



FREE FISHING DAY IS JUNE 8 STATEWIDE

Vermont's Free Fishing Day gives resident and nonresident anglers the opportunity to go fishing in Vermont for the day without a license.

Page 17



CELEBRATE DAIRY AT BILLINGS FARM

This weekend head to Billings Farm in Woodstock to sample delicious dairy products and get up close with cow cuteness at a fun food event for all ages.

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SURPRISE PARTY!

A surprise retirement party was held for Frank Pauze, program coordinator for VSU's Resort and Hospitality Management Program at Killington on June 1.

Page 2

New options presented for the reconstruction of Woodstock MS/HS

By Curt Peterson and Polly Mikula

About 70 people attended the Mountain Views Supervisory Union (MVSU) school board meeting Monday, June 3, to hear a presentation by Marty Spaulding and Paul Stafford of PCI Capital Project Consulting, and Kurt Naser of PC Construction, on three options for fixing the 50-year-old middle/high school facilities in Woodstock.

A bond vote for \$99 million to build a new facility failed on Town Meeting Day March 5 by 10 percentage points — 1,910-1,570.

Spaulding summarized the public feedback gathered since, saying "people wanted to see more options."

Feedback was solicited from voters in the seven district towns of Bridgewater, Killington, Plymouth, Pomfret, Reading and Woodstock.

At the meeting Monday, attendees learned about the following three options:

Option 1: renovating the existing facility

Because of the well-documented heating system inadequacy, structural problems, troubling design flaws, air circulation issues, etc. (the list is long) Stafford said it would take \$101.3 million to renovate the current building up to current state code. Additionally, the timeline for that work to be completed would be longer, as designs would need to be developed from scratch. An estimated date for completion was set for September 2030.

Public feedback before the June 17 meeting is likely to determine next steps.

Adding athletic fields and geothermal climate control (for an "apples to apples" comparison with the original new build plan) would bring the total cost up to \$106 million.

Option 2: a hybrid solution

This option included a new smaller three-story high school. The middle school would remain in the existing building with one wing removed. Only very modest "cosmetic" renovations would be done for the middle school. The hybrid option had a projected

cost of \$91.9 million — the least expensive of the options presented — but also came with an increase annual operating costs of \$1.2 million for staff required to operate

two separate locations. A new future middle school would also have to be planned at some point down the road, as the upgrades to that facility are not expected to extend the life of the building significantly.

"The project would be done by March, 2029, and students could move into the new building then, before final alterations to the current school," Stafford said.

Option 3: a new build, with two sub-options

Option 3A is the original plan for the new campus, which failed last March. It would now necessitate passing a \$105 million bond to cover projected construction costs. The

New build → 5

Buss steps down from House rep, Kimbell steps up

By Katy Savage

After serving just one term, Rep. Tesha Buss, D-West Woodstock, is stepping down.

Buss, 50, won't be seeking reelection in November to spend more time with her family and focus on her daughter's gymnastics career. Her daughter, Izabella Skuro, 10, recently won the state championship in Xcel Bronze.

"She won the state championship for her skill level," Buss said. "She's really wanting me to be dedicated to her"

Buss, who represents Plymouth, Reading and Woodstock, was elected to a two-year term after she defeated K.T. Cappellini, an independent, in the general election in November 2022, with more than 70% of the vote.

Buss said the lack of legislator pay factored into her decision to not run again. "The pay is pretty bad for the fact that you're supposed to go to all the events, the meetings, and do research on your own time," she said.

A familiar face could



Submitted

Rep. Tesha Buss

replace her. Charlie Kimbell, who served for three terms in the Legislature before he stepped down to make a bid for lieutenant governor, is running for Buss' seat. Kimbell was defeated in the August 2022 Democratic primary by Lt. Gov. David Zuckerman.

Kimbell said he heard Buss was stepping down in April and took time to consider the role.

"I want to go back and do it again," Kimbell said. "I put

House rep → 10



Skiing Superstar

By Victoria Gaither

From first chair to last chair, crowds of dedicated skiers and riders flocked to Superstar at Killington Resort to ski June 1. It was the third year in a row that the resort has offered skiing in June. Those who got first chair arrived at 4 a.m. and the lift line at one point stretched nearly to the K-1 gondola. Killington put salt down to make the snow last longer and it worked!

Rutland Town passes school budget, Slate Valley fails again

Barstow, Otter Valley prepare for third budget votes June 11 and 12

Staff report

On Thursday, May 30, two Rutland County school budgets were up for revotes. Only one passed.

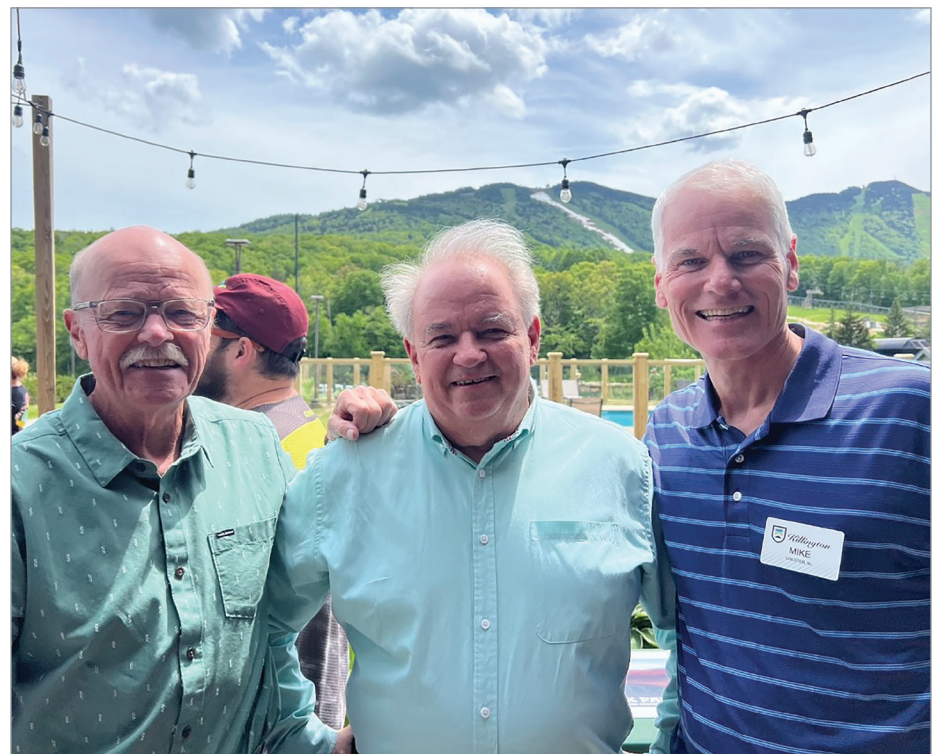
On its third attempt, Rutland Town School District's \$10.57 million budget passed 477-288. On its fourth attempt, Slate Valley Unified Union's \$30.8 million budget failed 962-994.

Since its original budget vote on Town Meeting Day, the Rutland Town board has cut \$124,600 from its FY25 budget. While Slate Valley will have to go back to voters for a fifth vote, Superintendent Brooke Olsen-Farrell said the margin this last time around was less than it had been, giving her hope.

The next revote is likely going to be June 18, pending board approval. Further cuts will be considered. The board's finance committee held a special meeting Tuesday, June 4.

If a school district does not have an approved budget by July 1, it is authorized to borrow up to 87% of its FY 2024 budget from the state to cover operations. Meanwhile, revotes will continue until a budget is passed.

Revotes → 3



By Victoria Gaither

Top: Killington President and CEO Mike Solimano speaks at Pauzé's retirement party on the patio of the Grand hotel. Bottom center: Frank Pauzé's son Chris came from Ohio for the occasion.

Celebrating Frank Pauzé: his mentorship, lessons live on

By Victoria Gaither

Renowned for its world-class skiing, Killington also boasts a reputation for producing exceptional students through Vermont State University's Resort and Hospitality Management Program at Killington.

The man who led that charge, producing many students who are now managers in the ski industry and general managers of the hospitality industry is retiring.

Family, friends, students, colleagues, and alums gathered at the Grand Hotel outside Preston's to thank Frank Pauzé this past Saturday, June 1.

Pauzé had no idea about his surprise retirement party. As he walked out to the patio where everyone was gathered, he saw some of his first graduates from the class of 2004. Then he saw his son, Chris Pauzé, who drove from Ohio to hug his dad and say "thank you." It brought tears to his eyes.

Pauzé was the program coordinator for 23 years.

But how do you thank a man who never gave up on a program — even in its ups and downs?

Colleen Garrett spoke at his retirement party and described how Pauzé negotiated the lease for the first

lodge space, the former Killington Village Inn (now Yama Ramen), and "cajoled instructors to come from the main campus to teach in Killington."

Killington President and General Manager Mike Solimano spoke about how Pauzé got him to teach a class in finance.

Joshua Rose, one of his former students who would later work alongside him, said, "I took what he taught me as a leader and mimicked what he did as I went through the program and then through a second time as a general manager."

Jason Dougherty, the general manager at Mount Southington Ski Area in Connecticut, graduated from the first class of 2004. It's been 15 years since he saw Pauzé in person, but he said it was important to attend his retirement party. He said of Pauzé, "He was a visionary. I would say he took that program and ran with it, and it was a concept he

believed in."

One only had to look around the retirement party to see his belief pushed men and women to succeed and that led to management positions for many.

"I took what he taught me as a leader and mimicked what he did as I went through the program and then through a second time as a general manager," said Jason Dougherty.

Allen Wilson, the former president of Killington, came up with the idea of the resort and hospitality program. He reflected: "We had a 10,000-acre campus," being located at the resort, and "Frank started from day one, and he made it happen."

Pauzé added, modestly, "The program has been successful because of Killington, the management team, and support from the mountain."

As a few at the gathering held back tears, the lessons and learning that Frank Pauzé taught stuck with all who knew him every one of them. While he may be retiring his lessons will continue to live out his legacy for years to come.

Hartland school budget fails, board regroups

The first vote passed by 9 votes but was petitioned, the second vote failed by 14

By Curt Peterson

The Hartland school budget revote on May 28 failed by 14 votes – 537 to 551. Two days later the School Board held an emergency meeting to strategize its next move.

Chair Nicki Buck explained the board can propose a budget with just seven days' warning as many times as it takes for one to pass. If unsuccessful before July 1, the state will authorize the district to borrow 87% of the proposed budget, at the current rate of 6.45% interest, to operate until a budget finally passes.

According to Christine Bourne, Windsor Southeast supervisor, if the board borrowed 87% of \$10,000,000 (\$8,700,000), over six months the interest cost would be \$280,575, paid by the taxpayers.

The board decided not to fill a vacated teaching position, saving \$90,939, and agreed to put the resulting budget of \$10,905,208 up for a vote again on Tuesday, June 11.

With the shock of a predicted 30% education property rate increase in February, the School Board rescinded its original FY2025 budget before Town Meeting in March. Voters were to ignore the budget on the ballot.

For a modest \$200,000 Hartland home, the ed tax increase would be approximate \$150/month, the result of an adjustment to taxable market value called the Common Level of Appraisal (CLA). The state estimates current market values in each town, compares them with their Grand List value, and the CLA is meant to make up the difference.

Hartland properties were reappraised just five years ago, but property values have significantly increased since then.

The new budget will reduce the tax increase cost to \$145/month instead of \$150, principal Lyndsie Perkins said.

Bourne said each budget vote costs the town approximately \$1,400.

"We reduced the budget by \$500,000 for the May 28 vote," Buck said, "cutting multiple positions and eliminating funding for badly needed playground upgrades."

That budget passed by just nine votes out of about 600. There are over 2,900 registered Hartland voters.

The close vote inspired a petition for a revote based on the Hartland → 10

Hartland school budget Q&A

The Hartland school budget re-vote will take place on June 11 from 7 a.m. to 7 p.m. at Damon Hall.

Voting early: Once the ballots are ready you can vote in person at Damon Hall and give the ballot to the Town Clerk, even if it is before voting day. Ballots are expected to arrive on June 5. The following Q&A was submitted by Hartland Elementary School, part of Windsor Southeast Supervisory Union.

When is the election and what is the new budget amount?

The election is warned for Tuesday, June 11 from 7 a.m.-7 p.m. at Damon Hall. The new budget to be voted on is \$10,950,028.

When can I vote on the new budget?

As soon as the ballots arrive (expected on June 5), you can stop at Damon Hall to cast your vote.

Why is this vote so quick after the failed budget vote?

The state of Vermont allows for a 7 day warning timeline if a budget fails.

What happens if I can't make it to the polls on June 11?

You can reach out to John Paulette, town clerk, to arrange a ballot be brought to you by two justices. You will need to vote and send the ballot back to the polls with the justices. This can happen as soon as ballots are printed and available at Damon Hall.

What has been cut from the budget?

After the board rescinded the budget in February, they made a \$500,632 cut (equipment, supplies, and two teaching positions). After the reconsideration vote that failed the budget on May 28, the board cut another teaching position for \$90,539. The total amount of cut from the budget is \$591,171.

What happens if Hartland does not pass a budget by July 1?

If Hartland has not passed a budget by July 1, the Hartland Board will continue to bring forth budgets to the community until one passes.

What does it cost to hold an election?

Each time the town holds an election to pass the school budget, it costs the district a minimum of \$1,400.

Will additional cuts to the Hartland budget save taxpayers significant money?

Hartland has 31 certified and 10 non-certified professionals on our payroll. For every certified staff member cut, a house appraised at \$250,000 will save \$56.

Is the budget increase in Hartland significantly higher than other communities in Vermont?

No, the average school budget in Vermont increased by 10.5% this year as a result of loss of federal funding, health insurance increases, negotiated wages and tuition increases (13%).

← Revotes: from page 1

Barstow, Otter Valley

The Rutland Northeast Supervisory Union (RNESU) district school boards of Otter Valley Unified Union and Barstow Unified Union once again have retooled their budgets for a third revote June 11 and 12, respectively.

The Barstow School Board voted to reduce its fiscal year 2025 budget by an additional \$187,000.

The original \$6.27 million budget (a 12.1% increase over FY2024) was defeated by only four votes on Town Meeting Day in March (375-379). A subsequent recount confirmed the

outcome.

Barstow's first revote for a reduced budget of \$6.25 million budget on April 30, however, failed by a wider margin of 60 votes (274-214).

The new budget present for the third revote is \$6.06 million.

An informational meeting will be held at 6 p.m. Thursday, June 6, and voting will be the following Wednesday, June 12.

The Otter Valley School Board approved additional cuts totaling \$170,250 for its third revote.

Otter Valley Unified Union (OVUU) School District's roughly

\$27 million budget failed 638-1,019 on Tuesday — a margin of 381. The original budget failed 891-1,325 — a margin of 434. The board had trimmed about \$269,000 from its original budget

The board has made roughly \$438,000 in cuts since the budget first appeared to voters on Town Meeting Day.

The board will host an in-person and virtual informational meeting about the budget at 6 p.m. June 6. The revote will take place June 11.

For more information visit: rnesu.org.

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State road construction continues on local roadways

The Agency of Transportation produces this weekly report of planned construction activities that will impact traffic on state highways and interstates throughout Vermont. Below are the state roadways affected in Rutland and Windsor counties.

I-91 Springfield-Hartland: Multiple single lane closures will be in place along I-91 Southbound from north of Exit 9 to just south of Exit 7 while a paving project ramps up. A speed limit reduction to 55 mph will be in place through the work zone. Motorists should watch for shifting traffic patterns.

Hartford: From Sunday, June 2, through Thursday, June 6, during nighttime hours, motorists should expect alternating one-way lane closures on Route 5 from Veteran's Drive to Bugbee Street. From Monday, June 3, through Friday, June 7, during

daytime hours, motorists should expect alternating one-way lane closures on Route 5 beginning near the Dunkin Donuts by Veteran's Drive to the Hartford/Hartland town line. Flaggers and uniformed traffic officers will be present to assist motorists through the work zone.

Ludlow: The removal of Bridge 57 and the installation of a pedestrian bridge over the Black River is underway on Mill Street. Pleasant Street at its junction with Mill Street is closed to all vehicle traffic. A detour routes vehicles from Pleasant Street along Elm Street, and Main Street to Pleasant Street Extension.

Pittsford: Motorists can expect intermittent one-way alternating travel on Route 7 this week, beginning on June 3. Traffic control will be present throughout most work hours this week to direct motor-

ists through the work zone. Additionally, there will be a weekend closure of Route 3 within the construction vicinity beginning on Friday, June 7 at 12 p.m. until Monday, June 10 at 6 a.m. causing motorists to follow a signed detour. Motorists wanting to use Route 3 traveling south from the project site should continue on Route 7 to Business Route 4. Any motorist wanting to use Route 3 traveling north towards the project site should use Business Route 4 to Route 7.

Poultney: Motorists should expect alternating one-way traffic controlled by flaggers on Bridge #7 at the intersection of Thrall Road and River Street.

Quechee: The eastbound travel lane of the Quechee Gorge Bridge is closed through November of 2024. New travel patterns include alternating travel controlled

by a traffic signal and a concrete barrier to separate motorists from workers.

Rutland: A Class I highway resurfacing project is in progress. Sunday, June 2 at 7 p.m. through Friday, June 6 at 7 a.m., motorists can expect lane closures with alternating one-way traffic controlled by flaggers and uniformed traffic officers along Route 4 between Gleason Road and Route 7, and on Route 7, starting near Cold River Road and extending north to Lincoln Avenue between 7 p.m. and 7 a.m. Please note: roadway surfaces will be uneven and manholes will be raised throughout the area.

Woodstock: A culvert replacement project is ongoing on Route 4 at mile marker 7.722. Motorists should expect one-way alternating traffic controlled by flaggers between the hours of 7 a.m. and 5 p.m., Monday through Friday.

Killington Road reconstruction update: what to expect this week

Expect drilling and blasting this entire week at intersection of Route 4 and Killington Road in Killington. A detour remains in place via West Hill Road. There will be one blast daily between 11 a.m. and 12 noon (if unforeseen delays it could be as late as 1 p.m.).

"A second drill rig will arrive this week and begin blasting up the east side of the Access Road. This is to remove the remaining ledge on that side as well as the ledge within the limits of the new sewer line," Markowski Excavating, Inc. explained.

Rock will continue to be hauled off site, sand will be brought on site from the south end of the project. Water trucks will also be mobilized from either end of the project as we will need it for dust control and compaction of the imported materials.

"We will be receiving all the catch basins for the storm

water and sewer installation Monday morning [June 3]," Markowski wrote. "Work will begin this week on installing the new sewer line that runs parallel to Route 4. This work includes removal of the existing line, installing

"Work will begin this week on installing the new sewer line that runs parallel to Route 4," Markowski wrote.

two new catch basins and testing." Work the following week, beginning Monday, June 10, will be a continuation of drilling and blasting rock, plus installing the sewer line up the east side of the road where the second drill rig will be working.

