

## HUNTING SEASON IS UNDERWAY

Wear orange if you venture in the woods as rifle season for deer is Nov. 11-26.



## PAUL GALLO HONORED

Paul Gallo was named volunteer of the year by the Chamber of Economic Development on Nov. 14.

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## RUTLAND TO HOLD PUBLIC SAFETY DISCUSSION NOV. 29

Rutland Mayor Mike Doenges is planning second community discussion about crime.

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## OKEMO SKI AND SNOWBOARD SWAP IS THIS WEEKEND

Head to Okemo for the last of the local ski and snowboard swaps held Nov. 17-19 at Jackson Gore Inn in Ludlow.

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## CEDRR honors community leader across the region at annual meeting

By Polly Mikula

Individuals and teams of leaders were recognized for being instrumental in moving the region forward at the Chamber & Economic Development of the Rutland Region (CEDRR) Annual Meeting, Tuesday evening Nov. 14, at the MINT Makerspace in Rutland.

Nicole Bower, owner of the Cluckin' Cafe and Rollin' Rooster was awarded as Business Leader of the Year for her expansive growth since 2019 when the first Rollin' Rooster food trailer hit the road. She and her husband Scott now have a restaurant in Pittsford and three food trailers. This winter, they'll also be serving at the Skyship Base Lodge in Killington.

Next, the Killington Select Board was named the 2023 Community Leader of the Year for its efforts to bring together the people and infrastructure needed to (finally) make a village at the base of the resort a reality — and at the same time building a municipal water system and a new main road to support existing and future community growth.

"We would like to recognize your tireless commitment and exemplary leadership to the town of Killington, where you have not only been awarded a TIF District designation, but you have brought the town, businesses and the resort together in an amazing partnership, a partnership that will be a model for other communities to follow in the future," said Lyle Jepson, executive director of CEDRR.

Paul Gallo, owner of Magic Brush



Photo Polly Mikula, mural by Lopi LaRoewe

The mural titled "We Built This" was unveiled Tuesday at 7 p.m. at the Mint Makerspace in Rutland. It's dedicated to the empowered woman in non-traditional spaces. This is the first installment of the triptych, which will feature two additional women workers — a rivetter and a welder — on either side. It will be completed in the spring.

Painting, who was unable to make the event, was next honored as Volunteer of the Year (see related story page 2).

Rounding out the awards was the Rutland Area Robotics team which was named Innovator of the Year. The team has benefited from the MINT's expansion from 14,000 square feet to 22,000 square feet this summer, which allowed for the creation of the first regulation size playing field on which to train and practice robots in the state.

Dan Roswell, founder and president of Rutland Area Robotics said, "The team in front of you is the workforce of the future... they'll be the ones to help solve the big problems, to innovate, to engineer solutions."

The evening capped off with the unveiling of a new 17-foot tall, 16-foot wide mural by artist Lopi LaRoe, aka LMNOPI (pictured above).

For more information and photos, visit [mountaintimes.info](http://mountaintimes.info).

## Okemo to open Friday

On Monday, Nov. 13, Okemo Mountain Resort announced that it will open for the 2023/24 winter season at 9 a.m. on Friday, Nov. 17.

In celebration of opening day, guests who arrive early will enjoy swag giveaways, a live deejay, the annual first chair banner break on A Quad, and light refreshments including muffins, Nature Valley bars, hot cocoa and coffee.

Okemo will open with top-to-bottom skiing and riding serviced by A Quad. Private lessons will be available opening day with group lessons available starting Wednesday, Nov. 27.

Snowmaking will continue with plans to expand to Jackson Gore ahead of the December holidays. Please be mindful that limited terrain and early season conditions exist.

"Thanks to our team's hard work and passion this summer, we are ready to kick off winter at Okemo with plenty to look forward to this

Okemo opens → 6



Courtesy Woodstock Rotary

The star on Mt. Tom that shines over Woodstock is set to be replaced in May 2024.

## Woodstock looks to replace star

By Katy Savage

The 80-year-old illuminated star that shines above the Woodstock Village in the winter from top of Mt. Tom is getting replaced next spring.

The Woodstock Rotary Club is raising \$120,000 to turn the wood structure into a galvanized steel structure, ensuring the beacon will continue for generations.

"We decided this summer we need to look

at doing a new renovation," said Norm Frates, a rotary club member who's been involved with the star for 10 years.

About 140 people attended a fundraiser at the Woodstock Inn Nov. 5 and raised \$78,000 through a silent auction and donations.

"We're well on our way to achieving that \$120,000," Frates said.

Mt. Tom star → 11

## Speed limit on Killington Road to change Nov. 24

By Curt Peterson

Soon, drivers in Killington will have to pay more attention to their speed. At its Sept. 23 meeting the Select Board approved reducing the speed limit on Killington Road from 35 mph to 30 mph and on River Road to 25 mph the whole way — the change is effective after 60 days.

According to Town Manager Michael Ramsey, new speed limit signs have been ordered and will be installed the first week in December.

"It's the right time to make Slow down → 5



Submitted

New speed limit on Killington Road will take effect soon.

# Paul Gallo named Volunteer of the Year

For business leader, altruist and creative guru Paul Gallo, Rutland is where the magic happens

Unless this is your first visit to this area, the likelihood is high that you have touched, listened to, viewed, tasted, learned about, and been delighted at least once by a Vermont treasure dreamt up, built, championed or brought to fruition by Paul Gallo.

When CEDRR (Chamber & Economic Development for the Rutland Region) named Paul Gallo, 61, its Volunteer of the Year on Tuesday, Nov. 14, no one was surprised — everyone who admires him was delighted. Except, perhaps, Paul Gallo himself.

As Ingrid Gallo, his high-spirited wife of 27 years, accurately predicted: “Paul is not going to love this attention. Whenever he suspects he’ll be in the paper, he warns me, as if he’s embarrassed,” she explained.

In fact, Paul Gallo’s leadership style and concomitant accomplishments are the hallmarks of an authentic servant leader — for whom contributing to the greater good is not about a job, or self-glorification, or obsession with profits. Gallo views his community work as a calling, a sacred mission. He’s the sort of leader you’d want your child to learn from and emulate.

Gallo’s day-job is as president of Magic Brush Painting, which he started in college. (He earned a B.S. in business management and marketing from then-Castleton State College.) Today Magic Brush is one of northern New England’s largest painting contractors, handling residential, commercial and institutional properties in four states.

“Paul’s first love is painting, but he does his job every single day so his guys will have jobs and be able to take care of their families,” Ingrid Gallo said.

Paul Gallo’s dedication to Ingrid, and their child, Lucia (Lucy), who is 21 and a senior at UVM, is his supreme purpose, pride and joy. Paul and Ingrid married in 1996, after a few on-again, off-again episodes resembling several plots of *Friends*.

In 2002, when Paul was 40 and Lucia was a month old, he received a cancer diagnosis that led to a life-altering epiphany, one that calls to mind the words of poet Mary Oliver: “Tell me, what is it you plan to do with your one wild and precious life?”

“You get hit by something that hard, and you step back and assess the needs of your community, the skills you have to help out,” Gallo said. “It became important for me to give back to Rutland,” he added.

Gallo began engaging diverse people about how to make Rutland a place where more people would want to live, work, raise families and have fun. His zeal generated an initiative called The Creative Economy — a citizen group that connects, brainstorm, and innovates. Gallo became its chair.

“Everyone had an opportunity to have a voice, to energize several different ideas and later on, good leadership,” he said. “I was more like a referee, helping everyone stay on course.”

That concerted focus and powerful collaboration led to a litany of community assets that Paul Gallo — with Ingrid as his champion — has spearheaded or facilitated over the past 20 years.

Those include: the redevelopment of Center Street; the Rutland Creek Bike/Ped Path; and the concept, launch and expansion of Wonderfeet Kids Museum. Gallo has also served on the boards of the Paramount Theater, Rutland Free Library, and Rutland Head Start, and he is currently beginning his seventh year on the board of Rutland Regional Medical Center.

Ten years after its launch, Wonderfeet is in an expanded Merchants Row location; most of its exhibits were created, built, or funded by local artisans and philanthropists Gallo personally cultivated.

Wonderfeet executive director Danielle Monroe noted, “Paul believes all businesses should be doing their part to support their local community. His contributions are exponential because

every time he donates, he gets on the phone to his friends and makes sure they are doing the same,” she added.

Eric Mallette, executive director of Rutland’s Paramount Theatre, where Gallo has served as board vice president, concurred. “Paul approaches volunteerism like a triathlete approaches their next race, with tenacity, commitment, courage and a never-say-never spirit,” said Mallette.

Susan Schreiber, his business partner in the bike path project, indicated that Gallo has raised millions of dollars not only for organizations people know he has supported, but for many others, too. “Paul’s the most humble guy I know,” said Schreiber. “People come out of the woodwork to praise how he has helped them.”

A gratified graduate of Mount St. Joseph Academy (MSJ), Gallo has served on many MSJ committees, including chairing its Diversity Committee. For several years, the Gallos also have been hosts — and surrogate parents — to MSJ’s Haitian exchange students.

As both a donor and a tenacious fundraiser, Paul Gallo feels strongly that donors are justified in scrutinizing where their charitable donations will make the most impact, especially in a small community. “Ingrid and I look at a lot of

impact data,” he said. “We enjoy getting as many touches as possible for the funds we commit.”

“Every day I try to start a conversation with a total stranger, just for fun,” Paul said. “Everyone should try it. Break a barrier, learn something.”

To be sure, while Gallo’s values, ethics, and unflashy demeanor are rooted in his rural and Italian-Catholic upbringing, his methods for coaxing people to contribute their time, talent, and other resources are sophisticated and strategic.

For example, he frequently texts me articles from *The New York Times* and *The Washington Post*, with concise but courteous suggestions like, “...an op-ed you should consider writing.” He has craftily cajoled me to volunteer for causes I previously had no interest in, not to mention maneuvering me to meet him at a local coffee shop at 6:30 in the morning whenever I have sought his advice.

Gallo’s warmth and passion for nurturing relationships are rooted in his DNA: His father, whom he reveres, was a door-to-door insurance salesman, and his mother worked in the MSJ cafeteria.

“Every day I try to start a conversation with a total stranger, just for fun,” Paul said. “Everyone should try it. Break a barrier, learn something.”

To that point, Magic Brush, is an apt metaphor for how Gallo approaches everything in his life, but especially his community service. Like a mesmerizing magician, his feats boggle the brain, confound the cynical, and woo those who wonder, “How in the world does he do that?”

What Paul Gallo does, in fact, is nothing short of altruistic alchemy. His true art is enticing people to see, believe and trust, as he does, that Rutland is where the magic happens.

*Liz DiMarco Weinmann, MBA, is founder and owner of Liz DiMarco Weinmann Consulting, based in Rutland, serving charitable and educational institutions.*



**For the Greater Good**  
By Liz DiMarco Weinmann

What Paul Gallo does, in fact, is nothing short of altruistic alchemy. His true art is enticing people to see, believe and trust, as he does, that Rutland is where the magic happens.



Submitted  
Paul Gallo (left and top) smiles with his daughter Lucia (center) and wife Ingrid (right) — all have been champions local projects.

# Gift-of-Life Marathon Blood Drive celebrates 20th year

Marks 10th year since record breaking drive of 2013

Vermont's biggest blood drive is celebrating its 20th anniversary this year — with a Rutland resident's story of survival highlighting the need for blood.

The Gift-of-Life Marathon Blood Drive, which began in 2003, will cover four days — Dec. 5, 7, 13, and 15 — and Rutland resident Alex Adams is serving as ambassador, hoping his story will inspire friends, coworkers and neighbors to donate to help people like him.

At 34 years old, Adams experienced several life-threatening heart attacks and had three blood clots from a viral infection earlier this year, but was saved in part by blood donors who had rolled up their sleeves to help people like him.

After being transported from the Rutland Regional Medical Center Emergency Room to the University of Vermont Medical Center for surgery, Adams suffered three cardiac arrests. He received multiple blood transfusions to reduce strain on his heart until it could beat on its own again.

"Your donation can help ensure doctors and hospitals have what they need to treat patients like me," said Adams, who works at Green Mountain Power, one of the sponsors of the GOLM. "I am here today because three people I don't know donated blood, something members of my family have long done to support our community. Blood donation has become truly personal.

"I'm incredibly thankful to everyone who donates blood, and have a very personal, renewed appreciation for donors," Adams said.

Every two seconds, someone in the U.S. needs blood. Blood donations to the American Red Cross, which collects, processes and distributes 40% of the nation's blood supply, help ensure new moms, premature babies, accident victims as well as heart surgery, organ transplant and cancer patients have access to safe, lifesaving blood. In Vermont,

the Red Cross must collect 80 pints of blood every day to meet hospital patient demand. That work is made possible, in part, by generous community sponsors that help ensure hospital shelves are stocked by hosting blood drives.

This year's GOLM marks 10 years since Rutland set the record for the largest one-day blood drive in American history in 2013 — a record that still stands. The GOLM will include drawings at the Castleton Campus of Vermont State University, the Elks Club in Rutland, and Rutland High School.

"We never dreamt in the early days that the GOLM would become as big as it did," said Steve Costello, one of the organizers. "It's helped save thousands of lives, and it continues to be one of the brightest spots on Rutland's calendar, year after year."

"We're thrilled to be celebrating the 10th anniversary of the national record," WJRR's Terry Jaye said. "The greater-Rutland community has come through at this drive for decades, and with a national blood shortage going on right now, it's as important as ever that folks step up again."

#### Blood drive schedule:

- Tuesday, Dec. 5, from 11:30 a.m. to 5:30 p.m. at the President's House, 119 Alumni Drive, in Castleton.
- Thursday, Dec. 7, from 9 a.m. to 3 p.m. at Rutland High School, 22 Stratton Rd., Rutland.
- Wednesday, Dec. 13, from 11:30 a.m. to 5:30 p.m. at Elks Lodge #345 at 44-46 Pleasant St. in Rutland.
- Friday, Dec. 15, from 9 a.m. to 4 p.m. at Elks Lodge #345 at 44-46 Pleasant St. in Rutland.

Don't wait, patients are counting on critical care this holiday season. To make an appointment, use the Red Cross Blood Donor App, visit RedCrossBlood.org or call 1-800-RED-CROSS (1-800-733-2767). Enter sponsor keyword: GOLMWINTER.

## 25th anniversary of the Vermont Bone Marrow Donor program to be held at RRMC

November is National Marrow Donor Month and this year it marks the 25th anniversary of the National Marrow Donor Program at Rutland Regional Medical Center. The first marrow donor registration event was held on Nov. 17, 1998, and the hospital is celebrating the 25th anniversary milestone on this same date, 25 years later.

On Friday, Nov. 17, between the hours of 11 a.m. to 4 p.m. the hospital will be hosting a Be The Match Marrow Donor registration event. Registration is now done by scanning a QR code with one's cell phone, filling out a short form, completing two check swabs, and the process is done.

"During the quick registration, we'll be sharing details about the donation process," said Kerry Ellis, Marrow Program Coordinator at the Foley Cancer Center at Rutland Regional. "If they are found to be a match, they will be contacted and begin the journey to make a difference in someone's life."

Each year more than 30,000 adults and children in the United States are diagnosed with life-threatening blood diseases, such as leukemia and sickle cell disease. For many patients, a bone marrow or stem cell transplant is needed to survive.

The most recent data from the NMDP for Vermont's impact is exceptional, especially given the small population size in the Green Mountain State. Most recent data covers

the years between 2018 and 2022:

- 141 patients searching for donors
- 80 transplants
- 37 donors
- 16,343 residents willing to donate

NMDP provides patient assistance grants to help families with out-of-pocket expenses for things related to searching for a donor, prescription co-pays, travel and lodging and more. Since these grants became available, 32 patients in Vermont have received \$104,122 to help cover the uninsured costs of a marrow transplant.

A transplant is possible only when the patient and donor have matching tissue types. While nearly 30 percent of patients in need will find a matched donor within their immediate family, the other 70% must seek the help of friends or strangers.

The program requires that all potential donors be between the ages of 18 and 40 and in good health. Those wanting to register for NMDP should enter the hospital's Stratton Road entrance.

Rutland Regional Medical Center is the only hospital in Vermont and in all of New England to offer this program.

More information, email Kerry Ellis directly at kellis@rrmc.org and visit RRMC Bone Marrow Donor Program.

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## MOUNTAIN TIMES

*is a community newspaper covering Central Vermont that aims to engage and inform as well as empower community members to have a voice.*

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# TOWN OF KILLINGTON VERMONT

## Are you ready for winter?

Before you answer: **“Yes!”** Review the winter prep checklist below

### Winter prep checklist:

#### Short term rental registration is **REQUIRED**:

The town of Killington requires short-term rentals registration to ensure the safety of all guests to town and environmental capacity. The number of guests allowed per short-term rental is limited to the unit's approved septic or sewer capacity.

All short-term rentals are subject to inspection by the state Division of Fire Safety. Self-certification is an option only for rental properties with an occupancy of 8 or less guests.

#### To register your short term rental:

Visit: [bit.ly/KillingtonSTR](https://bit.ly/KillingtonSTR)

Contact asst. state fire marshal Joshua Maxham at 802-786-0071 or [Joshua.Maxham@vermont.gov](mailto:Joshua.Maxham@vermont.gov) for an inspection.

For a short-term rental checklist go to [firesafety.vermont.gov](https://firesafety.vermont.gov).

#### Plowing across streets is **FORBIDDEN**:

When plowing snow from your driveway, do not plow plow or otherwise deposit snow onto the traveled way, shoulder, or sidewalk of a State or town road. Resident owners will be held responsible for violations of the state statute 23 V.S.A. § 1126a.

#### Parking on the street is **FORBIDDEN**:

Parking on all non-private streets in Killington is prohibited, per the towns parking ordinance, so as not to interfere with the plowing or removal of snow in the Town road right-of-way. Any law enforcement officer may issue a parking ticket. Parking tickets shall be paid to the Killington Treasurer within 15 days of issuance. Fines range from \$25-\$100 for the first occurrence.

#### Registering dogs is **REQUIRED**:

All dogs owned in the Town of Killington must be registered with the Town Clerk before April 1 of each year — no joke! Please bring an original copy of the current rabies certificate and cash, check or money order payable to "Town of Killington."



Dog License Fees are:

- \$9 for those neutered/spayed
- \$13 for those un-neutered/spayed

#### Fireworks are **FORBIDDEN** without a permit:

To possess or explode any fireworks requires a permit per state law.

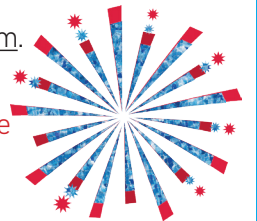
Application for permits must be made to the chief of the fire department in writing, at least 15 days in advance of the date of the display.

Email: Fire Chief Paul Ginther at: [firechief@killingtontown.com](mailto:firechief@killingtontown.com).



#### Upcoming permitted fireworks display:

Friday, Nov. 24, at Killington Resort's K-1 Lodge  
enjoy a fireworks display after the bib presentation for the Killington Cup.



#### Punch card for trash is **REQUIRED**

The Solid Waste Transfer Station is located at 2981 River Road (Behind Town Garage). Winter hours are Saturdays & Mondays 8 a.m.-4 p.m. and Sundays 8 a.m.-12 p.m. Services include collecting solid waste, recycling and compost for residents and property owners of the town (pass & punch card required). (Residence of condos with more than 8 units are not eligible for any disposal services except for Bulky Item Days.)

Annual permit cost \$25 and must be renewed Nov. 1. Each punch is \$3/bag (largest bag permissible is 33 gallons) and are 5 for \$15, 10 for \$30 or 24 for \$72.

Compost bags are \$3 for ten 3-gallon bags or for six 5-gallon bags.

Electronics and batteries are not accepted in Killington, they go to Rutland.

For more information call: 802-422-3241, Ext 7

#### Burn piles are **FORBIDDEN** without a permit:

All outside burning requires a Burn Permit issued by the Town Fire Warden. Please contact Killington Fire & Rescue Services Capt. Mark Fiore at 802-779-4062 with any questions or to request a permit.

