

# Summer Guide

# 2024

## WHEN IT'S HOT, DIVE IN

LOCAL SWIMMING HOLE GUIDE

pg. 8

## A CAMPSITE FOR EVERYONE

100 YEARS OF VERMONT  
STATE PARKS

pg. 29

## SUMMER CALENDAR

HANDY GUIDE TO  
SUMMER CONCERT  
SERIES AND LOCAL  
ENTERTAINMENT

pg. 39

THE HOTTEST SPOTS IN RUTLAND COUNTY

– **PLAY – DINE – STAY – SHOP** –





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# FROM THE Editor

Summer is a time for exploration! To swim in a river, lake and quarry!, bike, run, kayak, canoe, stand-up-paddle, sail, waterski, fish, hike, climb, garden, eat fresh foods, enjoy outdoor concerts, go camping, roast marshmallows over an open fire, travel ... the list goes on and on – all while spending quality time with friends and family. Oh yeah, and most of us have to find time to work, too...

*Disclaimer:* This guide will not make an ambitious “to do” list for the summer any shorter. In fact, its goal is the opposite: to tempt you to add a handful of events or activities to that list – ones you didn’t know you wanted to do!



However, because there are so many great options and only a few short months to accomplish them, this guide aims to increase the quality and, therefore, the enjoyment of the activities and events you choose by pointing out some of the best places to pursue them.

Here’s a sneak peek:

First, summer can be hot – even in the mountains! Luckily the area is home to a vast array of rivers, ponds, lakes and reservoirs. We’ve highlighted a few on and off the beaten path to explore, see page 8. Boating is another great way to spend a summer day. Nothing beats being on the water. A variety of boat rentals are available at state parks and marinas – choose a speed that’s right for you, Page 11.

For those looking for a higher vantage point, choose one of 21 hikes we’ve featured, page 16. And for those looking for an overnight experience, camping is a great option! And there’s a campsite for everyone, depending on what type of adventure you seek, page 29.

Summer is also a time of abundance and no one knows that more than our local farms. Head to a farmers’ market to select the bounty of the season: veggies and fruit, as well as meats and dairy products are available. Or taste farm-to-table food while dining outside in a park-let in downtown Rutland, page 22. For dessert, don’t miss out on tasting the richness of Vermont creemees – there are over 400 to choose from, page 24.

While that creemee will likely satisfy your kids for a few minutes, we know you’ll need many more options to keep the kids entertained. On page 28, we’ve outline 11 things that are sure to put a smile on any kid’s face – rain or shine. Don’t miss the Adventure Center at Killington Resort – a kid favorite. We asked a group of youngsters to explain what and why each activity and ride are cool, page 46.

The heart of this magazine, however, is an extensive calendar of events (over 100 listed) for all ages and interests. Find food festivals, dance performances, historical tours, children’s activities, parades, carnivals, car races, athletic events, races and challenges, and plenty more, page 35.

Music is also a big deal across the state – so big, in fact, that we created a separate calendar for with summer music series playing at (mostly) outdoor venues across the state, page 33.

There’s simply a plethora of fun to be had this summer; it’s truly hard to choose! We sympathize completely. For a personal account of this challenge head to page 50.

Summer is also an abundant time for birding. Get local tips on where to go and what to look and listen for, page 52.

Rutland County is home to nine area golf courses some of which have been ranked top in the Northeast. Enjoy the stunning vistas while you tee up, page 54.

The best for last? Well, yes? Mountain biking has quickly grown to be among the most popular summer sports in the region. In fact, we published a 92-page magazine just focusing on the 250+ singletrack trails at 18 local areas. It’s called GRIP, pick one up or see it online, page 59.

When we think of summer, we mostly think of being outside, but sometimes it’s just too hot or rainy to venture out for long. On those days consider touring galleries, art museums, or Rutland’s sculpture trail, page 60.

Get out there and enjoy summer while it lasts, try something new and discover the joys awaiting here in our backyard.

## 2024 - Summer Guide - TEAM

Meet the team behind this guide: We’re all locals (residing in Chittenden, Killington and Rutland) and we love to enjoy the summer season with our friends and families.

While this guide covers a plethora of activities, sports and destinations, sometimes its nice to hear a quick tip from someone who lives it. So here’s what personally interests us. We hope you enjoy them as much as we do!



**Sales Representative**  
**Lindsey Rogers**

The kids love to be on the water, usually with a rod in hand. Chittenden Reservoir is our go-to local watering hole and it offers enough adventures to last all summer, every summer!



**Editor & Co-Publisher**  
**Polly Lynn Mikula**

I love summer concerts outside and there are so many summer series to choose from. The musical talent and diverse genres make each event unique. Pack a picnic and a blanket or chair and enjoy!



**Graphic Design**  
**Pat Wise**

I enjoy strolling through local towns, visiting coffee shops, and taking in the beautiful scenery. Although Rutland is home and I never tire of its downtown, many nearby towns also have their own unique attractions!



**Ad Manager & Co-Publisher**  
**Jason Mikula**

I enjoy the summer best on two wheels! The options for mountain biking – singletrack trails are plentiful and expanding throughout the region! (Tip: pick up a GRIP mountain bike magazine and discover the 18 local areas or visit online: [MountainTimes.info/e-edition/grip-2024](http://MountainTimes.info/e-edition/grip-2024))

## CONTRIBUTORS

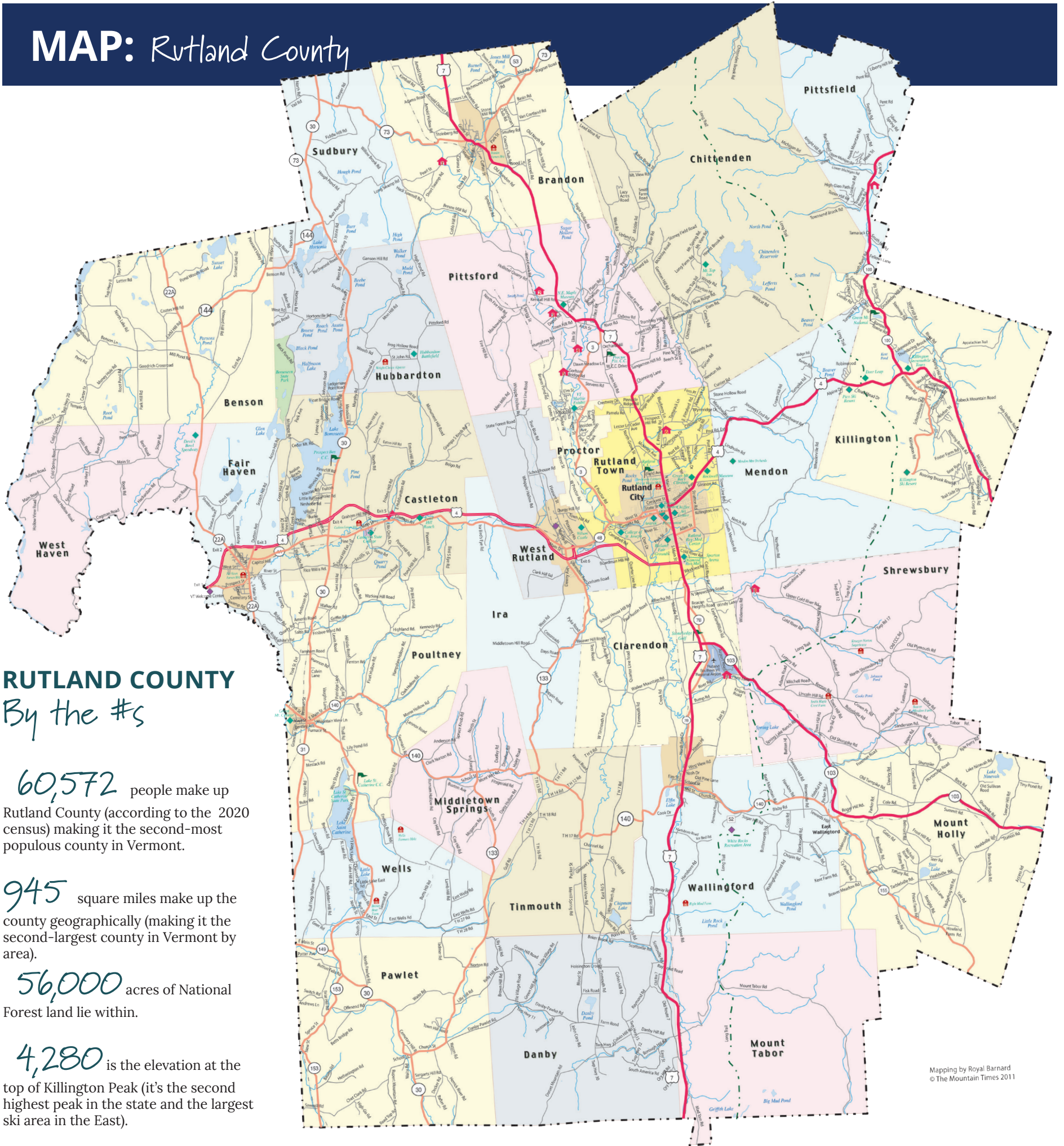
Katy Savage, Julia Purdy, Robin Alberti, Dave Hoffenberg

# MOUNTAIN TIMES

This Summer Guide is produced by the Mountain Times, Killington, Vt.  
802.422.2399 • [mountaintimes.info](http://mountaintimes.info)



# MAP: Rutland County



## RUTLAND COUNTY By the #s

**60,572** people make up Rutland County (according to the 2020 census) making it the second-most populous county in Vermont.

**945** square miles make up the county geographically (making it the second-largest county in Vermont by area).

**56,000** acres of National Forest land lie within.

**4,280** is the elevation at the top of Killington Peak (it's the second highest peak in the state and the largest ski area in the East).

**273** miles is the length of the Long Trail (the oldest long-distance trail in the East.) It runs along the spine of the Green Mountains. The Appalachian Trail travels along it for the southern portion, splitting off and heading east just north of Sherburne Pass in Killington.

**365** days open for year-round Rutland Farmer's Market. It is one of the largest and most diverse farmers' markets in the state.

**3** flights daily from the Rutland-Southern Vermont Regional Airport in Clarendon to Boston.

**2** train stations at Castleton and Rutland link passenger service south to Albany and New York City, north to Burlington via Middlebury and Vergennes on Amtrak's Ethan Allen Express, and into the continental U.S. via Schenectady on the Lakeshore Limited.

Mapping by Royal Barnard  
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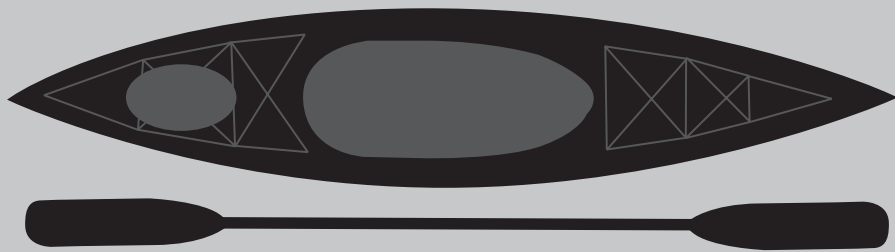


## What's Inside:

Map of Rutland County _____	4	A campsite for everyone _____	29
When it's hot, dive in! Places to cool off _____	8	Top not-to-miss music events _____	30
Boating: get out on the water _____	11	Free summer concerts _____	33
Shoreline protection, new rules _____	12	Events calendar _____	35
Take a hike _____	16	Adventure center _____	46
Local food: Dining, recipe, picnic _____	22	Mid-summer gardening tips _____	50
Creemee: what make them so good? _____	24	Birding: where to look and listen _____	52
Plenthora of fun: so many options _____	26	Golfing in the Greens _____	54
11 kid-approved outings _____	28	Mountain biking continues to grow _____	59
		Art: sculptures, murals, galleries, studios, museums _____	60



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# 6 must-do activities for your summer bucket list

## Eat local foods

Prepare breakfast, lunch and dinner using only ingredients grown or raised within 30 miles. Shop at a farmers' market for ingredients.



## Pick your own berries:

Strawberries start off the season followed by raspberries and blackberries, then blueberries.

## Jam at an outdoor concert

Picnic at an outdoor concert or music festival. Spread a blanket on the lawn, fall asleep under the afternoon sun and pack a picnic dinner to enjoy as the sounds of summer resonate across the valley.



## Reach the top

Enjoy the fresh air and cool breeze from the summit of a peak! Killington Peak is the second highest in Vermont (Mt. Mansfield is only 158 feet higher.)

## Dive in

Explore one of the cool streams, lakes and quarries in the area!

## Go camping

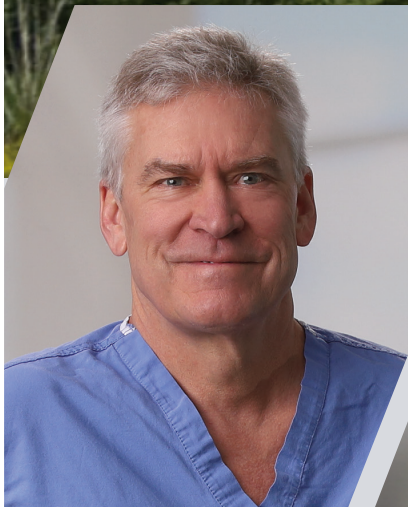
Pack up your family and as many toys as you can fit in (or on) your car and find a quiet campsite by a lake. Don't forget the marshmallows!





# The Trail Beckons

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Melbourne Boynton, MD



Deborah Henley, MD



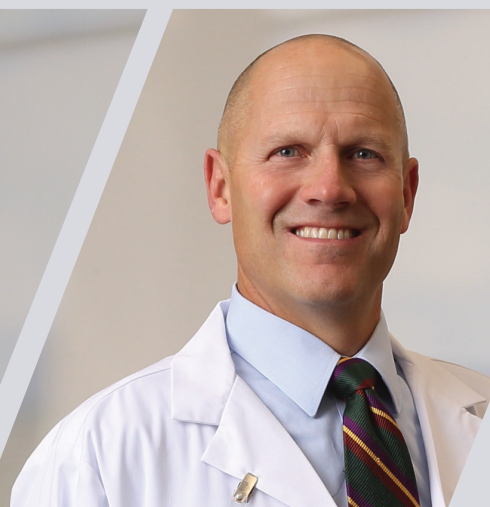
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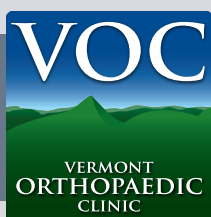
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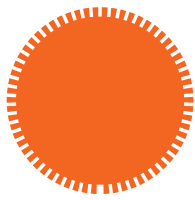
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# When it's hot,

# DIVE IN

Refreshing is perhaps the best way to describe the experience of cooling off on a hot summer day in one of Vermont's pristine lakes or rivers. Jump off a cliff into a deep pool and resurface completely cleansed of the grime of sweat.



## Bomoseen

**CASTLETON**—Lake Bomoseen is the most prominent lake in Vermont's Lake Region, located in the west-central part of the state. Stretching almost 9 miles long and 1 mile wide and covering an expansive 2,370 acres, Lake Bomoseen is the largest lake contained entirely within Vermont's state borders. The lake has a maximum depth of 65 feet. There are three public beaches here. Bomoseen State Park also offers many other water activities, rentals and camping.

**DIRECTIONS:** To Bomoseen SP, take US-4 west from US-7 south of Rutland, to the Scotch Hill exit, drive north to the SP. To Crystal Beach, take Exit 4 at Route 30, drive north to Crystal Beach.

Even if it's temporary, the reprieve is well worth the minimal effort it takes to find cool waters. Rutland County has rivers in almost every one of its valleys and nearly all boast swimming holes to discover. **Here are 8 great choices:**



## Elfin Lake

**WALLINGFORD**—A town-owned little gem of clear water surrounded by fragrant wooded shores. The beach features a sandy beach, float, kayak-canoe launch and covered picnic tables. The beach is open daily until 7 p.m. Gates close at 7 p.m. There is a modest day use fee that supports maintenance and staffing. The surrounding Stone Meadow Park and Conservation Area offers easy walking trails with map and brochure. Swimmers assume all risk as there will be NO LIFEGUARDS on duty this summer.

**DIRECTIONS:** From downtown Rutland drive south on US-7 approx. 10 miles into Wallingford center. Turn right at the full stoplight onto Rte. 140 west and continue ½ mile to the marked access road on the left.

## Cold River

**SHREWSBURY**—If you just want a cool sitz-bath or to let the kids and the dog wade, the Cold River at the Brown Covered Bridge is a good choice. The Cold River is shallow at this point and tumbles over boulders and small basins with an energizing, bubbling sound. If you love river stones, this is the place! Add the song of forest birds and your peace is complete.

**DIRECTIONS:** Drive out Cold River Road about 4 miles from the intersection with Rte. 7, south of Rutland. After many curves, look for the sign for Upper Cold River Road to the left. This will be a new gravel road that takes you down to the bridge. An interpretive sign and a close-up look at the dramatic damage done by Tropical Storm Irene in 2011 add to the experience.

## Buttermilk Falls

**LUDLOW**— This swimming hole features three waterfalls, with chutes and pools to explore and cool off in. It's an easy walk from the parking area also between the falls. Warning: there is some nude swimming in the area. Stick to the pools if that's not your thing.

**DIRECTIONS:** Just west of the intersection of Route 100 and Route 103 in Ludlow take a right on Buttermilk Falls Road. Go to the end of the road and park. Take paths on the right to access all three falls and pools.





## Half Moon Pond

**HUBBARDTON**—A small, secluded pond within the Half Moon State Park. One or two seasonal cabins, no motorboats, deep green water shimmering under a wooded hillside. Several spots to get into the water; kayak put-in spot.

**DIRECTIONS:** From downtown Rutland drive south on Route 7 to the full stoplight that marks US-4, a divided highway. Continue west on US-4 to exit 4, then north on Route 30N, continue 7 miles to Hortonia Road in Hubbardton, then left 1.6 miles onto Black Pond Road, a narrow gravel road. Half Moon Pond is at 1.2 miles; parking on the shoulder at 1.4 miles.

## Horses Heaven

**POULTNEY**—The Poultney River is spring-fed and people used to bathe in it for healing purposes. Horses Heaven offers large rocks to walk/picnic along, plus some to jump off into deep crystal clear waters. There are small cascades above the pool, too. A gorgeous find!

**DIRECTIONS:** From Rutland, take Route 4 west to Route 30 south to Poultney. From Poultney take Route 140 east. Horses Heaven can be accessed from Route 140. Pass the East Poultney Green, then look for the Eagle Tavern on your right. About 500 feet farther up the road is a small dirt pull-off just before a little house that hangs over the river. A gap in the guardrail allows access to the river.

## Silver Lake

**BRANDON**—High above Lake Dunmore in the Green Mountain National Forest, spring-fed Silver Lake was once the site of a grand hotel, which burned. A small gravel beach remains, with a picnic area, kiosk and vault toilet. An interpretive trail goes around the lake. This hidden gem is deep green and peaceful, surrounded by forest and a good spot to watch for wildlife. The nearby primitive campground is hosted and charges \$10/night. Use of the lake is free.

**DIRECTIONS:** From Rutland, travel north on Rt. 7, then east on Route 73 in Brandon to Town Hill Road in Goshen. Turn left, then left again across the small bridge by the town hall onto FR 32. Follow FR 32 to Silver Lake Road (FR 27) on the left. Follow Silver Lake Road 2.2 miles to the parking lot at the locked gate. Paths lead to the campground. Silver Lake is only accessible on foot by hiking 0.6 miles down the trail from the campground or via the service road, which is barred to unauthorized vehicles.

## Swinging Bridge

**CLARENDON**—The 30-foot long bridge above the Mill River is an impressive feature that makes this spot truly unique. This gorge is a popular swimming hole with 8-foot cascades and deep golden pools. There are large rocks to sit on, bask in the sun and/or picnic.

**DIRECTIONS:** From Rutland, take Route 7 south then a left onto Route 103 and follow for approximately 2.5 miles. You will come to a marked parking area on the right just before you cross the railroad tracks. This is used as an access point to the Long Trail. Follow the well-worn path to the suspension bridge. After crossing the bridge, take the path to the right, leading down to the river. Follow the river under the bridge to the swimming areas downstream.





Daily March 31, 2024 - Nov 27, 2024 **Rutland Killington Commuter** Operating from 7:15 AM until 11:45 PM

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RMMTC*	7:15 AM	8:15 AM	9:15 AM	10:15 AM	11:15 AM	12:15 PM	1:15 PM	2:15 PM	3:15 PM	4:15 PM	5:15 PM	8:15 PM	10:15 PM
Top of West Street**	7:16 AM	8:16 AM	9:16 AM	10:16 AM	11:16 AM	12:16 PM	1:16 PM	2:16 PM	3:16 PM	4:16 PM	5:16 PM	8:16 PM	10:16 PM
Rt 4 @ Lafayette Street **	7:17 AM	8:17 AM	9:17 AM	10:17 AM	11:17 AM	12:17 PM	1:17 PM	2:17 PM	3:17 PM	4:17 PM	5:17 PM	8:17 PM	10:17 PM
Town Line Road**	7:23 AM	8:23 AM	9:23 AM	10:23 AM	11:23 AM	12:23 PM	1:23 PM	2:23 PM	3:23 PM	4:23 PM	5:23 PM	8:23 PM	10:23 PM
Mendon Mountain Orchards & Motel**	7:24 AM	8:24 AM	9:24 AM	10:24 AM	11:24 AM	12:24 PM	1:24 PM	2:24 PM	3:24 PM	4:24 PM	5:24 PM	8:24 PM	10:24 PM
Mendon Mountain View Lodge**	7:32 AM	8:32 AM	9:32 AM	10:32 AM	11:32 AM	12:32 PM	1:32 PM	2:32 PM	3:32 PM	4:32 PM	5:32 PM	8:32 PM	10:32 PM
Pico Resort Hotel	7:36 AM	8:36 AM	9:36 AM	10:36 AM	11:36 AM	12:36 PM	1:36 PM	2:36 PM	3:36 PM	4:36 PM	5:36 PM	8:36 PM	10:36 PM
The Inn at Long Trail**	7:38 AM	8:38 AM	9:38 AM	10:38 AM	11:38 AM	12:38 PM	1:38 PM	2:38 PM	3:38 PM	4:38 PM	5:38 PM	8:38 PM	10:38 PM
Deli @ Killington Corners	7:41 AM	8:41 AM	9:41 AM	10:41 AM	11:41 AM	12:41 PM	1:41 PM	2:41 PM	3:41 PM	4:41 PM	5:41 PM	8:41 PM	10:41 PM
Killington Park and Ride Hillside	7:44 AM	8:44 AM	9:44 AM	10:44 AM	11:44 AM	12:44 PM	1:44 PM	2:44 PM	3:44 PM	4:44 PM	5:44 PM	8:44 PM	10:44 PM
Killington Road Stops***	***	***	***	***	***	***	***	***	***	***	***	***	***
K1 Base Lodge	7:58 AM	8:58 AM	9:58 AM	10:58 AM	11:58 AM	12:58 PM	1:58 PM	2:58 PM	3:58 PM	4:58 PM	5:58 PM	8:58 PM	10:58 PM
Human Resources	7:59 AM	8:59 AM	9:59 AM	10:59 AM	11:59 AM	12:59 PM	1:59 PM	2:59 PM	3:59 PM	4:59 PM	5:59 PM	8:59 PM	10:59 PM
Snowshed Base Lodge	8:00 AM	9:00 AM	10:00 AM	11:00 AM	12:00 PM	1:00 PM	2:00 PM	3:00 PM	4:00 PM	5:00 PM	6:00 PM	9:00 PM	11:00 PM

Additional Summer Hours

**Killington to Rutland**

Killington Grand Hotel	8:02 AM	9:02 AM	10:02 AM	11:02 AM	12:02 PM	1:02 PM	2:02 PM	3:02 PM	4:02 PM	5:02 PM	6:02 PM	9:03 PM	11:03 PM
Mountain Green Resort	8:06 AM	9:06 AM	10:06 AM	11:06 AM	12:06 PM	1:06 PM	2:06 PM	3:06 PM	4:06 PM	5:06 PM	6:06 PM	9:06 PM	11:06 PM
Killington Road Stops***	***	***	***	***	***	***	***	***	***	***	***	***	***
Hillside	8:12 AM	9:12 AM	10:12 AM	11:12 AM	12:12 PM	1:12 PM	2:12 PM	3:12 PM	4:12 PM	5:12 PM	6:12 PM	9:12 PM	11:12 PM
Killington Park and Ride	8:14 AM	9:14 AM	10:14 AM	11:14 AM	12:14 PM	1:14 PM	2:14 PM	3:14 PM	4:14 PM	5:14 PM	6:14 PM	9:14 PM	11:14 PM
Gazebo Plaza (across from Post Office)	8:15 AM	9:15 AM	10:15 AM	11:15 AM	12:15 PM	1:15 PM	2:15 PM	3:15 PM	4:15 PM	5:15 PM	6:15 PM	9:15 PM	11:15 PM
The Inn at Long Trail**	8:21 AM	9:21 AM	10:21 AM	11:21 AM	12:21 PM	1:21 PM	2:21 PM	3:21 PM	4:21 PM	5:21 PM	6:21 PM	9:21 PM	11:21 PM
Pico Resort Hotel	8:23 AM	9:23 AM	10:23 AM	11:23 AM	12:23 PM	1:23 PM	2:23 PM	3:23 PM	4:23 PM	5:23 PM	6:23 PM	9:23 PM	11:23 PM
Mendon Mountainview Lodge	8:25 AM	9:25 AM	10:25 AM	11:25 AM	12:25 PM	1:25 PM	2:25 PM	3:25 PM	4:25 PM	5:25 PM	6:25 PM	9:25 PM	11:25 PM
Pico Mountain Commons**	8:27 AM	9:27 AM	10:27 AM	11:27 AM	12:27 PM	1:27 PM	2:27 PM	3:27 PM	4:27 PM	5:27 PM	6:27 PM	9:27 PM	11:27 PM
Old Turnpike Rd**	8:28 AM	9:28 AM	10:28 AM	11:28 AM	12:28 PM	1:28 PM	2:28 PM	3:28 PM	4:28 PM	5:28 PM	6:28 PM	9:28 PM	11:28 PM
Meadow Lake Drive**	8:30 AM	9:30 AM	10:30 AM	11:30 AM	12:30 PM	1:30 PM	2:30 PM	3:30 PM	4:30 PM	5:30 PM	6:30 PM	9:30 PM	11:30 PM
Best Western**	8:31 AM	9:31 AM	10:31 AM	11:31 AM	12:31 PM	1:31 PM	2:31 PM	3:31 PM	4:31 PM	5:31 PM	6:31 PM	9:31 PM	11:31 PM
Eastridge Professional Bldg**	8:32 AM	9:32 AM	10:32 AM	11:32 AM	12:32 PM	1:32 PM	2:32 PM	3:32 PM	4:32 PM	5:32 PM	6:32 PM	9:32 PM	11:32 PM
Deer Street**	8:36 AM	9:36 AM	10:36 AM	11:36 AM	12:36 PM	1:36 PM	2:36 PM	3:36 PM	4:36 PM	5:36 PM	6:36 PM	9:36 PM	11:36 PM
Nichols Street**	8:38 AM	9:38 AM	10:38 AM	11:38 AM	12:38 PM	1:38 PM	2:38 PM	3:38 PM	4:38 PM	5:38 PM	6:38 PM	9:38 PM	11:38 PM
RMMTC*	8:45 AM	9:45 AM	10:45 AM	11:45 AM	12:45 PM	1:45 PM	2:45 PM	3:45 PM	4:45 PM	5:45 PM	6:45 PM	9:45 PM	11:45 PM
Staples Plaza	8:55 AM	9:55 AM	10:55 AM	11:55 AM	12:55 PM	1:55 PM	2:55 PM	3:55 PM	4:55 PM	5:55 PM	6:55 PM	9:55 PM	-
RMMTC *	9:05 AM	10:05 AM	11:05 AM	12:05 PM	1:05 PM	2:05 PM	3:05 PM	4:05 PM	5:05 PM	6:05 PM	7:05 PM	10:05 PM	-

\* Rutland Multi Modal Transit Center  
 \*\*Indicates Curb-Side Pickup

\*\*\*Indicates Designated Stops on Killington Road  
 "R" indicates stop on request only

Red indicates Sunday Service only

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# Get out on the water!

