



SUMMER GUIDE

There's so much to do! Need help deciding? We've got you covered. Check out our Summer Guide within this edition and on stands throughout the season.

Special section



JULY IS NOW LAKES APPRECIATION MONTH

On Monday, July 1, Governor Phil Scott proclaimed July as Lakes Appreciation Month in Vermont. The state's 800 lakes and ponds are among Vermont's most valuable natural resources.

Page 7



FOURTH OF JULY FESTIVITIES ABOUND

Fireworks, community barbecues, parades, pool parties and more, local communities host a plethora of activities all day and night.

Page 18

Feds give Killington \$25 million grant

RAISE grant adds to \$19.1 million received to date for municipal water and the reconstruction of Killington Road

By Polly Mikula

The town of Killington was awarded \$25 million by the federal government to engineer and construct Phase 2-4 of its Killington Forward development. The town received the Rebuilding American Infrastructure with Sustainability and Equity (RAISE) grant approval on Wednesday, June 26 in a letter from the U.S. Dept. of Transportation and held a special meeting to announce the news Friday, June 28.

"We have up until Sept. 30, 2028, to begin construction and then we have five years to complete construction," said Killington Town Planner Lisa Davis Lewis, who wrote the RAISE grant application. "The award amount does include engineering costs, so I believe once we engage a project engineer that would be the commencement of the project."

The \$25 million grant for Phase 2-4 will fund

Killington Road improvements from The Lookout to Anthony Way. The waterline in through that section will be constructed at the same time, but will be funded through a State Revolving Fund loan.

"This RAISE grant at this point in time is significant and perfectly timed," said Jepson.

"This grant award clears the way for us to begin these next stages immediately," said Selectman Jim Haff. "It will speed up the timeframe by at least a few years... particularly the development of workforce housing, which we now don't have to wait to build."

Phases 2-4 includes removing the high-speed

right-turn slip lane at West Hill Road and replacing it with a new right turn lane, upgraded signal and pedestrian crossing, according to the RAISE grant factsheet.

A new traffic light and pedestrian crossing will be installed at Dean Hill Road. Additionally, about half a dozen crosswalks are planned along Killington Road with rectangular rapid flashing beacons (RRFB) at locations lacking a traffic light. Bus pullouts and shelters will also be constructed.

An 8-foot wide shared use path will be built along the full length of the west side of Killington Road (approximately 2.7 miles) and a new 6-foot wide sidewalk will be built on the east side from West Hill Road to the Wobbly Barn (1.4 miles) where possible.

RAISE grant → 12

Paramount Theatre receives \$1 million to complete expansion

Downtown Rutland's Paramount Theatre was one of eight Vermont recipients to receive Northern Regional Border Commission (NBRC) Catalyst grants totaling \$7.9 million. Phil Scott, Senator Bernie Sanders, Senator Peter Welch, and Congresswoman Becca Balint, along with NBRC, made the announcement Thursday, June 27.

The \$1 million grant is a portion of the total project cost listed as \$3,340,945.

The Richardson Building's top two floors will be totally renovated into two 4,000 square foot multi-use venues with ancillary support spaces, according to the grant news release. The project will unite the the adjacent Richardson Building with the current Paramount Theatre spaces.

"The jewel of Rutland is going to shine even brighter," Paramount Executive Director Eric Mallette commented on Facebook. "This is a vote of confidence not just in The

Paramount, but in Rutland!"

The renovated Richardson Building will include a full-service kitchen, ADA-accessible elevator and panoramic views through new windows installed on its western wall. An all-new 200-capacity theatre will not have a fixed seating plan and will be used for anything from corporate events to small performances. The plans also will triple the overall restroom space, double the space for the concession area, relocate and

modernize the box office, and install equipment for better air quality.

"These are the kind of investments essential to revitalizing communities across Vermont," said Governor Phil Scott. "I want to thank the NBRC and Agency of Commerce and Community Development for their hard to work to support these projects, and the Congressional delegation for their advocacy for this funding each year."

"In these difficult times, it is Paramount → 4

Rutland teen dies, two others seriously injured in Mendon crash

Staff report

A Rutland teenager was killed and two others were seriously injured in a crash at 5:52 a.m. Sunday morning, June 30 in Mendon. State Police Corporal Mark Busier from the Rutland barracks issued the report later that day.

The single-vehicle crash occurred on Notch Road near South Mendon Road. The 2000 Volkswagen Jetta involved was totaled and driver Gavin Barmore, 17, of Rutland, pronounced dead at the scene. Barmore had reportedly gone off the road and struck a tree.

Passengers, Timothy Moran, 19, of Chittenden, and Collin Chamberlain, 18, of Rutland, were taken to Rutland Regional Medical Center then to Dartmouth-Hitchcock Medical Center. Their injuries were described as "serious."

The police report said the cause of the crash is unknown and continues to be investigated. Members of the public with information are asked to contact the Vermont State Police Rutland Barracks at 802-773-9101.

The report states that only Barmore was wearing a seat belt. Road conditions were listed as dry at the time of the crash.



By Kevin O'Connor/VTDigger

A sign at the Shaw's supermarket of Ludlow promised shoppers that the store would reopen, but it took over 11 months to fulfill that promise. On Friday locals rejoiced at the grand re-opening.

After a year, Shaw's reopens in Ludlow

By Polly Mikula

The flood of July 2023 devastated many local communities; among them Ludlow suffered greatly. Now, nearly a year later, Shaw's super-

market celebrated its grand reopening Friday, June 28, at 9 a.m. at its downtown store located at 213 Main Street. Having lost all its inventory

and sustained significant damage the parking lot, which has been eerily empty for 11 months was

Shaw's → 10

DNA identifies remains as Cavendish man who disappeared in 2010

DNA testing has revealed that a human skull discovered four years ago in Cavendish is that of a man who had been reported missing in June 2010. The Dept. of Public Safety released that test results, June 10, followed by a news release.

The remains were positively identified as Bryan Gomez of Cavendish, who was 48 years old when he disappeared. A neighbor reported him missing to the state police on July 6, 2010, after having not seen him since June 10. Search efforts and ongoing investigation into his whereabouts had been unsuccessful.

In November 2020, a hunter in the woods in Cavendish located a human skull and reported the discovery to the police. Forensic examiners were able to obtain DNA from the skull and compare the genetic profile to the siblings of Mr. Gomez. The comparison indicated there was strong support for relatedness.

The Vermont Chief Medical Examiner's Office determined the DNA comparison was sufficient to make positive identification, and earlier this year formally concluded that the remains were those of Mr. Gomez.

Subsequent forensic

work has been unable to determine the cause or manner of Mr. Gomez's death. Anyone with information relevant to this case should contact Sgt. Jason Lengfellner at the Westminster Barracks at 802-722-4600. Information also may be provided anonymously online at: vsp.vermont.gov/tipssubmit.

In the news release, the state police dept. thanked "the individuals and agencies involved in the search for Mr. Gomez over the years and the work to positively identify him, and expresses deep condolences to the family and friends of Mr. Gomez for their loss."

Wires buried, poles pulled

By Curt Peterson

Hartland Select Board Chair Phil Hobbie told the Mountain Times, "Today is a big day! And a long time coming!"

Hobbie, wearing a hard hat, stood watching as Green Mountain Power crewmembers pulled the first of several poles from the ground at the recently reconfigured Three Corners intersection in Hartland, at 10 a.m. Tuesday, July 2. Utility and communications cables once hanging over the intersection like a giant spider web, were buried underground a month or so ago, opening up the area and making it seem like the

Wireless → 7



By Curt Peterson

GMP removes electric poles from the Hartland intersection.

National nonprofit Petco Love invests \$7,500 in Rutland County Humane Society

Rutland County Humane Society (RCHS) is set to receive a \$7,500 grant investment from national nonprofit Petco Love in support of their lifesaving work for animals in Rutland County, according to a June 26 news release.

Petco Love is leading change for pets by harnessing the power of love to make communities and pet families closer, stronger, and healthier. Since its founding in 1999, Petco Love has invested nearly \$400 million in adoption and other lifesaving efforts. And Petco Love helps find loving homes for pets in partnership with Petco and more than 4,000 organizations — like RCHS — across North America, with 6.8 million pets adopted and counting.

"Our investment in the Rutland County Humane Society is part of more than \$15 million in investments recently announced by Petco Love to power local organizations across the country as part of our commitment to create a future in which no pet is unnecessarily euthanized," said Susanne Kogut, president of Petco Love. "Our local investments are only part of our strategy to empower animal lovers to drive

lifesaving change right alongside us. We launched Petco Love Lost, a national lost and found database that uses patented image-recognition technology to simplify

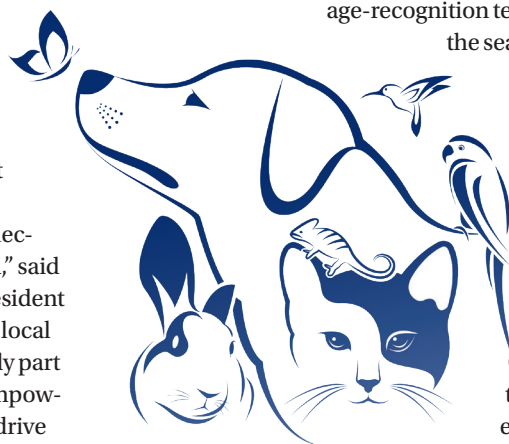
the search for lost pets."

"RCHS is so appreciative of the continued partnership with Petco Love to provide funds for our programs for the pets and people in Rutland County. Their continued generosity has enabled us to provide

medical care, comfort, and love for pets in our care," said Beth Saradarian, executive director of the Rutland County Humane Society.

The Rutland County Humane Society is a nonprofit organization dedicated to and advocating for and working towards a responsible and humane community. RCHS shelters and provides compassionate care while finding loving homes for at-risk and companion pets serving Rutland County. Since 1959, RCHS estimates it has cared for or assisted over 125,000 animals including dogs, cats, rabbits, guinea pigs, birds, and in the early years skunks, loons, fawns, goats, and horses.

For more information, visit rchsvt.org or petcolove.org.



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Submitted

White River Junction celebrates the opening of 42 affordable apartments

New apartments help address workforce housing challenges in Upper Valley

On Wednesday, June 26, the White River Junction community celebrated the official grand opening of 42 new affordable apartments downtown with a ribbon cutting and an apartment tour. The apartments, named Riverwalk Apartments, were developed by DEW Braverman with an agreement to sell the building to Twin Pines Housing and Evernorth who will ensure the apartments will remain affordable forever.

“The issue of the day in the Upper Valley is housing, housing, housing. This project represents an important step forward for the community,” said Hartford Town Manager John Haverstock.

The newly constructed Riverwalk Apartments help address the shortage of homes for people in the Upper Valley workforce. The apartments are within walking distance to many downtown services and amenities including mass transit, two schools, the town hall, parks, a salon, government offices including family services, groceries at the Co-op Food Stores and Stern’s Quality Produce, two banks and the LISTEN Community Dinner Hall for residents who would benefit from programs designed to decrease food insecurity.

“We are thrilled with the culmination of this project,” said Twin Pines Housing’s Executive Director Andrew Winter. “It marks a significant milestone as the first project to utilize funding from the Upper Valley Loan Fund. Riverwalk’s successful completion

underscores the challenges of creating affordable housing and highlights the pressing need within our community.”

Riverwalk was designed to be an energy efficient building with ample parking and large apartments. The parcel sits above the Connecticut River, offering the residents of our new building unmatched scenic eastern views into New Hampshire and

Funding totaling more than \$16.5 million from a mix of public and private sources was raised to cover the total development costs.

western views of White River Junction and surrounding areas. By building a highly energy efficient building with cold climate heat pumps, Riverwalk Apartments will save 117 tons in annual CO2 emissions.

Funding totaling more than \$16.5 million from a mix of public and private sources was raised to cover the total development costs. Federal Tax Credit Equity administered by the Vermont Housing Finance Agency (VHFA) and provided by Evernorth’s Housing New England (HNE) Funds IV & V totaled over \$7.6 million. The Vermont Housing and Conservation Board contributed over \$6.7 million, including \$5.8 million in ARPA (American Rescue Plan Act) funding and \$595,000 in HOME funds. Evernorth’s Upper Valley Loan Fund (the Loan Fund) contributed \$1.9 million — Riverwalk is the first completed development for the Loan Fund. The Vermont State Housing Authority (VSHA)

awarded four project-based Section 8 vouchers and four Veterans Affairs Supportive Housing (VASH) vouchers. Other funders include the Community Recovery and Revitalization Program and Efficiency Vermont.

“Today marks a significant milestone in our collective mission to create inclusive communities. With the acquisition of this newly constructed building, we are not just adding much-needed affordable housing; we are securing stability for our workforce and fostering a brighter

future for our entire community,” said Nancy Owens, Evernorth’s president and co-founder. “This collaboration between the private and nonprofit sectors underscores how impactful change occurs when we unite for a common cause.”

Evernorth is managing the Upper Valley Loan Fund, a \$10.45 million fund supported by investments from eight prominent Upper Valley employers. The UVLF provides low-cost, flexible financing to developers and other entities for affordable apartments.

The eight employers participating in the UVLF are Bar Harbor Bank, Citizens Bank, Dartmouth College, Dartmouth Health, Hanover Co-op Food Stores, Hypertherm, King Arthur Baking, and Mascoma Bank.

Twin Pines and Evernorth partnered to purchase the Riverwalk Apartments building from the DEW Braverman Development Company
WRJ apartments → 10

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MOUNTAIN TIMES

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Submitted

The Paramount Theatre and Richardson Building (to the left of the main entrance) are undergoing a multi-million dollar expansion, aided recently by a \$1 million grant.

← **Paramount:**
from page 1

imperative that the federal government deliver for Vermont communities in real, timely, and effective ways,” said Senator Bernie Sanders. “I am glad to see these funds awarded to Vermont and look forward to seeing the meaningful ways they will strengthen our communities, bolster local economies, and bring more resilience to our infrastructure.”

When evaluating potential projects, the Catalyst program considers project readiness, economic impacts, impacts on Vermont’s skilled workforce, project location, regional input and priorities, and the project’s transformational nature.

This is one of two Catalyst funding rounds in 2024. Here is the complete list of Spring 2024 awardees. 2024 Fall Catalyst Competition pre-applications are due Sept. 6, 2024.

2024 Vermont Spring Catalyst Awardees

1. The Otter Creek Child Center, Inc., Addison County, NBRC Award: \$397,806.16. Total project cost: \$795,612.3. Construction of a 13,000 square foot childcare center to accommodate 139 children age 6 weeks to 5 years.
2. City of Barre. NBRC Award: \$2,875,870. Total project cost: \$6,375,870. Residential development for a range of housing from affordable to market rate. Up to 128 units could be developed.
3. Paramount Center, Inc., Rutland. NBRC Award: \$1,000,000. Total project cost: \$3,340,945. The Richardson Building’s top two floors renovated into two, 4,000 sq. ft. multi-use venues with support spaces.
4. Town of South Hero. NBRC Award: \$500,000. Total project cost: \$1,276,500. Restore and renovate a multi-purpose community center.
5. Alburg Family Clubhouse, Grand Isle County. NBRC Award: \$166,505.96. Total project cost: \$335,809.66. Construction and operation of a non-profit, full year, early care and education program in a new childcare facility for 62 children from birth to grade 5.
6. Town of Bennington. NBRC Award: \$1,000,000. Total project cost: \$6,333,558. Redevelopment of a former high school to bring 100,000 square feet into use with a mix of housing, commercial space, and community recreation facilities.
7. Craftsbury Saplings. NBRC Award: \$1,000,000. Total project cost: \$5,262,642. Construction of a new 7,000 square foot childcare center to increase capacity from 19 to 54 children.
8. Town of Middlebury. NBRC Award: \$1,000,000. Total project cost: \$3,750,000. Construction of an additional water storage tank.

RRMC is the sole Vermont hospital named Blue Distinction Center for maternity care

Improving quality of care for birthing has been a laser focus for Rutland Regional Medical Center’s (RRMC) Women and Children’s Unit and Birthing Center. This past January, the steady work to improve maternal health outcomes paid off when the hospital was formally named a Blue Distinction Center for Maternity Care—the only hospital in Vermont to receive this distinction. This award is for exceptional care demonstrated through specific measurable outcomes at facilities that meaningfully differentiate the delivery of care.

Leah Romine, nurse director of the Women’s and Children’s Unit and Birthing Center at RRMC has been a leader in the program’s steady growth in quality outcomes and recently spoke about her hopes for improved maternal health across the state. She issued a challenge: that every birthing program across Vermont close the gaps in maternal care outcomes and attain the Blue Distinction Center designation.



Courtesy RRMC

RRMC Women and Children’s Unit and Birthing Center team celebrates becoming the first Vermont hospital named as a Blue Distinction Center for Maternity Care.

Rutland Regional’s care outcomes are “a great lesson for statewide conversations at other health care facilities. There’s a lot to learn here; our goal is to raise the bar for all Vermonters,” said Romine. “I’d love to see everybody get awarded the Blue Distinction for Maternity Care too... Healthy Vermonters everywhere!”

One down – 13 to go.” To be named a Blue Distinction Center for Maternity Care by Blue Cross and Blue Shield of Vermont, RRMC put in place various evidence-based trainings and procedures to reduce traumatic births, severe maternal morbidity events, and cesarean sections. With 26 years of experi-

ence as a labor and delivery nurse working in hospitals in Los Angeles before joining RRMC, Romine applied her experience to the task of earning this distinction. Together with her team, she has shown the Rutland community that intention and dedication can lead to positive change, according to

Maternity care → 25

Rutland Area Medical Community awards six scholarships

Members of the Rutland Area Medical Community recently awarded six \$3,000 scholarships to local students pursuing or advancing their career in healthcare. The scholarship program has been made possible through the generosity of Rutland area physicians, retired physicians, physician assistants, and nurse practitioners, according to a news release Thursday, June 27.

The Rutland Area Medical Community scholarship is intended to stimulate the region’s best and brightest students, encouraging them to continue their education in the field of healthcare. The scholarship awards are aimed at creating opportunities that empower recipients to achieve excellence in education. Eligible candidates include high school seniors, local college students or Rutland area medical community employees who are working toward furthering their goal of a career in healthcare.

Recently, the volunteer scholarship review committee awarded six 2024 scholarships based on the out-



Courtesy RRMC

2024 Rutland Area Medical Community Scholarship winners pictured (l-r): Alyssa Kennedy, Wendi Fitz-Gerald, Emma Johnson, Ben Hamilton, and Margo Nolan. Not pictured: Martha Cotter.

“The ... program received 31 outstanding applications from diverse candidates throughout our local region,” said Dr. Shapiro.

standing applications received.

“Now in its eighth year, the Rutland Area Medical Community scholarship program received 31 outstanding applications from diverse candidates throughout our local region,” said Dr.

Stanley Shapiro, co-chair of the volunteer scholarship committee. “The level of detail that went into the applications provided a comprehensive view of the collective applicant achievements,”

Medical scholarships → 7

Child care contribution payroll tax began July 1

Beginning July 1, 2024, employers and self-employed individuals are required to pay the Vermont Child Care Contribution tax. Act 76 (H.217), an act related to child care and early childhood education, became law on June 20, 2023.

The law makes major investments in Vermont's child care system.

The law makes major investments in Vermont's child care system, and mandates policy changes that will impact child care in both early childhood and school-age settings.

By the end of 2024, thousands more children and their families may be eligible for free or reduced tuition.

Per Act 76 of 2023, enacted by the Vermont Legislature, employers will pay a 0.44% payroll tax on wages paid, with an option to withhold up to 25% of the tax from employees. Self-employed individuals will pay a 0.11% tax on self-employment income.

Employers will remit Child Care Contribution payroll tax payments to the Dept. in the same manner and frequency as they remit Vermont Income Tax Withholding, with quarterly reporting on the WHT-436 Quarterly Withholding Reconciliation. Self-employed individuals will pay the self-employment Child Care Contribution when filing their 2024 Vermont personal income taxes in calendar year 2025.

Employees may see information related to the tax on their paychecks beginning after July 1. Information may include the portion of the tax that their employer has chosen to withhold and the employer-paid portion.

For more information, visit: tax.vermont.gov/business/child-care-contribution.

Colorado and Vermont enter partnership for retirement savings

The partnership puts Vermont Saves on track to launch by the end of 2024

Last week, June 26, the Colorado SecureSavings Program announced a partnership with Vermont's public retirement program, Vermont Saves. The new partnership adds Vermont to the Partnership for a Dignified Retirement, an interstate consortium including Delaware and Maine. With more assets and accounts under management, the consortium will increase returns through economies of scale and reduce costs for savers, according to the news release. The partnership will also enable Vermont Saves to launch faster than anticipated, with an expected launch by the end of 2024.

"This partnership, the third in the Partnership for a Dignified Retirement, leads the way for more savers to have access to a retirement program through their employer. In addition to ensuring that more workers can retire with dignity, the expansion of this program strengthens our economy and saves states money in the long-term. We look forward to partnering with the great state of Vermont and to continuing to find new opportunities to work with other states to expand this critical program," said Dave Young, Colorado state treasurer.

The partnership sets Vermont on track to become the fastest state to launch a public retirement program.

Retirement partnership → 10

Pieciak announces \$3.7m in savings as Vermont credit ratings hold strong

Treasurer Pieciak announced Monday, June 24, that Vermont's credit ratings were affirmed by the major credit rating agencies, S&P Global Ratings (AA+), Fitch Ratings (AA+), and Moody's (Aa1). Leveraging this fiscal strength, Pieciak and his office successfully refinanced outstanding higher-interest bonds, resulting in savings of approximately \$3.7 million.

The ratings reaffirmed that Vermont's financial outlook is stable, as the state earned the second highest ratings that an entity can receive. The ratings will ensure that borrowing costs for state projects remain modest, reducing costs to Vermont taxpayers.

Treasurer Pieciak, the Legislature, and the administration also remain committed to decreasing the total amount of capital borrowing over time, consistent with the recommendations of the Capital Debt Affordability Advisory Committee.

After receiving the updated credit ratings, the state issued two sets of bonds, including over \$70 million of Series A bonds which generated over \$77 million for new capital projects. Over \$36 million of Series B bonds were also issued to refinance bonds from 2014. That refinancing will save the state about \$3.7 million.

"Vermont's strong credit rating, which enabled these savings, is a testament to our state's long tradition of disciplined governance and balanced fiscal management. Our state's economic outlook is also strengthened by our tri-partisan commitment to reducing long-term pension liabilities, which we have made good progress on during the last few years," said Treasurer Pieciak.

Credit rating → 6

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Vermont 211 to resume 24-hour coverage

Vermont 211, the program hosting Vermont's one-stop number to call for information about community, health, and human services has announced its hours will return to 24/7/365 service as of July 1.

"The restored hours are the result of an appropriation by the Vermont Legislature," said Vermont 211 Executive Director Elizabeth Gilman.

The hours were cut last July by the Agency of Human Services.

"The United Ways of Vermont is very grateful for this funding and relieved for Vermonters who rely on this critical service for resources," Gilman said.

The United Ways of Vermont is the agency that houses the Vermont 211 program.

Thousands of people reach out to 211 annually looking for help navigating the complex human service delivery system as well as for community and health services.

