Performance dates are March 5th at 2pm and 7pm and March 6th at 2pm.

Rutland Youth Theatre is part of the Rutland Recreation and Parks Department and is a non-for-profit municipal organization. For more information on upcoming productions and workshops, please call 802-773-1822.

STOP THE VIOLENCE.

If you have a problem with domestic violence, sexual violence or child abuse you can get help! These organizations offer FREE and CONFIDENTIAL assistance 24 hours a day, EVERY day. You don't need to suffer alone. Ask for help!

LOCAL HELP

The Rutland County Women's Network and Shelter is dedicated to assisting survivors of domestic and sexual violence.

www.rcws.org

24-hour hotline : 802-775-3232

Free & Confidential

STATEWIDE HELP

The Vermont Network Against Domestic and Sexual Violence is committed to eradicating domestic and sexual violence through advocacy, empowerment and social change.

www.vtnetwork.com

24-hour Hotlines

Domestic Violence: 1-800-228-7395

Sexual Violence: 1-800-489-7273

NATIONAL HELP

Stop It Now!® prevents the sexual abuse of children by mobilizing adults, families and communities to take actions that protect children before they are harmed.

www.stopitnow.com

24 hour hotline: 1-888-PREVENT

COMMUNITY CALENDAR

Jan. 6 - Woodstock. Hand in Hand community meal, Thurs., 5-7pm. Social Hall, N. Unitarian Chapel Society. All welcome, donations accepted. 457-9272.

Jan. 7 - Rochester. Woman's Alliance Thrift Shop at Federated Church open Jan. 7, 4:30-6:30 pm & Jan. 8, 9-12 noon.

Jan. 8 - Ludlow. BRGNS closed to move to new Armory location. Volunteers needed for all aspects! 228-3663 if you are interested. Lunch served for volunteers.

Jan. 8 - Rutland. Community luncheon featuring lasagna, Italian bread, and salad served at Trinity Church, 11:30am-1pm. All welcome. Donations gratefully accepted, but not necessary.

Jan. 22 - Poultney. PHS Class of 2012 Basket Party, PHS Gym. Baskets for all ages & interests. Doors 11am, drawings begin 1pm. Admission & 1 sheet of tickets, \$5. Additional avail. Lunch, raffles. 645-9135.

Ongoing

Mons. - Rutland. Rutland Kiwanis Club meets at South Station Restaurant 6:30pm. All welcome. 773-6251.

Mon.-Sat.- Wallingford, Hands for Hope Thrift Store open, 9am-6pm Mon-Fri & Sats, 9am-2pm.

Mons. & Weds. - Brandon. Meals-On-Wheels delivered to Brandon Senior Citizen Center, except holidays. \$3. Age 55+. 247-3121 to sign up or come by.

Tues. - W. Bridgewater. Blanche & Bill's hosts Aunt Francie's Southern Kitchen community dinner each week, 5:30pm til food runs out. \$12.50/ person, family style.

Tues. - Brandon. Lions meet at Brandon Senior Center, 7pm. 1st & 3rd Tues. of the month.

Weds. - Brandon. Cub Scouts - Wolf Den 123 meet at Brandon Senior Center, 3-4pm.

Weds. - Rutland. Vt Christian Riders from Motorcyclists for Jesus Ministries meeting 2nd Weds of month, Denny's Restaurant. 5:30pm. 483-2540 or Email Bikingforj@Msn.Com.

Thurs. - Danby. Christian Reading Room @ Danby Congregational Church parsonage open Thurs., 4:30-7pm. Check out, reference or personal study books & computer reference material. 770-2976.

Thurs. - Rochester. Acapella singing group meets Thurs., 5-6pm, Federated Church of Rochester. Practice spiritual music to sing to ill folk. Come & sing! 767-3012.

Thurs. - Rochester. Green Mountain Interfaith Group sponsors Spiritual Cinema Circle 2nd & 4th Thurs., 7-8:30pm, Park House. 767-4905.

Fris. - Rochester. 1st & last Fris. of month, Rochester Federated Church invites parents & kids for Play Group. Birth - 2 yrs. 10:30am-noon, nursery rm. above Fellowship Hall.

Killington - Saturday Worship, Roman Catholic Mass, 4pm. Our Lady of the Mountains. 457-2322, call for Holy Day schedules.

Killington - Sunday Worship, 9:30am, Church of Our Saviour (Episcopal). Small, welcoming, inclusive. 422-9064.

Killington - Sunday Protestant Service, 9am, Sherburne United Church of Christ, Rt. 4. All Welcome. 422-9440.

Mendon - Community Church, (50 Rte 4 East) Communion 1st Sunday of each month; Sunday worship 9:30am; Children's church 9:45am; Fellowship 10:30am; Adult study time 11am. Rev. Ronald Sherwin, 459-2070.

Pittsfield - Sunday Worship, 9am. Pittsfield Federated Church. Rt. 100 N. Communion Service 1st Sun. each month. Bible Study Weds. Eves 7pm. Rev. Dr. Howard Gunter, Pastor. 746-8698.

Chittenden - Sunday Worship, 11am. United Methodist Church of the Wildwood. Open hearts, open minds, open doors. Rev. Shirley Oskamp. 483-2909.

Rutland - Unitarian Universalist Church of Rutland, 117 West St. Sunday Services 10:30am. Rev. Erica Baron. 775-0850.

Rutland - Sunday Service, children & adult religious instruction 10:30am. Sat., 5:30pm worship. Good Shepherd Lutheran Church. 773-9659.

Rutland - Weekend Catholic Mass, Christ the King, Sat. 5:15pm, Sun. 7:30, 9:30, 11am. Immaculate Heart of Mary, Sat. 4:30pm, Sun. 8am, 10:15am. St. Peter, Sat. 5:15pm, Sun. 8:30, 10:30am.

Rutland - Sunday Worship Services, 10:30am, First Baptist Church of Rutland City. Sunday School Classes, 9am for all ages. 773-8010.

Brandon - Sunday Services: 10am, Adult Bible Study, 5+ Sunday School, Nursery. 11am, Worship service. Wed. Services: 6:30pm, Adult Prayer & Bible Study, Youth Groups 5+. Brandon Baptist Church. 247-6770.

Rochester - Federated Church of Rochester invites everyone to Bible Study Tues., 10:30am in French Rm. & 6pm Weds. at parsonage & Thurs., 7pm at Mather's on Kirby Dr. 767-3012.

Fair Haven - Our Lady of Seven Dolours Mass Times: Saturday 4:30pm. Sunday 9am.

Happy New Year! Herman is peeping out from under a gray barn wondering what will happen in 2011. He first appeared early in 2010 at the Killington Arts Guild Upstairs Gallery in a canvas print as part of a featured photography exhibit by Patsy Zedar and remains as one of Patsy's Tiny Notes.

Even on the snowiest day the KAG Winter Art Show, Beauty for the Beast is open in a brightly lit gallery with Chinese Children's art and an amazing collection of furniture - A Children's Conversational Bench by Jilly Dye, the Funk Face Chair by Bow Thayer, and Furniture in Recovery by Robin Taft. Bev Kinne's painting First Attempt is on display with bare black leafless trees against a scarlet and purple sky created in Ann Wallen's workshops at the Sherburne Memorial Library. The show continues until January 31.

Downstairs at Cabin Fever Gifts there are purses, fun jewelry, house gifts, ski caps, mittens and tee shirts for sale. Behind the store is a cross country skiing area with paths into the winter woods. There are snowshoes and



A fox pup under a barn by Patsy Zedar

cross country skis to rent and a warm place to change, soup or sandwiches.

For KAG information 802-422-3624.

LAKES REGION

by Lani Duke

Start your new year off with a resolution to improve your health. The Castleton Community Center (468-3093) offers a wide variety of free wellness programs in January.

The first is a discussion on Understanding Common Eye and Vision Disorders, presented by ophthalmologist Vered Sobel, MD, from Rutland Eye. She speaks right after lunch Monday, January 10. If you plan to eat lunch there before the meeting, call the Center by 9:30 Friday morning to reserve your plate.

The following day, come in for Laughter Yoga at 11:00 a.m. They say it can "reduce stress, increase oxygen levels, boosts your immune system, strengthen stomach muscles and improve mood." The exercises can be performed sitting or standing.

Friday, January 14, try Wii bowling, combined with a pizza party. The fun begins at noon with a short demonstration, followed by food and fun. You get to socialize plus receive the benefits of mild exercise that stimulates your memory, hand-eye coordination and reaction time. Call on Thursday so that the Center is able to order enough pizza.

Wednesday, January 19, has an opportunity to try country dance, either sitting or standing, with a workshop from 1:00 to 1:45 p.m. The following morning (10:30 to 11:30), marks the beginning of a six-week program on Eating Better and Moving More, with aids to track your food consumption, activity level, weight, blood pressure, body composition and heart rate, followed by weekly support.

The FHUHS Class of 2012 holds a bottle drive 9:00 a.m. to noon, Sunday, January 9. Call Jackie Phillips, advisor, 342-0681, for pick-ups, or get bottles to Liberty Street Market under FHUHS Junior class.

Want to learn social networking? Clarena Renfrow, FHUHS technology integration coach, plans a community workshop on using Facebook 5:30 to 7:00 p.m., Wednesday, March 9. Call her at 265-4966 ext. 298 to sign up; there is room for 15 participants.

Help the town of Pawlet get ready to celebrate its 250th birthday in 2011 by buying "A Century in Pawlet:

Four photographers document a century of life in a small Vermont town," featuring pictures taken by Ella Clark, Archie Burdick, Nellie Bushee and Neil Rappaport. Pick up your calendar at a number of sites in Pawlet and West Pawlet.

This summer, sending schools in the Fair Haven Union district are listing at-risk incoming ninth graders to participate in the new Summer Transition Program. Its curriculum includes both academic and social components including regular team building/ social skills exercises. When school begins, all ninth graders enter Freshman Academy as part of a cohort with four core teachers; the teachers meet twice a week to discuss student progress and adjust instruction. Students receive instructional support from a core teacher during a daily period, with a zero tolerance policy for not completing assignments, helping to make these young people successful learners at the ninth grade level and prepared for success through high school.

Congratulations, Abby Rampone and Celina Bronson of FHUHS. Their solos earned them invitations to the New England Music Festival, held in Burlington in March.

Local greenhouse farmers have seeded spinach and greens; they've recently harvested root crops. And you probably thought farm work was over until the snow dissipated.

One-shot money from the fed is coming to local schools, courtesy of the Federal Education Jobs Fund, supposedly to prevent educators from being laid off in an era of shrinking budgets. In Vermont, \$18.9 million are being apportioned at a rate of 1.67 percent of spending on a district by district basis. Poultney schools, K-12, receive \$91,214; Fair Haven Union High School, \$104,882; etc.

Fair Haven's town report for 2010 is dedicated to former police chief Andrew Brown. Retired in 1994 and recently deceased, Brown was Fair Haven's first constable and police chief for more than 30 years, as well as serving the community in many volunteer capacities.

Volunteers Needed at BRGNS

BRGNS will be closed all day on Saturday, January 8th in order to move to its new location at the Ludlow Armory Community Complex building 37B on Main Street in Ludlow. The new Thrift Shop and Food Shelf will open on Monday, January 10th.

Volunteers are needed to help with every aspect of the move: boxing, carrying, sorting, driving and unpacking. If you are available, for a few hours or all day and are in-

terested in helping, please contact Audrey Bridge at 802-228-3663 between the hours of 10am and 4pm, Monday through Friday.

Lunch will be served for all of the volunteers. We are counting on volunteers to respond from all of the communities that Black River Good Neighbor Services serves, Cavendish, Ludlow, Mt. Holly, Proctorsville and Plymouth. Please come and be part of this community effort.



Pittsford Senior Luncheon January 27

The next Pittsford Senior Luncheon will be held on Thursday, January 27, 2011 at the Vermont Police Academy in Pittsford starting at 1 pm.

Chef Bob will prepare ham, au gratin potatoes, green beans, corn chowder, & chocolate cake. A fresh salad bar is always included. All foods are homemade, including the soup, bread, and desserts. Coffee and other beverages will be available.

Local business owner and sheep farmer Jim McRae is scheduled to speak.

Reservations are necessary and must be made no later than January 18. If you're interested in attending, please call Randy Adams, Pittsford Recreation Director at 483-6500 ext. 17. Suggested donation for seniors 60 and over is \$4.50. Cost for guests under 60 is \$6.00.

Proctor Place



by Stacy Bates

The Proctor Free Library has a Pre-School Story Hour on January 19, 2011 at 9:30 a.m. They will not only read but have a snack and craft available.

The PHS winter concert is January 13 starting at 6:30 p.m. Also remember that both PHS and PES are closed on Monday January 17 due to Martin Luther King Day.

During the month of January the skating rink will be open Monday through Friday from 4:30 p.m. - 9:00 p.m., Saturday from 11:00 a.m. - 9:00 p.m. and Sunday from 12:30 p.m. - 7:30 p.m. Call 459-2819 to find out if the rink is open if there is questionable weather.

Here are some important town dates to remember: On January 10 there is a regular Selectboard meeting at 6:00 p.m. at the Town Office. On January 17 there will be a Proctor Free Library Board meeting at 6:30 p.m. at the Proctor Free Library in the Mortimer Room. On January 24 there is a regular Selectboard meeting at 6:00 p.m. at the Town Office.

Girl Scout Cookie Sales have started. Help support your local troops by ordering these delicious treats. If you don't know a girl scout and would like to order cookies, leave a message at 802-499-8071.

The Proctor Selectboard Special Meeting Draft Minutes for December 29, 2010 were recently available for viewing. Here are the highlights of the meeting focusing on the FY2012 Budget Review: First up was talk about the police department. Sheriff Benard and Lieutenant Cacciatore were present to discuss law enforcement options with the Selectboard. They discussed the type of services provided by the Rutland County Sheriff's Department (RCSD) and the Vermont State Police and what would happen if Proctor decided to cut back on the number of contracted hours with the RCSD. Bill Dritschilo made the motion to reduce the patrol hours provided by the RCSD from 40 to 20 hours per week. The motion was seconded by Susan Feenick and defeated by a majority with Susan Feenick, Lloyd Hughes, Dick Norris, and Rick Anderson opposing.

