



By Jerry LeBlond
Judy Storch enjoys a sample of wine at last year's event.

WINE FESTIVAL RETURNS TO KILLINGTON, FRIDAY-SATURDAY

Wine lovers and aficionados have the opportunity to sample varietals and listen to live music at the Peak Lodge at 4,241 feet, Friday 6-8 p.m. Saturday the Grand Tasting will be at the new K-1 Lodge.

Page 17



FRIDAY NIGHT LIVE BEGINS SERIES IN RUTLAND

The downtown street party is back with food, fun and live music featuring Uprooted with Michael Glabicki of Rusted Root at 8 p.m.

Page 17



NATIONAL GUARD VISITS KILLINGTON

The National Guard Response Force toured damages in Killington, Monday, July 17.

Page 5



By Josh Kuckens/VT Digger
U.S. Transportation Secretary Pete Buttigieg met with many town officials Monday, July 17.

Vermont is declared a major disaster after July 7-12 floods

Declaration provides more resources to help recovery

President Joe Biden has approved Governor Phil Scott's request for a major disaster declaration for Vermont to assist individuals and communities recover from historic flooding from July 7-12. The approval was given in under 24 hours, and announced Friday, July 14.

"I want to express my sincere appreciation to President Biden and his team at FEMA for their incredibly quick approval of the declaration," said Governor Scott. "Vermonters are hurting, and federal assistance will be critical as we rebuild and recover. My team is committed to working with federal and local partners to make sure Vermonters get all resources available to them to recover from these catastrophic floods."

Pete Buttigieg, the U.S. Secretary of Transportation, arrived in Vermont Monday, July 17. He joined Gov. Phil Scott to assess flood damage to the state's infrastructure and meet with emergency responders.

Scott tweeted, Friday: "As we transition to the recovery phase of our response, on Monday, I will welcome @SecretaryPete to Vermont to evaluate damage to our roads and bridges and talk about how we will rebuild our infrastructure. I appreciate the close collaboration with our federal partners."

The federal major disaster declaration provides funding under the Federal Public Assistance (PA) and Individual Assistance (IA) programs. A public assistance disaster declaration allows communities to receive at least 75% reimbursement for emergency storm repairs to public infrastructure. A further declaration for recovery repairs is pending an official preliminary damage assessment (PDA).

Approved grants to individuals will be capped at \$41,000 each for housing and personal property. This is non-taxable. Individuals can also apply through FEMA for critical

Major disaster declaration → 6

Town of Killington secures 70 acres for workforce housing

By Polly Mikula

The town of Killington closed on a 70-acre piece of land off Nanak Way on Friday, July 7, for \$700,000.

The purchase is part of the town's ongoing Killington Forward initiative, which, in addition to building a municipal water system and reconstructing Killington Road to be safer and support multimodal transportation (part of which is financed through TIF and supports the Six Peaks Development at the base of the resort), also includes ensuring the creation of workforce housing in town.

The property is located near the base of Killington Road (it's the first road on the left going up the hill, behind the Hillside Inn). It is on the bus line and Alpine sewer line, but the property requires municipal water before affordable housing developers or housing trusts will consider it a workable site.

The first phase of the municipal water system will provide water from the valley wells on the Killington Flats on Route 4 (roughly behind the Mountain Times) up to the site where Six Peak Village will be developed and down Killington Road to Ravine Road. This work will begin in earnest next spring/summer and is expected to be finished by 2025. Future phases, which are projected to take another year or two, will bring the water all the way down Killington Road with a spur up to the Elementary School on Schoolhouse Road and extending on Route 4 West to include the new site of the Killington town offices (the Post Office building).

The Killington Select Board unveiled the planned workforce housing development on Feb. 16 at the KPAA and Killington Resort's annual Community Update.

The plan maps space for a total of 250-300 housing units with 6-8 multifamily apartment buildings and 16-20 duplex or single family homes with lots of green space in between.

But the town won't necessarily plan to build the development to capacity. Rather it will conduct a needs-based assessments to find out what the true needs of its workforce are and might be in the near-term future, and will proceed accordingly, Selectman Jim Haff explained prior to the Town Meeting Day vote in March.

"Who knows, maybe we only need 75 units at this time," Haff added. "This might be a phased project. This is a plan to meet the town's needs for the future. We're in the early

Workforce housing → 3

The plan maps space for a total of 250-300 housing units.

'It's farming in Vermont'

Farmers discouraged by flood, but resilient, as recovery work begins

By Katy Savage

Rebecca Ruplin woke up at 2 a.m. Monday, July 10 to the sound of pounding rain outside her window.

"There was basically a waterfall coming down our driveway," she said.

She and her boyfriend used a backhoe and tractor in the middle of the night to dig up the road and create a barrier around her house,

barn and vegetable fields.

"We basically destroyed our driveway so the house wouldn't wash away," she said.

Ruplin, who owns Fiddler's Green Farm in Plymouth, saved her house, but she lost close to 200 garlic plants and is expecting more

"Widespread flooding ... arrived in the heart of our growing season,"

Tebbetts said.

damage to her farm as rain continues.

She, like many farmers, has been impacted by excessive rainfall, with some areas receiving as much as nine inches of rain since July

8. More than 80 roads and state highways closed due to rain water, in some cases impeding farmers from delivering milk and produce.

"Everybody is kind of in the same boat," Ruplin said. Ruplin's biggest concern is that area restaurants she

sells produce to, including Goodman's American Pie and Mojo Cafe in Ludlow, have closed due to flooding.

"They aren't going to be open any time soon," she said. "I'm not sure what they're going to do with all this produce."

She estimated she'll see \$5,000 to \$10,000 in loss.

Flooded farms → 2

VFFC has plan for contamination

By Katy Savage

The winter farmers market in Rutland is slated to return to the Vermont Farmers Food Center (VFFC) this fall, as organizers work to remedy contamination issues.

A partial corrective action plan for the contamination, estimated to cost \$800,000, was submitted to the Agency of Natural Sources on June 20 and will likely be approved when the public comment period ends July 20.

"We're excited to be at this stage of the process," said VFFC Executive Director Heidi Lynch.

The food center was forced to close and the farmer's market was forced to relocate last year after elevated levels of tetrachloroethylene (TCE), a carcinogen, was found in the soil beneath the Farmers' Hall building, impacting

"We are hopeful it's doable, but aggressive to have it open by the first of November," Kulas said.

indoor air quality. The contamination has also held up a \$3 million expansion plan for the multi-building campus.

The corrective action plan mostly focuses on the Farmer's Hall building. The remediation will involve removing contaminated concrete and installing a thick liner with new concrete to improve air quality. Asbestos-containing materials will also be removed.

"Provided there's no additional feedback from the public, comments will be addressed and I'll be able to approve that plan," said Kimberly Caldwell, an environmental analyst at the Agency of Natural Sources.

The contamination was discovered in 2021 as part of an environmental assessment when the organization sought to expand the campus to include a commercial kitchen at the so-called blue building. The adjacent green building, which houses the farmers' market, is the only building with indoor air quality issues at the site.

"The priority is the green building," Lynch said.

Lynch said environmental cleanup of the blue building, which is exposed to soil contamination, will start simultaneously. The expansion could start as early as this fall depending on contractor availability.

Elisabeth Kulas, a community development consultant that's working

VFFC → 8

Property owners, contractors warned about culvert replacements, specs

By Curt Peterson

The Killington Select Board called an Emergency/Special Meeting inspired by repairs by residents following the recent storms. Some property owners' culverts are within the town right-of-way, and selectmen want to warn that any culvert they install may be deemed "temporary" and have to be replaced as required by the terms of federal funding.

The most sensitive area is East Mountain Road, where many driveways were washed-out.

A major issue regarding property repairs is funding — by property owners, Federal Emergency Management Agency (FEMA), and by the town.

Town Manager Chet Hagenbarth pointed out that culverts would have been approved by the town when installed, but hydrology studies being performed may indicate they aren't large enough for anticipated future flood conditions. If it's determined a replacement culvert is too small, it may have to be re-replaced, he said.

Culverts → 8

OBITUARY

Patricia A. Mattson, 81

Patricia A. Mattson, 81, passed away suddenly on July 5, 2023, at her home in Barnard, Vermont.

She was born on April 1, 1942, in Queens, New York, the daughter of Thomas and Katherine (Gillespie) Harkins. She grew up in Oyster Bay, New York. Pat Mattson spent a number of years living in Connecticut as well as Reading, Killington and Barnard, Vermont.

Mattson associated with several local organizations including The Kings Daughters, The Silver Lake Progressive Club, The Woodstock Garden Club, and The Sharp Readers Book Club. She also became a chaplain and helped people in need at Mt. Ascutney Hospital. Let's not forget the camaraderie she found with the Hot Tomatoes, who met monthly for dinner, and more especially, cocktails and good times.

She enjoyed her home and all her gardens as well as her many dogs, horses and donkeys. She loved to walk her dogs Grace and Golly to the Pogue and Silver Lake Park. She was a true lover of nature and animals.

In her earlier years, she was an equestrian who rode with the hounds in Connecticut hunt clubs as well as fox hunting in Ireland. She skied, played tennis and was a fierce pickleball competitor. She also travelled to various foreign lands with repeated ventures to the Emerald Isle and Scotland.

Pat Mattson is survived by her daughter Jeanne Kennie of Barnard, and grandmother to Jeanne's dog Blue and her five rescue parrots. She also has two stepsons, Paul Mattson and his wife Bobbi in Utah, and Roy Mattson along with his partner, Richard Eustice of Massachusetts. In addition to her parents, she is predeceased by a stepson Peter Mattson and a brother Thomas Harkins, Jr.

A memorial service will be held on Saturday, July 22 at 10 a.m. at the Church of Our Savior in Killington, Vermont, where Pat Mattson was a devoted congregant who enjoyed reading scripture and served on the church's board. She had a deep spiritual relationship with Mission Farm that spanned many decades. The burial will take place in the Mission Farm Memorial Garden, at a later date.

Memorial donations may be made to Mission Farm, 316 Mission Farm Road, Killington, VT, 05751 to help to fund the memorial garden.



Pat Mattson

Submitted

Flooded farms: from page 1

With local farmers markets closed and her road blocked, she's unsure how she'll sell any produce she can save.

"There is nowhere to bring the produce to," she said.

So far, over 40 farms, including five in Windsor County and three in Rutland County, have reached out to the Northeast Organic Farming Association of Vermont, reporting they've been adversely affected by the flooding, according to Lindsey Brand, the organization's marketing and communications coordinator.

Some farmers have lost market channels due to impassable roads and closed restaurants, stores and farmers markets. Some have contaminated pastures and hayfields that are no longer suitable for feeding livestock. Hundreds of acres of local crops have been lost.

"A lot of farmers are probably pretty discouraged right now," Anson Tebbetts, secretary of the Agency of Agriculture, said at a press conference on July 14.

"The water is the highest I've ever seen it in the 10 years I've farmed it," Hathaway said.

"We expect the excessive flooding will destroy a large share of our produce and livestock feed. In our hilly state, some of our most fertile farmland lies in the river valleys and countless fields of corn, hay, vegetables, fruit, and pasture were swamped and buried," he said.

Tebbetts said there will be a ripple effect on food security.

"Widespread flooding we suffered throughout Vermont this week has been among the worst of the last century, and it arrived in the heart of our growing season," he said.

The flood came after a May frost,

deemed the worst in 25 years, caused about \$10 million in damages in the state, according to Tebbetts. Apple, peach and strawberry blossoms that came out too early were destroyed.

In this flood, farm equipment and debris were seen floating in flood water.

Round haybales from a farm in Woodstock were found tumbling over waterfalls and under the covered bridges in Taftsville and Quechee.

Jeff Grembowicz, who owns Grembowicz Farm in North Clarendon, lost up to 600 acres of corn in his fields, which extend along the Otter Creek between Clarendon and Proctor.

He estimated the water was 12 feet deep in his fields, well over his 6-foot-tall corn, which he sells to local dairy farms. "It's nothing but muddy water," he said.

BJ Hathaway lost about 10 acres of corn fields along the Otter Creek in Proctor. "The water is the highest I've ever seen it in the 10 years I've farmed it," he said. "It rivals what we saw in

Tropical Storm Irene."

Hathaway said water sat on his corn for at least a week before receding. Access to the fields was still too flooded a week later to

assess the damage.

"Honestly, I don't really want to know," he said. "It will probably be covered in miscellaneous flood debris. We're too far into the growing season to be able to replant or regrow anything at this point."

Hathaway is also expecting damage to his hay fields, which sit along the river. "Any hay that comes off that will probably be for mulch," he said. "If you want to look at the silver lining, there's plenty of projects around the state that are going to need mulch to cover up all the damage from the storm."

But more rain in the forecast con-

cerned Hathaway.

"This weather pattern has got to let up just a little bit so we can try to accomplish something," he said. "It's kind of two steps forward one step back all the time. We can't manage to string together three days of sunshine to save our lives. It's farming in Vermont."

Boris Pilsmaier of Hinterland Farm in Killington said he didn't have any damage to his produce, but the lack of tourists buying his products due to flooding forced him to throw vegetables away.

"I'm going to lose two weeks of selling," he said.

For many farmers, it's too soon to know the full extent of the damage.

"The excess wetness can be really ripe for disease spread," said Heidi Lynch, the executive director of the Vermont Farmer's Food Center.

Lynch was most concerned about food security.

"The food is gone," she said. "Is there going to be a demand from areas that didn't get hit as hard?"

As state leaders continue assessing the flood damage, Sens. Bernie Sanders, Peter Welch and Rep. Becca Balint sent a letter to United States Department of Agriculture Secretary Tom Vilsack on July 15 asking him to provide support to the state and to approve Gov. Phil Scott's request for a Secretarial Disaster Designation.

"We are heartened that on July 14, President Biden approved a major disaster declaration for all counties in Vermont, with an additional authorization of individual assistance for six counties," they wrote in the letter. "However, Vermont will need additional, ongoing support from USDA."

The state is offering resources, including free soil testing for flood-impacted farms. Visit uvm.edu/extension for more information.

Swanson named new police chief in Woodstock

The Woodstock municipal manager and the Village Board of Trustees have selected Joseph Swanson as the next police chief for the Woodstock Village, serving 900 residents.

Swanson, who was sworn in July 14, grew up in Woodstock and currently serves as the sergeant for the Woodstock Village Police. He originally joined the Woodstock Police Dept. in 2000 as a part-time officer where he earned his bachelor's degree in political science.

In 2007, he became a full-time officer and was promoted to corporal in 2013, before being promoted again to sergeant in 2014.

In addition to his work with the Woodstock Village Police, Swanson served in the Vermont Army National Guard from 2005-2012 including a deployment to Afghanistan in 2010. Swanson holds an MBA from Franklin Pierce University and serves on the boards of The Homestead, the Windsor County Special Investigations Unit and the Woodstock Select Board.

Swanson, the son of the long-serving town manager, Phil Swanson, who died in 2019, is taking Chief Robbie Blish's position, who is retiring after 12 years in Woodstock.

Swanson was hired from nine applicants. He'll be paid \$102,000 for his new role.

"I am honored to be chosen as the next chief of police and am excited to lead the department and continue to work with the community," Swanson said.



Submitted
Joseph Swanson

Hartland swimmer finishes in top 10 in 5 events

This past weekend, July 14-16, 2023 Paul Foley, 9, of Hartland competed with the Upper Valley Aquatic Center in the NE BGSC LCM 10&U Championship swim meet held at Brown University in Providence, Rhode Island.

The NE BGSC LCM 10&U Championship meet was held in long course meters (50 meter pool) and was a time standard meet meaning that participants had to achieve a minimum time in a sanctioned meet in order to compete.

At the meet, Foley had five top 10 finishes out of his six events to include: 50 Freestyle, 400 Freestyle, 100 Freestyle, 200 Freestyle, and 100 Backstroke.



By Scott Ellis
Paul Foley, 9, from Hartland smiles showcasing his medals.

KILLINGTON
FOOD SHELF

We are stocked with nonperishable food, paper goods & cleaning supplies. Any person in need, please call to arrange a pickup. Donations accepted. Please call Nan Salamon, 422-9244 or Ron Willis, 422-3843.
Sherburne UCC "Little White Church," Killington, VT

Table of contents

Local news	2
Opinion	8
Puzzles	11
Calendar.....	12
Arts, Dining, Entertainment.....	16
Pets	22
Horoscopes.....	23
Columns.....	24
Service directory.....	26
Classifieds	27
Real estate	28

← Workforce housing:
from page 1

stages, obviously, but everyone knows we need housing that our working residents can afford. We don't want them to have to live outside of town; we want them to be able to make a life here with their families."

The terms "workforce housing" and "affordable housing" (although often used interchangeably) are different. Affordable housing typically refers to housing very-low income Vermonters — those earning up to 60% of the area median income (AMI), or \$36,000 per year or less.

Workforce housing thresholds are greater — up to 120% AMI, according to Mary Cohen, executive director at the Housing Trust of Rutland County— that means a single person with an annual income of up to \$72,000 could qualify for workforce housing.

Since the Killington Forward proposal was approved on Town Meeting Day in March, the town has been working on preliminary studies required prior to construction, such as environmental monitoring of bats along the Route 4 flats where the municipal water system originates and working to get landowners rights-of-way along the lower section of Killington Road, whose grade will be reduced from the current 15%-18%

grade to a constant 10% grade as part of Phase 1, according to Town Manager Chet Hagenbarth.

The continuous grade will begin at Anthony Way and end about 50 feet above to the intersection with Route 4.

The town will begin this work later this summer and fall. Most prominently will be the closure of the Anthony Way-to-Route 4 section of

The town will begin this work later this summer and fall ... the closure of the Anthony Way-to-Route 4 section of Killington Road is currently planned to take place late in September.

Killington Road, which is currently planned to take place late in September. Construction will include blasting to create a constant grade, laying a dry line for future municipal water and adding a sidewalk on the west side that will connect with Killington Sports.

Future phases of Killington Road will see new sidewalks on both sides of the road — an 8-foot shared use path along the west roadway, a 5-foot sidewalk along the east roadway — plus bus pull-offs, pedestrian crosswalks, intersection improvements (including two new traffic lights at Dean Hill

Road and up by Choices/Domenic's Pizza), lighting, new fire hydrants, and landscaping improvements.

The town also plans to begin the municipal water line this summer, connecting the wells and line to the pump station in the new clearing across Route 4 (which will temporarily disrupt traffic) and continue clearing the path up to East Mountain Road to the storage tanks.

Casella was awarded the contract to compete this portion (Contract 1-3A) on May 11, as they had the lowest bid: \$18,244,850. The town expects to give Casella a notice to proceed soon at which point they'll have 720 days to complete the work.

The next segment (Contract 3B), which is still part of Phase 1, connects the water main from the water storage tank, down to Snowshed to service the proposed Six Peak Village, down to Ravine Road.

Phase 2 brings water from Ravine Road to Dean Hill Road. Phase 3 brings it down to West Hill Road, and Phase 4 connects it with Anthony Way. (Dry lines from Anthony Way to Route 4 will be done in Phase 1 with the road work). Phase 5, the final phase, brings municipal water along Route 4 to the west.

In total, the municipal water build out is expected to take 6-8 years.

MOUNTAIN TIMES

is a community newspaper covering Central Vermont that aims to engage and inform as well as empower community members to have a voice.

Polly Lynn MikulaEditor & Co-Publisher
Jason MikulaMarketing Manager & Co-Publisher
Katy SavageAssistant Editor/Office Manager
Lindsey RogersMarketing/Advertising Consultant
Pat WiseGraphic Designer
Jim Haff.....Distribution Manager

Interested in advertising? Call 802-422-2399
or email: lindsey@mountaintimes.info
For classifieds/yard sales: classifieds@mountaintimes.info
For events: events@mountaintimes.info

Contributors:
Julia Purdy
Curt Peterson
Dom Cioffi
Bree Sarandrea
Mary Ellen Shaw
Paul Holmes
Merisa Sherman
Liz DiMarco Weinmann

Sandra Dee Owens
Brett Yates
Robin Alberti
Dave Hoffenberg
Victoria Gaither
Jim Harrison
Alison Clarkson

VPA f
mountaintimes.info

©The Mountain Times 2022
The Mountain Times • P.O. Box 183
Killington, VT 05751 • 802-422-2399
Email: editor@mountaintimes.info



TOWN OF
KILLINGTON
VERMONT

Disaster relief resources are now available

Individuals and businesses in Rutland and Windsor Counties (as well as Washington, Windham, Chittenden and Lamoille counties) are now currently eligible for financial assistance from the federal government as Vermont has been declared a Major Disaster.

People have **30 days to apply for assistance for housing repair, rental assistance and personal property loss**, a Federal Emergency Management Agency representative said at the governor's press conference on Friday, July 14. Other types of assistance will be ongoing on a rolling basis. Amounts and programs will depend on each person's need and circumstances.

The major disaster declaration also allows Vermont towns, nonprofits and the state to be reimbursed for "emergency protective measures" in all 14 counties.

Documenting damages, including taking pictures of damage and clean-up efforts, is strongly encouraged and may be required in order to qualify for aid.