"What makes Vermont 211 an important and unique service is that Vermonters know that when they reach out to us,

"Vermonters know that when they reach out to us, that they will be treated with respect and provided with useful information and resources," said Gilman.

that they will be treated with respect and provided with useful information and resources," said Gilman.

The agency's contact center staff are trained and become certified in Information & Referral by an

international accrediting organization, Inform USA.

Vermont 211 is a free, confidential program where Vermonters connect by phone, text, and email to find services and resources to help with everyday needs and in difficult times. Vermont 211 also is a primary partner in disaster response, recovery and communications. Contact Vermont 211 simply by dialing 211 or 802-652-4636 from anywhere in Vermont at any time, by visiting Vermont211.org, or by texting your zip code to 898211 (between 8 a.m.-10 p.m. Monday through Friday).

Vermont employers have been filling more jobs

Share of nonfarm payroll jobs that were unfilled, Jan 2023-Apr 2024



Courtesy Vt Dept. of Labor

Employers have succeeded in finding workers to fill the vacancies. In January 2023, employers had just over 332,000 nonfarm payroll jobs, 7% of them unfilled. In April of this year, there were almost 330,000 nonfarm jobs, and the share that was unfilled had dropped to 4.5%.

Vermont's unemployment rate holds at 2.1%

On June 25, the Vermont Dept. of Labor released data on the Vermont economy for the time period covering May 2024. According to household data, the seasonally-adjusted statewide unemployment rate for May was 2.1%. This reflects no change from the prior month's revised estimate. The civilian labor force participation rate was 65.6% in May, an increase of 1/10 of 1 percentage point from the prior month's revised estimate.

"The preliminary May 2024 data indicates the Vermont labor market continues on a stable and consistent path. Employers are hiring, wages have been rising, and unemployment is low. For example, employment in the accommodations and food services industry is now higher than

LATEST BLS DATA - JUNE 25, 2024			
	MAY 2024	APR 2024	MAY 2023
Labor Force	357,266	356,611	350,039
Employment	349,647	348,984	344,093
Unemployment	7,619	7,627	5,946
Unemployment Rate	2.1%	2.1%	1.7%

Courtesy U.S. Bureau of Labor Statistics

The number of Vermonters working, including those who are self-employed, increased again in May, reaching 349,647. That was the 49th straight month of employment growth—starting in May 2020, the longest streak in 25 years.

pre-pandemic levels. In addition, and more broadly, the household survey data estimates there are nearly 350,000 working Vermonters, which is the largest in state history," said Commissioner Michael Harrington.

The Vermont's seasonally-adjusted unemployment rate of 2.1% is lower than the comparable U.S. rate of 4%.

The May unemployment rates for Vermont's 17 labor

market areas ranged from 1.7% in Burlington-South Burlington, Middlebury, and White River Junction to 2.9% in Derby. For comparison, the May unadjusted unemployment rate for Vermont was 2%, an increase of 1/10 of 1 percentage point from a year ago.

The unemployment and jobs report for June is scheduled to be released on Friday, July 19, at 10 a.m.

Credit rating: from page 5

In addition to having historically high cash balances and income interest, Vermont's statewide economic indicators like low unemployment and high educational attainment remain positive. Although the rating agencies noted the state's ongoing challenges, including a tight housing market and aging population, Vermont's finances remain stable and resilient.

"I'm grateful to Governor Scott and the Legislature for making strategic investments

in our state and supporting sound financial management," said Treasurer Pieciak. "Thanks to their prudent fiscal work, and our

Vermont's statewide economic indicators like low unemployment and high educational attainment remain positive.

shared commitment to meeting our demographic challenges, I believe Vermont is on a very sound financial footing and progressing toward again achieving a AAA rating."



TOWN OF KILLINGTON VERMONT

2025 TOWNWIDE REAPPRAISAL

The Town of Killington has begun the process of conducting a complete townwide reappraisal as ordered by the Director of Property Valuation and Review for the State of Vermont, pursuant to 32 V.S.A. § 4041 (a). In order to comply with the state mandate, the Town Listers will be collecting data on your property, both exterior and interior, via site visits, arial photography and data collection mailers. This data is a critical component in the reappraisal process and will be used to determine the fair market value of your property for assessment purposes.

The Town of Killington has hired Vision Government Solutions to gather data for the residential and commercial properties and ResortLogic to assess the resort. The Listers ask for your cooperation to help ensure that our reappraisal is both fair and equitable.

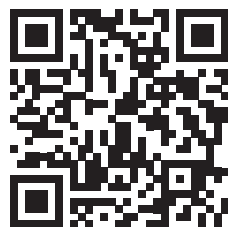
INFORMATIONAL MEETING

Tuesday 23 July 2024 @ 7pm

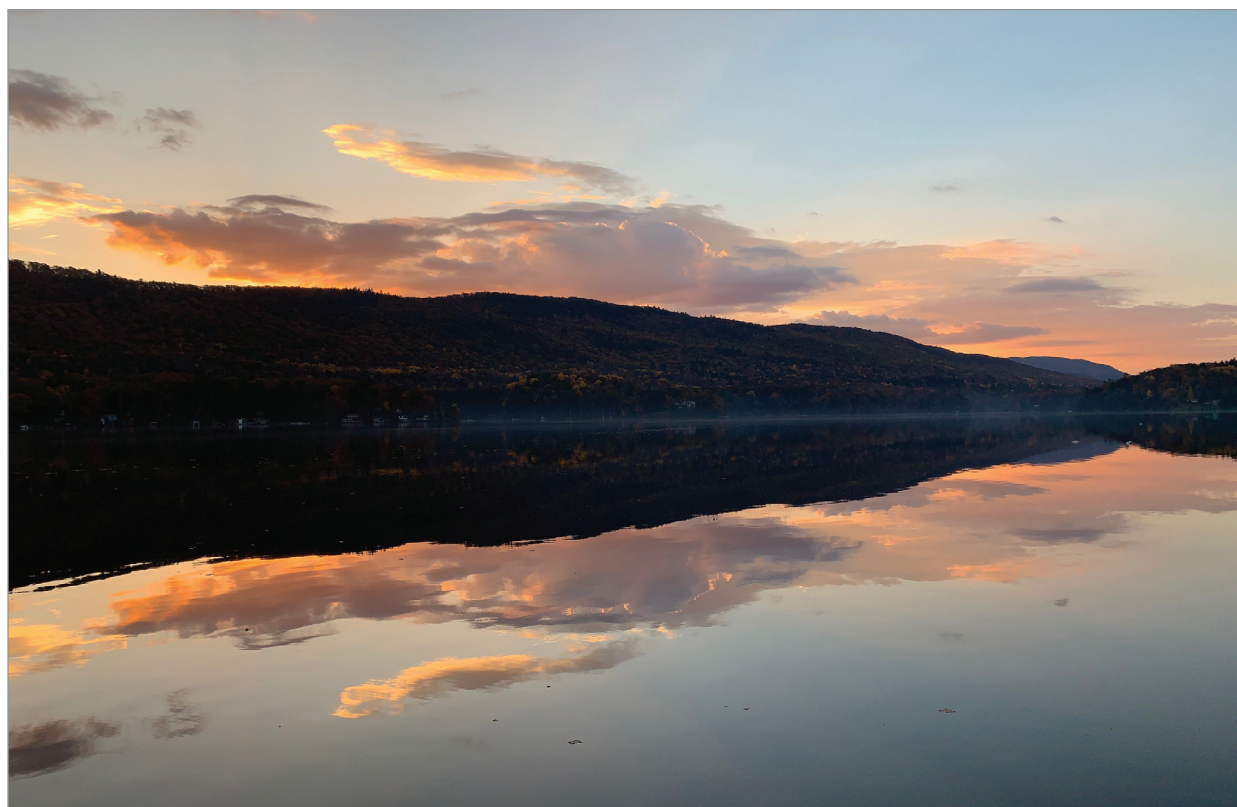
We will be holding an information meeting, in person at the Public Safety Building and via Zoom. Please Scan the QR Code to access the Town's Reappraisal Website which will be updated regularly with information and status reports.

If you have any questions, please call us at (802) 422-3241 ext. 5 or send an email to listers@killington.com Thank you,

Listers, Town of Killington



First posted: July 3, 2024



Sunrise reflects on Lake Dunmore in Leicester as the water is often still as glass in the early morning hours.

By Angelo Lynn

Gov. Phil Scott proclaims July as Lakes Appreciation Month

On Monday, July 1, Governor Phil Scott proclaimed July as Lakes Appreciation Month in Vermont. Lakes and ponds are among Vermont's most valuable natural resources. They offer countless benefits from drinking water and recreation to crucial fish and wildlife habitat. The governor's proclamation stresses the importance of the state's 800-plus lakes and ponds for this and future generations.

"This July marks the 10-year anniversary of the Shoreland Protection Act," said Dept. of Environmental Conservation (DEC) Commissioner Jason Batchelder. "In 2014, Vermont passed the Shoreland Protection Act to allow reasonable development along shorelands while protecting the benefits those areas provide to lakes."

Vermont is facing unprecedented challenges due to climate change: from wildfire smoke clouding our skies to

last year's catastrophic flooding. By protecting water quality and habitat, the Shoreland Protection Act strengthens Vermont's natural communities and

The... proclamation stresses the importance of the state's 800-plus lakes and ponds.

human communities alike to be more resilient to climate change's harmful impacts.

In the 10 years since the Shoreland Protection Act has been in place, DEC has issued more than 1,000 Shoreland Protection permits for development that meet a set of protective standards on Vermont's lakeshores. Regulated shoreland development, paired with voluntary best practices (guided by Vermont's Lake Wise Program), work hand in hand to protect water quality and habitat along

the lakeshore.

"Under the Shoreland Protection Act, many development projects along the lakeshore require additional practices to ensure clean water and provide healthy shoreland habitat," said Misha Cetner, lakes ecologist. "Our interaction with the public on these projects provides the opportunity to spread awareness about the benefits of planting native plants on the lakeshore and decreasing lawn area for the good of the lake."

To celebrate Lakes Appreciation Month this year, visit one of the many state parks on a lake. If you already live on a Vermont lake, show your appreciation for the lake and plant a native tree species along the shoreline. For years to come, that tree will help stabilize the shoreline, protect water quality, provide shoreline habitat, and offer some shade to keep you cool on a hot July day.

← Wireless: from page 2

small, quaint village it is.

The reconfiguration project has been controversial from the beginning, bringing tears to the eyes of at least one older resident. Objections included cost, of course, size of the project, disruption during construction, lack of necessity and the decision process. But public support for the project won out and on June 5, 2023, the major work began with voter approval, and the project was completed July 2, 25 months later.

The intersection lighting that was not in the original contract will be completed as soon as possible, Hobbie noted.

The original contract amounts were: \$1,284,189 for Nott's Excavating, \$85,153 for GMP, and \$152,353 for project manager GPI, for a total of \$1,521,695.

Town Finance Director Martin Dole told the Mountain Times the actual payments made on two of the three contracts are to



By Curt Peterson

No wires, no poles needed.

date \$1,227,426.

"I'm still waiting for a couple of final invoices," Dole said, "before I'll know whether we are over or under budget."

← Medical scholarships: from page 4

continued Shapiro.

This year's recipients include graduating high school senior Martha Cotter, Rutland high school, who will be attending Columbia University, Alyssa Kennedy a student at the UVM College of Nursing & Health Sciences, and Margo Nolan, a student at the Dartmouth College Geisel School of Medicine. Additionally, three Rutland Regional Medical Center employees received scholarships to advance their education and they are Wendi Fitz-Gerald, emergency department technician and a nursing student at VTSU Castleton; Ben Hamilton, emergency department technician and a student at the UVM Larner College of Medicine; and Emma Johnson, emergency department technician and

student at VTSU Castleton.

Since its inception, the Rutland Area medical Community Scholarship program has awarded more than \$79,000 in scholarships to 41 local students pursuing a career in healthcare.

"The generosity of our medical community has continued to enhance the scholarship program with donations that will sustain the program into the future," said Traci Moore, senior director of development and community relations at RRM. "The commitment and collaboration of local providers enables annual scholarship awards to deserving individuals pursuing a career in the healthcare field."

For more info, visit: rrmc.org/ways-to-give/fundraising.

GUEST EDITORIAL

Political courage will help build a stronger Vt

By Don Tinney

Editor's note: Don Tinney is a longtime high school English teacher at BFA-St. Albans and now represents 13,000 educators as president of Vermont-NEA.

No political insiders in Montpelier were surprised when Sen. Jane Kitcheil condemned the Scott administration's proposal to zero out the education fund reserves to provide short-term property tax relief, saying "that is a practice that we never ever had considered, or would consider, as fiscally responsible use of a reserve." In her long, distinguished career as a political leader, Sen. Kitcheil has always been fiscally responsible while working diligently to meet the human needs of Vermonters, so no one was surprised when she voted to override the governor's veto of the education funding bill. She had the political courage to do the right thing to protect Vermont's public education system and to provide services to Vermont's most precious resource, our children.

Every legislator struggled with the education funding bill. They knew it would be an unpopular decision that would lead to increased property taxes, yet voted to support public schools, the corner-

Vermonters have made it abundantly clear that they want a new equitable education funding system.

stone of democracy. Legislators who voted to support the children and youth of Vermont demonstrated true political courage. They chose to support sound public policy and fiscal responsibility without regard for their own political popularity.

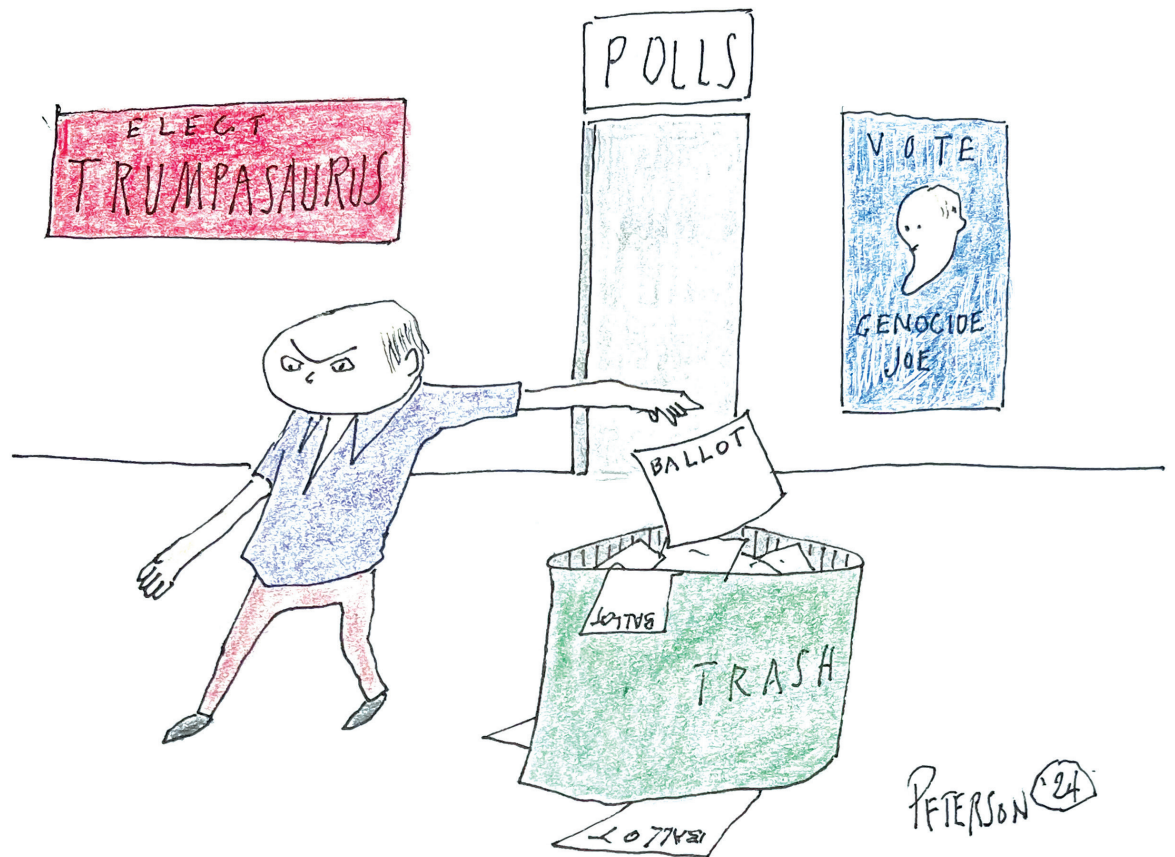
Ever since Ronald Reagan entered American politics, Republican politicians have generated political popularity by promising tax cuts. Grover Norquist founded the Americans for Tax Reform in 1985 and has been one of the chief architects of the current GOP's dogma of reducing taxes and shrinking the size of government. Former Republican U.S. Sen. Alan Simpson of Wyoming was particularly critical in describing Norquist's position as "no taxes, under any situation, even if your country goes to hell." This anti-tax mentality led to the 2017 Trump tax law that cost the government \$1.9 trillion in revenues and failed to deliver any economic benefits to average Americans.

Vermont's current governor follows Grover Norquist's simplistic directive in his refusal to increase revenues to support essential services to Vermonters. He knows that one way to remain popular is to continue to rail against taxes. It's a winning formula, since no one wants to pay higher taxes. While "no new taxes" is a popular campaign slogan it does nothing to improve public policy and ensure services for Vermonters, and it certainly doesn't display an ounce of political courage. The only thing this affordability argument does is fuel the anti-government attitude and rhetoric on social media and at Trump rallies.

On Monday, June 17, we heard this Republican anti-government stance articulated by Republican State Rep. Patricia McCoy of Rutland County speaking against the education funding bill that would provide adequate resources for public education. "This bill continues to feed the beast," said House Minority Leader McCoy.

Vermonters know the importance of public education in meeting the needs of our children and youth and do not see our schools and the students they serve as any type of beast.

Courage → 9



By Curt Peterson, Hartland

LETTERS

Act 76 is leading to newfound stability for child care programs and families

Dear Editor,

Editor's note: This letter is authored by 15 child care program directors and owners from across the state. They are listed at the end of the letter.

Last year, we came together as child care program owners and early childhood educators from around Vermont to sound the alarm on the dire state of Vermont's child care system. Pandemic-era federal funding was running out, and we were facing the impossible decisions of drastically raising tuition for families that already struggled with the cost, decreasing capacity, or closing our programs altogether. We needed the Vermont Legislature to act — and it did.

Today, we write again about Vermont's child care system, but from a place of greater hope and confidence.

Last spring, Vermonters came together from across all backgrounds and political affiliations to call on our lawmakers to provide much-needed public investment in our child care system. Our legisla-

tors listened and took bold action passing Vermont's newest child care law, now called Act 76, in June 2023, and its implementation is successfully underway.

Thanks to this public investment in our programs, Vermont is now a leader in the nation on child care. Last fall, our programs began receiving readiness payments to help us

Act 76 proves that solving our state's child care crisis is within our reach.

stabilize. Then in January, the state rolled out the first long-term funding as part of the new law — increased reimbursement rates to programs. We are already seeing the results of all this new funding: Our programs are expanding, increasing compensation for our staff and in some instances, offering health insurance and other employee benefits for the first time. In some of our communities, we are even seeing new programs open to meet the demand

for quality child care.

In May, the state expanded eligibility for child care tuition assistance for more children and their families, and a larger expansion is coming in October. By the end of 2024, thousands more children and their families may be eligible for free or reduced tuition. We encourage all Vermont parents of young children to look into whether they qualify for child care tuition assistance!

New, sustainable funding from Act 76 is not just impacting child care programs and our youngest children — it's also having an impact on small businesses and employers across the state. Improving access to child care allows parents to reenter the workforce.

While this tremendous progress is something to celebrate, it's also clear that we have more work ahead of us. Act 76 proves that solving our state's child care crisis is within our reach, but there's more to do to reach our shared vision of quality, affordable child care for

Act 76 → 9

Good edu. results but at a high cost

Dear Editor,

The Vermont Legislature has passed a 13.8% increase in Vermonters' property tax to fund our public education system. Now that we are paying more, what educational outcomes are we getting for our money?

According to Forbes Magazine, Feb. 7, 2024: "Which states have the highest standardized test scores," Vermont ranks 10th in the nation in terms of standardized test score achievement. This is a praiseworthy result. However, if you look at this result in combination with other data and compare it to the other states in the Top 10, the glow of the top result begins to dim.

World Population Review provides 2024 data on per-pupil spending by state. Here are some things to note (all data relative to K-12 spending and all median comparisons are inclusive of Vermont data):

- Vermont's per-pupil public spending for K-12 students is \$21,219. This is the fourth highest in the nation and \$6,121, or 41%, higher than the Cost of ed → 9

CAPITOL QUOTES

On Monday, July 1, the Supreme Court ruled that presidents have immunity for "official acts," but punted to the trial court the question of whether former President Trump's alleged conduct in his Jan. 6 case was protected. The 6-3 decision along party lines all but guarantees that his Jan. 6 case won't go to trial before this year's presidential election. It is now up to U.S. District Judge Tanya Chutkan to determine whether the acts Trump is accused of in the indictment are "official" or not.

"[A former president is entitled to] absolute immunity from criminal prosecution for actions within his conclusive and preclusive constitutional authority... and presumptive immunity for other official acts but no immunity for unofficial acts,"

wrote Chief Justice **John Roberts** in the majority opinion.

"Let the President violate the law, let him exploit the trappings of his office for personal gain, let him use his official power for evil ends ... That is the majority's message today... the President is now a king above the law,"

wrote Justice **Sonia Sotomayor** in her dissent.

"Stated simply: The Court has now declared for the first time in history that the most powerful official in the United States can (under circumstances yet to be fully determined) become a law unto himself,"

wrote Justice **Ketanji Brown Jackson**.

"Big win for our constitution and democracy. Proud to be an American!"

wrote **Donald Trump** in a social media post.

"[It's] a dangerous precedent, because the power of the office will no longer be constrained by the law, even including the Supreme Court of the United States, the only limits will be self imposed by the president alone,"

said President **Joe Biden** at a press conference Monday evening.

← **Courage:** from page 8

On that same day, Republican Rep. Michael Morgan of Milton said, "My constituents, as a whole, have reached out begging for relief in this arena. Why we are not working to find a solution for relief now is beyond my comprehension."

Perhaps his State House colleagues could help Mr. Morgan comprehend how they worked during the entire legislative session to find a solution and how the governor's proposal was so fiscally irresponsible that it was panned by Wall Street.

While that might be beyond his comprehension, many Vermonters cannot comprehend how a Republican can be in the governor's office for eight years — after being lieutenant governor for six and a state senator for 10 — and offer no plan to find the necessary revenues to support an education system that meets the needs of young Vermonters and their families.

"No new taxes" is neither a plan nor effective public policy.

Vermonters have made it abundantly clear that they want a new equitable education funding system. Thousands of

citizens voted against school budgets this year who had never considered voting against a school budget in the past, but they were actually voting against severe property tax increases, not against their local school budgets.

Since 2018, Vermont-NEA has argued that Vermont must shift education financ-

This anti-tax mentality led to the 2017 Trump tax law that cost the government \$1.9 trillion in revenues and failed to deliver any economic benefits to average Americans.

ing from the property tax to the income tax, allowing all Vermonters to pay their fair share. Rather than blaming Democrats and calling them arrogant, perhaps the governor can find the political courage to let go of his Grover Norquist pledge card, roll up his sleeves, and work with the legislators who were voted into office by the same Vermonters who voted him into office, and build a strong and effective state government. That will take real political courage.