Next they discussed the Memorial Day Parade. Bill Champine and Bob Coons were present to discuss the Selectboard's decision to reduce funding for the parade from the \$1,300 requested to \$700. They discussed ways to increase the quality of the parade without having to increase the budget; for example 1) having the various municipal boards (e.g., Selectboard, Schoolboard, Planning Commission, Library Board) donate money for the cash awards for the bicycle decorating and essay contests and 2) utilizing the school booster clubs to offer food in the Park. Dick Norris made the motion keep the FY2012 budget for the Memorial Day Parade at \$700. The motion was unanimously approved.

Next on the agenda was talk about the pool and the skating rink. Bruce Baccei and Lisa Miser questioned the Selectboard's rationale for the decision to level fund the rate of pay for Pool Directors but increase the rate of pay by 3% for life guards and 2% for Rink Managers in FY2012. They discussed their justification and by consensus the Selectboard agreed to level fund the rate of pay for both the Pool Directors and Rink Managers and increase the rate of pay by 3% for life guards.

The Selectboard then reviewed the highway department budget requests and made the following changes: 1) Added in health insurance expense for a 2-person plan to ensure funding for all employees if they choose to enroll in the municipal plan. 2) Reduced the Vehicle Expenses/Repair line item by \$12,000 - intending to purchase a new lawn and garden tractor with money from the Equipment Replacement Fund. 3) Reduced the cost estimate for salt from \$75 per ton to \$70 per ton. 4) Dick Norris made the motion to reduce the Signs line item from \$17,805 to \$2,300 choosing not to budget for sign replacement on roads with speed limits of 25 mph or less. The motion was seconded by Bill Dritschilo and unanimously approved. Equipment Replacement Fund: The Selectboard chose to reduce the annual allocation to the fund to \$25,000 in FY12.



ARIES: March 21 - April 20: This would make more sense if you could stop taking it personally. You're so quick to get defensive and it takes you off the track. Underneath most of what's going on right now, it's your inner child that's making everything more difficult. At a time when your life is about to take off like a rocket you can't afford to be acting like a baby. Don't let whoever, or whatever tripped you up be big enough to take your focus off the things that count. Maintaining your integrity may require you to break away from people and things that deny you the right to be yourself.

TAURUS: April 21 - May 20: Every once in a while we hit a patch where there are no bumps in the road and everything looks beautiful. Things couldn't be better. This could very well be your reward for whatever it took to get here. In between moments of serenity the sense that you're not doing enough keeps cropping up. This could be true, but it's more likely that it's force of habit. Before you go out and complicate your life by taking on something bigger and better, consider the benefits of enjoying what you have and understand that more of whatever this is ain't gonna make any of it better.

GEMINI: May 21 - June 20: The next time you spill your guts to people, make sure you know who you're talking to. Things that were spoken in confidence could be all over town by now. By the time this gets back to you it's going to look like something totally different so be prepared to be shocked by the news of whatever you've gone out and done. A sense of humor is needed in situations like this. Letting the gossip get to you will only be a problem if you forget that it was you who got the ball rolling when you opened your mouth to that so-and-so who went out and decided to pass it around.

CANCER: June 21 - July 20: Holding your own in a situation where the competition has a totally different method of defense is challenging all of your senses. As intense as this feels, it's bringing out the best in you; and if it isn't doing that it's calling you to question everything you've ever thought you held dear. When life puts us in difficult circumstances handling things well comes down to having no expectations and taking one step at a time. If you have any investment in how this turns out it will only pay off if you continue to remain true to yourself and take one moment at a time.

LEO: July 21 - August 20: This isn't what you had in mind but when you weigh it against all of your other options it looks like it might yield more than what you'd have if you made any other choice. We never know what we're getting into. Your intuition tells you that there's more to this than meets the eye, and that other opportunities will develop if you just start here. I think you might be right. At the same time I know for sure that this won't be easy or certain for quite some time. Above all things you need to be flexible in the face of changes that will inevitably surface to keep life interesting.

VIRGO: August 21 - September 20: You need to take a deep breath before you decide how to play this. Rashness, on anyone's part could easily ignite more trouble than you need. After a long stretch of down to the wire experiences you should know better than to push yourself or drive others to distraction. Someone who has too much influence and their own interests in mind is about to inject their brand of nonsense into circumstances that are screwed up enough as it is. Falling under their spell will take you off course. Avoid dealing with anyone who says they've come to save the day.

LIBRA: September 21 - October 20: Too many things are on the line for you to do much but figure out how to walk it. If there are challenges, it's time to meet them instead of blaming people, places, and things for whatever isn't working. Imbalances in your relationships can only be handled from a truthful place. Don't keep trying to heal the situation with frantic appeals that only pressurize a delicate situation. If you can center yourself and come from a place of knowing that nothing can bring you down, the disturbances in your outer reality will smooth out and return to oneness before you know it.

SCORPIO: October 21 - November 20: You can't be absolutely sure about anything, so don't expect this to hold steady any longer than it takes for you to get the lesson. The bigger part of you wants to throw every ounce of your being into a relationship or a situation that at this point is probably more unstable than you are. You can go off the deep end but you'd be better off holding back long enough for the charm or the excitement to die down and reveal a truer picture. Part of me wants to say you don't need this but I am also quite clear that if you let it play out you are bound to learn a very valuable lesson.

SAGITTARIUS: November 21 - December 20: It would be great if in the course of finding yourself you could learn how to think for yourself. With more than one person bending your ear, you are totally confused. When things get like this you're always better off letting your intuition lead the way. If you can tune out the advice of those who think they know what's best for you, your inner voice will tell you that willful acts, or any compulsion to go overboard are inappropriate in situations like this. It's OK to rebel, and it's fine to want to make a few changes, but it won't do to throw the baby out with the bathwater.

CAPRICORN: December 21 - January 20: As you look forward to whatever's next you feel confident that everything will go exactly the way you want it to. When we project for the best we're already half way there. Life couldn't be better. In the face of changes that seem to be rolling out the red carpet others are wondering what they might be missing. Keep up your research in the realm of positive thinking and you just might be able to get even the stubbornest soul to go along with you. If this is what you want you need to be sure that you've got what it takes to help them transform themselves.

AQUARIUS: January 21 - February 20: You can't be too sure about others but you're pretty clear about how you feel about all of this. It remains to be seen whether anyone will be able to reciprocate. If you're wondering why they seem to be so hesitant you need to know that they have side issues that prevent them from giving you the attention you deserve. This is one of those things that will come around again so don't linger over it or go nuts wishing things could happen now. Go about your business. By the time you reconnoiter both of you will know what you want out of this.

PISCES: February 21 - March 20: You know for sure that you need a radical change but you can't push for anything beyond a certain point. It's also clear that change for its own sake could take from the frying pan into the fire. Holding on in a situation that demands a steady application of discipline and an even heavier dose of codependence has you wondering what it's all for. Don't think too much. If this seems like a never ending story I suspect that the next chapter will be more interesting than the one you're on now. Hang in there. Another way out is about to open up your life.

VT Marble Museum Film Wins Omni Award



Media Corp Inc. announced today that the Vermont Marble Museum is a winner of the coveted Omni Intermedia Award. The Vermont Marble Museum won a Silver award in the Entertainment category for its video production of "America's Eternal Flame: The Tomb of the Unknown Soldier."

The eleven-minute documentary film traces the production of the Tomb of the Unknown Soldier in the early 1930's. The film brings to life the quarrying of the 56-ton block of pure white, Yule Colorado marble; the block's journey to Vermont by rail where it was carved into the Tomb of the Unknown Soldier in the Proctor shops of the Vermont Marble Co.; and its present day significance as an American icon in Arlington National Cemetery. It is shown daily from May through October at the Vermont Marble Museum in Proctor.

The film was produced by independent filmmaker Kurt Supancic, written by Cathy Miglorie, director of the Vermont Marble Museum, and narrated by Sharon Green, Pikes Peak College professor.

The Omni Intermedia Award is an international award recognizing outstanding media productions that engage, empower and enlighten. Awards are given in the fields of Film and Video, Animation and Effects, and Website Design. Judging is patterned after the Emmy Awards, using a panel of three peer professionals who independently judge entries based on a standard set of criteria for the media type.

The Emporium
Tobacco & Gift Shop

Visit us for the Best Selection, Service & Prices!

LOCATED IN THE HEART OF DOWNTOWN RUTLAND

Humified Premium Cigars • Specialty Cigarettes
Smoking Accessories • Locally Blown Glass Pipes
Metal, Wood, Stone & Acrylic Pipes • Water Pipes & Hookahs

E-Cigarettes SOLD HERE!

emporiumsmokeshop@hotmail.com
11 Evelyn Street, Rutland, (802) 775-2552

Deja New
Consignment Shop

New to you clothing and apparel.
Designer fashions, vintage finds, and classics with a twist.

802-779-8341
deja.new@hotmail.com

Stony Brook Plaza, 162 North Main Street
Rutland, Vermont 05701

Haze Glass
SMOKE SHOP

HandBlown in Vermont since 2001
Smoke Accessories • Body Jewelry • Incense • Art Glass & More • Herbal Spice

Check out our monthly glass giveaway

All Glass 40% OFF

Open Mon.-Sat. 11 a.m.-7p.m.
802-773-6262
101 State Street, Rutland, VT

A Celebration of Klaus



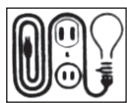
Please join our family in celebrating the life and memory of **Klaus Josef Weirether**

at Peppino's Restaurant in Killington
Tuesday, January 11, 2011 from 3-6pm.
In lieu of flowers, please make contributions to
The Friends of Children Inc., thefriendsofchildren.org

Mother of the Skye

Mother of the Skye has 30 years of experience as an astrologer and tarot consultant. She may be reached by email to cal.garrison@gmail.com

SERVICE DIRECTORY



Craven Electric Inc.

Mendon, VT
(802) 747-6300

VT Lic. EM #3985
NH Lic. #10205M

Residential
Commercial
Industrial

KYLE TAYLOR

TREE & LAND MANAGEMENT

Storm Damage • Tree Removal • Bucket Truck Service

802-345-0235

candido electric

8412 Route 4 • Killington, VT 05751

Residential & Light Commercial

Frank Candido (Licensed & Insured)

cell 802-353-8177 • office 802-422-2155 • fax 802-422-5880

ADDITIONS & LIVING SPACE SPECIALISTS

Vision BUILDERS

(802) 342-6026

FREE ESTIMATES • FULLY INSURED
ALL CALLS RETURNED

ERIC SCHAMBACH
Over 30 Years Experience

- Structural Repairs
- Preventative Maintenance
- Siding
- Framing
- Decks

Quality In-House Design
with on staff Plumbers,
Electricians, and Painters.

Restoration

Custom Homes

Kitchen Installation

Finish Work

General Contracting

Charles D. Smith Construction Inc.

802.773.7476 • 802.236.5511



Professional Service Professional Results

For All Your Plumbing & Heating Needs
Specializing in Home Efficiency & Comfort
24 Hour Emergency Service
(802) 353-0125



Do you burn wood?
Have you ever had
your chimney swept?

GIVE US A CALL TODAY!

VIDEO INSPECTION • STAINLESS STEEL RELINING
CLEANING & REPAIR CAPS & METAL CHIMNEYS
DRYER VENT CLEANING
PELLET STOVE CLEANING • PRESSURE WASHING



(802) 558-2966 Randy Hayes

INSURED
www.centralvermontchimneysweeping.com



View From Ludlow

by Ralph Pace

The Ludlow Community Center (previously known as the Armory) will hold its official opening to the public on Sunday, January 9 from 1 to 4 PM with tours of the facility and refreshments. The center has been opened for use to the public and schools for exercise classes. On Monday, January 3, the dining room and kitchen was formally opened for use by the Ludlow school complex – after satisfying late requirements from Montpelier regarding special air circulating equipment. Now students from Ludlow Elementary School and Black River Middle/High School will have the opportunity to have their lunch in a facility exclusively used for meals.

The adult exercise classes are planning on moving from the Senior Center to the newly-furnished Community Center soon.

All in all, it looks like the Ludlow Community Center will shortly become the major focal point of Ludlow activities.

Part of the center will include the old “tank barn” which will become the home of Black River Good Neighbors Services (BRGN) and LPC-TV, cable channel 8 and 10. BRGN plans to formally move from its current Main Street location into the totally renovated and modernized facility over the weekend of January 8 and 9. It will open all of its services, including the food shelves and thrift shops, on Monday, January 10.

BRGN also just finished wrapping up its Christmas basket program for the past year. According to the final analysis of the program, BRGN has served 1,964 adults and children via the program in the past seven years.

Black River Academy Museum (BRAM) received an unexpected – but very welcomed, Christmas present this past December. An anonymous donor offered a challenge grant totaling \$50,000 to BRAM during the period from the start of January through the end of June this year, matching dollar for dollar all donations made to the museum.

The complete realization of this challenge grant will enable BRAM to install the elevator cab in its new building wing. The significance of this is twofold to BRAM: first, it will provide full access to all of BRAM’s exhibits and programs to everyone, including local students who can learn about their heritage; secondly, it will permit

the museum to handle larger volumes of visitors which will benefit both BRAM and the local community.

Okemo Mountain Resort enjoyed a large number of skiers and boarders over the Christmas holiday. But its most significant event was the grand opening of its “Timber Ripper,” a modern coaster on the Jackson Gore portion of the mountain that will provide entertainment for families throughout the year. (The writer had the privilege of being one the first riders of the Timber Ripper and can assure potential riders and drivers that it’s both a fun – and challenging, ride.)

Okemo has also opened its Nordic skiing and snowshoeing facilities. The Nordic portion features 15 kilometers of Nordic ski trails and 11 kilometers of snowshoeing trails. Information on snow conditions and prices are available at www.okemo.com.

Cavendish Township Elementary School Principal George Thomson has announced that he will be participating in the 2011 Burlington Penguin Plunge to raise money for Special Olympics Vermont. George is inviting everyone interested in supporting Special Olympics to contribute to his “cold dip” in Lake Champlain to support his efforts. Donations can be made online at <http://www.firstgiving.com/georgethompson>.