#### Got a questions? **ASK!**

##### PLANNING & ZONING

Email: [planner@killingtontown.com](mailto:planner@killingtontown.com)

Call: 802-422-3241 x 3

Visit: [KillingtonTown.com](https://KillingtonTown.com)

For more info on zoning permits scan QR code or visit:  
[bit.ly/KillingtonPermits](https://bit.ly/KillingtonPermits)



**It is better to ask for permission, than beg for forgiveness!**

## Rutland mayor plans second crime safety discussion

By Katy Savage

After Rutland city residents were prevented from speaking at a contentious town hall at the Paramount Theater Nov. 2 Mayor Mike Doenges is planning to hold a second meeting at the Rutland Recreation Community Center on Nov. 29 for people to ask direct questions about an uptick in crime in the city.

"The biggest concern that people had in that meeting is repeat offenses and seeing the same individuals and people committing those crimes not being held accountable," Doenges said. "We're doing what we can at the city level with every tool that we have available to us."

City leaders attempted to control a rowdy crowd at the Paramount Theater on Nov. 2.

Doenges said they would not answer the residents' questions directly, leading to outrage and constant interruptions from the packed audience.

City leaders said the largest issue with crime in Rutland is that state laws are too lax, especially for repeat offenders. A police staffing shortage in Rutland, combined with the state run hotel program, which allows hotel owners to receive vouchers for housing homeless, is contributing to an uptick in crime.

Absentee landlords are also part of the problem.

"Our office, just like the department of corrections, has suffered staffing shortages at the same time we are seeing new cases," Rutland Police Chief Brian Kilcullen said at the meeting.

Doenges said most crime in Rutland is petty larceny, involving people stealing from cars, front porches and entryways.

"The biggest challenge we have in Rutland is its petty crime," Doenges said in an interview after the meeting. "Eighty percent of retail theft is known substance abusers. Our violent crimes have remained about what they have been in the past."

People further sounded off at a Board of Aldermen meeting on Nov. 6.

"The town hall was a farce," resident Bob Pearo said.

Resident Kelley Cross asked the board to stop stonewalling residents.

"It was clear it was a dog and pony show," Cross said. "It was utterly insulting that we were told at the town hall meeting that we just need to lock our doors and get brighter lights and we won't be victims of crime. There are members of this community who are out patrolling our streets just because our police officers are so overworked and understaffed."

The police department is currently down three officers and Doenges said the city is also looking to add two more positions.

The board went into executive session Nov. 6 to discuss raising police pay. Doenges said another discussion will be held in executive session at the next Aldermen meeting.

"I think everybody recognizes that as a necessity," Doenges said.

He said he hopes to hire officers already working in Vermont because hiring from out of state could take three to six months for new hires to complete Vermont Police Academy training.

The city has made efforts to attract officers with free passes to Killington Resort and free gym memberships.

"We've tried to make our department attractive," Doenges said.

Doenges said he hasn't been a victim of a crime but shares the concern about his personal property. "This is the situation in our town," he said. "There's certainly been instances where we were at home and we felt like we needed to lock our doors at night. We're doing those things and we're sad we have to do these things. We're feeling like that potential exists and myself and the city residents don't feel comfortable."

Sen. Brian Collamore, R-Rutland, said the blame lies within the Legislature.

He's planning to introduce a bill that would allow courts to consider previous offenses when considering charges against a person. Collamore said the bill would target repeat offenders.

"If it's their first charge, I'm in favor of giving people a second chance," Collamore said.

Rep. William Notte, D-Rutland, plans to introduce a similar bill in the House that would make repeating small crimes a higher charge.

## Hartland celebrates Afghan refugees

By Curt Peterson

About two years ago, Ashuquallah, a former interpreter for the U.S. military in Afghanistan, arrived in Hartland hoping to be reunited with his wife Soma and to start a new life. Their saga and successful integration into the community were celebrated Sunday during the First Universalist Society of Hartland's weekly service.

The pews were packed, and a luncheon served in the basement meeting room, which featured some Afghan cuisine, was crowded with happy celebrants.

"Ash," as he is called, first met John Bassette's son, John Jr., at Fort Bragg during a training program, and later turned to him following his escape during the collapse of Kabul as the Taliban expelled Western military forces. Bassette and his father, John Sr., and another Hartlander, Matt Dunne, assisted Ash's eventual immigration to Vermont, and, with support from Upper Valley Haven, set up the Afghan Relief Fund, a non-profit organization to assist Ash and other Afghan refugees.

According to Sue Taylor, there are 260 Afghan refugees in Vermont, and the state is open to welcoming more.

Ash lived with John and Donna Lee Bassette for six months and many in the Hartland community helped him get established, including ad hoc driving instructor Andy Kelley.

"It may have taken a year off Andy's life teaching Ash how to drive," John Bassette said. But his help allowed Ash to pass on his first try.



By Curt Peterson

Soma (left) and Ashuquallah (right) were celebrated Sunday.

Community contributions helped provide Ash with housing and furnishings, and funded legal fees and travel expenses neces-

the RN program.

Soma is learning English and studying math. She, too, has aspirations for a medical career.

The community's ... support for Ash and Soma, Bassette said, "demonstrates what our country can be."

sary to enable Soma, who had escaped Taliban detention, to join her husband here eight months ago.

Ash wants to follow in his father's footsteps in a medical career. While working as medical assistant at Central Vermont Medical Center he was taking courses to qualify for an 18-month accelerated registered nurse training program at Norwich University. His current five-course schedule precludes working until he successfully completes

Ash and Soma are not complacent as beneficiaries of community support — wanting to "give back," they have both been volunteers for flood relief projects in Montpelier, and at a food bank, and Ash, who knows all the Afghan languages and dialects, volunteers as an interpreter for other refugees arriving in Vermont.

The community's positive and welcoming support for Ash and Soma, Bassette said, "demonstrates what our country can be."

## Killington Select Board discusses plan for zero outages by 2030

By Curt Peterson

On Oct. 23, three Green Mountain Power (GMP) representatives presented their plan for eliminating local outages to the Killington Select Board.

Without electricity, wintertime Killington is just a very cold, very quiet mountain littered with dark businesses and houses, and hundreds of stalled lift chairs swinging in the wind. The town of 1,500 permanent residents hosts up to 20,000 visitors on a busy weekend. Without power, there's not much for them to spend money on.

Twice in December 2019 the electricity, which is Killington's lifeblood, stopped.

On the morning of the 28th, a tree fell on a line in Mendon, a line that brings juice to Killington. For an hour and a half, everything stopped. According to a Boston Globe report, there were more than a thousand cold skiers stranded on the lifts, waiting to be rescued.

Select Board member Chris Karr remembered the other event — an announced power shut-down on Dec. 31 so GMP could perform "emergency repairs."

Some of the equipment to be improved or replaced is 60 years old.

"It was New Year's Eve," said Karr, who owns multiple entertainment and food establishments in Killington. "They had to shut the lifts down. It greatly affected our ability to do business."

Although the two 2019 incidents didn't involve "car vs. pole" crashes, they represent the biggest risk of power interruption.

As part of GMP's "Killington Area Reliability Project," the presenters explained that the town receives electricity via two transmission lines. They plan to replace the Sherburne substation to improve connectivity and stabilize power by

Zero outages → 12

# River conservation forum highlights resident questions about flood preparedness

By Emma Cotton/VTDigger

LUDLOW — At a meeting Thursday night, Nov. 9, designed to discuss climate resilience in towns hard-hit from the summer's flooding, residents had many questions about the preparedness of their communities.

Was there an emergency plan in case local dams failed? Would sediment from flooding make local waterways unsafe for recreation? What should residents do if they saw machine operators removing wood debris from the river? What happens when the river's path moves and is now running through a hillside neighborhood?

The panel presentation and community meeting, hosted at the Ludlow

Town Hall by the Vermont Natural Resources Council, focused on ways to reduce river flooding during storms like the one that took place in July.

Panel members, including representatives from the Vermont Department of Environmental Conservation, Vermont River Conservancy, Connecticut River Conservancy, Black River Action Team and Trout Unlimited, spoke largely about conserving land in the river corridor.

If a flooded river has room to spread out into open land, its waters often sink into the landscape and slow down.

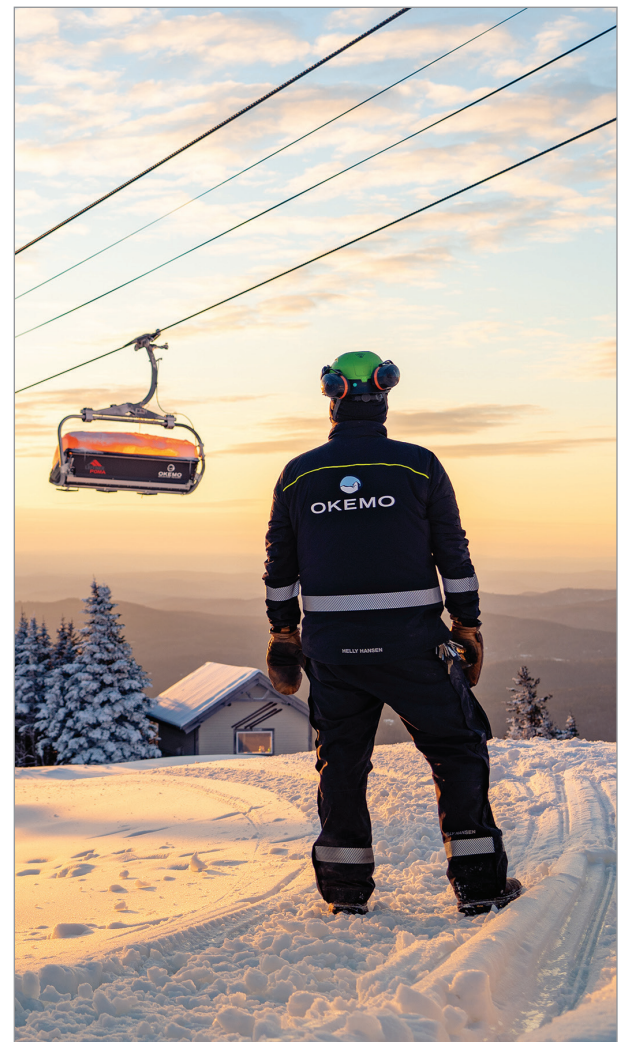
Conversely, heavily managing a river to form straight, narrow or inflexible

channels can create a firehose effect, making the water more powerful and capable of destroying infrastructure in its path, panel members said on Thursday.

"The rivers will always win. We're not going to win. So we need to give them that space to move," said panelist Karina Dailey, a restoration ecologist with the Vermont Natural Resources Council.

Vermont's future is almost certain to bring more flooding. Scientists expect climate change to increase both the amount of precipitation in the state and the likelihood of extreme weather.

Flood resiliency → 26



Courtesy Okemo Mountain Resort

# Vermont State University student leaders protest budget cuts, seek greater voice

By Babette Stolk/VTDigger

As Vermont State University enacts a series of cost-cutting measures, members of the school's student government say that their voices are not being heard.

During a press conference said Monday, Nov. 13, at the Statehouse, students implored school officials to give them a seat at the table and allow them greater input as budget cuts are being made.

"Rescind these decisions, reevaluate what is best for your student body, request student feedback, meet us and allow student voices to be heard," said Zachary Durr, treasurer of the student government association at the university's Castleton campus.

In recent months, university leaders have begun to implement deep cuts to address a \$22 million structural deficit. It offered buyouts to dozens of faculty members and eliminated 33 administrative and staff positions. The moves come soon after Northern Vermont University, Castleton University and Vermont Technical College merged into the newly christened Vermont State University.

Faculty, staff, labor unions and students have objected to

the cuts. Earlier this month, student government associations at each of the university's campuses cast no-confidence votes in the leadership of the Vermont State Colleges System.

At a meeting Monday, the system's board of trustees issued a statement of support for Sophie Zdatny, the outgoing chancellor, and the cuts her leadership team has proposed. The board called it "a smart and actionable plan to right-size course offerings and restructure administrative operations" in order to achieve financial stability.

The board said it was "time to move forward" and focus on implementing the plan.

But at Monday's press conference at the Statehouse, students made clear they were not prepared to move forward. They emphasized the essential roles many staff members play at the university, ranging from personal guidance to career development.

"As the university has shifted throughout the transformation to become a workforce readiness institution, it seems

VTSU → 12

## ← Okemo opens: ..... from page 1

season," said Bruce Schmidt, vice president and general manager of Okemo Mountain Resort. "In addition to skiing and riding, Okemo has something for everyone including the thrilling mountain coaster, ice skating, après afternoons, full moon snowshoe hikes and more."

Okemo has made enhancements to The Crazy Train Terrain Park, allowing for better flow and feature building. Skiers and riders will feel the difference this season in The Zone and Crazy Train, Okemo's medium/large park, as a result of site work, re-grading and snowmaking pipe re-installation between Black Out and The Zone. Access to the Zone will continue to be at the bottom of The Pull Lift.

### Your pass, now on your phone

New this season, the My Epic app with Mobile Pass and Mobile Lift Tickets is now available to download, allowing guests to use their phone as their ticket to the slopes.

Mobile Pass and Mobile Lift Tickets is a hands-free option for skiers and riders to use at all 36 of Vail Resorts' owned and operated U.S. resorts for the 2023/24 season, with availability at Whistler Blackcomb to follow in future seasons. It allows guests to buy their pass or lift ticket online, activate it in the new My Epic app, put their phone in their pocket, and get scanned hands-free in the lift line using Bluetooth® technology designed for low energy usage to minimize the impact on a phone's battery life. This season, to ensure a smooth transition, the company will continue to provide physical cards for passes and lift tickets to all guests. For guests choosing to use Mobile Pass this season, check YouTube for video how-tos.

The My Epic app also offers a range of guest-favorite features, including interactive trail maps with GPS location tracking, and mountain and resort alerts, including operational information like grooming updates, terrain status, snow reports and conditions.

For more information visit: Okemo.com.



By Natalie Williams/VTDigger

Adsel Sparrow, a student at Vermont State University-Castleton, delivered opening remarks during the press conference Monday.



By Natalie Williams/VTDigger

Two Vermont State University students shared a supportive hug after sharing views during the press conference at the Statehouse, Nov. 13.



By Natalie Williams/VTDigger

Amelia Vlahogiannis, a student at Vermont State University-Randolph, speaks during a press conference at the Statehouse on Monday.

## U.S. delegation introduces bill to support EMS providers in rural Vermont

On Nov. 8, Sens. Peter Welch (D-Vermont) and Bernie Sanders (I-Vermont) introduced the Emergency Medical Services Reimbursement for On-scene Care and Support (EMS ROCS) Act. Representative Becca Balint (D-Vermont) introduced companion legislation in the House.

Currently, Medicare does not reimburse Emergency Medical Services (EMS) providers unless the patient is transported to a hospital. However, EMS providers regularly deliver vital services on-scene when responding to 911 calls. In rural communities, the demand for EMS services for medical emergencies continues to increase—especially for Medicare beneficiaries, who make up about 40% of patients treated by EMS.

This bill would provide Medicare reimbursement for care provided by EMS on-scene, when transportation to the hospital is not needed.

“Vermont’s EMS providers are on the frontlines of medical emergencies. They should get reimbursed for that work. The EMS ROCS Act is a commonsense bill that requires our government to pay for vital EMS services, regardless of whether a person needs an ambulance ride to the hospital,” said Sen. Welch. “This bill works to modernize Medicare to ensure that EMS are paid for their lifesaving work and can continue to

provide essential medical services in Vermont and across rural America.”

“Simply put, EMS are the first responders to some of people’s most difficult moments, and often are the difference between life and death,” said Sen. Sanders. “We must do

“Simply put, EMS are the first responders to some of people’s most difficult moments, and often are the difference between life and death,” said Sen. Sanders.

everything we can to ensure they receive the support and resources they need and deserve, and that includes reimbursement for all the care they provide. Rural communities in Vermont and across the country depend on their essential services and this bill is a right step forward in helping EMS agencies get fairly compensated for these services—even when transportation to the hospital is not needed.”

“EMS workers shoulder incredible responsibility on the front lines of Vermont’s overdose crisis and in our pandemic recovery. Rural communities depend on these critical services to close care gaps. This bill will mean commonsense change to ensure EMS get properly reimbursed for their lifesaving work,” said Rep. Becca Balint.

“I’m proud to stand united with Senators Welch and Sanders to support our health care workers and

ensure access to high quality EMS care in every community,” Balint added.

“Ambulance services across Vermont and the country are stressed by workforce shortages, high inflation, and increased labor and fuel costs. On top of this, our EMS staff respond to calls that do not require transport to the hospital and receive no payment from Medicare,” said James Finger, president

of the Vermont Ambulance Association. “The Vermont Congressional Delegation’s EMS ROCS Act would help recover costs during these hard times. We hope for quick passage, and greatly appreciate Senator Welch and the Delegation’s support and introduction of this bill because EMS does indeed ‘Rock!’”

Inflationary pressures, coupled with the increasing volume of services that are ineligible for reimbursement, pose a serious threat to EMS providers, particularly those serving rural and older communities. These challenges are forcing EMS providers to curtail service and, in some areas, shut down services entirely.

In recent years, several EMS providers in rural Vermont have closed their doors due to mounting expenses, leaving local residents with fewer options for emergency services in close enough proximity.

## DCF announces seasonal policy for emergency shelter program

To help ensure Vermonters who are experiencing homelessness and don’t have adequate financial resources can seek temporary housing in hotels and motels during harsh winter weather, the Department for Children and Families (DCF) has announced the seasonal policy for emergency shelter.

The 2023-24 adverse weather conditions policy will differ by season.

Between Dec. 15 - March 15, expanded eligibility will be in place regardless of the forecasted weather.

From Nov. 15 - Dec. 15, 2023, and March 15 - April 15, 2024 expanded eligibility will be in place when the temperatures or wind chill are less than 20 degrees (F); or temperatures are less than 32 degrees (F) with a higher than 50% projected chance of precipitation for at least three hours between the hours of 6 p.m. and 6 a.m. based on the town in which the district office is located.

Assisting households with exiting homelessness into permanent housing is only possible with the diligent work of community partners, service providers, and housing organizations. Housing individuals in hotels is not an ideal setting for people experiencing homelessness; the Agency for Commerce and Community Development and DCF continue to work to help transition people who are in the program into stable, long-term housing, which is better for the health

and safety of Vermonters and requires collaboration across state government and with community organizations.



## Vermont State University awarded over \$3 million to study Arctic microbes

Undergraduates, high school students will assist in research that will guide U.S. decisions amid climate change

Vermont State University announced Nov. 9 that Associate Professor Ross Lieblappen will lead students in a ground-breaking study about microbes in the Arctic through a nearly \$3.3 million contract from a collection of federal funding sources, including the U.S. Army Corps of Engineering. Lieblappen submitted a Broad Agency Announcement (BAA) proposal to fund, among other things, the purchase of x-ray imaging equipment that will allow him to study the effects of climate change on microbial environments and further U.S. leadership in knowledge of Arctic terrain.

“We’re trying to understand microbe communities in the Arctic, particularly as the Arctic is warming,” said Lieblappen, who will serve as principal investigator on the project. “There are unanswered questions. We don’t know where each of these microbes are located, what their biological functions are or whether there is a difference in the environments in Greenland vs. Alaska vs. Canada. And with more melted permafrost, what is that going to do to those communities?” he posed.

He said the thing that excites him most about the funding he secured was the opportunities it provides for students. As the project continues, it will involve mostly undergraduate college students, but also some high school students, through a partnership with Lyndon Institute under the guidance of co-principal investigator (Co-PI) Jill Nichols. Vermont State University Associate Professor Michelle Sama is also a Co-PI on the project, and will lead efforts in identifying particular microbes and ensuring the microbes are visible under X-ray imaging.

Arctic and sub-Arctic environments are at the forefront of these changes, as these environments are already experiencing warming at two to three times the global annual average,” Lieblappen said.

Vermont State University combines Castleton University, Northern Vermont University, and Vermont Technical College and serves students on five campuses and multiple learning sites across the Green Mountains and beyond, as well as online.

