



VETERANS DAY IS MONDAY, HONOR THOSE WHO'VE SERVED

Monday, Nov. 11, honors the men and women who have served in the U.S. Armed Forces. Originally known as Armistice Day, the holiday marked the end of World War I, which concluded on Nov. 11, 1918. In 1954, Congress renamed it Veterans Day to recognize veterans of all wars who have defended the nation.

Ceremonies, parades, and events often celebrate veterans' courage, sacrifice, and commitment. Organizations and businesses offer special discounts and services to veterans.



NEW TAPROOM OPENS

A new taproom at Rutland Beer Works is now open on Granger Street. The Mountain Times took a tour with owner Ian Harbage.

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NURSE BLAKE COMES TO RUTLAND

Comedian Nurse Blake reflects on his career and upcoming show at the Paramount Theatre on Nov. 21.

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Reporting election results

Secretary of State Sarah Copeland Hanzas reminds Vermonters of the importance of seeking accurate results for the Nov. 5 general election — locally and nationally. For results in local and statewide races, visit: electionresults.vermont.gov.

Woodstock voters approve acquisition of water company

By Katy Savage

Woodstock residents voted overwhelmingly in favor of acquiring the Woodstock Aqueduct Company on Tuesday, Oct. 30. The private utility, which dates back to the 1800s, will become a public utility for the first time.

Residents voted 382-103 from the floor to acquire the company for \$920,000, about half of which was offset by grants. The measure specifically asked residents to use \$457,000 of the undesignated fund balance to purchase the aqueduct company and all of its assets.

"It was an overwhelming turnout," Town Manager Eric Duffy said.

The vote on Tuesday was just Step 1. There will be a second special meeting on Dec. 10, where residents will be asked to acquire a 352-acre property and the Vondell Reservoir in West Woodstock for \$7.5 million.

Duffy stressed to residents at a September meeting that the water system will also need upgrades, which could be costly down the line, and water rates and taxes will increase to help offset future costs. A preliminary engineering report from Otter Creek Engineering in October 2023 suggested the town replace an 8-inch pipe with a 12-inch pipe from Cox District Road to the Woodstock Rec Center for about \$4.3 million and replace a water tank on Route 12 for about \$4.8 million. A \$700,000 repair to the water pipe on the Elm Street bridge is another necessity.

The town vote comes after about a year of discussions about what to do with the Aqueduct Company, which has faced financial woes and management issues.

Last August, the town was without potable water for 10 days

Woodstock water → 2

The deteriorating water system has held up any new development or housing in Woodstock.

New Killington wine bar to open soon

By Adam Davis

The Killington Cafe and Wine Bar will open in mid-November at The Woods Resort & Spa off the lower portion of Killington Road. The new Cafe and Wine Bar will aim to fill a niche for the town as the only bar to focus on offering a large, curated selection of imported and domestic wines at a full range of price points. It will also offer a limited selection of beer and liquor, as well as charcuterie, cheese, seafood, and vegan plates to accompany the libations.

The owners of the Killington Cafe and Wine Bar are Woods Resort resident Howard Levine, who is making his first foray into the service industry, and Killington resident James Sher-

man, who has worked in the food and beverage industry in Boston and New York City.

"As a member of the board of directors [at The Woods], we were very active trying to recruit somebody to come in and fill the space, as it had been empty for quite some time," Levine said. "A lot of restaurants shied away because the kitchen needed to be entirely rebuilt. So, I mentioned to James that I thought a wine bar would be a great use of the space. We realized that we both have a passion for wine, and James has experience managing and operating bars and restaurants. So, we put a business plan together, and here we are."

Wine bar → 9

Hospitals report runs into furor over 'major restructuring' recommendations

Analysis plunged state's healthcare system into anxiety, uncertainty

By Peter D'Auria/VTDigger

Last month, a consultant released a sweeping report recommending significant changes for Vermont's healthcare system, including "major restructuring" at four community hospitals.

The 144-page state-commissioned document details a series of steps that Vermont's hospitals should take to stay afloat, including repurposing inpatient units and downgrading emergency departments at some facilities.

State healthcare officials have repeatedly said they have no plans to close hospitals or force them to restructure. However, the report has nonetheless plunged much of the state's healthcare system into anxiety and uncertainty.

Moreover, over the past few weeks, hospital leaders have raised concerns about what they say is inaccurate data in the document. This controversy has added to the backlash against the recommendations and could complicate efforts to implement them.

Michael Del Trecco, the president and CEO of the Vermont Association of Hospitals and

Hospital woes → 7

Vermont's regular deer season starts this weekend

Hunters are gearing up for the start of Vermont's traditionally popular 16-day regular deer season that begins Saturday, Nov. 16 and ends Sunday, Dec. 1.

A hunter may take one legal buck during this season if they did not already take one during the archery deer season.

"The greatest numbers of deer continue to be in western regions of the state and other valley areas," said Vermont Fish and Wildlife's deer biologist Nick Fortin. "The Green Mountains and Northeast Kingdom offer more of a big woods experience with fewer, but often

Deer season → 9



Submitted

A multi-point buck looks up on the edge of a field earlier this fall. This year's regular deer season is Nov. 16-Dec. 1.

Woodstock water: from page 1

when there was a flood. Now, parts of the water system are still not fixed, and if there's a problem, residents say they can go for days without getting a call back from the company. The deteriorating water system has held up any new development or housing in Woodstock. Additionally, water pressure from the town's fire hydrants doesn't meet state regulations. Some residents at the September meeting were concerned about the water system's future costs. Others questioned whether it would be better for another private company to acquire the water company. Duffy pushed back, explaining repairs and upgrades are necessary whether or not the town owns the water company. He stressed that if the town owns the aqueduct company, repair costs could be offset with grants, while a private company would likely sharply increase water rates. "The decision we made was out of necessity," Duffy said in September. "The Select Board feels we need to own the water company for the future of Woodstock," he added.

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Rutland Beer Works brings the taproom experience to Rutland

By James Kent

By James Kent
Rutland Beer Works owner Ian Harbage smiles with a beer.

Something exciting's brewin' in the RU; take a brief jaunt west a couple of blocks from downtown Rutland to 136 Granger St., and you'll find a cozy brewery nestled into this mixed-use neighborhood of residences and businesses.

The brewery isn't new to the neighborhood. Rutland Beer Works arrived on the scene nearly a decade ago, and most who know their beer have probably sampled their assortment at downtown Rutland's Hop'n Moose Bar & Grill. Still, until a few weeks ago, the closest pour from the vat to the tap was to hit up the Moose. All of that's changed.

Ian Harbage, the new owner of Rutland Beer Works, is no stranger to beer making. His brewing career started almost 14 years ago, first at the Long Trail Brewery and then at Rutland Beer Works for the past four years. After purchasing the company from Hop'n Moose owner Dale Patterson, Harbage's first order of business was to create an onsite tap room at the Brewery. Although Rutland Beer Works and Hop'n Moose are now two separate entities, folks will still find Rutland Beer Works beers on tap at the Moose. Rutland Beer Works is a full-service brewery, complete with a canning line. They distribute their beer through Farrell Distributing throughout locations in Vermont, with a focus on the Southern Vermont region. But now, fans of its ales,

lagers, and IPAs can get that authentic tank-to-tap experience with exclusive offerings at the brewery's new taproom, which opened on Oct. 11. "The official opening was the Friday before Columbus Day and a soft opening the week before that, so it's brand new," Harbage said. "I bought it [Rutland Beer Works] in July, and I think we started renovations in mid-August. It's been a pretty quick turnaround." And while the Brewery's location on Granger Street may appear hidden away from the main activity of downtown Rutland, a little added adventure for suds seekers makes Rutland Beer Works' new taproom a bit of a hidden gem that early adopters will surely cherish. And, as Harbage pointed out, they are just a block away from the Vermont State Fairgrounds, which could make them a prime destination for fairgoers next August. The tap room serves light snacks and six beers on tap. On this day, Rutland Beer Works' tap lines featured Schwarzbier dark lager, Blueberry Blonde ale, Stick Season Harvest IPA, Pine Hill West Coast IPA, and its exclusive to the taproom offerings, pineapple mango fruit ale, and Granger IPA. Harbage is looking to partner with different food vendors and restaurants who may want to provide food during open hours. The Hangry Hogg food truck has recently been set up on select days to satisfy those food cravings. One upcoming event that Harbage looks forward to is the Stifel Killington World Cup event at the end of the month. He hopes to host a watch party during the races and keep the taproom open after the event for those venturing into Rutland for some post-race celebrations. And, Harbage is brewing up something special for the event, which should be ready and available in the coming weeks, a Superstar IPA, paying homage to the Killington trail that the World Cup skiers will be skiing on that weekend. "Our Superstar IPA is a New England style IPA with a softer mouth feel and juicy tropical fruit notes with hops from Australia and the Pacific Northwest," Harbage said. A tour inside the taproom finds a warm, welcoming spot filled with the pleasant aroma of fresh hops, perfect for relax-

Rutland Beer Works→ 9

Ian Harbage drew a sample from his soon-to-be released Superstar IPA last week at the downtown taproom.

By James Kent

Welch Speaks with Woodstock Union High School class at King Farm

On Tuesday, Oct. 29, U.S. Senator Peter Welch met with Woodstock Union High School students and members of Vermont Land Trust (VLT) at King Farm. He spoke of his work in Congress and the importance of civic engagement as well as the introduction of new legislation led by the Vermont congressional delegation to extend the boundary of the Marsh-Billings-Rockefeller National Historical Park to include the King Farm, which is currently owned by VLT.

Students asked the senator a range of questions, from balancing environmental regulation with population growth to how relationships are formed and maintained in the Senate.

“Our kids in Vermont are smart, thoughtful, and engaged—they’re going to go on to do incredible work in our communities and change the world in the process. I’m always encouraged when I talk with our students,” said Senator Welch. “This community-based bill our delegation is leading will conserve our state’s history and foster new educational partnerships for students in Woodstock and across Vermont.”

Sen. Welch was joined by Tracy Zschau, president of Vermont Land Trust; Abby White, vice president of engagement of Vermont Land Trust; Pieter Bohen, from the Cotyledon Fund; and Jason Drebitko, from the Green Mountain Foundation.



Courtesy of Senator Peter Welch’s office
U.S. Senator Peter Welch spoke with Woodstock Union High School students and members of VLT on Oct. 29 at King Farm.

Rutland City police officer is charged with aggravated assault and reckless endangerment in non-lethal shooting

The Attorney General’s Office announced that Rutland City Police Sergeant Andrew Plemmons, 45, was arraigned on Friday, Nov. 1, on one felony count of Aggravated Assault with a Deadly Weapon and one misdemeanor count of Reckless Endangerment.

A patrol sergeant, Plemmons has worked for the Rutland City Police Dept. since November 2014.

The charges are the result of Attorney General Charity Clark’s review of the state police’s investigation into an officer-involved shooting incident that occurred on July 3, 2023, at Giorgetti Park in Rutland City, during which Sgt. Plemmons shot and wounded two 21-year-old brothers from Springfield, Massachusetts, identified as Randy A. Perez-Coiscou and Andy H. Perez-Coiscou. They have since recovered from their injuries.

After careful consideration of the facts and circumstances in this matter, which were consistent with Vermont law, the Attorney General’s Office concluded that Sgt. Plemmons was not justified in his use of deadly force against Andy Perez.

In this review, Windsor County State’s Attorney Ward Goodenough, acting as conflict counsel for the Rutland County State’s Attorney, concurred with filing criminal charges for Sgt. Plemmons’ actions during the incident.

The incident occurred when Plemmons and fellow Rutland City officer James Rajda saw a suspicious vehicle parked near the Giorgetti Athletic Complex along Oak Street Extension shortly before 8:30 p.m. on July 3, 2023, and initiated



Submitted
Rutland City Police Sergeant Andrew Plemmons

an investigation. The Perez-Coiscou brothers were the occupants of the car.

During the interaction with the police, the car began to move, and Sgt. Plemmons fired his handgun. The car eventually crashed at the end of Oak Street Extension. Rajda received a minor injury to one of his arms during the encounter.

As a result of the initial investigation, Randy Perez-Coiscou was arrested on two charges of felony aggravated assault on a law enforcement officer, and Andy Perez-Coiscou received a citation on a charge of possession of fentanyl.

Sgt. Plemmons pleaded not guilty at the arraignment on Friday, Nov. 1, in Vermont Superior Court, Rutland Criminal Division. The Court, Judge Cortland Corsones presiding, ordered a condition of release that requires him to have no contact with Mr. Perez.

The Attorney General emphasizes that individuals charged with a crime are legally presumed innocent until their guilt is proven beyond a reasonable doubt in a court of law.

Vermont Adaptive Ski & Sports receives the Bill McCollom Community Award

Vermont Adaptive Ski & Sports, the largest nonprofit in Vermont to provide year-round sports and recreational programs to people with disabilities, was awarded the prestigious 2024 Bill McCollom Community Award by the Vermont Ski and Snowboard Museum, recognizing its transformative contributions to Vermont’s skiing and riding community. The award celebrates Vermont Adaptive’s commitment to accessibility

“I had a dream, and all of these people have made it stronger and better over the years and kept it going. I am so lucky and so thankful,” said Farrell.

and empowering youth and adults with disabilities to experience outdoor sports and recreation.

“It is a true privilege to receive the Bill McCollom Community Award,”

said Erin Fernandez, Vermont Adaptive’s executive director. “This award highlights our work, but also the community and spirit of inclusion that is defining Vermont. This recognition is a testament to our dedicated staff, volunteers, participants, and families, as well as our resort partners and generous donors who make it all possible.”

The award ceremony, Saturday, Community Award → 8



Courtesy of Vermont Adaptive Ski & Sports
Vermont Adaptive Ski & Sports was honored with the Bill McCollom Community Award by the Ski and Snowboard Museum.



David Minard

11/09/45-01/07/24

Please join us to honor
“One of the good guys”

November 9th (his birthday)

1:00pm

Riverside cemetery

Reception following at Sherburne Library



Courtesy AmandaAnnPalmer.com

Amanda Ann Palmer works out of her home studio in Hartland, which is in the process of being renovated to welcome visitors.

Ceramicist finds home in Hartland

By Curt Peterson

Amanda Ann Palmer’s ceramics studio seems a “hidden corner of creativity.” She makes her beautiful array of hand-made pottery pieces that range in size from small tree ornament mushrooms and coffee mugs to good-sized fruit bowls. She exhibited her wares at Reading Greenhouse’s crafts fair last weekend, and generally at Long River Gallery in White River, Artistree in Pomfret, the Wassail Market in Woodstock, and Lyme’s Matt Brown Fine Arts. Additionally, she has a very attractive website: AmandaAnnPalmer.com.

Palmer said her vases (she calls “flower factories”) were inspired by steel mill chimneys near her childhood home in Gadsden, Alabama. The vases are shaped like steel mill chimneys, the flowers resemble chimney smoke.

The pieces are function married with beauty, well-designed and decorated. Her creative process begins with a “ball of clay,” which Palmer spins into the shape of a finished work of art. Next, after drying, the creations are “bisque fired” in preparation for adding colors and glazing,

Ceramicist → 9



By Curt Peterson

Amanda Ann Palmer displayed her ceramic crafts at the Reading Craft Fair in early October.



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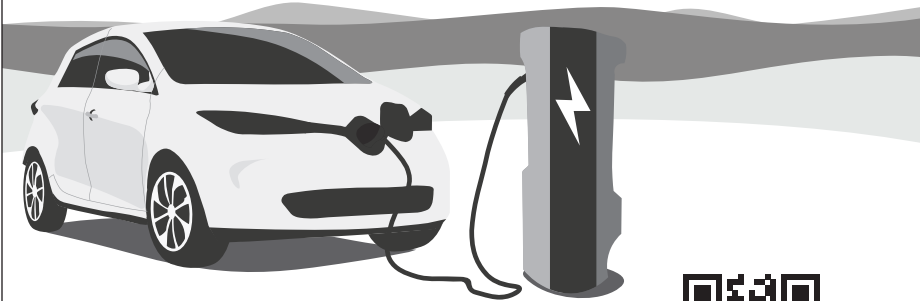
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GUEST EDITORIAL

Burdened by homelessness

'Not in my backyard' is hitting Rutland hard, solutions must be statewide
By Alis Headlam

Editor's note: Alis Headlam, of Rutland, is a former educator and member of Project VISION.