Both Ludlow and Cavendish have announced preliminary plans to honor the 250th anniversary of their foundings this year. Additionally, each of the towns plans to mark the 150th anniversary of their participation in the Civil War. Anyone interested in participating in these plans should contact the Town Managers in either Ludlow or Cavendish.

FOLA (Friends of Ludlow Auditorium), coming off the success of its recent Community Christmas Celebration, will be holding its annual meeting at the Ludlow Town Hall auditorium on Wednesday, January 19 at 6 PM.

The Okemo Valley Regional Chamber of Commerce has indicated that it will present its plan for a Route 100 Scenic and Recreational Byway to the state in February. Prior to that date, the Chamber plans to review its plans with the area towns involved in the proposal.

(If you have any comments or news about the Ludlow or Black River area, contact Ralph Pace at ralphpace@tds.net.)



Killington-Pico Rotary News

The Killington-Pico Rotary Club winter fundraising project is an Ice-Out Contest on the Grist Mill Pond. The object of the contest is for the ticket purchaser to guess the month, day, hour, minute and second that the ice will ‘go out’ on the pond. The moment of Ice-Out is determined when a 72-pound concrete block, housed in the “Ice-Out Hut,” drops through the ice. A timing device will determine the exact moment of Ice-Out. The Hut, with the cement block, will be placed on The Grist Mill Pond after January 1st when the ice is deemed safe. Ice-Out tickets can be purchased at area establishments including: Domenic’s Pizza, The Grand Hotel, Peak Performance Ski Shop, Lookout Tavern, The Grist Mill, Sun-Up Bakery, Sushi Yoshi, The Garlic, Killington Deli, Mogul’s, and Wobbly Barn.

This is a 50/50 event meaning that 50% of the proceeds (up to \$20,000, as limited by state law) will be the winning prize and the remainder will go toward the club’s charities. Ice-Out tickets are \$1.00 per entry and can be printed from your computer at www.Killington-PicoRotary.org.

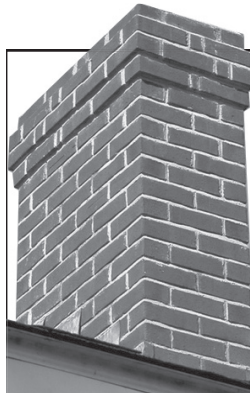
Each Wednesday the Killington Pico Rotary Club meets at Peppino’s Ristorante from 6PM – 8PM for a full dinner, friendship, and a guest speaker. If you are interested in learning more about Rotary International, call 422-5499 to make a reservation to attend a dinner meeting. The food is delicious, and it’s a great opportunity to get involved and meet new people. Upcoming speakers are: Jan. 12 – Killington Fire Chief, Patrick McDonnell; Jan 19 – Matt Gnoza – Killington Winter Sports Club.

Excavating 422-9000

Kendrick Hurley

Site Work
Roads

Snow Plowing
Gravel Products



TOM DORAN CHIMNEY SERVICE

Chimney Lining & Repair
Chimney Construction

Fully Insured • Free Estimates
Since 1980

802-265-3091
Castleton, VT

Propane Service Technicians you can trust
....Delivery too!



Keyser Energy

keyserenergy.com

802-459-3349

Commercial & Residential Roofing



(802) 265-8038

Quality Roofing Since 1970
Fully Insured

Route 4A • Box 510 • Bomoseen, VT
www.doranroofs.com

DORAN ROOFING, INC



Get the word out

FAST

Advertise your events in the classifieds. **It's easy to do.**

Just call **422-2399** for all of the details.

Rutland Report

by Lani Duke

Whew! It just could be that the best part of 2010 is that it's over.

Saturday morning basketball for young people in grades 1 through 3 begins January 8. For more info and for schedules of grades 4-6, call Rutland Recreation Department, 773-1822.

WalkRutland hosts a guided walk beginning at 10:00 a.m., Saturday, January 8, along the Baker Brook Trail in North Chittenden. Call Jen, WalkRutland coordinator, 342-3479, for specifics.

Hot meals are served every second Saturday of the month 11:30 a.m. to 1:00 p.m. at Trinity Church, 85 West Street. Donate if you can. Call 775-4368 to find out more.

Students in grades K-12 are welcome at Wizard of Oz auditions Saturday and Sunday, January 8 and 9, 12:00 to 3:00 p.m., Dana Recreation Center. Rehearsal schedule will be announced at auditions.

The Opera Theatre of Weston presents The Magic Flute at 3:00 p.m., Saturday, January 8. Don't come expecting "serious" music - The Magic Flute will make you chuckle, hum along with tunes you'll recognize, and hold your breath at the beauty. Call 775-0903 for tickets.

Catch up with the Green Mountain Club as a group plans to hike, ski or snowshoe to The Ball in Arlington on Sunday, January 9. Meet the travelers at 9:00 a.m. in Rutland Main Street Park; call 775-3855 for more info.

Dance in your seat with Little Feat at The Paramount at 7:30 p.m., Sunday, January 9. Thanks to event sponsor Alderman's Toyota, and to series sponsors Table 24 and Long Trail Brewing Co. Call 775-0903 for tickets.

The first Governor's Legislative Breakfast of the new year is at 7:30 a.m., Monday, January 10, courtesy of the Rutland Region Chamber of Commerce and the Rutland Economic Development Corp. TD Bank sponsors the full breakfast buffet at South Station Restaurant. Call the Rutland Chamber, 773-2747, to find out more.

The Rutland Garden Club hosts a lecture on Winter Birding from 11:30 a.m. to 2:30 p.m., Tuesday, January 11, in the Fox Room of the Rutland Free Library. Call 773-1860 for specifics.

Cobra Gymnastics hosts the Rutland Region Chamber of Commerce mixer from 5:00 to 7:00 p.m., Tuesday. Join them at 56 Howe St., Building #10. Need more details? Call 773-2747.

Hear Connecticut flutist Aleksandr Haskin at 8:00 p.m. Friday, January 14, at The Paramount. Born in Belarus, he studied five years at the Moscow Tchaikovsky Conservatory and is currently a freshman at the Yale University School of Music. For tickets, call 775-0903.

Looking into the not-so-distant future: set aside Saturday, February 5, for the Rutland Parks & Recreation Department's 9th annual Winter Fest, co-sponsored

by the Rutland Area Physical Activities Coalition. It's a great event to learn about adding to your active outdoor winter fun. Thanks in advance to the folks who make the Winter Fest possible.

The Rutland Region Chamber of Commerce is looking for participants in its 2011 business show, planned for Tuesday, March 8. The annual event at the Holiday Inn is sponsored by Rutland Regional Medical Center.

Still further down the pike are the fireworks for the Fourth of July. Cost for the Rutland town visual display was scheduled to go up for the third year in a row, a circumstance that has the select board contemplating bid solicitation. However, Vermont-based Northstar Fireworks agreed to revert to 2009 prices and hold that line in return for a three-year contract.

Rutland City aldermen Dave Dress and Joe Tilden plan to not seek re-election in March. Kevin Coleman has said he is vacillating between running and not running. Of the other three alder board members, Robert Barrett and Sean Sargent both intend to run, while Tom DePoy is not certain.

Maria Dunton has opened All Points Animal Care on Stratton Road, offering veterinary medical services for small animals. In addition to general medicine, routine surgery, dentistry and preventive care, she also offers acupuncture.

If you submitted photos to the annual contest at the Chaffee Art Center, please pick yours up by February 1. Those not picked up by then will be discarded.

Dan Gottsegen offers an introduction to oil painting weekend at the Chaffee Art Center January 22 and 23. He is a former full professor at the California College of the Arts and more recently taught painting at the University of Massachusetts in Lowell.

Local youth have another place to ice skate this winter, on an outdoor rink in DelBianco Park at Dewey Field (Rutland Town). Credit for the new recreation opportunity is due Burt McMahon, who not only took the idea to the town select board but also volunteered to oversee the outdoor rink.

One-shot money from the fed is coming to local schools, courtesy of the Federal Education Jobs Fund, supposedly to prevent educators from being laid off in an era of shrinking budgets. In Vermont, \$18.9 million are being apportioned at a rate of 1.67 percent of spending on a district by district basis. Rutland City schools, K-12, receive \$447,042; Mill River Union High School, \$103,543; Clarendon Elementary, \$44,002; West Rutland, \$66,896, etc.

Congratulations to Rutland City treasurer Wendy Wilton, whose work received big-time approval from independent auditor Randall Northrup recently.

Vermont Wood Manufacturers Annual Meeting

The Vermont Wood Manufacturers Association will hold its Annual Meeting on Friday, January 28, 2011 at the Amee Farm on RT 100 in Pittsfield, VT. The day will begin with a tour of Advanced Animations; a design and manufacturing company that produces animated figures, interactive exhibits, and state of the art motion systems for over 20 years.

After the tour, woodworkers will gather at the Amee Farm for a business meeting, industry presentations and a networking lunch. Woodworking industry presentation topics will include Mass Customization and Personalization for the Wood Products Industry, Woodwork Manufacturing Skill Standards and Credentialing

Program, Hardwood Leaders Forum, Upcoming Vermont Manufacturing Extension Center 2011 Workshops & Plans, and the Summit on the Working Landscape. The association will present 2010 Woodworker of the Year and Friend of the Industry Awards to their recipients.

All members of the woodworking industry are invited to attend. For more information and registration contact the VWMA office at 802-747-7900. Please register by January 24, 2011.

www.mountaintimes.info

LENOCI'S
SHOE & LEATHER REPAIR
A BalanceWorks Company

Catering to Your Footwear, Shoe care,
& Stitching Repair Needs Since 1932

We Repair & Rebuild

- Shoes & Boots
- Sandals & Slippers
- Sewing & Stitching
- Belts & Luggage
- Motorcycle Gear
- Equestrian Tack



Zipper Express

Any Kind, Any Size, Any Color
Shoecare Products & Services

Birkenstock Repair Center

79 Cleveland Ave., Rutland, VT 05701

802-773-1424 • M-F 8:30-5

www.good2feet.com • email@good2feet.com



SEWER & DRAIN SERVICE
A-1 SERVICE
46 Walker Mountain Road
North Clarendon, VT
438-5722
Over 25 Years of Service to
Rutland County

- Locate & Uncover Septic Tanks
- Electronic Tank & Line Locating
- TV Inspection for Sewer Lines
- Septic Tank Risers & Filters Installed
- Storm Drains & Catch Basins Cleaned
- Certified for Confined Space Entry
- Jet Vac Trucks
- Mound System Jet Cleaning
- Septic System Evaluations
- Portable Toilets
- Chemical Root Control Treatments
- Core Drilling

Convenient Medical Care
Walk-In • X-Ray • Lab Services
Timothy G. Cook, M.D., Proprietor
Paula Sorrentino, P.A.

**NOW SCHEDULING SAME DAY
AND PRIMARY CARE APPOINTMENTS**

775-8032
Walk-in Clinics for
• Illness • Injuries
• Physicals • Drug Screens
• Xrays and Lab
Professional Health Care Available

SERVICE DIRECTORY

SINCE 1875
Clifford Funeral Home
2 Washington Street • Rutland, Vermont 05701
(802) 773-3010
Gary H. Clifford • G. Joseph Clifford • James J. Clifford

CLEAN STEP
Carpet & Upholstery Cleaning
(802) 775-7850
White Montgomery

Free Estimates
OTTAUQUECHEE WELL DRILLING, INC.
(802) 457-2530
George Spear
8402 Valley View
Woodstock, VT 05091

RUTLAND'S MAGIC BRUSH
Interior & Exterior
Painting Specialists
The Area's Largest Painting Contractor
Serving the Needs of the
Rutland - Killington Region
Efficient and Professional
Paul Gallo
"We take pride in preparation"
(802) 775-7673

**OVER 2000
BROKEN-IN TIRES**
MANY SETS OF 4
CANON TIRE
802-674-5600
Ascutney, Vermont
SNOW TIRES TOO!!

PETERSON ENTERPRISES
Snow Plowing
Trash Removal • House Cleaning
Sanding • Snow Shoveling
Home Repairs • Construction
Robert & Karen Peterson (802) 422-7410
P.O. Box 434 Killington, VT 05751 PetersonEntVt@aol.com

YOU NEED ONLY ONE MECHANICAL CONTRACTOR
RUSSELL EDWARDS
PLUMBING • HEATING • ELECTRICAL
OIL BURNER SERVICE
(802) 747-4744
Russ Cell: 353-6205 • Raul Cell: 353-8605
P.O. Box 1367 • Rutland, Vermont 05701 • License #EM639 & #PM986

Poldi
802-422-3282
Plumbing • Water Purification • Pumps • Service

Rutland Motorcars
www.rutlandmotorcars.com
**Sales & Service
of Quality Imported Cars**
Sales (802) 747-7172 • Service (802) 747-7177
Toll Free (877) 747-7171
72 US Rt. 7 South, Rutland, VT 05701
Specializing in Fine Automobiles • sales@rutlandmotorcars.com

Health & Fitness

How To Cure, Or Cope With, A Hangover

by Food Network Kitchens

Q: If I drink too much on New Year's Eve, are there any remedies that will help me feel better on New Year's Day?

A: The various symptoms of your average hangover -- headache, dry mouth, nausea, exhaustion -- all come from different effects that alcohol has on your body. Many symptoms can be lessened by eating a good meal before drinking; the more food in your stomach, the slower the alcohol will be processed, which means it will hurt less in the morning.

For the headache:

-- Aspirin (not acetaminophen or ibuprofen) will help with that headache, though there's no evidence taking it the night before will help you.

-- Caffeine also helps constrict your blood vessels; it's also a stimulant, which will help you feel less tired.

For the dry mouth, which, along with thirst, is a direct result of alcohol's dehydrating effects:

-- Water. Lots of it. Sports drinks are great, too; their salt and sugar content help replace the electrolytes you've been losing all night.