“Undergrads will be doing important parts of every step of this project—going into the field, going to Greenland, Alaska and Canada to collect permafrost and sea ice samples, transporting them back to the lab at a cold room facility at VTSU Randolph,” Lieblappen noted. “While the high school students won’t be making the trek to the Arctic, they will participate in the work here in Vermont—laboratory experiments to examine the effects of freeze-thaw cycles on the microstructure and location of microbial communities.

“Permafrost, winter sea ice and seasonal snow occupies an enormous amount of Earth’s land mass,” he explained. “These environments house a vast array of microbes, which we are going to study. Understanding them can help drive decisions like transport logistics, forecasts of ecosystem stability and the ability to respond to various threats. Also, we know that the most significant risks of climate change to North America include risks of degradation of marine, coastal and terrestrial ecosystems; reduced surface water available for agriculture and other human use; and risk to food and nutritional security through changes in agriculture, livestock, hunting, fisheries and aquaculture productivity. Arctic and sub-Arctic environments are at the forefront of these changes, as these environ-

## GUEST EDITORIAL

## Gaza invasion puts American priorities in a new light

By Angelo Lynn

*Editor's note: Angelo Lynn is the editor and publisher of the Addison County Independent, a sister publication of the Mountain Times.*

Vermont Sens. Bernie Sanders (I-Vt.) and Peter Welch (D-Vt.), were joined by Sens. Elizabeth Warren (D-Mass.) and Jeff Merkley (D-Ore.) in sending a letter to President Biden expressing their serious concerns of Israel's invasion and potential occupation of Gaza. They asked important questions about the consequences.

The Biden administration has tried to press these questions and others on Israeli President Netanyahu, who has largely rejected America's counsel and pushed forward with an assault that has killed thousands of mostly innocent citizens of Gaza and now is talking about a longer-term occupation of the area.

Yes, Israel has the right to defend itself against the barbarous attack on Oct. 7 led by Hamas. So too, however, does the United States have a right to withhold or restrict support to an over-reaction by Israel against the Palestinian people. Many are voicing that concern. And it's not just a humanitarian concern; the political consequences are dire.

"Israel suffered a barbaric attack and is well within its rights to defend itself in keeping with international law, including the protection of civilians," the senators wrote. "We note recent reports that senior U.S. officials — including Secretary of Defense Austin — have conveyed to the Israeli government their serious concerns about the risks associated with this (a full-scale assault and occupation of Gaza). We share many of these concerns, not just relating to the timing and difficulty of such an operation and its likely humanitarian toll, but also regarding the difficult questions about the political reality it will leave in its wake."

More recently, the debate over the mounting casualties Israel's assault is inflicting is creating serious political blowback and putting the nation's foreign policy in the region, which had been on the edge of substantial breakthroughs, at risk.

To that end, and as Congress considers the administration's emergency funding request for Israel and Ukraine as well as the House's misguided counter under House Speaker Mike Johnson, the senators posed several questions that need answers before more aid to Israel is given, including these:

- How will the humanitarian aid included in the supplemental funding request help mitigate the unfolding humanitarian catastrophe in Gaza?
- How long will it take to establish military control of Gaza, and what level of insurgent activity does the administration anticipate from that point?
- How will the success of the operation be measured?
- How likely is it that other regional actors — especially Iran-backed proxies — would enter the conflict, and what effect would that have on U.S. forces in the region?
- What will this operation mean for the hostages still being held in Gaza?
- What political authority would administer Gaza after an Israeli operation?
- Will the hundreds of thousands of Palestinians who have been displaced be guaranteed safe return to their homes?
- What impact will the invasion and occupation of Gaza have on the international community's support for Israel?
- What political process will follow this conflict, and

Priorities → 30



Congressional Turkeys by Jeff Koterba

## LETTERS

### Dr. Dynasaur pays for Covid vaccinations only in a doctor's office

Dear Editor,

At the end of September, I talked to my daughter's pediatrician about getting a current Covid vaccination for my 12-year-old daughter. The office told me (which I know to be true, having heard this from Health Commissioner Mark Levine through many news outlets) that the state has prioritized doling out vaccinations to pharmacies, and thus we were told that we were better off seeking vaccination at CVS or the like.

Because of the long lines at Costco (it takes only walk-ins), I ended up making an appointment for her at CVS — which could be only on Oct. 27, because it had run out of its first round of vaccinations and wasn't taking any appointments until it received a new batch.

We dutifully arrived at CVS in Colchester on Oct. 27, only to be told — five minutes before our appointment — that Dr. Dynasaur doesn't pay for vaccinations at pharmacies for anyone under 18, and

Covid shot → 10

### Law enforcement needs strong legislative leadership

Dear Editor,

There are signs calling for lawmakers to show strong leadership to support law enforcement efforts across our state. You just have to listen to what was said at the Nov. 2 Rutland City Town Hall Public Safety meeting and at the Rutland City Board of Alderman Meeting on Nov. 6. Then take a read

facing appropriate consequences. This must stop. I know that most Rutland County Legislators are on board to address this issue during the upcoming legislative session, but we need to put a full-court press on for change from lawmakers across the state. I say bravo to Angelo Lynn,

The bail-free catch-and-release policies currently in place contribute to a revolving-door justice system.

of Angelo Lynn's Addison Independent editorial from Oct. 19, "Upholding Law and Order: A Call for Strong Leadership in Middlebury." Addison County is facing the same issues we're facing in Rutland. Theft and vandalism are not isolated to Rutland and Addison Counties, this is a statewide issue. Business and property owners are crying for help and law enforcement officials scratch their heads and shrug their shoulders as a revolving-door justice system enables repeat offenders to continue their criminal behavior without

regrettably, I cannot say the same for the apparent lack of clarity exhibited by some currently serving in Montpelier, especially Addison County's Sen. Ruth Hardy, in addressing the growing issues of retail theft and property vandalism, catch and release policies, and homelessness. It is imperative that we prioritize real policing and real consequences, including bail, to protect our businesses and property owners to ensure the prosperity of our city.

At the Oct. 10 Middlebury Select Board meeting, Leadership → 10

### Bad policies leave Americans unsafe

Dear Editor,

On Nov. 2, Sens. Elizabeth Warren (D-MA) and Richard Blumenthal (D-CT) introduced a bill to amend title 18, U.S. code, to "prevent the bulk sales of ammunition, promote recordkeeping and reporting about ammunition, end ammunition straw purchasing and require a background check before the transfer of ammunition by certain Federal Firearms licensees to non licensees." This bill, if passed, would apply only to peaceful, law-abiding American citizens. It will not affect the dealings of terrorists, international arms traffickers, and smugglers.

According to Action on Armed Violence (a non-profit organization that analyzes and shares evidence of armed violence against civilians across the world), the Biden Administration left behind 358,530 assault rifles and 64,363 fully automatic rifles in Afghanistan. In an April 2022 report, CNN confirmed that the Biden Administration left \$7.12 billion worth of weap-

Bad policies → 11



## CAPITAL QUOTES

The consumer price index was flat in October from the previous month but increased 3.2% from a year ago. Both were below Wall Street estimates, leading the Dow to jump 500 points.

“The Fed looks smart for effectively ending its tightening cycle as inflation continues to slow. Yields are down significantly as the last of investors not convinced the Fed is done are likely throwing in the towel,”

said **Bryce Doty**, portfolio manager at Sit Fixed Income Advisors.

“Despite the deceleration, the Fed will likely continue to speak hawkishly and will keep warning investors not to be complacent about the Fed’s resolve to get inflation down to the long-run 2% target,”

said **Jeffrey Roach**, chief economist at LPL Financial.

“Labor market conditions are easing, but not quickly enough to be assured that underlying services inflation will fall far enough to be consistent with inflation returning to 2%,”

said lead U.S. economist **Michael Pearce** of Oxford Economics.

“The cooler CPI report supports our forecast that the Fed is done raising rates for this cycle but will be slow and gradual in cutting rates — we look for the Fed to wait until around mid-year next year before lower the policy rate,”

Nationwide chief economist **Kathy Bostjancic** wrote in a note to clients.

## COMMENTARY

# Second-look legislation can make Vermont’s legal system more humane

By Jessica Brown

*Editor’s note: Jessica Brown is an assistant professor of law and director of the Center for Justice Reform at Vermont Law and Graduate School in Sharon. Earlier, she was a public defender for 24 years in New Hampshire and Vermont, in both the state and federal legal systems.*

Vermont thinks of itself as a progressive state. When George Floyd was murdered in 2020, protests erupted from Burlington to Brattleboro. Legislators and advocates called for a more just, humane policing and criminal legal system — and rightly so.

It’s now been more than three years since those protests, and some progress was made.

But despite those actions, there are still appalling racial disparities in Vermont’s criminal legal system. While only 1.5% of the state’s population is Black, approximately 10% of the incarcerated population is Black.

At the same time, over the past two decades, Vermont has increased its reliance on harsh, lengthy sentences. The number of people serving life without the possibility of parole has increased substantially, with nearly twice as many people serving life without parole in Vermont in 2020 as in 2003 — and data shows there is a racial disparity when it comes to who receives a life sentence.

In Vermont, one in every six Black men in prison is serving life in prison or de facto life in prison due to their age or illness.

Lengthy sentences are not an effective deterrent to crime, and the costs for relying on life sentences far outweigh their hoped-

for benefits.

In fact, so many people have been sentenced to lengthy sentences in Vermont that our state’s Department of Corrections contracts with a private prison company in Tutwiler, Mississippi, to house incarcerated

Vermont has increased its reliance on harsh, lengthy sentences ... nearly twice as many people are serving life without parole in Vermont in 2020 as in 2003.

individuals out-of-state.

This situation is racist, and it is appalling. Vermont can and must do better.

The first step would be to make Vermont’s legal system more just and more humane.

It starts with passing Senate Bill 155, “An act relating to eliminating life without parole and implementing second look sentencing.” This bill would create a universal opportunity for a “second look” at criminal sentences by allowing all individuals to petition a court for resentencing after they have served the lesser of 10 years in custody of the Department of Corrections or at least 50 percent of their sentence, provided they were sentenced to at least five years of incarceration, or upon the consent of the prosecutor.

There is a process involved with these petitions. Judges would consider every individual’s history, rehabilitation, disciplinary record while incarcerated, the age of the incarcerated person at the time of the offense, the nature and circumstances of

Second look → 11

## Vt. needs meaningful treatment of substance use

Dear Editor,

It is time for our legislative body to make a full commitment to truly funding meaningful treatment to Vermont’s epidemic of substance use disorder in the creation of appropriate treatment facilities.

I applaud the recent meeting at the Rutland Paramount Theatre with lawmakers, the governor and local law enforcement. I was buoyed by the spot-on comment made by Mr. Prouty, the Project Vision commander who stated,

“Gettting one person sober can have cumulative downstream effects that reduce crime and strengthen community ties.” Bravo! He gets it! Project Vision gets it!

Most individuals are not proud of their struggle with substance use disorder. If it was simple to treat, we would not be where we are today. Substance use disorder is a true medical diagnosis in the Diagnostic and Statistical Manual of Mental Health Disorders.

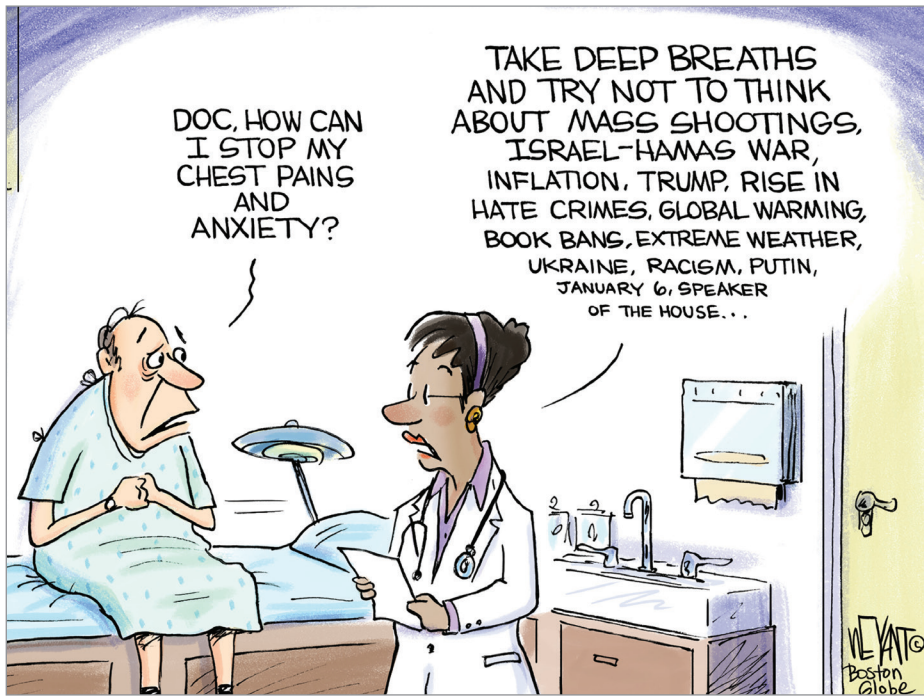
In contrast to the won-

derful ideology of the Project Vision Coalition, state Rep. Will Notte, D-Rutland City, believes he should squander his limited legislative year working on a bill to make felons of the people who suffer with the disease substance use disorder, so they can be locked up.

According to him, this bill would add together multiple misdemeanors created in close succession to be turned into a felony charge to decrease

Substance use → 31

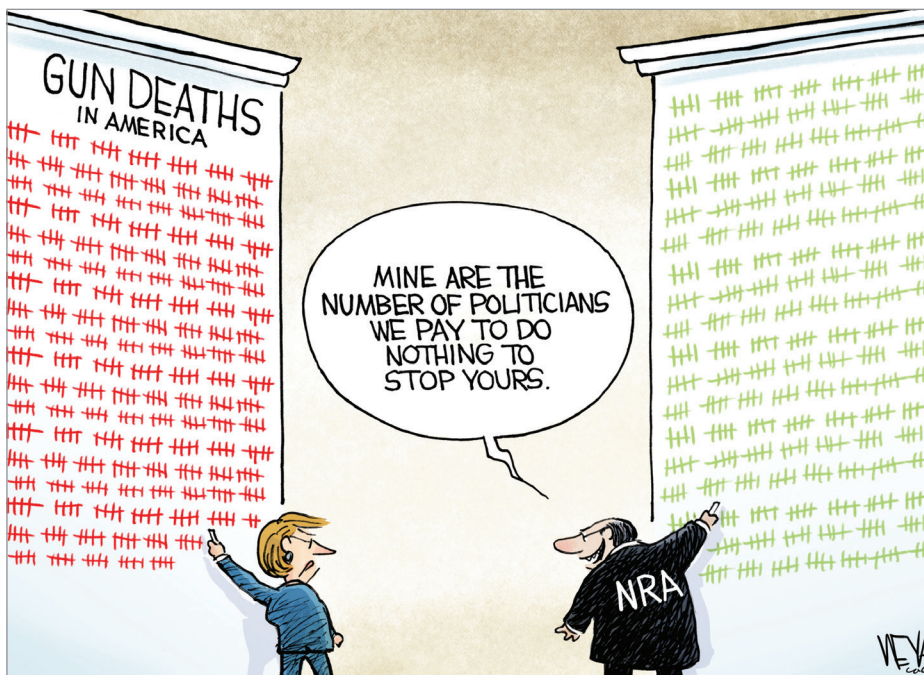
**CARTOONS**



Deep Breaths by Christopher Weyant, The Boston Globe



War & Peace by Christopher Weyant, CagleCartoons



And Counting by Christopher Weyant, CagleCartoons

**← Leadership:**  
from page 8

Sen. Hardy showed an inability or unwillingness to understand the plain wording of the Vermont Constitution on the use of bail. Sen. Hardy repeated several times that the Vermont constitution prohibits excessive bail. "I just want to clarify and underscore that excessive bail is prohibited by our state constitution. It is not statutory," Hardy said. "It is not something

glossed over that part while emphasizing and re-emphasizing other sections of Section II, Amendment 40. If only Vermont judges could be given the authority to act on the concept that "all persons shall be bailable by sufficient sureties." The bail-free catch-and-release policies currently in place contribute to a revolving-door justice system. While law enforce-

surveillance systems, and fostering stronger collaboration between businesses and law enforcement officials.

By creating an environment that deters criminal activity and ensures fair justice, we can safeguard both citizens' safety and the livelihoods of our business community.

So, I call on Sen. Ruth Hardy as chair of the Government Operations Committee, and other like lawmakers, to recognize and prioritize the urgency of addressing this issue and support policies that prioritize public safety, such as implementing mandatory minimum sentences for repeat offenders and reforming the criminal justice system to emphasize both accountability and rehabilitation.

Leniency undermines the rule of law and perpetuates a cycle of crime harmful to both perpetrator and victim alike.

It is time for Vermont Legislators from all parties to stand up and show leadership on Public Safety issues, to improve the toolbox that is our Vermont Statutes, and support municipalities in their duties to protect the public.

*Bill Gillam Jr,  
Rutland Alderman*

Leniency undermines the rule of law and perpetuates a cycle of crime.

that the three of us in this room could introduce the bill about and change next session. We would have to introduce a constitutional amendment to the Vermont state constitution."

But no one is asking our local legislators to push for constitutional repeal of the 'excessive bail' provision. Instead, I and many other Vermonters ask lawmakers to bolster bail laws as permitted by the Constitution, which says: "All persons shall be bailable by sufficient sureties." That clause says a judge may always impose bail. "Sureties;" legal talk for, "If they jump bail, it'll cost them." Speaking before the Select Board, Sen. Hardy unaccountably

ment is writing up and filing the case, repeat offenders walk out the revolving door to re-offend. Criminal behavior continues without offenders facing appropriate consequences.

Retail theft, as one example, has reached alarming levels, causing financial losses for local businesses, and undermining the hard work and dedication of entrepreneurs, while disheartening customers and the public. Our Legislature must step up and re-prioritize the safety and security of our home, businesses, and their customers. This includes allocating resources to enhance law enforcement presence, implementing robust

**← Priorities:**  
from page 8

what is the desired end-state in Gaza? The senators are also right to insist the "United States must take a leading role in charting out a future that respects the lives of Palestinians and Israelis alike."

But making that point sound equitable to Palestinians and their supporters after Israel has already had its way will undercut America's authority in the region. And because continued military and financial aid is the only leverage the U.S. has over Netanyahu, the Biden administration may need to reign in Netanyahu's worst tendencies, even if that means withholding crucial aid in the short term. That's because maintaining some credibility with Palestinians and their supporters may be the only way the U.S. has a role to preventing a larger conflict in the Middle East. That notion takes priority over any short-term support Israel needs to wage its assault and occupation of Gaza.

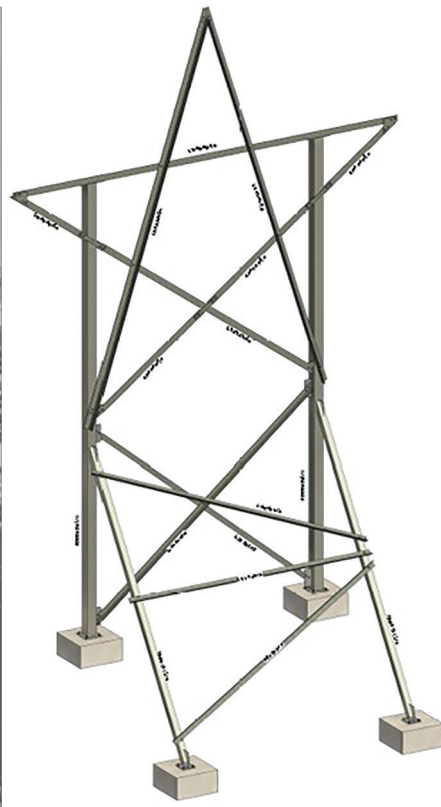
The Biden administration may need to reign in Netanyahu's worst tendencies.

**← Covid shot:**  
from page 8

will pay for them only if they're administered in a doctor's office. Of course, they said, I could pay out-of-pocket: \$192.