"In addition, we will be also working to install the future water line along the west side of the Access Road. Once these two pipes are installed, expect sand and gravels to be transported on site and placed in prep for the new road base," Markowski said.

Dust control will continue as needed when the weather gets warmer and drier.



By Pat Wise

East Mountain Road work wraps up

Mosher Excavating has resumed their work on East Mountain Road for flood recovery repairs from the intersection with Route 4 (Skyship) to Bear Mountain Road.

That section of East Mountain Road has been closed from 7 a.m. until the afternoon since May 13 and will remain closed during that time until Friday, June 7.

At least one lane will reopen to traffic by the afternoon and the road will be completely open in the evening hours.

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← New build: from page 1

facility would be ready by summer 2027.

Option 3B is a “stripped down version” of that original plan, without the art wing, second level offices, second floor conference and lounge, installing a flat roof, and reducing auditorium stage lighting. The cost of option 3B is \$100.3 million.

Public response

While most members of the board and public thanked the presenters for their work and creativity coming up with varied solutions, many were critical of the cost, timeline and some underlying assumptions.

The proximity of cost for all options presented — between \$91.9 million and \$106 million — was shocking to many, with multiple people noting that voters had rejected the bond primarily because “it wasn’t affordable.”

Instead of trying to make the quality of renovation equal to that of the new build for an “apple to apples” comparison, the consultants should have started with estimates of what the community can afford and build solutions within a few different budget scales, suggested Elisa Tarlow of Woodstock.

Stafford responded that the state of the current building was in such bad shape that more minor renovations (i.e. less expensive “bandaids”) were no longer a viable option. Simply too many systems were failing. “You can’t necessarily just put a new roof on an old structure,” he said. “The new insulation requirements mandated by the state make the roof heavier, for example, so you need a structure that can support that.”

Others expressed deep concern that a bond of this size simply couldn’t pass in the current economic climate. Education tax increases went up by over 20% for many district towns. A similar increase was seen last fiscal year as well, and there are currently few plans to curb such increases in education funding.

“Yes, that’s another dimension to consider,” said MVSU Board Vice Chair Ben Ford, who also chairs the school district’s Finance Committee and the HS/MS Working Group.

On a positive financial note, Ford said that the \$3.5 million in pledged donations for the new school project weren’t affected by the failure of the bond, and are still committed.

Former school board member Jim Haff from Killington said he believes the state is planning further school consolidation, creating “hub campuses” to serve additional towns from other districts. He advised the board to wait and see if MVSU might be a hub and could attract state financing for a new facility.

Woodstock community member Marc Weinstein noted that two new legislative bills will significantly affect the school district and must be considered in conjunction with any plans. Most importantly, H.887, “An act relating to homestead property tax yields, nonhomestead rates, and policy changes to education finance and taxation” could re-implement “excess spending thresholds” and put MVSU back into a “penalty phase,” based on its per pupil spending, which would exacerbate costs for taxpayers just to maintain the status quo.

That bill still awaits its fate on the governor’s desk.

Another bill, H. 871, “An act relating to the development of an updated state aid to school construction program,” was signed and goes into effect in less than a month (July 1). It outlines specifically what and how school construction could be funded and what portions of what projects would qualify.

H.871 “may, effectively, put a moratorium on school construction,” Ford said. “It’s really frustrating to be this far along in our process ... It hasn’t passed yet... We are waiting to see what, if anything changes, when it is passed and what that may mean for us.”

Weinstein echoed Haff’s call for the district to wait to understand the implications of these measures before rushing another vote so that taxpayers could understand the full impact of their decisions.

Haff implored the board to wait until more is known from the state and not hold a vote until at least Town Meeting Day in March 2025 and for all members to read the text of bills H.877 and H.871. “I believe after reading it at least 9 of your 18 board members will see the value in waiting for another vote,” said Haff.

Former school district board member Pamela Fraser from Barnard pointed out the national birth rate is decreasing, which flies in the face of hopes that the new school will attract additional students.

“It isn’t that we can’t attract new students to a new school — it’s that there won’t be any new students to attract,” Fraser said.

Ford said the hopes for increased enrollment are based on known local opportunities, including the fact that currently the MVSU attracts only 5 of Harland’s 142 tuition students. “We’re obviously not going to get all of them, but it’s reasonable to expect we could get more.”

Rayna Bishop, MVSU executive administrative assistant to the Superintendent, who processes all enrollments for the district, said she has enrolled more new students from Ludlow for the upcoming school year than ever before, adding that she’s also fielded many calls from interested parents throughout the region who are waiting to see if the district moves forward with a new build before enrolling.

While nothing was decided at the June 3 meeting, at the next School Board meeting scheduled for June 17 the board may select one of the options presented to move forward with; or it may decide to keep the options open or go back to the consultants and ask them to draft up additional ones. Between June 4 and 17 board members will gather feedback on the new campus ideas and answer questions about the options in their respective towns.

A special election bond vote could happen as early as September, but only if the already designed Option 3A or 3B is selected.

Public feedback before the June 17 meeting is likely to determine next steps. Contact your town representative to share feedback. School board member emails are at: mtnviews.org/school-board-members.

Rutland mental health service providers accused of defrauding Vermont Medicaid

The Attorney General’s Office announced June 3 that it has filed civil enforcement actions against two Vermont Medicaid providers for fraud. The lawsuits, currently pending in Vermont Superior Court, were investigated and brought by the Attorney General’s Medicaid Fraud and Residential Abuse Unit (MFRAU) and allege separate violations of the Vermont False Claims Act.

Locally, mental health counselor Lauren Ann LaSante of Rutland, is accused of Medicaid fraud after Ms. LaSante, who was the subject of multiple public complaints regarding

quality of care, refused to provide Vermont Medicaid treatment records to state authorities, nor to her own patients, as required by law and professional ethics.

In the other case, psychotherapist Robert Martin DuWors, PhD, of Cotuit, Massachusetts, and his business associate, Peter Lang, of New York, New York, are accused of conspiring to “upcode,” or unlawfully increase Vermont Medicaid reimbursement by billing with inaccurate information. Dr. DuWors is alleged to have allowed Mr. Lang, who is not licensed to practice

medicine or psychotherapy, to provide “talk therapy” to Vermont Medicaid patients. Dr. DuWors then billed Mr. Lang’s time to Vermont Medicaid at a licensed clinical psychotherapist’s full rate, resulting in significant overpayments to Dr. DuWors’ practice.

Additionally, MFRAU’s investigation found evidence that Dr. DuWors routinely billed Vermont Medicaid for “impossible time,” whereby Dr. DuWors claimed to have personally provided more than 24 hours of Medicaid service on a single date. The

Defrauding → 10

Public comment sought on long-range management plan for Blueberry Hill and Birdseye Wildlife Management Areas

The Vermont Agency of Natural Resources (ANR) will host an informational meeting open to the public on Wednesday, June 12, to present a draft long-range management plan (LRMP) for the Castleton Management Unit (CMU) plan for Blueberry Hill and Birdseye Wildlife Management Areas that will guide the management of these lands for the next 20 years.

The presentation will be held on June 12, from 6-8 p.m. at Kehoe Camp, 636 Point of Pines Road in Castleton. Information about the draft plan and public comment opportunities is available online. Officials are accepting public comments from June 12-Aug. 31, 2024.

The 4,725-acre management unit is located in the towns of Castleton, Poultney, and Ira, just 6 miles west of the city of Rutland. It consists of two Wildlife Management Areas (WMAs) owned and managed for wildlife habitat and public access by the Fish & Wildlife Dept. in collaboration with the Dept. of Forests, Parks and Recreation. The overarching management objectives described in the LRMP are to:

- Preserve the ecological integrity and cultural richness of the Castleton Management Unit
- Foster resilience to climate change
- Maintain diverse wildlife habitats
- Promote sustainable outdoor activities centered on fishing and wildlife
- Manage forests in a manner that sustains habitats, fosters forest health, produces wood products, and contributes to the local economy.

“Other than the Green Mountains, the Castleton Management Unit is a uniquely large, connected area of forest habitat for Rutland County,” said Travis Hart, state and private lands biologist with the Vermont Fish & Wildlife Dept. “Its rocky slopes, abundance of mast [nuts, berries, seeds] producing trees and open areas support a wide variety of species, making them a centerpiece of the ecological communities which surround the management unit.”

Blueberry Hill WMA (1,152 acres) consists of four separate parcels with limited public and management access. Forests in the WMA include hardwood species like oak, hickory, and hornbeam, that provide an important source of food for wildlife, such as wild turkeys and black bears. Its softwood stands also provide crucial winter habitat for white tailed deer.

“The Castleton Management Unit is a uniquely large, connected area of forest habitat for Rutland County,” said Travis Hart.

The much larger Birdseye WMA with five parking areas to support public access. Birdseye WMA (3,573 acres) lies to the south and is made up of two parcels with five parking areas to support public access. It is one of the largest blocks of uninterrupted forest in the Taconic

WMA → 10

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The Vermont Donor Milk Center opens new freezer site in Mendon

The Vermont Donor Milk Center (VDMC) has announced the opening of a new freezer site at 123 S. Mendon Road in Mendon. This expansion aims to increase the availability of pasteurized donor human milk to families in Vermont and northern New York.

Since its inception in 2020, the VDMC has been dedicated to providing life-saving nutrition through donor milk to newborns and infants in need. Through their partnership with Human Milk Banking Association of North America (HMBANA) certified milk banks, VDMC ensures that the milk is processed safely and meets the highest standards of quality.

The new freezer site in Mendon, being overseen by Lisa Kerns, IBCLC and longtime community breastfeeding supporter, will serve as a critical

resource for families seeking donor milk, especially those facing challenges such as low milk supply, preterm birth, or maternal health complications. The location will facilitate easier access for local families, ensuring that more infants can benefit from the health advantages of donor breast milk, which include a strong immune system and reduced risk of chronic illnesses.

Amy Wenger, RN, and Rachel Foxx, RN, co-executive directors of VDMC, emphasized the importance of this initiative. "This new site represents a significant step in bridging the gap in infant nutrition in our community," said Wenger. "We are committed to supporting families during their breastfeeding journey, and this expansion will allow us to do just that more effectively."

This new site reaffirms VDMC's

commitment to providing essential nutritional support to infants and ensuring that all babies have the healthiest start in life.

The Vermont Donor Milk Center, Inc. (VDMC) opened its doors in 2020 as a nonprofit organization providing pasteurized donor human milk to babies in need across Vermont and northern New York. Newborns and infants receive life-saving nutrition and food security for a healthy start in life from our milk dispensing site and donation drop-off location. VDMC is the first outpatient initiative in Vermont to bridge the gap in infant nutrition from the hospital to the home and is the first resource for families to obtain pasteurized donor human milk locally.

For more information visit: vt-donormilk.com or call 802-276-0030.

Back to the State House, June 17

The full Legislature will return to Montpelier on June 17 to take up any bills the governor has vetoed. Leaders will be deciding in the next few weeks which of those vetoed they will attempt to override, (two thirds required for an override), which will be rewritten to address some of Scott's objections. The rest they will decline to vote on and let it die for the session.

At a recent press conference, Governor Scott discussed his decision-making process on bills coming to his desk. He highlighted the challenge of balancing benefits, costs and risks, his administration's efforts to find compromise, and concerns about the realities of new costs and short timelines for numerous new initiatives coming out of the Legislature.

As the governor has already signed the state budget for the upcoming fiscal year, arguably the only other bill that must be enacted is education finance, H.887. While as of this writing it has not officially been sent to the Governor's Office, Scott has made it clear that he intends to veto it. He argues that average property tax increases of 14% (which could be higher in many districts), is too high and that the legislation does not include any structural changes to control costs in the future.

Some of the other bills that will be on the agenda include:

H.72 – Safe injection sites. In his veto message, Gov. Scott said, "While these sites are well-intentioned, this costly experiment will divert financial resources from proven prevention, treatment and recovery strategies, as well as harm reduction initiatives that facilitate entry into treatment rather than continued use."

There are currently two operating safe injection sites in the country, both in New York City. Legislative leaders have expressed confidence they have the votes to override the veto and proceed with the measure (initial site will be in Burlington).

H.289 – Renewable energy. In his veto message, the governor said, "I don't believe there is any debate that H.289 will raise Vermonters' utility rates, likely by hundreds of millions of dollars. And while that in itself is reason enough to earn a veto, it is even more frustrating when you consider our Dept.

of Public Service proposed to the Legislature a much stronger plan at a fraction of the cost."

In a statement issued following the veto, the House Speaker gave every indication that the Legislature would ignore the governor's concerns and plan to enact the legislation with an override. The higher costs of the Legislature's plan are primarily due to its preference of requiring future energy needs from local renewables, such as solar and wind, as opposed to lower cost regional renewables, such as Hydro-Quebec.

H.706 – Neonicotinoid pesticides. In his veto message, Scott said, "Pollinators are essential to growing food and maintaining a healthy, thriving ecosystem. The same is true of farmers, who are also critical contributors to our economy, but altogether, this legislation is more anti-farmer than it is pro-pollinator."

Other potential vetoes?

H.687 – Act 250. At this point it is unclear what the fate will be of H.687, which amends Vermont's Act 250 regulations. There are provisions that may help the state develop more housing by suspending certain restrictions in downtowns, but at the same time, may make it more difficult to build in rural areas.

H.121 – Data privacy. Another bill being watched as a potential veto victim is one that would regulate data privacy. The legislation received wide bipartisan support in both the House and Senate but has received criticism from some local Vermont businesses with concern over the private right of action provision (allowing individuals to sue) in the bill. The Vermont Chamber called it the most extreme version of similar legislation in the country.

While most of the bills passed have been or will be signed into law by the governor, there were several he allowed to be enacted without his signature. Among those included allowing Vermont to sue oil companies for climate damage, which he fears could cost Vermont millions in legal fees. He noted that Vermont was the first and only state to take on this gamble. Another included the extension of the Vermont Truth and Reconciliation Commission over a provision that allows its board to exempt itself from the open meeting law.

And speaking of the State House, the rumors are true. I have

Harrison → 10



By Rep. Jim
Harrison

KATHRYN MCELHENY, MD
Vermont Orthopaedic Clinic

DELIVERING EXCELLENCE

Board-certified in pediatrics and sports medicine, Dr. Kathryn McElheny specializes in non-operative musculoskeletal care for adults and children. She has gained years of experience at Hospital for Special Surgery while also serving as Head Team Physician for the New York Mets baseball team lending medical support for seven seasons. Dr. McElheny will be seeing patients in the East Dorset Medical Campus.

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GUEST EDITORIAL

A right is never permanently won

By Allen Gilbert

Editor's note: Allen Gilbert is a former journalist, teacher and ACLU-VT executive director. He chaired his school board in Worcester when it joined the education funding lawsuit that resulted in the Brigham v. State decision by the Vermont Supreme Court in 1997. Gilbert is the author of "Equal Is Equal, Fair Is Fair," a book about equity issues in Vermont.

Trying to unwind the education funding conundrum that the state landed in this year is complex. It's a situation with several roots going back nearly 10 years — the not-so-successful school district consolidation law, ill-defined special education reform and a new "equalized pupil" funding formula that's hard to understand.

While victory is said to have a thousand fathers but failure is an orphan, many fingers have been pointed in many directions this year to try to explain what has happened to cause so many school budgets to fail. The Legislature has been flummoxed for a solution. And as is often the case with defeat, suggestions have been offered that would make things not better but worse for many towns, and perhaps rip into a 1997 Vermont Supreme Court decision.

Here's how things could get worse.

In a recent commentary, by Tom Evslin, he offered a "suggestion" to "change incentives so school districts become thrifty." His suggestion was "that the Legislature determine the cost per student for a quality education and give that amount to each district. A district that wants to spend more must raise the extra money locally."

It is ironic Evslin offered this suggestion having, in the paragraph before the suggestion, referenced the Vermont Supreme Court's 1997 ruling in the *Brigham v. State* school funding case. The justices said that "the current system for funding public education in Vermont, with its substantial dependence on local property taxes and resultant wide disparities in revenues available to local school districts, deprives children of an equal educational opportunity in violation of the Vermont Constitution..."

Evslin quoted the justices correctly, but that statement was only the beginning of the *Brigham* decision.

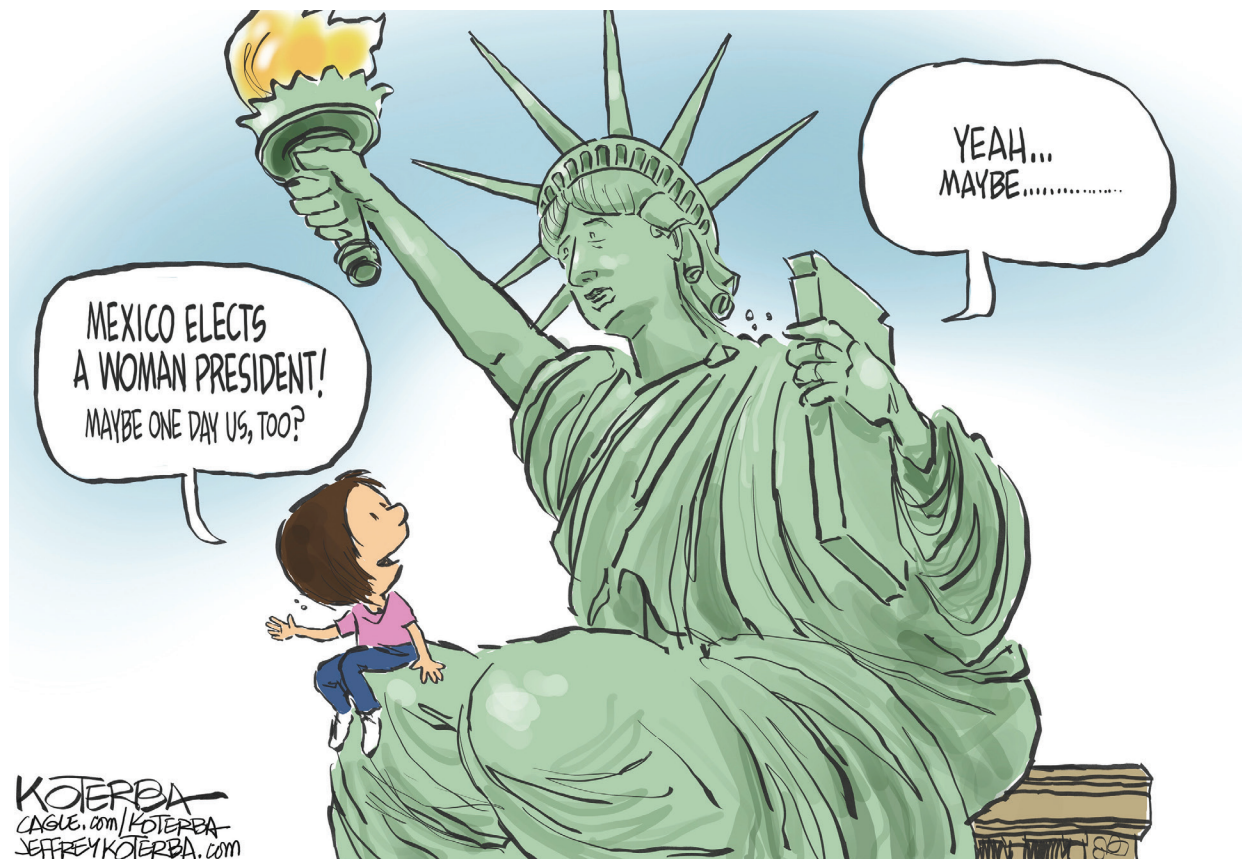
The Court unanimously recognized that "money is clearly not the only variable affecting educational opportunity, but it is one that government can effectively equalize" and that "there is no reasonable doubt that substantial funding differences significantly affect opportunities to learn."