The "not in my backyard" syndrome has put the Rutland area in a very difficult situation. Rutland has become the go-to place for people who face homelessness. Recent press articles demonstrate the significance of the need for the state Legislature and governor to have a comprehensive action plan on how to address housing, mental health and food insecurity needs across counties, cities and towns.

News articles have tracked how out of hand the situation has become. Residents of Fair Haven opposed a sober living arrangement in their town, as some stated that the house should be located in Rutland. Back on Sept. 13, Brenda Siegel was quoted as saying that her organization, End Homelessness Vermont, sends people to Rutland because "Most hotels exit people with complex needs. It's the only place we can send some of our clients with severe psychiatric disabilities."

Not only do we struggle with the demand for services, we are apparently unable to create safe environments for those who are flooding our local hotels. A Sept. 19 Rutland Herald story highlighted the conditions at the Cortina Inn where 119 out of 133 rooms were deemed by the Vermont Department of Health to have code violations that reflect an environment that most of us would consider uninhabitable.

Companions in Wholeness, at Rutland United Methodist Church, continues to offer meals four days a week. As of January 2023, the group reported an average of 179 breakfasts and 150 lunches per day. What was clearly meant to be a temporary resolution became an imperative necessity. How sustainable is that?

There is so much more going on to support people in need. I apologize for not mentioning all of those agencies who are working so hard to deal with an unimaginable crisis. There is a tremendous effort that is hard for most people to grasp fully.

Finding a doctor, dentist or going to the emergency room is made more difficult because we have become the "dumping ground" for other cities, towns and agencies around the state. It is unsustainable.

When the burden falls directly on Rutland and Rutland County enforcement and service agencies, it becomes the job of agencies to stretch their resources to fill the need. Police officers move homeless people along, collect needles from sites frequented by people experiencing addiction, receive and respond to calls where the primary issue is mental illness or addiction and address health care needs of those living without proper services.

Red flags should be going up everywhere. The need is no longer for further study. Committees and community gatherings will not provide the answer either. Action is needed now.

It is time for our sister cities and towns to step up to the plate and begin providing services to their local population. Local agencies and service providers must open their doors.

Red flags
should be
going up
everywhere.

Homelessness → 8



Obsessing About The Election by Gary McCoy, Shiloh, IL

LETTERS

Doing away with the Electoral College would make Vt's votes matter less

Dear Editor,
(In response to Matthew Cecere's commentary, "The National Popular Vote Interstate Compact could give Vermont voters more impact").

I'm amazed to see an educator come out in favor of such a ridiculous concept, and to also be in favor of abolishing the Electoral College.

No, the Electoral College is not perfect. But, it is one of a couple things, including having both a Senate (to represent states) and a House of Representatives (to represent people), that give smaller, less populous states a voice in matters concerning the republic.

This concept would serve to make the votes of states like Vermont less valuable.

Until such time as state
Vt votes → 8

Doctors need more time with patients, not less

Dear Editor,
Bruce Hamory's recommendation to the Green Mountain Care Board to reduce doctors' time with patients is completely off base. The report's conclusion that the state will have enough primary care providers is based on primary care providers (PCPs) seeing three patients per hour, and many internists, who see more complex patients, currently see a patient every half hour.

I have been practicing general internal medicine for 37 years and in Vermont for 28 years. During this time, I have seen the complexity of my patients increase and the demands on the doctor increase, making it less likely that decreasing the time with patients would be a successful model or solution. It will fail.

We do not have enough
primary care physicians

in Vermont despite what Hamory's data might support. We are now seeing doctors retire younger, or reducing their clinical time due to burnout. We chose this profession, rather than subspecialty medicine, because we like continuity of care with our patients

The system does
not run well without
physicians.

— getting to know them, keeping them healthy, diagnosing diseases when they are sick, coordinating their care, and caring for them at the end of their lives. Time with the patient is needed to do this well, and short of that, we lose the satisfaction of the profession we chose.

Recruitment of new physicians, both primary care and specialists, to Vermont is becoming more difficult as there are better
Doctor time → 8

Quarter Pounder packs a wallop

Dear Editor,
There is a problem with our food systems. The recent E. coli outbreak linked to McDonald's Quarter Pounder hamburgers has led to illness, hospitalization, and even death. The CDC, FDA, and other health agencies are investigating, with fresh slivered onions and quarter-pound beef patties as the suspected sources of contamination. This incident isn't the first time we've seen outbreaks linked to meat-based products, and it underscores a more significant issue with food safety in animal agriculture.

There is a better way. By embracing a plant-based diet, we can avoid these risks and enjoy delicious foods that are safe and optimum for human health, the planet, and the animals. Now is the time to explore plant-based alternatives and make compassionate choices for a better future.

Rudy Hitchcock, Rutland

CAPITOL QUOTES

Vermont's proposed heating standard reforms, aimed at reducing greenhouse gas emissions from residential and commercial heating, have sparked debate across the state. The proposed regulations would encourage or, in some cases, require a shift away from traditional fossil fuel heating systems to more energy-efficient and renewable options, such as electric heat pumps and biofuels. The debate highlights the complex balance between environmental responsibility and economic feasibility.

“Wood heat is a heating source that we should be replacing with clean heat measures in order to protect public health and reduce greenhouse gas emissions, as the law requires,”

said **Ashley Adams** of the Burlington-based grassroots environmental group Stop VT Biomass to a Public Utility Commission on Wednesday, Oct. 30.

“There will likely be some upward price pressure on fossil fuels alongside downward price pressure on cleaner heating options, such as biofuels, electricity, and heat pumps. A comprehensive study by the Agency of Natural Resources estimated a potential 1-2 cents per gallon per year increase in the price of fossil heating fuels. The claims by the fossil fuel industry of massive fossil fuel price increases are wildly exaggerated. Their numbers are not based on anything real and are very dishonest and misleading,”

said **Jared Duval**, an appointed member of the Vermont Climate Council, in an interview with the Addison County Independent on Oct. 31.

“From my perspective, this is starting to look a lot like single-payer. And, we should learn from the mistakes of the past because Vermonters deserve better,”

said Governor **Phil Scott** at a press conference in September.

“It’s a little absurd to think that legislators would impose a \$3 or \$2 increase — willingly and knowingly impose that type of an increase — on Vermonters’ cost for fuel. On the flip side, the fossil fuel industry, which is fueling the fears about that, has absolutely zero qualms about unpredictably allowing rates to rise,”

said Vt. Rep **Laura Sibilila** (I-Dover) regarding the controversy surrounding the clean heat standard.

← Hospital woes:

from page 1

Health Systems, said in an interview last week that the report should be retracted because of faulty data. The hospital association released a detailed press release Tuesday, Oct. 29, showing discrepancies between its data and the figures used in the report.

“I don’t know how any analytical person or operational person would say, ‘Oh, these recommendations were based on sound footing,’” he said.

‘Not rounding errors’

The report in question stems from Act 167, a 2022 Vermont law that mandated an assessment of the state’s hospitals to find ways to keep them financially sustainable.

The state commissioned a \$1 million study from the international consulting firm Oliver Wyman to conduct that assessment. Bruce Hamory, a physician and healthcare consultant there, spent roughly a year collecting data and meeting with Vermont communities and healthcare organizations before releasing a final report last month.

That report laid out a dire prognosis for Vermont’s healthcare system. The consultant found that most of the state’s hospitals are operating at a loss and would operate more efficiently if they consolidated different categories of medical care at certain hospitals. The report recommended pervasive changes at four hospitals: North Country Hospital, Gifford Medical Center, Springfield Hospital, and Grace Cottage Hospital.

Those proposals quickly sparked a fierce backlash, which has only grown since the accusation of inaccurate data.

In its press release Tuesday, the Vermont Association of Hospitals and Health Systems compared discrepancies in the final consultant’s report to the hospitals’ own data.

Hospitals almost uniformly reported higher numbers of discharges — meaning more patients treated — than the consultants’ report, with differences of up to 83%.

For example, Porter Medical Center in Middlebury recorded 21,568 patient discharges from the emergency department in 2022. The consultant’s report, however, recorded only 11,876 discharges for Porter that year.

That same year, Mount Ascutney Hospital and Health Center reported a total of 858 inpatient discharges, according to the hospital organization data. The consultant’s report, meanwhile, recorded only 142.

“These are not rounding errors,” Del Trecco said. “These are major missing components of our services that are delivered to Vermonters.”

‘We stand by it’

Hamory, the Oliver Wyman consultant who led the report, pushed back on those criticisms saying the discharge data in the report was pulled not from the hospitals’ own figures but from the Vermont Health Care Uniform Reporting and Evaluation System (VHCURES). That dataset does not include the complete number of actual discharges from hospitals but contains claims data: figures showing medical claims paid by private insurance, Medicare, and Medicaid.

VHCURES is an incomplete dataset that

includes only 60% of Vermonters on private insurance plans.

Hamory acknowledged the data’s limitations. But he said that since the report focused on the financial state of Vermont’s hospitals, examining claims data made the most sense.

“The reason for it is that it is the most reliable data that exists on those numbers for financial purposes,” Hamory said.

Hamory said hospitals were presented with the data before the report was published and were given the opportunity to weigh in.

Despite the limitations, the report’s financial modeling—which projects that, without action, Vermont’s hospitals will rack up a combined deficit of \$700 million to \$2.4 billion below their break-even point by 2028—is still sound, Hamory said.

“This data gathering and analysis took a year,” he said. “It was not done overnight. It was not done without multiple discussions among various experts and other people doing data analysis. And we stand by it.”

But Del Trecco of the hospital association said that those discrepancies invalidated the document’s conclusions. “If you’re missing a significant amount of utilization [data], how could you move forward with a recommendation to say, ‘Stop doing X service, shift inpatient service, close your emergency department?’” he said. “It seems very flawed.”

Now what?

The task now falls to the Agency of Human Services to work with hospitals on the recommendations in the report.

State officials are meeting with hospitals to discuss the report’s proposals, Brendan Krause, the Agency of Human Services’ director of health care reform, said. The state is also seeking a contractor to provide technical assistance to help hospitals with “localized transformation planning,” according to a request for proposals that closed last week.

Krause noted that the path forward for hospitals may look different from the recommendations in the report. “The report was well thought out, and a lot of effort went into it, but it is just a report,” Krause said. He emphasized that the state will not force changes on any hospitals. “I think the important message is that we want to work with hospitals,” he said. “We’re not going to do things to hospitals.”

Even so, the past few weeks since the release of the consultant’s report have been a period of anxiety at local hospitals.

At Gifford Medical Center in Randolph—which, the report said, should halt non-emergency births and replace inpatient units with geriatric or mental health facilities—Michael Costa, the president and CEO of Gifford, said the proposals are causing anxiety for employees, prospective employees and clients.

Costa said several staff members have resigned because of uncertainty and several candidates for open positions have dropped out of the hiring process for the same reasons.

“Excellent staff members are what makes health care go,” Costa said. “And so losing people or losing recruits because of the report is a tough blow for the community.”

← **Vt votes:**
from page 6

borders are abolished, a candidate could simply confine their campaigning to California, Florida, Texas and New York, promising them all “good stuff” that would result from that candidate’s victory. Swing states? Yeah right.

Let’s live with the Electoral College and its occasional flaws. The founding fathers got it right.

Robert Zeidler, Georgia

← **Homelessness:**
from page 6

It is unreasonable to think that Rutland can handle all of the cases. Vermont has the ability to function with community spirit when we all see ourselves as members of the same family. We must take care of ourselves and our community members simply because it is the right thing to do.

It is time for our government to work with agencies to spread the challenges and provide the necessary resources so that individuals who are in difficult situations can stay at home or in their communities where they already have basic services. Turning a blind eye because those who could make these decisions do not live where the system is in chaos, promoting a “not in my back-

yard” mentality and obfuscating the dire need we in Vermont are experiencing, is not working. It is not acceptable.

Everything reported here is part of a very fluid situation that was exacerbated at the end of September when the state was no longer able to support the number of vouchers used at hotels. Are local communities picking up the slack by providing housing? Are they giving out tents and sleeping bags? Are they dealing with unhoused families or disabled people who have

nowhere they can legitimately find refuge for the night? As of Dec. 1 when vouchers become available, is the pattern going to start over again with no clear solutions in place?

The burden is great. Who is taking the lead in seeing that people have basic necessities? Surely other towns and communities have a responsibility that surpasses what Rutland can offer for their community members. Vermonters are part of a unique community. Our state is small enough that this is a tragedy that we should not be facing.

← **Doctor time:**
from page 6

opportunities elsewhere. Thus, we must support the physicians and providers that we have, as we cannot afford to lose a single one. We need to unburden all physicians and providers from unnecessary administrative burdens such as unnecessary prior authorizations, allow flexible work hours, and extend the clinical careers of many doctors now retiring earlier due to burnout.

Our ability to recruit

is threatened by our state economics —lower physician salaries than elsewhere, high cost of a house combined with high property tax, and lack of availability of single-family homes. Most professionals moving to Vermont do not imagine themselves living in apartments. Communities that continually block building of new homes in areas near hospitals (NIMBY attitude) are making recruitment difficult.

This ultimately impacts the ability for patients to get health care here in Vermont due to physician shortages.

Increasing panel sizes and diminishing time with patients is no solution to a physician shortage. Our inability to attract talent due to economic factors is certainly playing a role. The system does not run well without physicians. We cannot think that the current physician and

provider workforce can do more, as most physicians I encounter are already pushed to their limit.

Frank Landry, South Burlington

Landry is an internal medicine physician who has practiced in Vermont since 1996. He served as the governor of the Vermont chapter of the American College of Physicians from 2003-2007. Landry has been in private practice since 2000.

← **Community award:**
from page 3

Oct. 19, was held during the museum’s Hall of Fame induction at Killington Resort’s K-1 Lodge. Fernandez and Emily Cioffi Winchell, president of Vermont Adaptive’s board of directors, presented the award to Laura Farrell during the ceremony.

“I am one of those very lucky people,” said Farrell, who founded the organization in 1987. “I had a dream, and all of these people have made it stronger and better over the years and kept it going. I am so lucky and so thankful.”

Vermont Adaptive Ski & Sports has pioneered adaptive sports in the East, offering inclusive programming in skiing, snowboarding, paddling, cycling, mountain biking, Veterans’ programs, and more. The organization remains at the forefront of adaptive recreation, fostering self-confidence and independence for individuals with disabilities.

For more information, visit vermontadaptive.org.



TOWN OF
KILLINGTON
VERMONT

**TOWN OF KILLINGTON VERMONT
DEVELOPMENT REVIEW BOARD
NOTICE OF PUBLIC HEARING**

PURSUANT TO THE PROVISIONS OF TITLE 24, CHAPTER 117, V.S.A. AND THE TOWN OF KILLINGTON ZONING REGULATIONS, THE KILLINGTON DEVELOPMENT REVIEW BOARD WILL HOLD A PUBLIC HEARING BEGINNING AT 6:30 P.M. ON THURSDAY, NOVEMBER 21, 2024, AT 800 KILLINGTON ROAD IN KILLINGTON, THE PURPOSE OF WHICH WILL BE TO ALLOW INTERESTED PARTIES AN OPPORTUNITY TOO EXPRESS THEIR VIEWS ON THE FOLLOWING:

Application 24-43 by Killington Deli and Market Place LLC for a variance to permit a sign placement at 31 feet from US-Rt.4. Applicant is asking for relief of the additional 15 feet requested from Town from VTrans right of way, which is the 31 feet from road. The site is located at 2068 US-Rt.4.

FURTHER INFORMATION IS AVAILABLE AT THE TOWN OFFICE BETWEEN THE HOURS OF 9:00 A.M. AND 3:00 P.M. MONDAY THROUGH FRIDAY. WRITTEN STATEMENTS OR MATERIAL ARE REQUESTED TO BE SUBMITTED AT THE TOWN OFFICES AT LEAST SEVEN (7) DAYS PRIOR TO THE HEARING FOR REVIEW BY ALL PARTIES.