Boating on Bomoseen epitomizes summer but safety required

By Victoria Gaither

Nothing says summer like boating season. Whether you are new to boating or an experienced boater, learning to be a responsible boating stewardess on waterways benefits everyone.

“As soon as it gets hot, I am ready to go boating,” said Louise Thompson, a recreational boater in Vermont. Thompson has several years of boating under her belt but is always concerned about safety on the water. “Accidents on the water can happen at any time. I took a boating course many years ago,” said Thompson, but at the start of every season, I brush up on my boating knowledge.”

Vermont law requires all motorized boat and PWC operators born after Jan. 1, 1974, to pass a boater safety course and to carry a boater education card.

At Woodard Marine on Lake Bomoseen, boating safety courses started in April and will run each month throughout the summer.

Greg Woodard, sales and finance operations manager at Woodard Marine at Lake Bomoseen, says the boating safety course at Woodard is different. “There aren’t a lot of boater education centers in Vermont where the instructor can be right here talking about the stern or the bow and the boat is sitting here in the classroom.”

For Greg Woodard, boating season isn’t just in the classroom; it’s on Lake Bomoseen. “We survey the lake and set out buoys, and they change yearly because of Mother Nature. We try to guide boaters on the safest path while navigating ‘the Channel’ of Lake Bomoseen,” said Woodard.

Lake Bomoseen is Vermont’s largest lake entirely within the state’s boundaries. It has a surface area of approximately 2,400 acres.

It’s also one of the busiest lakes serving Rutland County and surrounding areas.

To that end, Thompson and Woodard hope boaters practice good boating etiquette on the water.

**Some of that etiquette could include:**

- When launching and transporting your boat, keep the launch or travel lanes open

- Maximize parking at all times
- Operate watercraft in a careful and responsible manner
- Use caution when in populated areas and stay right when meeting other boats
- Always respect private property
- Regularly maintain your boat for your safety and to prevent gas and oil spills
- Clean, drain, and dry your boat before entering and after exiting the water

A third-generation family business, Greg Woodard has been around boats his life. He explains, “Our grandfather and grandmother had a boat-building company in Chester, Vermont, and before that, my grandfather grew up learning how to build boats from his uncle Frank in Quebec, Canada.”

When asked his No. 1 tip for safety, he said, “There are a lot of very simple things like just taking a 360-degree view around you before you make any changes because you don’t have mirrors; there is no requirement for them to have them on boats.”

Also, make sure all passengers have a well-fitting life jacket and wear your safety lanyard while underway.

Getting ready for boating also means Woodard Marine has have over 1,000 boats to prep between customers who drop them off on trailers and boats to de-winterize.

“We prepare each boat, engine, and battery for on-water use and do a safety check to make sure the horn works, the lights work, the bilge can pump water, and many other things that unplanned fixes at the start of each season. Our main goal is any boat going out, we ask if I would put my family on this boat,” explained Woodard.

It’s never too early for young people to learn good boating skills. In April, they had a class for 15 and up, some with experience riding on a boat and others with no experience. Being able to touch the equipment made all the difference for the students.

One of the joys of leaving winter behind is summer on the lake, a place that never gets old to Greg. “I still enjoy being on the water. There is not a bad day on the water. Even if it is sprinkling rain. I am out on the boat.”

## WATERFALLS

### Neshobe Falls

Brandon village center

### Sucker Brook Cascade

Castleton

### Otter Creek Falls

Center Rutland

### Saint Mary’s Falls

Clarendon

### Fall Brook Falls

Danby

### The Falls

Fair Haven

### Pico Falls

Alpine Dr. at Pico Mountain, Killington

### Thundering Brook Falls

River Road, Killington

### Flower Brook Cascade

Pawlet

### Furnace Brook Falls

Pittsford

### Patch Pond Falls

**North** Grove St., Rutland across from the golf course

### Sutherland Falls

off Patch St., Proctor

### Button Falls

1007 Button Falls Rd., West Pawlet

### Mill Brook Falls

Wells

## BOAT RENTALS

### Kayak King

at Base Camp  
Paddle sports rentals, tours  
2363 Route 4, Killington  
802-345-1011

### Blue Ridge Outfitters

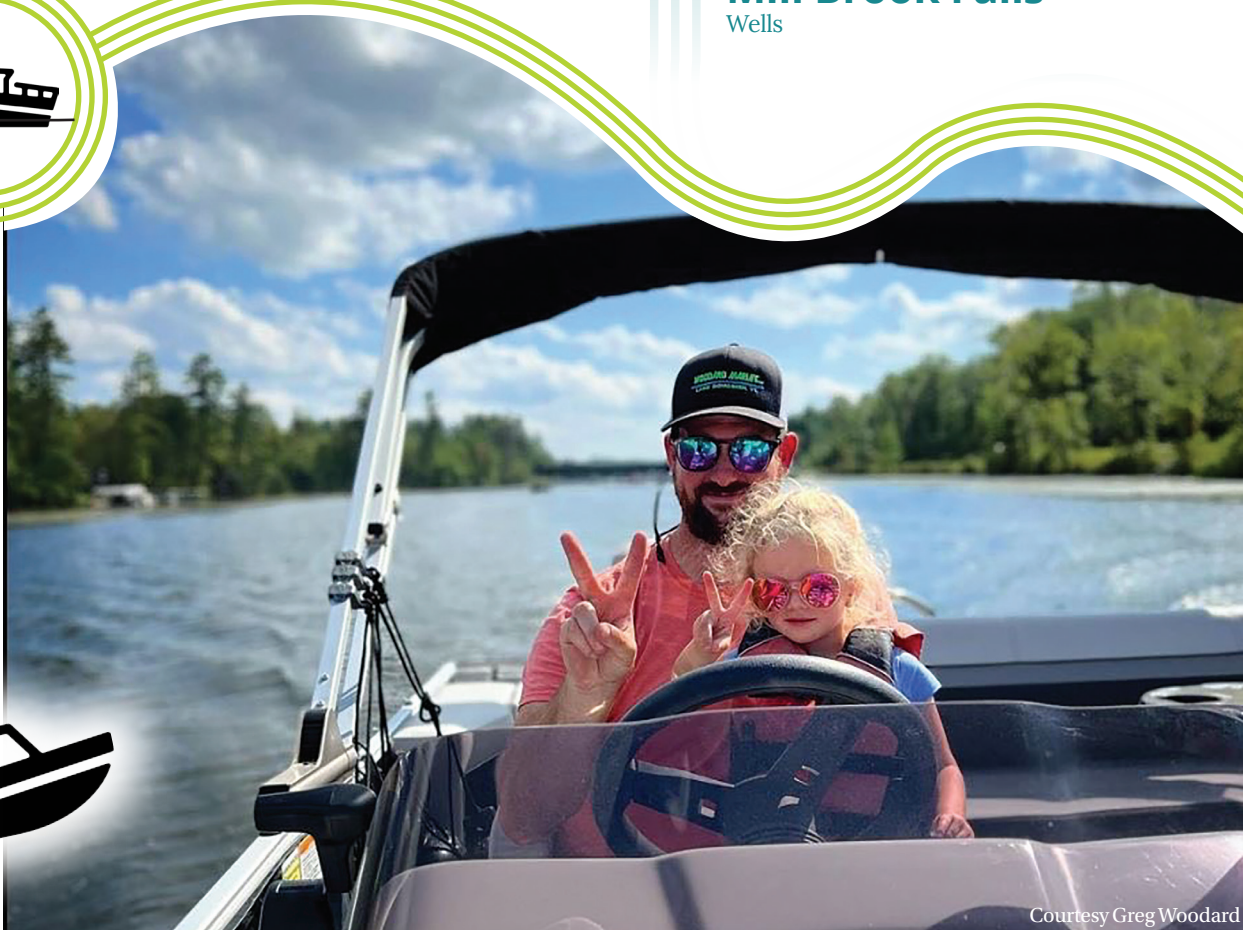
Canoe & kayak rental service  
5 Sugar House Lane, Chittenden  
802-345-6934

### Woodard Marine

Motorized and paddle rentals  
53 E Creek Drive Castleton  
802-265-3690

### First Stop

Paddle board and kayak rentals  
8474 Route 4, Killington  
(802) 422-9050



Courtesy Greg Woodard



# VERMONT DEC OFFERS GUIDANCE TO HELP PROPERTY OWNERS PROTECT SHORELANDS

## HEALTHY LAKESHORES PROVIDE WILDLIFE HABITAT, REDUCE EROSION, AND PROTECT WATER QUALITY

As folks head to their lakefront properties for the summer, the Vermont Lakes and Ponds Program is offering guidance to help property owners protect and restore their lakeside properties.

The Shoreland Best Management Practices guidance highlights different ways owners can improve lake water quality and the health of lakeshore habitat. Owners can use this guidance to plant native trees and shrubs, install rain gardens to absorb runoff, improve driveways and pathways, create no-mow zones, and more.

“Healthy lakes offer us many benefits from clean water and wildlife habitat to great places to fish, swim, boat, and relax,” said Dept. of Environmental Conservation (DEC) Commissioner Jason Batchelder. “In 2014, Vermont passed the Shoreland Protection Act. It allows reasonable shoreland development while protecting these key benefits.”

The Shoreland Protection Act regulates new activities in protected shoreland areas that are within 250 feet of the shoreline of lakes and ponds 10 acres in size or greater.

Property owners need a Shoreland Protection Permit for activities in protected shoreland areas that create cleared areas (removing vegetation like trees or shrubs or disturbing the natural ground cover) or impervious surfaces (any hard or solid surfaces like roofs, roads, and parking lots where water runs off instead of soaks in).

Shoreland property owners can use the Sharing the Edge booklet to learn more about regulations to be aware of near the shoreline. The booklet also details what a healthy shoreland looks like and how Vermont manages its public waters.

To ask questions about proposed projects, property owners are encouraged to reach out to their regional Lake and Shoreland permit analyst. They can also visit the online Permit Navigator to find out what other state environmental permits might be needed.

For owners who want to go above and beyond Vermont’s shoreland regulations, the Lake Wise Program can offer technical assistance. The Vermont Lakes and Ponds Program oversees this voluntary initiative. It awards shoreland property owners who develop and manage their property in a lake-friendly manner.

“Since 2013, the Lake Wise Program has worked with lakeshore owners to reduce runoff and erosion into the lake while maintaining healthy lakeshore ecosystems,” said Alison Marchione, DEC lake shoreland coordinator. “So far, 298 lakeshore owners have earned a Lake Wise Award, making a positive impact on our state’s shorelines.”

*The Department of Environmental Conservation is responsible for protecting Vermont’s natural resources and safeguarding human health for the benefit of this and future generations. For more information, visit [dec.vermont.gov](http://dec.vermont.gov).*







## VERMONT'S NEW RULE LIMITS WAKEBOATS

Ahead of this year's boating season, the Dept. of Environmental Conservation (DEC) has published a new rule regulating wakeboats and wakesports under Vermont's Use of Public Waters Rules. This rule, developed in response to a petition filed by Responsible Wakes for Vermont Lakes, seeks to protect Vermont's environment while balancing a range of recreational activities.

As of April 15, 2024, a wakeboat may only operate in "wakesports" mode in designated wakesports zones of Vermont's lakes, ponds, and reservoirs.

A wakeboat is a motorboat that has one or more ballast tanks, ballast bags or other devices or design features used to increase the size of the motorboat's wake. Wakesports include using "a surfboard, wakeboard, hydrofoil, or similar device to ride on or in the wake," according to the rule.

A wakesports zone of a lake or pond is an area of at least 50 acres over 20 feet deep, at least 200 feet wide, and over 500 feet from shore. The wakesports zone has been established to address concerns that wakeboats erode vulnerable shoreline when the distance to shore is not adequate to dissipate the wakes and stirs up lake bottom sediments in shallower waters.

Under the new rule, wakesports can be operated on 30 of Vermont's inland lakes. These lakes can accommodate a designated zone far enough from the shore and in deep enough waters, where there are fewer environmental impacts or recreational conflicts. Locally, lakes that have wakesports zones include:

- Sunset in Benson (205.1 acres)
- Hortonia in Sudbury/Hubbardton (500.9 acres)
- St. Catherine in Wells/Poultney (885.4 acres)
- Lake Dunmore in Leicester/Salisbury (1,039.6 acres)
- Bomoseen in Castleton/Hubbardton (2,415.1 acres)

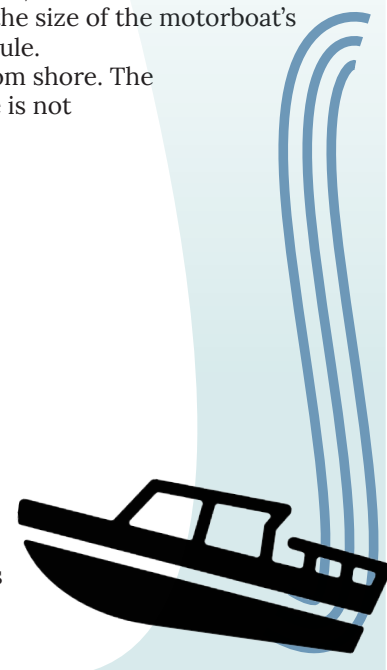
In addition to the 30 inland lakes where wakesports may occur, wakesports may also occur on Lake Champlain, Lake Memphremagog, the Connecticut River reservoirs, and Wallace Pond. These bodies of water do not have a defined wakesports zone.

"The wakeboat rule — developed with significant input from the Vermont public — is science-based and reflective of Vermonters' shared interests in environmental stewardship and outdoor recreation," said DEC Commissioner Jason Batchelder.

The rule requires all wakeboats to decontaminate or clean their ballast tanks when moving between lakes.

The Vermont State Police (VSP) and the Vermont Fish & Wildlife Dept. (VFWD) enforce the Use of Public Waters Rules. Members of the public may report any issues or concerns related to violations of these rules to VSP and/or VFWD.

For more information about the new wakeboat rules, visit: [Tinyurl.com/VtWakesports](https://tinyurl.com/VtWakesports).







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# TOWN OF KILLINGTON VERMONT

## Do I need a zoning permit?

**“Yes,”** the zoning administrator says:  
“If you’re asking this question, you most likely do.”

### Here’s more details:

#### A Zoning Permit is only not required for:

- Fences and walls under 6 feet high and which do not interfere with corner visibility and are outside the town road right-of-way
- A free standing residential accessory structure such as a shed, tree house, doghouse, child’s playhouse or similar structure that does not exceed 144 square feet in size and is 12 feet or less in height and does not have plumbing.

But It **MUST** meet setback requirements.

- Interior renovations that do not increase the overall floor area **or result in additional bedrooms**  
Increasing bedrooms **ALWAYS** requires a permit.
- Patios at grade level
- General maintenance such as painting, roofing and siding

#### Now that that’s cleared up, here’s more detail on filing for permits:

The Town of Killington requires various permits and approvals for development. A Zoning Permit is required for any project that involves:

- New buildings or building additions
- Porches, decks and similar structures
- Swimming pools
- Accessory apartments (in house or over garage)
- Projects that increase the footprint or floor area of a building
- Change of use (**yes, this includes adding additional bedrooms!**)
- Subdivision, parcel merger, and boundary line adjustments

An application for a zoning permit is here: [bit.ly/KillingtonPermitApp](https://bit.ly/KillingtonPermitApp)

**Note:** If your project was approved by Act 250 you must also contact [Rick.Overkirch@vermont.gov](mailto:Rick.Overkirch@vermont.gov)

#### Let’s not forget about short-term rentals:

Yes, the town requires short-term rentals registration to safely bring as many guests as legally possible. The advertised capacity of a short-term rental is limited to its approved septic or sewer capacity. All short-term rentals are subject to inspection by the state Division of Fire Safety, although self-certification is an option for rental properties with an occupancy of 8 or less.

To register your short term rental, visit: [bit.ly/KillingtonSTR](https://bit.ly/KillingtonSTR)  
Contact asst. state fire marshal Joshua Maxham at 802-786-0071 or [Joshua.Maxham@vermont.gov](mailto:Joshua.Maxham@vermont.gov) for an inspection.

For a short-term rental checklist go to [firesafety.vermont.gov](https://firesafety.vermont.gov).

#### Little info for you condo owners, too:

Condominiums are regulated by the state Division of Fire Safety and the state Act 250 Program. Changes beyond painting or decorating may require Division of Fire Safety approval. Increases to the floor area or creation of an additional bedroom would require Act 250 approval. Contact your condominium association before making any changes beyond painting or decorating.

#### PLANNING & ZONING

Tel: 802-422-3241 x 3

Email: [planner@killingtontown.com](mailto:planner@killingtontown.com)

2706 River Road, P.O. Box 429, Killington, VT 05751

[killingtontown.com](https://killingtontown.com)

#### When do I need a driveway permit?

The Zoning Administrator says “yes, this should be the first thing you do!” A Driveway Access Permit is required from the town Selectboard for a new or modified driveway off a town road. Contact the Town Manager to start this process. A State Highway Access and Work Permit is required from the state Agency of Transportation (VTrans) for a new or modified driveway off U.S. Route 4 or VT Route 100. For a Frequently Asked Questions sheet on state highway access and work permits visit: [vtrans.vermont.gov/planning/permitting/faqs](https://vtrans.vermont.gov/planning/permitting/faqs).

#### How about commercial business?

You always need a permit for business signs.

Visit: [bit.ly/KillingtonSign](https://bit.ly/KillingtonSign). Most commercial development will need to be reviewed by the Development Review Board and Division of Fire Safety. Killington is a 1-acre town. Anything over could be subject to Act 250 review and approval. Questions? Request a Project Review Sheet from state permit specialist Rick Overkirch at 802-282-6488 or [Rick.Overkirch@vermont.gov](mailto:Rick.Overkirch@vermont.gov).



For more information about zoning permits scan or click: [bit.ly/KillingtonPermits](https://bit.ly/KillingtonPermits)

**Please don’t live by: “build it and they will come...  
It’s **NOT** better to beg for forgiveness than ask for permission.”**



# Take a Hike

## Leave no trace!

Please remember to pack out what you pack in leaving no trace behind on or off the trails. Please do stay on the trails as they've been designed to handle traffic and runoff — keep nature wild!



## BRANDON

### Mt. Horrid and the Great Cliff

**Location:** Brandon

**Level:** Moderate-Difficult

**Trailhead:** From Route 7 in Brandon, head east on Route 73 to the top of Brandon Gap. Parking area is on the right before the top. Enter the Long Trail across the highway, follow it north for 0.7 miles to a spur trail (blue blazed) that leads out to the Great Cliff, a group of towering rocks that overlooks an active beaver area and moose habitat. A national forest signboard marks the start of the trail.

**Distance:** 0.7 miles

**Elevation change:** 620 feet

### Moosalamoo Trails

Minnie Baker Trail, Leicester Hollow Trail, Chandler Ridge Trail, Silver Lake Trail

**Location:** Brandon

**Level:** Moderate

**Trailheads:** Take Route 73 east from Brandon, then turn left onto Route 53. Minnie Baker trailhead is 1.6 miles on the right.

**Distance:** 8.8 miles on all trails

**Elevation change:** 720 feet maximum



## CASTLETON/POULTNEY

### Delaware & Hudson Rail Trail

**Location:** Castleton/Poultney

**Level:** Easy, wheelchair accessible

**Trailheads:** To start in Castleton: take Route 4 west to exit 5, then 0.5 miles west on US-4, then turn left into Castleton State College entrance on Seminary Street. Visitor parking area is to the right, designated trail parking spaces are at the end of the lot. To start in Poultney take US-7 south towards Wallingford, then turn west onto Route 140 in Poultney. Then turn left onto Grove Street, then right onto Bentley Street. Trailhead is on the left.

**Distance:** 7 miles between Castleton and Poultney

**Elevation change:** 50 feet

## CHITTENDEN

### Leffert's Pond Loop

**Location:** Chittenden

**Level:** Easy

**Trailhead:** From US-7 north of Rutland bear right onto the East Pittsford Road at the old water tower. Continue straight through the village onto Dam Road and continue onto Wildcat Road on the right (marked). Access is via FR 412 at 1 mile on the left. Trail begins at the parking area, crosses two small dams, then bears to the right on a clockwise loop around Leffert's Pond, connecting back with Wildcat Road.

**Distance:** 2.3 miles

**Elevation change:** 200 feet

### New Boston Trail

**Location:** Chittenden

**Level:** Moderate

**Trailheads:** From US-7 north of Rutland bear right onto the East Pittsford Road at the old water tower. Continue straight into the village, turn left over the small bridge and bear right onto Mountain Top Road

**Distance:** 2.4 miles

**Elevation change:** 740 feet

## KILLINGTON

### Appalachian/Long Trail loop

**Location:** Sherburne Pass (Killington)

**Level:** Moderate-difficult

**Trailhead:** Find the AT/LT parking area on Route 4 just west of Pico ski area. The loop runs counterclockwise. Follow the AT/LT 3.8 miles south to Sherburne Pass Trail. The Pico Link Trail (0.4 mi.) reaches the summit of Pico. Cross Route 4 with extreme caution. Pick up the trail at the east side of the Inn at Long Trail. (Side excursion to the Deer Leap is possible). Complete the loop back to Route 4 opposite the parking area.

**Distance:** 9.1-mile loop

**Elevation change:** 1,700 feet

### Deer Leap

**Location:** Killington

**Level:** Moderate-Difficult

**Trailhead:** Take Route 4 to the top of Sherburne Pass in Killington. Park across from The Inn at Long Trail and exercise extreme caution crossing Route 4. The trail is to the right of the Inn. Trail is well marked with blue blazes.

**Distance:** 3.1 miles

**Elevation change:** 600 feet

### Kent Brook

**Location:** Killington

**Level:** Easy

**Trailheads:** Take Route 100 north from Route 4 in Killington. The Gifford Woods State Park parking area is on the left. The Kent Brook Trail is marked. (Or hike south on the Appalachian Trail up to Deer Leap.) Yellow blazes.

**Distance:** 1.1 miles

**Elevation change:** None

## WALLINGFORD

### White Rocks Cliffs & Trail

**Location:** Wallingford

**Level:** Moderate-Difficult

**Trailheads:** From US-7 in Wallingford follow Route 140 east 2.1 miles to Sugar Hill Road on the right. Follow Sugar Hill Road for about 200 feet to the sign for the Green Mountain National Forest-White Rocks Picnic Area and turn right onto Forest Road 52. Follow FR 52 for 0.5 miles to the end. *To the cliffs:* follow the blue Keewaydin Trail, which leaves from the southeast corner of the parking area and connects with the Appalachian Trail in 0.4 miles. Turn right after 1 mile onto a white trail to a stone cairn that marks the spur trail on the right leading to the cliffs. For the trail route, follow the blue blazes to the right from the southwest corner of the parking area. Trail climbs to the top of a knoll at 0.2 miles where a spur trail to the left leads 0.1 miles to vista points, then descends to an old woods road and stream. The ice beds are at the base of a slope of tumbled boulders, named because winter ice lingers into the summer. The rocks here are Cheshire quartz, used by indigenous craftsmen for making tools.

**Distance:** 1.6 miles

**Elevation change:** 180-1,250 feet



By anthony cotter



# Take a Hike

Continued from page 16

## Kent Pond

**Location:** Killington

**Level:** Easy

**Trailheads:** From Route 100 North from Route 4 in Killington, the parking area is on the right. The trailhead is on the right side of the parking area near the road. White blazes. State boat launch.

**Distance:** 1.3 miles

**Elevation change:** None

## Killington Peak

**Location:** Killington

**Level:** Easy-Difficult

**Trailheads:** From Route 4 in Killington follow the detour signs to upper Killington Road and the resort. Park at the K-1 Base area at Killington Resort. Hiking trails are marked by letters A-K.

**Distance:** 0.2-2.2 miles

**Elevation change:** 20-1,640 feet

## Pico Peak

**Location:** Killington

**Level:** Difficult

**Trailheads:** On the west-facing slope of Sherburne Pass approaching the resort. Long/Appalachian Trail crossing parking area is on the south side of Route 4. The trailhead is at the southwest corner of the lot. White and blue blazes.

**Distance:** 8.5 miles

**Elevation change:** 2,000 feet

## Thundering Falls Trail

**Location:** Killington

**Level:** Easy, wheelchair accessible to the foot of the cascade

**Trailheads:** From Killington take US-4 east, then turn left onto River Road for 1.5 miles, past Sherburne Library and playing fields, parking area is on the left. Follow the boardwalk and USFS signpost.

**Distance:** 1 mile, 1,000 feet to the falls

**Elevation change:** 30 feet

## MENDON

### Bald Mountain

**Location:** Mendon

**Level:** Moderate-Difficult

**Trailhead:** Take US-4 east from Rutland to Town Line Road, continue to a 'Y' with Notch Road and Killington Avenue. Bear left onto Notch Road and continue to a large sign, "Road Closed 1000 feet." Drive straight ahead to the parking area and kiosk. The trail begins at the kiosk and heads gently downhill to a fork, marked "Bald Mountain." From there it climbs uphill to an exposed cliff with a panoramic view of the Otter Creek valley and the Taconic Ridge.

A second trail leads in the opposite direction through the old Tamarack Notch Girl Scout camp, where the remains of firepits are still visible. The area is all part of Aitken State Forest.

**Distance:** 3.1 miles loop (Bald Mountain trail)

**Elevation change:** 1,130 feet

## Blue Ridge via the Canty Trail

**Location:** Mendon

**Level:** Difficult

**Trailhead:** Take US-4 east from Rutland to the Wheelerville Road, then continue on US-4 2.3 miles to the Y with Old Turnpike Road on the left. The trailhead is 1 mile ahead on the left, marked by blue blazes and a U.S. Forest Service signpost. Parking for 2-3 cars is available on a narrow gravel strip. The trail climbs steeply in places 2.4 miles to the summit, passing a cascade. 180-degree views from the 3,278-foot summit of the major mountain ranges.

**Distance:** 6 miles

**Elevation change:** 1,700 feet

## Bucklin Trail to Killington Peak

**Location:** Killington/Mendon

**Level:** Difficult

**Trailhead:** Take Route 4 east from Rutland to Wheelerville Road on the right, follow for 4.1 miles

to sharp bend ("Brewers Corner"), parking area on left with large kiosk. with parking area and trailhead on the left. Blue, white, then blue blazes. Very popular trail, trailhead parking fills up early in the day.

**Distance:** 7.2 miles

**Elevation change:** 2,500 feet

## PITTSFORD

### Cantwell Trail, west section

**Location:** Pittsford

**Level:** Easy-moderate, wheelchair accessible along a creek.

**Trailhead:** Turn onto Elm St. from Route 7 at Kamuda's market in Pittsford

village and park at the Cooley Covered Bridge. The trail traverses a small floodplain and cornfields on Furnace Brook to the confluence with Otter Creek, then north along the tree-lined creek, then into old upland meadows. Active habitat for birds, otter, raccoon, beaver, turtles, waterfowl, amphibians.