We left. That price is gouging. Further, I'm livid that no one informed me or knows that Dr. Dynasaur pays for vaccinations administered only in a doctor's office. That doctor's offices have no vaccination to offer means that those children who receive Medicaid via Dr. Dynasaur have absolutely no way to get vaccinated.

I'm appalled. Shame on the state of Vermont.  
*Elaine Cissi,  
South Burlington*



Courtesy Woodstock Rotary

The new star will be made of galvanized steel to ensure it's longevity. Funds are being raised for the \$120,000 project cost.

← **Mt. Tom star:**  
from page 1

Frates said the rotary club will likely have the fundraising secured by the end of the year, earlier than the projected February timeline.

The current wooden structure was placed at the top of the mountain by a telephone company to welcome soldiers home from World War II during the holiday season.

While some the star is a symbol of peace and hope, it has also been the subject of controversy. For decades, the star was lit as a cross for the few days near Easter, but about six years ago that stopped amid outrage from the public about the representation of a religious symbol in the village.

Around the same time, the Woodstock Rotary Club changed the previous incandescent lighting to LED lights,

The current wooden structure was placed at the top of the mountain by a telephone company in the 1950s to welcome soldiers home from World War II during the holiday season.

which dropped the electric bill from \$450 a month to \$27 a month. The star, which was lit from Dec. 15 to Jan. 15, now stays on the entirety of Eastern Standard Time, from Nov. 5. to March 12, this year.

The new star will be made of galvanized steel and will have 100 lights. It will be constructed by Erik Tobiason of Colby & Tobiason in Woodstock. The new star will be the same size and be placed by a crane next May.

Woodstock Rotary is offering donors the opportunity to purchase lights at several donation levels, ranging from \$500 to \$5,000. Donors

will be listed on plaques near the star.

For more information, email [woodstockrotary@woodstockvt.com](mailto:woodstockrotary@woodstockvt.com).

← **Arctic research:**  
from page 7

ments are already experiencing warming at two to three times the global annual average," he continued.

"We are incredibly proud of this award and the work that Professor Lieblappen and his students are leading in the arctic," shared Nolan Atkins, acting president of Vermont State University. "This work helps us better understand the impacts of climate change on the natural environment, including weather patterns and gives our students the opportunity of a lifetime to be part of groundbreaking global research."

One key purchase with the funding will be what Lieblappen calls an Xray microscope, which can be used for multi-dimensional (3-D and 4-D) imaging. He stated that measuring devices he and his students previously had access to were not small enough for the "nano" scale needed for this research.

"Recent advances in imaging capabilities now allow for 3D imaging of individual microbes, but no one has yet used these advanced tools in the Arctic environments," he related.

"Many people may be familiar with CT scans done on humans—sometimes referred to as CAT scans. This is a similar kind of measuring device, but for microbes" he noted. In the case of the machine used on humans, a narrow beam of rays surrounds the patient, who is motionless inside a unit that houses the device.

Lieblappen started work on the project in September. He hopes to be in the field next summer, 2024.

The professor shared that the arctic is his favorite ecosystem and he is excited to do field work up there.

"It brings me back to my own time as a student, learning field teamwork skills within high winds and freezing temperatures," he said. "It's not just learning to pull samples, but to do it when you feel like a mumbling, stumbling idiot in the freezing cold. I'm psyched to do that again with students. Then they will have time in the lab to extract microbes and learn about identifying microbes with state-of-the-art equipment."

"I'm also looking forward to taking students to national scientific conferences to present our results," he added. "Providing students with hands-on, high-level scientific research experience is so valuable," he stressed, "and I'm proud to be a part of it."

Lieblappen is a member of the science department, teaching physics, chemistry, and environmental science.

For more information, visit: [VermontState.edu](http://VermontState.edu).

← **Bad policies:**  
from page 8

onry (including 18 million rounds of ammunition) in the hands of Taliban terrorists. Worse yet, the Pentagon has failed to track the exact numbers of ammunition funded with American taxpayer dollars. The Biden Administration mismanaged U.S. military withdrawal from Afghanistan in August 2021, raising grave concerns that the armaments left behind would be used to escalate terror and violence globally. The warnings went unheeded and now these weapons are showing up in the hands of Hamas, Pakistani insurgents, and Mexican drug cartels on the U.S. border. Photographs

of Hamas terrorists wielding U.S. fully automatic M4 rifles have been widely shared in the news media and social media after the murder of Israeli civilians on Oct. 7.

Corruption and contempt for lawful citizens has ravaged American politics to such an extent that our politicians aren't pretending anymore. Entrenched ideologues like Warren and Blumenthal have more to gain by promoting Joe Biden's destabilizing policies abroad than maintaining law and order at home. They have no qualms about supplying military rifles and ammunition to warring factions worldwide,

while attempting to deny U.S. citizens from exercising our constitutional right to bear arms. Democrat-run states and cities defunded the police and quit prosecuting criminals, resulting in understaffed and under-trained law enforcement forces and rampant crime waves. Moreover, hordes of undocumented foreign nationals — predominantly young men — have been illegally crossing the nation's southern border in record numbers. These developments bode ill for those who want to safeguard our families and communities.

**Stuart Lindberg,  
Cavendish**

← **Second look:**  
from page 9

the offense, and any other information the court deems relevant.

In other words, Senate Bill 155 would simply create a petition for a review. It is not a "get out of jail free" card.

That is an important distinction. Critics of Second Look legislation bring up egregious examples of people who should never get out of prison, citing people who could still present a threat to society. These people would not be getting out of prison under Senate Bill 155.

Senate Bill 155 is also evidence-based policy — it isn't just moralizing. For example, we know the impulse to engage in crime — particularly violent crime — is highly correlated with age. By an individual's early 40s, the impulse to commit crime has tapered off significantly, even among those who've committed a series of violent offenses. There is also the obvious fact that

people's physical ability to commit crime, especially violent crimes, decreases dramatically as they age.

In light of this information, it's worth considering that the average age of the population serving life without parole is 55 years old.

Contrary to the rhetoric that has resurfaced in recent years, it is not smart policy to imprison people long past their proclivity — or even physical ability — to commit crime. In fact, it's an incredibly poor use of resources that would be better spent on solutions that actually prevent crime, like investing in food security, housing, and other necessities.

Let's let the facts and data guide our path to a more just, humane criminal legal system by passing Senate Bill 155. And it is also in line with the humane and compassionate values of our Brave Little State.

## White River Junction's ECFiber bonds gain S&P rating

ECFiber, Vermont's first communications union district, has obtained a BB rating for its 2023 Series A bonds from S&P Global, the nation's preeminent credit rating agency.

"This is a historic moment," said Stan Williams, ECFiber's municipal finance advisor and widely regarded as the architect of Vermont's Communications Union District (CUD) model. "For the first time, a CUD will be issuing a rated bond, which means that many more investors will be competing to buy those bonds, lowering the interest rate. ECFiber has been managed for its entire existence to reach this goal. It's hard to overstate the importance of this achievement."

"This moment was made possible by over 16 years of grass-roots persistence, driven by a conviction that working together, our region could overcome the failure of the marketplace to offer decent broadband to all our homes and businesses," said F. X. Flinn, who chairs the governing board. "Along the way, ECFiber had to figure out how to do this with local people and local money, and wound up in-

venting a new type of municipality, the CUD, which has no taxing power, only the ability to issue tax-exempt revenue bonds backed entirely by customer payments and with no recourse to the underlying assets."

Earlier this summer ECFiber celebrated the completion of the original mission to build a 23-town network when it activated its White River Junction central hub. ECFiber still has a network to build. "ECFiber expanded in 2020, adding 8 towns to bring its total to 31," explained Tom Cecere, who manages the day-to-day business operations. "Now that our work in Hartford is focused on customer installations, our construction crews have moved on and are presently building in the Fairlees and Bradford. We plan to complete the entire network by the end of 2025."

With the rating effective today, the District will issue a Series 2023A bond for \$7.53 million. The proceeds will be used for ECFiber's \$30 million network completion plan, about 25% of which is in progress, and for which the Vermont Broadband Board has is-

sued or approved about \$16 million in ARPA-based grants. ECFiber intends to complete the network before the end of 2025, at which time it will have brought world-class broadband to more than 25% of the 80,000 unserved or underserved addresses in Vermont in 2012. This brings the District's total bond issuance to \$71.83 million.

ECFiber's network is capable of delivering 1,000 mbps download and upload, a symmetrical gigabit, the entry point for saying that an ISP provides world-class broadband. Moreover, unlike for-profit providers, ECFiber's business mission is to build out every home and business on the grid in the member municipalities. Because ECFiber's buildout process prioritized first bringing broadband to areas that were stuck with dial-up, the denser, cable-served areas were the last part of the network to be built — exactly the opposite approach of cable companies.

Virtually all of the funding has come from borrowed money: initially over 450 local residents invested \$7 million.



### ← Zero outages: ..... from page 5

connecting the two transmission lines. Some of the equipment to be improved or replaced is 60 years old.

Two substations are involved in the Killington project, and GMP hopes to begin work on the first during 2025. Each substation will take about a year to be brought up to date.

The GMP representatives said their goal is "to improve reliability."

Public Utility Commission approval will be required before GMP can add a new substation. The Select Board was asked only to inform Killington residents of the plan, and no action by the board is required.

The Killington project is part of a seven-year GMP campaign to guarantee "Zero Outages by 2030" throughout its vast Vermont power grid system. When completed, it's expected to cost between \$30 and \$40 million.

### ← Slow down: ..... from page 1

this change," said Killington Police Chief Whit Montgomery. "The current 35 limit has been in effect since the road was built. We're about to enjoy significant development, and the reduced limit will make the road more safe for increased traffic and pedestrians."

The chief said most locals obey the current limit, and there are only a few who seem to be habitual speeders. Killington attracts lots of visitors who generally obey the local traffic laws, too, he said.

But not all do.

Two drivers were arrested this fall for traveling 80 mph and 75 mph on Killington Road.

"They were both ticketed and fined," said Montgomery. Fines are tied to the speed involved. If clocked at 10 mph

over the speed limit; the standard ticket is \$105 and 2 points; for 15 mph over it's \$151 and 3 point; for 30 mph over it's \$289 and 5 points — anything over 30 is categorized as excessive speed and drivers can be arrested, Montgomery noted.

Montgomery expects a "period of education and adjustment" but said he's confident the adjustment will come with time.

There are auto accidents on Killington Road, but not an extraordinary number, the chief said.

"There were a few very tragic incidents on the highway this summer," Montgomery said, referring to four Route 4 fatalities between Killington and Rutland during the summer and fall.

Speeding on the state highway is a problem in Killington.

"One driver was recently cited for driving 99 mph in the Flats," he said, referring to the portion of Route 4 between River Road and East Mountain Road.

Town Planner Lisa Davis told the Mountain Times making Route 4 safer is a challenge for the town.

"Killington will be seeking a village center designation but that does not automatically come with authority to change any speed limits," she said. "Once we secure that designation, we hope we can get VTrans to turn a portion of Route 4 over to the town — then the town would have authority to lower speed limits and possibly install 'traffic calming' measures, such as speed bumps or pavement narrowing. There are a lot of steps before we get there and certainly no guarantees"

### ← VTSU: ..... from page 6

a bit backward we're going to be cutting positions within career development," Durr said.

Other students mentioned the importance staff members have in supporting certain community initiatives, such as the peer leadership program at the Lyndon campus.

Josh Porter, vice president of the student government association at the Randolph campus, said that the organization had relied upon an assistant dean of students to provide critical support.

"When you get rid of positions like that you are basically removing our ability to communicate with the administration,"

Porter said.

While many of the proposed cuts are not scheduled to take effect until next academic year, students expressed concern Monday that they may be felt sooner.

Faculty members who accept buyouts will be leaving before some students have finished their degrees, they said, potentially undermining the quality of their education and experience.

"We're not opposed to change," said Annie Walker, president and treasurer of Lyndon's campus activities board. "We are opposed to having no say in these changes."

**WORDPLAY**

VEGAN LINGO WORD SEARCH:

Find the words hidden vertically, horizontally, diagonally and backwards

J U P Q E S G N N O L A C I H T E D O U  
 N R E U U X P O R S Q U N A G E V V C R G  
 H C E D W U A P C K T Y A F C C M W K G  
 L Q M R P A A R M C N E L O D P S J C F  
 E M G Y O F W O U A O E N L C F A R C K  
 G T G R I D C D I I N S N P I C U W A E  
 U T E T E K O R U I U X O N K I E P S Q  
 M W L J M R A J L M G I Y F B L M A E O  
 E J F E P T D D P K M F R V F W E R I C  
 S I A Y I V R T I K T U W A O O C E N A  
 S T B X C A I B W L I S R X B B J V J R  
 M Q E V H O H B S T L E G F I A E E A O  
 C L E V N U E D A N I M A L B H W X Q B  
 F V H H F U P N I T A L E G K D K G U C  
 Y Q T P N D M C G A J W J V E D G V A S  
 H S R P W G E C E H F J N K V U O U F L  
 Q K A X A Y T E X A A Q L Y Q B B P A P  
 K C J U R Y X E H G T S E I T A N N B A P  
 J N U T R I T I O N A L Y E A S T A A P  
 S I H E A L T H G H G L Y V D A S M R P

ANIMAL  
 AQUAFABA  
 BUDDHA BOWL  
 BYPRODUCT

CAROB  
 CASEIN  
 CONSUMPTION  
 ETHICAL

FAUX  
 FLEGG  
 FLEXITARIAN  
 GELATIN

HARDLINE  
 HEALTH  
 JACKFRUIT  
 LEGUMES

MOCKMEAT  
 NUTRITIONAL YEAST  
 PAREVE  
 RAW

SEITAN  
 TEMPEH  
 VEGAN  
 WELFARE

**Janet Pace – A Celebration of Life**



Saturday, November 18  
 United Church of Ludlow  
 48 Pleasant St., Ludlow

10 am - Meet the Family  
 11 am - Celebration  
 12 Noon - 2 pm - Buffet at DJs Restaurant

**SUDOKU**

Solutions → 21

**How to Play**

Each block is divided by its own matrix of nine cells. The rule for solving Sudoku puzzles are very simple. Each row, column and block, must contain one of the numbers from "1" to "9". No number may appear more than once in any row, column, or block. When you've filled the entire grid the puzzle is solved.

8		4			6			
	2			5				
				3		9		
4			8					9
	3	7					8	
	1				3	4		
7			6	2		5		
2					4	7		1
				8				3

Level: Intermediate

**CROSSWORD PUZZLE**

Solutions → 21

**CLUES ACROSS**

- 1. Beats per minute
- 4. Hindu deity
- 10. Polynesian garland of flowers
- 11. Not chained to
- 12. Metric ton
- 14. Tall, rounded vase
- 15. Musical composition
- 16. St. Francis of \_\_\_
- 18. Discover the location of
- 22. Compact group of mountains
- 23. Mend
- 24. Not current
- 26. Atomic #64
- 27. Young hawk
- 28. Or \_\_\_
- 30. Pouches
- 31. Southern Thailand isthmus
- 34. Mends with yarn
- 36. Downwinds
- 37. One of two equal parts of a divisible whole
- 39. Italian archaeological site
- 40. Cold appetizer
- 41. Yes
- 42. Peninsula

- 48. Of that
- 50. A way to divide
- 51. Relating to the physical senses
- 52. One who makes money
- 53. \_\_\_ Spumante (Italian wine)
- 54. Inconvenience (abbr.)
- 55. South Dakota
- 56. Snow sport
- 58. The products of human creativity
- 59. Change mind
- 60. Born of

**CLUES DOWN**

- 1. Similar to the color of a clear unclouded sky
- 2. Former name of Iran
- 3. Made smaller
- 4. Type of meter
- 5. Revolt
- 6. Killed with rocks
- 7. Gregory \_\_\_, US dancer
- 8. Nullifies
- 9. Home to the Flyers
- 12. Female

		1	2	3		4	5	6	7	8	9			
		10				11								
12	13		14				15							
16		17					18			19	20	21		
22							23							
24						25		26		27				
					28		29			30				
31	32	33			34			35			36			
37			38			39								
40					41			42		43	44	45	46	47
48				49					50					
51									52					
				53					54				55	
					56				57		58			
					59						60			

- parent
- 13. Pre-1917 Russian emperor
- 17. Outsourcing (abbr.)
- 19. Regal
- 20. Line
- 21. Hermann \_\_\_, author of "Siddhartha"
- 25. Clearing up
- 29. No seats available
- 31. Leaves of an Arabian shrub
- 32. Groove in organ or tissue
- 33. Not of this world
- 35. Cooking device
- 38. Forget
- 41. Operational flight
- 43. Actress Danes
- 44. Poke holes in
- 45. A way to discolor
- 46. Shouts of welcome or farewell
- 47. Pharrell's group
- 49. Red fluorescent dye
- 56. Jr.'s dad
- 57. Electronics firm

*Guess Who?*

I am an actor born in Canada on November 12, 1980. I was a "Mickey Mouse Club" child actor and I also performed in an Elvis Presley tribute band as a kid. My most recent film has me playing a popular doll with blonde hair.

*Answer: Ryan Gosling*

NO NEWS IS GOOD NEWS?  
 WE DON'T THINK SO.  
**WHAT'S THE WORD  
 ON THE STREET?**

Tell us about it!

Email editor@mountaintimes.info

## WEDNESDAY

11/15

**Early Literacy Playgroup**

10 a.m.-Noon. Weekly. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. For 2-to-5-year-olds. Rutland County Parent-Child Center's Miss Allie, a certified teacher, leads a literacy-based playgroup. Light snacks will be provided, along with crafts, songs, games, and more. To register, email allie.griffiths@rcpcc.org. Rutlandfree.org or 802-773-1860.

**Mixed Media Art Journaling Class**

11 a.m.-12:30 p.m. \$25. Mount Holly Library Community Room, 26 Maple Hill Road, Belmont. All art materials provided, bring your own journals. In this all-levels class we will practice mindfulness prompts and experiment with mixed media techniques. For more info, please contact Linden at lindeneller@gmail.com or visit lindeneller.com.

**'The Evolution of Jazz'**

1-2 p.m. Rutland Free Library, Fox Room, 10 Court St., Rutland. Free. Ray Vega and his quartet will showcase the evolution of jazz, exploring various styles from blues to bebop. The presentation will conclude with a Q&A session. rutlandfree.org/calendar-events/

**Make Thanksgiving Crafts (Ages 9 and up)**

3:45-4:45 p.m. Sherburne Memorial Library. Free. Thanksgiving craft fun suitable for ages 9 and above. sherburnelibrary.org

**Microplastic Madness**

4-9 p.m. Woodstock Town Hall Theatre, 31 The Green, Woodstock. Free virtual screening. Join us for a compelling film about fifth-graders taking action against plastic pollution. Register at microplastic.eventbrite.com. pentanglearts.org

**Zentangle Workshop**

4-5:30 p.m. Norman Williams Public Library, 10 The Green, Woodstock. Free. Zentangle is a method of drawing that is easy to learn and relaxing. Drawing a combination of dots, lines, and curves called "tangles" on small pieces of paper called "tiles" is unplanned and freeflowing so you can focus on each stroke. Starter kits will be available (for a \$5 suggested fee). normanwilliams.org

**Figure Drawing with Live Model**

5-7 p.m. Chaffee Art Center, 16 So. Main St., Rutland. \$20 each class or \$60 for 4 weeks. Bring your own supplies. Minimum attendance: 4. Enjoy a creative session of figure drawing with a live model. chaffeeartcenter.org

**Book Group**

5:30-6:30 p.m. Monthly on Wednesdays (no book group in December.) Chaffee Art Center, 16 So. Main St., Rutland. \$25. Join us for a lively discussion of the month's book and enjoy a 20% discount on purchases at Phoenix Books. Today we will discuss "Make Yourself Unforgettable: How to Become the Person Everyone Remembers and No One Can Resist," by Ph.D. Judy Ho. RSVP required. chaffeeartcenter.org or call 802-775-0356.