The justices then bluntly stated: "The distribution of a resource as precious as educational opportunity may not have as its determining force the mere fortuity of a child's residence. It requires no particular constitutional expertise to recognize the capriciousness of such a system."

The system Evslin suggests — one providing a basic state grant per pupil, which towns could augment with local funds should they choose — would re-establish the state's old "Foundation Formula," which the Court had found violated Article 7, the "common benefits clause," of the Vermont Constitution.

Equity → 9

This was the second time during this legislative session that it was suggested we leave behind the notion of education funding equity and return to an inequitable funding system.



Election in Mexico by Jeff Koterba, patron

LETTERS

Starting June 1, bobcats, foxes, bears, others are in danger

Dear Editor,

Every year, beginning on June 1, bears, bobcats, foxes, and other wildlife are pursued by packs of hounds, potentially over miles of land, during Vermont's hound "training" season. Since this is also the time of year when wildlife is tending to their young, this "training" may lead to orphaned animals, as well as vulnerable wildlife suffering serious injuries or even death during these pursuits.

"Bobcat kits are born in early June which makes the timing of this abusive activity even more egregious," said Jennifer Lovett, Protect Our Wildlife (POW) board member and biologist.

According to Vermont Fish & Wildlife's regulations, a person with a hunting license may train a dog to hunt and pursue the following animals during these times:

- Bear: June 1 to Sept. 15, sunrise to sunset
- Raccoon: June 1 through the day before the opening day of raccoon hunting season, any time of day or night
- Fox and bobcat: June 1 to March

15, except during regular deer season

- Coyotes: June 1 to Sept. 15

"This is allowed on both private and public lands, and while posting your property does not necessarily keep uncontrolled hounds off, it may offer you legal protections," shared Lori Kettler, attorney, and POW advisory board member.

"It is a disgrace that these animals aren't even allowed time to raise their young without being harassed and put in harm's way," said Brenna Galdenzi, POW president. "When the wild animal cannot escape the attacking hounds, fights often ensue, placing both the hounds and the wild animals in danger."

Hounding has been referred to as a form of legalized animal fighting. For some species that are hunted, there are no limits on the number of hounds that may be used, placing the wild animal at an even greater disadvantage. Dogs that are used by hounders include large, tenacious breeds like foxhounds, plott hounds

Danger → 9

'Time we stopped, hey, what's that sound? Everybody look what's going down'

Dear Editor,

The movement to stop Israel's murderous campaign against Palestinian civilians is up against the entire American military/industrial/congressional complex and assorted American war/death culture allies like AIPAC, The Heritage Foundation, and Fox News. Leaders of the most powerful American institutions and major party presidential candidates Donald Trump and Joe Biden want to continue official participation in genocide.

The U.S. spends more on its military than the next 10 highest nations combined while maintaining 750 military bases in other countries. The U.S. contin-

The U.S. spends more on its military than the next 10 highest nations combined.

ues to lead the nuclear arms race on a path to planetary annihilation — 62% of the federal discretionary budget last year went to militarized

programs and projects.

In 1967 Martin Luther King Jr. described this country's military spending as a demonic, destructive

The American war/death culture hates the ethical compassion of the young.

suction tube siphoning off huge amounts of money and resources away from human needs and societal problem solutions along with exacerbating and escalating foreign internal and external conflicts. The American war/death culture hates the ethical compassion of the young.

With transcendental wisdom, this spring's student uprisings have rejected

narcotic conformity as a lethal anesthetic and ignited a youth movement toward clarity and sanity while declaring the American war machine and its stockholders as repugnant and completely unacceptable.

unacceptable.

**Ralph Corbo,
Wallingford**

CAPITOL QUOTES



Hunter Biden, son of President Joe Biden, is facing charges of three counts tied to possession of a gun while using narcotics. His attorney, Abbe Lowell, argued that Biden had abused alcohol and drugs since a teenager and did not violate the law. The jury of 12 was selected from over 60 potential jurors.

“I am the President, but I am also a Dad...Jill and I love our son, and we are so proud of the man he is today,”

Said President **Joe Biden** in a statement to Yahoo News.

“It doesn’t matter who you are, or what your name is... [Hunter] chose to illegally own a firearm and chose to lie...No one is allowed to lie on a federal form like that. Not even Hunter Biden,”

said prosecutor **Derek Hines** according to NBC News.

“About half of them are gun owners or have relatives in their families who own guns. About half of them or more have had a drug addiction touch their families. So this is important. This is a cross section of America and these are the kinds of jurors that are going to figure quite largely in the decision making,”

said **Linda Moreno**, lawyer and jury consultant, on CNN.

“It most clearly uses the word ‘are.’ ... It does not say, ‘Have you ever been?’ It does not say, ‘Have you ever used?’...The issue here is Mr. Biden’s understanding of the question, which asks in the present tense if he ‘is’ a user or addict.”

Attorney, **Abbe Lowell**, wrote in court filings.

Come Alive Outside’s new board members bring passion, experience

Come Alive Outside announced the inclusion of two new members to its board: Barbara Spaulding and Dean Rinaldo, in a news release Monday, June 3.

Barbara “Barbie” Spaulding is a well-known Rutland resident who produces the popular Bellevue Avenue Haunted House. She began the haunted house 21 years ago and has also published a children’s book called “The Halloween That Would Not Be Forgotten.”

For the holiday season, Spaulding showcases themed Christmas trees in her home and collects non-perishable food donations from those visiting for the Rutland Area Community Cupboard. She is also a lead mentor with the Rutland Mentor Connector. A former writer for the Rutland Herald, Spaulding has worked for the RRA for 29 years as a grant writer/administrator and was recently promoted to director. Spaulding remarked, “Rutland City is my community and I have dedicated my



Submitted
Dean Rinaldo

professional and personal life to making this city a better place to live, raise a family and, hopefully, one day retire.”

Dean Rinaldo has worked at Community Health for six years and earned his BS in accounting from Castleton University; he then earned his MBA from Southern New Hampshire University. Currently, he is the chief financial officer for Community Health. When not working, Rinaldo enjoys playing disc golf, hanging out with his black lab, and working outside. “We are so lucky to have



Submitted
Barbara Spaulding

these two join our board of directors,” said Executive Director Arwen Turner. “Their unique knowledge and dedication to helping communities thrive is important to the future success of Come Alive Outside.”

Come Alive Outside is a 501(c)(3) non-profit that works with communities to create the awareness, intention and opportunity for people to live healthier lives outside. Time spent in natural outdoor spaces is vitally important to our health and wellbeing.

For more information, visit: comealiveoutside.com.

← Equity: from page 8

I agree with a number of the other points Evslin makes in his commentary. But the suggestion that the state’s problems can be solved by returning to the “Foundation Formula” is wrong because it would lead to further inequity and is, as a matter of law, illegal. It was worrisome to come upon this suggestion. This was the second time during this legislative session that it was suggested we leave behind the notion of education funding equity and return to an inequitable funding system. The first time was in House Ways and Means Committee discussions in April, when Rep. Scott Beck, R-St. Johnsbury and a teacher at the academy there, suggested the same sort of system: that if a town wanted to add to a per-pupil amount set by the state, the town could raise extra funds from local homestead property taxes. The language Beck had developed was in early drafts of the committee’s school tax bill (the “Yield” bill). It was rejected in the version sent to the Senate. Undeterred, Beck pitched his plan once more, this time to the Senate Finance Committee, on May 2, a week before the legislative adjournment date.

There is a truism that a right, such as school funding equity, is never permanently won. We have seen recently how courts have overturned important precedents, removing a right assumed permanent. Were that to happen with *Brigham*, one would have to worry what could happen with other decisions based on the equity guarantee in Article 7 of the Vermont Constitution. Trying to solve a challenging financial issue created by numerous decisions on many levels of government could, ultimately, result in the erosion of the Common Benefits clause, an equity right established in the Vermont Constitution nearly 250 years ago. It would be an unfortunate legacy for us all, if that were to happen.

← Danger: from page 8

and coonhounds. There have been recent legislative efforts to ban certain forms of hounding arising from animal welfare

“Bobcat kits are born in early June which makes the timing of this abusive activity even more egregious,” said Lovett,

and public safety concerns, as well as violations of land-owner rights.

For more information on hounding and what your rights are visit: protectourwildlifevt.org/hunting-with-hounds.

Brenna Galdenzi on behalf of the *Protect Our Wildlife (POW) board*

← WMA: from page 5

Range. Its defining feature — the rocky summit of Birdseye mountain — is a historic and current nesting site for peregrine falcons, the result of a successful effort to recover the species from population declines in the 1960s.

The parcels that make up the CMU were acquired by the state of Vermont between 1970 and 2016. Blueberry Hill WMA was created in 1970 with conveyances from the Agency of Transportation associated with Route 4. Access to these properties was impacted by the construction of the highway and as a result, they were transferred to the Fish & Wildlife Dept. to be managed as wildlife habitat. Birdseye WMA was created in 1976 with just 580 acres. An acquisition in 2009 increased the WMA size to just over 700 acres. The WMA reached its current size in 2016 with the acquisition of over 2,800 acres.

← State rep: from page 1

my hat in the ring and hopefully I will win on election day.”

Petitions for Republican and Democratic Party candidates were due May 30. Kimbell is the only candidate so far, though there could be an independent challenger by the time Independent petitions are due in August.

Kimbell is the director of sales at MISys, Inc., which gives him flexibility to work in the Legislature. Kimbell said he wants to return to help constituents navigate state government and help shape policies in Vermont “so people can thrive.”

Jim Dandeneau, the executive director of the Vermont Democratic Party, said about 30 legislators are stepping down this year, which is about average.

“It’s a tough job, it doesn’t pay a lot,” Dandeneau said. “It’s tough to fit it into leading a normal life. It’s an important job, it’s a meaningful job, but you’re making \$14,000 a year.”

Dandeneau said he works with all Democratic incumbents on succession planning.

“We make sure you have a plan in place,

that if something happens to you, you have some folks in mind,” Dandeneau said. “We work with them to do outreach to fill the seats if they leave. We spend two years helping them get ready to run for reelection or to have someone who can run for their seat.”

Kimbell was his first thought to fill the vacant seat.

“He’s obviously someone with close ties for House leadership, for the caucus,” Dandeneau said. He was one of the first calls when we knew that this was coming.”

While he’s not currently serving, Kimbell has stayed involved in politics.

“Folks who serve, they stay in touch, they make lifelong friendships in the chamber,” Dandeneau said. “They take the job really seriously and they care pretty deeply.”

Buss said she’ll continue to serve her constituents through the end of her term in January. She’ll likely stay in public service and hopes to return to the Legislature someday.

“I love my job. I really do hope ... when my kid has graduated and I’m nearing the end of my professional career, I’d like to go back,” she said.

← Defrauding: from page 5

defendants are further alleged to have obscured their actions by not maintaining or providing Medicaid treatment records necessary to verify that appropriate services had been rendered.

Vermont Medicaid service providers, in addition to a basic duty to bill honestly, are required to reliably document the services for which they claim reimbursement, and to promptly make those records available to state investigators. Failure to do so exposes providers to potential liability under state and federal laws. Violation of the False Claims Act can result in a judgment of three times the amount of public funds defrauded, plus penalties for every false claim made to the state.

If you suspect someone of abusing the Vermont Medicaid program, please contact Vermont Adult Protective Services by at ago.vermont.gov/medicaid-fraud-report-form.

← Harrison: from page 6

filed to run for a new term to represent the Rutland-11 District (Chittenden, Killington, Mendon, and Pittsfield). Thank you to all who signed my petition to help me qualify for the ballot. I believe we need more balance in the Legislature. Overriding gubernatorial vetoes on major bills does not serve Vermont well, especially as they relate to affordability. More information on my candidacy can be found at: Harrisonforvermont.com. Other than attending the session on June 17 (and potentially June 18, too), I look forward to seeing area residents at the American Junior Golf Association tournament at Green Mountain National in Killington the week of June 17-20 where I help as the volunteer coordinator.

Jim Harrison is the state representative for Chittenden, Killington, Mendon, and Pittsfield. He can be reached at JHarrison@leg.state.vt.us or harrisonforvermont.com.

← Hartland: from page 3

low turnout and slim margin. But the petition was stapled on the right side of a red folder, and a table showing the effect of the property tax increase at various home values was stapled on the left, clearly insinuating, incorrectly, that the school budget drove the increase.

“Without the CLA adjustment our original budget would have resulted in a level tax rate from this year,” Buck said.

“Only 5% of the budget is discretionary,” she told the Mountain Times. The other “95% is mandated by the state and standards of quality education. Salaries are negotiated by the state. Health-care premiums, which increased more than 13%, are negotiated by the state. The

state stopped funding school infrastructure maintenance, repair and construction in 2017. The Legislature has imposed mandates for mental health services, afternoon

“Without the CLA adjustment our original budget would have resulted in a level tax rate from this year,” Buck said.

programs, universal lunch and summer meal support, with no funding. All of these costs are in the budget because they have to be in the budget.”

Hartland lists confirm that the state’s market value is reasonably close to what they estimate.

According to selectman and former town clerk Clyde

Jenne, the voting was steady — about 1,100 voters turned out — and civil.

“At one point the automatic tabulator jammed,” Jenne told the Mountain

Times. “Nancy Murphy admitted she had inserted her husband’s ballot into the machine before it had processed hers fully, and it jammed.”

There’s a locked wooden box containing the mailed-in ballots and pre-votes from the clerk’s office. While the tabulator was being fixed, people put their ballots into the box, and they were tabulated with the others in the box after the polls closed.

The school board has called a second emergency meeting for Wednesday evening, June 5.

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Submitted

Youth fishing derby day

Over 40 children participated in the annual Fran Renner Youth Fishing Derby on Sunday, June 2, at the Mendon Fish & Game Club in Chittenden. It was not difficult to catch a fish in a pond stocked with 300 brook trout. After the fish were caught, the children, along with their families, enjoyed a free luncheon with donations from KFC, Gills Delicatessen, Wendy's, Avelino's Bakery & Catering, and Tenney Brook Market. There were numerous giveaways, and each child received a prize whether they caught fish or not. The Mendon Fish & Game Club has been sponsoring this fishing derby for 26 years.

WORDPLAY

TV DADS WORD SEARCH

Find the words hidden vertically, horizontally, diagonally and back

N E D S T A R K S W E R D N A D E R F B
 W N L O U I S H U A N G A S S Z H O C S
 G O M E Z A D D A M S R J M L D N N D U
 P M V J A M E S E V A N S S R W A A A E
 J A C K P E A R S O N T M E A R J R N E
 V T D M H K E O J D E I W Z T E P P C D
 M T B K F G G S M R C R N I Y N H O O R
 E C V K O G G I O H E A O D G N R S N O
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 V U M E M Y I L L E C I M Y N O T A H R

ALBUNDY
 CARL WINSLOW
 CYRUS ROSE
 DAN CONNER
 DANNY TANNER

ERIC TAYLOR
 FRANK COSTANZA
 FRED ANDREWS
 GOMEZ ADDAMS
 HOMER SIMPSON

JACK PEARSON
 JAMES EVANS SR
 JASON SEAVER
 LOUIS HUANG
 MICHAEL KYLE

MIKE BRADY
 MITCH LEERY
 NED STARK
 PHIL DUNPHY
 PHILIP BANKS

RON SWANSON
 TONY MICELLI
 TONY SOPRANO
 WALTER WHITE

CROSSWORD PUZZLE

Solutions → 21

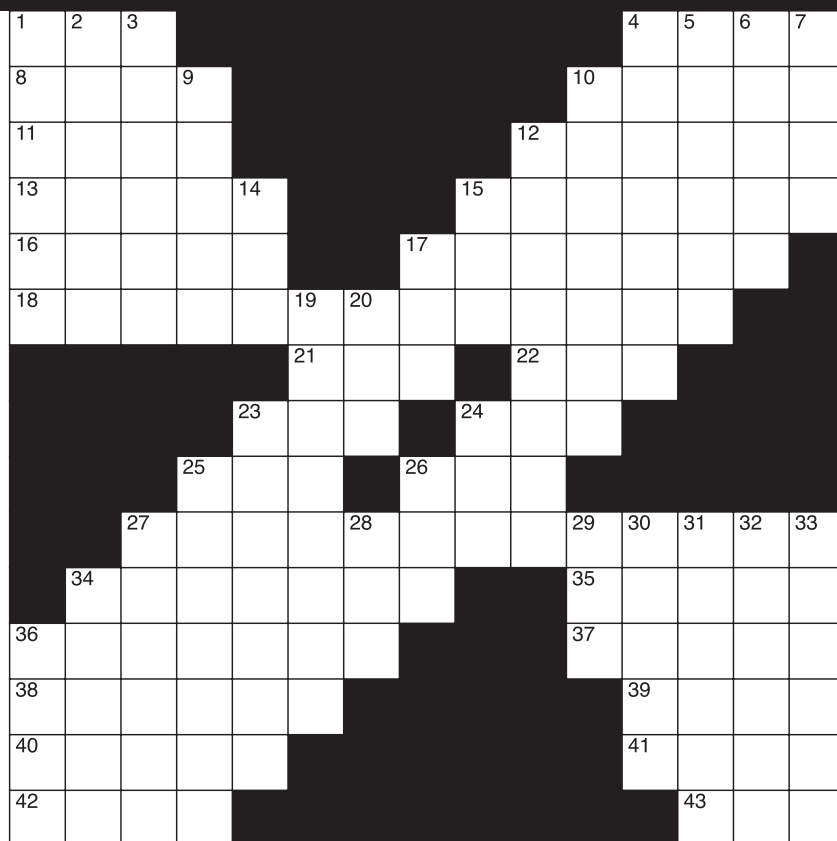
CLUES ACROSS

- 1. Baby's dining accessory
- 4. Something free
- 8. Ancient Egyptian deity
- 10. Set-like mathematical categories
- 11. Top-quality
- 12. Expansive
- 13. Seizure
- 15. People with congenital absence of pigment
- 16. Gains
- 17. Mocked online
- 18. Clint's son
- 21. Body part
- 22. Humor
- 23. Code number
- 24. Your physique
- 25. Family of regulator genes
- 26. LA football player (abbr.)
- 27. "The Blonde Bombshell"
- 34. Charity
- 35. Bluish greens