← **Cost of ed:** from page 8

median amount of \$15,098 spent by the states in the Top 10.

- Vermont's per-pupil cost of living index is 114.9 (an index score of 100 represents the national average). The median index for the top 10 states is 109.3. We spend 41% more per student than the Top 10 median, yet our cost of living is only 5% higher than the rest

of the Top 10 cohort. More than the cost of living alone is needed to explain the difference.

- Vermont's per-pupil spending as a percentage of taxpayer income is 5.33%, the highest in the nation.
- Vermont spends 45.9% of total staff salaries on teachers, which is -3.1% below the median for the

Top 10 states.

Vermont public schools are yielding good results for our children. However, we are spending more per student to get those results than other states with even better results. This year, we will be spending 13.8% more, and I suspect that increase does not buy us better schools but rather the same, or somewhat worse schools, given the present budget environment.

Max Tyler, Westford

← **Act 76:** from page 8

all of Vermont's children. We thank our lawmakers for their precedent-setting work on child care and look forward to continuing to work together in the years ahead to fully realize the potential of a child care system that works for everyone.

Brit Quell is the owner and program director of Signal Pine Playschool in Putney; Suzy Coutermarsh is the owner of Suzy's Little Peanuts in Springfield; Staci Otis is the owner of Little Allstars in Springfield; Sithembiso Muhlauri is the owner and director of Tee's

Little Stars Child Care and Preschool in White River Junction; Christina Nelson is the owner of Mountain View Child Care in Troy; Beth Workman is the executive director of Robin's Nest Children's Center in Burlington; Taylor Brink is the executive director of ABC and LOL Child Care Center and Preschool in St Johnsbury; Lisa LaBelle is the owner of ABC Academy in Milton; Linda January is the executive director of Otter Creek Child Center in Middlebury; Trish Scharf is the executive director of

Children Unlimited in Wiliston; Christina Goodwin is the executive director of Pine Forest Children's Center in Burlington; Tessa Dearborn is the executive director of Red Clover Children's Center in Middlebury; Tammie AB Hazlett is the owner of Tammie's Early Care and Education in Thetford; Nicole Walker is the director of Apple Tree Learning Centers Early Education Facility in Stowe; and Alyson Ruby Grzyb is the director of Bennington Early Childhood Center in Bennington.

← Shaw's: from page 1

full to capacity, with many residents, town officials, Shaw's employees, and members of the Okemo Valley Chamber of Commerce in attendance for the ribbon cutting ceremony — and for the reopened shopping.

Rite Aid next door, which also suffered greatly from the flooding, however has elected not to reopen, so Shaw's announced it would expand into the space with its own Shaw's Pharmacy. The wall separating between the town businesses has been removed, connecting the main grocery store to the new pharmacy area.

During the grand opening celebration, store director Mark Largerberg donated \$2,500 to the Black River Valley Senior Center and Black River Good Neighbor Services for their roles in serving the Ludlow community.

"On behalf of Shaw's, we thank the Town of Ludlow for partnering with us on the grand reopening of the store," said Jim Sussmann, Shaw's Vermont district manager, in a provided press release. "We are extremely proud of our Ludlow store, and today's grand reopening is an exciting day for our employees, vendors, and community partners."



By Kevin O'Connor/VTDigger
A sign on Route 103 in Ludlow after flooding closed the road.

Looking back at the damages, last summer's flooding hit the town harder than even Tropical Storm Irene in 2011.

After Irene, it took Shaw's five months to replace concrete flooring, conduits and cable between the August rain and the January 2012 reopening.

Shaw's supermarket, with its 19,000-square-foot interior, is the only big-box grocer within a half-hour radius.

Shaw's in 2011 rented a tent to create its first-ever commissary. Scaling down the usual 20,000 items to the best-selling 700, it traded electronic barcodes and laser beams for old-fashioned price tags and punch-key cash registers powered by backup generators and batteries.

After last July closed the location again, the supermarket offered online ordering for people who log on to its website and choose the Ludlow Shaw's zip code 05149. The only hiccup: The chain doesn't usually deliver items to its parking lot for pickup until the next day, leaving gas stations and smaller out-of-town markets as the only options for people with last-minute needs.

As a result, the town has added a warning to its website advising people to plan ahead.

"Hoping that this link," it says of the online ordering option, "will make your stay in Ludlow more enjoyable."

The reopening of the supermarket marks the return of everyday conveniences for local shoppers.

← Retirement partnership: from page 5

The partnership sets Vermont on track to become the fastest state to launch a public retirement program. From the legislation's enactment in June 2023 to the anticipated launch in late 2024, Vermont State Treasurer Treasurer Pieciak is working hard to launch the program in his first term.

"Many Vermont workers who lack access to a workplace retirement plan aren't saving a penny for retirement. By partnering with Colorado, our office will be able to launch Vermont Saves sooner than expected, providing a retirement plan to thousands of Vermont workers, benefiting our economy, and taking pressure off our state budget over time. I'm grateful for Treasurer Young's partnership, which will help lower costs and achieve the best possible outcomes for businesses and individuals enrolled in the program. Our partnership shows that states can make significant progress for their constituents when they work together," said Pieciak.

"Too many workers lack access to retirement savings opportunities. Partnering with Vermont continues to build on a proven solution to close the savings gap," said Hunter Bailey, Colorado SecureSavings Program Director.

"Our goal is to increase the number of Vermonters saving for retirement, and partnering with Colorado is a critical step forward in launching Vermont Saves and helping thousands of Vermonters retire with dignity. We look forward to working with stakeholders to design and develop a program that best serves Vermont's businesses and employees," said Becky Wasserman, director of economic empowerment at the Vermont State Treasurer's Office.

"Many Vermont workers who lack access to a workplace retirement plan aren't saving a penny for retirement," said Pieciak.

In addition to partnering with Vermont, Colorado has partnered with Maine and Delaware, forming the Partnership for a Dignified Retirement, an interstate consortium of state-run auto-IRA retirement savings programs. The partnership provides a proven avenue for smaller states like Vermont to offer a cost-friendly public retirement program for workers who don't have access to a retirement savings plan. Vestwell, in partnership with BNY Mellon, serves as the program administrator, providing recordkeeping, custodial, and administrative services to employers and employees in participating partner states.

Before the Vermont Saves program opens fully, the Vermont State Treasurer's Office will launch a pilot program in October 2024 involving businesses from various industries and regions across the state. Delaware recently launched the Delaware Earns pilot project with nearly a dozen employers, in anticipation of opening the program fully on July 1. Six months after launching the Maine Retirement Investment Trust, Maine's public retirement program has enrolled nearly 1,500 employers with employees making up over 4,500 funded accounts totaling over \$1 million in savings.

"Partnership between states has proven to be a successful and expedient path for launching auto-IRA programs," said Douglas Magnolia, president of Vestwell State Savings. "We welcome Vermont to the growing group of states expanding access to retirement savings and look forward to launching Vermont Saves to improve retirement security for workers in the Green Mountain State."

As of June 2024, 16 states have enacted auto-IRA programs for private sector workers who lack a workplace retirement plan. Analysis has shown that 70% to 75% of eligible employees participate in state-run retirement programs with average annual contributions of approximately \$2,000.

For more information on the SecureSavings program, visit: coloradosecuresavings.com or vermonttreasurer.gov/vt-saves.

← WRJ apartments: from page 3

LLC, a partnership between The Braverman Company and DEW Construction. The building was designed by Jutras Architecture and built by DEW Construction.

Riverwalk Apartments is an elevated, mixed-income housing development with four residential floors featuring a basement-floor 26-space indoor parking garage and 30 space surface lot.

Twin Pines Housing was formed in 1990 through the merger of two housing organizations having similar visions: to develop and provide affordable housing for low and moderate income families in the Upper Valley. It is now the only non-profit providing multi-family affordable housing

in the region, with a service area that spans northern Windsor and southeastern Orange Counties in Vermont and southern Grafton and northern Sullivan Counties in New Hampshire.

Evernorth is a nonprofit organization serving the low- and moderate-income people of Maine, New Hampshire, and Vermont with affordable housing and community investments. Evernorth has raised and deployed over \$1.5 billion in equity capital for affordable housing and built more than 17,000 affordable homes and apartments for low- and moderate-income people across northern New England.

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U T D M K N G R E T U K M B C N M V O L O
L D P W I W E O Z I N G R O U N D D O O
N E L L V M D A D P Y I O L B O P Y L W
H P A R M L A L I P L K S E I B K T B R
E T S I Z D N U O R G E V O B A D S E Z
D H K U O P D K V I L G K D S C D Z A B
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ABOVE GROUND
ALGAE
BACKFLOW
BACKYARD
BROMIDE

CALCIUM
CHLORINE
CLEANER
COVER
DEPTH

DRAIN
FLOCCULANT
FLOW
HEATER
IN-GROUND

LINER
POOL
PUMP
SCALE
SHOCK

SKIMMER
STABILIZER
VALVES

CROSSWORD PUZZLE

Solutions → 21

CLUES ACROSS

- 1. Six (Spanish)
- 5. Invests in little enterprises
- 9. Large dung beetle
- 11. Gored
- 13. Partially paralyzed
- 15. Still a little wet
- 16. Legal field media company
- 17. Not working
- 19. 500 sheets of paper

- 44. Greek city
- 46. Subway dwellers
- 48. Norm from "Cheers"
- 52. Clean a floor
- 53. Vied for
- 54. Canned fish
- 56. Inspire with love
- 57. Sent down moisture
- 58. Wrest
- 59. Partner to carrots

CLUES DOWN

- 21. Church structure
- 22. Sheep disease
- 23. Small drink of whiskey
- 25. Weaving tradition
- 26. Pestilence
- 27. Body part
- 29. Nabs
- 31. Places to stay
- 33. Witnesses
- 34. Looked for
- 36. Arranges
- 38. Political action committee
- 39. Middle eastern nation (alt. sp.)
- 41. Hair-like structure
- 43. Parts producer

- 1. Mounted
- 2. Assign
- 3. Wrath
- 4. Self-immolation by fire ritual
- 5. Parts of an organism
- 6. Person from England
- 7. Tropical plants of the pea family
- 8. Body part
- 9. Practice boxing
- 10. Containers
- 11. Contrary beliefs
- 12. Bleached
- 14. Pre-Islamic Egyptian
- 15. A group of similar things ordered one

	S	E	I	S					S	B	I	C			
S	C	A	R	A	B				H	O	R	N	E	D	
P	A	R	E	T	I	C			S	E	M	I	D	R	Y
A	L	M		I	N	O	P	E	R	A	T	I	V	E	
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E	N	A	M	O	R					R	A	I	N	E	D
	G	R	A	B						P	E	A	S		

- after another
- 18. Innermost spinal cord membranes
- 20. Cassava
- 24. A restaurant's list of offerings
- 26. Annoy constantly
- 28. Orchestrate
- 30. Z Z Z
- 32. Astute

- 34. Highly decorated tea urn
- 35. Teach to behave
- 37. Endurance
- 38. Urinating
- 40. Barbie friend dolls
- 42. Repents
- 43. Man-eating giant
- 45. Jewish calendar month

- 47. Accelerated
- 49. Husband of Sita in Hindu
- 50. Lump of semiliquid substance
- 51. Lying in wait
- 55. Cease to exist



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Guess Who?

I am an actress born on July 5, 1963 in New York. I slowly began my acting career by making appearances on shows like "Law & Order." My big break came on a popular show about an Italian-American mob family from New Jersey.

Answer: *Edie Falco*

SUDOKU

Solutions → 21

9			7				8	
				9				5
7	1	5		8				
8				1				9
	3				4			
	4	1	2	7			3	
					2			
				5			4	6
							5	

Level: Intermediate

RAISE grant:
from page 1

Engineering is expected to begin this fall with construction set to begin in 2026.

This was the town's second year applying for the RAISE grant. Last year, the town also requested the same amount: \$25 million, "which is the project max" Lisa Davis Lewis explained, Friday. Last year the town's application included Phases 1A-4.

"We were denied so we reapplied," Davis said. "This time only for Phases 2-4 because we could only use it for project funds that hadn't been incurred."

Phase 1 of the Killington Forward project is currently underway for both water and road infrastructure. Work at the base of Killington Road where it intersects with Route 4 has been under construction since the spring. That work includes decreasing the steep grade as well as installing dry water lines for future connection. A detour has been in place since April 15.

On July 19 it's expected to reopen as a dirt road, with paving beginning Aug. 12. Completion of the roadwork from Route 4 to Anthony Way is expected to wrap up by the end of the month.

Phase 1 of the water began over the winter. Crews have built an access road and waterline to the storage tanks south of East Mountain Road and are now working on the northern section that will connect that line to the pump station on Route 4.

Killington Forward: Funding Phases 1-4

Phase 1 is all within the TIF district and will be paid for via the incremental increase of taxes collected on the higher value of the land that Great Gulf plans to develop at the base of Killington Resort. A development agreement between the town and Great Gulf ensures the developer will pay the taxpayer approved loan of \$47 million for Phase 1.

However, for Phase 2-4 roadwork the town had yet to seek approval from VEPC.

Stephanie Clarke, vice president of White + Burke, real estate advisor to the Killington Forward project, explained: "Phases 2-4 is

"Lisa did an amazing amount of work for this and I know there were a lot of people that supported and helped her, too," said Iannantuoni.

part of our Master TIF District, so it is part of the overall TIF district but not part of our first approved phase. So what we got the [\$47 million] bond for in March 2023 was for Phase 1, which is the work being done at the bottom of Killington Road to Anthony Way, the top of Killington Road from The Lookout up and the water from The Lookout up ... Phases 2-4 we had not yet funded... It could be funded by future development within the TIF district, which is mostly Great Gulf," she said. But that would likely have required a longer timeframe (as it's dependent on Great Gulf's future phases of construction) and/or additional municipal loans. "With this RAISE grant we have reduced that

liability," Clarke explained.

With the \$25 million RAISE grant added to the \$19.1 million in grants already secured, Phases 1-4 should now be sufficiently funded to begin. (Exact figures won't be known until engineering of the phased buildout is complete.) Additionally, the town has secured \$34.1 million in loans (\$15.3 million of water loans at 0% and \$18.8 million in road loans at 3.79%).

Abbie Sherman, former executive director for VEPC and current public works director for the town of Killington, outlined the Killington Forward funding sources to date at Friday's meeting. They included a forgivable loan for Emerging Contaminants and an ARPA grant (from VTANR), a Catalyst/NBRC grant and a Community Recovery & Revitalization Program grant (via ACCD).

Large effort, many thanks

Selectman Haff said the RAISE grant funding would not have happened were it not for the Vermont Economic Progress Council (VEPC) and the town-approved tax increment financing (TIF) district. The town's designation as a TIF district has since allowed the town to secure all the other grants and loans received — each one building upon the others, Haff said.

"This is huge, but if it wasn't for VEPC and the TIF district being formed, we wouldn't be here talking today about this grant or any of the others. Every single time we got one we got someone more interested in being part of this project, because it's so big," Haff said.

"There are so many people to thank," Haff continued. "Governor Scott signed initiatives backing this program... the city of Rutland signed letters on our behalf as did our U.S. congressional delegation because they know that this project is not only good for Killington but the entire Rutland region and probably entire state of Vermont... we are so grateful to all the help and support we received from Stephanie Clarke from White + Burke... from Joan Goldstein and

all the folks at ACCD and VEPC... all the folks over at VHB and all the folks over at Dufresne Group... former Town Manager Chet Hagenbarth was a big part of this in the beginning... then Michael Ramsey stepped in to take over," Haff continued. "There

have been a lot of people who have been involved in this ... this RAISE grant is huge, it's really a big step forward. There are just so many people to thank and we just want to acknowledge everyone."

Lisa Davis Lewis was thanked several times by multiple people for her work writing the grant.

"Lisa did an amazing amount of work for this and I know there were a lot of people that supported and helped her, too," said Jennifer Iannantuoni, chairwoman of the Planning Commission.

"Lisa, big kudos for you on all this," said Selectman Chris Karr, "you put the biggest effort in moving us forward on this. And

Michael, for your back up on everything, too. You jumped into the fire right away to make this all happen when you showed up in town," Karr said, adding that the office team deserves credit for all their support work, too. "This is definitely history in the making"

Town Manager Ramsey said, "The dedication and the work that the Select Board has put in also needs to be acknowledged. None of this would have happened if it weren't for you guys."

Lyle Jepson, executive director of the Chamber & Economic Development of the Rutland Region added, "It's pretty clear that this project is quickly becoming an economic engine for our entire region. I think it's probably safe to say that we're going to be talking about this for generations to come. Things don't happen this fast, normally," he said. "It is remarkable that the amount of energy that the town is putting into making this public-private partnership work. It's nice to see all the players here in the room. We have Great Gulf in the room, Killington Resort and the Town: they are really the three-legged stool that is making this happen," Jepson continued. "This RAISE grant at this point in time is significant and perfectly timed."

"This is a huge win for the entire region," said Vermont House Rep. Jim Harrison, R-Chittenden. "Killington is already on the map and this will help accentuate that even more going forward as the development continues and continues... congratulations

to the town of Killington and all the parties that have supported it."

"It's an honor to be one part of this public-private partnership and to be able to work so effectively with the town, the state of Vermont and now the federal government is a real honor," said Michael Sneyd, of Great Gulf.

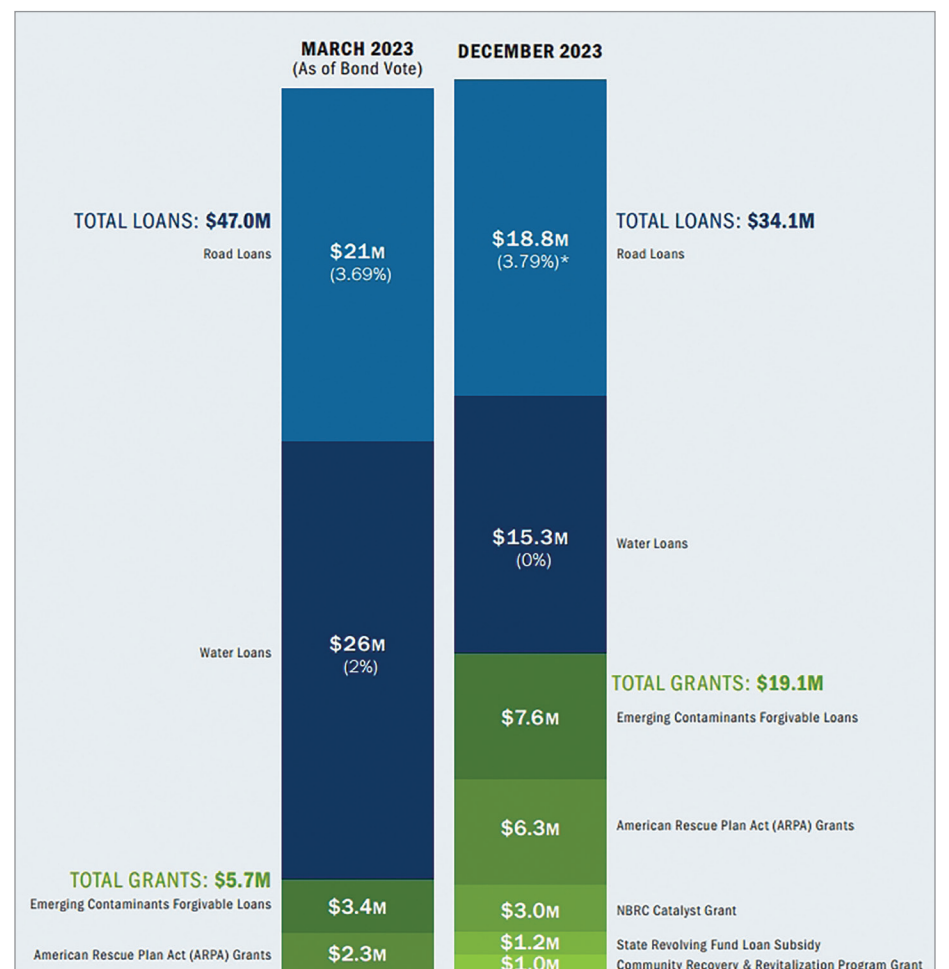
Federal RAISE grant program

Killington's award was part of a larger \$1.8 billion group of awards that went to 148 projects across the U.S., according to the U.S. Department of Transportation.

Funded by the Bipartisan Infrastructure Law, which Sanders and Welch helped pass in 2021, the RAISE grant program helps communities rebuild their aging and unsafe transportation infrastructure across the country.

Vermont's Congressional delegation, Sen. Peter Welch, D-Vt., Sen. Bernie Sanders, I-Vt., and House Rep. Becca Balint, D-Vt., pRAISED the award in a joint press release.

"We cannot bolster our local economies or strengthen community safety, connectivity, and sustainability if we are not paying attention to the essential methods of transportation that Vermonters need in their daily lives," they stated. "The Bipartisan Infrastructure Law is a historic, and greatly needed, investment in America's infrastructure. We are glad to see the positive impact of this law reaching communities across Vermont, including Killington. This project will help pedestrians and drivers alike with improvements that increase safety, climate resilience, and quality of life."



Courtesy town of Killington
This chart shows Killington Forward infrastructure funding prior to the RAISE grant award on June 26. The town had \$5.7 million in grants as of the bond vote March 2023, \$19.1 million as of last December and now it has garnered a total of \$44.1 million for its infrastructure plans.



SWITCHING GEAR S

Mountain Bike trails are in 'ideal' condition across the region

Staff report

The relatively dry spring and early summer has meant trails across the region are in great shape — very few washouts, debris, or “bones” (rocks and roots exposed after washout) are evident anywhere — and riders are rejoicing!

“Trails are in great shape!” riders echo in the reports from Woodstock, to Killington, to Rutland and over to Slate Valley.

Despite all trail conditions at Pine Hill Park in Rutland being listed as “ideal” on Trailforks, Pine Hill Park continues to improve its network of 18 miles of single-track multi-use trail spread over 325 acres.

On Monday, July 1, the Vermont Youth Conservation Corps (VYCC) helped remove large rocks from the trails and last week well-known professional trail builder, KSA Built, finished buffing up some popular routes.

“Thank you @pinehillpartnership for a great time buffing up and creating some great trails to ride,” wrote KSA BUILT on Facebook, June 29. “Especially being a redo of Rosey’s rollover which I put together by hand during the first month of Covid. To be able to come back and build out this trail properly was so exciting. And, fyi if you haven’t ridden PHP in a bit you should check it out and see all the work we’ve done the past couple years!”

Pine Hill Park also debuted a new rock featured (pictured right) and recently conducted a survey to name it. The winning choice was “Nugget” submitted by Erika, PHP announced July 1. While the choices submitted via the survey were not published, Facebook users posted suggestions in comments under the photo. Other suggestions included: Rock of Gibraltar, Moby, Rock Slide, Fur-Roll, Rock!, Breach, Rockn’ Roll, Whale Back, Roller Molar, Wisdom Tooth and Glacier.



Courtesy PHP and KSA Built, FB

Left: KSA Built buffed up trails at Pine Hill Park last week. Top right: VYCC members remove a large rock. Bottom right: A new feature gets named “Nugget.”