**Acoustic Jam Session**

7-9 p.m. 2095 Pomfret Rd. \$25. Join local musician Kerry Rosenthal for an acoustic jam session at Artistree Community Arts Center. Bring your instrument and enjoy group participation in a relaxed, non-open mic setting. artistreevt.org/artistree-events

**VTSU Castleton's Wind Symphony Orchestra presents 'Riots and Revolutions'**

7 p.m. Casella Theater, VTSU Castleton Campus. \$10 adults, \$5 seniors, free for faculty, staff, and alumni. Fall concert featuring music inspired by protests and revolutions. vermontstate.edu/riots-and-revolutions-concert

## THURSDAY

11/16

**13th Annual Network of Change: Farm 2 Plate**

7:55 a.m.-8 p.m. Killington Grand Resort, 228 East Mountain Road, Killington. Join us for the 13th Annual Network of Change event where we'll explore transformational thinking and practice in Vermont's food system, including personal stories and breakout sessions with industry experts. For pricing and information, visit: tinyurl.com/mrt7jz3

**Storytime!**

10-11 a.m. Weekly. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. Storytime promotes early literacy and socialization skills in a fun setting. Each session may offer stories, movement, and/or an activity. Geared toward ages 2-5. Weekly this month except Thanksgiving Thursday. rutlandfree.org or 802-773-1860.

**Killington Bone Builders**

10 a.m. Weekly. Sherburne Memorial Library, 2998 River Road, Killington. Free. Weights are provided. sherburnelibrary.org or 802-422-4323.

**Toddler Storytime**

10:30-11:30 a.m. Weekly. Norman Williams Public Library, 10 The Green, Woodstock. Free. Join us to enjoy stories, socializing, and often a project tied into the theme of the week. For young children ages 20 months to 3½ years. normanwilliams.org or 802-457-2295.

**Ukulele Group**

Noon-1 p.m. Weekly. Chaffee Art Center, 16 So. Main St., Rutland. Free. Musician Steven Wilson leads the group through specific sheet music. All levels welcome. Must pre-register. chaffeeartcenter.square.site or call 802-775-0356.

**Senior Luncheon**

Noon. Maclure Library, 840 Arch St., Pittsford. maclurelibrary.org or 802-483-2972.

**Play Bridge!**

2-4 p.m. Weekly. Norman Williams Public Library, 10 The Green, Woodstock. Free. Members of the Friends of the Friends of NWPL will have priority at the tables. These are not bridge lessons, although beginners are welcome to observe. RSVP requested. Please email Peggy Fraser at fraserusa@gmail.com to reserve a seat or for more information.

**3D Pen Creations (Ages 9 and up)**

3:45-4:45 p.m. Sherburne Memorial Library. Free. sherburnelibrary.org

**STEAM Activities**

3:30-4:30 p.m. Thursdays. Hartland Public Library, 153 Route 5, Hartland. Free. Join us for STEAM (Science, Technology, Engineering, Art, and Math) and craft activities each Thursday. November is Build It Month! hartlandlibraryvt.org

5 p.m. Thursdays. Monthly. Hartland Public Library, 153 Route 5, Hartland. Free. This month, we'll play "Wingspan," a strategic game about birds! Adult and teen players of all skill levels welcome! Refreshments will be provided! hartlandlibraryvt.org

**Color Quest**

6 p.m. Stone Valley Arts, 145 E. Main St., Poultney. Free. Richard (Dick) Weis will present on the secrets of color found in the works of various artists, reflecting on his personal journey as an artist. The event will feature images and details from renowned artists and encourage sharing of personal stories and insights. stonevalleyarts.org

**Auditions: 'The Importance of Being Earnest'**

6-8 p.m. or by appointment. First Universalist Church & Society of Barnard, 6211 Route 12, Barnard. Free. BarnArts is holding auditions for Oscar Wilde's "The Importance of Being Earnest" directed by Linda Treash. Nine roles are available for actors 18+. Production dates: February 9-18 at Barnard Town Hall. barnarts.org

**AMP Night**

7-9 p.m. JAM—Junction Arts & Media, 5 So. Main St., White River Junction. \$25. Sundog Poetry presents a special fall A(rt)M(usic)P(oetry) night with former Vermont Poet Laureate Sydney Lea and special guests Djell, Nanaj, Diana Whitney, Barbara Murphy, and Jolivet, "the poet warrior." uvjam.org

**Open Mic Nights at ArtisTree**

7-9 p.m. Alternating Thursdays. ArtisTree Community Arts Center, 2095 Pomfret Rd, South Pomfret. Free. Join our relaxed, supportive, fun atmosphere and show off your musical stuff. All levels and abilities are welcome to participate in the open mic. Come alone or with a group. Come to play or just to watch. artistreevt.org

## FRIDAY

11/17

**Friends of Rutland Free Library Book Sale**

10 a.m.-2 p.m. Rutland Free Library, 10 Court St., Rutland. Donations are gratefully accepted for the items chosen. Thousands of organized, gently used books, CDs, DVDs, and puzzles for all ages, including a selection of rare and antique books. Limit of two grocery bags per family. No book dealers. rutlandfree.org or 802-773-1860.

**Artery at Chaffee Art Center**

10 a.m.-Noon. Fridays. Chaffee Art Center, 16 So. Main St., Rutland. \$10-\$20. Adult group for connection and inspiration. Painting in all mediums welcome. Participants will work on their own pieces. When possible, a 30-minute focus on technique will be held. Must pre-register. chaffeeartcenter.org

**Story Time at the Library**

10:30-11:30 a.m. Fridays. Sherburne Memorial Library, 2998 River Road, Killington. Free. sherburnelibrary.org or 802-422-4323.

**Christmas Bazaar**

3-6 p.m. St. Raphael Parish Hall, 21 E. Main St. Poultney. Free. Enjoy basket raffle, traditional raffle, 50/50 raffle, food tables, Trash and Treasures, and vendor tables. Raffle drawings at 2 p.m. on Saturday. For vendor information, call Claudia Stacey at 802-265-8049.

**Okemo Ski and Snowboard Swap**

4-7 p.m. Round House at Jackson Gore Inn, 111 Jackson Gore Road., Ludlow. Free. The annual Okemo ski and snowboard swap offers new and used gear at great prices, benefiting Okemo Mountain School. Drop off old gear for consignment or donation, and help keep tuition affordable. okemomountainschool.org/events-calendar/ski-and-snowboard-swap2023

**'Acidman' Film Screening**

Stone Valley Arts, 145 E. Main St., Poultney. Free, suggested donation of \$5. Stone Valley Arts hosts a screening of the American science fiction drama film "Acidman," directed by Alex Lehmann. The film follows Maggie as she reconnects with her estranged father, Lloyd, in the Oregon wilderness, exploring his obsession with UFOs. Refreshments provided. stonevalleyarts.org/support

**November Artist of the Month: Judy Knope,****Reception and Artist Talk**

7-8:30 p.m. Brandon Artists Guild, 7 Center St., Brandon. Free. An evening reception and artist talk featuring Judy Knope, the November Artist of the Month. brandonartistsguild.org

## SATURDAY

11/18

**Loaded Turkey Rail Jam 2023**

9-10 a.m. same-day sign-ups, registration closes at 10 a.m. Heats begin at 11:15 a.m. Woodward Pop-Up Park on Reason, Killington Ski Resort, 4763 Killington Road, Killington. Entry fee is \$20 + tax. Join Killington's Loaded Turkey Rail Jam to kick off the season with Thanksgiving dinner on the podium! Competitors and spectators must have a season pass/lift ticket. Discounted lift tickets are available online for competitors and their parents or guardians. killington.com

**Rutland Youth Theatre Holiday Fair**

9 a.m.-4 p.m. Rutland Rec Community Center, 134 Community Drive. Free. Get in your early holiday shopping at the Rutland Youth Theatre Holiday Fair. The event features local vendors and crafters, a kids' corner, and a sneak peek of the Winter 2023 Performance. rutlandrec.com/rytcraftfair

**Okemo Ski and Snowboard Swap**

4-7 p.m. Round House at Jackson Gore Inn, 111 Jackson Gore Road., Ludlow. Free. The annual Okemo ski and snowboard swap offers new and used gear at great prices, benefiting Okemo Mountain School. Drop off old gear for consignment or donation, and help keep tuition affordable. okemomountainschool.org/events-calendar/ski-and-snowboard-swap2023

**2023 Clarendon Craft Fair**

9 a.m.-3 p.m. Clarendon Elementary School gym, 84 Grange Hall Road, Clarendon. Free. The 2023 annual Clarendon Craft Fair features early holiday shopping with wonderful vendors. Refreshments will be available for sale in support of the Clarendon Elementary School Parent-Teachers Organization. Vendor applications are still being accepted. ClarendonVTPTO@gmail.com

**Basket Raffle**

10 a.m.-2 p.m. Miss Jackie's Studio of Dance, 1 Scale Ave., Suite 24, Building #6, Rutland. Contact event host for price info. Join Miss Jackie's Studio of Dance for a basket raffle featuring 30+ great baskets and a 50/50 draw. You do not need to be present to win. Proceeds will help offset the cost of the team's dance competitions. missjacksiestudioofdance

**NaNoWriMo Writing Sprint**

10 a.m.-2 p.m. Hartland Public Library, 153 US-5, Hartland. NaNoWriMo is national novel writing month based in California. A writing sprint is a timed challenge in which participants write as much as they can in a short period. It's one good way to overcome writer's block and get energized! Hartlandlibraryvt.org/calendar or 802-436-2473.

**RACS 10th Annual Holiday Bazaar**

10 a.m.-3 p.m. Rutland Area Christian School (RACS), 112 Lincoln Ave., Rutland. This bazaar features a variety of festive offerings. racsonline.com

**Holiday Craft Fair**

10 a.m.-3 p.m. Otter Valley Union High School, 2997 Franklin St. (aka US-7), Brandon. Free. Over 60 local vendors offering Christmas decor, jewelry, gifts, candles, custom wreaths, baked goods, home decor, handmade soaps, maple syrup, quilts, and more. members.rutlandvermont.com/events

**Stone House Antique Center Holiday**

10 a.m.-5p.m. Stone House Antique Center, 557 Route 103 South, Chester. Celebrate the holidays and find unique gifts for friends and family at the Stone House Antique Center in Chester. stonehouseantiquescentervt.com/Upcoming-Events/

**Thanksgiving Story and Craft (Ages 2-8)**

10-11 a.m. Sherburne Memorial Library. Free. Thanksgiving craft fun suitable for ages 9 and above. sherburnelibrary.org or 802-422-4323.

← **Calendar:** Email [events@mountaintimes.info](mailto:events@mountaintimes.info)  
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### Make & Take Saturday Kids' Class

10:30-11:30 a.m. Saturdays. Chaffee Art Center, 16 So. Main St., Rutland. Ages: 6-12. Weekly fun activity featuring arts and crafts. \$15. Min. 5 students. Must pre-register. [chaffeeartcenter.org](http://chaffeeartcenter.org)

### Birding and Wellness

11 a.m.-12:30 p.m. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. Join Bird Diva Bridget Butler for a presentation and discussion exploring how birding can boost wellbeing and stave off stress and anxiety. Attendees will also learn breathing techniques and exercises to enhance awareness of birds. [rutlandfree.org](http://rutlandfree.org) or 802-773-1860.

### Drop 'N' Paint

Noon-2 p.m. Chaffee Art Center, 16 So. Main St., Rutland. \$25. All ages. All materials will be set up and ready for you with a choice of 3 images you can paint. Includes use of canvas, paint, brushes, easel, and smock. Youth must be accompanied by an adult. Must pre-register. Info and registration: [chaffeeartcenter.org](http://chaffeeartcenter.org).

### Ben Mezrich: 'Breaking Twitter: Elon Musk and the Most Controversial Corporate Takeover in History'

2 p.m. Norman Williams Public Library, 10 The Green, Woodstock. Free. New York Times bestselling author Ben Mezrich discusses "Breaking Twitter," a book delving into the battle between Elon Musk and Twitter. The event is co-hosted by the Yankee Bookshop and NWPL. [normanwilliams.org](http://normanwilliams.org) or 802-457-2295.

### 'The Fluidity of Allegiance in Revolutionary Vermont' by Benjamin Anderson

2-3:15 p.m. Via Zoom. Limited registration (see below). Benjamin Anderson from the University of Edinburgh explores the dynamics of allegiance during the Revolutionary period, offering a unique perspective on Vermont's history. Register at <https://ethanallenhomestead.org/programs/lecture-series/> and scroll down to the Nov. 18 talk, then click the link.

### International Survivors of Suicide Loss

1:30-3:30 p.m. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. The event will feature discussions, healing activities, and an opportunity to connect with other survivors. [rutlandfree.org](http://rutlandfree.org) or 802-773-1860.

### Church Christmas Bazaar

3-6 p.m. St. Raphael Parish Hall, 21 E. Main St. Poultney. Free. Enjoy basket raffle, traditional raffle, 50/50 raffle, food tables, Trash and Treasures, and vendor tables. Raffle drawings at 2 p.m. on Saturday. For vendor information, call Claudia Stacey at 802-265-8049.

### The Vermont Farmers' Market

10 a.m.-2 p.m. Howe Center, Suite 92, 1 Scale Ave. (off Strongs Avenue), Rutland. Free. The Vermont Farmers' Market has moved indoors for the winter. Find seasonal harvest, winter veggies, crafts and more. [vtfarmersmarket.org](http://vtfarmersmarket.org)

### Storytime!

10-10:45 a.m. Saturdays. Hartland Public Library, 153 Route 5, Hartland. Explore a different theme through reading and activities. We'll read, make crafts, create experiments, and play games. [hartlandlibraryvt.org/calendar](http://hartlandlibraryvt.org/calendar) or 802-436-2473

### Make & Take Saturday Kids' Class

10:30-11:30 a.m. Saturdays. Chaffee Art Center, 16 So. Main St., Rutland. Ages: 6-12. Weekly fun activity featuring arts and crafts. \$15. A minimum of 5 students is required to run the class. Must pre-register. [chaffeeartcenter.org](http://chaffeeartcenter.org)

### Rutland Railway Museum & Model Club

11 a.m.-3 p.m. 79 Depot Lane, Center Rutland. Free. Maintained by the Rutland Railway Association, Inc., the historic depot is now a museum that houses an operating HO scale model railroad setup and displays hundreds of rare or antique model trains, photographs, signs and diverse memorabilia saved from an earlier time, including the former Rutland Railroad Caboose #45. [rutlandrailway.org](http://rutlandrailway.org)

### Drop 'N' Paint

Noon-2 p.m. Chaffee Art Center, 16 So. Main St., Rutland. \$25. All Ages. All materials will be set up and ready for you with a choice of 3 images you can paint. Includes use of canvas, paint, brushes, easel, smock. Youth must be accompanied by an adult. Must pre-register. [chaffeeartcenter.org](http://chaffeeartcenter.org)

### Artist Member Show

Noon-2 p.m. Stone Valley Arts, 145 E. Main St., Poultney. Twenty-one talented artists showcasing a variety of media including painting, photography, woodturnings, pottery, collage, and mixed media. [stonevalleyarts.org](http://stonevalleyarts.org)

### Documentary 'Dusty & Stones'

3 p.m. Billings Farm and Museum, 69 Old River Road, Woodstock. \$15 per person. A documentary chronicling the journey of two country singers from Eswatini, an African country the size of Vermont, to the heart of country music in the American South. The event is part of the Middlebury New Filmmakers Festival 2023 Vermont Fall Tour. [billingsfarm.org](http://billingsfarm.org)

### Sally Deiner: To Antarctica with Admiral Scott

4-6 p.m. Shrewsbury Library, 9823 Cold River Road, Shrewsbury. Sally Deiner presents a program on her father's trip to Antarctica as a radio operator with Admiral Scott, featuring remarkable photographs. [shrewsburyvt.org/calendar/library-event-antarctica-radio-operator-with-admiral-scott/](http://shrewsburyvt.org/calendar/library-event-antarctica-radio-operator-with-admiral-scott/)

### Empty Bowl Dinner Fundraiser

4:30-7 p.m. American Legion Post 67, 635 Route 103, Chester. Entrance is by donation. Support the Chester Andover Family Center at the 5th annual Empty Bowl fundraiser. Enjoy signature soups and desserts, live music, a silent auction, raffle baskets, and a fashion show featuring thrift shop apparel. [chester-andoverfamilycenter.org/empty-bowl-dinner](http://chester-andoverfamilycenter.org/empty-bowl-dinner)

**SUNDAY**  
11/19

### Okemo Ski and Snowboard Swap

4-7 p.m. Round House at Jackson Gore Inn, 111 Jackson Gore Road., Ludlow. Free. The annual Okemo ski and snowboard swap offers new and used gear at great prices, benefiting Okemo Mountain School. Drop off old gear for consignment or donation, and help keep tuition affordable. [okemomountainschool.org/events-calendar/ski-and-snowboard-swap2023](http://okemomountainschool.org/events-calendar/ski-and-snowboard-swap2023)

### Stone House Antique Center Holiday

10a.m.-5p.m. Stone House Antique Center, 557 Route 103 South, Chester. Celebrate the holidays and find unique gifts for friends and family at the Stone House Antique Center in Chester. [stonehouseantiquescentervt.com/Upcoming-Events/](http://stonehouseantiquescentervt.com/Upcoming-Events/)

### Artist Member Show

Noon-2 p.m. Stone Valley Arts, 145 E. Main St., Poultney. Twenty-one talented artists showcasing a variety of media including painting, photography, woodturnings, pottery, collage, and mixed media. [stonevalleyarts.org](http://stonevalleyarts.org)

### Auditions: 'The Importance of Being Earnest'

6-8 p.m. or by appointment. First Universalist Church & Society of Barnard, 6211 Route 12, Barnard. Free. BarnArts is holding auditions for Oscar Wilde's "The Importance of Being Earnest" directed by Linda Treash. Nine roles are available for actors 18+. Production dates: February 9-18 at Barnard Town Hall. [barnarts.org](http://barnarts.org)

### Documentary: 'Dusty & Stones'

3 p.m. Billings Farm and Museum, 69 Old River Road, Woodstock. \$15 per person. "Dusty & Stones" is a captivating documentary chronicling the journey of two country singers from Eswatini, an African country the size of Vermont, to the heart of country music in the American South. The event is part of the Middlebury New Filmmakers Festival 2023 Vermont Fall Tour. [billingsfarm.org](http://billingsfarm.org)

### Fred Lemmons Clarinet Recital

4 p.m. Grace Church Sanctuary, 8 Court St., Rutland. Clarinet and piano recital by Fred Lemmons and Cynthia Huard. [facebook.com/GraceChurchVT/](https://facebook.com/GraceChurchVT/) or [gracechurchvt.org](http://gracechurchvt.org)

**MONDAY**  
11/20

### Baby and Toddlers Rock

10-10:30 a.m. Weekly. Fox Room, Rutland Free Library, 10 Court St. Rutland. Free. A music and pre-literacy program for children 0-24 months. Children and caregivers love this program, join us and see why. [rutlandfree.org](http://rutlandfree.org) or 802-773-1860.

### Killington Bone Builders

10 a.m. Weekly. Sherburne Memorial Library, 2998 River Road, Killington. Free. Weights are provided. [sherburnelibrary.org](http://sherburnelibrary.org) or 802-422-4323.

### Monday Movie

1-3 p.m. Weekly. Sherburne Memorial Library, 2998 River Road, Killington. Free. [sherburnelibrary.org](http://sherburnelibrary.org) or 802-422-4323.

### Art Bar - Open Craft Time!

3:30-4:30 p.m. Rutland Free Library, 10 Court St, Rutland. Free. Craft supplies galore - work on any project you want! Browse our craft books for ideas. We'll occasionally provide a specific craft or have special supplies available. [rutlandfree.org](http://rutlandfree.org) or 802-773-1860.

### Poetry Group

4-5:30 p.m. Every other Monday. Norman Williams Public Library, 10 The Green, Woodstock. Free. Are you looking for feedback on your poems? You are invited to join the poetry group at NWPL for sharing and critique. Info: [normanwilliams.org](http://normanwilliams.org) or 802-457-2295.