DEVELOPMENT REVIEW BOARD
TOWN OF KILLINGTON

Participation in the hearing by adjacent property owners is a prerequisite to the right to take subsequent appeal.



TOWN OF
KILLINGTON
VERMONT

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Application 24-62 by GG Killington LP and Killington/Pico ski Resort Partners, LLC

Asking to amend previously approved lot's C-I, the Killington Grand Parking Lot (collectively known as the Resort Parking Project), and stormwater management pond located to the north of the Resort Parking Project along Killington Road. These Changes are required to minimize and/or avoid wetland and buffer impacts as required by State DEC Wetlands Program due to new regulations put in place after original Town permit approval.

FURTHER INFORMATION IS AVAILABLE AT THE TOWN OFFICE BETWEEN THE HOURS OF 9:00 A.M. AND 3:00 P.M. MONDAY THROUGH FRIDAY. WRITTEN STATEMENTS OR MATERIAL ARE REQUESTED TO BE SUBMITTED AT THE TOWN OFFICES AT LEAST SEVEN (7) DAYS PRIOR TO THE HEARING FOR REVIEW BY ALL PARTIES.

DEVELOPMENT REVIEW BOARD
TOWN OF KILLINGTON

Participation in the hearing by adjacent property owners is a prerequisite to the right to take subsequent appeal.

Deer season:

from page 1

larger, deer.”

Vermont hunting licenses include a buck tag for this season and a late season bear tag (for Nov. 16-24) and cost residents \$28 and nonresidents \$102. Hunters under 18 years of age get a break at \$8 for residents and \$25 for non-residents. Licenses are available on Fish & Wildlife’s website and from license agents statewide.

“I am urging all hunters to wear a fluorescent orange hat and vest to help maintain Vermont’s very good hunting season safety record,” said Vermont Fish & Wildlife Commissioner Christopher Herrick.

Same advice goes for those hiking through the woods during hunting season.

Hunters are required to report deer in person at a big game reporting station during the regular season. Online reporting will not be available. This requirement allows biologists to collect important information from as many deer as possible.

Hunters who get a deer on Nov. 16 or 17 can help Vermont’s deer management program by reporting their deer at either the Windsor Fire Department in Windsor or Keith’s Country Store in Pittsford, locally.

Hunters who do not go to a biological reporting station are asked to provide a tooth from their deer. Tooth envelopes and tooth removal instructions are available at all big game reporting stations. Each tooth will be cross sectioned to accurately determine the deer’s age, and the results will be posted on the Fish & Wildlife website next spring.

For more information, visit: vtfishandwildlife.com.

Rutland Beer Works:

from page 2

ing with friends and some local beer. People can purchase Rutland Beer Works graphic shirts, designed by Harbage’s wife, and a stocked fridge features 4-pack cans for purchase to take home and enjoy later. Just beyond the taproom, Ian Harbage took the Mountain Times on a tour of the brewery to see where all the magic happens.

“We’re getting full pallets of malt in once or twice a week,” Harbage said, pointing to the large stack of malt waiting to do its part in the beer-making. “We’re milling everything on site. So, it will go from here a whole batch of malt into our gris bin. Depending on the recipe, that’s anywhere from 900 to 1800 pounds.”

Harbage walked the Mountain Times through the brewing process, machinery, and tanks. “The fermentation process is anywhere from two weeks to six weeks, depending on the style of beer we’re making,” Harbage said. “In these tanks, we may add more hops, we may add fruit or carbonation or conditioning.”

The tanks’ names are a throwback to Dale Patterson, the Brewery’s previous owner. One tank, Flash, is an homage to Dale’s basset hound. Another pair of tanks, Crash and Burn, were named after the box truck that delivered them had a bit of a jostle. The Keg machine, aptly named Keg Commander, features two large googly eyes.

The Rutland Beer Works taproom is open from 1 to 6 p.m. on Fridays and Saturdays and from 1 to 5 p.m. on Sundays, so head on down and experience local beer poured from a tap whose tanks are onsite a few short feet away.

For more information, visit: Rutlandbeerworks.com.



By James Kent

Ian Harbage stands outside the Rutland Beer Works brewery and taproom at 136 Granger St. in downtown Rutland.

Ceramicist:

from page 4

then fired at 2,282 degrees for 14 hours in her electric kiln.

“Play is essential,” she states on her website. “When I set to work in my studio and relax into imaginative play, the clay becomes a toy. I explore shapes that I hope will awaken curiosity and invite touch. I imagine myself in a world made up of these whimsical shapes.”

She, along with her partner Alex Kim, an architect, chose their home near the end of Cobb Hill Road in part because it allowed her ceramics studio to be separate from their living area. Then endless renovation and rehab projects began, she said.

Her studio was first on the project list. Palmer plans to invite the public to visit the studio some day in the future. But right now, she says, “It’s not ready for visitors. It’s just one end of a crappy basement.”

Palmer spends most of her time creating ceramic art, also working part-time with Lyme artist Greg Gorman making custom stained glass creations, a diversion she finds very satisfying.

Palmer’s journey from a farm in rural Alabama to artistic prominence in Hartland is nothing short of fascinating. Home-schooled, and living “a free-range childhood,” she studied for her bachelor in fine arts at nearby Jacksonville State University. It was at JSU she met and married her now-ex-husband, and followed him to Vermont, where he was a graduate student at the Center for Cartoon Studies in White River.

Palmer worked several jobs to keep the couple’s rent paid, but still made time to nurture her passion for pottery. She met



By Curt Peterson

At the Reading Craft Fair last month Palmer brought a variety of her wares to sell.

Hartland author Sarah Stewart Taylor, who was teaching writing at the cartoon school, and became a modified au pair for Taylor’s kids. About this time Palmer divorced her husband.

Alex Kim, also a CCS student, often met at Palmer’s apartment for social interaction with many other students. After some time he and now-single Palmer became a couple. He is now a partner in an architectural firm and Palmer has been able to evolve her pottery avocation into a significant enterprise.

The couple enjoy canoe camping, gardening and hiking. Palmer says she is “chronically content.” She loves Hartland, and plans to stay. “I hope to die in this house,” she said wistfully.

Gift-giving season is upon us. People interested in Amanda Ann Palmer’s creations can visit one of her display venues, or check out her website at AmandaAnnPalmer.com.

Wine bar:

from page 1

The spacious location that the Killington Cafe and Wine Bar will be occupying is directly above The Spa at the Woods, which has had many previous tenants over the years, most recently the Killington Beer Company. KBC left the location when Covid hit in March 2020, and the space has remained vacant ever since. Renovations began over the summer to give the wine bar an updated, fresh look.

The Cafe and Wine Bar will feature specially selected wines from various regions worldwide, including France, Italy, Spain, Germany, South Africa, Australia, New Zealand, and the United States. They

will offer a variety of styles, including red, white, rose, sparkling, dessert, fortified, and organic wines.

“We want to cater to wine novices and aficionados and hopefully turn those novices into aficionados,” said Levine.

Perry Beede, the longtime general manager at The Woods Resort and Spa, said he’s delighted to see the once-languishing location alive and thriving with a new occupant.

“I’m excited that we can put some life back into it. I’m excited for Howard, James, and their team’s vision for the use of this space,” said Beede.

For more info, visit killingtonwinebar.com.



By Adam Davis

Killington Cafe and Wine Bar owners James Sherman (left) and Howard Levine (right).

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SALES FOR NOVEMBER 2024

Items on sale Nov. 1-30, 2024



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and details.

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typographical errors



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JIM BEAM
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JACK DANIEL'S
OLD #7 BLACK
1.75L

SALE PRICE
\$43⁹⁹
SAVE \$5.00



FIREBALL CINNAMON
WHISKY PET
750ML

SALE PRICE
\$12⁹⁹
SAVE \$3.00



EL CHARRO
SILVER TEQUILA
750ML

SALE PRICE
\$15⁹⁹
SAVE \$3.00



PINNACLE
VODKA
1.75L

SALE PRICE
\$18⁹⁹
SAVE \$6.00



JAMESON IRISH
WHISKEY
1.75L

SALE PRICE
\$54⁹⁹
SAVE \$5.00



ABSOLUT
VODKA
1.75L

SALE PRICE
\$34⁹⁹
SAVE \$8.00



MAKER'S MARK
BOURBON WHISKEY
1.75L

SALE PRICE
\$54⁹⁹
SAVE \$3.00



KETEL ONE
VODKA
1.75L

SALE PRICE
\$41⁹⁹
SAVE \$3.00

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WORDPLAY

HOLIDAY ROUNDUP WORDSEARCH

Find the words hidden vertically, horizontally, diagonally and back

D	E	I	N	V	I	T	A	T	I	O	N	N	I	Z	R	K	W	G	S
S	G	C	E	L	E	B	R	A	T	E	L	P	Z	P	O	S	B	K	A
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- CELEBRATE

CHANUKAH

CHRISTMAS

DINING

EASTER

EXCITEMENT
- FEAST

FESTIVE

FIREWORKS

FOOD

FRIENDS

GAMES
- GUESTS

HALLOWEEN

HOLIDAYS

INDEPENDENCE

INVITATION

KWANZAA
- NEW YEAR'S DAY

PASSOVER

PRESENTS

THANKSGIVING

TOGETHER

VACATION

CROSSWORD PUZZLE

Solutions →22

CLUES ACROSS

1. Absence of effort

5. Preserve a dead body

11. Gratitude

14. The act of coming together again

15. Simpler

18. Visionaries

19. Large, fish-eating bird

21. Indicates near

23. Former CIA agent and critic

24. Icelandic poems

28. Pop

29. "Hammer" is one

30. Senses of self-importance

32. Thyrotrophic hormone

33. Not around

35. Electronic data processing

36. Licenses and passports are two types

39. Snakelike fish

41. Air Force

42. Popular computers

44. Of a withered nature

46. Wings

47. Used in combination

49. Laid back

52. Jeweled headdress

56. In slow tempo

58. ___ Falls

60. Assertions made again

62. Periods of history

63. Hyphen

CLUES DOWN

1. Body part

2. Mimics

3. Expel large quantities rapidly

4. Sea eagle

5. A type of subdivision

6. Variety of Chinese

7. Mr. T's name on "The A-Team"

8. Consumed

9. Chinese dynasty

10. NFL great Randy

12. Ireland

13. Palm trees with creeping roots

16. Fungal disease

17. Impres-

20. Affirmative! (slang)

22. Instinctive part of the mind

25. "The First State"

26. A way to develop

27. Fraternities

29. Woman (French)

31. Sunscreen rating

34. Beer

36. Spiritual leader

37. Indigo bush

38. Burn with a hot liquid

40. Junior's father

43. Ray-finned fishes

45. Morning

48. Line passing side to side through the center (abbr.)

50. Double curve

51. A small bundle of straw or hay

53. Got older

54. Crater on Mars

55. Humanities

57. Relating to the ears

58. "To the ___ degree..."

59. Residue of a burned product

61. It cools a home

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GUESS WHO?

I am a singer-songwriter born in Canada on November 5, 1959. As a child, I traveled to different places with my father, who was a diplomat. I've had many hit songs, but my work on the soundtrack for a Robin Hood movie really set my career ablaze.

Answer: Bryan Adams

SUDOKU

Solutions →22

				2				
		4						
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	9		6		7			
							1	
5	6				2			9
8			5				7	1
4					8			

Level: Intermediate



11th Annual Backcountry Forum

THURSDAY @ 6 PM

WED
11/06

S.E.A.T. Exercises

9-10 a.m. (Wednesdays) Godnick Adult Center, 1 Deer St., Rutland. \$6 per individual class or \$5 per class when paying for the whole month upfront. A brand-new, chair-based full body workout led by Melissa Cox. rutlandrec.com/godnick or 802-773-1853

Household Hazardous Waste Collection

9 a.m.-1 p.m. Hartford Transfer Station, 2590 N. Hartland Road, White River Junction. Free for residents and businesses of Hartford, Bridgewater, Hartland, Norwich, Pomfret, Sharon, Strafford, Thetford, Vershire, West Fairlee, and Woodstock. Proof of residence required. Check acceptable materials at guvswwmd.org/hazardous-waste.html

Craft Fair

9 a.m.-2 p.m. Windsor Rec Center, 29 Union St., Windsor. Over 35 local crafters selling handmade jewelry, woodworking, home décor, paintings, felted ornaments, cards, photography, knit and crochet items, and more. Local Girl Scouts will provide food, drinks, and a wrapping station. windsorvt.myrec.com/info/default.aspx

Killington Active Seniors Lunch

11:30 a.m. (Wednesdays) The Lookout Tavern, 2910 Killington Road, Killington. \$5 donation towards the meal, tip is covered by local donors. 908-783-1050

Gentle & Restorative Yoga

11:30 a.m.-12:30 p.m. (Wednesdays) Wise Pines, 184 Hartland Road, Woodstock. \$15 or \$30 for three classes. Yoga class for seniors. wisepines.com/events

Diabetes Support Group

1-2 p.m. (Second Wednesday of every month) RRM Diabetes & Endocrinology Center, 160 Allen St., Rutland. Free. For patients managing diabetes, to discuss challenges, ask questions, and provide support. Hosted by Community Health and Rutland Regional Medical Center's Diabetes & Endocrinology Center. Contact Michele Redmond at 802-277-5327. chcr.org/diabetes-support-group

Public Skating

2-3:30 p.m. (Wednesdays) Union Arena, 80 Amsden Way, Woodstock. Adult \$8, Youth \$6, Seniors \$5, Child under 3 Free, Super Senior (70+) Free. Skate rentals \$7 (figure or ice hockey). unionarena.net

Bone Builders at the Chaffee

3:30-4:30 p.m. (Wednesdays) Chaffee Art Center, 16 S. Main St., Rutland. Free. Heather Wilson leads a bone-building class focused on weight training and balance exercises to increase strength, balance, and bone density. chaffeeartcenter.org

Cribbage for Adults

3-5 p.m. (Wednesdays) Hartland Public Library, 135 Route 5, Hartland. Free. hartlandlibraryvt.org/calendar or 802-436-2473

Learn to Skate

4:20-5:20 p.m. (Wednesdays through Dec. 19) Union Arena, 80 Amsden Way, Woodstock. \$140. Join Union Arena Skating Club for learn to skate lessons. Levels include Snowplow Sam (ages 3-5), Basic Skills (ages 6+), and Pre-Free to Free Skate levels. Helmets required. Register at uaskateclub.com

Diabetes Support Group

5-6 p.m. (2nd Wednesday of every month) Community Health Castleton, 261 Route 30, Castleton. Free. For patients managing diabetes, to discuss challenges, ask questions, and provide support. Contact Michele Redmond at 802-277-5327. chcr.org/diabetes-support-group

Shoulder Opening Stretch Class - Five-Week Course

6-7 p.m. Artistree Arts Center, 2095 Pomfret Road, Pomfret. Refer to website for details. This class, led by certified stretch coach Rob Lamprey, focuses on improving shoulder and neck health through targeted stretches and mobility exercises. hisawyer.com/artistree/schedules/activity-set/848288

THURS
11/07

Essentrics Stretch and Strengthen

9-10 a.m. (Thursdays) Stone Valley Arts, 145 E. Main St., Poultney. \$10. No-weights, low impact workout combines principles from ballet, tai chi, and physiotherapy to restore flexibility and balance. Bring a mat and water. stonevalleyarts.org

Intermediate Line Dance

9:30-10:30 a.m. (Thursdays) Godnick Adult Center, 1 Deer St., Rutland. rutlandrec.com/godnick or 802-773-1853

Senior Bone Builders

10 a.m. (Thursdays) Sherburne Memorial Library, 2998 River Road, Killington. Free. Weights are provided. sherburnelibrary.org or 802-422-4323

Survivors Support Group

10 a.m.-noon. (Thursdays) Godnick Adult Center, 1 Deer St., Rutland. Free. Fliers available at the Godnick Center or call 802-775-3232. rutlandrec.com/godnick

Chaffee: Artery

Noon. (Thursdays) Adults. Connect and create with others. \$10-\$20. Painting in all mediums welcome. No set topic or instructor; attendees will work on their individual artwork. Must pre-register. chaffeeartcenter.square.site

Ukelele Group

Noon-1 p.m. (Thursdays) Chaffee Art Center, 16 S. Main St., Rutland. Free. Attendees will play a collection of sheet music. All levels welcome, ages 12+. Must pre-register by Wednesday at noon. chaffeeartcenter.square.site

Screening: 'Craft in America: Quilts'

12:30-1:30 p.m. Jeffords Auditorium, Vermont State University Castleton, Castleton. Free. Join the VTSU Castleton Soundings Program for a screening of "Craft in America: Quilts," showcasing contemporary masters and the cultural stories embedded in quilting. Reservations recommended; 802-468-1119 or email CastletonBoxOffice@VermontState.edu

Play Bridge!