For the nausea, caused when alcohol irritates your stomach lining, also generating extra stomach acid:

-- Northern Germans believe strongly in marinated fish (like herring), Mexicans have posole (a meat and hominy soup) and the Senegalese have yassa (chicken and lemon stew). When in Rome... (except maybe not, as the ancient Roman hangover cure was eel steeped in wine).

-- If you can handle food, your best bet is something like eggs, which are high in cysteine, which helps your body process the toxins in alcohol.

-- Tomatoes have lots of vitamin C (which alcohol saps), but make the Bloody Mary a Virgin Mary if you're trying to get better.

-- If you can't face a full plate, drink a smoothie with lots of fruits.

For the exhaustion:

Go back to bed. Seriously.

Weighing in on New Year's Resolutions

by Dianne Lamb,

UVM Extension Nutrition and Food Specialist

Did you make a New Year's resolution to lose weight and get more exercise? If so, you are not alone.

It's probably no surprise that this is among the top New Year's resolutions that Americans make every year. And no wonder. In the past 20 years, there's been a significant shift in portion size of the foods that we eat.

Many people seem to believe the adage that "If a little is good for us, then a lot must be better." Don't fool yourself. The foods we eat contain calories, and when we eat more calories than our body needs, we gain weight.

A healthy weight is a balancing act between the amount of food we consume and the physical activity we get every day. Just eating 100 extra calories a day for a year can result in a weight gain of 10 pounds! That may not sound like much, but if you put on 10 pounds a year for five years, by the year 2016, you will have gained 50 pounds.

How can we curb this steady weight gain?

We know that eating healthy and being physically active is good for our health. However, as determined as we are to stick to our resolutions to eat better, lose weight, and exercise more, these good intentions often fall by the wayside because we over commit, have unrealistic goals, or are too vague and non-specific about what we hope to achieve.

The basic premise for maintaining weight is to balance the calories you take in with the calories you expend through exercise and physical activity. As Dr. James Hill, co-founder of the America On the Move program, reminds us, "It is simple to make small lifestyle changes that have big benefits on overall health. All it takes is walking an extra 2,000 steps and eating smarter by consuming 100 fewer calories each day."

Hill recommends getting a step counter (pedometer) to record your daily steps. Start by keeping track of your steps for three days. Get a baseline figure by adding your total daily steps for the three days, then dividing by three to get an average. Work at increasing your daily steps by 2,000 (equivalent to a mile).

On the food side of the equation of energy balance, Hill recommends decreasing the calories you eat every day by 100. These two premises are not rocket science

but are goals that are fairly easy to obtain, and hence, can help you and your family members succeed.

Here are some ways you can cut 100 calories:

-- Drink nonfat or skim milk instead of whole milk.

-- Substitute diet soda for regular soda. Or drink water.

-- Leave three to four bites on your plate.

-- Snack on fresh vegetables or fruits instead of chips, crackers, or cookies.

-- When eating out, choose a side salad rather than chips, fries, or bread.

Remember, your gender, age, and physical activity level determine your calorie needs and the amount of food you should eat. One key to making wise food choices is to know how much you currently are eating, as well as how much you should be eating. This is especially important if you are trying to lose weight or maintain your weight.

One important factor related to weight gain is portion size. Many people feel that the bigger the portion, the better. But is this really true? Not if you are trying to manage your weight. To get or keep your weight within a healthy range, eat sensible portions.

That's easy to say, but not always so easy to do. Words like "serving" and "portion" often are used to describe what we eat. Is there a difference in their meanings? You bet.

A "portion" is the amount of food you choose to eat. There is no single right or wrong portion size. A "serving" is a standard amount used to identify how many calories and nutrients are in a food and helps provide a guideline as to acceptable portion size.

Here are some tips to help you choose sensible portions when eating out:

-- Watch your portion size. Opt for the small size rather than large or jumbo sizes.

-- Remember that water is always a good option for quenching your thirst and is always a good alternative to high-calorie beverages.

-- If main dish portions are larger than you want, order an appetizer or side dish instead or share a main dish with a friend.

-- Resign from the "clean your plate club." When you've eaten enough, leave the rest. If you can chill the extra food right away, take it home in a "doggie bag."

-- Ask for salad dressing to be served "on the side," so you can add only as much as you want.

-- Order an item from the menu instead of the "all-you-can-eat" buffet.

At Home:

-- Measure your food occasionally using measuring cups or a small scale. This will help you better guesstimate portion size next time you prepare these foods.

-- Be especially careful to limit portions of foods high in calories, such as cookies, cakes, and other sweets, as well as fats, oils, and spreads.

-- Use a smaller plate for your meal.

-- Put sensible portions on your plate at the beginning of the meal, and don't take seconds.

-- Eat slowly to savor every bite.

Move more and eat smarter for a healthier you in 2011.

Killington Grand Spa



Relax your mind • Recharge your body • Renew your spirit

**Book a
Massage • Facial
Manicure • Pedicure**
with one of our skilled therapists.

Come early or stay after your treatment to enjoy one of the best views on the mountain from our heated outdoor pool and hot tubs.

Share a relaxing massage
with someone special in our new
couples massage room



802-422-1050
228 East Mountain Road
www.killington.com

Beverly Roseberry, M.D.
Sonyea Oliver, FNP
11 Commons St. • Rutland, VT 05701

Family Practice
Accepting New Patients
(802) 779-0114
Mon.-Fri. 8:00am-4:00pm
Closed 12 noon-1:00 pm

THE SPA
AT THE WOODS

rejuvenate

**Sweeten
Your Stay**
Try one of our
Peppermint Twist
Treatments

Day Passes and Memberships Available. Public Welcome.

12 private treatment rooms • Experienced certified therapists
Massages & facials • Body Treatments • Manicures & Pedicures
Yoga class every Saturday at 4:30 pm
Complete Fitness Center • Spectacular 75' indoor pool,
hot tub, steamroom & sauna • Licensed Estheticians
Ashiatsu Oriental Bar Therapy®

THE WOODS
Resort and Spa
AT KILLINGTON

802-422-3139
www.spaathewoods.com
3/4 of a mile up the Killington Road
at The Woods Resort
Spectacular 75' indoor pool
Hours: Weekdays 8am-6pm, Saturday 8am-8pm, Sunday 9am-5pm

BIKRAM YOGA
PITTSFIELD
1-866-677-4268

KILLINGTON YOGA
NEW Class
Mix Level • Sat. 4:30pm • at Base Camp Outfitters
New Students, First Class Free This December
Anusara Inspired | Classes | Private Yoga Therapy
Mon 8:30am | Tues & Thurs 5:30pm | Fri 8:30am Pilates • Walk-ins welcome • 802-422-4500
Karen Dalury, RYT • 3744 River Road, Killington • www.killingtonyoga.com

Pyramid
Holistic Wellness Center
120 Merchants Row, Rutland, VT
802-775-8080
www.pyramidvt.com
www.massageschoolvt.com

**Fitness Center Memberships
Oxygen Bar Now Open**
Located at 79 Merchants Row, Rutland

MASSAGE
\$60/hour session

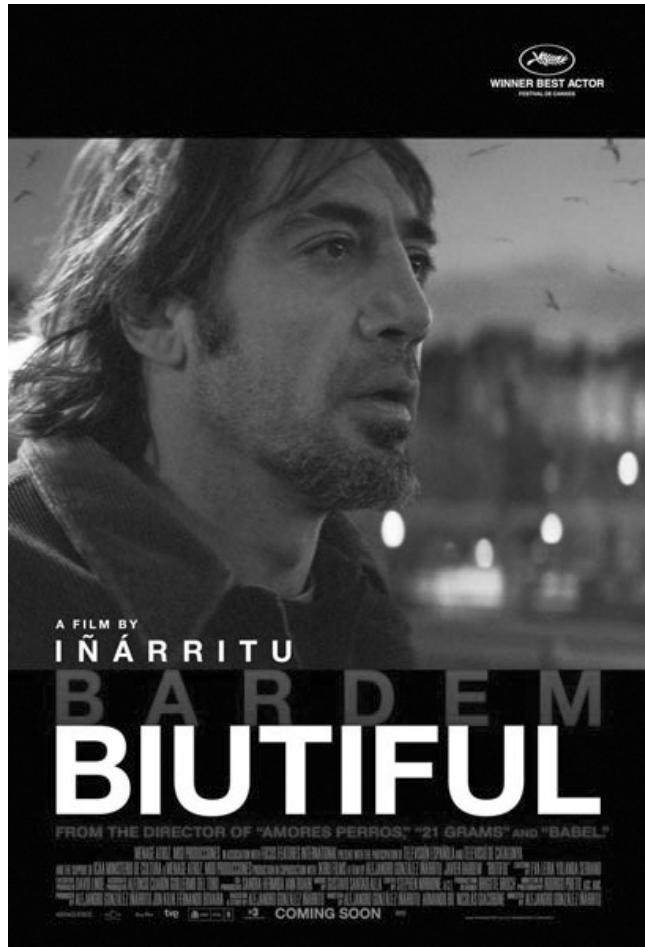
SALT CAVE
Visits start at just \$10

JustForFun

Capsule reviews of films opening this week by The Associated Press

“Biutiful”

by Jake Coyle, AP Entertainment Writer

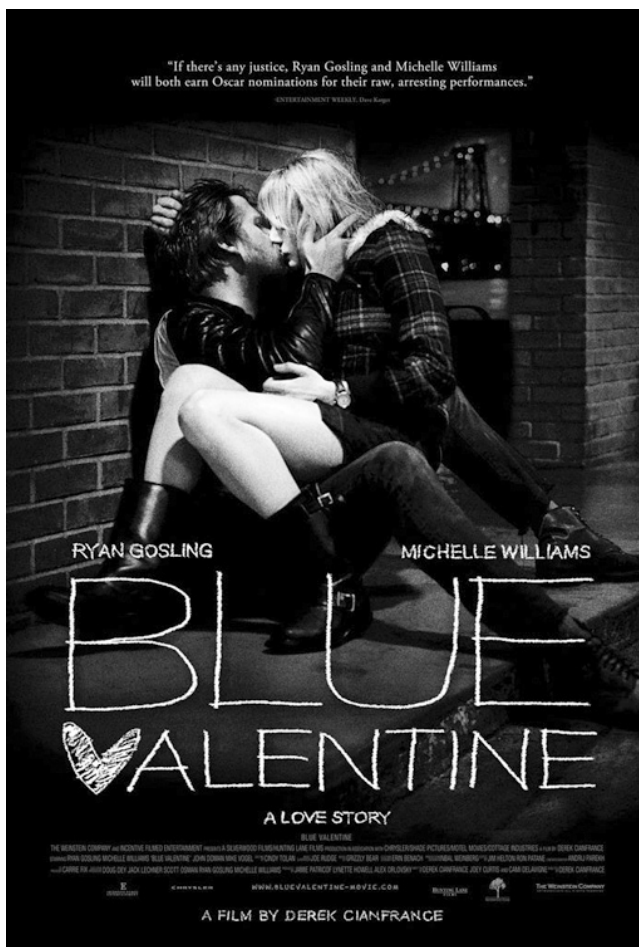


Mexican director Alejandro Gonzalez Inarritu has always driven headlong into gritty depictions of pain and tragedy. With hand-held camera and a brooding artist's mandate, he revels in peering into the depths and brandishing his seriousness. Following the visceral triptychs “Amores Perros,” “21 Grams” and “Babel,” Inarritu, for the first time, tells the story linearly. He is trained on one character: Uxbal (Javier Bardem), a kind of black-market middle man in Barcelona. He's fatally ill, a predicament made all the more awkward because of his two young children, Ana (Hanaa Bouchaib) and Mateo (Guillermo Estrella). Their mother, Uxbal's ex-wife (Maricel Alvarez), is manic-depressive and untrustworthy. Much of “Biutiful” is Uxbal badly attempting to ready himself and those around him for his exit. Bardem, with a mane of hair and a heavy weariness, carries the otherwise contrived film entirely. A film about death is in itself a worthy undertaking, but Inarritu tries to juggle fatherhood, divorce, business ethics and ghosts. It's mountains to heap on an actor, and remarkable that Bardem manages it so beautifully. R for disturbing images, language, some sexual content, nudity and drug use. 148 minutes.

Two and a half stars out of four.

“Blue Valentine”

by David Germain, AP Movie Writer

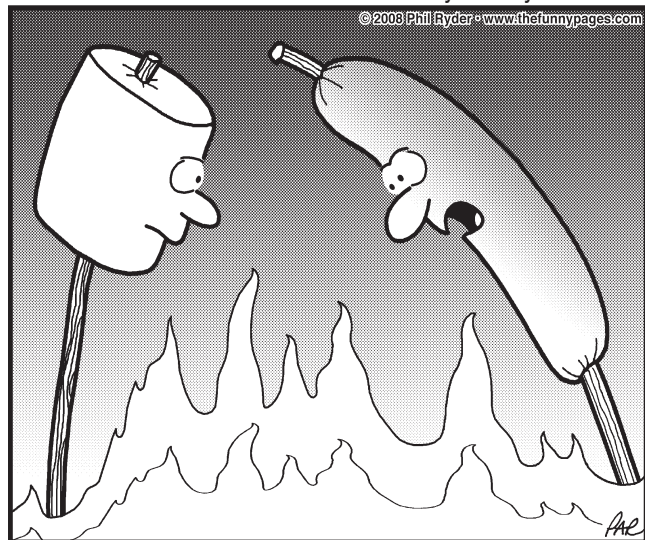


Michelle Williams and Ryan Gosling's marital drama is agonizing to watch yet relentlessly compelling, even illuminating, playing almost like a sober documentary rather than a narrative film. Though fictional, it is a document of sorts, a chronicle of a crumbling marriage that often feels as honest and painful as if it were a nonfiction film about real people putting each other through absolute hell. Williams and Gosling play a couple spending a night away from their young daughter in hopes of renewing their faded romantic spark. Director and co-writer Derek Cianfrance intersperses the marital scenes with lovingly nostalgic flashbacks to the start of their romance six years earlier. Williams and Gosling's performances range from sublimely sweet in the flashbacks to raw, ferocious and punishing in the present day. The result is a beautifully idiosyncratic portrait of a relationship that starts with the brightest of hopes and inevitably falters as the years and mileage accumulate. R for strong sexual content, language and a beating. 112 minutes.