**Distance:** 1.5 mile-loop

**Elevation change:** 0-200 ft.



Continued to page 18





# Take a Hike

Continued from page 17

## RUTLAND

### Carriage Road

**Location:** Rutland, Pine Hill Park

**Level:** Easy-moderate

**Trailheads:** The Carriage Road is accessed directly from Evergreen Avenue and connects with the "Crusher Road" that leads to an abandoned quarry. The Carriage Road continues up to Rocky Pond, once a popular picnic spot and swimming beach operated by the city. Watkins Avenue accesses an old woods road that connects with the Carriage Road farther up. Roads are open but unpaved with uneven surfaces and loose rocks. Several old roadbeds offer moderately strenuous hiking on steady inclines.

**Distance:** 0.85 miles (Carriage Road to Rocky Pond)

**Elevation change:** 273 feet

### Carriage Trail

**Location:** Proctor/Rutland

**Level:** Moderate/Difficult

**Trailheads:** From Rutland, take Preville Ave. off Crescent St. From Proctor, park on Olympus Road by the high school and hike up the old road through the woods towards Rutland.

**Distance:** 5.1-miles one way

**Elevation change:** 702 feet

Continued to page 19





# Take a Hike

Continued from page 18

## WEST RUTLAND

### West Rutland Marsh Trail

**Location:** West Rutland

**Level:** Easy, wheelchair accessible

**Trailheads:** From Business Route 4 in West Rutland, bear right onto Marble Street at flashing light intersection. Look for small parking area on the left. Signage for West Rutland Marsh Boardwalk. It's a great birding area!

**Distance:** 200 yards

**Elevation change:** None

## HUBBARDTON

### Taconic Ramble State Park

**Location:** Hubbardton

**Level:** Moderate-Difficult

**Trailheads:** From Route 4 west of Rutland, take Exit 5 toward Hubbardton Battlefield. Travel about 6 miles to St. John Road, on your left. If you come to the Hubbardton Battlefield, you've gone too far! Turn left on St. John Road. The park access driveway will be 0.2 miles farther on your left. Continue down the driveway to the parking area just above the house. Maps are available.

**Distance:** 1.8 miles, network

**Elevation change:** 450 feet



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# Search and rescues calls are rising, first responders fear more people are headed out unprepared

By Lauryn Katz, Community News Service

Lauryn Katz is a reporter with Community News Service, part of the University of Vermont's Reporting & Documentary Storytelling program.

At any moment Drew Clymer, search and rescue coordinator for the Vermont Dept. of Public Safety, could be pulled out of rest or running errands to answer the phone and listen to the anxious voice of a hiker on the other end, lost with daylight fading.

Let's say the hiker is in good shape, has the right gear. Clymer grabs the handle of his rugged laptop and starts inputting the coordinates he receives from the caller on a map. A red dot pops up on the screen, and Clymer immediately knows where they are.

Clymer starts to orient the lost hiker and gives them directions. Every 20 minutes, the pair regroups on the phone, and Clymer updates the

map with a new red dot. With each inch Clymer's marker moves closer to the parking lot on the map, he feels confident the hiker will get home safe.

Sometimes it's as simple as virtually holding someone's hand for Clymer. His job is to field calls and send rescuers from different departments to help those in need. Other days entail lengthy, multi-unit rescues with complex maneuvers in treacherous conditions.

And Clymer fears those hard days are on the uptick.

The number of search and rescue incidents in Vermont rose 41% from 100 in 2015 to 141 in 2023, according to public safety department data. More and more people are trekking off-path without being prepared, putting

themselves and first responders in danger, report those in the field.

The trend has accelerated since the peak of the pandemic, the records show. From 2015 to 2019, the trendline stayed relatively stable, with the

number of cases each year not straying far from 100, according to the data. From 2020 to 2023, the difference between case numbers each year grew more pronounced, going from 88 to 131 to 115 to 141 — a 60% increase from 2020-2023, the records show.

Much of the rise can be pinned to increases in the number of routine rescue cases — such as when someone strays from a trail and doesn't know how to get back. Between 2015 and 2020, Vermont averaged about 68 of those calls per year; then in 2021, that figure skyrocketed to 103, according to the data. There haven't been fewer than 90 cases a year since.

Stella Richards, education outreach coordinator for Stowe Mountain Rescue, a team formed by the town, recalls just how much urgency people felt to escape their quarantine loneliness by retreating into the backcountry. Shops sold out of mountain bikes and backcountry ski gear with little to no resupply at the height of the Covid-19 pandemic, she said.

Clymer, who along with his state job serves as deputy chief to the Stowe rescue team, said rescuers are seeing vast unpreparedness everywhere from well-known hiking spots to the backsides of ski resorts.

"There is a trend towards people being less prepared and finding themselves needing help," he said.

Because Stowe Mountain Rescue team members are highly trained in technical rescue, they respond to roughly three times the number of



Courtesy Stowe Mountain Rescue



Submitted

Vermont's search and rescue incidents have risen by 41% since 2015, primarily due to increased routine cases and unpreparedness.





Submitted

calls as any other rescue team in Vermont, according to Clymer. From its founding in 1980 up to 2020, the team hovered around 17 to 20 calls a year, he said. In 2020, that number shot into the 40s and has climbed in the years since, he said.

Search and rescue authorities divide calls into two classes: cases where rescuers know where the person is and cases where they do not.

When someone's whereabouts are unknown, all hands are on deck. Troops are pulled out of sleep, off the roads and back from vacation. Game wardens become available, and first responders are notified. For the most part, these calls involve people with known medical conditions and those who are very young or old.

Calls where rescuers know the subject's location are widely more common. Every year since 2016, the number of this kind of rescue has been more than double that of cases involving missing people, according to state data.

When Clymer takes a call from someone in need, he tries to identify the gravity of the situation by asking questions about age, clothing, equipment, weather conditions and how many people need help. The survey is important, he said, to prevent rescuer fatigue and treat each case individually.

Incidents usually involve more than one person. This year, close to 100 people needed help out of 40 rescue incidents Clymer had recorded as of early May. Of the people who are lost and not part of a vulnerable population, recreationalists make up a large majority.

Many of those recreationalists found themselves at the backside of Killington Resort in Brewers Brook, more than 2 miles from any access road. In January, Clymer received multiple calls a week from folks who needed assistance getting out of relatively similar spots, including a group of 23 on Jan. 20.

Most ski rescue calls come from Killington and Stowe, said Clymer, as they are the most popular mountains for skiers to enjoy fresh powder on the backside.

Once the snow finally came at the start of this year, Clymer said he received 13 calls in one weekend — all from Stowe and Killington. They weren't calls from experienced backcountry skiers. Instead, the calls came from resort-goers who had skied out of bounds.

Clymer said that at Killington, it is as easy as taking a lift up and then ducking a few ropes. That's what happened with the group of 23 rescued in January, who violated policy and ignored signs, Killington Ski Resort stated at the time.

What skiers like those don't realize, said Clymer, is that once they duck the ropes, they are stuck in a back bowl miles from the nearest access road.

"They just don't realize that a mile from a road is just like it was 200 years ago — and cold and dark and nobody's around," Clymer said.

It can also be VERY slow going in deep snow.

Another thing most aren't aware of is just how long it takes rescuers to reach those in need, who may not be prepared for the delay.

"A lot of people think we're going to drop out of a helicopter and they won't miss their dinner reservation," Clymer said. Too many show a lack of respect for the conditions, remoteness and harsh weather as well, he said.

Hypothermia is a risk throughout the year, not just in winter months, Richards said. It can sneak up on people during the shoulder seasons — when it seems warmer than it is — if you get wet from rainfall and night sets in, Richards said. That's why a dry base layer and some form of protection against the elements are key items in Richards' pack no matter the time of year.

A source of light, first aid kit, a spare power bank, food, water and warmth are other essentials Richards urges people to bring on every trip. "Carrying certain pieces of equipment not only makes you safe, but it also turns you into a resource," Richards said.

From 2009 to 2018, an average of four people a year died from exposure to cold air or water, according to a 2021 report from the Vermont Dept. of Health, not including those who fell through ice and drowned. Between 2012 and 2018, there was an average of 110 cold-related hospitalizations and emergency department visits, the report says.

Clymer said agencies in Vermont don't charge for rescue. Most people rescued by the Stowe Mountain agency make a donation after, Richards said.

Some people think those whose recklessness gets them stranded should pay up.

New Hampshire has been asking negligent hikers to repay the cost of their rescue since 2008 and is one of the few states that does so. Every year, authorities there send roughly 6% of the hikers they rescue a bill, citing negligence or a lack of preparation, according to Backpacker magazine.

But Richards said charging for rescue might make people hesitate to call for help, leading to dangerous emergencies that could have been prevented.

"If people know that they're going to face a bill, they are going to think twice before calling," Richards said.

Clymer and Richards both stressed the importance of creating a judgment-free zone to break the stigma around seeking help. About once a week, Clymer is on the phone with someone who has lost the trail, giving them verbal instructions on how to get out safely. In these fairly simple rescues, something could easily go wrong if the person in need waits to call.

"The earlier we are involved in a situation that has gone wrong for whatever reason," said Richards, "the simpler it is."



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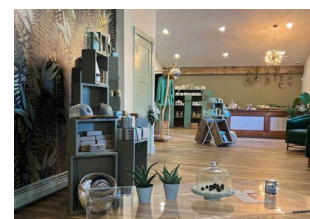
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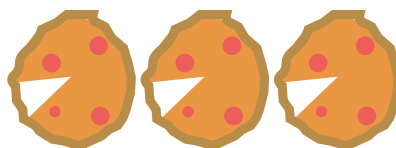
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# Cold drinks for hot days

By Karen Ranz

With the hot weather ahead of schedule, I'm looking forward to dipping into the two hot climate cuisines I enjoy most – Louisiana Creole and Cuban, especially Cuban picadillo. They've both got very forward flavor profiles, and honestly, if there were a crowd ahead of me, I might just use my elbows to get there first.

But I'm focused on what I can drink besides water all summer, too. So first, there's Flor de Jamaica, a tart, very deep red hibiscus tea. I buy hibiscus inexpensively at the co-op but I've ordered it, too. It's loaded with Vitamin C and healthy – until you add simple syrup. I have mine over ice without sweetener. The tartness is perfect for sweltering days, and the deep red makes it great for summer entertaining. Recipes for a Hibiscus margarita, that looks like fun. If you can't find the agave nectar, sub in simple syrup or triple sec.

Or you could go the sangria/lambrusco route too – easy, fast, fizzy red with lots of citrus fruit in a pitcher filled with ice. Campari and tonic in a tall glass with lots of lime is a very grown up way to chill out. If you can find bitter lemon for your Campari, try that.

Mango lassis are simply mango juice blended with yogurt – very fast in a blender! That could also be great popsicle material for a hot afternoon.

But if you want to splurge on calories, sweetened condensed milk is the way to go. Serious Eats has a Brazilian lemonade recipe I'm looking at, actually made with lime. And as long as the can is open, do save some condensed milk for Cuban Coffee. (Vanilla ice cream would do the trick if that's what's on hand.)

I'm finding other new ideas, also at Serious Eats, for Panela Limeade. Panela is one of many raw sugar forms that come in hard pucks or cones you soften a bit in the microwave that add caramel notes and sometimes a smoky sugar finish. Saveur features a North Indian Spiced Limeade that goes by its Persian name, *sharbat*, made with lime, mint and toasted cumin.

But if that still doesn't float your boat, pull out the blender and turn virtually any fruit-based drink you can think of into a frozen cocktail. A frozen White Russian or Dreamsicle would also be great end to a hot afternoon. Or blend ice into Grasshoppers and serve in stem glasses for a festive end to a meal off the grill.

And finally, Deb Perelman of Smitten Kitchen has a frozen coconut limeade she swears by “... and look, I don't mean to oversell, them, I don't, but you must believe me when I tell you: this drink solves everything. It will make the stickiest weather seem bearable, it will make you feel like you're on vacation when you're not,” she said.



Courtesy Karen Ranz

## 7 TIPS FOR PICNIC PERFECTION



1. Make sure you have a cold beverage ready. May we suggest pre-making margaritas? Serve water, too!
2. There's no need to rush to the main meal, but it's good form to offer appetizers immediately – especially if drinking margaritas! Simple chips and a dip, or shrimp cocktail (if you're feeling fancy) will please most.
3. Bring a blanket to keep your guests more comfortable (grass can be itchy) and picnic tables can be rough or even splintery, if old.
4. Don't forget water, bug spray, sunscreen, flotation devices and a leash for a dog.
5. Lawn games can add an element of competition and entertainment to your outing. Corn hole is a local summertime favorite (there are even competitions in the area, see calendar), but even a simple frisbee will do.
6. Burgers, bratwurst, hotdogs, chicken or anything else you can grill are always great choices for a picnic barbecue. Corn or other summer veggies are also delicious roasted! Premake pasta salad and add a watermelon to round out the meal.
7. Don't forget dessert! Summer fresh fruit pies are ideal, but don't forget the marshmallows, too! A campfire is always enhanced with toasting a 'mallow!



# ENJOY A CLASSIC Vt CREEMEE

Choose from about 400 offerings this summer, or try to taste them all?

**Staff report**

Nothing goes better with a hot Vermont summer day than a cold, sweet, creamy cone of soft serve ice cream.

Wait, soft serve? What are you talking about? There's only one type of ice cream that reigns supreme in the Green Mountain State: the creemee.

A creemee is not quite synonymous with soft serve, but they share some similarities. Both take prepared ice cream "bases" that vendors can mix flavor into and serve from the same machine, according to E.B. Flory, dairy chief of the Vermont Agency of Agriculture, Food and Markets.

Creemees, however, are supposed to contain a higher percentage of butterfat — a minimum of 14%, versus 10%-14% for soft serve, Flory said. Creemees are often sold in maple, black raspberry, vanilla and chocolate flavors, or as a twist of two flavors. They can come with toppings or be dipped into chocolate or other sauces to create a hard outer coating.

How many creemee stands are there in Vermont?

Until recently, this seemed an unanswerable question. But then Secretary of Agriculture Anson Tebbetts revealed that his agency maintains a licensing system that tracks this sort of thing. So VTDigger filed a public records request.

That data showed that roughly 400 Vermont establishments have active licenses to operate "frozen dessert" machines. That count, however, includes vendors who sling creemees, as well as those who dish out soft serve.

About a quarter of the licensees were chains such as McDonald's, Cumberland Farms and Walmart. There were also some oddball spots (some not open to the public) such as universities and hospital cafeterias as well as movie theaters.

But most of the licensees were the classic picture of a place to scarf down a maple creemee: general stores, snack stands, sugar shacks and creameries.

Shortly after the public information request, the Vermont Agency of Agriculture, Food & Markets announced that it was "pleased to share our new Creemee Locator Map."

"The map is made up of businesses with licenses from our Agency who have

confirmed they are selling creemees and opted to participate in the Agency's map. This ensures you find a creemee spot near you that is open and ready for your business!," the Agency of Agriculture announced in June.

"The map will be a living space that grows and is updated as new creemee locations open or some close their offerings for the season... We hope you can use this tool to find a delicious creemee this summer and support a local business all at once!" the agency continued.

## Recipes

Most creemee vendors serve a prepared base mix from a vendor, such as Hood. Only six establishments have "milk handler" licenses to make the ice cream from scratch, according to the Agency of Agriculture. Those six are: Sticky Fingers Bakery in West Dover; Scout & Co. in Burlington; Olsen's Ice Cream in Vergennes; Mountain Creamery in Woodstock; Blueberry Haus in Guilford; and Big Cones LLC in Wells River.

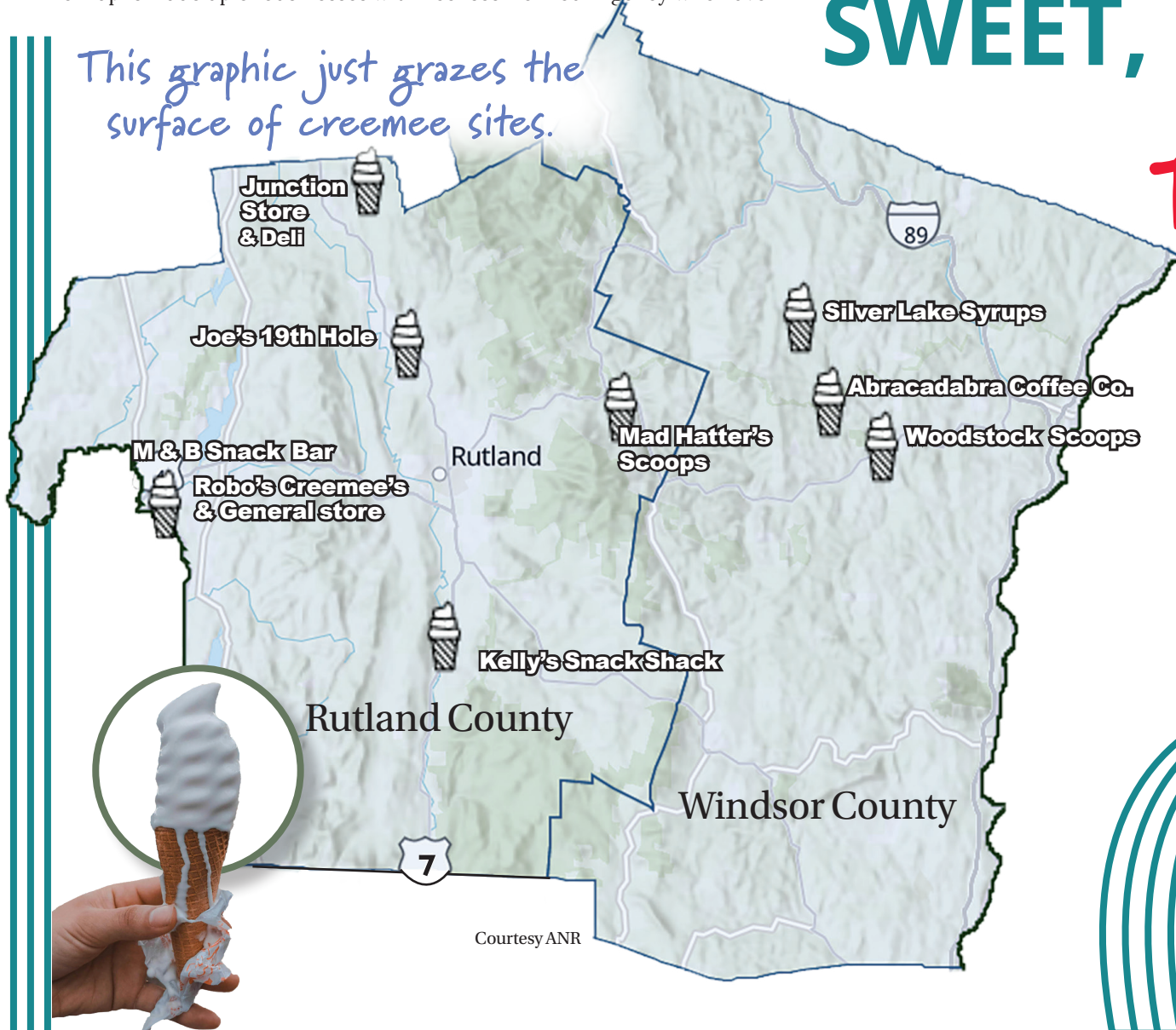
What about the Agency of Agriculture's favorite creemees? Flory said she didn't think she was "allowed" to pick favorites but that she loved a maple creemee twisted with black raspberry or peanut butter.

"I have a small Jack Russell that is quite a fan of dairy products, and she really liked that one," Flory added.

For Secretary of Agriculture Anson Tebbetts, "Nothing is better than just a standalone maple creemee."

He said he has not tried the roughly 400 locations yet. "But I think it's a goal that we all should achieve, just like the 251 Club," he said, referring to the organization that encourages people to visit every Vermont municipality.

VTDigger contributed to this reporting.



# SWEET, COLD Summer Treats Map

Courtesy the Vt Dept of Natural Resources  
 The Vermont Dept. of Resources (ANR) has over 400 locations throughout the state licensed to sell soft-serve ice cream. However, some are fast-food chains, others university or hospital cafeterias that are not open to the public, so the department is working to verify independently owned creemee stands and map them on their website for easy visiting. Check out the verified stands and locate one nearest you at: [ANRmaps.vermont.gov/websites/creemee](http://ANRmaps.vermont.gov/websites/creemee)





# LOCAL PICK-YOUR-OWN

## Sunshine Valley Berry Farm

PYO organic raspberries and blueberries in season. Located on Rte. 100 north of Rochester at Ranger Road. 802-767-3989. Open daily 10 a.m.-6 p.m. Sales shed offers pre-picked berries as well.

## Sugar Hill Berry Farm

PYO blueberries, raspberries still in season. 3237 Sugar Hill Road, East Wallingford. 802-259-2155. Open: beginning mid-July. Days, hours are subject to crop availability and weather conditions, so call ahead. Directions: Turn off Rte. 103 onto Rte. 140 in East Wallingford, cross the RR tracks in the village, then make a quick left onto Sugar Hill Road. Cash or check, please.



## Wellwood Orchards

PYO strawberries, blueberries, raspberries, cherries, plums, peaches, apples, nectarines, squash, and pumpkins while in season. 529 Wellwood Orchards Road, Springfield. 802-263-5200. Open daily 9 a.m.-6p.m.

## Winslow Farms

PYO Pumpkins. Located on US-7 south of Pittsford village. 802-773-1003. The farm offers locally grown apples, cider, maple syrup, autumn decorations, and Christmas trees, in season.

## Wood's Market Garden

Strawberries. Located at Rte. 7 and Wood Road south of Brandon. 802-247-6630. Farm stand hours: 10-5 Monday- Saturday, 10-4 Sunday. Fresh PYO fruits, veggies, cider, baked goods, sweet corn, and a vast array of potted perennials. Cash or check, please.



# LOCAL FARMERS' MARKETS

Farmers' markets run weekly throughout the summer.

### Brandon

**Brandon Farmers' Market-**  
Central Park, Brandon  
Friday, 9 a.m.-2 p.m.

### Castleton

**Castleton Village Farmers' Market**  
Main Street, Castleton  
Thursday, 3:30-6 p.m.

### Fair Haven

**Fair Haven Farmers' Market**  
On the Park, Fair Haven  
Friday, 3-6 p.m.

### Killington

**Killington Farmers' Market**  
Killington Sports on Rte 4, Killington  
Fridays, 3-6 p.m.

### Poultney

### Lakes Region Farmers' Market

Main Street, Poultney  
Thursday, 9 a.m.-2 p.m.

### Rutland

**Rutland Farmers' Market**  
Depot Park, Rutland  
Saturday, 9 a.m.-2 p.m.  
Wednesday, 3-6 p.m.



## PYO, fresh tastes better

A sure sign of summer is the sudden proliferation of pick-your-own (PYO) signs at farms and orchards and along roadsides. And PYO means fresh – that highly sought after fresh-off-the-vine strawberry, or blueberries or raspberries or blackberries or apples straight off the tree. Here's a guide to places in Rutland County to PYO produce. See the calendar of when to expect what will be ripe for harvesting.

Whether you're after some fresh fruit filler for a summer pie, looking to stock your freezer for the long winter ahead, or simply out for a fun excursion with the family,



### Herbs:

10 weeks,  
June-October



### Greens:

10 weeks,  
June-October



### Sweet Corn:

5 weeks,  
July-September



### Pumpkins:

4 weeks,  
September-October



### Raspberries:

2.5 weeks,  
August-September



### Apples:

5 weeks,  
September-October



### Tomatoes:

5 weeks,  
July-September



Dates are approximate time periods. Moisture levels, temperature and weather can affect growing seasons year-to-year.



# PLETHORA OF FUN

## SUMMERS IN VERMONT HOW DO I LOVE THEE?

### LET ME COUNT THE WAYS

By Merisa Sherman

Summer days mean your car is packed with all the toys so you're prepared for adventures wherever they may arise — and for whatever weather the day brings. Mud, don't forget to wear your big boots. Rain, make sure you have waterproof layers (yes, I still plan to be outside!) Sunshine, be sure to pack the lawn chairs, bathing suit, sunscreen, bug spray, sneakers, sandals — and maybe a hammock, fishing rod, paddle board/canoe and your bike. You have to be prepared!

Summer is short and there are so many options for fun — you can spend an hour paddling on the water in the morning and then spend the afternoon sharing drinks in the Base Camp parking lot after a few laps on the Sherburner trail at Gifford Woods.

Apres-ski parking lot beers are not just for tailgating after skiing! The joy of knowing you spent some glorious time outside, enjoying the world ... it's like we just cannot seem to let the moment go; we're stalling, unwilling to accept the inevitable. And unlike winter, when it gets dark soon after 4 p.m., summer light in Vermont can last until 9 p.m. or later! Gloriously extending the day and the hours of fun we can pack in.

These are the days when I make myself so exhausted that I am asleep before my head even hits the pillow. The days where I am up with the sunrise for no reason except that I cannot wait for the day to start and the adventures to begin. The days where I simply cannot get enough time outside, exploring the gorgeous mountains around that are

exploding with luscious green.

I can feel the trails calling me, my body waiting to flow through the woods of summer. Swinging my hips around protruding trees and focusing on the quickness of my feet or tires as I avoid getting a rock in the instep. My body is never quite ready, my legs sometimes feel heavy, but my feet are light and my legs get lighter and move quicker as I go.

In the summer my little world grows beyond Killington. Even as I walk Ramshead with a good friend, we are planning a trip up Camel's Hump and a journey to the Robert Frost Trail to read poetry while we walk through the woods. I'm thinking about a trip up Mt. Mansfield and all the times that I'm going to let myself get lost in Pine Hill Park just so that I can find myself again. Another friend and I are getting ready to paddle Harriman Reservoir and with another at Emerald Lake.

It's so marvelous to be wrapped up inside all these beautiful green mountains. We took the motorcycle up Route 100 to grab some smoked wings at Mad Taco in Waitsfield and I already cannot wait to rip up and down App Gap. And then Lincoln Gap. And Brandon Gap. And Middlebury Gap. Ahhh! There are so many ways to find yourself winding through the mountains. To find yourself rolling along with the rolling hills, whether on foot or two wheels. Or even four.

But it's time to start exploring and dreaming. I want to explore something new this year. Maybe a new section of the Long Trail that I haven't hiked

before? I haven't done a lot of exploring in the Northeast Kingdom and I've never paddled Lake Willoughby, which is kind of sacrilegious to have lived in Vermont this long without doing. Ahhh! I am so excited for all the adventures within a couple hour drive from our little town of Killington. You can get everywhere from here!

Of course, before heading out that far from home, I have to make sure that I have all the right equipment. Nothing like the buzzkill of not having what you need and being so far from home (or any supplier of such goods) to easily remedy the problem. So, I break out my summertime gear spreadsheet and make sure that I have everything set in my backpack.

Pretty sure I need to take a motorcycle ride up to Farm-Way and trade in my Darn Tough socks. I've already stopped at Maple Angus for the best maple creemee in the state, now to make our way over to Maple Soul at least once before the snow flies.

Only 18 weeks of summer to explore the almost 4.6 million acres of Vermont's forests. I better start running a lot faster or I'm never going to cover enough ground to see everything in my lifetime. Vermont, I love you so much and cannot wait to see what we're doing together tomorrow!

*Merisa Sherman is a long time Killington resident, town lister, development review board member, local Realtor (R) and coach PomPom. She can be reached at merisa.sherman@sothebysrealty.com.*



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# Summer activities

## 11 fun outings for kids

### Play MINI GOLF

18 holes at Mendon Mini Golf on US-4 will take up a nice afternoon, and it's fun for all ages — toddler to adult.