What you need to apply

- Applicant's contact information
- Social Security Numbers for all applicants
- Financial information (income, account balances, monthly expenses)
- Information about your deed or lease
- Insurance information, if available

Benefits of an disaster loan

- Fixed interest rate as low as 2.5%
- Automatic, 12-month payment deferment w/ 0% interest for the first 12 months
- Terms up to 30 years
- No Insurance settlement needed
- No collateral required for up to \$25,000
- \$200,000 maximum loan for Homeowners Physical Disaster Loan
- \$40,000 maximum loan for contents/personal property for Homeowners & Renters; includes vehicles
- Funds available to rebuild stronger (mitigation)

Three ways to apply

- Online at DisasterLoanAssistance.sba.gov
- In person – Visit a Disaster Recovery Center or Business Recovery Center (call 800-659-2955 for location) to meet with an SBA representative in person
- Apply by mail – call (800) 659-2955 to request a paper application or visit: sba.gov/disaster

For more information visit: Vermont.gov/flood

All businesses and residents impacted are also encouraged to fill out forms at: vermont211.org
This helps the state properly document the extent of damages and provide resources if applicable.

Paid for by the Town of Killington

National Guard tours Killington

By Polly Mikula

Frank Pastor and Patrick Hemenway, two members of the state's National Guard Response Force (NGRF), toured damages in Killington, Monday, July 17, with Selectman Jim Haff.

"Our job is to be the liaison between the state and the local response, you know...whether it's the Select Board or whoever the emergency managers are at the time there's a state of emergency," explained Pastor. "We play the conduit and make sure that the state is getting the correct information and that the towns or communities are getting the correct information as well. And make sure that everything's being addressed appropriately, because the state gets overwhelmed with the number of responses."

"We're here because there wasn't enough information to decide where Killington was at in terms of what we needed to do to get to the next step. So they sent us out to figure out what that information is and to funnel it back to the state, and then the state decides what the response is at that point," explained Hemenway.

When asked what they saw touring Killington, they quipped that Killington was ahead of many communities in its response by having a lot of resources lined up and working already to rebuild its roads and infrastructure.

"We saw that Jim [Haff] seems to have everything under control, and not much is not much required for us at this point because they already got FEMA stopping by," said Pastor. "You know, obviously there's road damage, but they already had companies lined up to mitigate damage and get started on the repairs."



By Jim Haff

Frank Pastor (left) and Patrick Hemenway (right), members of the state's National Guard Response Force toured damages in Killington, Monday, July 17.

"We just need FEMA to reimburse us for the cost of this emergency work," Selectman Haff said.

Prior to visiting Killington Hemenway and Pastor visited Cabot, Marshfield, Calais and Berlin.

The two servicemen, along with many others, will continue visiting towns through Saturday, July 22, gathering information for the state.

After each visit, the National Guardsmen write a report.

"We report on each location to just make sure the state emergency coordinators have the information that we had, and everything matches up for who the POC is, what their issues are, and then the resources requested," explained Hemenway. "What we're trying to do is ensure that the resources that they have requested—or maybe haven't quite gotten to requesting—make it to the state and are prioritized appropriately."



A washout along the Green Mountain Railroad near Ludlow left tracks hanging, many ties gone.

Courtesy of Vermont Rail System

Vermont strong – again

The past few days have seen flood devastation throughout Vermont, a stark reminder of what the state experienced from Tropical Storm Irene a dozen years ago. The “Vermont Strong” slogan showed that Vermonters were resilient and would persevere to overcome any obstacles thrown their way.



By Rep. Jim Harrison

And while there was not a hurricane or tropical storm this time, the tremendous amount of rain and resultant flooding caused widespread damage.

Fortunately, some areas did not see the destruction that Irene brought us. How can we forget Route 4 being destroyed in Mendon or Pittsfield becoming an island for several weeks as the roads and bridges accessing the town were taken out. Nonetheless, many areas did experience significant damage, including Killington, Ludlow, Weston, Londonderry, Barre, and Montpelier.

Killington and parts of Bridgewater took early hits with over 4 inches of rain Friday, July 7, causing the closure of Route 4 near the gondola and Route 100 in West Bridgewater. Governor Scott and Transportation Secretary Flynn surveyed damage on Saturday and met with Killington Select Board members along with me, Rutland Senator Terry Williams, House Transportation Vice Chair Rep. Butch Shaw and Beth Sarandrea from the KPAA. This followed a long night by Select Board member Jim Haff monitoring the situation and supporting the efforts by delivering sandwiches and pizza to construction workers at multiple sites in town.

The governor instituted a state of emergency ahead of Monday’s storm and the president signed a disaster declaration for the state.

Killington Resort announced the resumption of full resort activities effective July 13.

Important Resources:

Vermont Emergency Management Facebook: facebook.com/vermontemergencymanagement 511 (state road closures) on the web: newengland511.org. Vermont Alert delivers up to the minute weather and other warnings to your phone or email. These alerts are personalized to notify you of problems in specific areas. The service is free; you can register at vtalert.gov.

Volunteering

If you are wondering how you can help: You can either register at Vermont.gov/volunteer so that you can be contacted when the time is right, or through a reputable disaster relief organization directly and become part of their team.

Jim Harrison is the state representative for the Rutland-11 district, which includes Chittenden, Killington, Mendon & Pittsfield. You may reach him at JHarrison@leg.state.vt.us or 802-236-3001.



Submitted

Pictured (l-r): Terry Williams, state senator for Rutland; Jim Harrison, house representative for Mendon, Killington, Chittenden and Pittsfield; Beth Weinberg representing the Killington Pico Area Association (KPAA), Selectman Steve Finneron; Governor Phil Scott; Butch Shaw, Rutland-6 house representative; and Selectman Jim Haff.



Courtesy Josef Podnecky

A trailer from Lucky’s Trailer Sales floated to Crystal Spring of Vermont in Bridgewater, somehow, and got lodged in a tree.



By Katy Savage

A lonely, battered hot tub sat among debris above the Black River in Cavendish on Monday, July 17.



Courtesy Gov. Scott, FB

U.S. Transportation Secretary Pete Buttigieg toured Vermont Monday, July 17 with Sen. Peter Welch and Gov. Scott.

‘Here to help’: Pete Buttigieg, federal officials survey Vermont’s flood damage

By Sarah Mearhoff/VTDigger

On Monday afternoon, July 17, U.S. Secretary of Transportation Pete Buttigieg stood on a newly carved cliff, hands on his hips as he surveyed carnage at the Inn by the River, located in this rural Northeast Kingdom town. The former presidential hopeful and now-member of President Joe Biden’s cabinet traveled from Washington, D.C. to see the damage wrought by last week’s relentless rains.

“It’s heartbreaking to talk to the owners of that inn who describe what they had put into building the business,” Buttigieg said at a crowded press conference later Monday afternoon.

Buttigieg was joined by Federal Highway Administrator Shailen Bhatt; officials from the Federal Emergency Management Agency; Gov. Phil Scott; U.S. Sen. Peter Welch, D-Vt.; U.S. Rep. Becca Balint, D-Vt.; and local state legis-

lators. A staffer for U.S. Sen. Bernie Sanders, I-Vt., represented the senior senator while he met with Biden at the White House to discuss the federal response to the floods, among other issues.

14 counties. For qualifying projects, the feds will foot 75% or more of the bill, and the state will pick up the rest.

At the press conference later Monday afternoon, located at a Vermont

After Irene, the Federal Highway Administration provided Vermont more than \$180 million in emergency relief funds to repair vital infrastructure lost to the tropical storm. “We’re going to do whatever we can this time, as well,” Buttigieg said.

Biden last week signed off on a major disaster declaration for the state, unlocking vast federal resources to aid Vermont in its recovery. Key to Buttigieg’s department, Biden’s declaration unlocked federal dollars to rebuild vital infrastructure in all of Vermont’s

Agency of Transportation outpost in Berlin, Buttigieg harked back to Tropical Storm Irene, which similarly wreaked havoc on Vermont in 2011.

“It’s important to note that Vermont has endured two storms that Here to help → 10

Fall out from the flood continues

State give guidance on flood ongoing recovery health and safety

As the state of Vermont continues its floodwater response and recovery efforts, the Department of Health is urging people to know how to keep healthy and safe outside and when returning to flooded homes.

Vermonters can find flood-related health guidance that includes information and resources in multiple languages at HealthVermont.gov/Flood.

Assume drinking water is contaminated, get a free test

If you're in a flooded area and get your water from a well or spring, assume your water is contaminated.

Private water systems exposed to flood water can become contaminated with bacteria, microorganisms and other pollutants from sewage, heating oil, agricultural or industrial waste, chemicals, and other substances that can cause serious illness.

Do not use well water for drinking, cooking, baby formula, washing food or brushing teeth until you have it tested.

Free drinking water test kits are available for people whose private well or spring water systems have been impacted. Call the Public Health Laboratory at 802-338-4724 to order the appropriate test kits to check for bacteria, chemicals, or other contaminants.

Boiling your water for one minute kills bacteria and other organisms. But do not use or boil untested water that is cloudy, full of sediments or smells like fuel or chemicals.

If you are on municipal water system (you receive a water bill), pay attention for boil-water or do-not-drink orders. A list of impacted systems is at ANR.Vermont.gov/Flood.

For more information, visit: HealthVermont.gov/DrinkingWaterFlood.

Returning home

If you had to evacuate, wait to return to your home until local officials say it is safe and standing water has receded. Check for immediate dangers like downed power lines, gas leaks or damaged fuel tanks. If you smell natural gas (like rotten eggs) or hear

hissing, leave the area immediately and call your local utility.

If electrical circuits and electrical equipment have gotten wet or are in or near water, turn off the power at the main breaker or fuse on the service panel. If you must enter standing water to access the main power switch, then call an electrician to turn it off.

Never use a generator or any gasoline-powered engine inside your home, basement or garage, or less than 20 feet from any window, door, or vent. Be sure it is vented to the outdoors.

Home, business cleanup

The Centers for Disease Control and Prevention has information on safe clean-up practices: CDC.gov/disasters/cleanup/facts.html

Mold: If your home has been flooded and has been closed up for several days, assume your home has mold.

Wear protective clothing, including masks (N-95) and gloves, when cleaning.

Children and people with breathing problems and people with weakened immune systems should not help clean up after a flood.

Dry your home out. Open doors and windows. You can use fans and dehumidifiers when electricity is safe.

Have your home heating, ventilating, and air-conditioning (HVAC) system checked before you turn it on to prevent spreading mold throughout the house.

Clean moldy items that do not absorb water using soap and water (glass, plastic, marble, granite, ceramic tile, metal). Materials that easily absorb water (cushions, mattresses, drywall, carpet, insulation, and ceiling tiles) may need to be thrown away.

Launder clothes and smaller fabrics and textiles. Wash all clothes worn during the cleanup in hot water and detergent — keep separate from uncontaminated items.

Food safety: when in doubt, throw it out

Food and crops that have come into direct contact with flood waters can make you sick. Don't eat or drink

anything touched by flood water.

Throw away contaminated food, and any perishable foods that have not been refrigerated properly due to power outages.

People with farms and gardens impacted by floods should wait at least 30 days before replanting to allow the soil to dry out and allow for any disease-causing bacteria in the soil to die off.

For more information, visit: Agriculture.Vermont.gov/Flood or HealthVermont.gov/food-safety-consumers.

Swim safety

Heavy rainfall and floods have led to dangerously fast-moving water. People and pets should stay out of any body of water after a flooding event. Even in normal conditions, it's best to wait 48 hours after a storm to go in the water.

Conditions of high water and strong undercurrents can linger several days after a storm. Even strong swimmers are at high risk of injury or death. Many rivers, ponds, lakes and streams have been contaminated by disease-causing microorganisms, fuel, debris, and wastewater runoff.

Swimming in contaminated water can result in skin rashes, sore throats, diarrhea or more serious problems from bacterial infection. Unseen hazards and debris are also dangerous for recreational boating. Pay attention to posted information at beaches and other swim areas.

Stay informed

Health Information — HealthVermont.gov/Flood

Emergency Management — VEM.Vermont.gov/Flood

Agriculture Information — Agriculture.Vermont.gov/Flood

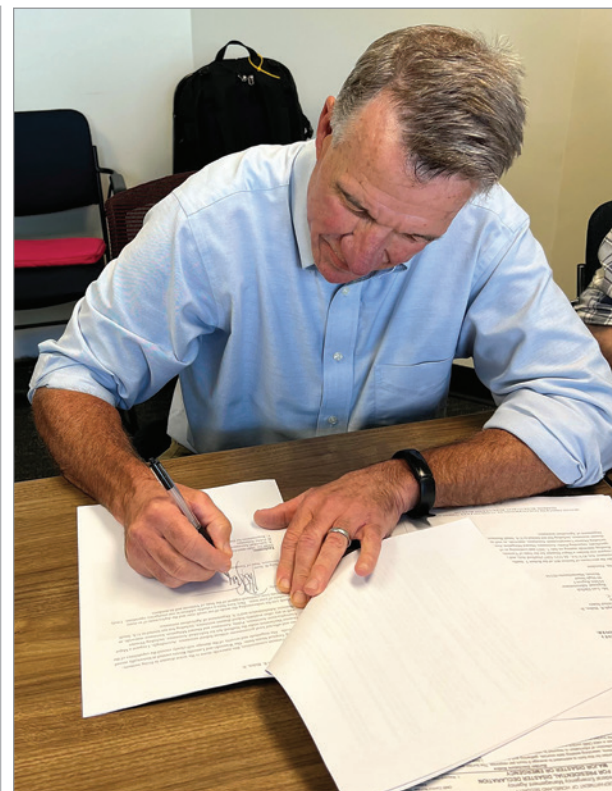
Environmental Information — ANR.Vermont.gov/Flood

Mental Health — MentalHealth.Vermont.gov/Flood

National Weather Service — Weather.gov/btv

Road Conditions — NewEngland511.org/region/Vermont

Vermont 211 — Dial 211 or on-line Vermont211.org



Courtesy Gov. Scott, FB
Gov. Scott signing a formal request to President Joe Biden for a major disaster declaration for Vermont, Friday.

Gov. directs temporary regulatory relief to expedite emergency response

Gov. Phil Scott today signed an addendum to his emergency declaration on Friday, July 14, which directs state agencies and departments to provide specific and temporary regulatory relief to expedite the state's response to damage resulting from the severe storms continuing affect the state.

"This historic rainfall and flooding have caused catastrophic damage to infrastructure across the state, and destroyed homes and businesses," said Scott. "Securing and rebuilding roads and critical infrastructure needs to happen quickly to keep Vermonters safe. To move as quickly as this response requires, we need to pause certain requirements and waive specific restrictions that can delay this important work."

"To move as quickly as this response requires, we need to pause certain requirements and waive specific restrictions that can delay this important work," Gov. Scott said.

Under authority provided by the state of emergency, the governor is providing certain temporary regulatory relief critical to response and recovery work, including for:

- Timely access to gravel and rock fill, asphalt and concrete for road and infrastructure repair;
- Facilitating commercial motor vehicle operations needed to support emergency relief efforts transporting supplies, goods, materials, equipment, and fuel into Vermont;
- Facilitating transportation of materials and equipment; and
- Professional service licensing flexibility

The governor will consider additional regulatory relief and action to ensure the state can promptly respond to the significant damage and rebuilding efforts.

Major disaster declaration: from page 1

needs assessment funding, which would provide \$700 for emergency needs like a hotel stay, food, etc.

The individual assistance program helps individuals impacted by the disaster seek reimbursement for necessary expenses and serious needs that cannot be met through insurance or other forms of assistance. Eligible expenses include

rental assistance, home repair, home replacement, and lodging, among other expenses. Pending a formal assessment, counties included under this declaration are also pending a preliminary damage assessment.

Individuals who suffered losses in the storm should continue clean up and repairs of their home or business, taking photos and documenting expenses. They should also report that damage to Vermont 211, either by dialing 2-1-1 or by

visiting vermont211.org. This data informs the disaster assessment and allows FEMA to reach out to applicants directly.

Vermont counties should continue making repairs to public infrastructure, documenting all work carefully for their applications. Eligible reimbursement costs include emergency repair work on public roads, tree and debris removal from public rights of way, municipal employee overtime spent working on the emergency, contractor help, equipment rentals, and other costs associated with the emergency response.

For more information visit: DisasterAssistance.gov or call 1-800-621-3362.

The federal major disaster declaration ... allows communities to receive at least 75% reimbursement for emergency storm repairs to public infrastructure.



KILLINGTON PICO
AREA ASSOCIATION

KILLINGTON Wine Festival JULY 21-22, 2023



ESTATE TASTING GALA

FRIDAY JULY 21 • 6–8p

at the Killington Peak

WINE TRAIL

FRIDAY JULY 21

at Participating Local Businesses

GRAND TASTING

SATURDAY JULY 22 • Noon – 4p

at the Brand New K1 Lodge

TICKETS AVAILABLE AT
WWW.KILLINGTONWINEFESTIVAL.COM



BROUGHT TO YOU BY



GUEST EDITORIAL

Storms send a signal

By Angelo Lynn

Editor's note: Angelo Lynn is the editor and publisher of the Addison County Independent, a sister publication of the Mountain Times.

As Vermont braces for more rain again later this week, state, municipal and volunteer crews are working miracles to restore devastated downtowns, get commercial and retail buildings cleaned out, and repair hundreds of personal residences as well as reconstruct damaged roads and bridges. As with after Tropical Storm Irene, the speed with which buildings and roads are returned to a usable state will be almost as surprising as the shock of the devastation done.

That's high praise for the resilience of the state, and of each affected community.

Equally important, however, is planning for the next deluge. The reality is our changing climate means there will be another flood and it'll happen sooner than expected.

The frequency should change the calculus of how towns respond.

In many instances, it may no longer be reasonable to put our heads down, shoulders to a shovel, and mindlessly rebuild in the same location. That's grit and determination, but is it smart?

The current flooding ranks right up there with Tropical Storm Irene in late August of 2011 (just a dozen years ago); before then it is comparable to the great flood of 1927 — 84 years prior. It's anyone's guess, but if I were betting, I'd wager the next flood on this scale will be closer to 10 years than 84.

Science has an explanation. Higher average temperatures on land mean the atmosphere holds 7% more moisture for each 1.8 degrees (F.) rise. A warmer Atlantic Ocean compounds the problem. Climate scientists have been telling us this for years, and they are predicting more rain

Preparedness → 9

← Culverts:

from page 2

Any culvert replacement in the town right of way, Hagenbarth said, must be considered "emergency temporary repairs" until the flood requirement study determines its appropriateness, Hagenbarth explained.

FEMA funds temporary measures following a qualified emergency, and ultimately covers the expense of creating any infrastructure improvements that anticipate future natural events, such as flooding. Regarding culverts, Selectman Jim Haff,

met with FEMA representatives to get clarification and agreements regarding emergency funding. Haff said FEMA may pay for upgrades to larger sizes.

Selectman Chris Karr said the Select Board will do whatever it takes to notify all property owners and contractors of the situation to wait for updated information on spec sizing before paying for any work that might ultimately have to be redone.

"We have to get the word out, whatever it costs," Karr said.

← VFFC:

from page 2

with VFFC, said Rutland Regional Planning Commission contributed more than \$150,000 to soil testing and engineering. Kulas submitted an application for \$800,000 for the Agency of Community Development brownfields program to pay for the contamination cleanup.

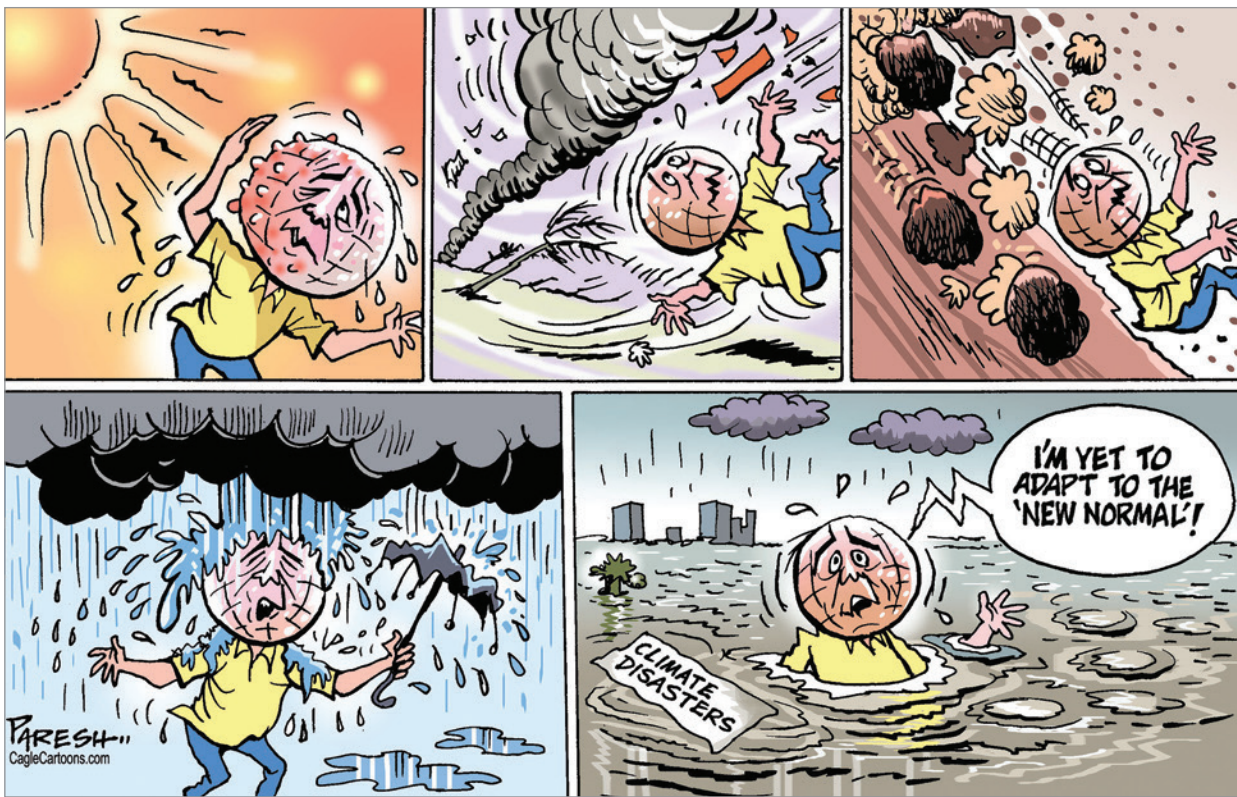
"We are hopeful it's doable, but aggressive to have it open by the first of November," Kulas said.