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 Rutland Regional Medical Center
www.RRMC.org | 160 Allen Street, Rutland, VT | 802.775.7111



WEDNESDAY

7/3

RSVP Bone Builders

9-10 a.m. Wednesdays. Godnick Adult Center, 1 Deer St., Rutland. Free. Full, waitlisted. Contact Retired Senior Volunteers (RSVP) at 802-774-8680 for a callback.

S.E.A.T. Exercises

9-10 a.m. Wednesdays. Godnick Adult Center, 1 Deer St., Rutland. \$6 per individual class or \$5 per class when paying for the whole month upfront. A brand-new, chair-based full body workout led by Melissa Cox, ACSM-GEL. rutlandrec.com/godnick or 802-773-1853.

Wednesdays with Farmer Fred in Plymouth Notch

10 a.m.-5 p.m. Calvin Coolidge State Historic Site, 855 Coolidge State Park Road, Plymouth. Free. The Calvin Coolidge State Historic Site's resident farmer will be on hand one Wednesday a month to demonstrate historic farming tools and techniques. Visitors may witness such activities as sheep shearing, rye harvesting, blacksmithing, or cider pressing, and if lucky, will have an opportunity to meet Fred's special farmyard animals. historicites.vermont.gov/event/wednesdays-farmer-fred-plymouth-notch..

Junie B. Jones: The Musical'

11 a.m. Daily through 7/7. Walker Farm, 705 Main St., Weston. Free, but reservations are required. See the world through the eyes of the spirited and spunky Junie B. Jones. Based on the beloved children's book series, this vibrant and hilarious musical adventure follows the unforgettable antics of that irrepressible first-grader, Junie B., and her quirky, lovable friends through the ups and downs of elementary school. For complete schedule/reservations: westontheater.org/junie-b-jones.

Killington Active Seniors Lunch

11:30 a.m. Wednesdays. Lookout Tavern, 2910 Killington Road, Killington. \$5 donation towards the meal, tip is covered by local donors. 908-783-1050.

Wednesday Farmers Market (Rutland)

1-5 p.m. Wednesdays. Depot Park, downtown Rutland. One of the largest farmers markets in the state and the first to operate year-round. vtfarmersmarket.org.

KMBC Bike Bum Race Series

2-5 p.m. Wednesdays through 8/21. Lower Rabbit Hole via Snowshed Express lift, Killington Resort, Killington. \$50 per individual, \$200 per team. Get ready for a local race series that's all about fun and friendly competition. Sign up to ride solo, or form a team of up to five people. Teams may be made up of any combination of age categories. Teams require a minimum of three people in order to score points. Racers will be placed in divisions by age and will have one timed run each week. All races will be held on beginner/intermediate trails ensuring fun for all bikers. Day-of registration will take place at the start gate. All pricing includes a \$5 chip fee. All racers must check in at the top of the race course by 4:30 p.m. each week in order to participate. After-party at the Lookout Tavern from 5-7 p.m. killingtonmountainbikeclub.org/collections/bike-bum.

Market on the Green

3-6 p.m. Wednesdays. The Green, Woodstock. Produce, crafts, live music, and more. info@woodstockvt.com or 802-457-3555.

Cribbage for Adults

3-5 p.m. Wednesdays. Hartland Public Library, 135 Route 5, Hartland. Free. hartlandlibraryvt.org/calendar or 802-436-2473.

Bone Builders

3:30-4:30 p.m. Wednesdays. Chaffee Art Center, 16 So. Main St., Rutland. Free. Improve balance and enhance energy and wellbeing. chaffeeartcenter.org.

Pig Roast Fundraiser

4-5:30 p.m. 86 West Shore Drive, Tinmouth. \$30. Pre Order \$20. Tickets limited. Benefits the Tinmouth Pond Milfoil Project. The menu includes slow roasted pork, homemade macaroni and cheese made with Grafton cheddar cheese (vegetarian), green salad, coleslaw, and homemade chewy brownies (gluten free available). Tickets - Sherry Johnson: vtsjohnson@icloud.com or (802) 446-3307.

Ballroom Dance with Patti Panebianco

Wednesdays. Stone Valley Arts, 145 E. Main St., Poulney. 6-6:50 p.m. Waltz for adults. 7-7:50 p.m. Cha-cha for adults. For details and cost, contact Patti Panebianco at 516-909-1686 or email at pattidance@gmail.com stonevalleyarts.org.

Cavendish Summer Concert Series: Gypsy Reel

6 p.m. Wednesdays through 8/7. Town Green, Proctorsville. Free. cavendishconnects@gmail.com.

Artistree Music on the Hill: Bow Thayer and**Krishna Guthrie**

6:30-8 p.m. Wednesdays. Artistree Community Arts Center, 2095 Pomfret Road, So. Pomfret. Free. Pack a picnic, bring a blanket, enjoy live music & scenic views from the hillside at Artistree! All dates are weather dependent. No pets allowed. Service dogs welcome. Reservations are not required. info@artistreevt.org.

'Jersey Boys'

7:30 p.m. Daily through 7/13. Walker Farm, 705 Main St., Weston. \$25-\$69. This musical tribute to Frankie Valli and The Four Seasons will sweep you off your feet with doo-wopping melodies that resonate today. The hits just keep coming, including "Sherry," "Big Girls Don't Cry," "December 1963 (Oh, What a Night)," and "Can't Take My Eyes Off of You." Join us 30 minutes before the show at 7 p.m. for a pre-show talk with the director. For tickets and a full schedule of performances: westontheater.org/jersey-boys.

THURSDAY

7/4

Killington 4th of July Celebration

9 a.m. Johnson Recreation Center, 2782 River Road, Killington. The festivities will begin at 9 a.m. with the Friends of the Library Book Sale at Sherburne Memorial Library and ending with the fireworks show at 9 p.m. 4th of July parade down River Road. Residents, visitors, and businesses are all welcome to participate in the parade. 11:00 a.m.: Johnson Recreation Center opens for public swim free of charge for all patrons. DJ Evan Foley will provide the music for the afternoon. 11:30 a.m.: Killington Town and Killington Fire and Rescue BBQ. Join us under the Johnson Recreation Pavilion for a traditional July 4th picnic including burgers, hot dogs, and veggie burgers. 1:30 p.m.: Kids field games at the soccer field. No registration required. 3:30 p.m.: Belly flop contest. 7 p.m.: Live music by the Summit Pond Quartet. 9 p.m.: Fireworks show. Due to potential traffic flow issues, parking will be confined to one side of River Road. Carpooling is encouraged. Info: killingtonrec.com.

Birthday Party for President Coolidge and America

10 a.m. Calvin Coolidge State Historic Site, 855 Coolidge State Park Road, Plymouth. Free. The historic village of Plymouth Notch celebrates the 152nd birthday of President Calvin Coolidge and the 248th birthday of the United States. The Coolidge site will open for the day at 10 a.m. and the celebration will kick off in the historic Union Christian Church with an interview with author Diana Carlin and Jenny Coolidge Harville, great-granddaughter of Calvin and Grace Coolidge. Following the presentation, a procession led by the Vermont National Guard. The procession will depart from the village green and walk 0.4 miles to the cemetery for the laying of a wreath at the President's grave. Free cake will be served in the village immediately following the ceremony. Throughout the day the Calvin Coolidge Presidential Foundation will host the Coolidge Cup, a national speech and debate competition. Listen in as young orators from across the country make their voices heard. Info: coolidgefoundation.org/debate/coolidge-cup.

Billings Farm & Museum's The 4th on the Farm

10 a.m.-5 p.m. Billings Farm & Museum, 69 Old River Road, Woodstock. Adults (16+) \$19, children (3-15) \$12, seniors (62+) \$16. On a day for friends, family, and fun, guests can celebrate The 4th on the Farm with horse-drawn wagon rides through the fields, historic lawn games, ice cream making, and crafts for the kids. Word lovers can test their 19th century vocabulary in both youth and adult spelling bees with an historic twist. Visitors of all ages can join the team or cheer from the bleachers for a friendly, action-packed game of historic baseball. Not up for competition or sport? Visitors can listen to the entertaining live music by the Rose Hip Jam. There will be maple cotton candy and Vermont-made ice cream available for purchase. Tickets/info: Billingsfarm.org/events/4th-on-the-farm.

Art at the Chaffee: Artery

10:30 a.m.-Noon. Thursdays. Chaffee Art Center, 16 So. Main St., Rutland. Fee: \$10 if you bring your own supplies, up to \$20 if supplies provided. Painting in all mediums welcome. No set topic or instructor. Pre Register at chaffeeartcenter.org.

Essentrics Stretch and Strengthen

9-10 a.m. Thursdays. Stone Valley Arts, 145 E. Main St., Poulney. \$10. No-weights, low impact workout combines principles from ballet, tai chi, and physiotherapy to restore flexibility and balance. Bring a mat and water. stonevalleyarts.org.

Bone Builders

9 a.m. Thursdays. Gilbert Hart Library, 14 So. Main St., Wallingford. 802-446-2685.

Advanced Line Dance

9:30-10:30 a.m. Thursdays. Godnick Adult Center, 1 Deer St., Rutland. rutlandrec.com/godnick or 802-773-1853.

**Killington 4th of July Celebration****Thursday @ 9 a.m.****Senior Bone Builders**

10 a.m. Thursdays. Sherburne Memorial Library, 2998 River Road, Killington. Free. Weights are provided. sherburnelibrary.org or 802-422-4323.

Survivors Support Group

10 a.m.-Noon. Thursdays. Godnick Adult Center, 1 Deer St., Rutland. Free. Fliers available at the Godnick Center or call 802-775-3232. rutlandrec.com/godnick or 802-775-1853.

Ukulele Group

Noon-1 p.m. Thursdays. Chaffee Art Center, 16 So. Main St., Rutland. Free. Ages 12+. Pre-register the Wednesday before. 802-775-0356 or chaffeeartcenter.org.

Play Bridge!

2-4 p.m. Thursdays. Norman Williams Public Library, 10 The Green, Woodstock. Free. Beginners are welcome to observe. normanwilliams.org or 802-457-2295.

Thursday Farmers Market (Fair Haven)

3-6 p.m. Thursdays. Village Green, Fair Haven. vtfarmersmarket.org.

S.T.E.A.M. Thursdays

3-4 p.m. Thursdays. Hartland Public Library, 153 Route 5, Hartland. Free. Join us for S.T.E.A.M. (Science, Technology, Engineering, Art, and Math) craft activities. Something different every week! kids@hartlandlibrary.org/calendar or 802-436-2473.

Yoga with Kelly

3:45-4:45 p.m. Thursdays. Rutland Free Library, 10 Court St., Rutland. Free. rutlandfree.org or 802-773-1860.

Board Game Night

5 p.m. Thursdays. Hartland Public Library, 153 Route 5, Hartland. Free. hartlandlibrary.org/calendar or 802-436-2473

Feast and Field Music Series: Route 5 Jive

5:30-9 p.m. Fable Farm, 1525 Royaltown Turnpike, Barnard. \$5-\$25. Route 5 Jive is sure to get you swinging with their take on French gypsy jazz, big band swing, blues, boogie woogie, Western swing, Samba, and Bossa Nova. A celebration of music, food, and community. Join us in the orchards of Fable Farm every Thursday night, all summer long, to enjoy music curated by BarnArts, and freshly prepared food that is grown, raised, and harvested on this same land by the Feast & Field Farmers. feastandfield.com/tickets.

Summer Smash Demo Derby

6:30 p.m. Vermont State Fairgrounds, 175 So. Main St., Rutland. \$12+ taxes/fees. Gates open at 4:30 p.m. Demolition Derby at 6:30 p.m. paramountvt.org/event/summer-smash-2024.

Fair Haven Concert in the Park: Iron Sights

7-9 p.m. Thursdays. Village Green, Fair Haven. Free. Iron Sights, the rock ensemble of Vermont's own 40th Army band will perform in the park. Weekly concert series features family friendly entertainment, offering a variety of musical genres in the Fair Haven Park. fhgstechie@yahoo.com or 802-265-7913.

← **Calendar:** Email events@mountaintimes.info from page 14

'Air Force One'

7:30-9:30 p.m. Woodstock Town Hall Theater, 31 The Green, Woodstock. Adults \$10, seniors \$9, children & members \$8. After an explosive speech from the U.S. President, terrorists hijack Air Force One with him and his family on board. The Vice President negotiates from Washington D.C., while the President, a veteran, fights to rescue the hostages on board. Tickets: pentanglearts.org.

Double Feature at the Bethel Drive-In

9 p.m. Bethel Drive-In, 36 Bethel Drive, Bethel. Adults \$12, children (5-12) \$8. Cash Only. "Despicable Me 4" (PG) at 9 p.m. "The Fall Guy" (PG-13) at 10:45 p.m. Gates open at 7:30 p.m. betheldrivein.com .

FRIDAY
7/5

Senior Fitness

9:30-10:30 a.m. Fridays. Spa at The Woods, 53 Woods Lane, Killington. \$5. This class is for anyone 65+ who wants to maintain strength, flexibility, and balance as they age. We will include a variety of body weight exercises as well as use props like chairs, resistance bands, hand weights, and yoga belts to add levels of challenge and support to the exercises. This class is appropriate for all fitness levels and modifications will be provided as needed. spaatthewoods.com or 802-422-3150.

Yoga & Meditation

10:30-11:30 a.m. Fridays. Godnick Adult Center, 1 Deer St., Rutland. rutlandrec.com/godnick or 802-773-1853.

Bone Builders

11 a.m.-Noon. Fridays. Chaffee Art Center, 16 So. Main St., Rutland. Free. chaffeeartcenter.org or 802-775-0356.

Art at the National Park

11 a.m.-3:30 p.m. Drop-in Mondays and Fridays through 8/9 at Marsh-Billings-Rockefeller National Park, 54 Elm St., Woodstock. Free. Make art at the park. Meet the 2024 Student Artists-in Residence. Artists of all ages and skill levels are welcome. Pets allowed. Parking at Billings Farm & Museum. nps.gov/mabi/learn/kidsyouth/index.htm

Great Brandon Auction

2 p.m. Daily through 7/13. Brandon Town Hall, 1 Conant Sq., Brandon. The Great Brandon Auction indoor location will be open for 9 days. Format is silent auction bidding and an Ebay style "Buy It Now" format. The Auction offers antiques, collectibles, new merchandise, surprises and treasures from attics and barns. Also lots of gift certificates to dozens of local businesses. Other donations include dressers, beds, tools, art, chairs, trunks, kitchen table sets, household and tools - even a parquet dance floor! Original artwork from many of Brandon's famed artists. And our usual selection of interesting and eclectic items. Info: 802-247-6401 or info@brandon.org..

Hartland Farmers Market

4-6:30 p.m. Fridays. 153 Route 5, Hartland. Free. Enjoy food, music, and shopping at the market. The Hartland market is accepting new vendors this season. We are always looking for more produce vendors! If you are interested in being a vendor email us at: hartlandfarmersmarket@gmail.com.

West Coast Swing Dance Classes: "The Modern Swing"

5-6:30 p.m. Spa at the Woods, 53 Woods Lane, Killington. \$25. No partner required. In this class, students will learn the basic six count patterns to start. West Coast Swing is a fun, social, versatile partner dance form, danced to a wide range of popular music, from blues to pop, slow swing and R&B. It is a smooth, cool, laid-back dance depending on the music and your personal style. Pre-registration required. Email Karen: vtwestiebest@gmail.com

Vermont Symphony Orchestra: 'Symphony of Stars'

5:30-8:30 p.m. Saskaadena Six Ski Area, 247 Stage Road, South Pomfret. Adults \$28, children (6-17) \$5. Celebrate VSO's 90th birthday with the 2024 Summer Festival Tour: Symphony of Stars. Plus spectacular solos from VSO's musicians. Music Director Andrew Crust leads the ensemble. Tickets: vso.org.

July 5th Fireworks at Woodstock Union High School

6-9:30 p.m. Woodstock Union High School, 100 Amsden Way, Woodstock. Free. Cookout and picnic followed by fireworks at Woodstock Union High School. Live music from the Thomas Austen Band. Flag ceremony at 8 p.m. Crafts and games. Touch a Truck with the Woodstock Fire Department & EMS. woodstockvt.com/events/july-5th-fireworks-at-woodstock-union-high-school.

Jackson Gore Summer Music Series: Total Strangers

6-9 p.m. Fridays through 8/30. Jackson Gore Courtyard, 111 Jackson Gore Road, Ludlow. Free. No ticket or RSVP required. Enjoy food, live music, free swag and raffles! okemo.com or 802-228-1600.

Fireworks on the 5th of July in Ludlow

6:30-9 p.m. Okemo Base Area, 77 Okemo Ridge Road, Ludlow. Free. Join us at the Okemo base area for fireworks, food, music and fun. Concert starts at 7 p.m. Info: ludlowvtparksandrec.com.

Double Feature at the Bethel Drive-In

9 p.m. Fridays. Bethel Drive-In, 36 Bethel Drive, Bethel. Adults \$12, children (5-12) \$8. Cash Only. "Despicable Me 4" (PG) at 9 p.m. "The Fall Guy" (PG-13) at 10:45 p.m. Gates open at 7:30 p.m. betheldrivein.com.

SATURDAY
7/6

Vermont Outdoor Farmer's Market

9 a.m.-2 p.m. Saturdays. Depot Park, downtown Rutland. Free. One of the largest farmers markets in the state and the first to operate year-round. vtfarmersmarket.org.

Lego Club

10-11 a.m. Saturdays. Gilbert Hart Library, 14 So. Main St., Wallingford. 802-446-2685.

Marsh-Billings Trek to the Top of Mt. Tom

10 a.m.-3 p.m. First Saturday of the month through Oct. Marsh-Billings-Rockefeller National Historical Park, 54 Elm St., Woodstock. Free. Hike to the South Peak of Mount Tom to meet Park Rangers for crafts, treats, and more. Leaves from Faulkner Park, Prosper Road, or the Billings Farm & Museum. For information on hiking trails, visit the Hiking Trails page on our website, or visit the Carriage Barn Visitor Center to pick up a map. Hiking trails to South Peak range from 1-4 miles. (802) 457-3368 or mabi_visitorservices@nps.gov

Battle of Hubbardton Revolutionary War Weekend

10 a.m.-5 p.m. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Road, Hubbardton. Adults \$8, children (6-14) \$1. This living history weekend encampment honors the 247th anniversary of the July 7, 1777 Revolutionary War battle fought in Hubbardton. Scores of reenactors portray the American, British, and German soldiers. There will be tactical military and other special demonstrations, camp life activities, guided tours, and talks. Sunday morning at 8 a.m. is the main interpretation of the battle, taking place exactly 247 years to the day of the actual battle. Opportunities for all ages. Food stands and sutler's shopping row both days. Info: (802) 273-2282.

Incredible Insect Festival

10 a.m.-5 p.m. VINS, 149 Natures Way, Quechee. Adults \$19.50, youth (4-17) \$16.50. VINS members free. Visit with the Caterpillar Lab's as they showcase a wide selection of native caterpillars. Learn about the importance of pollinators while you meet a local beekeeper and get up close and personal with invertebrates of all shapes with Uncharted Wild. Learn how important insects are for scientists trying to protect the environment with Vermont Center for Ecostudies researcher Desirée Narango. Through demonstrations, exhibits, games and crafts, visitors to the VINS Nature Center will have a fun day discovering the incredible insects we share our planet with. events@vinsweb.org or (802) 359-5000.

Brandon Independence Day Celebration

besides the procession there will be bands in the parks, the Heritage train giving rides up Park Street and two auction sites where you can take home winnings on the same day. Additionally, there will be a beer garden, music in the parks, our Little Debbie Swiss Cake Roll Eating Contest, an evening street dance and fireworks at dusk. Schedule: brandon.org.

Kids Mandala Painting

10:30 a.m.-Noon. Chaffee Art Center, 16 So. Main St., Rutland. \$10, includes supplies. Ages 6-12. Get ready for a fun, mindful and relaxing experience! Attendees will choose among a few items for their mandala art creation. It can be achieved with multiple mediums...painting, coloring, markers. The repetition of patterns and choice of colors provides a pathway to process emotions, boost self-esteem, gives a sense of accomplishment, plus allows exploration and self-expression. MUST PRE-REGISTER: chaffeeartcenter.square.site.

Forest Discovery Center

11 a.m.-2 p.m. Wednesdays and Saturdays. Marsh-Billings-Rockefeller National Historical Park, 54 Elm St., Woodstock. Free. The Forest Discovery Center is an interactive program for families to learn more about nature. Activities include hands-on learning stations, demonstrations, and arts and crafts. Stop by anytime and spend as little or as much time as you want. This free program will explore a new theme each week, making each visit unique. Parking is at the Billings Farm & Museum Parking lot, 69 Old River Road, across the street from the National Park. 802-457-3368 or mabi_visitorservices@nps.gov.

Rutland Railway Museum & Model Club

11a.m.-3p.m. Saturdays. 79 Depot Lane, Center Rutland. Free. Maintained by the Rutland Railway Assoc. Inc., the historic depot is now a museum that houses an operating HO scale model railroad set up and displays hundreds of rare or antique model trains, photographs, signs, and memorabilia saved from an earlier time, including the former Rutland Railroad Caboose #45. rutlandrailway.org.

Teens Mandala Painting

Noon-1 p.m. Chaffee Art Center, 16 So. Main St., Rutland. \$10, includes supplies. Ages 12-18. Get ready for a fun, mindful and relaxing experience! Attendees will choose among a few items for their mandala art creation. It can be achieved with multiple mediums... painting, coloring, markers. The repetition of patterns and choice of colors provides a pathway to process emotions, boost self-esteem, gives a sense of accomplishment, plus allows exploration and self-expression. MUST PRE-REGISTER: chaffeeartcenter.square.site.

Art at the Chaffee: Drop N' Paint

Noon-2 p.m. Saturdays. Chaffee Art Center, 16 So. Main St., Rutland. \$25 per person, instructor help optional with a fee. All ages. Supplies and images to paint are provided. Must pre register by Friday noon at: chaffeeartcenter.org or 802-775-0356.

Cooler in the Mountains: The Parrisian

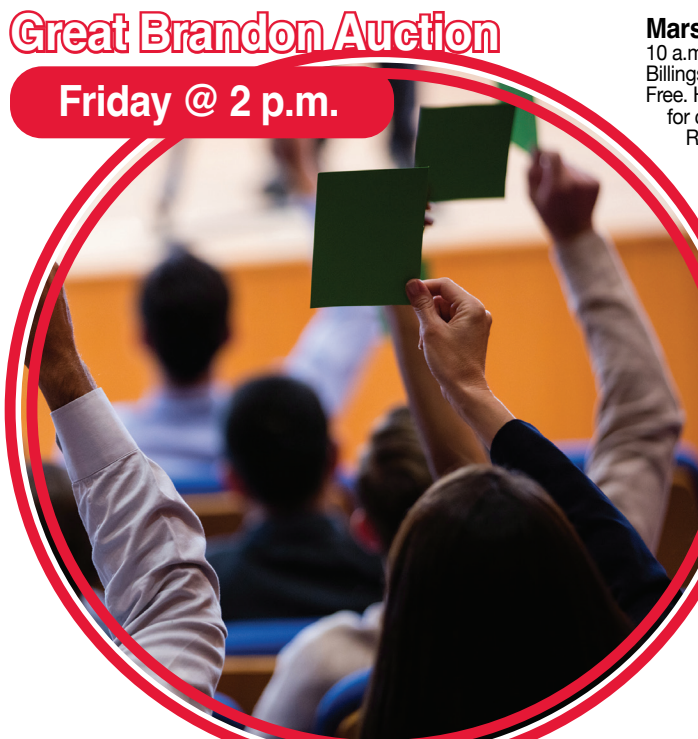
3-5:30 p.m. Saturdays through 8/31. K-1 base area, Killington Resort, Killington. Free. Parris Fleming, a seasoned musician and celebrated artist has started his solo career, exploring his unique vision as a hip-hop/soul/jazz producer. Join us at the bottom of Superstar (near the Roaring Brook Umbrella Bar) for a FREE concert. Grab a lawn chair, a beach blanket, and the whole family for this all-ages event. Info: killington.com.