### SWIM, SLIDE OR splash

White's Pool in Rutland opened a brand new facility in 2018, offering a competition pool with a diving board for older kids, and a family pool for all ages that has a slide and an area for splashing and spraying.

### Try MOUNTAIN BIKING

For the adventure-seeking family, mountain biking is becoming increasingly popular! Killington offers lift-serviced trails or ride Pine Hill Park in Rutland, the Slate Valley Trails in Poultnery, or the Pittsford-Town Trails to power your own trip.

### Visit A LIBRARY

A reprieve with a book can be a much welcomed break from the sun — or a great rainy day option. And libraries are so much more than books! Check out their programs, rentals, seed catalogs, DVD collection and internet access.

### Take A HIKE

Kids of all ages can enjoy this free, multi-level activity, with trails for any family, whether you're looking for a "sidewalk in the woods" or a full day hike.

### Go CAMPING

Whether it's primitive camping in the Green Mountain National Forest, or in an RV at a Vermont State Park, the s'mores around the campfire will taste just as good.

### Taste test VERMONT CREEMEEES

Whether you fancy a twist with rainbow sprinkles on a sugar cone, a hard-serve bubble gum in a dish, or a good ol' maple creemee, ice cream is not hard to find in Vermont. Find your favorite family spot!

### Visit A SUGAR SHACK

Maple Open House weekend is a great time for kids to try sugar on snow, plus they get to engage in a family tradition for lots of Vermont folks.

### Visit A STATE PARK

Vermont's State Parks are a day full of fun in the sun, with many featuring lake access with beaches, playgrounds, barbecue pits, water vessel rentals, and ample space for outdoor games.

### Visit THE RESORT ADVENTURE CENTERS

Killington Adventure Center and Okemo Adventure Zone both have features for all ages, from roller coasters to bungee trampolines to scenic chairlift rides. It's a bit pricey but worth it for the fun.

### Go HORSEBACK RIDING

Is your child into "everything horses?" Mountain Top Inn in Chittenden is one of few places around to take a guided trail ride. Plus, the scenery is pristine.





# A campsite for everyone

## 100 years of Vermont State Parks

By Merisa Sherman

The Green Mountains are a gorgeous place to spend some time during the summer months. Surrounded by the lush greens of our forests, there are so many adventures to be had. But sometimes, you don't want to head inside at the end of the day. Instead, you would rather bask by the light of a crackling campfire, s'mores at the ready while you listen to the owls in their natural habitat of darkness.

When I travel, I choose campgrounds over the indoors. The smell of the fire, the rustic taste of your morning oatmeal with just a hint of pine needles for spice. Maybe you can hear the water lapping at the shoreline as you look out at the forest from underneath your tent flap. It's the perfect way to enjoy Vermont and we have the campground for everyone! Here are a few of the easiest/most accessible:

### Vale parking lot

If you're here to ride the downhill trails at Killington Resort, head over to Vale parking lot for tier after tier of campers and tent pads. This camping lot is free, first-come first-serve and you will find bikers pedaling between campsites as they gather with friends they've met on the trails over the years. There is a real community here and the friends you make will become buddies for life. It also makes it easy to ride on back for a quick lunch and lube, since all your tools are undoubtedly in your car already. No need to pack your bike up every night and head to some hotel that will get cranky when your rubber messes up the paint.

I have stayed at each one of the campsites and I love how absolutely different they all are while still having that perfect Vermonty feeling. I can almost smell the bacon sizzling in the cast iron skillet for breakfast as it wafts through the campground. Wherever you choose to stay this summer, be sure to Leave No Trace. And most importantly, thanks for joining us in celebrating the 100th Anniversary of Vermont State Parks!



### Gifford Woods State Campground

Located in one of the oldest hardwood growths in Vermont, Gifford Woods is a traditional campground with some of the thickest trees you will see in New England. It was established in 1931 due to a land grant and has served the community so well that even Killington residents will rent one of the cabins or lean-tos for a night just to get away from it all — although you're still right in it. The Appalachian Trail passes right through the campground and you can either head up to Deer Leap or around the 100 acre Kent Pond with the boat launch right across the road. If pedaling is more your thing, you can jump right on the Pesky Cairn trail and access almost 30 miles of single track. If you're looking to explore all the variety that Killington has to offer, this is your campground.

### Ricker Pond State Park

Looking for the perfect combination of everything, complete with swimming? Head over to the 26,000 acre Groton State Forest and stay on the shore of Ricker Pond! You have access to an easy gravel pedal on the Cross Vermont Trail as well as 17 miles of hiking trails and a shaded stream to explore! The Ricker Pond campground is more traditional, with over 20 RV sites, although still no hookups. This is a great place to take the kids, the family, or just spend some time away. I recommend the Violet or Lilac lean-tos for proximity to the boat launch and the shoreline.

### Green River Reservoir State Park

If you are looking for true backcountry adventure but still prefer the safety of a campground, then my favorite place to stay is Green River Reservoir (653-acres) in Hyde Park. It's, admittedly, out of the central Vermont region. The Chittenden Reservoir (721-acres) is a comparable choice nearby and easier to access (but it is technically day-use only, though few know or obey that categorization from the Forest Service, as the sites are well defined and packed on weekends). The campsites are not accessible by car in either location. At the Chittenden Reservoir some are just a short walk away, while the more remote ones require a short 20-40 minute paddle. At Green River you must paddle 1 to 2 miles to reach your destination; choose between 27 remote campsites along the 19 miles of shoreline and is designated a "quiet lake" where only canoes, kayaks and electric motors under 5 mph are allowed. The park had pledged to remain a wilderness area to provide an escape from all the busy-ness of a traditional campground. And I couldn't be happier.







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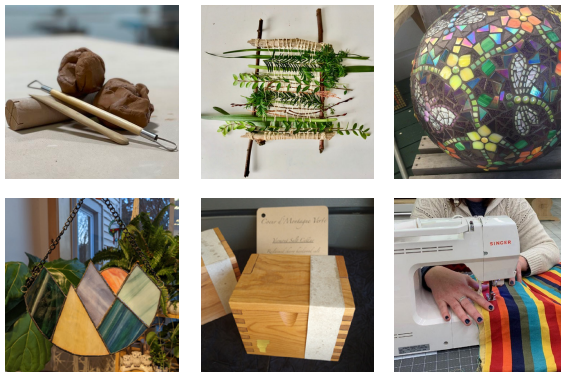
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2024 Summer Programs

- June 26: Adventures in Geology!
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  - July 10: Adventures in Nature!
  - July 17: Adventures in the Dark!
  - July 24: Adventures in Paris!
  - July 31: Adventures in Space!
  - August 7: Raptor Road Trip!
  - August 14: Another Famous Stuffed Animal Sleepover!
- The Fairy Tale Festival is on September 21, 2024

#### Library Hours

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Wed. 9 a.m.-6 p.m.  
Sat. 9 a.m.-1p.m.

Library hours are changing on July 1 to 10:30-5:30 M-F 9-1 on Sat.

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# Top Not-To-Miss Summer Music Events

## Blood Root Gap

On June 27, Bloodroot Gap will play at the River Road Concert Series at Sherburne Memorial Library at 6 p.m. The Sherburne Memorial Concert Series concerts are held on Thursday evenings at 6 p.m. behind the library. Bands set up near the building and patrons can bring picnic suppers, lawn chairs, blankets, etc., to enjoy the show. The concerts are scheduled rain or shine. For more info, visit [sherburnelibrary.org](http://sherburnelibrary.org).

## Gypsy Reel

On July 3, Gypsy Reel will perform at the Cavendish Concert Series at SVEC Memorial Green in Proctorsville at 6 p.m. This series offers free concerts and more information can be found at [cavendishconnects.com](http://cavendishconnects.com).

## Miss Paula and the Twangbusters

On July 9, Miss Paula and the Twangbusters will bring country classic and honky-tonk to the Summer Concerts at the Pavilion in Castleton at 7 p.m. The concerts run from June 25 to Aug. 13, every Tuesday evening, and are free and open to the public. Held rain or shine, Dugout Dogs will provide concessions, and Vermont State University Castleton will collect non-perishable food items to support the Castleton food shelf. Bring your chairs by anytime after 5 p.m. on the concert night. Meet the artist's reception follows the performance. For more info, contact Castleton Conferences & Events at 802-468-6039.

## Basin Bluegrass Festival

From July 11-14, the Basin Bluegrass Festival will take place at the end of Basin Road in Brandon. This festival, now in its 28th year, offers a range of ticket prices from \$15 to \$65 per person. Gates open on July 2 at 8 a.m. for early bird camping. For advance tickets and more information, visit [basinbluegrassfestival.com](http://basinbluegrassfestival.com).

- The festival kicks off on Friday with the Seth Sawyer Band at 10, followed by Bloodroot Gap at 10:45, and Serene Green at 11:30. The afternoon continues with Wood Flower at 12:15, Canaans Land at 1, Remington Ryde at 1:45, Larry Efaw and the Bluegrass Mountaineers at 2:30, Bloodroot Gap at 3:15, the Seth Sawyer Band at 4, and Wood Flower at 4:45. After a supper break, the evening session features Canaans Land at 6:15, Serene Green at 7, Remington Ryde at 7:45, and Larry Efaw and the Bluegrass Mountaineers at 8:45.
- Saturday's lineup starts with Remington Ryde at 10, High Peaks Bluegrass at 10:45, and Canaans Land at 11:30. Cedar Ridge performs at 12:15, followed by Serene Green at 1, Larry Efaw and the Bluegrass Mountaineers at 1:45, the Seth Sawyer Band at 2:30, Remington Ryde at 3:15, High Peaks Bluegrass at 4, and Canaans Land at 4:45. After a supper break, the evening session features Cedar Ridge at 6:15, Larry Efaw and the Bluegrass Mountaineers at 7, the Seth Sawyer Band at 7:45, and Serene Green at 8:45.
- Sunday begins with a Gospel Sing under the tent at 10, followed by High Peaks Bluegrass at 11, Cedar Ridge at 12, and The Greene Brothers wrapping up the festival from 1 to 2.

For advance tickets and more information, visit [basinbluegrassfestival.com](http://basinbluegrassfestival.com).

## Christopher Cross



Miss Paula and the Twangbusters

Courtesy Facebook



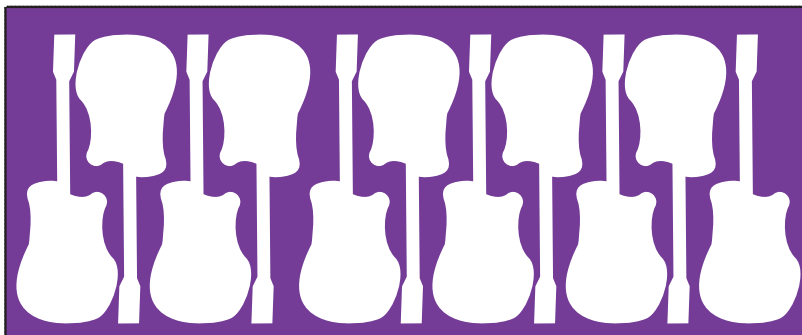
Submitted

Christopher Cross

On July 22, Christopher Cross will perform at the Paramount Theater in Rutland at 7:30 p.m. Tickets range from \$45 to \$75. Christopher Cross burst onto the music scene with his 1980 self-titled debut album, winning five Grammy Awards. His music has garnered five Grammys, an Oscar, a Golden Globe, an Emmy nomination, and five Top 10 singles. For more details, visit [paramountvt.org](http://paramountvt.org).

## the Michele Fey Band

On July 31, the Michele Fey Band will play at the Artistree Community Arts Center in South Pomfret at 6:30 p.m. This free concert invites attendees to bring a chair and pack a picnic to enjoy live music on the hillside. This event is weather dependent. No pets are allowed, but service animals specifically trained to aid a person with a disability are welcome.







Courtesy Rick Redington & Tuff Luv

Rick Redington & Tuff Luv

**Rick Redington & Tuff Luv**

Also on July 31, Rick Redington & Tuff Luv will perform at the Cavendish Concert Series at SVEC Memorial Green in Proctorsville at 6 p.m. Rick Redington and The Luv play a conceptual blend of country and folk, incorporating elements of rock, blues, and blues. The band's approachability and adaptability make them a standout in the indie and country music scene. This series offers free concerts, and more information can be found at [cavendishconnects.com](http://cavendishconnects.com).

**Satin & Steel**

On August 6, Satin & Steel will play at the Summer Concerts at the Pavilion in Castleton at 7 p.m. These concerts run from June 25 to August 13, every Tuesday evening. They are free and open to the public and will be held rain or shine. Dugout Dogs will provide concessions, while Vermont State University Castleton will collect non-perishable food items at each concert to support the Castleton food shelf. Bring your chairs by anytime after 5 p.m. on the concert night, and meet the artist's reception following the performance. For more info, contact Castleton Conferences & Events at 802-468-6039.

For a complete list of summer music events, visit the summer music guide on page 37 and the summer events calendar on page 39.

AGES  
3+

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## Live Music

Rutland's favorite concert series returns this summer with free performances in downtown! Folks can enjoy activities, giveaways, shopping, visiting vendors, food trucks, and more.

Friday Night Live 2024 features Captain Mike and The Shipwrecked on 7/26, Zach Nugent's Dead Set on 8/16, and Foreigners Journey on 9/6.

Friday Night Live is a free outdoor concert series that takes place on Center Street and Merchants Row with one performance each in July, August, and September. This fun and casual series draws the community together to enjoy music, outdoor dining, shopping, children's activities and more starting at 5pm. Downtown Rutland transforms into a unique, amphitheater-like concert venue with great acoustics. Headliners take the stage at 8pm.







# Music Events

## LIVE SUMMER MUSIC

### 2024 SUMMER CONCERT SERIES

Grab friends and family, a blanket or chair, a picnic and choose one of the many concerts held on local town greens, fields or hillsides.



#### CASTLETON SUMMER CONCERTS AT THE PAVILLION

Tuesdays, 7 p.m. State University Castleton

- June 25 - Blue Jay Way (dance music from the '60s to now)
- July 9 - Miss Paula and the Twangbusters (country classic and honky-tonk)
- July 16 - Shor'ty Billups & the FOXXX Band (blues)
- July 30 - Studio Two (Beatles tribute band)
- Aug. 6 - Satin & Steel (funk and R&B)
- Aug. 13 - TS ENSEMBLE (high energy premiere event band)

#### CONCERTS IN THE PARK

Thursdays, 7 p.m. at the Fair Haven Town Park, Fair Haven.

- June 27 - Extra Stout
- July 4 - Iron Sights
- July 11 - WailOn
- July 18 - Blue Jay Way
- July 25 - Bloodroot Gap
- Aug. 1 - Enerjazz
- Aug. 6 - Mellow Yellow
- Aug. 15 - Aaron Audet Band

#### COOLER IN THE MOUNTAINS

Saturdays, 3 p.m. at the K-1 Base Area, Killington Resort, Killington

- June 29 - Ben Goldsmith
- July 6 - The Parisian
- July 13 - The Sideways
- July 20 - Jerry Duty
- July 27 - Waiting on Mongo
- Aug. 3 - Kind Hearted Strangers
- Aug. 10 - CDBB
- Aug. 17 - Soulshine Revival
- Aug. 24 - Rumboat Chili
- Aug. 31 - Annie in the Water

#### TUNESDAYS ON THE FARM

Tuesdays, 6 p.m. at Pittsford Village Farm, 42 Elm St., Pittsford

- June 25 - Silas Hamilton and Friends
- July 2 - Luminous Crush
- July 9 - Ryan Fuller
- July 16 - Yankee Chank
- July 23 - Michelle Fey Band
- July 30 - SnakeMountain Bluegrass
- Aug. 6 - Side Effect
- Aug. 13 - Mr. Moose and Friends



#### MUSIC AT THE RIVERBEND

Wednesdays, 6 p.m. behind the Brandon Inn, Brandon

- July 3 - The Local Talent (alt country with a hint of rock'n'roll)
- July 10 - Deb Bryson & the Hay Burners (rootsy, soulful and bluesy, rockin' alt country)
- July 17 - Bloodroot Gap (locally sourced free range bluegrass)
- July 24 - Enerjazz (Vermont's high energy big band)
- July 31 - Jenni Johnson (old & new school jazzy & swinging & funky)
- Aug. 7 - Breanna & the Boys (local folk rock power trio)
- Aug. 14 - Tom Caswell Blues band (authentic blues sounds - Chicago, Texas, Delta & west coast styles)
- Aug. 21 - Extra Stout (Vermont's premier Irish band)
- Aug. 28 - Red Hot Juba (soul, swing, rock'n'roll, blues & country music)

#### SEVEN TO SUNSET CONCERTS IN THE PARK

Wednesdays and Sundays, 7 p.m. at Main Street Park, Rutland

- June 26 - John Lackard Blues Band
- July 3 - Kasia Karazim & The Rutland All-Stars
- July 10 - Satin & Steele
- July 17 - West Rutland School Rock Lab
- July 24 - The Rustie Bus
- July 31 - George's Back Pocket
- Aug. 7 - Rick Redington & The Luv
- Aug. 14 - Possible Rain Date
- Aug. 17 - (Possible Rain Date Reschedule)

#### SHREWSBURY MEETING HOUSE CONCERT SERIES

Fridays, 6 p.m. at the Shrewsbury Meeting House, 88 Lottery Road, Shrewsbury (unless noted otherwise)

- June 28 - Silas Hamilton and Friends
- July 12 - Phil Henry and the Newsfeed
- July 26 - Reflexions
- Aug. 9 - Noah Harley & Roots and Shoots of Country Music

#### CAVENDISH SUMMER CONCERT SERIES

Wednesdays, 6 p.m. at the Svec Memorial Green, Proctorsville.

- July 3 - Gypsy Reel
- July 10 - Soul Rockers
- July 17 - Yankee Chank
- July 24 - East Bay Jazz Ensemble
- July 31 - Rick Redington and TuffLuv
- Aug. 7 - Bear Mountain Boys

#### COUNTRY GIRL DINER SUMMER CONCERT SERIES

Saturdays 5 p.m. at the Country Girl Diner, Chester

- July 20 - Terrible Mountain String Band
- Aug. 17 - Rustie Bus
- Sept. 21 - George's Back Pocket

#### MUSIC BY THE RIVER

Fridays, 6 p.m. at East End Park, Woodstock


- July 12 - Houston Bernard (country)
- July 19 - Empty Pockets (classic rock, folk & blues)
- July 26 - Wesli (Haitian Rara and Afrobeat)
- Aug. 2 - Jay Nash (American folk rock)
- Aug. 9 - Mystic Bowie & Talking Dreads (Caribbean Reggae)
- Aug. 16 - The Tricksters (pop rock)

#### ARTISTREE SUMMER CONCERT SERIES


Wednesdays, 6:30 p.m. at Artistree Community Arts Center, 2095 Pomfret Road, South Pomfret

- June 26 - Sandiland & Vincent
- July 3 - Scott Forrest
- July 10 - Beecharmer
- July 17 - Rose Hip Jam
- July 24 - Laurie Goldsmith Trio
- July 31 - Michelle Fay Band
- Aug. 7 - Los Lorcás
- Aug. 14 - Panhandlers
- Aug. 21 - Grey Cats
- Aug. 28 - Prickly Heat Tantalizers
- Sept. 4 - Route 5 Jive Trio
- Sept. 11 - The Sidewinders



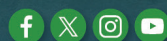


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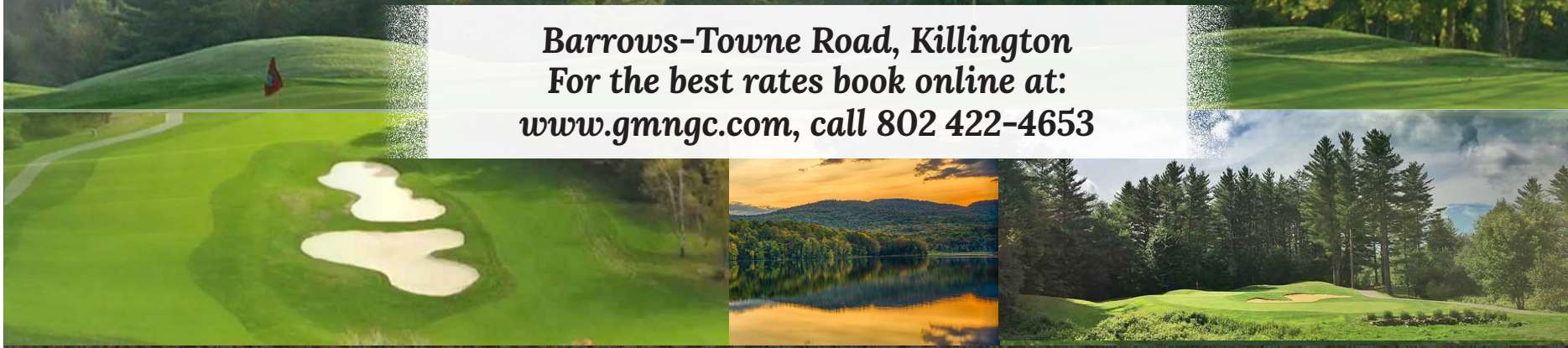
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# CALENDAR OF EVENTS

## June 25

### Summer Concerts at the Pavilion: Blue Jay Way (dance music from the '60s until now)

**7 p.m. Castleton Pavilion. Free**  
Concerts run from June 25 to Aug. 13, every Tuesday evening. These concerts are free and open to the public and will be held rain or shine. Dugout Dogs will provide concessions, while Vermont State University Castleton will collect non-perishable food items at each concert to support the Castleton food shelf. Bring your chairs by anytime after 5 p.m. on the concert night. Meet the artist's reception following the performance. For more info: Castleton Conferences & Events @ 802-468-6039.

### Tuesdays on the Farm: Silas Hamilton and Friends

**6 p.m. Pittsford Village Farm, 42 Elm St., Pittsford. Free.**

Hosted by Pittsford Village Farm, Tuesdays series presents nine outdoor concerts throughout the summer season. These events are free and open to the public. Food truck will be on site. [pittsfordvillagefarm.org](http://pittsfordvillagefarm.org)

### Slate Valley Trail Women's Mountain Bike Group Rides

**5:30 p.m. Fairgrounds Trailhead, Poultney. Free.**

Join Slate Valley each Tuesday night for our weekly Women's Mountain Bike Group Rides. Ride with an amazing group of women on our beautiful SVT trail network. We will incorporate skills and optional bike wrenching as well. This is a no drop ride and all are welcome. We will honor an inclusive and supportive environment for any person who identifies as a woman. For more information visit: [slatevalleytrails.com](http://slatevalleytrails.com)

## June 26

### Artistree Summer Concert Series: Sandiland & Vincent

**6:30 p.m. Artistree Community Arts Center, 2095 Pomfret Road, South Pomfret. Free.** Bring a chair and pack a picnic and enjoy live music on the hillside. This concert is weather dependent. No pets allowed. Service animals specifically trained to aid a person with a disability are welcome. For more info visit [artistreevt.org](http://artistreevt.org).

### Seven to Sunset Concert Series: John Lackard Blues Band

**7 p.m. Main Street Park in Rutland. Free.** Join us for the Rutland Recreation and Parks Department 2024 Summer Concert Series, Rutland City's summertime tradition. A new band will play from the gazebo at Main Street Park every Wednesday throughout the summer. Bring your lawn chairs, blankets, and picnic dinner to Main Street Park for our summer concert series on Wednesday evenings. For more info: [rutlandrec.com/7tosunset](http://rutlandrec.com/7tosunset).

**DATES AND TIMES ARE SUBJECT TO CHANGE. PICK UP A COPY OF THE MOUNTAIN TIMES NEWSPAPER OR [MOUNTAINTIMES.INFO](http://MOUNTAINTIMES.INFO) FOR UP-TO-DATE SCHEDULES.**

### Killington Bike Bum Race Series

**2 p.m. Killington Resort. Costs vary.**  
Get ready for a local race series that's all about fun and friendly competition! The 10-week race series is held Wednesday afternoons from 2-5 p.m. Sign up to ride solo, or form a team of up to five people. Teams may be made up of any combination of age categories. Teams require a minimum of three people in order to score points. For more information visit: [killingtonmountainbikeclub.org](http://killingtonmountainbikeclub.org)

## June 27

### Fair Haven Concerts in the Park: Extra Stout

**7 p.m. Fair Haven Town Park. Free.**  
Concerts in the Park presents: Extra Stout, Vermont's premier Irish band. Hot dogs, chips, and soda each night, plus a 50/50 drawing each night. Picnic tables in the park for your family to enjoy supper before the concert. For more info visit: [poultneyareachamber.com](http://poultneyareachamber.com)

### River Road Concert Series: Blood-root Gap

**6 p.m. Sherburne Memorial Library in Killington. Free.**

The concerts are held on Thursday evenings at 6 p.m. behind the library. Bands set up near the building and patrons can bring picnic suppers, lawn chairs, blankets, etc to enjoy the show. The concerts are scheduled rain or shine. For more info visit: [sherburnelibrary.org](http://sherburnelibrary.org).

### Killington Golf Course League Nights

**4:30 p.m. Killington Golf Course. Members \$25, nonmembers \$30.**

Michelob ULTRA and the Killington golf course are teeing it up on League Night every Thursday, with exciting contests and great prizes for top team gross scores and flag event winners. The format is a 9-hole scramble tournament, rotating between the front and back nine each week. Sign-up as a team or as an individual. Call the golf pro shop any day before 3 p.m. Wednesday to sign-up as an individual or team and find out what's on the menu. If you try to sign-up on Thursday, you could be turned away. For more info visit [killington.com](http://killington.com). To register call: 802-422-6700.

## June 28

### Shrewsbury Meeting House Concert Series: Silas Hamilton and Friends

**6 p.m. Shrewsbury Meeting House at 88 Lottery Road in Shrewsbury. Free.**  
There is lots of room to spread out, dance, and enjoy the company of others. This week's performer is Silas Hamilton and friends. For more info visit Shrewsbury Meeting House Concert Series on Facebook.

## June 29

### Cooler in the Mountains Concert Series: Ben Goldsmith

**3 p.m. K-1 base area of Killington Resort. Free.**  
Join Killington Resort at the Snowshed Lodge base area on Saturdays this summer from 3 - 5:30 p.m. for a free outdoor concert series. Grab a lawn chair, a beach blanket, and the whole family and head to K-1 for this all-ages event. The concert series will take place every Saturday from June 29 - Aug. 31. For more information visit [killington.com](http://killington.com).



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### Music in the Mountains Series — Season Opener

**7 p.m. Pico Mountain Lodge in Killington. Free.**

Killington Music Festival opens its 40s Music in the Mountain Concert season with immense enthusiasm! Back by popular demand, festival favorite guest pianist Simon Ghraichy joins the faculty in Walter Rabl's Piano Quartet, a KMF premier filled with gorgeous melodies not to be missed. Also featured are string quartets by Mendelssohn and Mozart. For more information visit [killingtonmusicfestival.com](http://killingtonmusicfestival.com)

### Pond Hill Ranch Rodeo

**7:30 p.m. Pond Hill Road, Castleton. \$15 adults, \$10 kids (6-11)**

Pond Hill Pro Rodeo Company events include bareback bronc riding, calf roping, steer wrestling, team roping, saddle bronc riding, girls' barrel racing, girls' break away roping, and bull riding. For outstanding family fun plan to join Pond Hill Ranch Saturday nights at 7:30 p.m. rain or shine. For more info visit [pondhillranch.com](http://pondhillranch.com).