Additional testing and documentation will be required by the state after the cleanup is done.

Kulas praised state leaders for their help in moving the project forward.

"Nobody was happy the building got shut down," Kulas said. "They really have been on our team to get this moving as quickly as possible."

Blood → 10



Climate disasters by Paresh Nath, U.T. Independent, India

LETTERS

Thanks for donating blood

Dear Editor,

Despite the storm, Pete Giancola Gift-of-Life Mini Marathon on Tuesday, July 12 turned out to be quite amazing! Thanks to the Red Cross staff, volunteers, and the many, many people who turned out despite the challenges, we had a remarkable day.

After an incredible push in the final 48 hours before the drive, we filled our appointment slots and were on pace to do around 250 pints. Unfortunately, numerous Red Cross staff from Burlington got stranded by flood waters Monday night in Barre, and New Hampshire staff who were supposed to come over and help were also unable to get to Rutland because of all the east-west roads being flooded and damaged.

As a result, the drive's goal was slashed to just 55 pints, which was especially disappointing, given the need this time of year. We had to cancel the portion of the drive at the Elks Club.

Despite that, Red Cross staff and dozens of volunteers banded together and vastly exceeded our expectations. They were able to collect 120 pints of blood, more than twice our goal at that point. This is a testament to Rutland and Rutland County, which

Volunteer of the year award: many deserve the credit

Dear Editor,

It really does take a lot more than just one person to make things happen. I just happen to be in a position where I listen to the community and when I can be of help, I have many resources (mostly people) that are also willing to jump in to get some of these initiatives done.

The bottle drive at the transfer station is a good example. When Covid hit and Santos could no longer work the job, I stepped in (yes, it was paid) and started watching everyone throw returnable/deposits into the dumpster to be crushed. Noticing an opportunity, all I did was have it separated. And my good friend Roger Rivera jumped in to help separate the cans, glass and liquor bottles, box them up and take them down to Olivia's — a bit thank you to Olivia's — where they kept a running tally for us and every 8-10 weeks we got a check for just over \$1,000. Over a year, we were able to collect \$8,000-\$10,000, which we donated to the rec program. At the same time, the town is not paying for that weight to be thrown out, or creating unnecessary volume, which fills

Volunteers → 9

Killington strong

Dear Editor,

With all the flood devastation during the past week and a half, the true spirit of Killington came through with area businesses and organizations stepping up to help get the town and roads back in business. The list of thank yous include:

- Casella construction
- Mosher excavating
- Fiore excavating
- Harvey plumbing and excavation
- Vermont Agency of Transportation
- Green Mountain Power
- Killington Fire Dept., including EMS
- Killington Police including Killington Search & Rescue

Strong → 10

While we disagree, Haff is not a bully

Dear Editor,

I had lunch with Jim Haff last week at the senior lunch (yes I am old enough to go, LOL).

At the lunch Jim Haff said he was not a bully and did not appreciate that he is called one. Instead, he admitted "sometimes I can be an ass."

Jim Haff and I have known each other for decades and while we sometimes disagree passionately, I do think that he has the interest of the town at heart. This letter is an apology for calling him a bully in my letter to the editor and, per his request, moving forward I will not call him a bully, but at times I might call you and ass.

Steve Finer, Killington

WRITE TO US:

The Mountain Times encourages readers to contribute to our community paper by writing letters to the editor. The opinions expressed here are not endorsed nor are the facts verified by the Mountain Times. We ask that opinions remain focused on issues; we will not print name-calling. Please limit submissions to 300 words.

Email letters to
editor@mountaintimes.info



CALL TODAY
802.422.2399

MOUNTAIN TIMES
mountaintimes.info

CAPITAL QUOTES

State and federal leaders are assessing storm damage in Vermont as flood recovery efforts are ongoing.

“As Vermont moves from the mode of immediate response to immediate recovery and does the hard work of rebuilding from this disaster, I want to emphasize that the entire federal government, including the U.S. Department of Transportation, stands ready to assist any way we can,”

Secretary **Peter Buttigieg** said in a visit to Vermont on Monday, July 17.

“Vermonters are resilient. We will make it through this challenge, as we have so many times before. But we can’t do it alone. We need help from the federal government,”

said Sen. **Peter Welch**.

“We have a long road ahead but we will get through it with the help of the federal government. The Biden administration has been essential and cooperative and trying to send the message that they’re here with us,”

said Gov. **Phil Scott**.

“I actually, to be honest with you, I’ve never seen anything like it. We saw streets which were all mud, and the mud seeped into the homes. All of the homes had two, three, four feet of water in the basement, (and) massive amounts of damage,”

Sen. **Bernie Sanders** told VPR after he visited Barre and Montpelier

Preparedness: from page 8

more often in this part of the country.

The question then is two-fold 1) how do we rebuild onsite in ways that are flood resistant, and if that is not practical what’s the trigger point that prompts a move to higher ground; and 2) are we pursuing long-term solutions?

Each town has to answer the first question, as flooding and rainfall are so localized as to make any general edict impractical, but the state should encourage such planning with grant incentives — particularly for flood-prone communities and those that may not have done enough in the aftermath of Irene.

As for longer-term solutions, the state

could do more to move residents off fossil fuels by encouraging greater use of renewables and transitioning from gas-powered vehicles to electric vehicles and hybrids.

It may no longer be reasonable to put our heads down, shoulders into a shovel, and mindlessly rebuild in the same location. That’s grit and determination, but is it smart?

And because EV chargers need to be more prolific sooner than later, it will likely be up to municipalities to play a more aggressive role in making their downtowns (and commercial districts)

EV friendly with state aid helping but not meeting the need.

Locally, residents should simply ask: Are we prepared when 9-10 inches of rain soaks us?

Now’s the time to prepare.



By Ron Hacker

Buddy

RIP to my dog, my best friend, Buddy Hacker

Dear Editor,

It is with a heavy heart that I have to announce the passing of my best friend, Buddy on July 10, 2023. If you ever skied out of the Rock Star parking lot at Killington, you probably saw Buddy on his bus and cruising the lot looking for treats (thanks “Everyday Lori”). He was born July 10, 2012.

In his too short 11 years to the day, Buddy spent over 1,300 days in that parking lot. He always broke the “dogs on a leash” law. Only a few people that didn’t know him cared about a leash; Buddy was too smart for a leash.

I didn’t realize until after his passing what this beautiful animal meant to the community. He brought a smile to everyone he met. He was a huge presence at Killington. I would like to thank “Ronbo and Lisa” for being Buddy’s trainer and second home when I was away. Also Laura, who helped me get through this.

I feel lucky to have been his owner. Buddy is survived by Ronzoni and the whole community that ever met him. RIP in love.

Ron Hacker (aka Ronzoni), Killington

Volunteers: from page 8

up the container sooner necessitating more frequent pick ups.

Now, I’ve moved from the transfer station to interim zoning administrator, but the program still continues with Jay Hickory now working at the transfer station and Roger Rivera, who continues to help separating the cans and bottles and bringing them to be deposited. A continued “thank you” to Roger and Jay.

I’d also like to say, over the course of the 25 years of living here, I’ve been part of many such community efforts of volunteerism with many many others. Another memorable time was during Irene and then Covid when the former Butternut Lodge hosted food drives. “The Dairy Girls,” Gerrie Russell and Judy Evans, got their nickname for always handing out the milk and the eggs. Andrew McKenna and his boys, Steve Nisimblat and daughter and son, Roger Rivera again, Jason Mikula from the Mountain Times and many others helped with those food drives.

So thank you for the award, Rec. Dept., but like I said in the beginning, it really does take a lot of work from many others, too. I know I’ve missed many names, but they know who they are and deserve credit and a big “thank you” from me and the entire community.

Thanks,
Jim Haff, Killington

← **Blood:**
from page 8
always comes through in the clutch.

Given the loss of the Elks Club drive, the Red Cross has scheduled several more drives in Rutland County in the coming weeks. Donors whose appointments were canceled, and other donors, can make appointments at redcrossblood.org or by calling 800-Red-Cross.

This drive is a success thanks to great support from Green Mountain Power, WJRR, the Red Cross, volunteers, donors, and the Giancola family. We're already planning the 2023 Gift-of-Life Marathon in December, which will mark the 10th anniversary of the national-record-setting drive in 2013. The record of 2,360 pints in one day still stands.

Steve Costello, Rutland

← **Strong:**
from page 8

- Killington Town Highway Dept.

The food businesses that opened to provide food to construction crews included:

- Killington Market
- Killington Deli
- iPie pizza

I am sure there are some organizations I am missing here as well as many volunteers assisting their town and neighbors. I also want to appreciate the town Select Board (Steve Finneron, Chris Karr, and Jim Haff) for leading the town during the devastation. Also, a shout out to Jim Haff for going above and beyond with late night delivery of pizza and sandwiches to those putting the roads back together.

Seeing everyone get right to work in the hours following that first storm on July 7, proved the spirit of Killington Strong was alive and well.

And finally, a thank you to Governor Scott and Secretary of Transportation, Joe Flynn, for making Killington and Bridge-water their first stops on damage assessment visits back on July 8, when they met with the Select Board, KPAA and a few area representatives.

Jim Harrison
State Representative
for Chittenden, Killington,
Mendon & Pittsfield



Courtesy Gov. Scott, FB

Governor Phil Scott visited Ludlow on Tuesday, July 18, to assess damages caused by feet of water and silt swamping roads, bridges and flooding businesses.



Photo by Josh Kuckens/VTDigger

Perry and Freda Hollyer, owners of Inn by the River hotel speak with U.S. Transportation secretary Pete Buttigieg, Sen. Peter Welch and Gov. Phil Scott on Monday, July 17.



By Josh Kuckens/VTDigger

U.S. Transportation Secretary Pete Buttigieg gestures to the Inn by the River hotel, which was severely damaged by floods.

← **Here to help:**
from page 5

would be called 'once-in-a-century events' in the span of just 12 years," Buttigieg said in a state garage packed with press, emergency responders and onlookers. "I recall from my time as mayor of South Bend [Indiana] what it was like when we had two events come within two years that should have been once every few-hundred years."

After Irene, the Federal Highway Administration provided Vermont more than \$180 million in emergency relief funds to repair vital infrastructure lost to the tropical storm. "We're going to do whatever we can this time, as well," Buttigieg said.

As he heads back to Washington, the transportation secretary said he will take back with him images of the destruction he saw on his drive through northern and central Vermont on Monday: "that hotel in Hardwick that was cut in half and carried down the river," the "brand spanking

new" bridge on the newly completed Lamoille Valley Rail Trail "torn in half by the power of those flood waters," and "the railroad tracks coming out of Barre, where the track is still there but the ties under it are not — you know a train's not going to be able to run over that."

Looking at these scenes, Buttigieg said, "You see just how urgent it is to make sure these communities get the help that they need."

Buttigieg saw signs of promise, too. He commended Vermont's local and state response to the natural disaster thus far, and said that cooperation "makes it possible for us to be a good partner at the federal level."

As federal transportation officials prepare to allocate resources to help local Vermont communities rebuild their infrastructure, Buttigieg told reporters that socioeconomic equity is a priority for the Biden administration. And with so many

small municipalities having limited — if any — professional staff, he recognized that navigating the federal aid process can be daunting.

"It's very important to us to be user-friendly for smaller communities," Buttigieg said. "I happened to be the mayor of a relatively small city, in the grand scheme of things, knocking on the door of the U.S. [Department of Transportation, and I know what that can be like."

Bhatt, the federal highway administrator, pledged that his staff will work closely with Vermont's Agency of Transportation "to find out where those folks are." He pointed to local technical assistance programs made available to municipal governments to guide them through the process.

"Our message is to communities big and small: The federal government is here to help provide resources that are needed," Bhatt said.

WORDPLAY

'Safe & Sound Pet' word search. Find the words hidden vertically, horizontally, diagonally and backwards

SUDOKU

Solutions →21

O	N	I	A	T	N	O	C	A	F	D	T	R	L	R	E	T	H	F	D
C	G	A	C	S	N	Y	N	C	F	E	N	C	E	V	R	G	R	H	S
H	O	M	R	N	H	A	N	P	M	D	S	P	I	L	S	E	U	S	N
B	A	L	B	B	T	S	L	N	A	D	T	G	V	R	T	G	R	L	O
D	S	T	L	U	L	E	F	W	A	E	B	V	Y	L	S	F	T	O	L
Y	E	I	F	A	S	F	R	N	U	B	T	T	E	I	M	P	G	C	N
A	R	H	I	P	R	G	F	A	P	M	V	H	L	I	I	Y	G	A	A
H	V	L	C	U	I	E	I	E	C	E	S	A	L	H	T	S	G	T	I
B	S	T	E	T	Y	H	D	R	S	O	L	B	S	S	Y	N	A	E	R
Y	A	Y	B	R	A	I	C	U	E	E	T	R	O	E	O	I	O	W	A
D	O	G	N	P	A	L	C	O	A	T	E	L	N	U	O	B	B	L	N
V	N	U	O	R	D	H	Y	S	R	N	S	A	G	G	U	T	S	C	I
N	D	F	I	E	W	S	H	I	W	C	V	I	O	R	E	G	H	S	R
C	Y	S	N	C	Y	E	S	O	C	B	I	C	G	B	V	E	B	P	E
L	I	B	A	A	W	C	F	S	B	V	L	M	T	E	A	U	R	D	T
P	I	Y	P	U	R	U	M	T	M	I	S	A	R	L	R	O	P	S	E
T	W	R	M	T	S	R	R	U	V	I	C	B	T	S	T	P	I	M	V
W	T	D	O	I	S	I	A	A	B	N	V	H	F	E	R	S	B	M	B
Y	E	F	C	O	M	T	S	P	R	R	I	F	C	O	D	T	T	M	L
P	W	B	W	N	B	Y	V	T	I	G	V	T	F	V	U	A	R	F	G

- CARE
CAT
COLLARED
COMPANION
- CONTAIN
DOG
FENCE
HEALTH
- EMBEDDED
LATCHED
LEASH
LOCATE
- LOST
MICROCHIP
OWNERSHIP
PRECAUTION
- PROTECT
REGISTER
SECURITY
SHELTER
- VETERINARIAN



How to Play

Each block is divided by its own matrix of nine cells. The rule for solving Sudoku puzzles are very simple. Each row, column and block, must contain one of the numbers from “1” to “9”. No number may appear more than once in any row, column, or block. When you’ve filled the entire grid the puzzle is solved.

8							5	
6	4							2
	7		6	5			1	3
						2		5
		8		7				
9				2	4			
		7						
	1							
4			1			9		6

Level: Intermediate

CROSSWORD PUZZLE

Solutions →21

- CLUES ACROSS
1. Commoner
5. Tea leaf
11. They save you a table
14. Submissions
15. Secretly revealed
18. Personification of the sea (Norse)
19. Unreal
21. No seats available
23. Bangladeshi currency
24. Leaders
28. Famed garden
29. Denotes past
30. Not living
32. Midway between south and southeast
33. Small island (British)
35. Woman (French)
36. Wife
39. Two-toed sloth
41. Blood group
42. Soaks
44. Biu-Mandara language of Cameroon
46. Japanese prefecture
47. Place to be during a rock concert
49. Fully grown humans
52. Emaciation
56. Sparkling
58. Fruits you peel
60. Derived from a noun
62. Popular items to grill
63. Port in Yemen
- CLUES DOWN
1. Before
2. Actress Dunham
3. This (Spanish)
4. Director Peter
5. Dominant
6. English artists' society (abbr.)
7. NY Giants legend
8. It's in the ground
9. No No No
10. Pesky insect
12. Danish-American muckraking journalist
13. Kids love to do it
16. Good Gosh!
17. Fakes
20. A citizen of
231. Denmark
232. Mystic syllable
235. Commercial
236. Letter of the Hebrew alphabet
237. Helpers
239. Water (French)
231. Young woman
234. Red-brown sea bream
- | | | | | | | | | | | | | | | | | | | | |
|----|----|----|----|--|----|----|----|----|----|----|----|----|----|----|----|----|--|--|--|
| 1 | 2 | 3 | 4 | | 5 | 6 | 7 | 8 | 9 | 10 | | | | | | | | | |
| 11 | | | | | 12 | | | | | | | 13 | | | | | | | |
| 14 | | | | | | | | | 15 | | | | | 16 | 17 | | | | |
| | 18 | | | | | | | | 19 | | | | | | | 20 | | | |
| | | | | | 21 | | 22 | | | | | 23 | | | | | | | |
| | | | | | | 24 | | 25 | 26 | 27 | | 28 | | | | | | | |
| | | | | | 29 | | | 30 | | | 31 | | 32 | | | | | | |
| | | | | | 33 | | 34 | | 35 | | | | | | | | | | |
| 36 | 37 | 38 | | | 39 | | | 40 | | 41 | | | | | | | | | |
| 42 | | | 43 | | | 44 | | | 45 | | | | | | | | | | |
| 46 | | | | | | | | | 47 | | 48 | | | | | | | | |
| 49 | | | | | 50 | 51 | | | | 52 | | 53 | 54 | 55 | | | | | |
| | 56 | | | | | | 57 | | 58 | | | | | | | 59 | | | |
| | | | | | 60 | | | | 61 | | | | | | | | | | |
| | | | | | 62 | | | | | | | | | 63 | | | | | |
-
- ### Guess Who?
- I am a model born in Brazil on July 20, 1980. I was recruited as a model while shopping. I am an international superstar and have appeared on many magazine covers. I also was a former Victoria's Secret Angel.
- Answer: Gisele Bündchen
- LOCAL PEOPLE.
LOCAL SERVICE.

HOME COMFORT
ALL SEASON LONG!

▪ **HEATING** - Boilers, Furnaces, Space Heating
▪ Heat pumps
▪ Water heaters
▪ Generators
▪ Smart Home

▪ Fuel Stops
▪ Fuel storage tanks
▪ Propane & Fuel Delivery
▪ Tank monitoring
▪ 24/7 Emergency Service

Keyser Energy
Propane • Oil • Biofuel

Call us now at 866-326-0535

WEDNESDAY

7/19

Big Art Summer Camp

9 a.m. – Noon ending July 21. Chaffee Art Center, 16 So. Main St., Rutland. \$140. Have fun creating big art for a mural to be placed near the Chaffee. Dress for the outdoors and bring a snack/water bottle. Ages: 6 - 12. Instructor: Deb Dauphinais. Minimum enrollment: 5. Chaffee members get a 10% discount. Must pre-register at chaffeeartcenter.org.

Adult Pickleball

9-11 a.m. 47 Mechanic St., Castleton Village School gym. Registration for this 6-week session is \$20. We have a 20-player limit. We ask that only adults attend this program, since we cannot offer child supervision at this time. Info@castletonvermont.org/recreation/events/44656.

Early Literacy Playgroup

10 a.m.-Noon. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. A fun playgroup for your 2-to-5-year-old. For more info visit: rutlandfree.org.

Vermont Farmers' Market

10 a.m.-2 p.m. Depot Park, Evelyn Street, downtown Rutland. Free. The Vermont Farmers' Market is one of the largest and most diverse farmers' markets in Vermont, and the first to operate 52 weeks out of the year. The market brings together as many as 60 vendors. Seasonal produce, local meats, dairy products, freshly baked breads, jellies and jams, maple products, honey, CBD products, hot snacks, wine and spirits, artisan crafts and more. For more info visit: vtfarmersmarket.org.

Bike Bum Race Series

2-5 p.m. Middle-Lower Rabbit Hole, Killington Ski Resort. Entry fee is included in league and lift price. Sign up to ride solo or form a team of three to five people, any combination of age categories. All races will be held on beginner/intermediate trails. For more info visit killington.com/things-to-do/events/events-calendar/kmbc-bike-bum-race2?season=summer.

Graphic Novel Book Club for Kids

3-4 p.m. Norman Williams Public Library, 10 The Green, Woodstock. Free. Come learn about new graphic novels, talk about your favorites, and maybe create your own. Grades 3 through 6. Children 10 and younger must be accompanied by a caregiver who is 14 or older. For more info visit: adrian@normanwilliams.org.

Chaffee Book Group

4:15-5:15 p.m. Chaffee Art Center, 16 So. Main Street, Rutland. Book for discussion: "Year of Yes" by Shonda Rhimes. RSVP Required. Info: chaffeeartcenter.org.

Figure Drawing with Live Model

5-7 p.m. Chaffee Art Center, 16 So. Main Street, Rutland. Sign up for 4 weeks at \$60 or \$20 per class. Bring your own supplies. Minimum 4 students. Must RSVP. Info: chaffeeartcenter.org, Adult Classes.

Sip n Dip Wednesday

6-8 p.m. Chaffee Art Center, 16 So. Main Street, Rutland. \$35 per person includes all supplies. Attendees follow along with an instructor and leave with a finished acrylic painting. Must pre-register. Info: chaffeeartcenter.org.

Name that Fish Stew! Cooking Class

6:30-9:30 p.m. Bridgewater Corners, Bridgewater. \$95. Chef Ted teaches the skills to create a delicious New England seafood stew with shellfish and vegetables. For more info visit odysseyeventsvt.com.