2-4 p.m. (Thursdays) Norman Williams Public Library, 10 The Green, Woodstock. Free. Beginners are welcome to observe. normanwilliams.org or 802-457-2295

Stick & Puck

3-4:10 p.m. (Thursdays) Union Arena, 80 Amsden Way, Woodstock. All ages. \$10 per session. Helmet required; other gear strongly recommended. unionarena.net

Farmers' Market (Fair Haven)

3-6 p.m. (Thursdays) Village Green, Fair Haven. vtfarmersmarket.org

11th Annual Backcountry Forum

6-9:30 p.m. Pierce Hall Community Center, 38 S. Main St., Rochester. Free. Celebrate backcountry adventures with a potluck, Red Clover Ale Co. beverages, and exhibits from local partners, followed by a two-part screening of the Winter Wildlands Alliance Backcountry Film Festival with a raffle drawing at intermission. RidgelineOutdoorCollective.org/backcountry-forum

Comics and Queerness in Vermont and Beyond with Tillie Walden

7-8 p.m. JAM, 5 So. Main St., Hartford. Free. Vermont Cartoonist Laureate Tillie Walden explores the intersection of indie comics and queer identity through her acclaimed graphic novels. Registration required: eventbrite.com/e/comics-and-queerness-in-vermont-and-beyond-tickets-956412885687

FRI
11/08

Coat Drive

8 a.m.-5 p.m. Mission Farm, 316 Mission Farm Road., Killington. Free. Drop off new or gently used coats and winter outerwear to support BROCC in Rutland. Drop-off bins will be located in the church vestibule throughout Veteran's Day weekend. missionfarmvt

Bone Builders

11 a.m.-noon. (Fridays) Chaffee Art Center, 16 S. Main St., Rutland. Free. Heather Wilson leads a bone-building class that focuses on weight training and balance exercises to improve strength, balance, and bone density. chaffeeartcenter.org

Connections & Interconnections of Life Weekly Group

Noon-1 p.m. (Fridays) Chaffee Art Center, 16 So. Main St., Rutland. Free. A place to share thoughts, philosophies, spirituality, cultures, and more in a respectful way. All are welcome. Must RSVP: chaffeeartcenter.square.site

'Our Pesticide Romance' - Talk by Dr. Cynthia Moulton

1:30 p.m. The Godnick Center, 1 Deer St., Rutland. \$8 for non-members. Biologist and professor Dr. Cynthia Moulton discusses the impact of pesticides on agriculture, health, and the environment. Register at learn.uvm.edu/olli/rutland

Theater in the Woods 10-Minute Plays Fundraiser

FRI & SAT @ 5:30 PM



← **Calendar:** Email events@mountaintimes.info.....
from page 12

Winter Farmers Market at Vermont Farmers Food Center

SATURDAY @ 10 AM



'Super Seniors' with Joe Carroll

1:30 p.m. The Godnick Center, 1 Deer St., Rutland. \$8 for non-members. WCAX feature reporter and producer Joe Carroll shares stories from his Emmy-winning series "Super Seniors." learn.uvm.edu/olli/rutland

Holiday Art Market

5-7 p.m. Brandon Artists Guild, 7 Center St., Brandon. Free. Opening reception of Merry & Bright, a festive Holiday Art Market featuring handcrafted ornaments, pottery, stained glass, jewelry, photography, fiber art, and gifts for all ages. Open daily throughout the holiday season. brandonartistsguild.org

West Coast Swing Dance Classes

5:30-6:30 p.m. Gymnasium, 11 Cottage St., Rutland. \$15 per class. Learn West Coast Swing with flexible registration options for individual nights or the full series. Pre-registration required. vtwestiebest@gmail.com

Theater in the Woods 10-Minute Plays Fundraiser

5:30-9 p.m. Stone Valley Arts, 145 E. Main St., Poultny. \$25 or \$40 for Friday & Saturday. Enjoy a fall dinner followed by four 10-minute plays by local and visiting writers. Dinner served 5:30-6:45 p.m., performances begin at 7 p.m. Reservations at theaterinthewoodsvt.org/ten-minute-plays.

Vets Town Hall - Rutland

6 p.m. Godnick Adult Center, 1 Deer St., Rutland. Free. Hosted by Kyle Aines, this event invites veterans to share personal stories of military service, fostering understanding with civilians. vtvetstownhall.org

'Bright Star' Musical at Hartford High School

7 p.m. Hartford High School, 37 Highland Ave., White River Junction. \$7-\$10. Bright Star tells a moving true story set in the 1920s and 1940s, featuring live bluegrass/folk music. Tickets available at hartfordhighschool.ludus.com

Docudrama: 'Ten November'

7 p.m. Artistree Community Arts Center, 2095 Pomfret Rd., South Pomfret. \$25. A docudrama inspired by Gordon Lightfoot's song about the 1975 sinking of the S.S. Edmund Fitzgerald on Lake Superior. This play mixes music, historical research, and personal reflection. artistreevt.org

SAT
11/09

Vermont State Police

Recruitment Test

8 a.m. Vermont Police Academy, 317 Academy Road., Pittsford. Free. Vermont State Police will hold a recruitment test for those interested in becoming state troopers. Advance application required. Information on application process, requirements, and benefits is available at the VSP hiring website. vsp.vermont.gov/employment

Coat Drive and Snow

Blessing

8 a.m.-5 p.m. Mission Farm, 316 Mission Farm Road., Killington. Free. Drop off new or gently used coats and winter outerwear to support BROCC in Rutland. Drop-off bins will be located in the church vestibule throughout Veteran's Day weekend. missionfarmvt

Holiday Craft Fair

9 a.m.-3 p.m. Castleton Community Center, 2108 Main St., Castleton. Free. Enjoy unique handcrafted items from 25 vendors, including jewelry, decorations, stained glass, and more. Lunch options available for purchase, plus a popular Teacup Auction. 802-468-3093.

Stockpile Sale & Pop-Up Market

10 a.m.-1 p.m. Honey Field Farm, 55 Butternut Road, Norwich. Free entry. Enjoy a fall market featuring bulk sales of local eggies, pantry essentials, and seasonal items from VT and NH farms. honeyfieldfarm.com

Winter Farmers Market at Vermont Farmers Food Center

10 a.m.-2 p.m. Vermont Farmers Food Center, 251 West St., Rutland. Open every Saturday to May 10, 2025. Shop from over 50 local vendors offering fresh produce, baked goods, crafts, and more. 802-417-8661

Rutland Railway Museum & Model Club

11 a.m.-3 p.m. (Saturdays) 79 Depot Lane, Center Rutland. Free. Maintained by the Rutland Railway Assoc. Inc. See an operating HO scale model railroad set up and displays hundreds of rare or antique model trains, photographs, signs, and memorabilia saved from an earlier time, including the former Rutland Railroad Caboose #45. rutlandrailway.org

Art at the Chaffee: Drop N' Paint

Noon-2 p.m. (Saturdays) Chaffee Art Center, 16 So. Main St., Rutland. \$25 per person, instructor help optional with a fee. All ages. Supplies and images to paint are provided. Must pre register by Friday noon at: chaffeeartcenter.org

Ben Mezrich - 'The

Mistress & the

Key'

2-3:30 p.m. Norman Williams Public Library, 10 The Green, Woodstock. Free. New York Times bestselling author Ben Mezrich presents his latest thriller, "The Mistress & the Key," a sequel to "The Midnight Ride," exploring Benjamin Franklin's mysterious ties to Paul Revere and Revolutionary secrets. Co-hosted by Yankee Bookshop. Books available for purchase and signing. First come, first seated. normanwilliams.org

Film Screening - 'A Photographic Memory'

3 p.m. Billings Farm & Museum, 69 Old River Road., Woodstock. \$15, \$12 for members. Kicking off the 15th annual Woodstock Vermont Film Series, this documentary follows Rachel Elizabeth Seed as she uncovers her mother's legacy through rare interviews with iconic photographers. Q&A with the filmmaker after the film. 802-457-5303 or billingsfarm.org/filmseries

Docudrama: 'Ten November'

3 p.m. and 7 p.m. Artistree Community Arts Center, 2095 Pomfret Road., South Pomfret. \$25. A docudrama inspired by Gordon Lightfoot's song about the 1975 sinking of the S.S. Edmund Fitzgerald on Lake Superior. This play mixes music, historical research, and personal reflection. artistreevt.org

Sam Robbins Live in Concert

3-4:30 p.m. Artistree Community Arts Center, 2095 Pomfret Rd., South Pomfret. \$20. Nashville-based singer-songwriter Sam Robbins, a Kerville Folk Festival New Folk winner, brings his "old soul" style and intricate acoustic guitar arrangements to Vermont. Inspired by '70s legends, Robbins combines classic storytelling with a modern edge. artistreevt.org

Sip & Shop in Woodstock Village

5-7 p.m. (Second Saturday of each month through December.) Various locations, Woodstock. Enjoy special drinks and surprises while shopping at participating stores throughout Woodstock Village, including Yankee Bookshop, Echo Market, Woody's Mercantile, RT Home, and more.

Theater in the Woods 10-Minute Plays Fundraiser

5:30-9 p.m. Stone Valley Arts, 145 E. Main St., Poultny. \$25 or \$40 for Friday & Saturday. Enjoy a fall dinner followed by four 10-minute plays by local and visiting writers. Dinner served 5:30-6:45 p.m., performances begin at 7 p.m. Reservations at theaterinthewoodsvt.org/ten-minute-plays.

'Bright Star' Musical at Hartford High School

7 p.m. Hartford High School, 37 Highland Ave., White River Junction. \$7-\$10. "Bright Star" tells a moving true story set in the 1920s and 1940s, featuring live bluegrass/folk music. Tickets available at hartfordhighschool.ludus.com

Performance: Leo Kottke

7 p.m. The Paramount Theatre, 30 Center St., Rutland. \$45-\$55. Acclaimed acoustic guitarist Leo Kottke performs live, showcasing his signature blend of bluegrass, folk, jazz, and classical styles. Known for his 6- and 12-string guitar mastery and troubadour storytelling, this show marks one of his four New England stops this fall. Tickets at ParamountVT.org.

Sam Robbins Live in Concert SATURDAY @ 3 PM



← **Calendar:** Email events@mountaintimes.info.
from page 13



Performance: Leo Kottke

SATURDAY @ 7 PM

Dana Cooper in Concert

7:30 p.m. Unitarian Universalist Meetinghouse, 320 Route 5 South, Norwich. Celebrated singer-songwriter Dana Cooper performs, showcasing songs from his latest album, "The Ghost of Tucumcari," featuring collaborations with renowned artists. sevendaystickets.com/events/dana-cooper-11-9-2024

Movie - 'White Bird' (PG-13)

7:30-9:30 p.m. Woodstock Town Hall Theater, 31 The Green #2, Woodstock. \$8-\$10. Directed by Marc Forster. pentangle-arts.square.site/movie-tickets

SUN
11/10

Coat Drive

8 a.m.-5 p.m. Mission Farm, 316 Mission Farm Road, Killington. Free. Drop off new or gently used coats and winter outerwear to support BROCC in Rutland. Drop-off bins will be located in the church vestibule throughout Veteran's Day weekend. missionfarmvt.org

Public Skating

11 a.m.-12:10 p.m. (Sundays) Union Arena, 80 Amsden Way, Woodstock. Adult \$8, Youth \$6, Seniors \$5, Child under 3 Free, Super Senior (70+) Free. Skate rentals \$7 (figure or ice hockey). unionarena.net

'Bright Star' Musical at Hartford High School

2 p.m. Hartford High School, 37 Highland Ave., White River Junction. \$7-\$10. "Bright Star" tells a moving true story set in the 1920s and 1940s, featuring live bluegrass/folk music. Tickets available at hartfordhighschool.ludus.com

Piano Trio Gaia - Chamber Music Series

2 p.m. North Chapel, 7 Church St., Woodstock. Donations appreciated. Trio Gaia performs Ives' Piano Trio and Brahms' Piano Trio No. 1 as part of the 2024/2025 Chamber Music Series. northchapelvt.org/music

Docudrama: 'Ten November'

3 p.m. Artistree Community Arts Center, 2095 Pomfret Road., South Pomfret. \$25. A docudrama inspired by Gordon Lightfoot's song about the 1975 sinking of the S.S. Edmund Fitzgerald on Lake Superior. This play mixes music, historical research, and personal reflection. artistreevt.org

Film Screening - 'A Photographic Memory'

3 p.m. Billings Farm & Museum, 69 Old River Road, Woodstock. \$15, \$12 for members. Kicking off the 15th annual Woodstock Vermont Film Series, this documentary follows Rachel Elizabeth Seed as she uncovers her mother's legacy through rare interviews with iconic photographers. 802-457-5303 or billingsfarm.org/filmseries

Magic Rocks! Illusionist Leon Etienne

3 p.m. Paramount Theatre, 30 Center St., Rutland. \$35 plus tax/fees. Enjoy a family-friendly spectacle featuring world-class illusions, sleight of hand, and comedy with illusionist Leon Etienne, known from America's Got Talent and Penn and Teller: Fool Us. An immersive show filled with joy, laughter, and wonder. paramountvt.org

Proctorsville Ghost Walk

3 p.m. Proctorsville War Memorial, intersection of Route 131 and Depot St., Proctorsville. Free, donations appreciated. Discover the eerie history of Proctorsville, from haunted inns to ghostly figures like "Homer" at the fire department, on this guided walk. Hosted by Cavendish Historical Society. 802-226-7807 or email margocaulfield@icloud.com

Movie - 'White Bird' (PG-13)

3-5 p.m. Woodstock Town Hall Theater, 31 The Green #2, Woodstock. \$8-\$10. Directed by Marc Forster. pentangle-arts.square.site/movie-tickets

MON
11/11

Monday Movie

1 p.m. (Mondays) Sherburne Memorial Library, 2998 River Road, Killington. Free. Contact the library for the title. sherburnelibrary.org/movie-monday or 802-422-9765

Movie - 'White Bird' (PG-13)

7:30-9:30 p.m. Woodstock Town Hall Theater, 31 The Green #2, Woodstock. \$8-\$10. Directed by Marc Forster. pentangle-arts.square.site/movie-tickets

TUES
11/12

Handcraft Gathering

2-4 p.m. (Every 3rd Tuesday) Abbott Memorial Library, Library St., So. Pomfret. Bring your knitting, crocheting, embroidery, or mending projects. abbottmemoriallibrary.org

Stick & Puck

3-4:10 p.m. (Tuesdays) Union Arena, 80 Amsden Way, Woodstock. All ages. \$10 per session. Helmet required; other gear strongly recommended. unionarena.net

Alzheimer's Support Group

4-5 p.m., (Every 2nd Tuesday) Community Health, 71 Allen St., Suite 403, Rutland. Free. A monthly meeting for Alzheimer's caregivers and family members to share experiences and support one another. The group is run by participants with hands-on experience in caregiving. chcr.org

Learn to Skate Lessons

5:30-6:30 p.m. Union Arena Community Center, 80 Amsden Way, Woodstock. \$140. Join Union Arena Skating Club for learn to skate lessons on Tuesdays, from Nov. 5 to Dec. 18, 2024. Levels include Snowplow Sam (ages 3-5), Basic Skills (ages 6+), and Pre-Free to Free Skate levels. Helmets required. Register at uaskateclub.com