- 36. Examined closely
- 37. A type of equation
- 38. Stretched uncomfortably
- 39. Indian religious god
- 40. Clocks
- 41. Slowly leak through
- 42. Witnesses
- 43. Midway between south and southeast

CLUES DOWN

- 1. Nestlings
- 2. Induces vomiting
- 3. A place to eat
- 4. Partner in the air
- 5. Offered one's take
- 6. Nobel-winning French biologist
- 7. Farm animals
- 9. Prevent from growing
- 10. Sensationalist periodical
- 12. Soft-bodied beetle
- 14. Very fast airplane



- 15. Imaginative creation
- 17. Recipe measurement (abbr.)
- 19. Evoked a response
- 20. French river
- 23. Shiny yellow minerals
- 24. Make illegal
- 25. U.S. military branch
- 26. River in France and Belgium
- 27. A woman of refinement
- 28. Male child
- 29. Type of medication
- 30. German city
- 31. Animal disease
- 32. Mediterranean dietary staple
- 33. Sneak out
- 34. Radioactivity unit
- 36. Performs on stage



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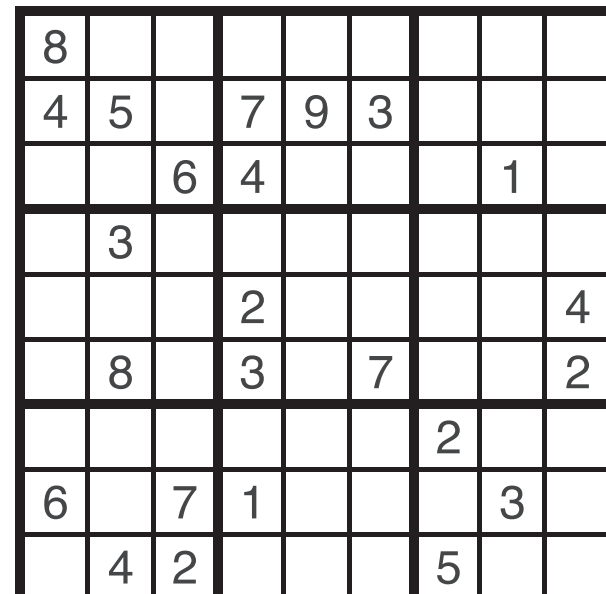
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EAT DRINK SHOP Local

SUDOKU

Solutions → 21

Each block is divided by its own matrix of nine cells. The rule for solving Sudoku puzzles are very simple. Each row, column and block, must contain one of the numbers from "1" to "9". No number may appear more than once in any row, column, or block. When you've filled the entire grid the puzzle is solved.



Level: Intermediate

WEDNESDAY

6/5

RSVP Bone Builders

9-10 a.m. Wednesdays. Godnick Adult Center, 1 Deer St., Rutland. Free. Full, waitlisted. Contact Retired Senior Volunteers (RSVP) at 802-774-8680 for a callback.

S.E.A.T.

Exercises 9-10 a.m. Wednesdays. Godnick Adult Center, 1 Deer St., Rutland. \$6 per individual class or \$5 per class when paying for the whole month upfront. A brand-new, chair-based full body workout led by Melissa Cox, ACSM-GEL. rutlandrec.com/godnick or 802-773-1853

Killington Active Seniors Lunch

11:30 a.m. Wednesdays. Lookout Tavern, 2910 Killington Road, Killington. \$5 donation towards the meal, tip is covered by local donors. 908-783-1050.

Wednesday Farmers Market (Rutland)

1-5 p.m. Wednesdays. Depot Park, downtown Rutland. One of the largest farmers markets in the state and the first to operate year-round. vtfarmersmarket.org

Market on the Green

3-6 p.m. Wednesdays. The Green, Woodstock. Woodstock's weekly market is back! Produce, crafts, live music, and more. A fun, family-friendly event on the Village Green. info@woodstockvt.com or 802-457-3555

Cribbage for Adults

3-5 p.m. Wednesdays. Hartland Public Library, 135 Route 5, Hartland. Free. hartlandlibraryvt.org/calendar or 802-436-2473

Bone Builders

3:30-4:30 p.m. Wednesdays. Chaffee Art Center, 16 So. Main St., Rutland. Free. Improve balance and enhance energy and wellbeing. chaffeeartcenter.org

Youth Intro to Mixed Media (3 week workshop)

Wednesdays: June 5, 12, 19 (5-6:30 p.m.) Chaffee Art Center, 16 So. Main St., Rutland. \$65 for all 3 classes, includes all supplies. Ages 8-11. Instructor: Kristen Partesi. MUST PRE-REGISTER: chaffeeartcenter.square.site/

Youth Led Open Mic

6:30-8 p.m. Main Street Museum, 58 Bridge St., White River Junction. Free. All ages. Poetry, music, spoken word, and comedy. mainstreetmuseum.org

Intro to Watercolor, adult (2 week workshop)

Wednesdays: June 5 and 12 (7-8:30 p.m.) Chaffee Art Center, 16 So. Main St., Rutland. \$70 for 2 classes, includes all supplies. Attendees will leave with a finished watercolor painting. Instructor: Kristen Partesi. Wednesdays: June 5 and 12 (7-8:30 p.m.) MUST PRE-REGISTER: chaffeeartcenter.square.site/

Ballroom Dance for Adults

Wednesdays. Stone Valley Arts, 145 E. Main St., Poulney. 6-6:50 p.m. Waltz for adults. 7-7:50 p.m. Cha-cha for adults. For details and cost, contact Patti Panebianco at 516-909-1686 or email at pattipdance@gmail.com stonevalleyarts.org

THURSDAY

6/6

Art at the Chaffee: Artery

10:30 a.m.-Noon. Thursdays. Chaffee Art Center, 16 So. Main St., Rutland. Fee: \$10 if you bring your own supplies, up to \$20 if supplies provided. Painting in all mediums welcome. No set topic or instructor. Pre Register: chaffeeartcenter.org

Essentrics Stretch and Strengthen

9-10 a.m. Thursdays. Stone Valley Arts, 145 E. Main St., Poulney. \$10. No-weights, low impact workout combines principles from ballet, tai chi, and physiotherapy to restore flexibility and balance. Bring a mat and water. stonevalleyarts.org

Bone Builders

9 a.m. Thursdays. Gilbert Hart Library, 14 So. Main St., Wallingford. 802-446-2685

Advanced Line Dance

9:30-10:30 a.m. Thursdays. Godnick Adult Center, 1 Deer St., Rutland. rutlandrec.com/godnick or 802-773-1853

Senior Bone Builders

10 a.m. Thursdays. Sherburne Memorial Library, 2998 River Road, Killington. Free. Weights are provided. sherburnelibrary.org or 802-422-4323

Survivors Support Group

10 a.m.-Noon. Thursdays. Godnick Adult Center, 1 Deer St., Rutland. Free. Fliers available at the Godnick Center or call 802-775-3232. rutlandrec.com/godnick or 802-775-1853.

Ukulele Group

Noon-1 p.m. Thursdays. Chaffee Art Center, 16 So. Main St., Rutland. Free. Ages 12+. Pre-register the Wednesday before. 802-775-0356 or chaffeeartcenter.org

Play Bridge!

2-4 p.m. Thursdays. Norman Williams Public Library, 10 The Green, Woodstock. Free. Beginners are welcome to observe. normanwilliams.org or 802-457-2295

Thursday Farmers Market (Fair Haven)

3-6 p.m. Thursdays. Village Green, Fair Haven. vtfarmersmarket.org

S.T.E.A.M. Thursdays

3-4 p.m. Thursdays. Hartland Public Library, 153 Route 5, Hartland. Free. Join us for S.T.E.A.M. (Science, Technology, Engineering, Art, and Math) craft activities. Something different every week! kids@hartlandlibrary.org/calendar or 802-436-2473

Yoga with Kelly

3:45-4:45 p.m. Thursdays. Rutland Free Library, 10 Court St., Rutland. Free. rutlandfree.org or 802-773-1860

Board Game Night

5 p.m. Thursdays. Hartland Public Library, 153 Route 5, Hartland. Free. hartlandlibrary.org/calendar or 802-436-2473

Feast and Field Music Series:

Myra Flynn

5:30-9 p.m. Fable Farm, 1525 Royalton Turnpike, Barnard. \$5-\$25. Featuring Indie/soul artist Myra Flynn. A celebration of music, food, and community. Every Thursday from May 30th - September 26 in Barnard, Vermont. Join us in the orchards of Fable Farm every Thursday night, all summer long, to enjoy music curated by BarnArts, and freshly prepared food that is grown, raised, and harvested on this same land by the Feast & Field Farmers. feastandfield.com/tickets

THURSDAY FARMERS MARKET (FAIR HAVEN)

THURSDAY, 3-6 PM



Red Barn Dinner Series 2024

6-9 p.m. Woodstock Inn (Kelly Way Gardens), 14 The Green, Woodstock. \$160+. Payment required at booking. Wine pairings included, cash bar available. Featuring Resort Executive Chef Matthew McClure. The 4-course meals with accompanying wines will feature fresh, seasonal, and local ingredients anchored by produce from our own Kelly Way Gardens. Reservations required. 802-457-6665 woodstockvt.com/events/red-barn-dinner-series-2024

Sonja F. Blanco: Celebrating 'The Witch of the Ware Woods Trilogy'

6:30 p.m. Phoenix Books, 2 Center St., Rutland. Free. Join us at Phoenix Books Rutland as we welcome Rutland native Sonja F. Blanco to celebrate the books in her "Witch of Ware Woods" trilogy, an upper young adult contemporary paranormal series with a strong female main character, a diverse cast of family and found family, unique magic, a touch of romance, and a world so fresh you can smell the pine trees. phoenixbooks.biz/events

Live Improv-Comedy Show by 'The Improvables'

7 p.m. The Grange Theatre, 65 Stage Road, South Pomfret. Free. The "Improvables" are a fledgling troupe of improv-comedy artists, under the direction of RJ Crowley, that will be performing "live" at The Grange Theatre. This is the culminating event of a 6-week-long block of classes dealing with the fundamentals of improv-comedy. Join us at The Grange Theatre to cheer on these not-ready-for-primetime players! artistreevt.org/artistree-events

Open Mic Night at Artistree

7-9 p.m. Every other Thursday. Artistree Community Arts Center, 2095 Pomfret Road, South Pomfret. Free. Have fun and debut your musical talents on our warm and friendly "stage!" All levels and abilities are welcome. Come to play or just to watch! artistreevt.org/artistree-events

FRIDAY

6/7

MARKET ON THE GREEN

WEDNESDAY, 3-6PM



Purple Donut Days with Jones' Donuts

7 a.m. Jones' Donuts, 23 West St., Rutland. Once a year, Jones' Donuts creates special edition purple glazed and purple frosted donuts, with proceeds benefitting Wonderfeet Kids' Museum. Available by the dozen and half-dozen. Order for Friday, June 7 and we'll deliver to your workplace! Saturday, June 8 will be pick-up in person at the Rutland Farmers Market. Pre-orders open now! 802-773-7810

Become a Hospice Volunteer

8 a.m.-4 p.m. VNA & Hospice of the Southwest Region, 7 Albert Cree Drive, Rutland. Free. Training is free and open to individuals 16 years of age and older. Volunteers need to pass a background check. No previous hospice and health care experience is required. Pre-registration is required. For more information or to register call Mary at 802-442-0540 or email at mary.pleasant@vnahrs.org

Storytime at the Library

10:30-11:30 a.m. Fridays. Sherburne Memorial Library, 2998 River Road, Killington. Free. sherburnelibrary.org

Yoga & Meditation

10:30-11:30 a.m. Fridays. Godnick Adult Center, 1 Deer St., Rutland. rutlandrec.com/godnick or 802-773-1853

Bone Builders

11 a.m.-Noon. Fridays. Chaffee Art Center, 16 So. Main St., Rutland. Free. chaffeeartcenter.org or 802-775-0356

Make Art at the National Park

11 a.m.-3:30 p.m. Mondays and Fridays through 8/9. Horse Shed at Marsh-Billings-Rockefeller National Historical Park, 69 Old River Road, Woodstock. Free. Meet the 2024 Student Artists-in-Residence and take part in a park-inspired art activity. Artists of all ages and skill levels are welcome. Visitors are invited to drop in any time during the program. Pets allowed. nps.gov/thingstodo/art-in-the-park-at-marsh-billings-rockefeller-nhp

Red Cross Blood Drive

11:30 a.m.-5 p.m. North Chapel, 7 Church St., Woodstock. Free. Woodstock residents and those from the surrounding communities are encouraged to sign up for the Red Cross Blood Drive on June 7 in the social hall at North Chapel. There is parking in the back. Register: redcrossblood.org

Murder Mystery Weekend at Echo Lake

Echo Lake Inn, 2 Dublin Road, Ludlow. \$499, includes 2 night stay. Join the murder mystery weekend on June 7-9 at the historic Echo Lake Inn filled with fun and unforgettable frights! Since 1985 Keith and Margo's Murder Mystery Weekend™ have offered a thrilling opportunity for people with a passion for cold blooded murder, diabolical clues, and creative detective work! Immerse yourself in the most unusual, interactive, and exciting weekend you won't want to miss! Includes reception 3 p.m. Friday with Heavy Hors d'oeuvres, 2 Breakfasts, Saturday Lunch and a Gourmet 3 Course Plated Dinner on Saturday Night. echolakeinn.com/vermont-lodging/special-events/ or 802-228-8602

Hartland Farmers Market

4-6:30 p.m. Fridays. 153 Route 5, Hartland. Free. Enjoy food, music, and shopping at the market. The Hartland market is accepting new vendors this season. We are always looking for more produce vendors! If you are interested in being a vendor email us at: hartlandfarmersmarket@gmail.com

Carving Studio Members Opening Exhibit

5-7 p.m. Carving Studio & Sculpture Center, 636 Marble St., West Rutland. Free. Refreshments and music. info@carvingstudio.org or 802-438-2097

Fridays at the MINT

5-8 p.m. The MINT Downtown, 72 Merchants Row, Rutland. \$50. In this class we will create mosaic stemware on the base of a glass or mug. You will learn how to lay out, adhere and complete a micro mosaic. All materials will be provided. This is a BYOB event. Some light complimentary snacks will be available. Instructor: Jennifer Judkins. To register: rutlandmint.org

West Coast Swing Dance Classes: the 'Modern swing'

5:15-6:15 p.m. Tuesdays through 6/28. The Gymnasium, 11 Cottage St., Rutland. \$60 for 4 classes. No partner required. Learn West Coast Swing, a fun, social, versatile partner dance form, danced to a wide range of popular music, from blues to pop, slow swing and R&B. June 7, 14, 21, 28. Pre-registration required. Email Karen: vtwestiebest@gmail.com

'Radiate' with Lisa Piccirillo, Jes Raymond and Allison Fay

Brown
5:30-7 p.m. JAM, 5 So. Main St., White River Junction. Free. Live performances by Lisa Piccirillo, Jes Raymond, and Allison Fay Brown celebrating creative reclamation and the upcoming release of the first single/title track of Piccirillo's forthcoming album "RADIATE." uvjam.org/event/radiate-with-lisa-piccirillo-and-friends/

Decorated Piglet Auction

Preview 6-8 p.m. Cafe Provence Event Room, 17 Center St., Brandon. Free. Piglet preview party, 60 plus, artfully decorated 3-D piglets which will be auctioned off August 16-18. The Brandon Artists Guild celebrates 25 years with a community wide art exhibition. All "Piglets" will be part of a silent auction August 16-18, partial proceeds go to supporting art education in local schools. brandonartistsguild.org

That's Amore! Pizza & Calzone Cooking Class

6:30-9:30 p.m. Odyssey Events, 276 Laber Road, Bridgewater Corners. \$85. Award-winning Chef Ted will lead a hands-on pizza and calzone-making class. You'll learn how to: make fresh pizza dough, make shells for later use, treat toppings, make sauce, make a calzone, grill a pizza (weather permitting). We'll use mostly organic and regional ingredients that herald mainly from nearby Vermont farms. Recipes included. Gluten-free option available with advance notice. BYOB and EAT WHAT YOU MAKE! odysseeyeventsvt.com/classes-culinary or 802-342-1513

'Barbie: The Movie'

7-9 p.m. The Grange Theatre, 65 Stage Road, South Pomfret. Adults 18+ \$10, children/seniors \$8. Movie night at the Grange Theatre! Barbie and Ken are having the time of their lives in the colorful and seemingly perfect world of Barbie Land. However, when they get a chance to go to the real world, they soon discover the joys and perils of living among humans. Tickets: artistreevt.org/artistree-events

SATURDAY
6/8

Blessing of the Motorcycles

8-11:30 a.m. Our Lady of Seven Dolours, 10 Washington St., Fair Haven. Free. We are officially bringing back the blessing of the bikes to Fair Haven at Our Lady of Seven Dolours in remembrance of Father Tinney & past riders! Refreshments & baked goods will be available for everyone who joins us as we bless the bikes for the season & send off to those going to Laconia's 101st motorcycle rally! 802-683-4374

Vermont Outdoor Farmer's Market

9 a.m.-2 p.m. Saturdays. Depot Park, downtown Rutland. Free. One of the largest farmers markets in the state and the first to operate year-round. vtfarmersmarket.org

Pinewood Derby Car Race

9 a.m. Barnard Town Hall, 274 Barnard Road, Woodstock. Free. Come join local area fire departments, scouts and interested scouts in the Fire vs. Fire Pinewood Derby Race at the Barnard Town Hall on June 8th. Firefighters will compete to be the championship Pinewood Derby car. Bring an old Pinewood Derby car, race a matchbox car or contact David Martin (dave@twinlinetowing.com) to build a pinewood derby car.