Cavendish Summer Concert Series: Gully Boys

6 p.m. Svec Memorial Park, Proctorsville Green, Cavendish. Free. Grunge power pop four-piece band from Minneapolis. Takeout food offered by Murdock's on the Green Restaurant, Outer Limits Brewing, and Singleton's Market. Hosted by the Cavendish Community & Conservation Association and the Town of Cavendish. Info@cavendishconnects.com/calendar.

Summer Concert Series: The Panhandlers

6 p.m. ArtisTree Community Arts Center, 2095 Pomfret Road, South Pomfret. \$10. Music in the West Texas tradition. Enjoy live music on the hillside but leave your pet at home. (Service animals specifically trained to aid a person with a disability are welcome.) Info: artistreevt.org/artistreevt-events.

Music at the Riverbend Summer Concerts: Enerjazz

6-8 p.m. Free. Relax with Big Band swing sound on the pleasant grounds behind the Brandon Inn next to the Neshobe River. Free popcorn. Info: brandon.org.

'Seven to Sunset' Wednesday Night Concert Series

7 p.m. Main Street Park, Rutland. Free. Bring your lawn chairs, blankets, and picnic supper. Info: rutlandrec.com.

Killington Planning Commission Town Plan

Meeting— *Cancelled due to weather. Rescheduled*

Aug. 24

7 p.m. Public Safety Building, 800 Killington Road, Killington and remotely via Zoom (us06web.zoom.us/j/86571219532) or visit KillingtonTown.com/calendar for link. The Killington Planning Commission is in the process of updating the Town Plan. Community members are encouraged to attend the hearing and provide comments on the draft Town Plan. Written comments can be submitted by email to Lisa.Davis@Killingtontown.com, by regular mail addressed to Lisa Davis, Town Planner, Town of Killington or brought directly to the Killington Town Hall.

THURSDAY

7/20

Big Art Summer Camp

9 a.m. – Noon ending July 21. Chaffee Art Center, 16 So. Main St., Rutland. \$140. Have fun creating big art for a mural to be placed near the Chaffee. Dress for the outdoors and bring a snack/water bottle. Ages: 6 - 12. Instructor: Deb Dauphinais. Minimum enrollment: 5. Chaffee members get a 10% discount. Must pre-register at chaffeeartcenter.org.

International Ride MTB Day

All day. Multiple locations. \$20. No competition, just a day to celebrate the fun of MTB. Email us at connect@ridemtbd.com with all your questions and info about local events. You can also DM us on Instagram, Twitter and Facebook @RideMTBday.

Stuffed Animal Storytime: Elephants

10-10:45 a.m. Rutland Free Library, 10 Court St., Rutland. Free. Join us to make your very own elephant stuffie! We'll also read a story! Registration is required as materials are limited. Fox Room. Geared towards ages 2-5. Info: rutlandfree.org.

Toddler Storytime

10:30-11:30 a.m. Norman Williams Public Library, 10 The Green, Woodstock. Join us to enjoy stories, socializing, and often a project tied into the theme of the week. For young children ages 20 months to 3½ years. Info: normanwilliams.org.

Ukelele Group

Noon-1 p.m. Chaffee Art Center, 16 So. Main St., Rutland. Free. Meet on Thursdays as musician Steven Wilson leads the group through specific sheet music. All levels welcome. This is not a class, but a group enjoying playing the ukulele together. Must pre-register: <https://chaffeeartcenter.square.site> or call 802-775-0356.

Killington Trail Bum

2:30-4:30 p.m. on Thursdays. Killington Boot Camp, 2363 U.S. Route 4. Free. Join us for our free timed trail series. A friendly community competition on our amazing trails. Compete against others or just work toward a personal best! Not a runner? You can hike/walk this beginner 5K trail. Dogs may accompany you (leashed please). Sign up weekly on kbckbc.com/schedule. Info: kbckbc.com.

Summer Hockey League at Union Arena

Sessions starting at 3:20 p.m. Thursdays. See website for session schedule. Participate in drills, learning important skills and parts of the game from Steven Townley, local Woodstock alum and state champion, now playing D-1 collegiate hockey for Dartmouth's "Big Green" men's ice hockey team. Info: unionarena.org.

Weekly Yoga with Kellie

4-5 p.m. Rutland Free Library, Fox Room, 10 Court St, Rutland. Free. Info: rutlandfree.org.

Killington Bone Builders

10 a.m. Sherburne Memorial Library in the meeting room. Weights are provided. For additional information call the library at 802-422-9765.

Michelob Ultra Golf League

5 p.m. Killington Golf Course, Killington Resort. League and membership cost. The format is a 9-hole scramble tournament on the front 9. Sign up as a team or as an individual. Handicaps will be considered and reviewed to ensure fair play. Info: killington.com/things-to-do/events/events-calendar/kmb.

Feast and Field Summer Concerts: Nomfusi

5:30 p.m. Fable Farm Fermentory, 1525 Royalton Turnpike, Barnard. \$5-\$25. Join us in the orchards of Fable Farm to hear Nomfusi, a South African singer and performer of Afro-Soul music., and enjoy freshly prepared food that is grown, raised, and harvested on this same land. Info: feast-and-field.com.

Calendar → 13

FRIDAY NIGHT LIVE: THE UPROOTED

FRIDAY @ 5-10 P.M.



Calendar: Email events@mountaintimes.info from page 14

The River Road Concert Series: Rick Redington and The Luv

6 p.m. Thursday evenings. Free. Sherburne Library, 2998 River Road, Killington. Rick Redington and the Luv is a Vermont group playing original roots rock 'n' roll with an occasional RastaBilly twist. Info: sherburnelibrary.org.

Slate Valley Trails Analog x SVT gravel rides

6 p.m. Free. Analog Cycles, 188 Main St. #1, Poulthney. See membership inclusion for details. Join SVT for our weekly summer group MTB rides. Info: slatevalleytrails.org.

Night at the Races

6:30-9:30 p.m. Calcutta's Fox Run Golf Club, 87 Fox Lane, Ludlow. \$85 per person and \$600 for a table of 8. A benefit for Assisting Children Today (A.C.T.) for sick children and their families in need. Featuring a raw bar, dinner, beer & wine, four races and a sweepstakes race! For tickets and reservations call 413-636-9028 or email: info@assistingchildrentoday.org.

Chester Summer Music Series: The Party Crashers

6:30 p.m. Chester Academy lawn, 230 Main St., Chester. Free. The Party Crashers is a 7-piece band specializing in classic rock 'n' roll dance & party music from the 50s thru the 90s. Sponsored by the Chester Rotary Club. (Rain venue: American Legion Post 67 on Route 103.) Info: yourplaceinvermont.com.

Music on the Green: Jeb Porter & Friends

6:30-7:30 p.m. Belmont Village Green, 7 Maple Hill Road, Belmont-Mount Holly. Free. (In case of rain the concerts will be held in the Mount Holly Community Center). Info: mhcv.org.

Fair Haven Concerts in the Park: The Spirit of Johnny Cash with Harold Ford

7 p.m. Fair Haven Park. Free. Bring your chairs any time after 5 p.m. Hot dogs, chips, and soda plus a 50/50 drawing each night. Multiple handicapped-accessible spaces available. Info: poultneyareachamber.com/organizer/fair-haven-concerts-in-the-park.

FRIDAY

7/21

Big Art Summer Camp

9 a.m. – Noon ending July 21. Chaffee Art Center, 16 So. Main St., Rutland. \$140. Have fun creating big art for a mural to be placed near the Chaffee. Dress for the outdoors and bring a snack/water bottle. Ages: 6 - 12. Instructor: Deb Dauphinais. Minimum enrollment: 5. Chaffee members get a 10% discount. Must pre-register at chaffeeartcenter.org.

Audubon Bird Walk

7-10 a.m. Hollow Road, Brandon. Free. Meet at the Brandon post office parking lot. Carpooling encouraged. All are welcome! Info: birding@rutlandcountyaudubon.org.

Brandon Farmers' Market

9:30 a.m. - 2:30 p.m. Central Park, Brandon. Free. Locally made produce, goods, and crafts. Info: brandonfarmersmarketvt.com/about.

Kinhaven Concerts: Student Concert

4 p.m. Kinhaven Music School concert hall, 354 Lawrence Hill Road, Weston. Free. Info: kinhaven.org/kinhaven-concerts.

Shrewsbury Meeting House Concert Series

5 p.m. Shrewsbury Meeting House, 88 Lottery Road, Shrewsbury. Donations appreciated. The 4th annual Shrewsbury Meeting House Concert Series features exceptional music, food, and rhythmic camaraderie! Refreshments provided by area food truck vendors. (Rain dates are on Sunday except for the Sept. 1 concert). Info: yourplaceinvermont.com.

The Jackson Gore Summer Music Series: Frydaddy with Carlos Ocasio

6 p.m. Jackson Gore, Okemo Ski Resort. Free. Family-friendly live music on the lawn at the Jackson Gore Courtyard. Carlos Ocasio is a musician and co-owner of the Skunk Hollow Tavern in Hartland Four Corners. Food and beverage will be offered at the venue. Info: okemo.com.

Killington Wine Festival—Estate Tasting Gala

6-8 p.m. The festival kicks off with the Estate Tasting Gala at the Peak Lodge at Killington Resort. Hosted by the Killington Pico Area Association, wine lovers and aficionados are invited to enjoy new wines amidst stunning views of the Green Mountains of Vermont. \$10-\$225. Info: Killington.com or killingtonpico.org/winefest.

That's Amore! Pizza & Calzone Cooking Class

6:30-9:30 p.m. Bridgewater Corners, Bridgewater. \$80. Award-winning Chef Ted will lead a hands-on pizza and calzone-making class at our mountain top retreat, using mostly organic and regional ingredients that hail mainly from nearby Vermont farms. Call or email us to discuss. 802-342-1513. Info: odysseyeventsvt.com.

Music by the River Series: The Freese Brothers Big Band w/ Sabrina Brown

6 p.m. East End Park, 217 Maxham Meadow Way (off Route 4), Woodstock. Free. This popular concert venue is an outdoor amphitheater overlooking the peaceful Ottauquechee River. Rain location: Woodstock Town Hall Theatre. Info: pentanglearts.org.

Front Porch Concert Series

6 p.m. Stone Valley Arts, 145 E. Main St., Poulthney. The concert is slated to be an outdoor event but will move indoors in case of inclement weather or heat wave. Donations to support the event will be greatly appreciated. Info: stonevalleyarts.org.

Midsummer Night's Dream

Theatre Camp Performance
7 p.m. Artistree Community Arts Center 2095 Pomfret Road, South Pomfret. Free. A performance of Shakespeare's most beguiling comedy. Info: artistreevt.org/artistree-events.

West Windsor Vermont Music Festival: Opening Concert

7:30 p.m. Historic Town Hall, 22 Brownsville-Hartland Road, West Windsor. \$15 or \$40 for all 3 days. The opening concert features the exciting piano duo, Sakiko and Hiroko. There will be four concerts spanning 3 days. Info: westwindsvtmusicfestival.com.

Friday Night Live: Uprooted

5-10 p.m. Center St., downtown Rutland. Free. This week features Uprooted with Michael Glabicki of Rusted Root. Activities, giveaways, shopping, visiting vendors, food trucks, and more! Info: members.rutlandvermont.com.

SATURDAY

7/22

West Windsor Vermont Music Festival: Children's Concert

10 a.m. Historic Town Hall, 22 Brownsville-Hartland Road, West Windsor. Free concert for kids featuring pianist Sakiko and Friends with special activities in the Town Hall. The event is in partnership with the Mary L. Blood Memorial Library of West Windsor. Info: westwindsvtmusicfestival.com.

Baby Goat Yoga

10-11:15 a.m. Wellwood Orchards, 529 Wellwood Orchards Road, Springfield. \$15-\$20, \$5 to borrow a mat. Practice yoga in the company of baby goats. Check in is 9:30-9:45 a.m. Contact by email: yogiaggie4u@gmail.com to sign up, for more information or to be added to the mailing list. Yogi Aggie will reply to your message or email in the evening. Please do not call the orchard.

Vermont Farmers' Market

10 a.m.-2 p.m. Depot Park, Evelyn St., downtown Rutland. Free. The Vermont Farmers' Market is one of the largest and most diverse farmers' markets in Vermont, and the first to operate 52 weeks out of the year. The market brings together as many as 60 vendors. Seasonal produce, local meats, dairy products, freshly baked breads, jellies and jams, maple products, honey, CBD products, hot snacks, wine and spirits, artisan crafts and more. For more info visit: vtfarmersmarket.org.

Rutland Railroad Museum & Model Club

11 a.m.-1 p.m. 79 Depot Lane, Center Rutland. Free. Children of all ages will delight in the HO scale model railroad operating display (HO is a rail transport modeling scale using a 1:87 scale). The depot is now a museum that displays hundreds of rare or antique model trains, photographs, signs and diverse memorabilia saved from an earlier time, including the former Rutland Railroad caboose #45. Info: rutlandrailway.org.



KILLINGTON WINE FESTIVAL

FRIDAY & SATURDAY

Photo by Jerry LeBlond

'Midsummer Night's Dream' Theatre Camp Performance

1 and 4 p.m. Artistree Community Arts Center 2095 Pomfret Road, South Pomfret. Free. A performance of Shakespeare's most beguiling comedy. Info: artistreevt.org/artistree-events.

Garden Party at Chaffee Art Center

1-3 p.m. Chaffee Art Center, 16 So. Main St., Rutland. Free. Lots of fun activities, demos and speakers, light refreshments, garden tours, the Castleton Ukulele Group will play some old favorites, and more. Artisans will offer their affordable, handmade items for sale. Explore the large pollinator garden with native plantings, the growing sculpture garden, beautiful outdoor area with expanded grass section, and over a dozen gardens on our historic property. Visit the 1890s Queen Anne Victorian Chaffee mansion full of art, gift ideas and stunning architecture. Info: chaffeeartcenter.org.

'The Farm Boy,' set in the World War II homefront

2 p.m. Shrewsbury Library, Shrewsbury. \$10 at the door. "The Farm Boy" is a feature length film filmed in black and white, mostly on George Woodard's farm in Waterbury Center Vermont. "A celebration of Vermont storytelling" (Times-Argus). Both a thriller and a love story, it was written and directed by Vermont filmmaker George Woodard and produced by Joan Brace O'Neal. Info: shrewsburyvt.org/calendar.

Killington Wine Festival—Grand Tasting

6-8 p.m. The signature event of the festival weekend—the Grand Tasting—will be held in Killington Resort's new K-1 Lodge. \$10-\$225. Admission includes 25 1-ounce tastings, wine-friendly fare, and a signature wine glass. Local artisans will also be on site. Festivalgoers will enjoy live music performed by the Julian Gerstin Sextet. Info: Killington.com or killingtonpico.org/winefest.

The Soufflé Also Rises and Apple-Tart Cooking Class

Noon-3 p.m. Bridgewater Corners, Bridgewater. \$80. Learn how to make our un-classic fallen soufflé using the classic combo of Vermont dairy and eggs. Then with apples from local orchards, you'll learn to make a light and delicious apple tart with Vermont maple cream. For more info, call or email us to discuss. 802-342-1513 or info@odysseyeventsvt.com.

Cooler in the Mountains Concert Series: Kendall Street Company

3-5:30 p.m. Snowshed Lodge Base area, Killington Ski Resort. Free. Join us at the Snowshed Lodge base area for eclectic rock in every genre. Info: killington.com.

Farm to Ballet

6-7 p.m. Pittsford Village Farm, 42 Elm St., Pittsford. Free-\$35. Farm to Ballet Project is an original ballet about a farm through the seasons. Dancing vegetables, familiar animals, and even the seasons come to life through dance in a joyful, entertaining show especially captivating for children. Rain date is July 30. Info: pittsfordvillagefarm.org.



Calendar:
from page 15

Hands-on Hand-made Pasta Lesson

6:30-9:30 p.m. Bridgewater Corners, Bridgewater. \$85. Learn how to make tortellini, fettuccini, and ravioli plus three different fillings and three accompanying sauces. Call or email us to discuss. 802-342-1513 or info@odysseyeventsvt.com.

West Windsor Vermont Music Festival: Sakiko and Cellist Brad Ritchie

7:30 p.m. Historic Town Hall, 22 Brownsville-Hartland Road, West Windsor. \$15 or \$40 for all 3 days. Brad Ritchie, cellist, will join pianist Sakiko for an evening of very special music, including Debussy's Sonata for Cello and Piano. Info: westwindsvtmusicfestival.com.

Killington Music Festival's Music in the Mountains Final Concert

7 p.m. Pico Base Lodge, 73 Alpine Drive, Mendon. Tickets are \$30 at the door on the night of the concert. Please note: check or cash only. Each summer professional musicians gather at Killington to play chamber music and to teach students. Performances by the faculty and invited guest artists have made the festival a mainstay of summer culture in the region.

Pond Hill Ranch Rodeo

7:30 p.m. Pond Hill Road, Castleton. Prices vary. Pond Hill Pro Rodeo events include bareback bronc riding, calf roping, steer wrestling, team roping, saddle bronc riding, girls' barrel racing, girls' breakaway roping, and bull riding. For more info visit pondhillranch.com.

Kinhaven Concerts: Faculty Concerts

7:30 p.m. Kinhaven Music School concert hall, 354 Lawrence Hill Road, Weston. Free. Parents, alumni and friends are invited to mingle for wine and cheese at 6:30 p.m. outside the concert hall. Info: kinhaven.org/kinhaven-concerts.

SUNDAY 7/23

The Soufflé Also Rises and Apple-Tart Cooking Class

12-3 p.m. Bridgewater Corners, Bridgewater. \$80. Learn how to make our un-classic fallen soufflé using the classic combo of Vermont dairy and eggs. Then with apples from local orchards, you'll learn to make a light and delicious apple tart with Vermont maple cream. For more info, call or email us to discuss. 802-342-1513 or visit odysseyeventsvt.com.

West Windsor Vermont Music Festival: Midday Sunday Concert

3 p.m. Historic Town Hall, 22 Brownsville-Hartland Road, West Windsor. \$15 or \$40 for all 3 days. Joining pianist Sakiko for a second year is the remarkable violinist, Ms. Helen Hwaya Kim. Info: westwindsvtmusicfestival.com.

Kinhaven Concerts: Student Concert

2:30 p.m. Kinhaven Music School concert hall, 354 Lawrence Hill Road, Weston. Free. Info: kinhaven.org/kinhaven-concerts.

Sunday Hockey Clinic with Jon Chamberlain

3:30-5 p.m. Union Arena, 80 Amsden Way, Woodstock. Players will receive college and junior level coaching from an experienced staff. Each session will end with a full-ice game. For info on pricing visit unionarena.org/summer-camps.

Sundays on the Hill Concert Series

4 p.m. Weston Community Church, 37 Lawrence Hill Road, Weston. \$5. Live music in the acoustically perfect Weston Community Church (Church on the Hill). Info: SundaysOnTheHill.org.

Poultney-Granville Band Concerts on the Green

6:30-8:30 p.m. East Poultney Green, 1500 East Main St., East Poultney. Talented musicians play a wide range of music, from concert pieces to selections from musicals, and from stirring marches to service salutes. Fun for all ages. Refreshments available. Don't forget your lawn chair or blanket for a relaxing summer evening. Info: poultneyareachamber.com/events.

Hands-on Hand-made Pasta Lesson

6:30-9:30 p.m. Bridgewater Corners, Bridgewater. \$85. Learn how to make tortellini, fettuccini, and ravioli plus three different fillings and three accompanying sauces. Call or email us to discuss. 802-342-1513 or info@odysseyeventsvt.com.

MONDAY 7/24

Junior Farmer Camp: Session 3, Day 1

9 a.m. - 4 p.m., July 24-28. Billings Farm and Museum, 69 Old River Road, Woodstock. Members \$300; non-members \$350. Sessions are now full; to be added to the waitlist please fill out the registration form on billingsfarm.org and email gbourassa@billingsfarm.org. Junior Farmer Camp is designed to introduce kids to farm life hands-on by stepping into a farmer's shoes for a week. Campers will meet the farm's cows, horses, chickens, and sheep while doing daily farm chores and activities. We will also explore different farming topics like dairy, gardening, tractors, and draft animals.

Killington Bone Builders

10 a.m. Sherburne Memorial Library in the meeting room. Free. Weights are provided. For additional information call the library at 802-422-9765.

Babies and Toddlers Rock

10-10:30 a.m. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. A music and pre-literacy program for children 0-24 months with Linda McFarlane. Info: rutlandfree.org.

Linocut Print-Making Workshop

1 p.m. Pittsford Recreation Center, 223 Recreation Area Rd, Pittsford. Learn about print-making from linoleum blocks. Info: pittsfordvermont.com.

Bingo

1:15 p.m. Godnick Center, 1 Deer St., Rutland. Cost varies. This is a drop-in activity. Info: rutlandrec.com/godnick.

Chronicles of Yarnia

3 p.m. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. Want to learn how to knit, crochet, or anything else with yarn? For more info visit: rutlandfree.org.

Hockey Skating Clinic with Jacki Smith

4:40-6 p.m. Union Arena, 80 Amsden Way, Woodstock. \$150-\$200. This clinic focuses on skating forwards and backwards, and using your inside and outside edges to help you get more comfortable using them all. Ages 14U / HS Session. Info: unionarena.org.

Sewcial Studies

4-5 p.m. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. Design a square inspired by the library or a book. We'll work together over the summer to put together a quilt for the library, just hang out, and learn to sew. Info: rutlandfree.org.