**2023-CLARENDON  
CRAFT FAIR**

**SATURDAY, 10 A.M.-3 P.M.**

### BarnArts Winter Carols Rehearsals

6-8 p.m. Mondays 11/13-12/1. First Universalist Church, 6211 Route 12, Barnard. With a Winter Solstice theme, under the direction of Michael Zsoldos, come together with neighbors and friends to celebrate the season through music and wonder. Contact Linda at [info@barnarts.org](mailto:info@barnarts.org).

**TUESDAY**  
11/21

### Storytime at Hartland Public Library

10:30-11:30 a.m. Weekly. Hartland Public Library, 153 Route 5, Hartland. We'll read books, color, play with Legos, and have fun. Each week we'll explore different themes in books. Recommended for ages 0-5 but all are welcome. All books read during story time count toward "1000 Books Before Kindergarten." [hartlandlibraryvt.org/calendar](http://hartlandlibraryvt.org/calendar) or 802-436-2473.

### Baby Story Time

10:30-11 a.m. Norman Williams Public Library, 10 The Green, Woodstock. Free. This story time features short stories, interspersed with songs, finger puppet plays, free play, and more. It is geared for children ages birth to 20 months and will run for about 20 minutes. [normanwilliams.org](http://normanwilliams.org) or 802-457-2295.

### Stories on a String

10-10:30 a.m. Weekly. Fox Room, Rutland Free Library, 10 Court St., Rutland. Free. Join Ms. Helen of Green Mountain Music for interactive storytelling and songs for all ages! No registration is required, free to all. Geared for ages 2 and up. [rutlandfree.org](http://rutlandfree.org) or 802-773-1860.

### Italian Film Series

4 p.m. Norman Williams Public Library, 10 The Green, Woodstock. Free. Join local Italian language instructor Veronica DeLay for a screening of Italian films with English subtitles. [normanwilliams.org](http://normanwilliams.org) or 802-457-2295.

### Play Chess & Backgammon!

5-7 p.m. Weekly. Norman Williams Public Library, 10 The Green, Woodstock. Play in the company of fellow enthusiasts where everyone is welcome. [normanwilliams.org](http://normanwilliams.org) or 802-457-2295.

### Laser Cutter Workshop for MINT members

6-7:30 p.m. The MINT, 112 Quality Lane, Rutland. \$15. Join Gabe at The MINT for an introductory lesson on using a 100 Watt Laser Cutter. Participants must have computer navigation skills and experience with vector-based programs. This workshop is waitlisted. [rutlandmint.org](http://rutlandmint.org)

**The 17th Annual**

Zack's Place  
A Community Involvement Center

# Zack's Place TURKEY TROT

## THANKSGIVING DAY (11.23)

5K Walk or Run, Handicap Accessible

**Location**  
Walk/Run begins and ends at Woodstock Elementary School. Awards ceremony immediately following on The Green.

**How to Register**  
www.ZacksPlaceVT.org or mail application to Zack's Place, PO Box 634, Woodstock, VT 05091

**Registration After 11/22 at 12 noon**  
Woodstock Elementary School, Wednesday, November 22, 3-5pm or Thanksgiving morning, 8-9am (Please indicate Walker or Runner Status).

**T-Shirts**  
Preregistered racers may pick up t-shirt & race packet on Wed 11/22, 3-5pm and Thur 11/23, 8-9:30am at Woodstock Elementary School. Zack's Place will do the best they can to predict the amount of t-shirts. To insure you get your size pick up at early registration.

**Fee**  
\$35 for racers



Runners and Walkers must be in place by 10am on Race Day!

Please bring a donation for the food shelf!



Courtesy VTSU

A concert featuring music inspired by protests and revolutions will be performed Wednesday evening at Casella Theater.

## VTSU Castleton's Wind Symphony presents 'Riots and Revolutions'

Wednesday, Nov. 15 at 7 p.m.—  
CASTLETON— Vermont State University (VTSU) Castleton's Wind Symphony presents their fall concert at Casella Theater, 45 Alumni Drive on the Castleton Campus. The theme of the program is "Riots and Revolutions" and features music inspired by and

written for protests and revolutions around the world.

The VTSU Castleton Wind Symphony is conducted by Professor Joshua Thompson and will feature student conductor, Krystina Carnifax.

Tickets for the event are \$10 for adults and \$5 for seniors.

For faculty, staff and alumni, tickets are free.

Tickets can be reserved by calling the Casella Box Office at 802-468-1119 or purchased at the door up to an hour before the performance.

For more information, visit: [castleton.edu](http://castleton.edu).

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# [MUSIC Scene]

By DJ Dave Hoffenberg  
Have a music scene coming up? Email [djdavehoff@gmail.com](mailto:djdavehoff@gmail.com)

**WED**

11/15

**POULTNEY**

7 p.m. The Poultney Pub – Open Mic hosted by Danny Lang

**QUECHEE**

6 p.m. Public House Pub – Chris P

**SOUTH POMFRET**

6:30 p.m. Artistree – Acoustic Jam Session hosted by Kerry Rosenthal

**THURS**

11/16

**BRIDGEWATER**

**CORNERS**

5 p.m. Long Trail Brewing – Nick Bredice

**KILLINGTON**

5 p.m. Moguls Sports Pub – Duane Carleton

6 p.m. Liquid Art – Open Michosted by Tee Boneicus Jones

6 p.m. Rivershed – Chris P

6 p.m. The Foundry – Liz Reedy

**LONDONDERRY**

7 p.m. New American Grill – Open Mic Night hosted by DJ Jazzy Joel & Catnip John

**LUDLOW**

6:30 p.m. The Killarney – Irish Session with Gypsy Reel

**POULTNEY**

7 p.m. The Poultney Pub – Vinyl Night with Ken

**QUECHEE**

6:30 p.m. Public House Pub – Name That Tune Bingo with DJ Dave

**RUTLAND**

6:30 p.m. Angler Pub – Open Mic hosted by John Lafave

8 p.m. Center Street Alley – Karaoke 101 hosted by Tenacious T

**SOUTH POMFRET**

7 p.m. Artistree – Open Mic Night

**FRI**

11/17

**CASTLETON**

6 p.m. Blue Cat Bistro – CarlAntone

**KILLINGTON**

6 p.m. Rivershed – Rob Pagnano

6 p.m. Still on the Mountain – Nick Bredice

6 p.m. The Foundry – Ruby Street

7:30 p.m. McGrath's Irish Pub – Pat Kelleher

**LUDLOW**

9 a.m. Okemo Resort – Opening Day with music by DJ Dave

7 p.m. The Killarney – Rick Webb

**POULTNEY**

6 p.m. The Poultney Pub – Kowalski Brothers

**QUECHEE**

5:30 p.m. Public House Pub – Sammy B

**RANDOLPH**

7:30 p.m. Underground Listening Room – Becky's Punk Birthday Party w/ Mr. Doubtfire, ROBBERY & McAsh

**RUTLAND**

6 p.m. American Legion – Ryan Fuller

**STOCKBRIDGE**

7:30 p.m. Wild Fern – Heather Lynne

**SAT**

11/18

**BRANDON**

2 p.m. Town Hall – "Scrooge, A Christmas Carol" by the No Strings Marionette

**BRIDGEWATER**

8 p.m. Woolen Mill Comedy Club – Comedy Night with Kendall Farrell

**KILLINGTON**

10 a.m. Killington Resort – Loaded Turkey Rail Jam

4 p.m. Rivershed – 2nd Birthday Bash with Rob Pagnano

6 p.m. Moguls Sports Pub – Duane Carleton

6 p.m. Still on the Mountain – Sammy B

6 p.m. The Foundry – Jenny Porter

7 p.m. Rivershed – 2nd Birthday Bash with Aldous Collins Band

7:30 p.m. McGrath's Irish Pub – Pat Kelleher

8 p.m. Jax Food & Games – Rick Webb

8 p.m. Pickle Barrel Nightclub – Crooked Coast

**LUDLOW**

8:30 p.m. Off the Rails – Conniption Fits

**QUECHEE**

5:30 p.m. Public House Pub – Bobby Sheehan

**RUTLAND**

9 p.m. Center Street Alley – Karaoke 101 hosted by Tenacious T

**STOCKBRIDGE**

7:30 p.m. Wild Fern – Rick Redington & Tuff Luv

**SUN**

11/19

**BRIDGEWATER**

**CORNERS**

3 p.m. Long Trail Brewing – Nick Bredice

**KILLINGTON**

12 p.m. Rivershed – Brunch with Rob Pagnano

5 p.m. The Foundry – Jazz Night with the Summit Pond Quartet

6 p.m. Liquid Art – Tee Boneicus Jones

6 p.m. Rivershed – Trivia

8 p.m. Jax Food & Games – Jenny Porter

**RUTLAND**

4 p.m. Grace Church – Fred Lemmons (Clarinet) and Cynthia Huard (Piano)

**STOCKBRIDGE**

7:30 p.m. Wild Fern – Rick Redington's Looping Mayhem

**WOODSTOCK**

12 p.m. Mon Vert Café – Jim Yeager and Jeff Stedman

**MON**

11/20

**KILLINGTON**

5:30 p.m. Mary Lou's – BAK'n

6 p.m. Rivershed – Mandatory Mondays with Name That Tune Bingo by DJ Dave

**LUDLOW**

8 p.m. The Killarney – Open Mic with Indigenous Entertainment

**WOODSTOCK**

5 p.m. The Village Inn – Jim Yeager and Jeff Stedman

**TUES**

11/21

**KILLINGTON**

5:30 p.m. Mary Lou's – Mountain Music with Bow Thayer & Krishna Guthrie

6 p.m. Jax Food & Games – Taco Tuesday with Rick Webb

6 p.m. Rivershed – Acoustik Ruckus

**LONDONDERRY**

6:30 p.m. New American Grill – Trivia hosted by Zach Yakaitis

**LUDLOW**

6 p.m. The Killarney – Trivia with Rick Davis

**PITTSFIELD**

7 p.m. Town Hall – Acoustic Music Jam

**POULTNEY**

7 p.m. The Poultney Pub – Bluegrass Jam

**QUECHEE**

5 p.m. The Public House – Jim Yeager and Chris Campbell

**RUTLAND**

8:30 p.m. Center Street Alley – Acoustic Open Mic hosted by Josh LaFave



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# Killington's Loaded Turkey Rail Jam starts the season's competitions

Saturday, Nov. 18 at 9 a.m.—KILLINGTON—The Loaded Turkey Rail Jam is a popular event that marks the beginning of the season of park competitions at Killington's Woodward Mountain Parks. This traditional competition promises a display of talent and skills as participants vie for top honors. With the main highlight being the presentation of a frozen turkey to the first-place winner and all the fixings to the second and third-place winners, this event combines the thrill of competition with the spirit of Thanksgiving.

The event is set to take place at the Woodward Pop-Up Park on Reason, with the awards ceremony scheduled at the Peak Lodge at 3 p.m.

### Registration:

To participate in the Loaded Turkey Rail Jam, competitors are required to pay an entry fee of \$20 plus tax for all divisions. Additionally, due to the location of the event, both competitors and spectators must possess a valid season pass or lift ticket to access the venue. All spectators will be required to ski or ride to the venue, as foot traffic on the ski trails will not be permitted. In order to facilitate access for competitors and their parents/guardians, discounted lift tickets will be available online and at the registration area.

### Registration/check-in

9-10 a.m.

2nd floor of K-1 Lodge

### Practice (all divisions)

10-11 a.m.

WW Pop-Up Park on Reason

### Athlete meeting (all divisions)

11-11:15 a.m.

Top of venue

### Skiers: Heat 1

11:15-11:35 a.m.

WW Pop-Up Park on Reason

### Snowboarders: Heat 1

11:40 a.m.-12:00 p.m.

WW Pop-Up Park on Reason

### Skiers: Heat 2

12:10-12:30 p.m.

WW Pop-Up Park on Reason

### Snowboarders: Heat 2

12:40-1:00 p.m.

WW Pop-Up Park on Reason

### Awards

3 p.m.

Peak Lodge

\*All times & locations subject to change



Courtesy Killington Resort

# The time is near, find your gear at the Okemo Mountain School Ski & Snowboard Swap

Friday-Sunday, Nov. 17-19—LUDLOW—Mark your calendars for the 2023 Okemo Ski and Snowboard Swap. The annual Okemo swap benefits Okemo Mountain School and is the place to gear up for the winter with new and used gear at great prices. This sale will have everything needed to get out on the hill this season: skis, snowboards, boots, bindings, helmets, goggles, outerwear, and more can be found.

The Swap takes place again in the Round House at Jackson Gore at Okemo Mountain Resort.

### Swap schedule:

- Friday, Nov. 17 from 4-7 p.m. (shop the sale early from 3-4 p.m.; \$5 admission or free for Okemo employees)
- Saturday, Nov. 18 from 9 a.m.-5 p.m.
- Sunday, Nov. 19 from 9 a.m.-1 p.m.

### Consignment

For those interested in selling their old gear (no skis, boots, or bindings older than 7 years), sell it on consignment at the swap, drop offs can still be taken up to 3 p.m. Wednesday, Nov. 15. For consigned goods, 25% of the selling price goes to Okemo Mountain School. Donations are tax-deductible. All gear must be dropped off at the Round House at Jackson Gore and may not be brought to the swap during sale hours.

For more information, visit: [okemomountainsschool.org](http://okemomountainsschool.org).



Woodstock Vermont Film Series

NOV 18 & 19  Filmmaker Q&A SUN

## DUSTY & STONES



**Billings Farm & Museum**  
SHOWINGS AT 3:00 PM • SAT & SUN  
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**9 AM - 3 PM**

PENTECOSTALS CHURCH OF RUTLAND COUNTY  
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Lakes Region Farmers Market

**Christmas Craft Fair**

Sat. November 25

9am to 3pm

Homemade Crafts  
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POULTNEY HIGH SCHOOL GYM

[Lakesregionfarmersmarket@gmail.com](mailto:Lakesregionfarmersmarket@gmail.com)



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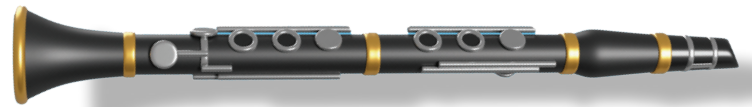
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## Fred Lemmons and Cynthia Huard to perform a clarinet and piano recital at Grace Church

Sunday, Nov. 19 at 4 p.m.—RUTLAND—Fred Lemmons and Cynthia Huard will offer a clarinet and piano recital in the Grace Church Sanctuary, 8 Court St., Rutland.

Fred Lemmons, a Chattanooga native, served 21 years with “The President’s Own” U.S. Marine Band in Washington, D.C. He performed at the White House for five U.S. presidents and traveled the country performing in hundreds of concerts.

After retiring from the band, he moved to Asheville, North Carolina where he was professor of clarinet at Mars Hill University and Brevard College. He was the principal clarinetist in Asheville Lyric Opera and performed frequently with the Asheville Symphony Orchestra. He was also the clarinetist for Pan Harmonia, a nationally known chamber music company. He attended the University of Tennessee-Chattanooga for his bachelor’s degree and graduate school. For more information, visit: [gracechurchvt.org](http://gracechurchvt.org).



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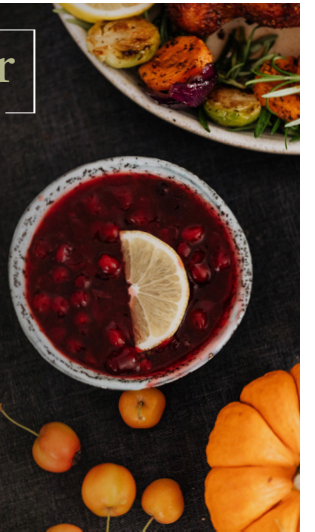
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## Color Quest, a personal journey of the secrets of color

Thursday, Nov. 16 at 6 p.m.—POULTNEY—Artist Richard (Dick) Weis will reflect upon his personal journey, discovering some of the secrets of color found in the works of the masters, that continue to be of importance to him.

His presentation at Stone Valley Arts, 145 E. Main St., in Poultney, will use images and details from work by artists as diverse as Rembrandt, Josef Albers, Delacroix, Vermeer, Bonnard, Hans Hofmann, and others. Bring stories and insights from your own journey so we can continue to learn from each other as well as from artists from the past.

Weis began his career as an artist/teacher in the 1960s in Bemidji, Minnesota. Teaching and study opportunities led him to Wisconsin, Oregon, Northern Virginia/Washington D.C., Ohio, Indiana, and eventually to Vermont where he joined the faculty of Green Mountain College in 1989. He worked there until retiring from full time teaching in 2010.

Over the past 50-plus years his personal artwork has continually evolved as he explored the places in which he has lived through the dynamics of visual form. His early career was founded upon the design and perception ideas of Josef Albers as conveyed by Keith Malmquist, a student of Albers. Following military service from 1969-71 he returned to graduate studies and transitioned into more figurative work

while completing his M.F.A. at The American University in Washington D.C.. He received American University's David Lloyd Kreeger Award for graduate painting in 1973. His current work, mostly non-representational in form, continues to draw upon the experience of "place" through reflections upon the human experience.

Weis has exhibited widely in the U.S. and abroad. In 2002 he was invited to be a visiting artist at Aberystwyth University in Wales and received a Fulbright Scholar Award to work as an artist-in-residence in Daejeon, South Korea. A 2010 Fulbright Senior Specialist award allowed him to return to Korea to work with students and faculty in the art education department at Hannam University.

Since his retirement from Green Mountain College Richard has been active in the start up of Stone Valley Arts, a community art center in Poultney. He also has contributed when he can to the resurgence of art activities in downtown Rutland. He maintains studios in Castleton and Poultney Vermont and shares his life and work with artist Nancy Pulliam Weis.

Their work can be viewed at: [otherweis.com](http://otherweis.com).

For more information on Weis' presentation at Stone Valley Arts, visit: [stonevalleyarts.org](http://stonevalleyarts.org).



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**Solutions** From page 13

### Crossword

		B	P	M		V	I	S	H	N	U					
		L	E	I		U	N	T	I	E	D					
M	T		U	R	N		S	O	N	G						
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M	A	S	S	I	F		R	E	S	T	O	R	E			
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### Sudoku

8	9	4	1	7	6	3	5	2
3	2	1	4	5	9	8	7	6
5	7	6	2	3	8	9	1	4
4	5	2	8	1	7	6	3	9
6	3	7	9	4	2	1	8	5
9	1	8	5	6	3	4	2	7
7	4	3	6	2	1	5	9	8
2	8	5	3	9	4	7	6	1
1	6	9	7	8	5	2	4	3

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# Cosmic Catalogue



 **Aries**  
March 21 - April 20

If you're ready to admit it, it's your fears and paranoia that really are the monsters under your bed. In your efforts to keep charging forward, you tend to avoid the process of deep reflection. This is your invitation now. Whatever is going on in your life or whatever you're currently being weighed down by, if you're ready to face your own inner demons, your current problems will go away.

 **Leo**  
July 21 - August 20

Your Home Zone is the place of a fair bit of cosmic action. Something is shifting here. Whether you just need to refresh things, tackle DIY projects or family or roommate dynamics. Consider the last two years and what worked and what didn't and what you'd like to change. That is what you can begin working on now and for the next two years. Create the home and family life you desire.

 **Sagittarius**  
November 21 - December 20

Sometimes, it's the way we think about a situation that is worse than the situation itself. Not to short-cut a real issue, but could it be to your advantage if you thought about it differently? What scenario is it that plays around in your head, rent free? If you can, slay the monster from your mind and then you'll be free. It may not change your reality, but it will change the way you feel. That's important too.

 **Taurus**  
April 21 - May 20

For some time now, your relations with a significant other have been up and down and round again. If you're tired of going around and around in circles and rehashing the same issues, then confront them this week. Yes, your line in the sand will be breached. But, do you want to be right or do you want to be happy? You can start anew if you want, or bare a grudge. The choice is yours.

 **Virgo**  
August 21 - September 20

Being a child of Mercury, many assume you have communication down pat. The truth be told, you can also second guess your own words, thoughts and intelligence. It's never too late to learn something new, turn over a new leaf or change up the way you're trying to get your message across. If your words appear to be falling on deaf ears, then change your approach this week. A more direct course of action may be required.