Fly a Kite at the Vermont Days

10 a.m.-5 p.m. Free admission at all State Historic Sites June 8 & 9! Come fly a Kite at the State Historic Sites for Vermont Days! Bring your own kite, or kites available for purchase at state historic sites with gift shops. historicites.vermont.gov

VINS Celebrates 20 years

10 a.m.-5 p.m. VINS, 149 Natures Way, Quechee. \$5. Twenty years ago, VINS moved from Woodstock

VINS CELEBRATES 20 YEARS IN QUECHEE

SATURDAY, 10AM-5PM



to Quechee and opened the doors of the Nature Center. The move provided us with the space with the capacity to accommodate our guests and facilities to expand our education, research, and rehabilitation efforts. Saturday, June 8 is also National Get Outdoors Day! Join us at the VINS Nature Center for a day filled with live animal programs, scavenger hunts, and guided nature walks. Special raffle. For tickets and events schedule: vinsweb.org/event/celebrating-20-years-in-quechee/

Experimental Animation Workshop

10 a.m.-2:30 p.m. JAM, 5 So. Main St., White River Junction. Free. Your instructor Noah Mauchly will teach you the basics of animation software. This workshop is geared towards adults but all experience levels are welcome! uvjam.org/event/experimental-animation/

World Wide Knit in Public Day

10 a.m.-Noon. Norman Williams Public Library, 10 The Green, Woodstock. Free. The NWPL knitters will celebrate World Wide Knit in Public Day by gathering with their current project-in-progress on the library lawn from 10 a.m. until noon - weather permitting, of course! Bring a folding chair and join us for an informal session of knitting, crocheting, and visiting. Note: NWPL is closed on 6/8 In the event of rain, this gathering will be canceled. normanwilliams.org

Lego Club

10-11 a.m. Saturdays. Gilbert Hart Library, 14 So. Main St., Wallingford. 802-446-2685

Rutland Railway Museum & Model Club

11 a.m.-3 p.m. Saturdays. 79 Depot Lane, Center Rutland. Free. Maintained by the Rutland Railway Assoc. Inc., the historic depot is now a museum that houses an operating HO scale model railroad set up and displays hundreds of rare or antique model trains, photographs, signs, and memorabilia saved from an earlier time, including the former Rutland Railroad Caboose #45. rutlandrailway.org

Art at the Chaffee: Drop N' Paint

Noon-2 p.m. Saturdays. Chaffee Art Center, 16 So. Main St., Rutland. \$25 per person, instructor help optional with a fee. All ages. Supplies and images to paint are provided. Must pre register by Friday noon at: chaffeeartcenter.org or 802-775-0356.

Purple Donut Days with Jones' Donuts

9 a.m.-1 p.m. Vermont Outdoor Farmers Market, Depot Park, Rutland. Once a year, Jones' Donuts creates special edition purple glazed and purple frosted donuts, with proceeds benefiting Wonderfeet Kids' Museum. Available by the dozen and half-dozen. On Saturday, we invite anyone to order donuts and pick them up from our booth at the Rutland Farmers Market in Rutland! 802-773-7810

Community Supper

4-6 p.m. Village Green, Fair Haven. Free. Held in the north end of the park. 802-265-3666.

Strawberry Festival and Dinner

4-6 p.m. The Brick Church, 298 Middle Road, Clarendon. Adults \$12, children (5-10) \$6, dessert only \$6. The Brick Church will host their Annual Strawberry Festival in North Clarendon, VT. MENU: Carved Ham, Coleslaw, Potato Salad, Deviled Eggs, Baked Beans, Beverages, Strawberry Shortcake or Strawberries & Ice Cream. brickchurchpastor@comcast.net or 802-773-3873

PURPLE DONUT DAYS WITH JONES' DONUTS

FRIDAY, 7AM



← **Calendar:** Email events@mountaintimes info.....
from page 13

'Furiosa: A Mad Max Saga' (R)

7:30-10 p.m. Woodstock Town Hall Theater, 31 The Green, Woodstock. Adults \$10, seniors \$9, children & members \$8. Furiosa must survive many trials as she puts together the means to find her way home in this prequel to 2015's Mad Max: Fury Road. Tickets: pentanglearts.org

'Kinky Boots'

8 p.m. Main Street Museum, 58 Bridge St., White River Junction. 21+. \$10. Having inherited a shoe factory from his father, Charlie forms an unlikely partnership with cabaret performer Lola to produce a line of high-heeled boots and save the business. In the process, Charlie and Lola discover that they are not so different after all. mainstreetmuseum.org

SUNDAY 6/9

Fly a Kite at Vermont Days

10 a.m.-5 p.m. Various sites. All state historic sites - Free admission. Come fly a Kite at the State Historic Sites for Vermont Days! Bring your own kite, or kites available for purchase at State Historic Sites with gift shops. Free admission at all State Historic Sites June 8 & 9! historicites.vermont.gov

'Hansel & Gretel'

1-3 p.m. & 6-8 p.m. The Paramount Theatre, 30 Center St., Rutland. Adults \$26+ taxes/fees, children 12 and under/Seniors 65+ \$16. The Vermont Center for Dance Education, directed by Stefania Nardi, is proud to present their annual performance. Students and alumni return to the Paramount Theatre with choreography by Alycia Hollister, Zoë Marr-Hilliard, Stefania Nardi and Tegan Waite. paramountvt.org

Open Mic Poetry

2 p.m. Phoenix Books, 2 Center St., Rutland. Free. Join us for an afternoon of poetry at Phoenix Books Rutland. Come to read, come to listen, or come for both! Those interested in reading can sign up at the door. This event is free and open to all. Registration is requested. Hosted by Bianca Amira Zanella. phoenixbooks.biz

Bread & Puppet Theater Presents: The Whole Kit and Caboodle Show

3 p.m. Sundays through 7/7. Papier Maché Cathedral, Bread & Puppet Farm, 753 Heights Road, Glover. \$10. We ask that you purchase a ticket ahead of time. However, it's central to our philosophy that our shows are accessible and no one will be turned away for lack of funds. Admission is by donation for kids 6 and under. Tickets are non-refundable. Tickets: breadandpuppet.org

'Furiosa: A Mad Max Saga' (R)

3-5:30 p.m. Woodstock Town Hall Theater, 31 The Green, Woodstock. Adults \$10, seniors \$9, children & members \$8. Furiosa must survive many trials as she puts together the means to find her way home in this prequel to 2015's Mad Max: Fury Road. Tickets: pentanglearts.org

Yoga in the Canopy

4-5:15 p.m. VINS, 149 Natures Way, Quechee. \$26. Members \$22. Welcome to a yoga class like you've never experienced before. Ascend into the treetops on the Forest Canopy Walk and immerse yourself in the beauty of the summer foliage. Expect a slow-flow class that will incorporate sun salutations, standing poses, balance poses, and brief meditation. All levels of experience are welcome. Participants should dress in layers for being outdoors and bring a yoga mat. In the event of rain, this event will be relocated to a covered outdoor area. To register: vinsweb.org/event/yoga-in-the-canopy-2024-2/

MONDAY 6/10

Senior Bone Builders

10 a.m. Mondays. Sherburne Memorial Library, 2998 River Road, Killington. Free. Weights are provided. sherburnelibrary.org or 802-422-9765

Art in the Park

11 a.m.-3:30 p.m. Mondays and Fridays through 8/9. Horse Shed at Marsh-Billings-Rockefeller National Park, 69 Old River Road, Woodstock. Free. Make art while feeling inspired by the park! Meet the 2024 Student Artists-in Residence and take part in a park-inspired art activity. Artists of all ages and skill levels are welcome. Visitors are invited to drop in any time during the program. Pets allowed. nps.gov/thingstodo/art-in-the-park-at-marsh-billings-rockefeller-nhp

Community Lunch

11:30 a.m.-12:30 p.m. Mondays. Godnick Adult Center, 1 Deer St., Rutland. Over 60, \$3.50. Under 60, \$6. Donations welcome. In partnership with the Southwestern Vermont Council on Aging and Meals on Wheels, the Godnick Center hosts congregational meals. Make new friends, connect with pals. Call 802-773-1853 and leave a message with your name and phone number the Thursday before. See rutlandrec.com/godnick for the menu.

Monday Movie

1 p.m. Sherburne Memorial Library, 2998 River Road, Killington. Free. Contact the library for the title. sherburnelibrary.org/movie-monday or 802-422-9765

Art Bar - Open Craft Time

3:30-4:30 p.m. Rutland Free Library, 10 Court St., Rutland. Free. No registration required. Craft supplies galore - work on any project you want! Browse our craft books for ideas. We'll occasionally provide a specific craft or have special supplies available. rutlandfree.org

Songwriter Gathering at Fletcher Memorial Library

5-6:30 p.m. Fletcher Memorial Library, 88 Main St., Ludlow. Free. This acoustic session is for anyone interested in sharing an original piece of music. This session is hosted by Max Cassano. Hailing from Plymouth, VT, Max frequents open mics, captivating audiences with his original compositions. When not on stage, Max channels his creativity into writing and recording songs in studios, where his passion for music truly shines. Call or text Max with questions or to sign up! 802-558-3121.

Free Yoga at Billings Farm

5:15-6:30 p.m. Mondays. Billings Farm & Museum, 69 Old River Road, Woodstock. Free. Stretch in the scenic pastures of Billings Farm! Ranger Jen Jackson will lead the weekly Farm & Forest Yoga Flow. Bring a mat and check in at the Billings Farm Visitor Center at 5:15PM. Class begins at 5:30PM. nps.gov/mabi

Group Run/Walk

5:30-7:30 p.m. Mondays. Location changes weekly-check Facebook event for details. Join Slate Valley Trails for a group trail run or walk on Mondays starting in June through September. Time: 6 - 7:30 p.m. The group will leave the trailhead by 6:05 at the latest. The route will vary weekly and may have two route options depending on the number of people. Expect at least a 5 mile run at a social pace with some elevation gain for a standard run. With two groups we will have options for up to 12 miles for one of the routes. There are many options to cater to all abilities and shorten the route for anyone wanting to run a shorter distance. Bring: plenty of water, snacks, bug spray, and an after run beverage of choice. Youth 14 -18 must have a parent/guardian present, or have submitted our Youth Participation Waiver in advance of outing. Questions: info@slatevalleytrails.org

'Furiosa: A Mad Max Saga' (R)

7:30-10 p.m. Woodstock Town Hall Theater, 31 The Green, Woodstock. Adults \$10, seniors \$9, children & members \$8. Furiosa must survive many trials as she puts together the means to find her way home in this prequel to 2015's Mad Max: Fury Road. Tickets: pentanglearts.org

TUESDAY 6/11

Bone Builders

9 a.m. Tuesdays. Gilbert Hart Library, 14 So. Main St., Wallingford. 802-446-2685

Line Dance for Beginners

9:30-10:30 a.m. Tuesdays. Godnick Adult Center, 1 Deer St., Rutland. Line dance basics taught by Sharon McKee. No partner or experience needed. Call 802-773-1853 for cost and to sign up. rutlandrec.com/godnick

Bridge Club

Noon-4:30 p.m. Tuesdays. Godnick Adult Center, 1 Deer St., Rutland. Free. rutlandrec.com/godnick

Senior Volunteers

1-3 p.m. Tuesdays. Sherburne Memorial Library, 2998 River Road, Killington. sherburnelibrary.org or 802-422-4323

Bridge Club

2-4 p.m. Tuesdays. Hartland Public Library, 150 US-5, Hartland. Free. All levels welcome. Want to learn? Contact Toni at 802-436-2943 or email tonidave@vermontel.net

Chess Club

4-6 p.m. Tuesdays. Godnick Adult Center, 1 Deer St., Rutland. Free. Whether you have been playing for years or are new. If possible, bring your own chess set; some sets will be available. Contact club organizer Gregory Weller at gawchess802@gmail.com

Play Chess, Backgammon!

5-7 p.m. Tuesdays. Norman Public Library, 10 The Green, Woodstock. Free. All skill levels are welcome and coaching is available. Bring your own set or use one of ours. normanwilliams.org or 802-457-2295

Tuesday Night Twilight League

5 p.m. Tuesdays through 9/24. Green Mountain National Golf Course, 476 Barrows Towne Road, Killington. Non-pass holders \$40, pass holders \$22; includes 9 holes with cart. Shotgun start at 5 p.m. 4 person scramble. Teams welcome or individuals/pairs will be linked into groups of 4 and play the front 9. Results in Gracie's Clubhouse Grill after play. Must sign-up before Tuesday at noon. gmngc.com or 802-422-4653

Exhibit Opening at the Chaffee

5-7 p.m. Chaffee Art Center, 16 So. Main St., Rutland. Art... The Equalizer: An exhibit about originality, diversity, individuality. Featuring Beyond the Curve; American Abenaki COVID experience. Exhibit runs through July 19. chaffeeartcenter.org or 802-775-0356

Volunteer Trail Work Night

5:30-8 p.m. Location changes monthly-check Facebook event for details. Play an important role in the quality of the Slate Valley Trails system, trail sustainability, and make some new friends! SVT Trail Maintenance days will occur once a month, rotating through each day of the week. Join us at 5:30 p.m. to complete some much needed trail work at a different location each month depending on where the trails need some attention. Tools provided, but please bring water and wear sturdy shoes. Expect to hike varying terrain, carrying a tool(s) to get to the work site. Show up on time, or contact us if you plan to be late and we can tell you where to meet us on the trail. We may work for as long as an hour and a half. Bring an after work beverage of choice to celebrate your hard work afterwards. Extreme weather and downpours will cancel! Questions: info@slatevalleytrails.org

Jazz Dance for Adults

6-7:15 p.m. Stone Valley Arts, 145 E. Main St., Poultney. \$15 drop in; \$68 for 6 week session. This class offers classic American jazz dance technique and choreography. Each class begins with a warm-up of moderate aerobic conditioning, followed by progressive steps across the floor, culminating in short dance phrases that can be combined into jazz dance choreography. A variety of music styles are used to make this class a fun workout! June 4, 11, 18 and 25. Instructor: Erika Schmidt. stonevalleyarts.org



LIQUID ART RESTAURANT

Open Thurs-Sun

BREAKFAST •• LUNCH •• DINNER

THURS - 5PM - 9PM OPEN MIC (6PM)

FRI - 8AM - 9PM

SAT - 8AM - 9PM

SUN - 8AM - 5PM LIVE MUSIC (6PM)

KILLINGTON, VT • 802-422-2787 • LIQUIDARTVT.COM

[MUSIC Scene]

By DJ Dave Hoffenberg
Have a music scene coming up? Email djdavehoff@gmail.com

WED
6/5

LUDLOW

6 p.m. Off the Rails – Learn to Line Dance

POULTNEY

7 p.m. Poultney Pub - Open Mic with Danny Lang

QUECHEE

6 p.m. Public House Pub – Chris Pallutto

8 p.m. Center Street Alley – Full PA/Backline Open Mic hosted by Josh LaFave

THURS
6/6

BARNARD

5:30 p.m. Fable Farm – Feast & Field with Myra Flynn

BRANDON

5:30 p.m. Red Clover Ale Company – Open Mic hosted by Emily Nelson

KILLINGTON

6 p.m. Liquid Art – Open Mic hosted by Grateful Gary

6 p.m. Rivershed – Chris Pallutto

6 p.m. Still on the Mountain – Rick Webb

LONDONDERRY

7 p.m. New American Grill – Open Mic Night hosted by DJ Jazzy Joel & Catnip John

LUDLOW

6:30 p.m. The Killarney – Irish Sessions with Gypsy Reel

7 p.m. Off the Rails – Nick Bredice & Liz Reedy

POULTNEY

6 p.m. Poultney Pub – Vinyl Night with Ken

QUECHEE

6:30 p.m. Public House Pub – Name That Tune Bingo by DJ Dave

RUTLAND

8 p.m. Angler Pub – A Sound Space Open Mic with Host Josh Cote

8 p.m. Center Street Alley – Karaoke 101 hosted by Tenacious T

SOUTH POMFRET

7 p.m. Artistree – Open Mic Night

7 p.m. Grange Theater - Live Improv-Comedy Show by "The Improvables"

WOODSTOCK

6:30 p.m. Ottauquechee Yacht Club – New Roots

FRI
6/7

BOMOSEEN

6 p.m. Lake House Pub & Grille – Ryan Fuller

BRIDGEWATER

CORNERS
6:30 p.m. Long Trail Brewery – Trivia Night

CASTLETON

6 p.m. Blue Cat Bistro – Breanne Elaine

CHESTER

6:30 p.m. Pizza Stone VT - Eric & The Steam Rollers

KILLINGTON

2 p.m. The Umbrella Bar at Snowshed – Nick Bredice

6 p.m. Rivershed – James Joel

6 p.m. Still on the Mountain – Nick Bredice

7:30 p.m. McGrath's Irish Pub – Tom O'Carroll

POULTNEY

6 p.m. Poultney Pub – Mean Waltons

QUECHEE

5:30 p.m. Public House Pub – Krishna Guthrie

RANDOLPH

7:30 p.m. Underground Listening Room - HIFI + DJ Sound Syndicate

SAT
6/8

BOMOSEEN

6 p.m. Bomoseen Lodge and Taproom – James Joel

BRANDON

7:30 p.m. Town Hall – Silent Movie: The Thief of Bagdad (1924)

BRIDGEWATER

8 p.m. Woolen Mill Comedy Club – Comedy Night with headliner Patrick Schroeder

CASTLETON

6 p.m. Third Place Pizza – Music by Cooper

KILLINGTON

2:30 p.m. The Umbrella Bar at Snowshed – Duane Carleton

6 p.m. Rivershed – Ryan Fuller

6 p.m. Still on the Mountain – Ray Boston

7:30 p.m. Jax Food and Games – Rhys Chalmers

7:30 p.m. McGrath's Irish Pub – Tom O'Carroll

LONDONDERRY

5 p.m. Black Line Tavern at Magic Mountain – Nick Bredice

POULTNEY

6 p.m. Poultney Pub – Krishna Guthrie

QUECHEE

5:30 p.m. Public House Pub – Brooks Hubbard

RUTLAND

8 p.m. Center Street Alley – Karaoke 101 hosted by Tenacious T

STOCKBRIDGE

7:30 p.m. Wild Fern – Rick Redington & Tuff Luv

WOODSTOCK

7 p.m. Ottauquechee Yacht Club – Nat & Em

SUN
6/9

BRIDGEWATER

CORNERS
3 p.m. Long Trail Brewery – Nick Bredice

KILLINGTON

12 p.m. Rivershed – Brunch with Psylas

2 p.m. Umrella Bar at Snowshed – Sammy B

6 p.m. Liquid Art – Tee Boneicus Jones

6 p.m. Rivershed – Trivia Night

7:30 p.m. Jax Food & Games – Nick Bredice

STOCKBRIDGE

7:30 p.m. Wild Fern – Rick Redington's Looping Mayhem

MON
6/10

KILLINGTON

5:30 p.m. Mary Lou's – BAK'n

6 p.m. Rivershed – Mandatory Mondays with Name That Tune Bingo by DJ Dave

8:30 p.m. The Killarney – Open Mic Night with Indigenous Entertainment

WOODSTOCK

6:30 p.m. Ottauquechee Yacht Club – Jim Yeager

TUES
6/11

KILLINGTON

7:30 p.m. Jax Food & Games – Taco Tuesday with Rick Webb

LONDONDERRY

6:30 p.m. New American Grill – Trivia hosted by Zach Yakaitis

LUDLOW

6 p.m. The Killarney – Trivia with Rick Davis

PITTSFIELD

7 p.m. Town Hall – Acoustic Jam

POULTNEY

7 p.m. Poultney Pub – Bluegrass Jam

QUECHEE

5 p.m. The Public House – Jim Yeager

RUTLAND

5 p.m. Moose Lodge - Nick Bredice & Liz Reedy

6:30 p.m. Vermont Tap House – Trivia Night

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Weekend's public market offers an opportunity to please, and reduce a recipe, and then even avoid the mess of water and empty Foli for a small amount.