Benefit for Melissa Coombs

3-6:30 p.m. Castleton American Legion, 378 Route 4A, Castleton. \$15. Melissa Coombs is a local nurse who contracted Covid which subsequently damaged her liver, requiring a liver transplant. She received her new liver in Boston at the end of May. Join us for a benefit to help with the enormous costs for someone who has dedicated her life to helping others. The benefit includes a basket raffle with drawings to be held at 4:30 p.m. You do not need to be present to win. A spaghetti dinner starts at 5 p.m. and includes salad, a beverage, spaghetti, meatballs and pie for dessert. Info - Elizabeth Coombs: 802-558-6026.

Music in the Mountains, Killington Music Festival celebrates 42 years: 'It's All About the Bass'

7 p.m. Saturdays through 7/20. Pico Base Lodge, 73 Alpine Drive, Mendon. \$30. Featuring the young and vibrant bass soloist Marc Andre Teruel, the evening promises to dazzle the audience as he joins pianist Simon Ghraichy in duos of some of the most recognized tunes in music; also, the Killington Music Festival faculty in Glinka's Grand Sextet. Also featured is Bowen's "Phantasy," a KMF premier featuring the bass clarinet and strings. Tickets available at the door; cash or check only. Info: killingtonmusicfestival.org.



Great Brandon Auction

Friday @ 2 p.m.

← **Calendar:** Email events@mountaintimes info...
from page 15

'Inside Out 2'

7:30-9:10 p.m. Woodstock Town Hall Theater, 31 The Green, Woodstock. Adults \$10, seniors \$9, children & members \$8. A year after the first film, Riley's Emotions think they have everything figured out, but everything changes once she turns 13 and Anxiety brings a whole new team of Emotions who want to take over Riley's head. Tickets: pentaglearts.org.

Double Feature at the Bethel Drive-In

9 p.m. Saturdays. Bethel Drive-In, 36 Bethel Drive, Bethel. Adults \$12, children (5-12) \$8. Cash Only. "Despicable Me 4" (PG) at 9 p.m. "The Fall Guy" (PG-13) at 10:45 p.m. Gates open at 7:30 p.m. betheldrivein.com.

SUNDAY

7/7

Battle of Hubbardton Revolutionary War Weekend

7:30 a.m.-5 p.m. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Road, Hubbardton. Adults \$8, children (6-14) \$1. This living history weekend encampment honors the 247th anniversary of the July 7, 1777 Revolutionary War battle fought in Hubbardton. Scores of reenactors portray the American, British, and German soldiers. There will be tactical military and other special demonstrations, camp life activities, guided tours, and talks. Sunday morning at 8 a.m. is the main interpretation of the battle, taking place exactly 247 years to the day of the actual battle. Opportunities for all ages. Food stands and sutler's shopping row both days. Info: (802) 273-2282.

'Inside Out 2'

3-4:40 p.m. Woodstock Town Hall Theater, 31 The Green, Woodstock. Adults \$10, seniors \$9, children & members \$8. A year after the first film, Riley's Emotions think they have everything figured out, but everything changes once she turns 13 and Anxiety brings a whole new team of Emotions who want to take over Riley's head. Tickets: pentaglearts.org.

Rochester Chamber Music Society: Cynthia Huard

4-5:30 p.m. Federated Church of Rochester, 15 N. Main St., Rochester. Free. Featuring: Adda Kridler, violin; Mary Rowell, violin; Ani Kalajian, cello; Cynthia Huard, piano. Opening concert for the Green Mountain Suzuki Institute. Program includes: Bach, E Major Sonata; Nico Muhly, "Drones"; Khachaturian Waltz from "Masquerade"; Carolyn Shaw, "Thousandth Orange"; Faure, Quartet in C Minor. lesley@rcms.org or (802) 767-9234.

Double Feature at the Bethel Drive-In

9 p.m. Sundays. Bethel Drive-In, 36 Bethel Drive, Bethel. Adults \$12, children (5-12) \$8. Cash Only. "Despicable Me 4" (PG) at 9 p.m. "The Fall Guy" (PG-13) at 10:45 p.m. Gates open at 7:30 p.m. betheldrivein.com.

MONDAY

7/8

Adventure Camp

9 a.m.-Noon. All week. Chaffee Art Center, 16 So. Main St., Rutland. \$140 for the week. Ages 6-12. Each day, campers will explore a theme through yoga, play, activities and mindfulness. They will have fun learning ways to be adventuresome, and also how to relax and be emotionally present. Instructor: Crisly Lauzon. chaffeeartcenter.org.

Senior Bone Builders

10 a.m. Mondays. Sherburne Memorial Library, 2998 River Road, Killington. Free. Weights are provided. sherburnelibrary.org or 802-422-9765.

Art at the National Park

11 a.m.-3:30 p.m. Drop-in Mondays and Fridays through 8/9 at Marsh-Billings-Rockefeller National Park, 54 Elm St., Woodstock. Free. Make art at the park. Meet the 2024 Student Artists-in Residence. Artists of all ages and skill levels are welcome. Pets allowed. Parking at Billings Farm & Museum. nps.gov/mabi/learn/kidsyouth/index.htm

Community Lunch

11:30 a.m.-12:30 p.m. Mondays. Godnick Adult Center, 1 Deer St., Rutland. Over 60, \$3.50. Under 60, \$6. Donations welcome. In partnership with the Southwestern Vermont Council on Aging and Meals on Wheels, the Godnick Center hosts congregate meals. Make new friends, connect with pals. Call 802-773-1853 and leave a message with your name and phone number the Thursday before. See rutlandrec.com/godnick for the menu.

Monday Movie

1 p.m. Sherburne Memorial Library, 2998 River Road, Killington. Free. Contact the library for the title. sherburnelibrary.org/movie-monday or 802-422-9765.

Free Yoga at Billings Farm

5:15-6:30 p.m. Mondays through Sept. Billings Farm & Museum, 69 Old River Road, Woodstock. Free. Stretch in the scenic pastures of Billings Farm! Practice will begin promptly at 5:30 p.m. Please arrive at the farm early to get settled in and join us for a tea service featuring herbs fresh from the Billings Farm garden at 5:15 p.m. Ranger Jen Jackson will lead the weekly Farm & Forest Yoga Flow. Bring a mat and check in at the Billings Farm Visitor Center. nps.gov/mabi.

'Inside Out 2'

7:30-9:10 p.m. Woodstock Town Hall Theater, 31 The Green, Woodstock. Adults \$10, seniors \$9, children & members \$8. A year after the first film, Riley's Emotions think they have everything figured out, but everything changes once she turns 13 and Anxiety brings a whole new team of Emotions who want to take over Riley's head. Tickets: pentaglearts.org.

TUESDAY

7/9

Bone Builders

9 a.m. Tuesdays. Gilbert Hart Library, 14 So. Main St., Wallingford. 802-446-2685

Line Dance for Beginners

9:30-10:30 a.m. Tuesdays. Godnick Adult Center, 1 Deer St., Rutland. Line dance basics taught by Sharon McKee. No partner or experience needed. Call 802-773-1853 for cost and to sign up. rutlandrec.com/godnick.

Mini Gift of Life Marathon Blood Drive

10 a.m.-6 p.m. Multiple locations around Rutland. The Pete Giancola Mini Gift of Life Marathon Blood Drive is an important event to ensure local hospitals have the blood they need during very difficult collection times in the summer. Appointments are available from 10 a.m. to 6 p.m. at the Elks Club and Franklin Conference Center at Howe Scale. If you can donate, call: 800-RED-CROSS, use the American Red Cross of Northern New England app, or visit redcrossblood.org to sign up.

Bridge Club

Noon-4:30 p.m. Tuesdays. Godnick Adult Center, 1 Deer St., Rutland. Free. rutlandrec.com/godnick.

Senior Volunteers

1-3 p.m. Tuesdays. Sherburne Memorial Library, 2998 River Road, Killington. sherburnelibrary.org or 802-422-4323.

Yoga at Mission Farm

2-3 p.m. Tuesdays through 7/23. Mission Farm, 316 Mission Farm Road, Killington. Pay what you can; suggested donation \$10. No registration required, just show up and join. Dress comfortably. Bring your own mat; blankets available. Classes are held outside at the Odeon; in case of rain, we will move to the church lobby. missionfarmvt.org.

Bridge Club

2-4 p.m. Tuesdays. Hartland Public Library, 150 US-5, Hartland. Free. All levels welcome. Want to learn? Contact Toni at 802-436-2943 or email tonidave@vermontel.net.

Chess Club

4-6 p.m. Tuesdays. Godnick Adult Center, 1 Deer St., Rutland. Free. Whether you have been playing for years or are new. If possible, bring your own chess set; some sets will be available. Contact club organizer Gregory Weller at gawchess802@gmail.com.

'Observing & Capturing the World' with Artist

Robert Black

4-5:30 p.m. Tuesdays, 7/16, 7/23. Chaffee Art Center, 16 So. Main St., Rutland. \$65 for three classes. Ages 8-13. Taught by experienced local architect and artist Robert Black, students will be guided during these 3 classes through a series of exercises to observe and document the architecture and nature around the Chaffee Art Center. Cell phones and simple sketches will be used to capture images that will be printed and used to produce a variety of creative artworks in the class. Impromptu presentations and displays will showcase the students' work. MUST PRE-REGISTER: chaffeeartcenter.square.site/.

Play Chess, Backgammon!

5-7 p.m. Tuesdays. Norman Public Library, 10 The Green, Woodstock. Free. All skill levels are welcome and coaching is available. Bring your own set or use one of ours. normanwilliams.org or 802-457-2295.

Tuesday Night Twilight League

5 p.m. Tuesdays through 9/24. Green Mountain National Golf Course, 476 Barrows Towne Road, Killington. Non-pass holders \$40, pass holders \$22; includes 9 holes with cart. Shotgun start at 5 p.m. 4 person scramble. Teams welcome or individuals/pairs will be linked into groups of 4 and play the front 9. Results in Gracie's Clubhouse Grill after play. Must sign-up before Tuesday at noon. gmngc.com or 802-422-4653.

Tuesdays Concert Series: Ryan Fuller

6-8 p.m. Tuesdays through 8/13. Pittsford Village Farm, 42 Elm St., Pittsford. Free. Solo singer/guitarist Ryan plays a bit of everything, with his main genre being 90's alternative music. pittsfordvillagefarm.org.

Castleton Summer Concert Series: Miss Paula & Twangbusters

7-9 p.m. Tuesdays. Castleton Pavillion, 360 South St., Castleton. Free. Classic country and honky tonk. 802-468-6039

Revenge of the Movie Night

7:30-9 p.m. Tuesdays. Main Street Museum, 58 Bridge St., White River Junction. Free. We never know ahead of time what the movie will be. Think of it as a grab bag. mainstreetmuseum.org.

Mini Gift of Life Marathon Blood Drive

Tuesday 10 a.m. - 6 p.m.





First Sundays

at Mission Farm

Church Of Our Saviour (Episcopal)

A special community gathering exploring our relationship with God, Creation and one another. Enjoy worship, music from local musicians and refreshments and conversation after the service.

All are welcome!

Monthly
@ 9:30am

Mission Farm Rd
Killington

www.missionfarmVT.org

[MUSIC Scene]

By DJ Dave Hoffenberg
Have a music scene coming up? Email djdavehoff@gmail.com

WED

7/3

BRANDON

6 p.m. Brandon Inn (Behind) – Music on the Riverbend with The Local Talent

CHESTER

6 p.m. The Pizza Stone VT – Tom Davidson

LONDONDERRY

6 p.m. New American Grill – Liz Reedy and Nick Bredice

LUDLOW

6 p.m. Off the Rails – Learn to Line Dance

POULTNEY

7 p.m. Poultney Pub - Open Mic with Danny Lang

QUECHEE

6 p.m. Public House Pub – Kim Wilcox

8 p.m. Center Street Alley – Full PA/Backline Open Mic hosted by Josh LaFave

SOUTH POMFRET

6:30 p.m. Artistree – Music on the Hill Summer Concert Series with Bow Thayer & Krishna Guthrie

THURS

7/4

BARNARD

5:30 p.m. Fable Farm – Feast & Field with Route 5 Jive

BRIDGEWATER CORNERS

5 p.m. Long Trail Brewery – Krishna Guthrie

BOMOSEEN

6 p.m. Lake House Pub & Grille – Aaron Audet

KILLINGTON

11 a.m. Johnson Rec Center – Town of Killington Fourth of July Celebration

7 p.m. Johnson Rec Center – Town of Killington Fourth of July Celebration with the Summit Pond Quartet with fireworks to follow

LUDLOW

8:30 p.m. Off the Rails – Liz Reedy and Nick Bredice

FRI

7/5

BOMOSEEN

6 p.m. Lake House Pub & Grille – Ryan Fuller

CASTLETON

6 p.m. Third Place Pizza – Music by Cooper

KILLINGTON

2 p.m. Umbrella Bar at Snowshed – Nick Bredice

6 p.m. Rivershed – Ben Kogan Duo

6 p.m. The Foundry – Live Music

7 p.m. Still on the Mountain – Nick Bredice

7:30 p.m. Jax Food & Games – Zach Yak

7:30 p.m. McGrath's Irish Pub – Extra "Medium" Stout

LONDONDERRY

6 p.m. New American Grill – Sammy B

LUDLOW

1 p.m. Lake Rescue – Independence Day BBQ with Sammy B

6 p.m. Jackson Gore Courtyard – Summer Music Series with Total Strangers

7 p.m. Okemo Base Area – Rustie Bus with fireworks to follow

POULTNEY

6 p.m. Poultney Pub – Mean Waitons

QUECHEE

5:30 p.m. Public House Pub – Jacob Green

RANDOLPH

7:30 p.m. Underground Listening Room – Hip Hop Night

RUTLAND

6:30 p.m. Stonehedge Indoor Golf – Duane Carleton

SOUTH POMFRET

6:30 p.m. Sasakadena Six - 2024 Summer Festival Tour: VSO's Symphony of Stars

SAT

7/6

BOMOSEEN

6 p.m. Bomoseen Dog – Music by Cooper

KILLINGTON

2:30 p.m. The Umbrella Bar at Snowshed – Duane Carleton

3 p.m. K1 Base Area – Cooler in the Mountains Concert Series feat. The Parrisian with special guest opener Pete Meyer

6 p.m. Rivershed – Acoustik Ruckus

6 p.m. Still on the Mountain – Rick Webb

6 p.m. The Foundry – Scott Forrest

7 p.m. Pico Mountain Lodge – Killington Music Festival Concert Series: It's all about the Bass

7:30 p.m. Jax Food and Games – Rhys Chalmers

7:30 p.m. McGrath's Irish Pub – Extra "Medium" Stout

LONDONDERRY

5 p.m. Black Line Tavern at Magic Mountain – Nick Bredice

LUDLOW

8 p.m. Off the Rails – Sammy B and Friends

POULTNEY

6 p.m. Poultney Pub – Patrick Sargent

QUECHEE

5:30 p.m. Public House Pub – Brooks Hubbard

RUTLAND

8 p.m. Center Street Alley – Karaoke 101 hosted by Tenacious T

STOCKBRIDGE

7:30 p.m. Wild Fern – Rick Redington & Tuff Luv

WOODSTOCK

6:30 p.m. Ottauquechee Yacht Club – Bobby Sheehan

SUN

7/7

BOMOSEEN

6 p.m. Lake Bomoseen Lodge & Taproom – James Joel

BRIDGEWATER

CORNERS

3 p.m. Long Trail Brewery – Nick Bredice

KILLINGTON

10 a.m. Mission Farm – Sammy B

12 p.m. Rivershed – Brunch with James Joel

6 p.m. Liquid Art – Tee Boneicus Jones

6 p.m. Rivershed – Trivia Night

6 p.m. The Foundry – Jazz Night with the Summit Pond Quartet

7:30 p.m. Jax Food & Games – Nick Bredice

LUDLOW

12 p.m. Okemo's Summit Lodge – Summit Sundays with music by Silas McPrior

6:30 p.m. Veteran's Memorial Park – Summer Bandstand 2024 with Springfield Community Band

ROCHESTER

4 p.m. Federated Church - Cynthia Huard, piano; Adda Kridler, violin; Ani Kalajian, cello; Mary Rowell, violin

STOCKBRIDGE

7:30 p.m. Wild Fern – Rick Redington's Looping Mayhem

WOODSTOCK

4 p.m. The Unitarian Universalist Church - Killington Music Festival Special Classical Concert: It's all about the Bass

MON

7/8

BOMOSEEN

6 p.m. Bomoseen Lodge and Taproom – Ryan Fuller

KILLINGTON

6 p.m. Rivershed – Mandatory Mondays with Name That Tune Bingo by DJ Dave

LUDLOW

8:30 p.m. The Killarney – Open Mic Night with Indigenous Entertainment

WOODSTOCK

6:30 p.m. Ottauquechee Yacht Club – Jim Yeager

TUES

7/9

KILLINGTON

5 p.m. Mission Farms – KPAA Mixer with Nick Bredice

7:30 p.m. Jax Food & Games – Taco Tuesday with Rick Webb

LONDONDERRY

6:30 p.m. New American Grill – Trivia hosted by Zach Yakaitis

LUDLOW

6 p.m. The Killarney – Trivia with Rick Davis

PITTSFIELD

7 p.m. Town Hall – Acoustic Jam

PITTSFORD

6 p.m. Pittsford Village Farm – Tuesdays Concert Series with Ryan Fuller

POULTNEY

7 p.m. Poultney Pub – Bluegrass Jam

QUECHEE

5 p.m. The Public House – Jim Yeager

RUTLAND

6:30 p.m. Vermont Tap House – Trivia Night




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ESPRESSO | GALLERY | COCKTAILS



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Celebrating the Fourth: Local communities host a plethora of creative festivities



Thursday, July 4—KILLINGTON—Calling all Killington residents, visitors, and businesses. Killington's Independence Day celebration is back. There will be a parade, fireman's BBQ, games, fireworks and more. This event is sponsored by the Killington Fire Department, Killington Parks and Recreation, and the Killington Transfer Station. Please check the Killington Rec website for any updates regarding this event.

Due to potential traffic flow issues, parking will be confined to one side of River Road. Carpooling is encouraged.

If inclement weather occurs, events will be hosted on July 5.

Fireworks

The fireworks display begins at sundown, at approximately 9:30 p.m.. Bring a chair or blanket to the Johnson Recreation Center soccer fields at 2782 River Road.

Schedule

9 a.m. - Friends of the Library Book Sale

10 a.m. - Killington 4th of July Parade (River Road)

11 a.m. - Johnson Rec Center opens for public swim with music by DJ Evan Foley

11:30 a.m. - Fireman's BBQ

1:30 p.m. - Kids Field Games at soccer field. No registration required.

3:30 p.m. - Belly Flop Contest

7 p.m. - Live Music by Summit Pond Quartet

9 p.m. - Fireworks show at Johnson Recreation Fields Parade

Fireman's Barbecue

Support Killington Fire and Rescue with their annual barbecue held underneath the pavilion. This annual will include burgers, hot dogs, veggie burgers and sides.

Fireman's Raffle

There will be a 50/50 raffle as well as other items.



Submitted

Brownsville celebration boasts barn dance, parade, barbecue, prizes



Submitted

Wednesday, July 3 at 6 p.m.—BROWNSVILLE—Starting at 6 p.m. on July 3, enjoy an array of tasty delights by four diverse food vendors. The local Moonlighters will be serving up their favorite hot dogs, hamburgers and fries; and Wicked Awesome BBQ will provide barbeque and sides. The perennial AJ's Fried Dough and Lazy Cow Ice Cream will be serving up their delights. Playing into the night will be the music of the FireHouse DixieLand Band. For the evening's finale, there will be the spectacular fireworks display by Northstar Fireworks of East Montpelier.

On July 4, come down to Brownsville Village where the Outreach Committee of the Brownsville Community Church will be serving an abundant community pancake breakfast from 8:30-10 a.m. There will be a Community Barn Dance in the church's Tribute Park Pavilion for all ages and abilities from 10:30 a.m. until noon where you can work to regain your appetite for lunch.

From 10 a.m. to 3 p.m., folks can wander over to the Town Hall where crafty vendors will be selling their wares, and various local groups will be providing important & helpful information. The Friends of Mary L. Blood Library will also be holding their popular book sale.

At 1:30 p.m., the Independence Day Parade will process down the hill on the Brownsville-Hartland Road. There will be decorated floats, Shriners, fire trucks, antique cars, local law enforcement, decorated bicycles and proud marchers. A cash prize will be awarded in three float categories. There will also be a fire truck award being given by the West Windsor Volunteer Fire Department.

Summer Smash Demolition Derby is back at the Rutland Fairgrounds

Thursday, July 4—RUTLAND—There will be a live demo derby at The Vermont State Fairgrounds, 175 So. Main St., Rutland, followed by fireworks to 9:45 p.m.

Ticket prices are \$12 + for grandstand general admission plus tax. Trackside general admission tickets are

\$25 + tax. A boxes are \$140 + tax, with the B boxes going for \$120 + tax. Age 5 and under are free.

The fairgrounds opens at 3 p.m. with the gates to seating open at 5:30 p.m.

For more information, visit: paramountvt.org

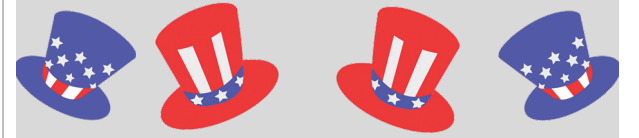


Fireworks held by Rutland Town Fire Department and Town of Rutland

Wednesday, July 3—RUTLAND—Northwood Park on Post Road in Rutland Town. Duration: 1 hr 30 min.

There is plenty of parking inside Northwood Park. There will be no parking along Post Road.

The fireworks will off start when it's dark.



Celebrat 4th of July in Poultney

Thursday, July 4 at 10 a.m. - POULTNEY - The highlight of the celebration is the town parade, kicking off on Thursday, July 4 at 10 a.m. in East Poultney. Before the parade, fuel up with a delicious pancake breakfast at the Methodist Church on Main St., starting at 8 a.m. An afternoon packed with fun activities, including magic shows, food trucks, hot dogs and lemonade, a kids' bounce house, and more.

On Friday, the excitement continues at Poultney Elementary School, starting at 3 p.m. Enjoy captivating magic and marionette puppet shows, indulge in tasty treats from food trucks, and engage in various activities for kids. Don't miss the chance to win big with our 50/50 raffle, and an all ages dance party at 7 p.m., followed by fireworks display at 9 p.m.