 **Capricorn**  
December 21 - January 20

Surely you know about the idea that the five people you're most in contact with shape the reality of your life at a given time? Take a good look at your social circle, either in your private life or at work. Sure, there are some people you may not be able to entirely avoid, but you can do something about the influence they may hold over you. Choose where you invest your energy wisely.

 **Gemini**  
May 21 - June 20

You're under a bit of pressure right now which may mean drawing your line in the sand. You can continue to spin your wheels with distractions or you can choose to focus your efforts. This week, the more you can streamline your focus and be very selective about where you place your attention, the more you'll be able to achieve. It's not wise for you to be dilly-dallying around now.

 **Libra**  
September 21 - October 20

Life could be taking on a real "taking out the trash" vibe for you, old habits and attitudes you're letting go of. Your tendencies toward money are also undergoing a renewal process. Why stop here? Why not cleanse everything? Your friendship group, your social media accounts and the general company you keep. You're actually allowed to take sides, you know! Now, you're being encouraged to be on your own side. Protect your peace.

 **Aquarius**  
January 21 - February 20

The past two years have been fraught with major life direction and domestic changes. Some of them have been good while others, not so much. Rather than holding on to a mistake because you took a long time making it, just let it go. Sure, you may seemingly lose in the short term, but you'll likely gain in the long term. Choose these changes before you have no choice. That's a position best avoided.

 **Cancer**  
June 21 - July 20

If life has felt a bit dull or lacked just the right amount of spice to get you out of your shell, then that might change this week. Romantic situations are highlighted. So too is your chance to have some fun or place more effort into a creative project or endeavor. Really, whatever it is you like to do when the jobs are done and the bills are paid - then do it!

 **Scorpio**  
October 21 - November 20

Have you ever seen those people who walk over hot coals? Maybe you've done it yourself. Metaphorically speaking, you have to do that this week. Sure, there's trepidation ahead of the moment, the buildup. Oh, but the jubilation once you've reached the other side. This week, you need to face something within yourself in order to feel authentic again. It won't be without some difficulty or a burn or two, but it will be worth it.

 **Pisces**  
February 21 - March 20

If you've lost touch with your spirituality, then reconnect to it. If you need a pathway to navigate the pressure or the difficulty you're experiencing, then seek the Divine. If that's not your jive, then maybe a holiday or a change of perspective is required. One way or another, a new perspective will bring about a fresh point of view. As some may say, "Let go and let God." Try it and see what happens.

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**Empowering you to lead a divinely inspired life.**  
Cassandra has studied astrology for about 20 years. She is an international teacher of astrology who has been published all over the globe.

## The courage to break free

Whether you're a scroller of Instagram or TikTok or whether you're watching the talking heads on mainstream media, it's all just flickering shadows on the wall. The Allegory of Plato's Cave is as real now as it ever was. As long as you keep your mind and your soul chained to the wall, you can never be free.

It's not easy to go against the grain. It's not easy to face the cognitive dissonance within you, to go against the herd, your family, your friends and the linchpins of which you've built your life and identity around.

If it's not yet obvious to you, I invite you

to open your eyes. Real eyes.



Cosmic Catalogue  
By Cassandra Tyndall

There is a bigger picture in play here and many are ignorantly or (hopefully) well-intentioned, playing right into it. I dare you this week to step outside your current position and see how that feels. It won't be easy to be sure, but I bet you'll sleep better at night for doing so. While you're at it, burn off the old festering wounds that chained you to that position in the first place.

Embrace the courage to break free from your chains and see the shadows for what they truly are. That is the pathway to peace.

## The snowflake's message

Snowflakes,  
They shimmer,  
They shine,  
Oh so tiny,  
Oh so many,  
Thousands and thousands,  
Cover the ground,  
Swirling and twirling,  
Dancing in the sky,  
Blanketing the ground frosty white,  
It looks like some magical land,  
Powdered sugar falling,  
Marshmallow clouds,  
But no this is earth,  
As beautiful as can be,  
Outside in nature,  
Is a wonderful place you see,  
All these snowflakes falling,  
Tons and tons,  
Take a look at one,  
Now another,  
They are all different,  
None are the same,  
Not one little twist of snow is,  
They are all the same but different,

As are we,  
We are all people,  
You are too,  
But it's good to be different,  
It's fine to stand out,  
That's what the snowflakes tell us,  
We are all human,  
We are all the same,  
But we have our differences,  
And that is a gift,  
Because you get to be you,  
I get to be me,  
We get to be ourselves,  
Now that is a gift,  
So enjoy it,  
Snowflakes are beautiful and so are you,  
You make a difference in this world,  
You are amazing.



Poetry Is Power  
By Bree Sarandrea

## Generosity and outreach: opportunities abound in November

### November: The awkward middle child between Halloween candy and Christmas cookies

As the transition from fall to winter, November is for change and preparation. That means it is time to give your rooms, wardrobe, body and mind a de-clutter. Get rid of things you don't need, be it clothes or beliefs holding you back. When you have less, you have space and energy for the truly important things and people that matter.

November is National Adoption Awareness Month and Peanut Butter Lovers



Senior Scene  
Gerrie Russell

Month. National Vegan Month is also in November. Actually, including Thanksgiving, there are a lot of reasons to celebrate in November.

Nov. 1 was All Saints Day, Nov. 9 World Freedom Day, Nov. 11 Veterans Day, and Nov. 13 World Kindness Day.

Coming up: Nov. 17 is World Peace Day, Nov. 23 Thanksgiving, Nov. 24 Black Friday, Nov. 27 Cyber Monday, Nov. 28 Giving Tuesday.

Senior Scene → 27

## Muscling through migration

During the autumn months, many birds migrate from their summer breeding grounds in the Northeast to warmer wintering areas south of our region. Migratory birds include many species of raptors and waterfowl, which we often notice because of the birds' large size and their tendency to travel in groups. Sometimes, as is the case with geese, these migratory groups are also quite vocal. Variations in their physiology relate directly to how different species migrate.

Raptors (hawks, falcons, and their relatives) have wings that are large relative to their body size, which gives these birds the ability to ride thermal updrafts and coast for long periods with minimal effort. Migrating raptors typically soar skyward in a circular pattern, riding the thermals. When they get high enough, the birds can glide until they catch another thermal to gain altitude again. Continuing this behavior over long distances allows raptors to conserve energy and limit fatigue to flight muscles. We often see migrating raptors soaring in groups called kettles. Although it may appear that these birds are traveling together, it is more likely that they are simply taking advantage of the same thermal updrafts.

Waterfowl (geese, ducks, and their relatives) have a very different body and wing structure than raptors. These birds must constantly flap their wings to remain aloft, and they can fly very long distances without stopping because their breast muscles have evolved to sustain activity for long periods of time without fatigue. In order to do this, the muscles need lots of oxygen, which allows a more efficient conversion of nutrients in the blood to energy needed for repeated muscle contraction. To support this level of endurance, the muscles powering flight have a rich blood supply, plenty of proteins (myoglobin) that store oxygen in the muscles, and lots of subcellular "powerhouse" subunits (mitochondria).

There are additional biochemical differences within the muscles of waterfowl that enhance their ability to work for long periods without fatigue. These physiological adaptations cause the flight muscles of waterfowl to be quite dark in color. These muscles also have a high fat content, which helps provide the energy needed for extended periods of flight. If you've even eaten duck or goose, you probably noticed the dark color, high fat level, and strong flavor of the meat. This is

especially the case for wild waterfowl, which need these physiological features to migrate.

In contrast to migratory waterfowl, consider the muscles of non-migratory birds such as grouse, pheasant, and turkey—the latter being particularly popular in many households at Thanksgiving. These birds spend most of their time on the ground and rarely fly, except for short distances to escape danger. Hence, their breast muscles are developed for short, powerful bursts of activity, but they fatigue rapidly. These muscles are not adapted for sustained flight, with less blood supply, fewer proteins needed for long periods of activity, and less fat than the flight muscles of waterfowl. Therefore, the breast muscles of grouse, turkey, and their relatives are light in color and mild in flavor. But the muscles of the legs and thighs, which are used most of the time and don't fatigue readily, are much darker, have more fat, and have a stronger flavor – somewhat similar to the breast muscles of waterfowl.

Those of you enjoying a Thanksgiving meal featuring duck, goose, turkey, or other fowl may now share with your dining partners your knowledge of avian physiology and its effect on color and flavor of the meat – or perhaps it's best to save that conversation for another time.

For those planning meat-free holiday meals, I'm happy to share the following recipe which we use as a side-dish to our turkey, but which can easily stand alone as a main course. I provide general guidelines on preparation, and leave it to you to adjust proportions of the ingredients to your own taste. Saute minced garlic, chopped onion, and chopped celery in olive oil with a generous dose of celery seed. In a large bowl combine dry seasoned stuffing mix, dried cranberries, and toasted slivered almonds. Add the garlic-onion-celery mix to the bowl, blending thoroughly. Gradually add hot water while stirring to desired consistency. Put mixture in covered casserole dish and place in oven until hot.

Best wishes for a Happy Thanksgiving.

Doug Facey is an emeritus professor of biology at Saint Michael's College and lives in Burlington, Vermont. Illustration by Adelaide Murphy Tyrol. The Outside Story is assigned and edited by Northern Woodlands magazine and sponsored by the Wellborn Ecology Fund of the New Hampshire Charitable Foundation: nhcf.org.



The Outside Story  
By Doug Facey





# The name of the game

In 1934, a radio show entitled “The Major Bowes Amateur Hour” was launched across the United States, making it one of the first known talent shows with a national audience.

The weekly show was hosted by Edward Bowes (a well-known radio personality of the time), who was convinced audiences would be intrigued by regular people attempting professional performances. He invited comedians, musicians, dancers, and other entertainers to perform, but the most popular acts were always the singers.

A year after the show’s launch, a 19-year-old Frank Sinatra walked into the studio to perform. Previously, Sinatra worked as a singing waiter, but he had no other musical credits to his name. However, his appearance on the “Amateur Hour” gave him massive national recognition and ultimately helped catapult him to global stardom.

Other talent shows soon popped up, including “Opportunity Knocks,” “The Ted Mack Family Hour,” “Arthur Godfrey’s Talent Scouts,” and “Top of the Pops.” They would all enjoy profitable runs, but eventually, each one shuttered due to waning viewership. Even the “Amateur Hour” would close its studio in 1970, having successfully transitioned from radio to television many years earlier.

However, there is one talent show that has stood the test of time.

Held every year since the first edition in 1956, the “Eurovision Song Contest” is an annual international music competition featuring participants representing primarily European countries. Organized by the European Broadcasting Union, the show has become one of the longest-running and most-watched non-sporting events globally.

The “Eurovision Song Contest” is responsible for the careers of Celine Dion (who won the event in 1988 representing Switzerland), and more recently, the Italian band Måneskin (who took home the grand prize in 2021). However, given that the contest does not include entries from North America, most of the winners, while famous in Europe, are unknown to American listeners.

But one winner of the “Eurovision Song Contest” did find international fame and fortune and did become darlings of U.S. audiences.

Go to YouTube and type in “Eurovision

song contest, 1974, and ABBA.” You can then watch Benny, Björn, Agnetha, and Anni perform “Waterloo,” a song written specifically for that year’s contest. At the time, ABBA was a rising act, but had yet to gain much recognition outside of their home country of Sweden.

“Waterloo” would prove to be a major catalyst in their quest for fame. In subsequent years, the band would sell hundreds of millions of albums and enjoy many more hit singles, including “Dancing Queen,” “Knowing Me, Knowing You,” “Mama Mia,” and “The Winner Takes It All.” They were inducted into the Rock and Roll Hall of Fame in 2010 and in 2021 they launched their much-heralded holographic concert experience in London.

Most of ABBA’s hits were in the 1970s when I was coming of age. However, while it wasn’t cool for a teenage boy to dig the Swedish rockers back then, I secretly loved their relentlessly catchy songs, many of which became ubiquitous with the decade.

And that appeal has withstood the test of time.

So, when I was offered tickets recently to see an ABBA tribute band, I jumped at the chance. I also roped my wife and another couple into the show. We joked about how campy the experience would be, a point that was reinforced when we saw how many of the attendees were dressed in glitzy ’70s apparel.

And while it paled in comparison to seeing the actual band, it was a delightful two hours’ worth of songs that I was more than happy to sing along to.

I had another two-hour experience recently when I went to see this week’s feature, “What Happens Later,” starring Meg Ryan and David Duchovny. But while the ABBA show brought a smile to my face and warmed my heart, this film had me looking at my watch and anticipating its conclusion.

Ex-lovers meet again when their flights are indefinitely delayed at the same airport. They spend the extended time in the terminal wondering whether breaking up many years’ prior was the right decision (not a bad premise, but one that demands careful writing to make it work.)

Check this one out if you pine for Meg Ryan in yet another rom-com. And while there are glimpses of her once-endearing cuteness, overall, the film falls flat from mishandling.

A disappointed “C-” for “What Happens Later,” now playing in theaters everywhere.

Got a question or comment for Dom? You can email him at [moviediary@att.net](mailto:moviediary@att.net).



The Movie Diary  
By Dom Cioffi



# Choose to improve

I make the first few turns and I can feel my right leg is uncooperative. My femur is initializing the turns just fine but I can feel the latency on the finish, causing the inside edge of my tip to get caught on whatever sugar snow it can find. The delay in my right ski swinging to the left is annoying and sloppy ... and dangerous as I’m hugging the right side line next to the trees. If my ski doesn’t come with me, I could get caught on the wrong side of this little ridgeline and end up eating bark. Not a popular choice. Especially when you are on the one trail underneath the one lift and all the chairs are packed full of people critiquing those below them.

The next few turns I spend trying to pinpoint exactly why my leg has decided not to cooperate with the timing of the rest of my turns by doing a meditative body scan. I start by focusing on my femoral ball in the hip socket — is it moving smoothly and actually rotating through the turn or is it getting caught as it rotates inward? Somewhere along the way I developed femoroacetabular impingement (FAI) where my pelvic bone actually wraps too far around my femoral ball, drastically reducing my range of motion and causing increasing arthritis. So it’s always the first thing I blame.

Next, I focus on the lower femur and the muscles around my repaired knee. Perhaps I overworked those uncooperative muscles yesterday and now they are sloppy? I am always conscious of the movements of my vastus medialis and if it’s pulling my right knee into the center enough. The stupid FAI has been slowly degenerating my whole damn right leg.

I pay attention to the lateral movements of my ankle and the lower leg to see if they are twisting properly and moving in sync with my femur. Have my ankles gotten weak? I’ve spent most of the summer walking on dirt roads and now that I’m on snow, I am starting to wonder if the lack of variable terrain has developed a serious impediment to my skiing and how am I going to quickly make that up over the next few weeks?

Finally, I watch with my inner eye for the movement of my right foot. Has my shin gotten lazy and let my foot point downward into the snow rather than engaging the shin and lifting the ball of my foot? That would be the easiest explanation as to why my tip was getting caught. If my shin isn’t strong enough to lift the tip of my ski, I will end up in the backseat, rocking my center of gravity

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Livin' the Dream  
By Merisa Sherman

# From the old to the new

## Where did cords with old-fashioned plugs go?

I was surprised not too long ago when I bought a new electric toothbrush. I took it out of the box and searched for the plug that would go into an electric outlet. It was quite a surprise to find none!

I know I live in yesteryear so it took me awhile to realize that I could not use the toothbrush without getting a device that would plug into an outlet.

When I called the company to see if they still sold the “old-fashioned” models I was told that since October of 2021 all charging pedestals have only a USB plug. The customer service representative politely suggested that one of my children or grandchildren could show me what I would need in order to use it. Since there are no children or grandchildren in our lives that suggestion wouldn’t work!

I might add that the representative acted like he had never heard of a toothbrush with a plug on the end. Assuming he is in his 20s he must have quickly forgotten that the company he works for sold only models with plugs until 2 years ago!

Once he knew that his “children suggestion” was not going to work he asked if we have a Staples store nearby. I was told to

bring the toothbrush down there and they would know what I need.

I never thought I would need to go to Staples in order to brush my teeth. But, it worked! I came home with an adapter, put the USB plug into it and clean teeth are possible once again!

I checked the company website to see if I could find out the reason for the change and it states that it is better for the environment to have a USB plug. It reduces electronic waste.

A few years ago I was surprised to learn that gas cans for lawn mowers had changed dramatically. It had been a long time since we needed one. When my husband came home with a new can it was a challenge to figure out how it worked. Back to the store he went in search of the old type. Not to be found “due to safety concerns”...My online search began and I found a gas can and nozzle that allowed us to resume pouring the way we were used to. There were some safety related modifications but they were simple.

Because I am living in the Days of Old we still listen to music through a CD player. It’s nothing fancy but has good sound quality

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Looking Back  
By Mary Ellen Shaw

## Bear cave wisdom

I sit in a semi lotus position in the Bear Cave, seeking solace to quiet and comfort my anxious racing mind.

I know I have come to a place of tranquility, knowledge and wisdom gained over eons. I close my eyes and simply breathe.

I am transported to a winter wonderland with glittering ice and deep pristine snow. Treetops are drizzled in vanilla icing and Planet Earth cake is covered in frosting. My feet crunch into the crusty whiteness. I teeter-totter en route to the cave, dig out the opening, then crawl inside. The den is packed with snoring bears—mothers, adolescents and adorable cubs. My bear friend awakens and nods at me, then extracts himself from claws, arms and legs. He follows me out to the snow-covered ground, then rubs his eyes and looks around.

“How majestic winter is! It’s a pity to miss it, while hibernating or migrating south where seasons change so very little. Don’t you miss the glittering whiteness against the clear blue winter sky?” asked Bear.

“I love the beauty—it is true—atop mountains, in forests and woods. I’ve always loved skiing and making snow angels, but the cold no longer agrees with my bones,” I replied.

“It is possible to adjust to the cold although, I admit, my fur’s warmer than your skin!”

“I also love the glittering water, warm temperatures, and colorful flowers we enjoy in the South,” I admitted.

“Perhaps there is a compromise—a bit longer up north in your family’s Vermont homestead then travels away, wherever you wish.”

“Yes. That will be perfect—if my eyes cooperate—otherwise it’s too challenging an adjustment.”

“Do not make plans out of fear and dread,” Bear reminded me. “Think ahead of what you desire. Then move forward in positivity and in faith. Take the plunge. That’s how to begin.”

“Thank you, dear Bear. You’re my new friend for life.”

“I’ve been here for a while, but now you’re ready.”

“Ripeness is all...I’m ready for what?” I asked.

“To begin your in-depth Spirit communication.”

“With animals?”

“Yes, in part, but we are One, communicating the oneness.”

I ponder Bear’s message. What might it mean? It’s amazing I’m 72 years of age and still trying to figure out my place in this world. In relationship to nature, I feel at home, but not regarding human chaos and disruption. I think I remember, deep inside, our natural existence in what I call Heaven... learning, growing and enriching our souls. Here on Earth, we’re spiritual beings experiencing what it is to be human. But life on Earth is an illusion (according to “The Book of Miracles”). Our spiritual state is our natural one. I often long for that state of being.

Even our 8-year-old philosopher-grandson confided “it’s so hard living on Earth.”

I think I’ll share with him what Bear said: “Think ahead of what you desire. Then move forward in positivity and in faith.”

We all have the power to create our own life.

*Marguerite Jill Dye is a writer and artist who divides her time between Vermont and Florida.*



**Mountain Meditation**  
By Marguerite  
Jill Dye

## Looking Back:

from page 25

and has served us well for over 20 years. Last week when I pushed to button to play a CD, nothing happened. The online search began and what is offered is nothing like ours.

I knew the search for a replacement CD player would be difficult and that proved true when I saw words like “USB/Aux port” and “Bluetooth.” The elusive plugs are a thing of the past once again. I plan to visit a local store and get an education on how to play our favorite CDs in the “modern world!”