Slate Valley Trails Group Trail Runs

6-7:30 p.m. Fairgrounds Trailhead, 131 Town Farm Rd, Poultney. The route will vary weekly and may have two route options depending on the number of people. Expect at least a 5-mile run at a social pace with some elevation gain for a standard run. With two groups we will have options for up to 12 miles for one of the routes. For more info and membership details visit slatevalleytrails.org.

TUESDAY 7/25

Junior Farmer Camp: Session 3, Day 2

9 a.m. - 4 p.m., July 24-28. Billings Farm and Museum, 69 Old River Road, Woodstock. Members \$300; non-members \$350. Sessions are now full; to be added to the waitlist please fill out the registration form on billingsfarm.org and email gbourassa@billingsfarm.org. Junior Farmer Camp is designed to introduce kids to farm life hands-on by stepping into a farmer's shoes for a week. Campers will meet the farm's cows, horses, chickens, and sheep while doing daily farm chores and activities. We will also explore different farming topics like dairy, gardening, tractors, and draft animals.

Stories on a String

10-10:30 a.m. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. A music and pre-literacy program for children 0-24 months. Info: rutlandfree.org.

Children's Indoor Storytime

10:30-11:30 a.m. Community Meeting Room, Hartland Public Library, 153 Route 5, Hartland. Free. Storytime for children, infants to age 5, but everyone is welcome. Info: hartlandlibraryvt.org or contact Traci at kids@hartlandlibraryvt.org.

Chess Club

4 p.m. Godnick Center, 1 Deer St., Rutland. Free. Like chess? Come challenge an opponent to a friendly game and hone your skills. To register call 802-855-4533.

Yoga with Emma! (Kids)

4:30-5:15 p.m. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. Kidding Around Yoga (KAY) is a style of yoga designed to motivate children to be active, build confidence, and manage the spectrum of emotions that they might experience in their day-to-day activities while encompassing the five branches of yoga in a clear and engaging method. Info: rutlandfree.org/calendar-events.

Green Mountain National Golf Course League Night

Starts at 4:30 p.m. Tuesdays. 476 Barrows Towne Road, Killington. Pass Holders \$22 per person; Non-Pass Holders \$40 per person, this includes 9-holes with cart. Play with friends and meet new ones. Results in Gracie's Club House Grill after play. (Eat/Drink & Be Social) 4-person scramble, Teams welcomed or individual/pairs will be linked up into groups of (4) and play the front nine. To sign up please email greenmountainnational@gmail.com before 12pm on Tuesday or in person at Gracie's Grill.

Slate Valley Trails Women's Mountain Bike Group Rides

5:30-7:30 p.m. Fairgrounds Trailhead, 131 Town Farm Road, Poultney. See membership inclusion for details. Join us each Tuesday night this summer to ride with an amazing group of women on our beautiful SVT trail network. Info: slatevalleytrails.org.

Mad River Rippers Weekly Ride

5:30-7:30 p.m. Free. The Mad River Rippers community ride program runs from May 23 through August. Rides begin at 5:30, usually at the Blueberry Lake trailhead parking lot off Plunkton Road in Warren, or other locations. A one-time advanced registration is required. Info: vmba.org/contact.

Stuffed Animal Storytime

5:30-6:15 p.m. Fox Room, Rutland Free Library, 10 Court St., Rutland. Join us to make your very own elephant stuffie! We'll also read a story! Registration is required as materials are limited. Registration will open as of Tuesday, June 27. Info: rutlandfree.org.

Tuesday Concert Series w/Mean Waltons

6-8 p.m. Pittsford Village Farm, 42 Elm St., Pittsford. Free. Enjoy this classic farm property, repurposed as a community resource, overlooking the Taconics skyline. Info: pittsfordvillagefarm.org.

Learn to Create Top-notch Veggie Dishes, Cooking Class

6:30-9:30 p.m. Bridgewater Corners, Bridgewater. This is a perfect class for vegetarians or vegans who want to learn how to make special dishes and for carnivores who are looking for unique vegetable accompaniments—and for everyone a delightful lunch or light supper. Call or email us to discuss. 802-342-1513 or info@odysseyeventsvt.com.

Castleton Summer Concerts at the Pavilion: Satin and Steel

7 p.m. Castleton Pavilion. Free. Vermont's Satin and Steel is a 5-piece band that plays an eclectic mix of genres from traditional and modern. Info@castleton.edu.



[MUSIC Scene]

By DJ Dave Hoffenberg
Have a music scene coming up? Email djdavehoff@gmail.com

WED
7/19

BRANDON

6 p.m. Brandon Inn (Lawn Behind It) – Concert with Enerjazz

LUDLOW

7 p.m. Off the Rails – Aaron Audet

POULTNEY

7 p.m. The Poultney Pub – Open Mic hosted by Danny Lang

PROCTORSVILLE

6 p.m. Svec Memorial Green – Gully Boys and Psylas

QUECHEE

6 p.m. Public House Pub – Lily Welch

RUTLAND

5 p.m. Roots Restaurant – Ryan Fuller

5:30 p.m. Strangefellows**– Duane Carleton**

7 p.m. Main Street Park – Green Brothers Band

SOUTH POMFRET

6 p.m. Artistree – Summer Concert Series with The Panhandlers

THURS
7/20

BARNARD

5:30 p.m. Fable Farm – Feast & Field with Nomfusi

BOMOSEEN

6 p.m. Lake House Pub & Grille – Aaron t

BRIDGEWATER**CORNERS**

5:30 p.m. Long Trail Brewery – Anna May

FAIR HAVEN

7 p.m. Town Park – The Spirit of Johnny Cash

KILLINGTON

6 p.m. Liquid Art – Open Mic hosted by Tee Boneicus Jones

6 p.m. Rivershed – Chris Pallutto

6 p.m. Sherburne Memorial Library Lawn – River Road Concert Series with Rick Redington and The Luv

6 p.m. The Foundry – Ryan Fuller

LONDONDERRY

7 p.m. New American Grill – Open Mic Night hosted by DJ Jazzy Joel & Catnip John

LUDLOW

5 p.m. Off the Rails – Motorcycle Cruise Night with the Bear Mountain Boys

PITTSFIELD

7 p.m. Clear River Tavern – Open Mic Jam with Indigenous Entertainment

POULTNEY

7 p.m. The Poultney Pub – Vinyl Night with Ken

QUECHEE

6:30 p.m. Public House Pub – Name That Tune Bingo with DJ Dave

RUTLAND

6 p.m. Strangefellows Pub – Trivia Night

6:30 p.m. Angler Pub – Open Mic hosted by John Lafave

8 p.m. Center Street – Friday Night Live featuring The Uprooted Band with Michael Glabicki of Rusted Root

SOUTH ROYALTON

5 p.m. 802 Pizza – Open Mic hosted by George Nostrand

FRI
7/21

BOMOSEEN

6 p.m. Bomoseen Lodge and Taproom – Aaron Audet

6 p.m. Lake House Pub & Grille – Ryan Fuller

CASTLETON

5:30 p.m. Castleton Pizza Place and Deli – Name That Tune Bingo with DJ Dave

KILLINGTON

6 p.m. Rivershed Killington – Mike Brown

6 p.m. Still on the Mountain – Nick Bredice

6 p.m. The Foundry – Live Music

7:30 p.m. McGrath's Irish Pub – Kilashandra

8 p.m. Jax Food & Games – Rhys Chalmers

LUDLOW

6 p.m. Calcuttas – Liz Reedy

6 p.m. Jackson Gore Courtyard – Summer Music Series with FryDaddy

8:30 p.m. Off the Rails – Red Daisy Revival

PITTSFIELD

8 p.m. Clear River Tavern – Ian Campbell

POULTNEY

6 p.m. The Poultney Pub – Laura Mollineli & Ben Campbell

QUECHEE

5:30 p.m. Public House Pub – Kind Bud

RANDOLPH

7:30 p.m. Underground Listening Room – Matt Munroe w/ Brian Dade

SOUTH POMFRET

7 p.m. Artistree (Outside) – Midsummer Night's Dream Theatre Camp Performance

STOCKBRIDGE

7 p.m. Wild Fern – July Friday Night Music Series with Kenny Roby

WOODSTOCK

6 p.m. East End Park – Music by the River with The Freese Brothers Big Band with Sabrina Brown

SAT
7/22

BRIDGEWATER

8 p.m. Woolen Mill Comedy Club – Comedy Night with Headliner Bryan Muenzer

KILLINGTON

2:30 p.m. The Umbrella Bar at Snowshed – Duane Carleton

3 p.m. Snowshed Lodge Base Area – Cooler in the Mountains Concert Series with Kendall Street Company and Special Guest Opener Nick Bredice

6 p.m. Rivershed Killington – Mike Brown

6 p.m. Still on the Mountain – Ray Boston

6 p.m. The Foundry – Liz Reedy

7 p.m. Pico Base Lodge – Killington Music Festival: KMF's Season Finale, Celebrating 41 Years Together

7:30 p.m. McGrath's Irish Pub – Kilashandra

8 p.m. Jax Food & Games – King Arthur Jr

LUDLOW

6 p.m. Calcuttas – Live Music

8:30 p.m. Off the Rails – Aaron Audet Band

POULTNEY

6 p.m. The Poultney Pub – Laura Mollineli & Ben Campbell

PROCTOR

7 p.m. Proctor/Pittsford Country Club – Ryan Fuller

QUECHEE

5:30 p.m. Public House Pub – Tad Davis

SOUTH POMFRET

1 p.m./4 p.m. Artistree (Outside) – Midsummer Night's Dream Theatre Camp Performance

STOCKBRIDGE

7:30 p.m. Wild Fern – Rick Redington & Tuff Luv

SUN
7/23

BRIDGEWATER**CORNERS**

4 p.m. Long Trail Brewery – Tad Davis

BOMOSEEN

6 P.M. Bomoseen Lodge and Taproom – Ryan Fuller

KILLINGTON

12 p.m. Rivershed – Brunch with Mike Brown

5 p.m. The Foundry – Summit Pond Jazz

6 p.m. Liquid Art – Tee Boneicus Jones

6 p.m. Rivershed – Trivia Night

8 p.m. Jax Food & Games – King Arthur Jr

LUDLOW

6:30 p.m. Par Bar at Fox Run Golf Course – Sammy B

7 p.m. Off the Rails – Nick Bredice

RUTLAND

7 p.m. Main Street Park – Rutland City Band

WOODSTOCK

12 p.m. Mon Vert Café – Jim Yeager and Jeff Stedman

MON
7/24

KILLINGTON

5:30 p.m. Mary Lou's – BAK'n

6 p.m. Rivershed Killington – Mandatory Mondays with Name That Tune Bingo by DJ Dave

LUDLOW

7 p.m. Off the Rails – Sammy B

8 p.m. The Killarney – Open Mic with Indigenous Entertainment

WOODSTOCK

5 p.m. The Village Inn – Jim Yeager and Jeff Stedman

TUES
7/25

CASTLETON

7 p.m. Castleton Pavilion – Summer Concert Series with Satin & Steel

KILLINGTON

5:30 p.m. Mary Lou's – Bow Thayer, Krishna Guthrie & Special Guests

6 p.m. Jax Food & Games – Taco Tuesday with Rick Webb

LONDONDERRY

6:30 p.m. New American Grill – Trivia hosted by Zach Yakaitis

PITTSFIELD

6 p.m. Clear River Tavern – Duane Carleton

PITTSFORD

6 p.m. Pittsford Village Farm – Tunesday Concert with Mean Waltons

QUECHEE

5 p.m. The Public House – Jim Yeager and Chris Campbell

RUTLAND

6 p.m. Brix Bar – Psylas

8:30 p.m. Center Street Alley – Acoustic Open Mic hosted by Josh LaFave

SOUTH POMFRET

7 p.m. The Grange Theatre – Abbey's Box



KILLINGTON MUSIC FESTIVAL

CLASSICAL CONCERT SERIES

JUNE 24 – JULY 22, 2023

Pico Mountain Lodge • Saturdays, 7pm

THIS SATURDAY: SEASON FINALE!

Featuring works by Paganini, Piazzolla, Bartok and more,
performed by world-renowned musicians.

TITLE SPONSOR: **Luc Walter Foundation**

CONCERT SPONSOR: **Great Gulf**



Details online or call **802.773.4003**.

kmfest.org



Friday Night Live is back with food, fun and live music in downtown Rutland

Friday, July 21 at 5 p.m.—RUTLAND—Rutland’s favorite concert series returns this summer with free performances downtown. Folks can enjoy activities, giveaways, shopping, visiting vendors, food trucks, and more. Friday Night Live 2023 features the Uprooted band on July 21, Dirty Deeds - the AC/DC Experience on Aug. 11, and The Dave Matthews Tribute Band on Sept. 1.

Friday Night Live is a free outdoor concert series that takes place on Center Street with one performance each in July, August, and September. This fun and casual series draws the community together to enjoy music, outdoor dining, shopping, children’s activities and more starting at 5 p.m. Center Street transforms into a unique, amphitheater-like concert venue with great acoustics. Headliners take the stage at 8 p.m.



In addition to live music, attendees can enjoy outdoor dining in Center Street parklets or choose from a variety of food trucks. Purchase Downtown Rutland merch or sip on a Friday Night Live lager at the Rutland Beer Works garden where proceeds will benefit the VT Police Canine Association as an Ebbighausen donation.

Families can enjoy bouncy houses, activity stations, dunk tanks, giveaways and more. Be sure to save room for frosty treats and sweets from dessert vendors! Play giant games, shop local businesses, and explore vendors on Center Street and Merchants Row.

Attendees are encouraged to bring lawn chairs for viewing the musical performances. In the event of rain, the musical performance will be moved inside to the Paramount Theatre.



Submitted
Uprooted, with Michael Glabicki of Rusted Root will headline Friday Night Live this Friday in Downtown Rutland.



Submitted
Cammy, a 26-year-old artist and native Vermonter, will open for The Uprooted at Friday Night Live this Friday.

Killington Wine Fest returns for its 23rd year

Friday-Saturday, July 21-22 at 6 p.m.—KILLINGTON—The Killington Wine Fest returns for its 23rd annual event this weekend, hosted by the Killington Pico Area Association (KPAA). Wine aficionados will gather to enjoy new wines amidst stunning views of the Green Mountains of Vermont.

Wine Fest kicks off the evening of Friday, July 21 at 4,241 feet with the Estate Gala at the Peak Lodge at Killington Resort. Select wineries will be offering samples from their collections of estate and reserve wines from 6-8 p.m. Representatives will also be on hand to discuss each wine and educate attendees about the nuances of the fine wines being sampled. The event will also feature music by the Summit Pond Quartet. Dress to impress, as this is a formal affair. Tickets to the estate tasting are limited!

On Saturday, July 22, the signature event of the festival

weekend—the Grand Tasting—will be held in Killington Resort’s stunning new K-1 Lodge. Guests will have the opportunity to enjoy a seemingly endless variety of wines and local artisanal foods from 12-3 p.m.

Admission to the event includes 25 1-ounce tastings, wine-friendly fare, and a signature wine glass. Local artisans will also be on site. Festivalgoers will enjoy live music performed by the Julian Gerstin Sextet. A limited number of VIP tickets to the Grand Tasting are available. Included with the VIP ticket is early access to the event, a private lounge area furnished by Wild Fern Boutique, exclusive wine samplings, and more!

All information, dates, and times are subject to change. Must be 21 or older to attend tasting events.

For more information, visit: killingtonpico.org or call 802-773-4181.



By Jerry LeBlond
Wine aficionados will gather to enjoy new wines in the heart of the Green Mountains of Vermont.



Courtesy Killington Resort

LIQUID ART

COFFEEHOUSE & EATERY

Open THURS- MON

Enjoy our **PATIO**

OPEN MIC THURSDAYS

TEE BONEICUS JONES SUNDAYS

Healthy Fare Dine In & Take Out

BREAKFAST | LUNCH | DINNER
THURSDAY-MONDAY 8am-9pm

KILLINGTON, VT | 802-422-2787 | LIQUIDARTVT.COM

GREAT BREAKFAST/BRUNCH MENU

MTWTF open from 7-Noon
Saturday and Sunday 7-1

Take-out available

ATM available

BACK COUNTRY

CAFE

BACKCOUNTRY CAFE

killington **market** ATM LOTTERY

GROCERY

MEATS, PRODUCE & SEAFOOD

beer and wine

DELICATESSEN

Baked Goods & Breads
Pizza ~ Maple Syrup

OPEN 7 DAYS A WEEK
6:30 A.M. - 9P.M.
2023 KILLINGTON RD
802-422-7736

WINE
Champagne
VT CRAFT
BREWS
CIDERS

Take-Out Convenience:
Breakfast, Lunch & Dinner

Daily Specials posted on Facebook & Call Deli 802-422-7594

Special requests are always welcome!

West Windsor Festival announces 2023 concert schedule, July 21-23

Friday-Sunday, July 21-23—WEST WINDSOR—The West Windsor Festival, known for its celebration of friendship, music, and community, will take place at the West Windsor Town Hall July 21-23.

Since its inception, the annual festival has offered diverse lineups of talented musicians.

The festival's artistic director, pianist Sakiko Ohashi, will showcase her talent. In addition to Sakiko's performances, the festival is delighted to wel-

come Hiroko Sasaki, who will join Sakiko for a piano four hands performance.

Children and families are invited to a free concert on Saturday morning, July 22, at 10 a.m. The concert, titled "Sakiko and Friends," will feature special activities at the town hall in partnership with the Mary L. Blood Memorial Library of West Windsor.

As evening falls on Saturday, audiences can look forward to the captivating performance of Brad

Ritchie, a talented cellist who will join Sakiko for an evening of extraordinary music, including Debussy's Sonata for Cello and Piano.

On Sunday afternoon at 3 p.m., violinist, Helen Hwaya Kim will perform alongside Sakiko for the second year in a row.

West Windsor Town Hall is located at 22 Hartland-Hartland Road in West Windsor, Vermont. For more information, visit: westwindsorvtmusicfestival.com.



Sakiko Ohashi, Festival artistic director, is a native of Japan and began her piano studies at the age of 4. By the time she was age 10, she was accepted to the Juilliard Pre-College Division as a student of Herbert Stessin. Since then, performances have taken her throughout the United States,



Helen Hwaya Kim joined the music faculty in 2006 at Kennesaw State University with a stellar performance background. She made her orchestral debut with the Calgary Philharmonic at the age of six, and has gone on to become a respected and sought-after artist.



Hiroko Sasaki—Hiroko Sasaki has established a successful career as recitalist, chamber musician, and concerto soloist. Ms. Sasaki's concert debut in Carnegie Hall's Weill Recital Hall prompted Harris Goldsmith of the New York Concert Review to declare her "a true artist at work."



Brad Ritchie joined the Atlanta Symphony Orchestra in 1997. Originally from Portland, Oregon, he earned his bachelor of music at Indiana University where he studied with Tsuyoshi Tsutsumi and Janos Starker.

SAKE TO ME

SUSHI YOSHI
CHINESE GOURMET
HIBACHI STEAKHOUSE

Mid-way up Killington Access Rd.
Open for Indoor Dining, Take-Out and Delivery
vermontsushi.com • 802.422.4241

HIBACHI | SUSHI | ASIAN

Ride MTB Day Returns for 2023, promoting fun and community spirit in mountain biking

Thursday, July 20—Ride MTB Day returns for 2023, with the aim of bringing together mountain bikers from around the world for a day of pure enjoyment and community spirit. This international holiday of mountain biking, that has been recognized globally since 2017, is scheduled for Thursday, July 20.

Inspired by Go Skateboarding Day, Ride MTB Day has one straightforward goal: to encourage more people to experience the joy and excitement of riding a mountain bike. Ride MTB Day is owned by everyone who enjoys the sport, and anyone can participate in promoting the event to make it a truly global movement.

There are no rules on how to participate, so anyone can take part however they like, whether it's hitting up the local trails solo or shredding the dirt with a group of friends or colleagues. The important thing is to get out on a bike and experience the fun that comes with mountain biking.

Aside from being a day of adventure and enjoyment, Ride MTB Day also aims to support local independent bike dealers. By promoting the sport, more people will be encouraged to ride, leading to increased prosperity for IBTs involved in the industry.

For more information, visit: ridemtbd.com. Get the latest updates and connect with the Ride MTB Day community on Instagram and Facebook with #RideMTBday.



Mountain bikers will gather with friends and family to bring together lovers of the sport on Ride MTB Day, which takes place on Thursday.

Submitted

SUBSCRIBE
To our free
NEWSLETTER
to subscribe visit:
mountaintimes.info

The Gully Boys to perform on the Proctorsville Green

July 19—CAVENDISH—The Cavendish Community and Conservation Association on behalf of the Town of Cavendish invites everyone to the Cavendish concert series on Wednesday, July 19 at 6 p.m. when The Gully Boys return to the gazebo on the Svec Memorial Green in Proctorsville. This will be the third of the 2023 concerts that are held on consecutive Wednesday evenings in July and August. The Gully Boys are a professional rock/jam band from the Green Mountains, influenced by the music that creates the backdrop for our lives. They present an amalgamation of style, sound and personality that makes them unique, but with a comfortable familiarity. They like to mix up the playlist with originals and cover tunes from all genres. As Vermonters, they feel that music helps bring us all together, and helps to sustain our communities.

The concert is free and open to everyone, so come to Cavendish and join your friends and neighbors in front of the gazebo on the green. Murdock's, Outer Limits Brewery, and Singleton's all have take-out food options. It's a fun way to enjoy the summer weather and reconnect with old friends or make new ones. Bring a blanket or a comfortable chair, have a picnic, or just lie back and relax on the grass.