For more information, visit: visitpoultneyrecreation.com.

Brandon's Independence Day Parade to Feature Vermont's 40th Army Band

Saturday, July 6 at 10 a.m. - BRANDON - Celebrate Independence Day in Brandon with free events all day on Saturday, July 6. There will be a parade, contests, children's activities, beer garden, auctions, street dance, fireworks and much more. One of the parade highlights this year will be the 40th Army Band from the Vermont National Guard. About 20 members of the band will be attending and proudly marching along the parade route. The 40th Army Band was originally started in 1907.

Brandon's parade kicks off on Saturday beginning at 10 a.m. Plan to stay all day -- Brandon knows how to throw a party and there are free events planned from morning to night for everyone in the family. The street dance starts at 6:30 p.m. and fireworks, which will be visible from all over downtown, begin at dusk.

Hardworking volunteers have thought of it all: Easy parking with a convenient

shuttle, fantastic food vendors / trucks, a crowd-pleasing parade, loads of free activities, favorite music groups in the parks, super fun fundraising opportunities (those fireworks are expensive!) including a silent auction, the Ducks over the Neshobe River contest and a 50/50 raffle (the pot is growing daily - last year's winner took home more than \$1000)!

As for the 40th Army Band, Sgt. First Class Yulia Benson said the band is delighted to be marching in this year's Brandon parade. Band members recently returned from representing the United States by performing at an officers' ball in Austria. The last time they marched down our streets was in 2013 and we are thrilled to welcome them back.

For a complete schedule and more information, visit online: brandon.org; click the Events and Happenings page. Also on Facebook: facebook.com/BIDCC.



Submitted



Courtesy of the Brandon Chamber of Commerce



DANIEL ANDAI
Artistic Director & Violin

MARC ANDRÉ
Guest Artist, Double Bass

SIMON GHRAICHY
Guest Artist, Piano

KILLINGTON MUSIC FESTIVAL

2024 CLASSICAL CONCERT SERIES

JUNE 29 – JULY 20 Pico Mountain Lodge • Saturdays, 7pm

JULY 7 Unitarian Universalist Church, Woodstock • Sunday, 4pm

THIS WEEKEND: "IT'S ALL ABOUT THAT BASS"

World-renowned musicians perform works by Debussy, Piazzolla and more.

TITLE SPONSOR: **Luc Walter Foundation**

CONCERT SPONSORS: Community Health Centers of the Rutland Region • Great Gulf Heritage Family Credit Union • Betsy & Baxter Holland • Killington Resorts Rotary Club of Rutland • Rutland Regional Medical Center • Victoria & Robert Young



Details online or call 802.773.4003.

kmfest.org

Rockin the Region with Scott Forrest

A big weekend is upon us and a great way to celebrate it is by going to the Foundry on Saturday to see Scott Forrest at 6 p.m. I've known Scott for a while but recently reconnected with him musically. He did a showcase that George Nostrand and I put on at A Sound Space and he blew me away. Scott plays something for everyone. It's just him and his guitar, and a whole lot of musical fun. Scott plays all over the state and in New Hampshire as well. This is his only local gig for a bit but he also plays the Foundry July 26, Aug. 16, 24 and 30. You can see him July 18 on the Hancock town green, part of their free concert series at 6:30 p.m.

You can expect an upbeat show. Scott said, "I use a lot of humor in my performances if

I can. I'll bring the kids into it when they come up to talk to me, or tip me. I like to respect my audience. If they're clapping, smiling, happy, I can feed off that. It's family-friendly." People really like the Brazilian stuff Scott sings, nobody else is doing that. Scott can sing in so many different languages. Besides Brazilian, he also sings in Spanish, French, German and Portuguese. His show will consist of covers, and originals.



Rockin' the Region
By Dave Hoffenberg

Scott recently received some good news when SSM Records out of Nashville reached out to him in interest of his original music.

Someone from the company saw him play and sent it up the food chain to Greg Mann, who has discovered a majority of SSM Nashville's talent. Greg told Scott, "When we see an act like yours, we reach out to them." They sent Scott a questionnaire and would like a couple of songs, that Scott is working on now. I wish Scott the

best with this but regardless what happens, it's quite the honor. Scott's music tax guy said, "If nothing else, you appealed to somebody." Scott said, "It's exciting to at least explore it. For me I have no vision of them making me the star but if they wanted to buy a song or two and sell it to Taylor Swift, then by all means"

Scott is originally a piano player, having began on that at age three. His mother and grandmother both played piano and organ and Scott said, "We always had a piano in the house. I started plunking away on that and later took classical music lessons." From there he played drums and the slide trombone. Scott added, "I enjoyed both of those." He didn't take up the guitar until he was sixteen, and basically taught himself. "I fell for it instantly, and I've always sang. Both my parents sang, and all my relatives." He wanted to play guitar after he saw a young guy playing Neil Young's "Heart of Gold" and Led Zeppelin's "Over the Hills and Far Away". Scott said, "It blew me away when he did that. Another guy, an older guy, showed me the intro to 'Pinball Wizard.' It's a great riff. I can still remember it even though I haven't played it in years. I can see it in my head as we speak. That just knocked me out. I said, I've got to do this so I bought a guitar and never looked back." His biggest musical influences growing up were The Beatles, Todd Rundgren and Steely Dan. He loves Snoop Dogg's "Doggystyle" album. Scott said, "To me all the good rap was the gangster rap like Dr. Dre too. I love that stuff. Another one is "Alice in Chains." I loved them and I realized why because of the harmonies those two guys did. I'd never heard people harmonize like that before."

When he was 18, he was in a band called The Rammers. After that he was in a band out of Burlington called The Truth. Scott said of the latter, "It was a good band, short-lived but good." There's a lot of things that can lead to headaches when being in a band, so Scott decided to go out on his own. He said, "I'm really glad that I did." What's impressive is Scott has been playing solo for close to forty years now.

Fifteen years ago Scott went into opera, and studied for quite a few years with the Weston Opera Theater. He was taught by Lise Messier and she got him into the Manchester Music Festival. Scott performed three different times with the Metropolitan Opera of NYC.

Scott spent time in Brazil and that's when he started to learn that language. Scott said, "If it sounds good I like it, then I'll try to cover it. It's an eclectic mix of music that I do and the good thing is nobody has a chance to get bored because I'll be doing something else."

Scott has one CD to his credit ("When I'm in Paris") that he released back in 2008 but he still has copies left and brings them to his shows. People still buy them even though CDs are nearly obsolete. One song made it to national radio after it made it onto the classic radio show, "A Prairie Home Companion." Scott said, "It was such a strange thing. I played this pathetic, poorly advertised show at a bookstore in Brandon. There was nobody there, yet the next night I had 3.2 million listeners. Not necessarily for me, per say, but I was a part of the show. When it rains, it pours."

Scott lived in Nashville for a bit and wrote songs in a style he dubbed "Heavy mental music" which was a bunch of wild keyboard stuff. He said, "I didn't even own a guitar at that point. I had given it up for a little while." Someone heard that and was surprised and drove him to a guitar store and he bought one. Scott added, "I didn't know at that point if I could write songs on the guitar but after I got into the Brazilian stuff, it changed everything for me. My guitar playing changed. That's when I started pouring them out"

Scott loves the energy of his shows and said, "If people dance to some of it, that's one of the funnest things. I've had people come up and tell me one of my songs was their wedding song. How cool is that? But just when people are having fun."

Search "Scott Forrest" on Google and see YouTube videos out there and also find him on Facebook under the same name.



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July 9 – Ryan Fuller



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By Vern Grubinger/UVM Extension

A lady beetle prowls for aphids on an eggplant leaf.

Know the good bugs for your garden

By Dr. Vern Grubinger, UVM extension

Insect pests get a lot of attention because we see the damage they cause. Less obvious are beneficial insects that provide “biocontrol” of insect pests. These include predators that kill or disable their prey quickly and parasitoids that kill pests more slowly.

Predators include lady beetles, ground beetles, lacewings and mites. Predators are larger than their prey and eat a lot of them. Most are generalists that attack a variety of prey.

Parasitoids include wasps and tachinid flies. They specialize in one insect species, which is usually bigger than they are. Females search for a host, then deposit eggs or larvae in, on or nearby it.

The immature parasitoid grows, slowly consuming the pest. Unlike parasites, such as fleas and ticks, parasitoids typically kill their host eventually.

Lady beetles are familiar predators. Both adults and larvae prey on soft-bodied insects like aphids. The larvae don't look like their parents. They have an elongated body like an alligator that's dark with yellow or orange flecks. There are many species of lady beetles, native and introduced.

The pink spotted ladybeetle is pink to red, oval, with six spots on each forewing. It feeds on lots of pests like European corn borer, corn earworm, imported cabbageworm, fall webworm and Colorado potato beetle. It also needs to eat pollen. Flowering plants, including dandelions, help support adults in the spring.

The convergent lady beetle is slightly elongated, with white lines converging behind its head, and a few to thirteen black spots on red forewings. It feeds on aphids.

Other beneficial lady beetle species include the two-spotted lady beetle, nine-spotted ladybeetle and transverse lady beetle. The multicolored Asian lady beetle was introduced to feed on aphids, scales and psyllids. Its annoying habit is congregating in homes in the fall. Another species, the Mexican bean beetle, is a well-known plant pest.

Ground beetles are dark and shiny, often found under stones and debris. Those active at night are black, and those active in the day may be a metallic color. Pests consumed include eggs and larvae of the Colorado potato beetle, root maggots and “cabbageworms.”

Rove beetles, soldier beetles and flower beetles are also insect pest predators.

Lacewings have net-like, delicate wings, long antennae and prominent eyes. They feed on aphids, leafhoppers,



By Vern Grubinger/UVM Extension

Parasitized tomato hornworms are often seen covered with multiple white, cottony cocoons of the parasitoid wasp *Cotesia congregata*.

scales, mites and eggs of butterflies and moths.

Syrphid flies, or hover flies, are brightly colored, sometimes resembling bees. Adults can be seen feeding on flowers. The larvae, a tapered maggot, eats dozens of aphids a day.

Hunting wasps take their prey, whole or in pieces, back to their mud, soil or paper nests to feed their young. The common *Polistes* paper wasps can help control caterpillar pests.

Predatory mites eat plant-feeding spider mites. They're a little larger and move faster than their prey.

Tachinid flies are parasitoids that look like common flies. Females lay eggs near the heads of caterpillars, beetles and bugs. The eggs hatch fast, and the larvae tunnel into the host, feeding for a week or more before killing it.

Braconid and Ichneumonid wasps include small species that attack small insects such as aphids and larger wasps that attack caterpillars or wood-boring beetles. Diamondback moth larvae parasitized by the wasp *Diadegma insularis* appear as white fuzzy cocoons underneath cabbage leaves. Many gardeners have seen white cocoons of the parasitoid wasp *Cotesia congregata* attached to the outside of tomato hornworms.

One way to support beneficial insects is by providing pollen sources, which can be in weedy areas where dandelions, wild carrot and goldenrod are left to flower. In addition, try not to kill good bugs. And avoid the use of broad-spectrum insecticides.

For more information, visit: biocontrol.entomology.cornell.edu.

← **Maternity care:**
from page 4

to the news release from RRMC. There are a number of criteria that must be met in order to be awarded the Blue Distinction Center for Maternity Care, including that the facility has an internal quality improvement program; uses a standardized obstetric hemorrhage emergency management plan; uses standardized protocols for management and treatment of key severe maternal morbidity events (severe hypertension, eclampsia, seizure prophylaxis, and magnesium overdose, as well as postpartum hypertension and preeclampsia); and safely reduces the number of cesarean section births. This effort is combined with other factors that include regular emergency drills and preventative measures.

Over the past four years, RRMC's Women and Children's Unit and Birthing

Center has decrease cesarean and episiotomy rates, decreased obstetric complications, and increased breastfeeding rates. Last year, the hospital also expanded their care team to include midwifery.

This didn't happen by chance. Working with Blue Cross VT's quality metrics, RRMC's Birthing Center set goals across their entire team to systematically improve the health outcomes of babies and birthing patients. They took the feedback from their initial application, worked on the gaps, and then reapplied. The Blue Distinction affirms the measurable results of their efforts.

"People struggle with change. So, when you have a complex organization with many different people moving in many different directions, it takes a lot of intention for a change agent to implement something," RRMC said in a statement.

For a complex organization to implement changes that result in demonstrable

quality improvement, data and learning from best practices are both key. The year before Romine was named the director of the Women and Children's Unit, the team applied for the Blue Distinction designation and didn't get it. They looked at the data and dug into innovative practices and policies nationally.

The real time data exchange helps to incentivize a little friendly competition and the entire team takes pride in improving their rates.

"If we don't know how many first-time moms are having C-sections, and why they're having those C-sections, how can we change what we're doing? So, to think about this as a learning opportunity for other hospitals, you can look at something like C-section data and move the needle," Romine stated.

There are supportive perinatal quality collaboratives that have published toolkits, such as the California Quality Maternal Care Collaborative or the Northern New England Perinatal Quality Improvement Network, a program from Dartmouth Health. Also, reviewing charts monthly in provider committee meetings through Vermont Child Health Improvement Program and attending quality conferences builds collaborative support across facilities which can improve

outcomes. "It's really a collaborative open sharing environment. It's so nice to connect to peers outside of the confines of each hospital. There's no reason to reinvent the wheel," Romine added.

Another strategy for change is finding an ambassador in each service area.

"You get their buy-in by getting support from a champion, whether it's another nurse or an obstetric doctor, or a midwife, and then you bring in other people and eventually you have a great program. Change is hard. You need these ambassadors because if you go in as a leader and say, 'we're going to do this change,' people are going to resist and it's not going to get done. So, you can't just dive right in. You have to go at it in a roundabout way and engage everybody as a team."



Submitted

Cynthia Huard performs her final concert at RCMS

Sunday, July 7 at 4 p.m. - ROCHESTER - After thirty years as artistic director of the Rochester Chamber Music Society, Cynthia Huard will perform her final concert on Sunday, July 7, at 4 p.m. in the Federated Church. She will be accompanied by the newly appointed artistic director, violinist Adda Kridler, violinist Mary Rowell and cellist Ani Kalajian. A longtime advocate of collaborative music making, Cynthia Huard will continue to perform and hopefully return to the RCMS as guest artist.

The RCMS summer series began 30 years ago after two resident concert artists were playing for friends and at gatherings in Rochester. The friends encouraged then violinist Marguerite Schenkman and Cynthia Huard to share their music more often and in a larger venue. Under Huard's guidance, and now a summer favorite of many, the RCMS summer series draws from a wide audience from Montpelier to Woodstock and many towns from Addison and Rutland counties.

In a wide ranging program, this concert marks the opening of the Green Mountain Suzuki week and will include works by Bach, Nico Muhly, Khachaturian, Carolyn Shaw, and Fauré.

Pianist Cynthia Huard has appeared as a featured soloist at the Isabella Stewart Gardner Museum and the Aston Magna Early Music Festival, and in recital as a pianist and harpsichordist throughout the United States and in Europe.

As artistic director of the Rochester Chamber Music Society's summer series for 30 years, she has performed with the Lark Quartet, the Johannes Quartet, cellist Nathaniel Rosen, and with chamber players of the Philadelphia Orchestra, Toronto Symphony, National Symphony, and the Colorado, Utah, and Vermont Symphony Orchestras. Her recent premieres include music by Nico Muhly, Padma Newsome, and commissions from Erik Nielsen and Thomas L. Read.

Huard holds advanced degrees from Indiana University and The University of Music and the Performing Arts in Graz, Austria.

Adda Kridler frequently records and performs for film, television, and recording artists; she has toured nationally with Adele, played on "The Tonight Show" and "Saturday Night Live," recorded film scores for Ryuichi Sakamoto, and appeared on-screen in Succession and Maestro.

She is a member of the Vitamin String Quartet collective and has played in many Broadway productions and cast albums, including "Hamilton," "Moulin Rouge," "Beetlejuice," and "The Great Gatsby." Adda is thrilled to join RCMS as artistic director in the 2025 season, and even more thrilled to have found her second musical family in the Rochester community.

For more information: rcmsvt.org or call 802-767-9234.

NOTICE OF REQUEST FOR STATEMENTS OF QUALIFICATIONS FOR ENGINEERING SERVICES

The Sherburne Fire District #1 is in the process of obtaining Statements of Qualifications from qualified engineering firms detailing the firms qualifications, technical expertise, management and staffing capabilities, references, and related prior experience. Required professional services will include but are not limited to preliminary engineering services, design- and construction- related services, preparation of bidding and contract documents, participation in the evaluation of bids received, and monitoring and inspection of construction activities to ensure compliance with plans and specifications developed for the Sherburne Fire District #1 wastewater system. The project is expected to include but is not limited to replacement of the treatment plant Rotating Biological Contactors (RBC) and related work with an estimated total budget in excess of \$2 million and an anticipated time schedule for the engineering and construction work beginning immediately with completion in 2026.

Procurement of said services will be in accordance with elements of the procurement process in 40 U.S.C. § 1101-1104. Qualified firms/candidates interested in being considered for this project must submit 3 copies each of: (1) letter of interest; (2) statement of qualifications and experience of staff persons who will be involved with the project; (3) references; and (4) related prior experience. Submit the requested information to David Lewis, District Manager, P.O. Box 555, Killington, Vermont 05751; no later than 1:00 p.m. on July 26, 2024 in order to receive consideration.

Attention is directed to the fact that the proposed project may be undertaken with a variety of Federal and state funds and that all work will be performed in accordance with the regulations issued by such agencies and the State of Vermont pertaining thereto.

The Sherburne Fire District #1 shall evaluate the statements of qualifications and performance data and other material submitted by interested firms and select a minimum of three firms which, in their opinion, are best qualified to perform the desired services based upon past performance, specialized experience, and technical competence with the Fire District. Interviews may be conducted, which may include discussions regarding anticipated concepts and proposed methods of approach. The Sherburne Fire District #1 shall rank, in order of preference, the professional firms deemed to be the most highly qualified to provide the services required and shall commence scope of services and price negotiations with the highest qualified professional firm for engineering services.

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Operation Dry Water: Boat sobriety heightened enforcement takes place July 4-6

The state of Vermont is reminding all Vermonters to boat safely this Fourth of July weekend

Recently released 2023 U.S. Coast Guard data show that alcohol use remains the primary known contributing factor in recreational boater deaths. In addition, 85% of people who drowned in a recreational boating incident were not wearing a life jacket.

The Vermont Warden Service, Vermont State Police and other local law enforcement agencies will be partnering with the National Association of Boating Law Administrators and the U.S. Coast Guard by participating in Operation Dry Water heightened awareness and enforcement weekend, which takes place July 4-6, 2024.

Operation Dry Water is a national awareness and enforcement campaign focused on reducing the number of alcohol- and drug-related incidents and fatalities and fostering a stronger, more visible deterrent to alcohol and drug use on the water.

"It's always important to remind people that operating a vessel under the influence of drugs or alcohol is illegal and can lead to serious injuries, death, property damage and legal consequences," Game Warden Sgt. Jenna Reed said.

"The July Fourth holiday means time on the water for

boaters in Vermont and across the United States. With an increased public presence on the water, the data show an increase in the number of boating incidents and fatalities that take place during this time. We want everyone to be safe and responsible while having a good time on Vermont's waterways," she added.

"Wearing a properly fitting, Coast Guard-approved life jacket is one of the easiest steps you can take to improving your safety on the water," said Vermont State Police Boating Law Administrator Al Johnson. "New life jackets are much more comfortable, lightweight and stylish than the bulky orange PFDs of the past. There are also innovative options such as inflatable life jackets that improve mobility and flexibility for activities including boating, fishing, paddling or hunting, and the new styles are much cooler in the warmer weather."

VSP and the Warden Service encourage residents and visitors to enjoy Vermont's beautiful and diverse waterways this summer. While you're out there, take pictures, make memories, and for your safety, boat sobriety and wear your life jacket.



Courtesy VTF&W

Game wardens and state police urge Vermonters to boat safely this Fourth of July weekend.

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Solutions 
From page 11

Crossword

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O	E	M			N	E	M	E	A		R	A	T	S
G	E	O	R	G	E	W	E	N	D	T		M	O	P
R	I	V	A	L	E	D		S	A	R	D	I	N	E
E	N	A	M	O	R				R	A	I	N	E	D
G	R	A	B						P	E	A	S		

Sudoku

9	6	4	7	2	5	3	8	1
3	8	2	4	9	1	7	6	5
7	1	5	3	8	6	2	9	4
8	7	6	5	1	3	4	2	9
2	3	9	8	6	4	1	5	7
5	4	1	2	7	9	6	3	8
6	5	8	1	4	2	9	7	3
1	2	3	9	5	7	8	4	6
4	9	7	6	3	8	5	1	2

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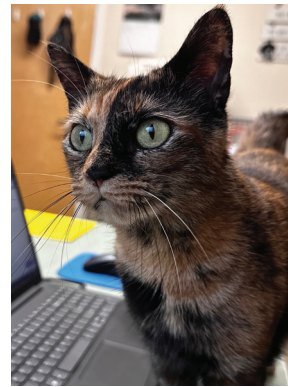
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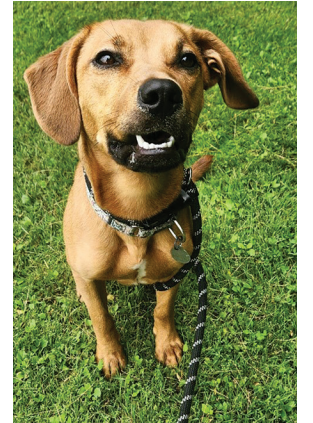
Drake—7-year-old.
Male. Mixed breed.



Maizy—5-year-old. Fe-
male. Domestic shorthair.



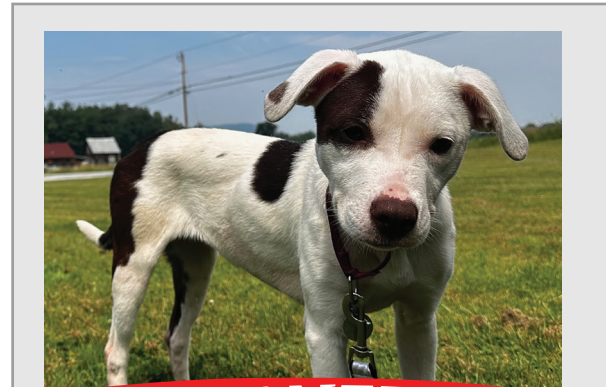
Reese—2-year-old.
Female. Hound mix.



Ginger—7-month-old.
Female. Hound mix.



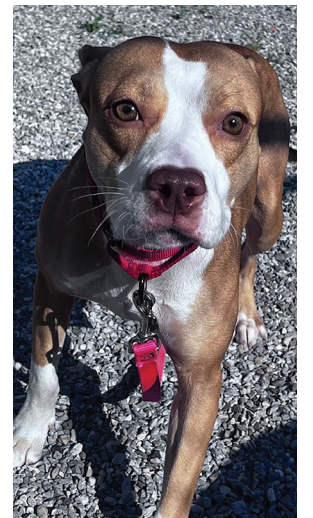
Harrison—2-3-year-old.
Male. Domestic shorthair.



JANET

Janet—6-month-old. Female. American Stafford-
shire Terrier mix.