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RCMS Celebrates 30th Anniversary Season

Friday, June 7 at 7:30 p.m. —ROCHESTER—The Rochester Chamber Music Society celebrates 30 years in south-central Vermont. Artistic director and concert artist Cynthia Huard has curated the varied and dynamic programming during the past 30 years and will retire from RCMS this summer. Huard, a long-time favorite on the series with her sensitive, expressive piano performances has performed with many world-class musicians and will continue to perform in venues throughout Vermont. Appointed in mid-December, violinist Adda Kridler will take over as the new artistic director and will join RCMS for two concerts in July.

A summer fixture in Rochester and considered by many as “a real gem,” the 2024 series opens on Friday, June 7, at 7:30 p.m. in the Rochester Federated Church with cellist Peter Stumpf and pianist John Blacklow. The program includes Beethoven’s Sonata in F major, Op. 5, No. 1, sonatas by Debussy and Chopin.

Peter Stumpf is professor of cello at the Indiana University Jacobs School of Music. Prior to his appointment, he was the principal cellist of the Los Angeles Philharmonic for 9 years following a 12 year tenure as associate principal Cellist of the Philadelphia Orchestra. He received a bachelor’s degree from the Curtis Institute of Music and an artist’s diploma from the New England Conservatory of Music.

A dedicated chamber music musician, he is a member of the Weiss-Kaplan-Stumpf Trio and has appeared at Carnegie Hall and the Kennedy Center, as well as in Amsterdam, Tokyo, and Cologne. He has performed with the chamber music societies of Boston and Philadelphia, and at numerous festivals including Marlboro, Santa Fe, Bridgehampton, Spoleto, and Aspen. He has toured with Music from Marlboro, and with pianist Mitsuko Uchida in performances of the complete Mozart Piano Trios. As a member of the Johannes Quartet, he collaborated with the Guarneri String Quartet on a tour that included premieres of works by Bolcom and Salonen. Concert appearances have included the Boston Symphony, the Los Angeles Philharmonic,

the Philadelphia Orchestra, and the Aspen Festival among others. Solo recitals have been at Jordan Hall in Boston, on the Philadelphia Chamber Music Society series, on the Chamber Music in Historic Sites series in Los Angeles and at the Philips and Corcoran Galleries in Washington D.C. His awards include first prize in the Washington International Competition. He has served on the cello faculties at the New England Conservatory and the University of Southern California.

Hailed for his “powerful and eloquent” playing (New York Times), as “a brilliant performer—a gifted musical presence with a high sense of pianistic fantasy” (Salzburger Nachrichten), “capable of the utmost in virtuosity” (Fanfare Magazine), pianist John Blacklow has been appeared as a soloist and chamber musician in such venues as the Kennedy Center in Washington D.C.; Carnegie’s Zankel Hall; in Amsterdam at the Concertgebouw; in Paris at Salle Gaveau, Louvre Auditorium and Cité de la Musique; the Konzerthaus in Berlin; in London at Royal Albert Hall, Queen Elizabeth Hall, and Wigmore Hall; in Vienna at the Musikverein and Konzerthaus; in Brussels at the Palais des Beaux Arts and Royal Conservatoire; the Mozarteum in Salzburg; the Megaron in Athens; and HO-AM Hall in Seoul, South Korea.

Recently Albany Records released a disc of the complete Schumann sonatas for violin and piano of Blacklow with violinist Jennifer Frautschi, as well as an American Duos album consisting of five works by living American composers. EDI Records released his solo piano CD Prism in 2009, featuring works by Berg, J.S. Bach, Schumann, and Chopin. Blacklow has performed frequently as keyboardist with orchestras that include Los Angeles Philharmonic, San Diego Symphony, and Los Angeles Chamber Orchestra, under Esa-Pekka Salonen, Pierre Boulez, Leonard Slatkin, John Adams, Edo de Waart, Jeffrey Kahane, and many others. He has also appeared on National Public Radio in the US, BBC-3 in the United Kingdom, and Radio France. Blacklow studied piano with Tatiana Yampolsky, John Browning, and Bella Davidovich, graduating from both Harvard and Juilliard. Blacklow serves as professor of piano at the University of Notre Dame, has recorded for Universal Music Inc., Albany Records, Bridge Records, EDI, and Deutsche Grammophon iTunes, and is a Steinway Concert Artist.

RCMS presents Triton Brass Quintet, winners of the Fischhoff Competition, on the Rochester Park on June 30 at 6 p.m. as public thank you to the community and to RCMS supporters. Their wide ranging program includes Gabrieli, Monteverdi, Bach, Piazzolla, Gershwin, Dave Brubeck, and Disney.

For more information, visit: cmsvt.org or call 802-767-9234.



Courtesy of RCMS

Cellist Peter Stumpf



Submitted

Billings Farm will showcase the hands-on, interactive experiences available during the Dairy Celebration highlighting the welcoming atmosphere of the event.

Dairy Celebration returns to Billings Farm

Saturday and Sunday, June 8-9 at 10 a.m. —WOODSTOCK—What better place to celebrate dairy than on a working dairy farm? Sample delicious dairy products and get up close with cow cuteness at this fun food event for all ages.

This family-friendly event features fresh food and craft beverages, along with live music, educational programs, and two farm-inspired art exhibitions, the Barn Quilt Exhibition and "Portraits of Resilience: Farming in a Changing Climate," a photo exhibit.

Browse and shop vendors, including Vermont Farmstead Cheese, Fat Sheep Farm, Cabot Cheese, and Norwich Farm Creamery, who will be offering a variety of dairy-based products to sample. Explore fun pairings of Billings Farm Cheddar cheeses with jams by Blake Hill Preserves.

For the 21+ crowd, Vermont Mobile Spirits will serve up craft beverages including cocktails, beer, and wine available for purchase.

Encounter cows throughout the site, from the herd grazing in the pastures, heifers hanging out on the lawn, and calves walking around the site as animal ambassadors. There will be hands-on learning programs for all ages including a chance to make and sample butter, ricotta, and ice cream, and you can take an educational journey from rocks in the soil to cheese on your plate. For children, there will be a cow-themed book corner and a chance to craft a wearable cow headband. On Sunday only, take a wagon ride around the farm from 11 a.m.-3 p.m.

New England Dairy’s mobile dairy bar will stop by to serve flavored milk samples. They will provide a tasty experience on wheels, complete with education about dairy nutrition and sustainable practices. Enjoy Vermont-made ice cream and snacks from the Farmhouse Scoop Shop. Hangry Hogg Food Truck will serve mac-n-cheese, poutine, and *queso nachos*.

The celebration includes live music throughout the weekend, featuring local favorites Jim Yeager on Saturday and Ali T on Sunday.

Schedule:

- Butter Program 11 a.m. – 1 p.m.
- Wagon Rides 11 a.m. – 3 p.m. (Sunday only)
- Cow Program 11 a.m.-1 p.m.
- Ricotta Program Noon-3 p.m.
- Ice Cream Program 2 p.m.
- Milking Program 3:30 p.m.
- Creamery Program 4 p.m.
- Rocks to Cheese Program- All Day

For more information, visit: billingsfarm.org.

Fish without a license

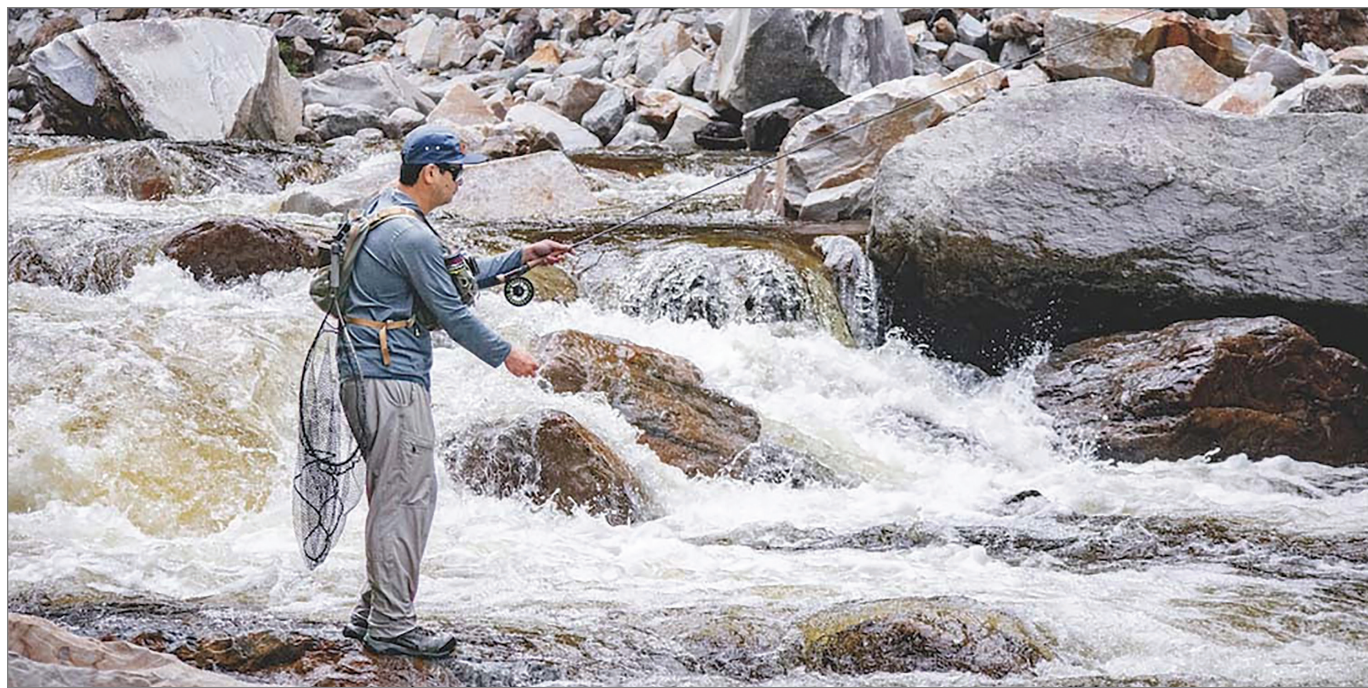
MONTPELIER — Vermont's annual, state-wide Summer Free Fishing Day is Saturday, June 8 this year, and it will be highlighted by opening day of the state's regular bass fishing season.

Free Fishing Day gives resident and non-resident anglers the opportunity to go fishing without a license for the day in Vermont lakes and streams.

Free Fishing Day in Vermont also will be celebrated statewide. Events statewide will be offered for young or novice anglers and families, including basic fishing instruction and the chance for kids to catch big trout in a hatchery pond. No prior fishing experience is needed.

Vermont's regular bass season also opens on June 8, marking the start of some of the best bass fishing action in the Northeast. The season opens each year on the second Saturday in June and extends through the last day of November.

To learn more about fishing in Vermont or to purchase a fishing license, visit: vtfishandwildlife.com.



Courtesy Vermont Fish and Wildlife Dept.

Vermont's Summer Free Fishing Day, June 8, allows anglers to fish without a license in lakes and streams.

Ancient standing stones and chambers in Vermont?

'Once upon a time with Barry Fell' by Howard Coffin

Sunday, June 9 at 2 p.m. — BRIDGEWATER — Howard Coffin, Vermont historian, author, and former Rutland Herald reporter will present his reporting on Harvard University professor Barry Fell's research on ancient stone structures and chambers in Vermont that led to Fell's conclusion that Europeans, Africans, and Asians visited America at least 3,000 years prior to Columbus. The event will be held at the Bridgewater Grange Hall, 129 RT 100A, Bridgewater Corners.

Barry Fell wrote three popular books on the subject in the late '70s and early '80s, suggesting ancient global visitors to America. Coffin, who wrote the first stories on Fell's research and traveled with him to the sites, will delve into these theories and share insights from his travels with him.

This program is free, open to the public, and accessible to those with disabilities.

For more information, visit: bridgewaterhistory.org.



Courtesy of the Bridgewater Historical Society

One of the ancient stone structures researched by Harvard University professor Barry Fell that led to his conclusion that Europeans, Africans, and Asians visited America at least 3,000 years prior to Columbus.

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Chaffee Art Center holds opening reception for new exhibit

Tuesday, June 11 at 5 p.m.—RUTLAND—The Chaffee Art Center, 16 So. Main St., Rutland, invites the community to the opening reception on June 11 of a new exhibit, Art ...The Equalizer, An Exhibit about originality, diversity, and individuality featuring Beyond the Curve, American Abenaki COVID Experience.

Participants can mingle and get creative with interactive arts projects that explore the artist's show & tell. There will be creation stations including a beverage bar. The first 100 attendees will get an Ann Clark Ltd. "Castle" cookie cutter.

Featured artists and activities

- Heather Wilson
- Mary Fran Lloyd
- Jen Rondinone
- Ann McFarren
- Michelle Hartline
- Jennie Johannesen
- Donald Johannesen
- Live music on piano by Marna Grove
- Sample nibbles including
- Guided tours of the Chaffee Mansion.
- 50/50 raffle and door prizes.

Chaffee artist members' works will also be on display and for sale throughout the galleries, as well as in the Gallery Shoppe that is filled with handmade treasures and gift ideas for any occasion. There is no charge to attend.

The Chaffee Art Center asks attendees to bring non-perishable food donations for BROCC Community Action. This exhibit will be on display until July 19.

For more information, chaffeeartcenter.org and the Chaffee Art Center Instagram and Facebook pages or call Sherri Birkheimer Rooker at 802.775.0356 / cell 802.353-6605.

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Courtesy Chaffee Art center

The Chaffee Art Center is launching an exhibit titled Art ...The Equalizer, featuring interactive art projects, live music, and a Chaffee Mansion tour, with donations for BROCC Community Action.

Jamie Oliver's '5 Ingredients Mediterranean' is an inspirational food tour

With his 27th cookbook out just this past January, Jamie Oliver takes us on not just a cook's tour of the 22 countries surrounding the Mediterranean Sea, he takes us on the celebrity chef's tour of cuisines and cultures that promises to rock us out of dinnertime ruts with casual, easy takes on delicious food.

You don't write 27 successful cookbooks without having a keen sense for what's needed now. This one came as the answer to clamoring moms in school pick-up lines with Jools, his wife, for another "5 Ingredients" concept.

With over 125 recipes shown in full color, full bleed photos on each facing page, it's a riot of inspiration, his perennially delicious dishes promising as little fuss as can be managed by busy people. He does this with pared down lists of ingredients, casual, uncomplicated cooking and no more washing up than necessary.

A sizeable number of recipes are meat-free or meat-reduced.

Jamie Oliver's commitment is consistently geared towards people wanting to avoid the highly processed convenience of so much of what's commercially available that's doing so much damage to our collective health. He's probably equally well known for his commitment to people, to teaching, and training up his restaurant staff for leadership roles. And he's also still appreciated for the hot boy summer of his youth as The Naked Chef.

A scroll through Goodreads gives a good sense of what he's covered in 27 cookbooks, but consider that Jamie Oliver has sold 50 million cookbooks worldwide. For a sense of that scale, Rutland Free Library's entire collection, housed in an imposing building with an extensive addition, houses

a mere 75,000 to 80,000 titles. That's a difference of 667 times — and all done at just 48 years old. Prolific doesn't even describe that.

It should be noted that this isn't his "5 Ingredients Quick and Easy Food" nor is it "30 Minute Meals." Those have already hit the shelves and they may be what's needed now in your household. So be it!

In this one you'll find inspiration for all kinds of recipes with seasonal ingredients from salads, soups and sandwiches to long-cooked braises and simple but delicious, sweet finales. There's a chapter each to "Veg," and "Pies & Parcels," pasta, seafood, fish, and chicken and duck, just for a few.

The inspiration you glean might find you bringing home an egg-plant and chick peas or a bulb of fennel with some fish or ordering ras el hanout spice blend as I did. Its timing just as we're anticipating farmers markets moving outdoors again is wonderful.

Beginning with a salad with a toasted web of haloumi cheese dramatically topping sticky peaches over dressed salad greens and a green gazpacho a few pages further, the book will have you stopping to read and look plenty. Tunisian shrimp over pasta is punched up with harissa; a veg & feta stuffed flatbread and cauliflower with romesco sauce of roasted red pepper and ground almonds give a good sense of

possibility — mostly familiar ingredients with maybe a twist or two. Inspiration.

"Mediterranean" being shorthand for healthy and fresh, I took my copy to the gym, and very quickly I had two volunteer testers elbow deep in the book. The person recom-

mending this title also tested a bit for me, as did I.

Any good cookbook inspires the confidence for adaptation and experiment. Substitutions for what's on hand or what's in season become "what is needed now." Seldom do I come out with a recipe as written beyond the first go, if that, and that's what each of us did in cooking from the book. We exceeded the five ingredients. (Writing recipes limited to five ingredients must be like cooking with one hand tied behind you. Think about that.)

I substituted lamb stew meat for lamb shanks, using dried sour cherries and chick peas for a flavor profile somewhat east of the Mediterranean because I'm fond of the middle eastern penchant for meat braised with sour fruit. With the ras el hanout spice blend he calls for from Amazon, it was as delightfully authentic to a tagine as I'd hoped it would be. I'm delighted.

A point of pride is that he writes each of his own recipes. Not all chefs do. So the recipes are approachable with a couple read-throughs. You might find yourself re-reading because Jamie writes very much as he speaks. And if listening and watching him work is the best means for learning to roll with him, there's lots to tune into on YouTube.