## July 2

### VSO Summer Festival Tour: Symphony of Stars - Castleton

**7:30 p.m. Vermont State University Castleton Pavilion, 360 South St., Castleton. \$35.** Celebrate the great outdoors and VSO's 90th birthday with the 2024 Summer Festival Tour: Symphony of Stars! Join the orchestra for spectacular evenings of music by Sufjan Stevens, Margaret Bonds, Vermont's own Erik Nielsen, John Philip Sousa marches, John Williams' "E.T." score and more - plus spectacular solos from VSO's musicians! Music Director Andrew Crust leads the ensemble featuring principal cello John Dunlop, principal clarinet Kelli O'Connor, and Principal percussion D. Thomas Toner. Bring your picnic and relax under balmy summer skies with your Vermont Symphony Orchestra, presented in partnership with The Paramount Theatre.

### Tuesdays on the Farm: Luminous Crush

**6 p.m. Pittsford Village Farm, 42 Elm St., Pittsford. Free.**

Hosted by Pittsford Village Farm, Tuesdays series presents nine outdoor concerts throughout the summer season. These events are free and open to the public. Food truck will be on site. [pittsfordvillagefarm.org](http://pittsfordvillagefarm.org)

### Slate Valley Trail Women's Mountain Bike Group Rides

**5:30 p.m. Fairgrounds Trailhead, Poultney.** Join Slate Valley each Tuesday night for our weekly women's mountain bike group rides. Ride with an amazing group of women on our beautiful SVT trail network. We will incorporate skills and optional bike wrenching as well. This is a no drop ride and all are welcome. We will honor an inclusive and supportive environment for any person who identifies as a woman. For more information visit: [slatevalleytrails.com](http://slatevalleytrails.com)

## July 3

### Seven to Sunset Concert Series: Kasia Karazim & The Rutland All-Stars

**7 p.m. Main Street Park in Rutland. Free.** Join us for the Rutland Recreation and Parks Dept. 2024 Summer Concert Series, Rutland City's summertime tradition. A new band will play from the gazebo at Main Street Park every Wednesday throughout the summer. Bring your lawn chairs, blankets, and picnic dinner to Main Street Park on Wednesday evenings. For more info: [rutlandrec.com/7tosunset](http://rutlandrec.com/7tosunset).

### Music at the Riverbend: The Local Talent

**6 p.m. Behind the Brandon Inn in Brandon. Free.** Alt-country with a hint of rock n roll. For more info visit [brandon.org](http://brandon.org).



# CALENDAR OF EVENTS

Continued from page 39

## Cavendish Concert Series: Gypsy Reel

6 p.m. SVEC Memorial Green, Proctorsville. Free. For more info visit: cavendishconnects.com

## Artistree Summer Concert Series: Scott Forrest

6:30 p.m. Artistree Community Arts Center, 2095 Pomfret Road, South Pomfret. Free.

Bring a chair and pack a picnic and enjoy live music on the hillside. This concert is weather dependent. No pets allowed. Service animals specifically trained to aid a person with a disability are welcome. For more info visit artistreevt.org.

## Killington Bike Bum Race Series

2 p.m. Killington Resort. Costs vary. Get ready for a local race series that's all about fun and friendly competition! The 10-week race series is held Wednesday afternoons from 2-5 p.m. Sign up to ride solo, or form a team of up to five people. Teams may be made up of any combination of age categories. Teams require a minimum of three people in order to score points. For more information visit: killingtonmountainbikeclub.org

## July 4

### Summer Smash & Fireworks

6:30 p.m. State Fairgrounds, Rutland. \$12 The Vermont State Fair will host the Summer Smash & Fireworks on Sunday July 3. Gates open at 4 p.m. Summer Smash will kick off at 6:30 p.m. and fireworks begin at 9:45 p.m.

## Independence Day Spectacular & Fireworks

6 p.m. Devil's Bowl Speedway in West Haven. \$15 adults, \$5 kids (6-12) Devil's Bowl presents its Independence Day fireworks spectacular. Plus the Maplefield/Irving Oil Late Models, Lenny's Shoe & Apparel Flying Tigers, rk Miles Street Stocks and Burnett Scrap Metals Road Warriors! For more info visit devilsbowlspeedwayvt.com.

## Killington 4th of July Celebration

9 a.m. River Road in Killington. Free. Calling all Killington residents, visitors, and businesses. Our Independence Day celebration is back! There will be a parade, firemen's BBQ, games, fireworks and more. This event is sponsored by the Killington Fire Dept., Killington Parks and Recreation, and the Killington Transfer Station. Please check the Killington Rec. website for any updates regarding this event. For more info visit killingtonvt.myrec.com.

## River Road Concert Series: Summit Pond Quartet (at the Rec Field)

6 p.m. Sherburne Memorial Library in Killington. Free.

The concerts are held on Thursday evenings at 6 p.m. behind the library. Bands set up near the building and patrons can bring picnic suppers, lawn chairs, blankets, etc. to enjoy the show. The concerts are scheduled rain or shine. For more info visit: sherburnelibrary.org.

## Fair Haven Concerts in the Park: Iron Sights

7 p.m. Fair Haven Town Park. Free. Hot dogs, chips, and soda each night, plus a 50/50 drawing each night. Picnic tables in the park. For more info visit: poultneyareachamber.com

## Killington Golf Course League Nights

4:30 p.m. Killington Golf Course. Michelob ULTRA and the Killington golf course are teeing it up on League Night every Thursday, with exciting contests and great prizes for top team gross scores and flag event winners. The format is a 9-hole scramble tournament, rotating between the front and back nine each week. Sign-up as a team or as an individual. Call the golf pro shop any day before 3 p.m. Wednesday to sign-up as an individual or team and find out what's on the menu. If you try to sign-up on Thursday, you could be turned away. For more info visit killington.com. To register call: 802-422-6700.

## July 5

### VSO Summer Festival Tour: Symphony of Stars – South Pomfret

6:30 p.m. Saskaena Six Ski Area, 247 Stage Rd, South Pomfret. \$35 Celebrate the great outdoors and VSO's 90th birthday with the 2024 Summer Festival Tour: Symphony of Stars! Join the orchestra for spectacular evenings of music by Sufjan Stevens, Margaret Bonds, Vermont's own Erik Nielsen, John Philip Sousa marches, John Williams' "E.T." score and more – plus spectacular solos from VSO's musicians! Music Director Andrew Crust leads the ensemble featuring principal cello John Dunlop, principal clarinet Kelli O'Connor, and Principal percussion D. Thomas Toner. Bring your picnic and relax under balmy summer skies with your Vermont Symphony Orchestra, and enjoy fireworks just a short drive away in Woodstock beginning 45 minutes after the concert!

## July 6

### Brandon Independence Day Celebration

All Day. Downtown Brandon. Free. With its newly revitalized streetscape, several downtown pocket parks and waterfalls, gorgeous historic architecture, quaint shops, and multiple lodging options and restaurants, Brandon is a top choice for visitors from all over and for all ages. This year, besides the procession there will be bands in the parks, the Heritage Train giving rides up Park Street and two auction sites. Additionally, there will be a beer garden, our world-famous Little Debbie Swiss Cake Roll Eating Contest, an evening street dance and fireworks at dusk that can be seen from up to a mile away. For info: brandon.org.

### Music in the Mountains Series - It's All About That Bass

7 p.m. Pico Mountain Lodge in Killington. Free. Featuring the young and vibrant bass soloist Marc Andre Teruel, the evening promises to dazzle the audience as he joins pianist Simon Ghraichy in duets of some of the most recognized tunes in music, and KMF faculty in Glinka's Grand Sextet. Also featured is Bowen's "Phantasy," a KMF premier featuring the bass clarinet and strings. For more information visit killingtonmusicfestival.com

DATES AND TIMES ARE SUBJECT TO CHANGE. PICK UP A COPY OF THE MOUNTAIN TIMES NEWSPAPER OR MOUNTAINTIMES.INFO FOR UP-TO-DATE SCHEDULES.

## Cooler in the Mountains Concert Series: The Parisian

3 p.m. K-1 base area of Killington Resort. Free.

Join Killington Resort at the Snowshed Lodge base area on Saturdays this summer from 3 – 5:30 p.m. for a free outdoor concert series. Grab a lawn chair, a beach blanket, and the whole family and head to K-1 for this all-ages event. The concert series will take place every Saturday from June 29 – Aug. 31. For more information visit killington.com.

## Pond Hill Ranch Rodeo

7:30 p.m. Pond Hill Road, Castleton. \$15 adults, \$10 kids (6-11)

Pond Hill Pro Rodeo Company events include bareback bronc riding, calf roping, steer wrestling, team roping, saddle bronc riding, girls' barrel racing, girls' break away roping, and bull riding. For outstanding family fun plan to join Pond Hill Ranch Saturday nights at 7:30 pm rain or shine. For more info visit pondhillranch.com.

## Incredible Insect Festival

All Day. VINS Nature Center in Quechee. Included in admission.

Welcome to the fascinating world of insects at VINS' Incredible Insect Festival. Renowned insect expert Sam Jaffe will showcase a multitude of live caterpillars at The Caterpillar Lab. Through demonstrations, exhibits, games and crafts, visitors to the VINS Nature Center will have a fun day discovering the insects we share our planet with. For more info visit vinsweb.org.

## July 9

### Summer Concerts at the Pavilion: Miss Paula and the Twangbusters (country classic and honky-tonk)

7 p.m. Castleton Pavilion. Free. Concerts run from June 25 to Aug. 13, every Tuesday evening. These concerts are free and open to the public and will be held rain or shine. Dugout Dogs will provide concessions, while Vermont State University Castleton will collect non-perishable food items at each concert to support the Castleton food shelf. Bring your chairs by anytime after 5 p.m. on the concert night. Meet the artist's reception following the performance. For more info: Castleton Conferences & Events @ 802-468-6039.

### Tuesdays on the Farm: Ryan Fuller

6 p.m. Pittsford Village Farm, 42 Elm St., Pittsford. Free.

Hosted by Pittsford Village Farm, Tuesdays series presents nine outdoor concerts throughout the summer season. These events are free and open to the public. Food truck will be on site. pittsfordvillagefarm.org

### Slate Valley Trail Women's Mountain Bike Group Rides

5:30 p.m. Fairgrounds Trailhead, Poultney. Join Slate Valley Tuesday nights for our weekly women's mountain bike group rides. Ride with an amazing group of women on our beautiful SVT trail network. We will incorporate skills and optional bike wrenching as well. This is a no drop ride and all are welcome. We will honor an inclusive and supportive environment for any person who identifies as a woman. For more info visit: slatevalleytrails.com



Killington Wine Festival  
JULY 21-22, KILLINGTON RESORT



# CALENDAR OF EVENTS

Continued from page 40

## July 10

### Seven to Sunset Concert Series: Satin & Steele

**7 p.m. Main Street Park in Rutland. Free.** Join us for the Rutland Recreation and Parks Dept. 2024 Summer Concert Series, Rutland City's summertime tradition. A new band will play from the gazebo at Main Street Park every Wednesday throughout the summer. Bring your lawn chairs, blankets, and picnic dinner to Main Street Park on Wednesday evenings. For more info: [rutlandrec.com/7tosunset](http://rutlandrec.com/7tosunset).

### Music at the Riverbend: Deb Bryson & the Hay Burners

**6 p.m. Behind the Brandon Inn in Brandon. Free.** Roots, soulful and bluesy, rockin' alt country. For more info visit [brandon.org](http://brandon.org).

### Cavendish Concert Series: Soul Rockers

**6 p.m. SVEC Memorial Green, Proctorsville. Free.** For more info visit: [cavendishconnects.com](http://cavendishconnects.com)

### Artistree Summer Concert Series: Beecharmer.

**6:30 p.m. Artistree Community Arts Center, 2095 Pomfret Road, South Pomfret. Free.**

Bring a chair and pack a picnic and enjoy live music on the hillside. This concert is weather dependent. No pets allowed. Service animals specifically trained to aid a person with a disability are welcome. For more info visit [artistreevt.org](http://artistreevt.org).

### Killington Bike Bum Race Series

**2 p.m. Killington Resort. Costs vary.** Get ready for a local race series that's all about fun and friendly competition! The 10-week race series is held Wednesday afternoons from 2-5 p.m. Sign up to ride solo, or form a team of up to five people. Teams may be made up of any combination of age categories. Teams require a minimum of three people in order to score points. For more information visit: [killingtonmountainbikeclub.org](http://killingtonmountainbikeclub.org)

## July 11

### River Road Concert Series: Twangtown Paramours

**6 p.m. Sherburne Memorial Library in Killington. Free.**

The concerts are held on Thursday evenings at 6 p.m. behind the library. Bands set up near the building and patrons can bring picnic suppers, lawn chairs, blankets, etc to enjoy the show. The concerts are scheduled rain or shine. For more info visit: [sherburnelibrary.org](http://sherburnelibrary.org).

### Fair Haven Concerts in the Park: Wailon

**7 p.m. Fair Haven Town Park. Free.** Hot dogs, chips, and soda each night, plus a 50/50 drawing each night. Picnic tables in the park for your family to enjoy supper before the concert. For more info visit: [poultneyareachamber.com](http://poultneyareachamber.com)

**DATES AND TIMES ARE SUBJECT TO CHANGE. PICK UP A COPY OF THE MOUNTAIN TIMES NEWSPAPER OR MOUNTAINTIMES.INFO FOR UP-TO-DATE SCHEDULES.**

### Killington Golf Course League Nights

**4:30 p.m. Killington Golf Course.** Michelob ULTRA and the Killington golf course are teeing it up on League Night every Thursday, with exciting contests and great prizes for top team gross scores and flag event winners. The format is a 9-hole scramble tournament, rotating between the front and back nine each week. Sign-up as a team or as an individual. Call the golf pro shop any day before 3 p.m. Wednesday to sign-up as an individual or team and find out what's on the menu. If you try to sign-up on Thursday, you could be turned away. For more info visit [killington.com](http://killington.com). To register call: 802-422-6700.

## July 11-14

### Basin Bluegrass Festival

**All Day. End of Basin Road in Brandon. \$15-\$65/person.** The 28th Basin Bluegrass festival is held at the end of Basin Road and will be well signed. Gates open July 2 at 8 a.m. for early bird camping. For advance tickets (prices vary), and more visit [basinbluegrassfestival.com](http://basinbluegrassfestival.com).

## July 12

### Shrewsbury Meeting House Concert Series: Phil Henry and the Newsfeed

**6 p.m. Shrewsbury Meeting House at 88 Lottery Road in Shrewsbury. Free.** There is lots of room to spread out, dance, and enjoy the company of others. This week's performer is Phil Henry and the Newsfeed. For more info visit Shrewsbury Meeting House Concert Series on Facebook.

### Comedy with Trey Kennedy: 'Grown Up'

**7:30 p.m. Paramount Theater, 30 Center St., Rutland. \$39-\$59.**

Trey Kennedy is a born and raised Oklahoman who found fame on the mobile app Vine, amassing more than 2.5 million followers. Trey has now continued his social media success on platforms such as Instagram and TikTok where he has a combined 12+ million followers. He just concluded a sold-out comedy tour selling out cities across the United States. [paramountvt.org](http://paramountvt.org)

### Music by the River: Houston Bernard

**6 p.m. East End Park, Woodstock. Free.** Pentangle Arts is proud to present our annual Music by the River concert series of free outdoor concerts featuring both regionally and nationally renowned artists. We are very pleased to be returning to East End Park after last year's flooding, come out and join us for Six wonderful evenings of great music. [pentanglearts.org](http://pentanglearts.org)

## July 13

### Music in the Mountains Series - An Assortment of Works

**7 p.m. Pico Mountain Lodge in Killington. Free.** Works by Shostakovich, Dvorak and Piazzolla, and more, come to life as returning guest violinist Virgil Boutellis -Taft, joins the faculty for an evening of virtuosity. For more info: [killingtonmusicfestival.com](http://killingtonmusicfestival.com)



## Pond Hill Ranch Rodeo

SATURDAYS, POND HILL RANCH, CASTLETON

### Cooler in the Mountains Concert Series: The Sideways

**3 p.m. K-1 base area of Killington Resort. Free.**

Join Killington Resort at the Snowshed Lodge base area on Saturdays this summer from 3 - 5:30 p.m. for a free outdoor concert series. Grab a lawn chair, a beach blanket, and the whole family and head to K-1 for this all-ages event. The concert series will take place every Saturday from June 29 - Aug. 31. For more information visit [killington.com](http://killington.com).

### Pond Hill Ranch Rodeo

**7:30 p.m. Pond Hill Road, Castleton. \$15 adults, \$10 kids (6-11)**

Pond Hill Pro Rodeo Company events include bareback bronc riding, calf roping, steer wrestling, team roping, saddle bronc riding, girls' barrel racing, girls' break away roping, and bull riding. For outstanding family fun plan to join Pond Hill Ranch Saturday nights at 7:30 pm rain or shine. For more info visit [pondhill-ranch.com](http://pondhill-ranch.com).

### 46th Annual Goshen Gallop

**4 p.m. start time. Blueberry Hill Inn at Goshen. Fees Vary.**

Hosted by the iconic Blueberry Hill Inn, in the heart of the spectacular Green Mountain National Forest. Participants can tackle either the famous 10.2K— or the equally awesome, but more merciful 5K run. Since 1978 the Goshen Gallop has invited runners from across Vermont and around the world, seeking to take the road less traveled. For more info and to register visit [goshengallop.com](http://goshengallop.com).

## July 13-14

### 44th Annual Rave Car Show

**9 a.m. Vermont State Fair Grounds in Rutland. \$5/spectator and \$15-\$20 to register a car.** Car show open to all makes and models, large trucks, motorcycles, vintage campers/boats welcome as well. Gates open at 7 a.m. both days for exhibitors, 9 a.m. for spectators. 5 awards given out on Saturday, top 30 and specialty awards on Sunday. Large handcrafted area, auto related flea market vendors, and more. Music, food, door prizes, silent auction. For more info visit: [ravecarclub.com/rutland-car-show](http://ravecarclub.com/rutland-car-show).

Continued to page 42



# CALENDAR OF EVENTS

Continued from page 41

## July 16

### Summer Concerts at the Pavillion: Shorty Billups & the FOXXX Band (blues)

**7 p.m. Castleton Pavillion. Free**  
Concerts run from June 25 to Aug. 13, every Tuesday evening. These concerts are free and open to the public and will be held rain or shine. Dugout Dogs will provide concessions, while Vermont State University Castleton will collect non-perishable food items at each concert to support the Castleton food shelf. Bring your chairs by anytime after 5 p.m. on the concert night. Meet the artist's reception following the performance. For more info: Castleton Conferences & Events @ 802-468-6039.

### Tuesdays on the Farm: Yankee Chank

**6 p.m. Pittsford Village Farm, 42 Elm St., Pittsford. Free.**

Hosted by Pittsford Village Farm, Tuesdays series presents nine outdoor concerts throughout the summer season. These events are free and open to the public. Food truck will be on site. [pittsfordvillagefarm.org](http://pittsfordvillagefarm.org)

### Slate Valley Trail Women's Mountain Bike Group Rides

**5:30 p.m. Fairgrounds Trailhead, Poultney.** Join Slate Valley each Tuesday night for our weekly women's mountain bike group rides. Ride with an amazing group of women on our beautiful SVT trail network. We will incorporate skills and optional bike wrenching as well. This is a no drop ride and all are welcome. We will honor an inclusive and supportive environment for any person who identifies as a woman. For more information visit: [slatevalleytrails.com](http://slatevalleytrails.com)

## July 17

### Seven to Sunset Concert Series: West Rutland School Rock Lab

**7 p.m. Main Street Park in Rutland. Free.** Join us for the Rutland Recreation and Parks Dept. 2024 Summer Concert Series, Rutland City's summertime tradition. A new band will play from the gazebo at Main Street Park every Wednesday throughout the summer Bring your lawn chairs, blankets, and picnic dinner to Main Street Park on Wednesday evenings. For more info: [rutlandrec.com/7tosunset](http://rutlandrec.com/7tosunset).

### Music at the Riverbend: Blood-Root Gap

**6 p.m. Behind the Brandon Inn in Brandon. Free.**

Music at the Riverbend presents BloodRoot Gap. Enjoy some quality music and free popcorn. For more info visit [brandon.org](http://brandon.org).

### Cavendish Concert Series: Yankee Chank

**6 p.m. SVEC Memorial Green, Proctorsville. Free.** For more info visit: [cavendishconnects.com](http://cavendishconnects.com)

### Artistree Summer Concert Series: Rose Hip Jam

**6:30 p.m. Artistree Community Arts Center, 2095 Pomfret Road, South Pomfret. Free.**

Live music on the hillside. Weather dependent. No pets allowed. Service animals specifically trained to aid a person with a disability are welcome. For more info visit [artistreevt.org](http://artistreevt.org).

### Killington Bike Bum Race Series

**2 p.m. Killington Resort. Costs vary.** Get ready for a local race series that's all about fun and friendly competition! The 10-week race series is held Wednesday afternoons from 2-5 p.m. Sign up to ride solo, or form a team of up to five people. Teams may be made up of any combination of age categories. Teams require a minimum of three people in order to score points. For more information visit: [killingtonmountainbikeclub.org](http://killingtonmountainbikeclub.org)

## July 18

### Fair Haven Concerts in the Park: Blue Jay Way

**7 p.m. Fair Haven Town Park. Free.**

Hot dogs, chips, and soda each night, plus a 50/50 drawing each night. Picnic tables in the park for your family to enjoy supper before the concert. For more info visit: [poultneyareachamber.com](http://poultneyareachamber.com)

### Killington Golf Course League Nights

**4:30 p.m. Killington Golf Course. Members \$25, nonmembers \$30.**

Michelob ULTRA and the Killington golf course are teeing it up on League Night every Thursday, with exciting contests and great prizes for top team gross scores and flag event winners. The format is a 9-hole scramble tournament, rotating between the front and back nine each week. Sign-up as a team or as an individual. Call the golf pro shop any day before 3 p.m. Wednesday to sign-up as an individual or team and find out what's on the menu. If you try to sign-up on Thursday, you could be turned away. For more info visit [killington.com](http://killington.com). To register call: 802-422-6700.

## July 19

### Music by the River: Empty Pockets

**6 p.m. East End Park, Woodstock. Free.**

Pentangle Arts is proud to present our annual Music by the River concert series of free outdoor concerts featuring both regionally and nationally renowned artists. We are very pleased to be returning to East End Park after last year's flooding, come out and join us for Six wonderful evenings of great music. [pentanglearts.org](http://pentanglearts.org)

## July 19-20

### Killington Wine Festival

**6 p.m. Various locations in Killington. \$10-\$25.**

Sip, Sip, Hooray — The Killington Wine Fest returns for its 24th year. Hosted by the Killington Pico Area Association, wine lovers and aficionados are invited to enjoy new wines amidst stunning views of the Green Mountains of Vermont. For more information and to register visit [killingtonpico.org/winefest](http://killingtonpico.org/winefest).

## July 20

### Music in the Mountains Series - Season Finale

**7 p.m. Pico Mountain Lodge in Killington. Free.**

The season finale features returning guest pianist Reed Tetzloff, who joins the faculty to perform the Dvorak Piano Quintet. Also featured in the program is the elegant and joyful Weber Clarinet Quintet. For more info: [killingtonmusicfestival.com](http://killingtonmusicfestival.com)

### Cooler in the Mountains Concert Series: Jerry Duty

**3 p.m. K-1 base area of Killington Resort. Free.**

Join Killington Resort at the Snowshed Lodge base area on Saturdays this summer from 3 – 5:30 p.m. for a free outdoor concert series. Grab a lawn chair, a beach blanket, and the whole family and head to K-1 for this all-ages event. The concert series will take place every Saturday from June 29 - Aug. 31. For more information visit [killington.com](http://killington.com).

### Country Girl Diner Summer Concert Series: Terrible Mountain String Band

**5 p.m. Country Girl Diner, Rt. 103, Chester. Free.**

Family friendly outdoor venue. BYOB chairs, coolers, blankets encouraged. Snack bar will be open. Additional free parking across the street at Rockingham Vet Clinic.

### Pond Hill Ranch Rodeo

**7:30 p.m. Pond Hill Road, Castleton. \$15 adults, \$10 kids (6-11)**

Pond Hill Pro Rodeo Company events include bareback bronc riding, calf roping, steer wrestling, team roping, saddle bronc riding, girls' barrel racing, girls' break away roping, and bull riding. For outstanding family fun plan to join Pond Hill Ranch Saturday nights at 7:30 pm rain or shine. For more info visit [pondhillranch.com](http://pondhillranch.com).

## July 22

### Christopher Cross

**7:30 p.m. Paramount Theater, 30 Center St., Rutland. \$45-\$75**

Christopher Cross burst onto the music scene with his 1980 self-titled debut album, winning five Grammy Awards, including—for the first time in Grammy history—the “Big Four” most prestigious awards: Record of the Year (for the single “Sailing”), Album of the Year, Song of the Year (also “Sailing”), and Best New Artist. In a career spanning more than four decades, Cross has sold over 10 million albums. His music has garnered five Grammys, an Oscar, a Golden Globe, an Emmy nomination and five Top 10 singles. [paramountvt.org](http://paramountvt.org)

## July 23

### Tuesdays on the Farm: Michelle Fey Band

**6 p.m. Pittsford Village Farm, 42 Elm St., Pittsford. Free.**

Hosted by Pittsford Village Farm, Tuesdays series presents nine outdoor concerts throughout the summer season. These events are free and open to the public. Food truck will be on site. [pittsfordvillagefarm.org](http://pittsfordvillagefarm.org)

### Slate Valley Trail Women's Mountain Bike Group Rides

**5:30 p.m. Fairgrounds Trailhead, Poultney.**

Join Slate Valley each Tuesday night for our weekly women's mountain bike group rides. Ride with an amazing group of women on our beautiful SVT trail network. We will incorporate skills and optional bike wrenching as well. This is a no drop ride and all are welcome. We will honor an inclusive and supportive environment for any person who identifies as a woman. For more information visit: [slatevalleytrails.com](http://slatevalleytrails.com)

## July 24

### Music at the Riverbend: Enerjazz

**7 p.m. Behind the Brandon Inn in Brandon. Free.** Music at the Riverbend presents Enerjazz. Come out and enjoy some quality music and free popcorn. For more info visit [brandon.org](http://brandon.org).

### Artistree Summer Concert Series: Lorrie Goldsmith Trio

**6:30 p.m. Artistree Community Arts Center, 2095 Pomfret Road, South Pomfret. Free.**

Bring a chair and pack a picnic and enjoy live music on the hillside. This concert is weather dependent. No pets allowed. Service animals specifically trained to aid a person with a disability are welcome. For more info visit [artistreevt.org](http://artistreevt.org).

### Seven to Sunset Concert Series: The Rustie Bus

**7 p.m. Main Street Park in Rutland. Free.** Join us for the Rutland Recreation and Parks Dept. 2024 Summer Concert Series, Rutland City's summertime tradition. A new band will play from the gazebo at Main Street Park every Wednesday throughout the summer Bring your lawn chairs, blankets, and picnic dinner to Main Street Park on Wednesday evenings. For more info: [rutlandrec.com/7tosunset](http://rutlandrec.com/7tosunset).

### Cavendish Concert Series: East Bay Jazz Ensemble

**6 p.m. SVEC Memorial Green, Proctorsville. Free.** For more info visit: [cavendishconnects.com](http://cavendishconnects.com)

### Killington Bike Bum Race Series

**2 p.m. Killington Resort. Costs vary.** Get ready for a local race series that's all about fun and friendly competition! The 10-week race series is held Wednesday afternoons from 2-5 p.m. Sign up to ride solo, or form a team of up to five people. Teams may be made up of any combination of age categories. Teams require a minimum of three people in order to score points. For more information visit: [killingtonmountainbikeclub.org](http://killingtonmountainbikeclub.org)

## July 25

### River Road Concert Series: Last Chair Band

**6 p.m. Sherburne Memorial Library in Killington. Free.**

The concerts are held on Thursday evenings at 6pm behind the library. Bands set up near the building and patrons can bring picnic suppers, lawn chairs, blankets, etc to enjoy the show. The concerts are scheduled rain or shine. For more info visit: [sherburnelibrary.org](http://sherburnelibrary.org).