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Pippi—3-year-old.
Female. American Stafford-
shire Terrier.



Dahlia—10-year-old.
Female. Domestic long hair.



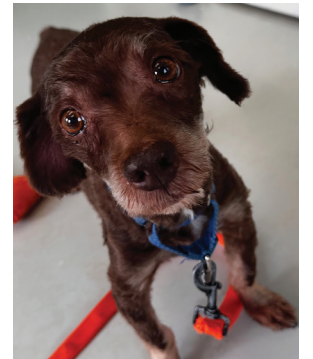
Rebel—7-month-old.
Male. American Stafford-
shire Terrier.



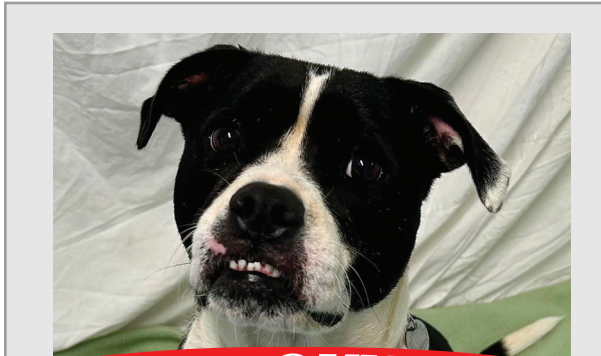
Maple—1-year-old. Female.
Domestic shorthair.



Benson—2-year-old.
Male. Terrier mix.



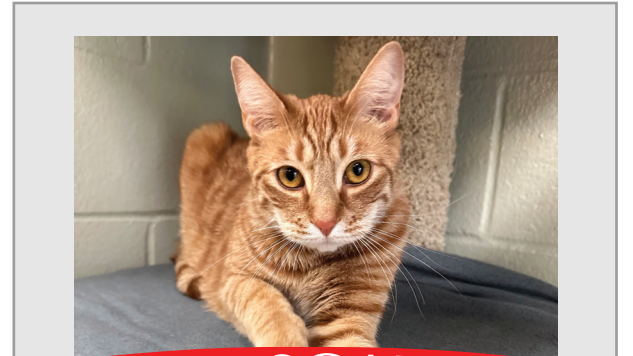
CJ—8-year-old. Male.
Shih Tzu.



ROXY

Roxy has the most adorable underbite!! No kitties for her though.

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Cosmic Catalogue



Aries March 21 - April 20

Life continues to pull you in a variety of directions. In some ways, this gives you a bit of an adrenalin hit upon which you thrive. In other ways, this is leaking energy you simply don't have right now. Some potentially life changing choices need to be made regarding the pivotal areas of your life. New beginnings are possible, but don't think they won't come without a cost. What's the price you're willing to pay?

Leo July 21 - August 20

With Mercury now in your sign, it's time to start thinking about yourself! There's pressure at work. There's pressure in a key relationship. There's financial pressure too. With all of those variables, have you stopped for one second and considered yourself in all of this? Sometimes being selfish is the most important thing you can be. If your cup isn't full, then there is no overflow for anyone or anything else. Consider your personal priorities.

Sagittarius November 21 - December 20

This week offers you the chance to balance the books a bit. Not just the financial books, but in terms of how much you're giving and how much you're getting in a particular situation. A New Moon is a restart and the opportunity to set new intentions. The entanglements that are financial, emotional and everything in between do need to be reset. What you want and what you need are different. Adjust accordingly.

Taurus April 21 - May 20

July could really change the trajectory of events for you which could be exciting in all the right ways or it could be disruptive in all the seemingly wrong ways. If that's the case, then this week, do commit to getting your daily routines right. Double down on the little things that provide you with the stability and structure you thrive in. You're going to need to bend so you don't break.

Virgo August 21 - September 20

You can't fix a problem with the same thinking that created it. Your challenge this week is to turn your attention inwards and ask yourself some pretty tricky questions. I'm sure, deep down, you're aware of the patterns that keep repeating but you just don't want to face them. It's not easy, but it's necessary. Do this and everything else in your life will miraculously improve. Other areas of life are going too well to let self-sabotage get in the way.

Capricorn December 21 - January 20

This week offers a rare chance to reconfigure your intentions as well as the direction your energy and focus have been going. Firstly, Saturn, your planet, has turned retrograde. Plus, a New Moon in your relationship zone brings a fresh start. A bit of humble pie may need to be ingested. At the minimum, a little bit of humility can really bring you and someone else even closer. Magic is there, if you're willing to shift direc-

Gemini May 21 - June 20

There's no problem you can't solve because you're so good at coming up with new ideas on how to solve them. Mercury, your ruler, now activates your curiosity for anything you've been, well, curious about. What do you want to learn or discover? If you welcome new ideas and expand upon them, you'll be pleasantly surprised by how this might boost your cash flow and / or your confidence too! Back yourself and you can't go wrong.

Libra September 21 - October 20

It may be important to get yourself grounded this week and focus on creating some stability. While there are so many things happening in various corners of your life, you do have to go back to basics a little bit. Good food, adequate rest and sound daily habits will help you tweak your good fortune. A New Moon in your career and life direction zone will open up new potential. You need to be ready for it!

Aquarius January 21 - February 20

Some tough choices and decisions are required this week. Conversations, contracts or deals aren't going to be easy. Now that you know that, you can prepare yourself. While that part of life may be tough, there are other areas that are working in your favor. Joy and happiness are possible, but they won't come on a silver platter. You do have to work for all that it is you want. Anything worth having is worth the work.

Cancer June 21 - July 20

The New Moon in your sign will be a much needed cosmic reset for you. There are many choices and decisions you need to make and it all feels rather fated. Maybe it's about not making any choice at all and just following your instincts. Your home environment and your career and overall life direction are changing. In the process, don't forget to tune in to what you want. A little bit of meditation and reflection will help you.

Scorpio October 21 - November 20

This week and next week too, you do need to tread carefully. That isn't to say you need to pussy foot around, neither. What it means is you need to move proactively in all kinds of relationships. If you've been putting up and shutting up, that will only come back and bite you. Try and find the right balance between being authentic, yet not being agitating for the sake of agitation. It's a fine line.

Pisces February 21 - March 20

You may feel lighter, brighter and more inspired this week than you have in some time. Deep down, you know the tough times aren't done, but you're re-inspired enough to face another day. Also, a New Moon may help you see love, joy and happiness from a new angle. Indulge in life's simple pleasures this week, then find a way to make them a more permanent fixture.

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Cassandra has studied astrology for about 20 years. She is an international teacher of astrology who has been published all over the globe.

A chance to regain clarity, resolve

Every warrior, no matter how passionate, how furious or how righteous, grows weary eventually. This isn't to say that being weary is a signal to quit. Quite the contrary. Sometimes you just need a little resolve. To lay down your sword a while and rest.

While the battle will rage on a while yet, a break from the weight of it all can help you breathe again and regain a renewed focus. What felt heavy and relentless now feels a little lighter, though you know its far from over. Sometimes, all it takes is a reprieve in order to sharpen your sword, return to the battle and eventually be victorious.



Cosmic Catalogue
By Cassandra Tyndall

So while you may be hearing about Saturn and Neptune retrograde and shift into unnecessary astrological anxiety, you might be pleasantly surprised by the chance to regain clarity and eliminate confusion, at least for a while.

The over arching theme of this week's retrogrades is the opportunity to go back to the blueprint in a particular area of your life. Are things structurally sound? Have you been showing empathy and compassion in the right places? If not, make some corrections and tighten the ship before the real battles begin next year.

Getting ready to fly



Poetry Is Power
By Bree Sarandrea

Little birds,
Learning to fly,
Flapping their beautiful wings,
Showing off their feathers,
Finally,
Getting ready to fly.



Big changes, and a new home for Charley

Charles Wallace the Magnificent, a tribute, Part 4

Editor's note: Bruce Bouchard is former executive director of The Paramount Theatre. John Turchiano, his friend for 52 years, was formerly the editor of Hotel Voice, a weekly newspaper on the New York Hotel Trades Council. They are co-authoring this column to tell short stories on a wide range of topics.

Author's note: A short recap - Part 3 ended after we escaped a crowd of women in distress at the sight of Charley. We were about to get some very good news.

As the summer of 2010 wore on, a new opportunity presented itself. During the time at the Kingsley Grist Mill I had grown weary of living in such small quarters, and despite the glorious surroundings, decided to jump on an offer to move into a farmhouse, built on 128 acres in Middletown Springs, 16 miles due southwest of Rutland, 6 miles east of the New York border. The original house was built in 1790 and for more than 100 years the property had functioned as a popular apple orchard. It was generously provided by Dan (a trustee of The Paramount at the time) and Judy Querrey, who were going to start living on a boat mostly out of the Bahamas and Florida. The farmhouse was spectacular: five bedrooms,

three baths, a huge back deck, a big pond and a large barn just across a dirt road separating the property.

Best of all, it was heaven on earth for Charley. He was like a 10-year-old kid walking into Disneyland for the first time, "Oh, man! How cool is this! I don't know where to go first: should I run up that great big, forested hill, or should

I jump into this cool, big pond, or investigate that area over there around the barn, wait, do I see cows over the hill across the road!!

Charley → 37



By Bruce Bouchard and John Turchiano



Orchard Road in Middletown Springs provided a home for Charley with land to roam.

By Bruce Bouchard

Road salt impacts aquatic life year round

Road crews across the U.S. use more than 24 million tons of road salt (sodium chloride) to melt ice and snow each year — triple the volume used in 1975. Road salt is cost-effective and prevents traffic accidents. But there is an ecological downside to this practice: rain and meltwater dissolve and wash road salt into streams, rivers, lakes, and ponds, where it severely impacts aquatic life and degrades freshwater environments.

Chloride also enters waterways from other sources, including fertilizer runoff, septic systems, wastewater, and leachate from landfills. But more than 90% of the chloride polluting our waterways comes from road salt. Fifty years after I-93 was constructed through Woodstock, New Hampshire, chloride levels have increased fourfold in nearby Mirror Lake.

"Road salt has been the number one contributor to increasing chloride in our waterways," said Andrea LaMoreaux, president and policy advocate for NH LAKES, a non-profit organization focused

on preserving and restoring the health of New Hampshire's nearly 1,000 bodies of water. "According to the New Hampshire Department of Environmental Services (NHDES), in 2008 there were 19 chloride-impaired waterbodies in New Hampshire. In 2020, there were 50."

Road salt washes into waterways, especially during heavy storm runoff. Although road salt is used during winter, the highest chloride levels typically occur during summer's hot dry weather, when streams slow to a trickle and water levels drop in lakes and ponds. Monitoring data from Stoney Brook in Grantham, New Hampshire, which receives runoff from nearby I-89, revealed chloride levels during severe summer heat and drought in 2019, 2020, and 2022 that were nearly 10 times the levels recorded during wet winter months.

Elevated chloride kills zooplankton, the minute animals that form critical links in aquatic food webs. Water flea populations, for instance, can drop 50% even where chloride levels meet water quality

TOS → 35



The Outside Story
By Michael J. Caduto

Fourth of July celebrations, gratitude and other July tidbits

July is a picnic and a red canoe and a sunburned neck and a softball game and ice tinkling in a tall glass.

July is also the 4th of July. Among the red, white and blue, the parades, the picnics and the pool parties is the patriotism that might show up as a few tears when we listen to the patriotic music. It's good to be an American and celebrate our heritage together.

Like every other small town across our country, Killington has a lot planned for the Fourth.

Starting at 9 a.m. the annual book sale at the library will precede the parade and BBQ hosted by our firemen. Please make a salad to share and drop it off at the Rec Center sometime in the morning. Then fun at the pool all day long with games, belly flops and music. Live music starts at 7 p.m. and the glorious fireworks start about 9 p.m. It's a full day and a happy day.

Have you ever wondered what happened to the 56 men who signed the Declaration of Independence? I would like to share a bit of history with you: Five signers were captured by the British as traitors and tortured before they died. Twelve had their homes ransacked and burned. Two lost their sons serving in the Revolutionary Army; another had two sons

captured. Nine of the 56 fought and died from wounds or hardships of the Revolutionary War. They signed and they pledged their lives,

their fortunes and their sacred honor. What kind of men were they? Twenty four were lawyers and jurists. Eleven were merchants, 9 were farmers and large plantation owners; men of means, well educated, but they signed the Declaration of Independence knowing full well that the penalty would be death if they were captured.

Carter Braxton of Virginia, a wealthy planter and trader, saw his ships swept from the seas by the British Navy. He sold his home and properties to pay his debts and died in rags.

Thomas McKeam was so hounded by the British that he was forced to move his family almost constantly. He served in the Congress without pay, and his family was kept in hiding. His possessions were taken from him, and poverty was his reward. Vandals or soldiers looted the properties of Dillery, Hall, Clymer, Walton, Gwinnett, Heyward, Rutledge and Middleton. At the battle of Yorktown, Thomas Nelson Jr., noted that the British General Cornwallis had taken over the Nelson home for his headquarters. He quietly urged General

Senior Scene → 38



Senior Scene
Gerrie Russell

Lessons worth teaching

Last week I wrote about my nephew making the decision to get into golf. Having just graduated from college and looking to make his mark on the world, he decided that knowing how to golf would not only be handy in business situations, but also appease his current girlfriend who happens to enjoy the game.

We traveled to a local golf store where I fitted him with a mid-range starter set, bag, golf balls, cleats, and a glove. When he walked out of the store, he had everything he needed to begin playing... except a golf swing.

I watched him hit several shots at the practice range inside the store and concluded that he was a long way off from having any success on the course. I then told him to text me during the week and I'd make time for him at a local range where I could give him some basic tips to get started. (I actually suggested that he take lessons from a golf pro, but it turns out there was a waiting list of a couple months.)

I waited all week but heard nothing, so on Thursday morning I texted him and told him to meet me at the range after work. He replied that he would "try to make it."

I had planned on sharpening my game at the range, so whether he showed up or not didn't really matter to me. However, he is family and after his parents spent all that money for new gear, I felt a little responsible to help him along.

Needless to say, 15 minutes after I arrived at the range, my nephew texted me to say that he wouldn't be able to make it. It seems a pool party would be taking precedence over a golf lesson.

I went ahead and began to hit balls, trying to work out a few hitches in my own swing that had crept in over the last several weeks. I was about mid-way through my first bucket when a young kid saddled up in the bay next to me and starting wildly hitting balls.

He was in front of me so on occasion I would stop and watch his swing. I do this quite often as an exercise: I watch someone's swing and try to unpack what they may be doing wrong based on the ball's flight. Sometimes it's easy to pick out the flaw, but other times a seemingly good swing results in terrible shots.

The young man (likely around 14 years of age) was growing increasingly frustrated. I could see him trying to figure out what

was wrong, but he obviously didn't have any knowledge of swing mechanics to help resolve the issue.

After hitting a barrage of bad shots, he swung around in exasperation and blurted out, "I can't do this!"

That's when I stepped in.

I walked over to him and calmly asked if he wanted some help. He sheepishly said yes, at which point I showed him the proper grip of the club as well as the correct stance and posture, all of which he was doing wrong. I then gave him a simple drill to represent the feel of a full golf swing, unlike the choppy action he was trying to pull off.

Slowly we moved to hitting some balls, where I insisted that he slow down his swing (every teenager wants to kill the ball, which generally results in poor contact). His first shots weren't the best, but just as I was feeling like I was losing him, he connected perfectly and sent a pitching wedge shot high into the air.

The kid marveled at the ball's flight, then turned to me and said, "That. Was. Awesome!"

From that point on, he was fully ensconced in the process.

He diligently looked at his hands on the club to make sure his grip was correct and paid close attention to where he brought the club back during his backswing.

Not every shot was great, but he was consistently making much better contact.

I stood there with him for at least 45 minutes while he hit ball after ball. When he was done, he graciously thanked me, and then wandered off. As I stood there cleaning off my clubs, I couldn't help but wonder if my few minutes of instruction would ignite a lifelong passion for golf in that young man's heart.

In this week's feature, "Tell Them You Love Me," we meet another person who ignited a passion in a young man — except in this case the passion would lead to lawsuits, a prison sentence, and a wildly insane story.

Based on actual events, this documentary follows the relationship of Anna Stubblefield, a university professor who specializes in facilitated communication (a way to help people communicate through a keyboard), and Derrick Johnson, a non-verbal young man with cerebral palsy.

If you're looking for a crazy documentary revolving around torrid subject matter, this film is for you. Just be prepared to finish the film and still have looming questions.

A sticky "B" for "Tell Them You Love Me," now available to stream on Netflix.

Got a question or comment for Dom? You can email him at moviediary@att.net.



The Movie Diary
By Dom Cioffi



Fourth of July pledge, a commitment to our shared community

I totally forgot what day it was and almost forgot to write out a column! The weather has been stunning and work has been ... excitingly overwhelming over for the past few weeks. Like, overwhelming in a good way where you come back to your beautiful home at the end of the day and take a big deep sigh, knowing that all your efforts to help make this town and community the amazing place that it is are so worth it.

Because I love owning my home. Granted, it has changed a lot about how I live my life but it has helped me grow in so many ways that I never expected. There were so many things that I did not understand about life and commitment. Sure, I was a vibrant member of this community but I hadn't truly bought in. I hadn't actually made membership in this community my obligation.

And that's what home ownership has done for me here.

Our founding fathers — oh, I am going there — pledged to each other their lives, their fortunes and their sacred honor. And isn't that what we each do when we commit to being a full fledged member of this community? We all pay municipal taxes so that we can invest in our community and each other. We pay state taxes so we can

educate our (and everybody else's) children and drive on roads that connect us. We volunteer at events that help strengthen the bonds of our community and financially support us.

I remember the first day we closed on the house and I stepped foot on my own land for the very first time. My land. Land that would now be my responsibility to hold in trust for future generations. Trees that I would be responsible for ensuring stood strong and proud for decades to come. Plants that I would care for and see reborn every spring. And a field full of weeds that I believe I will fight with for the rest of my life.

But with great responsibility comes ... even more responsibility! Over and over again I hear Ski Patrol Director Murray Tuttle yelling at Kramer. "Now with seniority comes something very special ... Yes, Kramer the R Word. RE-SPON-SIB-ILITY!!" Something that no ski bum ever really wants, but we end up having as we grow increasingly connected with the mountain and surrounding community.

I moved to Killington to ski everyday and hide away from my responsibilities. But I guess responsibility has a way of creeping up on you.

And so, as a homeowner and resident

Living the Dream → 36



Living the Dream
By Merisa Sherman

Hospitality near and far

Building a Killington Dream Lodge, part 20

On frequent weekends and vacation, Dad added sheathing to the outside walls, second hand windows in the bedrooms, and new Portland Glass picture windows across the front of our Killington dream lodge. Sturdy repurposed wooden doors from N.J. offices graced our house. (I helped when here, but sometimes joined a boyfriend hiking and skiing at Killington, Stowe, Pinkham Notch, and Mount Washington when he drove up from Montclair.)

In the fall I left for Brattleboro, an hour and half drive south of Killington. The International Career Training Graduate Program began with six months on the campus of the School for International Training, part of the Experiment in International Living. A year-long internship followed, then three months on campus as the grand finale.

My classmates had vast experience overseas in the Peace Corps, C.A.R.E., the United Nations and other human service organizations. Cross-cultural experiential exercises trained us to observe and be sensitive to other cultures.

We examined social justice and Third World needs like safe water, food security, rural healthcare, education, cottage industry, sustainable development and refugee resettlement. The goal? To design replicable solutions that respected and involved diverse populations in impoverished communities. Our intensive program was enlightening and challenging. It improved my critical thinking skills and dramatically expanded (and overturned!) how I looked at the world.

I returned to Europe for an internship in Germany as assistant director of summer programs and receptionist at Schiller College headquarters in Schloß Kleiningersheim (Little Home of the Kings). The castle was perched above vineyards overlooking the peaceful misty Neckar River.

I practiced German and French every day, answering calls and greeting visitors. I also proposed and helped plan summer programs. Dr. Walter Leibrecht, brilliant theologian and educator, started the college as an alternative to German higher education after his son's

Meditation → 37



Mountain Meditation
By Marguerite Jill Dye



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← TOS:

from page 30

guidelines. Zooplankton consume algae, and are in turn eaten by aquatic insects, small fish, and other animals moving up the food chain. Absent healthy levels of zooplankton, populations of cyanobacteria (which can be toxic) are more likely to increase, as are invasive species tolerant of high salinity.

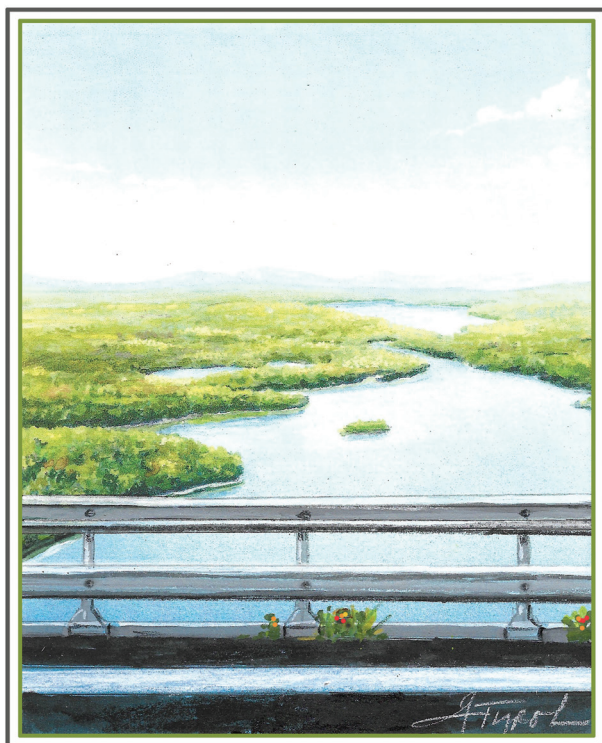
In addition, LaMoreaux notes that chloride-polluted water is denser than freshwater, which means it can become concentrated at lake bottoms. In extreme cases, this can impede the vernal and autumnal vertical turnover of lake waters essential for distributing oxygen and nutrients to aquatic species.

Citizen scientists provide crucial information to government agencies and environmental organizations that protect our waterways. The NHDES Volunteer Lake Assessment Program (VLAP) coordinates a state-wide network of monitors, incorporates their findings into water quality research and management, and informs biologists about conditions in water bodies. The Watershed Management Division of Vermont's Agency of Natural Resources has a similar program and distributes the Vermont Volunteer Surface Water Monitoring Guide.

James Lantz, a retired geologist, has been monitoring and recording conductivity levels, which serve as an indicator of chloride concentrations, in the Eastman Lake (also

Eastman Lake has doubled, rising steadily since 1987 to four-to-five times the state median level.

"The field data suggests that the main culprit is de-icing (salt) via runoff primarily from I-89," said Lantz. "Perhaps half of this salt ends in shallow groundwater, where it has been building up over many years. This conclusion is supported by field measurements during low flow in summer, when the larger proportions of stream flows are sourced



from groundwater."

Salt reduction zones can reduce chloride levels in nearby bodies of water. Vermont's management program emphasizes using sufficient road salt to maintain "safe roads at safe speeds," rather than a bare-

staying off snow-covered roads unless travel is essential, and running winter tires for traction.