This concert is sponsored by The Castle Hill Resort & Spa. For more information, please email cavendishcommunityconservation@gmail.com. In the event of rain, postponement information will be reflected on the Cavendish Community and Conservation Facebook page.



Submitted
Concertgoers enjoy an evening on the Svec Memorial Green in Proctorsville where the Gully Boys will play on Wednesday evening.

Public is invited to comment on Killington's updated town plan

Cancelled due to weather. Rescheduled Aug. 24—KILLINGTON—The Killington Planning Commission is in the process of updating the town plan. The current town plan was adopted in 2015 and state statute requires towns to update and/or readopt their town plans every eight years.

For the past nine months, the Killington Planning Commission has been working with Rutland Regional Planning Commission on the update. The updated plan has a clear focus on implementable action items in support of stated goals and objectives. A public hearing on the updated plan is scheduled for July 19, at 7 p.m. at the public safety

building (located at 800 Killington Road) and remotely via Zoom (us06web.zoom.us/j/86571219532) or visit KillingtonTown.com/calendar for link.

Copies of the draft town plan are available at the Town Clerk's office and on the Planning Commission page of the town's website at KillingtonTown.com.

Members of the community are encouraged to attend the hearing and provide comments on the draft town plan. Written comments can be submitted by email to Lisa.Davis@Killingtontown.com, by regular mail addressed to Lisa Davis, town planner, Town of Killington or brought directly to the Killington Town Hall.



Baby goat Yoga is here for 2023

Saturdays, July 22 at 10 a.m.—SPRINGFIELD—Wellwood Orchards in Springfield offers a interesting form of yoga for all levels of ability and experience. The presence of baby goats gives the yoga class a unique spin. Participants are encouraged to expand their practice, breathing, through this form as they enjoy the company of baby goats. The classes are 75 minutes in duration for \$15.00 per person. For more information contact yogiaggie4u@gmail.com.




Green Mountain National YOUR NEXT GOLF ADVENTURE IS HERE

#1 IN VERMONT GOLF


Barrows-Towne Road, Killington
For the best rates book online at:
www.gmngc.com, call 802 422-4653

GRACIE'S GRILL IS NOW OPEN

Making a short drive from home feel like a world away.



*Spa & Salon Open Daily • Horseback Trail Rides
Delicious Food • Luxurious Lodge Rooms
Cabins & Guest Houses • Clay Bird Shooting
Pontoon Boat Rides • And So Much More!
All with Central Vermont's Best Views!*



**MOUNTAIN TOP
R E S O R T**

802.483.2311 | mountaintopresort.com

Have a big (or small) event coming up? Let us know!

Email: events@mountaintimes.info



**MAPLE
Sugar
& Spice
VERMONT**

Come to our sugarhouse for the best breakfast around! After breakfast, check out our gift shop for all your souvenir, gift, and maple syrup needs. We look forward to your visit!

Dine-in or Take-out available.

Serving Breakfast & Lunch
7a.m. - 2p.m. daily

Check out our menu online!

Sugar & Spice Restaurant & Gift Shop
Rt. 4 Mendon, VT
802-773-7832 | www.vtsugarandspice.com

Chaffee Art Center to hold garden party

Saturday, July, 22—RUTLAND—The Chaffee Art Center will be hold a Garden Party on Saturday, July 22 from 1-3 p.m. The event will take place on the grounds of the Chaffee Art Center, located at 16 So.h Main St. in Rutland.

The Garden Party offers a variety of activities, demonstrations, and speakers. Guests will have the opportunity to participate in garden tours, witness flower arranging demonstrations, and learn about perennial flower utilization beds. Furthermore, attendees will be delighted by the captivating melodies of the Castleton Ukulele Group, who will perform some old favorites.

Art enthusiasts and shoppers can explore a diverse selection of affordable and handmade items offered by talented artisans who will showcase their creations at the event. In addition, visitors can immerse themselves in the beauty of the 100 x 9 foot pollinator garden, featuring native plantings, as well as the growing sculpture garden and other stunning outdoor areas. With over a dozen gardens on the historic property, attendees are encouraged to take a stroll and appreciate the beauty surrounding them.

As part of the Garden Party, notable experts and organizations will share their knowledge through engaging talks and demonstrations. The Rutland County Audubon Society will discuss wildlife habitat protection and connection, while Bee the Change will present a session on native bees and offer free native plants to attendees (while supplies last). The Vermont Center for Ecostudies will provide insights on native bees in Vermont through an interactive show and tell session. Additionally, gardener and board member Michelle Hartline will lead ongoing tours of the pollinator garden.

The Chaffee Art Center introduces the new VT Bee Lab, which will have a drop-off bee sample station at the Garden Party.

The Vermont Bee Lab offers diagnostic services, at no charge, to beekeepers in Vermont who wish to evaluate the health of their colonies. The lab has drop boxes conveniently located throughout the state, making it easier for beekeepers to access their services. Instructions for sample collection and submission can be found on the Vermont Bee Lab website: vermontbeelab.com/diagnostics.

The Garden Party is an opportunity to celebrate the ongoing efforts to restore the historic grounds of the Chaffee Art Center.

Last summer, with the support and dedication of numerous volunteers, the center embarked on a project to enhance the beauty of its grounds to complement the grandeur of its 1890s Queen Anne Victorian mansion. With the help of Kurt Hathaway and Markowski Excavating, sections of knotweed were excavated, topsoil was provided, and a remarkable number of native plants and bushes were planted. The project also involved the installation of a 100-foot trellis fence and the development of a sculpture garden with native plants, alongside an inviting grass area suitable for outdoor gatherings and educational activities.

For more information about the Chaffee Art Center, updates on events and classes, or to get involved as a volunteer, visit: chaffeeartcenter.org. Stay connected with the Chaffee Art Center through its Instagram and Facebook pages or contact the center by calling 802-775-0356 or emailing: info@chaffeeartcenter.org.



Chaffee Art Center

Submitted

Gardening under a black walnut tree

By Melinda Myers

This native tree, prized for its lumber, makes gardening in its vicinity a challenge. All parts of this tree including the fruit, leaves, and branches contain juglone and the roots can also excrete it into the soil. Juglone-sensitive plants exhibit symptoms and even kill tomatoes and their relatives when they contact the juglone. This interaction between plants is known as allelopathy.

The concentration of juglone varies throughout the growing season. There is a greater concentration in the actively growing leaves in spring. The amount in the roots remains relatively high throughout the summer with the juglone concentration increasing in the hulls as the nuts mature.

The black walnut tree's close relatives like butternut, pecan, shagbark hickory, and English walnut contain juglone. The concentration of juglone in these trees is much lower and rarely affects juglone-sensitive plants.

The greatest concentration of juglone is usually within 50 to 60 feet of the trunk of large black walnuts. Rule out other causes such as a lack of sunlight, over and under watering, and over or under fertilization.

One solution to this challenge is to grow juglone-tolerant plants. Review lists of juglone-susceptible and resistant

plants prepared by several universities. These lists are by no means complete, but they do provide a good starting point. You may want to test plants you want to grow but do not appear on any lists. Just plant one or two and if they thrive you can add more. If they suffer, you may want to add them to your “Do Not Plant” list and try something new.

Minimize your frustration by growing susceptible plants at least 50 feet away from your black walnut tree. The further you move away from the tree, the lesser the concentration of the toxic juglone.

To create a juglone-free raised bed, cover the soil and line the sides of the raised bed with water-permeable weed barrier fabric. The fabric can help slow or prevent the invasion of black walnut roots into the raised bed garden. Cover the barrier as you fill the bed with fresh topsoil free of juglone.

Removing the tree, if it is on your property, is not an immediate solution. The juglone remains in the soil until the roots, nuts, and leaves totally decompose.

Consider this as another factor when selecting the right plant for the growing conditions. Selecting juglone-resistant plants can greatly reduce your frustration and increase your gardening success.



CROSSWORD

[illegible]

SUDOKU

PUZZLES—from page 11

8	3	1	2	4	9	6	5	7
6	4	5	7	1	3	8	9	2
2	7	9	6	5	8	4	1	3
7	6	4	3	9	1	2	8	5
1	2	8	5	7	6	3	4	9
9	5	3	8	2	4	7	6	1
5	9	7	4	6	2	1	3	8
3	1	6	9	8	7	5	2	4
4	8	2	1	3	5	9	7	6

*Delicious Food with the
Best View in Central VT!*



Tavern, Restaurant & Terrace Dining
Lunch & Dinner - 7 Days a Week!

12 Vermont Craft Brews on Tap!

Reservations Recommended.



MOUNTAIN TOP RESORT

802.483.2311 | mountaintopresort.com



OPEN 7 DAYS/WEEK
11:30 a.m. – 9 p.m.

**BEST BURGERS ~ BURRITOS ~ HOMEMADE SPECIALS ~
WINGS ~ SANDWICHES ~ KIDS MENU ~ NACHOS**

- * RENOVATED GAME ROOM
- * EV SUPERCHARGERS
- * EPIC WIDESCREEN TV'S
- * NEW SUMMER MENU

PARTIES OF 8 OR MORE RESERVATIONS ACCEPTED
WE LOVE GROUPS AND BIG PARTIES



FOR MORE INFO



SCAN HERE

2910 KILLINGTON ROAD, KILLINGTON VT
802-422-LOOK & LOOKOUTVT.COM

Rutland County Humane Society



EMMETT

Emmett is a handsome 13-year-old kitty looking for a loving home. This sweet boy loves to eat, talk and hang out with people! He does not do well with other cats, but is great with dogs. Emmett is playful, but also enjoys a long nap. He would do well in just about any home. If this sensational senior is the guy for you, call 802-885-3997 for more information or fill out an application online, spfldhumane.org. We have a cat only spay and neuter clinic on Aug. 22. Call 802-885-3997 for more information.

This pet is available for adoption at

Springfield Humane Society

401 Skitchewaug Trail, Springfield, VT • (802) 885-3997

*Open by appointment only. spfldhumane.org



GUS & KELLEY

"Hi! We're Kelly and Gus (that's me in the back!), and we're a precious pair of bonded cocker spaniels! I'm 10 and Kelley is 11. We just love each other so much, and simply can't wait to meet our forever family so we can love them just as much, too! We'd like to live in a home that doesn't have children, cats or other dogs. We value our own space, see, but with that also comes your undivided affection! (Which we know we'll value so much, too!) I mean, seriously, have you ever seen anyone quite as cute as us? How could we not be the center of your world? So, if you'd love to have a gorgeous pair of bonded cocker spaniels in your life, then look no further than yours truly and come pop by the shelter to pay us a visit and learn more!

This pet is available for adoption at

Lucy Mackenzie Humane Society

4832 VT-44, Windsor, VT • (802) 484-5829

*(By appointment only at this time.) Tues. - Sat. 12-4 p.m. & Thurs. 12-7 p.m. • lucymac.org

Catamount Pet Supply Company, inc.

296 U.S. Route 4 East
Rutland Town, VT 05701 | 802-773-7642



OPEN

MON. - FRI. 10am - 6:30pm & SAT. 10am - 5pm

Grooming by appointment | 802-773-7636



Simon—2-year-old. Neutered male. Mixed breed. This cutie is a happy boy who loves everyone he meets.



Eugene—1-year-old. Neutered male. Mixed breed. He loves people and has been making friends with staff since he arrived.



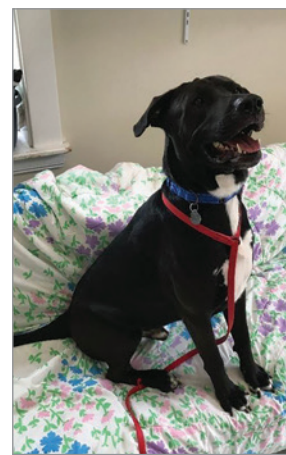
Maggie—3-years-old. Spayed female. Domestic shorthair. Maggie is a beautiful cat who is very vocal about her snacks!



Red—16-month-old. Neutered male. Mixed breed. They call dogs "man's best friend," and Red sure fits that.



Apple —2-month-old. Neutered male. Domestic shorthair. Not only are kittens adorable, but they are great entertainers!



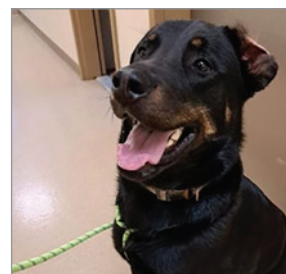
Crinkle—1-year-old. Neutered male. Mixed breed. Crinkle is a happy-go-lucky boy who loves everyone he meets!



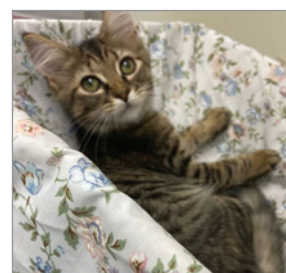
Carla—3-year-old. Spayed female. Domestic shorthair. If you are looking for a sweet and affectionate cat, meet Carla.



Luis—2-year-old. Neutered male. Mixed breed. Luis has a well-rounded and sweet personality.



Mylo—2-year-old. Neutered male. Mixed breed. Don't let Mylo's size fool you as he thinks he is a big lap dog!



Zelda—2-month-old. Spayed female. Domestic Longhair. Not only are kittens adorable, but they are great entertainers.



Boo—3-year-old. Spayed female. Domestic shorthair. Boo is a beautiful girl who loves her attention.



BLUE

Blue—1-year-old. Neutered male. Domestic shorthair. Blue is a handsome boy who absolutely loves attention.

All of these pets are available for adoption at Rutland County Humane Society

765 Stevens Road, Pittsford, VT • (802) 483-6700

Tues. - Sat. 11-5 p.m. for adoptions

*(By appointment only at this time.)

Closed Sun. & Mon. • www.rchsvt.org

Moving with your pets

With the warmer temps, many people use this time to move and The Rutland County Humane Society wants to help you by making that transition easy for you and your pets. First, get your pets used to having packing items and boxes around. While packing, try and keep your schedule as close to normal as possible so that your pet is less stressed. One of the best antidotes to stress is to burn off that anxious energy by going for an extra walk, chewing on a Kong, or having extra playtime. If your pets are alone for the move, prioritize getting their space ready first. Place their blanket, cage, or crate in a comfortable spot that's away from the hustle and bustle of the move, but not so far that they can't hear you. Whether it's a small room, corner, or even an open closet, having somewhere they can retreat to when the chaos overwhelms them is key, especially for cats and dogs.

Cosmic Catalogue

Copyright ©2021 - Cassandra Tyndall



Aries March 21 - April 20

The gentle art of making enemies is a concept I'd like you to think about. Whether you're gentle or you're not, enemies are always going to be a part of the picture. Your mission, if you choose to accept it, is to not cut your nose off to spite your face. You can still be direct and honest, but first, killing them with kindness will keep your options open. The best way to win a fight is to not be in one.

Leo July 21 - August 20

You may be able to breathe a sigh of relief this week as a longer cycle that was affecting your career and family life ends. Now that the dust has settled, it's time to turn the attention back on to you. What do you need now that everything has changed? The cosmos is soon inviting you to undergo a personal upgrade. Experiment with desire. You may discover that you need something you didn't even know you wanted.

Sagittarius November 21 - December 20

With your reputation for being a rolling stone, it isn't always easy for you to develop deep and true friendships. Instead, you tend to know a lot of people, but maybe not as intimately as you could. If you're feeling dissatisfied in your current social circle, it is now time for you to make a compromise. Maybe it's less about been seen to be in the right company, but rather, learning more about what you want first.

Taurus April 21 - May 20

A great deal of cosmic pressure has been lifted from your shoulders. This week, take the time out you need to reflect on events that have taken place since January 2022, especially in the realm of relationships or your own personal growth and development. If you've learned a lot about yourself, then well done. If you're wondering what I am even talking about, then this week will signal the work that is yet to do.

Virgo August 21 - September 20

Relationships are definitely the name of the game now. With Mars in your sign, you're getting clear about what you do and don't want. What might this look like for someone else though? This is what you need to figure out. The art of compromise alongside the art of delayed gratification may be required. Just because someone isn't moving at your preferred pace doesn't mean they don't want the same things you do.

Capricorn December 21 - January 20

No one really likes to hear that the South Node is touring their career zone, especially someone who can be career-focused like you! However, it seems you've reached a fork in the road where you need to discover what truly provides you with a sense of balance and contentment. In fact, if you're honest with yourself, you'll discover that your career is the means to an end in what it means to have a fulfilled private life.

Gemini May 21 - June 20

Play with purpose. By this I mean, you're entering a new era where you'll get to define what kind of company you keep. If you're growing bored of the same old - same old, when it comes to friends, hobbies and having fun, then you'll get the chance to strike out in a new direction. This week, make a plan that will not only satisfy your social curiosity, but also help you rub shoulders with those who can really make a difference in your life.

Libra September 21 - October 20

The astrology of this week is likely to have implications that take you through into the next 18 months. You're going to learn about the dynamics in relationships - you, someone else and the third party - which is the relationship between the two of you. The art of compromise is one with which you're already familiar. It looks as though it could be time for you to be a little more direct about what does and doesn't work for you.

Aquarius January 21 - February 20

Not going to lie, the road head looks rocky for you. This doesn't have to be a bad thing, but suffice to say things are really changing. With that in mind, may I ask what your spiritual life looks like? Do you even have one? If you're feeling the pull toward discovering more meaning and purpose in your life, then let yourself lean into it. Spirituality, religion, philosophy, academia and travel are all highlighted. Make meaning a daily habit.

Cancer June 21 - July 20

What do you want out of the four pillars of your life - you, other, career and family life? It's a loaded question, I know, and it may not be able to be answered easily. Regardless, these areas of your life are ripe for agitation and change. Cocoon yourself this week if you must, but realize it's not going to be like this forever. Things are changing and you need to change along with it. Start thinking about how you want this to look.

Scorpio October 21 - November 20

Take a moment this week to congratulate yourself. You've come out of a cycle that began back in January 2022. This journey has been so much about learning more about you and what makes you deeply content and happy. You may not have got everything you wanted, but I can assure you, that right now, you probably have everything you need and it feels pretty darn sweet! Even if it doesn't feel like it right now, you really are levelling up.

Pisces February 21 - March 20

When it comes to money and your cash flow, things are going to be looking quite positive for you. A new cycle arrives that puts focus on your income and spending habits. As more looks set to come in, make sure you siphon some into areas that your future self will thank you for. Whether that means debt reduction or getting your ducks lined up to obtain credit, show some discipline in all your love and money choices.

RUTLAND'S PREMIERE YOGA & PILATES STUDIO



TRUE YOGA
VERMONT

22 WALES STREET, RUTLAND

Go online to see our full schedule:
trueyogavermont.com

@trueyogavt



TRAIL BUM HAS BEEN RESCHEDULED
FOR THURSDAY THE 20TH



SUMMER SCHEDULE

NEW



\$10 FIRST DAY PASS



W/ QR
CODE

CONVENIENTLY LOCATED WHERE THE KILLINGTON ACCESS RD MEETS US-4

2363 US-4, KILLINGTON | 802-558-0547 | KBCCBC.COM | KILLINGTONBOOTCAMP@GMAIL.COM



In Mendon on Rt 4 • Across from Sugar & Spice • 802-776-4921

Open daily 10am - 10pm

Join Us For:
Mini Golf
Batting Cages
Great Food
Soft Serve
28 Flavors of Hershey's Ice Cream



Shop Today - Party Tonight !!!

- 1000s of Costumes
- Birthday Themes
- Balloon Creations
- Custom Banners
- Cake & Candy Making
- Supplies
- Shop Local

The Party Store | 129 Strongs Ave Rutland | 802-773-3155

Empowering you to lead a divinely inspired life.

Cassandra has studied astrology for about 20 years. She is an international teacher of astrology who has been published all over the globe.

Defining moments

Astrologically speaking, we've had several defining moments this year and we're only halfway! This week ushers in a new 18-month cycle that is set to amplify, exaggerate and churn up relationship dynamics. It's not just about intimate or personal relationships, but also those within your extended circles, such as your friends, neighbors, colleagues and community. It could also be the relationship you have with yourself and other life factors outside of you, such as your money or your relationship to your health and wellness and vitality. It could be the news, the Establishment, your government or your country. Relationship dynamics of all kinds

are changing. What does this mean for you?



Cosmic
Catalogue
By Cassandra
Tyndall

This week provides a unique opening for you to get in touch with your needs. What do you actually need to feel safe, secure and nurtured in a relationship? How can anyone possibly attempt to meet those needs unless you can define what they are? Having needs doesn't mean you're needy. It simply means you're clear on what you're willing to negotiate on and what you're not. Compromise is key in most relationships. This week, figure out what you are available for and what you are not. Make the appropriate adjustments that your future self will thank you for.

Spider Web

(A Haiku)

Stunning spider webs,
So beautiful with dew drops,
Resting on flowers.

Dew Drops

(A Haiku)

Dew on spider webs,
So stunning in the morning,
Crystal drops on webs.



Poetry Is Power
By Bree Sarandrea

What is a Haiku?

A haiku is a type of poem in which there are three rows. The first row has five syllables, the second row has seven and the third and last row has five syllables just like the first.

Fun Facts:

The haiku originated in Japan. A haiku is normally a poem about nature.

The air we breathe

From our first breath as a newborn to our last gasp when we pass on the need for safe air to breathe into our lungs is a human right we cannot ignore.