### Fair Haven Concerts in the Park: Bloodroot Gap

**7 p.m. Fair Haven Town Park. Free.** Hot dogs, chips, and soda each night, plus a 50/50 drawing each night. Picnic tables in the park for your family to enjoy supper before the concert. For more info visit: [poultneyareachamber.com](http://poultneyareachamber.com)



# CALENDAR OF EVENTS

Continued from page 42

## Killington Golf Course League Nights

4:30 p.m. Killington Golf Course.

Michelob ULTRA and the Killington golf course are teeing it up on League Night every Thursday, with exciting contests and great prizes for top team gross scores and flag event winners. The format is a 9-hole scramble tournament, rotating between the front and back nine each week. Sign-up as a team or as an individual. Call the golf pro shop any day before 3 p.m. Wednesday to sign-up as an individual or team and find out what's on the menu. If you try to sign-up on Thursday, you could be turned away. For more info visit [killington.com](http://killington.com). To register call: 802-422-6700.

## July 26

### Shrewsbury Meeting House Concert Series: Reflexions

6 p.m. Shrewsbury Meeting House at 88 Lottery Road in Shrewsbury. Free.

There is lots of room to spread out, dance, and enjoy the company of others. This week's performer is Reflexions. For more info visit Shrewsbury Meeting House Concert Series on Facebook.

### Friday Night Live: Captain Mike and the Shipwrecked

Center Street in Downtown Rutland. Free.

Rutland's favorite concert series returns this summer with free performances downtown! Folks can enjoy activities, giveaways, shopping, visiting vendors, food trucks, and more.

### Music by the River: Wesli

6 p.m. East End Park, Woodstock. Free.

Pentangle Arts is proud to present our Annual Music by the River concert series of free outdoor concerts featuring both regionally and nationally renowned artists. We are very pleased to be returning to East End Park after last year's flooding, come out and join us for Six wonderful evenings of great music. [pentanglearts.org](http://pentanglearts.org)

## July 27

### Pond Hill Ranch Rodeo

7:30 p.m. Pond Hill Road, Castleton. \$15 adults, \$10 kids (6-11)

Pond Hill Pro Rodeo Company events include bareback bronc riding, calf roping, steer wrestling, team roping, saddle bronc riding, girls' barrel racing, girls' break away roping, and bull riding. For outstanding family fun plan to join Pond Hill Ranch Saturday nights at 7:30 pm rain or shine. For more info visit [pondhillranch.com](http://pondhillranch.com).

### Moosalamoo Ultra

8 a.m. start time. Blueberry Hill Outdoor-Center in Goshen. \$75 - \$120.

Starting and ending at the Blueberry Hill Inn, the Moosalamoo Ultra and Heavy Half has become a favorite among VT trail runners. Long challenging climbs, black bear sightings, stinging nettles are (for better or worse) hallmarks of this race. Each race is loaded with tough, yet beautiful mountain single track taking you to the top of Mount Moosalamoo with a spectacular view of Lake Dunmore. With most trails in the Green Mountain National Forest the 14 miler has about 2,400 feet of elevation gain and the 36 miler has more than 5,000 feet of gain. Family friendly and dog friendly, this race brings together a great community and great mountain trails. Visit: [moosalamooultra.com](http://moosalamooultra.com).

## Cooler in the Mountains Concert Series: Waiting on Mongo

3 p.m. K-1 base area of Killington Resort. Free.

Join Killington Resort at the Snowshed Lodge base area on Saturdays this summer from 3 - 5:30 p.m. for a free outdoor concert series. Grab a lawn chair, a beach blanket, and the whole family and head to K-1 for this all-ages event. The concert series will take place every Saturday from June 29 - Aug. 31. For more information visit [killington.com](http://killington.com).

## July 30

### Summer Concerts at the Pavilion: Studio Two, Beatles Tribute Band

7 p.m. Castleton Pavilion. Free

Concerts run from June 25 to Aug. 13, every Tuesday evening. These concerts are free and open to the public and will be held rain or shine. Dugout Dogs will provide concessions, while Vermont State University Castleton will collect non-perishable food items at each concert to support the Castleton food shelf. Bring your chairs by anytime after 5 p.m. on the concert night. Meet the artist's reception following the performance. For more info: Castleton Conferences & Events @ 802-468-6039.

### Tuesdays on the Farm: Snake Mountain Bluegrass

6 p.m. Pittsford Village Farm, 42 Elm St., Pittsford. Free.

Hosted by Pittsford Village Farm, Tuesdays series presents nine outdoor concerts throughout the summer season. These events are free and open to the public. Food truck will be on site. [pittsfordvillagefarm.org](http://pittsfordvillagefarm.org)

### Slate Valley Trail Women's Mountain Bike Group Rides

5:30 p.m. Fairgrounds Trailhead, Poultney.

Join Slate Valley each Tuesday night for our weekly women's mountain bike group rides. Ride with an amazing group of women on our beautiful SVT trail network. We will incorporate skills and optional bike wrenching as well. This is a no drop ride and all are welcome. We will honor an inclusive and supportive environment for any person who identifies as a woman. For more information visit: [slatevalleytrails.com](http://slatevalleytrails.com)

## July 31

### Summer Concert Series: Michele Fey Band

6:30 p.m. Artistree Community Arts Center, 2095 Pomfret Road, South Pomfret. Free.

Bring a chair and pack a picnic and enjoy live music on the hillside. This concert is weather dependent. No pets allowed. Service animals specifically trained to aid a person with a disability are welcome.

### Seven to Sunset Concert Series: George's Back Pocket

7 p.m. Main Street Park in Rutland. Free.

Join us for the Rutland Recreation and Parks Dept. 2024 Summer Concert Series, Rutland City's summertime tradition. A new band will play from the gazebo at Main Street Park every Wednesday throughout the summer. Bring your lawn chairs, blankets, and picnic dinner to Main Street Park on Wednesday evenings. For more info: [rutlandrec.com/7tosunset](http://rutlandrec.com/7tosunset).



Courtesy KPAA

## Cooler in the mountains

SATURDAYS AT 3 PM, KILLINGTON RESORT

### Music at the Riverbend: Jenni Johnson

6 p.m. Behind the Brandon Inn in Brandon. Free. For more info visit [brandon.org](http://brandon.org).

### Cavendish Concert Series: Rick Redington & Tuff Luv

6 p.m. SVEC Memorial Green, Proctorsville. Free. For more info visit: [cavendishconnects.com](http://cavendishconnects.com)

### Killington Bike Bum Race Series

2 p.m. Killington Resort. Costs vary. Get ready for a local race series that's all about fun and friendly competition! The 10-week race series is held Wednesday afternoons from 2-5 p.m. Sign up to ride solo, or form a team of up to five people. Teams may be made up of any combination of age categories. Teams require a minimum of three people in order to score points. For more information visit: [killingtonmountainbikeclub.org](http://killingtonmountainbikeclub.org)

## Aug. 1

### River Road Concert Series: Rick Redington & the Luv

6 p.m. Sherburne Memorial Library in Killington. Free.

The concerts are held on Thursday evenings at 6 p.m. behind the library. Bands set up near the building and patrons can bring picnic suppers, lawn chairs, blankets, etc to enjoy the show. The concerts are scheduled rain or shine. For more info visit: [sherburnelibrary.org](http://sherburnelibrary.org).

### Fair Haven Concerts in the Park: Energjazz

7 p.m. Fair Haven Town Park. Free.

Hot dogs, chips, and soda each night, plus a 50/50 drawing each night. Picnic tables in the park for your family to enjoy supper before the concert. For more info visit: [poultneyreachamber.com](http://poultneyreachamber.com)

### Killington Golf Course League Nights

4:30 p.m. Killington Golf Course

Michelob ULTRA and the Killington golf course are teeing it up on League Night every Thursday, with exciting contests and great prizes for top team gross scores and flag event winners. The format is a 9-hole scramble tournament, rotating between the front and back nine each week. Sign-up as a team or as an individual. Call the golf pro shop any day before 3 p.m. Wednesday to sign-up as an individual or team and find out what's on the menu. If you try to sign-up on Thursday, you could be turned away. For more info visit [killington.com](http://killington.com). To register call: 802-422-6700.

## Aug. 2

### Music by the River: Jay Nash

6 p.m. East End Park, Woodstock. Free.

Pentangle Arts is proud to present our Annual Music by the River concert series of free outdoor concerts featuring both regionally and nationally renowned artists. We are very pleased to be returning to East End Park after last year's flooding, come out and join us for Six wonderful evenings of great music. [pentanglearts.org](http://pentanglearts.org)

## Aug. 3

### Pond Hill Ranch Rodeo

7:30 p.m. Pond Hill Road, Castleton. \$15 adults, \$10 kids (6-11)

Pond Hill Pro Rodeo Company events include bareback bronc riding, calf roping, steer wrestling, team roping, saddle bronc riding, girls' barrel racing, girls' break away roping, and bull riding. For outstanding family fun plan to join Pond Hill Ranch Saturday nights at 7:30 pm rain or shine. For more info visit [pondhillranch.com](http://pondhillranch.com).

Continued to page 44



# CALENDAR OF EVENTS



Courtesy Slate Valley Trails, FB

**Group rides**  
MULTIPLE DAYS EACH WEEK

Continued from page 43

## Tour de Slate

All day, start times vary. Middletown Springs. \$65-\$100.

The Tour de Slate is made up of five different routes designed to provide an enjoyable ride no matter what your level of experience. The most challenging rides, for avid road cyclists, are the 100 mile and the metric century (100km, 63.4 mi) rides. The additional choices of a 36 mile route, a 25 mile route or a family ride (off road on a trail) will ensure that there is a ride suitable for everyone. The beneficiary of the ride is Teen Challenge, VT. For more info and to register visit: [tourdeslate.org](http://tourdeslate.org).

## Brandon's annual yard sale day

All day. Visitor Center in Brandon. Free.

Every year, the first Saturday in Aug., Brandon is packed with scores of yard sales all around town. Although most sales will not start until 9 a.m., some start earlier and the official listings will be available starting at 7 a.m. at the Visitor Center at the historic Stephen A. Douglas Birthplace & Brandon Museum, located next to the Baptist Church at the corner of Routes 7 and 73 West. For more info visit [brandon.org](http://brandon.org).

## Cooler in the Mountains Concert Series: Kind Hearted Strangers

3 p.m. K-1 base area of Killington Resort. Free.

Join Killington Resort at the Snowshed Lodge base area on Saturdays this summer from 3 – 5:30 p.m. for a free outdoor concert series. Grab a lawn chair, a beach blanket, and the whole family and head to K-1 for this all-ages event. The concert series will take place every Saturday from June 29 – Aug. 31. For more information visit [killington.com](http://killington.com).

## Aug. 6

### Fair Haven Concerts in the Park: Mellow Yellow

7 p.m. Fair Haven Town Park. Free.

Concerts in the Park presents: Mellow Yellow. Bring your chairs by anytime after 5 p.m. on concert night. Hot dogs, chips, and soda each night, plus a 50/50 drawing each night. For more info visit: [poultneyareachamber.com](http://poultneyareachamber.com)

### Summer Concerts at the Pavilion: Satin & Steel

7 p.m. Castleton Pavillion. Free

Concerts run from June 25 to Aug. 13, every Tuesday evening. These concerts are free and open to the public and will be held rain or shine. Dugout Dogs will provide concessions, while Vermont State University Castleton will collect non-perishable food items at each concert to support the Castleton food shelf. Let's make a difference together! Bring your chairs by anytime after 5 p.m. on the concert night. Meet the artist's reception following the performance. For more info: Castleton Conferences & Events @ 802-468-6039.

### Tuesdays on the Farm: Side Effect

6 p.m. Pittsford Village Farm, 42 Elm St., Pittsford. Free.

Hosted by Pittsford Village Farm, Tuesdays series presents nine outdoor concerts throughout the summer season. These events are free and open to the public. Food truck will be on site. [pittsfordvillagefarm.org](http://pittsfordvillagefarm.org)

## Slate Valley Trail Women's Mountain Bike Group Rides

5:30 p.m. Fairgrounds Trailhead, Poultney.

Join Slate Valley each Tuesday night for our weekly Women's Mountain Bike Group Rides. Ride with an amazing group of women on our beautiful SVT trail network. We will incorporate skills and optional bike wrenching as well. This is a no drop ride and all are welcome. We will honor an inclusive and supportive environment for any person who identifies as a woman. For more information visit: [slatevalleytrails.com](http://slatevalleytrails.com)

## Aug. 7

### Seven to Sunset Concert Series: Rick Redington & The Luv

7 p.m. Main Street Park in Rutland. Free.

Join us for the Rutland Recreation and Parks Dept. 2024 Summer Concert Series, Rutland City's summertime tradition. A new band will play from the gazebo at Main Street Park every Wednesday throughout the summer. Bring your lawn chairs, blankets, and picnic dinner to Main Street Park on Wednesday evenings. For more info: [rutlandrec.com/7tosunset](http://rutlandrec.com/7tosunset).

### Music at the Riverbend: Breanna & the Boys

6 p.m. Behind the Brandon Inn in Brandon. Free. For more info visit [brandon.org](http://brandon.org).

### Cavendish Concert Series: Bear Mountain Boys

6 p.m. SVEC Memorial Green, Proctorsville. Free. For more info visit: [cavendishconnects.com](http://cavendishconnects.com)

### Artistree Summer Concert Series: Los Lorcas

6:30 p.m. Artistree Community Arts Center, 2095 Pomfret Road, South Pomfret.

Free.

Bring a chair and pack a picnic and enjoy live music on the hillside. This concert is weather dependent. No pets allowed. Service animals specifically trained to aid a person with a disability are welcome. For more info visit [artistreevt.org](http://artistreevt.org).

### Killington Bike Bum Race Series

2 p.m. Killington Resort. Costs vary.

Get ready for a local race series that's all about fun and friendly competition! The 10-week race series is held Wednesday afternoons from 2-5 p.m. Sign up to ride solo, or form a team of up to five people. Teams may be made up of any combination of age categories. Teams require a minimum of three people in order to score points. For more information visit: [killingtonmountainbikeclub.org](http://killingtonmountainbikeclub.org)

## Aug. 8

### River Road Concert Series: Chili Cook-off with the John Lackard Blues Band (5 p.m. at K-1)

5 p.m. K-1 Base Lodge in Killington. Free.

The concerts are held on Thursday evenings at 6 p.m. behind the library. Bands set up near the building and patrons can bring picnic suppers, lawn chairs, blankets, etc to enjoy the show. The concerts are scheduled rain or shine. For more info visit: [sherburnelibrary.org](http://sherburnelibrary.org).

## Killington Golf Course League Nights

4:30 p.m. Killington Golf Course

Michelob ULTRA and the Killington golf course are teeing it up on League Night every Thursday, with exciting contests and great prizes for top team gross scores and flag event winners. The format is a 9-hole scramble tournament, rotating between the front and back nine each week. Sign-up as a team or as an individual. Call the golf pro shop any day before 3 p.m. Wednesday to sign-up as an individual or team and find out what's on the menu. If you try to sign-up on Thursday, you could be turned away. For more info visit [killington.com](http://killington.com). To register call: 802-422-6700.

## Aug. 9

### Music by the River: Mystic Bowie & Talking Dreads

6 p.m. East End Park, Woodstock. Free.

Pentangle Arts is proud to present our Annual Music by the River concert series of free outdoor concerts featuring both regionally and nationally renowned artists. [pentanglearts.org](http://pentanglearts.org)

### Shrewsbury Meeting House Concert Series: Noah Harley & Roots and Shoots of Country Music

6 p.m. Shrewsbury Meeting House at 88 Lottery Road in Shrewsbury. Free.

There is lots of room to spread out, dance, and enjoy the company of others. For more info visit Shrewsbury Meeting House Concert Series on Facebook.

## Aug. 10

### Pond Hill Ranch Rodeo

7:30 p.m. Pond Hill Road, Castleton. \$15 adults, \$10 kids (6-11)

Pond Hill Pro Rodeo Company events include bareback bronc riding, calf roping, steer wrestling, team roping, saddle bronc riding, girls' barrel racing, girls' break away roping, and bull riding. For outstanding family fun plan to join Pond Hill Ranch Saturday nights at 7:30 pm rain or shine. For more info visit [pondhill-ranch.com](http://pondhill-ranch.com).

### Slate Valley Scramble

8:30 a.m. Slate Valley Trails' Fairgrounds in Poultney. Prices vary based on event.

The Slate Valley Scramble is a trail running race that features an 8K, half marathon, and kid's fun run. The race takes place on some of VT's newest and best single & double-track trails on Slate Valley Trails' network in Poultney, Vermont. For more info and to register visit [slatevalleytrails.org](http://slatevalleytrails.org).

### Cooler in the Mountains Concert Series: CDBB

3 p.m. K-1 base area of Killington Resort. Free.

Join Killington Resort at the Snowshed Lodge base area on Saturdays this summer from 3 – 5:30 p.m. for a free outdoor concert series. Grab a lawn chair, a beach blanket, and the whole family and head to K-1 for this all-ages event. The concert series will take place every Saturday from June 29–Aug. 31. For more information visit [killington.com](http://killington.com).



# CALENDAR OF EVENTS

Continued from page 44

## Aug. 10-11

### 63rd Annual Art in the Park Summer Festival

**All day. Main Street Park in Rutland. Free.** The Chaffee Art Center invites you to the 62nd annual Summer Art in the Park Festival featuring fine art and crafts, specialty foods, kids' activities, food concession, and musical entertainment. For more info visit [chaffeeart-center.org](http://chaffeeart-center.org).

## Aug. 13

### Summer Concerts at the Pavilion: TS ENSEMBLE

**7 p.m. Castleton Pavilion. Free** Concerts run from June 25 to Aug. 13, every Tuesday evening. These concerts are free and open to the public and will be held rain or shine. Dugout Dogs will provide concessions, while Vermont State University Castleton will collect non-perishable food items at each concert to support the Castleton food shelf. Bring your chairs by anytime after 5 p.m. on the concert night. Meet the artist's reception following the performance. For more info: Castleton Conferences & Events @ 802-468-6039.

### Tuesdays on the Farm: Mr. Moose and Friends

**6 p.m. Pittsford Village Farm, 42 Elm St., Pittsford. Free.** Hosted by Pittsford Village Farm, Tuesdays series presents nine outdoor concerts throughout the summer season. These events are free and open to the public. Food truck will be on site. [pittsfordvillagefarm.org](http://pittsfordvillagefarm.org)

### Slate Valley Trail Women's Mountain Bike Group Rides

**5:30 p.m. Fairgrounds Trailhead, Poultney.** Join Slate Valley each Tuesday night for our weekly women's mountain bike group rides. Ride with an amazing group of women on our beautiful SVT trail network. We will incorporate skills and optional bike wrenching as well. This is a no drop ride and all are welcome. We will honor an inclusive and supportive environment for any person who identifies as a woman. For more information visit: [slatevalleytrails.com](http://slatevalleytrails.com)

## Aug. 13 - 17

### 178th Vermont State Fair

**All Day. Vermont State Fairgrounds. Prices vary.**

One of the oldest state fairs in the United States, the Vermont State Fair features amusement rides, performances, a demolition derby, races, fireworks, and more every Aug. For more info visit [vermontstatefair.org](http://vermontstatefair.org).

## Aug. 14

### 'Abducted by the 80's'

**7:30 p.m. Vermont State Fairgrounds, 175 So. Main St., Rutland. \$40-\$50.**

Wang Chung, A Flock of Seagulls, Naked Eyes and Animation have joined forces to create a musical extravaganza that transports audiences to the heart of the neon-soaked, synth-driven decade.

### Music at the Riverbend: Tom Caswell Blues Band

**6 p.m. Behind the Brandon Inn in Brandon. Free.** For more info visit [brandon.org](http://brandon.org).

### Artistree Summer Concert Series: The Panhandlers

**6:30 p.m. Artistree Community Arts Center, 2095 Pomfret Road, South Pomfret. Free.** Bring a chair and pack a picnic and enjoy live music on the hillside. This concert is weather dependent. No pets allowed. Service animals specifically trained to aid a person with a disability are welcome. For more info visit [artistreevt.org](http://artistreevt.org).

### Killington Bike Bum Race Series

**2 p.m. Killington Resort. Costs vary.** Get ready for a local race series that's all about fun and friendly competition! The 10-week race series is held Wednesday afternoons from 2-5 p.m. Sign up to ride solo, or form a team of up to five people. Teams may be made up of any combination of age categories. Teams require a minimum of three people in order to score points. For more information visit: [killingtonmountainbikeclub.org](http://killingtonmountainbikeclub.org)

## Aug. 15

### DNA Motorsports Demolition Derby

**7 p.m. Vermont State Fairgrounds, 175 So. Main St., Rutland. \$12.**

### Fair Haven Concerts in the Park: Aaron Audet

**7 p.m. Fair Haven Town Park. Free.** Concerts in the Park presents: Aaron Audet. Bring your chairs by anytime after 5 p.m. on concert night. Hot dogs, chips, and soda each night, plus a 50/50 drawing each night. Picnic tables in the park for your family to enjoy supper before the concert. For more info visit: [poultneyareachamber.com](http://poultneyareachamber.com).

### River Road Concert Series: Shell-house

**6 p.m. Sherburne Memorial Library in Killington. Free.**

The concerts are held on Thursday evenings at 6pm behind the library. Bands set up near the building and patrons can bring picnic suppers, lawn chairs, blankets, etc to enjoy the show. The concerts are scheduled rain or shine. For more info visit: [sherburnelibrary.org](http://sherburnelibrary.org).

### Killington Golf Course League Nights

**4:30 p.m. Killington Golf Course.** Michelob ULTRA and the Killington golf course are teeing it up on League Night every Thursday, with exciting contests and great prizes for top team gross scores and flag event winners. The format is a 9-hole scramble tournament, rotating between the front and back nine each week. Sign-up as a team or as an individual. Call the golf pro shop any day before 3 p.m. Wednesday to sign-up as an individual or team and find out what's on the menu. If you try to sign-up on Thursday, you could be turned away. For more info visit [killington.com](http://killington.com). To register call: 802-422-6700.

## Aug. 16

### Friday Night Live: Zach Nugent's Dead Set

**Center Street in Downtown Rutland. Free.** Folks can enjoy activities, giveaways, shopping, visiting vendors, food trucks, and more.

### Music by the River: The Tricksters

**6 p.m. East End Park, Woodstock. Free.** Pentangle Arts is proud to present our annual Music by the River concert series of free outdoor concerts featuring both regionally and nationally renowned artists. [pentanglearts.org](http://pentanglearts.org)

### RPM Flat Track Motorcycle Racing

**6:30 p.m. Vermont State Fairgrounds, 175 So. Main St., Rutland. \$12**

## Aug. 17

### Tyler Hubbard @ the Vermont State Fair

**8:15 p.m. Vermont State Fairgrounds, 175 So. Main St., Rutland. \$46.50**

With 21 No.1 singles on country radio, countless awards, and sold-out tours, Tyler Hubbard has already had a remarkable career as a songwriter and as one half of multi-platinum duo Florida Georgia Line. Hubbard's debut solo album, aptly titled Tyler Hubbard, was released in January 2023 and has amassed more than 1 billion streams to date. It features Hubbard's hit debut solo single "5 Foot 9," which hit No. 1 at Country Radio, was certified 2x Platinum by the RIAA and has 551M global streams. It also features Hubbard's second No. 1 single, "Dancin' In The Country," which has amassed more than 400M global streams, has been certified Platinum by the RIAA, and marked his second No. 1 at Country Radio. Hubbard has made several television appearances as a solo artist, most recently at NBC's TODAY Show, and also on the CMT Music Awards, Good Morning America and The Tonight Show Starring Jimmy Fallon. Hubbard's new radio single "Back Then Right Now" is out now, and it is the first of Hubbard's album 'Strong,' which is due April 12 via EMI Nashville.

### Cooler in the Mountains Concert Series: Soulshine Revival

**3 p.m. K-1 base area of Killington Resort. Free.** Join Killington Resort at the Snowshed Lodge base area on Saturdays this summer from 3 - 5:30 p.m. for a free outdoor concert series. Grab a lawn chair, a beach blanket, and the whole family and head to K-1 for this all-ages event. The concert series will take place every Saturday from June 29 - Aug. 31. For more information visit [killington.com](http://killington.com).

### Country Girl Diner Summer Concert Series: Rustie Bus

**5 p.m. Country Girl Diner, Rt. 103, Chester. Free.** Family friendly outdoor venue. BYOB chairs, coolers, blankets encouraged. Snack bar will be open. Additional free parking across the street at Rockingham Vet Clinic.

### Pond Hill Ranch Rodeo

**7:30 p.m. Pond Hill Road, Castleton. \$15 adults, \$10 kids (6-11)**

Pond Hill Pro Rodeo Company events include bareback bronc riding, calf roping, steer wrestling, team roping, saddle bronc riding, girls' barrel racing, girls' break away roping, and bull riding. For outstanding family fun plan to join Pond Hill Ranch Saturday nights at 7:30 pm rain or shine. For more info visit [pondhillranch.com](http://pondhillranch.com).

## Aug. 20

### Slate Valley Trail Women's Mountain Bike Group Rides

**5:30 p.m. Fairgrounds Trailhead, Poultney.** Join Slate Valley each Tuesday night for our weekly women's mountain bike group rides. Ride with an amazing group of women on our beautiful SVT trail network. We will incorporate skills and optional bike wrenching as well. This is a no drop ride and all are welcome. We will honor an inclusive and supportive environment for any person who identifies as a woman. For more information visit: [slatevalleytrails.com](http://slatevalleytrails.com)

## Aug. 21

### Music at the Riverbend: Extra Stout

**6 p.m. Behind the Brandon Inn in Brandon. Free.** For more info visit [brandon.org](http://brandon.org).

### Artistree Summer Concert Series: Grey Cats

**6:30 p.m. Artistree Community Arts Center, 2095 Pomfret Road, South Pomfret. Free.**

Bring a chair and pack a picnic and enjoy live music on the hillside. This concert is weather dependent. No pets allowed. Service animals specifically trained to aid a person with a disability are welcome. For more info visit [artistreevt.org](http://artistreevt.org).



177<sup>th</sup> Vermont State Fair

AUG. 15-19, RUTLAND



# CALENDAR OF EVENTS

Continued from page 45

## Killington Bike Bum Race Series 2 p.m. Killington Resort. Costs vary.

Get ready for a local race series that's all about fun and friendly competition! The 10-week race series is held Wednesday afternoons from 2-5 p.m. Sign up to ride solo, or form a team of up to five people. Teams may be made up of any combination of age categories. Teams require a minimum of three people in order to score points. For more information visit: [killingtonmountainbikeclub.org](http://killingtonmountainbikeclub.org)

## Aug. 22

### River Road Concert Series: Mr. Moose & Friends

6 p.m. Sherburne Memorial Library in Killington. Free.

The concerts are held on Thursday evenings at 6 p.m. behind the library. Bands set up near the building and patrons can bring picnic suppers, lawn chairs, blankets, etc to enjoy the show. The concerts are scheduled rain or shine. For more info visit: [sherburnelibrary.org](http://sherburnelibrary.org).

### Killington Golf Course League Nights

4:30 p.m. Killington Golf Course.