Line Dance Classes

5:30-7:30 p.m. (Tuesdays) Bradford Methodist Church, 186 N Main St., Bradford. \$10. Easy line dancing at 5:30 p.m., perfect for novices, followed by a 6:30 p.m. beginner-level class. All ages welcome. Bring water and wear comfortable shoes. No need to register in advance. jeanbeanslinedancing@gmail.com

Rutland Area Toastmasters

6-7:30 p.m. (1st and 3rd Tuesdays) Courcelle Bldg, 16 N. St. Ext., Rutland. Develop public speaking, listening and leadership skills. Guests welcome. 802-775-6929. toastmasters.org

Creative Writing Class

6-8 p.m. (Final class) Artistree Community Arts Center, 2095 Pomfret Road, Pomfret. \$30 non-refundable registration fee, full tuition refund available if canceled 14 days before class start. Pre-registration required at redballooncreativecontent.com

ONGOING

Colorful Barn Quilts Created by Math Students

Through Dec. 1. Billings Farm & Museum, 69 Old River Road, Woodstock. Exhibition of barn quilts from the 6th and 7th grade students of Piermont Village School. billingsfarm.org

UPCOMING
11/13

Poultney Energy Fair

5-7 p.m. Young at Heart Senior Center, 206 Furnace St., Poultney. Free entry. Experience fossil-fuel-free dining with food trucks powered by SolarFest's solar trailer, providing 40-kWh of silent, renewable electricity. solarfest.org

11/28

13th Annual Killington 5k Turkey Trot

9:30 a.m. Pickle Barrel, 1741 Killington z, Killington. \$30 before race day, \$35 on race day. The 13th edition of the Killington 5k Turkey Trot Run/Walk welcomes participants of all ages. Proceeds benefit the Pico Ski Education Foundation. Race day registration begins at 8:00 a.m. at the Pickle Barrel. Register now at runsignup.com/Race/VT/Killington/Killington5KTurkeyTrot

18th Annual 5K Turkey Trot for Zack's Place

10 a.m. Woodstock Elementary School, 15 South St., Woodstock. \$35. All proceeds benefit Zack's Place. Participants can race in-person or remotely. T-shirts provided to participants who pre-register by Nov. 18. Post-race festivities include food, a band, and awards. No pets allowed. Main registration takes place on Nov. 27 from 3-5 p.m. or on race day from 8-9:30 a.m. zacksplacevt.org

11/29

KMS World Cup Kick-Off Celebration

3:30-5 p.m. The Foundry at Summit Pond, 63 Summit Path, Killington. \$40 advance, \$50 at door. Celebrate Killington's World Cup weekend with an afternoon of music, drinks, and community hosted by Killington Mountain School. First 50 guests receive a limited edition KMS swag item. Proceeds support the KMS Annual Fund. Pre-purchase tickets at kms.org

11/29-12/1

The Stifel Killington Cup.

Celebrate the history and passion for Alpine ski racing and cheer on Mikaela Shiffrin, who is on track for her historic 100th win. Tickets on sale now. killington.com



Coat Drive

FRIDAY - SUNDAY

[MUSIC Scene]

By DJ Dave Hoffenberg
Have a music scene coming up? Email djdavehoff@gmail.com

WED
11/06

LUDLOW
6 p.m. Off the Rails – Learn to Line Dance

POULTNEY
7 p.m. Poultney Pub - Open Mic with Danny Lang

QUECHEE
6 p.m. Public House Pub – Chris Pallutto

RUTLAND
8 p.m. Center Street Alley – Full PA/Backline Open Mic hosted by Josh LaFave

THURS
11/07

BARNARD
5:30 p.m. Rumney Barn at Fable Farm – Za’atar

BRANDON
5:30 p.m. Red Clover Ale Company – Open Mic hosted by Emily Nelson

KILLINGTON
6 p.m. The Foundry – Liz Reedy & Nick Bredice

LONDONDERRY
7 p.m. New American Grill – Open Mic Night hosted by DJ Jazzy Joel & Catnip John

LUDLOW
6:30 p.m. The Killarney – Irish Sessions with Gypsy Reel
7 p.m. Off the Rails – Sammy B

POULTNEY
6 p.m. Poultney Pub – Vinyl Night with Ken

QUECHEE
6:30 p.m. Public House Pub – Name That Tune Bingo with DJ Dave

RUTLAND
8 p.m. Angler Pub – A Sound Space Open Mic

8 p.m. Center Street Alley – Karaoke 101 hosted by Tenacious T

SOUTH POMFRET
7 p.m. Artistree – Open Mic

WOODSTOCK
6:30 p.m. Ottauquechee Yacht Club – Mountain Dog

FRI
11/08

BOMOSEEN
6 p.m. Bomoseen Lodge and Taproom – George Nostrand

BRIDGEWATER CORNERS
5 p.m. Long Trail Brewery – Daniel Brown

CHESTER
6:30 p.m. Pizza Stone VT – Sammy B

KILLINGTON
6 p.m. The Foundry – Scott Forrest

7:30 p.m. McGrath’s Irish Pub – Donal O’Shaughnessy

8 p.m. Jax Food and Games – Nick Bredice

POULTNEY
6 p.m. Poultney Pub – Tony Grassi

QUECHEE
5:30 p.m. Public House Pub – Frogz

RANDOLPH
7:30 p.m. Underground Listening Room - Shy Husky with Granite Garden

RUTLAND
6:30 p.m. Stonehedge Indoor Golf – Duane Carleton

9 p.m. Center Street Alley – DJ EG

WEST RUTLAND
7 p.m. American Legion – Aaron Audet Band

SAT
11/09

BRANDON
7 p.m. Town Hall – Brandon Has Talent

BRIDGEWATER
8 p.m. Woolen Mill Comedy Club – Comedy Night with Liam Dalton

KILLINGTON
6 p.m. The Foundry – Ryan Fuller

7:30 p.m. McGrath’s Irish Pub – Donal O’Shaughnessy

8 p.m. Jax Food & Games – Aaron Audet

8 p.m. Pickle Barrel – Ballistic Berry

QUECHEE
5:30 p.m. Public House Pub – Arthur James

STOCKBRIDGE
7:30 p.m. Wild Fern – Rick Redington & Tuff Luv

WOODSTOCK
6:30 p.m. Ottauquechee Yacht Club – Ali T

SUN
11/10

KILLINGTON
6 p.m. The Foundry – Jazz Night with the Summit Pond Quartet

8 p.m. Jax Food & Games – Jenny Porter

SOUTH POMFRET
3 p.m. Hayloft at Artistree – Sam Robbins

STOCKBRIDGE
7:30 p.m. Wild Fern – Rick Redington’s Looping Mayhem

MON
11/11

LUDLOW
5 p.m. Little Mexico – Sammy B

8:30 p.m. The Killarney – Open Mic Night with King Arthur Junior

TUES
11/12

KILLINGTON
7:30 p.m. Jax Food & Games – Taco Tuesday with Rick Webb

LONDONDERRY
6:30 p.m. New American Grill – Trivia hosted by Zach Yakaitis

LUDLOW
6 p.m. The Killarney – Trivia with Rick Davis

PITTSFIELD
7 p.m. Town Hall – Acoustic Jam

POULTNEY
7 p.m. Poultney Pub – Bluegrass Jam

QUECHEE
5 p.m. The Public House – Jim Yeager

RUTLAND
6:30 p.m. Vermont Tap House – Trivia Night

GOLD SPONSORS:

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SEASON SPONSORS:

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UPCOMING SHOWS

VISIT PARAMOUNTVT.ORG FOR THE COMPLETE LISTING

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FRIDAY, NOVEMBER 1 | 7:30 PM

CELTIC THUNDER ODYSSEY

TUESDAY, NOVEMBER 5 | 7:00 PM

Leo Kottke

SATURDAY, NOVEMBER 9 | 7:00PM

MILLIONS OF VIEWS NETFLIX YouTube Instagram hulu TikTok AS SEEN ON TV

MAGIC ROCKS! ILLUSIONIST LEON ETIENNE

SUNDAY, NOVEMBER 10 | 3:00 PM

BRIAN GLOWACKI

FRIDAY, NOVEMBER 15 | 7:30 PM

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Nurse Blake proves that laughter is the best medicine

By James Kent

By the time comedian Nurse Blake arrives in Rutland for his Nov. 21 performance at the Paramount Theatre, he'll have performed nearly 180 shows of his "Shock Advised Comedy Tour." The tour, which began in 2023 and has taken Nurse Blake around the country and to places as far away as Australia and New Zealand, has been so successful he added a second leg of his tour back in June to meet the demand.

Nurse Blake, whose full name is Blake Lynch, didn't start out wanting to be a comedian and entertainer. As Blake puts it, "I went to nursing school to learn how to insert I.V.s, not to tell jokes." Doing standup was the furthest thing from his mind. That changed in 2017 after a particularly stressful nursing shift. Blake found a creative outlet to deal with his stress and anxiety, which was creating videos for social media. These bits struck a chord, and 4 million social media subscribers later, Blake's popularity within the nursing community and beyond. His annual "Nurse Con at Sea" sells out every year. His live shows feature an hour and forty-five minutes of material, improv, and call-backs that make every performance fresh and engaging.

The COVID-19 pandemic arrived after Blake began dabbling with live performances, and as the world shut down, so did he. "That was a challenging time," Blake acknowledged, and his first instinct was to go into a bubble and isolate. He found it difficult to be creative and funny. But the nursing community compelled him to get back out there and do shows. He kept hearing from them, saying, they "needed him." That need to connect proved so strong that Nurse Blake returned to performing, which evolved into his current tour. Nurse Blake realizes the human need to laugh, saying, "If you don't laugh, you'll die."

The secret to Nurse Blake's success is relatability. "I'm just a regular guy sharing my story in a fun and relatable way," Blake said. As for which profession, nursing or comedy, is the greater challenge? "What's more difficult, trying

to save a life or trying to make 1,000 drunk nurses laugh at a performance," Blake said with a chuckle.

But it's not all laughs for Blake. He is a passionate advocate for the nursing profession. His NurseCon app offers free continuing nursing education courses, and trying to get people interested in pursuing a career in nursing is one of his main missions, whether through his comedy or advocacy efforts. Although no longer in active practice, Nurse Blake maintains his nursing accreditation and shares a strong bond of solidarity with the nursing community. If an active nurses' strike occurs near his performing venue, Nurse Blake said he tries to walk the picket line with them. It's all part of the activism side of Blake that's been there since 2013 when he started Banned4Life, which helped end the FDA's lifetime ban on gay and bisexual men donating blood.

He is also the author of two children's books, "I Want to Be a NURSE When I Grow Up" and "Nurse Blake's Santa Sent to the E.R." The inspiration for writing these books stems from Blake's desire to promote nursing to children. "We need more nurses to inspire a new generation of nurses," Blake said. "There were always books about becoming a doctor when I was growing up, but nothing about nursing."

While the nursing community may know Nurse Blake, he insists non-medical professionals enjoy his show, too. And that all points back to his relatability. Blake said that even those who can't relate to the nursing profession can relate to being a patient, and no one leaves his show without having a great time.

Tickets for Nurse Blake's upcoming performance at The Paramount are selling quick, so if you are looking to laugh, get your ticket now before they're all sold out.

For more on Nurse Blake, visit nurseblake.com. For tickets to Nurse Blake's Nov. 21 performance at the Paramount Theatre in Rutland, go to paramountvt.org



Courtesy Theater in the Woods

Theater in the Woods brings 10-minute-plays fundraiser to Poultney

Friday and Saturday, Nov. 8-9 at 5:30 p.m.—POULTNEY—Theater in the Woods Vermont will kick off its 10-Minute Plays Fundraiser at Stone Valley Arts, 145 E. Main St., Poultney with an evening of four short plays by local and visiting writers, accompanied by a fall dinner of soups, salads, and sides. This event aims to support the scholarship fund and operations for the Theater in the Woods summer camps, which serve young people in Rutland and Bennington counties. Directed by Meg Bouchard and Melissa Chesnut-Tangerman, each evening includes a talk-back session with actors and writers after the performances, allowing audiences to offer feedback on the work.

The Nov. 8 and 9 performances will feature plays by authors Karina Jutzi "The Love Language of Lions," Jon Mathewson "Pizza Love," Chip Stevens "Huh," and Martin VanBuren III "Seven Minutes." The following weekend, Nov. 15 and 16, will include new works by Herb Childress "Nine Lives," Allison Fradkin "Heard Mentality," Scott Holliman "Real Practice," and Ruth Liberman "Dinner." Each evening will begin with a meal served from 5:30-6:45 p.m., followed by performances at 7 p.m. Tickets are \$25 for a single night, with a discounted rate of \$40 available for those attending both nights on the same weekend.

Theater in the Woods, founded in 2016, has built a reputation for fostering community through the arts. The organization's summer camps provide youth ages 7-16 with a creative outlet, emphasizing theater skills, teamwork, and personal growth. Its five directors—Megan Bouchard, Melissa Chesnut-Tangerman, Live Lane, Rainbow Squier, and Wheaton Squier—bring diverse experiences to the program, aiming to empower local children and teens through theater. Proceeds from the fundraiser help cover costs for campers through a scholarship fund, keeping the program accessible to families in the region. Local sponsors supporting this event include Noble Ace Hardware, O'Brien Shortle Reynolds Sabotka PC, Foley Services, McDonald's of Rutland, and media sponsor, The Mountain Times.

For more information, visit theaterinthewoodsvt.org/ten-minute-plays.



By Rowan Daly

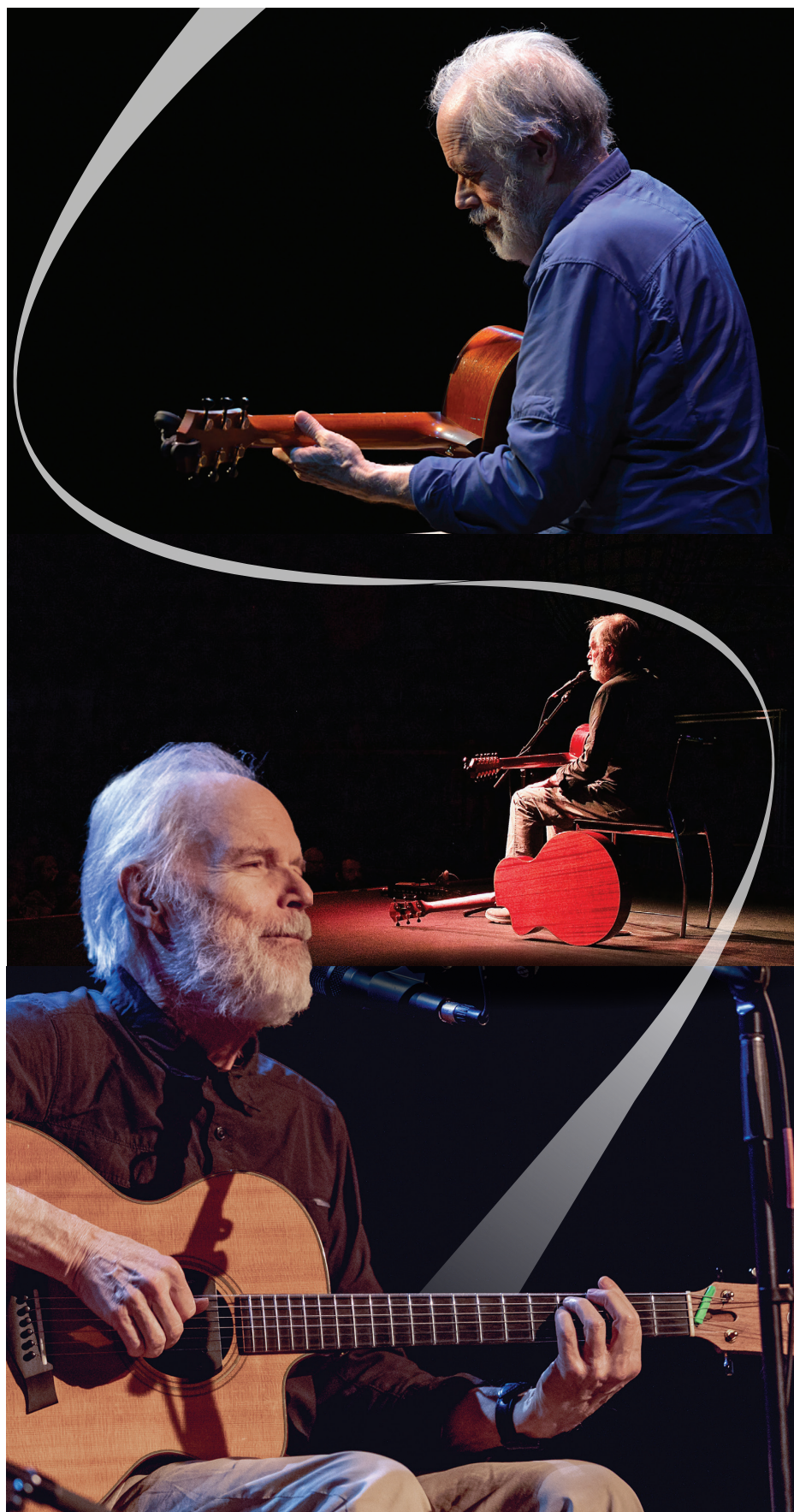
Nurse Blake brings his one-nurse comedy show to the Paramount Theatre in Rutland on Nov. 21.