I remember one night when our son was quite young. We were visiting my parents in our Killington ski lodge. A debris and shrub bonfire had burned all day behind a business on the Killington access road so we'd kept the house closed

in spite of the heat. When I finally opened a window after 9 p.m., our son began wheezing so severely we rushed to the Rutland hospital. Our 20 minute race was the longest of my life as I cradled his head and he gasped for air. He was treated for asthma due to smoke inhalation. When we returned home, the fire was still smoldering. The heat and smoke continued through the night.

"It's complicated" is often the answer when researching air quality—assaults on our oxygen that compromise health and life. I am not a scientist, but I've also observed smoky hot air consequences in France and Tibet. Both occurrences had dire consequences.

We were in Paris in August 2003 and checked into a hotel without AC. The temperature was nearly 100 degrees. I opened the window and smoke drifted in. I thought we were over a pizza oven but it was pollution held down by the clouds. I lay a damp wash cloth over my face, naked in bed in the sweltering heat.

Early the next morning we drove to McDonalds where tables were filled with dozing elderly seeking air conditioning to survive. We fled to Normandy to stay with a friend, but I'll never forget the horror of that night. It was first estimated 5,000 Parisians perished in the dangerous heat spell, but 14,000-19,000 French lost their lives. The total in Europe was more than 30,000. Warmer temperatures in Europe and the Atlantic were exacerbated by winds from the south to form a disastrous global warming event.

Another experience occurred in Tibet in the spring of 2005. We arrived in a rare heat wave and headed for Lhasa, elevation 12,000 feet. A retired Canadian teacher on our tour became ill on the airport bus to our hotel.

Later that evening, I was so hot I opened our window to let fresh air in. Instead, smoky air filled our room.

A few doors away, the Canadian man lay awake with difficult breath. He didn't want to disturb his roommate so asked the hotel clerk for help (in English). The clerk offered the hos-

Air → 25

Spittlebugs hide in plain sight

Spittlebugs are the color of a new spring leaf, their bodies both tiny and so fat that you hardly notice their six miniature legs underneath. This plumpness makes them an appetizing snack for various insect predators—or would, anyway, if spittlebugs didn't have an elaborate adaptation to keep them safe.

Spittlebugs live in a variety of habitats throughout North America. They are especially noticeable in open, sunny meadows and along the edges of forests—every few feet, sometimes every few inches: a blob of white froth clinging to a stem.

When I guided visitor hikes during my three summers as an interpretive park ranger on Isle Royale National Park in Michigan, I'd see these characteristic dollops of foam on the stems of thimbleberry bushes, tall asters, and all manner of other shrubs and wildflowers along the trails. I often stopped and swiped a finger through the foam, then held it up for visitors to see—a hapless creature clinging there in the remnants of its cover. I could have fit 10 of them on the pad of my index finger. "I thought someone was just spitting on the plants!" one of my program attendees said.

Spittlebugs are the nymphs of froghoppers, insects in the order *Hemiptera* and the superfamily *Cercopoidea*. These nymphs hatch from their eggs in the spring and progress through a series of molts through the summer, growing larger and sometimes changing color. Spittlebugs spend their days sucking the juices of plant stems. In order to do this without becoming food themselves, they urinate a whopping amount, blow bubbles into this foul-smelling substance to create the world's grossest bubble bath, and bury themselves within it. No wonder no one eats them! If people urinated the same quantity proportionate to our body size, it would translate to about 2,700 gallons a day.

Like many other insects, spittlebugs can respire through microscopic openings in their exoskeleton called spiracles. These pores on their abdomens allow spittlebugs to breathe even through their protective foam. Researchers have found that spittlebugs use their abdomens like snorkels to break the surface of the foam. The insects can also retreat deeper into the foam and pause breathing when frightened. In especially dire situations—perhaps a spider looming nearby—spittlebugs can pop several of the tiny bubbles in their froth and breathe the oxygen trapped within until the threat passes.

On my ranger walks, after revealing the tiny bug to my impressed and vaguely disgusted audience, I'd gently deposit it back on a stem in what was left of its froth, and wipe my hands on my green ranger pants. As we walked on, the nymph would remain, emerging as an adult froghopper in late summer to mate. If it was female, it would lay its eggs on a nearby stem. Either way, it would perish before winter hit, the tiny eggs

its legacy.

Although they are ubiquitous, spittlebugs don't play an outside role in any ecosystem. They suck dilute sap from plants' xylem, but not enough to really damage a plant. They are no animal's primary food source. As adults, their most notable trait is

what gives them their "froghopper" name—they can hop farther, relative to body size, than even fleas, leaping as high as 70 cm: wild, when you consider they're less than a centimeter tall. Froghoppers' legs contain structures shaped like archery bows, and they are constantly ready to launch. Whether as young or adults, these critters are not often caught by predators.

There is something to be said about a curiosity hidden in plain sight. On my walks

through what seemed like ordinary scenery—a swath of green shrubbery—I was able to reveal something surprising. When someone has a moment of discovery or surprise in the wild, it often provokes delight—and then a desire to continue exploring. I couldn't guarantee a sighting of a moose or even a loon on my ranger walks, but I could always guarantee a spittlebug encounter.

I encourage readers to pass on that moment of discovery on their own nature walks with friends: dive in, swipe a finger into the mess of nature, and discover what tiny treasures lie within.

Liz Dengate is an environmental science teacher at a public high school in Minnesota. She loves to travel throughout the U.S. with her husband and toddler, who is learning to camp. Illustration by Adelaide Murphy Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine and sponsored by the Wellborn Ecology Fund of the New Hampshire Charitable Foundation: nhcf.org.



The Outside
Story
By Liz Dengate



First and foremost

The internet is quite a place, even though it isn't really a place at all. Over the years, I've watched it morph from a little known tech speciality to a worldwide phenomenon. And while I originally viewed it as the answer to all life's problems, I now question whether we'd be better off without it.

I remember visiting the neighbor of a friend when I was 12 or 13 years old. The kid we visited was sort of dorkish, with thick glasses and gigantic ears. I had met him before, during impromptu neighborhood baseball games, and wasn't impressed. At that age, if you weren't athletic, I wasn't interested in hanging around you.

However, on this occasion, the kid showed us a computer program that he'd written (I was amazed that he even had a computer, forget that he'd figured out a way to control it). I don't remember what his little piece of software code did, but it was slick enough that my entire opinion of the kid changed. In my mind, he went from a hapless geek to a full-fledged genius in minutes.

After that, I was always curious about computers and their potential.

For the most part, I was an early adopter during the computer and internet boom. I always kept my ears open to the newest tech trends and when it sounded right, I'd jump in with a mild investment, whether that was a new computer, scanner, or interesting gadget.

I was one of the first people in my friend-group who got the internet at home. I had seen a kid at a party playing around on it and decided I wanted in (this was just before AOL became the "big thing"). My first impression was one of mild disappointment, mostly because of the time spent waiting, which tended to dull the allure of having global information at your fingertips.

One summer, while at a wedding in Cape Cod, I got invited to a golf outing with several of the groom's friends, most of whom I didn't know. I got matched up in my cart with a guy from New York who was loud and boisterous. He was also a bit of a braggart, so he spent most of our time together doing the talking.

At one point, I asked what he did for a job. He replied that he was working for a tech start-up called Google. I nearly laughed out loud—I mean, how could any company survive with a name like Google? When he told me that it was a search engine, I argued that nothing was going to dethrone Web Crawler and that he might want to find another company to work for.

I've never forgotten that round of golf and have often wondered if that guy ended up a gazillionaire.

I was also one of the first people I knew who joined Amazon.com, which was in 1997. The first thing I purchased on Amazon was the book, "Wealth Without Risk" by Charles Givens. I bought the book for my wife since she was always worried about money, thinking Mr. Givens' tips might alleviate some of her financial concerns.

Prior to that, I was buying CDs from an online retailer called CDNow in 1995. By 1997

that company was worth a billion dollars, but within a couple years they were acquired by Amazon for a fraction of that thanks to the dot-com bust.

I was definitely one of the first people I knew to buy an Apple iPad. I'd been following the buzz surrounding Apple's secretive product for over a year and in that time built up major anticipation. Most predictions reported that Apple was going to release some type of tablet device, and given what I knew, I was pretty sure I had to have one.

I shelled out the money as soon as they became available and then flaunted the device to anyone who would listen, claiming that, one day, everyone would own one (I'm pretty sure I was responsible for one or two sales).

Well, this past weekend I had another first: I went to the very first showing of "Mission: Impossible – Dead Reckoning Part 1." I went to the first show not

because I'm a nutty "Mission Impossible" fan, but because it was raining and I had nothing else to do.

The latest installment of the Tom Cruise mega-series is more of what you'd expect from the heralded franchise: non-stop action and adventure. "Dead Reckoning Part One" does not disappoint on that front, offering an endless array of death-defying stunts and unlikely tech scenarios.

Of course, the storyline driving the film is a bit contrived, but none of that seems to matter when you're busy being thrust from one intense moment to the next.

You gotta hand it to Tom Cruise—the guy knows how to entertain, and how to take calculated risks. I'm easily bored by this genre of film, but in this case, even I was smitten.

Check this one out if you have 150 minutes to kill and feel like having your adrenaline spiked.

A stimulating "B" for "Mission: Impossible – Dead Reckoning Part One," now playing in theaters everywhere.

Got a question or comment for Dom? You can email him at moviediary@att.net.



The Movie
Diary
By Dom Cioffi



Water: Friend and foe

Taking a deep breath, I gently lowered my canoe into the water, making sure to accomplish that without making a splash. Trying to keep my feet from getting wet, I rotated back and forth, gathering the items I had placed on the shore and carefully placing them into the canoe. My life jacket hung over the front thwart with my phone precariously sticking out from the pocket closest to me. My flipflops slid under the webbed seat and my water bottle was within easy reach behind me. My dry bag filled with snacks and a towel were stuffed perfectly underneath the rear thwart, horizontally in hopes that it wouldn't throw the canoe off balance. With everything perfectly placed in its spot, I took a deep breath and began to rebuild my relationship with water.

Because the water was gross. Instead of the beautiful clear water that we have become so accustomed to in Vermont, this water was a thick light brown ... resembling the color of poo. In fact, it might even have actual poo in it. The summer camps on the lake has forbidden the campers to go anywhere near the water, instead waiting for results of the *e coli* studies

to be received from the state. I had to believe it was just a whole lot of mud coming down from Shrewsbury peak.

In Vermont right now, it feels as though water must be our enemy. To have so many hopes and dreams destroyed or damaged in only a few hours has been traumatizing, to say the very least. All I see now is the damage caused by water, the mounds and mounds of personal belongings sitting outside destroyed by water and the mold that comes with it. You cannot drive anywhere in Vermont without seeing bright orange traffic cones, marking damage to the very roads that connect us.

But, simply put, we cannot exist without water. We exist only at the pleasure of water. My grandfather always said that you can fight fire, but you cannot fight water. You must learn to live with it, to match the cycle of your life to the cycle of water. It is the driving force of all nature and we must flow with it as it flows through our bodies. Water is life, water is love, blah blah blah.

These quotes are deceiving. Water is dangerous, it can attack at any time and because life is made for water it is water that controls us. We are dependent upon water and all its whims. If it wants to destroy entire towns, it can do so without any warning or

inclination of its path. It brings life, but it also brings death and destruction. Water is two sides of the same coin.

So maybe all this destruction is just the beginning. A way of teaching us how to start a new, to start fresh and create something great from its rebirth. Not because we wanted to, but because Nature has decided the time has come. Communities are coming together and growing stronger because of the floods. Neighbors are strength-

ening their bonds as they work to rebuild their homes and businesses. We are growing stronger than we ever were before.

And so I am rebuilding my relationship with water.

Last Thursday, when the storm threatened tornadoes and all kinds of other damage, I couldn't take it anymore and put myself into a stupor just so that I could fall asleep and make it all go away. Every rain-



Livin' the Dream
By Merisa
Sherman

We exist only at the pleasure of water.

My grandfather always said that you can fight fire, but you cannot fight water. You must learn to live with it, to match the cycle of your life to the cycle of water.

drop on my metal roof caused my heart to beat faster in my chest. I have become a compulsive culvert checker, I cannot drive home without peeking into each and every culvert to make sure they are free from debris.

So I am here, on this gross looking water, trying to rebuild my long-term friendship with water. I'm certainly not swimming in it and will be taking a hot shower immediately upon returning home, but I am here. Here to let the water know that it cannot now, nor will it ever, defeat us. That every time it seeks to destroy us, we will rebuild and come out stronger for it.

And so we have begun to rebuild. Together. A shared experience is a powerful thing. It unites us, it strengthens us and it can also heal us. Only a few weeks ago, I wrote about the commitment our founding fathers made at the end of the Declaration of Independence: we mutually pledge to each other our Lives, our Fortunes and our sacred Honor. Nowhere is this more visible than Vermonters uniting together to free ourselves from the destruction of the Flood of 2023. We are, and always will be, Vermont Strong.

Merisa Sherman is a long time Killington resident, bartender, KMS coach and local Realtor. She can be reached at femaleskibum@gmail.com.

← Air:

from page 24

pital (in Tibetan) but the man preferred to rest in his room. Pollution, heat, and high altitude took his life that very night.

Even in Vermont, our exquisite safe haven, we're experiencing consequences of climate change and global warming. It's sobering to see and smell smoky haze from wild fires

across Quebec and beyond. Drought, severe storms, floods and lightening strikes are all signs of global warming.

"It's complicated" is no excuse for the damage done and consequences of inaction. We must awaken to find big solutions.

What do you suggest?



**PLUMBING
+ HEATING**

Professional Service You Can Trust

802-770-8088 LICENSED & INSURED

www.JWplumb.com

**WASHBURN & WILSON
AGENCY, Inc.**

144 Main St. • P.O. Box 77 • Bethel, VT 05032
Providing Insurance for your Home, Auto or Business

Short Term Rentals • High Value Homes
Free Insurance Quotes

Call Mel or Matt 802-234-5188
www.washburnandwilson.com

Luciani Masonry

40 years experience

- Stone Walls
- Patios
- Fire Places
- Chimneys

*Free
Estimates*

Commercial & Residential
✦ Fully Insured ✦

Office (802-342-6111) - Cell (802-342-0568)
lucianiconstruction@yahoo.com



Professional Service, Professional Results
For All Your Plumbing & Heating Needs
Specializing in Home Efficiency & Comfort
24 Hour Emergency Service
(802) 353-0125

K&N | Kitchen and Bath
Design, LLC

- Cabinets
- Countertops
- Flooring
- Hardware
- Plumbing Fixtures
- Installation

Kelly & Nick | 802-245-4474
125 Valley View Drive, Mendon, Vermont
kndesigns125@gmail.com




**BUDGET
BLINDS**
Style and service for every budget.®

**SUMMER SIZZLING
SALE 25% OFF** *excludes Lutron

• Blinds • Shutters • Home Automation
• Drapes • Shades

WE BRING THE SHOWROOM TO YOU!
Budget Blinds of Rutland | 802-417-0020

Your trusted local resource



**WATER WELLS
PUMPS
COMPLETE
WATER SYSTEMS
HYDRO FRACKING
GEOTHERMAL**

East Poultney, VT 05741
802-287-4016
parkerwaterwells.com

**Gauthier Home
Services**

Lee Gauthier
leegauthierhandyman@outlook.com
802-797-8269

- Property Maintenance and Preservation
- Interior & Exterior Repairs
- Small and odd jobs welcome
- 25+ years of experience
- Fully Insured



**RED DUCK
Refuse &
Recycling**

Weekly • Bi-Weekly • Seasonal • Year-Round
802-422-2230 • redduckrefuse.com

candido electric
residential & light commercial • licensed & insured

office: **802.772.7221**
cell: **802.353.8177**
frank candido rutland/killington
candidoelectric@yahoo.com

we help you see the light!



**GV
OIL
COMPANY, INC.**

*For All Your Home and
Commercial Petroleum Needs*

746-8018 • 1-800-281-8018
Route 100, Pittsfield, VT 05762 • **cvoil.com**

Plumbing and Heating, Inc.

Michael J. Belanger

Residential/Commercial/ Backflow Testing

VT Master Plumber
Serving Central VT
802-797-8292

SINCE 1875



Clifford Funeral Home

2 Washington Street • Rutland, VT 05701
(802) 773-3010
Gary H. Clifford • James J. Clifford



**Bring Your Home
Improvement Project To Us!**

We Offer Solutions

Building Supplies, Hardware & Paint
802-422-3469 | M-F 7:30-4:30 Sat 8-Noon | Route 4 Killington, VT



**The Emporium
TOBACCO
&
GIFT SHOP**

Full Service Vape Shop
Humidified Premium Cigars • Hand Blown Glass Pipes
Hookahs & Shisha Roll Your Own Tobacco & Supplies
CBD Products • Smoking Accessories

131 Strongs Avenue Rutland, VT
(802) 775-2552
Call For Shuttle Schedule

**Like us on
Facebook!**

**NO NEWS IS GOOD NEWS?
WE DON'T THINK SO.**

**WHAT'S THE WORD
ON THE STREET?**

Tell us about it: editor@mountaintimes.info

Email editor@mountaintimes.info

For Sale

2007 PONTIAC G6 sedan. Runs great. Very well taken care of. Really clean. \$100,000 miles. Asking \$5,000. Call Mark at 802-353-8804.

FLEA MARKET SATURDAYS- Beginning May 6 from 8 a.m to 2 p.m. Miller Place and Cold River Road. Vintage, folk art, tools and more.

HALE HOLLOW PERENNIALS. \$4 Perennials; Open through May 1st - August 31st. Daily 9-5. Closed Mondays. 100 Varieties, Wintered over. 189 Richmond Hill Rd. Bridgewater Corners. Ethan Earle (802)770-9445.

For Rent

3 BEDROOM APARTMENT for rent in Plymouth. \$1,000 per month, all utilities included, furnished. 802-672-3719.

4-BEDROOM, 2-BATH seasonal rentals available Nov. 1-May 1. Duplex with side-by-side units, 1.5 miles from Skyship. Can be rented separately (\$18,000) or together to sleep 18. Hot tub, generator, fireplace, flat driveway. Beautiful mountain views. Pets considered. Not a full-time rental. Call 516-993-3991 or 516-993-3799.

KILLINGTON OFFICE SPACE! 600 square feet of dedicated office space, plus bathroom, kitchen, and storage for rent. Office is on the second floor of the Mountain Times newspaper building located at 5465 U.S. Route 4 on the flats (next to Dream Maker Bakery — an extra perk of having your office here). Quiet, professional working environment must be maintained. Willing to renovate to reflect the needs of your business. Some office furniture can be provided. Option for premium signage on Route 4 available to help promote your business. If interested, please email jason@mountaintimes.info or call the office at 422-2399.

PICO MT. MONTHLY summer rental Avail July 15. One-bedroom with Mountain view. Fully furnished & equipped. \$1,975.00 a month includes Wi-Fi & basic cable TV. Unfortunately, No pets allowed. Rented winter 23/24 Contact: Skionskioffvt@aol.com.

Real Estate

RARE CHITTENDEN: This wooded 12.5 Acres offers several potential "insulated" house sites. Gently rolling terrain, small brook (with VT crossing permit), appealing neighborhood and desirable school options. Minutes to Resort and Rutland City services. \$99,500 VT Country Sales and Consulting Services. 802 770-0380 Landtrade@aol.com.

KILLINGTON PICO REALTY supports the courageous people of Ukraine and has pledged to donate 1% of every dollar we earned helping clients buy and sell real estate to internationally acclaimed Ukrainian relief organizations. 2814 Killington Road, Killington. 802-422-3600. info@killingtonpico Realty.com.

KILLINGTON VALLEY REAL ESTATE Specializing in the Killington region for Sales and Listings for Homes, Condos & Land as well as Winter seasonal rentals. Call, email or stop in. We are the red farm house located next to the Wobbly Barn. PO Box 236, 2281 Killington Rd., Killington. 802-422-3610, bret@killingtonvalleyrealestate.com.

KW VERMONT - KILLINGTON (KELLER WILLIAMS REALTY) Specializing in Real Estate Sales of Homes, Condos, Investment, Commercial and Land in the Killington, Okemo and Woodstock Areas of Vermont. 505 Killington Road, Killington. Call 802-353-1604. Marni@peakpropertyrealestate.com. VTProperties.net.

PRESTIGE REAL ESTATE of Killington, 2922 Killington Rd., Killington. Specializing in the listing & sales of Killington Condos, Homes, & Land. Call 802-422-3923. prestigekillington.com.

SKI COUNTRY REAL ESTATE 335 Killington Rd., Killington. 802-775-5111. SkiCountryRealEstate.com — 9 agents servicing: Killington, Bridgewater, Mendon, Pittsfield, Plymouth, Stockbridge, Woodstock areas. Sales & Winter Seasonal Rentals. Open Monday-Saturday: 10 am — 4 pm. Sunday by appointment.

Services

BEAUREGARD PAINTING, 30 years experience. 802-436-1337.

Want to submit a classified listing?

Email classifieds@mountaintimes.info or call 802-422-2399 by Monday at 4 p.m. Rates are 50 cents per word, per week; free ads are free.



THE KILLINGTON GROUP
REAL ESTATE SERVICES

#1 RENTAL AND MANAGEMENT OFFICE IN KILLINGTON FOR 45+ YEARS

- VACATION RENTALS
- PROPERTY MANAGEMENT
- CLEANING SERVICES

KILLINGTONGROUP.COM
KILLINGTON ROAD - (802) 422-2300

Eat, Drink, Shop *Locally*

MOUNTAIN TIMES

Non-profit Hartland Winter Trails seeks volunteers, board members

Hartland Winter Trails (HWT), a 501(c)(3) non-profit since 2022, has been providing groomed cross-country ski and snowshoe trails in Hartland for nearly 50 years. Access to 25-plus km of trails on private lands and the snowshoe lending program is free to the public. All time and effort to manage the organization and to maintain and groom the trails is donated by volunteers. The cost for maintenance of the trails and equipment that creates the groomed tracks is paid for by contributions from individual donors and fundraising efforts. HWT is grateful to the many people who have donated funds and labor over these past many years.