Michelob ULTRA and the Killington golf course are teeing it up on League Night every Thursday, with exciting contests and great prizes for top team gross scores and flag event winners. The format is a 9-hole scramble tournament, rotating between the front and back nine each week. Sign-up as a team or as an individual. Call the golf pro shop any day before 3 p.m. Wednesday to sign-up as an individual or team and find out what's on the menu. If you try to sign-up on Thursday, you could be turned away. For more info visit [killington.com](http://killington.com). To register call: 802-422-6700.

## Aug. 24

### Cooler in the Mountains Concert Series: Rumboat Chili

3 p.m. K-1 base area of Killington Resort. Free.

Join Killington Resort at the Snowshed Lodge base area on Saturdays this summer from 3 - 5:30 p.m. for a free outdoor concert series. Grab a lawn chair, a beach blanket, and the whole family and head to K-1 for this all-ages event. The concert series will take place every Saturday from June 29 - Aug. 31. For more information visit [killington.com](http://killington.com).

## Pond Hill Ranch Rodeo

7:30 p.m. Pond Hill Road, Castleton. \$15 adults, \$10 kids (6-11)

Pond Hill Pro Rodeo Company events include bareback bronc riding, calf roping, steer wrestling, team roping, saddle bronc riding, girls' barrel racing, girls' break away roping, and bull riding. For outstanding family fun plan to join Pond Hill Ranch Saturday nights at 7:30 pm rain or shine. For more info visit [pondhillranch.com](http://pondhillranch.com).

### Killington Golf Course League-Nights

4:30 p.m. Killington Golf Course

Sign-up as a team or as an individual. Call the golf pro shop any day before 3 p.m. Wednesday to sign-up as an individual or team and find out what's on the menu. If you try to sign-up on Thursday, you could be turned away. For more information visit [killington.com](http://killington.com). To register call the Golf Pro Shop at: 802-422-6700.

## Aug. 27

### Slate Valley Trail Women's Mountain Bike Group Rides

5:30 p.m. Fairgrounds Trailhead, Poultnery.

Join Slate Valley each Tuesday night for our weekly women's mountain bike group rides. Ride with an amazing group of women on our beautiful SVT trail network. We will incorporate skills and optional bike wrenching as well. This is a no drop ride and all are welcome. We will honor an inclusive and supportive environment for any person who identifies as a woman. For more information visit: [slatevalleytrails.com](http://slatevalleytrails.com)

## Aug. 28

### Music at the Riverbend: Red Hot Jubba

6 p.m. Behind the Brandon Inn in Brandon. Free. For more info visit [brandon.org](http://brandon.org).

### Artistree Summer Concert Series: Prickly Heat Tantalizers

6:30 p.m. Artistree Community Arts Center, 2095 Pomfret Road, South Pomfret. Free. Bring a chair and pack a picnic and enjoy live music on the hillside. This concert is weather dependent. No pets allowed. Service animals specifically trained to aid a person with a disability are welcome. For more info visit [artistreevt.org](http://artistreevt.org).

## Killington Bike Bum Race Series

2 p.m. Killington Resort. Costs vary.

Get ready for a local race series that's all about fun and friendly competition! The 10-week race series is held Wednesday afternoons from 2-5 p.m. Sign up to ride solo, or form a team of up to five people. Teams may be made up of any combination of age categories. Teams require a minimum of three people in order to score points. For more information visit: [killingtonmountainbikeclub.org](http://killingtonmountainbikeclub.org)

## Aug. 29

### River Road Concert Series: Stone & Show

6 p.m. Sherburne Memorial Library in Killington. Free.

The concerts are held on Thursday evenings at 6pm behind the library. Bands set up near the building and patrons can bring picnic suppers, lawn chairs, blankets, etc to enjoy the show. The concerts are scheduled rain or shine. For more info visit: [sherburnelibrary.org](http://sherburnelibrary.org).

### Killington Golf Course League Nights

4:30 p.m. Killington Golf Course.

Michelob ULTRA and the Killington golf course are teeing it up on League Night every Thursday, with exciting contests and great prizes for top team gross scores and flag event winners. The format is a 9-hole scramble tournament, rotating between the front and back nine each week. Sign-up as a team or as an individual. Call the golf pro shop any day before 3 p.m. Wednesday to sign-up as an individual or team and find out what's on the menu. If you try to sign-up on Thursday, you could be turned away. For more info visit [killington.com](http://killington.com). To register call: 802-422-6700.

## Aug. 31

### Cooler in the Mountains Concert Series: Annie in the Water

3 p.m. K-1 base area of Killington Resort. Free.

Join Killington Resort at the Snowshed Lodge base area on Saturdays this summer from 3 - 5:30 p.m. for a free outdoor concert series. Grab a lawn chair, a beach blanket, and the whole family and head to K-1 for this all-ages event. The concert series will take place every Saturday from June 29 - Aug. 31. For more information visit [killington.com](http://killington.com).

## Pond Hill Ranch Rodeo

7:30 p.m. Pond Hill Road, Castleton. \$15 adults, \$10 kids (6-11)

Pond Hill Pro Rodeo Company events include bareback bronc riding, calf roping, steer wrestling, team roping, saddle bronc riding, girls' barrel racing, girls' break away roping, and bull riding. For outstanding family fun plan to join Pond Hill Ranch Saturday nights at 7:30 pm rain or shine. For more info visit [pondhillranch.com](http://pondhillranch.com).

## Sept. 3

### Slate Valley Trail Women's Mountain Bike Group Rides

5:30 p.m. Fairgrounds Trailhead, Poultnery.

Join Slate Valley each Tuesday night for our weekly women's mountain bike group rides. Ride with an amazing group of women on our beautiful SVT trail network. We will incorporate skills and optional bike wrenching as well. This is a no drop ride and all are welcome. We will honor an inclusive and supportive environment for any person who identifies as a woman. For more information visit: [slatevalleytrails.com](http://slatevalleytrails.com)

## Sept. 4

### Artistree Summer Concert Series: Route 5 Jive Trio

6:30 p.m. Artistree Community Arts Center, 2095 Pomfret Road, South Pomfret. Free.

Bring a chair and pack a picnic and enjoy live music on the hillside. This concert is weather dependent. No pets allowed. Service animals specifically trained to aid a person with a disability are welcome. For more info visit [artistreevt.org](http://artistreevt.org).

### Killington Bike Bum Race Series

2 p.m. Killington Resort. Costs vary.

Get ready for a local race series that's all about fun and friendly competition! The 10-week race series is held Wednesday afternoons from 2-5 p.m. Sign up to ride solo, or form a team of up to five people. Teams may be made up of any combination of age categories. Teams require a minimum of three people in order to score points. For more information visit: [killingtonmountainbikeclub.org](http://killingtonmountainbikeclub.org)

## Sept. 5

### Killington Golf Course League Nights

4:30 p.m. Killington Golf Course

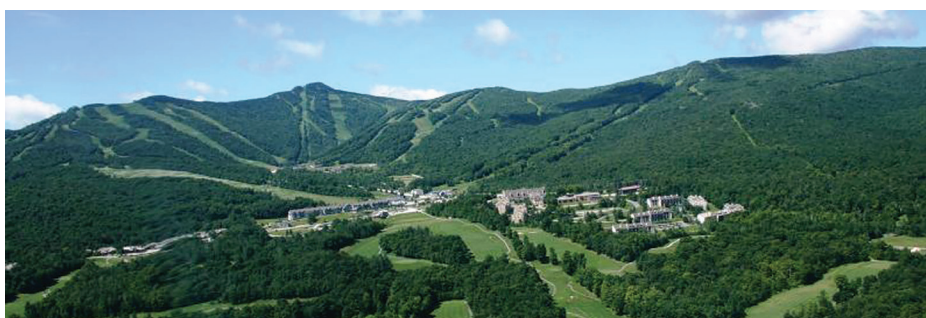
Michelob ULTRA and the Killington golf course are teeing it up on League Night every Thursday, with exciting contests and great prizes for top team gross scores and flag event winners. The format is a 9-hole scramble tournament, rotating between the front and back nine each week. Sign-up as a team or as an individual. Call the golf pro shop any day before 3 p.m. Wednesday to sign-up as an individual or team and find out what's on the menu. If you try to sign-up on Thursday, you could be turned away. For more info visit [killington.com](http://killington.com). To register call: 802-422-6700.

## Sept. 6

### Friday Night Live: Foreigners Journey

Center Street in Downtown Rutland. Free.

Rutland's favorite concert series returns this summer with free performances downtown! Folks can enjoy activities, giveaways, shopping, visiting vendors, food trucks, and more.



**Golfing League Nights**  
THURSDAY NIGHTS AT KILLINGTON GOLF COURSE

DATES AND TIMES ARE SUBJECT TO CHANGE. PICK UP A COPY OF THE MOUNTAIN TIMES NEWSPAPER OR [MOUNTAINTIMES.INFO](http://MOUNTAINTIMES.INFO) FOR UP-TO-DATE SCHEDULES.



# LEMONADE FOR SALE

"Young entrepreneurs in action! Local kids bring smiles and refreshment with their homemade lemonade stand on a sunny summer afternoon."



By Lindsey Rogers

Kids sell lemonade to folks heading to the Chittenden Reservoir in Chittenden



By Paul Holmes

## Spartan race

SEPT. 16-17, KILLINGTON RESORT

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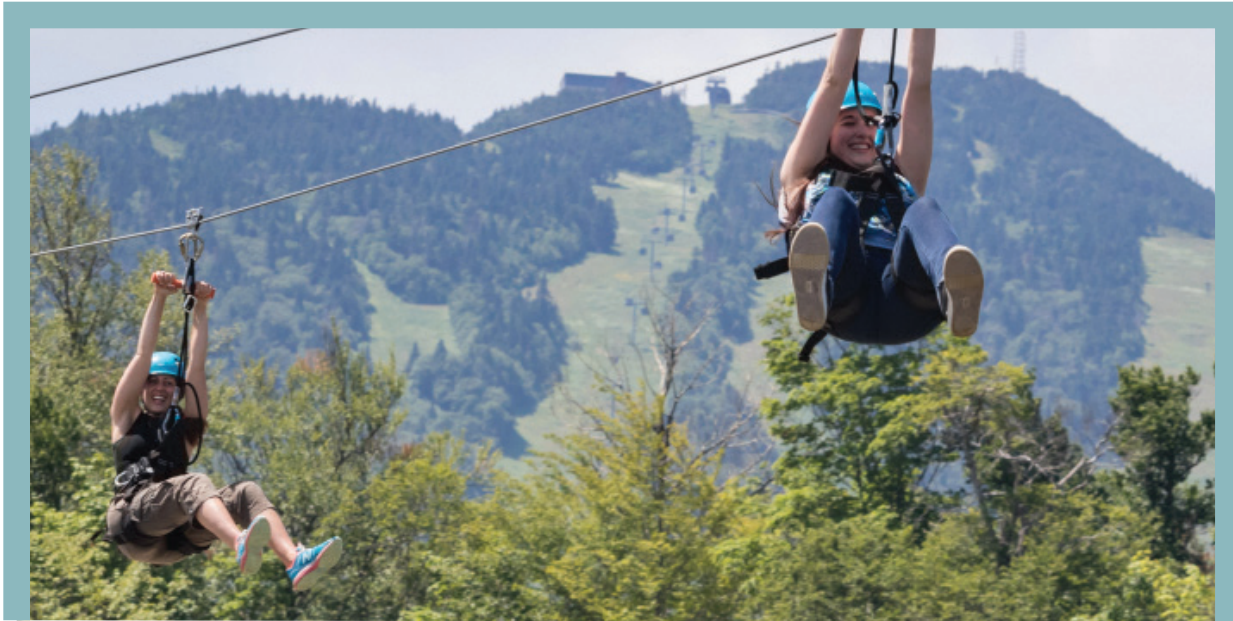
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# Killington Adventure Center

- **BEAST MOUNTAIN COASTER**
- **SKYE ROPES COURSE**
- **SOARING EAGLE**
- **ZIP LINE RACER**
- **WOODWARD WRECKTANGLE**
- **TRAMPOLINE JUMP**
- **AMAZE'N MAZE**



Courtesy Killington Resort  
The 950-foot-long dual Zipline Racer reaches fast speeds as it swoops down across Snowshed pond toward the Grand Hotel.



By Polly Mikula

Sam Mikula, 13, leans out from the top tier of the Skye Ropes Course. Only the bravest venture to the top!



By Robin Alberti

The Beast Mountain Coaster is 4,800 feet-long with 360-degree turns providing a thrilling experience.



By Polly Mikula

The view from the Beast Mountain Coaster as it travels up Snowshed Mountain.



# Killington Adventure Center

## Kids weigh in...

For an honest analysis of the fun at Killington's Adventure Center, we asked kids age 4-14 to weigh in on their experiences. We asked: What is your favorite ride/activity at the Killington Adventure Center? Why?

**Ida Parini, 5:** I like the maze because it's really hard and I like hard things. I like to do it with my cousins and I like to find the letters that are up high so I can see out.

**Aksel Forsthuber, 6:** My favorite part of the Adventure Center is the ropes course 'cause it has three levels. My second favorite is the rollercoaster — [cars] 15 and 32 go super fast. My third favorite is the Soaring Eagle because it makes a loud sound.

**Liesl Forsthuber, 4:** I like the Mountain Coaster because it goes super fast. And I like to get wet... when the [buckets] fill up and then dump out and we all get soaked! And I also really like to find rocks and shells in the water [panning for gems at the Roaring Brook Mining station].

**Esmé Mikula, 6:** I like the trampolines because I can do flips backwards and forwards. I sometimes get stuck upside-down which is really really funny.

**Sam Mikula, 14:** The Dual zip lines are thrilling! And it's cool to soar high over everyone from the launch pad up on Snowshed across the pond to the Grand Hotel.



By Polly Mikula  
Elsie and Ida Parini set off on the Beast Coaster.

By Robin Alberti  
The trampolines have bungees providing more air-time.



Courtesy Killington Resort  
The Soaring Eagle brings participants up backward then lets 'em fly! Enjoy the great view of Snowshed Pond!



# SUMMER GARDENING TIPS AND TRICKS

By Mary Ellen Shaw

It's easy to get carried away when you are in a garden center and see row after row of beautiful plants. The trick is to not buy more plants than you are willing to take care of as the season moves forward. Summer activities could end up competing with the time it takes to tend a garden.

I will share with you a few things I have learned over the years that might help those of you who are new to gardening. Most of these tips can be applied anywhere, but for reference I live in Rutland (gardening in higher elevations could be slightly different, pay attention to your zone when buying flowers).

Start small and enlarge or create new garden areas as time goes by. It can be overwhelming to tackle big projects all at once. If you are looking for an attractive garden area that doesn't consist of flowers try a variety of shrubs instead. They are beautiful in a different way and are a lot less work!

Mulching your garden will control the weeds and help to retain moisture. I used to get mulch in bags from garden centers but when you have a lot of areas to cover it's worth having it delivered. That means there are no heavy bags to unload and I can work my way through the pile a little at a time. I love the fragrance of cedar bark mulch. I find that late April is the best time to spread mulch as the perennial and bulb flowers are small then and stems are less apt to get broken, but you can do this anytime.

If you are looking for constant color in your garden you can mix annuals in with the perennials. Annuals will remain in full bloom right up until frost arrives in the fall. An inexpensive way to have annuals is to plant them from seed. If you have mulched your garden earlier in the season you will need to push it aside from the section where you sow seeds or they will not germinate. Because the area where you plant seeds is small no one will notice

that a little mulch has been removed unless they are very close to that section. Zinnias, cosmos and calendulas are great choices to grow from seed. It will take about two months for the seeds to produce mature flowers. When your perennials have pretty much all gone by, the ones you sow from seed can take over the role of continuing color.

When arranging plants in a garden a circular pattern is more pleasing to the eye than a row of plants. This applies to bulb plants as well as annuals and perennials. Planting odd numbers of the same plant in a circle provides a nice "pop of color." I like to do a circle of four plants with one more in the center. Planting similar plants in drifts gives a bigger impact.

Also check the tags that come with the plants for their mature height. That way the shorter plants can be placed in the front.

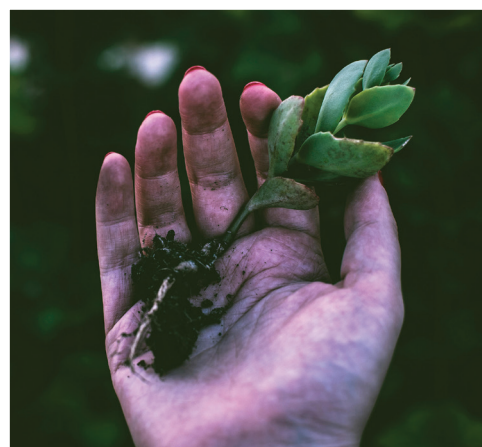
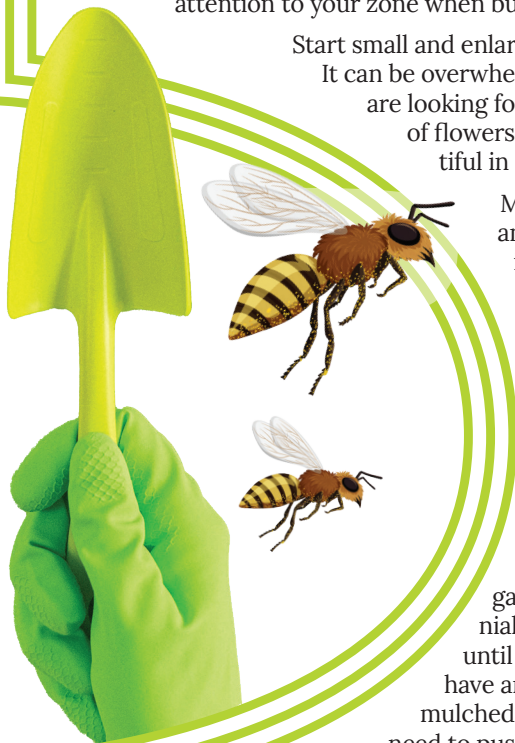
If you opt to have a garden filled with shrubs instead of flowers don't be fooled by the fact that they look small when you see them in containers at a garden center. They will grow quickly in the ground because they will have the space they need. Check the tag for both the height and width to leave room for future growth. The garden will fill in quicker than you think!

I like cypress and juniper bushes because the gold and blue hues "play off" each other nicely. Gold mop cypress is in a couple of my gardens. It is considered a dwarf but when mature it is actually a good-sized shrub. Blue star juniper goes nicely with cypress. When you remove shrubs from their containers "tease out" the roots that have become circular in the pots. This allows them spread out and grow in all directions.

If you are growing veggies in a limited space choose the ones you enjoy eating the most. The Farmers' Markets will have plenty of other selections for you. I like to grow veggies that I can freeze and enjoy all winter. Zucchini can be pureed and placed in freezer bags for bread or muffins. Just fill each bag with the proper amount needed in your recipe. Kale can also be frozen for multiple uses all winter, such as in soups or omelets. There is nothing like fresh tomatoes from your garden. They can also be used in sauce and frozen for that purpose.

After doing all the hard work that goes with making a garden look nice the "finishing touch" is to edge the garden. Not only will it look neater it will also help to keep grass from entering the perimeter.

The gardening season in Vermont is short. Enjoy your time spent playing in the dirt!





# FLOWERS IN THE VEGETABLE GARDEN?

By Deborah J. Benoit, UVM extension master gardener

There's no denying they're pretty, but did you know there are practical reasons to plant flowers among the vegetables in your garden?

Pollination is a vital component in a successful vegetable garden. Planting flowers is like ringing the dinner bell for bees, butterflies and other pollinators. They'll be attracted to the flowers and stay to visit the blossoms on your vegetables, contributing to a bumper crop.

In addition to attracting pollinators to food crops, flowers can also help deter pests. Some flowers can act as a trap, luring pests away from food producing crops. Plant "trap plants" apart from the vegetables that they are intended to protect so pests are lured away.

Pick up starter-sized flowers along with those for your vegetable crop when you visit your local nursery or start them from seed at home if you plan ahead in the spring. Many can be direct sown in the garden once all danger of frost has passed.

Starting flowers from seed can be a money saver since, unlike vegetables that you may only want one or two of each type, you can use the same variety of marigold or sunflower throughout the garden, making use of more seeds in each packet.

When you select the flowers to add to your vegetable garden, consider choosing varieties that are edible. They make great additions to salads and other dishes. The petals can be candied and added to desserts. Just be sure not to use pesticides or other chemicals on any flowers that you intend to consume and rinse well before eating.

If you're ready to try planting flowers alongside the veggies in your garden, it

makes sense to plant annual flowers to accompany annual vegetables. At the end of the growing season, you can clear the garden without being concerned about disturbing the roots of perennials overwintering there. Spring planting is simpler because you won't need to take into account where the perennials are located and work around them.

Since most vegetable crops require full sun, select flowers that will thrive in a sunny location. Also consider the height and amount of ground the mature plants will cover.

A row of sunflowers (*Helianthus*) along the north side of the garden will not only attract pollinators, but the tall, rigid stalks can double as a support for vining crops such as pole beans or peas.

Nasturtiums (*Tropaeolum majus*), with their bold color and funnel-shaped flowers, can attract hummingbirds, who are not only pollinators but will help control flying insect pests in the garden. In addition, nasturtiums can serve as a trap plant for cabbageworms, white flies and aphids. Trailing varieties can be used as groundcover. Flowers and leaves are edible, and harvesting flowers or deadheading will help extend the blooming period.

Marigolds (*Tagetes*) are another edible flower that does more than attract pollinators. They also attract predatory insects such as lacewings, parasitic wasps and ladybugs that help control pests. In addition, they can serve as a trap plant to lure pests such as slugs away from vegetable plants.

Like the flowers mentioned above, zinnias (*Zinnia*) will add a splash of color to your vegetable garden and attract bees, butterflies and other pollinators. The petals are edible. Cut the flowers to enjoy indoors or deadhead spent flowers to promote continued blooming.

Whether you plant a border of flowers around your vegetable garden or interplant flowers among your vegetable crop, planting flowers and vegetables together creates a diverse garden that's not only pretty, but healthy and productive as well.







## Watch the **BIRDS**

Photos by Gordon Ellmers  
 (Above) Black-capped Chickadee eating the fuzzy berries of a Staghorn Sumac. (Below) Snowy Owl waiting for prey.

# Birding in Central VT offers lots of variety

By Brooke Geery

Whether you're new to birding or a seasoned pro, Central Vermont has a plenty of avian life to offer bird watchers. Most of the bird species that can be found throughout the state live in Rutland County. The Hermit Thrush, Vermont's state bird, can be found throughout the county. Its relative, the Bicknell's Thrush, can be found at higher elevations such as Killington Peak and Okemo Peak. Rutland County is also great for warblers, especially at the peak of spring migration in late May and early June.

"Because the county runs between the Green Mountains and the Taconics with lowlands and wetlands around the Otter Creek, we have a good variety of habitats," Sue Elliot of the Rutland County Audubon society said. "Good variety of habitats equals a good variety of birds!"

Places with shrubby edges and places with water are good for spotting birds. Weedy fields can also be good. "But you can look for birds anywhere!" Elliot added. "There is frequently a Peregrine Falcon on the steeple of Grace Congregational Church (I won't make a joke about a bird of pray/prey)."

Certain places, which the Audubon Society calls hotspots, are especially great for birding. For example, Lefferts Pond in Chittenden is an excellent spot and it is especially suited for easy walking and families.

Important Bird Areas (IBAs), such as West Rutland Marsh and the north end of Lake Bomoseen (north of the Float Bridge) are so noted because the type of habitat supports specific species. "In the case of West Rutland Marsh, it is one of the largest cattail marshes

in the state and supports Least Bittern and American Bittern, Sora and Virginia Rail along with other habitat-specific species such as Marsh Wren (it needs cattails for its nest) and Swamp Sparrow," Elliot said. "Least Bittern is a sought-after species in the state. The north end of Bomoseen is a nursery for ducks, especially Wood Duck."

Birding is best done at dawn and at dusk. In winter, cold and snow cover will drive more birds to the feeder, and they can be active at any time of day. If you'd like the birds to come to you, a feeder is great, "unless you have bears," Elliot warned. "A fed bear is a dead bear — always follow VT Fish & Wildlife recommendations."

Black oil sunflower seed is a good choice for feeders. "Some of the more inexpensive mixes contain filler such as red millet that many birds really don't eat," Elliot said. "People often feed ducks bread, but it isn't good for them and may actually cause harm." Elliot suggested using lettuce and frozen peas instead.

Once you've settled on a spot, binoculars and a bird guide are all that is really needed. More advanced birders and birders who like to scan lake edges in the distance usually invest in a spotting scope.

Elliot said another good thing to learn is to identify birds by sound, especially song. "It takes practice and it helps to go with someone or a group that you can learn from. I can't recommend learning to bird by ear enough."

If you're looking for the opportunity to mingle with and learn from other birders, Rutland County Audubon



has a monthly walk at West Rutland Marsh year round. Not only is birding a great hobby, it can also help birds. By contributing sightings, people can help ornithologists and conservationists understand the distribution, migration, changes, etc. pertaining to birds. Cornell Lab of Ornithology has among the world's largest biodiversity-related catalogue, with more than 100 million bird sightings contributed annually. There is also a Vermont portal at [ebird.org/vt/home](http://ebird.org/vt/home).

For more information on hotspots and events visit [rutlandcountyaudubon.org](http://rutlandcountyaudubon.org).





Photo by Gordon Ellmers  
Common Goldeneye male flying over a Vermont marsh.



Photo by Steve Costello  
Hermit Thrush, the Vermont state bird, rests on a branch at Pine Hill Park in Rutland.

## BIRDING AREAS

### VINS BRAGDON PRESERVE

VT Institute of Natural Science (VINS), 149 Natures Way, Quechee  
Upland forest, fields and meadows (80 acres)  
Location of VINS bird banding station which has been operated since 1981. More than 40,000 birds banded, approx. 120 different species.

### DEAD CREEK WILDLIFE MANAGEMENT AREA

966 Rte. 17W, Addison  
State managed wetlands and associated forests and agricultural fields (3,000 acres). Breeding location for state endangered species, migratory stopover. Important species include: the endangered Osprey and Upland Sandpiper, the threatened Black Tern, Snow and Canada Goose, Grasshopper Sparrow and numerous shorebirds.

### POULTNEY RIVER/ EAST BAY

West Haven  
Riparian and bottomland forest and associated wetlands adjacent to mountains (2,600 acres). Breeding location for state endangered species, site of long-term research. Important species include: Peregrine Falcon, Golden-winged Warbler, Blue-gray Gnatcatcher, Whip-poor-will.

### LAKE BOMOSEEN/ HUBBARDTON MARSH

Hubbardton  
Lake and associated wetlands (470 acres). Breeding location for rare marshbirds and high density of breeding waterfowl. Important species include: Least Bittern, Sora, Wood Duck and Pied-billed Grebe.

### WEST RUTLAND MARSH

Water St., West Rutland  
Extensive cattail marsh (2,100 acres). Breeding location for rare and priority species. Important species include: Least and American Bittern, Virginia Rail, Pied-billed Grebe and Blue-winged Warbler.

### PEREGRINE FALCON EYRIE

Statewide  
Breeding locations for recently recovered species. Important species include the endangered Peregrine Falcon.