Leo Kottke to perform at the Paramount Theatre

Saturday, Nov. 9, at 7 p.m.—RUTLAND—Renowned acoustic guitarist Leo Kottke, celebrated for his innovative fusion of bluegrass, folk, jazz, and classical styles, will perform live at the Paramount Theatre. Kottke's career spans over five decades, making him one of the most influential guitarists from the 1960s. Kottke is known for his signature 6- and 12-string guitar mastery and his performances also feature troubadour-style storytelling, creating a unique and intimate experience for audiences. This Rutland appearance is one of only four stops he'll make in New England this fall.

Tickets are \$45-\$55 and can be purchased online at ParamountVT.org or in person at the Paramount Theatre's box office, which is open Fridays from 11 a.m. to 6 p.m. and one hour before main stage events.

For more information, visit paramountvt.org/event/leo-kottke.



Courtesy of Artistree Community Arts Center

Sam Robbins

Sam Robbins brings his "old soul" sound to Artistree

Saturday, Nov. 10 at 3 p.m.—SOUTH POMFRET—Nashville-based singer-songwriter Sam Robbins will bring his acclaimed "old soul" sound to the Hayloft at Artistree Community Arts Center, performing his unique blend of folk, Americana, and storytelling on Saturday, Nov. 10, at 3 p.m. Known for his intricate acoustic guitar work and smooth, evocative vocals, Robbins evokes the classic spirit of '70s singer-songwriters like James Taylor and Neil Young while infusing a contemporary twist.

A Berklee College of Music graduate, Robbins has toured extensively, performing over 150 shows a year and captivating audiences with his engaging stage presence. His debut album, "Finally Feeling Young" released in 2021, has drawn praise for its introspective lyrics and modern take on classic folk themes. Robbins has achieved numerous milestones in his career, including winning the Kerrville Folk Festival's New

Folk competition in 2021 and performing at the iconic Bluebird Cafe in Nashville. He's a solo acoustic performer known for building a close connection with audiences, drawing listeners into his world with every song.

Robbins' talent for storytelling has earned him accolades from fans and critics alike. His songs, including the award-winning "Remind Me" and "Saying Amen," reflect a unique ability to explore personal and universal themes alike. Americana Highways praises his work, noting that "he writes of subjects others don't explore." At the same time, Fateau Magazine describes him as "one of the most promising new songwriters of his generation." Robbins' ability to create both intimacy and emotional depth during live performances has solidified his place in the folk music scene, making him a "Most Wanted to Return" artist at the 2023 Falcon Ridge Folk Festival.

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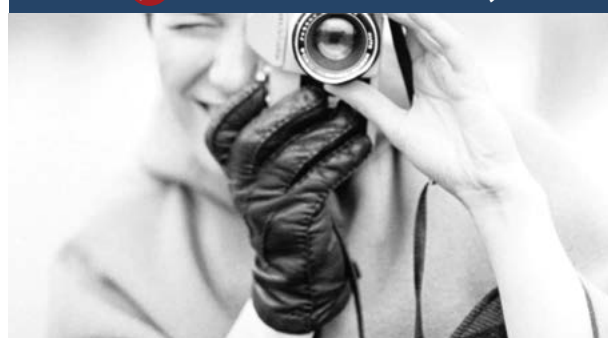
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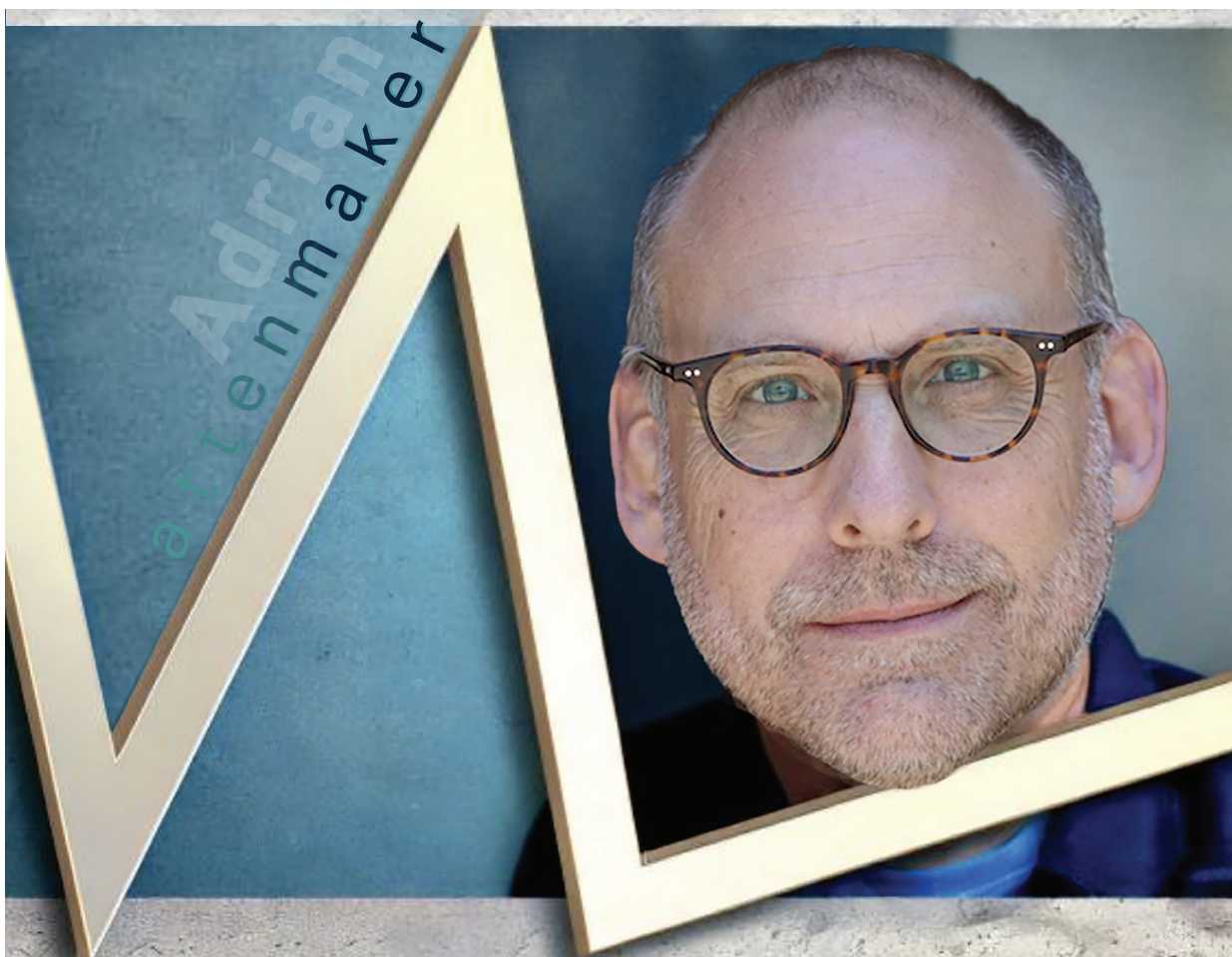
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Shaker Bridge Theatre names new managing director

WHITE RIVER JUNCTION — On Oct. 30, The Shaker Bridge Theatre board of directors announced the appointment of Adrian Wattenmaker as managing director of Shaker Bridge Theatre. Wattenmaker joins founder and artistic director Bill Coons as co-leader of this regional professional theatre company.

The Shaker Bridge Theatre's mission is to discover and create provocative, contemporary plays and to expand the boundaries of theater by presenting compelling and innovative work. Now in its second year as the resident theatre of the Briggs Opera House, Shaker Bridge is enthusiastic about sharing the theater with the community, providing a space for Upper Valley artists to present their work and hold events.

"I welcome Adrian to the SBT family with a mixture of delight and gratitude," Coons said. "His graduate education in theatre and in directing prepares him for the challenges of guiding a theatre into what lies ahead. His extensive background and experience in theatre management are evidence of his skill in knowing how to keep this complicated machine running and well-tuned. As the artistic director, I'm thrilled to have him right next to me as the managing director, a partner in our trip down the road to the promise of the future. It's going to be fun to have someone else in the front seat with me."

Wattenmaker joins Shaker Bridge Theatre after a successful run as associate artistic director of Hudson Theatre Works, Weehawken, New Jersey, where he saw the company through a time of strategic growth. At HTW, he expanded their play development and education programs in addition to directing and producing main stage productions, including new work by John Patrick Shanley, Neil LaBute, and Dan O'Brien. Wattenmaker was associate director of the 2022-2023 TONY nominated Broadway production of Stephen Adly Guirgis' Pulitzer Prize-winning play "Between Riverside and Crazy." From 2021 to 2023, he served as production manager for LAByrinth Theater Company, where he helped oversee their transition into a long-term residency at 59E59 Theaters. Wattenmaker has worked in association with Atlantic Theater Company, Second Stage Theater, Baltimore's Center Stage, HB Playwrights Foundation, Greg Stump Productions/Dela-

mo Films, Studio USA/Universal, NBC ("Law & Order"), and served on the Drama Desk Awards nominating committee.

"I am delighted to be joining Shaker Bridge Theatre and to be a part of the Upper Valley community," Wattenmaker said. "I have wanted to move to Vermont for a long time, and the cultural hub of White River Junction seems like a great fit. Shaker Bridge Theatre produces the type of intimate and engaging theatre that I relate to and feel is very important to the arts. I look forward to working closely with Bill and the Board to expand programming, grow our role in the community, and make sure that SBT is around for a long time."

As an educator, Wattenmaker has taught at Brooklyn College, Lafayette College, University of Nevada-Reno, American Academy of Dramatic Arts, and New York Conservatory for Dramatic Arts and is the former director of the School of Creative and Performing Arts (SOCAPA), Los Angeles campus. Wattenmaker earned his BA in theatre arts from Towson University and his MFA in directing from Brooklyn College.

"Shaker Bridge Theatre is thrilled to have Adrian Wattenmaker on board as our new managing director," Board President Joan Ecker said. "Adrian comes from a strong theatrical management and artistic background. Although Vermont has always been a favorite skiing spot for him, White River Junction is a completely new experience. He arrived in this little town in mid-August and hit the ground running. Between looking for a place to live, figuring out our SBT culture, learning what we need in order to grow, rebuilding the social media platform, and running the financial end of things, he's barely had a chance to say hi to our wonderful community. Adrian hasn't stopped working since the day he got here, and we couldn't be more fortunate than to have found him in the New York theater world, lured him here, and convinced him that SBT and Adrian Wattenmaker are a perfect fit. We are excited for our future now that he's in it."

Shaker Bridge Theatre's 17th season continues with "The Wickhams: Christmas at Pemberley" by Lauren Gunderson and Margot Melcon (Dec. 5 - 22), "The Effect" by Lucy Prebble (Jan. 23 - Feb. 9), and "Maytag Virgin" by Audrey Cefaly (May 8 - 25)—a season featuring all-woman playwrights.

Rockin' the Region with the 3rd Annual Vermont Comedy Festival

Start planning for the 3rd annual Vermont Comedy Festival, Dec. 5-8, with shows throughout this region. I spoke with comics and co-founders Collen Doyle and Matt Vita to learn more about this year's event. They received hundreds of submissions from comedians all over the country, which they had to whittle down to about 50. Those comics will be performing in Bridgewater, Killington, and Woodstock. For the second year in a row, their headliner is a "Saturday Night Live" alum who will be performing at the Woodstock Town Hall Theatre on Saturday, Dec. 7 at 8 p.m. Don't miss Ladies Man Tim Meadows, who also was a long-running cast member on SNL from 1991 - 2000. Collen said they're super excited to have him.

I've had the pleasure of attending the past two comedy festivals. The programming is superb, and so is the talent on stage. Each year, they add new things. Besides Tim at the WHTT, you can see shows at the Ottauquechee Yacht Club in Woodstock and more shows at the Woolen Mill Comedy Club in Bridgewater. They're continuing shows at Still on the Mountain in Killington and hope to be there at least once a month through the winter. This year, they'll close the festival at the WMCC with a show by Nadia Quinn at 7 p.m. She is a comedian and songwriter who will bring a special holiday edition of her Edinburgh Fringe Festival - hit performance, "The Nadia Quinn Show." The Still is hosting Kendall Farrell on Sunday, Dec. 1, at 7 p.m., after the



Rockin' the Region
By Dave Hoffenberg

It's a show not to be missed, with non-stop laughs.

World Cup. I interviewed him for an article in 2021. He was named Vermont's Funniest Comedian in 2015.

Collen, the founder of the Woolen Mill, said they have a new lighting system and a piano there. He hopes to incorporate the piano with some musical comedy and karaoke. They're debuting Karaoke Night at the WMCC on Friday, Nov. 22, at 7 p.m. with host/comedian Will Purpura. They're also doing it late night at the festival. If it's a hit, they hope to continue it on Fridays at the club. They're working with Sunday Drive in Woodstock to create some marijuana-themed comedy shows.

The festival kicks off Thursday at 5 p.m. with a welcome party at Ramunto's Brick and Brew of Bridgewater, followed by a 1-minute stand-up battle upstairs at the WMCC between 50+ comics at 8 p.m., and then a DJ dance party with Me at 10 p.m. The stand-up battle has been my favorite the past two years. It's a show not to be missed, with non-stop

laughs. The rest of the weekend features shows at Long Trail Brewery, OYC, SOTM, and the WMCC. The club will have shows Friday at 8, 10, and midnight, Saturday at 10 and midnight, and Sunday with Nadia. The midnight show Friday features Max Higgins, who was voted the best stand-up comic in the 2023 Seven Daysies awards. You can get more info and buy tickets at vermontcomedyfestival.com.

Rockin' the Region→21

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← **Rockin' the Region:**.....
from page 19

The festival has continued support from Pentangle Arts and Long Trail Brewery.

Collen discussed this year's festival and said, "I'm excited to work with Tim Meadows and see him perform. He's been one of my favorite comedians since I was a child. I'm most excited about bringing so many comedians from around the country and meeting new people. I feel the relationships that are coming out of this festival are really unique. We've been seeing people, after the festival, going out and touring together. We've been lucky with the people that we've selected over the years, who are awesome people to get to know. We selected 60 comedians, which is the most we've ever had, so that's exciting. Matt said, "I echo all those sentiments; Tim is amazing. I'll dig a little further on the connections factor. There are clubs in NYC where people are getting work out of this festival. I often see people who use the Vermont Comedy Festival as a credit, either when they're getting brought on stage or on a flyer. That's really cool and unique. I feel those connections are being made because of the vibe we're creating. The energy of those 4 days is unbeatable. Collen added, "We're trying to create as many opportunities as we can to foster those relationships."