Three and a half stars out of four.

THE JOKE'S ON YOU

by Phil Ryder & YOU



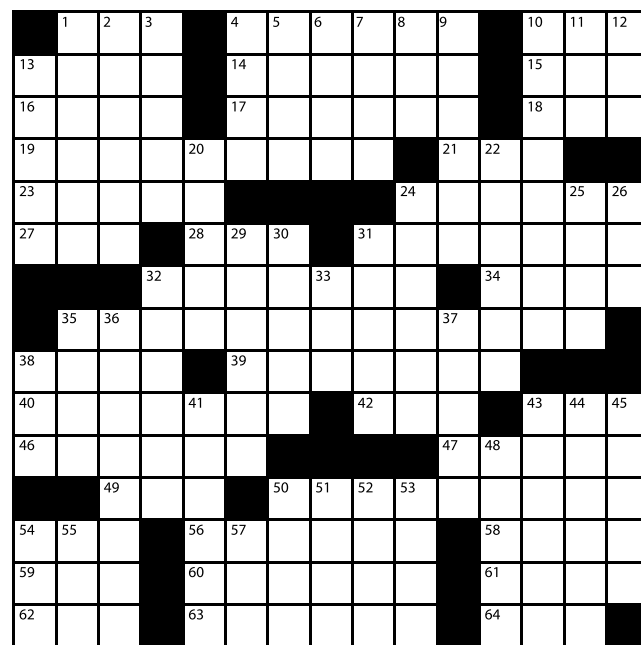
“Just when I think things can't get any worse, I find out I've got a bun in the oven!” - Laurie Stahl • Killeen, TX

SUDOKU

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 2 | | 8 | | 7 | | | 1 |
| | | 1 | | 4 | | | | |
| | | 5 | 6 | 1 | | | | |
| | | | | 5 | | | 4 | 6 |
| 9 | | | 4 | 6 | | 8 | | |
| 1 | | | | | 3 | 9 | | |
| | | | 1 | | | 7 | 8 | 2 |
| | | 9 | | | | 4 | | |
| | | 2 | | | | 6 | | 5 |

Each block is divided by its own matrix of nine cells. The rule for solving Sudoku puzzles are very simple. Each row, column and block, must contain one of the numbers from “1” to “9”. No number may appear more than once in any row, column, or block. When you've filled the entire grid the puzzle is solved.

This week's solution on page 27



ACROSS

1. Follow
4. Stellar
10. Affirmative action
13. Endure
14. Garam ____ (Indian spice mixture)
15. “Much ____ About Nothing”
16. Black cat, maybe
17. African animals similar to giraffe
18. Abbr. after a name
19. Very short dress
21. What “it” plays
23. Arm
24. Tennis great Gibson
27. Coquettish
28. Burgle
31. Great height or amount
32. Indic language of the Marathas
34. Aquatic plant
35. Decides beforehand
38. ____ du jour
39. Spoiled
40. Deer meat
42. Title given to monks
43. Alliance that includes Ukr.
46. Milk protein
47. Trash hauler
49. Sun, e.g.
50. Attacker
54. Doublemint, e.g.
56. Chicken
58. “Don't bet ____!”
59. “... ____ he drove out of sight”
60. Hispanic girl
61. “Do ____ others as...”
62. Armageddon
63. Stubbornly old-fashioned
64. Blonde's secret, maybe

DOWN

1. Half mask
2. For all to see
3. Magical wish granter
4. Crazy
5. “The Open Window” writer
6. Boris Godunov, for one
7. Absorbed
8. “Aladdin” prince
9. Finally
10. Water pipe for smoking
11. “____ to Billie Joe”
12. “____” lid
13. Strip
20. A specific violin (abbrev.)
22. Nearby
24. Like some arms
25. Baker's dozen?
26. “Bingo!”
29. Salem's home
30. Object passed by relay runners
31. Bit
32. One's area of expertise
33. Big ____ Conference
35. “Guilty,” e.g.
36. Released after money received
37. Poets' feet
38. Polymers used in plastic pipes
41. Fortunetellers
43. Small, narrow opening
44. Set aflame
45. Begin
48. For all to hear
50. A chorus line
51. Tried to get home, maybe
52. Spiritual, e.g.
53. “Shoo!”
54. “Fancy that!”
55. Ashes holder
57. “Dig in!”

Flagship Cinemas Premium

Showings January 6-12, 2011

Downtown Rutland Shopping Plaza
143 Merchants Row, Rutland, VT 05701

| MOVIES | TIMES |
|---------------------------|---------------------|
| Season of the Witch-PG-13 | 1:55 4:20 6:40 9:25 |
| The Fighter-R | 1:15 4:15 7:10 9:40 |
| Gullivers Travels-PG-13 | 2:05 4:30 7:00 9:15 |
| Little Fockers-PG-13 | 1:50 4:30 6:55 9:35 |
| Tangled-PG | 2:10 4:35 7:05 9:20 |
| The Tourist-PG-13 | 1:45 4:25 7:15 9:50 |
| Tron Legacy (3D)-PG-13 | 1:30 4:10 6:50 9:30 |
| True Grit-R | 1:40 4:05 7:20 9:45 |
| Yogi Bear (3D)-PG | 2:00 4:00 6:45 9:00 |

1-877-789-6844 www.flagshipcinemas.com

Home & Garden

Keep Out The Cold and Save On Heating Bills

by Rosemary Sadez Friedmann
Scripps Howard News Service

Brrrr. It's cold outside. The heat is on and our electric bills are going up. And in this economy, who can afford higher electric bills? Let's explore some energy-saving techniques to keep warm without increasing your heating costs.

First, look at installing a programmable thermostat, which allows you to preset temperatures for different times of the day so you're not heating your home while you're at work, yet you can have it toasty warm when you come home. This thermostat works equally well with heat and with air-conditioning for the summer. Some of the programmable thermostats have a five-day setting for weekdays and a separate two-day setting for weekends. If you're not afraid of doing it yourself, you can install the new thermostat quite easily. Following the manufacturer's instructions, remove the old thermostat and unscrew the wire leads attached to the terminals on the back. Reattach those wires to the new thermostat's terminals and re-screw to the wall. I think even I could do that.

Do you use your fireplace in winter? Be sure to close the flue when the fire is out. An open flue lets out as much heat as an open window.

Because heat rises, some experts suggest reversing the blades on the ceiling fans and turning those ceiling fans on low to keep the air circulating and to push the warm air back down into the room. This is more effective in rooms with high ceilings.

Sometimes we have large chairs or sofas close to vents or registers. For the heat to circulate well into the room, it is a good idea to move big furniture away from those vents.

Wash your windows and open your drapes wide. Sounds silly, but you want as much free solar heat to enter as possible. (Close the drapes when the sun goes down to retain heat.) If you are handy, you can install plastic film on the inside of the windows to create an insulating layer. Apply the film to the window sill, using a blow-dryer or doubleface tape to seal it in place. The film becomes invisible and helps contain heat in the winter and keep out heat in the summer.

If your exterior door is closed and you still can feel cold air on your feet, you need a new door sweep. This is a long, thin vinyl strip with a broom-like brush. You can cut the sweep to fit your door and install it with just a few wood screws.

Baby, it's cold outside but it can be toasty inside.

Register soon for Master Gardener Course

Registrations are now being accepted for the 2011 University of Vermont (UVM) Extension Master Gardener course. The 13-week course, which will provide participants with a strong background in home horticulture, will be offered at various Vermont Interactive Television (VIT) sites beginning Feb. 1, 2011.

Experts from UVM; the Agency of Agriculture, Food and Markets; and the horticultural industry will teach the sessions. A wide range of horticultural topics will be covered including fruit and vegetable production, flower gardening, botany, soil fertility, plant pests, disease management, healthy lawns, invasive plant and pest control, and introductory landscape design.

The course will be held on consecutive Tuesday evenings from 6:15 to 9 p.m. except for the first class, which will begin at 5:30 p.m. VIT locations include Bennington, Brattleboro, Johnson, Lyndonville, Montpelier, Middlebury, Newport, Randolph Center, Rutland, Springfield, St. Albans, Waterbury, White River Junction, and Williston.

The cost is \$365, which covers the cost of the required comprehensive training manual. Registrations received after Jan. 19, 2011 will be charged an additional late fee of \$40.

Anyone requiring accommodations to participate in this program should contact the UVM Extension Master Gardener Program office at (802) 656-9562 by Jan. 4, 2011. Tell them you saw it in The Mountain Times.

Orchids Brighten Winter With Little Effort

by Joe Lamp'1 • Scripps Howard News Service

Orchids are beautiful and fascinating plants. But the thought of growing orchids, especially indoors, is intimidating for lots of gardeners. It conjures up pictures of giant greenhouses, complicated humidity, light and heat controls, and horticulturalists in white lab coats. Despite their reputation for being finicky flower divas, orchids aren't difficult to grow.

Like any plant, they'll thrive in the right conditions. The trick is sizing up your indoor environment and choosing the orchids that will be happy there. Three of the best orchids for windowsill gardening are: Paphiopedilum, also called paphs; Cattleyas, catts for short; and Phalaenopsis or phals. Among them, you'll find colors, fragrances and sizes to fit any space.

Paphs are also known as lady slippers for a jutting, chin-like pouch that forms their lower flower petals. The white, green, yellow, red or pink blooms are shaded, striped and covered with spots. These orchids bloom off and on all year with filtered light, though their flowering season is mid-fall through spring.

Catts are stunning and versatile. They're available in every size, shape, color, fragrance and bloom time you could want. They're also the most confusing, because they've been crossbred to create many hybrids. Look for names such as Brassavola, Rhynchoaelia and Epidendrum or an entirely new genus, Brassoepidendrum. They're all catts.

Phals, or moth orchids, have an arching flower spike covered with clouds of blooms for weeks or months at a time. They're divided into standard, novelty and mini

flora varieties. The standards have large white, pink and candy-striped blooms. Novelties are the most fragrant, in colors of yellow, orange, red and green.

When buying any orchid, choose one that's already flowering since it's the only way to really see what you are getting. Look for uniform color and shape. Splotches on leaves or petals may indicate a virus. Leaves should be an even, medium green with no streaks. Roots should be fat and white with pale green tips. These orchids are epiphytes; they gather nutrients from air and water, not soil. They should be sold in an orchid potting mix made of bark, peat moss and Perlite. And that medium should be firm and damp to dry, not soggy. Bypass orchids sold in soil; their roots have likely been smothered or damaged.

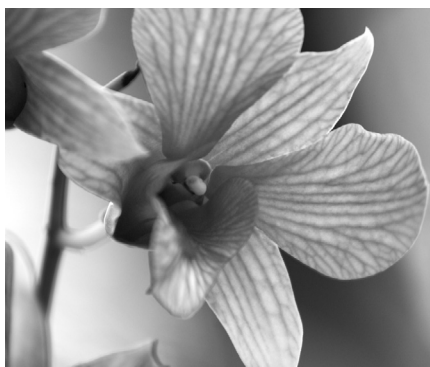
Orchids aren't picky about light once they've flowered, but light is critical before they bloom. Give them at least six hours a day. Phals and paphs are low-light orchids that prefer an east, west or shaded south window. Catts do best in brighter, south-facing spots. Use sheer curtains to filter harsh sunlight, it can burn the leaves, turning them pale green. If you don't have any suitable windows, try a 40-watt fluorescent light. Hang it about a foot over the orchids 12 to 14 hours a day.

These plants like it 70 to 80 degrees in the daytime, 10 degrees cooler at night. If you have a winter-blooming phal, put it in the basement or outside in 55 to 60 degree fall air for a few nights to encourage budding. Give them all 40 percent to 80 percent humidity by setting pots in a tray filled with water and gravel. To prevent the risk of wicking excess moisture into the potting medium, be sure the pot is on the gravel, not in the water.

Overwatering is the quickest way to kill an orchid. Wait until the medium is completely dry before watering. I use 20-10-10 liquid fertilizer diluted 4-to-1 once a week to feed catts and phals, every other week with paphs. I flood clear, room-temperature water over the medium until the water runs out the bottom, and then pour the fertilizer solution. Don't wet the foliage or crown of the plant.

A light mist of rubbing alcohol once a week will take care of any scale insects. Ordinary cinnamon will stop fungi. Just sprinkle a bit on the wet infected spots and the crown.

Orchids can be a little tricky, but giving them the ideal environment -- along with a bit of time and attention -- will reward you with a great show through winter.



Killington Cabinets Member NKBA
802-773-3960 • killingtoncabinets.com
Your Local Remodel Specialist
Kitchens. Baths. Painting. Sheetrock. Lighting.
Tile. Carpet. Faucets. Sinks. Counter Tops.
We can install all that we sell

Lighting And More
Art Prints • Accent Pieces
Hydroponic Nutrients
Mirrors • Lamp Shades
WE REWIRE AS WELL!

THE HOUSE OF LIGHTS
Because it's your home
Mon-Fri 9am-5:30pm,
Sat 9am-5pm
775-1215 • houseoflightsvt@hotmail.com
778 U. S. Rte 4 East, Rutland, VT

25% Off Your 2nd Lamp

COMPLETE WASTE AND RECYCLING SERVICES

- CONTAINERS FROM 1-42 YARDS
- PORTABLE AND STATIONARY COMPACTORS
- SPECIAL PICK-UPS
- COMMERCIAL AND RESIDENTIAL
- PROMPT & RELIABLE PICK-UP
- COMPREHENSIVE RECYCLING
- CUSTOMIZED CONTAINER SERVICES

casella WASTE MANAGEMENT
442 Clarendon Ave. Casella Lane, Vermont
Call for Service **438-2151**

EVERYTHING USED

Rutland's Newest 2nd Hand Store
STOP IN AND SEE WHAT'S NEW
FURNITURE • HOME DECOR • TOOLS
HOUSEHOLD GOODS • ANTIQUES • BOOKS

**162 North Main Street
Rutland, Vermont
(802) 345-2499
Mon-Sat 10AM-6pm**

GW OIL COMPANY, INC.