HWT is led by a board of directors who are also volunteers. Two of the founding board members have decided to pass along their positions to someone new. HWT has been very fortunate to have them as its secretary and treasurer for many years. The good news is that they are both planning to stay active in the group and will help transition their responsibilities to the people who volunteer to fill these open board of director positions.

Two additional board of director positions have been unfilled for a couple of years and some members have been taking on the added responsibility of these jobs. HWT would love to find volunteers interested in joining the board as a media director and special events director. Each position will have support and training available to help new recruits.

Hartland Winter Trails is dependent volunteers in order to meet its mission:


- To provide a community resource for families and individuals of all ages
- To foster community participation
- To promote respect for and appreciation of the natural environment
- To enhance the physical and mental well-being of those who use these trails

If you value the community resource of the HWT trail system, please consider becoming a volunteer for one of the open positions described below. The time commitment (several hours per month) is concentrated in the fall and winter months, with very few hours required in the other months of the year. A detailed description of the responsibilities and approximate hours can be provided to interested applicants. The goal is to have these positions filled and some transitional training done by September.

Secretary

Takes notes at all HWT board and annual meetings and prepares minutes. Updates and maintains the mailing and contacts list. Develops the letter for the annual meeting

Hartland Trails → 29



UNION ARENA COMMUNITY CENTER, WOODSTOCK, VT

FACILITY & OPERATIONS FOREMAN – FT

Equipment Operation, Facility Maintenance and Repair

Full Job Description at: unionarena.org/employment/

MOUNTAIN VIEWS SCHOOL DISTRICT

The Mountain Views School District (d.b.a. Windsor Central Unified Union School District) seeks bids from qualified firms for HVAC upgrades/improvements at Killington Elementary School and Reading Elementary School. RFPs available online at www.mtnviews.org > 'About' > 'Requests for Proposals'; by email to Joe.Rigoli@mtviews.org; or by calling 802-457-1213 ext.1092. Proposals will be received by Joe Rigoli, Director of Buildings & Grounds, Mountain Views (Windsor Central) Supervisory Union, 70 Amsden Way, Woodstock, VT 05091, until 4:00 PM (EST) on **Friday, August 25th, 2023.**



Prestige Real Estate of KILLINGTON



Over \$28 million in
Killington real
estate sales in 2022!

*Revenue is doubled to reflect credit for listing and selling office. Data is based on NEREN MLS system.

We're different. We sell real estate exclusively in Killington, the town we love and call home. We specialize in listing and selling Killington condominiums, townhomes, single-family homes, multi-family homes and land. Work with us and you'll experience unrivaled customer service and top-notch local knowledge!

Meet Your Killington, VT Real Estate Team:



Heidi Bomengen
802.342.0355



Kaitlyn Hummel
802.353.6665



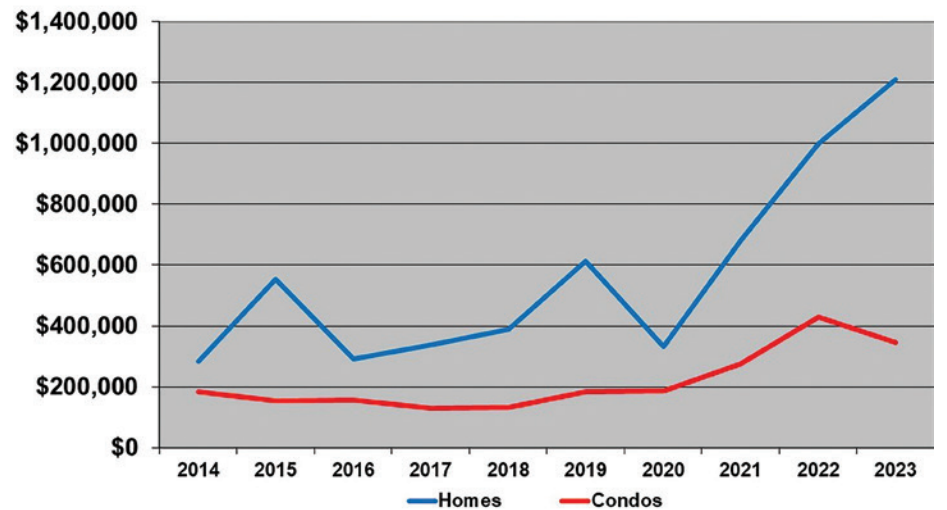
Liz Sailer
802.353.5555

Exclusively Killington

HOMES | LAND | CONDOS | NEW CONSTRUCTION

www.prestigekillington.com | 802-422-3923 | info@prestigekillington.com

Avg Sales Price of Killington Property
1st Half



Courtesy Prestige Real Estate

Chart shows the increase in average sale prices for homes and condos, Jan.-June each year.

Killington Real Estate market is hotter than ever

Staff report

All numbers are up, except for inventory. That's the story of real estate in Killington, and it's been that way for some time. There were only four single family homes listed for sale in Killington as of July 1. Because of the lack of available properties for sale,

only six single family homes have sold in total this year; compared to 19 at the same time last year, according to Heidi Bomengen, of Prestige Real Estate.

"Killington real estate inventory has never been so low," Bomengen wrote in her July 1 newsletter.

"Prices remain high as demand continues to exceed supply." In fact, "Sales prices have continued to increase," she wrote. In Killington, year-to-date, "The average sale price was up more than 20% over the average sale price at this time last year."



Ski Country REAL ESTATE

Celebrating
33 years!

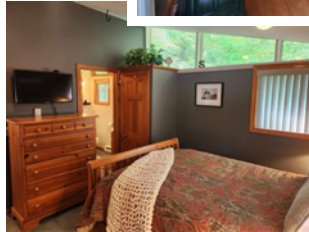
802.775.5111
335 Killington Rd.
Killington, VT 05751

CENTRALLY LOCATED IN KILLINGTON



- * 3BR, 2.5 BATHS, 1,152 Sq.Ft.
- * Near public transportation, plenty of parking
- * Furnished, plenty of storage space
- * Outdoor storage shed, vaulted ceilings
- * Gas fireplace

\$595,000



KC Gandee joins Four Seasons Sotheby's International Realty's Rutland office

KC Gandee has joined Four Seasons Sotheby's International Realty office in Rutland.

Gandee was a member of the American Association of Snowboard Instructors (AAS) National Team 2004-2006 and has coached for the U.S. Ski and Snowboard Team around the world at World Cups, Championships and special projects. Most recently, Gandee has served as the snowboard program director for Killington Mountain School (2010-2014) and Gould Academy (2014-2023) near Sunday River, Maine while working with athletes, families and colleagues to help student athletes identify, plan for and realize their goals.

Through this work experience Gandee has developed a keen understanding of people's motivations, expectations, communication styles and their processes and he is excited to use that knowledge to help clients navigate their home buying and selling journeys in the Green Mountain State.

"We are very excited to welcome KC Gandee to our Rutland office, his local knowledge and personal connections will allow him to help buyers and sellers alike as they find their dream properties!" said Regional Manager Nathan



KC Gandee

Mastroeni.

Gandee and his wife, Courtney, along with their two golden retrievers, moved to Maine after over a decade in Rutland and then found themselves returning for all of the activities, opportunities and amenities that the greater Rutland area provides.

Gandee loves travel, mountain biking, rock climbing, whitewater boating,

hiking and, of course, snowboarding. He understands that buying a home is more than real estate, but a step towards a lifestyle and he's eager to help his clients define and realize those goals.

Gandee is excited to help first-time home buyers, long-time investors and everyone in between to find or sell the property that best fits their lifestyle. "Although I have loved traveling the country and the world in my snowboard career, I couldn't be more excited to let my roots grow here at Four Seasons Sotheby's International Realty," Gandee said. "Working in real estate will allow me to continue to help people achieve their goals and it's certainly a dynamic and people-centered business. I'm looking forward to a successful transition."



Lenore
Bianchi



Patricia
Carter



Pat
Linnemayr



Chris
Bianchi



Michelle
Lord



Meghan
Charlebois



Katie
McFadden



Patrick
Bowen



Carolyn
Bianchi



Hartland Trails: from page 27

and other special events. Coordinates with the treasurer to acknowledge monetary and in-kind donations. The secretary may delegate any of their listed duties to another volunteer.

Treasurer

Maintains financial records and tracks the balances of HWT accounts. Coordinates with the secretary to acknowledge monetary and in-kind donations. Coordinates fundraising efforts including delegating and overseeing grant writing. Reports financial standing at the annual meeting. Submits required annual filings to the IRS.

Media director

Is responsible for accurate mapping of the trail system. In coordination with the Trail Director, maintains and updates changes to the map and ensures the HWT web page has an up-to-date map. (The current trail director is very happy to undertake the mapping tasks associated with the media director position.) Coordinates map sales at local businesses or delegates this task. Coordinates any other trail mapping projects. Maintains all HWT social media outlets. Conducts any additional media related tasks including advertising for special events. Assists with electronic programs and documents to improve

director and member communications.

Special events director

Develops and organizes any special events that use the HWT trail system. Coordinates with other orga-

teers who can assist with special events and recruits additional volunteers.

Volunteers for the board positions do not need to live in Hartland to apply. No prior experience

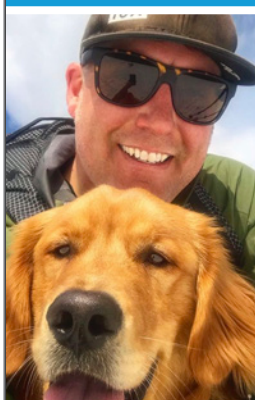
Access to 25-plus km of trails on private lands and the snowshoe lending program is free to the public. All time and effort to manage the organization and to maintain and groom the trails is donated by volunteers.

nizations that seek to hold their events on these trails. Responsible for coordinating with schools or other groups for educational or recreational activities involving the trail system. Maintains a list of volun-

is necessary.

Please contact the HWT executive director via email with any questions, or to apply for one of these Board positions: execdirector@hartlandwintertrails.org.

TUCKER ADIRONDACK LANGE Real Estate Salesperson, REALTOR®



59 Central Street, Woodstock, Vt 05091
303-818-8068
tadkl@kw.com



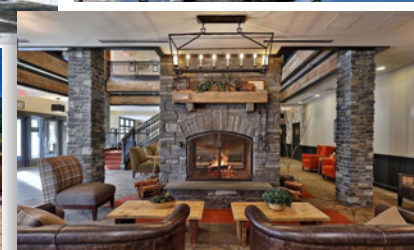
Servicing Killington Vermont and surrounding areas
Each office is independently owned and operated



"Isn't it Grand!"

At the Killington Grand Resort, relax in a beautifully appointed unit with private balconies, equipped kitchens and flexible use configurations. There are numerous onsite amenities which include a spa, fitness center, outdoor heated year-round pool, hot tubs, ski lockers, bike storage, arcade, laundry room, owner's lounge with pool table, kitchen, living area, and outdoor deck. Enjoy fine dining at Preston's Restaurant & Lounge and the Grand Café has Starbucks coffee, sandwiches, pastries, and essentials. A towering woodburning stone fireplace graces the lobby. Convenient direct access to the slopes across the footbridge over the pond and directly across the street is a championship golf course. Ownership provides 13 weeks to use and rent or if you join RCI you can trade to vacation at alternative worldwide destinations. This is an excellent opportunity to come relax, have fun, and make lasting memories in this spectacular resort town with everything at your fingertip. www.KillingtonGrandHotelForSale.com

3 Units #127/129/131 Interval III - Sleeps 10, 3BA - **\$135,000**
2 Units #259/261 Interval IV - Sleeps 8, H model - **\$83,000**
2 Units #219/221 Interval I - Sleeps 8, L model - **\$82,500**
2 Units #117/119 Interval I - Sleeps 8, L model - **\$80,500**
1 Unit #256 Interval I - Sleeps 6, D model - **\$69,900**



Killington Pico Realty proudly donates 1% of every dollar earned to internationally acclaimed Ukrainian relief organizations.

2814 Killington Rd.
802-422-3600

www.KillingtonPicoRealty.com



Kyle Kershner
Broker/Owner



Jessica Posch
REALTOR®



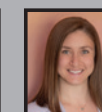
Daniel Pol
Associate Broker



Jane Johnson,
ALHS, ASPI®
REALTOR®



Edward Herson
Lic. Assoc.
R.E. Broker



Krista Mosher
REALTOR®



John Humphreys
REALTOR®



PROPERTY GROUP

IDEAL PROPERTIES CLOSE TO
KILLINGTON, OKEMO OR WOODSTOCK!

HOMES | CONDOS | LAND
COMMERCIAL | INVESTMENT

802.353.1604
VTPROPERTIES.NET



Marni Rieger
Broker
802.353.1604



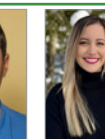
Samantha Ecker
802.661.8069



Alexandra Lemesciuc
518.760.1294



William Spanos
802.345.0693



Lindsay Cimadon
860.681.9302

Marni@PeakPropertyRealEstate.com
1995 Route 4, Killington VT
59 Central Street, Woodstock VT



NOW ACCEPTING NEW LISTINGS! CONTACT US FOR A FREE MARKET ANALYSIS!



LUXURY 5 BED/ 8 BATH TIMBER FRAME RETREAT WITH AMAZING VIEWS!

Prime spot a couple of minutes from the Killington Access Rd. Gorgeous open floor plan with multiple living levels & lock out options. Ideal property for short term rental investment. Exercise room/ Indoor Pool, wine cellar, 3 car heated garage, and so much more! **CALL FOR PRICE.**



MINUTE AWAY TO KILLINGTON SKYSHIP GONDOLA & BASE LODGE.

Build your dream retreat here! 7.88 acres of land with mountain views surrounding and lovely river frontage. 7 bedroom state VWW permit in place. **\$315K**



FIRST TIME OFFERED ON MARKET. RARE OPPORTUNITY!

Prime spot a second away from the Long Trail Brewery. Minutes to Killington & direct access to VAST Trails. Magical Antique 4-bedroom Farmhouse with large, attached barn. 19 acres with huge pond. 2 car detached garage & pole barn. **CALL FOR PRICE.**

Mountainside at Killington



- Private, single-family home sites
- Spectacular views of the mountains of Killington and the valleys beyond
- Property management, complete year-round service with house checks
- Ski home, enjoy hiking and mountain bike trails



Mountainside Properties
2023 Killington Road, Killington, VT 05751
Mountainsideproperties@aol.com
mountainsidepropertiesvt.com/glades/
802-236-1360



By Molly McFaun/UVM Extension 4-H

Several members of the Otter Creek 4-H Club in Clarendon, who took part in the 2023 Youth Invitational Dairy Show, held June 24-25 in Woodstock, try out their new yo-yos from their gift bags, courtesy of Billings Farm and Museum and Farm Credit East. They are (left to right) Faith Bromley, Wallingford; Savannah Labor, Rutland; Gracie Bromley, Daniel Bruce and Carter Bruce, all from Wallingford; and Sadie Labor, Rutland.

Billings Farm hosts 4-H dairy clinic, show

Billings Farm and Museum in Woodstock hosted its first 4-H dairy clinic and show on the weekend of June 24-25, with 12 Vermont 4-H dairy members camping overnight on the grounds with their dairy animals.

The 2023 Youth Invitational Dairy Show featured a clinic on Saturday with interactive activities designed to help participants succeed in the show ring. To help them better understand what judges look for, Jen Thygesen, Tunbridge, conducted a judging workshop with animals from the Billings Farm. She also led a fitting and showing workshop where the 4-Hers took part in a practice round with their own animal to learn how to show it to its best advantage.

Museum visitors were invited to stop by the Show Barn to meet the 4-H kids and their animals. The 4-Hers also had an opportunity to participate in some of the Billings Farm and Museum's regularly scheduled activities including observing ricotta cheese and butter making demonstrations and crafting a dairy cow headband, among other fun experiences.

On Sunday the dairy show was held, beginning with the fitting and showing competitions, followed by the conformation classes.

The results for the fitting and showing championships were as follows. These were arranged according to the exhibitor's age. Scoring and placements were based on how well each exhibitor presented and handled his or her animal.

The top two finishers in each age division competed for the title of Overall Fitting and Showing Champion, which went to Patty Bruce of Wallingford. Gracie Bromley (also from Wallingford) was named Reserve Fitting and Showing Champion.

Younger exhibitors, including 4-H Cloverbuds (ages 5-7) and Novices (first time

showing), were eligible to participate in fitting and showing for the experience but were not placed.

All five grand champions competed for All Breeds Supreme Champion, with Daniel Bruce capturing the title.

At the conclusion of the fitting and showmanship classes, all exhibitors, including the Cloverbuds and Novices, competed in conformation classes, arranged by breed and age of the animal. The animals were judged on condition, physical structure and overall appearance. Several 4-Hers entered animals in more than one breed class.

Grand Championships, listed by breed, were won by the following:

- Ayreshire: Gracie Bromley, Wallingford, with her spring yearling, Bromley Dynamic McFlurry
- Brown Swiss: Ellie Riendeau, Wheelock, with her spring calf, Gypsy
- Guernsey: Thomas Poro, Florence, with his spring calf, Walnut Ridge TK Nutella
- Holstein: Daniel Bruce, Wallingford, with his winter calf, Sherpa
- Jersey: Patty Bruce with her fall calf, Sandra

All five grand champions competed for All Breeds Supreme Champion, with Daniel Bruce capturing the title.

The event was organized by Molly McFaun, UVM Extension 4-H educator for Orange and Washington counties. She was assisted by Melissa Bovey and Megan Parsons, both from Florence; Sarah Bromley, Stephen Bruce, and Melissa Riendeau, all from Wallingford; and Jen Thygesen, Tunbridge.



Kitchen Fire Suppression Systems Extinguisher Sales & Service

Serving the Greater Rutland Area
On-site Maintenance & Service
Residential & Commercial
Over 20 Years Experience

802-779-1928 | business@marblevalleyfire.com | PO Box 1609, Rutland, VT 05701

FEATURED LISTING NORTHSTAR D3, SUNRISE VILLAGE KILLINGTON \$825,000



Spacious 3 level contemporary townhouse, with one of the best floor plans in the complex, and fully furnished with new carpeting throughout.

802-422-3610 killingtonvalleyrealestate.com



**Killington
Valley
Real Estate**



Bret Williamson
BROKER, OWNER



Judy Storch
BROKER



Gary Thompson
BROKER



Cathy Quaglia
BROKER



Laura Derderian
REALTOR®



Six high school students recently spent five days at the Castleton Campus learning various health care tasks as part of the Advanced MedQuest Program through Rutland Regional. Submitted

Taking health career exploration to the next level

Recently, six high school students from southern Vermont spent five days immersed in activities like how to take blood pressures, start a peripheral IV, participate in a simulated Code Blue training exercise, spend time in a BOD POD to measure their body composition at Vermont State University Castleton Campus, and even observe how

to safely administer Narcan when someone is overdosing. This and so much more, was part of Southern Vermont Area Health Education Center's (AHEC) Advanced MedQuest Program which took place at Rutland Regional Medical Center. Having already taken the introductory MedQuest program last summer, these students

were ready to navigate a more in-depth and accelerated health careers exploration experience. They also acted as various job shadows in pharmacy, orthopedics, physical therapy, behavioral health, and medical oncology. Jenna Eaton and Jake Bleau, first year medical students at the Robert Larner College of Medicine at the University of Vermont,

helped to create and implement the Advanced MedQuest curriculum in addition to providing mentoring to the students. "By offering health career exploration programs like Advanced MedQuest, students are gaining invaluable skills and experiential learning opportunities in the field of health care. They discover so many career

possibilities that they never dreamed possible," said Amanda Richardson, director of Health Careers Exploration for Southern Vermont Area Health Education Center (AHEC). "These types of programs can be defining moments for students in helping them decide which career pathway they want to pursue," she added.

ORIGINAL

AriZona

HARD

REAL BREWED

Iced Tea

with LEMON FLAVOUR

CONTAINS 5% alc./vol.

FLAVOURED VODKA BEVERAGE

473 mL

AriZona

PREMIUM SPIKED BEVERAGE

HARD

ORIGINAL

AriZona

HARD

REAL BREWED

Green Tea

with GINSENG & HONEY

CONTAINS 5% alc./vol.

FLAVOURED VODKA BEVERAGE

473 mL

ORIGINAL

AriZona

HARD

REAL BREWED

Iced Tea

with LEMON

CONTAINS 5% alc./vol.

FLAVOURED VODKA BEVERAGE

473 mL

ORIGINAL

AriZona

HARD

REAL BREWED

Iced Tea

with PEACH

CONTAINS 5% alc./vol.

FLAVOURED VODKA BEVERAGE

473 mL

THE NEW TASTE

OF SUMMER



23RD ANNUAL WINE FESTIVAL RETURNS TO **THE BEAST.**

ENJOY FINE WINES AMONG THE GREEN MOUNTAINS JULY 21 - 22.



On **Saturday, July 22nd**, the signature event of the festival weekend, **the Grand Tasting**, will be held in Killington Resort's stunning new **K-1 Lodge hosted by the KPAA** (Killington Pico Area Association). Admission to the event includes 25 one-ounce tastings, wine-friendly fare, and a signature wine glass.

Scan code or visit killingtonwinefestival.com to purchase.