Last year, their headliner was Colin Quinn, who put on an amazing show. I laughed from start to finish. Collen Doyle said, "He put on a master class on comedy. Last year, we did an industry panel Q&A with Colin, and so many people found so much value in that, to be able to sit down and talk with someone like him. I'm hoping it will be similar with Tim this year, with people being able to learn from him as well."

I didn't think this festival could get bigger and better, but it has. This year includes more programming, more comics, and bigger stars like Tim. Collen said, "It's super exciting. We've got some great comedians coming in. The flow of the festival is going to be really good this year. We're encouraging people to get their tickets for Tim as soon as possible because we're anticipating it selling out."

When Collen started the WMCC 1 years ago, people told him he was crazy, not to waste his time, and that nobody would come. He likens that to this in the sense that they're now a premiere comedy destination for comics from around the country. He said, "Expect a bigger party. I think it's very exciting. We get to bring comedy to places that don't normally have comedy. We're very fortunate the relationships we're building are continuing to grow."

Matt said, "I like to spread positivity. I like when people get together and f---ing party. This is a four-day party that's centered around doing comedy, which is my favorite thing to do in the world. LFG."



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Crossword

Solutions from page 11

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A	P	P	R	E	C	I	A	T	I	O	N
R	E	U	N	I	O	N		E	A	S	I
	S	E	E	R	S			O	S	P	R
			E	P	I				A	G	E
				E	D	D	A	S		S	O
					M	C		E	G	O	S
					M	I	A		E	D	P
I	D	S			E	E	L	S		A	F
M	A	C	S			S	E	R	A	L	
A	L	A	E							M	I
M	E	L	L	O	W				T	I	A
		A	D	A	G	I	O		N	I	A
				R	E	S	T	A	T	E	M
					E	P	O	C	H	S	

Sudoku

Solutions from page 11

6	1	5	4	2	9	7	8	3
2	3	4	8	7	5	1	9	6
9	8	7	1	3	6	4	2	5
3	4	2	9	8	1	6	5	7
1	9	8	6	5	7	2	3	4
7	5	6	2	4	3	9	1	8
5	6	3	7	1	2	8	4	9
8	2	9	5	6	4	3	7	1
4	7	1	3	9	8	5	6	2

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Aries

March 21 - April 20

You might be sighing with relief now that your patron planet, Mars, has changed signs. Now that the pressure is off family-wise, you may find a return to energy and mojo when it comes to having fun and experiencing joy and pleasure. Do make the most of it because it's not going to last. The chance to enjoy yourself again will help you take your mind off family woes and even help you gain a new perspective on matters when it's time to deal with recent dramas again.



Leo

July 21 - August 20

With action planet Mars now in your sign, you get the chance to not only reassess your goals but also pursue them. This time around, things aren't going to go to plan and will take much longer than you may prefer. Remember, sometimes, the sooner you fall behind, the longer you will have to catch up. In other news, things look rather dandy in the fun, joy, and happiness department. Do more of what you love, and you'll be rewarded.



Sagittarius

November 21 - December 20

This is such a sublime time for you. That said, a little bit of discernment may be needed. Sure, it's one thing to take on board a multiplicity of perspectives from other people. It's another to be confused by said perspectives – especially if you're feeling either derailed or rail roaded. With Mercury now in your sign, check in with yourself. Is this what you think, or is this a result of you taking too much on board with what other people are telling you?



Taurus

April 21 - May 20

This week could actually bring good news and positive outcomes regarding a financial situation. You have two of the sky's most benevolent planets activating money, cash, and overall finances right now. As they join forces, your only task is to see the opportunity in every challenge rather than a challenge in every opportunity. Good things can happen if you believe they will. Stay open and curious, and you'll be amazed by how abundance just flows. Confidence and self-belief are everything now.



Virgo

August 21 - September 20

Life is pulling you from multiple directions right now, which could be leaving you feeling rather stressed or anxious. If that's the case, then let it be known that you now have cosmic permission to call a time-out. Carve out the time you need to restore your sense of well-being or be less available to other people than usual. Reflection, meditation, and plain old relaxation may feel like the last thing you've got time for, though. However, if that's the case, you must make the time.



Capricorn

December 21 - January 20

The best outcomes regarding a tricky situation are most likely to eventuate when you're willing to change your mind. At the least, invite some differing perspectives and ponder them a bit. You're usually a master at strategy. Though, is it possible someone else at least has an idea worth exploring? This may be just the one last thing you need to do to finally put a very long and tedious cycle behind you, once and for all. Do trust yourself, but also be open to what others may have to offer.



Gemini

May 21 - June 20

Now that your ruler, Mercury, is in your court, other people are likely to play a key role this week. What are you learning or discovering about yourself and relationships overall? You see, the work you've been doing in the self-development department is likely priming you for opening up to so many new opportunities, both personally and professionally. As they do, old wounds may remind you of the way you used to be. This is just a test for how much you want to level up.



Libra

September 21 - October 20

There's a lot of negative energy out there right now. To what extent do you choose to feed into it, though? Sure, keeping your finger on the pulse is one thing, but you also don't control said pulse. The best thing you can do for yourself now to ensure a state of equilibrium is to dive into your mind and spiritual perspectives and double down on them. Go out of your way to find a sense of joy and peace in the littlest of things.



Aquarius

January 21 - February 20

The tension you feel now will be the strength you experience tomorrow. You now have the planet of irritation in your relationship zone. So it's not much of a stretch to think that other people are going to really be pushing your buttons now. They will do whatever they feel they need to do, and you cannot control that. All that you can control is how you respond to the situation. Take a deep breath, embrace a pause, and ask yourself if it's worth it. Know that a response and a reaction are two very different things.



Cancer

June 21 - July 20

You've had an intense time of things lately, and this week, you finally do get a reprieve from the energy of the past couple of months. Just because the pressure is off for now doesn't necessarily mean you're off the hook. Use this time to reflect and explore your options and perspectives. Will the current way you think about things always serve your highest self? Do the inner work required of you now. Today's hardships will most definitely be tomorrow's blessings.



Scorpio

October 21 - November 20

With a little bit of old-fashioned confidence, you'll be surprised by how much of an impact you can make on your career and overall life direction right now. Sure, there will be those who say it cannot be done. However, they should not interrupt the person who's doing it. If you have a goal, a dream, or an aspiration to change your current financial reality, believing in yourself combined with some hard work will make an incredible difference. Just be sure to develop your longer-term strategy rather than just your immediate one.



Pisces

February 21 - March 20

There is so much joy for you to be had on the home front. That said, a lot of work needs to be done, too. Life is about to set a punishing pace for you over the next several weeks. Do what you have to do to get you through. At the same time, though, also figure out how to improve your work, life, and home balance. It's one thing to work hard, but what are you actually working for? Figure out your meaning and purpose and make the appropriate adjustments.

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Cassandra has studied astrology for about 20 years. She is an international teacher of astrology who has been published all over the globe.

Petrichor: A scent of rocks and rain

When I hug my son after a day of fall bouldering, his hair smells of the sun-warmed rock we've been climbing over. It's a distinctive odor, evocative of gray ledges and golden light returning after rain, and yet it's not the rock I'm smelling, but tell-tale traces of life.

People have written about – and appreciated – that odor since ancient times. Two thousand years ago, the Roman scholar Pliny described the scent that occurred after a drought when rain first soaked the ground: “Then it is that the earth exhales this divine odor, that is so peculiarly its own, and to which, imparted to it by the sun, there is no perfume, however sweet, that can possibly be compared.”

In 1964, Australian chemists Isabel Joy Bear and Richard Grenfell Thomas published a research article describing the origins of this scent and giving it a name: “petrichor.” (In Ancient Greek, *petr* refers to rock, and *ichor* is the “tenuous essence” that runs through the veins of the gods.) Although this name implies that petrichor is essential to the rock, Bear and Thomas's research contradicts that implication.

Bear and Thomas conducted several experiments to isolate the source of petrichor within rocks. They sterilized rocks with various mineral compositions, wetted them down to verify that they were scentless, and left them in an open location sheltered from rain. After a variety of

time intervals, they again wetted the samples and assessed them for scent. They observed that over time, many rocks, but especially those dominated by silica or iron oxide, developed scent again, producing a classic petrichor aroma.

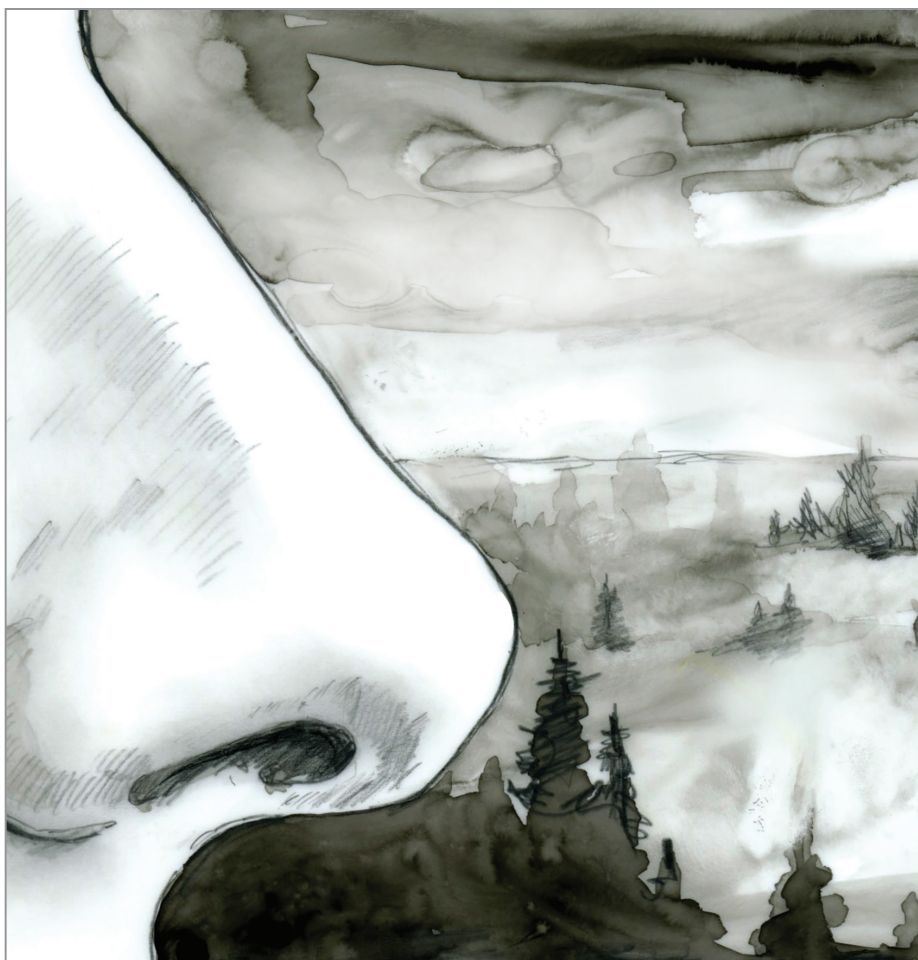
This research strongly suggested that petrichor arose not from the rocks themselves but from organic material settling out of the atmosphere and sticking onto the rocks' surface, which moisture later revived with a gust of scent. By steaming silicate-rich rocks, Bear and Thomas were able to extract oil with intense petrichor – a method, they noted, that is similar to a steam distillation process used by Indian perfumers, to produce a scent called *matti kar attar* or “earth perfume.” Chemical analysis of this oil showed it to be “organic in nature.”

Since this research, other scientists have confirmed that rock scent arises from the chemical processes of metabolism, respiration, and decomposition that occur around us all the time. Mixed with these leftover chemicals are other scents, which can give a particular place a unique smell (and become a component of petrichor). These include volatile oils from plants, compounds released by bacteria and fungi, and molecules from inorganic reactions such as ozone that form in the atmosphere during lightning strikes. While this scent's exact source and chemical composition may vary, the

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The Outside Story
By Rachel Sargent Mirus



Finding the light in the darkness

To say we've arrived at a fork in the collective road is an understatement.

Regardless of outcomes, that reality isn't going to change; it's inevitable now. It's more than probable we are already on the highway to hell; it's just a case of who will take us there faster.

All that said, though, do you need to jump on board that train? You don't have to, you know! Much of it is still about the perspective you choose. Is the glass half full? Is it half empty? Is the glass refillable? How much do you let the political theatre feed on your energy and distract

you from what is most important – your life and those in it and your spiritual growth and sustenance?

Even the darkest clouds on the horizon still contain a silver lining. Whoever looks at the good in everything, reveals that in everything there is good.

Astrology operates on the ethos of “as above, so below.” This week, the above component reveals the very worst of “astrology bad” and the very best of “astrology good.” As for the as below component, that is the free will of each of us as to whether we choose to see the bad or we choose to see the good.



Cosmic Catalogue
By Cassandra Tyndall

'The Apprentice' is a half-brilliant take on DJT, the early years

There is a moment that comes in the second half of Iranian film director Ali Abbasi's film, “The Apprentice,” or as I call it, “Trump: The Prequel,” where Donald Trump, played by actor Sebastian Stan, has his manhood called into question by his wife Ivana, played by Maria Bakalova. The Don, hopped up on too many diet pills to perform anymore, shows Ivana just who's boss in the relationship. For those who may have forgotten, the scene serves as a reminder: Oh, yeah, Donald Trump sexually assaulted his first wife. And for those less familiar with the backstory on the former president, the moment provides a refresher course that the man responsible for taking away a woman's constitutional right to her reproductive choices sexually assaulted his first wife.

Those coming into “The Apprentice” hoping for sensationalism may be surprised at the film's first half, which offers almost an empathetic portrait of a wealthy white man living under the shadow of his overbearing rich father. There is nearly a Kennedyesque kinship between Donald's desire to prove himself to his real estate mogul dad, Fred, and the way John and Robert needed to prove themselves to Papa Joseph Kennedy. In a not-so-ironic tie-in, JFK and DJT would both ascend the presidency.

In Abbasi's film, when we first meet “The Donald,” he's portrayed as his father's errand boy, collecting rent at one of his father's all-white Coney Island tenements. Stan's DJT, which features prominently as a three-letter monogram on his limo, wants to break away from under his father's shadow, and make a name for himself in Manhattan real estate, by renovating the shuttered Commodore hotel in mid-town, near the Chrysler building. Only two things stand in his way: the feds

and New York City taxes.

The Trump Organization (Fred Trump) is under criminal investigation for its racist rental policies, and it's not looking good for Father T-dog.

Until the Trump name gets clear, little Donny isn't getting any building projects off the ground.

Enter the infamous Roy Cohn. Cohn was one of the most notorious figures of the latter 20th Century, a ruthless, cutthroat, and devious lawyer to the wealthy. He helped execute Julius and Ethel Rosenberg, was cozy

with Joseph McCarthy, and, in the first half of “The Apprentice,” he plays a devilish mentor to Donald Trump. Through coercion and blackmail, Cohn clears the way for Trump to make his dreams of building an empire come true.

Cohn, performed to absolute perfection in a startling, amazing turn by Jeremy Strong, is reprehensible but hypnotic, and one can't help but find some bizarre kinship for this guy. Perhaps that ability to simultaneously repel and attract is why someone like Trump remains relevant. Clearly, Trump is terrible, off his rocker, and not someone you'd want leading a one-person parade down a 10 foot-long alley, never mind helming one of the most powerful nations on earth, but his ability to promise the moon while delivering nothing but pop rocks is a formula that hasn't run out of consumers. Strong's Cohn sees something in Stan's Trump and recognizes that the guy's charisma and “I won't say no” attitude could take him places.

And it's in this first hour, firmly set in the 1970s, where you'll find yourself most vested in “The Apprentice.” Stan plays Trump as kind of a low-cultured wimp, and the characterization doesn't seem too far off from the

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Screens and Streams
By James Kent

Over the hills and far away

Several months ago, I wrote about my son's high school graduation and how shocked my wife and I were when we learned that he had told the entire graduating class that he was headed for Japan once his senior year ended. We discovered his intentions after the valedictorian mentioned it during his speech.