For All Your Home and Commercial Petroleum Needs

**Heating Oils • Gasoline Shell Lubricants
Diesel Fuel • Burner Service • LP Gas**

**746-8018 • 1-800-281-8018
Route 100, Pittsfield, VT 05762**

\$urviving The Times®

10 Top Sins That Lead To Debt

by Steve Bucci • bankrate.com

For many years, I have been helping readers get out of and avoid debt. I recently saw an unusual TV special about holiday excess. It featured a lively host going by the name of "Reverend Billy" from the "Church of Life After Shopping." Billy calls our fascination with shopping the "Shocalypse." This has inspired me as I write this year's top 10 sins that lead to debt.

Have A Loan Three-some

Co-signing on a loan for a friend makes a three-way transaction -- you, your friend and the creditor -- that often ends in disaster. Never co-sign a loan unless you are willing and can afford to pay the loan yourself. As a co-signer, you are equally responsible for the loan and should the other party default, you will be pursued like a long-lost lover to make good on the debt. If you co-sign, expect to pay.

Abuse Your Credit To Live Beyond Your Means

If you must buy groceries, gasoline or other essentials using credit because you have no money in your checking account, you need to take immediate action. To avoid debt, spend less than you earn. Unless you do, you will create an ever-increasing debt load that will one day come crashing down on you.

Overspend Devilishly On Luxuries And Wants

Shopping as entertainment is dangerous. If you spend on credit and charge items that you cannot afford, such as a house full of furniture when you feel the temptation to redecorate, or a suite at the Bellagio in Las Vegas when you hear the dice calling, you are on a quick trip to overheated and unaffordable debt.

Splurge Like There's No Tomorrow

Unless you believe in divine intervention, you need to know how your monthly income is spent. You must have a plan for spending. Otherwise, you let other people plan your spending. We all like to dine at a great restaurant. But how much can you afford to spend? Not having a plan is like letting the restaurant owner decide your order.

Skip Building A Savings "Ark"

When it comes to rainy days, Noah found out the hard way. Likewise, without a savings cushion to fall back on, unexpected expenses invariably end up on a credit card. Better to save six to 12 months' of living expenses in an emergency savings account. Then, when the car's air conditioner breaks down, you have a major medical



expense or some other event clouds your skies, you have rescue funds available to float you through.

Lie To Your Significant Other About Your Spending

Not only is lying about your spending a bad idea for your relationship, it can wreak havoc on your finances. For example, your significant other may hope to buy a house or take a trip soon. Those plans could be canceled because of your secret debt. Minimize the damage. Fess up before you get exposed.

Deliver Yourself Into Indentured Student-Hood

It's not smart to take out huge student loans without knowing what career field you are going into or how much you'll earn. Defaulting can end up costing thousands and thousands of dollars. Before you borrow, know how you're going to pay it back. Also, be a sport and don't ask your parents to co-sign. See Sin No. 1.

Drive Upside Down

Your car depreciates immediately after you drive it off the lot. Without a big down payment, you will quickly become upside down on the car loan (owe more than the car is

worth). So, if you buy a car and can't afford an adequate down payment, or if the monthly payment is a stretch, any change in your financial situation could put you immediately upside down and in default.

Pray For Better Terms

Using credit wisely allows us to buy items that we would have trouble paying for with cash, such as our homes and cars. However, if you can't qualify for a reasonable interest rate for a large item, don't just pray for help. Fix whatever credit problems you have yourself. Then you won't have to put your firstborn up for collateral.

Risk Your Home And Retirement

The two most popular assets that people use for collateral to borrow against are their homes and their retirement accounts. Borrowing against these assets can put you in jeopardy. Do so only when necessary, and with a firm plan in place to pay the loan. Try to keep your mortgage loan to 80 percent or less of the home's value. Don't risk your retirement, because it will come whether or not you are ready for it.



DEPRESSED?
FEEL LIKE YOU CAN'T GO ON?

YOU ARE NOT ALONE!

Don't feel like you have to deal with this on your own. There are people who care about you and are willing to help!

If you feel like you can't go on.....
PLEASE call 1-800-273-8255.

Your life is worth it!

The Mountain Times

VPA
Vermont Press Association

The Mountain Times is an independently owned weekly newspaper serving residents of, and visitors to, the Mid Vermont Region. Editorial and sales offices are located on Route 4, between Killington Road and the Killington Skyeship, Killington, VT

©The Mountain Times 2010
The Mountain Times • P.O. Box 183
Killington, VT 05751
www.mountaintimes.info
Email: mtntimes@vermontel.com

Sales -----(802) 422-2399 • (800) 564-6970
Editorial -----(802) 422-2398
Billing Inquiries -----(802) 422-2397
Fax -----(802) 422-2395

Royal Barnard ----- Chairman
Haley Destafino-Russo ----- Associate Publisher
Zip Barnard ----- Advertising Manager
Stacy Bates ----- Production Manager
Erica Harrington ----- Business Manager
Renae Rhodes ----- Sales Representative
Lindsey Rogers ----- Sales Representative
Michael Russo ----- Sales Representative
Charles Popovitch, Jr. ----- Route Manager

- Contributing Writers/Photographers -

| | | |
|--------------------|------------------|-----------------|
| Brett Yates | Chip Dwyer | Cal Garrison |
| Tony Crespi | Lani Duke | Debbie Burke |
| Thomas Bartlett | Johnnie Goldfish | Gerd Hirschmann |
| Annabelle Williams | Betty Little | Stacy Bates |
| Dave Hoffenberg | Cindy Phillips | Jerry LeBlond |
| Kathleen Ramsay | Mike Young | Alan Jeffery |
| Christine Feehan | Janina Curtis | |

Sudoku Solution

| | | | | | | | | |
|---|---|---|---|---|---|---|---|---|
| 6 | 2 | 4 | 8 | 3 | 7 | 5 | 1 | 9 |
| 3 | 7 | 1 | 9 | 4 | 5 | 2 | 6 | 8 |
| 8 | 9 | 5 | 6 | 1 | 2 | 3 | 7 | 4 |
| 2 | 3 | 8 | 7 | 5 | 9 | 1 | 4 | 6 |
| 9 | 5 | 7 | 4 | 6 | 1 | 8 | 2 | 3 |
| 1 | 4 | 6 | 2 | 8 | 3 | 9 | 5 | 7 |
| 5 | 6 | 3 | 1 | 9 | 4 | 7 | 8 | 2 |
| 7 | 8 | 9 | 5 | 2 | 6 | 4 | 3 | 1 |
| 4 | 1 | 2 | 3 | 7 | 8 | 6 | 9 | 5 |

| | | | | | | | | | | | | | | | | | | | | |
|----|---|----|---|----|----|----|----|---|----|----|----|----|----|----|---|----|---|----|---|--|
| 1 | D | O | G | 4 | A | S | T | R | 8 | A | L | 10 | N | 11 | O | 12 | D | | | |
| 13 | C | O | P | E | 14 | M | A | S | A | L | A | 15 | A | D | O | | | | | |
| 16 | O | M | E | N | 17 | O | K | A | P | I | S | 18 | R | E | T | | | | | |
| 19 | M | I | N | I | 20 | S | K | I | R | T | | 21 | T | A | G | | | | | |
| 23 | I | N | L | E | T | | | | | | 24 | A | L | T | H | 25 | E | 26 | A | |
| 27 | C | O | Y | | 28 | R | O | B | | 31 | S | K | Y | H | I | G | H | | | |
| | | | | 32 | M | A | R | A | T | H | I | | 34 | A | L | G | A | | | |
| | | 35 | P | 36 | R | E | D | E | T | E | R | M | 37 | I | N | E | S | | | |
| 38 | P | L | A | T | | 39 | G | O | N | E | B | A | D | | | | | | | |
| 40 | V | E | N | I | S | O | N | | 42 | D | O | M | | 43 | C | I | S | | | |
| 46 | C | A | S | E | I | N | | | | | | 47 | B | 48 | A | R | G | E | | |
| | | 49 | O | R | B | | 50 | A | S | S | 52 | S | A | I | L | A | N | T | | |
| 54 | G | U | M | | 56 | Y | E | L | L | O | W | | 58 | O | N | I | T | | | |
| 59 | E | R | E | | 60 | L | A | T | I | N | A | | 61 | U | N | T | O | | | |
| 62 | E | N | D | | 63 | S | T | O | D | G | Y | | 64 | D | Y | E | | | | |

The Classifieds

REAL ESTATE

LAND FOR SALE: Improved building lot in Killington neighborhood with ski home benefits. Views. Call 802-422-9500. TFN

10+ ACRE LOTS, one minute from the Killington Skyship. In-ground septic. Call 802-422-4267. TFN

KILLINGTON HOLIDAY REAL ESTATE. 1967 Route 4, Killington. 802-773-8800. 888-599-8800. www.killingtonholiday.com TFN

KILLINGTON VALLEY REAL ESTATE PO BOX 236, 2281 Killington Road Killington, VT 05751. 802-422-3610 or 1-800-833-KVRE. E-mail: kvre@vermontel.net TFN

LUDLOW, BEAUTIFUL lake front lot. Four bedroom permit www.ludlowlakelot.com. 50/04

LOUISE HARRISON Real Estate, 38 Rt. 4E, Mendon, 05701. 802-775-9999. 800-483-6801. Sales & rentals. Visit our website: www.LouiseHarrison.com TFN

ERA MOUNTAIN Real Estate - visit our website www.killingtonvermontrealestate.com or call one of our real estate experts for all of your real estate needs including **SHORT TERM & LONG TERM RENTALS & SALES.** TFN

PRESTIGE REAL ESTATE OF KILLINGTON, 2922 Killington Rd. We specialize in the listing & sales of Killington Condos, Homes, & Land. Call us toll free at 800-398-3680 or locally at 802-422-3923. Visit our website at www.prestigeKillington.com. TFN

SKI COUNTRY REAL ESTATE, 335 Killington Rd, Killington, VT 05751 802-775-5111, 800-877-5111. www.SkiCountryRealEstate.com 12 agents to service: Killington, Bridgewater, Mendon, Pittsfield, Plymouth, Rochester, Stockbridge & Woodstock areas. Sales & Winter Seasonal Rentals. Open 7 days/wk, 9am-5pm. TFN

LONG TERM RENTALS

KILLINGTON / MENDON apartments. Seasonal / year round. 802-558-4622. 27/TFN

SEASONAL RENTALS/SHARES

FULLY FURNISHED & equipped one bdrm apt. in quiet building 15 minutes from Killington in Rutland City. Off street parking, livingroom, kitchen, bedroom, bathroom & large porch. Heat, trash & snow removal included. \$600 per month + \$600 security deposit. For single person only. Call 236-2171 for showing. 51/01

NEW 2 BDRM & 3 bdrm apts. available Jan. 15. \$900 - \$1200/month. 802-672-5239. Email tksvt@comcast.net. 52/01

1 BDRM for rent. Wifi. \$150 per week. Also commercial space available. Owner/broker. 802-324-3291. ivanland@aol.com 52/03

ROOM FOR COUPLE. Shared ski house. \$2500/season. Dan, 908-377-1130. 48/03

POWDER PARK PLACE Ski Shares. \$1100. Dan, 908-337-1130. 51/02

BEDROOM FOR RENT, ski season, near Pico, mature non-smokers. Single or couple, kitchen, laundry, cable tv. XC Skiing, snowshoeing, weekends, holidays. 802-236-4917. 47/01

WINTER RENTALS at Hawk Mtn Resort, 2-4 bdrms, use of most amenities. 802-672-3811 or hawkinn@hawkresort.com 46/01

HOMES AVAILABLE by the weekend, week or month, in Killington & Chittenden. Sleeping 2 to 24. Call Louise Harrison Real Estate 802-775-9999 or visit www.louiseharrison.com. TFN

BUSINESS OPPORTUNITIES

YOUR NEW or growing business in Vermont. We have a wide range of affordable business space minutes from Killington and Okemo. Short term office incubator space; professional office space of all sizes; 1,000-5,000 sq. ft. prime retail. Many spots ready for immediate occupancy, or we'll build to suit. Call today for a free consultation. MKF Properties. A local business family since 1879. Phone: 802-747-0527 ext. 12. 39/TFN

2 STORES at Killington Mall on Access Rd. for rent. Store 1: 2600+ sq ft (old t-shirt shop). Store 2: 4300+ sq ft (old ski shop). Both locations are 2 floors. Call owner Ron Viccari for details @ 800-694-2250 or cell 914-217-4390. 23/04

1860 SQ. FT. of gorgeous office space available in Base Camp Outfitters building at bottom of Killington Rd. Call 802-775-0166 or stop by. TFN

OFFICE SPACE FOR RENT 500 square feet of affordable office space with private bath. In active complex on Route 4 in Killington. Call Jeff @ Roaring Brook Constructors 786-5200 or Walter @ ERA Mountain Real Estate 775-0340. TFN

FOR SALE

FIREWOOD: GREEN & dry. Call 802-672-4690. TFN

VT GUN SHOW Jan. 16-17 @ the Holiday Inn, 1068 Williston Rd South Burlington (05430). www.greenmtngunshowtrail.com 01/02

KITCHEN CABINETS - All New wholesale direct pricing. Solid wood. Glazed maple, glazed Cherry, natural & many more. Call for a free quote, Beth 802-735-3431. 49/TFN

SNOW TIRES: Blizzak DM-Z3 - Size P245/55R19. Like New, used one season. 802-786-9493. 46/TFN

MATTRESS SETS - Brand New in plastic with warrantys. Sets starting at \$150. 802-735-3431. 26/TFN

FIREWOOD FOR SALE. We stack. 672-3719. 02/TFN

VEHICLES

2001 KUBOTA L3710 Tractor with heated cab, A/C, lights, hydrostatic drive. 4 wheel drive, bucket, York rake, dual hydraulics, rear PTO. Low hours. Great condition. \$20,000. Call Charlie at Water Wheel, Sherburne Flats in Killington 802-422-3222. TFN

SERVICES

HUNDREDS OF loving, adoptable animals killed in VT yearly due to overbreeding. Financial assistance for Vermonters on State/Federal assistance programs available. Send self addressed stamped envelope (#10) w/ 58¢ postage to VSNIP, PO Box 100, Bridgewater, VT 05034. One application per animal needed. For questions call 802-672-5302. TFN

AUTO LOANS

Auto Dealer will arrange low-cost financing even if you have been turned down elsewhere!