It seems he's always been a natural for cooking and talking at the same time, all while facing into cameras that switch from one to the next. It's both easy and enjoyable getting a better sense of how he cooks on video. He'll send you an email every Monday too, if you like. Just visit jamieoliver.com and sign up.

Look for the traffic cone orange book cover. It's designed to make you reach for it.



Courtesy Jamie Oliver
Jamie Oliver's 27th cookbook, "5 Ingredients Mediterranean," offers 125 recipes from 22 Mediterranean cultures, promoting simplicity, adaptability, and experimentation, with a YouTube channel for cooking tutorials.



Courtesy Jamie Oliver
Jamie Oliver



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Rutland CO-OP
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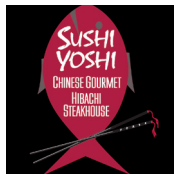
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Solutions From page 11

Crossword

B	I	B							C	O	M	P						
A	P	I	S						T	O	P	O	I					
B	E	S	T						G	A	P	I	N	G				
I	C	T	U	S					A	L	B	I	N	O	S			
E	A	R	N	S					T	R	O	L	L	E	D			
S	C	O	T	T	E	A	S	T	W	O	O	D						
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					T	I	M	E	S						S	E	E	P
					S	E	E	S							S	S	E	

Sudoku

8	7	3	6	2	1	9	4	5
4	5	1	7	9	3	8	2	6
9	2	6	4	8	5	7	1	3
2	3	4	5	6	8	1	7	9
7	6	5	2	1	9	3	8	4
1	8	9	3	4	7	6	5	2
5	1	8	9	3	4	2	6	7
6	9	7	1	5	2	4	3	8
3	4	2	8	7	6	5	9	1

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Ronan—4-5-year-old. Neutered male. Shar-pei mix.



Lilly—4-year-old. Spayed female. Lab mix.



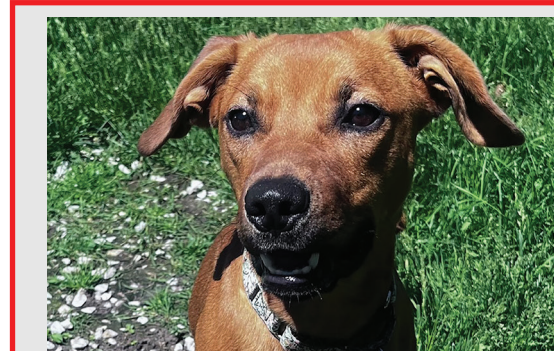
Tink—2-year-old. Spayed female. Domestic shorthair.



Roscoe—11-month-old. Neutered male. Domestic shorthair.



Taki—2-year-old. Neutered male. Pit Bull.



GINGER

Ginger—7-month-old. Spayed female. Hound mix.

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Quack and Ducky—1-year-old. Spayed female. Domestic medium hair.



Tater—2-year-old. Neutered male. Pit Bull mix.



Cow Girl—1-year-old. Spayed female. Pit Bull mix.



Cora and Callie—7-month-old. Spayed female. Domestic shorthair.



Opal—5-year-old. Spayed female. Domestic shorthair.



Maizy—5-year-old. Spayed female. Domestic shorthair.

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Cosmic Catalogue



Aries March 21 - April 20

You have a choice this week. You can double down on what you've always done or you can be open to changing your mind. As your patron planet, Mars, moves into your cash zone, some potent money moves can be made that could really reshape your fortunes. This reshaping will stem from your ability, or lack thereof, to take wise counsel even if it's not what you want to be hearing.

Leo July 21 - August 20

You are at the epicenter of your social life right now. Being in high demand usually makes you feel loved and adored. That said, are you being respected or are others just basking in your light? Authenticity counts. It's really up to you whether you choose to be a flash in the pan or whether you want to be a lasting and enduring light. Choose wisely. Not everyone who smiles at you is a friend.

Sagittarius November 21 - December 20

It may now be easier to attract everything you ever wanted. With your capacity to call in your desires, it's also possible you'll call in some elements you don't want neither. For every action, there is an equal and opposite reaction. Discernment is required now. So is the truth. Sometimes your capacity to attract is enhanced by what you reject. Be honest with yourself about what you do and do not want.

Taurus April 21 - May 20

Once got a fortune cookie that said, "the sooner you fall behind, the longer you'll have to catch up." There's also a similar quote from someone much more famous that talks about axes and trees. In other words, this week, be strategic about your goals and desires. Keep them close to your chest. Ward off the evil eye and only talk about what you're doing once it's done.

Virgo August 21 - September 20

There's a lot that is going in your favor in terms of your career or what it is you're known for. With so many opportunities, abundance and blessings, it will be easy to just rest on your laurels now. You're supreme at the power of discernment, so do be sure to not lose sight of that this week. Don't enter negotiations unless you do have the ability to say 'No.'

Capricorn December 21 - January 20

You're a master at the long game. With that in mind, don't feel lesser than just because you're so in the trenches right now. Every little and big thing you do is all compounding and overflowing. It may not feel like it today, tomorrow or even next month, but it will happen. Every day, do something that your future self will thank you for, even if that means over stretching yourself a bit.

Gemini May 21 - June 20

You're so well-starred right now that you may be pushing someone else's nose out of joint. As Madonna once said, "If you hate me and watch everything I do then bitch, you're a fan." You keep doing you. You keep being you. The only people who have something negative to say are beneath you anyway. Don't let bitter people rain on your parade. No one will remember their name.

Libra September 21 - October 20

It's not possible to have more and more and not give something up or at the least, make a compromise. As it is in nature, for every new shoot on a plant, another leaf slowly dies. It's the law of nature. This week, by all means, say yes to all the wonderful opportunities that come your way. Just know that by saying yes to one thing means saying no to another.

Aquarius January 21 - February 20

Regardless of the pressures you're experiencing, you really do have the most wonderful stars for having fun. For some, this may be about laughing, living life to the fullest and not worrying too much about tomorrow. For others, a romance or someone special may be sprinkling a little sugar on your life. Whatever it is, enjoy it. It has the capacity to change you for the better.

Cancer June 21 - July 20

So much of the sky's action is now positioned in your most private zone. Some may see you as hibernating within your shell, but really, you're just fine-tuning your instincts and intuition. Rather than letting distractions take away from what matters to you, you're tuning in, then tuning out the noise. Good for you. There is power in focusing on what matters. Don't let the nay sayers say nay.

Scorpio October 21 - November 20

You're guiding planet, Mars, arrives in your relationship zone this week for the first time in two years. This could spice things up in just the right way. It could also irritate what has been bubbling under the surface. Do be sure to have a few honest conversations. Denial isn't going to do you any favors now especially when it comes to harmony at home, your family and those you care about.

Pisces February 21 - March 20

Life is a compromise between your personal priorities and what your family life demands from you. It may even feel that the more you are giving, the more is being asked of you. While that is possible, there is also no reason why you can't put a little bit of magic into the mundane either. Changing up your daily rituals a bit may give you a new lease on life!

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Cassandra has studied astrology for about 20 years. She is an international teacher of astrology who has been published all over the globe.

Face the truth, there's potency in deciding

There is such potency and power in the act of deciding. It's so potent that in fact, it has the capacity to change everything. Once you've reached a conclusion and the choice is made, all there is left to do is follow through.

But why is the decision itself hard? Is it the narrative on repeat in our minds? Is it the conflict we hope to avoid but which only ends up multiplying? The avoidance? The denial?

A lie unchallenged becomes the truth. The pain of not saying what you think vastly outweighs the pain of saying something uncomfortable.



Cosmic Catalogue
By Cassandra Tyndall

To get to that place that feels like a living hell. It's death by a thousand cuts. A lie here and a lie there and before you know it, you don't even know what truth is anymore. If you're more confused than you've ever been, if you're feeling an under current you can't quite define, chances are, you're being lied to.

This week has the propensity to reveal the truth. That in itself can be a painful, yet liberating process. It's also hard. Oh, so hard. No one ever said that facing the truth was easy, though it's necessary.

With nature

Rain falls,
making puddles,
and putting droplets on spider webs.
How beautiful it is,
just sitting there in the rain,
enjoying what is around you.
Just being present in the moment.
Makes you so happy.
So you just sit there.
In the rain,
with nature.



Poetry Is Power
By Bree Sarandrea

International travel lessons amidst progress on the home front

Building our Killington Dream Lodge: Part 16

The second floor framing on our Killington Ski Lodge was growing a little week by week. One of the slowdowns was only two beams could be transported at the time atop our station wagon each week (to avoid caving in the roof). As Dad progressed, I stayed in Montclair to work a few weeks at The Montclair Times as a Girl Friday and the roving reporter. I interviewed people on the street about the moon landing and sundry other subjects. Buzz Aldrin (from Montclair) said, "One small step for man, one giant leap for mankind."

When the time came to leave for school, friends and family saw me off on board the New Amsterdam passenger ship. I had entered the Arlene Francis Scholarship Contest for The American College of Monaco, and won with my essay on theatre as social criticism. So, I sailed for Le Havre, France then took the train to Paris and south for my next life adventure, lugging skis, two suitcases, trunk, typewriter, and carrying Vermont in

my heart.

I felt like royalty on the glitzy Riviera, living in a Monte Carlo fairytale. Prince Rainier was our college president, and Jacques Cousteau our chancellor. Prince

Rainier and Princess Grace invited us to their palace for an elegant reception, and to a picnic barbecue in the tropical palace garden.

They both had a great sense of humor. Princess Grace asked me, "Which airline did you arrive on?"

"Icelandic," I answered.

"Oh, yes," she said with twinkling blue eyes. "We call it Hashish Air."

In the spring, Prince Rainier led us down a garden path. A voice in the palm trees clearly called out, "*Bonjour. Ça va bien.*" I burst into laughter when I spotted the Royal miynah bird.

Then Princess Grace suggested I go swimming.

"I didn't bring a bathing suit." "Help yourself to one of mine in the bathhouse."

Meditation → 30



Mountain Meditation
By Marguerite Jill Dye

The many and varied ways caterpillars avoid predation

In "Alice's Adventures in Wonderland" by Lewis Carroll, Alice stumbles upon a large mushroom. She peeps over the edge and encounters a caterpillar "smoking a long hookah, and taking not the slightest notice of her or anything else." If Alice had touched the creature, she might have been in for an even bigger shock—forked horns, nasty smells, and other repellent tricks.

There are many animals that prey on caterpillars—including birds, spiders, other insects, and mammals. Migratory warblers, for example, eat one and a half times their body weight in caterpillars every day. It's no wonder these fat, juicy morsels are a favorite food source; caterpillars can gain up to 20% of their body weight in one hour! Their daily agenda is simple: eat, eat, avoid being eaten, and eat some more. To protect themselves, many caterpillars have adapted ingenious, varied, and seemingly outrageous defense mechanisms.

Monarch caterpillars, for instance, have two related defensive traits: toxicity and warning colors. From the time they hatch until they spin their chrysalises, monarchs famously feed exclusively on milkweed, thereby ingesting the plant's toxins. Those toxins are repulsive to birds and other would-be predators—and they're unlikely to make the mistake of munching on a monarch twice. That's where the monarch caterpillar's bold yellow and black stripes—and its bright coloring as an adult butterfly—come into play, as a warning that this potential meal is best avoided.

Red admiral caterpillars feed and also shelter on stinging nettles. This adult red admiral butterfly bends the tips of nettle leaves and fastens its eggs with strands of silk.

The resulting larvae feed inside these little tents. At night, they move outside the tent to continue feeding. Home becomes incubation, shelter, and food.

The tomato hornworm caterpillar looks eerily like a tomato plant. It is bright green with a red horn on its head, along with eight

v-shaped markings on its underside—perfect for hiding on the tomato plant. This species also eats potato and pepper plants. (The closely related tobacco hornworm caterpillar, whose range is more southern, spends its larval stage eating the highly toxic tobacco plant. These caterpillars absorb nicotine from the plants into their bloodstream, then vent it out through their skin. The result is a pesticide-like fog that makes it clear to wolf spiders and other predators that it won't make for a good snack.)

The unsightly first instars of swallowtail caterpillars (various species) look like shiny, wet bird droppings, repulsive to insect-eaters. Later instars of black swallowtail caterpillars have stripes similar to monarch caterpillars—essentially a bluff to potential predators, suggesting they are toxic (although they are not). Spicebush swallowtail caterpillars have large eye markings that make them like snakes. And each swallowtail caterpillar has an orange, Y-shaped gland called an osmeterium on its neck which it extends when threatened. This

TOS → 33



The Outside Story

Dian Parker



The reality of fiction

I drive a black Ford Ranger. It's a basic truck with few bells and whistles other than heated seats and a cover for the back bed so my golf clubs don't get wet.

My wife hates trucks and is persistently complaining about my need to own one. My response is always the same: It's convenient to carry my clubs and other outdoor gear, it allows me to go to the dump or remove yard debris without worrying about ruining the inside of the cab, and it enables me to transport larger items when needed.

In other words, it's useful for the multitude of activities that I engage in.

The other day, as I was driving my truck just after work, I pulled up to a stoplight. As soon as I was stationary, I noticed another vehicle pull up in the lane next to me. Something about the motion caught my attention so I turned and looked over to my right.

The vehicle was large and covered with an interesting matte black paint, which made the sun bounce off it in an odd way. I immediately noticed the unusual angles of the chassis and how unique the side mirror was. I wasn't sure why, but the vehicle seemed strange to me.

Just as I was pondering these points, the light turned green, and the traffic started to move forward. That's when the vehicle pulled ahead, which gave me a clear view of the entire frame.

In an instant, I realized why I was so confused.

It was the new Cybertruck, the futuristic electric vehicle from Tesla that was just released into the mainstream, albeit in very limited quantities.

I took my phone out and snapped a quick photo and sent it to my son with the caption, "My first Cybertruck sighting!" (He's really into cars, so I thought he'd be impressed.)

As I pulled up to the next stoplight, the Cybertruck and I ended up next to each other again. This time I looked inside the window, curious about the individual that had the resources and connections to have access to this rare automobile. He was a 30-ish looking guy with a mustache and aviator sunglasses — exactly who you'd expect to be driving such a unique vehicle.

His window was down so I dropped my passenger window and attempted to engage him.

Me: "Hey, that thing looks even more futuristic in person."

Cybertruck Driver: "Yep, it's unique.

Feels like I'm driving a spaceship sometimes."

I was enamored that he was so responsive. I figured everyone was probably asking him questions, so he'd be annoyed, but he was immensely cordial.

Me: "How does it handle?"

Cybertruck Driver: "Surprisingly smooth for something that looks like it belongs in a sci-fi movie. And the torque is insane."

Me: "I can imagine. Probably getting a lot of weird looks driving it around?"

Cybertruck Driver: "All the time. People either love it or think it's some kind of armored

vehicle."

Me: "Well, it's definitely got a presence. Any cool features?"

Cybertruck Driver: "Tons. The self-leveling suspension is great for off-roading, and the storage space is like a cavern. Plus, it's built like a tank."

Me: "Sounds like the perfect apocalypse vehicle."

Cybertruck Driver: "Yeah, pretty much. I'm ready for zombies, road trips, and everything in between."

Me: "Just need to add some solar panels and you're all set."

Cybertruck Driver: "Funny you say that. It can actually charge with solar power. Eco-friendly apocalypse ready."

Me: "Impressive. Enjoy the ride, man."

Cybertruck Driver: "Thanks, you too. Drive safe."

And with that, my 45-second Cybertruck acquaintance drove away, leaving me wishing I was living his reality.

The main character in this week's feature, "American Fiction," finds himself living in an alternative reality when his book career takes off after he decides to pander to the perceptions of gullible public.

Starring Jeffrey Wright ("The Batman," "Asteroid City") as a haughty college professor who sidelines as a novelist, the film follows the slow decline and then sudden expansion of his writing career when he writes an outlandish satire of a stereotypical black experience.

Check this one out if you yearn for well-crafted cinema (of which we are in continually short supply). It's beautifully written and full of exceptional performances. And it doesn't hurt that it's funny and smart at the same time.

A bookish "A-" for "American Fiction," now streaming on Amazon Prime.

Got a question or comment for Dom? You can email him at moviediary@att.net.



The Movie Diary
By Dom Cioffi



A June 1 miracle

We got there at 7:30 in the morning, a good 90 minutes before the lift was scheduled to spin and discovered an already developed line. Skis and snowboards were laid on the ground, one right after the other, in a line that would eventually extend from the Superstar Quad around the Umbrella Bar and K-1 Lodge all the way to the K-1 Gondola. At 7:30 a.m., we were right at the entrance to the Umbrella Bar and able to borrow some of their Adirondack chairs to relax while we ate our breakfast.

Even in the depths of the line, we found our people. They are our people because we always end up at the mountain in the same places at the same times without even a bit of planning. You could just feel the giddiness in all of us because Killington's grooming team had pulled off a miracle of sorts. I always say you have to believe, but after seeing the snow spread out and melting all week long, it was really hard to believe that the team could make a skiable stripe out of that melty mess.

But we were here, with our rock boards, ready to belay down the ropes anchored to the groomers at the top of Superstar and then ski whatever it was they had made for us. The beauty of June 1 skiing isn't that the skiing is amazing mid-winter conditions; it's that the snow is there at all. It's a celebration of a season that

brought ups and downs and that we rode those waves and still had a blast. And so here we were, waiting in line for our commemorative t-shirts.

Holy crap, the snow was amazing!!

If you have ever thought that the Killington grooming team is not the best in the business, this past week proved you wrong. Those boys built an amazingly thick and deep stripe of beautiful white snow about three groomers wide that skied ridiculously well all. Day. Long. Even if it did get a little dirty in spots. They peeled snow from every inch of that trail to make a path for us to play on. That fancy new "measure the depth" tool Solimano has been bragging about — well, that obviously works. There were no scrape marks on the grass from digging too deep, just a beautiful white stripe that you didn't have to just survive, you could throw 'em sideways and have your way with it.

Killington, you impressed us all.

You could play! You were free! You were skiing and riding in June! And holy crap you wanted to take another run but by the time

Living the Dream → 36



Living the Dream
By Merisa Sherman

Latin and Yiddish

Latin has been described as a "dead" language because, they say, it's not in use anymore. No one speaks it, they say. But it actually is in use. After all, where would MGM's lion be without the words *Ars Gratia Artis* above its head? [Translation: "Art for Art's Sake."] And Clarence Thomas, who has accepted a fortune in travel, gifts and forgiven loans since being named to the Supreme Court, where would he be without *quid pro quo*? [Translation: "something for something."] But still, many say Latin

is dead, done, finished, unused, et cetera. Wait a minute. *Et cetera* is Latin, meaning "and so on." So is *video*, *memorandum*, *data*, *emeritus*, *minimum*, *media*, *alumni*, *stadium*, *audio*, and many other words used in English. And Latin expressions abound: *semper fidelis*, *carpe diem*, *mea culpa*, *caveat emptor*, *in vino veritas*, *sic transit gloria*, *cui bono*, *quo vadis*, *ipso facto*, *bona fide*, *ad hoc*, *corpus delicti*, *fait accompli*, *prima facie*, *pro forma*, *pro rata*, *pro bono*, *pro tem*, *per diem*, *per capita*, *per se*, *persona non grata*, *ad nauseam*. And some of us would like to believe that the U.S. still exists under the motto "*e pluribus unum*." By the way, the word "motto" comes from the Latin

muttum.