### COMMON LOON LAKES

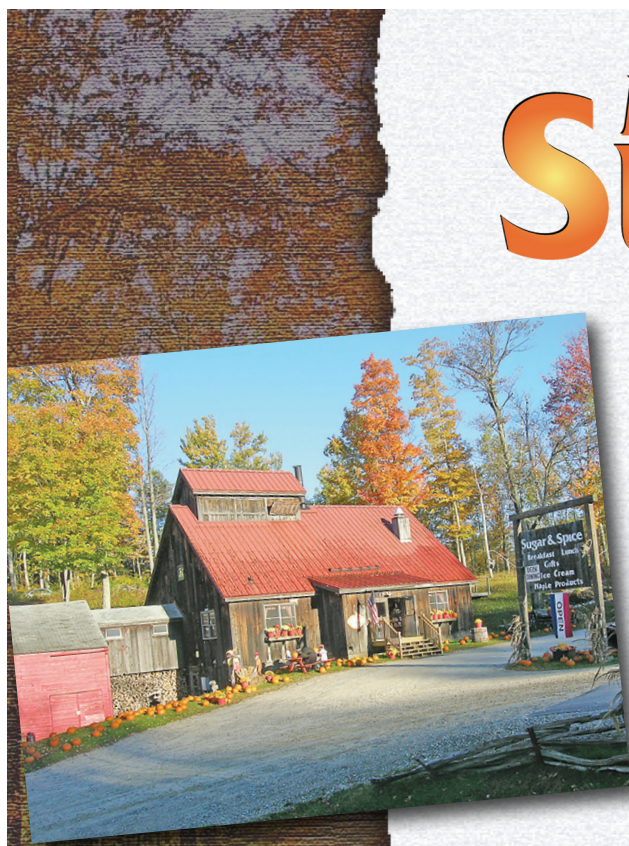
IBA Complex, Statewide  
Breeding lakes statewide. Breeding locations for recently recovered species. Important species include the endangered Common Loon.

### PINE HILL PARK

2 Oak St., Rutland  
Pine Hill Park offers 17 miles of trails in just 325 acres, plus the Carriage Trail and Redfield Trails add another 9 miles. Rocky Pond offers particularly great bird watching.

### BICKNELL'S THRUSH

Statewide  
Breeding location for priority species. Important species include Bicknell's Thrush and Blackpoll Warbler.



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**Take-out available.**



# Golfing the Greens

**EXPECT  
VARIED  
TERRAIN  
WITH  
STUNNING  
VIEWS**

From the most challenging to the simplest, Rutland County offers many good choices for all levels of skill. The Green Mountains offer a scenic backdrop but also create golf greens that will challenge even the most veteran golfer. Each outdoor course is nestled within the rolling terrain of Central Vermont — and, of course, stupendous sunsets above the emerald fairways.







## Green Mountain National Golf Course

**18**  
holes

**476 Barrows Towne Rd., Killington • 802-422-GOLF**

Don't be lulled by the magnificent views at Green Mountain National. The course is challenging but with five sets of tee boxes, playable for all abilities. You may not shoot the best score of your life at Green Mountain National, but you will walk away knowing your game's strengths and weaknesses. Shot selection and course management works best here. Like the mountains, Green Mountain National should be treated with respect.

## Killington Golf Course

**227 East Mountain Rd., Killington 802-422-6700**

**18**  
holes

Regardless of skill level or handicap, the breathtaking panoramas and gentle mountain breezes of the Killington Golf Resort combine to offer a refreshing round for any golfer. The mountainous terrain of the par-72 course challenges even the most polished of players, while allowing novices to enjoy a unique course in a beautiful alpine setting. Indeed, the cool summer breezes at 2,000-foot altitude produce optimal playing temperatures and ensure a spectacular round that demands a return.

## Prospect Bay Country Club

**111 Prospect Point Rd., Bomoseen 802-468-5581**

**9**  
holes

This scenic nine-hole course overlooks beautiful Lake Bomoseen. Prospect's short layout will reward good shots and provide a fun golf outing for everyone.

## Lake St. Catherine Country Club

**2395 Vt Route 30 S, Poultney 802-287-9341**

**18**  
holes

A short ride out to the Lakes Region, you'll discover a pretty little golf course that will please your senses but challenge your abilities to post a low score. Shot selection is crucial at Lake St. Catherine — you should recognize this fact from the first hole onward. Don't automatically pull out the driver, and be very careful selecting the right club for several radical uphill and downhill approach shots.

## Neshobe Golf Club

**227 Town Farm Rd., Brandon 802-247-3611**

**18**  
holes

As a test of golf, Neshobe requires patience and attention to surroundings in order to score well. You may note the original nine hole layout merged together with nine newer holes. Be careful: They don't necessarily play the same, particularly on the greens.

**18**  
holes

## Proctor-Pittsford Country Club

**311 Corn Hill Road, Pittsford 802-483-9379**

Proctor-Pittsford Golf Course is no "piece of cake," despite its innocent look. Perched on the crest of Corn Hill in Pittsford, the course offers many pretty vistas that can fool you into ignoring the challenges that you'll face in trying to make a decent score. The spectacular setting, friendly staff, and affordable rates make it a necessary and regular place to go. The course is semi-private, but tee times are generally available to the public.

## Rutland Country Club

**275 Grove St., Rutland • 802-773-3254**

**18**  
holes

Ranked among the best golf courses in the state, Rutland Country Club is a stop that no serious golfer should miss. Rutland has one of the older layouts in the region, and superior care and attention to the course has brought it to a mature and stately condition. To score well at Rutland, you'd better bring patience and your full "bag of tricks."

## Stonehedge Golf & Footgolf

**216 Squier Rd., North Clarendon 802-773-2666**

**9**  
holes

Just south of Rutland, Stonehedge Public Par 3 is a well maintained course that offers a renewed emphasis on quality play. A single pond judges faith in your swing.

## Stonehedge Indoor Golf

**172 So. Main St. in Rutland, by the railroad crossing • 802-779-9595**

Featuring six widescreen golf simulators, Stonehedge has virtual golf technology officially endorsed by both the PGA TOUR and the Golf Channel. The 3D-like graphics are visually stunning and accurate. The play technology will make you feel as though you're actually hitting onto the Island Green at TPC Sawgrass or overlooking the Pacific Ocean from one of the many signature holes at Pebble Beach! Experience playing 40+ world-famous golf courses without leaving Rutland! Stonehedge also offers a training package that will allow individual golfers or area golf pros/instructors to capture, evaluate and refine golf swings year round.



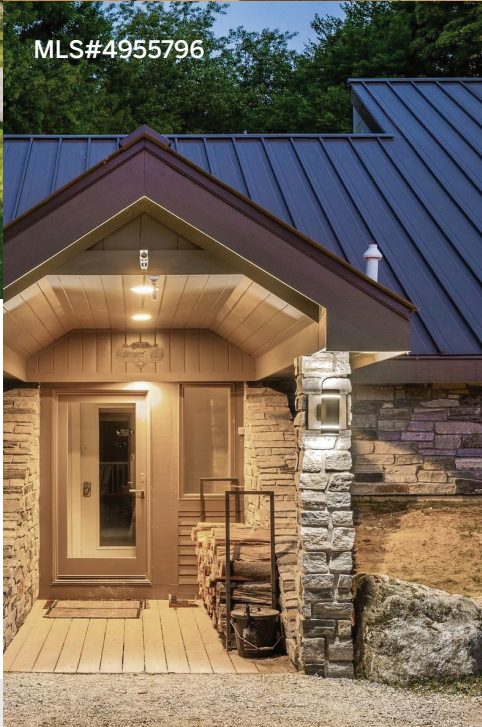


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**KILLINGTON**  
PARKS AND RECREATION



## Summer fun awaits!

### Fourth of July Celebration:

Parade, BBQ, Family Games, Fireworks



### Additional Programs & Events

- June 1st: Finding our Strides 5k Run/Walk benefits Killington Elementary School
- Johnson Recreation Pool opens June 15th with daily adult swim from 11 a.m.-12 p.m.
- Junior Golf League for ages 9-14 runs June 24-Aug. 26 in collaboration with GMNGC - Pickleball Club registration is now open. Membership includes court times reserved specifically for club members

### 2024 River Road Concert Series

Thursdays 6-7:30 p.m. June 27 through Aug. 29

At the Sherburne Memorial Library, 2998 River Road, Killington

Join us for **FREE live music!**

Bring a picnic, lawn chairs, friends and family!

- June 27: Bloodroot Gap
- July 4: Summit Pond Quartet  
\*Performance at Johnson Rec Center as part of the July 4th Fireworks Display. 6-9 p.m.\*
- July 11: TwangTown Paramours
- July 18: Ray Boston/ Bass Player
- July 25: Last Chair Band
- Aug. 1: Rick Redington and Tuff Love
- Aug. 8: John Lackard Blues Band  
\*Chili Cook-Off; Performance at K1 Base Lodge
- Aug. 15: Shellhouse
- Aug. 22: Moose and Friends (formerly Moose Crossing)
- Aug. 29: Stone and Snow



### Killington Chili Cook-Off 2024

Thursday, Aug. 8  
At K-1 Base Lodge,  
Killington Resort



For more info on Killington Rec programs and events visit: [killingtonvt.myrec.com](http://killingtonvt.myrec.com)

# CIRCUS SMIRKUS

## 2024 BIG TOP TOUR

### THE IMAGINARIUM

- JUNE 29: GREENSBORO, VT
- JULY 2, 3 & 4: WATERBURY, VT
- JULY 6 & 7: HANOVER, NH
- JULY 9, 10 & 11: MILTON, VT
- JULY 13 & 14: SWANZEY, NH
- JULY 17 & 18: HARWICH, MA
- JULY 20, 21 & 22: GREENFIELD, MA
- JULY 25, 26, 27 & 28: WALTHAM, MA

- JULY 30 & 31: SIMSBURY, CT
- AUGUST 2 & 3: NEWBURY, MA
- AUGUST 5 & 6: CUMBERLAND, ME
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## DISC GOLF

### BASE CAMP OUTFITTERS

2363 Rte. 4, Killington • 802-775-0166

Established in 2010 this course is arguably the hardest par 3 course in the state. Retail shop, beer, refreshments, and bathrooms on premises. There's a mix of tight and open holes at this course through the woods. The course is now free and open anytime. Rentals: \$6 for two discs.

### NORTHWOOD PARK DISC GOLF

195 Northwood Park Rd, Rutland • 802-558-7558

Established in 2020, this 9 hole course is part of a mixed use, public park maintained by Rutland Rec. It is open from dawn to dusk all year round. It's also dog friendly.

### PITTSFORD DISC GOLF

223 Recreation Area Rd, Pittsford • 802-483-6688

Established in 2009, this course at the Pittsford Recreation Area offers technical shots in the wooded course.

### CASTLETON DISC GOLF COURSE

190 University Dr, Castleton

Established in 2018, this heavily wooded course is good for beginners and intermediate disc golfers. 14-18 holes available to play. Maintained by the Castleton University Student Union.

### LAKE ST. CATHERINE STATE PARK

3034 VT Rte. 30, Poultney

Grand opening July 4, 2021. This course has three distinct areas: Section 1 (holes 1-6) are in an old apple orchard. They are fun, short holes with significant obstacles and ace opportunities. Section 2 (holes 7-12) requires a stronger arm. They go through the woods and a field that is full of great Vermont views and holes that ask you to rip long drives. Sections 3 (holes 13-18) are woods holes. They include a 645' par 5. Accurate drives are needed in this section to make par. In summer, when the park is open, the course starts and ends in the day use parking lot. The course is free to use but there is a park fee.

## Rules of Disc Golf

**DISC GOLF, SIMILAR TO TRADITIONAL GOLF, IS PLAYED BY THROWING A DISC FROM A TEE AREA TO A TARGET, TYPICALLY A METAL BASKET. THE GOAL IS TO COMPLETE EACH HOLE IN THE FEWEST NUMBER OF THROWS. BELOW ARE THE BASIC RULES OF DISC GOLF.**

### GENERAL RULES

**Objective:** Complete each hole in the fewest throws. The player with the lowest total score for the entire course wins.

**Starting the Game:** The player with the lowest score on the previous hole tees off first. For the first hole, the order is determined randomly.

**Tee Throws:** Each hole begins with a tee throw. Tee throws must be completed within or behind the designated tee area.

**Lie:** The spot where the previous throw landed. Subsequent throws must be made from directly behind the lie.

**Throwing Order:** After teeing off, the player farthest from the hole throws next.

**Fairway Throws:** Must be made from directly behind the lie. A run-up and follow-through are allowed, unless within 10 meters of the target (in which case, the player must demonstrate balance and control).

**Completion of the Hole:** A hole is completed when the disc comes to rest in the basket or chains.

**Out of Bounds (OB):** A throw that lands out of bounds must be played from the point where the disc went OB, with a one-throw penalty. Common OB areas include water hazards, roads, and designated OB lines.

### SPECIFIC RULES

**Mandatory (Mandos):** Some holes may have mandatory routes indicated by markers. If a player misses a mando, a penalty throw is added, and the next throw is made from a designated drop zone.

**Lost Discs:** If a disc is lost, the player must return to the previous lie and add a one-throw penalty.

**Casual Relief:** Players can seek relief from casual obstacles (such as water puddles or fallen branches) by moving to the nearest playable lie without penalty.

**10-Meter Rule:** Within 10 meters of the basket, players cannot step past the lie until establishing balance.

### ETIQUETTE

**Respect:** Always respect the course, other players, and nature. Avoid unnecessary noise and movement.

**Safety:** Ensure the fairway is clear before throwing.

**Pace of Play:** Maintain a steady pace to avoid slowing down other groups.

### SCORING

**Par:** Each hole has a par, representing the expected number of throws needed to complete the hole.

**Score:** Record the number of throws for each hole. Compare totals at the end of the round.

These rules provide a basic framework for disc golf. Players are encouraged to familiarize themselves with the specific rules and regulations of their local courses, as variations may exist.



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# Mountain biking continues to grow

By Polly Mikula

Vermont has seen exponential growth in mountain biking over the past few years. Killington Resort, which provides the largest network of trails in the area, has reached about 50,000 riders for the past two summers and expects even more visitors this season (the rain last summer caused a slight dip in ridership compared to projections). The number of riders is 25 times more than prior to the build out of beginner and intermediate trails about a decade ago. Then, the resort only had about 2,000 riders a year. In fact, mountain biking in Vermont is now the state's fastest-growing activity for outdoor recreation, according to the Vermont Mountain Bike Association (VMBA).

According to Trailforks, a popular phone app used to track rides, there were over 580,000 ride logs last summer in Vermont. (It is difficult to get at the true number of rides or riders in Vermont as there are no tickets, fees or trail counters on most trail systems, but there is data from those who log their rides.) VMBA and its local chapters have responded to the new interest with vigor. And the state has pitched in with more funding for new and improved trails, signage and strategic planning.

VMBA has 9,600+ members across 28 local chapters who steward 1,000+ miles of public-access singletrack.

For a complete guide to mountain biking across the region's 18 areas, pick up GRIP magazine or visit: [MountainTimes.info/e-edition/grip-2024](http://MountainTimes.info/e-edition/grip-2024)



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# SCULPTURE TRAIL, DOWNTOWN RUTLAND:

The Rutland Sculpture Trail is a burgeoning art movement in Rutland. Currently, there are 11 installed downtown with 15-20 more planned. The project is a collaboration between the Carving Studio and Sculpture Center, Green Mountain Power, MKF Properties, and Vermont Quarries. Together the sculptures honor the important moments of Rutland and regional history while beautifying the downtown. Take a short walking tour in downtown Rutland.

1. "Ann Story," 117 West St. — A sculpture of Revolutionary War hero Ann Story and her son Solomon, which stands at the corner of West and Cottage streets.
2. "The Jungle Books," 2 Center St. — A tribute to Rudyard Kipling's "Jungle Book," which stands outside Phoenix Books.
3. "Andrea Mead Lawrence," 104 Merchants Row — A piece honoring Olympic skier and environmentalist Andrea Mead Lawrence, Castleton Downtown Gallery, Merchants Row.
4. "Stone Legacy," courtyard behind 51 Washington St. — A tribute to the region's stone industry.
5. "54th Massachusetts Black Regiment," Center Street near Merchants Row — A piece honoring 20 African Americans enlisted or drafted in Rutland to fight in the Mass. 54th Regiment in the Civil War, the first black regiment in the north. Mounted on the Center St. wall of the Castleton Downtown Gallery.
6. "Bill W." Center Street Marketplace Park — A sculpture honoring Alcoholics Anonymous founder William G. Wilson, who was born in Dorset and lived in Rutland for many years.
7. "Paul Harris," Merchants Row — UVM graduate, co-founder of Rotary.
8. "Martin Freeman," Center Street Marketplace Park — Rutland resident and first Black college president.
9. "Julia Dorr," 10 Court St. — Julia Dorr was a recognized poet and lifelong Rutland resident who was instrumental in founding the Rutland Free Library. Her bust looks down Center Street from the corner of the library.
10. "Ernie Royal," West Rutland — A marble memorial to be located in West Rutland will honor Ernie Royal, Vermont's first African American restaurant owner. (Coming soon)
11. "Batman and Tom Fagan," 107 West St. — A tribute to Tom Fagan who was involved in Rutland's Halloween parade from its start in 1959.

For more information, visit: [downtownrutland.com/sculptures](http://downtownrutland.com/sculptures).



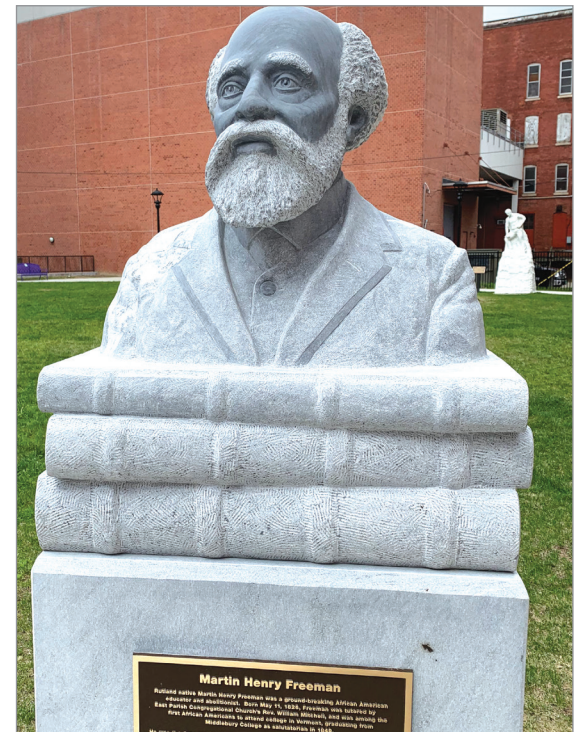
Courtesy of the Downtown Rutland Partnership  
*"Bill W.," designed and created by Alessandro Lombardo, Kellie Pereira, and Stephen Shaheen, was installed in 2019 in the Center Street Marketplace Park. The sculpture honors Alcoholics Anonymous founder William G. Wilson, who was born in Dorset and lived in Rutland for many years.*



Courtesy of the Downtown Rutland Partnership  
*"Andrea Mead Lawrence," was sculpted by Stephen Shaheen in 2018 and now stands outside the Castleton Gallery downtown.*



Courtesy of the Downtown Rutland Partnership  
*"Paul Harris," designed by Amanda Sisk and carved by Evan Morse, 2020, Merchants Row.*



By Victoria Gaither  
*The bust of Martin Henry Freeman rests on books sits in Center Street Marketplace in downtown Rutland.*





Courtesy of the Downtown Rutland Partnership

## MURALS OFFER INSPIRATION

Downtown Rutland is also home to dozens of murals adorning the walls of downtown buildings high and low, large and small. Above: "We Who Believe In Freedom Cannot Rest Until It Comes," a huge sculpture on about Roots the Restaurant in Center Street Marketplace Park was painted by muralist Lmnopi (a.k.a. Lopi LaRoe) in 2020.

## GALLERIES & STUDIOS

### The Alley Gallery

Center Street Alley, Rutland  
603-732-8606

### Anne McFarren Studio

Rutland, annemcfarren.com

### B&G Gallery

73 Merchants Row, Rutland

### Brandon Artists' Guild

7 Center St., Brandon  
Open daily 10 a.m.-5 p.m.

### Cabin Fever/Base Camp Outfitters

2363 Rte. 4, Killington, 802-775-0166  
Open daily 10 a.m.-5 p.m.

### Carving Studio Sculpture Garden

636 Marble St., West Rutland  
802-438-2097  
Permanent outdoor exhibit

### Chaffee Art Center

16 S. Main St., Rutland  
Wed., Thurs. & Fri.: 12-4 p.m.; Sat.:  
10 a.m.-2 p.m. 802-775-0356

### Christine Price Gallery

Castleton University Fine Arts Center  
800-639-8521

### Castleton University:

Bank Gallery, 104 Merchants Row,  
Rutland  
10 a.m.-5 p.m. 802-247-4295

### Judith Reilly Gallery

24 Conant Square, Brandon  
802-247-8421

### Liquid Art

37 Miller Brook Road, Killington  
Open 8 a.m. Mon.-Wed. to 3 p.m.,  
Thurs.-Sat. to 10 p.m., Sun. to 9 p.m.  
802-422-2787

### Peter Huntoon

Middletown Springs  
By appt only. 802-235-2328

### The Mint: Rutland's Makerspace

112 Quality Lane, Rutland  
A collaborative workshop and learning space, complete with shared tools and equipment. For more info, visit rutlandmint.org

### Timco Gallery

63 Center St., Rutland  
Mon.-Sat. business hours.  
802-773-3377

### Vermont Folk Art Gallery

24 Park St., Brandon  
Thursday-Saturday, 11 a.m. to 4 p.m.

### West Street Pop-Up Gallery

151 West St., Rutland  
Across from the post office

## MUSEUMS

### East Poultney Museums

Rte. 140 east of Poultney village. Historic Melodeon Factory, Union Academy and the Old School House, located around the original village green in the early-period hamlet of East Poultney. East Poultney Day takes place on the second Saturday in August with a country fair and open admission to the historic buildings, sponsored by the East Poultney Historical Society. 802-287-5252.

### Hubbardton Battlefield visitors' center

5696 Monument Hill Road, Hubbardton, 7 mi. north of exit 4 on US-4 west of Rutland. Site of the rear-guard action by New England militia units that paved the way for victory at Saratoga, 1777. Excellent bookstore, reenactments, events. Open Thurs.-Sun. and Mon. holidays, 9:30 a.m.-5 p.m. Admission or free with town-issued pass. 802-273-2282.

### Rutland Railroad Museum

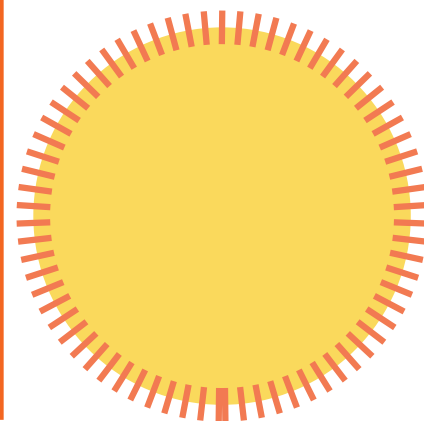
Depot Lane off Bus. 4 (West Street) just east of the railroad trestle, Center Rutland. The former Rutland Railroad-Delaware & Hudson passenger depot. Operated by the Rutland Railway Association. A cornucopia of historic equipment, tools, lanterns, memorabilia, photographs, model railroad layouts. Open Thursdays, 6:30-8 p.m., library by appt. Free.

### Brandon Museum

Rte. 7 at Rte. 73W, Brandon village. Professionally-designed displays located inside the Stephen A. Douglas Birthplace. Open Monday-Saturday, 11 a.m.-4 p.m. Free. 802-247-6401.

### Wilson Castle

West Proctor Road, Proctor. Directions: Bus. 4 west (West St.) from downtown Rutland, first right after the full stoplight at Rte. 3. Unique mansion filled with original furnishings and outbuildings built in 1867 at a cost of \$1,300,000. Named for a pioneer in AM radio who operated a station out of it. Interpretive guided tours. 802-773-3284.





## COVERED BRIDGES

### Sanderson Bridge

Brandon. Built in 1838, it spans Otter Creek on Pearl Street.

### Hammond Bridge

Pittsford. Built in 1843, it spans Otter Creek on Kendall Hill Road, west of Route 7. Not in use.

### Depot Bridge

Pittsford. Built in 1840, it spans Otter Creek on Depot Hill Road west of Route 7.

### Cooley Bridge

Pittsford. Built in 1849, it spans Furnace Brook on Elm Street.

### Gorham or Goodnough Bridge

Pittsford. Built in 1841, it spans Otter Creek on Old Pittsford-Proctor Road.

### Twin Bridge Covered Bridge

Rutland Town. Built in 1850, only one bridge remains and it no longer spans any body of water. Both bridges spanned the East Creek until dislodged by a catastrophic flood in 1947.

### Kingsley Bridge

Clarendon. Built in 1838, it spans the Mill River gorge on Gorge Road, accessed from Route 7B in Clarendon.

### Brown Bridge

Shrewsbury. Built in 1880, it spans the Cold River on Upper Cold River Road.



## LIBRARIES

### BRANDON FREE PUBLIC LIBRARY

Brandon — 802-247-8230

### RUTLAND FREE LIBRARY

Rutland — 802-773-1860

### WEST RUTLAND PUBLIC LIBRARY

West Rutland — 802-438-2964

### MACLURE LIBRARY

Pittsford — 802-483-2972

### PROCTOR FREE LIBRARY

Proctor — 802-459-3539

### CHITTENDEN PUBLIC LIBRARY

Chittenden — 802-773-3531

### BAILEY MEMORIAL LIBRARY

North Clarendon — 802-747-7743

### CASTLETON FREE LIBRARY

Castleton — 802-468-5574

### FAIR HAVEN PUBLIC LIBRARY

Fair Haven — 802-265-8011

### POULTNEY PUBLIC LIBRARY

Poultney — 802-287-5556

### SHERBURNE MEMORIAL LIBRARY

Killington — 802-422-9765

### ROGER CLARK MEMORIAL LIBRARY

Pittsfield — 802-746-4067

## STATE PARKS

### BOMOSEEN STATE PARK

22 Cedar Mtn. Rd., Castleton  
802-265-4242  
vtstateparks.com

### GIFFORD WOODS STATE PARK

Route 100N, Killington  
802-775-5354  
vtstateparks.com

### HALF MOON STATE PARK

1621 Black Pond Rd., Hubbardton  
802-273-2848  
vtstateparks.com

### LAKE ST. CATHERINE STATE PARK

3034 Vt. Route 30 South, Poultney  
802-287-9158  
vtstateparks.com

## CHAMBERS OF COMMERCE

### BRANDON AREA CHAMBER OF COMMERCE

802-247-6401 — brandon.org

### KILLINGTON PICO AREA ASSOCIATION

802-422-5722 — killingtonpico.org

### POULTNEY AREA CHAMBER OF COMMERCE

802-287-2010 — poultneyvt.com

### CHAMBER & ECONOMIC DEVELOPMENT OF THE RUTLAND REGION

1-800-773-2747 — rutlandvermont.com

### VERMONT LAKES REGION CHAMBER OF COMMERCE

802-345-2830 —  
vtlakesregionchamber.org

## NEWSPAPERS

### THE MOUNTAIN TIMES

Killington — 802-422-2399

### BRANDON REPORTER

Brandon — 802-247-8080

### RUTLAND HERALD

Rutland — 800-498-4296

### LAKESIDE NEWS

Castleton — 802-353-0573

## EMERGENCY SERVICES

### RUTLAND REGIONAL MEDICAL CENTER

802-775-7111

### RUTLAND COMMUNITY BASED OUTPATIENT CLINIC

802-772-2300

### RUTLAND COUNTY SHERIFF'S DEPARTMENT

Emergency— 911  
Non-Emergency - 802-775-8002

### RUTLAND CITY POLICE DEPARTMENT

Emergency— 911  
Non-Emergency - 802-773-1816



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