Loans available for BANKRUPT • BAD CREDIT NO CREDIT No co-signers needed **Call 518-499-2886**

SALE

JEWETT'S GREEN MOUNTAIN FURNITURE BARN

(802) 483-6844

Pittsford VT, 2128 Route 7

**Lots Of Vermont Made Furniture
Lots Of Good Used Furniture
Lots Of New Furniture
Antique Furniture**

FURNITURE IS OUR BUSINESS

WE BUY • WE SELL • WE TRADE • WE DELIVER

**WE'RE WILLING TO WHEEL & DEAL,
WHATEVER IT TAKES TO MAKE A SALE!**

CHECK US OUT TODAY

**STORE HOURS: TUES - SUN
10AM TO 5PM, CLOSED MON**

www.JewettsGreenMountainFurnitureBarn.com


**WE CUSTOM BUILD FURNITURE
BRING IN A PICTURE, WE WILL BUILD IT!**

**TABLES, CABINETS, CUPBOARDS,
BOOKCASES, BENCHES,
WHATEVER**

SALE

BUSINESS OPPORTUNITY

BE YOUR OWN BOSS!



SUNOCO Branded Gasoline Station For Lease or Sale in **Rutland, VT**

- High Gasoline Volume Due to **PRICE CHOPPER** Fuel AdvantEdge Program
- Large Garage Bays With Store
- Low Rent
- Easy Start-Up Investment

Call Peter Klochaney


800-882-4511 EXT 205

**USDA FORECLOSURE
1 BEDROOM HOME**

ABSOLUTE AUCTION

Thurs., Jan. 13 @ 3PM

**169 Lincoln Avenue
Rutland City, VT**



**Sells to the Highest Bidder,
Regardless of Price!!**

A Handyman's Special! 1 BR, 1 BA Home on a flat 0.25± Acre lot. Close to shops, restaurants & activities.

**Info: THCAuction.com
THOMAS HIRCHAK CO
800-634-7653**

Paws & Claws

Get Your RCHS 2011 Calendar Now!



2011 is here so if you don't already have a 2011 calendar now's the perfect time to get one! The Rutland County Humane Society (RCHS) 2011 Wall Calendar is now available for sale. With over

70 pictures of adorable pets, including dogs, cats, rabbits, guinea pigs, birds and other animals, it's perfect for family and friends. Each calendar is only \$13 (2 for \$25) and all proceeds support the animals and programs of RCHS. Calendars are available for sale at the RCHS shelter, The Pet Cage, Rutland Veterinary Clinic and Surgical Center and Rutland Veterinary Clinic at Castleton Corners. For more information please contact RCHS at 483-9171 or visit our website at www.rchsvt.org.

Springfield Humane Society News



Five month old Ryan looks worried because he hopes he is in a loving home by Christmas so Santa can find him with lots of toys and treats! Ryan has the same thoughts as the other 4 dogs, 54 cats and 6 kittens at the Shelter. They all deserve responsible home for the Holidays. If you have room in your home and heart call the Shelter at 885-3997 or stop by Wed-Sat noon-4:30.

We need canned cat and dog food, peanut butter (for dog Kongs), paper towels and a sturdy, 2-step stool or step ladder. Thanks to everyone who generously supply our needs requests!





We're here for you and your pets 24 hours a day, 365 days a year

Surgical Referrals • Consultations • Boarding • Grooming • Day Care

RUTLAND VETERINARY CLINIC AND SURGICAL CENTER

Doctor Rob Macpherson • Doctor Robin Crossman • Doctor Patricia Hannegan • Doctor Heidi Homuth

90 East Pittsford Rd., Rutland (2 miles N. of Rt. 7 & Rt. 4)
773-2779 • www.rutlandvet.com



Catamount
Pet Supply
Company, inc.

Grooming available by appointment

296 U.S. Route 4 East
Rutland Town, VT 05701
802-773-7642
Open M-F 10:00 to 6:30
& Sat. 10-5

MARBLES - 10 month old. Spayed Female. Dachshund mix. I have the potential to bond tightly with a new family after I learn to trust - I have a hard time overcoming my nervousness when I first meet someone. Oh, and did I mention that I'm just a little bit cute?

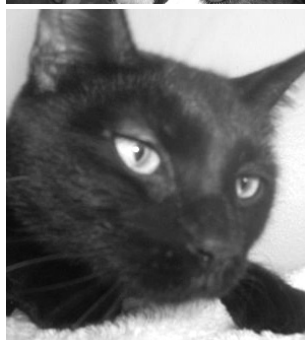
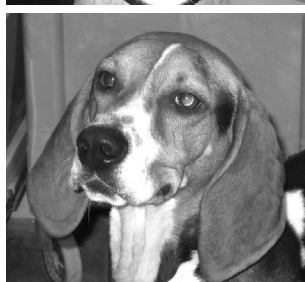
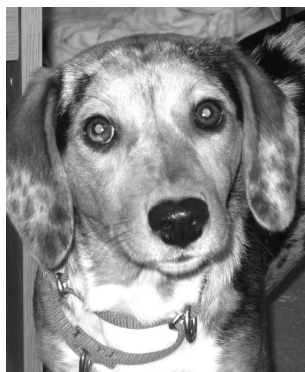
TRUMAN - 5 year old. Neutered Male. Siberian Husky. I am one of many Huskies that have come to RCHS in the last 6 months. I have lived with other dogs and would probably enjoy the company of a compatible dog.

BIANCA - 4 year old. Spayed Female. German Shepherd mix. I have lived with dogs and cats before and children ranging from infancy to 7 years old so I will fit into a wide variety of homes!

LUCY - 5 year old. Spayed Female. Hound mix. I am a goofy girl looking for a Hound Lover! I have a lot of energy and good will and a typical nose-driven life...I like to know what's going on!

HILDA - 2 year old. Spayed Female. Domestic Short Hair Black. I am a petite little kitty with a huge personality! I have a motor that will run forever! If you are looking for someone to give you all the love in the world I am the one for you!

IZZY - 4 year old. Spayed Female. Pit Bull/Hound mix. I am an excitable girl who likes to be in the middle of the action! And if the middle of the action means a belly rub, even better!



KING - 5 year old. Neutered Male. Siberian Husky. I came from a kennel situation and we need help learning how to be house dogs...after as many years as we spent outside, learning how to be housetrained and walked on a leash doesn't sound so bad!

RHUBARB - 6 month old. Neutered Male. German Shepherd mix. I am a handsome guy who enjoys the company of other dogs! The staff has noticed that I have some catching up to do in the manners department!

GUMBY - Adult. Neutered Male. American Rabbit. I came to the shelter as a stray on December 10 after being left on the door step, can you believe that? I am a very sweet guy and am proud to be a bunny rabbit.

OATMEAL - 1 year old. Spayed Female. Domestic Short Hair Brown Tiger. I was found as a stray and brought to the shelter. I couldn't be happier to have friends, toys to play with and food in my tummy! I am still young and spunky!

LUNKER - 5 year old. Neutered Male. Pit Bull mix. If Luncker means chubby and chummy then I am perfectly named! I hope that my new family will take my weight loss goals seriously!

BUBBLES - 4 year old. Spayed Female. Pit Bull/Hound mix. I am an athletic, energetic girl who knows SIT and DOWN! I like people but I try to take the lead when we're together so I need an experienced owner!



All of these pets are available for adoption at
Rutland County Humane Society
765 Stevens Road, Pittsford, VT • (802) 483-6700
Wed-Sat 12-5 Closed Sun-Tues. Closed • www.rchsvt.org

Lucy Mackenzie Pet Feature

I have been here at the shelter for over a year now and still waiting for that forever home. What is wrong with me? I am very cute, cuddly, have a wonderful personality and get along with everyone. What more could you want in a kitty? Maybe 2011 will be my new chance at a new home with a family that will love me for the rest of my life. Will you be that family that gives me a second chance at life? You can visit me at the shelter from 12 to 4 Tues - Sat and give me a second chance. If you would like more information about me before you come see me, please call the shelter at 802-484-5829. The shelter is located at 4832 RT 44 in West Windsor, VT.



RealEstate

Existing-Home Sales Resume Uptrend with Stable Prices

Existing-home sales got back on an upward path in November, resuming a growth trend since bottoming in July, according to the National Association of Realtors®.

Existing-home sales, which are completed transactions that include single-family, townhomes, condominiums and co-ops, rose 5.6 percent to a seasonally adjusted annual rate of 4.68 million in November from 4.43 million in October, but are 27.9 percent below the cyclical peak of 6.49 million in November 2009, which was the initial deadline for the first-time buyer tax credit.

Lawrence Yun, NAR chief economist, is hopeful for 2011. "Continuing gains in home sales are encouraging, and the positive impact of steady job creation will more than trump some negative impact from a modest rise in mortgage interest rates, which remain historically favorable," he said.

The national median existing-home price for all housing types was \$170,600 in November, up 0.4 percent from November 2009. Distressed homes have been a fairly stable market share, accounting for 33 percent of sales in November; they were 34 percent in October and 33 percent in November 2009.

Foreclosures, which accounted for two-thirds of the distressed sales share, sold at a median discount of 15 percent in November, while short sales were discounted 10 percent in comparison with

traditional home sales.

Total housing inventory at the end of November fell 4.0 percent to 3.71 million existing homes available for sale, which represents a 9.5-month supply at the current sales pace, down from a 10.5-month supply in October.

According to Freddie Mac, the national average commitment rate for a 30-year, conventional, fixed-rate mortgage rose to 4.30 percent in November from a record low 4.23 percent in October; the rate was 4.88 percent in November 2009.

"In the short term, mortgage interest rates should hover just above recent record lows, while home prices have generally stabilized following declines from 2007 through 2009," Yun said. "Although mortgage interest rates have ticked up in recent weeks, overall conditions remain extremely favorable for buyers who can obtain credit."

A parallel NAR practitioner survey shows first-time buyers purchased 32 percent of homes in November, the same as in October, but are below a 51 percent share in November 2009 from the surge to beat the initial deadline for the first-time buyer tax credit.

Investors accounted for 19 percent of transactions in November, also unchanged from October, but are up from 12 percent in November 2009; the balance of sales were to repeat buyers. All-cash sales were at 31 percent in November, up from 29 percent in October and 19

percent a year ago. "The elevated level of all-cash transactions continues to reflect tight credit market conditions," Yun said.

Single-family home sales rose 6.7 percent to a seasonally adjusted annual rate of 4.15 million in November from 3.89 million in October, but are 27.3 percent below a surge to a 5.71 million cyclical peak in November 2009. The median existing single-family home price was \$171,300 in November, which is 1.2 percent above a year ago.

Existing condominium and co-op sales declined 1.9 percent to a seasonally adjusted annual rate of 530,000 in November from 540,000 in October, and are 32.2 percent below the 782,000-unit tax credit rush one year ago. The median

existing condo price was \$165,300 in November, down 5.5 percent from November 2009. "At the current stage of the housing cycle, condos are offering better deals for bargain hunters," Yun said.

Regionally, existing-home sales in the Northeast rose 2.7 percent to an annual pace of 770,000 in November but are 33.0 percent below the cyclical peak in November 2009. The median price in the Northeast was \$242,500, which is 9.2 percent higher than a year ago.

The National Association of Realtors®, "The Voice for Real Estate," is America's largest trade association, representing 1.1 million members involved in all aspects of the residential and commercial real estate industries.

Killington's Professional Building



Ski Country Real Estate
802.775.5111

CIA Curtis Insurance Agency
802.775.0521

Moore Construction
802.773.4189

United Parcel Service
Drop Off Box

335 Killington Road, Killington, VT 05751
(1st office building on the left, going up the Killington Rd)

Louise Harrison Real Estate

Weekend and Seasonal Rentals Available



MENDON/SHERWOOD PARK
Well maintained energy efficient one level home with 2 master suites, 3 full baths, radiant heat, open living with vaulted ceilings, wood stove. Just reduced to **\$259,900**



QUALITY WEEKEND AND SEASONAL RENTALS: Pico condos, charming chalets, homes that sleep large families and groups. For more info, go to www.LouiseHarrison.com



Killington - 3 level efficient ski house, fully furnished turn key in convenient location. Landscaped, wooded with brook running through the property, 2 decks, 3 BR's, 3 baths. **\$299,000** Possible Seller Participation.

38 Route 4 East • Mendon 802-775-9999 www.LouiseHarrison.com

THESE ARE JUST A FEW OF OUR LISTINGS...