It should also be noted that lawyers and doctors use Latin frequently. The cornerstone of American law is Latin: *Habeus Corpus*. Then there's *inter alia*, *certiorari*, *ex parte*, *non compos mentis*, and for doctors *fibula*, *tibia*, *sternum*, *tarsus*, and much

more. And we use Latin abbreviations all the time: *ad lib*, *et. al.*, *i.e.*, *e.g.*, *a.m.*, *p.m.*, *A.D.*

Former vice president Dan Quayle figures into this theme as well. Boomers remember Dan Quayle, who famously on camera corrected a child's

spelling of "potato." But the kid spelled it correctly, it was Quayle who had it wrong. After a tour of Latin America in 1989 the then vice president returned to the U.S. and said he enjoyed the people he met there. He allegedly also said he only wished he could have communicated better with the Latin Americans he met, but he had never learned to speak Latin... Apparently, Quayle didn't realize that if he had spoken Latin to the people in Latin America they wouldn't have understood a word he was saying.

And this calls for comment about the Romans, the people who gave us Latin: Legend has it that a Roman centurion walked into a

Latin → 27



By Bruce Bouchard and John Turchiano



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← **Latin:**
from page 25

restaurant, held up two fingers [in a V] and said, “Table for five.”

One student of Roman history said, “I hate the misuse of Latin phrases and vice versa.”

A priest asked a fellow priest, “What’s the Pope’s phone number?” The answer? “*Et cum spiritu tuo.*”

A teacher asked, “Who knows how to write Roman numerals?” A student answered, “I, for one.” The teacher then said, “That makes II of us.”

But while Latin is the source of so many English words and expressions, there’s another language that has made its way into our language big time, even here in Vermont. It’s Yiddish. We have lots of words we use in English that are actually Yiddish, so much so that we inevitably have people who in speaking English use Yiddish incorrectly.

Politician Scott Walker is a good example. When he was governor of Wisconsin in 2014 Walker issued a response to a Jewish constituent by writing, “Thank you again and Molotov.” Presumably, Walker meant to say “*mazel tov,*” Yiddish for congratulations or good luck, but instead he wished the voter a homemade bomb... oops!

Walker isn’t the only one. A former U.S. Senator from New York, Kenneth Keating, once accused his opponent of issuing a “political *schmear.*” Keating obviously meant smear, a *schmear* being Yiddish for, say, an application of cream cheese to a bagel.

There’s more. In his best selling disco song, “Never Gonna Give You Up,” Barry White sings the lyric, “I’m never ever gonna quit ‘cause quittin’ just ain’t my stick.” White probably meant *schtick*, which is Yiddish for one’s routine or, if you’ll excuse the Latin we don’t use anymore, one’s M.O., their *modus operandi.*

Jerry Orbach once told of a man who claimed to be totally out of sorts. The man said he had “*tisuris,*” pronouncing it like the book that has all the synonyms. Orbach suggested that if the man had difficulty saying Yiddish word “*tisuris,*” meaning “*woe,*” he could use an Italian version and say he had *agita.*

Don’t know any Yiddish? Oy vey, let’s get you started. After all, while plenty of Yiddish words have made it into the English language, especially in cities like New York and Los Angeles, some are even spoken here in Vermont.

An example of Yiddish in Vermont? How about “bagel?” Yup, it’s Yiddish. So is *klutz.* And *putz.* A half-mile walk to buy milk, bread and eggs in Vermont is an errand. But if it’s

Remember that bagel with a schmear of cream cheese? You can nosh on that – yes, “nosh” is Yiddish, and if you don’t like bagels try a knish or blintz, also Yiddish. That glitzy show – yes, “glitzy” is Yiddish – you saw when you were in Las Vegas? It was pure schmaltz.

snowing hard outside it’s a *schlep.* There are others. Did you ever tell someone who was getting excited, “Don’t have a have a kanipshin?” *Kanipshin* is Yiddish. When you see a friend you haven’t seen in a while you may stop to *schmooze,* or, if it’s a group of friends, perhaps *kibbitz.* Remember that bagel with a schmear of cream cheese? You can *nosh* on that – yes, “nosh” is Yiddish, and if you don’t like bagels try a *knish* or *blintz,* also Yiddish. That glitzy show – yes, “glitzy” is Yiddish – you saw when you were in Las Vegas? It was pure *schmaltz.* Did you stop at the casino on the way to the show? You probably won *bubkes.* Yes, *bubkes* is Yiddish for “nothing.” Someone who has a lot of nerve is often said to have *chutzpah,* an often loud word with a silent “c.” And people with *chutzpah* are often *schmucks, schmos, or schnooks,* all Yiddish words often used in English. Do you know someone who persistently annoys or who always points out things that they believe are being done wrong? That’s a *noodge.* When told *noodge* is Yiddish for someone who persistently annoys and always points out things that they think are being done wrong, one Vermonter said, “I get it. *Noodge* is Yiddish for Judge Judy.”

There are lots of other Yiddish words commonly used in English. Examples? *Kvell, Nudnick, Schlimiel, Gonif, Schlub, Nebbish, Schnorrer, Mensch, Schlump, Spiel, Plotz, Schlimazel, Gesundheit, Schmutz, Meshugenah, Mishegas, Yenta, Schlock, Shlumperdik, Kvetch, Shande, Tuchus, Schmootz, Schmendrik, Verklemp* and lots of others. And while we’re at it, let’s explain the difference between a *schlemiel* and a *schlimazel.* A *schlemiel* is a *klutz* who spills a bowl of soup. The *schlimazel* is the *nebbish* (or poor thing) the soup lands on. Further exploration of the language can be found through the most replete repository of Yiddish in the U.S., Larry David’s “Curb Your Enthusiasm.”

One of the great things about Yiddish is that it sounds so good coming off the tongue. It’s often guttural and frequently humorous sounding. Let’s face it, saying “*schlemiel*” is such a satisfying way to describe an inept or incompetent person. Calling a mooch a *schnorrer* works, too. Referring to a stupid person as *schmendrik* with a smile may have the pleasant result that the stupid person doesn’t realize you’re calling him brainless.

Yes, Latin and Yiddish are definitely useful as components of 21st Century English. Want to be smart and hip at the same time? Be a *mensch!* Remember, don’t be a *schlumperdik* and futz around. Instead, *carpe diem!*

← **TOS:**
from page 25

gland emits a strong odor that repels even parasitic wasps and flies which feed on most anything.

Sphinx and underwing caterpillars cover their tracks as they feed. After eating a leaf, they chew through the stalk that attaches the leaf blade to the stem. By dropping the incriminating foliage to the forest floor, they leave little to reveal their whereabouts. The larva of the wavy-lined emerald moth fashions a camouflaged costume by chewing off pieces of the flower or plant on which it is feeding and affixes these

to its back, matching the color and texture of its surroundings.

Many species of caterpillars, including tussock moths, have bristles, or urticating hairs, which can irritate predators (including humans) when touched. Forest tent caterpillars thrash about violently when approached in order to scare away potential predators. Inchworms evade predators by using a silk line to lower themselves down from branches when disturbed. The walnut sphinx caterpillar makes high pitched whistles that frighten birds.

As the comedian George Carlin once said, “The caterpillar does all the work but the butterfly gets all the publicity.” Next time you see a caterpillar, take a closer look—but probably best if you don’t touch!

Dian Parker lives in the hills of Vermont, waiting for the monarchs and bats to return to her land. Illustration by Adelaide Murphy Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine and sponsored by the Wellborn Ecology Fund of the New Hampshire Charitable Foundation: nhcf.org.



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← Living the Dream: from page 25

you got to the bottom, except for the long line. How glorious that so many people love skiing and riding so much that they just cannot let go of the season? That they

have to get in a day of June glissé. June! And you know what, I was honored to take that one beautiful run and share the trail with so many others that wanted to ski. Yes, I took more runs, but after everyone had their turn.

Instead, I went to a real estate showing and then spent an hour hiking the trails with a trash grabber in hand, as part of the first annual Mountain CleanUp. Besides providing the seriously best lunch, Killington gave us the opportunity to love our mountain back. As we gathered for the Last Chair Celebration at the top of Skye Peak, we talked about cleanup rather than skiing. Oh how proud we were to have done even a little to give back to our mountain and help keep it beautiful.

So the snow season has ended. But today we can ride bikes and paddle and hike and golf and run and fish and garden and chuck wood and take motorcycle rides over the Ticonderoga ferry ... There are so many things to do in and around the Killington area that we seem to forget while we have our noses buried in the snow. And now that we have skied on June 1, I think I am ready to actually start doing those things.

Thank you, Killington Resort, for making the commitment to the longest season

possible, to investing in the snowmaking and grooming teams to allow them to be the absolute best in the world.

Thank you to the employees who worked so hard so that we could play, providing the structure necessary so that we can build and strengthen our snow sports community. Thank you to everyone who came out this past Saturday and all season long; filled with love for winter, the feel of the glissé and for this community. I cannot wait to see you all as early as possible on the Stairway to Heaven this fall. Until then, may your dreams be filled with powder, your hearts be filled with snow and your schedule filled with dryland training!

Merisa Sherman is a long time Killington resident, town lister, Development Review Board member, Coach PomPom and a local realtor. She can be reached at: Merisa.Sherman@sothebysrealty.com.

You could just feel the giddiness in all of us because Killington's grooming team had pulled off a miracle of sorts.



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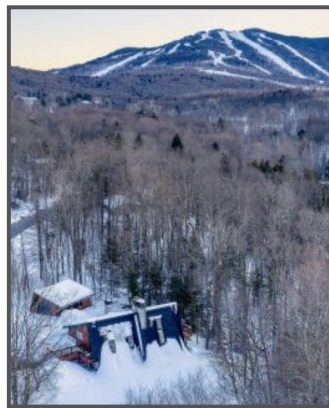
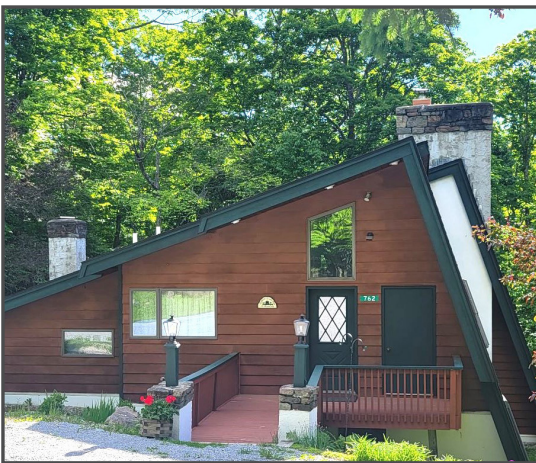
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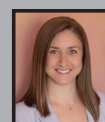
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New donut shop opening in Ludlow

The grand opening of New England Cider Donuts at 29 Main St. in Ludlow was recently celebrated with a ribbon cutting. The new shop will offer local coffee, breakfast sandwiches, assorted baked goods, in addition to delicious cider and specialty donuts. In the summer months it'll also offer extravagant ice cream sundaes.

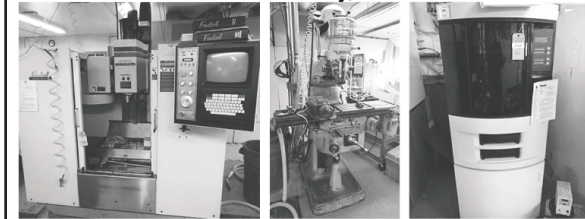


By Donald Dill, courtesy Okemo Valley Regional Chamber of Commerce
David Bennett, owner of New England Cider Donuts, cut the ribbon accompanied by team members Abby and Basil. Chamber Executive Director Carol Lighthall held the ribbon on the left and Assistant Chamber Director Leah Kriebel held the ribbon on the right.

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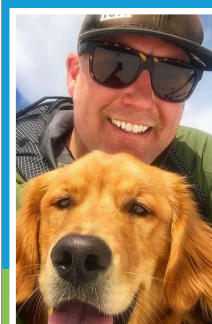
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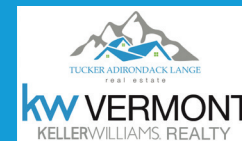


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← Meditation:
from page 24

I chose an orange number (out of 300) then swam and played in the water with their children and white French Poodle.

I discovered Vermont and Monaco have something big in common—steep mountains. Our college was in the Hotel Splendid, hundreds of steps straight uphill on outdoor Monegasque staircases.

With 25 students, eight professors, and run by Grace Kelly's brother in Philadelphia, The American College of Monaco went bankrupt but kind-hearted Prince Rainier kept it open through May so we'd receive our college credits. It was time to decide where to transfer. I applied to the University of New Hampshire and Schiller College, Paris Campus. My major was French. Which one do you think I chose?

That summer Gigi (a fellow student) and I had an extraordinary traveling adventure in Italy, Greece, and Turkey to historic sites, deserted beaches, and boat rides on the Aegean Sea and Bosphorus Strait. I had food poisoning from a floating food vendor in Istanbul and was sick for days on trains en route to Monaco to pick up our stuff and to Paris to drop it off. We picked up our mail at American Express where Dad's sad letter about Star's demise left me sobbing on the sidewalk. Concerned Parisians stopped to help.

I arrived in Graz, Austria (Montclair's sister city) after 24 hours on the Orient Express to attend the University of Graz for a summer studies program. I felt at home in Austria. Its

terrain and folk culture reminded me of Vermont. Hiking verdant mountains and pine forests to wildflower meadows and dancing streams and swimming in crystal clear lakes stirred my soul like Vermont does. New friends from Graz, Christine and Herbert, and Hans, a German medical student, became my close friends like a sister and brothers.

My major revelation on a Prague study tour was when I asked my Czechoslovakian professor if he believed in God. His literature class was deeply spiritual but I assumed he was communist, teaching in a university behind the Iron Curtain. He stretched out his powerful arms and looked up towards Heaven then quietly responded, "Who can prevent me from looking at the sky?"

Like a lightning bolt, I clearly saw a pathway towards world peace could be built—through people to people friendships, mutual respect, and understanding. Political division of peoples and nations could be overcome

regardless of borders, beliefs, and perspectives. My passion for cross-cultural communications was born and became a guiding light from then on.

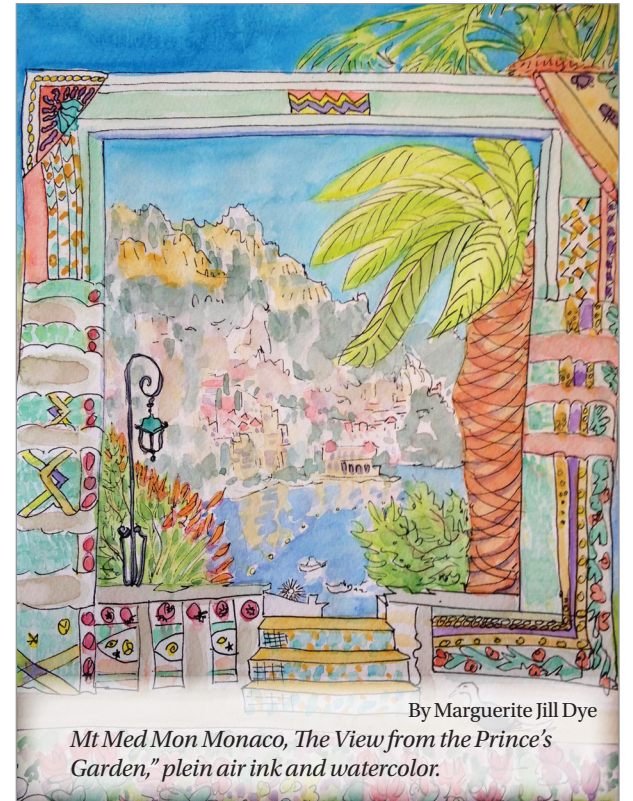
My Austrian friend Christine stayed with my parents in Vermont and attended the Montreal Olympics with Dad. She left just before I returned home but sent her soccer star friend to help Dad finish the roof before I arrived. They nailed a small pine tree to the corner of the roof to announce its completion to the world. We celebrated the end of an era in our lives, but it was bittersweet since Star was gone.

I felt at home in Austria.

Its terrain and folk culture reminded me of Vermont. Hiking verdant mountains and pine forests to wildflower meadows and dancing streams and swimming in crystal clear lakes stirred my soul like Vermont does.

The Austrian soccer player and I installed dry wall. But most of the walls, ceiling, and floor were covered with beautiful Oregon wood, which my brother Billie had arranged. Huge Pella picture windows were installed for Pico and Killington views. At last, the second floor of our Killington Lodge was taking shape and becoming reality.

Marguerite Jill Dye is an artist and writer who divides her time between Killington and Florida.



By Marguerite Jill Dye

Mt Med Mon Monaco, The View from the Prince's Garden," plein air ink and watercolor.



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Request for Qualifications for Construction Services Town of Killington – Town Hall Renovation Killington, Vermont

PROJECT OVERVIEW

The Town of Killington ("Owner") is seeking qualified Commercial General Contractor ("CGC") firms for remodeling the New Town Hall ("Project") in Killington, Vermont.

PROJECT DESCRIPTION

The Project scope involved building an indoor stairway to connect 2 floors, installing a vault for the Clerk's Office, and removing a section of wall on the first floor. Nehring & Associates Architectural and DeWolf Engineering Associates were hired in 2023 to examine the needs and have produced architectural and structural plans.

PROPOSAL SUBMISSION REQUIREMENTS

Interested contractors shall provide the following items and in the following order:

- Cover letter
- Similar project experience
- Completed bid form
- Other information, qualifications and/or exceptions as each contractor may consider appropriate to the selection process
- No more than 3 pages front and back

Submit proposals in PDF format to:
townmanager@killingtontown.com (Michael Ramsey, Town Manager)

Cover letters addressed to:
Michael Ramsey
Town Manager
Town of Killington
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Killington, VT 05751

Proposals must be received via email no later than 4:00 PM on July 5, 2024. The full RFQ can be found at www.killingtontown.com under bid opportunity.

Request posted: May 29, 2024

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