The NHLAKES LakeSmart program encourages property owners to employ contractors who follow the NHDES Green SnowPro Certification Program guidelines, which mitigate road salt while emphasizing public safety. In 2022 NHDES awarded \$80,000 to Merrimack Village for implementing a decade-long, watershed-wide "best management practic-

es" program for minimizing road salt and reducing chloride pollution.

From driving habits and road management to citizen science, everyone can help reduce chloride pollution.

"Ask yourself how you would balance road safety and lake health," said Lantz. "We can do better."

Michael J. Caduto is a writer, ecologist, and storyteller who lives in Reading, Vermont. He is author of "Pond and Brook: A Guide to Nature in Freshwater Environments." Illustration by Adelaide Murphy Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine and sponsored by the Wellborn Ecology Fund of the New Hampshire Charitable Foundation: nhcf.org.

"According to the New Hampshire Department of Environmental Services (NHDES), in 2008 there were 19 chloride-impaired waterbodies in New Hampshire. In 2020, there were 50," said Andrea LaMoreaux.

called Eastman Pond) watershed in central New Hampshire for the past eight years, while also studying historical trends of nearby lakes. In the past 34 years, the conductivity of

roads policy that would introduce considerably more salt into the environment. Drivers are asked to employ patience and preparedness by not expecting bare roads immediately after storms,



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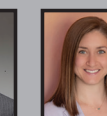
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← **Living the Dream:**
from page 31

of Killington, I would like to take this Fourth of July to re-pledge my sacred honor to this community. Even as everything seems really scary, like the world is doing something bizarre that we can't seem to get a hold of, I know that I have this wonderful community beside me. That we have committed to each other by choosing to live here, choosing to volunteer to build trails or set up tents or something so simple as driving another kid to camp one day or picking up someone's medication from Rutland.

As I sit here on my front porch, typing as fast as I can, I am reminded why I love these Green Mountains so very, very much. It's beautiful here. Simply beautiful. With so many different ways to celebrate.

Last evening, we ate dinner on Woodard Reservoir while we watched the sunset. The night before, we sat around a firepit with our neighbors and laughed for hours. Tonight, honestly, I don't know what we're doing tonight ...

And it is those little things that bind us together. A few hours on the water, a few miles on the trail, and a few hours spent waving a red, white and blue flag while we watch

others walk in the parade celebrating our union. Everywhere in the world, in every era, humans have joined together to create a social contract. Although Rousseau gets



Killington's July 4 parade is a celebration of community.

a little intense with his description and consequences for violating that contract, the idea remains the same. We are always so much better when we all commit to each other. Together we can do great things, like overthrow greedy British kings.

What great things will this community develop over the next few years? Yes, we have a huge village project and an entire road rebuild complete with city water — those are the results of our community's strength and commitment to each other. We voted to give our neighbors better water. We voted to work together. We voted to commit to each other our very lives and fortunes.

And so I am going to sit here for a few minutes longer, enjoying my home and recommitting myself to doing what is best for me and my fellows. And then I'm going to head to the town office and get to work. Happy Fourth of July, my fellow citizens!

Merisa Sherman is a long time Killington resident, town lister and member of the Development Review Board, local Realtor and Coach PomPom. She can be reached at Merisa.Sherman@SothebysRealty.com.

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← Meditation:

from page 30

friend committed suicide. Qualifying tests for university were so stressful and difficult he created what became Schiller International University, a haven for students from many nations on campuses across Europe and in Dunedin, Florida.

Dr. Leibrecht sent me to share my Schiller experience at international schools across Switzerland before Christmas. One weekend between visits, I drove up from Zurich to a hamlet past Einsiedeln where a small ski area stood. On the way up the twisting mountain road, a light snowfall turned into a blizzard. I couldn't turn around. The road was too narrow. I could barely see so I crept along as darkness fell.

Through the snow in my headlights, a faint yellow glow appeared. I stopped to see what it was—fortunately, a Swiss farmhouse. I banged on the door. It opened. I entered into

the warmth and said, “*Guten Abend*. I'm looking for the Einsiedeln youth hostel.”

“*Gibts keine*. I'm sorry. We have no *Jugendherberg*. You are welcomed to stay with us.”

The kindness and hospitality of those total strangers, an older couple and their young grandson, meant far more than a bed to me—refuge from a dangerous storm, bitter cold, and their heart-felt friendship.

Snuggled under a down comforter, I admired the chalet's wooden ceiling and walls, reminiscent of our dream lodge back home. Sometime soon we'd sleep upstairs, too, and dream of the snowfall on Killington's slopes.

I skied the next day near their chalet. The sparkling fresh snow and cobalt blue sky reminded me of Vermont but the

powder was deep, there was no ice, and the altitude was higher in the Alps. We bid “*auf Wiedersehen*” after supper, and promised one another we'd keep in touch.

I spent Christmas with Hans and his family in northern Germany, then I joined Christine and Herbert in Austria for New Year's festivities and a formal dinner in Schloß Eggenberg (now a UNESCO World Heritage Site). I danced the polka and Virginia reel on Styrian television with the governor.

I missed my parents far away but treasured new memories with my European “families.”

Marguerite Jill Dye is an artist and writer who divides her time between Killington and Bradenton, Florida. She loves to hear from her readers at jillydystudio@aol.com.

← Charley:

from page 30

Yah-Hoo!”

The great thing for Charley was that he was now free to roam, as we were the only house on Orchard Road. Doc Scott (veterinarian) told me that if I was ever situated, to let him roam, given that his sense of smell is 70 times greater than ours, he would always return home. We hadn't been there for an hour when he dashed up the hill, like the Saratoga racehorse, Funny Cide (who went off at 15-1), clearing the field and winning the 2003 Kentucky Derby. If humans could be filled with that kind of joy, the world would be a far better, and more well-adjusted place.

The hill became one of his favorite destinations. I would follow his movements, a little blond dot, sniffing around the tree line all the way up the hill, foraging and loving every minute of his little discoveries. I would blow a whistle and he would stop, look up and then kick in those glutes, tearing down the hill with wild abandon, drawing a bead on me, on my knees on the lawn adjacent to the pond. He slams to a stop in front of me, throws his arms around my neck and licks my face from top to bottom in a repeat of the bath in the pool in the Mill River.

“Hi! Hi! Hiiiiii! Love the new spot, you bet!” Both of us were in heaven.

It was around this period that I began to introduce Charley into the downtown community in a big way. During the time at the Mill, I could leave him for the day and return the 7 miles from the theatre for lunch, to walk him and give him a treat. I did take him occasionally but mostly he seemed to prefer his bed in a cool corner of the grain house, or on the lawn under a large patch of shade from a tree outside our front door. When I returned home early (the summer months at the theatre were less demanding) we would be sure to hit the rocks for a swim or a long walk up-stream. Charley was super-charged to try to catch frogs and occasional fish wending down-stream in the lazy Mill River.

Now that I had a 16 mile commute, I took him with me most days. Our rhythm at the theatre settled quickly. He established a beachhead on my funky corduroy couch in my fun, big empresario office at The Paramount, either dreaming the dreams of a dog, or keeping an eye on me as to when we might hit the street. We would take a stroll two times a day, stopping to allow children and adults alike to meet Charley and give him big hugs and lots of love. He was always so very gentle, sweet and dear, visibly pleased at the attention and affection from random people. One destination was always my bank (Citizens Bank, which you will remember from Brigitte Ritchie in Part 1 of this series). I tried to drop by when the bank was empty so numerous staff could hit on Master Charles all at once. Down Center, over Merchants Row, up West Street and then over Wales... we'd hit up the fire station and the police station for treats and back scratches.

Friday Night Live: The Short Reign of terror by the heat-seeking food-crazed Dog Missile

I have yet to touch on Charley's appetite. I had heard from a number of experts that a young hungry lab could eat him/herself into a Hindenburg blimp that bursts into flames on the home front tarmac (or any tarmac for that matter). He is a nose attached to a stomach attached to a dog. The good Doc Scott told me that he was very much in favor of a kibble-only diet of Blue Seal Weight Control dog food. We followed orders and always avoided feeding him off the table. However, Charley had a voracious appetite for human food whenever and wherever the opportunity presented itself.

Friday Night Live, the summer eating, drinking and entertainment festival in downtown Rutland for 3,000 residents was exactly that: a large and dangerous opportunity. The outcome here — a front of story reveal — was that by the end of our short visit, good ol' Charley was issued a lifetime ban to the party.

When we walked onto the street, I had a feeling that Charley could be very much at risk to his baser instincts in this environment. With many food vendors on the street, the mixed aromas, literally wafted above the heated concrete into an invisible ball of temptation, and with his *uber* nose power kicking into high gear, I knew we could be in for some trouble: popcorn, pizza, hot dogs, sausage and onions, burgers, and fries all combined in a greasy cloud of torment to

drive this Labrador retriever out of his ever-lovin' mind. Suspiciously, he was avoiding my eyes. Hunkered slightly lower to the ground, and only barely glancing at me, he seemed to be grumbling defensively, “Wha'er ya givin' me looks for? I'm good, no problem for me, quit yer mental bellyachin'...”

Not only was his nose twitching, but his whole body was now twitching as well...the combined smells of fried and barbequed foods were sending him into a dither of potential criminal behavior, and then, without any warning, the first encounter occurred, the nuclear missile known as Charles Wallace struck like a Cobra and BAM! he snatched an entire piece of pizza out of the hand of a 12-year-old kid, and “glump” it was chewed and swallowed in two motions. The shocked kid said “Hayyy...that dog ate my pizza!” (Thank God Charley had such a good aim and only got the pizza...) I apologized clumsily, making hasty amends to the parents for the dog, and gave money to the dad for another pizza. When I turned around, Charley was being petted by the victim of the robbery and was looking at me for all the world like a man on death row, occupied by a demon “Ahhhh, I don't even know what happened, something inside of me took over and it was gone before I knew it.”

We were in the “gone before we knew it,” territory for the Godzilla-like monster struck again — twice — before we reached the end of the street! An entire ice cream cone, and one more piece of pizza was devoured by the out of control canine criminal, laid waste to his lesser dopamine. The looks of shock, horror and awe on the faces of the parents are emblazoned on my mind to this day. I tried to sink into the concrete, leaving this beast to whomever had the patience. A “shall remain nameless city official” approached and stopped me as we were attempting to slink away, humiliated and chastened, into the back alley and our getaway car. “Suffice to say,” he said loudly, “it might be best to leave that dog home on future Friday Night Live's — FOREVER!”

On the ride home, I tried to explain the implications of a rap-sheet, and to explain how lucky we were that his strikes never caught a finger, but with his head out the window, and ears flying sideways he was only attuned to the sights of a warm and wonderful sunset summer evening as we passed through West Rutland, Clarendon Springs, Ira, and Tinmouth on our way home to our comfy beds at 30 Orchard Road.



By Bruce Bouchard

Charley gets banned from Friday Night Live after helping himself to pizza and ice cream.

Senior Scene:
from page 30

George Washington to open fire. The home was destroyed and Nelson died bankrupt. Francis Lewis had his home and properties destroyed. The enemy jailed his wife and she died within a few months. John Hart was driven from his wife's bedside as she was dying. Their 13 children fled for their lives. His fields and his grist mill were laid to waste. For more than a year he lived in forests and caves, returning to find his wife dead and his children vanished.

So, take a few minutes while enjoying your Fourth of July and silently thank these patriots. It's not much to ask for the price they paid. Freedom is never free. We thank these early patriots as well as those patriots now fighting to keep our freedom.

Senior lunches

The weekly senior lunches will continue on Thursdays until further notice. However, the first Thursday in July is the Fourth and there will be no senior lunch on that day. So starting July 11 and every Thursday thereafter we will meet for lunch at the Lookout at 11:30 a.m. Thursday, July 11, the seniors will also have the first of our "Summer Nights." We will meet at the library at 4:30 p.m. on the front porch and have hot dogs and potato salad. Then we'll move around back and enjoy the outdoor concert. Please bring a chair, a drink and a sweater. If you're really inspired it would be nice to have some finger sized desserts to enjoy after. I would like to know by Monday, July 8, if you will be joining us.

Library hours, events

Sherburne Library hours will change starting Monday, July 1. The new hours are Monday-Friday 10:30-5:30 and Saturday 9-1. This will make it easier to remember since every day is the same. The summer concert series has started and is held behind the library starting every Thursday at 6 p.m.

Thursday, July 18, the library will present Adventures in Gaming for Seniors. This will give those of us of a certain age an introduction to gaming. Book Ends Book Group will meet in

its usual slot of the last Wednesday of the month. This month's selection is "The Extraordinary Life of Sam Hell" by Robert Dugoni. Sam always saw the world through different eyes. Born with red pupils, he was called "Devil Boy" or Sam "Hell." His mother, father and two misfit friends got him through it. Forty years later, Sam finds that nothing was by design. Pick up your copy at the library.

The Historians will gather on Saturday, July 13 at 10 a.m.

Are there movies this month? Of course, there are Monday movies this month. They start at 1 p.m. and there is also popcorn and air conditioning.

Sharing space in nature

I am a city girl. I like street lights and paved roads. Although, I have come to appreciate the Vermont sky without the intrusion of artificial light. Last week while walking my dog, a beautiful loon flew down about 10 feet in front of us. It stared at us and we certainly couldn't take our eyes off him. Where did he come from? Why was he so close to us? Where was his family? Well, after a few minutes it was time to move on and, as we started back up the sidewalk, there was a big black bear walking right behind us. I had no idea I could walk so fast while dragging a dog behind me. When I got back to my condo and realized I had not been eaten up, I finally appreciated the situation. None of my friends in New Jersey have ever been so lucky to see either a loon or a bear in real life. It is a privilege to share our space. Although, the icing on the cake would have been me stepping on a snake. That would have ended my newfound relationship with nature...

Life at 100

How do you live happily past age 100? Lucky for us, someone thought to ask some of the oldest people alive today and turned the interviews into an article in Business Insider. Today's centenarians grew up in the 1920s and 1930s when the world was quite a different place. World War II had not happened yet and

indoor toilets were a luxury. People today have a much higher chance of living to 100 than other generations. Genetics and luck certainly play a part but personal choices are important, too. They all seemed to give the same advice starting with diet. Eat well with a diet of fresh, non-processed foods. Keep busy by having a hobby that you love. One person interviewed actually had a pet monkey. Stay physically active with gentle yoga or walking and do these activities with friends in order to stay connected. Practice moderation in everything we do and last but not least have a sense of purpose. I have read many of these articles and they all have the same thing in common. The suggestions for aging well all seem to be the same. They are all doable so let's give it some thought.

Checking in

An app called SNUG has recently come to my attention. It is available on your cell phone and there are three versions. One is free (the one I have,) one is \$99/year and one is \$299/year. The premise of the app is that you check in every morning. If you do not check in, a contact, pre-determined by you, gets a phone call. I have been using it for about a month and each morning between 7-7:30 a.m. I get a reminder to check in for the day by 10 a.m. That is the time I picked for my convenience. Now, it is not for everyone. Before sharing it with the whole group I asked a few to "test drive" this and for most it is working fine. I find it valuable for people who live alone. If you should fall during the night it might take days for someone to realize something is not right. The only information they have is my phone number and my email. Each morning you also get a delightful little quote to start your day. I consider it another tool in the safety toolbox for those of us who live alone. Go to the app store, read about SNUG and see if it might be a good fit for you. Before you ask, I assure you I am not making a commission!

Remember, reach out to each other and be grateful. Love who you can. Help where you can and give what you can.



SALES FOR JULY 2024

Items on sale July 1-31, 2024



	<p>TITO'S HANDMADE VODKA 1.75L</p> <p>SALE PRICE \$38⁹⁹ SAVE \$4.00</p>		<p>BARR HILL GIN 750ML</p> <p>SALE PRICE \$33⁹⁹ SAVE \$4.00</p>		<p>SVEDKA VODKA 1.75L</p> <p>SALE PRICE \$18⁹⁹ SAVE \$8.00</p>		<p>CAPTAIN MORGAN SPICED RUM GLASS 750ML</p> <p>SALE PRICE \$15⁹⁹ SAVE \$3.00</p>		<p>SMIRNOFF VODKA RPET 1.75L</p> <p>SALE PRICE \$22⁹⁹ SAVE \$4.00</p>
	<p>FIREBALL CINNAMON WHISKY 750ML</p> <p>SALE PRICE \$12⁹⁹ SAVE \$3.00</p>		<p>BURNETT'S VODKA 1.75L</p> <p>SALE PRICE \$13⁹⁹ SAVE \$3.00</p>		<p>JACK DANIEL'S OLD #7 BLACK 1.75L</p> <p>SALE PRICE \$42⁹⁹ SAVE \$5.00</p>		<p>GREY GOOSE ORIGINAL VODKA 750ML</p> <p>SALE PRICE \$26⁹⁹ SAVE \$3.00</p>		<p>BACARDI SUPERIOR RUM 750ML</p> <p>SALE PRICE \$11⁹⁹ SAVE \$4.00</p>
	<p>CASAMIGOS BLANCO TEQUILA 750ML</p> <p>SALE PRICE \$52⁹⁹ SAVE \$6.00</p>		<p>APEROL APERTIVO 750ML</p> <p>SALE PRICE \$26⁹⁹ SAVE \$4.00</p>		<p>TANQUERAY GIN 750ML</p> <p>SALE PRICE \$20⁹⁹ SAVE \$4.00</p>		<p>KETEL ONE VODKA 750ML</p> <p>SALE PRICE \$21⁹⁹ SAVE \$3.00</p>		<p>JIM BEAM BOURBON 750ML</p> <p>SALE PRICE \$15⁹⁹ SAVE \$3.00</p>

Visit 802spirits.com for locations and details.

Not responsible for typographical errors

This ad is paid for by Vt. Liquor Brokers or individual companies.

For Sale

FOR SALE BY OWNER. True Ski in Ski out. 1 Bedroom condominium unit in elevator building at Pico Ski Resort. Contact the owner directly for details. Please, serious inquiries only. If interested, call 212-307-3258 or email skionskiiofv@aoi.com.

Real Estate

KILLINGTON PICO REALTY donates 1% of every dollar we earn to charitable organizations. 2814 Killington Road, Killington. 802-422-3600. info@killingtonpicorealty.com.

KILLINGTON VALLEY REAL ESTATE Specializing in the Killington region for Sales and Listings for Homes, Condos, Land, Commercial as well as Winter seasonal rentals. Call, email or stop in. We are the red farmhouse located next to the Wobbly Barn. PO Box 236, 2281 Killington Rd, Killington. 802-422-3610, bret@killingtonvalleyrealestate.com

KW VERMONT LUXURY (KELLER WILLIAMS REALTY). Specializing in listing and selling Homes, Investment Properties, Condos, Land, and Commercial Properties in the Killington, Okemo and Woodstock Areas. Our Killington office is located at 1995 US Route 4, Killington. Contact us anytime for all of your real estate needs. Free Market Consultations. Marni@PeakPropertyRealEstate.com or 802-353-1604.

PRESTIGE REAL ESTATE of Killington, 2922 Killington Rd., Killington. We're different. We only deal with Killington real estate, the town we love and call home. We concentrate on only one thing: property sales. And we do it well. Our focus allows us to spend more time understanding your needs — either as a buyer or as a seller of Killington VT real estate. Specializing in the listing & sales of Killington Condos, Homes, & Land. Call 802-422-3923. prestigekillington.com.

SKI COUNTRY REAL ESTATE 335 Killington Rd., Killington. 802-775-5111. SkiCountryRealEstate.com – 9 agents servicing: Killington, Bridgewater, Mendon, Pittsfield, Plymouth, Stockbridge, Woodstock areas. Sales & Winter Seasonal Rentals. Open Monday-Saturday: 10 am – 4 pm. Sunday by appointment.

VERMONT REAL ESTATE COMPANY. Our goal is to cultivate a culture where agents are always prompt, honest, reliable, and professional. We value the relationships we build and view every home sale as a step towards a deeper relationship with our clients. We pride ourselves on our commitment to a higher standard, with a mission to raise the bar of the expected level of service. Tucker Adirondack Lange. 303-818-8069 or email tucker@vtreco.com.

WHITE CAP REALTY is an independent Equal Housing Opportunity real estate brokerage. Based in the Killington Valley and practicing across the State of Vermont. Contact Jake or Jadziah at 802-345-5187 or www.realwhitecap.com

Services

BEAUREGARD PAINTING, 30 years experience. 802-436-1337.

ELECTRICIAN FOR HIRE. Contracting or service. Call Jim at Leighton's Light and Power 802-356-2407

Wanted

GARDEN HELPER WANTED for flower bed maintenance in a private yard. 4-6 hours weekly. Call 802-775-1795

For Rent

STORAGE UNIT RENTALS AVAILABLE! 5'X10' and 10'X20' \$75.00- \$150.00 per month. 125 Valley View Drive, Mendon 802-855-8113 paquettepropertymanagement.com.

Garage Sale

YARD SALE KILLINGTON. Friday 7/5, Saturday 7/6 Sunday 7/7. 84 Saunders Knoll Rte 4, Killington Flats. 9 a.m to 5 p.m. Lots more items added. Furniture, antiques, knick-knacks, kitchen country appliances, tools and more. Also, FREE Items.



PUBLISHER'S NOTICE: All real estate advertised herein is subject to the Federal Fair Housing Act, which makes it illegal to advertise "any preference, limitation, or discrimination because of race, color, religion, sex, handicap, familial status or national origin, or intention to make any such preference, limitation or discrimination." This newspaper will not knowingly accept any advertising for real estate which is in violation of the law. All persons are hereby informed that all dwellings advertised are available on an equal opportunity basis.

Park House Seeks Executive Director

The Board of Trustees of Park House in Rochester, Vermont seeks an Executive Director to oversee all aspects of the organization's operations. Park House is a congregate home providing affordable housing for independent seniors and other qualifying adults in the valley area. This is a full-time, salaried position with occasional evening or weekend hours as needed. The preferred start date is November, 2024.

This position works in partnership with the Board of Trustees and responsibilities include: managing overall operations of programs, staff, and buildings; overseeing the organization's financial management, developing comprehensive fundraising and communication strategies to increase support for the organization's mission.

For more info contact Lolly Lindsey (director@parkhousevt.org or 802-767-3416) or visit: parkhousevt.org.

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TOWN OF
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Highway & Facilities Maintenance Crew Member

The Town of Killington Public Works Department is looking for a Full-Time Highway & Facilities Maintenance Crew Member. Maintenance work involves a variety of tasks related to the Town Roadways and buildings. Maintenance workers are responsible for routine maintenance and repair work. Duties typically require the use of a variety of tools and vehicles. Overtime work is required, particularly during the winter months, and is considered a condition of employment. A newly hired employee must complete all training and safety requirements and demonstrate knowledge and skills in the areas of maintenance and/or construction activities. Work is performed under the supervision of the Highway Foreman.

Minimum qualifications include having a high school diploma (or equivalent); a Class B Commercial Driver's License; knowledge of the methods, materials, tools and equipment used in the maintenance, repair and maintenance of highways, bridges and other related highway and facilities operations including safety precautions.

For a full job description, please visit www.killingtontown.com or request it by calling 802-712-4243. To apply, please send a resume to Public Works Director Abbie Sherman, publicworks@killingtontown.com or PO Box 429, 2706 River Road, Killington, VT. The position will remain open until filled.

The Town of Killington is an Equal Employment Opportunity Employer.



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