GORGEOUS KILLINGTON CONTEMPORARY If you like to entertain, this home is for you! Huge great room w/vaulted ceilings, wet bar, gas FP, large sun room w/sauna & deck w/Hot Tub. Quality throughout. 5 BRs, 3 BAs, 3-Car heated garage. Gorgeous Master BR Suite WP tub. **EXCLUSIVE.....\$875,000 \$775,000**



CHARMING KILLINGTON FARM-HOUSE 4 BRs, 3 BAs, New roof, windows & electric service. Midway between Killington Base Lodge & Skyeship. Fully furnished & equipped. **EXCLUSIVE.....\$139,000**

OUR CLIENTS ARE #1



EDGEMONT CONDOMINIUM Enjoy lovely year-round views, from this nicely appointed & furnished 2-level, 3-BR condo w/wood-burning FP. Ski home, winter shuttle bus. **REDUCED TO.....\$175,000 \$165,000**



LARGE 5-BR 3-BATH PITTSFIELD home with full, walk-out basement & a 2nd FP. Living room w/stone FP & beamed ceiling, oil heat. Fully furnished. Close to VAST trails. **EXCLUSIVE.....\$225,000**

Judy Storch, Principal Broker Selling Killington Since 1968

www.killingtonvalleyrealestate.com
HOMES, LAND & CONDOMINIUM SALES
Killington Valley Real Estate
802-422-3610 or 800-833 KVRE • E-mail: kvre@vermontel.net
In the Red Farmhouse, Next to Wobbly Barn
Our 39th Year

Look for us on Facebook

ERA Mountain Real Estate

Conveniently located at:

1913 US Route 4, Killington
1-800-422-2261 • 802-775-0340
email: ERAMountainrealestate@comcast.net



Slopeside at the Killington Grand Hotel
228 East Mountain Road, Killington
1-800-613-0959 • 802-422-6900
email: ERAGrandhotel@comcast.net

KillingtonVermontRealEstate.com



KILLINGTON. Classic Vermont ski chalet in private wooded setting 5 minutes to Killington Road. Close to golf. Small apt. in lower level. 2.5A+/- **\$239,900**



PLYMOUTH. Private country retreat on 25+ magical acres. Abutts Cooledge State Forest. Lg. screened porch & 2 car detached barn garage. Direct access to VAST trails. Close to skiing, golf & lakes. Ideal for horses. A very special place. **MUST SEE. \$699,000**



PLYMOUTH. Slope side at Bear Creek Mtn Club. Ski or snowmobile from doorway. Beautifully renovated in 2006. A real gem - call for an appointment. **\$299,000**



KILLINGTON. One owner private retreat on 2.5A+/- . Close to all area attractions. Sweet mtn views. Great permanent or vacation family home. **\$248,000**



PLYMOUTH. Newly renovated antique cape. 100% restored in 2004. Close to skiing, VAST trails, golf & all lakes. Prime spot. **\$229,000**

| MOUNTAIN CONDOS | Whiffletree | \$170,000 | 3BR,2BA |
|-----------------|----------------|-----------|---------|
| | Whiffletree | \$156,000 | 3BR,2BA |
| | Pico Village | \$175,000 | 2BR,2BA |
| | Ledges at Hawk | \$195,000 | 3BR,2BA |
| | Trail Creek | \$295,000 | 2BR,2BA |
| | Moon Ridge | \$90,000 | 1BR/1BA |

Slopeside In GRAND STYLE
Studio Units Starting at \$14,000

WINTER RENTALS STILL AVAILABLE VISIT OUR WEBSITE

Since 1964, we proudly specialize in homes, condos, land, & commercial property. TALK TO THE PEOPLE WHO KNOW THE NEIGHBORHOOD.



802.775.6000
www.bvandg.com

18 South Main Street
Rutland, VT 05701



EXCEPTIONAL COUNTRY HOME - Magnificent 4 bedroom home w/log home flair plus an amazing addition. Situated on 10 private acres, this phenomenal home offers spectacular Distant mt. views. Large living rm w/fp, formal dining rm, gorgeous granite kitchen open to gathering rm. Attractive wide pine floors, 2-car garage plus large barn. The beautiful country property you've always dreamed of owning!



JOURNEYS END TREASURE - Majestic setting and total renovation addition all in keeping w/the original charm of this 1850 cape style home. Exciting Tuscan style kitchen w/antique beams, soapstone and butcher block counters, brick floor w/radiant heat, cathedral ceiling and top of line appliances offer exceptional quality and comfort. Wideboard flooring, Rumford brick fp, antique French doors and hand hewn beams. 2 acres manicured lawn, yr round brook in top Mendon location close to Pico. **\$339,900.**



BEAUTIFUL HOME & VIEWS- This nicely maintained 4 bedroom colonial has many lovely features of yesteryear. Handsome wide pine flooring, spacious living and dining rms, country kitchen with snack bar plus a wonderful breakfast rm. 1st floor office and laundry room, delightful glassed in porch overlooking a magnificent 2 1/2 acre yard. Detached 2-car garage w/heated workshop. **\$259,900**



INCREDIBLE TOWNHOUSE BUY - This lovely townhouse has brand new paint and flooring throughout! Possibility of 1st or 2nd floor master bedrm, large living rm open to dining area, fully appliance kitchen, delightful 3-season porch overlooking stonewall and woods. Attached 1-car garage and beautiful walking paths nearby. Close to downtown, the medical center and all recreational opportunities including Pico and Killington. **\$199,900.**

Ski Country REAL ESTATE


"First" on Killington Rd • #1 Since 1989 • Open 7 Days a Wk • 9-5
www.SkiCountryRealEstate.com Winter Seasonal Rentals

| POST & BEAM | LOG-SIDED HOME | PASSIVE SOLAR GAIN | SOUTHERN EXPOSURE |
|--|--|---|---|
|  <ul style="list-style-type: none"> • 3Br 2.5Ba - 3 stall Barn+loft • Killington 22Ac, stone firepc • Post & Beam \$550,000 |  <ul style="list-style-type: none"> • Fabulous 1-lvl -3BR/2BA • Master BR/BA-south exp • Gas radiant heat \$279,000 |  <ul style="list-style-type: none"> • Killington 2BR/2BA + Den • Open floor plan, new appliances • Economical utilities \$240,000 |  <ul style="list-style-type: none"> • 3BR/3BA - Gas heat - 1 Ac • Master BR/BA with whirlpool • Flat access \$349,000 |
| SNOWMOBILE ACCESS | LOG HOME - 4-CAR GARAGE | POST & BEAM | FOR SALE OR LEASE |
|  <ul style="list-style-type: none"> • A-Frame w/large deck • 3BR/1BA, woodstove • Riverfront Deck \$95,000 |  <ul style="list-style-type: none"> • Next to golf course - Gas & Elec • hot tub - oversized deck • 1700 sq. ft. \$395,000 |  <ul style="list-style-type: none"> • 4BR/3.5BA, 4.7 Ac, landscaped • Open floor plan, pond • Mom in-law apt. \$449,000 |  <ul style="list-style-type: none"> • Commercial, Retail, Office • 2 floors plus loft, 5324 sq ft • Septic w/Sewer available \$299K |

| | (P)-Pool | | (T)-Tennis Court | |
|---|--------------|------------|------------------|--------------|
| | Ski In & Out | Studio-1BR | 2BR | 3-4BR |
| The Lodges | (P)(T) | | | \$449K |
| Pico-Condos | (P) | \$129K | | |
| Sunrise Condos | (P)(T) | \$135K | \$150-\$295K | \$252-\$375K |
| Sunrise Townhouse | (P)(T) | | | \$399K |
| Topridge Townhouse | (P)(T) | | | \$699K |
| Ski In / Shuttle Out | | | | |
| Edgemont | | \$85K | \$185K | \$183K |
| Fall Line | (P) | \$125K | | |
| Highridge | (P)(T) | \$139K | | |
| Trail Creek w/loft | (P) | \$190K | \$295K | |
| Whiffletree | (P)(T) | | \$114K | \$169-\$179K |
| Shuttle | | | | |
| Mtn Green (Bldg 1 & 2) | (P) | \$49K | \$70-\$99K | |
| Mtn Green (Bldg 3) | (P) | \$79-\$85K | \$99-\$109K | |
| Pinnacle | (P)(T) | \$107K | | \$205-\$230K |
| The Heights (NEW) w/oversized garage | | | | \$370-\$390K |
| The Woods - Townhouse | (P)(T) | | \$179K | |
| Close Drive to Slopes | | | | |
| Birchwood | | | \$100K | |
| Glazebok Townhouse | (P)(T) | | \$219K | |
| Colony Club Townhouses | (P)(T) | | | \$270K |
| Fox Hollow | (P)(T) | | \$149K | |
| Killington Gateway | (P)(T) | | \$109-\$140K | \$150K |
| Moon Ridge T/House | | | | \$227-\$229K |
| Northside | | \$179K | | |
| Pondview & Valley Park | | \$115K | | |
| Silver Birch | | \$125K | | |

| MAGNIFICENT GREAT ROOM | OUTDOOR HOT TUB | SNOWMOBILE TRAIL ACCESS | GRIST MILL AREA |
|--|--|--|---|
|  <ul style="list-style-type: none"> • 2BR+den+sleeping loft, laundry rm • Oversized 2 car heated garage • Hike & VAST trails nearby \$249,900 |  www.396AnthonyWay.com <ul style="list-style-type: none"> • 4BR/3BA renovated home • Views, stone fireplace • Finished basmt with rec rm \$299,000 |  <ul style="list-style-type: none"> • 3BR/3BA-Garage-Mtn Views • Stone F/PLACE - South Exposure • 20x15 Master Suite - \$469K |  <ul style="list-style-type: none"> • 4BR/3.5 BA - Outdoor hot tub • New roof, 2 kitchens • Large deck \$399K |
| NEXT TO GOLF COURSE | SKI BRIDGE AREA | ECONOMICAL "CREAM PUFF" | NEAR VAST TRAILS |
|  <ul style="list-style-type: none"> • 4BR/2BA -large Master • Spacious & Light Kitchen • Paved Driveway \$359,000 |  <ul style="list-style-type: none"> • 4BR/2BA - outdoor hot tub • Stone fireplace, metal roof • Close to ski bridge \$285,000 |  <ul style="list-style-type: none"> • 4BR/3BA + 3.5 car garage • Solar design, loft/den, Paved driveway • Midway Rutland/Killington - \$465K |  <ul style="list-style-type: none"> • 2BR - 1.5 BA - Oil Heat • Bridgewater- Annex Bldg. • Open Floor Plan - \$169K |
| GREAT TRAIL VIEW! | DUPLIX OR LARGE HOME | LOG HOME | EXQUISITE RETREAT! |
|  <ul style="list-style-type: none"> • 3BR, 4BA+den+Mudrm, 3Ac • large kitchen, indoor whirlpool • 2 master suites w/places \$449K |  <p style="text-align: center; font-size: small;">INCOME PRODUCER</p> <ul style="list-style-type: none"> • 3BR/2BA per side, turn-key • Upgraded - wd burning f/places • Open Floor plan \$339K |  <ul style="list-style-type: none"> • 2-3 Bedroom, 1 bath • 4 mi. to Killington Rd • Wood floors \$289K |  <ul style="list-style-type: none"> • 3BR/2.5BA w/guest suite • 2 Stone fireplaces,loft, wine cellar • Overszd 2-car heated garage.\$689K |

335 Killington Rd • 11 Agents • 775-5111 • 800-877-5111



Prestige Real Estate
of KILLINGTON

Prestige Real Estate

of Killington

Exclusively Killington properties!

Killington Condominiums

| | |
|--|---|
| <p>The Woods: Private shuttle 2BR/2BA Village unit \$129K 2BR/2BA Village end w/loft \$165K 2BR/2.5BA townhome from \$160K 3BR/3BA two level \$278K 3000 sqft home \$389K</p> <p>Sunrise: Ski in/ski out 2BR/2BA ON trail w/storage \$184.9K 2BR/2.5BA 2-level ON trail \$230K 3BR/2BA very near trail \$249K 3BR/3BA ON ski trail \$279K</p> <p>Fall Line: Ski in/shuttle out 1BR/1BA starting at \$119.9K</p> <p>Trailcreek: Ski in/shuttle 1BR/1BA plus loft \$189K</p> <p>Whiffletree: Mtn shuttle 1BR/1BA from \$79.9K 2BR/1BA motivated \$99K</p> <p>Mt. Green: Mtn shuttle 1BR/1BA Bldg III \$63.9K</p> | <p>Highridge: Ski in/shuttle out 1BR/1BA beautiful \$159K 1BR/2BA plus loft from \$157K 2BR/2BA w/lockout from \$169K 2BR/3BA plus loft \$275K</p> <p>Pico: Ski in/ski out 1BR/1BA slope side from \$90K 3BR/2BA plus loft \$225K</p> <p>Trailside: Ski in/ski out 1BR/1BA short sale \$109.9K</p> <p>Pinnacle: Mtn shuttle 1BR/1BA starting at \$95K</p> <p>Winterberry 3BR/3.5BA gorgeous \$465K</p> <p>The Lodges: Ski in/ski out 3BR/3BA great condition \$409K</p> <p>Topridge: Ski in/ski out 3BR/4BA gorgeous \$650K</p> |
|--|---|

Killington Homes & Land






4BR/4.5 BA new construction Or purchase a lot for a steal!
VISTASATSUNRISE.COM
Call for details!

Best of both worlds. 3000 sqft single family home at The Woods Resort
3BR/3.5BA 2-car attached garage
MLS #4009306 \$389,000

Beautiful 4BR/4.5BA home with high quality finishes.
Fully Furnished!
MLS #2812160 \$1.5 million

Located at the Basin Sports Complex at 2922 Killington Road
802-422-3923 phone 802-422-4874 fax
www.prestigekillington.com/mtn

KYLE KERSHNER'S

REAL ESTATE SHOWCASE




Charming camp in beautiful mountain setting, minutes to Killington. This camp has a full bedroom plus a large sleeping loft and is fully winterized for year-round use. Excellent potential for expansion with electric, water and 3BR septic system already in place. Please call Kyle Kershner or visit www.714SouthHillRoad.com for price and details.



www.714SouthHillRoad.com


Kyle Kershner, Ski Country Real Estate
335 Killington Road, Killington, VT
802-345-8530, kyle@SkiCountryRealEstate.com
See all Killington listings at www.KillingtonPicoHomes.com




KILLINGTON HOLIDAY REAL ESTATE
RENTALS PROPERTY MANAGEMENT

802.773.8800
Toll Free: 888.599.8800


Dennis Volante
Gail Flynn



4 Bedroom, 3 bath contemporary home. Fieldstone fireplace, Deck, hot tub and view just **REDUCED to \$199,950**. Do not miss this one!




Completely renovated 3 Bedroom, 2 bath farm house minutes to skiing. New slate floors, new carpet, all new energy efficient windows, all new doors and woodwork. Turn Key **\$129,900**.



END OF road privacy, backs up to National Forest. 4 bedroom, 2.5 baths, contemporary on Liberty Hill. Mountain and sunset views, pond access, stone walls, covered deck. Natural wood interior finishes, air conditioners. Vermont Casting woodstove in LR, gas stove in family room and electric back-up. Owner says sell at **\$199,000**.

1967 Route 4 • P.O. Box 833 • Killington, Vermont 05751 • FAX 802.773.8805 • Toll Free US: 888.599.8800 • UK: 0.800.917.8519



One acre lot with existing 2 bay garage that had operated as MERRILL'S GARAGE only **\$209,000**.

www.killingtonholidayrealestate.com