"I even have one classmate who plans to backpack across Japan in the fall," said the speaker (to which the entire crowd gasped in disbelief).

My wife and I were aghast to hear this announcement. Had our child's off-handed dinner-time remark about backpacking through Japan actually made it outside of our home?

When our smiling son approached us after receiving his diploma, the first thing I said was, "You do realize that you're going to look really bad now if you don't go to Japan?"

He confidently replied, "Don't worry, Dad, I got this."

And then, somehow, my seemingly disinterested-in-the-future child found a way to earn thousands of dollars over the summer break while planning a trip abroad. In September, he joined several other like-minded travelers for a three-month tour of Australia, Thailand, and Japan.

Well, I'm happy to report that, as of this week, he has officially set foot in Japan, fulfilling his graduation promise and thoroughly shocking his parents in the process.

His first stop was Australia. While there, he traveled from Melbourne on the lower east side of the country up to Cairns on the northeast side, stopping in the bustling city of Sydney along the way. He and his friends goofed around with kangaroos, danced in nightclubs, snorkeled the Great Barrier Reef, and even climbed the Sydney Harbour Bridge.

He loved Australia and was sad to leave, but he was excited for his next adventure in Thailand. They started their journey in the jungles of northern Thailand, where they visited countless Buddhist temples that were too beautiful to describe. Then, they wandered south to Bangkok to investigate the city and its unique food and culture. Finally, they roamed about the beaches in southern Thailand to bask in the warm, tropical sun.

And now he's in Tokyo. And even though he's only been there a couple of days, he's convinced it's where he wants to spend the rest of his life (my wife and I find this distressing, given how far away it is from our home base).

We've learned about most of our son's experiences during this trip, not from his communication (we're lucky to get a text once a week) but from the photo-sharing site that someone in the group set up. This has been helpful and also enlightening because the photos are not curated by our son prior to being uploaded.

Thankfully, one of the guys in the group is a bit of a shutterbug, so he constantly uploads photos of the group's activities. After the first few weeks, my keen eye started to notice that our son was often standing near the same young woman. I pointed this out to my wife, who scoffed at the idea that he was romantically attached to another traveler (because, you know, that never happens).

While I was reading one night, my phone's alert went off. It was the familiar tone signaling that content had been uploaded to the photo-sharing site. I quickly logged in and began to peruse the new images. My eyes darted about each photo to see if my son was present.

After I swiped three or four times, an image appeared of my son and the aforementioned young woman nuzzled together

in a rickshaw on the streets of Bangkok. I copied the photo and texted it to my son with the caption, "Anything you want to tell us?"

It took about 24 hours before he finally replied that yes, indeed, he was smitten and that the young woman in question was someone he was greatly interested in. "You would love her, Dad," he stated. "She's the best travel companion I've ever had."

This week's film, "Brothers," also involves travel companions, but in this case, it involves two degenerate brothers on a road trip looking for that one final score of a lifetime.

Starring Josh Brolin, Peter Dinklage, and Brendan Fraser, "Brothers" unfortunately takes top-tier actors and hands them a bottom-shelf script that relies on tired and formulaic gags. I wanted to like this film, but it wasn't unique enough to command my attention.

Check this one out if you're bored and have nothing else to watch. It has a few quality laughs, but not enough to make it a winner.

A short-sighted "C" for "Brothers" is now available to stream on Amazon Prime Video. Got a question or comment for Dom? You can email him at moviediary@att.net.



The Movie Diary
By Dom Cioffi



Preparing for winter

One slide of the big yellow shovel at a time. The metal-tipped edge slides smoothly across the artificial wood. Slowly, deliberately, I work my way across the deck. It's a deck that has hosted



Living the Dream
By Merisa Sherman

some pretty awesome musicians, but all I need for now is for it not to host this heavy snow. One shovelful at a time, My right bicep curls as my left one reaches out, my arms are screaming from the weight of the heavy, wet snow, and I just know that the metal in my left

forearm is going to bend and I'll have to walk around with a crooked arm until I can get it fixed. I hit a raised board on the deck and let out a monstrous groan, just a little, as my left forearm vibrated from the impact. I lift up the next shovelful, willing myself past the nightmare of another broken arm and...Just. Keep. Shoveling.

I don't know why this hurt so much. I have been preparing for this shoveling experience throughout the summer and all of the fall. My core is strong, and my traps and dents have been training for this damn moment, and I'll be darned if I can't rock

this 15 by 15-foot deck that covers my septic tank. And the stairs to the front porch. And the back porch. And the entrance to the snake house. And the barn. And...no, I think that's everything. Until I head up to my mom's house, it is usually about one to two hours of shoveling, making the lines perfect, and building up the sidewalls in just the right way so that everything looks even and beautiful. I hate crooked shoveling lines.

One to two hours in zone two; that's a perfect afternoon of paddling. Working my traps and delts, keeping all the muscles in my forearms strong and limber, making sure my wrist is moving about in all different angles. Paddling a canoe might be the exact opposite movement as shoveling, but it is the exact same in so many different ways. First of all, water is heavier than most snowstorms, so when it comes to lifting the shovel full of snow, I'm ready for that. A heavy snow is more like a powerlifting day than a good paddle, but they both have that rotational movement that brachioradialis and the obliques. Such a good twisting muscle, like what gym rats would do in a lunge and reach movement. Or something that would work for moving the rock circle around your fire pit for the twelfth time or chopping wood.

While raking leaves the other day, it occurred to me that while prepping for the snow to fall on my lawn, I was indeed prepping

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Stick around and grow

This is the time of year when nature shows us how to let go
When all of the leaves have fallen
The trees stand proud and bare
They slowly release what does not serve them
What they leave behind in the soil helps fuel their future growth.
When the cold crashes in hard, the naked branches don't hold snow
A deciduous decision to drop the dispensable
Leaving the tree least vulnerable to being damaged
They protect themselves by focusing inward
Spring is only months away and they are prepared to sprout their best self.
As we tend to eventually learn from nature
Branching out can leave us vulnerable if we show our genuine self
But there is a reliable way to keep evolving
We can look inward and reflect on our true self, beyond the bark
Our roots.
We reconnect with the core fiber of who we are
Without all of the noise, the leaves, the display
To own who we are, knots and all
We figure ourselves out and make a plan
So that we may sincerely focus on standing taller and reaching higher.
And when the blustery blizzards finally break
Our chance to spring into action will be waiting
Since we've let go of what we didn't need
And we've reflected on what we are and aren't
We can now give our whole self to new growth.



Dream in Color
By Will O'Donnell



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Living the Dream: from page 25

for the snow to fall on my deck. It made me chuckle for a few moments, and then I started writing this column in my head. I could imagine myself shoveling snow as I raked my lines across the one section of my lawn that just gets pummeled with leaves. I have to rake them because the leaf rot makes all kinds of pocked marks in the grass, and it just looks poorly maintained by spring. The grass needs to breathe. Now, I could use my leaf blower, but it doesn't get all those tiny little leaves that are rotting into the ground. I wouldn't be getting strong enough to ensure that I can do all my shoveling come winter.

Autumn chores make us stronger for winter chores. With each box I lug out of the barn to make the seasonal transition, I can feel my muscles growing stronger. It also reminds me that maybe we should make these boxes lighter over the next few decades as I wonder if I'll still be able to pick them up. But then I remember that my canoe weighs 38 pounds. None of these boxes weighs more than that

(I hope), so I better just keep practicing carrying this weight so I can keep paddling and be strong enough to shovel when I need it but also strong enough to yank the handlebars of my snowmobile where I want them to go without having to throw my entire body around.

Vermont life feeds Vermont life. I constantly hear my neighbor stacking and chopping all his firewood. He's in his late seventies and still takes care of all his wood himself. Still doesn't own a wood splitter. I want to be like that, maintaining my property on my own merits but still having all the leaf and snow blowers hidden away in the back of the barn in case my arm breaks again. You can never be too prepared for a Vermont winter. If the damn thing ever starts.

Merisa is a long-time Killington resident, global real estate advisor, and Coach PomPom. She can be reached at Merisa.Sherman@SothebysRealty.com.



By Merisa Sherman

← Screens & Streams:..... from page 24

real version. He has no artistic sensibilities, and in a brilliant and hilarious scene, Trump finds himself striking up a conversation with one of the most recognizable artists of the day, Andy Warhol, and sincerely having no clue as to who he is and what he does. Stan, who's building up an exciting resume playing real-life characters such as Tommy Lee and Jeff Gilooley, disappears into the role of Donald Trump. And by disappear, I mean you will be hard-pressed to recognize Sebastian Stan, the actor, almost as much as you'll be hard-pressed to identify any resemblance to the real Donald Trump. Stan doesn't much resemble the man who we all know too well. But that doesn't hinder the film. Stan knows he can't look or sound like the real McCoy, and he doesn't try for an imitation. Instead, Stan goes the performance route and taps into some of the mannerisms and phrasings, even giving us those bizarre Trump sniffs towards the end of the movie. It serves the film better than if he were performing under 40 pounds of face makeup or some CGI recreation.

Abbasi's filmmaking style is quite effective. He opts for a 1.33:1 square format aspect ratio, shot in 16mm. This choice gives the film a dirty, gritty documentary style and lends authenticity to the reaction of 1970s New York. It's a bit of a marvel that the film so closely mirrors the look of New York City in the 1970s, a clever marriage of stock footage, art direction, costumes, and cinematography. Abbasi, whose prior film, "Holy Spider," showed promise, makes it known here that he is a filmmaker to watch. For a time, the screenplay, the performances, and Abbasi's direction are firing on all cylinders, and one can scarcely believe a movie about the early rise of Donald Trump could be so great.

The unholy marriage between Trump and Cohn makes for a fascinating 60 minutes. If comparisons of Trump and Hitler persist due to DT's continual if unintentional (are they unintentional?) misuse of past Hitler speeches and rhetoric, then it isn't so far a stretch to see Donald Trump's relationship with Roy Cohn as symbiotic to that of Adolph Hitler and Ernst Röhm. Like Cohn's support of Trump, Röhm was one of Hitler's earliest and loudest champions. Röhm and Cohn were both homophobic and antisemitic, although both privately were gay. Cohn, ever

a puzzling dichotomy of who he was and what he portrayed, was also Jewish but threw around antisemitic slurs like party favors.

And when both Hitler and Trump achieved a level of success that outlived the use of their one-time allies, these one-time apprentices discarded their masters. Röhm found himself executed as part of the SS take-over of the SA in the Night of Long Knives. Cohn, as he fought a losing battle with AIDS (which he denied publicly having,) found himself on the outside of Donnie's inner circle and couldn't get him on the phone.

The film's second half does explore the crumbling relationship between Cohn and Trump, but it isn't as in-depth, interesting, or fun as the rise of their union in the first half.

That is the most significant issue with "The Apprentice." Once the 1980s occur, and the film shifts to a sort of VHS-quality aesthetic, the Trump rise to power is not that interesting. The shortcomings of the man are on full display, yet there is no empathy. The path to success forged by Cohn's influence destroys any remaining humanity in Trump, and all that's left is a guy with big ideas but little else. Donald Trump likes making a deal. That's the thrill for him, but the rest is of little interest. His pursuit of Ivana Trump is like his real estate deals. Winning her over and making her his wife is the deal to seal, but afterward, he couldn't care less.

Although the film ends with writer Tony Schwartz interviewing Trump for what will become their best-selling book, "The Art of the Deal," we already know what happens in the sequel. The movie wraps up on a bit of a soggy note. And perhaps that's the point. There isn't much depth to Donald Trump, and the fact that a filmmaker could keep an audience engaged in his story for as long as he does is a triumph. I, for one, wasn't sure I wanted to make this viewing journey and was surprised at how interesting it was—for a time. If nothing else, the film is worth watching for the standout Jeremy Strong performance, which is commendable enough for awards consideration. Depending on the final results of Nov. v, one way or the other, people will have had enough of DJT to last a lifetime, and awarding this film may prove too tough a pill to swallow for some.



Courtesy Tailored Films LTD

Jeremy Strong (as Roy Cohn) and Sebastian Stan (as Donald Trump) in "The Apprentice"



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← **TOS:**.....
from page 24

collective effect is a recognizable “smell of rock.”

As Bear and Thomas demonstrated, a close-up sniff of dampened rocks reveals this scent. But how does it rise up in the air, all the way to our noses? And what does rain have to do with it?

In 2015, mechanical engineers Young Soo Joung and Cullen R. Buie identified a three-step process by which a raindrop can produce mist. When a water drop hits the soil surface, air is trapped, forming a bubble. As the raindrop continues to collapse onto the soil, the first bubble breaks into smaller bubbles, which rise toward the drop surface. They burst from the surface of the raindrop, releasing minute jets of water that become a fine mist. Joung and Buie confirmed that the most likely condition for this aerosolization process to occur is when light rain falls on dry sand-

dy-clay to clay-type (silica-rich) soils. Joung and Buie conducted a second experiment to determine whether this aerosolization process could also carry surface residue into the air. They added dye to soil samples, exposed the soil to water drops, and suspended a piece of glass above where the water drops hit. Colored specks formed on the glass, which confirmed dye molecules had moved out of the soil into the water drop and had become trapped in the escaping mist. The same process transports scent molecules off rock and soil surfaces into the air to appreciative human noses.

Rachel Sargent Mirus is a teaching artist and writer. Illustration by Adelaide Murphy Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine sponsored by the Wellborn Ecology Fund of New Hampshire Charitable Foundation: nhcf.org.



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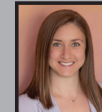
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Warm and comfortable two-family contemporary home with barn/single car garage located in a natural wooded setting on 1.3 acres. Upper-level unit offers a spacious open floor plan with high vaulted beamed ceilings. There are two bedrooms and a full bath on the main level, and an open stairway to the top-level master bedroom with a half bath. The lower-level two bedroom, 1 bath walkout basement style unit also offers an open floor plan with kitchen, dining/living room area with a wood burning stove. Very desirable central location. The property is being sold furnished with some exceptions.

Listing Broker: **Gary Thompson. Call 802-779-2722** for a private showing.



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Killington Grand Hotel sale sets new sales record

The most expensive interval ownership condominium in Killington was sold by Killington Pico Realty on Nov. 1, for \$210,000—one of two interval condominiums in Killington to sell for more than \$200,000 in the same week. For perspective, this same interval condominium sold just 16 months ago for \$134,000. Krista Mosher and Jessica Posch of Killington Pico Realty brokered the sale.

The Killington Grand Hotel is a four-star luxury hotel boasting 200 well-appointed rooms, each with breathtaking views of the surrounding Green Mountains. Owners have 13 weeks to use, rent, or trade vacation destinations around the

world. Owners enjoy a range of world-class amenities, including a luxurious spa, fitness center, outdoor heated pool and hot tubs, elegant common areas, fine dining at Preston’s Restaurant, ski, and bike storage, valet services, an exclusive owner’s lounge, and direct access to the ski lifts and summer attractions via the distinctive footbridge over Snowshed Pond.

This 2-bedroom lockout unit offered over 1000 square feet of living space with sleeping accommodations for 10 and featured a well-equipped kitchen with granite countertops, a generous living area with a sleep sofa and Murphy

bed, two full bathrooms, and a private balcony with stunning views of the Green Mountains.

Broker/owner Kyle Kershner, also an owner at the Grand Hotel, postulated that the recent bidding wars are the result of tremendous pent-up demand after a record-breaking four-month period this summer during which no units were available for sale. While prices in Killington have appreciated dramatically across all residential real estate categories, demand for luxury slopeside lodging has significantly outpaced all other property types.

Perhaps as important in driving

demand, the Killington Grand Hotel is located steps away from the highly anticipated Killington Village, scheduled for groundbreaking in 2026.

Passionate skiers, snowboarders, mountain bikers, and savvy investors have recognized this unique opportunity to stake a claim at ground zero of New England’s most exciting new development in decades.

Only one unit is currently for sale at the Grand Hotel, and as demand continues to exceed supply, units should experience further price appreciation.

For more information, visit: KillingtonGrandHotelForSale.com.



Final Phase The Vistas

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