Another change in our lives occurred a couple of years ago when we installed central air. Our old thermostat was controlled by electricity and had a dial on it that you pushed forward or backward to raise or lower the setting. I think it was the original one from the ‘40s. The new thermostat has “up and down arrows” that you push. It’s controlled by batteries. That means there will be no heat if the batteries die so I make sure to have a supply of batteries on hand. I asked if it would be possible to get the “old kind” like we had and was told that with heat and air conditioning operating off the same thermostat our old model would not work. Another change!

Staying in the past just isn’t working out well for me these days but I keep trying!

Wonder what my next adventure will be as I continue my quest to not change the things in my life that work perfectly well for me? Stay tuned!

The customer service representative politely suggested that one of my children or grandchildren could show me what I would need in order to use it.



By Glenn Russell/VTDigger

*Water from the Williams River in Ludlow flows over Fox Lane Extension on Monday, July 10.*

## Flood resiliency:

from page 6

As towns across the state transition from clean-up to long-term planning, residents want to know how to move forward to avoid the worst impacts of flooding—and what resources exist to help them.

Ludlow resident Joanna Bombadil told panel members that she lives below town-owned flood control dams in Ludlow, but doesn’t know how to get information about their status or what to do if one fails.

“Going downtown felt a lot scarier than staying in my house,” she said, referring to the July flood, “but I’d like to know if my house would be washed away, or if the river would just kind of come down and spread out around it. So there are people who are beginning to—I guess my question is, are people beginning to look at these dams?”

Area resident Charlie James said he had planted trees on his property to help absorb flood waters from a brook that had jumped its banks into his backyard. But after his neighbor complained, the town took issue with his plantings, saying they had created a berm that would disturb the floodplain.

“Your example is showing us that you tried to do something that would help the river and it led to this extra hassle,” said Hayley

Kolding, a conservation manager with Vermont River Conservancy. “And you’re wondering, what do I do next? I think for a

to appropriately manage rivers after floods. Attendees wanted to know whether the program is mandatory for all road crews. Panelists

“The rivers will always win. We’re not going to win. So we need to give them that space to move,” said panelist Karina Dailey, a restoration ecologist.

lot of people, that would have been a barrier, so they wouldn’t have even tried to make it better.”

She encouraged others in similar situations to reach out to local conservation districts or river groups such as the Vermont River Conservancy to get technical support, advice and, possibly, funding.

Several attendees asked about machinery they had seen in local waterways after the flood, which were removing woody debris. Anyone working in the river needs permitting from the Dept. of Environmental Conservation, and the attendees wondered whether the department would permit the work in question, which cleared the river of debris that is usually considered beneficial because it slows and filters fast water.

The question led to a conversation about the state’s Rivers and Roads program, which provides training to road crews on how

answered that the program is voluntary.

Marie Caduto, watershed coordinator with the Dept. of Environmental Conservation, said residents could encourage their town to send the road crews to the trainings.

It didn’t take long on Thursday night for the conversation to meander outside the scope of river restoration.

Area resident Margo Caulfield raised the idea of a statewide culvert clean-up day before expressing concerns about the availability of funding for residents to fix their homes from flood damage and bolster them against future flooding.

“People are just jumping in trying to do what they can do and asking questions later,” she said. “You know, we should have a better model statewide. We should have been prepared for this, and we weren’t. We should have learned from Irene. We did not.”



← **Living the Dream:** .....  
from page 25

backward and screwing up just about everything.

By the time I make it to the bottom of the lift, my right hip is feeling quite a bit uncomfortable and I realize that I had missed a left turn compression on one of those mounds of sugar snow you have no choice but to slam into. Instead of letting my body go with the mound and playfully launching over it into the next turn, I compressed my right hip into it so hard that I could feel the arthritis crunching. Nothing that a little painkiller won't take care of later, but if I don't resolve the problem quickly I will rip my ACL into pieces when my tip catches the next time.

Latency. Skiing's silent killer. That little moment of sloppiness, that slight lack of instant communication between one body part and another. If your knee isn't cooperating simultaneously with your femur, if it's one second behind in movement —

that huge bone will be so far ahead of your knee that — POP! There goes your season. So how can we resolve this issue? What can we do to increase the response time of our body parts so that they are all working somewhat closer together than they were before?

Activation. Work on waking up these body parts and bumping them out of their sloppiness by creating exercises that heighten their awareness, making these movements more intrinsic and natural than they were before. The U.S. Paralympic Alpine Team uses activation drills as part of their morning routine, reawakening those body parts that would prefer to sleep their way through training rather than participate. I sneak them in wherever I can — lying in bed, riding the chairlift and waiting in those Saturday morning lifelines. If I'm not skiing, I'm activating. Skiing makes us better people, but only if we actually choose to improve.

Merisa Sherman is a long time Killington resident, Realtor, bartender and KMS Coach. Reach out to her at [female-skibum@gmail.com](mailto:female-skibum@gmail.com).

If I'm not skiing,  
I'm activating.  
Skiing makes us  
better people, but  
only if we actually  
choose to improve.

← **Senior Scene:** .....

from page 24

Since we are talking about Thanksgiving, I want to announce a collaborative effort of the Little White Church and the Senior Group. Killington Elementary School has let us know that seven families need our assistance. The plan is to buy turkeys and all the trimmings for both Thanksgiving and Christmas. There are several ways that you can help. One is to write a check. Please make the check out to Sherburne United Church of Christ (SUCC). What we do not get donated we will purchase.

If you are shopping for your own family and would like to add items to your list, purchasing the following in any quantity will be very helpful: cranberry sauce, boxed instant mashed potatoes, canned sweet potatoes, turkey gravy, boxed stuffing, boxed cookies. Purchased items or checks may be given to Nan Salamon or myself. You may bring your donation to lunch, Bone Builders or Book Club. If you do not attend these events please call me and I will meet you at your convenience, 908-783-1050.

Gratitude for what we have and the spirit of generosity toward those who are in need cannot be measured.

Our Thoughts on Aging group is going strong and discussions are leading us in many directions. I think I have mentioned that we probably don't solve any problems but we talk every subject to the point there's nothing left to say and we leave with a much lighter feeling. We will meet this month on Wednesday, Nov. 15, starting at 1 p.m. at Sherburne Memorial Library. The subject will be the holidays, that should be interesting!

Book clubs are a wonderful thing. They introduce you to genres that you would never imagine you might be interested in. Then you have the opportunity to talk about what you have just read and share your thoughts and opinions. We are fortunate enough to have an active book club at our library called Book Ends Book Club. The selection for this month is "The Maid" by Nita Prose. Plot: Molly Gray is not like anyone else. Her Gran used to interpret the world for her, codifying it into simple rules that Molly could live by. When Gran died, 25-year-old Molly must navigate for herself. She creates an orderly life that is turned on its head when she becomes a suspect in a murder.

The Book Club meets Wednesday, Nov. 28 at 1 p.m. at the library. Pick up your copy at the library.

Movie Monday continues at 1 p.m. and the choices for the reset of the month are:

- Monday, Nov. 20: "Montford"
- Monday, Nov. 27: "Oppenheimer"

**Small changes**

Can you believe we are starting the last month of "52 Small Changes For The Mind" by Brett Blumenthal? We have meditated, faced our fears, made lists, smiled, read for pleasure, listened to music, drank green tea and many other small everyday changes. Small changes work. They are less overwhelming and more realistic and they give us a sense of accomplishment. Hopefully we are all happier and healthier for making these small changes. So on to the last four weeks:

**Week 49: Deal with demons**

"Turn your words into wisdom," said Oprah Winfrey.

Our past is made up of both positive and negative experiences. When we struggle to let go of the negative experiences, they quickly turn into our personal "demons." Demons come from past mistakes, and some of our relationships. We have to accept them and then learn to let go. Dealing with demons makes us stronger and more capable to persevere through the ups and downs and forgive.

**Week 50: Train your brain**

"The brain is like a muscle. When it is in use we feel very good. Understanding is joyous," said Carl Sagan.

Physical training does a body good and mental training does our brain good. Cognitive training capitalizes on the fact that cognitive function can be maintained or improved by putting your mind through new and challenging experiences. Training the brain helps protect memory and just 20 minutes a day will work and best of all it can be fun. Chess, cards, reading comprehension, math, word problems and video games are all good choices.

**Week 51: Abolish brain killers**

"Garbage in, garbage out," quipped George Fuechsel.

There are many foods that promote brain health and, as you might imagine there are many foods that do not. Foods high in sugar, salt, trans fats and highly processed foods are ones to avoid. Start small and try to eliminate these foods from your diet.

**Week 52: Have a generous spirit**

"What we have done for ourselves alone dies with us: What we do for others and the world remains and is immortal," said Albert Pike.

A generous spirit is a beautiful quality to have, and it is also good for your health, physically and mentally. As it turns out, we are biologically wired to feel happier from having a generous spirit. When we give to others, they are more likely to give back, and these exchanges between people encourage trust cooperation, respect and other positive feelings that strengthen ties. This starts a beautiful cycle!

Hopefully you will remind yourselves of these small changes as we near the holidays and a brand new year. The suggestions can't hurt only help. Good luck!

**Save the dates!**

The Library will host a holiday market on Sunday, Dec. 3, from 12-5 p.m. It will feature a concert by Celtic musician and storyteller, Jeff Snow, who was here in March and was immediately invited back for the holidays. There will be more information on this event that will include shopping with local vendors, food and fun.

Then, Monday, Dec. 4, The Killington Active Seniors will be having their Christmas luncheon in the community room at the Public Safety Building on Killington Road. We have given this a lot of consideration and have decided to visit the past. We will provide turkey and ham and are asking everyone to bring their favorite dish. At our age we all have family favorites and it's nice to share. It can be a side dish of any kind or a dessert. You can bring your own wine and maybe a few of us can bring an appetizer. It's nice to socialize before we actually sit down to eat. There will be a charge of \$5 to help with cost of paper goods, etc. There will be more information as we get nearer to the date.

Hopefully we will be together with family and friends to celebrate Thanksgiving. If you are staying in Killington we have the exciting World Cup to look forward to. I wish for you the very best of celebrations. Please reach out to each other and always be grateful. Love who you can. Help where you can and give what you can.





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1400 SF colonial with several buildings on 3.66± acres. Includes a 4/BD, 1/BA colonial home and 2 apartments located in a separate onsite building. Home and 2 apartments are currently rented. Home rents for \$1400/month and the 2 apartments rent for \$900/month each. Tenants pay for all utilities. Convenient to I-89, Exit 2, South Royalton, VT Law School.

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**REAL ESTATE AUCTION**  
**Manufacturing Facility with 3 Apartments on 5 Acres**  
8870 VT Route 113, Vershire, VT



**LIVE AUCTION: Thursday, Nov. 16 @ 11AM**  
Register & Inspect from 10AM

Manufacturing Facility with 3 Apartments on 5 acres in Vershire, VT. Great income property potential with 3 apartments and shop space within easy commuting distance to the Montpelier/Barre area. Or, renovate into a home! Pond, drilled well, on site septic, and a great location nestled into the hill.

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## Prime Killington Location



**COLONY CLUB E 26 | 3 BEDROOM | 3 BATH | \$615,000**

This charming, fully furnished & equipped three bedroom, three bath unit with new carpeting throughout occupies three levels, providing a comfortable and efficient layout featuring skylights, a sliding glass door onto the main floor deck and vaulted ceilings in the living room. Located just off the Killington Resort access road and a short distance away from the renowned Killington Elementary School. Amenities include an outdoor pool and tennis courts.



Call for a private showing. Co-listed by:

**Bret Williamson**  
BROKER, OWNER

**Laura Derderian**  
REALTOR®



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The Killington Grand Resort is just steps away from the ski lifts and adjacent to Killington's exciting new ski village, slated for construction in 2024. Relax in a beautifully appointed unit with private balconies, equipped kitchens and flexible use configurations. Numerous onsite amenities include a spa, fitness center, outdoor heated year-round pool, hot tubs, ski lockers, bike storage, arcade, laundry room, owner's lounge with pool table, kitchen, living area and outdoor deck. Unwind in front of the towering woodburning fireplace which graces the lobby or enjoy fine dining at Preston's Restaurant.

- 1 Unit #152 Interval I - Sleeps 8 - \$119,000**
- 2 Units #225/227 Interval I - Sleeps 10 - \$125,000**
- 1 Unit #252 Interval IV - Sleeps 4 - \$59,000**
- 2 Units #219/221 Interval I - Sleeps 8 - \$82,500**

KPR Cares. Killington Pico Realty is proud to donate 1% of every dollar earned to charitable organizations.

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### NOW ACCEPTING NEW LISTINGS! CONTACT US FOR A FREE MARKET ANALYSIS!



**STRONG INVESTMENT OPPORTUNITY IN A PRIME SPOT MINUTES TO KILLINGTON & SUGARBUSH!**  
Located directly off scenic Route VT 100 in the Village of Rochester VT. The Cushman Building is a 4,272 square foot commercial building w/multiple units. On the first floor is a turnkey retail store w/private 1/2 bath, bamboo floors, and street front access. Also, on the first level is another office w/ private 1/2 bath, wood floors, and street front access. The second level has 4 more spacious office rooms w/ loads of light. There is a 1/2 bath for all tenants to use on this level. All units are currently tenant occupied. The remaining areas and rooms in the building are occupied by a 25 year old successful turnkey specialty linen rental service business & operation (The Linen Shop). The Linen Shop has a fully insulated warehouse, newly renovated basement w/ radiant heated floors, commercial linen cleaning system & 3 Rinnai Hot Water On Demand. This immaculately maintained property is being sold w/ the real estate and The Linen Shop business/ operation. The Linen Shop business services all over VT for weddings and all kinds of functions. The business has stellar reviews and a wonderful existing client base. The building has a new roof, well taken care of mechanicals & a dumbwaiter that goes to multiple floors. Schedule a tour of this unique property today in the heart of the beautiful Green Mountains. So much potential here, you must see to appreciate! **\$745,000**



**DISCOVER THIS TRANQUIL VT GEM!**  
This stylish 2 bedroom home has many modern upgrades and is awaiting its new owners. All new stainless appliances, renovated bath, new oil tank & a car charging station. The porch has been enclosed with a fenced in yard for the family pets. Private backyard to chill & listen to the babbling Mills Brook w/ the birds or head down for some fishing. Ideal spot being 30 minutes to Killington, Pico, Bromley, and Stratton. Don't miss out on this fun VT adventure with plenty of storage to accommodate any hobby! **\$314,999**



**2 MILES TO OKEMO MOUNTAIN RESORT & JACKSON GORE! HARRY'S CAFE.** Well known just outside of Ludlow VT for wonderful cuisine & a relaxing chill atmosphere. Successfully run for 35 years with a huge following of customers from near & far. Newly renovated in 2018. Permitted as a 68-seat restaurant. The sale includes the real estate, business, all equipment & appliances, and the land which consists of 5.47 acres inclusive of a separately deeded 4.5 acre parcel. Mount Holly has no zoning so one could build another house or an investment property or whatever you could imagine adding at this location. Loads of opportunity here! **\$399,000**

## Newly enacted legislation requires Vermonters to report surface water use in January 2024

As the year comes to a close, the Department of Environmental Conservation (DEC) is seeking annual reports on surface water use. Under the newly enacted Act 135 of 2022, any person withdrawing surface water must file an annual report with DEC by January 15, 2024. The purpose of Act 135 is to collect baseline data on the use of surface waters such as rivers, streams, brooks, creeks, lakes, ponds, and reservoirs.

Vermonters can fill out an online form to register and report withdrawals of 10,000 gallons or more of surface water within 24 hours or 150,000 gallons or more over 30 days.

“Vermonters rely on surface waters for drinking water, recreation, and industrial uses, as well as to support wildlife habitat and water quality,” said DEC Commissioner Jason Batchelder. “These annual reports help us track water usage and ensure that enough water is available statewide.”

Those who withdraw surface water for farming uses like irrigation or livestock watering must report to the Vermont Agency of Agriculture Food and Markets. Vermonters do not need to report usage for some surface water withdrawals, such as those used for public emergencies or to suppress fire.

“High and low water flow events can transform how surface waters like streams look and work,” said Supervising River Ecologist Jeff Crocker. “These events can have major impacts not only on wildlife habitat and water quality but also on recreation and other surface water uses.”

DEC offers resources and technical assistance and can help answer any questions about Act 135 or streamflow protection. If Jeff Crocker is not available at 802-490-6151 or Jeff.Crocker@Vermont.gov, contact Betsy Simard at 802-585-8189 or Betsy.Simard@Vermont.gov.

### ← Substance use: from page 9

court backlogs and increase punishment. Multiple misdemeanors in close succession is obviously a symptom of substance use disorder! If only turning substance use disorder to felony convictions with resultant punishment could be such a simple solution.

In the Vermont Department of Corrections, there is zero to little treatment for substance use disorder. How much time effort is Rep. Nott going to expend for this failed idea that continues to play out as a failure across our state and country on a daily basis? How many more loved ones will we lose because we have inadequate treatment facilities?

Also, let’s think in budgetary terms: One incarcerated individual costs the state (and us) \$100,000 a year. If law-

makers made a commitment upfront to create the much-needed substance use disorder treatment in residence facilities, we wouldn’t have to continue to

burden the courts and the prisons because of a bona fide disease called substance use disorder. SUD is no more a choice than breast cancer, kidney cancer, or prostate cancer.

Time to stop denying serious cultural issues contribute to substance use

disorder. Being unhoused, unfed, uneducated, abused and from a home with substance abuse creates a brain in adolescence and young adults that becomes disordered.

We know the problem. What counts is how we respond.

Leslie Thorsen,  
Chester



## SKI SHOP HELP WANTED

Potter Bros Ski Shops at Killington Resort is looking for superstar employees to join us for the 2023-24 season. Your primary role would include the following:

- Assist customers with buying decisions on ski and snowboard equipment
- Perform binding adjustments on demo skis and snowboards
- Tune & repair work on skis and snowboards
- Boot-fitting on ski and snowboard boots

Expected Hours: 12-40 per week (part-time or full-time positions available)

Job Type: Seasonal

Salary: \$20.00 - \$22.00 per hour

Location: Snowshed Lodge at Killington Resort

Apply in-person at Potter Brothers Ski Shop in Snowshed Lodge

## Mountainside at Killington



- Private, single-family home sites
- Spectacular views of the mountains of Killington and the valleys beyond
- Property management, complete year-round service with house checks
- Ski home, enjoy hiking and mountain bike trails



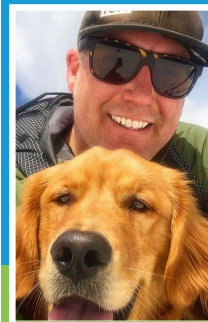
### Mountainside Properties

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mountainsidepropertiesvt.com/glades/

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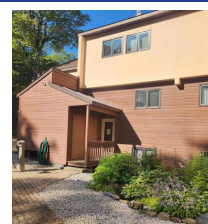
YOU’LL CALL THIS KILLINGTON HOME, HOME!



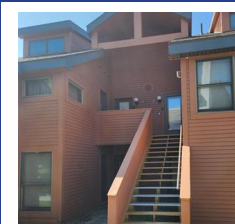
\*3 BR, 3.5 BA, on 1.74 Acres @ The Meadows  
\*3,665 SqFt, w/propane heat, walk-out lower level  
\*1st level has an ensuite w/private deck  
\*Deck off of Living-Dining area, Furnished  
\*Fireplace, indoor hot tub & sauna  
\$730K

EDGEMONT - SKI IN, SHUTTLE OUT

TRAIL CREEK - SKI HOME & SHUTTLE SERVICE



\*3BR, 1.5BA, End Unit  
\*Mtn Trail views.  
2 decks  
\*1,168 sq.ft., w/dryer, fireplace  
\*remote thermostat, furnished,  
\$520K



\*2BR/2BA, Upper Unit 1,342 Sq.Ft.  
\*wood burning fireplace, LOFT  
\*across from Golf Course  
\*has a 1BR/1BA Lock-Off  
\*great rental history  
\*Common: indoor pool, hot tub  
sauna, game room — \$740K



Lenore Bianchi



Tricia Carter



Pat Linnemayr



Chris Bianchi



Michelle Lord



Meghan Charlebois



Katie McFadden



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Carolyn Bianchi





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